

CENTRE FOR EXCELLENCE IN HOMŒOPATHY

CONTINUING HOMŒOPATHIC MEDICAL EDUCATION
SERVICES

QUARTERLY HOMŒOPATHIC DIGEST

VOL. XII, 1994



**Lead me from Untruth to Truth
Lead me from Darkness to Light
Lead me from Death to Immortality**

Adyaya I Brahmana 3 Mantra 28
Bṛhadāranyaka Upaniṣad

(This service is only for private circulation. Part I of the journal lists the Current literature in Homœopathy drawn from the well-known homœopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, USA, etc., discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.)

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CONTINUING HOMOEOPATHY MEDICAL EDUCATIONAL SERVICES QUARTERLY
HOMOEOPATHIC DIGEST

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PART I - CURRENT LITERATURE LISTING

I. PHILOSOPHY

1. Organon: De Doseringfhe dose)

DAM, K.(Simillima, 2, 1/1993)

The dose should be distinguished from the potency and repetition. HAHNEMANN says that the dose should be as small as possible (para 275). The dose should be related to the sensitivity of the patient. In para 281 HAHNEMANN says that the sensitivity of the patient to the indicated remedy can differ a thousandfold. Where one patient needs one grain to react another needs a thousand grains to get a reaction. HAHNEMANN developed the C potencies and Q potencies for the very sensitive patients to diminish aggravation. But what about the patients who are less sensitive who do not react to one or two doses and come back after 6 weeks and nothing happened and we are still sure of the remedy. Can we give a high potency daily till there is reaction and then stop dosing. In Russia (Kiev) it is quite common to give high potencies (M) three times a week for months despite aggravation or amelioration. This has been done for generations (POPOV). EIZAYAGA from Brazil experimented with frequent dosing of high potencies and claims cures 3 to 4 times faster with frequent (daily) dosing of high potencies. Especially in cases with severe physical pathology he starts with C6 and moves to 12, 30, 200 whenever there is no more action of the former potency (all daily given).

In the author's experience, in constitutional cases of a remedy (already for more than one year on one remedy) especially with the emerging of mental-emotional "unfinished business" frequent repetition of high potencies may be necessary (daily 10M or 50M) always guided by the reactions. In psychiatric patients (together with allopathic medicines) and ME good results were obtained with D12 daily where a 10M did nothing or even "deadened" everything.

More subtle dosing (not mentioned in the **Organon**) holding the remedy (bottle) in the hand or carrying it on the body, sleeping on it (under the pillow-slip) can produce beautiful provings in our experience so it can produce beautiful cures too. Homoeopsychotherapeutic interventions is a recent form of subtle dosing for sensitive patients.

2. Organisation theory and Homoeopathy
MASS Rob (Simillima, 2,1/1993)
Differences and similarities between

Homoeopathy and Organisation theory are related and discussed.

3. Organon: De Geneesmiddel ziekte (the medicinal-disease)

DAM, K.(Simillima, 2, 2/1993)

The homoeopathic aggravation is explained by HAHNEMANN as being the stronger medicinal disease which exceeds the strength of the actual disease of the patient for a while (paragraph 157). In this article the medicinal disease as well as other homoeopathic principles (similia principle, potency, HERING's Law) are viewed in terms of homeostasis, biological (— centrifugal) responses of the organism, toxicological (^centripetal) stimuli from the environment and other more "modern" physiological concepts are discussed.

4. HAHNEMANN'S Potenzierungsbegriff
(HAHNEMANN's Potency concept)
DELLMOUR, F. (ZKH, 37, 1/1993)

How did the word "Potency" and "potentiation" come about to be used in Homoeopathy? HAHNEMANN's literature are examined: **The Chronic Diseases, Fragmentary observations on Brown's Elements of Medicine (1801), Treatment of the Typhus or hospital fever at present prevailing (1814), Cure and Prevention of Scarlet Fever (1801), Organon (1810, 1833, 1921).**

5. Heilwirkungen? (Healing effects?)
PETZINGER, K.v. (AHZ, 238, 1/1993)

The news that about 8000 people have died due to side effects of drugs within one year in Germany is alarming. In addition, a cost explosion in the whole general orthodox medicine can be observed, not only due to the very expensive medicines, but also due to the very costly modern diagnosis, which leads to an allopathic medication which is effective only temporarily but unfortunately does not lead to a natural healing. There is only one way to come out of this dilemma: to recall our original task, that is, to make sick people healthy in the sense of a Natural healing, instead of making them - as it is now being done - constant consumers of medicines which have high side effects. For achieving this, one does not need very expensive technology. As we know, PARACELSUS (500 years ago) and HIPPOCRATES (2400 years ago) were great healers. If the general Medicine would remember this important task, the whole crisis in Medicine would be removed with a single stroke. However, this would not be possible with a science which generalizes but only through an individualizing healing, as we have it in an ideal form in Homoeopathy.

6. Versuch einer realistischen
Betrachtungsweise der Homoeopathie (A
realistic examination of Homoeopathy)
FRIESE, K.-H.(AHZ, 238, 3/1993)

In this article are discussed, what Homoeopathy essentially is, what are its limitations and

how Homoeopathy can be practically applied. Homoeopathy should be approached sincerely, and successes and failures considered openly and the failures are not to be underestimated. Different homoeopathic doctors have different methods in their approach to their patients and diseases. A view that is at variance should not fundamentally lead to consider that one's own view is the only genuine one and that of the other's is wrong. Tolerance of colleagues of opposite view is important. Hindrances to homoeopathic treatment which frequently come up and which can hardly be ignored are discussed. One should come out of an ivory-tower mentality.

7. Die hombopathische Erstverschlimmerung (The homoeopathic initial aggravation) ILLING, K.H. (AHZ, 238, 3/1993)

In his **Organon VI** edition, pp.154-161 HEHNEMANN wrote about the initial aggravation. In this report the author has chosen ten cases out of fiftythree in his practice from 1986 to 1990. The results are given in two tables - one giving the potencies and the reaction and the other the kind of reaction. The conclusion is that HAHNEMANN's observations are confirmed.

8. Was fordert das Gesetz für eine homoeopathische Arzneimittelprüfung am Gesunden? (What is required of the law for a homoeopathic medicinal proving on the healthy?) HORNING, J. (AHZ, 238, 3/1993)

There are clearly and legally defined requirements for clinical trial of medicines. This holds good for the homoeopathic medicinal provings on the healthy. The Editor of AHZ comments that the rules cannot be applied to Homoeopathy; the homoeopathic medicinal provings on the healthy are not identical with the allopathic trials and therefore it cannot be applied strictly to homoeopathic trials.

9. Para 246 und die Q-Potenzen (Paragraph 246 and the 50 millesimal potencies) TERLINDEN Michael (ACD, 2, 2/1993) Homoeopaths administer the Q potencies in

daily and increasing doses in chronic diseases and the results justify such repetition. There are however many questions which are still open to discussion in this regard. These were discussed in a Symposium in Bad Driburg and some of the questions could be answered, while the others must await.

10. Single or multiple medicine prescribing-a debate

BLACKSTONE Victoria (BHJ, 82, 1/1993) There is an increasing demand from the public for Homoeopathy in the U.K. The intolerance that has marked homoeopathic history over the last two centuries should be ended and instead points of difference should be debated amongst the Profession, SO that we can serve the people well. With this

aim a debate was held at the Royal London Homoeopathic Hospital on 7 July 1992 on the well-worn subject "Single or Multiple medicines prescribing". The motion "This house believes that the single remedy is the medicine of experience" was debated by four doctors -two on each side and later joined by the members on the floor. At the end of the debate the audience of 60 voted 2 to 1 in favour of the single remedy being the medicine of experience.

A very interesting debate.

11. The potent one

CHAPPEL Peter (The Homoeopath, 13, 1/1993)

This is a discussion on the homoeopathic potencies. The author says that everything about the potencies so far said are arbitrary and speculative. He has been using the LM potencies since last two years and found the results very satisfying. His way of administration of the LM potencies is as follows: A100 ml glass bottle is two-thirds filled with tap or filtered water and contains one seed granule of the remedy. Every day the patient is asked to bang the bottle hard on a hard surface like a magazine on a table top. To take half a teaspoonful from the bottle and put it in half a glass of water. This is stirred vigorously, teaspoonful is taken, held in mouth a few seconds, then swallowed and the rest in the glass thrown away. This is repeated daily. The remedy is stopped if anything happens, worse or better; and wait. Some people need only one dose. Others need for weeks, months, with daily succussions. From experience they stop after a few doses. Rarely they do a bit of a proving.

The author says that the LM1 s act just like a XM or M or 30 etc. when it works well, fast or slowly.

One of the greatflexibilities about the LMs is that the physician decides the remedy and the patient determines the quantity. The patient takes it until it acts and then stops.

LM1 is possibly the only potency ever needed of any remedy, says the author. (See QHD, X, 4/93, VI. **Pharmacology**, for preparation of a LM potency solution and administration)

12. Homoeopathic Principles

JONAS Julian (NEJH, 1,1/1992)

The following are the backbones of Homoeopathy:

- 1. The Law of Similars
- 2. The Minimum Dose
- 3. The Nature of Symptoms. Symptoms are an expression of the Vital Force of a person. They surface as an attempt by the Vital Force to stabilize, compensate or cleanse the entire system when it becomes disordered, but they are not the disorder itself.
- 4. The Use of Individual Remedies

II. MATERIA MEDICA

1. Aurum sulphuricum - dream proving
LASSAUW, Y. (Simillima, 2, 1/1993)

For three nights a dream-proving was done with Aur-s. C30 by sleeping on it (Remedy under the **pillow-slip**). The dream themes in the three nights were remarkably the same. A conflict came out between the committed responsibility (Aurum) side and the uncommitted pleasure (Sulphur?) side. Deep inside (mostly unconscious) there is nagging that he is not getting his fair share because of his commitment and responsibility to others. And the others have to do their part of the task, otherwise Aur-s. gets very frustrated, angry and critical (Censorius to dearest friends?)

Aurum sulphuricum came out in this proving as more practical, concrete and materialistic than Aurum metallicum. In two of the three nights there was a waking up at 3.00 am. Actions tended to be resolute, uncautious and somewhat abrupt.

2. Latrodectus mactans

BLOCH Martin (Simillimum, 6, 1/1993) Latrodectus mactans, the Black Widow spider, is generally known only for 'Angina pectoris'. KENT'S **Repertory** has only small number of rubrics against this remedy. In the light of the knowledge gained subsequently from many authors, e.g. Jacques JOUANNY, WHITMONT, etc. the author has given a brief **Materia Medica** of this remedy.

3. Dreamproving and situation of Hyoscyamus
DAM, K. (Simillima, 2, 2/1993)
Dreamproving with a 1000 potency of

Hyoscyamus:

I am standing on a market selling tomatoes. I do not sell very much because every time I am wanted on the phone (for something that someone wants to know). Everytime I come back a lot of my tomatoes are gone. How is that possible? I suspect my neighbour-sellers. I decide to take extra care that nobody is going to take another tomato from me.

Dominating feeling: Mistrust, feeling people harm me behind my back.

From this "situation" the state, symptoms and rubrics of Hyoscyamus are made explainable, functional and above all empathically imaginable. Feelings and Actions like Jealousy, Greed, Inquisitive, Intrigue, Inciting, Deceitful ness, Affectation, Foolish behavior are surviving mechanisms in this situation (to get the tomatoes back in the same sneaky way as they were stolen).

4. The One-berry

LEVY David (Simillima, 2, 2/1993) In two cases, one of a young man and another of a 62 year-old lady the author found Paris quadrifolia as the remedy. Both the patients were the only child of their parents, were loquacious, loved to talk, talking of themselves. The other rubrics that came up are: Talking, pleasure in his own; Egotism,

speaking always about themselves in company; Haughty.

The picture of Paris quadrifolia that emerges from these two cases is:

- the only child
- spend much time alone, therefore talk to themselves a lot
- very familiar with the sound of their own voice
- always heard and attended to, so become spoiled and pampered
- no brothers or sisters, therefore no rivalry
- without the lonely/forsaken reaction of other only children
- as only children, mostly in adult company
- mixing in adult company, develop early egotism, becoming rather adult at an early age, hence may be precocious
- early egotism could be seen in talking about themselves, pleasure in their own voice or silly/foolish behavior.
- the adult Paris therefore behaves inappropriately, as the only child (adult)
- such inappropriate behavior might include being foolish/silly/childish/loquacious, or rude/haughty/egotistical/censorious/contemptuous. Either way Paris quadrifolia will be loquacious and this will be a pleasurable, "self-satisfied" loquacity-

5. Confused old ladies

PATCH, Frank W. (Simillima, 2, 2/1993) This is a reprint from the **Homoeopathic Recorder 1924**.

Hyoscyamus is generally compared with Belladonna, Stramonium, or we have a mental picture of an erotic, loquacious person. While this is characteristic of the drug, it need not be so always. The author narrates the case of an old woman who was positive that she had no money, and had no clothes and she would talk continuously to prove her point: tall, thin, angular, restless and sleepless. Hyoscyamus quieted her.

Another old lady who had become widow at 37 years age, with four sons, left only with very small money, had worked hard and brought up the sons who held responsible positions. Nevertheless the hard days she suffered were so much imprinted in her mind that she could not give up the hard work. When she had an acute sickness her recovery was delayed, she was confused, mildly loquacious, but as long as she was at home, she could not let go and conditions got worse. Sleepless and unpleasant dreams. Would get up in the night and get lost in her room, or fall on the floor in an effort to locate something. The mental confusion resulting from fatigue of long duration, was the outstanding feature, and Hyoscyamus brought the order and health out of a trying

situation.

Another hard-worked housekeeper with a husband and one daughter became unable to function further. Became disoriented, had delusions of voices, was unable to sleep, her face had a vacant look and she went even so far as to refuse food for several days. There was no loquacity. She talked very little and could understand nothing. The most prominent feature was confusion. She would sit and stare into vacancy. Hyoscyamus brought her back.

In prescribing we must not expect to find all the classic symptoms of a drug in a given case, but we must have present some key condition which in these cases was "confusion".

6. Phosphorus: The helpless spider in its web
MODI Sanjay (IJHM, 27, 4/1992)

A 52-year-old married man suffering from headache on the vertex, heat, heaviness, sensation as if skull will break open, desired salt. He was in a joint family, shouldering maximum responsibilities and since some time wanted to separate but his brothers and mother were not in favour. Patient felt trapped and unable to extricate, helpless. Phosphorus M brought significant improvement. The author concludes that an 'intense' environmental / circumstantial/situational feeling that a patient experiences should be considered for prescription.

7. Rosmarinus officinalis

LONG, B. and CAYREL, Ph. (RBH, 25/1992) The Group "Dynamis" (Montpellier) made a double-blind proving of Rosemahnus with 11 provers including 2 females in the potencies D3 to C15 (Dolisos) for a period of about 6 months. The peculiar symptoms were noted with strict criteria. 26 symptoms were obtained out of which the following are noteworthy:

Compulsion, to turn back to home, to verify something (eg. the closure of the door. This symptom was also verified with another female patient with compulsion to verify the gas-tube).

Thinks her daughter has rang her.

Sleepiness after meals, particularly lunch.

Marked weakness, loss of appetite.

Fullness after meals.

Nausea.

Modalities observed:

Worse mornings, from swallowing, oysters, movement, after meals.

Marked symptoms were the Mouth-throat symptoms, thirst.

No female genital symptoms were observed.

8. A Clinical study of Bothrops lanceolatus
MASTER Farooq (NJH, 1, 4/1992)

This clinical study is of 6 patients in coma (2 males and 4 females) Bothrops was administered to these patients by inhalation in potencies ranging from 200 to CM, in intervals of half hour to twelve hours. In all the cases Bothrops was complemented by deep-acting constitutional remedies. The toxicology and clinical provings of the remedy are listed. A very interesting study.

9. To catch a snake by its tail
SONAVALA Sarla (NJH, 1, 4/1992)

A 25-year-old married female who continued to have lochia of dark, fluid blood, even after two months; no fever, no pain. Allopathic and Ayurvedic medications did not help. Although the symptoms indicated Lachesis clearly there was no response to the remedy. She further reported that she had headache, pain in the right temple and right eye-ball. A purple-blue naevus was also observed on her right, bare arm. Crotalus horridus M three doses stopped the haemorrhage on the third day.

10. Lachesis - the other side
PARTHASARATHY Vishpala (NJH, 1, 4/1992)
A 60 year-old woman with cancer of cervix

consulted for bleeding per rectum with or without stool, but aggravated during and after stool, also during urination, half cup of blood, 3 times a day. Lachesis was not the remedy on the face of the case but repertorization gave it in high marking. After Arsenicum album, Hamamelis and Tuberculinum failed Lachesis relieved.

11. The softer side of Arsenicum album
ZAREN Ananda (JAIH, 85, 4/1992)
Arsenicum album has a softer, more passive

side of which many practitioners may be unaware. This type of Arsenicum is less overtly restless and less aggressive. The passive type is afraid to express anger for fear of being abandoned. They are subject to low self-esteem, anxiety and depression when unable to finish their self-assigned projects or maintain the rigid control of their lives and environment they so desperately seek. The passive type, with the typical fears of Arsenicum, can look like Phosphorus.

However, the dynamic in Phosphorus is very different; it is not about control- Arsenicum must be in control. They are highly controlled and secretive, quite the opposite of Phosphorus. They do not easily disclose their deep, dark secrets or their personal feelings. They may spontaneously offer information during the interview, but only to a certain point.

12. Clinical snapshots

GUESS George (JAIH, 85, 4/1992)

Case 1: A child with sore throat, swollen tonsils with white patches on them; Mercurius vivus did not bring about the expected relief. Offensive breath, putrid which could be detected several feet away. Cervical glands bilateral swollen, constant swallowing, swallowing

difficult, empty swallowing painful, appetite diminished. While KENT'S and KUNZLI's didn't help PHATAK's **Materia medica** gave perfect description under Sabadilla, which remedy in the 200 promptly cured.

Case 2. Hemorrhoids in a 32-year-old female, counsellor; painful lump on the outside of her rectum, burning, pain worse when walking or changing position—getting up or down. Aesculus hippocastanum 200 cured.

Case 3: Epidemic Pleurodynia: 7-year-old girl with multiple pains. During pains she is hysterical; screams; cannot be still during pain. Sternal pain; pain in the area of the spine; wanders; mainly lumbar area though; better sitting still, cold; worse deep breath, standing, touch, motion; heat. Also cramping in abdomen causing her to bend double. Cimicifuga 200, 2-3 doses with rapid relief.

13. 'Swelter'd Venom Sleeping Got' - Bufo
CHASE Sandra M.(JAIH, 86,1/1993)

This paper is a discussion of the remedy Bufo, its source, its history, and its **Materia medica** on information gathered from classical homoeopathic literature and from modern herpetology experts. (This is a paper presented at the Annual Autumn Case Conference on Homoeopathy, Dayton, Ohio, USA, 1992)

14. A case of impulse to kill

DIXON Daniel J. (JAIH, 86, 1/1993) A 53-year-old woman with lot of stress building up over the last couple of years; she does not want to think of something anymore; finds herself unable to be around a particular person in the family anymore. Has the impulse to kill this person, to do her bodily harm. Feels better if she can keep her mind occupied; if not, she becomes weak, shaky, and sick to her stomach with the thought. The thought is constantly on her mind, an obsession. This continual obsessive thinking creates a lot of guilt. The person so much in her mind whom she wants to kill, is her mother. In the past she has been very protective of her mother. Frequent urination at night and at times during the day as well.

Dem's pinnata 30 was prescribed. There was an aggravation on the second day. The persistent impulse to kill is only fifty percent. The remedy was repeated twice.

To the rubrics in the KENT, VITHOULKAS has added a rubric; "Impulse of child to kill mother". The **Complete Repertory** has added the rubric as "Desire to kill parents, in a child".

15. The cunning boy

VORA Anita (NJH, 1, 4/1992)

A five-and-half year-old boy suddenly developed prolapse of rectum after 2-3 loose stools. The prolapse was corrected mechanically. The boy took fright after seeing a cockroach in the toilet; Aconite 200. After three weeks it was reported that he had prolapse thrice in the last week and a repair operation was thought

of. The boy was restless, quarrelsome, hits the other boys in the class without provocation. While he would snatch others' things he will not share his with others. Was cruel and rude and when he hit his sister and he was pulled up for that by the mother he would weep loudly as if he was hurt. At three years age he cut the curtains with scissors. Nail biting. Tarentula M and no more prolapse since 8 months.

16. Crotalus horridus and Lachesis
ANWAR BAIG Mirza (NJH, 1, 4/1992)

With the help of four cases the author highlights the differences between these two snake venoms. In the first case of five year old child who was ill from its first year who developed haemorrhagic spots and blisters all over the body, enlarged liver and spleen, haemetemesis and hypertrichosis, and which was diagnosed as "Erythropoetic Porphyria" (a congenital disorder) and Crotalus horridus brought about remarkable improvement until the child went back to Saudi Arabia. In the second case, a child 9 years - old with bleeding from pores of the skin, was prescribed Crotalus horridus. In the third case, a 10-year-old girl with recurring bleeding from nose, greenish spots on the skin; since early childhood these spots will ooze blood if scratched. It suffered from Thrombocytopaenia. Crotalus horridus brought about astonishing improvement. In the fourth case of a boy of 17 years with bleeding from body orifices and sometimes concealed bleeding and the diagnosis made was Christmas disease for which regular blood transfusion was necessary. In this case the prescription was made on the symptoms of the situation of the mother during the child's intra-uterine life. Lachesis 200 brought about remarkable improvement.

17. Crotalus horridus
TARKASIP. (NJH, 1,4/1992)

A **Materia medica** of Crotalus horridus.

18. Lachesis: An epitome of un-lived life
SONAVALA Sarla (NJH, 1, 4/1992)

A beautiful depiction of Lachesis in poem.

19. Genius of remedies - Crotalus horridus
GUNAWANTE S.M. (NJH, 1, 4/1992)

This is a brief **Materia medica** of the remedy, giving as the title suggests the "Genius" of the remedy.

20. Uncommon Ophidians

KAMAL DHARI Dushyant (NJH, 1, 4/1992) Brief sketches of Crotalus cascavella, Cenchris contonrix, Hydrophis cyanocintus (sea snake), Vipera aspis, Bothrops lanceolatus, Toxicophis

21. Terebinthina

TARKAS P.I. (NJH, 1, 5/1992)

A brief **Materia Medica** of Terebinthina. (However, the author does not indicate in any of his interesting articles, the sources of his collection which

would help authenticate.)

22. Die Krankung bei Staphisagria (The mortification of Staphisagria) GRAF, F (AHZ, 238, 3 & 4/1993)

The disease of Staphisagria - men, women, and children - is discussed through 8 cases.

One thing that is common to all of them is that they are all highly sensitive, can be easily hurt, and easily oppressed. Insensitive parents - very often alcoholism is involved - are the basis for the chronic disregard of the fine sensitivity in the development of these children. Mishandling and abuse makes the pathology worse (Enuresis, Eczema, tearing out the hair in children). The Staphisagria men often suffer from agonizing sexual thoughts and masturbation. They seem to be, superficially, "tough" men. Actually they are very soft, rather feminine. Staphisagria women are rather sexually blocked and tend to a romantic repression. When married, they are easily oppressed, and they are loyal because of intensive wish for harmony and hold on to the marriage because of the children, even when they should separate from their men because they are offended by their men. Instead of changing their situation they grow cold emotionally. Staphisagria is followed by rebellion/separation - but also by return!

23. g-Strophanthin - Ergebnisse von 2 Arzneimittelpriifungen mit der 4 Dezimalpotenz. (g-Strophanthin - Results of two drug provings with the 4 decimal potency) SCHMIDRAMSL, H.; OSTERMYR, B; ARNIM, J.v. (AHZ, 238, 3/1992)

A proving of g-Strophanthin in the 4 decimal potency is reported. The remedy was proved in water solution in 27, in alcoholic solution in 10, persons for three weeks. Symptoms appeared mainly in the region of "Mind", "Head", "Digestive", "Locomotion" and "Heart".

Symptoms: (W) proving of g-Strophanthin in water solution; and (A) in Alcohol solution. **Mind**

Increased and severe tiredness, particularly afternoons, in association with beaten-down feeling, lack of drive, weakness to the extent of prostration (W) Tiredness, particularly during noon, beaten-down, worn out feeling, cheerless (A)

Sudden inner restlessness, Irritability, excitability, aggressiveness, full of go, concentration difficult, mood changes (W)

Increased irritability in the later afternoon and evening. The impulses change erratically; the phases remain for hours and cannot be influenced. (A) **Sleep:**

Difficulty in falling asleep, restless sleep, restless, bad, lively dreams (W) **Head:**

Pressing in head, temporal headaches, feeling of giddiness, particularly in the second half of the day (W)

Tense feeling, oppressed feeling, headaches, dull, stitching, feeling giddy (A) **Thorax:**

Sudden pressive pain the Sternum, retrosternum, worse from inspiring, right, radiating to the right lower abdomen (W). Pain in Sternum to Spine. Feels that has not had sufficient breath. Oppressive feeling in chest and respiration (A). **Heart:**

Stitching in heart in the evening before going to sleep. Oppressive pressive pain in the apex. (W)

Sensation in the apex as if something was rolling there Heart pain on lying on left side, better when erect (A) **Digestive organs:**

Flatulence, increased, large stool, suddenly occurring diarrhoea.

Nausea from sight of Coffee and Food in the afternoon.

Appetite altered; Increased thirst (W)

Increased peristalsis of the intestines, easy diarrhoea.

Loss of appetite, alternating with hunger, desire for hearty meal, severe incessant, thirstiness (A). **Back:**

Pain in the back radiating to stomach and hips (W)

Pain in Thorax, radiating to the right lower leg (A) **Extremities:**

Pain in the knee joints, particularly right, the legs feel heavy (W)

Joint pains particularly in the knees, also in the hips, heavy feeling in the legs (A) **Urinary:**

Frequent urging for urination. **Thermo-regulation:**

Much sweating, Warmth and heat sensation, cold body with warm hands and feet (W)

Heavy sweating (A)

To be noted is that both the provings - Water solution and Alcohol solution - produced similar symptoms.

24. Causticum - HAHNEMANN's tinctura acris sine Kali

ELMORE Durr (Resonance, 15,1/1993) HAHNEMANN concocted this remedy, proved it, and wrote exact instructions for its preparation. Causticum mentals can include a mixture of sensitivity, anxiety, despondency, timidity, irritability, and sympathy - an odd combination. There may be intense sympathy for the sufferings of others, and great anger over injustices. Many Causticum patients are serious, idealistic, and highly sensitive to social injustices. They can become actively involved, to the point of obsession, with social or political causes.

Some even may be anarchists. They tend to be rigid seeing things as black or white. Free-floating, vague anxiety; that something will happen. Anxious or melancholic around twilight. Jeremy SHERR also speaks of Causticum's conflict between control and lack of control, pointing out that it is in the rubric 'Dictatorial' as well as the rubrics 'Defiant', 'Fanatical' and 'Anarchist' (a repertory addition from VITHOULKAS). Another addition (VITHOULKAS¹) is to the rubric 'Adulterous'.

An interesting picture of this great polychrest.

25. Lac caninum

ELMORE Durr (Resonance, 15, 2/1993)

A brief **Materia Medica** on this great remedy.

26. Chlorum - Arzneimittelbild and Kasuistiken (Chlorum - drug picture and Case report) REIS S. and MULLER K.J. (Case Report) (ACD, 2, 2/1993)

Three Case reports and **Materia Medica** of Chlorum are given.

The **Materia Medica** has been compiled from the following sources:

HERING's **Guiding Symptoms of our Materia Medica**, Vol. IV HERING in **Achiv fur die homopathische Meilkunst, Band 22** cited in GYPSER WALDECKER's **Gesammelte Arzneimittel priifungen aus STAPF's Archiv fur homopathische Heilkunst**", Bd. 1 Heidelberg 1991.

ALLEN T.F. **The Enchyclopaedia of Pure Materia Medica**

CLARKE John H. **Dictionary of Materia Medica (Der Neue Clarke. Band 3. Bielfeld 1991.**

PULFORD: **Homoeopathic Materia Medica of graphic drug pictures and clinical comments. Reprint New Delhi 1987**

BOGER: **Vorlesungen iiber Materia Medica, Heidelberg 1989**

FARRINGTON E.A.: **Clinical Materia Medica**

Clinical symptoms from the cases reported above. 27. Fluoride, Fluoricum acidum and Calcarea

fluorata

GIBSON Sheila & GIBSON Robin

(The Homoeopath, 13, 2/1993)

Fluoridation of drinking water has been under

discussion. There is still inconclusive debate whether fluoridation is as beneficial as propagated to be and free from long-term adverse effects. It is therefore worthwhile to go through the provings of Fluoricum acidum and Calcarea fluorata. It would be seen that Fluoricum acidum has three times as many symptoms as Calcarea fluorata; thus the hydrogen fluoride is much more toxic than the naturally occurring Calcium fluoride. The conclusion would be that fluoridation of public water supplies is detrimental to both teeth and general health, and mass medication should be banned.

Rubrics selected by the authors from **Mac Repertory (The Complete Repertory): Head**

CARIES; skull: Fl-ac.⁸

EXOSTOSES: Calc. -f., Fl-ac.

HAIR affections of, falling out: calc-f.¹⁰, Fl-ac.

Ear

CALCAREOUS deposit on tympanum: Calc-f. CARIES, threatened: Calc-f., Fl-ac. DISCHARGES; caries threatening: Calc-f. excoriating: Fl-ac. offensive: Fl-ac.

Nose

CATARRH: Calc-f.¹, Fl-ac.

Face

CANCER; jaw; right: Fl-ac.⁷⁷

CARIES of;bone: Fl-ac.⁸⁸ lower

Teeth jaw: Fl-ac. 1

BREAKING OFF: Calc.f.⁷⁷, Fl.ac.¹

CARIES, decayed, hollow: Calc-f.⁸, Fl-ac.

premature in children: Calc-f. Fl-ac.

decayed, hollow; rapid: Fl-ac.

CRUMBLING: Calc.f. Fl-ac.

DENTITION; difficult: Calc-f.³

slow: Calc.f.⁶, Fl.ac.

DISCOLORED; black: Fl-ac.¹

dark: Fl-ac.

ENAMEL deficient: Calc-f., Fl.ac.¹²

SENSITIVE; cannot bear dental operation:

SORDES; dark: Fl-ac.

black: Fl-ac.

Extremities

ARTHRITIC nodosities: Calc-f. BRITTLE; finger nails: Calc-f., Fl-ac. CARIES of bone: Calc-f., Fl-ac. CRACKED skin; fingers: Fl-ac.³ DISLOCATED FEELING; Hip; Fl-ac.³ DISLOCATION; Hip, spontaneous: Calc-f.¹² EXOSTOSES: Calc-f., Fl-ac.⁸⁰ FELON; panaritium: Calc-f.⁸, Fl-ac.

periosteum: Fl-ac.

run-around: Fl-ac.

INFLAMATION; Bones: Calc-f.¹⁰, Fl-ac. NAILS; affections of; brittle: Calc-f.³, Fl-ac.³

finger-nails: Fl-ac.

panaritium: Fl-ac.³ ULCERS; Leg: Calc-f.³ **Generalities**

ABSCESSSES; suppurations: Calc-f.¹, Fl-ac.² BONES, affections of; Calc-f.¹² Fl-ac.⁸

affection of lesions, syphilitic: Calc-f. ,

Fl-ac.⁵

CARIES of, bone: Calc-f., Fl-ac. CARTILAGES, affections of; lesions, syphilitic:

Calc.f.⁸,

EXOSTOSES; Calc-f., R-ac. INDURATIONS; Calc-f., Fl-ac.³ INFLAMMATION; bones, osteitis: Calc-f.³, Fl-ac.¹

INJURIES; Bones, of, fractures: Calc-f.³

callus deficient: Calc-f.

slow repair of broken bones: Calc-f.³,

Fl-ac.¹

children, in: Calc-f.⁷ NECROSIS; bones: Calc-f.², Fl-ac.² REACTION; lack of: Calc-f.³, Fl-ac. SLOW repair of broken bones: Calc-f.¹⁰; Fl-ac.¹ TUMORS, benign; bone like protuberances: Ca/c-f.⁸

fibroid: Calc-f., Fl-ac.⁷

keloid: Calc-f.⁸, Fl-ac.⁷ **Notes to table**

of rubrics:

No number (Kent Repertory) 1 to 12 as in SR

76Phatak

77Vithoukas

80 Choudhuri

28. Understanding nature to learn Materia Medica ULLMAN Dana (The Homoeopath, 13,1/1993)

We have hundreds and thousands medicines. How to remember all these or even about some of these - there are hundreds of symptoms and their details. There is so much that we do not know about most medicines, about their general and local symptoms and about their relationships with other medicines.

One way is proving, which one can carry out on oneself. But that way only a few remedies can be done. Another way is understanding something about the substance being prescribed, how they exist in nature. Examples are WHITMONT, GUTMAN etc. etc.

29. Natrum sulphuricum
HERSCU Paul (NEJH, 1, 1/1992)

Natrum sulphuricum is one of those so-called

combination remedies - i.e. remedies occurring in natural combination. Such remedies may often be prescribed from their similarities to the characteristics to the remedies contained in the combination. With the help of a case, narrated in full detail, the author brings out the picture of Natrum sulphuricum.

30. Cocculus

MORRISON Roger (NEJH, 2, 1/1993) New experience - experiences gained by good prescribers - gained decades after the last Materia Medica were written, must be made available to the profession world-over. Dr. Roger MORRISON has recently published Desktop Guide to Keynotes and Confirmatory Symptoms. The material is derived from actual experience of the author and is pure gold.

31. Case taking and Materia Medica of Infants ZAREN Ananda (NEJH, 2, 1/1993)

This is an excellent article. The author is quite well known for her Seminars on Childbirth and Infants. There are very important lessons in this: "Comprehension of the emotional state of an infant is requisite to finding the correct remedy and coming to a deeply curative prescription. In observing the infant it is evident that the body posture and position, facial expression and eyes all form windows into the emotional realm. Intreating the infant the homoeopath must first understand this crucial point; the most important lesson that a child has to learn in the first year of life is that the world is a safe place and that he is being loved and cared for. If this sense of security is not felt by the child, symptoms will occur. When the needs of a baby are not met, the resulting behaviour will fully disrupt the lives of their parents. This is a survival mechanism, for the dependent infant. The newborn is capable of a full spectrum of emotional expression.

The author goes on to give important hints about the birth, the bonding, infant/mother interaction etc., Ananda ZAREN gives a picture of the Nux vomica, Sulphur, Borax, babies.

32. Three Provings

CCRH, New Delhi (Qrly. Bui. 15,1 & 2/1993)

The Central Council for Research in Homoeopathy, New Delhi, has conducted Provings and published the Pathogenesis of the following three drugs: Holarrhena antidysenterica, Terminalia arjuna and Terminalia chebula. All the three are indigenous drugs and find their places in the detailed book **Indigenous Drugs of India by Lt. Col. R.N. CHOPRA. These drugs have also been dealt with by the famed Dr. Sarat Chandra GHOSE in his book **Drugs of Hindoosthan with their homoeopathic uses, Provings and Clinical Verifications.****

The CCRH has requested the Profession for feedback in the form of clinical verification of these drugs.

HOLARRHENA ANTIDYSENTERICA

(The figures in parenthesis: the first is the potency, the second and the third figure indicate the number of times the symptom appeared in the proving) **Mind**

Melancholic with feverish sensation (200c, 1,2)

Sadness (200c 1,2)

Forgetful, absentminded (200c, 1)

Anger with desire to hurt someone (30c, 1)

Irritability after loss of sleep (200c, **1**) **Head**

Vertigo with constipation and fever (200c, 1)

Headache agg. while reading (6c, 1)

Headache amel. pressure (30c, 1)

Headache, mild, agg. reading, motion & amel, tight pressure with feverish sensation (200c, 1)

Heaviness in frontal portion which gradually decreases agg. morning & lasting whole day (6c, 1)

Pain, bursting in frontal region agg. walking around, talking, amel. closing eyes with anger & desire to hurt someone (30c, 1)

Pain bursting in frontal region, sudden onset gradually increasing amel. cold water application, open air, agg. talking, listening and desire to lie down (220c, 2)

Pain bursting frontal region with sensitivity to noise, agg. afternoon, amel. tight bandage and feverish feeling (30c, 1)

Pain pressing in frontal region, amel, pressure, open air, cold drink with cough. (30c, 1)

Pain pressing in frontal region with nasal catarrh and mucus in throat (30c, 1)

Pain pulsating in supraorbital region agg. left side, jerks, bending forward amel. slight pressure (200c, 1)

Pain throbbing in forehead above eyebrows agg. bending forward, sudden jerk, amel. pressure (200c, 1)

Pain aching in occiput as if would burst extending to forehead agg. mental concentration, amel. rest with irritability (loss of sleep) (200c, 1)

Fullness in parietal region agg. evening, amel. cold open air, cold application, pressure (200c, 1)

Pain right side of head, pricking, stinging pain, suddenly comes and goes with tiredness (30c, 1) **Eye**

Right eye - agglutination of eyelids, agg. morning (6c, 1) **Nose**

Sneezing with itching in nostrils with dry cough (200c, 1)

Coryza with watery discharge, agg. hot food and drink, and dry cough (30c, 1).

Coryza with sneezing & Blockage agg. night, cool

air with post nasal discharge (200c, 1)

Nasal discharge watery with burning amel. in open air, fanning, with thirstlessness (30c, 1)

Post nasal discharge like white of an egg. agg. during meal (30c, 1) **Mouth**

Shallow ulcer with burning sensation in upper lip with constipation (200c, 30c, 2)

Aphthae on tip of tongue with soreness agg. touch of teeth (200c, 1)

Loss of taste with soreness in throat, during cough (200c, 1) **Throat**

Pain in throat as if something lodged, agg. empty swallowing, swallowing food and drink with dryness (200c, 1) **Stomach**

Nausea agg. morning with constipation (200c, 1)

Pain in stomach agg. deep inspiration and fullness in head (200c, 1)

Pain in stomach agg. after food or drink (200c, **1**) **Abdomen**

Pain agg. night, amel. passing stool, pressure (hard) with loose, mucoid stool (6c, 2)

Colic amel. lying down, with loose watery stool (30c, 3)

Pain gripping around navel region with urging and mucoid stool (200c, 1)

Distension of abdomen with cutting pain and rumbling, with loose, foamy stool with white mucus and reddish urine (200c, 6c, 2)

Colicky pain lower abdomen with mucoid stool agg. before and during stool, amel. after stool. (30c, **1**) **Rectum**

Stool, scanty, mucoid, offensive with pain in abdomen and loss of appetite (6c, 1)

Stool mucoid and thirst increased (200c, 1)

Stool semi solid with mucus and urging after food or drink, pain in epigastrium (200c, 1)

Stool sour smelling like curd agg. morning (200c, 1)

Stool thin, greenish yellow, painless and profuse after fatty food (200c, 1)

Stool hard, round, ball shaped (30c, **1**) **Genitalia -Female**

Menses - excessive with clots, with colicky pain in abdomen, agg. 11 A.M. and extreme paralytic weakness with inability to stand up after menses (30c, 1) **Respiratory System**

Suffocative feeling with sensation of constriction in chest as if lungs are not expanding, agg. night, lying down, bending forward (30c, 1)

Cough dry & persistent in nature, agg. hard work, with sick feeling (200c, 1)

Expectoration dark, thick, agg. afternoon and evening, with sleeplessness (200c, 1) **Extremities**

Pain in joints amel. open air, cold room, cold drinks: agg. morning, with thirstlessness (30c, 1) **Upper**

Pain sticking in right shoulder agg. pressure, lying on affected side, till 11 P.M. (30c, 1)

Pain in right elbow as if dislocated agg. full flexion, straightening the joint (200c, 1) **Lower**

Tired feeling in legs as if bones are squeezed, agg. morning (200c, 1)

Pain in right knee, agg. noon, amel. evening (200c, 1)

Itching in groins & legs agg. night & undressing, amel. scratching. Bleeding after scratching (30c, 1)

Small reddish patch in the middle of left leg with itching (6c, 1) **Skin**

Itching in folds of skin agg. undressing (200c, 1)

Miliary eruptions all over body with itching agg. undressing (200c, 1)

Itching all over body agg. night, undressing and oozing of blood after scratching (30c, 1)

Boil like eruption over back and abdomen with itching, burning and crust formation (30c, 1)

Perspiration

Profuse perspiration over trunk with increased thirst for cold water (200c, 1) **Fever**

Fever followed by severe weakness, agg. evening, and thirst for cold water (200c, 1)

Fever with chill amel. covering, walking, cold water, cold wind, with desire to cover and thirst increased (200c, 1)

Fever persistent with weakness, chill, thirst increased and burning in soles (200c, 1).

TERMINALIAARJUNA Mind

Freeness of mind, likes to go around with company

Cheerful even during pain

Desire to be alone

Indisposed to work

Home-sickness during heat **Head**

Pain in whole head

Dull pain in left side of head agg. lying down, bending head backward, extending to left hand, left leg & down the spine

Pain in forehead & vertex agg. fanning with bodyache

Dull aching pain in left parietal region agg. motion, noise, talking, after sleep, lying down, extending to forehead.

Pain in occipital region pressing type amel. open air with fever.

Pain right temple pointing towards right eyeball with desire for sleep & indisposed to work.

Small reddish boil with pus pointed tip over forehead, painful to touch **Eyes**

Burning in eyes with itching amel. scratching, cold water application **Nose**

Coryza preceded by sore throat, headache & bodyache.

Coryza with painful hoarseness of voice.

Coryza with discharge thick white like white of an egg or albumin, with dry tongue & thirst increased.

Sneezing with watery discharge amel. in cool place with heaviness of head, anorexia and slight flatulence with eructations. **Mouth**

Increased salivation at night.

Sour taste.

Aphthae over tongue, pain ameliorated by holding cold water in the mouth.

Dryness of mouth. **Stomach**

Appetite increased at night

Desire for warm drinks at night. Pain in stomach, agg. after eating, amel. after 20.30 Hrs. agg. motion, night; amel. lying down with thirstlessness and increased appetite.

Stomach feels full.

Stomach feels empty.

Thirst increased, agg. night.

Thirst for cold drinks, juicy things.

Abdomen

Griping in abdomen, amel. passing stool

Pain left hypochondriac region, amel. passing stool.

Pain in abdomen, agg. milk

Heaviness right, iliac region, with increased appetite and thirst.

Pain colicky in a spot below umbilicus, agg. walking, feels giddy, wants to lie down. **Rectum**

Diarrhoea: early morning, with rumbling and gurgling sound in abdomen, with flatus;

3-4 stools a day, undigested, loose, yellowish;

ineffectual urging with pain in abdomen agg. before stool and amel. passing stool (after high fatty food); after milk, with loose stool and much mucus;

Pain in abdomen before, during and after stool;

Stools loose, sour smelling, much prostration and thirst, appetite increased. **Respiratory System**

Dry cough with pain in chest while coughing.

Cough with rattling in chest with desire to take warm drinks. Expectoration profuse, greenish and sweetish in taste.

Expectoration scanty, white, agg. after warm drink.

Chest

Pain right side. **Back**

Pain stitching back 11th & 12th rib region with tenderness at the spot agg. movement, amel. lying on back, agg. turning, bending, stepping, amel. rest & sitting.

Pain right lumbar region, amel. rubbing, rest, lying down with thirst increased and lips dry.

Backache, pain small of back amel. pressure, after carriage riding.

Swelling at middle of spine, tenderness to touch.

Pain lumbo-sacral region, amel. lying down.

Extremities

Pain right hip & lower part of right popliteal fossa.

Numbness of left big toe.

Pain in left leg amel. pressure; agg. night with weakness & sleeplessness.

Pain right elbow - aching pain agg. raising the arm, amel. pressure.

Eruptions over hips, papular turning to itching agg. night, lying down with discharge of whitish sticky fluid.

Pain & Swelling in nail bed of right index finger - pulsating pain with suppuration

Pimpular eruptions over ankle, blackish pigmentation afterwards

Eruptions in crops over arms & legs, itching amel. after scratching, agg. morning, evening (parasitic infection according to dermatologist). **Skin**

Bright red eruptions all over body with violent itching but no relief by scratching.

Eruptions leave dark brownish pigmentation.

Urticarial rash all over body, itching violent amel. cold application, scratching. **Fever**

Fever - high with desire to be fanned with increased frequency of urination.

Fever with sudden rise of temperature with restlessness & thirst increased (after getting wet in rain with coryza & cough). **Sleep**

Dreams of snakes. **Generalities**

Desire for cool place.

Weakness with loss of appetite.

Bodyache after cold bath agg. evening with headache.

TERMINALIA CHEBULA

[Symptoms marked * are from **Drugs of Hindoostan**] **Mind**

Restlessness.

Apathetic* with sadness and aversion to mental or physical work.

Sadness agg. morning.

Alternate feeling of joy & sadness.

Dullness (Lethargy). **Head**

Dull headache agg. evening, amel. movement, pressure & rest. (After some family disturbance)

Headache* from evening till midnight; left sided, preceded by loose mucoid stool.

Heaviness in frontal* and parietal region agg. light & noise, least motion, getting up from sitting position with blurred vision, sleepiness.

Head - hot, pain during.

Dandruff with sensation of congestion in head.

Scanty - scaly dandruff.

Eyes

Burning in eyes **Mouth**

Bitter taste with increased salivation* agg. morning, after sleep

Saliva offensive* **Face**

Perspiration, over face oily

Flushing of face in the morning with constipation **Stomach**

Nausea and vomiting

Thirst decreased

Nausea on smelling food

Appetite increased **Abdomen**

Heaviness in abdomen

Flatulence* worse empty stomach

Cramping pain in umbilical region with flatulence

Burning sensation in abdomen*

Pain lower abdomen* crampy, colicky pain after eating

Pain stitching in the umbilical region with weakness & general lethargy.

Pain stitching upper abdomen every time after eating meat. **Rectum**

Constipation* no urge for stool, stool scanty* soft with flatulence*

Stool - loose, watery with pain in lower abdomen

Stool - loose, semi liquid, offensive with loss of appetite with pressing sensation in the abdomen

Stool - mucoid* with griping, colicky pain in abdomen

Stool soft & loose towards morning

Respiratory System

Cough with difficult expectoration

Dyspnoea agg. on exertion, motion, jumping, exercise with general weakness **Chest**

Palpitation in morning with tightness in chest **Extremities**

Trembling of lower limbs agg. morning

Pain in lower limbs agg. on walking

Pain in left leg

Pain in small spots over left little finger, right hand*, right lower jaw, right calf muscle. **Fever**

Heat with burning in eyes with bodyache agg. walkina. amel. Dressure & bitter taste

Cold sweating of whole body

Fever with chill after bathing, while perspiring with malaise, lethargy, muscular weakness & soreness in neck region

Feeling of heat (fever)

Fever with coryza, bitter taste, bodyache, weakness & constipation **Skin**

Eruptions fingers, vesicular, with itching & burning after scratching, with exudation of watery and sticky fluid

Small pimpular eruptions over legs and arms with itching* and burning after scratching, amel. cold application **Sleep**

Disturbed & full of dreams

Generalities

Burning sensation all over body agg. morning 9-10 a.m.

III. THERAPEUTICS

1. Pulsatilla pratensis versus Mittellappenlobektomie

[Pulsatilla pratensis versus middle lobe lobectomy]

STEUER, M.K. [AHZ, 238, 1 & 2/1993]

A case history of a 42 year-old woman, who suffered from recurrent Pneumonias of the right middle lobe, is presented. Every time the Pneumonia was treated with antibiotics [six to eight times in three years]. A bronchoscopy as also a bronchography revealed scar tissue in the region of the right carina which indicated an old lymphnode perforation as also a stenosis of the right ostium of the middle lobe; a former tuberculosis. The recurring Pneumonias since three years could be treated with Pulsatilla pratensis 30, effectively, single dose.

2. Homöopathische Behandlung eines seltsamen Lahmungsfalles bei einem jungen Mädchen [Homoeopathic treatment of a rare case of paralysis in a young girl]

WUNSCH, H.-U. [AHZ, 238, 1/1993] A 14 year-old girl underwent on 5.4.1989 an operation for correction of a strabismus with an Endotracheal anaesthesia, without any complications. After the successful operation the girl began to get severe vertigo and tendency to fall in all directions. Headaches, sensitivity to noise, swelling of the left half of face, incoordination of the legs, also came on. After long treatment in the hospital, she was ultimately discharged in wheel chair. The girl [birth-weight 1.054 gr.], was treated for Appendicitis in the hospital in 1978, and in 1981 a tonsillectomy; at 11 years measles and mumps.

This child was cured by Homoeopathy.

3. Homoo-Quiz - Neurodermatitis - Pollinose - Asthma Bronchiale

MULLER, H.V. [AHZ, 238, 1 & 2/1993] A 23 year-old student with Neurodermatitis, Bronchial asthma. Since childhood Neurodermatitis; at 16 years Chronic Coryza and ultimately Bronchial Asthma which bothered the whole year. On the basis of the psychoanamnesis Kali bichromicum was selected and it was given in the 30 potency and later in the M potency which cured the patient. The crux of her mental state was: She could not bring herself to sit and do any work patiently; she could not sit and do her home-work without break or read a book without break; she was glad when something came to interfere with her work, even a telephone call would do. The rubrics: Aversion to read, Diversion amel., Sitting worse, Impatient, Apathy for business affairs. Kali bichromicum came on top. The other symptoms also were matched.

4. Die Schrift als Symptom [the hand-writing as Symptom]

MULLER, H.V. [AHZ, 238, 2/1993] Earlier Dr. H.V.

MULLER has pointed how the colours could indicate the personality of the patient and lead to the remedy. In addition, the author says, that the handwriting of a patient also reveals the personality and thus lead to the similia. This is demonstrated by the handwritings of two cases of Tellurium, two cases of Lycopodium and Barium phosphoricum and Barium muriaticum. The author says that this has nothing to do with Graphology.

5. Homoo-Quiz - Chronische Sinusitis [Homoeo Quiz - Chronic Sinusitis]

LEERS, H. [AHZ, 238, 2 & 3/1993] A 42 year-old woman with right-sided headaches, drawing pain. The nose is stopped, particularly the right. Frequently need to blow the nose but nothing comes out; if something comes, it is green, or yellow, bloody and slimy. Morning the face is swollen, the eyes itch and discharging pus. From childhood suffering from chronic Sinusitis. Treated allopathically. All her symptoms were on the right side. Right foot sweaty. Kali bichromicum cured.

6. Chronisch-ulcierende Procto-Colitis Verdacht auf Morbus Crohn [Chronic ulcerative Procto Colitis suspected as Morbus Crohn] MULLER, H.V [AHZ, 238, 3/1993]

A 24 year-old woman with chronic ulcerative procto-colitis [according to the Hospital] but strongly suspected as Crohn's disease because of the tenderness over the McBurney and the colics in the umbilical region. On the basis of the psychoanamnesis and the other symptoms, Gambogia was selected which promptly cured.

7. Belladonna als Mittel bei chronischen Sehstörungen [Belladonna as a remedy in chronic visual ailments]

WEGENER, A. [ZKH, 37, 1/1993]

A chronic defective eye disease was cured by Belladonna. The changed state of mind of the patient was the decisive point for the selection of the remedy. **Organon** Aph 210 and 211. In his Foreword to Belladonna HAHNEMANN has said "... on the other hand, it is not less serviceable in the most chronic ailments, in which its duration of action, even in the smallest dose, amounts to three weeks and more."

8. Schmerzlose Halsentzündung und Durchfälle nach Antibiotikamissbrauch -Baptisia [Painless tonsillitis and diarrhoea after abuse of Antibiotics - Baptisia]

AMS, R. [ZKH, 37, 2/1993]

A two-year old girl with painless tonsillitis and diarrhoea after antibiotics was cured by Baptisia M. The child soon became her usual jolly and lively. "...The Vital principle once again feels free and able to carry on the healthy life of the organism as before ..." [Aph. 148 **Organon** VI]

9. Ein anstrengendes Kind - Cina [A trying child - Cina]

WEGENER, A. [ZKH, 37, 3/1993]

An eight-month old boy, restless, cannot play alone, always moving, must always be carried. During the consultation the child avoided eye-contact and turned his head away. He weeps when visitors come home. Excepting his parents no one can carry him. Cina M. Two days after this dose he had high fever which passed off without any treatment. Now the grandparents could carry the grandchild. Follow-up: one year. The leading hint was "cannot bear to be looked at". Homoeopathy is for such children a great blessing as otherwise they will be prescribed psychopharmaceuticals.

10. Echo Remedies

BENNETT Peter [Resonance, 15,1/1993] Patients respond in different ways to homoeopathic remedies. Unexpected responses by patients are instructive and one should watch and learn. Sometimes the wrong remedy is given and there will be response which tells the prescriber something about the medicine given and the patient. In one-sided cases in which the remedy may be "close" but not the simillimum, the Vital Force will give clear indications for the correctly indicated remedy at the following-up with an increased intensity in the symptoms that needed to be prescribed upon. We can look upon this as sonar response, which the author calls as "echo". Cases from personal experience are cited. Aphorism 182 of the **Organon** is referred as relevant in this connection.

11. Essence or chief complaint? How to prescribe.

REICHENBERG-ULLMAN Judyth [Resonance, 15,1/1993]

The author raises a question whether if a prescription is based on the 'essence' of the case and

not on the chief complaint or the key-note, it would cover the chief complaint and answers with the example of a case of Natrum muriaticum that we can give a remedy well-indicated by the essence even if not based on the chief complaint and that such a prescription may relieve the chief complaint also.

12. The Place for Homoeopathy in Dentistry STEPHENSON David

[Resonance, 15, 3/1993]

Discusses the role of Homoeopathy in dentistry. With case reports the author shows that the well-chosen remedies help greatly.

13. Fibrocystic breast disease - a case example REICHENBERG-ULLMAN Judyth [Resonance, 15,3/1993] Homoeopathy can be an effective and

non-invasive treatment for many women with cystic

conditions and hopefully can be a preventive measure against malignancy. The case of a woman, 42- year old, with fibrocystic disease and with great terror of cancer, treated with Conium maculatum, successfully, is discussed. The author says that according to Louis KLEIN, Tuberculinum or Carcinosis may be needed after Conium.. Conium may also be confused with Natrum muriaticum because of the closed nature of the Conium patients.

14. Dosierungsmöglichkeiten von Q-Potenzen bei interkurrenten akuten Zuständen [The possibility of administering Q potencies in intercurrent acute diseases]

ROGASCH Roif H. [ACD 2, 1/1993]

The author reports his experiences since many years of administering medicines in intercurrent acute situations in the course of treatment of chronic diseases. The surprising result of his studies is that the remedy given for the chronic disease can be repeated in an altered dose in acute situations even if the symptoms indicate a choice of a different remedy and the acute state did not accord with the "Chronic medicine". The relevant paragraph in the **Organon** is cited. [Aph. 275 - 287]

Four cases are cited, out of which one is given here:

A 14 year-old youth was given Sulphur LM 45 three drops in water every second evening. The treatment began on 10 April 1991. On 22 April an acute cough came on, which in its symptoms were exactly similar to the symptoms of cough which he used to get earlier and which were relieved every time with Belladonna successfully. This time too the symptoms accorded well with Belladonna, and Sulphur did not at all seem suitable. Nevertheless, Belladonna which was close was not given but Sulphur LM 45 in hourly 3 drops. Prompt relief began after two doses. Belladonna had never worked so good earlier at any time. With further therapy with Sulphur the chronic ailments were also cured.

Comments: In this case Sulphur might have been suspended and further course watched to see whether HERING's law could be proved. Besides, Belladonna could have been considered since it had earlier helped in these acute states.

15. Drei Heuschnupfen-Fälle [Three cases of hayfever]

SCHWARZ ERIK [ACD, 2, 1/1993] In one case it was Lycopodium, in the next it was Pulsatilla and in the third Sepia. While in the first it was the centesimal potency in the third it was the Q [50 millesimal] potency.

16. Akuter allergischer Schub bei Farmerlunge [Acute allergic spasm in Farmerlungs] MULLER, Karl-Josef [ACD, 2, 2/1993]

A 33 year-old manager in an Agricultural company for a chronic [10 years] Farmer lungs. He has become a constant sufferer due to the constant medications and which seemed irreversible. Breathlessness after

physical exertion. Severe allergic spasms especially when he comes into contact with hay mould. From time to time he was treated with Cortisone for 14 days, also per os, and Pulmicort spray, after which the spasms would slowly go down.

Silicea Q 12, twice daily 2 drops to be taken at commencement of the spasm. An year later he came with complaint of asthmatic spasms after contact with the allergens. His symptoms now indicated Lobelia inflata. The **Repertory** search by the **R.A.D.A.R. programme** indicated this as the only remedy in T.F. ALLEN's *Materia Medica*, in almost the same words as this patient's: "Dull heavy pain passing round the forehead, from one temple to the other on a line immediately above the eyebrows". This characteristic of Lobelia inflata could be found in the **Encyclopaedia** of Pure *Materia Medica* by T.F. ALLEN, in italics.

Lobelia inflata Q 6, cured.

17. Ein typischer Asthmafall [A typical case of Asthma]

SCHWARZ Erik [ACD, 2, 2/1993] A 53 year-old man with Asthma cured with Natrum sulphuricum Q 18.

18. Folgen einer Bluttransfusion [After effects of a Blood transfusion]

RECKERS Winfried [ACD, 2, 2/1993] A 76 year-old woman in a wheel-chair since six years. She has been suffering from paralysis of both legs. Burning pains which at time alternates with coldness of the legs. Any movement of the legs aggravates these pains. On regular high doses of Tramal. No improvement. Since the commencement of the disease she has incontinence of urine and stool. She had blood transfusion for severe Anaemia, before the beginning of her present complaints. The ailments were directly connected to this transfusion and the physician who was treating her also felt so, although the transfusion was essential then. She was also given further higher doses of Cortisone. The diagnosis on the basis of further laboratory findings was: Polyradiculitis of unknown origin.

In May 1992 she again suffered Anaemia and was again given blood transfusion. This time she reacted with diarrhoea, and it was considered due to Salmonella infection although there was no clinical confirmation. Since it was not responding to any treatment it was stopped a week later with Morphinum!

The anamnesis and the fact that she reacted adversely to the transfusions which indicated that it was a reaction to a foreign protein the cause of the ailments was concluded as analogous to reaction to vaccination. Thuja [Consolation agg. / Aversion to consolation; worse before thunderstorm; Aversion to onions; Diarrhoea after fat; Diarrhoea after coffee; Ailment from vaccinations; Paralysis, legs, after vaccinations; Diarrhoea after vaccination] was indicated and Thuja Q 12 and later Q18 brought good improvement. The treatment is continuing.

19. Colitis ulcerosa [Ulcerative colitis]
TERLINDEN Michael [ACD, 2, 2/1993]

A 41 year-old woman with ulcerative colitis since summer 1986. Several medicines -homoeopathic single remedies and complex ones and also allopathic treatment, holistic medicines, etc. failed to cure. The case was repertorized and on the basis of the totality Natrum muriaticum Q 3 and later Q 5, followed by Sepia Q 4, again Natrum muriaticum Q 6, Phosphorus Q 3 finally cured. This was a severe case of ulcerative colitis.

20. Digitalis purpurea

MULLER Karl - Josef [ACD, 2, 1/1993] Digitalis is recalled by homoeopaths with the catchwords "Heart medicine" and "slow pulse" and also perhaps, "not to be forgotten in Prostate enlargement". The four cases in this article show that Digitalis may be prescribed just like any other homoeopathic remedy in any disease if only the "peculiar, queer, rare and singular Characteristic signs and symptoms" are sufficiently similar to the proved symptoms of the remedy.

A case of Acute Cystitis, in a 34 year-old woman; Facial Neuralgia after Herpes zoster in a 65 year-old woman; Intercostal Neuralgia in a 36 year-old man; Influenza in a 30 year-old woman - are reported.

21. Electricitas - ein neues altes Arzneimittel
[Electricitas - a new old drug]
SCHWARZ Erik [ACD, 1, 4/1992]

In summer 1991, a 43 year-old woman suffered with a fully swollen face, red and with many small blisters, the upper lids drooped, left worse. She had been on holiday to Spain in her van and the swelling began there. Thinking that it was probably due to allergy to sun she took an anti-allergy medicament without relief or aggravation. On her return journey two weeks later she was worse although there was no sunshine and the condition had not improved even after she was at her home two days. Since sunlight as a cause was eliminated other causes were examined. The Generator of electricity was directly under the driver's seat in her van. Electricitas 12 [Nelson] five globules in a glass water from which the patient was to sip thrice on the first day and twice for the next two days. Improvement began on the second day and on the third day she was completely free.

About six months before the above case, the author reports, that his wife suffered an allergy; upper lids swollen, red and itching; the skin and lids felt like raw flesh to touch; the upper lid was worse; she had a constant sensation as if hair on face. She used wrong words and had difficulty in finding the right words. Her ear lobes were allergic to fashion jewellery. Fine, stitching pains in face, like needle pricks. Her fingernails were flaking off. After eliminating all perfumes, dietetic, dresses, furniture etc. etc. which cause allergies as also mental causes, it was found that a newly-purchased Instant-Compuccino contained a Stabiliser E 339, which contained Phosphates. The Cappuccino was put off and

the case repertorized and Graphite 30 given which removed the hair on face sensation promptly, and there was no other improvement in the next fourteen days. Again after considering all factors including an electric lamp which was newly installed and which was also removed, and searched for remedies which are related to electricity. In the rubrics "Worse during Storm, Lightning", "Worse from approach of Storm Lightning" were found remedies: Electricitas, Galvanism, Magnes artificialis, Magnetis polus arcticus and Magnetis polus australis. I studied these remedies in the Materia Medica of JAHR [Symptomen-Kodex] and NOACK/TRINKS/MULLER [Handbuch] and found Electricitas as the most similar to the ailments and gave her the remedy in five globules in a glass of water, to sip twice a day and in 12 hours improvement came and in four days completely well.

Electricitas is a remedy in cases where the causative factors involved electric, electromagnetic fields and the symptoms agreed.

22. Ruta graveolens - rheumatic Beschwerden
[Ruta graveolens - rheumatic complaints]
MULLER Karl - Josef [ACD, 1, 4/1992]

A 68 year-old woman with rheumatic pains in feet was cured with Ruta graveolens O 12 and later M. Apart from repertorization, the symptoms were compared with the source Materia Medica Pura of HAHNEMANN and Handbook of homoeopathic Materia Medica of NOACK/TRINKS/MULLER.

23. Allergische Ekzeme - Zwei Übungsfälle
[Allergic Eczema - two cases]
ROGASCH Rolf H. [ACD, 1, 4/1992]

Two cases of allergic eczema ■ both cured by Psorinum in the LM [Fifty millesimal] potencies, the peculiar modality was the general sensitivity to and aggravation from cold and the significant amelioration of the local ailment from cold.

24. Homoeopathic treatment of Surgical cases in a hospital-

MISTRY Diniar [CCR, 1, 2/1992]

Case 1: Sub-acute intestinal obstruction: A 55 year-old woman with spasmodic abdominal pain associating with vomiting since one day; 17 to 18 vomits the day before admission to hospital. Constipation since 2 days. Nux vomica 30 in water every hour. In two days patient was discharged completely normal. Nux Vomica was given only because of the spasmodic and colicky nature of the pain.

Case 2: Appendicular mass following an acute attack of Appendicitis: A 43 year-old man admitted to the hospital on 26 June 1974 for pain in the right iliac fossa since 8 days; pain in umbilical area with vomiting. Lump about 6" x 4" from the right iliac fossa to hypogastric region and crossing midline with ill-defined margins and somewhat tender. Bryonia 200 q.i.d. and

Vitamin C 100 mg. daily. In two days the lump was less and Bryonia continued t.d.s. Next three days still improved and Bryonia 200 b.d. After three more days lump is only 1" x 1", not tender, Bryonia 200 once a day. Two days later, normal and single dose of Sulphur M given a week later.

Case 3: Right-sided Cerebral compression probably subdural with Pyogenic Meningitis: This is a very interesting case of a three-year old girl brought to hospital with history of fall six days before. The patient on admission was semi-conscious, responding to deep stimuli only; right pupil not reacting to light, left pupil normal sluggishly reacting. Both plantars extensor and knee jerks exaggerated. Tone increased in all limbs.

Diagnosis: right-sided cerebral compression probably subdural with pyogenic meningitis.

Arnica 30, Hypericum 30, Natrum Sulphuricum 30 globules mixed and added to a big glass of water. This solution was given every 15 minutes and as improvement progressed, every 30 minutes, then every hour and then two hourly, then four hourly then t.d.s. and b.d. over a period of 12 days along with the standard allopathic drugs, and the child was fully restored. The author comments that this surgical case was complicated by a positive CSF report. After the starting of the solution of the homoeopathic remedies the first change noted was the improvement of the right dilated pupil and on this case trephining was postponed. The pyogenic meningitis became well in two days and this could not have happened with the allopathic drug alone.

Case 4: Multiple staphylococcal abscesses: This is a very interesting case of a woman who had been treated with allopathic medicines for two weeks without appreciable improvement. The cause had been diagnosed as Polymyositis and given corticosteroids and Tendril with Vitamin B injections turned out to be a case of Multiple Staphylococcal Abscesses. All the drugs except Vitamin B were stopped and the abscesses drained and given Calcarea Carbonica 30 and rapid improvement began. Calcarea carbonica was given q.i.d., then b.d. and after all the abscesses had been drained Silicea 6x q.i.d. for 6 days then b.d. for 10 days and fully cured.

Case 5: Dry Gangrene of left great toe: A 30 year-old male with dry Gangrene of the left great toe consequent upon an injury to the toe a month before. Relief by hot application. Arsenicum album 30 q.i.d. and after three weeks Arsenicum b.d. and Sulphur 30 b.d. Within next 10 days clean granulation observed and patient discharged after about 10 more days. The organism from the wound swab showed proteus vulgaris resistant to all antibiotics except Kanamycin and Garamycin. The author comments that in his experience that Sulphur improves granulations in any ulcer and also improves body resistance.

Case 6: Sub-acute intestinal obstruction due to round worm: A 3-year old female child with pain in

abdomen and constipation since 3 days. There was also rash all over the body. Allopathic Streptopenicillin which was being given was stopped and Nux vomica 30 in water every 15 mts. for 8 doses and then hourly. Aspiration and IV fluid was continued. The child improved and Nux vomica was continued and the child passed three round worms. Pyrogenium 200. After three days Bryonia.

25. A case of Colitis
PACHEGAONKAR Uttareshwar
[CCR, 1,2/1992]

30 year-old male. Loose, mucous stools since 14 years after severe dysentery. On the basis of the Generals and Mentals and the particulars: Tuberculinum M, followed by Mercurius solubilis 30 t.d.s. 4 days with Natrum phosphoricum 6x t.d.s. two weeks. He was further given during the course Argentum nitricum 200, Nux vomica 200, again Mercurius solubilis 30, Lycopodium 30, Sulphur M, again Mercurius solubilis, Acidum phosphoricum 30, Acidum sulphuricum, Aloe socothna 30, Syphilinum M and Sulphur 200 lastly. This was a very difficult case with no clear-cut symptoms. The treatment lasted for nearly an year and a half.

26. A Case of Psoriasis
PACHEGAONKAR Uttareshwar [CCR, 1,
2/1992]

A 14 year-old girl with Psoriasis since three years. Many remedies including Nosodes, in high and low potencies including some in mother tinctures produced some improvement.

27. A Case of Eczema
RANE Anand [CCR, 1, 2/1992]

A 40 year-old male with Eczema on right hand since five years. Syphilinum given on the basis of an ulcer on the penis and history of sexually transmitted disease, cured.

28. Lump in the breast
MOTIWALA Farooq [CCR, 1, 2/1992]

A 45-year-old married woman with lumps in breasts was cured within two weeks [Bi-lateral cystic fibro-adenosis] with Bryonia 200 [3 doses] because the lesions were stony hard with marked tenderness.

29. Marasmus with Rickets
KEMKER S.D. [CCR, 1, 2/1992]

A six month-old infant with marasmus and rickets, on top feed [mother died during parturition] ; chronic diarrhoea and dehydrated. Treated by different allopathic paediatricians without any improvement. Calcaea phosphorica 30 t.d.s for 15 days and after noticeable improvement b.d. for further 15 days. Now the child developed hard stools with foul smelling

perspiration over the neck and Silica 30 b.d. for a week followed by Calcarea phosphorica 30 b.d. for further 15 days. Child well. Three years follow-up. Child wins prizes in healthy - baby competitions!

30. Blepharitis with Styes
LIMKAR K.N. [CCR, 1, 2/1992]

31. Eczema with rheumatism
LIMKAR, K.N. [CCR, 1, 2/1992]

A 36 year-old school teacher with eczema on wrist, upper extremities and legs. Rhus toxicodendron 200 repeated doses and then Sulphur 200 once daily for 10 days [!] cured.

32. Eczema

NIGALE Vibha [IJHM, 28, 1/1993] A brief discussion of the different types of Eczema and Dermatitis.

33. A Case of chronic infective Dermatitis
JAINR.D. [IJHM, 28, 1/1993]

32 year-old man, unmarried, with skin ailments since 10 years; Vesicles with redness; itching, electric shock-like pain; discharge profuse, sticky, transparent/blood stained, offensive, forming brownish-yellow crusts on drying. Anthracinum 30 to 200, then Arsenicum album M, Phosphorus 200 and lastly Graphites 30, 200 - all repeated, relieved. The author concludes that it was Graphites which relieved [Burning, itching with pain, sticky, serous discharge and restlessness = Graphites].

34. A Case of Psoriasis

MATHUR Vaniha [IJHM, 28, 1/1993] 34 year-old man, married, chemist by profession, with Psoriasis, of 10 years duration. Nitric acid 200 [Ailments from loss of sleep, Excitable during debate, Impetuous, Trembling with anger, Hatred unmoved by apologies, Contradiction agg.. Desires starch, Skin eruptions suppurating, Warts in cervical region, Psoriasis]. In about six months the patient became much better. The author observes that the oldest lesions disappeared first although the direction of improvement was from above downwards.

35. Magic of Minimum dose
ANAND Sunil [IJHM, 28, 1/1993]

A case of Leucoderma in a 48 year-old male, and a case of Psoriasis in a 40 year-old male treated with Lac canium and Psorinum respectively. The significant mental symptoms were converted into appropriate rubrics and remedies selected.

36. A Case of Psoriasis

JAIN R.D. [IJHM, 28, 1/1993]

32 year-old male, bachelor with Psoriasis of 4 years duration. Arsenicum album scored high in the repertorization but it did not help. Arsenicum sulphuratum flavum [dominant sycotic activity in the fundamentally tubercular patient; study of the periodic table also confirms the presence of such miasms in this remedy] cured. Follow-up 10 months.

37. Experience at Skin OPD
RAJKOTIA Bharat, VASANDI Yogesh
[IJHM, 28, 1/1993]

This is a brief discussion about 852 registered cases during a period of 31/2 years. Three cases are narrated.

38. Acute Prescribing

KASAD K.N. [IJHM, 28, 2/1993]

There is a mistaken belief in the minds of the Public that Homoeopathy is efficacious in chronic diseases only and also that it is slow-acting and hence unsuited for acute illnesses. The fast tempo of the acute diseases scares many new entrants into Homoeopathy. The author says that a systematic consideration of the problems of prescribing in acute illnesses was called for. He goes on to give a brief but interesting essay on the subject.

39. A Fever: an acid test

MODI Sanjay [IJHM, 28, 2/1993]

With three cases the author demonstrates that in acute diseases with high fever Homoeopathy acts rapidly.

40. A case of fever with strange notion.
DEVADIGA P.Y., PEDNEKAR Atul
[IJHM, 28, 2/1993]

A 28 year-old female, married, pregnant 7 months; she had the delusion as if someone was sitting beside her and was trying to take her child away from the womb. She had similar experiences during two earlier pregnancies too. Though this peculiar symptom was not found in the Repertory Lyssin was selected on the other symptoms [Fear of water, Anger trifles, Violent anger, Abusive, Malicious, Lascivious, Chill absent with fever]. A single dose cured.

41. Acute Infections: Psychosomatic and Miasmatic correlations
BARVALIA Praful [UHM, 28, 2/1993]

Organon gives us a unique perspective to appreciate the phenomenon of acute and chronic diseases which are related to each other. These represent a continuous spectrum of the disordered Vital Force in the human economy in Time-Space continuum. Disease does not represent an isolated

state, and the only correct way to comprehend it is in terms of processes that occur in Time-Space, [ref. Aphorism 72], HAHNEMANN considered acute disease as transient explosion of latent psora. Each acute disease would reveal certain peculiarities in its evolution and expressions depending on underlying miasmatic states.

A very interesting article.

42. Acute remedies vs. Chronic remedies
 SHAH Jayesh [UHM, 28, 2/1993]

The author argues, rightly, that there is no such thing as an 'acute remedy' or a 'chronic remedy' or even intercurrent remedy'. The indications on which a remedy is based is the relevant factor. A case is cited.

43. Acute Emergencies: Renal colic and acute appendicitis

PARIKH Amita [UHM, 28, 2/1993]

A 35 year-old man with acute pain in right inguinal region, better bending double; ineffectual desire to urinate; cold perspiration; Vomiting - could not retain even water Belladonna and later Colocynth did not have any effect, and the patient became worse.

Ocimum canum cured [Kidney pain; Ureters, right side; Vomiting, with] A married lady with abdominal colic, ameliorated by bending, pain better with hot water bag, vomiting, ineffectual desire for stool, Leucocytes 16,600/cumm. Ocimum canum cured.

44. Travails of a conscientious teacher
 SHINGALA Kittida [UHM, 28, 2/1993]

A 50 year-old lady with Psoriasis, Sciatica. The core of the patient was extreme conscientiousness of duty. Cyclamen cured.

45. A case of Status epilepticus
 GOKULGANDHI Vanraj [UHM, 28, 2/1993]

A 34 year-old man with epilepsy. At age 2 he had a head injury and developed grand mal epilepsy. Natrum muriaticum was his constitutional remedy which however In 200 potency did not give appreciable improvement. He had a major attack which developed into status epilepticus and Nux vomica controlled it. He was subsequently given Natrum muriaticum M infrequent doses and Tuberculinum M was given as intercurrent. No major attack since then.

46. A case of collapse

PATHARE Neelam S. [UHM, 28, 2/1993]

A two-year old boy with diarrhoea and vomiting and thirst. No appetite, restless. Podophyllum 200 every 4 hours controlled the diarrhoea and vomiting but the child's condition worsened, almost in a state of collapse, with blue lips and tongue and air hunger, cold

extremities. Camphor 200 promptly restored.

47. Prescribing in acute cases
 MENON CM. [UHM, 28, 2/1993]

Five brief cases which show that snap-shot prescriptions in acute cases bring about quick relief.

48. How I treat Crohn's disease
 JACKR.A.F. [BHJ, 82, 1/1993]

A retrospective review of 16 patients suffering from Crohn's disease. All patients had been diagnosed, fully investigated, and treated in hospital and were still under consultant surveillance. They consulted privately for homoeopathic treatment between 1978 and 1991.

Dr. JACK stresses that in these cases Homoeopathy is only an additional form of therapy and the patient should continue to take whatever conventional medicine prescribed by the GP. While prescribing Homoeopathy, the symptoms produced by the conventional medicine is ignored and only the otherwise peculiar symptoms are taken. The medicine is prescribed in 30 or 200 potency, to be repeated according to the patient's response, at intervals of 3 - 14 days. Also a 'local' medicine is prescribed which specifically matches the bowel symptoms to be taken frequently in low potency on the intervening days [i.e. 3 -- 6, hourly-2 hourly], also the bowel nosodes Proteus, Dys. Co. Gaertner are prescribed. Tuberculinum was observed to have acted quite well.

There was predominance of females [69%] and of smokers [63%] The constitutional medicines which appeared more frequently in these prescriptions in order of frequency, and number of cases: Phosphorus 7 [44%]; Acid phosphoricum 6 [38%]; Nux vomica 4 [25%]; Lycopodium 2 [13%]; Pulsatilla 1 [6%]. The most effective local medicines were: Podophyllum 10 [63%]; Aloes 6 [38%]

49. Endometriosis and Homoeopathy -- an audit study of 8 consecutive patients HUNTON Mollie [BHJ, 82, 2/1993]

Eight consecutive patients with Endometriosis were followed up from 1 to 4 years to assess the efficacy of homoeopathic treatment. All had laparoscopic grading of their Endometriosis. All improved with the treatment.

50. The nails and diagnosis in Homoeopathy
 BOUKO LEVY Michel M. [BHJ, 82, 2/1993]

The nails are continuously growing structures which reflect many aspects of the body's functions.

The anatomy and physiology of the nails are described in terms of : General appearance, form, colour, structural abnormalities and nail biting. The implications of various appearances of the nails of different digits for prescribing are described. Line drawings and

photographs enhance the value of this article. The author concludes "..... the nail is of greater interest to the homoeopathic physician because it continues to grow throughout the patient's life and gives the practitioner a single region of the body on which an image of the entire system moves"

51. Multiple Sclerosis

BLACKSTONE Victoria [Simile 3, 1/1993 issued with the BHJ, 82,1/1993]

A 40 year-old man, nurse in a Genito-urinary Clinic with muscle spssms, cramps, loss of balance. Multiple Sclerosis diagnosed in 1978. Dependent on wheel chair outside but walks a short distance with a stick at work or at home. Agaricus 12c t.d.s. quick relief of the cramps.

52. Haemorrhoids

PRATT N. [Simiie 3, 1/1993 issued with the BHJ, 82, 1/1993]

A 62 year-old woman with Piles; much itching and extra mucus, occassional tenesmus, no recent bleeding. Always worse when on holiday, especially when abroad. 'Rarely any bleeding' a negative symptom confirmed choice of Aesulus hippocastanum 30; cured.

53. A case of Post-partum Psychosis
RATNAKER M. [Simile, 3, 1/1993, issued with the BHJ, 82, 1/1993]

A 24 year-old Primipara developed Psychosis on the sixth day after delivering the baby. Stopped attending the baby, refused to take food. Also developed insomnia, lying in bed all day, frequent bouts of laughter, refuses to talk, spits from time to time, tries to run outnaked, remains nude in the room despite all efforts to dress her up, tries to harm the baby, dances at times.

After trying Allopathy for four weeks and then indigenous remedies for three weeks came to Homoeopathy.

Hyoscyamus 30 b.d. for a week and improvement began. The remedy was given for one more week and she became normal.

54. Mind and Cancer

AGRAWAL ML, and AGRAWAL P.
[Simile, 3, 2/1993 issued with the BHJ, 82, 2/1993]

A 66 year-old retired man with Adenocarcinoma of Prostate; Trans-urethral resection of prostate with removal of testicles, urethral dilation for urinary retention which was ineffective and as a result of which urine collected in the scrotum and suprapubic catheter was therefore introduced.

In the Anamnesis contradictory features came up and the patient's stressful life and unhappiness in his

relationship with his sons which were constant irritating factors were noted. Ignatia amara 30 was given in repetition and soon improvement set in. Later Ignatia LM 1, t.d.s. until normal urination through urethra was restored, and supra-pubic catheter removed. He needed again Ignatia in the millesimal potencies for dribbling of urine

55. Acute versus Chronic: An unusual Otitis prescription

ELMORE Durr [NEJH, 1, 1/1992]

A 44 year-old woman was on Staphysagria and she had deep response mentally and emotionally. The patient came up with pain in the ear and repertorization brought out other remedies none of which appeared suitable otherwise. Since the symptoms she now had appeared to be like a symptom from the past and since there was no change in her mentals and physical generals. Staphysagria was again prescribed and the pain resolved within a few hours. The remedy had acted swiftly. Although Staphysagria did not cover the pathology well, it covered the patient in general, and there was no clear picture of any other remedy.

56. A seizure disordered child MITTMAN Paul
[NEJH, 1, 1/1992]

An eight-year old boy with tonic-clonic-seizures. On the basis of his mentals Fear of the dark, dogs, crowds; Averse to tight collars, myopic, and mannerisms and other symptoms Stramonium was prescribed and he remained well. The aetiologies of these symptoms was traced back to Fright and Jealousy at the birth of patient's sibling. At the second follow-up Lycopodium emerged but as there was no change in the physical generals and otherwise continued over-all improvement under Stramonium and therefore it precluded any change.

57. Aversion to Nursing in an infant
CLARKE Savitri [NEJH, 1, 1/1992]

A six month-old baby boy with aversion to mother's milk and refused to nurse and otitis-media [for which he had already taken three 10 days course of antibiotics despite which he again had ear pain] was given Calcarea carbonica 200. Within two hours of taking the remedy the baby nursed and his moods improved dramatically. His ears were normal when checked four days later.

58. A case of being accident-prone
JONAS Julian [NEJH, 1, 1/1992]

A 13 year-old boy with tendency to have accidents, in spite of his being well-coordinated and an excellent athlete. It seemed that everytime he engaged in sports activity there was some accident. Over the past year he had developed warts. Other symptoms [cyst in testicle, eczema as a baby, craving for sweets, salt and spicy, photophobia, irritability, anger, orderliness, suicidal thoughts, fears, family history of alcoholism] - all considered indicated sycotic miasm. Natrum sulphuricum 200, which was repeated after two

months.

Possibly a Natrum sulphuricum condition may actually predispose a person to incur traumas by establishing a state of being accident-prone.

59. Asthma in a child

CROCKER Pamela [NEJH, 1,1/1992] A two-year boy with asthma and allergies responded well to Natrum sulphuricum b.d. and in a month he was off the allopathic drugs and the Natrum sulphuricum was then reduced to once a day or as needed. Later Natrum sulphuricum 200. He was also on immunosupport supplements.

60. A Panic Disorder

VAUGHTERS Lucy [NEJH, 1, 1/1992] A 32 year-old woman, mother of two children with attacks of panic. She had been seeing Physical therapist, a Chiropractor, Psycho therapist and an Allopath; all had given her "reassurance". She is hard on herself, vivacious, attractively dressed. She spoke urgently, passionately. Much fears about her health, alternating with depression. She had many phobias. Psoriasis on elbows and back. She was given Arsenicum album, then Staphysagria and Lachesis but she did not improve appreciably. The patient herself worked out on the repertory and came to Nux vomica and showed to the physician. Nux vomica in different potencies did restore her. A very interesting case.

61. Paralysis after treatment for Asthma
NEUSTAEDTER Randall [NEJH, 1,1/1993]
Two cases of children with acute onset of

flaccid paralysis of the lower limbs following an asthmatic episode. Both children were treated in hospital for an attack of wheezing, and both were given Salbutamol inhalations along with oral Aminophylline, Corticosteroids, and antibiotics. One to two weeks following the onset of their respiratory illness, each child developed severe weakness, paralysis, and myatrophy. Over a period of 30 months no change in these symptoms occurred.

The existence of this rare syndrome following suppression with allopathic treatment should encourage homoeopaths to continue treating asthma conservatively with appropriate remedies supplemented with inhalant medications when necessary. The rise in incidence of asthma and deaths from asthma, as well as the side effects of medications, should be an impetus for parents to seek homoeopathic care.

62. Poison ivy miseries
GREENBERG Alan [NEJH, 2, 1/193]

A 35 year-old woman with poison ivy. She

was 6 1/2 months pregnant, she had been suffering for past three weeks and the itching was miserable and she scratched until she bled. Her husband had been in the woods and touched poison ivy. That night she developed allergic reaction to the pillow they were both using. A complete case was taken. Medorrhinum relieved her [she felt great on sea shore, thinking of complaints aggravates, Skin itching, must scratch until it bleeds]. Three or four weeks later her husband got poison ivy again. They shared a pillow and the next day she got a small patch on her arm and it disappeared in a few days on its own.

63. Poison oak miseries

ALBIN Steve [NEJH, 2, 1/1993]

A 32 year-old woman was exposed to poison oak and smoke from burning leaves and branches, and developed temperature of 100 deg., blistering of arms, and neck, sore throat. The exposed skin was red, itchy, burning and hot, worse from warmth, warmth of bed, and better from ice, numerous small blisters that exuded a clear, yellowish fluid. Wanted to keep herself busy to keep her mind off her condition. Restless. Rhus toxicodendron which the patient tried helped only for 24 hours. She tried many other remedies from her kit.

A potency was made from the spa of Poison oak [Rhus diversiloba] and it cured. The symptoms that this remedy cured suggest that it - Rhus diversiloba - should be useful in chicken pox, influenza and pharyngitis.

64. Dupuytren's contracture

KHALSA Sat Jit Kaur [NEJH, 2, 1/1993] A 56 year-old man with Dupuytren's contracture of the right hand. He has been suffering from chronic lower back pain accompanied by rightsided sciatic neuritis. On the basis of the deeper and underlying symptoms he was given Calcarea carbonica and the pain [radial side of the base of thumb joints, the carpal metacarpal joint]. The wrist also was worse. Repertorization brought out Guaiacum. Guaiacum 30 and three days later 200 and he began to improve and completely pain-free.

65. An anxious patient I

FLORES Matilde [NEJH, 2, 1/1993] A 43 year-old woman, married, one child. Chief complaint was that she was crazed. She felt that her father needed her and then that her husband needed her. She over-worked and always tried to do well. While she was open to listening, she was sensitive to criticism. Fear of death, anxiety of conscience. While Calcarea carbonica was considered,

Cocculus was the most suited [anxiety for others, ailments from grief, sexual excesses - she had said "When I was younger I used to have a lot of sexual energy and I burned myself out" and this was the aetiology of her symptoms.] Cocculus indicus restored her.

A very interesting case reported in detail.

66. A case of Intermittent fever

HERING Constant™ [NEJH, 2, 1/1993]

This case was reported in The Journal of Homoeopathic Clinics [edited by Constantine HERING and H.N.MARTIN]. While Cocculus indicus was the main remedy, Calcarea carbonica, Pulsatilla and Mercurius solubilis were employed to complete cure.

The case is reported to show the leading indications of Cocculus in these fevers.

67. A Case of Trigeminal neuralgia
SCHROYENS Frederik [NEJH, 2, 1/1993]

This very interesting case teaches many things.

The 55 year-old man suffered with severe Trigeminal neuralgia and while different remedies - Spigelia, Belladonna, Nux vomica, Hepar sulphuris, Kalmia latifolia were tried - caused severe aggravations and the patient kept visiting the physician! In the end Cocculus cured. The differentiating points for Cocculus was the Feeling for others, anxiety about health of relatives, horrible things affect profoundly. Remedies were given in the Centesimal and 50 millesimal potencies. This case taught that one cannot repeat the LM potencies in a routine manner and such repetition could cause aggravation.

68. Notes from the Clinic - a case of headache
KENT James Tyler [NEJH, 2, 1/1993]

This case reported by Dr. J.T. KENT [see **KENT'S Minor Writings**] gives many of the Key Notes of Cocculus and the characteristic headache.

69. An Anxious patient II

SHERR Jeremy [NEJH, 2, 1/1993] A 45 year-old woman who has been taking anti-anxiety medications for nine years. A single dose of Cocculus indicus 200 cured. The main thing in her life is the inability to find her place, resulting in a to and fro motion.

70. Two cases

GLASS Michael [NEJH, 2, 1/1993] A 39 year-old woman who was greatly shocked on hearing the death of a friend in an accident and became sleepless for three days and had "claustrophobic feeling in my own body" was given Cocculus indicus and within seconds of taking the remedy she felt "My body sank into my bones. Before, I could not tell where the beginning and end of my body was" and her body relaxed completely "was completely at rest and within five minutes she fell asleep and slept for twelve hours straight. [Note the expressions = KSS]

A 66 year-old woman whose husband died suddenly of cancer and during his last weeks she had attended on him day and night thus becoming completely exhausted. Even a week after the funeral she had not slept. Cocculus indicus made her sleep shortly after taking the remedy and needed no further remedy.

72. Homoeopathic treatment of Pertussis
NEUSTAEDTER Randall [NEJH, 2, 1/1993]
"Homoeopaths are once again likely to see

increasing number of Pertussis cases. Pertussis epidemics occur every 2 - 5 years regardless of widespread vaccination of children." The diagnosis, course of the disease, allopathic treatment, the homoeopathic management and the management plan are discussed.

73. A case of neonatal apnoea treated with Chlorine

FORDHAM Bob

[The Homoeopath 13,1/1993]

This case demonstrates that even in cases of such extreme states as this infant - one surviving of a twin, weighing only 1.28 Kg., apnoeic, surgical procedure already carried out for patent ductus arteriosus. Chlorine LM 1 t.d.s. gave good relief. Other remedies employed during the course of treatment: Lachesis, Sambucus.

74. In case they should come whilst he sleeps!
BRIDGE Robert [NEJH, 13, 1/1993]

A 7 year-old boy with asthma, consisting of explosive sneezing fits, chronic nasal obstruction and nosebleeds. On allopathic medicines for past two and half years. The boy was very angry throughout the interview session, his complexion was a shiny yellow-green. He was given Medorrhinum 200, and the allopathic medicines to continue. About a month later the report was that his breathing was much better and his mother had already on the second day itself suspended the allopathic medications, however, the boy's temper had attained unmanageable proportions over the last few weeks. Sudden violent tantrums, he would throw himself on the floor, kick, shout and scream and become abusive of his sister, his parents his friends and even his friends's parents. The tantrums were provoked by anything done in the wrong way, i.e. in a way different from what he was taught first, like for example, if the mother takes a particular route to the school and one day takes a different route, or if he had been shown how to prepare tea - put the milk first in the cup, and tea the next if the order was changed like putting the milk at the end, etc. He was organised from his infancy, every object in his room had its place, very conscientious. He also had a fear of danger; always telling his mother to slow down while driving. Anacardium 200 was given. Four weeks later there was no change, and his temper if anything, was more explosive. Now Proteus [Bach] XM was given. When he came four weeks later, the boy was different; there was a serenity that had not been before. Within a day of having Proteus

he had no more tantrums.

A very interesting discussion follows.

75. Extreme mental and physical symptoms
SOMMERMAN Eric [NEJH, 13, 2/1993]

A 42 year-old male, with Non-Hodgkin's Lymphoma-follicular, mixed type, stageIII, confirmed by biopsy, on 24 January 1990. He was a Vietnam war veteran and diagnosed with an Agent Orange induced illness, and has been on disability for several years. Has had five combination chemotherapy treatments from April to July 1990.

He was paranoid about going to the city, and therefore the Veterans Administration refused to pay for treatments and therefore he came to Homoeopathy to the author.

Spleen enlarged about ten times its normal size; it extends down into his abdomen near the umbilical region. It decreased in size with chemotherapy but has grown back since. Physicians are pushing for a Splenectomy. Cervical and inguinal lymph nodes are swollen. Hot all the time and sweating.

A study of his Mental and General indicated Argentum nitricum; however, the pathology was so strong tht it was decided to go for it first. Ceanothus americanus 12 daily. And the glands began to shrink, the remedy was continued. On 20 Feb. 1991 Ceanothus 30 one dose. On follow-up on 9 April 1991 his spleen had shrunk dramatically a day after the remedy. Ceanothus 30 one dose every two weeks. On 18 April 1991 his lymphocytes were normal and his white cell count is low normal. His physician however recommends splenectomy and chemotherapy. When the patient said the ie was trying Homoeopathy the physician confidentially advised to continue it. The remedy was discontinued on 3 July 1991. In October 1991 the picture changed and he wanted to see a Psychiatrist; anxious, fears, etc. Argentum nitricum 200 was now given.

As he was improving he discontinued chemotherapy. He was improving as on 2 April 1992.

IV. VETERINARY

1. Animal case - Sam
LASSAUW, Y.(Simillima, 2,1/1993)

Sam is a two-year-old dog with worm complaints, anorexia and "unhappiness". In the morning when the lady-boss had to go for work Sam was very sad, he did not bark out of protest, he did not weep either, he just turned his look away and trudged to another room and he wouldn't eat anymore. He had twitchings of the extremities in his sleep.

Ignatia rejuvenated Sam, he lost the worms, gained appetite and enjoyed life. A few nights after the remedy he went in his sleep (and the twitchings were gone).

2. Animals and Homoeopathy - five cases
MENEAR Vicky (Simillimum, 6, 2/1993)

1. A rabbit with paralysis of hind legs and hence dragging them while walking which caused ulcers of the hind legs, constipation, retarded urination, was cured with Plumbum metallicum.

2.A 9 year-old terrier diagnosed of kidney failure by the veterinarian and suggested euthanasia. The dog had been listless, weak and seemed to walk in an unstable manner, lost appetite and became emaciated, no urine passed and hard, small stools. Her teeth were loose and her owner inadvertently dislodged one on attempting to look into the mouth. "Looseness of teeth, falling out" was used as the eliminating rubric and on the basis of the other symptoms Plumbum metallicum given which promptly cured.

3.A pet ewe with swollen face, bleeding from the eyes and nose, with some purple liver-like tissue exuding from the left eye; left side of the palate was dark red and it oozed blood on touch, as did the left side of the face. Possible diagnosis: rattle- snake bite. Lachesis M b.i.d. for 3-4 days until change. Improvement began from the next day and by the fourth day all well.

4.A two-year-old horse suffering from Colt distemper, a bacterial infection of horses. Rhus toxicodendron 200 cured rapidly.

5.A seven-year-old parrot developed partial paralysis of its left wing and foot; convulsions, throwing its head backward for 20-30 seconds after which the whole body trembled. Earlier the bird was very noisy and would fuss if visitors came and occupied the owner's attention for more than 10-15 minutes. This behavior ended with the paralysis and it became listless. Nux vomica 30 b.i.d. for five days. It improved slowly. After four months it relapsed, and the owner was advised to repeat Nux vomica. Rapid improvement set in, and the bird was said to be very much more noisy, screaming, eating everything, climbing all over. It was learnt that since Nux vomica 30 was not available 4x was given which brought a very quicker curative response than the 30c! Evidently in this case the lower potency was the simillimum.

3. "An Upper class Gentleman"

LASSAUW, Y. (Simillima, 2, 2/1993) "Reddy" is a red male cat with chronic ear trouble (otitis externa with itching eczema). Reddy had his owner send a letter on his behalf to the homoeopath in which his mental make-up becomes quite clear. Also his reaction when he is "pushed" from the lap of the homoeopath (who was accidentally on a visit in the house of Reddy) leaves no doubt about the remedy first unwilling to leave the lap and when there is no other choice he goes and leaves the room, but just before getting out of sight he looks back with a facial expression of "how dare you" with some self-pity and tried

to convey (vainly) in his walking away an air of "if you want to make it up again, you will have to come after me". Staphysagria cured.

4. Two veterinary oases
MOHALKAR R.G. [CCR, 1, 2/1992]

Case 1: A Doberman dog with dysentery and bloody vomiting. In spite of IV fluids and antibiotics for 5 days, there was no improvement. A combination of Arsenicum album 30, Acidum phosphoricum 30 and Mercurius solubilis 30 every hour for 6 hours and then two hourly for 12 hours at the end of which it became well.

Case 2: A buffalo suddenly developed left-sided facial paralysis. In spite of treatment with injections etc. no improvement in 15 days. Since it was cold season assuming that it must have got chilled Causticum 200 was given for 8 days and after an interval of 8 days the medicine was given in 200 potency daily for 8 days and the animal remained well.

5. Aconitum napellus - **Veterinary Materia Medica** [MMHV]

DAY Christopher [BHJ, 82, 2/1993] The botany and toxicology of Aconitum napellus are described and traditional and homoeopathic medical indications discussed. The veterinary drug picture is presented, with major therapeutic indications including fever and acute respiratory disease. Case studies of 6 species are given: Cows, Swine, Horses, Birds, Dogs and Cats --all very interesting. Homoeopathy is effective in all creatures.

6. Chronic Haematuria in a Dog: Finding the Small Remedy

LEVY Jeffrey [NEJH, 1, 1/1992]

More veterinarians are using Homoeopathy. This trend will help us understand homoeopathic practice in several ways, because veterinarians frequently encounter seriously ill and dying animals -the end stage pathology - we can understand the usefulness of Homoeopathy in end stage pathologies.

The challenge of Homoeopathy in Veterinary is the dearth of subjective symptoms.

The case reported is of a 5-year old spayed female German Shepherd cross. Main physical symptoms were haematuria, very bloody, bright, red and a lifelong tendency to ear infections. Many remedies were given, but the one that gave the maximum benefit was Terebinthina; her tearfulness changed. A very interesting case.

V. PHARMACOLOGY

1. European directives on Homoeopathic remedies

MONTFORT Th-erry [Resonance, 15, 2/1993] On October 13, 1992 the official Journal of the European

Community published the Directives 92 / 73 / CEE and 92 / 74 / CEE for the legal, regulatory, and administrative framework of homoeopathic remedies for human use and veterinary use. These directives were officially approved by the European Parliament and call for an official recognition and free circulation of homoeopathic remedies throughout Europe by December 31, 1995. This is an important regulatory for the development of Homoeopathy in the world, and has paved the way for a European homoeopathic Pharmacopoeia.

The differences between the different Pharmacopoeia - French, German, U.K. - are discussed and the attempt is to draw a Pharmacopoeia worldwide. 2. The potent one

CHAPPEL Peter

[The Homoeopath, 13, 1/1993]

See under Section **Philosophy** for an abstract of this article.

VI. RESEARCH

1. Evaluation of homoeopathic therapy in 129 asymptomatic HIV carriers.

RASTOGI DP., SINGH V.P., SINGH V., DEY

S.K. [BHJ 82, 1/1993]

To assess the role of homoeopathic medicines in the treatment of the asymptomatic phase of HIV infection, a pilot research study was undertaken by the Central Council for Research in Homoeopathy [India] starting in May 1989. 129 asymptomatic HIV carriers [120 male and 9 female] were treated with homoeopathic medicines on the basis of the individuals' constitutional [both mental/emotional and physical] characteristics. The medicines were prescribed in potencies varying from 30 to XM and in varying dosage, depending on the age and constitution of the individual patients. 12 of the patients studied have reverted back to negative serology for HIV antibodies after treatment varying from 3 to 16 months [mean duration of treatment between entry and reversal seroconversion for HIV antibodies 7.25 months]. All patients who continue to remain symptom-free are receiving follow up treatment. Efforts are being made to evaluate their haematological and immunological status in detail.

2. A Pilot study evaluating the efficacy of Homoeopathy in daily practice

SMIT Van Berckel J.A.C.M. [BHJ, 82, 1/1993] Aggressive drugs of the Allopathic school and dissatisfaction with it have made more and more doctors and public turn to Homoeopathy and this interest has grown and continues to grow. It is therefore necessary to carry on fundamental researches in homoeopathic therapeutics.

The author argues that 'longitudinal observational studies' was better suited to study the efficiency of

classical homoeopathic treatment in daily practice.

The study was done in a single practice in Amsterdam over a period of 3 years. Satisfaction was measured relative to the previous consultation. Patients were selected on diagnostic group, age and sex. Single homoeopathic remedies were given in potencies ranging from 30 to XM. Outcome was determined by improvement of the predefined factors 'improvement in general health' 'syndrome-shift in accordance with HERING's law', 'improvement of the main complaint' and 'improvement of other symptoms', improvement of general health was considered the most important. Three diagnostic groups scored a statistically high significant success compared to the predefined 40% success rate. Treatment satisfaction was higher in children than adults. The method gives the physician and colleagues insight into the incidence, indications and results of homoeopathic prescribing in daily practice. Validity can be improved by including a greater number of practices and by extended statistical processing of the data.

3. Case Record in General Practice.
PRATT Noel J. [BHJ, 82, 1/1993]

The author regularly collected histories of patients receiving homoeopathic treatment, over a 30-year period, using a standardized case record. Analysis of 1,500 such records yields useful data on patients, prescribing patterns and rate of improvement.

The Case sheet is printed on 16 gram paper measuring 16" x 10" folded into to make 4 pages.

4. Homoeopathic treatment of acute childhood diarrhoea - A randomized clinical trial in Nicaragua
JACOBS Jennifer, JIMINEZ Luz Margartia, GLOYD Steven, CARARES Felix Esponiza, GAITAN Margarita paniagua, CROTHERS Dean [BHJ, 82,2/1993]

A double-blind, randomized clinical trial to compare homoeopathic treatment versus placebo in the treatment of acute childhood diarrhoea was carried out in Leon Nicaragua, in July 1990. 34 children aged 6 months to 5 years were randomized into active and placebo groups, both of which also received oral rehydration treatment. The mean duration of diarrhoea after treatment in the active group was 2.4 days, compared to 3.0 days in the placebo group, which was not statistically significant. Exploratory analysis revealed a statistically significant decrease [p = 0.04] in the subgroup of patients for which an aetiological agent was found. There was also a significant difference in number of stools per day in the treated group [p = 0.002] at the end of the treatment period. Since small numbers prevent a definite conclusion from this study, further study with a larger sample size would seem appropriate.

5. General practice management of gastrointestinal problems assisted by Vegatest techniques

FOX Anthony D. [BHJ, 82, 2/1993]

90 patients first seen by the author in 1989 in whom the primary problem was in the gastrointestinal system were sent a questionnaire to assess (a) their immediate progress in 1989 and (b) how they have progressed since then. All were assessed for possible food intolerance and the relevant biological medicine using the Vegatest system. Of the 70 patients who replied, 30 [42%] did well initially, 59 [84%] are much improved compared to before treatment. Many had symptoms affecting other organs. A wide range of non-tolerated foods were encountered.

6. Microdose-mediated immune modulation - a possible key to a scientific re-evaluation of Homoeopathy

GRANGE J.M. [BHJ, 82, 2/1993]

The author discusses some of the clinical trials and attempts a re-appraisal of Homoeopathy by seeing whether there is any evidence in 'orthodox' science that would support the claims made by homoeopaths, particularly the micro-dose effect. The evidence for the microdose effect emerges, says the author, from the field of immunology. He further discusses 'microdose-mediated immune modulation'. An interesting article.

7. Evaluation of ten homoeopathic medicines in the clinical management of Intermittent fever

SINGH Krishna [CCRH, 15, 1 & 2/93] It was while reading CULLEN's observations on China officinalis used for treating Intermittent fever that HAHNEMANN took upon himself the experimentation of the drug to disprove CULLEN's statement and thus began the very first homoeopathic proving. The Intermittent Fever is an important clinical presentation of a multitude of bacterial and parasitic infections such as Malaria, Dengue, Typhus, Enteric Fevers, HIV diseases, etc.

The Central council of Research in Homoeopathy, [CCRH], New Delhi, undertook a clinical study of the efficacy of homoeopathic medicines in Malaria in Port Blair and Jaipur during the years 1980 - 89. Nine medicines viz., Arsenicum album, China arsenicosum, Chininum sulphuricum, Cinchona officinalis, Caesalpaenia bonducelia, Gentiana Chirata, Ipecacuanha, Natrum muriaticum and Nyctanthes arborthstis were found therapeutically effective in the management of Malaria.

The medicines were selected for an open trial to further verify and confirm their role in the clinical management of intermittent fever, irrespective of etiology. Amooro rohitaka, an indigenous drug, whose

pathogenesis was being clinically verified separately and in a different setting, was also included in the study.

144 cases who presented intermittent fever were studied during the period from 1989-90 to 1991-92 at Port Blair. The medicines were prescribed on the basis of clinically verified pathogenesis as deduced from the earlier study conducted during the years 1980-89 to individual patient(s) who presented with corresponding signs and symptoms. Duration of complaints varied from 1 day to 1 year. The medicines were presented in potencies varying from 6 - 200 CH depending on the age of the individual subject and also duration of complaints. The treatment varied from 1 day to 2 months in different individuals. The medicines gave varying success rate of 75 - 100 percent. The signs and symptoms which have been clinically verified during the course of study have been tabulated and discussed.

8. Role of Homoeopathic Therapy in HIV positive

Thalassaemics SINGH, V., RASTOGI D.P., DEY S.K., RAOP.K.

[CCRH, 15,1 & 2/1993]

The Regional Research Institute for Homoeopathy, Bombay undertook studies in HIV infection with homoeopathic treatment. From June 1989 to October 1993, 186 cases of different risk groups were registered and 12 cases of these were thalassaemics under the; category of recipients of blood transfusion.

The conclusion arrived at was that homoeopathic therapy plays a vital role to arrest the progression of HIV infection, maintenance/improvement of immunological status and helps in stabilizing the annual blood consumption and rate of haemoglobin fall in Thalassaemia.

VII. BIOGRAPHY

1. Dr.Dorothy SHEPHERD - A short biography.

(NJH, 1,5/1992)

Dorothy SHEPHERD was born in India in 1883. She studied Medicine and served as a Surgeon in various hospitals. Subsequently she developed interest in Homoeopathy and studied under Dr. KENT. During the World War II she served in the worst war-ravaged areas and thus had ample experience in First Aid. She died in 1952. She has been immortalised in her famous books **Magic of the Minimum Dose** and **More Magic of the Minimum Dose, A Physician's Posy, Homoeopathy for the First-Aider.**

VIII. HISTORY

1. Die amerikanische Homöopathie des Neunzehnten Jahrhunderts - ein Lehrstück für heute kurzer geschichtlicher Abriss und einige

Homoeopathy of the 19th Century - a lesson for today. A brief historical piece and some inferences)

SCHUPPEL, R. (AHZ, 238, 2/1993)

While Homoeopathy could successfully establish itself in many countries in the nineteenth century it was particularly successful in North America. Very soon it gained access to the Colleges. The rapid rise was followed with equally rapid decline until it was of no relevance. The reasons for this are discussed in this paper. From the past mistakes some inferences could be for Homoeopathy today.

IX. EDUCATION

1. The French Model for education of homoeopathic physicians

MONTFORT Thierry [Resonance, 15, 3/1993]

The author proposes the French Model of homoeopathy education for conventional doctors in the USA. Thirty-two percent of French family physicians have now incorporated Homoeopathy into their daily practice, seven percent of all doctors practice Homoeopathy exclusively. The French model is explained and the author recommends it for USA so that as Homoeopathy enters the 21st century there will be the required number of skillful and enthusiastic homoeopathic physicians which is all the public wishes.

X. GENERAL

1. Group analysis

DAM, K. (Simillima, 2, 1/1993)

In the book "Homoeopathy and Minerals" of Jan SCHOLTEN [Utrecht, Holland] group analysis as a method is explained to prescribe small compound remedies (like Bar-f., Calc-mur., Kali-n., Mag-br., etc.). JAN studied a group of remedies - (e.g. Natrium salts) in literature but especially in his own patients and extracted the specific traits the Natriums have in common. He did so for every group. By combining or rather letting react the traits of two groups the characteristics of the salts of these two groups could be more or less predicted. That the method works (at least in JAN's hands) can be seen in the wealth of cases in the book of those very small remedies of which hardly or no Materia Medica is available. At present the book is being translated into English and will be soon available.

2. Een Huilende Pruin (A weeping Prune)

DETERMANN Jolly (Simillima, 2, 1/1993)

Two plant cases are related: the weeping Prune got lice (tears) after the death of the last owner of the garden; Ignatia XM cured.

An offended Hibiscus (being moved around all the time against her wish) recovered from lice after Staphysagria 30. In the initial aggravation she lost all her leaves.

3. Nur ein Einzelfall (A Singular Case)
KLUNKER, W. (ZKH, 37, 1/1993)

Case history of a 57 year-old woman with catarrh of the upper respiratory passages since 45 years, cured with Tuberculinum followed by Calcarea carbonica. The author makes commentaries after raising the question of the purpose of publication of cases.

The homoeopathic literature has a reservoir of case reports published in the past by masters which teach us many things. Proving symptoms are reverified and the clinically observed symptoms are identified apart from the proving symptoms; the characteristic symptoms are confirmed. An excellent analysis.

4. Interview mit dem Leiter des "Central Council for Reserach in Homoeopathy" in New Delhi.
GARTNER, A. (ZKH, 37, 1/1993)
Dr.A.GARTNER interviewed Dr.D.P.RASTOGI

in New Delhi in July 1992. The first success of Homoeopathy in HI V infected persons and the therapy of Meningitis epidemics and Encephalitis epimedics as also Filarisis are revealed. Further the relation of Homoeopathy witr Allopathy and Government bureaucracy are also discussed.

5. Diatetik und Hombopathie (Dietetics and Homoeopathy)
EPPENICH, H. (ZKH, 37, 2/1993)

Proceeding from the present-day dietetic questions - healthy diet, the unhealthy tobacco, coffee, alcohol, sugar, etc., the many health-injuring medicament-abuses - the great need for a healthy life-style, ethical consideratons, HAHNEMANN's life-style, the author elaborates on the diet conducive with homoeopathic treatment. The disucssion and the bibliographical data are quite interesting.

6. Boundaries

CASTRO Miranda (JAIH, 86, 3/1993) (A Presentation given at the 1993 A.I.H. Conference, Falls Church, VA (USA)

A penetrating inquiry into our motivations for becoming physicians and homoeopaths, scanning for the possibility of ourselves being survivors of PTSD (Post-traumatic stress disorder) and the resultant effect on our owr professional relationships. Suggestions are offered pertaining to the establishment of proper and ethical professional boundaries - physical, emotional, sexual, and social. Boundaries serve to provide a safe and trustworthy haven within which the

work of healing can take place. Very practical and effective guidelines are given to put our patients at ease and make their visit to the homoeopath a reassuring one. The symptoms of "homoeopath's disease" (rooted in codependency) are identified.

7. Ohio Homoeopathic Medical Survey: A Needs Analysis and Implications for Political Action

BOGNAR Holly, GARN Michael, HANTEN Edward (JAIH, 86,1/1993)

A statewide survey of Ohio users of Homoeopathy was conducted to gather demographic data and users' personal views about Homoeopathy in several areas; such as, Homoeopathy's perceived efficacy, users' political concerns, complaints regarding accessibility of Homoeopathy to the general public, etc. Some of the impressions collected were the following: most users of Homoeopathy were attracted to it in an effort to improve their own and their family's health; 88% of users found Homoeopathy effective; those who employed the guidance of a practitioner found Homoeopathy more effective than those who did not; 51% utilized the services of a homoeopathic practitioner; 91% saw the need for state legislative approval of Homoeopathy as a complementary health therapy; 76% were willing to support financially the Ohio State Homoeopathic Medical Society; many users felt that government control of homoeopathic certification would lead to the ultimate downfall of Homoeopathy; others supported the certification process; complaints were registered with regard to the lack of availability of professional homoeopathic services to those who lack adequate financial means or insurance to cover the cost of homoeopathic treatment; overall preference of the homoeopathic system of treatment was based upon the perceived safety of Homoeopathy.

8. Homoeopathy and the Media - the continuing story

BORNEMANN, Jay P. [Resonance, 15, 2/193] In 1992 there was a TV discussion which debunked Homoeopathy and there were many protest letters to the Programme. BORNEMAN raises the issue as to how we, the homoeopaths, as a community should approach and respond to media scrutiny and attention. A definition as to who we are as a community is critical at this time. The moment someone from the community adopts a slightly different mode of practice the others distance themselves. Live and let-live is not practised. The second issue is how to protect ourselves. This is by carrying out fundamental researches. With increasing demands for Homoeopathy we will be coming under the scrutiny of the Media more and we must be prepared to stand such scrutiny.

9. Homoeopathy in Nigeria - a traveler's report
YASGUR, Jay [Resonance, 15, 3/1993]
This is a brief report of the state of

Homoeopathy in Nigeria. Homoeopathy is comparatively new in Nigeria. Dr. J.U. ATTAI is There are several Associations and all of them were brought together in the National Council of Homoeopathic Associations established in 1989. In 1990 through the efforts of Dr. ATTAI, M.A. AWUDU and others, a fact-finding panel was formed and as a result of all these Homoeopathy came to be established in Nigeria. In general, Nigerian Homoeopathy is practised and instructed following the Indian model.

10. What is alternative? Is this an appropriate term for Homoeopathy?

NEUSTAEDTER, Randall

[Resonance, 15,3/1993]

Alternative medicine, Unconventional therapy, Complementary medicine - all used to denote healing systems other than Allopathy are all pejorative and is not acceptable to Homoeopathy. These terms are demeaning. At least we should not refer to ourselves in this way.

11. The hundredth monkey as the principle applies to Homoeopathy REICHENBERG-ULLMAN, Judyth

[Resonance, 15, 2/1993]

A new idea or skill that comes into the collective consciousness had spread very quickly to many people is called the **Hundredth monkey principle**. The idea is elaborated upon in Ken KEYES' book **The Hundredth Monkey Principle**. The author says that she found this principle often at work in Homoeopathy. Someone presents; a remedy in a Seminar or Conference or in private conversation and soon very many other colleagues get cases which call for that remedy. These relate generally to lesser-used remedies. It is useful to learn about our remedies from colleagues. In this way the vast amount of reliable information available gets more accessible to far more persons. Each of us as we study and learn, do so not just for ourselves; but for all of us.

12. Why Parents like using Homoeopathy for their children - Two interviews LEVATIN, Janet [Resonance, 15, 3/1993]
The author interviewed two mothers to

ascertain why they chose Homoeopathy for their children. How they came into contact with Homoeopathy, the immunization question, the personal attention given to the role of Homoeopathy during pregnancy, etc. all come in for the discussion.

13. Power in the consulting room CASTRO Miranda

(The Homoeopath, 13, 1/1993)

A look at the patient-practitioner relationship from a 'power perspective' and how we can use our power, with awareness and responsibility, and by so doing, become real healers. It is important that the patient-practitioner relationship is kept up appropriately;

considered to be the father of homoeopathy in Nigeria.

while the homoeopath has all the expert knowledge, the homoeopathic knowledge, it is the patient who is expert about him or herself and knows more about him her self.

The powers are, to put them briefly:

The power in listening: to listen with undivided attention, willing to hear what the patient has to say; when the practitioner is distracted in any way, or interrupt the patient, this power is lost.

The power in healing: to heal others the practitioner him/her self must be a role model of health; compassion, non-judgemental observations, turning questions into statements, asking the patients what they need; remember that the patients have inner healers.

The power in medicines: there is power in our medicines, in our skill and ability to use them and we should honour that with each prescription.

Power as teacher: inform the patients about what we are doing, our science; ask the patients whether they have any questions to ask, etc.

The power as a human being: to empathize with the patient

The power of trust: building trust with the patient, rapport

The power of the patient's inner wisdom: ascertain from the patients what in their own experience are their processes of falling ill, why they are ill? Often the key that unlocks the case comes thus.

The power of creativity: listen to the right brain, creative side, intuition.

The power of humour: relieves tension

The power of affirmation: affirm what is healthy in the patient.

The power of flexibility: flexibility to suit the patient

The power of hope: one of greatest powers is to instil hope, and to acknowledge our belief in our patients' inner healers. 14. Vital Force: View to the future

SHEMMER Yair

(The Homoeopath, 13, 2/1993)

In Homoeopathy we should continue to evolve from the 19th century perspective. Integration of our profession. Homoeopathy of the 19th and early 20th centuries was very clinical and conceptually oriented. In practice, focus was on pathological states and the theory was based on rational concepts which were accepted without a deeper understanding about their nature. Recently the emphasis is on psychological aspects, especially in case analysis and our understanding of our remedies, 'essences' and a deep analysis of the mental

state of patients.

In this article the author opens a door to further exploration of the human energy system, namely the Vital Force.

15. Which direction Homoeopathy? The hero's

journey CARLYON Julian

(The Homoeopath, 13, 2/1993)

This article also examines the new ideas that are coming up in depth-psychology and energy physics, knowledge of the unconscious psyche. Disease is being understood as a phenomena, as a dynamic compensatory pattern of polarities, having its genesis in the psyche, with the results of these unresolved conflicts being imprinted in the body as functional disturbances of one sort or another, which if neglected lead eventually to organic changes. While JUNG demonstrated the compensatory relationship between conscious and unconscious, Homoeopathy has been able to go further by including the body in this relationship which becomes a single unified phenomenon in which body can be thought of as a dimension of the psyche.

The author proposes looking at Time not as a linear one but circular, healing as a true expression of the whole self.

A very interesting article.

XI. NEWS AND NOTES

I. Steve OLSEN, reports on **George VITHOULKAS' Seminar** in Toronto, Canada. (Simillimum, 6, 1/1993).

Some highlights::

In the case-taking process we must be vigilant in listening without prejudice, suspending all judgement, and staying with the facts. The information must not be distorted by interpretation, imagination, or emotional involvement with the patient. Only then there is the possibility of producing a clear, living image of the symptoms that will indicate the right rubrics to choose. We must be reminded of this, no matter howsoever often. VITHOULKAS demonstrated this by a Mandragora case. In another case, a deeper insight into Hepar sulphuris was perceived. The patient had terminal cancer; an extremely sensitive person; never had felt loved by her parents, deprived of all affection, a life of misery and bitterness towards her parents ("I got cancer to make my mother suffer") Fear of wasps, a key-note for Hepar sulphur, fear of being destroyed, fear of violence, fear of sexual contact; she feels she is disintegrating; a fragile sensitive person, a history of constant pain, hates her body, wants to destruct, thoughts of suicide, knots of emotional pain.

There were other cases that showed living examples of Philosophy, Case management, and Materia Medica.

II. Greg BEDAYN writes (**Fear and loathing at**

camp Allopathy, Simillimum 6, 1/1993) that on October 6, 1992 Bill GRAY had an interview with a rabidly aggressive anti-homoeopathy baiter on a television broadcast.

The interview was unfortunate and next day however, the producer for CNBC called Dr. Bill GRAY and apologized and said that their office was flooded with calls, all positive for Bill GRAY and Homoeopathy. "Where can I find a homoeopath in my home town?" was the most common question. And most of the callers wanted Bill to be invited back to talk on Homoeopathy. This seemed to be first glimpse of an immense groundswell of irrepressible national interest in Homoeopathy. Similarly Dr. Fuller ROYAL's talk on the NBC was also resented by a very large number of viewers and the NBC planned to do a follow-up segment. However, the result of the Fuller ROYAL episode was that Dr. Michael CARLSTON.MD who was training family practice in Homoeopathy received a fresh surge of positive response! There has been protests from all over for these broadcasts.

Homoeopaths who take part in so-called panel discussions with the dominant school are generally mild-mannered and untrained to combat aggressive, rabid attackers.

Miranda CASTRO's weekly three minute show on the British National Television, The Big Breakfast, in which she talks of home-treatment of common acutes has been extremely popular.

III. **The Maui Academy of Homoeopathy**, held a week-long Seminar in Maui, Hawaii, in November 1992. Featured Speakers were: Roger MORRISON, Nancy HERRICK, Louis KLEIN, Jeff BAKER, and Steve SUBOTNICK. Over 50 homoeopaths attended this Seminar in which the 'small remedies' were discussed. Some 'samples' of the cases:

Nancy HERRICK presented a video case of a Chronic Fatigue Syndrome, in which Nux moschata was the remedy. "Nuxmoschata is a big remedy. I see it often especially with chronic fatigue syndrome. It is a deep remedy. It is an open remedy. They can be vital when they're connected and "on"; they are really with it. Even their worse states they will have moments of clarity and energy. They tend to go in and out. can be spacy, as if floating; confused.... It's a big remedy for infants with colic. Nux moschata infants can have a soft stool that goes on and on but they don't release the stool. Colic with soft stool, hard belly, screaming, and going long periods of time without stool. Some Nux moschata babies sleep a lot, needing to be woken for feeding, with low vitality."

Lou KLEIN in his Introduction:

1. We first try to understand the patient, to get a clear perception of that person's limitations.

2. Then we organize, prioritize that information.

3. Carefully we either choose rubrics or match the information to **Materia Medica**.

4. Repertorization or the study of **Materia Medica** completes the process.

It is real mistake to try right away to fit a remedy to a patient. We need to go through the four steps of this process.

As the patient speaks we start writing; what we write down may be different from what another homoeopath might record. Even as we write we abbreviate the case; We need to see what is really going on. It is best to write down what the mother and child say almost verbatim. Then we go through the process of actually selecting rubrics. The remedy is secondary to the process that we are going through.

Case of a male age 9, Depression, since 5 years old. Goes into rage, wild like an animal. Apologizes after the rages. Lyssin M brought about the desired improvement.

Whenever we give remedies like Stramonium, Hyoscyamus, or Lachesis we must think of Lyssin. The core of Lyssin is a delusion that they are being tormented.

IV. People in Practice: Homoeopathic Inheritance

- Interview with Dr.SANKARAN GUPTA
Amita
(IJHM, 27, 4*1992)

A very interesting interview with Dr.Rajan SANKARAN wherein SANKARAN explains how he came to discover the importance of 'Delusions' in the selection of the remedy, 'Delusion' vis-a-vis 'Dreams', his technique.

V. Dr.B.LKHANNA, New Delhi, writes (QH, 1,1/1992) that a 'special' vaccine representing varied combination of specific and heterospecific hyposensitizing allergens, wide variety of bacteria isolated from the mouth, nose, throat, nasal sinuses, sputum, faeces, septic focii, from acute and chronic infections of the respiratory tract, great variety of intestinal pathogens and organisms belonging to salmonella and dysenteric group has been prepared. He states that this vaccine was effective against many allergic disorders; he also says "asthma which till recently was known as incurable disease is now curable" as borne by the study carried out by the author on 18,100 patients during the years 1978—1990 in which 82% were cured, 14% recovered partly and no effect on 4%. The vaccine is available from the office of the President, College of Chest Physicians, B-9, Tagore Garden, New Delhi—110 027 (Phones 502204, 5459783).

VIA brief sketch of the Transactions of the Liga Congress 1991 in Cologne has been very

nicely sketched by Dr. W. GAWLIK, in the AHZ, 238, 1/1993.

1)BAR, M. **Problems in the application of classical Homoeopathy to animals:** Essentially, he made it clear with two cases that **Repertorium Generale** cannot be employed as **Repertory of Animals**.

2)THOMAS, CH.: **Over dose of Mercurius D6 and Silicea D6:** An infant treated with Mercurius and Silicea in proper dose and potency for a bone-marrow Aplasia. Use of these remedies in the above potencies lead to serious consequences.

3)CREMONINI, C: **Paragraph 16 Organon:** Definition of homoeopathic medicine is discussed.

4)GAWLIK, W. : A case of Magnesium carbonicum: The symptom complex in a patient is in exact relation with the Magnesium in nature. That is, we find a strong ambivalence of the biochemical effect of Magnesium, also an ambivalence particularly the mental symptoms of patients. By accident a syndrome - disorder came up which was remedied by Magnesium.

5)CREMONINI, C: **Disease is a Probe:** A philosophic-psychological depiction of Homoeopathy. Symptoms are the pictures of the mind. The mind projects the miasma within us and a shadow emerges. ARISTOTLE, HERACLITUS and other authors are referred to. Disease moves along with a deformed mind.

6)SWOBODA, F.U.; KONIG, P.: **Drug proving of Gingko biloba D30:** Symptoms of provers are reported.

7)TIEDMANN, M.; BOTTGER, H. E.: Experiences with drug provings in the **Academy for Homoeopathy and Nature cure in Celle:** BOTTGER spoke about the drug provings of some unknown plants. BOTTGER pointed out that only by intensive interrogation could the symptoms be correctly ascertained. He spent at least an hour a day in conversation with the prover. A very clear, very impressive and many new aspects of general directions and fundamentals of drug provings were contained in this talk.

8)SOLER-MEDINA, A: **Interpretation and delineation of Aph. 210-230: On mental diseases.**

Three points are to be kept in view:

- 1.the physical situation;
- 2.the endocrinopathic situation like climaxis, etc.;
3. lastly, the mental symptoms of Schizophrenia, Neurosis, and endogenic psychosis.

The individual paragraphs are interpreted.

9)BAUR, J.: **Homoeopathy and Ethology:** The case of a child is stated and whether a prescription is to be made or not is discussed.

HAHNEMANN's views were against the dangerous medicines of his times. And HAHNEMANN recommended hygiene and lifestyle and other hindrances to be removed.

The case of a woman with suicidal thoughts is reported. It is clearly laid that the emotions are as essential as the pathological organic changes. The life style must be altered.

10)FAHRNOW, I.M.: **The Potency height** - a dynamic quarrel amongst homoeopaths and their significance for the education of our trainees: Two questions are clarified:

that a wrongly chosen homoeopathic medicine can cause suppression.

secondly, to fix a low and high of potency.

The speaker said that there must be individualisation, i.e. We must set the drug potency to the disease dynamic in analogy. A structural rule cannot be laid, but the decision must be individual.

Excellent, in good style explained. There was lively discussion.

11)BEHNISCH, G.: **The problems of prolonged treatment of chronic cases:** The problems of prolonged treatment of chronic patients during HAHNEMANN's times and now, are compared. BEHNISCH also said that there are conformity of potency and there cannot be either. The potency must be possibly adequate to the patient's temperament, vitality, activity and creativity.

12)PREIS, St.: **Errors in the prolonged homoeopathic treatment:** Paragraphs 80 and 81 are referred to and it is demonstrated through a case in which Veratrum album and Tuberculinum did not help and then Bufo - and after that Veratrum album succeeded. It is clearly pointed out how problematic long-time treatment can be and what mistakes are involved.

13)NIEDEEGGEN, G.: Long-time case management - a complicated case: A longtime treatment of a complicated case, in which Arsenicum album in severe anxiety, fear of going crazy, was given. After a dose of LM 3, reaction with depressive thoughts, after LM 6 clear improvement. Psycho remedies were slowly reduced, no more depression, no asthma and clearly increased self evaluation. Further LM 9 for slight return of symptoms.

14)STEINHOFF, G.: **Further criteria for the evaluation of the course of a case:** The objective symptoms, the conduct and the temperament are the essential moments in the study of a case.

15)KONIG, P.: **Panikattacks with Aconitum:** Two cases are presented which fit exactly the remedy picture of Aconitum in which the anxiety was always in the foremost and whereby considerable somatic ailments occur as also mental symptoms after acute panic situation. Very impressive depiction; it is also interesting that the handwriting of the patients (two patients from entirely different places and social state) was very similar [see H.V. MULLER's No.4 in **Therapeutics Section**]

16)MANTI: **Mental diseases:** Mental diseases with reference to Paragraph 210, philosophical, theological and ultimately psycho-analytically considered according to the principle that the Mind holds together by its vital power the body; mind and mental diseases are only diseases of the parts.

HOMER, PLATO, DESCARTES and the Bible are cited and the end-effect, the Psychosomatic mysticism in Paragraph 210 is clearly laid.

11)HAOUACHE, G.: **The scientificity in Homoeopathy:** It is presented that in the earlier times many ideas of Similarity had been carried but it was HAHNEMANN who actually found the experimental method. The author proceeds from the family parallels of inheritance, the anamnesis and the different mental symptoms. The relevant paragraphs of the **Organon** are also taken.

18)PFEIFFER, J: **Problems of the Neurodermatitis patients:** All the problems of the patients suffering from Neurodermatitis, including nutrition, medication and particularly things that are connected with self-help organisations, are discussed.

19)GERHARD, W.: **Homotoxicology as a total view of the Synthesis of Medicine:** A very clear, very brief, but impressive depiction and presentation of Homotoxicology.

20)WIJK, R. Van: **Information on the fundamental research with potentised substances:** Results of researches with EAV are reported. The author says that reactions occur by the physicians also not only in the patients. He lays down his opinion through different placebo trials against Verum.

21)SCHWEITZER, W.: **The homoeopathic library as reservoir of homoeopathic knowledge in 200 years.** As the director of the **German Homoeopathic Library** said that HAHNEMANN knew only 60 remedies, but now it is 4000 to 5000. There are now over 4000 titles in the library. He said that there were alphabetic author index, title index, key-word index and a decimal classification. A central catalogue was also under preparation in collaboration with the larger homoeopathic libraries.

22)SCHRAMM, H.J. : **HAHNEMANN and the Psychosomatic now:** Classification of the state of psychosomatic diseases. Psycho medicines inhibit the immune systems; the Neurosis theory fully merges into the Psora theory. The lecturer closes his lecture with reference to ORTEGA, PASCHERO, and FLURY. Very clear, impressive and in many places fascinating reflections on the associations between Somatic and Homoeopathy.

23)Prof. HORNUNG, J. : **On the state of research in Homoeopathy:** Proposals for scientific researches in Homoeopathy. Impressive, clear talk to be taken note of for research work.

24) CHAND, H.: **Case Report:** Reported in his own manner of a suppressed, severe neurotic symptom. This interesting case has been very clearly reported, brilliantly told. There was much discussion on art of medication of Mr. CHAND.

25) SCHOPFER, H.J.: **Manufacture technology:** Clear talk about the potencies manufactured and available in the DHU.

26) EMDOER, P.: **Experiments on Amphibians:** Report on animal experiments. Thyroxin D30 slackens the movement as against the control group. Excellent talk with many new points for experimental reasoning of high potencies.

27)DRECHSLER, L: **The unhomoeopathic treatment of the mentally sick:** The speaker refers to Paragraph 228 of the **Organon**; the mentally ill must be met with appropriate behaviour and attitude by the physician; not force his opinion, but accept the patient's opinion so that to lead him with similar mimic, gestures and bearing. A genuine analogy between patient and therapists. All points of view clearly brought out and placed.

28)KENNEDY, O.: **Homoeopathy and the Liga:** Sketches the Liga work, its viability as well as winding-up possibility. With all solemnity one could not keep from smiling

29) KELLER K.: **Legal conditions for homoeopathic medicines in Germany:** Mr. KELLER is the official Director of the German Health Department. He spoke pointedly on the problems and the solutions.

30) KANT. H.: **The parenteral administration**

in homoeopathic therapy: The speaker reported about the experiments in his clinic about parenteral administration of homoeopathic remedies and pointed out that in specific diseases specific medicines are clearly more effective by parenteral administration than by oral route.

31)DENYS, G.: **HAHNEMANN and the Dynamisation:** The speaker proceeds in chronological order since 1801 HAHNEMANN's proposals for dynamisation of the medicine. In 1801, he begins to shake a minute, later 3 minutes, then 10 times, 2x, 10x, 50x and in 1843, 100x, and then turn back. A very impressive, very interesting work, which also shows how long and how much HAHNEMANN has thought over until he came to a final solution. The speaker knew well the fundamental knowledge of HAHNEMANNian works.

32)FELDHAUS, H.W.: **The economy of homoeopathic treatment methods in Dental panel practice:** With very impressive statistics the speaker points out with corroboration through many cases that in every case of operation since many years he gave Arnica 30 routinely. Compared with the dentists who do not employ Arnica his practice was 40% less costly because there were no complications and post-extraction treatments.

33) KOSTER, W.: **A logical exposition of Aph. 153, and 154 of Organon:** Very interesting, extremely thorough exposition of the singular, rare, characteristic symptom.

34) POPESKU, S.: **Mental symptoms, reflections from the Materia Medica:** Hallucinative, illusionistic, imaginative symptoms. The speaker enumerates individual symptoms from these Symptoms group, of Anacardium, Anhalonium, Arnica, Aurum, Belladonna, Calcium carbonicum, Platina, Sabina, and Stramonium.

35) BARTHEL, H.: **Treatment of Psychosis:**

The speaker spoke about the Psychosis as chronic disease; he advised patience and composure towards the patients. He cited HAHNEMANN that psychosis is only a normal bodily disease and reports a case of psychosis with suicidal disposition. The report is clear. Further cases followed from other speakers which lasted 45 minutes.

36)FISCHER, U.: **The difficulties in the differentiation and definition of Mind and Mental Symptoms:** With examples from the "**Kent**" and **Pure materia Medica** symptoms the speaker differentiates the Mind and Mental symptoms rubrics. He also points out that Aurum has not been well represented; also Aph. 98 is not well represented in the "**Kent**". A very critical, and excellent and thought provoking lecture.

37)DOMINGUEZ, F.: **Report on the Aph. 216,** in which the centrifugal dynamics of the symptoms from within without has been explained, as a pointer of the Vital Force directly, where the self-healing takes

place: The subtlest organ of the body is the brain and with that the mind the miasmatic disturbances of the Vital Force, that is the mental diseases and sometimes also the physical, are clearly explained.

38)TORRES, E.: **Aph. 220:** If the patient is heard, one experiences that the patient thinks that he has explained something significant. He then gets self-confidence and - if he is heard further attentively - would speak of deeply lying and deeply touching symptoms. Very good lecture, very impressive, it pointed clearly the problems of mental symptoms which are often neglected.

39)TORRES, R.: **Aph. 229, Aph. 230:** According to Aph. 9 and 229, 230, the mental disease is not a disease of a part, but belongs to the whole person. When one recovers from mental disease, one is not healthy for long, if all other behavioural disorders and mental symptoms etc. are also not well. He gives clear instructions not to criticise the patient, not contradict except in emergency what he thinks, so that he does not soon observe that he is not mentally well and slides back in his own self regard. Essentially it is about the moral quality of the physician.

40)ALCOVER, G.: **Miasmatic symptoms in mental diseases:** Will and Intelligence lose their coherence in the presence of the mental diseases. Treatment becomes necessary then. Then symptoms of the three miasms are put forth and the therapy with the three miasmatic remedies.

41)ORTEGA, P.S.: **Aph. 215:** An exhaustive, sometimes slightly difficult-to-understand report of a woman with 6 children whose anamnesis revealed at first brutality, much emotion, often times animalistic bestiality, which ultimately lead to the finding that first aggression and then resignation and then heart rhythm disturbances.

ORTEGA points out that the genetic information which is available is aggravated by the life situation and thereby the Dynamis, the Vital Force will be ruined, so that the life which is lived by the patient is difficult to be learnt by the physician since the patient is not depicting his life but life which he pretends to be living. It is difficult for him to open up before the physician and it will be still more difficult for the physician to find away.

ORTEGA enters, into the details further into the basis of the Psora in many aspects and then shows that after administering a dose of Natrium muriaticum in the case on hand, a clear change for the better began, a clear improvement of the Vital Force and further the important self - confidence and self-experience in own body.

42)GNAIGER J.: **Anxiety, Yearning and Incapacity of Lac caninum:** Lac caninum produces anxiety, yearning for security, stability. One thinks of the infancy of the animals. The

lecturer cites three cases; all of them indicated anxiety, yearning for security and love, have a loss of self value and felt to be looked down upon and that they did not fit into this world. A triad: Anxiety - behavioural disturbances - and lymphatic complaints. The lecture was excellent, clearly laid, stylistically very good so that the end-effect was that this lecturer richly deserved the "Samuel" prize.

43)RAMAKRISHNAN, A.U.: **Homoeopathic case study of a Systemic Lupus Erythematosus:** Three cases with subjective symptoms and clear improvement of the laboratory parameters after appropriate Nosodes, Tuberculinum among them, are reported. Very good lecture, clearly presented case study.

44)CZERNICKI, W.: **Veterinary case:** The lecturer reported a Phosphorus case and a Hyoscyamus case in her well-known very lively and overall convincing, and academically clear, form. It was a pleasure to hear her.

45)SCHERER, W.: **Injections therapy with Homoeopathy:** A case of Herpes zoster and a case of Thrombophlebitis, clearly reported, clearly defined with distinct hints for the essential indications for injections therapy.

46)CENERELLI-CAMPANA, C.: **A Lycopodium case:** An acute case, an anxious patient with bouts of weakness, fear of death, fear of ghosts and devils. Aconite seemed suitable but when considered with all the other symptoms Lycopodium fitted.

47)TOLEDO, F.D.: **Mercurius versus Suicide:** A good case report in which Aph. 218 has great relevance.

48)POLOS: **Portrayal of a larva, which grows in a swampy region and presented in a mother tincture and which is evidently active:** Useful in C6 in Osteoporosis. The larva must die in the alcohol, otherwise it has no medicinal energy. Not very clear lecture.

49)OSTROWSKI, A.Z.: **Calcium carbonicum in Therapy of the Central Nervous System:** Good presentation of 5 cases, which have been treated with Calcium carbonicum. In general all activity was slowed, twitching muscles of the face, besides aggression, speech difficulties, vital retardation.

50)DRAHNE, A.: **Sexual counselling and Therapy in a Gynaecological consultation:** Spoke on the application of specific medicines in frigidity and inability to achieve orgasm.

51)AGUILAR, G.: **Genetic informations of molecular structure determines the Individuality-structure of a person:** This theme

is with regard to the structure of a medicament and analogy to human likeness.

52)FLORES, F.F.: **A clinical case of patient, who is not only a victim of his disease, but also of the Therapy:** With the example of a chronic Colitis the onset of the therapy always in accordance with the Aph. 207, and 217 in the **Organon** are clearly presented.

53)RISQUEZ, F.: **Psychotherapy and Homoeopathy:** A married man with 4 children suffering from depression for 25 years, is presented. He was always depressed and complained again and again of panic attacks; had consulted 8 psychiatrists and was carefully examined, had from 1988 to 1990, 155 psychotherapeutic sittings. Sepia, Pulsatilla, Lycopodium and Phosphorus in very high potencies and at long intervals were given. In the end he became genuinely better. The breakthrough came through homoeopathic medicines and not through psychotherapy.

VII. Report on the 144th Annual Meet of the German Central Association of Homoeopathic physicians from 28th to 30th May 1992 in Bad Krozingen [Germany], by K.H. GEBHARDT and H. KUHN [AHZ, 238, 2/1993] - some extracts:

1)In his opening address Dr.GEBHARDT spoke on the general theme "Suppression and Hindrances in Homoeopathy" and said that Homoeopathy is not only essentially a therapeutic but also a theory in Medicine. Suppression of different currents in Homoeopathy and disputes within the ranks have inhibited Homoeopathy from progress and diffusion within the general Medicine.

2)Dr. THURKAUF from Basel spoke on "**Life is more than the sum of Chemistry and Physics**". He said that in modern science the quantity [the what] played a greater role while the quality [the Why] is neglected and to keep off from that which is behind everything, the moving power [the Who] which ultimately is God. THURKAUF pointed out that a truly human science can be brought about only through union with God.

3) Dr. H. PFEIFFER: **Vaccination from HAHNEMANN to today:** He raised three basic questions:

- a) Are Vaccinations beneficial or harmful?
- b) Are Vaccinations to be substituted by Homoeopathy?
- c) Are the adverse effects of Vaccinations homoeopathically treatable?

In the eleventh century in China the scabs were used to Vaccinate against pox. In the sixteenth century the scabs from Variola minor were used in China. In 1796 JENNER introduced the cow-pox and the first victim of pox vaccination was JENNER's son, who suffered a brain damage. A well-known victim of the modern days is HELMUT WALCHA who became blind.

HAHNEMANN saw in the cow pox a genuine positive development. In his days men were able to tolerate it. Today they are immune-weak.

CHANG said that in India there were so many infectious epidemics that there has been much depopulation.

According to VOEGELI the consequences of Polio are so horrible that vaccination is justified.

As a consequence of Vaccination diseases can appear from

- a) incompatibility of the vaccine
- b) Vaccination disease [from active vaccination with weakened virus]
- c) Appearance of diathetic weakness [the vaccination which arouses a chronic disease, which is in accordance with the miasmatic basic disturbance]

Contra-indications for vaccination:

- a) Suspicion or manifestation of central co-ordination disturbances e.g. premature births, birth deficiencies, child-birth complications, CNS disturbances, anamnestic risks.
- b) Allergies or allergic families. Vaccinations should be given only after the maturity of the brain, i.e. after the first year.

Vaccinations can be replaced by Homoeopathy, e.g. polio vaccination by Lathyrus sativa in high potency or the appropriate disease nosode in high potency; prophylaxis for the infectious diseases can be done through the appropriate Nosodes in high potency.

Vaccine diseases can be handled homoeopathically:

- a) Acute: through the remedy similar to the disease picture e.g. Apis, Echinacea, Hepar, Kali chloratum.
- b) Chronic: "the chronic vaccine diseases accord with the fundamental miasmatic disturbances, e.g. with Arsenicum, Sulphur, Silicea, Thuja

4) M.OTTO.: **Vaccine diseases - Cases:** Cited cases from literature of four brothers and sisters who suffered severe cerebral disturbances. Also COULTER'S cases of complications after DPT vaccinations. She spoke of her own experience of an Encephalitis after DPT vaccine.

5)Dr. F. GRAF.: **Suppression by Vaccination:** A case of Bronchial asthma and chronic infection after pox vaccination, which after thorough psycho-anamnesis pointed to Thuja which essentially influenced the course of the disease.

6) Dr. DRAGER.: **Suppression by FSME - Vaccine:** FSME can in a way be used for the anxiety neurosis of the vaccination supporter.

1] Vaccinations can cause vaccine diseases, acute and chronic. Chronically ill children who on one side tending to a vaccine disease.

2] Problem diseases like Tetanus, Poliomyelitis can be prevented effectively through vaccination; for prophylaxis for diseases after vaccinations, nosodes can be employed.

3] The Need - Risk relation in FSME and Pertussis are particularly unfavourable and therefore these vaccinations are not recommended.

4] The time for vaccinations must be considered - best only after brain development i.e. after the first year - as much later so much better.

5] Single vaccinations are to be preferred to mixed vaccinations to avoid inundation by different antigens.

7)Dr. Mrs. JUTTA ROST in her lecture "**Focus of infection and as hinderances**" said that frequently the focus was in the teeth and maxillary region, in the region of tonsils and the sinuses. Very slight causes may invoke the focus. Often such focus may be latent. The objective signs for the triggering of the latent focus should be recognised.

8)Vet. Dr. Mrs. CZERNIKI spoke on "**Hormonal manipulation as interfering factor in the Therapy**". She said that frequently hormones used in the veterinary medicine were responsible for increasing the heat in animals and pregnancy. The consequences were disturbances during the gravidity, etc. HAHNEMANN had already said that iatrogenic diseases are often incurable. In Mastitis in mares Antibiotic in the C30 or C200 are effective. Also constitutional medicines are successful in animals.

9)Vet. Dr. WOLFF spoke on "**Suppression by vaccination in cats**".... The consequences of abuse of vaccinations are mostly Allergies, Behavioural Disorders, Cancer and other diseases. With homoeopathic medicines [single remedies] the infectious diseases in animals can be protected. For example in Distemper, according to VOEGELI Sulphur, Tuberculinum, Lyssinum each in 200 potency in that order in turn over 7 days. No dog treated so has suffered Distemper after that. Foot and mouth disease epidemics are caused by the vaccination. The speaker referred to COULTER'S book.

10) Dr. KNOP, homoeopathic Physician and Mrs. BECK, the Gestalt therapist spoke on a

very interesting case of **suppression with traumatic result and its psychologic reaction**. A female patient, who from the 8th to 18th year abused by her father every day. She came for treatment to Dr.KNOP with the symptoms of tiredness, beaten-down feeling, sleep disturbances, psycho-physical weakness. After Natrum muriaticum she then told of her abuse in her childhood. She was then referred to Dr. BECK. There was a severe depression after abortion and suicidal tendency. Only by Psychotherapy the suicidal tendency could be slowly removed. The patient was pregnant and delivered a healthy child. She was jealous of the child and wanted to kill it. She now projected her rage on her father and mother on this child. Under homoeopathic treatment with Platina 200 once a day for three days and later with Platina 1000 the symptoms went down and for a recurrence Nu vomica which improved much. Further psychological treatment brought a regeneration and only conflict with her husband came up since the patient projected her aggression on him.

In the discussions that followed this it was said that abuse of children is more often than generally thought. In such families there was more often a "miasm" which leads to such criminal tendencies. Here lies the 13mils of Homoeopathy and the homoeopathic physician and the psychotherapist can together help the individual patient but not change the society.

11)Dr. SPINEDI made an **obituary note of Dr. KUNZLI VON FIMMELSBERG** who died at St. Gallen recently.

12)Dr. BOTTGER spoke on **the behaviour of the patient** which is unconsciously staged but which has to be raised by the physician to the conscience. The external manifestations of the patient and his behaviour play a decisive role in this. A difficult, self-controlled patient may come into the consulting room and be restless He will open himself only when he is understood by the physician. Nux vomica fits in here. A patient who appears guilty unloads his anamnesia when spoken to about it. In such cases Kali carbonicum is indicated. Another patient who suffered from headaches did not understand the questions put to him was given Calcium carbonicum D6 which not only removed this block but also healed the headaches. The risk here is that the interpretation by the physician can be wrong. Therefore the problems must be seen from view of the patient.

13) JANERT spoke on "**Unsuitable Homoeopathy as obstruction to cure**". The treatment of a part of the symptoms is wrong.

The symptoms may be transferred to centripetal. An eczema may become a bronchial asthma and from this a chronic Poly-arthritis may follow. Homoeopathy also may suppress. As example, case of 40 year-old accountant with symptoms of Pollinosis, Asthma, Eczema, burning abdominal pains, stopped nose. He was treated with Lycopodium 30 and Sepia 30 for three months in daily alternation. Proving symptoms blended with inactivity of reaction. With Sulphur M initial improvement was obtained and then with Kali carbonicum and Phosphorus 200 it was further improved.

14)Dr. PETER MAYER-KONIG spoke on "**Cancerinum and its reference to suppression¹**". Many new aspects were brought out in this excellent lecture. At the end he was awarded the "Samuel". The entire lecture will appear in the AHZ later.

15) Next J. BECKER spoke on "**Suppression from Vipera**". He spoke on the theme "Denial is useless". He took up the toxicology of the Viper poison with the introduction of the bite, leading to panicky anxiety. Locally a blue-red swelling, general feeling of stupor. In individual cases in proving with high potency, sexual excitement, immense energy, otherwise repressed energy with fantasies, awful rage, sexual excesses to the extent of incest, alcohol abuse and premonition of death. Guilt problems are predominant.

In the discussion GEBHARDT said that despite many interesting points and intuitions, the material was somewhat weak and in many ways speculative. He therefore suggested to Mr. BECKER to make a pure proving of Vipera berus with intervening placebo periods so as to exclude possible suggestions which may influence the proven

16)Dr. LANG spoke then on "**Aurum and the suppression of life**". He differentiated between a materialistic and a spiritualistic Homoeopathy and spoke on the history of gold in its symbolisms since olden times to the present day. The Aurum type wore usually blue dress which was rather worn out. Unaccustomed responsibility aggravates.

17)Dr. FRIESE spoke on "**Amalgams - Polemics and reality**". For amalgam intoxication he gave Natrum selenicum D3 regularly 3 tablets before breakfast four weeks after the amalgam is removed and every three months until the Quicksilver expulsion is evidenced in the DMPS-test. In the pregnant woman the amalgam should not be removed since the embryo is affected and may cause inner ear hearing loss in the child. Through instructive case reports he illustrated his methods.

18)Dr. KUHN spoke then, on "**Drug picture of Silver and Quicksilver in comparison to Amalgam intoxication**". With 3 cases he differentiated the symptoms which appeared and arranged them in the different metals in amalgam. He also pointed out that in those poisoned by amalgam a trembling of the tongue when it is put out and teeth imprint on the tongue have been observed.

19) Dr. Mrs. SCHUTTE spoke on "**Ulcerative Colitis from Amalgam**". He reported a case of Ulcerative Colitis which was improved by homoeopathic medicines but not cured. After Acupuncture an Amalgam intoxication was noticed and the Amalgam was removed. After that the stool improved immediately and there was no need for allopathic medicines. Mercurius solubilis D100 and D200 to decontaminate the Amalgam-removal.

In the discussion that followed HOFFMANN said that a patient who did not respond to homoeopathic medicine was improved by a DMPS-injection. Dr. MEYER-KONIG[^] said that most of the Amalgam-filling were raw and dark, others were smooth and shiny. The dangers in these cases are totally different. Dr. SPRINGER said that Mercurius solubilis in such cases was contra-indicated. In breast CarcinomE Dr. FRIESE found relatively frequent high Quicksilver values. VIII. **Report on Symposium "Homoeopathy and**

Placebo" on 8.2.1992 in the Heidealberg

University:

Some excerpts: Dr. GEBHARDT in his Introductory lecture said that opponents of Homoeopathy were against the small doses of high potencies used in Homoeopathy and also questioned the validity of the **simile** principle. As example the Cholera epidemic in India in the 70s and recently in South America can be cited to validate the effectiveness of Homoeopathy. The Mustard gas poisonings in England were treated with Mustard gas C30 successfully, injuries were healed by Rhus toxicodendron. For the validity of the **simile** principle in the Allopathic School he mentioned three examples: Colchicum for Gout and for the familiar Polyserositis, a rare Mediterranean disease, Secale cornutum for Raynaud's disease, the intermittent claudication and Migraine and a recently published cure of a persistent Neutropenia through Chloramphenicol.

Prof. SCHWABE spoke on "**Homoeopathy from the stand point of Pharmacology**". He cited the work of Mrs. NETTER; further that of REILLY and BENVENISTE's.

Dr. KIENE spoke on "**Placebo effect in clinical studies. Sense and nonsense**". He said that in every proving of a Verum against Placebo always in the Verum group a placebo effect is contained. This is not assessed in advance and therefore the results would be affected.

Dr. RICHTER occupied himself with **"Discrimination of Placebo effect from the Homoeopathic effect"**: He demonstrated that a Placebo - effect runs out after 2 to 6 weeks. The Placebo-effect depends upon the strength of the drug, its dose, the form, colour, its taste and kind of application, the application period, the condition of the patient and the approach of the physician to the problem. There is considerable difference between Placebo and the homoeopathic remedy. The action of the Placebo, weakens, runs out soon, while the homoeopathic remedy's action holds or increases. The effectiveness of a Placebo is not there while homoeopathic remedy's is present. The side-effects of the Placebo are unspecific and predominantly on the vegetative. By the homoeopathic remedy specific side-effects are observed in the form of the remedy proving symptoms, and first reactions. The appearance and kind of application of the Placebo are suggestive, while the homoeopathic remedy is anti-suggestive. Cure of accompanying diseases are absent in Placebo, but is frequent in the homoeopathic. He then spoke on the problems of proof of the effectiveness and said that the homoeopathic remedy must be proved as a whole, i.e. two groups of patients with definite diagnosis out of which one be treated homoeopathically and the other allopathically. He then cited the works of KLEIJNEN and co-workers, who analysed the efficacy of 107 studies and found of course a whole series of valid works and so came to the conclusion that the effectiveness of a homoeopathic remedy is proveable.

The last speaker Dr. WALACH spoke on **"The time aspect of the Placebo effect"**: He pointed out that all studies so far have been over a very brief period, at the most six weeks. After-effects have not been examined so far. After a period of seven weeks a Placebo-effect weakens out. An effective pre-treatment diminishes Placebo-effect. That for example is important for the judgement of a homoeopathic therapy, since the patients who go for a homoeopathic treatment had already undergone intensive treatment before. Also by the second prescription the Placebo-effect goes off rapidly. Good studies give different results. That is for various reasons. A Placebo-effect may remain stable but only in some patients.

In the discussion that followed Dr. STAEUDINGER recommended a self-proving. Every evening a globule of homoeopathic high potency to be taken and note for a week the symptoms appearing. Only after that should the name of the remedy be revealed and compared with the already known drug picture. Thus the effect of a high potency could be quickly observed by every individual to his conviction.

Dr. GEBHARDT summarised the discussions and ended the Seminar. IX. **Report on the 47th Congress of the LIGA in Cordoba/ Argentina, 27 - 31st October 1992.**

[AHZ, 238, 3/1993]. Some extracts: This Congress brought together the three schools in Argentina to one

table. Most of the speakers were from Brazil and Argentina; Europe was represented only by 12 participants. It was clear that the stage was set for the Schools of E. CANDEGABE and A. MASI.

CANDEGABE dealt with the characteristic features of Na/a tripudians and he brought into prominence the "minimum syndrome of maximum value":

- Fire, desire to be near
- Sadness, wrong way, as if having done everything in
- Delusions - troubles - brood over imaginary
- Delusions - injury - injured, is being by his surroundings
- Delusions - neglected - he is
- Confidence, want of self - self depreciation
- Confidence, want of self - failure, feels himself a
- SELF-DECEPTIONS

He depicted irreflexively the deep sadness which Na/a commands. A sadness which accompanies the feeling of having committed something wrong. He or she suffers from constant imaginary worries over unpleasantness. The sadness proceeds with an exaggerated sense of responsibility of obligation and from this comes the feeling that others have ignored him because of that even attack him. He attempts to defend himself and thinks that perhaps he was not at all the problem, but that he was a victim of a higher power. Despite that disappointed with himself, he thinks he has been completely shattered. He knows no more what he should do, as if he has two wills which are against each other, he is under its sway and at the end knows no more who he actually is.

Na/a, CANDEGABE said, feels that he does everything wrong, he sees everything poorly and black and is incapable of withdrawing from the excessive demands of his conscience. He feels himself as a failure, scorned and disappointed. CANDEGABE mentioned here a connection with symbol of fire. The fire cannot overcome its destructive tendency while at the same time drew its power and energy from the warmth which fire radiates. CANDEGABE also saw the parallel with Phoenix: the legend says that the Phoenix when it saw its end was coming, built a nest out of aromatic wood and perfumed resins and set itself afire with the sunrays. From the marrow of its bones another Phoenix came up, a symbol of

continuous death and birth.

A. MASI spoke at a seminar and put forth his points.

The Brazilians T FILHO, VALENETE DE SOUZA, LUIS DE SOUZA, ALBUQUERQUE, KNOP ZISMAN, C.de MIRANDA and MENESCAL reviewed in a comprehensive manner Anacardium orientale. The deep conflict of two wills in Anacardium orientale, the speaker said, is a separation of Soul and Body as also of Man from God.

The Argentinians de RIDDER, ZLOTNIK, GALANTE, GOMEZ, TRIBODI and MASI presented

Chelidonium majus. MASI and his students have developed a kind of study of the Materia Medica, which in their opinion is according to HAHNEMANN - from ARISTOTLE and THOMAS VON AQUIN - delineated human picture. Their aim is, better to learn "what the symptoms tell US" and not just to take the indication verbally. They support their arguments particularly with the Materia Medica of ALLEN, and C. HERING. Two themes were put forth: Seriousness, Anxiety, etc.] and above all two classes of symptom-groups were depicted:

a) Symptoms, which describe us the patient, who he is [state], which does not however give us the motive for this state, and

b) Symptoms, which the prover assigns to some motivation or a ground.

Out of the very thorough work only the conclusive actualised picture of Chelidonium majus" from MASI is given hereunder:

1) He gave the actualisation of the expression of the patient with reference to the place and time. He said that we cannot expect that the patient of today needed the same words as 150 years before. As example he mentioned the following Symptom of Chelidonium: "Dreamt that he was a soldier which caused him much anxiety and which made him weep in sleep and which made his wife wake him up" [= only remedy in Syn. Rep.]. MASI said that it would be unrealistic that someone would report in similar words this symptom, but it can indeed happen that he is a small employee in a large Firm without chance to take decisions, always subordinate to the orders of a higher official, and it awakens in him much anxiety, weeps in sleep and at last wakes up.

2) In the second part of his hypothesis MASI

actualised the picture of the over-compensated, ego-centred Chelidonium- type who struggles to place his life in such a way that he learns to triumph over his sufferings, over his deficiencies, anxieties and his needs. These problems may be put before us in the following manner; "Doctor, I know very well and exactly what is the matter with me, and I can explain to you very well! You please relieve me of this terrible shoulder pain or in a person who as 'self-made man", independent, self-reliantly goes about an occupation who takes trouble to see that he is never dependent upon any one. Or in extreme cases, in the picture of the Fakir, who learns to have absolute control over his body and all his body functions, which he knows to the smallest detail.

The endeavour of MASI to denote the concepts Psora, Sycosis, and Syphilis, in Psora Primary [anxiety, Insecurity]. Psora secondary [of concrete fear states [so also Psora tertiary [reaction], did not find general approval. Also the idea that HAHNEMANN's Organon contained 80% hypothesis which was without foundation as also the view that homoeopathic suppression a grace of God, found little agreement with the participants.

V. SARAGUSTI, Argentina spoke on "**The lack of self-confidence of Caladium**". With the help of a case the speaker demonstrated the sexual problems of Caladium ["incomplete erections, premature ejaculation", "much excitement and lasciviousness with impotence", "as much excited he is so much impotent he becomes"] and presented the relation of these symptoms with pronounced deficiency of self-confidence which Caladium possesses.

Three important characteristics of this remedy were brought out:

1. The weakness of memory ["forgets, what he did, must often assure whether he actually did what he wanted to do"]

2. Fear of diseases

3. The sexuality with the main symptom, "increased sexual desire, associated with incapacity to perform coitus"

Similarly other urges he cannot gratify:

likes to drink, but has no thirst;

likes to eat, but no hunger;

feels the bladder full, without desire to urinate, etc.

All these the speaker put forth on the basis of the lack of self-confidence. When Caladium evaluates everything, what he feels, he must feel uncertain with reference to what he saw and did

must again reconfirm. Interesting fact is that the Caladium patient recalls in sleep everything he forgot during the day.

M. DRAIMANN, Argentina gave a very convincing report of a successfully treated autistic patient. The following symptoms gave the picture of Sulphur:

- Indifference to external things
- Fear of high altitude places
- Odd and remarkable acts
- Gestures and postures
- Late in learning to walk
- Obstinate sleeplessness
- Desire for fat
- Aversion to sweets
- Uncovering of feat at night
- Involuntary stool and urine
- Convulsions of Children

Beginning with Sulphur 30 the potency went up to 50M. A continuous and striking improvement of the sleep and behaviour as also a complete sphincter control were achieved.

TOMASINI, Italy ["Study of the miasma on the basis of Chaos theory"] TIAMPIETRO, Argentina ["Procedure in the treatment of trimiasmatic cases"] FISH, Argentina ["on the Disease"], TORRES, Mexico ["on Aph. 74, Organon], FISHER, Germany ["Case analyse on the basis of the chronic miasms"], DE CARLO, Italy ["Soul, Disease, World"], and DOMINGUEZ VELLO, Mexico ["on HAHNEMANN's concept of Disease"] referred to the Chronic Miasms of HAHNEMANN's Organon 6 edn.

RASTOGI, India verified six lesser known medicines [Anthrakokali, Justicia adhatoda, Cassia sophera, Aslotionia constricta and Achyranthes aspera] by provings with 6 and 30 potencies, and obtained clinical and pathogenetic symptoms.

Dr. MAAS, Netherlands, LIGA President referred to a **retrospective** study of **over 24 cases of Ulcerative Colitis** patients [11 males, 13 females]. In all cases clear improvements were noted, and only 12% went back to Allopathy.

Last but not least Z. BRONFMANN, Argentina spoke on how Superman could be helped. The big, heavy hero of many stories suffers from double life [KENT - Superman], which he is compelled to live. Without home, helpless and powerless, he is delivered unto his fate. Following symptoms form the bais of the prescription: Excess of energy, bold, clairvoyance, delusions, generous, fear of robbers [with whom he constantly fights], quick and good concentration, overflowing with ideas,

and much sympathy. Homesickness, Timidity, Disappointed love, Cowardice and Fear of being lost - Symptoms from CLARKE and KENT. - are the rubrics. Altogether these give Phosphorus, under the influence of the treatment with Phosphorus, the speaker expected, a new "man" without fear and cowardice and sensation of being double, etc. would come.

X. In Spring 1992 appeared the first issue of the new **Ukrainian Homoeopathic Journal** from Kiev. Thus a new Era in the history of Homoeopathy in the East Slovakian people dawned [Russian, Ukrainian, and White Russian] In the first number articles from J.BAUR [Two hundred years of omoeopathy - Results and Perspectives], V.ODBETSKAJA [The Homoeopathy Congress in Kiev 1991], V. ANTONCENKO, V. LL'IN, T. POPOVA [The Physics of **Water** solutions and Homoeopathy], A.PELLEGRINI [**Carcinosinum** in **Wassermann times**], L.BAD'JA [The influence of **the** previous hormone therapy on **the** prognosis of **the** homoeopathically treated allergic dermatitis in children], D.CHAND [**An eatable stone - Halit.**], T.POPOVA [Alma Mater], C.RUDOVSKAJA [Daybook of a participant in a course], V.ZAGREBELS, SKIJ [Homoeopathic anecdotes], V.CHIZNJAK [Yellow jasmine - a detective story] What we can learn from other countries – a letter from A. GARTNER [AHZ, 238, 3/93 – Official communications from the DZHA]: The writer draws attention to the experiments carried out by the CCRH [Central Council for Research in Homoeopathy, New Delhi] in India in AIDS. The details of the treatment and results have been published in the BHJ. Vol.82 No.1,1993. The writer calls attention to the results reported by the CCRH and says that it shows that: Homoeopathy has it's relevance in the past as also in different epidemics; now there is before us another epidemic - AIDS and the arguments in the CCRH's report are quite strong [13 patients sero-negative and are clinically sound] and that should stimulate us into action for research officially and bestir activity.

XII. Some Excerpts from the **NCH Annual Conference: San Francisco, March 1992.** [HT, 12,8 & 9/1992]

Dr. TAYLOR-REILLY David spoke on **Hay Fever and Asthma trials;** He spoke on the Placebo-response and his trials. He had a patient who £ had haemophilia and was HIV positive and Hepatitis B positive. His presenting problems were restricted motion and pain in his right elbow. Surgery, physiotherapy and drugs were unsuccessful. Since there was no clear indication for Homoeopathy Dr. REILLY applied Acupunture and after the first application the joint was free instantly and the improvement lasted longer after subsequent

treatment. This case had impact on the audience at a case conference and soon he had over 200 referrals. He treated them with Homoeopathy, Acupuncture and Hypnotherapy Three-fourths of these patients had useful improvement. Dr. REILLY has designed training programmes for homoeopaths at different levels, each level programme self-contained. Within 3 and 4 weeks of attending a one-day introductory training programme the doctors reported 80% success rate with Homoeopathy. This course has, in 7 years, become the most popular post-graduate programme in the U.K.1

After Dr. REILLY on the "**Emergence of Homoeopathy in Mainstream Medicine**", Dr. Randall NEUSTAEDTER, spoke on "**The Homoeopathic Management of Asthma in children**": The incidence of asthma - related deaths in children has risen within the past 10 years. Dr. NEUSTAEDTER believes that this increase is due to past allopathic treatment with antibiotics and vaccines. At times, it may be necessary to work in conjunction with Allergists and/or paediatric pulmonary specialists. The parent's role in asthma treatment is crucial to the child's state of health.... Asthma problems are usually a constitutional issue. Dr. NEUSTAEDTER's top ten constitutional remedies include Natrum sulphuricum, Medorrhinum, Phosphorus, Tuberculinum, Sulphur, Veratrum album, Psorinum, Kalicarbonium, Silica and Calcarea carbonica Acute remedies to be considered

include Lobelia, 'pecacuanha, Sambucus, Arsenicum, Antimonium tartaricum, Cuprum, Kali arsenicum, Kali iodatum, Pulsatilla and Spongia.

NEUSTADTER's homoeopathic protocol is as follows:

1. Constitutional treatment
2. Environmental contort measures
3. Individualized acute remedies as needed
4. Back-up Beta-agonists by metered dose inhalers, dry powder capsules or, preferably by ebulizers
5. Anti-inflammatory agents such as Cromolyn odium or Sterioids

Long-term case Management: A Video Case presented by Ananda ZAREN: She showed a case of German woman with 10 year duration of sucorrhoea. The speaker used the verbalised symptoms as also the non-verbal symptoms of the latent. The follow-up of several years showed the beautiful improvement of this woman. Initially her symptoms were: a burning vaginal discharge with white flakes [worse before and after menses and better during menses], visibly fearful appearance, quiet voice, "soft" mannerisms, worry over husband's health, and annoyance that visitors tracked dirt into her house. The speaker said that if a local remedy is given in a case of long-standing leucorrhoea, the result will be suppression of the problem. The remedy she gave was Arsenicum album and

she described this latent as the "passive" type of Arsenicum.

The mental symptoms of passive Arsenicum: resenting themselves for not measuring up to their own high standards. They tend to take their anger out on themselves. They are prone to depression and low self-esteem. They feel inadequate.

Ms. ZAREN also provided with her comments in Arsenicum album. The Arsenicum album patients:

- focus their energy on themselves and their own concerns
- feel incapable of bringing their life into harmony; they experience life as bad
- work very hard to bring order into their personal space. This helps them to be in control and shut out the noise of the world
- have an interior life that is controlled, watchful and careful. Every unexpected situation causes them tremendous turmoil.
- feel caught in wanting to avoid imperfection. They must be perfect.
- have order as their basic life issue
- are primarily addicted to fear and anger.
- are self starters. They are very active, perpetually in motion, and restless inside.
- have a difficult time maintaining consistent moderate energy flow, and find it very hard to work at one thing at a time
- start new projects as soon as a project is over and find it hard to get back
- have many projects at various stages of completion. This creates dissatisfaction and guilt. They feel they "should, should, should".
- can express anger well, although the passive type finds it hard to express anger. A fear of expressing anger is typical of the soft, passive type. They fear that expressing their anger will result in their being disliked or disapproved of. They really want people to like them!
- are afraid of being alone [a very strong symptom]
- perceive the world as too demanding
- won't consider modifying their own high ethical standards
- value precision, exactness, tidiness and cleanliness
- are rigid and structured. They become highly attached to their own projects
- are highly oversensitive to criticism but will not show it. The passive type will withdraw and have fear they will lose control
- are intense, they take life seriously
- can look like Phosphorus in the passive type

- are secretive. They don't easily disclose deep secrets and personal fears.

Dana ULLMAN spoke on "**Understanding Nature to learn Materia Medica**": Learn from the information available about the remedies in sources other than the proving; and toxicological reports. The study of **Materia Medica** is a life-long one. There are a number of ways to approach the study. The doctrine of signatures, practitioner's experiences, study the substance as it occurs, in nature.

He gave a vivid portrait of Lachesis, interesting tid-bits, how the snake eats its prey, mates and strikes. Think of the: whole snake, not just the effect of its venom, know more about in the context of its life, its place in the environment, with other snakes, with its prey - every part of **the** picture of Lachesis.

Similarly in Apis, the study went beyond the stinger, its life, how it interacts with other bees in hive, and the action of hive to maintain itself. "Buzzing with energy, industrious....

In minerals: the function of the mineral in nature and how it relates to the human condition.

Silica is present in almost a quarter of the earth's surface and is found in our connective tissues too. It holds up the stalk of wheat and our body as well.

In the cuttle-fish Sepia is a member of a family of which includes darts, oysters, mussels and snails. A creature with no sedentary habits, constantly in motion, moving forward slowly, but moving quickly in reverse. It changes color after its ink is released [in fear] to get away.

Among the plait: Ledum chooses to grow in the cool wet places in the mountains;

or in the manner they grow trailing, spreading, climbing - Rhus toxicodendron.

Chamomilla tends to invigorate sickly plants if it grows nearby.

Pulsatilla never grows alone, and prefers dry, and sandy soil in an open field or open shade.

Did you know that the poison ivy increases in night and in cold damp cloudy weather? And that it is worst in June and July? Both are the modalities of Rhus toxicodendron.

The speaker suggested that we look to information sources like zoology, botany, and chemistry texts to learn about the whole remedy.

"Using Homoeopathy to alter habitual patterns" was the subject of Janet ZAND: She spoke of addictions that become habitual, as well as experiences of life which lead to habitual behaviours. The cause should be taken "good" because you might find that the "chronic" problem can be cured by an "acute" remedy. An example: a woman, chain smoker. The smoking began after being trapped in an elevator twelve years earlier. Aconite cured. "In self-remembering, it is possible to

break the addiction," JANET said. The four phases of recovery from addiction are:

- 1] acute withdrawal;
- 2] detoxification;
- 3] recovery;
- 4] maintenance.

She cautioned to be aware that many habitual addictions do not involve substances - one can be addicted to work, sex or relationships.

A man who was addicted to work and who behaved like a tyrant at home, was cleared with Lycopodium-a remedy, that is almost unique in its memory for smells and memories of annoying details — in which they wallow.

A man who was compelled by an infatuation with a woman was cleared of the habitual pattern [and of his long-standing asthma] with Tuberculinum.

A woman who was unable to leave the husband who beat her, was able to resolve it with a dose of Pulsatilla despite the efforts often years of therapy.

Some of the other points:

Aconite fear with awareness of heart palpitation [common among users of cocaine]

Antimonium tartaricum - delirium with stomach pains and vomiting with much mucus [most common among heroin addicts]

Arsenicum album - delirium with restlessness and agitation [most among users of marijuana]

Nux vomica - delirium with muscle spasm and twitching [common in alcoholics and cocaine users]

Stramonium - delirium imagining animals and insects [common among alcoholics]

Valeriana - excited and sleepless with irrational mood changes [if patient is withdrawing from sleeping medication or using alcohol to help them sleep]

Belladonna - sudden and violent behaviour with an inclination to bite

Crocus - anger leads to violence followed by quick apologies

Tuberculinum - drinking leads to violence

Lilium tigrinum - irritable and nasty. Worse in the evening. Somewhat violent. May throw things -like dishes. Hyper-critical.

"Penetrating the Essence: Discussion on Advanced Casetaking: presented by Jonathan SHORE and Bill GRAY: They each spoke with poetry, insight, and humour, and gave self-chosen examples in the form of well-chosen cases. Jonathan SHORE re-titled his talk "Zen of casetaking", since this touched on the intimate "here and now" encounter between the souls of two human beings in which illumination of suffering can lead to the miracle of healing. It was quite "deep stuff".

The process of case taking demands an intensity

of commitment and suffering on the part of both protagonists. The validity of the spiritual dimension of Homoeopathy lies not in the action of the remedy, but in the potential transformation of the practitioner. The primary, initial and fundamental effort of the prescriber must be to establish a relationship with the patient. The need to find a remedy must not be allowed to take precedence over this relationship. It is dangerous to jump levels, to move suddenly from an emotional plane to a physical one. The prescriber must exercise great restraint. That is, there must be a space between my thought, my impulses and its manifestation.

In FREUD's original description of psychoanalysis, the patient was supposed to say whatever came to his /her mind with no attempt at censorship. The analyst was to place him/herself in exactly the same state, to listen without attaching any special importance to one or another statement, and with a completely open mind, which would allow the unconscious of both to enter into a direct relationship and facilitate the healing process. The patient is to express, freely and without holding back, without censorship, his deepest fears and feelings; all that was said is to be received in the spirit of pure acceptance.

The patients need to feel that all the energies of the physician are concentrated on their problem.

Bill GRAY mentioned how VITHOULKAS would yawn in front of the patient when the case was particularly difficult, because he realized that his task was to relax completely in order for the dilemma to resolve itself. Further abstracts:

Pay attention to the experiential clues: the pace of expression, the resistance when pressed about something difficult, the choice of words, the hesitancy of his/her speech. Experience what the patient is feeling without letting the Kentian rubrics get in the way. Remember our own feelings during the interview are also important. Since we can only prescribe on and change the pathology, it is extremely important to focus on and to be clear about what the patient's pathology is. To assist in this, Dr. GRAY relies on VITHOULKAS' definition of health [freedom on the physical, emotional and mental levels] as an important guide. Defining health in such a manner can be liberating to the patient, who may be more accepting of and less burdened by these limitations, and can tell us more freely of their limitations because they realize we aren't judging them. Many students are taught "lateral" case-taking, which means that to garner **all** the information one needs to keep asking "what else" until the patient has nothing more to add. Although this is very important, BILL notes this could lead to the trap of having accumulated such great deal of superficial information that one still does not know the patient. To avoid this, he suggests that you ask the patient to give examples, e.g. if the patient feels "depressed" we may ask him to give an example of what depressed him and the actual feeling.

Doing Homoeopathy means taking great pains to listen to the patient.

"Two unusual respiratory remedies"

presented by Michael CARLSTON:

He discussed Moschus: a 3Vfe years-old girl with severe wheezing was relieved with Moschus. A second case of Moschus provided additional understanding of the remedy and how it can be utilized in respiratory cases. Moschus has difficult respiration, spasmodic asthma, throat constriction, restlessness, intense anxiety, hysterical qualities, and is worse from cold.

The second remedy discussed was Ammonium carbonicum:

These patients tend to be mentally dull, anxious, private, stiff, discrete, distant, suspicious, somewhat overweight, worse from 3.00 to 4.00AM, and have respiratory problems with nasal congestion. Constant blinking is also a strong symptom. A video case of a woman in her 30's was shown Dr. CARLSTON said: **When individual expression is isolated, the remedy prescription can be individualized.**

Dr. Randall NEUSTAEDTER presented "**Homoeopathy and Strep throat**": The diagnostics of "strep" throat, and Acute Rheumatic Fever [ARF] were discussed in detail.

The six remedies which the speaker most often used in Strep throat are: Mercurius solubilis, Mercurius iodatus flavus, Mercurius iodatus ruber, Lachesis, Hepar sulphuris, Phytolacca, Nitric acid, Belladonna. To this list Dr. Teresa SALVADORE adds Ailanthus.

"A look at children's Constitutional Types" by Peggy CHIPKIN:

Peggy's choice of Constitutional remedies: S7/ca, Chamomilla, Calcarea carbonica, Phosphorus, Pulsatilla, Baryta carbonica, Natrum muriaticum, Arsenicum album, Lycopodium, Calcarea phosphorica, Medorrhinum, Sulphur, and Ipecacuanha.

Highlights of these remedies:

Silica: Low stamina and lots of dental cavities. Crave eggs [fried or scrambled] often they are well-behaved; a glance disciplines them. Conscientious, perfectionists. Lots of skin conditions.

Chamomilla: the symptoms are well-known.

Calcarea carbonica: the symptoms are **well-known; often a concern with religious matters -God and angels.**

Phosphorus: They are very sympathetic and caring for others. Very excitable and enthusiastic. Easily startled and distracted. They dehydrate easily.

Pulsatilla: Sweet natured. Shy yet open personalities. They run to mother when in pain or difficulty. They have trouble when siblings are born. They are worse in sun and heat, yet better outdoors and fresh air. This remedy can help blocked tearducts in newborns [also Silica]

Baryta carbonica: The key-word here is slow. There is trouble and jealousy at sibling births. They tend to lose their hair under stress.

Natrum muriaticum: Tremendously reserved due to deep emotions. They won't show much affection. If something happens to one of the parents these children could develop serious illness as a consequence. They are sensitive, extremely polite, and well-behaved [Silica]. There is a tremendous sense of responsibility.

Arsenicum album: Often fearful and dependent on their parents. This is often the remedy for anorexia in teens.

Lycopodium: Can be very disobedient, defiant, contradictory even contemptuous, malicious and rude. Hate to be contradicted. They may be sexually active early with no commitment.

Calcarea phosphorica: Irritable, whiny, never satisfied. Thin flabby build where the stomach sticks out. **There is** a tendency to stiff neck and other **problems**.

Medorrhinum: Sometimes have a serious illness at a young age or from birth. Infants may be born with eczema. Can have extreme moods, fits of anger and irritability. They are night owls who fight bedtime and are hard to wake in the morning. May develop illness or changes after vaccination. Sleep with their buttocks in the air. Fear the dark, can startle easily, especially the infants. They are leaders with strong personalities and can be wild teenagers.

Sulphur: They work to figure things out and love to read science books. They are often not involved with other kids and can be loners. They tend to be leaders if they do get involved with kids. [Well-known key-notes like dirty skin, unwashed appearance of Sulphur Hot feet of Medorrhinum, etc. have not been re-iterated in the above extracts culled. = K.S.S.]

Dr. Alan LEVINE presented "**A holistic and homoeopathic approach to acute Anxiety**": He began by clarifying what anxiety is and what is being treated. Anxiety is a normal phenomenon and a helpful one in day-to-day life. It helps us to get through a situation; it motivates us and helps us to think more clearly. That is normal anxiety. But when anxiety is fixed, lasting, and particularly when it is not related to a specific event, it becomes limiting instead of motivating. It is this anxiety with limitations which has to be treated.

The most common symptoms of anxiety are: oppression in the chest, difficult breathing, sighing, nausea, restlessness, faster heartbeat, and perhaps a decrease in the appetite. May feel hot and stuffy, and may even think that they are going to die. It can turn into a panic attack.

Relaxation, exercise and nutrition will very often be helpful and improvements should be made there first. Then the appropriate homoeopathic medicines.

Dr. Ifeoma IKENZE spoke on "**Understanding Homoeopathy and homoeopathic thinking**": The key to cure lay in looking at the totality of the person. Dr. IKENZE's teaching method is socratic, by engaging the listeners in answering some basic questions like "What is disease? Vital force? Energy? Resonance?". She felt that it's important homoeopaths be

conversant in scientific models so they can stand up to intellectual scrutiny and avoid "flake" label. She presented four extremely varied cases, all of which responded well to Nux vomica. She also showed how homoeopathic thinking rejects any kind of generic prescribing.

XIII. **George VITHOULKAS - the man, his computer program, and his magic** by Rebecca McCASLIN: This a report on a Seminar by George VITHOULKAS on April 24 - 26, April 1992 in New York City, on Advanced Homoeopathy with emphasis on case Taking using the Radar-Vithoulkas Expert System, a computer programme.

VITHOULKAS began by dispelling misconceptions of how he decides upon a remedy by explaining that his philosophy is based on HAHNEMANN's **Organon**. One must study the **Materia Medica** using the higher faculties of imagination, projection and intuition to make the information come alive. What does this person [who needs a particular remedy] look like? How might he act? How would fear of the dark be expressed differently in Stramonium as compared to Pulsatilla? In other words, try to feel the **Materia Medica**.

Next, take the case from the heart. Empathize. It is a heart process. It is not logical. You take the case with your heart to perceive the information.

Study the case using the **Repertory**.

Use facts; not imagination.

By "essence" we mean the mental emotional plane. This does not exclude all other information.

You must base your prescription on the symptoms the patient is expressing. The prescription is based on facts. But there are principles.

It is very important that the intensity of the symptoms of the patient match the intensity of the symptoms proven in the remedy.

There are four dimensions to the symptoms: 1] intensity [spontaneity is the same] 2] duration [once a year or once a week] 3] hierarchy of symptoms [how deep is the symptom?]

4] peculiarity in conjunction with what we have recorded in **Materia Medica** [example: every time I urinate, I have pain in the heart, which makes me **stop** the urination]

Next step: look into the **Repertory**. Do not prescribe on the basis of memory because more remedies are listed than one has memorized. Sometimes a remedy may not be listed in the **Repertory** so look into the **Materia Medica**. Do not eliminate information from the database because the rubric doesn't exist. What is relevant is what is important. **The difference of success is in the analysis**. The parallel thoughts are: What is going on here? What do I perceive? What is the patient saying? What are the salient points? Is this a causation case? Where is the patient stuck? What's he expressing? etc.

A complicated case of a male child with neurodermatitis was shown in video to clarify much of the lesson.

VITHOULKAS discussed **Family dynamics**. When one person in a family is sick, the others in the family rearrange to adapt to the sick person. Once the sick person is well it often can be a problem for the others. People do not like changes. Members of the family may resist the treatment or cure in spite of the love and affection they feel for the patient. Many times there is an active resistance to the deep changes taking place. A case of insanity attacks in a woman [a wife and mother], periodically was shown. Throughout the case analysis Frederik SCHROYENS put the symptoms into the computer to demonstrate the **Radar VITHOULKAS Expert System**. This was a Staphysagria case brought on by the family situation, which was intolerable for the wife.

The last case shown was, in terms of the audience expression "unreal", "far-fetched", and "fantastical". This was a live case of a 52 year-old woman born of a family of alcoholics. Her memory is of being depressed as a tiny baby and abandoned at birth to be raised by relatives; being in 26 schools by high school; sexually abused by grandfather, uncle, stepfather and father; bitten by a dog at 7 or 8 year old given 10 shots of live rabies through the stomach wall and sick from that still; obese and loves sugar; polio, age 8; began drinking alcoholic beverages at 13; quit at 18; 4 children are recovering addicts; still goes to AA meetings; bleeding duodenal ulcer; attempted suicide; Multiple Sclerosis as a result of vaccine; first husband committed suicide in front of children; she went into a coma, had incredible experience with God and dead husband, and decided that: "I want to stay here because the children need me"; diagnosed with acute Leukaemia by a pathology class; paralysis; blindness for 3 years; Polyneuropathy; Demyelination of peripheral nerves; dentist gave drug to freeze inside mouth and other side would go numb; has visions; and soon.

VITHOULKAS said: "The first thing that strikes me is that there is confusion. I don't have something to hold on to". She had been given dozens of homoeopathic medicines in addition to many allopathic treatments and medications. At different times she has different symptoms with different elements so that a pattern cannot be seen. The main symptom at the moment is numbness in the body, face, eyelids, legs, feet. Her palms and feet are supersensitive. The rubric: "Numbness, externally, generals" is a large one. The demyelination of peripheral nerves is the result of vaccination.

VITHOULKAS: "Mentally, how do you feel?"

"My mind is very busy. I had an incredible experience with God."

VITHOULKAS: "This experience repeated? Other experiences?"

"Yes. Well, I know I'm not crazy. I believe there is a universal energy, most people call God. I had an experience with a Being who looks like lightning does.

When this Being presents itself, the air smells like after a rainstorm, like ozone. Every time the Being has presented, something major of goodness happens. My cell structure is going to be changed by a tremendous amount of energy transmitted through me. I was told this in 1987. That I had lot of work to do, a lot was expected in this lifetime. I am expected to accomplish a very important mission. It said I would be healed by 1992. This has never led me astray. I was blind for a long time. When I couldn't see I also could not talk. When I was in that state and coming from being totally by myself, when one is that helpless there is nowhere to go but in your own soul. I'm not a religious person. I tried them all. I can't do religion. I think it limits the energy."

VITHOULKAS: "How is your sleep?"

"Not good. I wake up every night at 3 o'clock. I am very busy at that time of the day. From 3 A.M. to 5 A.M.

VITHOULKAS asks a series of questions to pin down the remedy. He says "I see a supernatural phenomenon in her case. I given this case to study beforehand not knew she would like to appear here. I read the case. I said forget it. FREDERIK was sitting next to me and putting her symptoms into the computer from the paper. When I looked at the information the computer gave me I knew it was magic. I have never used this remedy in all my years as a homoeopath." The remedy came up in the first five symptoms put into the computer. These were: General: numbness; weakness; Gait reeling; and weather; Storm. FREDERIK puts the other symptoms that have been further revealed, through VITHOULKAS' questions. The remedy has been called both Satan's apple and Love apple. Its branched root resembles the human form, bringing superstitions and magic powers attributed to it. Coming from the nightshade family, the juice of its root was used as a narcotic in the middle ages, and a magic potion of this "Insane Root" caused visions. The remedy is Mandragora.

"When you are given a patient to cure" says VITHOULKAS "a universal energy comes at that moment to help you give that remedy. I believe that. And if you try to cure sometimes it does not happen for other reasons."

XIV."Measles is back" writes Dr. Dean ROTHERS [Resonance, 15, 1/1993] The article says that the children of mothers who had been vaccinated for Measles contract the disease since their mothers had no natural immunity against measles, whereas mothers who gained natural immunity passed the immunity to their children. According to a report "now more than one quarter of all US measles victims are under a year old, an age when this disease was rare."

XV. For the first time, Homoeopathy was included in the programme of **The Washington Psychological Association** in its meeting during the last week of October 1992. [Resonance, 15,

1/1993]

XVI. In the Editorial [Resonance, 15, 2/1993] Dr. Dean CROTHERS says that during 1992 there was a 60% growth in sales in pharmaceutical industry in the US in the past year, but only an eight percent growth in sale of single remedies to homoeopathic physicians during the same period".

XVII. Dr. Janet LEVATIN reports [Resonance, 15, 2/1993] of a case of a girl child who experienced both acute and chronic reactions to vaccines.

XVIII. A letter to the editor Randall NEUSTAEDTER, [Resonance, 15, 3/1993] refers to the fact that in a study of 1990 published in the New England Journal of Medicine, it has been said that about a third of Americans seek medical care outside the confines of the allopathic, bio-medical science. The AMA is doing all it can to stop this change. The writer therefore has proposed a letter to the First lady of the USA asking for certain points to be taken into consideration in the National Health care Policy.

XIX. A bee sting pain which travelled up the arm was very quickly helped by Hypericum. However, on return home from the fair, he took Apis and during the night the arm was much swollen and there was much itching and another dose of Apis was taken which caused further aggravation. Again Hypericum was taken and immediately improvement began. Lesson: Prescribe according to the symptoms and not by rote. [From a Letter to the Editor, Resonance, 15, 3/1993]. XX. A Curate's egg in Cordoba - Congress Report

(BHI, 82,2/1993):

This is a brief report on the LMHI Congress held at Cordoba (Argentina) during 27 - 31 October 1992. Apart from being a congress of the LMHI this meeting also incorporated the 5th Brazilian - Argentine homoeopathic meeting and the 3rd unified Congress of the three schools of homoeopathy of Argentina.

Dr. Henk MAAS presented a paper on retrospective survey of all 24 patients with ulcerative colitis treated by him between 1973 and 1992. Of these patients 67% showed good response to treatment with over half able to stop all conventional drugs.

Dr. A.U. RAMAKRISHNAN presented three remarkable cases of malignant disease which had apparently responded to homoeopathic treatment, including one of squamous cell Carcinoma of the oesophagus which responded to S///cea and Conium.

Two double-blind clinical trials were presented one was by Dr. Carles AMENGUAL on

the results of a double-blind study of Homoeopathy in the recent cholera epidemic in Peru. The other was by Dr. Jennifer JACOBS who presented the results of an 81 case double-blind trial on childhood diarrhoea in Nicaragua.

Dr. D.P. RASTOGI reported on the recent provings and reprovings of five medicines: Anthrakokali, Justicia adhatoda, Alstonia constricta, Cassia sophera and Achyranthes aspera.

Dr. Helga LESIGANG reported on the proving of *Latrodectus mactans* 30x. This was the first proving of this medicine, which has previously been used on the basis of its toxicology.

Dr. Frank WIELAND gave a comprehensive review of the development of proving methods from HAHNEMANN on and presented the painstaking and double-blind proving method which he is developing in Germany.

The miasmatic approach was most pronounced in the presentations of the group who acknowledged Dr. Masi ELISALDE of Argentina as their master. One of these groups gave a series of 4 presentations of *Anacardium* which consisted almost exclusively of a lengthy classification and reclassification of its mental symptoms. This was followed by a presentation of *Chelidonium* which too focused almost exclusively on the mental and spiritual aspects. Dr. Masi ELISALDE himself spoke on the philosophy of St. Thomas AQUINAS and of the religious positions of HAHNEMANN and other homoeopaths. He appeared to equate *Psora* with original sin although in response to questioning he stated that '*Psora* is not original sin, but a direct consequence of it'. [Report by Dr. Peter FISHER, BHI, 82 2/1993]

XXI. A correspondent reports [BHI, 82, 2/193 - Letter to the Editor] that *Monosodium glutamate* [MSG] which is used to enhance the flavour of food produces 'side effects' which disturbs the whole human economy. A list of 100 symptoms has been compiled which can be directly related to MSG, 'and the list continues to grow.' The mental symptoms alone include: fainting, confusion, depression, paranoia, hallucinations, mood swings, slurred speech, restlessness, tenseness and sensation as though the head were 'detached'. MSG also produces cranial, ocular, throaic, respiratory, cardio-vascular, gastrointestinal, oral, visual, menstrual, musculoskeletal, urinary and neurological symptoms. MSG has been potentised with very gratifying results. The correspondent further says that MSG rivals Apis in oedema and Belladonna for violent throbbing headaches.

The remedy deserves a classical proving.

XXII. Here are some News from **Simile** Vol. 3

No.1/1993 issued with the BHJ, 82, 1/1993:

1)The BHJ received several awards in the first annual competition for the best articles within homoeopathic literature. The competition was organised by the National Board of Homoeopathic Examiners of the USA.

2) Since preparations which contain pyrrolizidin alkaloids with a 1,2 unsaturated necin structure are thought to be carcinogenic regulations concerning their use have been changed under the German Medicines Act, 1992. Licences for the following medicines derived from the following plants containing these alkaloids have been revoked for potencies lower than 6x. The genera include Symphytum, Eupatorium, Cineraria, Brachyglottis, Erechtites, Tussilago and Heliotropium.

3) **The Third International Congress for Veterinary Homoeopathy** was held in Miiinster, Germany on 4,5,6 September 1992. There were over 100 delegates from all over the World. **Skirt and Homoeopathy** was the subject on the first day. On the second day **Homoeopathy in the herd situation** was discussed and lectures were given.

Reserch topics were next. A variety of topics was discussed on the final day. The next congress was provisionally set for 1994 in Orlando, Florida.

4)Dr. Peter FISHER in The International Scene' says that while Homoeopathy was suppressed in Spain during the period of Gen. Franco, it has been flourishing after his death in 1975 and has the patronage of HM The King Juan Carlos I of Spain.

5) HAHNEMANN's house in Kothen [in former East Germany] has since been purchased by the Deutscher Zentralvere in homoopathischer Arzte [DZVhA] for DM340,000/-. The plans are to convert the house into a Museum and a Venue for meetings.

6) A Correspondant draws attention to information received from the Active birth Centre, London, that Caulophyllum is better used in labour if the contractions are weak and inefficient; routine prescriptions of the remedy in the weeks before produces hypotonic labours. However, Dr. Jeremy SWAYNE in his letter in **Simile** Vol .3,2/1993 says that in his experience it was hypertonic uterine contractions [not hypotonic] that came from the use of Caulophyllum. He formed the impression that prescription of this remedy during the weeks before labour did enhance the progress of the first and second stages of labour, but stopped prescribing it in multiparous women without a history of prolonged labour because of a number of exceptionally rapid, even precipitate deliveries in such mothers and that some of his colleagues had similar experience. Dr. SWAYNE says that he never encountered the problem of uterine inertia following apparent over-stimulation with Caulophyllum.

XXIII. Some news from **Simile** 3, 2/1993 [issued with the BHJ, 82, 2/1993]:

1)Lycopodium has been used for many years homoeopathically to treat the symptoms of dementia

in the elderly. Lycopodium contains traces of Alumina, which is one of the oxides of Aluminium and Silica, the dioxide of Silicon. Both aluminium and silicon are found in increased amounts in ageing brains. Researchers at the Loyoya University of Chicago have been given a grant to study an extract of Lycopodium used in Chinese medicine to treat dementia in the elderly.

2)There are interesting reports about the growth of Homoeopathy in the former Eastern Block countries Poland, Romania; about the state of Homoeopathy in New Zealand and Dr. Peter FISHER's impressions on his tour of Nigeria, France, Russia, Western Germany, Poland, Brazil, Spain, Monaco, Argentina, Venezuela and Mexico.

3)Dr. Charles O. KENNEDY suggests that in recent years the medical establishment has recognised the useful contributions that the Non-Medically Qualified Practitioners [NMQP] make and that they should be given further training so that the public can be served properly.

XXIV. **Ananda ZAREN Seminar**, Monterey, California, Feb.-13--16,1992. reported by Julian JONAS. Some points:

ANANDA's method is to search for the point where the organism suffers an insult, labelled "the hurt", and identify the protective mechanism. This reaction is called "the wall". For most of the cases presented the hurt was an emotional one. She was nothing short of brilliant in ferreting out the source and quality of the hurt. She relied heavily on body language, facial expressions and other mannerism to explore the attitudes and feelings the patient was manifesting. When these became clear to her, she would correlate the symptoms to the hurt to identify a possible remedy. At that point, she began to solidify her choice by tirelessly confirming symptoms in the **Repertory**. She emphasized repeatedly that psychological analysis mut be grounded in the reality of confirmed symptoms. She warned that it is very wrong to be taken in by the posture that a patient takes to protect himself while missing the actual hurt itself. This was demonstrated by a case. Altogether sixteen cases were presented. A remedy that she found to be almost as common as Medorrhinum and Tuberculinum is Bufo. Three cases of children of ages six years, two years and two days. The oldest was a case of suppressed eruptions [at three months] that lead to spastic bronchitis, pneumonia and behaviour disorders. The middle child was born with multiple deformities and mental handicaps, while the newborn was thought to have possible neurological irregularities because of lack of reaction. The thread tying together these cases was the difficulty each child had in making contact with the outside world. It was hard for all three of the mothers to connect with their children. She stressed that Bufo need not be retarded. They may, in fact, excel at one particular skill as with a computer whiz, star athlete or musician. She rarely finds masturbation in Bufo cases. She also emphasised that once the remedy is given the case must be allowed to unfold, not over a

period of months, but for years.

XXV. The Cambridge Seminar on Homoeopathic Acute Care: Winter Illness reported by Julian JONAS.

The New England School of Homoeopathy [NESH] sponsored a three day Conference in Graduate School building of the Harvard University on 19 - 21 sept. 1992. It was focussed on the management of acute respiratory ailments. Roger MORRISON gave a presentation covering Asthma, chronic Bronchitis and Pneumonia. He differentiated the types of Asthma and then reviewed where to find different rubrics relating to Asthma in the **Repertory**. The lecture on the management of Asthma was very instructive. His discussion of Pneumonia was presented as a differential list of the most frequently used remedies organized according to the stages of the disease.

Paul HERSCU gave a very detailed analysis of the relationship of acute ailments and the chronic picture. The question which he posed was "what happens when a patient has an [apparent] acute episode after the constitutional prescription!".

XXVI. The journal **Experientia** 1992; 48: 504-8 published a report titled "**Mechanical agitation of very dilute antiserum against IgE has no effect on bosophil staining properties**" by OVELGONNE, JH, BOL AWJM, HOP WCJ, VAN WI JK R. As the title of the article says there was no significant action demonstrated at ultramolecular dilutions of anti IgE. This is contrary to the findings reported by BENVENISTE et. al. (Nature 1988; 333: 816-8).

In 1966 SMITH and BOERICKE reported (JAIH 1966; 59: 263-80) changes in the Nuclear Magnetic Resonance (NMR) spectrum of ultra molecular dilutions. There has been some further work in this regard. The French journal **Journale de Medicine Nucleaire et Biophysique** has recently published a further contribution (1992; 16:135-45) to the NMR literature from a research group which includes BENVENISTE's former collaborator Dr. Bernard POITEVIN. The results confirm the ultra-molecular effects but the authors seem to be excessively cautious in their conclusions. (BHJ, 82, 1/1993) XXVII. **Omeomed 92** was organized by the **Institute Superiore di Medicina Olistica e di Ecologia** at Urbino a town in the North- eastern region of Italy. Urbino is the only University in Italy to offer a post graduate course in Homoeopathy. The Conference was attended by some 250 delegates, mostly from Italy, but with a smattering from all over the world.

Prof N.C. SUKUL from West Bengal summarized his neuro physiological work with homoeopathic dilutions. These include catalepsy induced by-*Agaricus* in high potencies and the effects on activity in the lateral hypothalamus, as recorded by stereotactically placed microelectrodes, of *Nat.mur.* in rats fed on a high salt diet.

Dr. Peter FISHER of London spoke on the 'Mithridates effect' drawing together the story and a series of King MITHRIDATES, the modern scientific concept or

hormesis and a series of experiments on the effects of highly dilute mutagens on human lymphocytes in cell culture. Then Prof. Zvi BENTWICH of the Ben-Ari Institute of Clinical Immunology, Rehovot, Israel, reported his immunological experiments demonstrating the response of mice to very high dilutions of key limpet haemocyanin.

Dr. Christian ENDLER, Graz, Austria spoke of his work on the effects of Thyroxine 30x on tadpoles. **Mis most startling new finding is that the effects still occur when the Thyroxine is merely placed in a sealed vial in contact with the water in which the tadpoles live, instead of being added to it.**

Many other physicists spoke which indicates many developments which may lead to a revolution in the understanding of the physical basis of action of extremely high dilutions.

Prof. Christian DOUTREMEPUUICH, Bordeaux, a haematologist showed in a series of rigorous experiments that Aspirin 5cH paradoxically reduces bleeding time in healthy volunteers.

Prof. BORNORONI showed that pre-treatment with ultramolecular dilutions of the plant hormone indole acetic acid decreases the growth of maize seedlings.

Dr. Bernard POITEVIN presented the results of his recent NMR work.

Dr. Harald WALACH a psychologist discussed his pilot, double-blind, placebo-controlled proving of *Belladonna* 30c.

Dr. Reiner APPEL of the Independent University of Berlin introduced a large scale clinical project on **the** homoeopathic treatment of postmenopausal osteoporosis.

Prof. AMODEO from Sicily, presented interesting work on vascular pathology, showing positive results from *Arnica* 5cH in improving toleration of long-term intravenous catheters, and *Hamamelis* in venous insufficiency in the legs, assessed by Doppler.

Dr. M. SARUGGIA, Italy, presented a clinical trial of China in renal dialysis.

Dr. D.P. Rastog: of the Central Council for Research in Homoeopathy, New Delhi presented his work on asymptomatic HIV positive patients.

Dr. C. PALMERINI from Perugia showed that Phosphorus 30cH reduces liver fibrosis in rats treated **with** Carbon tetrachloride.

Dr. KHUDA-BUKHSH, a zoologist from the University of Kalyani, West Bengal reported *ibatArnica* in high dilutions prevents chromosomal damage from x-ray in mice.

(Reported by Peter FISHER. BHJ, 82, 1/1993) XXVIII. **First International Conference on Water Systems and Information, Kiev - The Ukraine**, 12-17 May 1992: This Conference was organized by the Institute for Theoretical Physics

of the Ukrainian Academy of Sciences. It was the first conference of the kind to have brought together physicists and medical professionals in various fields, including practising homoeopaths and doctors using 'energy medicine'. The aim of the Conference was to invite the attention of the world scientific community to the problems of information transfer in water systems and development of methods for quality control of homoeopathic medicines. The reports covered three specific topics:

models of bioinformational properties of water systems; instrumental means of information transfer and identification of informational properties of water systems; new homoeopathic technologies and devices.

About 100 scientists, researchers and practising homoeopaths had gathered to discuss 37 reports (From the BHJ, 82, 2/1993) XXIX. In a 'letter to the editor' a correspondant reports (BHJ, 82,2/1993) of a Prof. Reinhold VOLL, MSc, MD, of Stuttgart, Germany, who prescribes mixtures of potentised medicines. Dr. VOLL uses an electrical measuring device known as Dermatron which was able to measure subtle electrical fields in the human body. From the measurement values so obtained Dr. VOLL applies various medicines in order to create an electrical equilibrium. The correspondent who was struck down with the early stages of Leukaemia in 1976 was treated by Dr. VOLL who sometimes uses 50 or 60 potentized medicines in one preparation some of which were often nosodes, and there was clear improvement. The correspondant further says "whilst I am sure classical Homoeopathy can achieve great things, it would be a mistake to dismiss complex prescribing".

XXX. A Report on the 6th GIRI Symposium held at Munich, 26-27 October 1992 (BHJ, 82, 2/1993). It is noted from the Opening address of the President GIRI, Madeleine BASTIDE that since its creation in 1987, GIRI has been carrying more and more researches on high dilutions. In the present Symposium there is deep questioning of the validation of research on high dilutions with respect to experimental models and clinical trials. New paradigms will be proposed which should lead to new experimental approaches. The titles of the papers discussed are:

1. Object-signifier relationship in low-dose or high-dilution effects Theoretical approach by LAGACHE A, BASTIDE M.

Analysis of various experimental models by BASTIDE, LAGACHE A.

2. Time-serial design for clinical trials by BRANDS M.

3 Isothermal microcalorimetric analysis of

homoeopathic dilutions by CABANER C, BASTIDE M.

4. Effects on highly diluted B2-adrenergic agonists on isolated guinea pig trachea by CALLENS E., DEBIANE H., SANTIAS M.C., RUFF F.

5. Protective effect of very low concentrations of heavy metals (Cadmium and Cisplatin) against cytotoxic doses of these metals on renal tubular cell cultures by DELBANCUT A., DORFMAN P., CAMBAR J.

6. A Hahnemannian drug proving on frogs by ENDLER P.C., PONGRATZ W., VAN WIJK R., WIEGANT F.A.C. WALTZ K., GEHRER M., KASTBERGER G., HAIDVOGL M.

7. Effect of high dilutions of epidermal growth factor (EGF) on in vitro proliferation of keratinocyte and fibroblast cell lines by FOUGERAY, S., MOUBRY K., VALLOT N., BASTIDE M.

8. Aspect of Chaos in homoeopathic research by GARNER C, HOCK N.

9. A double-blind randomized placebo controlled study of cholera treatment with highly diluted and succussed solutions by GAUCHER C, JEULIN D., PEYCRU E., AMENGUAL C.

10. Likelihood of validity evaluation for screening clinical studies using high dilutions by JONAS W.B., LINDE K., MELCHART D., HORNUNG J.J.

11. Methodological guidelines for confirmatory experimental studies on serial dilutions: a proposal by LINDE K., MELCHART D., JUNAS W.B., HORNUNG J., WAGNER H.

12. Revival of an experiment from 1924 Further botanical studies by PONGRATZ W., BERMADINGER E., VARGA F., ENDLER P.C.

13. Studies on growth hormesis and on altered sensitivity of mammalian cells during pathology by SOUREN J.E.M., OVELGONNE H., WELTERS M.J.P., VERLINDENOOMS H., BOLS A.W.J.M. WIEGANT F.A.C., VAN WIJK R.

14. Immunomodulation of the specific immune response to KLH by high dilutions of antigen by WEISSMAN 2., OBERHAUM M., TOPPER R., BENTWICH Z.

15. Galactoside-binding lectin from mistletoe by GABIUS J., BEUTH J., JOSHI S.S., KAY SER K., KOCH B., KRATZIN H., PULVERER G., VIDAL- VANACLOCHA F., WALZEL H., WESTERNHAUSEN M., GABIUS H.J.

16. Supermolecular organization of highly diluted solutions by GUTMANN V.

17. **Possible cancer risk with phytomedicinal, homoeopathic and ethnomedicinal drugs - Threshold doses and strategies for risk estimation and assessment** by HECKER E., GLAESER S., GMINSKI R.

18. **Dose-dependent drug effects in phytotherapy and homoeopathy** by KALBERMATTEN R.

19. **Deterministic chaos** by SMILANSKY U.

20. **Galphimia glauca for hay fever (low dose pharmacology)** by WIESENAUER M.

XII. BOOKS

1. **Materia Medica Viva - Vol. I** by George VITHOULKAS, published by Health and Habitat, Mill Valley, California 1992, 276 pages, hard cover, \$ 70 -. reviewed by Dean CROTHERS [Resonance, 15, 3/1993]

"George VITHOULKAS' long-awaited **Materia Medica Viva** [Volume I] has been published at last. Volume I covers 26 remedies: Abel moschus to Ambrosia... I can strongly recommend it, though with George VITHOULKAS'Si reputation it probably does not need my recommendation. This book is a beautifully written, practical guide to the psychological pathology of many of these remedies, and to the guiding characteristics of the others. It is one of the few books on materia medica which I have enjoyed reading like a book rather than using only as a reference for study. Dr. George GUESS, through dedication and hard work, did an outstanding editing job.... It is a gem and I want more"

2. **Typology in Homoeopathy** by Leon VANNIER, English translation published by Beaconsfield Publishers Ltd. England, 1992, 175 pages, soft cover, \$ 37.95. reviewed by Wm. Mark IMMEL [Resonance, 15, 3/1993] "originally published in France in 1955, Dr.

Marianne HARLING has brought us the first English translation of this interesting book The constitution is defined as being "that which is", representing characteristics we are born with that are essentially unchangeable. The temperament is described as "that which becomes" and "is a dynamic evolution superimposed upon the static constitution". It is the sum of all which is variable in the patient. The interaction between the constitution and the temperament is the subject of study and the foundation of the person's state of health. Dr. VANNIER describes eight basic prototypes, named from Greek and Roman divinities with definite individualising traits. He goes on to describe how the type presents in each of the remedy commonly needed by people with the characteristic of the prototype.... Rarely existing as a single pure prototype, most people display characteristics of two to four of these classifications....

The book is beautifully illustrated with Photographs and drawings **Typology in Homoeopathy** is a unique, information-packed book which is off the beaten path of our collection of **materia medica** texts. It is a reference book which is easy to enjoy and yet, if studied in detail, can broaden our knowledge of the human condition."

3. **My memorable Cases - A Step by Step Approach to Treatment** by Dr. T.P. CHATTERJEE, B.Jain Publishers, New Delhi, 1988, 104 pages, \$ 10. reviewed by Daniel PAPISH [Resonance, 15, 3/1993] "Well-defined case histories provide a useful

treasury for homoeopaths. This little book of 26 cases belongs by its quality in that treasury.... the result is a work that may serve the homoeopathic community for many generations."

4. **Samuel Hahnemann - Krankenjournal DF.5** [1837 -1842]. hrsg. v. R. JUTTE, Transkription u. Übersetzung V. Arnold MICHALOWSKI. 1205 Seiten, Ganzleinen, DM 198, -. Haug-Verlag, Heidelberg 1992. French German [Samuel HAHNEMANN. Patients Register]. Reviewed by Stefan REIS [ACD, 2, 2/1993] "HAHNEMANN is dead-long live

HAHNEMANN I The first quick reading of this new book justifies this emphasis. The patients Register DF 5 shows HAHNEMANN's practice in his later life in Paris with his wife MELANIE.... The book indicates how in his advanced age HAHNEMANN pursued his researches intensively to make his therapeutics finer."

5. **Homoeopathy and Human Evolution** by Martin MILES, Winter Press, distributed by Cutting Edge Publications 1992, paperback 171 pages, £ 8.95, reviewed by Peter CHAPPELL [The Homoeopath, 13,1/1993]

"..... This book is interesting reading on several counts. Druids, because of their influences on the Society; Druid philosophical strengths and weaknesses that have impinged on Homoeopathy and fill this book; MARTIN'S views of miasms; the thymus gland; Druid teaching and the arcane, esoteric design of the universe . . .In this book MARTIN is attempting to weave many shreds.. . He seems fine on lots of the pure homoeopathic stuff, that is the best and for me the only homoeopathic reason to read this book, but as soon as he starts to philosophize, dressing up Druid or other teaching with homoeopathic clothes it reeks of the proselytizing,

arrogance and all the rest In summary then this book is like a dustbin full of very old dusty clothes of dubious origin . . ." [The three page long review by Peter CHAPPELL of Martin MILES' book was rather unnecessarily harsh. Readers have reacted to this review in The Homoeopath, 13, 2/1993]

6. **The Homoeopathic proving of Hydrogen** by the Dynamis School of Homeopathy, proving

director Jeremy SHERR, paper back E 9.00,
reviewed by Louis KLEIN.

[The Homoeopath, 13,1/1993]

" I can say definitely, that this looks like other provings, and if you're really into provings you will really enjoy this book . . . The provings does not necessarily bring out all that is necessary for us to prescribe upon, but it gives the foundation necessary for a beginning understanding of a remedy. From this we can then share clinical experiences with this remedy building a solid body of dependable information to prescribe on . . The book is well laid-out with careful reference and coding of each symptom as to the prover number, the day and time the symptoms appeared after commencing the proving . . At the back of the book are repertory

additions....this is truly an advance for our profession.

7. **The Magical Staff**, The Vitalist Tradition in Western Medicine, by Mathew WOOD, North Atlantic Books,1992, 209 pages, paperback E 9.95 reviewed by Ian WATSON [The Homoeopath, 13, 1/1993]

"This fascinating book is a comparative study of some of the major figures in the history of natural medicine, ranging from the 15th century reformer PARACELTUS through to Edward BACH whose flower remedies are familiar to most of us. Other key players include our own Drs. HAHNEMANN, BURNETT and KENT representing different facets of the homoeopathic school; RADEMACHER, who like PARACELTUS, can best be described as an empiricist; and SCUDDER, THOMPSON and others from the American eclectic tradition ... The series of physicians traced out in this book represents a tradition that, though separated by sectarian strife, is unified by hidden bonds and recurrent themes, so that it can also be appreciated as a coherent approach to healing wisdom it is revealed how the coveted

phrase **similia similibus curentur**, which HAHNEMANN adopted for himself, and most homoeopaths ever since have assumed to have originated from him, was coined centuries earlier by PARACELTUS in identical form . . . Considerable research must have gone into this book . . . I was intrigued to read that in 1896 alone, KENT and his students treated more than 18,800 patients - an average of 51.5 per day, assuming he worked seven

days a week, every week of the year! Having read the book through quickly and later studied it in greater detail, I found it to be one of those works that stimulates insights and ideas for discussion I enjoy the book and have few criticisms to make. There are a higher than average number of spelling and typographical errors ... Overall I think that the author has done a good job and his book deserves to be read by students and practitioners of all schools of energy

medicine."

8. **Small Remedies and Intersting Cases IV - Proceedings of the 1992 IFH Professional Case Conference.** Edited by Stephen KING, Sheryl KIPNIS & Cathy SCOTT, International Foundation for Homoeopathy, Seattle WA USA 1992, paperback, 291 pages. £15.95 reviewed by Robin LOGAN

[The Homoeopath, 13, 1/1993]

"This book is a transcript of the latest case conference I find books like this invaluable. However experienced you are you can always learn from colleagues, even if your styles of practice differ. . . . Five of the presentations are by women which is refreshing I should like to see a lot more of this sort of material ..."

9. **Homoeopathic medicines for Pregnancy and Childbirth**, by Richard MOSKOWITZ, North Atlantic Books & Homoeopathic Educational Services Berkeley, California. 1992. 288 pages, paperback £ 9.95 and
10. **The Woman's Guide to homoeopathy, the Natural Way to a healthier life for women**, by Andrew LOCKIE & Nicola GEDDES, Hamish Hamilton, 1992, 352 pages, hardback £ 18.99; both books reviewed by Caroline SCHUCK.

"..... In the first book he draws on the experience of more than 800 pregnancies from his 19-year practice. The book is a good clear introduction on the most commonly used remedies for pregnancy and childbirth practitioners. Not only is the book written in straightforward and clear style but this clarity is reflected in the design of the book which is set in a pleasant large face with plenty of subheadings and spaces ... the book is brought alive by Richard's use of case histories to illustrate remedies or situations. Richard's book comes hot-foot on Miranda CASTRO's superb book **Homoeopathy for Mother and Baby**, which seems to hold your hand through every physical and emotional stage of the childbearing proces and is aimed primarily at the mother...."

"The Woman's Guide to Homoeopathy

.. This large format book is tightly packed with useful information aimed at the open- minded lay person and gives homoeopathic, nutritional and life- style advice. . . . On the whole this is a book packed with sound advice and good self-help tips. It does much to elucidateand demystify medical terminology and I can recommend it for those! keen to know more about their medical problems."

11. **Homoeopathic Medicine for Children and Infants** by Dana ULLMAN, Jeremy Tracher Perigee Books 1992. Paperback, 257 pages, £ 7.95. reviewed by Appi PERRY.

[The Homoeopath, 13, 1/1993]

" This book however, is aimed not at homoeopaths, nor doctors, but at parents who seek

'safe, natural and effective alternatives to potentially harmful drugs', and we must all be agreed that the treatment of children is an area where any new information is welcome. The layout is good and it is concise and easy to use."

12. **The Controlled Clinical Trial - An Analysis** by Harris COULTER. Centre for Empirical Medicine, & Project Cure, Washington, reviewed by Peter DAVIES [The Homoeopath, 13, 1/1993]

"Since the publication of his book, **Homoeopathic Medicine** seventeen years ago and through books such as his three volume work, **Divided Legacy: A History of the Schism in Medical Thought**, Harris COULTER has distinguished himself for his critique of orthodox medicine and for his exposition of Homoeopathy as an alternative ... COULTER'S latest book **Controlled Clinical Trial - an Analysis**, again challenges the orthodox viewpoint by questioning the very basis on which new drugs are judged effective ... COULTER'S main argument against the controlled trial, besides the inordinate expense, is that people are seldom a homogenous group - either in the way they present disease or in how they respond to treatment.... The challenge of COULTER'S book is to ensure that the limitations of the controlled trial are seriously

considered when designing new trials certainly provides the incentive to keep up the pressure."

13. **The Homoeopathic Medicine, Vol. I**, Satyaprakash, Editor, Rational Life Publications, PC Box 13, Gurgaon, Haryana, India, 1986, hard cover, 552 pages, £ 19.95. reviewed by Errol **Bowyer**

[The Homoeopath, 13, 1/1993]

". . . . The first of many volumes he plans to publish. He intends to reproduce into articles from all the old British and American journals to save the material from extinction. This first volume covers the first issues of some nine British and American journals published between 1845 and 1871. It contains 63 articles from amongst others HEMPEL, GUERNSEY, HALE, LIPPE, both the FARRINGTONS, WESSELHOEFT, KENT and HERING. It is set out in clearly defined sections. . . . Reading through the material in this volume, the overriding impression is one of the enthusiasm and pioneering spirit of those early homeopaths as they strove to establish Homoeopathy as the medicine of the day In conclusion this is not the kind of book you pick up and read from cover to cover; more one you might dip into at your leisure or when you have half an hour to fill between patients, and as such it makes interesting reading."

14. **The Herdsman's Introduction to Homoeopathy** by Philip HANSFORD. Helios Homoeopathic Pharmacs, 1992, booklet, 32 pages. £ 3.50 reviewed by Francis TREUHERZ [The Homoeopath, 13, 1/1993]

" ... The homoeopathic material is fascinating

and of a very high quality. He sees Homoeopathy as a safe effective form of medicine. . . . This volume is a good start and deserves a wider audience than just farming folk.

15. **The Journal of Homoeopathic Clinics - Being a collection of clinical cases, characteristics, etc.** Edited by Constantine HERING, and Henry Noah MARTIN.

Originally published by The Hahnemann Medical College of Philadelphia, and reprinted by The New England School of Homoeopathy, 1990, 306 pages reviewed by David NEEDLEMAN [The Homoeopath, 13, 1/1993]

"You have before you, a compilation of cases gathered or translated by Constantine HERING. A masterpiece. The body of the text is mainly cured cases. Among these cases are those presented by HAHNEMANN, HERING, RAUE, BERRIDGE, BOENNINGHAUSEN, FARRINGTON, GUERNSEY, HALE, JAHR and LEE - all master homoeopaths from the olden days.... As an historical document it offers the reader an interesting but ever changing snapshot of the profession at the time. As a reference work, I feel it could benefit from some editing I for one am grateful to Paul HERSCU for resurrecting these Journals and making them available for our pleasure and for the expansion of our knowledge

This book if not an essential item in one's library is certainly worth having and will be thoroughly enjoyed...."

16. **The World Traveller's Manual of Homoeopathy** by Colin LESSELL, CW Daniel, Saffron Walden. 1993, 339 pages, illustrated, paperback £ 16.95. reviewed by Francis TREUHERZ [The Homoeopath, 13, 2/1993]

".....book goes far beyond the normal

therapeutic hints one finds in so many of the small books for lay persons. In fact it goes so far with its detailed and useful descriptions of all kinds of major tropical infections that I should like to suggest that all professional Colleagues will benefit from it. . . . the detail concerning prevention and cure of so many spectacular diseases like sprue, typhus, malaria, and other infamous bacteria and viruses, is very very

comprehensive.....It is the quality of the information which impresses Congratulations on a terrific book. It is complex and detailed but worth the effort.. "

17. **Guide and Index to the Mental Rubrics of KENT'S Repertory** by David DAULT. Merlijn Publishers, Haarlem, Netherlands. 1992, II EDN., PAPERBACK 250 PAGES, £ 12.95 reviewed by Lee HOLLAND

[The Homoeopath, 13, 2/1993]

" Word indexes, such as those in the back

of the **Repertory**, I have never found of much help and rarely use DAULT'S purpose is much more than to provide a word index for KENT'S Chapter on Mind. It is also to clarify for us the precise and intended

meaning of each of the rubrics in the 'Mind' section as extant at the close of 19th Century by using Webster's fine dictionary, and then giving cross references to related rubrics which are really related Where the book does really help is to encourage us to dwell on difficult rubrics which always cause problems, such as, for example, 'absent - minded', 'abstracted' and 'absorbed in thought' . . . There are many useful definitions and checklists for you to ponder"

18. Synoptic Materia Medica by Frans VERMEULEN, Merlijn Publishers, Haarlem, The Netherlands, Hardback E 20.75 reviewed by Ann CALLAGHAN

[The Homoeopath, 13, 2/1993]

"..... This book, as the name implies, aims to

offer a concise picture of the 190 remedies it covers. Each remedy picture is laid out according to the format: 1. Region - lists organ affinities from **Boger's Synoptic key** and sides of the body from the **Synthetic Repertory**; 2. Modalities - again from **BOGER**; 3. Leading Symptoms - lists core mental/emotional and general symptoms from sources as diverse as **LIPPE** and **MORRISON**. In some of the lesser known remedies complete local symptoms are used when little is known of characteristic mental symptoms; 4. **Repertory** - lists rubrics from the **Complete Repertory** Version 2.0, from **MacRepertory**; 5. Food - aversions, desires, ameliorations and aggravations, presumably from the **Complete Repertory**. 6. Nucleus - this section is a summary of the total picture. As Frans says in his foreward, it is based on his own knowledge and experience. I find this book invaluable in everyday practice..."

19. Luna, a Proving by Lesley KING and Bob LAWRENCE, Helios Homoeopathic Pharmacy, Turnbridge Wells, 1993, booklet, 57 pages, £ 4.50. reviewed by Jane WOOD.

[The Homoeopath, 13, 2/1993]

"The proving was done as a final year project in 1991-1992. The remedy was made by Melissa ASSILEM, under harvest moon in 1987. A sincere effort has been made by the authors to be as objective

as possible... An excellent discussion is given at

the end of the booklet... I feel that this was a very good booklet... My only criticism would be that I thirst after more information ...

20. Homoeopathic Materia Medica for Nurses by Benjamin WOODBURY Van Hoy Publishers, Pennsylvania USA, 1992 reprinted 1992, 205 pages, paperback £ 18.95 reviewed by Elisabeth EDMUNDSON

[The Homoeopath, 13, 2/1993]

..The title I felt is restricting in that it suggests a limited readership which is unfortunate as the book could be beneficial to all with an interest in homoeopathy. If the book brings homoeopathy to the nurses it will indeed have served its purpose through

their sowing of the seeds of awareness in the ivory tower of orthodox.

21. Homoeopathy by Beth MACEOIN, Hodder & Stoughton, 1992, 127 pages paperback £ 7.99 reviewed by Linda RAZZEL [The Homoeopath, 13, 2/1993] "This book is aimed at the complete beginner "

22. Homoeopathy for Common Ailments by Robin HAYFIELD, Gala Books, 1993, 95 pages illustrated with 26 colour photographs, paperback £ 7.99 reviewed by Sara BYFIELD. [The Homoeopath, 13, 2/1993]

"This paperback is a good introduction to Homoeopathy. It is a very practical book which conveys that the use of Homoeopathy can be gentle and comforting, and it takes out the fear of prescribing the wrong remedy for common ailments I think this is one of the clearest and most practical books on first aid and common ailments that I have come across and, therefore, warmly recommend it."

23. The Classical Homoeopathic Lectures, by Vasilis GHEGAS, translated by Fons Vanden BERGHE. Homoeo-Study V.Z.W. De Schom 67, B - 3600 Genk, Belgium 1991. 184 pages. 800 Belgian francs, reviewed by Richard WYNNE [BHJ, 82,2/1993].

"Vasilis GHEGAS has been giving exciting seminars on 'classical Homoeopathy' in London and Holland since 1983. Dr. Fons Vanden BERGHE has been meticulously recording the lectures by hand, and with the help of tapes of the London Seminars he has produced edited transcripts.... In this volume are **the Materia Medica** with essence of Natrum muriaticum,

Natrum sulphuricum and Sulphur, together with medicines and their characteristic symptoms for a number of acute diseases such as colds, tonsillitis, intestinal problems, headaches and skin disorders ... **The Materia Medica** is excellent characteristic ... symptoms have much useful and interesting information The book finishes with 8 pages of useful tips and snippets of information and ^an index of medicines mentioned [152 in this volume]I know of no other work like it." **24. All Kinds of Minds:** by Melvin LEVINE, Educator Publishing Service, 75 Moulton Street, Cambridge, MA 02138 -1104. reviewed by Aaron NEUSTAEDTER [the eight year old son of Randal NEUSTAEDTER] [NEJH, 2, 1/1993].

"This is a book about... all kinds of minds, like minds with reading disorders or minds with attention deficits or just a problem making friends This book is great. Get it and you will learn about deficits, disorders, learning problems

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below:

1. **AHZ:** Allgemeine homoeopathische Zeitung, Karl F.Haug Verlag, 6900 HEIDELBERG 1. Germany.

2. **ZKH:** Zeitschrift fur Klassische Homöopathie, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
3. **THE HOMOEOPATH:** The Journal of the Society of Homoeopath, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
4. **NJH:** National Journal of Homoeopathy, Milan Clinic, Saraswati Road, Santa Cruz (W), BOMBAY - 400 054.
5. **BHJ:** British Homoeopathic Journal, Royal London, Homoeopathic Hospital, Great Ormond Street, LONDON, WC 1N 3HR, U.K.
6. **SIMILLIMUM:** The Journal of the Homoeopathic Academy of Naturapathic Physicians, 11231 SE Market Street, PORTLAND, OR 97216, U.S.A.
7. **H.T.:** Homoeopathy Today, National Center for Homoeopathy, 500, Massachusetts Avenue, N.W. Suite 42, WASHINGTON D.C. 20005, U.S.A.
8. **ACD:** Archiv fur Homöopathik, DYNAMIS-VERLAG, AM Vogelherd 18, 4200 OBERHAUSEN 11, GERMANY.
9. **JAIH:** The Journal of the American Institute of Homoeopathy, 1585, Glencoe, DENVER, Colorado 80220, U.S.A.
10. **SIMILLIMA:** Van Walbeckstr. 85-3 1058. CM AMSTERDAM. (HOLLAND)
11. **RESONANCE:** The International Foundation for Homoeopathy, 2366, Eastlake Avenue E, Suite 329, Seattle, WASHINGTON 98102, U.S.A.
12. **IJHM:** Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R. Gadkari Marg, Irla, Vile Parle (West), BOMBAY - 400 056.
13. **NEJH:** New England Journal of Homoeopathy, 356, Middle Street, AMHERST, MA 01002. U.S.A.
14. **CCR:** Homoeopathic Clinical Case Recorder, Dr. Subhash Meher, Phule Road, Maliwada, AHMEDNAGAR - 414 001. India.
15. **RBH:** Revue Beige d' Homoeopathie, Editor: Dr. Ch. Schepens, rue Groeselnberg, 39, 1180 BRUSSELS, Belgium.
16. **CCRH:** CCRH Quarterly Bulletin, Central Council for Research in Homoeopathy, B-1/6, Community Centre, Janakpuri, NEW DELHI - 110 055, India.

PART II

REMEDIES NOT IN KENT by David WEMBER [JAIH, 86, 1/1993]

[In the QHD, X, 4/1993, "A New Look at Old Remedies" by David WEMBER was reprinted. This was appreciated by the readers. Here is another interesting and practical article from the same author = K.S.S.]

As one practices homoeopathic medicine over time, one tends to gather more and more remedies in one's armamentarium, many of which are not in KENT'S **Repertory** and which can be quite helpful when practicing what ; call "practical Homeopathy"¹. There are many little things which one has to put together eventually to treat the case. My philosophy always is to take a case and to look for the constitutional or miasmatic remedy. That is how I was trained; the sole method that I learned from older doctors. There is more to practical Homoeopathy, however, than just the prescription of one deep-seated remedy in a case. Quite often a less well-known, minor remedy is required, based solely upon a few important, if less inclusive symptoms than those usually covered by a polychrest. Let me give some examples of remedies not found in KENT.

One of the remedies that I have found to be quite helpful is *Chininum salicylicum*. There are many China remedies. C-ARKE says, "Of all the preparations of quinine, the salicylate is the most injurious to the structures of the internal ear," and, of the things for which it has been helpful, he lists deafness, Meniere's disease, and tinnitus. Various remedies are helpful in these kinds of conditions, but I have found *Chininum salicylicum* to be one of the best. I had a young woman in her twenties who came in five or six years ago Her history was that she had, a few years before, an inner ear infection which was believed to be due to a virus. She had a severe case of vertigo and never had recovered fully since then. She always felt "a little spacey." Her equilibrium was off. She could move and function well; She was not overtly dizzy. She was not at risk of falling, but she suffered a constant latent sense of equilibrium imbalance. She experienced a lot of nasal stuffiness, so it was believed that allergies were involved. She was treated with Chlortrimeton and Sudafed in the morning, and Phenergan and Afrin at bed time. She had taken this for three or four years; if she did not, she would feel stuffy and spacey. Her dysequilibrium was always worse when driving in a car. This lady was teaching in Baltimore and living in Arlington, Virginia. She had to do a lot of driving, and her dizziness was distressing her greatly. If she took her antihistamines and decongestants, she felt better, but she never recovered from that sensation of being a little bit dizzy or a little bit spacey all of the time. I started her on some Chin, sal 12x. Within the first week she had stopped all her allopathic medicines. She said she was able to do things that she had not been able to do in years. She needed to repeat this periodically during the year, such as during allergy season. It always helped her.

I had another case recently: a man in his late thirties who had chronic prostatitis for about two years. He also had some asthma. His main complaint was vertigo. He had been on various medications: Theodur, Bactrim, Floxin and Nuprin as an anti-inflammatory agent for the pain in his prostate. After taking the Bactrim and Floxin about two years ago, he developed vertigo. He had acute vertigo, which then left him with residual feelings of weakness, dizziness, and spaciness. It never resolved. Like the previous patient, he had an ENT evaluation, but nothing specific was found. He had allergies and was given some Beconase for his chronic rhinitis, all before I saw him. He also developed a hearing impairment in the sense that he had hypersensitive hearing. Later he developed overt tinnitus. He described this tinnitus as becoming worse with noise. It consisted of a vibrating noise or a rushing noise; he could not specify further. Sometimes it was chirping; sometimes it was hissing. It was always in his ears. His ENT consultant could not find anything. I gave him a dose of Chin. sal. - one pellet of the 12X twice a day. This was in December. A month later I saw him; the tinnitus was twenty-five to thirty percent better. A sense of pressure in the right ear which he had all along was about forty percent better. It finally cleared considerably only recently. I kept him on Chin. sal. for another month. After the second month he was sixty percent better, and after the third month he was eighty percent better. His tinnitus hardly disturbed him at all any more, but he still had that sensation of pressure in the ear. I then put him on *Arum draconitum*. He had postnasal drip and cleared his throat often, and *Arum* has a lot of that symptomatology. He just called me recently to say that his ear pressure and postnasal catarrh were relieved.

Another remedy that I have used with great success for ear problems is *Pilocarpus* [*Jaborandi*]. It often is useful for problems similar to those for which Chin. sal. is effective - tinnitus, dizziness, deafness. It is a very powerful glandular stimulant, affecting primarily the salivary and sweat glands. It was used years ago as a diaphoretic. The nature of the profuse salivation and sweat reminds one of nausea of pregnancy, when there is nausea and excessive salivation. *Pilocarpus* can prove helpful in such a setting.

I treated a forty-eight year old woman from Bangladesh who had a six year history of tinnitus, originally on the right side only, then becoming bilateral. She described the noise as being so loud that it was painful. The sounds were hissing and chirping. It would wake her at night. She would pace the floor restlessly, playing music to soothe herself. I tried *Lachesis* and *Tarentula* and several other remedies to no avail. More specifically for tinnitus, I tried *Digitalis*,

Chenopodium anthelminth, Salicylic acid, Natrum salicylum, and China salicylate, with no alleviation of the symptoms. Finally, when I factored in her age and menopausal sweats, and then gave Pilocarpus, the tinnitus reduced dramatically.

BOERICKE says of Pilocarpus, "The face, ears and neck become in a few minutes deeply flushed with drops of perspiration breaking out." Of what does remind one? the hot flashes of menopause -- Soaking wet with perspiration. If Lachesis, Sulphur, or Sanguinaria are to no avail, think of Pilocarpus. I first learned this when I studied with Dr. JUNKERMAN, one of our old-time prescribers from Columbus, Ohio who practiced for more than sixty years, right until his death at over ninety years of age.

The thought of salivation brings to mind the case of a little boy about three or four years of age. The mother brought him to me because of his tendency to contract chronic colds every winter. He always would be wearing a bib every time he came into the office. Now this was not a one or two year-old. He had finished teething, yet he was still drooling; hence the bib. Dulcamara helped this boy considerably, its selection based upon the drooling [italics in KENT] and his tendency to fall ill in cold weather.

BURNETT'S chief remedy for mumps was Pilocarpus. He introduced it to the homeopathic community for this condition. Another remedy for mumps is Trifolium repens [White clover]. It has profuse salivation, with salivary gland pain and swelling. The Trifolium pratense, which is in KENT, is the red clover. It also has a great deal of ptialism; however, I find it most frequently useful in hay fever. Phleum pratense is Timothy grass, and this too is another one of our hay fever remedies.

Returning to the theme of deafness and tinnitus, another remedy that has helped me is Rosa damascus, from the Damascus Rose. It has hay fever symptoms, and it also has tinnitus, but for chronic Eustachian tube catarrh. Mercurius dulcis is similar. Another remedy for deafness is Agraphis nutans, from the Bluebell. It is effective for what has been called "throat deafness", referring to diminished hearing which is the result of Eustachian tube obstruction due to adenoidal hypertrophy.

A remedy I have used for tinnitus due to adhesions is Thiosinaminum, from Mustard oil. It is said that Thiosinaminum is useful when there are adhesions anywhere in the body. It resembles Calcarea iluorica, Silica, and Fluoric acid. It will help dissolve adhesions. It is the chief remedy for tinnitus from Otosclerosis-when the bones have been ossified by fibrous adhesions, or Keloids. I use it after surgery for those people who tend to form adhesions.

Dr. MASIELLO says he uses it topically in a lanolinpetrolatum base. I am currently treating a woman with a history of severe endometriosis. She was put on Synarel and then Lupron for a year to suppress the endocrine stimulation of the Endometriosis. She discontinued this and came to see me because she was afraid of the return of the endometrial pains with her period. In addition, she experiences constant lower abdominal and pelvic pains, pushing downward, attributable by her doctors to adhesions from four previous abdominal surgeries. I put her on Thiosinaminum 3X twice daily. Her pelvic pains have reduced significantly. It has been reported useful for rectal strictures also.

Thiosinaminum is reported to be useful in arteriosclerosis. I have had some success in older patients where their memory is starting to fade a bit and there is a history of microinfarcts. Thiosinaminum, in low potency, helps their memory. Thiosinaminum is a chemical derived from the oil of mustard. Oil of mustard, itself, "by inhalation, acts on the sensory nerve endings of the trigeminal neuralgia, pain in the middle ear, and sinus pain. I actually have gotten some Oil of mustard and given it to patients who have had severe migraines and sinus headaches, and, just by inhalation, it has helped them. This brings to mind what Dr. MASIELLO told me about using Capsicum in cluster headaches. There are some recent studies in which Capsacine [the active principle of Capsicum] cream, which has been used topically for Herpes zoster pain, has been applied intranasally for headaches. I have used it recently as a nasal spray with some success for sinus and migraine headaches. There are always new applications to look for in our remedies.

I have seen more and more chalazia in my practice recently than I have ever seen in the past. They are similar to styes, but usually do not come to a head and are more difficult to eradicate. Thuja, Staphysagria and Tuberculinum all have been used advantageously. There are various other ones in the repertory. ANSHUTZ quotes an article entitled, "The Lancet of the Eye". This article is about *Platanus occidentalis*, the Sycamore - Button wood. It has become my chief remedy for chalazia. I use it as a tincture. When the eyes are irritated, I use a tincture of *Calendula* as an eyewash [one drop of the tincture in a tablespoon of water]. One drop of that solution is administered in the eye. In children, it is easier to put a drop in a table spoon of water, saturate a cotton ball with the solution, and rub it over the eye. It's a wonderful eyewash - for conjunctivitis, for eye irritation and allergies, for red and itchy eyes. You can throw away the Visine.

For a chalazion I prepare a solution of *Platanus* and *Calendula* tinctures [1:1], place one drop of the combined tinctures in a tablespoon of water, and administer this solution into the eyes three times a day. For me that has been quite helpful for chalazia.

A chalazion is usually a chronic, recurrent problem. Patients often give a history of having gone to the ophthalmologist repeatedly, receiving antibiotics which are only partially effective, and then requiring lancing of the chalazion- It is a very chronic problem. The *Platanus* - *Calendula* solution is very helpful. It removes the recurring nature. It must be used for a while; it does not work instantaneously. After several months' use the lesions start to recede. At the first hint of a recurrence, start using the drops again. I have never seen anything work as well. I have never used it in potency, which may be very helpful as well.

One of the diseases which seems to be on the rise is chronic interstitial cystitis. I did not use to see it years ago, but it is a problem currently. The remedy I have used the most and to the greatest effect is *Lithium benzoicum*. CLARKE says each of its two elements has a "powerful action. . .over the urinary organs." There is a chronic irritation that always seems to be present. It goes a little deeper than *Eupatorium purpureum*, which is a great remedy for bladder irritability. I have often used *Eupatorium* in tincture - 5 drops in a half-a-glass of water three times a day - for acute cases. It is very effective. *Staphysagria* is, of course, useful for the acute irritation of "honeymoon cystitis." Remember *Lithium benzoicum* for the chronic bladder irritability or interstitial cystitis.

Other remedies that I have used to help chronic irritability of the bladder are *Triticum*, Couch grass, and *Populus tremuloides*. American Aspen. The latter has a lot more pain in its symptom picture. In *Populus* there is, at times, difficulty in urinating, perhaps because of the increased mucus discharge, and it has more tenesmus of the bladder than some of the other remedies mentioned. Another symptom in *Populus tremuloides*, which led me to its use in two patients, is a pain behind the pubes after urination. That symptom is more classic of the chronic bladder irritability in interstitial cystitis. So, remember *Lithium benzoicum*, *Populus tremuloides*, *Triticum*, *Staphysagria* and *Eupatorium purpureum* for bladder irritability and continued urging to urinate.

In the cold and flu season, we sometimes get viruses that mimic whooping cough. There are sporadic episodes of whooping cough, without doubt, but often enough there are viruses that mimic it. There is a spasmodic kind of cough, dry and repetitive, such as would remind you of *Drosera* or *Pertussin*, if you were to consider the case one of actual whooping cough. *Castanea vesca*, from Chestnut leaves, has been a remedy that I have found quite helpful in that early dry, ringing kind of persistent, repetitive cough, occurring in spasms. It resembles *Coccus cacti*, which has a terrific spasmodic cough, irresistible coughing. However, *Coccus cacti* has a lot more congestion in it. *Coccus cacti* has the modalities of better in the cool air and better with cold drinks. Most comparable remedies are better with warm. Again, think of *Castanea* for the beginning dry, ringing kind of cough with a lot of spasm. It is useful in the very early stages of whooping cough. Other remedies to compare in this type of cough are *Corallium rubrum*, *Mephitis*, and *Naphthalinum*. These are in KENT. *Naphthalinum* is also a good hay fever remedy.

One of the topics that arises often in practice is uterine fibroids. Classical remedies are *Calcarea carbonica*, *Calcarea fluorica*, *Phosphorus*, and, BURNETT'S great remedy, *Aurum muriaticum natronatum*. I believe 50% of women have fibroids. They grow with the normal female estrogen stimulation and then shrink with menopause, unless estrogen replacement therapy is instituted, which induces continued fibroid growth. However most fibroids are benign and often go unrecognized. When they do grow too large, they can cause such problems as uterine bleeding and pressure on other internal organs. This happens most often at the pre-menopause, and it is best to bide time, if you can, until hormone levels recede at menopause and the fibroids regress, naturally. If, however, there is too much flooding, the surgeons will be glad to intervene with a hysterectomy. I have used various remedies to avoid the necessity of surgery. *Calcarea iodatum* has been quite helpful. My best remedy is *Hydrastis muriaticum*, the alkaloid of *Hydrastis*, for uterine fibroids, especially bleeding fibroids. BOERICKE, has three sections in his Repertory for fibroids, including bleeding fibroids. Other remedies to consider are *Lapis albus* and *Thlaspi bursa pastoris*, the Shepherd's Purse, both in KENT. Three others not in KENT are *Fraxinus americana*, from the white ash, *Aurum muriaticum kali*, the double chloride of potassium and gold, and *Calcarea sibiato sulph.*, the antimony of *Calcarea sulphurica*. All have been helpful for fibroid tumors.

Here are a few remedies that have helped me with rheumatic problems. CLARKE says a chemist, while preparing a combination of Lithium carbonicum and Lacticum acidum, experienced rheumatic pains in the small joints. So he put them together in one remedy, Lithium lacticum, and found it to be useful in rheumatic diatheses. I have used it for right shoulder pains when Sanguinaria or others have not helped. Another remedy efficacious for rheumatic pains, soreness, and myalgia is Rhamnus californica, from the California coffee tree. I have used it for fibromyalgia after Rhus toxicodendron. It has been very helpful.

Another remedy that I have found helpful in the rheumatic process is Formic acid. This is the main constituent of Formica rufa, the tincture of ants. It is in a lot of insects, including bees, and is also in Urtica urens. DUDGEON, in the past, used it for Tuberculosis, Nephritis, and Carcinoma. I have not used it for these purposes yet. It has been used for myositis, periostitis and ligament contractions, such as Dupuytren's. I have used it successfully for polyps of the nose; other remedies to consider being Calcarea carbonica, Lemna minor, Teucrium, and Sanguinaria nitricum. ANSHUTZ relates many testimonials to the various wonders of Formic acid. One of the stories was about eczema. A doctor in Bedford, Massachusetts, was digging in the ground around his dahlias trying to find out why they were not thriving. He suddenly got a funny smell on his hand, which he realized was from the yellow ants he had crushed with his fingers. Subsequent to that he developed a terrible eczema of the hands, with vesicles and dry, thick oozing skin.

I have used Formic acid the most for chronic arthritis. BOERICKE says the seat of action seems to be in the ligaments and the bursa and capsule of the joints. I am treating a twenty-five year old woman who has had juvenile arthritis since age twelve. She has had knee and hip replacements already, and her fingers are all distorted, she had been on many anti-inflammatory medications. Her Joint pain would flare periodically. I started her on Formic acid 6c. In a month's time the pain was thirty percent better; in two month's time, eighty percent better in mobility and less pain in her hands and knees. She continues to use Formic acid on an as needed basis.

There are a few of the "Sativa" remedies about which I would like to comment. The first two Allium sativa, from garlic, and Armoracea sativa, from the horseradish, are in KEN*, but are not well repertorized. I have used Allium sativa for a congestive cough with fetid expectoration. Armoracea sativa has cramping abdominal pains which extended through to the back and sometimes down into the sacrum. It will double you up like Colocynthis. Abdominal pain with backache is the keynote.

Avena sativa is from the common oat. It is said to be very helpful in detoxification from morphine addiction. BOERICKE says it is the best tonic for debility after exhausting diseases. It is helpful for nervous exhaustion and sleeplessness, like Kali phosphoricum.

Medico sativa, from alfalfa, is a great tonic to improve malnutrition and failure to thrive. Give alfalfa tincture, 2-5 drops, 2-3 times day. It seems to stimulate nutritive function and increases the appetite [opposite of Phytolacca berries]. It is used in deficient lactation. I often have women drink alfalfa tea to help with their milk supply. I have also used it for bladder irritability from benign prostatic hypertrophy. Ornithogalum, the Star of Bethlehem, is best known as a Bach Flower Remedy. It has been used for Cancer of the stomach. Its seat of action is in the pylorus, where CLARKE says it creates "painful spasmodic contractions and distends the duodenum." Condurango also allays the pains of stomach cancer, but its seat of action is in the upper end of the stomach, with esophageal spasms and pain behind the lower part of the sternum. Ornithogalum, like China, has "balls of wind rolling about from side to side" in the abdomen, which is usually painful, whereas China is usually painless.

Another remedy with pain and flatulence is Momordica balsamina, the Balsam Apple. It has colicky pains in the left upper quadrant of the abdomen, as if from trapped gas in the splenic flexure of the colon. It has pains in the back, coming through to the hypogastrium or pelvis, often associated with menses. VITHOULKAS talked about the left upper quadrant pains of Gratiola. Remember, the right hypochondrial pains going into the back of Chelidonium; the left hypochondrial pains going into the back of Chenopodium glauci, and the left lower quadrant pains of Trombidium, which often mimic spastic colitis or irritable bowel syndrome.

Finally, a remedy that has helped me several times is Skookum chuck, from Medical Lake near Spokane, Washington. It is a great antipsoric remedy for skin and mucous membrane. The first provings produced many hay fever-type symptoms. Subsequently, they brought out a lot of eczematous conditions. The first time I learned about that was from Dr. LUCY CLARK at the **National Centre Summer School**, which was held at that time at **Millersville State College** near Lancaster, Pennsylvania. She spoke of it for eczema plantaris, eczema of the feet. ANSHUTZ gives several examples of thick, dry, scaly, cracked, painful soles which were helped with this remedy. Think of Skookum chuck for eczema of the scalp, as well as other places. It is even used as a soap.

CONTINUING HOMOEOPATHY MEDICAL EDUCATION SERVICES QUARTERLY
HOMOEOPATHIC DIGEST

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PART I - CURRENT LITERATURE LISTING

I. PHILOSOPHY

1. Das Keynote-System und seine korrekte Anwendung (The Keynote- System and its correct application)

REIS Stefan (ACD, 2, 3/1993)

KENT said "The keynote system has done more mischief than anything else, although keynotes are not to be ignored, but until the relation of the Generals and Particulars is understood it is no matter how much you memorize about it." (**The Basis of future observations in the Materia Medica, or how to study the Materia Medica, in The Journal of Homoeopathies, Vol. II, Lancaster 1899**). What does Henry Newell GUERNSEY (1817-1885) say about the "Key-note System"? What did he actually mean by "Key-note"? The Key-note refers to music, the underlying note with which the entire piece agrees.

The author points out that the Key-note is the same as what HAHNEMANN mentioned in p.153 of the **Organon**. The Key-note method is only a technique by which one comes nearer to the indicated remedy and the final choice must be by comparing the few remedies that come up into consideration.

2. Die deutlich einsahbaren Grunde der Heilung (The clearly perceivable basis for healing) KLUNKER W. (ZKH, 37, 5/1993) Homoeopathic cures occur only if the remedy

is chosen according to the rules. This is perceivable. Placebos do not act that way. The author points this out by a case in which Spigelia wrongly chosen did not work but the rightly chosen Sepia did.

3. **Organon:** Prima re en secundaire werking - Basiswaan (Primary and secondary action/basic delusion)

DAM K. (Simillima, 2, 3/1993)

In the earlier issue of the journal several homoeopathic principles in terms of modern biophysiology language were described: homeostasis, toxic and biological effects of substances, etc. Although an analogy between biological effect and primary action and between biological effect and secondary action is apparent, this is not true though both primary and secondary action are biological effects of the drug. The how and why is

explained.

Also the basic delusion-idea is put in this perspective (modern bio-physiology) and explains the individual differences in biological reactions to the same external (toxic) stimulus. Basic delusion, original situation etc. is terminology used in the way described by SANKARAN in his **Spirit of Homoeopathy**.

In financial terms: the basic delusion is the mortgage that we take on survival. We pay the interest of the mortgage in the form of our susceptibilities. When these susceptibilities are triggered too much by the environment (allergens) then this will lead to disease and then disease is the price we pay. Cure is paying back interest and redemption of the mortgage, making the basic delusion smaller and smaller till we are redeemed. This redemption takes the form of feeling and integrating the overload that was repressed into the subconscious in the life-threatening "original" situation, this repression was done only to secure survival. 4.

Organon : Sensitiviteit en Specificiteit van

symptomen: (Sensitivity and Specificity of symptoms)

DAMK. (Simillima, 2, 4/1993)

With these two terms from statistics the ideal homoeopathic system is construed. The symptom that is 100% sensitive for a remedy (meaning: in every case of that remedy this symptom can be found) and at the same time 100% specific for that remedy (meaning: whenever in a case you find this symptom you can prescribe this remedy to the exclusion of all others) is the ideal homoeopathic symptom. From the **Organon** (paragraphs 210 and 212) it can be deduced that HAHNEMANN saw in the mental/emotional state that ideal homoeopathic symptom (complex). For example in para 212 he says that every (sensitive) prover will develop a mental state (100% sensitivity) and that there are no two remedies on earth that will produce the same mental state (100% specificity). Of course this sounds easy but we all know that there are a lot of hang-ups, traps and falls in this mental state like the same state can be expressed in different manners, all the ego-mechanisms like projection, denial, sublimation, compensation etc. can be involved (disguising or even making it look opposite to the original state). The original state may give itself away (very obvious sometimes) in for example dreams or non-verbally in body (language), facial expression and the like.

It may be very worthwhile to deepen out the mental disposition with the help of all available knowledge in contemporary psychiatry and psychotherapy (especially including the alternative ones like primal-therapy, past-life therapy, bioenergetics, etc.)

5. Signatuur en Homoeopathie (Signature and Homoeopathy)

DAM K. (Smillima, 2, 3/1993)

Signature theory can be homoeopathically used in the sense that remedy-symptoms can be deduced from the qualities or form of the original substance. In this way signature-theory can be a useful addition to (always) incomplete remedy pictures. In his last Dutch seminar JAYESH gave examples of "signature" prescribing. He successfully prescribed Lizard (Saururus) on a patient who behaved as a lizard (in her dreams; shy and skittish, not walking on the ground, only on walls and ceiling). In another case where somebody was very afraid of feathers (which she used to collect as a child) and had a travel desire Tuberculinum aviaire was the remedy.

Colleague Huib WUTENBURG from Nijmegen once prescribed the Peruvian Bark (China) for a patient who had a craving to go to Peru (from young age on). Jan SCHOLTEN from Utrecht made a successful prescription of Vespa (wasp) because of the black and yellow vertical striped clothing the patient wore.

With signature theory you might even predict some remedy symptoms of substance not yet proved. If you see such symptoms in a patient this might lead to the production of a homoeopathic potency of the substance and a trial. The morphogenic resonance theory of SHELDRAKE is probably a modern edition of signature theory.

6. Rediscovery of Homoeopathy
SEHGAL Madanlal (HL, 7, 1/1993)

Dr. M.L SEHGAL has found a unique method of homoeopathic remedy selection. He converts the patient's expressions in words, gestures, tone, etc. into 'mentai' rubrics and chooses a remedy. The 'present, predominant, persistent' symptoms are considered. The physical, general and particular, etc. are not at all considered, nor is there any distinction about acute, chronic remedy or short-acting or long-acting etc. Generally the 30th potency, mostly one dose, is sufficient. Cure occurs by a process of elimination from the body.

Dr. SEHGAL calls this method 'Rediscovery of Homoeopathy', 'Revolutionized Homoeopathy' and has

a wide following.

Cases are cited from personal experience.

7. Understanding Illness and Cure - according to the **Organon** p.1-3 and cases

Anne SCHADDE (HL, 6, 4/1993)

This is an extract from the lecture delivered on July 1993, on the occasion of the **Kothener Hombopathietage**, the 150th anniversary of HAHNEMANN's death (1843).

The significance of the first three paragraphs of the **Organon** is explained, with two cases.

8. Homoeopathic Dosage and Dispensing
George DIMITRIADIS (HL, 6, 4/1993)

This is a brief discussion of the historical development of HAHNEMANN's posology. The author outlines the development of 'small' doses vis-avis 'successions' and HAHNEMANN's observation that the "suitableness of a medicine for any given case of disease does not depend on its accurate homoeopathic selection alone, but likewise on the proper size, or rather smallness, of the dose" (p.275, **Organon** VI edn.). After discussing HAHNEMANN's instructions for dispensing remedies in solutions, the author mentions his own method both for the Centesimal and the Q (50 millesimal) potencies.

He further discusses briefly the repetition of the dose. He concludes by stating "the principles governing the accurate selection of dosage is still very much in its embryonic stage. I believe that it is only out of a lack of study of HAHNEMANN's original communications, coupled by lack of real scientific application of pure Homoeopathy that there has been so much confusion generated regarding posology."

9. The Delusion of "Delusions"

Henk VAN HOOTEGEM (HL, 6, 4/1993)

Dr. Rajan SANKARAN, in his book **The Spirit of Homoeopathy**, has put forth the theory that Disease is "Delusion" and Cure is "Awareness". He has further proposed that the "Delusion" in the case before us has to be perceived to find the correct remedy. Henk VAN HOOTEGEM has argued that it doesn't matter whether we understand the patient or not, the homoeopathic remedy just acts blindly if the symptoms agree. In our repertorisation it is irrelevant whether we can explain or understand the symptom or not.

Dr. Rajan SANKARAN replies to the criticism of Dr. VAN HOOTEGEM.

A very interesting discussion. 10. Chronic miasm

and its Genetic Interpretation

DUTTAA.C. (HH, 18, 10/1993)

The author interprets the theory of chronic miasms in the light of molecular biology. "One recent finding in molecular biology is that, while mutations may arise in any type of cell carrying inheritable material, if one occurs in cells which give rise only to somatic tissue, the mutation will be eliminated with the death of the individual. If, however, the mutation occurs in a cell which gives rise to germ tissue, it can pass from one generation to the next. This conforms to the homoeopathic observation that the susceptibility of Psora, Sycosis and Syphilis is laid by inheritance and that the complicated form of Psora are those which are inherited..." A very interesting article.

11. Relief does not mean that the patient is marching towards cure

SARKAR Soumitra (HH, 18, 12/1993) Relief of symptoms does not mean cure of a chronic disease; the disease would relapse. Repeated palliations may lead to incurability of the main disease.

12. Opening Doors

WHITMONT Edward (The Homoeopath, 50/1993)

This is a brief extract from the Seminar he gave in 1991 at the Regent's College at the Annual Conference of the Society of Homoeopaths:

Behind the visible order, or that which we perceive, stands another potentiality order, implicate, inaccessible to our senses, inaccessible to our thoughts. This nothingness that is all is simply unthinkable, but it is. For instance, in terms of implicate energy, there is enough in a drop of water to blow up the whole universe. **In the potentizing process as you destroy or sacrifice explicate order, you return trie substance to potentiality, into that which is pure energy. This is the process that underlies the idea that in sacrificing visible form, a bridge is made to the invisible world, and thereby energy is returned.** This totally weird phenomena is experimentally borne out in the homoeopathic process. The higher you go, the more you destroy nothingness, the more energy becomes available. As you know the CM potency can be as powerful as a punch.

Then what is it that we potentize? We potentize any existing substance, whether we call it alive or not alive, there is no difference here, mineral, plant, animal, human substance. **Everything that is in existense is somehow an equivalent to a human position, a human ailment or a human conflict. Potentially**

every existing substance is a remedy and has proving symptoms that will fit some condition. Out of all the millions of existing possibilities we barely know a thousand or twelve hundred which is, however, still more than the allopaths know about medicine. **As you sacrifice an aspect of the macrocosm, to use Paracelsic language, as it offers itself up, you reach, and it can be helpful to, its equivalent in the microcosm in man.** All human existential possibilities are incarnated, explicated, in the visible cosmos and they are reached through de-substantialisation. It is a stunning idea.

Every external dissipative process is somehow related to a human dissipative process. We had a recent experiential demonstration of that during the Gulf War. In the havoc that this created in people's psychology, what it aroused when you went into all this commotion, at least in America, all the upset fear, terror, you always came back to childhood traumatic events. It activated personal, corresponding, similar, experiences. This was in a way tremendously helpful because something was activated and brought into consciousness, pushed into consciousness, that otherwise may have remained inaccessible. What presents itself is fear for the world or for a beloved one, you go into it and you find some personal experience behind it. That is not to say that the other is not valid, but it does correspond, it is linked with the similar personal event. We have the law of similars in this frame of reference. **Psychologically every external event corresponds like a plant, mineral or animal substance to a similar internal dynamic. Every illness needs to be looked at as a frozen impasse, conflict point, of a personal situation. It is usually of a basic archetypal character, reflected 'out there' in something and pointing to something 'in here', where it has not yet been possible to offer the sacrifice of self or ego transcendence.**

13. Aphorism 98 - A Discussion from a Female centred Perspective

TUBB Lizy (The Homoeopath, 50/1993) In this interesting study the author feels that "HAHNEMANN's thoughts need to be redefined to take account of the psychological construct of the unequal power dynamic between women and men, and the socio-psychological limitations and structures which women exist within, for example family and society's expectations, and the subsequent limited personal role righification and culture norms. One of the problems in interpreting the HAHNEMANN philosophy (as with trying to make meaningful connections with and sense of, most of our societally approved philosophies) is the need to translate the meanings behind language structures, from sexual, racist ones, to ones which encompass the 51 percent of

the world which is female, and to take meanings and encode them in a more equality conscious conceptual framework." Further "a reinterpretation of HAHNEMANN's classical Homoeopathy takes account of issues and threads he does not mention because as a male he did not see them, as well as using the skills he thinks are significant."

14. PARACELUSUS Today

COULTER Harris (The Homoeopath, 51/1993) "Theophrastus Bombastus Philippus Aureolus von Hohenheim known as PARACELUSUS, the greatest medical reformer in history apart from HAHNEMANN was born five centuries ago late in 1493. Famous, even notorious, in his lifetime and the founder of a therapeutic tradition. By the early 20th century his name and writings had fallen into disrepute and oblivion, to be resurrected through the heroic, scholarly labors of German historians, Karl SUDHOFF and Wilhelm MATTHIESEN, who collected and published the original manuscripts. Since that time, and fuelled by the sudden accessibility of the original writings, interest in this great medical thinker has steadily mounted." The great service of PARACELUSUS was to undermine and weaken the rationalist dogmas which dominated school medicine then, as they do today.

PARACELUSUS and HAHNEMANN were both vitalists; both relied on the body's innate healing power as the agent of cure, both advocated the 'similar' medicine and rejected the 'contrary', both urged reliance on experience and mistrust of logic.

"From today's perspective, however, the two thinkers can readily be seen to represent major milestones in the development of the therapeutic philosophy of empiricism."

15. LM-potenserna, Hahnemanns sista upptackt (LM- potencies, HAHNEMANN's sixth edition) Chris JORGENFELT (HLK, 2, 1/1993) This is a brief discussion on the 50 millesimal potencies.

II. MATERIA MEDICA

1. Actea spicata

WIRTZ Anne (Simillima, 2, 3/1993) A case of a man with persisting head-symptoms (chronic sinusitis, sleeplessness) after a cold. He was quite extraverted, easy making contact, hard working but on the other hand periods of fear of failure, then he needs someone to talk to. Then he is also quite irresolute, keeps asking advice about trifles ("Shall I take a holiday or not? ' What do you think?"). The similarity with the Mind of Actea spicata as given in VITHOULKAS' **Materia Medica Viva** was noted and the remedy was given in

200 potency which cured. (Rubrics: Irresolution; Company, desire for; Fear, alone, of being; Delusion, fail, everything will; (Weariness of life); desperate about trifles; BOERICKE: Cardiovascular spasm (HERING: Urging sensation in heart); HERING: Head symptoms after fever. What Actea recemosa (Cimicifuga) is for women, Actea spicata is for men).

2. Carbo animalis

TIMMERMAN Alize (Simillima, 2, 4/1993) A four-year-old girl: doesn't say anything, only is observing, firmly settled in the lap of the mother. Also present is a key-note of Carbo-an.: Pain in abdomen, urination amel. But the meditation-like, detached, expressionless state of observing of the child is striking. After the remedy the child comes out, begins to talk and dream about being deserted by the parents (who are divorced). After one and half year and three doses of Carb-an., the mental-emotional and physical (chronic ear- trouble, bedwetting) improvements are remarkable.

3. Cochlearia officinalis
SCHOLTEN Jan (Simillima, 2, 4/1993)

Four cases of Cochlearia officinalis are related. From these a mental picture is deduced, it is the situation of a woman who has to take care of her sick, annoying and demanding husband. They feel it as their duty to take that burden but they don't really want to take care of this old bore. They feel more or less trapped in this relation (Cimic.) They don't express their anger or discontent, they suffer in silence. They can feel embittered, feel sour and there is not much joy of life. Differential diagnosis Staph., Magnesiums, Cimic, Ca/c-s. JAN was often led to Cochlearia because of the key-note: pain stomach extending to sides and back (BOERICKE). Later he realised that this was a key-note of Cochlearia armoracia which is different from Cochlearia officinalis (which is not mentioned in BOERICKE) but apparently they have the same key-note in common.

4. Fear of spontaneous combustion
MUNDY David (Simillima, 2, 3/1993)

A 28 year-old female with stress, tensions. She was diagnosed as having RSI (repetitive strain injury). Carboneum sulphuratum brought about a very rapid cure.

5. Developing an image of Apis mellifica
DIMITRIADIS George (HL, 7, 1/1993)
"Image"s of remedies may be formed from

seemingly fragmentary symptoms (Hence the importance of every symptom - proving and/or clinical - and HERING's request that every 'fragmentary' confirmation may be reported and listed). The author

builds the image of Apis mellifica from such observations from his practice. He cites cases.

Case 1: 23 year-old unmarried woman with 3 children; palmar dermatitis, worse from washing the children's nappies. She was quite talkative and the physician just sat back and listened. She was lively, laughing. She laughed even as she told of her difficulties, and stresses. Whenever she spoke of her hardships she laughed, loudly, uncontrolled. ("Mirth, simulates hilarity while he feels wretched"; "Laughing, misfortune at"; also see GS and EN).

Case 2: A 40 year-old lady, a stage singer/entertainer with a 15 year history of recurrent cold/influenza always associated with laryngitis. She was allergic to make-up and cigarette smoke with lachrymation. She also had unfounded concern that her husband might leave her, that her children dying and a strong fear of being raped. She also felt uncomfortable about sex with her husband and in her profession if anyone approaches her in a sexual manner she becomes very much embarrassed and very much uncomfortable. She spoke quickly, excitedly, rapidly, energetically. Apis 0/1 one dose every morning and in a few months amazing changes came.

And so the essential features of Apis that come from these two cases: Childishness; Loquacity; Mirth, cheerfulness, etc.; sexual prudishness; concern for the safety of one's children (HERING, Shrill screaming "oh my baby")

6. Characteristics of Augustura vera
ROHRER Anton (HL, 7, 1/1993)

In the mental picture of Augustura vera we find a combination of the following symptoms; Over-sensitiveness and excitability

- The slightest offence irritates very much
- Timidity (pusillanimity)
- Difficult concentration

The first hint which leads to Augustura is often the excessive craving for coffee. It is just a liking the taste of coffee and not needing it to get over the tired feeling.

A single symptom rubric which is characteristic of Augustura is: Hatred, has bitter feelings for slightest offence (K.51)

Further characteristic symptoms are listed. A case of Ulcer of the stomach in a 32 year-old doctor is narrated.

7. My experience with Natrum carbonicum
SCHADDE Anne (HL, 7, 1/1993)

In this article the author uses her experience and imagination to present a picture of Natrum carbonicum, that is meant as a suggestion rather than

something absolute. Two cases are narrated and lessons is drawn.

8. Bovista

SWOBODA Franz (HL, 7, 1/1993)

We may recognize Bovista from the kind of way the patient tells the story, which is given in the **Synthetic Repertory:**

- Truth, tells the plain
- Loquacity, open-hearted

Bovista are spontaneous, lively, quick-acting, active people. It may be confused with Fluoric acid, Phosphorus, Tuberculinum and Veratrum.

9. Interesting experiences with Apis mellifica
SHAH Jayesh K. (HL, 7, 1/1993)

The picture of Apis, especially in children, is developed through his cases. Very instructive study. 10. An inadvertent proving of Granite?

FOLLAS Greig (HL, 7, 1/1993)

A very interesting article. The author sniffed at a vial of the medicine Granite inadvertently. Soon he developed symptoms which were peculiar, including a stiff and 'locked' back which refused to yield to Rhus toxicodendron and the manipulations of an Osteopath. As the depression and other mental symptoms were on as also the back-ache, one day the author went mountain-cycling and while returning rode fast and suddenly ran straight into a large rock and as a result was violently thrown up and down on his back and - the back ache was cured as also all the mental depressions, et al! What had begun with one rock ended with another rock. (See the proving of Granite in **Resonance**, May-June 89.)

11. Sepia

SANKARAN Rajan (HL, 7, 1/1993) Exposition of Sepia with the help of the repertorial rubrics. The author says that the "main rubric of Sepia seems to be Delusion body disfigured; Delusion face disfigured (Dreams)."

12. Case and Materia Medica of Thyroidinum
BANERJEE Subrata Kumar (HL, 7, 1/1993)

A case of baldness cured by Thyroidinum. The author details the important symptoms of the remedy.

Notes on Thyroidinum:

- i) The more chronic the diarrhoea the better it is indicated. Offensive, liquid stool.
- ii) Abnormal aggravation of various troubles during menstruation.
- iii) Almost specific for cases of amenorrhoea due

to complex endocrinal imbalance. (Tuberculinum high potency follows well)

iv) Early abortion and tendency to premature labour, when the cause is not of mechanical origin; it is a constitutional indication.

v) Hysterical patients with feeble nervous make-up, Thyroidinum brings vigorous nervous impulses and contraction of uterus.

vi) Hysterical spasms and mental disturbances during pregnancy.

vii) Allergic bronchospasm which is precipitated by every change of weather and aggravated by cold.

viii) The more oedematous the urticarial rashes and the more extensively they appear over large areas of the body, the better will be the indications of Thyroidinum. Itching is more prominent than burning and relieved by heat or in hot weather.

ix) Roughness of palms with keratosis.

x) Loss of appetite in mentally dull and retarded children.

xi) Symptoms are better by rest, worse from least exertion.

13. Lac caninum

SANKARAN Rajan (HL, 7, 2/1993) A brief exposition of Lac caninum. What is it to be a dog? or how would it feel to be a dog? Dog is man's best friend, a great help while at the same time is subservient, obedient, still a dog.

14. Cyclamen europaeum LOGAN Robin (HL, 7, 2/1993)

An exposition of Cyclamen europaeum. The five main elements of the remedy represented by the following 'mental' rubrics: Conscientiousness about trifles; Delusion that he has neglected his duties; Forsaken feeling; Undemonstrative grief; Reproaches himself. Cyclamen is also mild-mannered and does introspection. The remedy could easily be mistaken to Pulsatilla. A case report is given.

A summary of the copious notes the author has taken over the years by way of quotations:

- I hate letting people down, it can worry me for days.
- I wish I could be less preoccupied with myself.
- I have always been very reserved emotionally.
- I am too hard on myself, a friend let me down recently, and I found blaming

myself, I felt I must have done something to cause it. I have a friend who is suffering from depression, and I feel it is my duty to visit her everyday and give her my support. It is draining me, but I couldn't cope with the guilt if I didn't go every day.

- You can't just write people off.
- I have never liked entertaining, because I like to do things perfectly and conditions have never allowed that.
- A friend's husband has died, now I have someone else to take under my wing.
- I have always found it difficult to do nothing, there is always the thought in the back of my mind, what should I be doing.

15. Buforana

SANKARAN Rajan (HL, 7, 2/1993) Bufo has the childishness of Baryta carbonica and the deceitfulness of Tarentula. The body grows but the mind remains childish; high sexual and physical development but lack of emotional and intellectual development (PHATAK: 'Childish but body grows').

16. HAHNEMANNs Extraktion von Symptomen in den "Chronischen Krankheiten" (HAHNEMANN's extraction of symptoms in the "Chronic Diseases") JANSENA. (ZKH, 37, 4/1993)

HAHNEMANN used the material available in the other **Materia Medicae** to complete his **Pure Materia Medica**. As an example the symptoms of Ammonium carbonicum in the **Materia Medica** of HARTLAUB & TRINKS (1829) are cited. HAHNEMANN did not take all the symptoms in other sources. A close examination would lead to understanding as to what symptoms HAHNEMANN considered as suitable to be extracted in his **Materia Medica**.

17. Sulphur und die sogenannten Reaktionsmittel (Sulphur and the so-called reaction remedies) KELLER G.v. (ZKH, 37, 4/1993)

With a case report the author points out that often Sulphur is the similar medicine when a superficial repertorisation indicated another medicine. Therefore the suggestion that "when the indicated remedy fails Sulphur would produce the required favourable effect," is doubtful. Possibly Sulphur was the actual similar remedy in those cases.

18. Opium - New aspects with case presentations

Victor JENNI (HL, 6, 4/1993)

In the author's opinion Opium is the simillimum in many confused cases. It re-establishes orderly function in the organism and opens access to further constitutional treatment. Four cases are also discussed. In the author's experience that if a person once in his life has gone through an "Opium-state" the indication of Opium remains permanent. "An Opium-state is the well known state of coma or of 'having almost died' calling for homoeopathic treatment, with Opium.

19. Calcium muriaticum and group analysis
C. SCHOLTEN (HL, 6, 4/1993)

This article explains a new way of analysing in Homoeopathy, called '**group analysis**'. With this method it will be possible to solve many otherwise difficult cases, with lesser known remedies like Calcium muriaticum or Baryta nitrica. This is demonstrated with a Calcium muriaticum case. **Concepts:**

Calcium: What do others think / Sensitive to criticism / Insecurity / Shyness / Fears / Protection / Withdrawal

Muriatic: Self-pity / Care / Nurturing / Mother / Attention / Self-awareness

Essence: The idea and the fear that others will think it strange that you need care and nurturing. **General characteristics:**

Location : Left. Overweight

Temperature: Cold. Gloomy in gloomy weather

Time : agg. 15 h.

Desires : Sweet (3). Chocolate (2)

Menses : Frequent, copious, daytime, Moody before menses. Painful and swollen breasts before menses.

Sleep : On right side or stomach

Car sickness.

Headache with cold. Watery nasal discharge. Left-sided sinusitis.

Mumps (the case makes us suspect that Calc.-m. could be an important remedy for mumps)

Rheumatic pains

Differential diagnosis : Calc, Calc-s., Muriaticum, Phosphorus, Sepia.

20. Pulsatilla and the Pituitary Body
SETHI P.K. (HH, 18,6/1993)

The ovaries and uterus are 'target organs' of complex hormone regulation by the Pituitary. Pulsatilla activates Pituitary gland for optimum production of regulatory hormones which in turn causes the target organs to function properly. Pulsatilla was used in heifers and cows showing anestrus (leaving out pathological involvement of the uterus and ovaries). More than 80% cases exhibited estrus and were productively mated. Similarly in a few cases where the labor was unduly delayed and the os was opened, administration of Pulsatilla in M potency resulted in safe labor in a short time. These results strongly indicated possible action of Pulsatilla on the Pituitary.

In the case of milking animals where the flow of milk was poor due to poor neurohormonal reflex mechanism Pulsatilla 30 twice a day for 3 days was successful in 70% of cases. 21. Remedy Masquerades

(The Homoeopath, 50 & 51/1993)

There are many occasions when polychrests are prescribed unsuccessfully in situations where smaller remedies are appropriate. This journal proposed to publish regularly a column focussing one such remedy each time with the purpose of increasing awareness of 'small' remedies.

A complete list of rubrics in which the remedy Alloxanum appears taken from the **Complete Repertory** version 1.7.

Anger

Anxiety

Anxiety; future, about

Company; aversion to

Company; aversion to; alone, amel. when alone
Concentration; **difficult** Confusion; identity, as to his; head separated from

body, as if

Dictatorial, domineering Exhilaration

Forsaken feeling Impatience

Indifference

Indifference; loved ones, to Indifference; surrounding, to Indifference; mania for work Irritability

Irritability; noise, from

Memory; weakness of

Memory; weakness of; (Jo, for what he was about to

Memory; weakness of; done, for what he has just

Memory; weakness of; facts, for, recent

Memory; weakness of; happened, for what has, just

Memory; weakness of; heard; for what has, just

Memory; weakness of; names; for proper

Memory; weakness of; places, for

Memory; weakness of; read, for what he has
 Memory; weakness of; say, for what he is about to
 Memory; weakness of; words, for
 Mistakes; speaking; spelling, in
 Mistakes; writing, in
 Sadness; mental depression
 Sadness; mental depression; alone, when
 Sadness; mental depression; alone when, amel.
 Sensitive, oversensitive; noise, to
 Weeping
 Weeping; alone, when; amel.
 Aversion to; salt, salty food
 Desires; cold drinks
 Desires; refreshing things
 Afternoon, 4 pm. - 5 pm.
 Ascending; amel.
 Exertion; physical; agg.
 Food; cold; drinks, water, agg.
 Heat; sensation of
 Heat; vital, lack of
 Syphilis

Menyanthes trifoliata:

Mental and Dream Symptoms from The

Complete Repertory Version 3.0: Air; amel. from walking in open, mental symptoms Amativeness; erections, without Amorous; disposition Amusement; averse to Anxiety

Anxiety; chest, in, standing, while walking, while heart, region of
 driving from place to place
 fear, with
 future, about
 heart, evil was going to happen, as if something
 oppressive Chaotic
 Cheerful, Gay, Mirth, Happy Company,
 aversion to
 alone, amel. when
 solitude, fond of
 Company, desire for; headache, during
 Confusion
 air, in open; amel.
 eating, after
 Contented
 himself, with
 daytime
 Delirium

Delusions
 night
 Discontented; displeased, dissatisfied everying with himself, with surroundings, with his
 Dreams; amorous battles
 disease; receiving a blow on the mouth many pleasant
 remembered; cannot be
 unremembered visionary vivid
 remember, could not war
 Dullness; sluggishness, difficulty of thinking and comprehending
 air, in open, amel. eating, after
 painful room, in a
 Dwells on past disagreeable occurrences Exertion, mental, agg. Exhilaration Fancies waking, on Fear
 alone, of being, headache, with driving him from place to place evil, of
 heart; arising from disease of
 misfortune, of Forsaken feeling
 headache, with Grief Hurry,
 haste
 movements, in Ideas,
 deficiency of
 headache, with dull, in room amel. in open air
 Indifference, apathy
 alternating with, cheerfulness
 jesting
 everything, to joy, to joyless
 Indiscretion
 Indolence, aversion to work
 Introspection Irritability
 Jestng
 alternating with, indifferenece
 indifference, after
 Lasciviousness, lustful, erections; without
 Meditation
 Mirth, hilarity, liveliness Mood, agreeable
 alternating changeable, variable Morose, cross,
 fretful, ill-humor, peevish Play; desire to
 Prostration of mind, mental exhaustion, brainfag Quiet
 disposition Rashness Reflecting Reserved
 Restlessness, nervousness anxious
 bed, tossing about in drives him from place to place
 women, in; urinary troubles, with Sadness,
 despondency, dejection, mental
 depression, gloom, melancholy Senses,
 dullness of, blunted Sensitive, oversensitive;
 noise, to touch, to

Shrieking, screaming, shouting; waking, on Starting startled; night; sleep; from Suspicious, mistrustful Talk, talking, talks; indisposed to, desire to be silent,

taciturn Thoughts; disagreeable

past, of the Timidity

Tranquility, serenity, calmness Weeping, tearful mood Work; aversion to mental

22. Anantherum

FORDHAM Bob & SHAH Rajesh (The Homoeopath, 50/1993)

Three cases treated with the little-known remedy Anantherum muriaticum.

Case 1: A girl 8 years old with a sexual awareness in advance of her years. She spoke openly and candidly to the doctor about her imaginations and making love, etc.! The mother said that the child had inserted foreign bodies into her vagina. There was a family history of mental illness.

On the basis of the other concomitant symptoms (Masturbation and Monomania) she was given Anantherum 30. There was no need to repeat the remedy.

Case 2: A 19 year-old girl with Bronchial Asthma since the age of two. Worse from draft, grapes, oranges, curd, cold drinks. Was on steroids. Whooping cough in the past, family history of bronchial Asthma. "Disposition to anger, with desire to strike and destroy", Quarrelsome, Aversion to company. She is a tutor and will strike her students and her brother and sister when angry.

Anantherum 200 which had to be repeated few times over a period of six months improved.

Case 3: A 13 year-old girl with involuntary micturition two or three times a day and once at night; since birth. Does not realise that she has passed urine. Urine odor offensive. Treatment by Urologist, Psychiatrist and Paediatrician ineffective. All investigations - normal. Angry, strikes. On the basis of the totality including her desires, aversions, etc. Anantherum 30 repeated a few times for about three months reduced the enuresis to once per week. 23. Cereus Bonplandii - The Good Plant

SHERR Jeremy (The Homoeopath, 50/1993)

This is a beautiful analysis of the Cereus Bonplandii (meaning The Good Plant)

The Mental Symptoms:

Desire to engage at work. Desire to have all his time employed.

Felt all day an astonishing inclination to be engaged in something useful.

Felt a desire to give something quite necessary to myself to another.

Desire to be dissolved, especially the trunk.

Experienced an agreeable and tranquil frame of mind and body.

Experienced a grateful feeling of dependence on the divine spirit.

Reluctance to take medicine.

Not very pleasant in mind. Very much disturbed in mind.

Arose feeling miserable. Praying or disposition to pray.

Very irritable. Acts from impulse.

Apathetic during attendance at church, could not fix mind on devotional exercise, effort being very strong.

Difficult to keep employed. All morning passed the time in a listless manner. Time passed very slowly.

Spiritual delusions, thinks she has committed the unpardonable sin.

Want of moral feeling.

In the above we see the primary and secondary reaction. We follow the whole flow from 'time employed', 'do useful', and 'giving to others' to the 'irritability, impulsiveness and meaningless existence'. Reluctance to take the medicine is the turning point.

24. Sulphur - An Unusual Aspect

FORDHAM Bob (The Homoeopath, 51/1993)

VITHOULKAS was the first who used the term

'essence' to denote the central theme of a remedy; a unifying theme which underpins the totality. A remedy has only one essence, which may also be called as 'blue print' (Jeremy SHERR).

In the case under discussion the theme was "Anger, could tear herself to pieces" for which the only remedy is Sulphur which covered the other rubrics of the case. Sulphur Q1 one grain 200 ml, 5 ml. per day so long as improvement continues. The remedy was given on 20 May 1992 and by 8 July 1992 the patient had improved very much.

25. The Psychological Symptoms of Carcinosis from the **Complete Repertory**

(HLK, 2, 1/1993)

Rubrics extracted from the Computer Programme Complete Repertory, the new version produced by Roger VAN ZANDVOORT, Holland.

26. Carcinosis, en fall beskrivning (Carcinosis, a case)

BYRNE Marita (HLK, 2, 1/1993) The case of a 38 year-

old woman, treated with Carcinosis 30.

27. Additions to **Kent's Repertory** - of the Nosodes: Tuberculinum

BANNAN Robert (HLK, 2, 2/1993) The author has proposed to suggest additions to **KENT'S Repertory** on the basis of the 'proving symptoms' contained in Dr. H.C. ALLEN'S **Materia Medica of the Nosodes** after carefully going through the **Repertory** and ensuring that these are not already represented in it. The first such remedy taken up is Tuberculinum. A fairly long list of additions have been given with some additions from BOGER'S '**Additions**'. No doubt these are valuable additions.

28. Arnica

LAKHSMINARAYANAN D., (mfH, 4, 2/1993) This is a script of a lecture which the author delivered 30 years ago in the presence of Dr. N.M. Jaisooriya. The article highlights the therapeutics of this great remedy, Arnica. The author says in the post-script: "It is now my established practice to begin all leucoderma cases with Arnica since the clinical experience of the subsequent 30 years after this case revealed a traumatic aetiology in many cases of leucoderma. Where there has been a response it was often initiated by appearance of brown/black specks, dots or spots on the denuded patches of skin within days of the first prescription of Arnica.

29. Spider poisons : An untapped goldmine in Homoeopathy

KAMLESHWAR NATH (NJH, 2, 4/1993) A brief review of the spider venoms used in homoeotherapy. The author says that we are using only a very small number of the spiders out of the over 40,000 species known.

30. A case of Tarentula cubensis
PATWARDHAN Prabha (NJH, 2, 4/1993)

A case of lymph-adenitis cured with Tarentula cubensis 200

31. Magnesia carbonica - simulates a 'jail'
BHATT Markand N. (NJH, 2, 4/1993)

A contrived attempt to compare Magnesia carbonicum with the situation and life in a jail.

32. Latrodectus mactans
TARKAS P.I. (NJH, 2, 4/1993)

A brief **Materia Medica** of Latrodectus mactans.

33. Avena sativa
TARKAS P.I. (NJH, 2, 4/1993)

A brief **Materia Medica** of Arena sativa.

34. Aletris farinosa

TARKAS P.I. (NJH, 2, 4/1993)

A brief **Materia Medica** of Aletris farinosa.

35. The Song of Spiders
SONAWALA Sarla (NJN, 2, 4/1993)

A beautiful poem on Tarentula hispanica.

36. China a homoeopathic IV drip?
BAHLH.P. (NJH, 2, 4/1993)

37. Theridion

KASI VISWANATHAN T.K. (NJH, 2, 4/1993)
The Key-notes of Theridion is hyper-sensitiveness to sounds and the knee jerking up and the head coming down during cough.

38. A Fishy Anxiety
MASTER Farookh J. (NJH 2, 4/1993)

Acute attacks of anxiety, fear of serious heart

disease in a 55 year-old male were relieved with Tela aranearum 30.

39. Ferula Sumbul
TARKAS P.I. (NJH, 2, 5/1993)

A brief **Materia Medica** on Sumbul

40. Homoeopathic **Materia Medica** with Therapeutic Illustrations of Rare Nosodes
BANERJEE S.K. (NJH, 2, 6/1993)

Brief, succinct notes on Hippozaenium, Influenzinum, Pituitirin, Staphylococcin, Streptococcin.

41. Manganum: My understanding
MASTER Farookh J. (NJH, 2, 6/1993)

A brief **Materia Medica** of Manganum with three cases.

42. Ferrum iodatum: My understanding
MASTER Farookh J. (NJH, 2, 6/1993)
Characteristics of Ferrum iodatum; with the

case report of a 54 year-old, obese woman with Hypertension cured with Ferrum iodatum. "A history of heavy menstrual flow and hysterectomy plus arthritis in the right side of the body more in the upper extremity is a good guide to Ferrum in general."

43. A Curare Case
VENKATACHALAM A. (NJH, 2, 6/1993)

A 47 year-old lady, with wrist drop of left hand, which came on after she was given an intra-muscular injection of B12 for anemia; she fainted and was given first-aid to regain consciousness. The wrist drop followed. Was

unable to lift her hand, fingers were flexed, couldn't extend the fingers. Curare cured.

44. Beryllium metallicum

TARKAS P.I. & DHARI D.K. (NJH, 2, 6/1993)
This is a brief **Materia Medica** on Beryllium metallicum.

45. Lecithin

TARKAS P.I. & DHARI D.K. (NJH, 2, 6/1993) A brief **Materia Medica** on Lecithin.

46. Lolium temulentum

TARKAS P.I. & DHARI D.K. (NJH, 2, 6/1993) A brief **Materia Medica** on Lolium. A Note:

"Repertory gives Lob. wrongly instead of Loli at several places."

III. THERAPEUTICS

1. Juveniler Diabetes (Juvenile Diabetes)

MULLER Karl Josef (ACD, 2, 3/1993)

A 12 year-old girl with Diabetes was treated with Homoeopathy and she showed improvement. The case is interesting for the reasons that the remedy was Carcinosa Q 12 and the action of the remedy manifested from the second day of taking the medicine; secondly the verification of a Carcinosa symptom; also the verification of Arnica symptom..

2. Schreckfolgen (Consequence of Fright)

SCHWARZ Erik (ACD, 2, 3/1993)

Two cases of children with ailments consequent upon fright. In one Arsenicum album and in the other Ignatia cured rapidly.

3. Herzbeschwerden urn Vollmond (Heart ailments during Full moon)

MULLER Karl-Josef (ACD, 2, 3/1993)

In this interesting case of a 64 year-old man who complained of pain in heart, a very interesting modality was that it occurred on full moon days. As is not the unusual experience this modality was not found in the **Repertory**, as also the symptom "profuse urination in heart ailments". Seven 'heart remedies' came up in the repertorization with the three main rubrics: Aurum, Cactus grandiflorus, Digitalis, Lachesis, Lilium tigrinum, Lycopus virginicus, Spigelia. The smaller remedy, Lycopus virginicus was studied in **Boerike's Materia Medica** and the peculiar urinary symptom in this case was seen there in black and white! Lycopus virglnicus 0 12 and later C200, cured.

4. Fall: Migrane seit Zwei Jahren (Case: Migraine since two years)

MULLER Karl-Josef (ACD, 2, 3/1993)

Cactus grandiflorus, the queen of night, is a

well-known heart remedy. Through the following two cases - one a veterinary case - it is clear that there is a direct link between the main ailments cured by Cactus and the heart muscle inflammation.

A 51 year-old woman with chronic migraine. Four years ago she was diagnosed with Myocarditis and three years ago a rectal carcinoma; rheumatic pains; ten years ago uterus removed; flatulence; etc. After repertorization the following three remedies were taken up for **Materia Medica** study: Spigelia anthelmintlca, Cactus grandiflorus, Sumbulus moschatus. Cactus grandiflorus C 30 and then C 200 cured. (RADAR, programme was used for the comparative study in the **Materia Medica**)

5. Fall: Vaginismus bei einer Stute (Vaginal cramp in a Mare)

MULLER Karl-Josef (ACD, 2,4/1993) A mare was suffering from vaginal cramp every time it was attempted to be mated. A vaginal examination did not reveal any abnormality. In the **KENT Repertory** was found only two remedies - Cact., and Plat, for cramps, vagina, preventing coition. RADAR. Programme pointed Cactus "Constriction of vagina, preventing coition" (HERING). Cactus grandiflorus C30 was prescribed. Immediate cure!

6. Schlaganfall (A Case of Stroke)

RECKERS Winfried (ACD, 2, 4/1993)

A 74 year-old woman suffered a stroke on the right side, 14 days before. This acute state was treated with Aconitum C30 after which the stitching and pricking pains became less, butformication in the right foot persisted as also buckling of the right knee; vertigo with tendency to fall to the right. Rhus toxicodendron C30 after which all these symptoms improved. Now the chronic state was treated - Grief, suppressed; pedantic; aversion to sympathy; clothing on external throat agg.; desire for sour: Natrum muriaticum C200. Remains well.

7. Prescribing for children

ANAND Sunil (HL, 7, 1/1993)

With two cases the author illustrates that it helps much to elicit the state of the mother during pregnancy for prescribing for the child patient.

8. An unusual case of amenorrhoea

CHIMTHANAWALA Kasim (HL, 7, 1/1993)

Chronic ameno'rhoea in an unmarried 25

year-old woman was cured with Opium after Igantia which failed to hold. The woman had much unhappiness and borne insults from her step-mother.

Ignatia brought on the menses but only one period and failed to hold. 9. Revealing the innermost state

BEAVER Linda (HL, 7, 1/1993)

A 46 year-old, blind man was bitten by an insect and developed pain, swelling in the right shin. From 6 to 10 years age he went to a boarding school for the blind and deaf; his working life was to be spent in a charity organised sheltered workshop for disabled people. He was a self-taught man, became an engineer, ran a successful manufacturing business, designed and built an operating miniature train and railway line, married and has 5 children. He is now an activist and fights for justice. Mercurius cured.

The expressions used by the patient reveal the inner state. We must pay close attention to what the patient says and how he says.

10. A case of extreme weakness
SHAH Nandita (HL, 7, 1/1993)

A 32 year-old lady complained of extreme weakness after Hepatitis-A infection. She was always busy, in hurry. Gets angry if things move slowly. Sulphuric acid cured.

11. A case of behavioural problems
CHATTERJEE Sujit (HL, 7, 1/1993)

An angry 18 year-old youth with the leading symptom "if he wants something he will oppose it if proposed by someone else" was cured by Capsicum M.

12. A case from Dr. KUNZLI
SPINEDI Dario (HL, 7, 1/1993)

A 30 year-old woman with two children had many psychological problems, Fear that she would harm her children; fear would commit suicide; superstitious fears; mental depression. She is stout, obese and small. After initial failure with some remedy, Rhus toxicodendron cured.

A very interesting case. Shows how out of a multitude of symptoms the most valuable few are to be picked up.

13. A case of depression-Travail of "The outcast"
BARVALIA Praful (HL, 7, 1/1993)

A 49 year-old male with severe depression. Living between his wife and others. This discord within the family brought severe depression. He felt that he was not given due value and he was neglected; that everybody disliked him.

Hura braziliensis 200 cured.

14. A case of mental depression
LOUKAS George (HL, 7, 2/1993)

A 24 year-old woman lawyer with mental anxiety and depression which began two months after her father died. The case is narrated in question and answer

between the physician and the patient. Lac caninum M and later XM cured. Quite interesting.

15. A 'possessed' lady treated
KAMAT Gautam (HL, 7, 2/1993)

A 38 year-old woman abusive, violent, tore clothes, hit others, behaved disorientedly, every night; this began after she saw in the Ophthalmic o.p.d. a seriously injured with blood all-over.

Stramonium XM cured after Belladonna XM failed.

16. A case of Neurodermatitis treated by Dr. SEHGAL's method of Rediscovery of Homoeopathy. (ROH)
PATWARDHAN Prabha (HL, 7, 2/1993)

A 26 year-old dutch student who came to India on vacation suffered from Neurodermatitis of 7 years duration. Cocculus indicus and later Psorinum selected on the basis of Dr. SEHGAL's school, cured this stubborn and troublesome disease, within a short time.

17. Argininosuccinic acid Synthetase Deficiency
(Citrullinaemia)
ANANDSunit (HL, 7, 2/1993)

A three-year-old male child with confirmed diagnosis of Citrullinaemia -Acid Synthetase deficiency; suffering from refractory epilepsy, mental retardation, recurrent episodes of vomiting and hyperkinesia. On the basis of the mental state of the child and the mother during pregnancy Naja was prescribed with satisfactory results.

18. Chronic urinary tract infection
KAMAT Gautam (HL, 7, 2/1993)

A 45 year-old male with chronic urinary tract infection whose main mental symptom was "I go by my intellect" ("emotions, predominated by the intellect") was cured by Valehana officinalis.

19. Two Cases
CHATTERJEE Sujit (HL, 7, 2/1993)

A 24 year-old married male complained of severe headache. He was very angry, spoke to the doctor angrily, showed scant respect; dominated by his father. Colocynthis M cured.

A 2V2 year-old male child with severe constipation since birth. Suppositories and laxatives were of no avail. Calcarea carbonica and Tarentula did not help.

The mother of the child conceived this child after many years of childlessness and was overjoyed when she became pregnant. The father was a very generous and sympathetic man. The child was restless, threw things away when angry, sensitive to music, sharp memory, enjoyed doing creative work. Coffea cruda cured. (Who would think of Coffea for constipation in a child? only a classical homoeopath).

20. 'Lady Cool'

HUMRANWALA Parinaz (HL, 7, 2/1993) A 60 year-old lady, with itching of the forearms accompanied by profuse perspiration on the palms alone, even whilst the rest of her skin remained dry. She was one whose intellect ruled her emotions. Was soft spoken, never angry, averse to music. Viola odorata 30 cured. (See No. 18 above in which 'Emotions ruled over intellect' in which Valeriana officinalis was the remedy).

21. Travail of a "trapped man"

BARVALIA Praful (HL, 7, 2/1993)

A 40 year-old married male who suffered from Anxiety neurosis. Argentum nitricum relieved him considerably and later Natrum muriaticum (for Malaria which recurred - an old symptom) cured.

The case highlights the reaction of the constitution to stress, the adaptation of the constitution to stress, remedy relationships and HERING's Law of direction of Cure. An instructive article.

22. A case of Asthma

SHAH Nandita (HL, 7, 2/1993)

A 65 year-old lady with two year history of asthma; she also has Spondylosis, Arthritis and flatulence. She was tense with tendency to anxiety -what others would think of her? - over whatever she did. Her anxieties began after her mother's death. She does not like personal questions. It embarrasses her intensely. Ambra grisea M cured after a sharp initial aggravation.

23. It's all in the mind

HUMRANWALA Parinaz (HL, 7, 2/1993)

A 44 year-old male with complaints of constant eructations, uncontrollable. He was also hypochondriacal; periodic attacks of fainting, after his otorrhoea was treated by an Ear specialist. Tended to magnify his sufferings. One peculiar symptom was that after his experience with the ear medicine, he felt that he

would faint if he takes medicine and was therefore sceptical of medicine.

Asafoetida 200 three doses, then M and XM made great improvement. The otorrhoea, however, did not return.

24. Subtle differentiation between two remedies
CHHABRA Divya (HL, 7, 2/1993)

A 50 year-old woman Principal of a School; well-kept, efficient, thrives on appreciation. She suffered from weakness after typhoid; Migraine. Palladium M cured.

Palladium has internally a sense of inferiority and when it gets appreciation from the environment, feels well, feels 'tall'. Whereas Platina is haughty and considers itself superior, 'tall'.

25. A case of Rheumatoid arthritis
SHAH Ketan (HL, &, 2/1993)

A 60 year-old female with Rheumatoid arthritis involving all the joints so much that she was carried into the clinic.

She was childless and her ailments after menopause. Being childless was a great disappointment. Whenever she went out she was taunted by others pointing her childless state and so she avoided going out especially in the daytime. A sense of shame. She also reported of some incidents which showed that she was clairvoyant.

Opium M brought about dramatic relief.

It is interesting that in this case the remedy was selected on the three 'mental' symptoms only and the physicals were completely ignored. 26. Patients with cancer of the breast

CLOVER Anne (BHJ, 82, 3/1993)

The author opens the article with a quotation from CLARKE: 'Homoeopathy is the art of individualizing' and proceeds "This quotation echoes through my mind whenever I meet a patient with cancer. The details of history and the patient's reaction to the diagnosis are always unique and loaded with significance for homoeopathic prescribing.

"The first need is to listen. Many patients want to talk about the initial symptoms of the disease, its progress, how the diagnosis was confirmed, the manner in which they were informed about it and subsequent treatment. Some volunteer their opinions about life events that might have been contributory factors. There are, of course, many other patients who appear

reluctant to talk about the process. But this may indicate an initial caution which is overcome once the person feels safe enough to relate deeply felt experiences and associated ideas. Would-be prescribers need to heed the words of POLONIUS to LAERTES (**Hamlet** Act I, Sc.3): 'Give every man thy ear, but less thy voice.'

"A careful review by a woman of her experiences leading up to and following a diagnosis of breast cancer can itself be therapeutic. Talking about the process may assist clarification of the history and her original reactions to it. She may be enabled to release previously repressed emotions or integrate and reduce a prior excess reaction.

Dr. Anne CLOVER uses a three-stage approach: The first stage is a review of major life events prior to overt signs of disease. This includes reference to the family medical history and significant personal experiences antedating the development of disease symptoms. ...We can respect the words of HAHNEMANN and his reminder that psychological stress can influence the development of chronic disease (**Organon** 6th edn. p.78). The second stage concerns the particular symptoms leading to the investigation and diagnosis of malignant disease. All the physical symptoms and the accompanying psychological reactions to them warrant careful assessment. The third stage refers to the response to the diagnosis and subsequent treatment. Here again, we need to note how the patient has responded physically and psychologically.

Four cases are presented. An excellent article.

27. Ulcerative Colitis treated with Homoeopathy -
a retrospective survey

MAAS, H.P.J.A. (BHJ, 82, 3/1993) Between 1973 and 1992, this author treated 24 patients with Ulcerative Colitis who had all been earlier treated by gastroenterologists. There were 11 males and 13 females, 16 patients had 'good' response, while 5 were 'moderate' and 3 'poor'.

28. Music cures Music - a Seminar by Dr. Rajan SANKARAN

BLACKSTONE Victoria (BHJ, 82, 4/1993)

This is based on the notes taken at a Seminar by Dr. Rajan SANKARAN at Regents College, London, on 2 May 1993.

The 'Abstract' says: "Each of us is a piece of music playing all the time. When that music is

phased with a similar piece of music, healing is produced. Music cures music and silence is restored. Silence being produced equals cure. Every homoeopathic medicine is a piece of music, with tune, pace and rhythm. If we can correctly identify the music of the patient, and the music of the medicine, we will go towards cure. The tune is the simillimum, and the pace and rhythm are the potency and the repetition. The theme of this seminar is music."

Four video cases were shown in which Mercurius, Drosera, Manganum, Alumina, Kali arsenicosum, Sepia were discussed. Also discussed in the seminar were Lac caninum, Lyssin.

Talking of Delusions and Pathology: When physical pathology is not enough to express the delusion the person becomes mentally ill. Being partially cut off from outer reality equals neurosis. Being fully cut off from outer reality equals psychosis.

It is often difficult to differentiate between an intense mental state and mental pathology. An intense state may look like a neurosis or even a psychosis but it is expressed only to the extent that reality permits, and can change if it is not consistent with reality.

If feelings cannot be expressed they are suppressed and crystallize into pathology. Pathology is the result of conflict between our inner and outer reality. Interests and hobbies can be used to reflect experience and inner reality, e.g. a man working in an office whose inner reality is of danger or tigers, goes climbing or on safaris. Someone whose inner reality is of tremendous anxiety, with fear of falling, fear of heights, and water, goes bungee jumping! Recreation helps to recreate the inner reality.

- There are 3 parts to delusions:
- The conscious part which is felt and expressed.
- The subconscious part which is voluntarily suppressed. This is the world of dreams, both day-dreams and dreams in the night.
- The part which is pushed deep into the subconscious and never surfaces except as pathology, the crystallization of delusion.

The potency is decided on the depth of both the conscious, and the subconscious delusion. The nature of the pathology will indicate what has been

suppressed.

29. How I treat Eczema

SPENCE David (BHJ, 82, 3/1993)

The terms Eczema and Dermatitis are sometimes used synonymously in clinical practice to describe a particular pattern of skin reaction. The word Eczema derives from the Greek meaning the 'result of boiling over' which aptly expresses the erythematous eruptions which are the manifestations of an outpouring of the body's reactions to various stimuli.

It is very important to differentiate whether the Eczema is endogenous or exogenous, because exogenous ones can usually be cured or prevented by removal or avoidance of the cause. Endogenous eczemas occur in constitutionally predisposed individuals.

Prescribing symptoms should include:

- Circumstances surrounding the initial onset - the precipitating or provoking factors
- Significant past medical history
- Family medical history
- Aggravating factors
- Local skin features and modalities
- Constitution
- Investigations. Blood tests may show Eosinophilia, raised serum IgE and positive radio-allergen absorption test (RAST).

Management must always be complete and there will be need for advice, and consequent readjustment of such factors as diet, materials used in clothing, bedding etc., contact with chemicals, especially detergents, washing powders, cosmetics and 'bath additives'.

Homoeopathic medicines should be prescribed gently and cautiously, bearing in mind that with eczema there is very real risk of aggravating the condition. Initial potencies should be in the low to medium range. The 12th centesimal potency makes a gentle starting point for constitutional prescribing. As a guideline, higher potencies should only be used when the accuracy of the prescription is certain, and when the reactivity and sensitivity of the patient to the particular medicine has already been established.

The author has presented 4 case reports - a two year-old child to a 64 year-old housewife.

30. Homoeopathic treatment of alcohol withdrawal

MILEWSKA Grazyna, TRZEBIATOWSKA-TRZECIAK Olga (BHJ, 82, 3/1993)

The authors report their experience of the treatment of alcohol withdrawal syndrome and delirium tremens. (DTs). In a series of 30 alcoholic men (5 with DTs) results appeared favourable. The main homoeopathic medicine used was Sulphur.

With Sulphur the duration of withdrawal syndrome to a maximum of 24 hours, usually, a few hours, in delirium tremens to 48 hours from the first dose. The important factor is not only quick action but also low toxicity, and even a positive influence on liver function.

31. Applicability of homoeopathic Caulophyllum thalictroides during labour

EID P., FELISI E., SIDERI M. (BHJ, 82 4/1993) A clinical study of the effect of Caulophyllum 7C in normal labour is reported. Caulophyllum was given to 22 women in their first pregnancies who had gone into labour spontaneously. 17 of them had normal spontaneous deliveries.

Caulophyllum was tolerated. Compared to 34 labours retrospectively selected by the same criteria, the duration of labour in Caulophyllum treated woman was reduced by about 90 minutes. It does not produce adverse effects on the mother and foetus.

32. Homoeopathic treatment of handicapped children - review of a series of 40 cases
HAIDVOGL M., LEHNER E. (BHJ, 82, 4/1993)
40 children attending a nursery and school for

the handicapped were seen in a total of 55 consultations. Following detailed case taking from parents and school staff, medicines were selected by computer repertorization and verified against the child's constitutional type. Outcome was assessed with reference to preselected target symptoms.

18 of the 40 children responded well in all target symptoms. 1 showed improvement in some but not all target symptoms, 7 children did not respond to treatment, and in 4 outcome could not be assessed. Children with organic brain damage, autism and definite syndromes generally responded well; those whose handicap was not due to social deprivation generally failed to respond. Major responses were increased drive and improvement in hyperactive and aggressive behaviour, which enabled the children to benefit more from their education. Physical symptoms and problems such as stammering and enuresis also improved.

33. Homoeopathic treatment of burn scars - clinical enquiry

HARRISON Rachel E., BURGE Timothy S., WATSON Anthony C.H., TAYLOR-REILLY David (BHJ, 82, 4/1993)

After observing the flattening in one patient's hypertrophic scar after treatment with the homoeopathic medicine Graphites, we decided to look at the effect of Graphites on hypertrophic burn scars. 5 patients with scarring subsequent to burns were treated with two different dilutions of potentized Graphites for 3 months. Of the 4 patients who completed the treatment 3 described a subjective improvement in itch, one patient with an open wound of 5 month's duration saw this heal after the first dose of Graphites two patients chose to continue Graphites 6 C at the final follow-up.

All patients' scars improved both on patient and independent assessor scoring over the treatment period, but it was not possible to determine to what extent this was due to the treatment. Further study is required before undertaking a more formal trial.

34. Ein Beitrag Liber den wert von Impfungen bei Mensch und Tier (on the value of vaccinations on humans and animals)
WOLFF H.-G. (AHZ, 238, 6/1993)

The usual prophylactic vaccinations in humans and animals are loaded with aggravating side affects, which reveal chiefly the consequence in the following generations.

The question is now to get a harmless and yet highly effective homoeopathic remedy instead of vaccination. The author attempts to show that this would be possible.

We already have the recorded fact of *Lathyrus sativa* as prophylactic in Anterior Poliomyelitis (see the report on the three year research, in the JAIH, Vol.54, 1961.). Pierre SCHMIDT has recommended Camphora, Lachesis, Sulphur or Cholera toxin in 200 potency for Cholera; Eupatorium 200 or Natrum muriaticum 200 for Malaria; Cimicifuga M for Yellow fever; Ledum 200, Thuja 200 or better Tetanotoxin 200 for Tetanus.

35. Zum problem der Kombinierbarkeit homöopathischer mittel und Potenzen (The problem of combination of homoeopathic medicines and potencies)
HUBNER G. (AHZ, 238, 6/1993)

Experiments with the reaction-interval-test developed by CURRY and approved by SCHWAMM show that by raising the homoeopathic medicine to a higher potency a change in quality seems to occur between D20 and D30. Thus the capacity of a homoeopathic remedy to cure an inflammatory chronic disease changes to the capability to cure a degenerative chronic disease and vice versa. This would imply that homoeopathic remedies in D potencies have two different therapeutical qualities

which might be termed **Yin** or **Yang** powers according to the ancient Chinese medicine. This phenomenon offers additional criteria for the selection of the potency as well as the question of which homoeopathic remedies may be combined.

36. Der Stellwert der Vorbereitungsmethoden in der Geburtshilfe
(The value of preparing mothers for labor)
KOSIAN K. (AHZ, 238, 6/1993)

Homoeopathic remedies are gaining growing interest in pregnancy and labour besides other methods as mental and physical training and Acupuncture. The benefits of these methods singly and in combination have been evaluated with regard to their effects on the cervix uteri and on the duration of labor.

The results show that in women prepared for labor in pregnancy in this way birth was from 0.5. to 2.1 hours shorter than in the control group without any preparation and homoeopathic remedies or Acupuncture. This difference is statistically significant in primiparas.

37. Der Zeitaspekt des Placeboeffektes (The duration aspect of Placebo effect (Parts I & II)
WALACH H. (AHZ. 238, 4 & 5/1993)

How long does placebo effect last? There seems to be considerable placebo effect which however decreases with time, severity of illness, and the results of previous treatment. A small number of people seem to benefit for longer time with placebo effect.

The author has made a detailed study of the literature.

38. Unterscheidbarkeit der Placebowirkung von der Homöopathiewirkung
(Distinguishing placebo effect from homoeopathic therapeutic effect)
RICHTER A. (AHZ. 238, 4 & 5/1993)

How to distinguish a placebo-effect from a homoeopathic remedy- effect? First we should know the aspects and homoeopathic remedy- effect individually in their characteristics. The homoeopathic remedy effects relief in a particular order; also the remedy will act only in the specific field and manner which is characteristic of the disease and the remedy. Whereas placebo-effect is not so. There are other differentiating factors also. In this paper the author discusses these. In controlled clinical trials a quantitative difference has been observed in homoeopathic therapeutic effects far more than placebo-effects.

39. Placeboeffect in klinischen studien-Sinn und unsinn der Verblindung (Placebo effect in clinical studies - sense and non- sense of

blinding)

KIENE H. (AHZ, 238, 4/1993)

The falsity of the 'blind' method in controlled clinical trials is discussed in this article. Compensatory false negative results can be produced systematically by the 'blind' method. Further studies are suggested.

40. Die Farbe und die Homöopathie (Colour and Homoeopathy)

LANGG. (ZKH, 37, 5/1993)

Colors as an indicator of the remedy has been proposed by Dr. H.V.MULLER and he has already reported many cases in support of this theory; also books have been published by him. M. LUSCHER's new diagnostic method is also helpful in finding the similia. The author discusses these theories.

41. Verifikationen aufgrund latenter Symptome (Verifications on the basis of latent symptoms)

FURLENMEIER M. (ZKH, 37, 5/1993) A clear and certain verification of legitimate action of the remedies (pharmacological effects) can be made by observing the brief and unforeseen latent symptoms in a chronic disease. Reference is invited to p. 142 of the **Organon**. A case is reported to show this.

42. Die deutlich einsehbaren Gründe der Heilung

(The clearly perceptible rules of healing)

KLUNKER W. (ZKH, 37, 5/1993)

There is no homoeopathic cure without the choice of remedy according to clearly realized reasons. This is demonstrated by a case of neuralgia treated at first by an obviously wrong (Spig.), and then by the right (Sep.) remedy. Placebos never work this way. (See articles cited at 37, 38 and 39 above. There are so many ways by which the charge that homoeopathic remedies work as placebos can be effectively countered)

43. Eine Morbus Kranken-geschichte (A case report of Boeck's disease)

ILLING K.-H. (ZKH, 37, 5/1993)

A 42 year-old man with Boeck's disease was successfully treated with *Naturum muriaticum*. 44.

Dr. Master reports two 'emergency' cases. The methods he adopted for choosing the remedy were different. In the first case of a man of 45 years with sub-arachnoid bleeding. *Lycopodium* which suited better the chronic nature of the case, was administered. In the

other case of a 36 year-old man who suffered a ruptured spleen due to a car accident and was unconscious for four hours, was treated with *Arnica* and *Bellis perennis* in alternation. While the pains were much improved the patient developed dyspnoea and Computer Tomography showed rib fractures, collapse of lobes of lung, splenic rupture with intraperitoneal sub-diaphragmal Haematoma and fatty infiltration of the liver; the patient declined splenectomy and wanted to be treated only homoeopathically. *Ceanothus americanus* 5 drops t.d.s. and *Arnica CM* three hourly for 12 days brought about the desired improvement. 45. Homöopathie bei Kinderwunsch

(Homoeopathy in sterility)

KLUNKER W. (ZKH, 37, 5/1993)

Cases of 22 randomly selected women with infertility and sterility have been selected for study. Nine out of the 22 could bear children after the homoeopathic treatment while in 13 it was unsuccessful. The age in both groups were homogeneous but in the unsuccessful group the therapy was for only a short time. The points discussed are the homoeopathic methods, the remedies (Particularly *Pulsatilla* and *Sepia*) and placebo problem. The success of homoeopathic therapy, which is 41 % is worthy of note.

46. Palliative Behandlung bei adulten

Zystennieren - *Colocynthis* (Palliative treatment of cystic kidneys in adults - *Colocynthis*)

WEGENER A. (ZKH, 37, 6/1993)

The treatment of a polycystic degeneration of the kidneys is shown. This hereditary disease could not be cured, but the dialysis was postponed and its ailments were reduced. The peculiar symptom "perspiration on lower limbs, night" led to *Colocynthis*. The kidney affinity of *Colocynthis* is demonstrated by clinical observations and proving symptoms.

47. Un cas de polyarthrite chronique. (A case of chronic Polyarthrititis)

DETAND P. (RBH, 44/1992. abstracted in the ZKH, 37, 5/1993)

The article is interesting for its thoroughness and also the remedy-search method. With 4 symptoms used as eliminating rubrics the author came to *Puls.*, *Lye*, *Staph.*, *Nux-v.* (Anxiety in narrow places, Ailments from mortification and indignation, suppression

of feelings, Overconscientiousness) and further elimination (Desire for fruit and sour, Aversion to meat, Worse from draft, Delayed menarche, Dreams of falling and Talking in sleep) indicated only Puls. However, Staph. was chosen because of early caries, cystic tumor indicated Staph. and Puls. was not. Further the patient spoke of a severe mortification and injustice as the cause of the disease, the patient suppressed these within her. The result of treatment was excellent. Repertorisation is not mechanical, to reiterate.

48. "Key-notes" su trascendencia y peculiaridad ("Key-notes" its importance and characteristic)

MOIZE M. (RAMH, Argentina, 57/1992, extract in ZKH, 37, 5/1993)

Prescription should not be based on "Key-notes" if the other symptoms do not agree with that remedy. Nine cases are reported in which the "Key-notes" definitely indicated the remedy.

Case 1: 60 year-old female with vomiting of dark blood and coffee-ground in gastroduodenal ulcer. Dreams of cemeteries. Remedy: Crot-h.

Case 2: 35 year-old female with sterility. 3 spontaneous abortions: Nat-m with general improvement. Finally she suffered Anaemia and pains in uterus only by lying down for which remedies were Ambr. and Ferr. 4 months after Ferr. 200 pregnant.

Case 3: 42 year-old male with Menieres Syndrome. Characteristic of the vertigo was Cocc. The striking nature of this patient is an extreme pliability.

Case 4: 51 year-old female with left sided facial paralysis. Before the paralysis she had a very definite aversion to bananas. Only medicine: Haps. Although the paralysis was not right-sided as in Elaps this remedy proved to be the similitum. interestingly the aversion to bananas also disappeared.

Case 5: 28 year-old male with digestive disorders and chronic Angina. Since childhood one symptom that was constant was restlessness of the knee in bed every night without exception. Only remedy Lye. After a single dose of 10M this symptom besides the others disappeared.

Case 6: 32 year-old patient with dream of being naked. Only remedy Rumx. Which was also the remedy for his characteristic cough and

aphonia.

Case 7: 57 year-old male, with vertigo worse from turning over in bed with the sensation that the brain was asleep. All these after his wife had "condemned him to celibacy". He complained of incomplete erections and secretions without ejaculation. The remedy was Con.

Case 8: 68 year-old male with Cholelithiasis. Besides qualms of conscience his face became red with excitement. With Fen. not only was the Cholelithiasis checked but also the prostate symptoms.

Case 9: 75 year-old female, with Trigeminal neuralgia since 10 years. Her remedy was Puls. because of her General and Mental symptoms which did not improve her Neuralgia. There was a desire for pork in any form and aversion to all other meat. This desire is covered only by Crot-h. and Tub-k. First Tub-k was given because of history of tuberculinic miasm without result. With Crot-h ultimately the Neuralgia was cured. 49. Six cas cliniques de Baryta carbonica (Six

clinical cases of Baryta carbonica)

COPPE Y. (RBH, 44/1992 extract in the ZKH, 37,6/1993)

Six patients were cured with Baryta carbonica (in one iodata also)

1. Enuresis and Encoprese in twins after the birth of a brother (200).

2. Difficult child with Hyperkinesis, disobedience and aggressiveness (XM)

3. Gout, High pressure, impotence and Prostate, in a man (Bar-i 200)

4. Child with Adenoid vegetations, poor concentration and "depressions" (200-XM)

5. Child with chronic Anginas, Otitis, school problems (200 - M)

6. Patient with frequent Rhinopharyngitis and Sterility (200 - XM)

These cases widen the picture of Baryta carbonica for other possibilities the characteristics of the remedy referred to by the author in these cases: Immaturity, Insecurity, Dependency, Submissiveness, and Anxiety for persons who are significant for his security. The author has differentiated over a period of 5 years

between Bar-ac and Sar-c. He says that this difference can be ignored.

50. Valorisation et hierarchisation des symptomes. (Evaluation and hierarchisation of the symptoms)

MEEUWIS R. (RBH, 44/1992, extract in the ZKH, 37, 6/1993)

With reference to p. 104 of the **Organon**, the author enlarges upon the subject of the 'indicated' symptom and adds a nuance to it. What the patient himself speaks of as peculiar, uncommon, strange and which cannot be with his '[' feeling which can be removed, is the 'indicated' symptom for choice of the remedy. This is demonstrated with the case of a patient with Psoriasis with nervousness. Neither an advanced group nor a group of experienced practitioners were able to point out the remedy for the case after listening to the case anamnesis. Reason: they did not know that the patient had stressed two symptoms (only these two) which by intonation and gesture were revealed as his "ego- disturbance" (egodyston): that he could never tolerate a hat and his unquenchable thirst. The third such symptom he indicated averbally the restlessness with which he swayed in his seat, made the physician giddy. The repertoisation: 1) Aversion to hat: iod., 2) Unsatiabale thirst: iod., 3) Restlessness while sitting: iod. A variant of the 'indicating' symptoms is "ego disturbance" which the patient wants to speak about secretly, in privacy. A female patient with Anxiety neurosis "confessed" to the physician that during coition she can never lie below her husband because his weight on her chest caused her anxiety. Sulph. (Anxiety, pressure on the chest, K.p.7) to which some further symptoms of the patient matched well, was the remedy.

51. Cas clinique rhumatologique (A clinical case of rheumatology)

SCHEPENS, Chr. (RBH, 44/1992, extract in the ZKH, 37, 6/1993)

Causticum 200 and M cured a 41 year-old female with sero- positive primary-chronic polyarthritis. Besides disappointed love and mortification as the cause the other leading symptoms were indifference to music, sympathy, yielding, as also warts on face and throat. Cure holds for years.

52. Une sciatique dramatique (A dramatic sciatica)

KERSTEN L. (CGH, 30/1993 extract in ZKH, 37,6/1993)

A 33 year-old man with a heavy feeling and tiredness below the left kidney, radiating to the scrotum and the left leg. Stitches particularly in the evenings. All better from lying down. Began two months ago after suicide of wife. Since then sleep disturbance, he dreamt of his wife. Desire for alcohol.

As the physical symptoms were too vague only the General symptoms were relied upon - Sleeplessness from grief, -weakness from grief, - ailments, death of parents or friend.

Ignatia 200 was prescribed in view of the very recent bereavement and keeping in consideration the "Dipsomania". After 3 weeks more tired, weakness, but the pains are now clear and only in the left leg localised. Nights painless, begins slowly 2-3 hours after getting up, worse while sitting, better from continued walking, completely disappearing while lying; better from warmth. A positive diagnosis of Sciatica was made. Now good characteristic symptoms were found for repertorisation; Sciatica agg sitting; Sciatica amel. lying; Sciatica amel. walking; Sciatica amel. warmth. The cause was used as elimination rubric and Lycopodium 30 was given.

Three weeks later a rapid improvement was reported and the patient took as a precaution another dose of Lycopodium 30

Four months later there was recurrence with the same modalities, the amel.by warmth was clearer from bath. Lycopodium 200 did not bring about an improvement this time.

Repertorisation was again done and this time a remedy came up which already covered the 'elimination rubric' - ailments after grief - as also 'sciatica : agg. sitting , agg.lying, amel. walking. Ammonium muriaticum. It is not under amel. from warmth but can be seen under bathing amel., and ultimately sciatica left, weakness lower limbs, heaviness lower limbs.

Am-m C5, 3 globules daily for 5 days brought about rapid relief. Since 6 years free from recurrence.

The author concludes that Lycopodium was only the **Similie** while Ammonium muriaticum was the **Simillimum**. It is also interesting that a Polychrest remedy was the **Similie** while a so- called small remedy was the **Simillimum**. It is the matching of the symptoms of the patient with the remedy that is important and not whether a remedy has known wide action. Further discussions on the problems of acute and chronic diseases follow. 53. Osteoarthritis

MERCALDO Mauro (Simile 3, 3/1993 issued

with the BHJ, 82, 3/1993)

A 47 year-old female, with Osteoarthritis of the right hip, with narrowing of the femoral joint space and osteophytes of the border of acetabulum. She also had five warts and had recently had one removed surgically from her face. Suffered dislocation of right hip at birth. A metallic gadget was replaced for this. Until 42 years of age she was normal when she started to feel increasing pain in her right hip. As a child she had styes that disappeared with antipyrogenic vaccines. Her father had suffered many troubles for five years caused by heart failure and she had been taking Diazepam 5 mg. daily and for the last eight months Ocadil 1 mg.

She was given Medorrhinum M one dose, followed by Radium bromatum 6 t.d.s. There was improvement. Next Bone tissue 9,15 drops in empty stomach, Radium bromatum 6 at 3 p.m. and Cartilage 5, 15 drops at bed time. This prescription was maintained for eight months and she improved, was walking much better without any pain.

Radium bromatum in low potencies is recommended for bone changes where osteophytes are present and in high potencies where there is rarefaction of bone tissue, it is also indicated for pain amel. by heat, and warts.

The case report is supported by x-ray pictures. 54. Myalgic Encephalitis (ME)/Post Viral Fatigue

Syndrome

ALLEN Julie (**Simile**, 3, 4/1993 issued with the BHJ, 82 4/1993)

A 46 year-old male developed suddenly aches and pains in his body with general lethargy and tiredness diagnosed as rheumatism. A week later he collapsed while working; low blood pressure was diagnosed and he was asked to exercise as a result of which he collapsed on the tennis court. Blood tests showed that he was suffering from Glandular fever. Prone to inflammations and boils and ulcers. Merurius solubilis 30 t.d.s. for 10 days and advised to stop eating wheat to which he was allergic. Later Wheat 30 t.d.s. for 10 days. Cured.

A 26 year-old female Police officer/detective: three years ago became ill with Glandular fever. Unable to cope with the work and spent more days at home than at work.

Terrible body aches; right arm from the wrist to elbow was numb. Left cheek and eye numb; unable to concentrate. Acute pains in her neck and shoulders, stiffness and aches all over in all muscles, constant headaches, perspiration, insomnia, was irritable, moody and depressed. Worse night and change of weather. Kali phosphoricum 200 one dose. Four

weeks she was feeling fine and playing golf.

A43 year-old male, with nausea and sometimes vomiting, abdominal colic, muscular aches especially in the legs, unsteady gait, complete exhaustion and he was unable to do the slightest bit of work. Anxious, afraid and very stressed. Palpitations, insomnia and tremors. Citrus fruit or bread caused abdominal cramps and colic. Wasted-looking with sunken eyes. Zincum metallicum 200 and advised not to eat citrus fruit and wheat. Cured.

A 48 year-old female, housewife: On Thyroxine since the age of 16 years. Now on drugs for menopausal problems and eight paracetamol per day for aches and pains and headaches. 1988, flu-like symptoms. All kinds of pains all over her body; headaches 3-5 times a week; band-like feeling around occiput and pain in the temples which started in the cervical region. Frequent urination. Weakness and excessive trembling of the legs, acute tiredness, dizziness. Depressed with her condition. Kali phosphoricum 200 one dose, followed by 30 t.d.s. for 10 days. Much improved, but problems with headaches, eyes and throat did not seem much better. Gelsemium 30 t.d.s. for two weeks. Normal.

55. A case of **Crohn's Disease**

Dietmar PAYRHUBER (HL, 6, 4/1993)

A 43 year-old female with **Crohn's disease**. Has already undergone four surgeries. In 1984 resection for perforation, and again same year colostomy raised. She became emaciated and unable to get out of bed, the colostomy wound was severely inflamed and not healing. Silicea selected on the basis of the totality, brought about the expected improvement.

56. A case of Malignant Lymphoma

Dietmar PAYRHUBER (HL, 6, 4/1993)

A 25 year-old woman with swelling of grape size lymph nodes in the cervical region, the glands hard and indolent. Biopsy shows a **Non-Hodgkins Lymphoma** a particularly severe and quick-spreading **sarcoma**. The previous year (1984) she had a splenectomy and removal of swollen inguinal glands and para-aortic lymph nodes, plus radiation, for the treatment of malignant lymphoma.

On totality Calcarea iodata was given and improvement (following the direction of cure) began, and under the action of Calcarea iodata she recovered.

57. Homoeopathy - Post-surgery Septicaemia

REDDY Janardhan (HH, 18, 6/1993)

A 70 year-old man, with diabetic gangrene, semi-comatose condition and in hospital, after amputation of the leg; renal functions failing after surgery, and in septicaemic state. Has developed bed sores and injection abscess.

On 12 June 1992 - Opium 200 three doses was given

On 15 June 1992 - Opium M three doses were given

On 19 June 1992 renal functions with fall in serum urea and uric acid levels. Overall improvement.

No stool since a week. Abdomen drawn in -Plumbum 200 - three doses

23 June 1992 - further amputation due to advancing gangrene.

26 June 1992 - post surgical pyrexia with urinary tract infections - Staphisagria 200 - three doses, followed by Mercurius solubilis 200 - three doses. Since there was no improvement - Pyrogen 200 - three doses were given

4 July 1992 - Pyrogen M - three doses 8 July 1992 - Sulphur LM5 - two doses per day 5 days. Sulphur in LM potencies upto 10 was given at intervals and by the 1 September 1992 healing was almost complete. The progress of the improvement in blood chemistry was borne out by laboratory results.

58. Case of a non-healing ulcer
MANKANI Meena (HH, 18, 6/1993)

An insulin-dependant diabetic 55 year-old man with a non-healing ulcer. The ulcer was flat, painless, with irregular and blackish margins that had a shiny glazed appearance. The surface was absolutely raw and bled profusely every time the patient stood up or walked a few steps.

Conium maculatum M - on the basis of the totality was given and the very next day bleeding was 50% better and from then on the ulcer began to heal, slowly but certainly. The remedy was repeated at irregular intervals and the ulcer healed completely in a fortnight.

59. A case of Infective Hepatitis
PalS. (HH, 18, 7/1993)

A 26 year-old man with loose stools several times a day; infective hepatitis confirmed by laboratory tests. Natrum sulphuricum in 50 millesimal potencies and lastly 200 cured.

60. Treatment of Allergic Rhinitis with Auto-blood

Therapy

BANSAL V.P. (HH, 18, 9/1993)

The author proposes potentisation (to millesimal scale) of auto-blood to treat difficult cases of allergic rhinitis.

61. Case Report
GOYALK.K. (HH, 18, 10/1993)

A 13 year-old girl with bilateral deafness after surgery for tonsillitis; she had suffered measles in childhood; craving for sweets.

Sulphur 200 one dose weekly for three weeks brought about improvement. For an acute coryza with sneezing she was given Aconitum 30 three doses after which her condition relapsed. Now Sulphur 200 one dose without result then 1M also in vain; then Sulphur 30 one dose brought about improvement. Subsequent Audiometry report confirmed the cure.

62. Separation and return - A case
MCLAUGLIN Dee (The Homoeopath, 50/1993)

This is a very interesting case. What is considered as an acute remedy - Belladonna - cured straight away a chronic case! The author stresses the 'understanding' of the central theme of the case - "We have to understand which symptoms represent the logic of the case and then the next step is to know how to take these symptoms and translate them into the most elegant use of the repertory." The case report impresses the above advice.

63. Acute Asthma Remedies

DOCKX Rene & KOKELLENBERG Guy
(The Homoeopath 50/1993)

This is an extract from '**Kent's Comparative Repertory of the homoeopathic Materia Medica**' by KOKELLENBERG & DOCKX.

64. Homoeopathy in the Treatment of **Aids & HIV related Illness**

SILVER Stephen (The Homoeopath, 51/1993)

A brief discussion on the subject.

Since it is the immune system itself which attacks the organs or specific cell groups involved it is obvious that treatment which is designed to stimulate the immune system is inappropriate in most cases of auto-immune

disease.

Tautopathy can be used to remove the adverse effects of some of the drugs prescribed for these patients.

The psycho-emotional factors have to be reckoned and prescribed suitably. The case of a comatose patient apparently terminally ill was prescribed Phosphorus M and the patient revived and went on to improve rapidly.

"True prophylaxis does not exist in the form of a pill" The only true prophylaxis is 'health'. A case in point: A patient with extreme breathing difficulty and about to be hospitalised for Pneumocystic pneumonia rushed to the author since he did not want to be hospitalised; examination of the patient pointed to Tuberculinum which, however, was not given. Instead it came out during the conversation that the patient's breathing difficulties began soon after he had unprotected sex with a stranger to whom he did not reveal that he was a HIV positive. He felt 'why should I tell him when the fellow who gave it to me did not tell me?'. When asked how he was feeling about it now, the patient replied 'awful' and wept, he was overcome by remorse, that he had been wrong. The remedy, Pulsatilla, was not given. After talking for some more time the patient had no more breathing difficulty, he was smiling and bright again. Much later he was given Tuberculinum. The Pulsatilla picture never re-appeared.

On 'Death': The author speaks of his experience with a patient who did not respond favourably to any medicine and was dying. All he could do was to be with the patient and his dear ones and this presence at the deathbed was a great solace to the dear ones.

The author is the Chairman of the 'Immune Development Trust' and a homoeopath of 20 years experience. 65. Spondylitis

SURYAPRAKASA RAO, B.A. (mfH, 4, 1/1993)

The author has presented a broader picture of this ubiquitous complaint and also presented a variety of clinical cases where few think of medical treatment, least of all Homoeopathy. Three cases are given in which homoeopathic medicines gave good relief.

66. Common complaints of old age
AMEJA Manmohan Singh (mfH, 4, 2 & 3/1993)

The article is based upon the personal experience of the author in treating the complaints of the aged spread over more than two decades. The second part of the article carries an exhaustive **repertory**.

67. The child gambler

NEERA R.K. (NJH, 2, 4/1993)

A 10 year-old boy who was restless, talkative, jovial, obstinate, breaking things, aversion to black color, likes to bet and win by any means, was cured by Tarentula hispanica.

68. The Little Angel

PARTHASARATHY Vishpala (NJH, 2, 4/1993)
A restless, mischievous, active boy (age?) with skin rashes was very much improved by Tarentula cubensis (although Tarentula hispanica came up on repertorisation the cubensis was chosen because of the skin rashes. Later he needed Tuberculinum to quieten him.

69. Some Spider Cases

KRISHNAN Ranga (NJH, 2, 4/1993)

Case 1: A 35 year-old lady, with periodical headaches with total aversion to light, noise, was improved with Theridion currasavicum.

Case 2: A 29 year-old married woman, developed panic attacks after the death of father-in-law (who suffered from Cancer) during which time she suffered from jaundice also. Theridion helped her. Least noise as the rustling of paper would aggravate her headache.

Case 3: A 10 year-old boy injured his knee (lacerations) and it became septic, pus oozing. Tarentula cubensis cured. There was family history of diabetes.

The author uses Tarentula cubensis in such cases with history of diabetes in the family.

Case 5: A widow (a Gynaecologist) with malignant right ovarian cyst with ascites and hydrometra; very fond of eating. Tarentula cubensis soothed her end-stage pains and she died peacefully.

70. The Snake Girl

GUNAVANTE S.M. (NJH, 2, 4/1993) A seven year old girl with recurrent tonsillitis and a white spot on the thigh. Poor appetite, no urging for urine or stool. Aversion to milk. Fond of music and dancing, likes to paint and draw; favorite color, red. Bold, when she went to the Zoo she took a snake around her neck. Tarentula hispanica, improved her all round.

71. The Tabla Magic

GAJIWALA Bhavana (NJH, 2, 4/1993) A nine year old boy with recurrent headaches, severe in nature, accompanied with irritability and vomiting. He was very restless. When he had headaches he wanted absolute silence and slightest noise would startle him; he hated music, especially loud music. Theridion cured. The boy then took up music, to learn tabla.

72. The Spendthrift King

UPADHYA Sammer (NJH, 2, 4/1993) A 21 year-old unmarried man, with history of depression since two years. From his childhood has been self-willed, pampered. Used to spend lavishly, gamble. When angry he would break things. He wanted to live in a house made of glass with central air conditioning, modern art over the walls; bed should be made of wood plated with gold, Liked loud music and dark clothes. But whenever relatives or friends visited he would behave differently, would talk nicely like a mature person. He was on anti-depressants and if they were stopped he would behave rudely and violently. Veratrum album cured.

73. Approach to a Medical emergency
ASRANI C.H. (NJH, 2, 5/1993)

The author has appended a Table of symptom complex, possibility, investigations/checks to be carried out, in respect of 'emergencies'.

74. Shock and its Homoeopathic Treatment
MATHUR K.N. (NJH, 2, 5/1993)

A brief therapeutic of 'emergencies' of Shock.

75. The Role of Homoeopathy in Acute Emergencies

TIWARI M.L (NJH, 2, 5/1993) Broncho-pneumonia, Acute dysentery, Acute Abdomen, have been discussed with illustrative cases.

76. Emergency and Naturopathy
KONKEKAR Prakash (NJH, 2, 5/1993)
Naturopathic - use of Water, Dust, Salt Water,

Onion Juice, Moist pack, Enema all as remedies in emergencies

77. Asphyxia neonatorum - homoeopathic Perspective

MUTHUKANNAN, Capt,(NJH, 2, 5/1993) Asphyxia neonatorum is the commonest medical emergency and a leading cause for neonatal mortality. The author discusses the homoeopathic therapeutics of this emergency.

78. The Great Dictator

NAGAR Rashmi (NJH, 2, 5/1993) 43 year-old male, with chest pain. On the basis of totality Aurum metallicum as constiitutional medicine, and Cactus grand/flows as acute remedy were prescribed.

79. Else I will spit
MISHRAS.C. (NJH, 2, 5/1993)

A 5 year-old boy with complaints of involuntary urination even in daytime. Disobedient, short-tempered and irritable; Constipation; Dry cough; when asked his name, the boy spat on the face of the author; this he repeated when again asked. Belladonna was his remedy.

80. Two Acute Cases

NAGAR Rashmi (NJH, 2, 5/1993)

A middle-aged male, an executive, developed hiccups suddenly while conversing and laughing, with his friends. Nux vomica 200 two doses fifteen minutes apart stopped the hiccups.

Sudden rigors at night in a middle-aged man; the rigors were only on one side of the body (left side). Nux vomica 200 brought above quick relief and the rigor shifted to the right side and another dose of the same remedy relieved the rigor; Next morning fever came up which too was relieved by Nux vomica.

81. ... And the ambulance went back
MANKANI MeenaT. (NJH, 2, 5/1993)

A girl of 16 years age, frail, tall, had fainted suddenly as a result of electric shock while switching on the washing machine. An ambulance was called. In the meantime, it was observed that the girl was semi-conscious, turning her head from side to side with tears rolling down from the corners of her eyes, taking deep breaths and with paroxysms of sobbing. Ignatia XM and she recovered consciousness in 5 minutes.

82. Homoeopathy in Emergencies
PRABHAKAR MURTY K.R.K. (NJH, 2, 5/1993)
Case 1: A ten year-old boy with severe

diarrhoea and dehydration as a result. Veratrum album cured.

Case 2: A supra-pubic cystotomy had been performed in the morning on a 25 year-old male and even by late evening he had not regained consciousness. Strontium carbonicum M was given and in 10 minutes he regained consciousness.

Case 3: A 50 year-old female was in the hospital and was in acute pain in the abdomen since 4 hours. She was

ameliorated by lying on the abdomen. Belladonna relieved the pain rapidly. As she was under the treatment of a Urologist for renal calculus, she was given Berberis vulgaris M and two days after she passed painlessly a stone in her urine.

Case 4: A male patient in coma at mid-night, after hematemesis, in the hospital. He had fainted after vomiting bright red blood. Unconscious since two hours, besotted appearance, feeble pulse, stertorous breathing and not responding to stimulus, pupils were pinpoint. Opium M repeated after 15 minutes made him sit up and inquire for whom the doctor was called in at that hour of night!

Case 5: A 35 year-old male with Astrocytoma in the lower grade midline posterior fossa. A midline suboccipital craniotomy and tumor decompression was done and then Radiotherapy given and prescribed CCNU (Lomustin) capsules. The drugs were stopped an year later since they were chemotherapeutic and the patient did not show any sign of improvement. The patient later developed drowsiness and fever persisted. Gelsemium 30 was prescribed and next day the patient went into coma, and was not acting to stimuli. Pupils were pinpoint. Opium M in water half hourly and in two days when seen he was found happily taking his meals. The patient had regained consciousness within 24 hours of starting Opium. He was given Kali phosphoricum 6x t.d.s. Patient continued to be well.

83. Homoeopathy in the ICU
BANERJEE Sanjoy (NJH, 2, 5/1993)

Case 1: 60 year-old male. High blood pressure (250/90). Clue:blacktoes. Secale cornutum and blood pressure came down to 160 in three hours.

Case 2: 64 year-old male. Case of renal failure. Clue:yellow saddle discoloration across the nose. Sepia.

Case 3: 52 year-old male, in coma, and in that state he was rolling his head and moved his legs constantly. Helleborus, and he regained consciousness.

The author gives the remedies more often required in cases in the ICU (Intensive Care Unit).

84. China : A homoeopathic IV drip?
BAHLH.P. (NJH, 2, 5/1993)

Case 1: Three month-old boy with putrid, gushing, painless stools ever 5-10 minutes. Became dehydrated. Podophyllum 30 single dose stopped the diarrhoea.

Case 2: Old lady with Acute Renal failure, with high blood urea. She was found unconscious with a calm and expressionless face. Opium restored. 10 days later she had severe diarrhoea and became dehydrated; breathing accelerated and tongue slightly protruding. She was given China 30 and she recovered very rapidly.

Case 3: 15 days-old infant with tongue and buccal cavity full of aphthous ulcers. The infection was threatening to spread to the throat. Sulphuric acid was prescribed and by next morning all the ulcers had vanished.

Case 4: Severe toothache since 3 days, hot sips of tea gave him some comfort. Magnesium phosphoricum very quickly relieved and there was no need to extract the teeth as earlier planned.

85. Some Emergency Cases
WAGHANNA Vijaydeep (NJH, 2, 5/1993)

Case 1: Post-partum convulsions cured by Amyl nitrosum 200

Case 2: 35 year-old male; was a known bronchial asthma patient. After exposure to cold winds developed severe cough, dyspnoea, no expectoration although chest full of phlegm; Fearful, anxious; lying on chest; constipation; Weeping. Medorrhinum improved. Later given Arsenicum album which completed the cure.

Case 3: 70 year-old lady in hospital for severe dysentery; allergic to many allopathic medicines. 10-15 stools during daytime, none at night. Stools offensive with white mucus like long threads, acrid and caused burning anus. Offensive breath. History of quarrel with daughter-in-law. Colchicum cured.

86. The Impacted Machine Gun
MASTER Farokh (NJH, 2, 5/1993)

An 80 year-old man who had not passed stools and felt that he had a sensation as if there was a machine-gun in his rectum; a feeling that everything was packed inside the rectum. On examination two fissures were found. He was

found to be quite angry, and abusive. *Tarentula hispanica* 200 restored.

87. Meeting Medical Emergences
BALAKRISHNAN, E. (NJH, 2, 5/1993)

Case 1: Hyperpyrexia in a 22 year-old man; Drowsy; staring with open eyes; delirium; jerking of extremities frequently; shouting, with convulsions of both the legs and again going into stupor. *Helleborus* 200, 4 doses, three hourly. Next day well.

Case 2: 38 year-old female; history of severe vertigo since 1981; had undergone hysterectomy for excessive bleeding. Fear of getting mad. *Calcarea carbonica* 200.

Case 3: 12 year-old boy with high fever, with delirium. Delirium muttering his evening prayers. *Stramonium* 200 and he recovered fully in three days.

Case 4: 17 year-old college student with agonising pain at the spot just above the sacrum, since 15 days. Sitting was the most uncomfortable position. *Agaricus*, cured.

Case 5: 64 year-old male, severe hacking cough, sleeplessness since few days. Suddenly at night he had difficulty in speaking as if tongue paralyzed. Left side of the face seemed paralyzed. Lot of lachrymation from the left eye. Bell's palsy. *Cocculus indicus* cured the palsy and *Senega* the cough.

Case 6: 61 year-old male under treatment by a cardiologist, since a week. No improvement. Chest pain and numbness left arm were worsening. Giddiness. *Cactus grandiflorus* on the basis of the totality, improved him remarkably, and rapidly. After 6 days the patient again came with bleeding piles (he had been operated for piles earlier) and constipation. *Cactus grandiflorus* cured this also.

88. Circulatory Emergences - A **Repertory**
TARKAS P.I. (NJH, 2, 5/1993)

A brief repertory of the emergencies of the circulatory system.

89. Apoplexy - A **Repertory**
TARKAS P.I. (NJH, 2, 5/1993)

90. Role of Rare Remedies in End-stage Renal failure

PAVRI Shahrukh K.R. (NJH, 2, 6/1993)

A brief therapeutics of end-stage renal failure.

91. Treatment with rare drugs and human secretions

CHUGHB.R. (NJH, 2, 6/1993)

Brief discussion on *Acalypha indica*, *Actea racemosa*, *Aethiops persica*, *Chenopodium glauci*, *Epigea repens*, *Ficus religiosa*, *Fucus vesiculosus*, *Liatris spicata*, *Myristica sebifera*, *Naphthalene*, *Nuphar luteum*, *Pix liquida*.

The author cites cases in which he used the potentised semen, and potentised leucorrhoea to a couple (stock from the man and the woman) who were cured of their ailments and also had a baby for which they had been taking treatment for long; potentised stool (from the patient) for pain in intestines and bladder, diarrhoea and vomiting; potentised expectoration (from the patient) for haemoptysis and pain in lungs, temperature night, etc.; for cancer of the pylorus in 78 year-old woman for whom her saliva was potentised and given which improved her very much; psoriasis in an 18 year-old girl was given potentised blood (from the patient) and she got cured.

92. Thrombocytopenic purpura
KUMAR Praveen S. (NJH, 2, 6/1993)

Case 1: 14 year-old girl with idiopathic thrombocytopenic purpura. *Sanguisuga* improved her much; nevertheless splenectomy was done by the hospital stating that the recovery was only a temporary phenomenon!

Case 2: A surgeon had tremors as a result of the broncho-dilators he was taking. *Wyethia* cured his allergic conditions and he had no need to take the broncho-dilators.

93. Seven Acute Cases
BALAKRISHNAN E. (NJH, 2, 6/1993)

Case 1: 40 year-old male; suffering from jaundice and under treatment. Severe intolerable itching all over, with urticarial rashes. *Astacus fluviatilis* 6/3 to 4 hrly. Relieved in two days.

Case 2: *Aralia racemosa*: in asthmatic bronchitis, 10 drops third potency every Vz to

1 hr. Relieves the spasm.

Case 3: 38 year-old lady, intolerable itching and scratching at the anus and on pubis day and night, without eruptions; itching relieved by cold applications. *Fagopyrum* 30, t.d.s. for 4 days and then b.d. for one week cured and no relapse.

Case 4: 45 year-old lady, with a long history of uterine prolapse. Surgery was the only remedy according to the Gynaecologists, i.e. Hysterectomy. *Sepia XM* at long intervals, 1 dose every 2 months and in all, 3 doses. Also *Fraxinus americanus* 10 drops in water t.d.s. Cured in three months and remains well.

Case 5: 80 year-old male, with sudden bout of haematemesis, blood clogged the air passages. Emergency measures in the nursing home 2 litres blood lost in 2 days. Discharged after allopathic treatment. Stool examination showed occult blood + + +. *Phosphorus* 30 one dose for 3 days and *Geranium maculatum* 15 drops in water q.d.s. for a week and then t.d.s. *Geranium maculatum* continued for 3 months, patient remains well.

Case 6: 35 year-old lady with acrid profuse leucorrhoea and severe backache. Menses, short and scanty with severe pains. She had a 4 year child but not conceiving further. Multiple ovarian cysts confirmed. *Thuja XM* 2 doses 12 hrs. apart and after a week *Oophorinum* 3x t.d.s. for four menstrual cycles. Subsequent sonograph revealed no cysts. Allround improvement and she conceived too and had another child.

Case 7: 60 year-old male, diabetic and on anti-diabetic drugs. Developed severe shooting, spasmodic neuralgic pains in two spots in right leg. *Ranunculus bulbosus M* repeated, cured.

94. A couple of Cases
SONAWALA Sarla (NJH, 2, 6/1993)

Case 1; 35 year-old married man with pain in heel since one year worse standing, walking, better rest and heat. *Calcaneal spur*. Pain right knee-joint, worse first motion, better by heat.

Aranea diadema 30 daily twice for over a month cured.

Case 2: Author herself as a student suffered whitlow which *Hepar sulphuris* couldn't help

much; *Myristica* 6 every six hours and in 24 hours very much improved.

95. A case of acute Otagia
ANAND Sunil (NJH, 2, 6/1993)

A middle-aged lady; severe piercing pains in both the ears, more in the nights, since last 15 days. No relief from the allopathic drugs. Area around the ears were hot and inflamed and tender. She was homesick, loved gardening, and cold drinks made her stomach feel cold. Rubrics: Country, desire for: playful, desires to play in the grass; Homesickness; stomach, coldness, after cold drinks. *Elaps corallinus* 200 relieved.

96. My experience with Rare Remedies
PURI Sandeep (NJH, 2, 6/1993)

Case 1: A 42 year-old lady with right breast pain extending through to back, with history of Tuberculosis. Irritable bowels alternate with constipation and diarrhoea. *Phellandrium* 30 t.d.s. and with three doses itself she felt much improved.

Case 2: 10 year-old boy with Itching nose, soft palate and headaches; falling of hair. *Arundo mauritanica* 30 t.d.s. for 15 days improved him.

Case 3: 36 year-old woman with eruptions on back of hands. *Pixliquida* 30 for 7 days b.d. and in one month the eruptions totally disappeared.

Case 4: A 21 year-old man with obstruction of nose, sneezing, lachrymation and cough sometimes. X-ray showed enlarged turbinates. *Sanguinaria nitrica* 30 t.d.s. for 15 days for one month relieved his suffering.

Case 5: An elderly lady with headaches suspected to be migraine; she took time to pass urine; her body smelt foul. *Prunus spinosa* 30 b.d. for 15 days cured.

97. Other wise a hot drug
PARIKH Amita (NJH, 2, 6/1993)

Case 1: Boy 12 year-age. Suddenly developed large blisters on stomach and abdomen, arms, on back of thighs, some large, mostly circular, as if filled with water with itching and burning. He takes only homoeopathic medicines. *Caltha* 30 repeated and in 3 days he became well.

Case 2: A 35 year-old lady with pain in abdomen, very expressive and gestures. Always wears loose clothes; loquacious about her complaints. Suffered tonsillitis, Appendicectomy, Hysterectomy. Anxiety, flatulence, highly social, dreams of snakes. Whenever she took any treatment it

would land up with throat problems. Lachesis 30.

IV. REPERTORY

1. De Mind van het Repertorium (The Mind of the Repertory)

DAM K. (Simillima, 2, 4/1993)

The first computer repertory was first published in book form (**Synthesis**); in a few months the **Complete Repertory** of Van Zandvoort (**McRep**) will follow with the Mind section in print. The policy of the computer-repertories has been for long time to add as much material as could be drawn from the existing homoeopathic literature. The number of additions was a kind of holy figure. But the vast amount of additional data will dilute our **Repertory** if we don't have solid criteria about when to add and when to skip an addition. It is not about the reliability of the source but more about when to add a new rubric or not (or when to add a remedy to a small highly characteristic rubric)! We now see a lot of additions to single-remedy rubrics to the Mind, rubrics that are far from being complete and far from characteristic for the remedy mentioned (Political: choc; Racism: Cocc; People in psychotherapy: Ign., Nat-m., Sep., Artistic: Care; Intelligent: Care; Nature, loves: Care). New rubrics that do meet the criteria for addition should not be just inserted alphabetically but (especially when they are obviously not complete yet) put as a subrubric under a bigger, more general rubric (Manipulative, should be placed under 'Deceitful').

The catch-word or entry of the rubric is very important for an easy finding of the rubric. The most characteristic of the symptom should be the entry. In **Synthetic Repertory** there is a subrubric under 'Cheerful' which is wrongly placed. The rubric is 'Cheerful, desires to be: Chin.' The entry of this rubric should be: 'Desires to be cheerful'. The rubric 'Desire' means a longing not to be realised or unrealisable, like in 'Desires ideal woman: Ant-c' The 'air-castles' of China of the same genre. Other rubrics now under 'Desires' do not belong there like 'Desires to be Watched: Gall-ac.'; this can be placed as a subrubric of 'Anxiety, alone, when' (because that is the reason why Gall-ac. wants to be watched).

When you have placed the new rubric under its appropriate heading/entry then cross-references should be made to similar rubrics; in this priority should be given to the bigger and more general rubrics with a similar meaning. At the bigger referred rubric all those small rubrics that have referred to this bigger rubric should be mentioned. If the small rubric contains (a) remedie(s) that are not in the bigger rubric

this should be indicated (so you don't have to look under all those small rubrics in search of remedies that are not (yet) mentioned in the bigger rubric). Example: 'Delusion, know: where he is; does not know', a cross-reference should be made to the bigger similar rubric: 'Mistakes in localities'. Also from 'Unconsciousness, dream, as if in, knows not where he is' and from 'Stupefaction, knows not where he is' cross-references should be made to 'Mistakes, localities.' Under 'Mistakes, localities', all those smaller rubrics should be mentioned and if possible the remedy in the smaller rubric that is lacking in 'Mistakes, localities' could be given behind that small rubric-reference together with the number of remedies in that small rubric that are already in the bigger rubric. If there are too many remedies in the small rubric that are lacking in the bigger one this could be indicated by + followed by the number of lacking remedies; if all the remedies of the smaller rubric are in the bigger one this can be shown by giving only the number of remedies in that rubric. Example: 'Mistakes, localities (Stupefaction, knows not where he is:' + thuj., ran-b) (Unconsciousness, dream, knows: 7 + cortico., ran-b) ('Delusion, knows: 1 + cann-s., merl.') ('Confusion, knows: 6 + ran-b.') ('Forgetful, house: 4') ('Memory, weakness, places: 5 + 6') etc. Now we can see at one glance which rubric we have to look up for not skipping a possible indicated remedy. This saves a lot of time and frustration, but I have to admit quite a lot of work for the repertory makers.

But in this way (location under existing, bigger and similar rubric; use entry to most characteristic catchword and last but not least effective cross-references) new rubrics can become an integral and useful part of the repertory, firmly embedded and linked in the existing structure and do not get lost or isolated.

Too similar rubrics should be put together like 'Impertinence' and 'Insolence' (besides all the remedies of 'Insolence' are already in 'Impertinence'). Also "superrubrics" could be created, for example you can make a rubric 'Dogs' which contains all the remedies in the rubrics: Fear of dogs; Dreams, dogs; Delusion, dogs, sees. Experience has shown over and over again that remedies in 'Delusion, dogs' or 'Dreams, dogs' (and that are not in 'Fear of dogs') can exhibit a very strong fear of dogs and vice versa.

Remedies in subrubrics that are not yet mentioned in the general rubric should be added to this general rubric. In subrubrics of 'Jealousy' remedies like Ca/c, Calad., Caust., Con., Mag-c, Petr., are mentioned that are not in the general rubric Jealousy. Every remedy that in a certain condition (modality) can elicit Jealousy (as a symptom) should be placed in the general rubric too. In the physical section of the

repertory we have the same problem with the "pain" rubrics. And another inconvenience is surfacing there. For example, 'Head, pain, shooting, singing, when': alum., ptel.; this specific and highly characteristic modality cannot be found under 'Head, pain, general'. All those characteristic modalities under the different kinds of pain that cannot be found yet as a modality under the general pain should also be placed (as a subrubric or a reference) under 'pain, general'. KENT did not do this because he did not want to generalise like BOENNINGHAUSEN and BOGER did but experience shows the validity of those generalisations. Aside from that in the computer repertories a lot of rubrics are added from repertories that have incorporated those generalisations (for example, BOGER-BONNINGHAUSEN, PHATAK's repertory, etc.). It would be only a logical consistency if KENT'S repertory would be revised in the same way. And nothing of the specificity of KENT is lost in that way because that specific symptom with all the characteristic modalities is still there, only now there is an entry (in the more general rubrics) that will lead to that specific symptom.

A balanced remedy representation (especially in the 'MIND') is of prime importance. The hallucinogens like Bell., Hyos., Stram., Cann-i. Ann. are because of their "to the fore screaming" symptoms relatively over-represented in the Mind. Especially in single symptoms; in S.R. a lot of single symptoms of Anhalonlum have been added superfluously ('Flight from reality, Withdrawal from reality, Stereotypes', etc. because other rubrics already have the same meaning: Dream, escape in dreamworld¹ and 'Automatisms'). For a more balanced remedy- representation priority should be given in adding those "too specific" remedies to more common rubrics (with more remedies).

2. Bemerkungen über Computer - von Sinn und Unsinn der Computer repertorisation (Remarks on Computer - on the sense and non-sense of Computer repertorisation) KOSTERS C. (AHZ, 238, 5/1993)
Repertory Software has spread and continues

to spread. Danger lies in over-estimation of repertorisation, in indiscriminate selection of rubrics and non-critical adoption of the results. The access to **Materia Medica** information is not adequately solved. Further development of software is suggested.

3. Über das Repertorisieren in der Sprechstunde (On repertorisation during the consulting hours)

von KELLER Georg (AHZ, 238, 6/1993) Since over 30

years the author has been using a **repertory** of the most-often used rubrics drawn from KENT and BOGER-BONNINGHAUSEN; the reason being that not one rubric can be considered as complete in either of the repertories and what is available in one is not in the other; also many synonymous rubrics may be found in the KENT at different places.

The author has now proposed to prepare a **repertory of modalities** which would help in selecting the most suitable remedy.

4. Zum Thema Mittelverwechslungen in Repertorium von Kent (On remedy confusions in the **repertory** of Kent) CZERNIKI B. (AHZ, 238, 5/1993)

The author points out that in the **Kent's Repertory** (VI edn. reprint) the remedy Ingluvin (ing.) is mentioned against 'Delusions, pregnant, thought herself instead of Ignatia (Ign.) In the **Final Genl. Repertory** (P. SCHMIDT & Diwan Harish CHAND) this error is not found.

5. Differenzierungsversuch verwandter Rubriken im Repertorium von Kent: Antagonism with herself et. al. (An attempt in differentiating related rubrics in the repertory of Kent: Antagonism with herself etc.) GENNEPER T. (ZKH, 37, 6/1993)

There are certain rubrics in the KENT **Repertory** which appear to be similar but cannot be differentiated easily and clearly. The right method in such cases is to refer to the source literature, viz., the provings and the **Materia Medica**. This would help in correctly differentiating the apparently similar rubrics.

With 'Antagonism with herself the following rubrics may be compared: 'Thoughts, two trains of thought', 'Will, contradiction of, 'Wills, two, feels as if he had two wills'. The remedies are Anac, Am., Lyss., Naja., Lach. Kali-c, Lac-c. These become clear by referring to: **Guiding Symptoms, Chronic Diseases, Encyclopaedia**.

No significant difference is seen between these similar rubrics. It is therefore better either to make a combined rubric or to work out the case with other rubrics also instead of referring to any one of these rubrics.

6. **Synthetic Repertory** - A Critical Appreciation ROY S.P. (NJH, 2, 4/1993)

The author has pointed out certain inconsistencies, errors in the **Synthetic Repertory**. A long list - in three tables - is appended.

V. VETERINARY

1. Dierencasus (Animal case): Mickey
LASSAUW Y. (Simillima, 2, 3/1993)

Mickey is a seventeen-year old male cat. The main and characteristic (and complaint of the owner) ; is that Mickey shrieks terribly. Already at dawn at about 5.00 he starts to shriek. He stops when the lady-owner comes out of her bed and gives him food which he does not eat. But then he gets quiet. He is never at ease, very alert, even when he sleeps, he is not relaxed. Arsenicum is the remedy. The remedy given in 200 didn't hold long. It had to be repeated at shorter , and shorter intervals and failed to act at all in the end. (The best potency till now is XM. Not onthly, not weekly, but every day he gets this; even worse: 6-7 times a day, and this already for 6 months. When the lady-owner skips the remedy skips a dose once he immediately relapses. When Arsenicum would be only a simile and not a simillimum one should have expected: 1. New symptoms indicating the real simillimum; 2. Proving symptoms of Arsenicum with this much frequent repetition; 3. Not repeatedly such a profound action on all levels after every relapse. The owner says she has never been so relaxed in his seventeen years as now. Lesson from this case: Repeat when the dose is exhausted (never mind if this is after two hours or two years).

2. Dierencasus (Animal case): Binkie
LASSAUW Y. (Simillima, 2, 4/1993)

Binkie is a nine-year old Golden Retriever with main complaint Hip dysplasia and an itching skin disorder. His behaviour is quite aggressive (tears newspaper and the mail from the letter-box). On the other hand his favourite resting spot is concealed under the stair-case. Belladonna 200 was given with good results (but with frequent repetition of the remedy).

VI. PHARMACOLOGY

1. Survey on the teaching of complementary medicine in British schools of Pharmacy.
KAYNE Steven (BHJ, 82, 3/1993)

The 16 U.K. Schools of Pharmacy were surveyed to investigate whether undergraduate students were exposed to teaching in complementary medicine. 56% replied positively, with course varying in length from 1-2 hours upto 20 hours. Of the 44% who replied negatively, 30% indicated that they thought they would teach the subject in future.

2. Eugenia jambos gleichbedeutend mit

Eugenia jambolana?) (Eugenia jambos same as Eugenia jambolanai) FURLENMEIER S. (ZKH, 37, 4/1993)

The Myrtaceae family comprises approximately 100 kinds with about 3000 kinds of creepers and small bushes upto tall trees. Its utility is in timber [Eucalyptus), spices (clove), ethereal oils (Eucalyptus 3il, Cajeput oil, Clove oil), edible fruits (Guava, Jambo), ornamental plants (Myrtle). However for Homoeopathy only two varieties are relevant: Eugenia and Syzgium.

In the homoeopathic literature only Eugenia ambos is mentioned but in the Pharmacopoeia (German) of 1958 and 1978 Syzium jambolana (-Eugenia jambolana) is listed. However, Eugenia ambos is only mentioned in the annexe of the 1958 edition of the Pharmacopoeia and not mentioned in the 1978/85 editions. This is certainly a matter of two different plant species. How has this confusion come about?

VII. EDUCATION

1. The Institute of Clinical Research

DHAWALE K.M. (HL, 7, 1/1993)

The Institute of Clinical Research (ICR), Bombay is probably one of the most organised homoeopathic institutions offering clinical training for graduates from homoeopathic and other medical colleges. The courses are marked by very hard work and a very particular approach to Homoeopathy. This approach is characterised by the detailed case-taking with understanding of the mind and followed by the selection of a constitutional remedy (a nosode) and one or two acute remedies for various acute episodes. The constitutional remedy is often a salt e.g. Sodium or Magnesium salt. The article explains the principles and practice in homoeopathic education as followed by the ICR.

VIII. RESEARCH

1. Cholera and homoeopathic medicine - the Peruvian experience GAUCHER Catherine, JEULIN Dominique, PEYCRU Patrick PLA Anna. AMENGHAL Carles (BHJ, 82, 3/1994)

In March 1991 the charity **Homoeopathes sans Frontiers** established an aid programme for cholera victims in Peru which continued intermittently for 8 months. The article details the programme and the results.

Homoeopathic medicines were administered in addition to oral rehydration. The experience of the

mission showed that homoeopathic medicines accelerated the improvement when used with rehydration. The most frequently used medicines were Cuprum, Veratrum album, Camphora. Following these in frequency were Ipecacuanha, China, Phosphorus, Arsenicum album, Phosphoric acid and upto 15 out of 23 medicines described in the classical homoeopathic literature.

The homoeopathic medicines used most frequently in the epidemic generally coincided with those which were used in the 19th century.

2. Topological investigation of the ethanol/water system and its implications for the mode of action of homoeopathic medicines

SINGH Prem P., CHHABRA H.L.
(BHJ, 82, 3/1993)

Available molar excess volumes V and molar excess enthalpies H data at 250°C in the ethanol (E) and Water (W) system have been analysed in terms of a graph-theoretical approach to suggest that both E and W (in the pure state) exist as equilibrium mixture of various r-meric forms, that the particular configuration that they acquire in their mixture is dictated by their relative proportions. Although E undergoes hydrophobic interactions in W, specific interactions between E and W favour their mutual dissolution. The process of succussion (or trituration) of homoeopathic drugs with E (or lactose) produces potentized E or W molecules that mimic the properties of the drugs. Homoeopathic medicines have been postulated to operate via electron-transfer processes in the Central Nervous System. A mode of action of homoeopathic medicines, consistent with the recent concepts of Chemistry and Physics is proposed to explain the scientific basis of the Law of Similars and some other characteristic pharmacologic actions of homoeopathic medicines.

3. Effects of homoeopathic preparations of organic acids and minerals on the oxidative metabolism of human neutrophils
CHIRUMBOLO Salvatore, SIGNORINI Andrea, BLANCH Ivo, LIPPI Guiseppe and BELLAVITE Paolo (BHJ, 82, 4/1993)

A number of different potencies of commercially available homoeopathic preparations in saline solution were tested for their ability to regulate the oxidative metabolism (superoxide production) and adhesion function of human neutrophils **in vitro**. 15% to 30% inhibition of oxidative metabolism was caused by Sulphur 6x, Manganum phosphoricum 6x and 8x. Phosphorus slightly reduced superoxide production, with varying results in a series of experiments. Using Magnesium phosphoricum and

Phosphorus, small inhibitory effects (8-11%) were noted even at high potencies. Among the organic acids, a group (Acidum malicum 4x and Acidum fumaricum 4x) enhanced superoxide production, while others either inhibited the response (Acidum citricum and Acidum succinicum, 3x and 4x) or had no effect (Acidum a-ketoglutaricum and Acidum cis-aconitum). Attempts to reproduce these effects using solutions prepared in the laboratory confirmed the inhibitory effects of Manganum phosphoricum 6x and of organic acids in the 3x, while other data indicated that critical factors in the methodology of preparation may affect the results.

IX. HISTORY

1. Publicity generated by an International LMHI Congress
POETTERS Hedwig (BHJ, 82, 3/1993)

The International Conference of the LMHI in Kbln (Cologne), Germany in May 1991 had considerable publicity effect.

Two million readers were reached through articles in the daily press. Several large medical and health journals and magazines informed ca. 500,000 readers. Radio stations reached several hundred thousand listeners.

In the homoeopathic press, 19 journals reported the conference. They printed more than 80 items, including lectures given at the conference, reports on the conference, comments, letters to the editor, etc.

The most important dignitaries of Western Germany sent greetings.

The reasons for the conference being successful in the eyes of homoeopathic physicians were as follows:

- high quality scientific and cultural programme,
- good interpreters and good quality technical equipment in the conference centre, and
- location of the conference in the most densely populated area of Germany with good transport connections.

2. The Personality of HAHNEMANN
LEARY Bernard (BHJ, 82, 4/1993)

The writings of HAHNEMANN are discussed with particular reference to his attacks on the medical profession. His intolerance of disagreement is explored. The question is raised as to whether his personality played a part in the generally negative reception of his ideas.

3. HAHNEMANN und PARACELSUS - Zum Geburtstag des Hohenheimers im

Paracelsus-Jahr 1993 (HAHNEMANN and PARACELSUS - On the birthday of Hohenheim in the Paracelsus-year 1993) SCHMEER E.H. (AHZ, 238, 4/1993)

In the second half of the 18th century, the era of Enlightenment, PARACELSUS was considered as a muddle-headed, depraved itinerant scholar, as a bragging medical charlatan, to be considered only negatively, to whom a friend of HAHNEMANN, the German philologist ADELUNG also belonged. Presumably HAHNEMANN himself was not free from this prejudice. He opined PARACELSUS as the producer of a spirit of Arsenic which every bungling physician administered as fever medicine which instead of curing the patient took him to the grave, (vide HAHNEMANN's **Arsenikvergiftung**). HAHNEMANN seems to have misunderstood PARACELSUS.

In this brief but well-researched article the learned author explains the relationship and non-relationship as well as the congeniality of both - HAHNEMANN and PARACELSUS.

4. The smaller hospitals

LEARY Bernard (BHJ, 82, 3/1993)

The evolution and history of the so-called homoeopathic cottage hospitals is discussed.

It is interesting to note that till the turn of the century to the second World War there were many homoeopathic hospitals. These smaller hospitals were called **Cottage hospitals**. Of these smaller hospitals only one - **The Turnbridge Homoeopathic Hospital** - has survived. Now there are totally five homoeopathic hospitals in the U.K. The remark "Since 1948 all the remaining homoeopathic hospitals, major and minor, have been fighting a running battle against the establishment in order to remain homoeopathic institutions" makes a sad reading.

The **Simile**, 3, 3/1993 informs that "Tuesday 1, June, 1993 was a red letter day for the **Turnbridge Wells Homoeopathic Hospital** as it celebrated its 90th Anniversary in glorious weather." (The QHD wishes a glorious future for the hospital)

5. The National Homoeopathic Hospital in Mexico City will be celebrating its centenary in July 1993. The hospital was opened on 15 July 1893 by the **President, General PORFORIO DIAS**, and in its early days had great success in the treatment of epidemics of Typhus. President Francisco I. MADERO was a strong supporter of Homoeopathy and contributed to the development of the hospital after his visit in 1911. In the last 15 years the hospital has been restructured by the Minister of Health to function as a general

hospital. The commemorative programme includes a ceremony and scientific programme. The President of the organising committee is Dr. Armando RUIZ MASSIEU.

6. **Australia** - repon: from Dr. Nick GODMAN (Simile 3, 4/1993 issued with the BHJ, 82, 4/1993)

Dr. Stephen SIMPSON was probably the earliest homoeopath in Australia. In 1836, prior to migrating to New South Wales from England, he had written a controversial book on Homoeopathy. A homoeopathic dispensary was opened in Sydney in 1858 and in 1877 Dr. J. Field DECK arrived. Dr. Field DECK, with his four medical sons and a few others, served at the Sydney Homoeopathic Hospital from 1902. This hospital was partly government funded from 1906 and continued to provide homoeopathic services until 1945.

The Melbourne story began with JOHN HICKSON in 1850 and he was followed by the Martin and Pleasance Dispensary in 1855, Johann W. GUNST in 1868 and the Melbourne Homoeopathic Hospital in 1882. However, in 1908 the Victoria Medical Act restricted the number of homoeopaths to one new registrant per year, and the Victorian Branch of the BMA forbade its members from working with homoeopaths.

There were homoeopathic hospitals in Hobart and Launceston in the late 1870s; and the Reverend Benjamin GILMORE WILSON was using Homoeopathy in the Brisbane area between 1858 and 1878. Homoeopathy declined from 1930 to the 1970s as a consequence of the rising competence of scientific medical therapeutics and of some of the attendant politics.

Today, Homoeopathy is enjoying renewed interest along with other complementary disciplines, particularly acupuncture. Methodology ranges from classic to pluralist. There is a gradual shift toward classical practice. Separate colleges in each of the eastern states has led to independent development. The Federation of Homoeopaths embraces all styles of practice and has presented Indian teachers. Dr. D. DIKSHIT from Bombay and Dr. JAYESH SHAH have been teaching. A process is evolving by which Homoeopathic training is standardised across the country and involves universities and/or colleges of tertiary education teaching the basic medical core. There are still some politics to overcome.

In the late 1970s Dr. John GEATES who had been working in Sydney for 25 years was approached by a group of doctors impressed by his work to teach them Homoeopathy. By 1980 the first two doctors (GOH and ASHER) had gained the M.F. Horn and the Australian Medical Homoeopathic Society for Research and

Education, later to become the Australian Medical Faculty of Homoeopathy (AMFH), was in its infancy. There are now 22 doctors of M.F. Horn standard.

7. Despite official discouragement, Homoeopathy in the former Soviet Block was not completely suppressed and its use is now developing rapidly. A new **Homoeopathy Society** was founded in **Czechia** in November 1990 and it has been recognised by the **Czech Medical Society**. There are 630 doctors with a definite interest in Homoeopathy and 2000 more have expressed some interest. In addition, there are now several schools that provide the mandatory training in Homoeopathy.

In **Slovakia**, the last homoeopathic pharmacy was closed in 1964 but there are 800 members of the **Slovakia Homoeopathic Society**, 400 of whom are doctors. As yet there are no statutory regulations for the practice of Homoeopathy and Slovaks are dependent on teachers from other countries.

There are 2000 homoeopathic doctors in **Russia** despite an official ban that lasted 20 years and was lifted in 1991. It is now legal to manufacture remedies and publish books. The Sixth Edition of the **Organon** was translated into Russian last year. (**Simile**, 3, 4/1993 issued with the BHI, 82, 4/1993)

8. A Man with two Boats

LEWIS Joe A., (HH, 18, 7,8,9,10 & 11/1993) This is a brief biography of "Father MULLER" -Keith Augustus MULLER S.J. (1841-1910) who came to India as a Missionary and founded the famous "**Fr. Muller's Homoeopathic Poor Dispensary**" in 1881 in Kankanady, Mangalore, in South India. It is said that grand parent of Fr. MULLER, Augustus MULLER, was the teacher of Samuel HAHNEMANN.

Fr. MULLER is reckoned as a pioneer in the history of Homoeopathy in India.

9. Excerpts from the History of Homoeopathy and its Institutions in America
(HH, 17 and 18/1993)

This traces the history of Homoeopathy in the USA. The Homoeopathic Heritage, Vol. 18, No.12/1993 traces the founding of the **Allentown Academy**. The narration says that in fact there was no institution actually as Allentown Academy which was the name adopted for convenience; the actual name was '**The North American Academy of the Homoeopathic Healing Art**'. More instalments are to follow in the subsequent numbers of the Homoeopathic Heritage.

X. GENERAL

1. Homoeopathie wetenschappelijk bewezen (Homoeopathy scientifically proven)

DAM K. (Simillima, 2, 3/1993)

A Dutch woman dentist JOSEPHIEN VAN DEN BERG has done a clinical trial with whiplash patients. After a dramatic improvement with diet and Homoeopathy in one of her own children (who was diagnosed having a very serious neurological brain disease), she decided to make this known to the allopathic profession She started a foundation (BAB"O"Z), did this trial and then hired the biggest congress building and invited 35,000 all doctors and dentists to come and see. The response was poor.

In the trial two remedies were used. Coccus and Camphora in 50M or CM. Remedy selection was done with the **Omura-ringtest (Kinesiology)**.

A statistically significant aggravation in the experimental group was found. Conclusion : there is an effect of high potencies.

2. Carcinoin, Copper and Cancer
MORTELMANS Guido (HL, 7, 1/1993)

The two great desires of Carcinoin are chocolate and soup. Chocolate contains a lot of copper and soup is made of many vegetables. Cancer patients have been observed to be in need of Copper; and vegetable consumption reduces cancer risks.

3. Dose-dependent reverse effects
LANDE Klaus (BHI, 82, 3/1993)

This is an abstract of the Dissertation on '**Dose-dependent reverse effects - a differential literature references**' from the **Walther-straub-Institute of Pharmacology and Toxicology, Munich University, 1991**.

A reverse effect is defined as the opposite to the usual characteristic effect of an agent. If the inversion is caused by a change of the applied dose, the phenomenon is called dose- dependent reverse effect (DDRE).

There exist 3 basic 'paradigms' on DDRE in the scientific literature:

- Hormesis: Stimulating effects of low doses of inhibitors
- Pharmacological : Dose-response relationships in general.

- Homoeopathic : Effects and inversion effects of serial dilutions, sometimes free of molecules of the originally diluted agent.
- 4. Non-medically qualified practitioners of Homoeopathy - a statement from the Faculty (BHJ, 82, 3/1993)

This paper considers the practice of Homoeopathy by non-medically qualified practitioners (NMQP), prepared by the NMQP Working party of the Faculty of Homoeopathy. The Working Party's brief was to consider the issues of safety and clinical standards of NMQP practice, not the issue of competence in Homoeopathy.

The Summary of the paper is that there should be further dialogue and research, a process which part of the NMQP community is actively pursuing. The conclusion 'for now' is that patients are being placed at risk by the variable and unregulated level of medical competence and professional standards among NMQPs.

- 5. Homoeopathy and Physics - a brief history BERNAL German Guajardo (BHJ, 82, 3/1993)

It has been recognised since the early days of

Homoeopathy that the very high, ultra-molecular dilutions employed in Homoeopathy pose fundamental scientific problems. HAHNEMANN was the first to recognize that the solution to these problems must be sought in physics, not chemistry. The views of HAHNEMANN are summarized. The influence of contemporary developments in physics on homoeopathic theoreticians in the 19th and 20th centuries is described. The later part of the 20th century has seen the advent of experimental studies using various forms of spectroscopy, particularly magnetic resonance. Contemporary developments in the understanding of the physical basis of ultramolecular dilutions, particularly information theory, are outlined. 6. Anthropology and Medicine - the image of

man in different therapeutic approaches
SCHMIDT J.M. (BHJ, 82, 4/1993)

Fundamental reflections on anthropology in medicine lead on to the image of man on which modern, science-oriented medicine is based, followed by that which underlies Homoeopathy. HAHNEMANN's concept of man is considered before elucidating the characteristics and differences between the two approaches and their particular position in the theory of medicine. The strict positivism

of science essentially reduces the image of man, whilst the teleological approach, renouncing any claim to be able to investigate the life itself, permits a phenomenological recognition of man in all his dimensions.

- 7. New Trade Association : Educating physicians and pharmacists is one of the main areas to be addressed by a new trade organisation, the **American Homoeopathic Pharmaceutical Association (AHPA)** formed in April 1993 by representatives of America's major homoeopathic manufacturers and a group of community pharmacists. The AHPA has plans for market development including the funding of clinical studies and support of educational institutions. It hopes to maintain the excellent relationship with the Food and Drug Agency and other regulatory bodies. (Simile, 3, 4/1993 issued with the BHJ, 82, 4/1993)

- 8. The Wounded Healer

DANCIGER Elizabeth (The Homoeopath, 51/1993)

A driven desire to heal the self is often the unconscious driving energy behind the initial impulse to want to 'help the other'. What does this healing say or imply about their own suffering, and the alleviation of their own suffering? This is being discussed in the light of the Greek mythology, etc.

- 9. A Question of Perception
RICHARDS Veronica (The Homoeopath, 51/1993)

"What follows is an account of my efforts to resolve what sometimes seems to me to be a conflict between my spiritual ideals and 'perceiving the centre of a case'." "When I give a remedy to a patient, perhaps in a way it is to myself I am giving it. And once my perception is clear, there will be no more remedy needed."

- 10. Master Homoeopaths: CM. BOGER's Collected Writings

BANNAR Robert (HLK, 2, 3/1993) The author has proposed to publish a book: the almost complete works of Dr. CM. BOGER, drawn from the back issues of the **International Hahnemannian Association Journals**, and also many of the **Homoeopathic Recorders**. "The book contains many gems of homoeopathic wisdom and a very solid approach to philosophy and application notwithstanding the many subtleties embraced. BOGER's approach can serve to correct the bearings of any serious homoeopath, student or practitioner." The book is to be published by Churchill Livingstone in September 1993 and will be available from Minerva Books, 6 Bothwell Street,

London W6 8DY, England.

11. Man, Microbes and Antibiotics
KOTHARI Manu L. (mfH, 4, 1/1993)

Drs. Manu KOTHARI and Lopa MEHTA are very well known for their very thought-provoking writings. Their lectures have been serialised in this journal. The present one was a lecture delivered by Dr. KOTHARI at the Andhra Pradesh Chest Diseases Hospital, Hyderabad on 1 March 1993. Dr. KOTHARI explains how microbes are **not** the disease causes and how antibiotics do not really cure. "Therefore I would say that the fault is one's reaction to the situation and I would say that microbes are not really bothered about causing disease and it is our reactivity that is at fault." The 'discussion' part that follows the lecture is also interesting. The entire article is well-worth repeated study.

12. The Darker Side : Blindness - Post Surgical
LAKSHMINARAYANAN D. (mfH, 4, 1/1993)

The learned author narrates how indifferent eye-surgeries for cataract, etc. cause complications, callous post-surgical care lead to many complications. One reads frequently 'eye operations for cataract' 'fairs' and also 'loss of vision after surgery'.

13. In Search of God
SARADAMBA A. (mfH, 4, 1/1993)

This is a rejoinder to an article in the mfH, 3, 4/1992 which spoke rather disparagingly of **Radionics**. The author briefly explains that Radionics is a rational practice indeed.

14. Dysis vs Disease

KOTHARI M.L. and MEHTA LA (mfH, 4, 2/1993)

This is an edited version, serialised in this journal. These are lectures delivered by the learned authors as Dr. Seshachari Memorial Lectures, delivered at Hyderabad on 28 Feb. 1993. Dysis is to be defined as dys = abnormality which is in the eyes of the doctor, but not necessarily inimical or symptomatic to the patient and therefore not necessarily meriting an investigation or treatment. The authors speak of rational approach to Signs and Symptoms. Very very relevant to homoeopaths.

XI. BOOKS

1. **Homoeopathy for Midwives (& Pregnant Women)**. Peter WEBB, British Homoeopathic Association 1992 ISBN O 946717 01 X. Paperback. pp.43 E3.50, reviewed by Anita K. DAVIES (BHI, 82, 3/1993): "This well-produced booklet has an index and bibliography ... It is easy to read and the mother and midwife and indeed doctor who is unfamiliar with homoeopathic practice should be able to follow the

subject with understanding...."

2. **Proceedings of the 1992 Professional Case Conference. Small Remedies and Interesting Cases. International Foundation for Homoeopathy, Seattle, USA. Paperback, pp.291 \$26.50 from IFH, 2366 Eastlake Avenue, East, 329, Seattle, WA 98102 USA. reviewed by D.T.H. WILLIAMS (BHI, 82, 3/1993):** "I like reading case histories like these... As an instrument of self-study the book is useful... I found the **materia medica** representation particularly useful and most especially those on the Carbons and Argentums... The influence of George VITHOULKAS is seen and is freely acknowledged... The paperback is printed with good, easy-to-read typeface on good paper and wellbound...."

3. **Groups Classification of General Modalities. Raul IBARRA, MD. Neuva Editorial Medico Homoeopathica Mexicana 1992. ISBN 968-6774-05X. Price \$26. reviewed by John ENGLISH (BHI, 82, 4/1993):** "Kent's **Repertory** is a formidable stumbling block to any serious student of Homoeopathy and the concept of modalities one of the first hurdles the aspirant meets. Most are found in the 'Generalities' chapter of Kent's **Repertory** where they are buried in a mass of seemingly unrelated material, as KENT used this chapter to house various sorts of information not easily classified elsewhere... The book is well-produced and laid out... It is easy to criticize the choice of material included and yet to wish for more..."

4. **Homoeopathy for the Third age. Keith SOUTER. Saffron Walden, C.W. Daniel. ISBN 0-85207-268-6. pp.225 £9.95 reviewed by Ronal LIVINGSTON (BHI, 82,4/1993):** "I should expect this compact and most readable book to have a special appeal for those passing through what the author described as the "third age" i.e. the years of maturity and decline, people who would naturally be interested in the University of the Third Age and the Open University. It fills a niche so far unoccupied in homoeopathic literature. It is certainly well suited for readers who are involved in the care of elderly and fragile people whether they are professionally qualified or not..."

5. **Homoeopathic and Drainage Repertory. A guide to take care of yourself, your family and your patients. Michel M. BOUKO-LEVY M.D. Editions Similia, France 1992. pp.476 ISBN 2-904920-70-7. 590F paperback reviewed by Marianne HARLING (BHI, 82, 4/1993):** "... In France Homoeopathy has developed along different lines, still claiming to be Hahnemannian... it is thought appropriate to prescribe several medicines for different aspects of the case:

constitution, aetiological medicines (nosodes), organ-related medicines to strengthen affected tissues, satellite or complementary medicines, trace elements which may be lacking and drainage remedies to assist elimination. (Of course not all of these classes of medicines are given in every case)... Dr. Michael BOUKO-LEVY is founder and Chairman of the **Institute of Homoeopathy of Provence**, and has taught Homoeopathy in several countries. He has created a clinical **repertory** which, as well as indicating the similar homoeopathy medicine, also suggests a pattern of drainage, using phytotherapy (herbal medicine), phyto-gemmotherapy (growing tips of plants), organotherapy (treatment with potencies of healthy organs), trace elements and satellite remedies.

The **Repertory** itself occupies 408 pages. The rubrics are arranged alphabetically as in CLARKE'S **Clinical Repertory**....

... The **Repertory** can be recommended as an excellent and useful addition to modern homoeopathic literature. It will be of greatest value to homoeopathic doctors (not necessarily beginners) who are engaged in busy general practice and want rapid and durable results...

6. New Model of Health and Disease. George VITHOULKAS. E 9.95 paperback. ISBN 1-55643-087-6. Published by North Atlantic Books (USA), reviewed by Alice GREENE (BHJ, 82, 4/1993): "... this book is written (after 28 years of mature reflection and experience of treating over 150,000 homoeopathic cases), to show that the paradigm of conventional medicine has not only failed to prevent or cure disease, but is actually responsible for a world- wide degeneration of health due to the excessive use of powerful chemical drugs. VITHOULKAS aims to show by enumerating the natural laws which govern the phenomena of health and disease, that a new paradigm of therapeutic modalities does exist but is suppressed or neglected by present day medical authorities ... The author relates drug overuse with inability of our immune systems to prevent the appearance of alarming new diseases. Antibiotic misuse is linked to immune disability which has allowed the rise of micro-organism mutations, chronic systemic symptomatology due to fungal overgrowth and the appearance of newer, more virulent strains leading to the rise of AIDS.... This book is well-researched, with an impressive back-up of statistics, quotations from relevant medical sources and good diagrams... I recommend it as a thought-provoking, alarming and inspiring book...."

7. Iscador Therapy of Cancer. Kershasp KASAD. Publisher Dr. Leo REBELLOW:

Progressive Writers Combine. 28/552 Samata Nagar, W.E. Highway, Kandivali (East), Bombay 400101. reviewed by Geoffrey DOUCH (BHJ, 82, 4/1993): "This book must be the most comprehensive account of **Iscador therapy** so far to appear in English. It is well researched and clearly written. The author has the advantage of personal experience in the use of **Iscador**.. Undoubtedly a work of reference rather than for general reading...."

8. Homöotherapie der Atemwegserkrankungen bei Kindern von V.G.GLAZ Übers. und hrsg. v.A. BETTELS. Johannes Sonntag. Verlagsbuchh., Stuttgart, 1992. 337 S., geb., DM 88, - (Homoeotherapy of Respiratory diseases in children) reviewed by APPELL (AHZ, 238, 4/1993): Full of errors.

9. Homöopathie mit der Hahnemann Medical Klinik (Homoeopathy in the Hahnemann Medical Clinic) GRAY, B.; HERRICK, N.; MORRISON, R.; SHORE, J.: Kai Kroger Verlag für homöopathische Literatur, Rendsburg 1991 625 S.Ln., DM 129,; "... All in all this book is an exceptionally interesting, exciting and easy to read book, which opens many new paths to the experienced homoeopathic physicians..."

10. Homöopathie für jeden Tag. Alltagsbeschwerden, Frauen- und Kinderkrankheiten, Notfälle (Homoeopathy for the day-to-day ailments, women and childrens diseases, Emergencies). GEMMELL, D.M., Trias-Thieme, Hippokrates, Enke, Stuttgart 1992 250 S., geb.39, DM 80.: "The book is for non-medical persons ... The book is conceived for those in Germany who belong to the STIEGELE school of clinical homoeopathy or the so-called scientific school."

11. Homöotherapie neurologischer Erkrankungen. (Homoeotherapy of neurological diseases) GAISBAUER, M., Biologische Fachbuchreihe Bd. 10.2 überarb. Aufl. Sonntag-Verlags-buchhandlung, Regensburg 1992. 165 S., kart. DM 29, 80. reviewed by GEBHARDT. (AHZ, 238, 6/1993): "... The author has revised an earlier writing of ZWEIG which was later reviewed by STAUFFER, particularly the clinical part, in which the definition of disease or the Symptoms, Aetiology, Clinical, Diagnostics and Differential-diagnostics, have been put in modern terms. In the homoeopathic part fresh information mostly from ZIMMERMAN have been included.... the book will be of use to the beginner as also for the experienced...."

12. Homöopathisch behandelte Scharlachfalle

(Scarlet fever treated homoeopathically)
UNGERN-STERNBERG, M.v. Editio Astrmonte,
Detmold 1992. 160 S. brosch. reviewed by
GEBHARDT (AHZ, 238, 6/1993):

13. **Homoopathie in der Klinik-eine erlebte Heilmethode. (Homoeopathy in the Clinic - a Therapy of experience). Quintessenz Verlag, München 1990. 296 S., 99 z.gr.T. farb. Abb. Ln., DM 98 - reviewed by GEBHARDT (AHZ, 238, 6/1993):** "The clinician has not come across any book so much relevant as this since STIEGELE's. As the Chief Physician of the Munich homoeopathic Hospital, ZIMMERMANN is fully qualified as no one else, with his long experience... Such a book has been a long-felt need. It should be made obligatory book for every homoeopathic physician, since it is unlike the many modern speculative works in Homoeopathy.

14. **Core Elements of the Materia Medica of the Mind. Vol. I. Ananda ZAREN. Ulrich-Burgdorf Publishing. Hardback. 254 pages, reviewed by Victor JENNI (HL, 6, 3/1993):** "Visiting her seminars and watching her interview patients on video there was always a kind of mystery about how ANANDA focussed the case. For me, and I think for most of the other students it remained unclear until the end of the interviews, which of the many symptoms of a patient were the ones she would choose to prescribe upon... In the first volume of her **Materia Medica** she presents her approach as follows: In any case of deep pathology there is supposed to be a Wound (physical abuse, emotional abuse, sexual abuse, violence, etc.) The wound induces the Vital force to react in a way that is specific for every individual, depending on the constitutional factors and personal characteristics, creating a Wall to protect the wound from further injury. Therefore the symptoms of the Wall are the guiding symptoms we have to focus, they are the symptoms we have to choose for repertorisation and prescribing. As a consequence, with every symptom we have to decide whether it belongs to the Wall or the Mask. The mask being the image of the patient, he or she would like to appear, the "persona" of the Greek theatre ... We have to learn to differentiate between the different layers of the pathology... The set of our questions in the interview will start to be completely different if we adopt this point of view and so will be the prescription... For all homoeopaths who would like to refine their skills in the direction of the understanding and feeling the patients suffering and learn to prescribe on a deeper level, this **Materia Medica** approach will be of greater help.

ANANDA describes the wound, the wall and the mask in the light of the **Materia Medica** of six remedies: Calcarea phosphorica, Cannabis indica,

Causticum, Hyoscyamus, Medorrhinum and Silicea.... There is a spiritual as well as a practical element in this book which should appease even those who tend to shy away from the so-called "spiritual" element in Homoeopathy..."

15. **L' homeopathie au chevet de la medecine?. Essai pour un nouveau debat. (Homoeopathy to bolster medicine? Essay for a new debate) Francois CHOFFAT. Les Editions du Cerf. Paris. Paperback, 336 pages, reviewed by Pablo FRISHCENECHT (HL, 6, 3/1993):** "This essay whose title is rather provocative, proposes a current and well researched reflection on modern medical practice. The author analyses the relationship between classical medicine and the socio-cultural environment as well as the relationship between medical practice and its epistemological basis, as well as the relationship between Homoeopathy and classical medicine.

It is really rare to meet a practitioner who is gifted with both a natural inclination for critical analysis and the necessary ability to deal with such a complex subject... The book shows that for Homoeopathy and allopathic medicine to be really complementary, the concepts of both systems have to be thoroughly studied... This critical and exciting book has the merit of reminding us that the so-called scientific reference is something quite relative and changeable depending on socio-cultural and economic factors...."

16. **Practical Materia Medica for the consulting room by Tinus SMITS. Available from Tinus Smits, Vincent van Goghlan 6, NL-JM Waalre, Hardback 451 pages. Price Hfl. 160 (Hfl. 175 outside Europe) postage included, reviewed by Beat SPRING. (HL, 6, 3/1993):** "... **Practical Material Medica** for the consulting room is a result of his thorough and painstaking investigation of the remedies. This is a practical and reliable source for any homoeopath's desk covering 102 remedies... It is a practical book for every day use in the practice and I would recommend that the second edition be presented in smaller print..."

17. **Desktop Guide to Keynotes and Confirmatory Symptoms. Roger MORRISON, Hahnemann Clinic Publishing. USA. Hardback 433 pages. \$68.50 (\$77 abroad) reviewed by Beat SPRING (HL, 6, 3/1993):** "This excellent Desktop guide is a summary of MORRISON'S vast experience of the **Materia Medica**. Well laid-out and presented this is an easy to use reference guide for the consulting room.... The source of these symptoms originate from MORRISON'S own practice or from the centre in Athens where he studied with VITHOULKAS... The book is a great help in learning the remedies as it focuses the remedy and it is a quick reference to

confirm a prescription during consultation... A highly recommendable book for homoeopaths at all stages of study and practice and very likely to become a more modern standard textbook of **Materia Medica**."

18. Analysis and Evaluation of Rubrics / Symptoms of Dr. KENT'S Repertory of Homoeopathic Materia Medica. Ramanlal PATEL. Sai Homoeopathic Book Corporation Hardback, 1339 pages. Price \$30 (plus \$25 pp.) reviewed in (HL, 6, 3/1993): "This mammoth work undertaken by PATEL is certainly a great aid to KENT'S **Repertory** especially for those not working with a computer. It helps to place symptoms in a hierarchical order and to define a portrait of the patient consulting us. There are practical chapters on case taking and analysis... PATEL is to be congratulated on his tremendous work and dedication to Homoeopathy."

19. The Healing Power of Illness by Thorwald DETHEFSEN and Rudiger DAHLKE, published by Element Books, Shaftesbury, Dorset, Paperback, 273 pages £ 7.99 (The Homoeopath, 50/1993): Although this is not a book written for homoeopaths yet it is relevant to homoeopathic practice. "Illness goes with health as does death with life... Life, indeed, is a constant path of disillusionment, in that one illusion after the other is stripped away from us until we can finally bear the truth. So it is, then, that those of us who are prepared to risk and tolerate the realisation that illness, morbidity and death are essential and ever-faithful life-companions eventually discover that this realisation ends not in hopelessness, but rather in the revelation that they are wise and helpful friends who will constantly help us find our true nature, our healing path... Illness always puts its finger on our impotence and insignificance precisely at the moment when we think we can change the course of world-events through sheer personal authority. A tooth-ache, lumbago, flu or diarrhoea are quite sufficient to transform the conquering hero into a miserable worm. That, above all, is what we most hate about illness... We have to ... learn to hear and see what illness has to tell us. As patients we have to listen to our inner selves and enter into communication with our symptoms if we are to learn what they have to tell us... The symptom makes us honest by making visible that which we have repressed."

20. 24 Chapters in Homoeopathy with Introduction to Systems by Joseph REEVES 256 pages, hardback, published by Homoeopress Ltd. (The Homoeopath, 50/1993): The author is the originator of the concept of 'the circle' as a means of case analysis. The five levels of service: The First Level - Love. The Second Level - Understanding. The Third Level - Fluids. The Fourth Level - Internal organs. The

Fifth Level - External organs. "Every level stands in the service of the higher one... Every time the homoeopath takes care of the Man and helps him to be cured in the homoeopathic way, and the sick person is cured, the Homoeopath will become wiser. One who does not work in this way, after every effort to cure, will be more foolish than before."

XII. NEWS & NOTES

1. The British Faculty of Homoeopathy, London, has adopted a "**Mission Statement: To bring an awareness of Homoeopathy to every statutorily registered health professional in the United Kingdom**". As a first step, the Council will discuss relevant issues in workshops of small groups. (**Simile**, 3, 3/1993 issued with the BHI, 82, 3/1993)

2. Boots held a Press Seminar on 5 May 1993 to publicise the launch of their 'own brand' ranges of homoeopathic and herbal medicines in the near future. In each of their branches **Boots** will have at least one Pharmacist trained in Homoeopathy and clients will be referred to Faculty Members where necessary. Recent Market Survey in Europe results revealed that:

- Over-the-counter (OTC) Homoeopathy accounts for £ 210m in Germany, £ 230m in France and £ 12m in the UK.
- in Holland £ 5.42 per head is spent on homoeopathic medicine each year as against 21 p in the UK
- the leading OTC treatment for colds and flu in France is a homoeopathic medicine
- in the UK herbal and homoeopathic medicines are the fastest growing sections of the pharmaceutical industry over the past five years. The market is worth £40m today and continues to increase. Other European countries boast an OTC annual spending of around 1 billion.

Looking at the user profile, from a sample of 2000 in the UK, **Boots** found the following reactions to Homoeopathy:

- 7% positively inclined
- 19% were interested
- 15% uninterested
- 52% unaware
- only 3% did not believe it worked.

Boots Homoeopathic Medicines are being made for them by Weleda (UK) and include 20 of the most commonly used homoeopathic

medicines in a 6c potency. (**Simile**, 3,3/1993 issued with the BHJ, 82, 3/1993)

3. Michael BATE, Head Gardener, of **Weleda**, UK says (**Simile**, 3, 3 & 4/1993) that the cultivation of plants used in Homoeopathy is fascinating because of the very wide ranging species involved. It has become necessary to cultivate the plants used in making medicines because truly wild habitats are becoming more uncommon and many species are now protected. The way medicinal plants grow is often unusual and striking and they sometimes exhibit some of the symptoms of their drug pictures. Bryonia crelia, Symphytum officinale, Chelidonium majus, Thuja occidentalis, Pulsatilla pratensis, Chamomilla matricaria, Hypericum perforation, Arnica montana, Atropa belladonna, Hyoscyamus niger, Aconitum napellus, Ledum palustre, Rhus toxicodendron, Allium cepa are all briefly but beautifully discussed with nice drawings of some plants.

4. Faculty of Homoeopathy, Midlands Branch, 18th Annual Symposium on Homoeopathic Medicine, 14 November 1992

- Report by Geoffrey M.GOODYEAR (BHJ, 82, 3/1993)

Dr. Brian KAPLAN began the day with a talk on 'Case Analysis': the many options available. He emphasized the importance of history taking as the basis for a flexible approach to case analysis. He outlined and discussed 16 ways to find a medicine.

- Specifics such as Arnica for bruising or Chamomilla for teething may be applicable in a few cases.
- Repertorizing the totality of symptoms (with or without computer) is the classical approach.
- Keynotes using rare, peculiar or paradoxical symptoms may lead to the indicated medicine.
- Epidemic remedies may apply to particular outbreaks of e.g. influenza.
- The constitutional medicine may be found by studying not just the symptoms but also the physical and psychological characteristics of the patient.
- Prescribing from causation may apply, e.g. from grief, using medicines such as Ignatia, Natrum muriaticum, Staphysagria or Phosphoric acid.

- Miasmatic prescribing may be applicable on occasions.
- Drainage remedies can be given with the constitutional medicine, to treat particular organ related symptoms, e.g. Sabal serrulata in low potency for prostatic hypertrophy.
- A past successful prescription may well be repeated if it has worked well.
- Rare and peculiar symptoms may give strong indications for a medicine, e.g. a painful scaly rash on the soles of the feet treated with Mancinella.
- Complementary e.g. Natrum muriaticum after Apis, and related remedies, e.g. Causticum and Phosphorus, may be appropriate if a further medicine is required.
- Patients reporting that they have 'never been well since' a particular illness may indicate the medicine, e.g. Carcinosis or the nosode following glandular fever.
- Combinations of medicines as specifics can be used and are popular in other countries.
- The **bowel nosodes** may prove helpful at times.
- Prescribing on **Essence** may lead to the medicine, e.g. Pulsatilla for changeability or Sepia for stasis.

Dr. KAPLAN mentioned in passing **Psionic medicine, Vega testing, Anthroposophical medicine** and external applications.

Next Gynaecological and obstetric case histories. Dr. Valeries KLEIN presented two cases of uterine fibroids. The first patient also had PMS; she was treated with Nux vomica with Calcarea fluarica 6 weekly for her fibroids which greatly reduced in size. The second patient had PMS, recurrent thrush and had been advised hysterectomy for her fibroids. She was treated with Nux vomica and Candida nosode and followed by Natrum muriaticum. Her fibroids were treated with Calcarea fluarica with benefit. Dr. Elaine SELWYN presented a case of premenstrual pain, fatigue and depression treated with Sepia at ovulation with great benefit.

Dr. Molly HUNTON presented 3 cases. Solidago caused the disappearance of the first patient's fibroids which were pressing on her bladder. A patient with post-pill amenorrhoea

responded to Folliculinum and Oophorinum but required Pulsatilla for the ensuing PMS. A third patient with vulval lichen sclerosus was treated with Acid nitricum, Sulphur and later Thiosinaminum and Calendula with considerable improvement.

Dr. CO. KENNEDY described the bowel nosodes originated by Drs. BACH, DISHINGTON and PATERSON. Their use is solely for chronic diseases. Dys.co. was found in the stool of children with congenital pyloric stenosis. Treatment with Dys. co. cured some of these children. After the last war, patients presenting with sudden onset of peptic ulcer symptoms or complications were found to have proteus in the stool. This appears to result from prolonged stress but only presents after it is all over. Associated with this is oedema and arterial spasm producing e.g. angina and claudication. The nosode Bacillus No. 7 is associated with prostration of sudden onset at the thought of an event. Dr. KENNEDY emphasized that the bowel nosodes should not be given to patients who were already improving and that a course should not be repeated within three months. One bowel nosode should not be mixed with another. He suggested that we should use the bowel nosodes when stuck with a case and in chronic cases only.

Dr. Cyril SMITH, Senior Lecturer at the Electrical and Electronic Engineering Department of the University of Salford, talked about recent research and development in physics in relation to Homoeopathy. Since it appears that Homoeopathy will be better understood from the viewpoint of Physics rather than that of Chemistry perhaps his book **Electromagnetic Man** should be required reading for all homoeopaths. 5. **EIZAYAGA Symposium, London, 17-18 April 1993** reported by Dr. Victoria BLACKSTONE (Simile 3, 3/1993 issued with the BHJ, 82, 3/1993)

The Symposium organised by the **British Institute of Homoeopathy** and the **Hahnemann College of Homoeopathy**. Dr. EIZAYAGA said that the disease, not the psychological symptoms, should be considered first in acute cases, i.e. the Asthma or infarction should be taken rather than the fear of the dark. The most important thing to cover with the remedy is the disease. Dr. EIZAYAGA's treatment regimes are very different from those of KENTian classicists and he claims cure rates of 90% by using this regime. At the Symposium David WARKENTIN from the US and Roger

VAN ZANDVOORT from Holland helped with the use of **MacRepertory** for several case analyses.

In considering the disease, Dr. EIZAYAGA examined:

a) the local symptoms in terms of healing, the modalities, the sensations of the symptoms and the concomitants:

b) the general symptoms associated with the disease, such as anorexia or lethargy; and

c) the acute psychological symptoms associated with the disease, such as headaches with indifference, or asthmatic crisis with fear of death.

In considering the **patient** EIZAYAGA described symptoms belonging to the patient not the disease, including patho-biographical symptoms such as hatred and jealousy; emotional symptoms such as anxiety and fear; affective symptoms especially those related to love such as disappointed love and indifference; volitional symptoms related to the will; dreams; and finally the general symptoms of desires and aversions, thirst, sleep, temperature.

Dr. EIZAYAGA recommended repertorisation of the patient and the disease separately. Initially he gives the remedy for the disease in low potency (6c) as a repeated (qds) dose until a response is reached. At a later date he follows this with what he calls the fundamental remedy, which is based on the patient.

Three live cases were demonstrated:

1. A man in his 30s presented with gastro-oesophageal reflux and headache. Dr. EIZAYAGA repertorized, with the help of **MacRepertory**, the disease, the patient and then combined the two analyses. He prescribed Spigelia as the local medicine and Pulsatilla as the fundamental medicine, with the nosode Syphilinum added in a 200 or 1M dose, monthly, because of a syphilitic miasm demonstrated by his father's suicide and the patient's inconsolable depression. Calcarea carbonicum was prescribed as the constitutional medicine.

2. A man in his 60s with a bladder polyp and haematuria, was given Phosphorus against the general feeling of the audience that the medicine should have been Lycopodium.

3.A man aged 61, presented with very severe asthma. Here everyone seemed happier with both the case-taking and the choice of Sulphur as the medicine.

Other conditions discussed fully by Dr. EIZAYAGA at the Symposium were depression, asthma, bronchitis, bronchopneumonia and fever. These were covered both clinically and with the comparative **materia medica** of their most commonly needed homoeopathic medicines.

6. Rajan SANKARAN Seminar at Regents College, London, 1-2 May 1993 reported by Dr. Tessa KATZ (**Simile** 3,3/1993 issued with the BHJ, 82, 3,3/1993)

This Seminar focussed on the idea that an Indian Raga, each individual has a specific music playing all the time, which can be matched to a remedy with a similar remedy. Video presentations were made. In a practical demonstration it was seen that the raga themes that arose from members of the London audience was similar to those from an audience in India.

Methods of case analysis, with respect to the relationship between the mental and physical symptoms were discussed. The Speaker presented a clear view of how conflicts between inner and outer reality lead to symptoms and of how mental and physical symptoms may vary during the process of cure.

Mercury, Alumina, Manganum, Kali arsenicum, Drosera and Lac caninum were all discussed. The video cases covered different disorders treated successfully with Homoeopathy, including personality disorders, Eczema, Psoriasis, Ankylosing spondylitis and menstrual disorders.

He also discussed repetition of the remedy and changes in potency relevant to the shifting state of the patient's symptoms.

7. Jonathan SHORE Seminar, Glasgow, 8-11, May 1993, reported by Dr. Christina SCOTT-MONCRIEFF (**Simile** 3,3/1993 issued with the BHJ, 82, 3/1993)

"It is one thing to find the remedy and another thing to keep the patient well", Dr.Jonathan SHORE told delegates. Taking long-term case management as his theme, Dr.SHORE discussed miasms and choice of potency as well as expanding on his previous teaching on case evaluation. As usual his teaching was illustrated by videos, many of which showed consultations with the same patient over a number of years.

Dr.SHORE discussed self-control, the influence of chaos and its effect on the psyche of contemporary

people. Delegates agreed that fear of loss of self control is frequently presented by patients as a symptom and Dr. SHORE described how he had created a new rubric: Fear, loss of control. He started by using his computer database of case histories of cured patients. From the 200 stored cases, he searched for cases in which fear of loss of control had been used. He added two further remedies from other cases. To complete his rubric, Dr. SHORE selected groups of two or more related rubrics and extracted the remedies that were common to each group of rubrics. Many of the delegates expressed interest in this method of generating a new rubric designed to be of practical use for a symptom often described today but for which there is no single relevant rubric in Kent. **8 Paul HERSCU Seminar, Edinburgh, Scotland, 22-23 May, 1993**, reported by Dr. Gabriela RIEBERER (**Simile** 3, 4/1993 issued with the BHJ, 82, 4/1993):

The Seminar focused on constitutional prescribing for children. He began with the ambitious attempt to present over 40 cases in the course of the weekend and started by showing brief video- clips highlighting polycrest remedies. Many participants found this rather confusing, since there was little time to discuss the remedies and explore the differentiation, and PAUL took our wishes for more discussion into consideration.

PAUL sees very complicated cases and showed longer videos of several children with deep emotional disturbances and autistic traits. He has found Veratrum album to be particularly useful for these ailments and he provided a new and deeper insight into this remedy. Other remedies that he presented in more detail were: Lycopodium, Medorrhinum, Tuberculinum and Stramonium.

Differentiation between a polycrest and a nosode: the more there is missing in symptoms relating to the polycrest, the more likely the patient will need the corresponding nosode. This is actually bending the rules of Homoeopathy, by prescribing on what is not present. When asked if this can also apply in differentiating between two polycrests, PAUL was not able to give a clear answer. Nevertheless, he had provided an interesting thought to bear in mind.

He demonstrated case-taking and management as well as discussing potencies. Usually he opens a case with a single dose of 200. If there is any chance of the patient antidoting the remedy, a deep pathology or much suppression, PAUL will start with a 6 for 1 -2 weeks, move on to a 12 and then 30 before prescribing a 200. In these cases the 200 usually needs to be repeated at shorter intervals than expected (approximately over 2-3 months), then followed by M if the remedy lasts less than a few months.

Overall the Seminar was informative and stimulating. It gave insight and guidance in the treatment and management of particularly difficult paediatric cases, as well as enriching our knowledge of **Materia Medica**. PAUL presented his material with humour, often in anecdotal form, revealing his interest in and love for children.

9. Homoeopathia internationalis: 48 Kongres der LMHI, Wien, 24-28 April 1993 (48th Congress of the LMHI, Vienna, 24-28 April 1993)

Summaries of the Transactions:

1. Gedanken zur homöopathischen Anamnese (Thoughts on the homoeopathic Anamnesis) by Günter MATTITSCH: For ascertaining what is curable in disease in accordance with p.3, HAHNEMANN has said in p.6 that the homoeopathic physician should be an "unprejudiced observer" of the disease indications. It is assumed that the physician has mature knowledge obtained firsthand through provings on himself. If we let our patients be ruined and thereby stub out our basic attitude or if we are aware of the charm and singularity of our homoeopathic anamnesis which in the light of future perceives light and darkness, health and sickness, competent and agitated. Do we relate our medical performance with the prescription of a good medicine and leave out the mortification gripping the man or we have the courage of the heart, interest and also curiosity in the connection and also bear the responsibility with the love of the individual. In this Art of Perception we are required to elevate anew our view according to our conscientious observation to perceive the precious which this world points to us: **ecce homo**: the question, who is this person in his individual lot and his sickness. This art of perception includes the demand of PARACELUS of art and love in equal measure, and in the flow of love, opposition, resistance and callousness which the sick person continues to suffer in what he considers himself to be in a pain from without, are all dissolved. Devotion, faith and confidence are values, the patient and the doctor manage the healing field and the highest good of a person is brought about by the remedy prescribed from a deep insight and view of the heart. So will the gift, the patient and the physician inimitably bound in relationship, grants the meeting of feeling and depth. An example of a case anamnesis shows that behind the concept of an unprejudiced observer there is room for qualities of treatment and relationship which a homoeopathic anamnesis allows to be the centre of our Art.

2. Die Geschichte der Homöopathie in Österreich (The history of Homoeopathy in Austria) by Leopold DREXLER: Homoeopathy in

Austria began with HAHNEMANN himself who was a student in 1777. In 1816 Mathias MARENZELLER was treating in Prague and later in Vienna. However, Homoeopathy was banned from 1817 to 1837, but at the middle of last century many remedies were proved but Homoeopathy was losing its influence since 1870. Homoeopathy suffered another blow when in 1938 several leading Austrian homoeopaths fled to the USA in the wake of Nazi Anschluss. Austria's loss was America's gain for several of these homoeopaths became leading figures in the US and were responsible for sustaining Homoeopathy during its lean years. The best of these was the late Dr. William GUTMANN. Today there are about 700 doctors who practise Homoeopathy in Austria. A brief description of the **Vienna School of Homoeopathy** with its dialectics and aim is put forth. The aim is to integrate Homoeopathy as a 'medicine of a person' (individualistic medicine) in a wider field of medicine.

3. Ein grosser wilder Mann, der Cocain im Leib hat - Sigmund FREUDs Cocain-Versuche und ihr Beitrag zur Homöopathie (Sigmund FREUD'S Cocaine experiments and its contribution to Homoeopathy) by Rainer APPELL: About 100 years after HAHNEMANN's experiments with Cinchona bark which were a break-through for the birth and development of Homoeopathy, Sigmund FREUD undertook extensive Cocaine studies and experiments which became important for the birth of Psychoanalysis. Firstly the comparisons in the lifestyles of HAHNEMANN and FREUD are shown. FREUD's Cocaine experiments are described and the symptoms are compared to those listed in the homoeopathic **Materia Medica**. At this point not only FREUD's deep insights into Cocaine becomes obvious, but the drug picture is completed by some hints in FREUD's "interpretation of dreams". In this final discussion the question as to why Cocaine, as an important drug of our time, plays no relevant role in the homoeopathic **Materia Medica** is posed and, and also how moral prejudices influence Homoeopathy.

4. Homöopathische Behandlung behinderter Kinder - Bericht über Erfahrungen an 40 Patienten. (Homoeopathic treatment of handicapped children - report on the experiences with 40 Patients) by Max HAIDVOGI, E.LEHNER, Doris-Maria RESCH:

In a Kindergarten and in a School for handicapped children 40 children underwent 52 homoeopathic treatments totally till now. Careful and thorough anamnesis was taken in every case with the parents and guardians and it was analysed by computer repertorisation. The remedy so found was studied with reference to the constitution type of the patient. The result was evaluated with the already

targeted symptoms. Out of the 52 cases 24 were totally successful in all aspects, in 10 children improvements were observed in some particular symptoms, in 13 children there was no success and in 4 the results were not measurable. Children with organically conditioned handicaps, Autism or malformation syndromes reacted often with good results while most of the malformations in children were observed in those who suffered a social deprivation as the cause. The important improvements were of the drive and restlessness or aggressive states, so that the children could make progress in their education. The symptoms such as Enuresis nocturna, stuttering or masturbation were positively improved. The most successful remedies were Agar., Ant-c, Ars., Calc, Cham., Caust., Coff., Graph., Hyos., Ign., Lye, Nat-m., Phos., Sil., Sulph., latent, and Tub., mostly in D30 or D200.

5. Case-taking which is my personal approach to the patient by Lucia GASPARINI: The possibility to restore patients to health is strictly bound with the physician's ability to grasp the most peculiar, strange and rare symptoms, capability to understand the patient's personality and his existential dynamic: knowledge of provings and individualisation of the most similar remedy. The complete study of the patient's personality involves the examination of all the characteristics concerning Will, intellectual faculties and affectivity. If symptoms are classified according to these fields of inquiry it will be easier to individualise the patient, his existential dynamic, his miasmatic dynamic and therefore, his most similar remedy.

6. Different diagnostic strategies in the homoeopathic medical prescription, through the analysis of a Pulsatilla case by Carla BIADER-CEIPIDOR: The homoeopathic reality in the world shows us the existence of several medical schools whose system of clinical researches has different ways of evaluation for singling out symptoms. All of us agree in declaring that the only way to give the right cure is to examine the symptoms the patient presents. The problem appears when they have to single out the useful one to find the 'simillimum of that moment.

There are many homoeopathic schools of thought on this and each of them brings explanation of the patient's symptomatology. I intend to show you how the application of each method can be effective and just how this can get always the same therapeutic result. In any case it is to be considered that on the clinical ground the homoeopathic doctor has before him he must choose every time which way of research of symptoms to follow. The same system of research is not valid to examine all cases and so the several homoeopathic thought schools can separately or

together bring the homoeopathic doctor on different ways to the same point of arrival.

The case of a Pulsatilla with Pericarditis patient is presented in this connection.

7. Behandlung akuter Erkrankungen durch i.v.Injektion von Tiefpotenzen (Treatment of acute diseases with i.v.injections in low potencies) by Dagmar RADKE:

Independent of the current constitutional therapy quite often the homoeopathic doctor has to take care of an acute case that needs to be treated immediately. In such a situation the seldom used intravenous injection of lower potencies can be useful to resolve the problem. On condition that the chosen remedy is correct it only takes a few minutes for the symptoms to be improved or even removed.

The advantage of this intravenous application of homoeopathic remedies is the immediate improvement of the acute symptoms and the immediate knowledge about correct choice of the homoeopathic remedy. Furthermore the single intravenous dose works for 24 hours and a possibility to avoid higher potencies which may interfere with a current constitutional therapy. This is discussed with the help of 3 cases.

8. Die Bedeutung des p. 152 des Organon für die akute Verschreibung (The significance of p. 152 of the Organon for acute Prescription) by Klaus PAYRHUBER: Often we do not see a clear picture of symptoms in the beginning of an acute disease. At this stage the patient is frequently treated either allopathically, or based on less prominent and partly pathognomonic symptoms, homoeopathically. If the defence mechanism is strong enough, the patient nevertheless subsequently produces symptoms which point to a fitting remedy clearly. This can even happen if the level of disease is shifted by suppressive treatment. The more threatening the symptoms are the more definite the picture of the remedy appears, whereby the initially or at an earlier stage indicated remedy comes up more distinctly.

Four acute cases illuminate the principle of the **Organon** in practice.

The conclusions of these experiences are:

- 1) that we should wait with courage and patience until individual symptoms appear;
- 2) that, if vitality is sufficient a clear cut picture would emerge pointing to the remedy, in spite of superficial and suppressive treatment.

9. Die C-3 Trituration bei Samuel HAHNEMANN (The C-3 trituration of Samuel HAHNEMANN) by Friedrich DELLMOUR: If we

study chronologically the original literature it will be seen that there was a characteristic development of the potentization method adopted by Samuel HAHNEMANN. First water solutions and later alcohol solutions were used for preparing the mother-tinctures. By 1835 HAHNEMANN kept away completely with these methods and instead laid down the trituration upto C3 as the first step of potentising.

With this method he potentised not only the insoluble dry substances, but also watersoluble materials, fresh plants, Phosphorus, Petroleum and Mercury. HAHNEMANN's practical experiences are confirmed by the modern scientific thoughts that this is the best way of obtaining homoeopathic medicines of highest quality.

10. Die Qualitat der homöopathischen Arznei - Erfahrungen (The quality of the homoeopathic medicine - experiences) by Heidi DIAMENTI: In a homoeopathic practice of 10 years the author has used the Decimal (D), Centesimal (C) and the fifty millesimal (O) potencies, all manufactured according to the German Homoeopathic Pharmacopoeia, and found that they were as effective as expected. There were not rapid healing nor first aggravations.

But with better remedies, especially Q potencies of Pe quality and by observing the instructions of HAHNEMANN in the **Organon VI edition** with regard to dosing quick and expected healing actions were observed.

11. A case solved by relating the patient's symptoms to the Materia Medica: by Frederik SCHROYENS: A 56 year-old woman seen in September 1987 for pain in the right knee, gradually increasing for a few months. There was swelling and heat, no modalities. The right leg was very tired. She was worried a lot because her husband was developing a dementia syndrome since July 1987. This affected her. Several prescriptions were given on the basis of her local and more general symptoms including Lye, Verat., Gels., Sep., Nux-m. All these remedies, given between September 1987 and May 1988 had no effect.

She came again in December 1988 to tell that she had finally decided to be operated to correct the Arthrosis of her joint, because she could not walk normal distances, could not ascend stairs, ride her bike etc. However, after the initial post-operation pains subsided, all returned to the same painful situation as before.

Her case was taken again with focus to the local symptoms and a **Materia Medica** search was made to find the peculiar symptom "sensation of a band

under the knee". This was found in Tilia (ALLEN) which cured the case completely with the application of the **Law of Hering** (follow-up of cure: four years).

12. The case-taking according to HAHNEMANN reported by Dr. Albert de SCHOENBERG in the first book on Homoeopathy published in Italy, Naples, in 1822 by Francesco CHIANESE: The case-taking in accordance with HAHNEMANN reported by Dr. Albert de SCHOENBERG in the first book on Homoeopathy published in Italy, Naples, in 1822, with some considerations on the practice of the first Neapolitan homoeopathic doctors.

13. Die Bedeutung der Aetiologie für die Anamnese und die Arzneifindung (The significance of the aetiology for the anamnesis and the remedy selection) by Susanne DIEZ: The question of the aetiology of an ailment ("When did your illness start?") is often the direct entry into the basic conflicts of a patient. At this time of the life of the patient the organism could not any more compensate and the compensating mechanism begins to fail. It could be on any plane (mental, spiritual, physical). Here two essential characteristics of the patient are simultaneously concerned: (a) his vulnerable spot as an important constitutional mark (an insult for example could hurt exclusively a person susceptible to be offended) (b) the processing modus of this trauma by him which is dependant upon his essential dogma (delusion). Often a series of such traumas in his life can be traced back upto his childhood.

In this way an anamnesis focussing on the aetiology would lead rapidly to very valuable symptoms. The cathartic effect of such a discussion with the patient should not also be overlooked or underestimated which presupposes the physician's ability of understanding in meeting with his patients.

Four case reports are presented as examples (Panic attacks, Hypertension, Depression, Abdominal colics)

14. Similitud, individualidad, geometria fractal: reglas de la naturaleza para entender la homoeopatía (Similitude, individuality, Fractal Geometry for understanding Homoeopathy) by Riccardo TOMASSINI: Fractal Geometry describes the shape of irregular objects and demonstrates that nature responds to precise formulae of fractal order. Fractal figures have the characteristic of being always similar to themselves; they look like themselves. Fractal Geometry gives a mathematical demonstration of similitude and fractal figures consent to maintain a precise connection between something infinitely large and something infinitely small: one can thus give a mathematical sense to the passage from matter to beyond-matter maintaining the logic of

similitude; a starting point for considerations, to understand the connecting ring between matter and energy and to understand homoeopathic remedies. Similitude, finally, becomes essential to understand the conservation of the individuality of the remedy, also beyond its change of state (from material to purely energetic)

15."Mi acercamiento al paciente" - El caso de un pastorcillo ('My approach concerning a patient' - a case of a shepherd boy) by Processo Sanchez ORTEGA: A twelve-and-a-half year old boy presented the following symptoms: Six months ago he complained of a stitching pain in the lower limbs and in the upper left side of the chest. He is worse from cold and by becoming wet. He has become irritable, impatient to the point of desperation and pulls his hair when things don't come out right, as when he cannot confine the sheep in their corral. When he gets angry, which is very often, he locks himself in his room and will not speak to anyone. He doesn't like to answer; not even in school and if he is compelled to he does so very low. When guests come he cannot stand it and he leaves. He doesn't make friends.

He eats little and only what he likes even if he's hungry and also he will not eat even if something very insignificant annoys him. He lost 5kg. in those six months. This coincides with the fact that he started to work as a domestic worker and they made him carry water and sand which tired him out, he tires easily. He also had his pains when he was smaller and he was always worse from cold and humidity.

All this is reported by his mother and older sister and he admits what has been said and that people bore him; that he is bothered by everything and that he has a resentment with his father and some of his brothers.

Before he was calm and apparently healthy according to his mother. But she suffered a lot when she was pregnant with him. He didn't breathe immediately although delivery was natural. Dentition began at four months and he started to walk when he was a year and half. Had all his vaccinations. Measles at three and Hepatitis at five.

His father is 50 years old and is deaf after an illness he can't define. He is a calm person. His mother is 44 years old, has had Gastritis, Colitis, Vesicular and Renal calculus. She is irritable, shouts a lot, and during the pregnancy had an achy eruption which made her scratch till she bled. Paternal grandmother: she is 74 years old and has suffered from rheumatism some twenty years and stomach problems. She has a disagreeable character, very nervous and

abusive. Maternal grandfather: he is 66 years old, has pulmonary tuberculosis. He is violent, wrathful and coarse. Maternal grandmother: died when she was 53 years old of Dropsy, was an alcoholic, had a very violent character and would beat her children.

We observe an intricacy or in other words a mixture of active miasmas which make difficult to classify symptoms according to the miasmas - difficult to make or find the symptomatic clarity. This produces a diversity of judgements and attempts to define the symptoms and difficulties in reaching the remedy.

If we take the four characteristic general symptoms (not mental) we arrive at the recognition and verification of the dominant miasm, the eligible symptoms and the remedy which **was the same** at which we arrived after much speculation with the list of mental symptoms from the same predominant miasm.

With all this it is demonstrated that the best approach to the patient is by observation, intuition and verifying his miasmatic condition. Which we will see in the explanation of this case.

The best approach to the patient is observation, intuition and verification of his miasmatic condition.

My approach to the patient: The clinical moments should include:

1. Predisposing myself and attempting to bring about the patient to do the same, adequately or well, stimulating him to do so.
2. Achieving empathy is fundamental and essential.
3. Observe all the patient's expression:
 - a) His confessed pathology
 - b) The evident pathology in all his being
 - c) Perceiving intuitively through his words and actions, his hidden pathology.
4. Underscoring his significant expressions, and more so the ones we perceive as genuine.
5. Attempting to comprehend him gradually and especially in his psycho-somatic (or not) relationship.
6. Formulate the diagnostic presumptions. **Immediately:**
7. End the interrogation translating the symptoms from the language used by the patient to the one we use: "symptomatic clarity". And

form the picture so that we can define the patient.

8. Having probably thus obtained the presumptual diagnosis, continue to interrogate as long as necessary:

a) with his family

b) with all necessary exploration and indispensable laboratory tests.

9. Arriving at the possible diagnosis:

i. syndromic or nosotoxic

ii. Miasmatic

iii. Integral (the patient's yesterday with his today. The psychological with the physical) iv. Individual v. Therapeutic.

16. Fraktale in der Hombopathis (Fractals in Homoeopathy) by Therese SCHWARZENBERG.

Herbert KLIMA: Fractals are, according to B. MANDELROT, the real forms of nature. Fractals are generated by successive repetition of an algorithm (iteration). Homoeopathic remedies achieve a self-similar (fractal) structure while they undergo their very special production procedure: dynamisation and dilution of homoeopathic, drugs. Fractals have a self-similar structure, their wholeness can be found in every detail. The principle of self-similarity is as fundamental to the theory of deterministic Chaos as the principle of similarity itself is to Homoeopathy. Fractals are found in the human body as anatomical structures (kidney, intestines, blood vessels, etc.) or as dynamical fractals (strange attractors) concerned with the optional regulation of the heart beat, brain activity, etc. Dynamical fractals are highly sensitive towards small changes in the initial conditions (butterfly effect). In Homoeopathic Medicine this is represented by the concept of individual sensitivity of homoeopathic drugs which allows their non-linear coupling to resonant field of an open dissipative system.

A hypothesis on how the homoeopathic remedies react with the organism and how pathological symptoms arise using the "new" physics theories by Alexandra DELINICK:

To explain how homoeopathic remedies work on the organism one must have a model of the organism that is conducive to holistic thought. One such model deals with Quantum Physics theories - in particular the wave dynamics and particle or cluster concepts. To further understand the organism one must also deal with Thermodynamics - since it is

discipline along with the theory of dissipative structures that can explain pathology and the evolution of the organism from one steady state to another.

In accordance with these theories it is also possible to explain why the homoeopathic remedy gets stronger the more it is diluted and succeeded. Experimental evidence got from experiments carried out at the University of Athens helps us in elucidating this phenomenon.

It is unfortunate that up till now this information was not available to us. There are also other experiments set up in testing homoeopathic remedies on epileptic patients and from these experiments there are certain analogies that can be made between the modes of mechanism used in the two different methods of therapy. These two different methods are electromagnetic stimulation of a certain frequency and the homoeopathic method of treatment.

18. China und der Geist der Hombopathie (China and the Spirit of Homoeopathy) by Jirgen BECKER:

China is the remedy for the **situation of the nursing mother**, who has all the responsibility for her child and gives out all her energy. There is the danger for her to become the slave of the child, whom in turn she is making **despotic** by esteeming him higher than herself. This again is a problem for her husband too, who feels **sexually frustrated**, not getting enough, and will escape into work or start **forcing** her. The result will be fight for power, which will harm all.

HAHNEMANN has lived very long in this situation and has developed Homoeopathy in it. The **Spirit of Homoeopathy** will be imprinted by this situation, the life of HAHNEMANN is a picture of ups and downs of the remedy picture of China.

In this legacy **the homoeopaths of today** are living. Easily we can get into a similar situation with our patients as mothers with their nurslings: the patients only have to cry and we will be in full responsibility, not looking for ourselves and more, get nerved and give out all our energy.

The healing potential of China will be to help develop consciousness for this situation, for nursing mothers, despotic children, fathers, homoeopaths and patients. They all have one thing in common, they do **not take care enough for themselves** but feel too much responsible for the one dependent on them.

19. China repertorisation by Eugenio Frederico CANDEGABE:

Minimum Syndrome of Maximum Value:

1. Forsaken feeling

2. Anxiety after midnight
3. Excitement after hearing horrible things
4. Fear of dogs
5. Reproaches others
6. Theorising
7. Suicidal disposition

8. Anxiety with fear
9. Touched, aversion to being
10. Sensitive to noise
11. Fear, killing of
12. Dwells on past
13. Inconsolable
14. Dictatorial
15. Kill, desire to
16. Occupation ameliorates
17. Mistakes speaking, wrong words, using
18. Answer, refuse to
19. Dullness on waking
20. Ideas abundant, night
21. Thoughts, rush flow of, night
22. Company, aversion to
23. Sadness after eating
24. Cheerful alternating with sadness
25. Loathing of life
26. Suicidal disposition, but lacks courage.

Key-note symptoms: "fear of being pitied":

"Delusions, is hindered at work"

20. Principes generaux de la consultations homoeopathique (General Principles of the homoeopathic consultation) by Jacques BAUR: This is a thorough and detailed paper on the subject

21. HIV patients and high potencies of DNA coding for a protein of the capsid of the virus - Results on 21 patients by Bernard MARICHAL, M. JENAR: Target: increase of the T4 count in HIV positive patients at stage III or IV of the disease.

Material and methods: 40 patients HIV positive (ELISA+ and WB +) at stage III or IV (CDC classification). Middle range of follow-up 6 (4-11) months. Remedy: High potency of DNA coding for one protein of the capsid of the HIV. 5 drops of the potency, at bed-time every day.

Results: 38 of the 40 patients raised their T4 count, doubling the rate every two months. One patient did not respond since he didn't take remedy longer than two weeks. After retaking correctly for two months, he

doubled his T4 count. Another patient did not respond since he is not seropositive for the protein in his infection. Calculations are made on the effect of the remedy upon the opportunistic diseases of the patients. No toxic effect nor pathogenesis have been noted.

22. A randomized Clinical Trial in Nicaragua: Treatment of acute Childhood Diarrhoea with Homoeopathy by Jennifer JACOBS, L. Margarita JIMENEZ, and Dean CROTHERS: A randomized double-blind clinical trial comparing homoeopathic medicine with placebo in the treatment of acute childhood diarrhoea was carried out in Leon, Nicaragua, in July, 1991. (Report on this has already appeared in our journal - see QHD Vol.X. No. 2/93, p.29)

23. Therapeutische Erfahrungen mit der Methode der klassischen Homoeopathie bei Erkrankungen mit hamorrhagischer Diathese. (Therapeutic experiences with the classical homoeopathic method in patients with haemorrhagic diathesis) by Christoph THOMAS, Dario SPINEDI: This is about diseases with haemorrhagic diathesis. Three cases of acute and chronic **immune thrombocytopenic purpura (ITP, WERLHOF's disease)** and a case of **aplastic anaemia** are described. Instead of treatment with conventional medicine (allopathic treatment) or after such allopathic treatment was found to be unsatisfactory, classical homoeopathic treatment was applied. Homoeopathic therapy was successful, not only in the life-threatening situation but also in situations in which the allopathic medicine did not know of any pharmacological therapy which would be curative. Some cases had been treated with Cortisone or Immunoglobulin (i.v.igG) and therefore allowed **intraindividual comparison**. In these cases classical homoeopathic treatment was shown to be more effective. Between 3 and 12 years of observations have confirmed either partial remission (1 case) or complete recovery (3 cases).

24.20 Anos despues (20 years after) by Cesar LUIS CREMONINI: In 1976 in the First Congress of the Escuela Medica Homoeopatica Argentina which was held in Carlos Paz, Cordoba, a case of a child with a tumour glioma of cerebellum, was presented by the author. Today, 20 years after the beginning of the disease we can present clear evidence of his cure clinically with tomographical studies. This was the first case of many with tumoral processes in which we did administer multiples and repeated doses of high korsakoff attenuations that had demonstrated throughout the past 20 years in the **School of the Centro de Estudios Medicos Homoeopaticos Hahnemanniano de Cordoba** the excellence of this method of administering the

well-selected homoeopathic remedy in cases of tumoral patients with a great lack of energy and profound organical lesions.

25. The treatment of a paediatric patient by Pilaka KRISHNAMURTI:

1. The HAHNEMANNian exhortation of the principle of 'observation' in the management of the paediatric patient and its relevance in Homoeopathy.

2. The chief symptom of weeping in an infant of three weeks age.

3. The chief symptom of intractable diarrhoea in a child of three years. How observation helped the author to treat successfully.

4. The supreme value of 'observation' at every stage of the homoeopathic edifice, like case-taking, selection of the similimum, potency and the miasmatic evaluation of the patient.

26. Phosphorus remedy and specificity of the H.L.A. system (Human Leucocyte Antigen) by Michel van WASSENHOVEN: Our knowledge of Immunology is constantly evolving. In this context, patients responding favourably to the same diluted and dynamised medication could have a common H.L.A. base. This hypothesis is born out of - the confirmation of the auto antibodies

- the existence of auto antibodies
- the brain's control of the Immune system
- the correlation between certain H.A.L. patterns and the risk of developing specific illnesses
- the repeated therapeutic success of Homoeopathy in the field of Immune system diseases such as Allergies (over-sensitivity), recurrent infections (under-activity), psychosomatic illnesses (misdirection) and auto-immune diseases (such as rheumatic disease).

This hypothesis has been the object of a preliminary study, patients responding favourably to the remedy Phosphorus were compared to those found in the general Caucasian population by the study by Prof. Jean DAUSSET. Phosphorus Caucasians were found to form a significantly different sub-group to the general population. These results lead us to believe that Phosphorus patients have a common H.L.A. base which could explain the therapeutic success of this remedy for them.

If such experiments could be repeated and confirmed, one could affirm that the **Materia Medica** constitute valuable acquired knowledge and also declare that a whole new concept in homoeopathic research is born.

27. Dreams come to the rescue by Prakash D. VAKIL: Dreams are considered as 'General symptoms' and are useful for selecting a homoeopathic remedy. Sometimes they are found to be more important than the mental symptoms obtained from the case-history of the patient. They represent the "unconscious" self of the individual. As Carl Gustav JUNG says our life is spent in struggles for the realization of our wishes. These wishes are quite often repressed because of their painful character during the waking state and float up indirectly in dreams. The dreams are difficult to interpret as the situations are not represented in the same way as in the waking life. This paper is the study of dreams - how best they can be utilized for prescribing. They indeed come to the rescue of the patient as well as the homoeopathic prescriber.

Heilung eines Basalioms an der Wange (Cure of a Basalioma on the Cheek) by Dario SPINEDI: With the help of a case of Basalioma of the cheek in a 70 years-old woman the author demonstrates (1) the importance of symptoms from the past in the finding of the similimum: (2) the importance of the objective symptoms to judge the follow-up.

In this case which was healed by Sulphur, the author repeated the remedy whenever he found the state of the tumor worsened irrespective of whether the psychic symptoms of the patient were worse or better, (see p. 210 footnote - **Organon VI edn.**)

29. Plumbum metallicum by Anton ROHRER Plumbum is presented in its physical and chemical qualities: it has paralytic properties. In chemical reactions it is like Barium or Calcium. The ancient Romans used lead a lot. A Latin aphorism says: if you want peace you should mobilise for war. This has a connection to some Plb.- delusions - there were conspiracies against him - there is danger for his life.

Lead is toxic: 1. for the blood. 2. for the nerves (a) peripheral motoric neurone (paralysis of extensor muscles), (b) encephalopathy; tremors, epileptic fits, cramps, delirium (c) neurovegetative system: spasms of arterioles, hypertension, sclerosis of the kidneys, spasms of intestines (modality: amelioration from hard pressure).

The three cases presented show: Plumbum is **rare** in acutes but is frequently indicated in sclerotic conditions. An important chronic remedy. Differential diagnosis (DD): Aurum metallicum - Life strategy of ability, to be competent, power, but not from a background of responsibility but to master the feeling of a threatening environment.

30. Der Weg liber Calcarea (The way of Ca/carea) by Werner BUCHMANN: The opening in

the Anamnesis leading to the patient lies in the enquiry about the childhood of the patient. Here often are sorrowful loads to find. The perception of these which lie covered as memories is possible only by purposeful questioning. Medication of Calcium carbonicum then required in the child ii given now - decades later - works as drainage therapy. Two patients report about the results.

31. Die Strategie der Wiener Schule (The strategy of the Vienna School) by Mathias DORCSI: Constitutional Medicine dates back to ancient times. The experiences were seized upon in the West and in the modern times with the enriched knowledge. Our homoeopathic constitutional medicine is rooted in HAHNEMANN's ingenious doctrine of the Miasms (according to the knowledge of his times) and in the works of the well-known homoeopathic physicians. Since 1950 we have been in the process of developing a constitutional medicine which can be applied as a medicine of the individual person.

32. Wege zur Arznei (The Path to the Medicine) by Helga LESIGANG: After extensive anamnesis and through examination of the patients, one has to choose from the numerous observations and symptoms noted down, those symptoms and observations which would guide to the remedy. If we regard HAHNEMANN and consider disease as a disturbance of the inner equilibrium of the person which produces the symptoms in all the dimensions of the person, one must then assume that it is possible to find the right remedy. In which level in the momentary situation of the homoeopathic case-taking and exploration this individual appeared very clearly in any one or more dimensions is important. The "nature of the disturbance", that is to say, the association of the disease processes to specific dimensions of human personality signifies the conclusion, where, in which level, over which symptoms should the choice of the remedy should be based. One has to choose the "entry gate" into the disease process in the particular individual patient.

33. Approach to the case and my dosage procedure by A.U. RAMAKRISHNAN: Every homoeopath's aim should be to arrive at the simillimum for a given case. For this the totality is the fundamental basis. To this you have to add the "life situation". The life situation adds yet another dimension to the case, and can alter the so-called simillimum, too. Yet another factor that can influence is the pace of the disease. We all know the acute and the chronic: what about the chronic but rapidly devastating disease like Cancer? What is the approach? That is yet another dimension. And here I have found an altered dosage technique being very

effective. The dosage that can keep pace with the disease.

33. Homöopathische Therapie im Krankenhaus (Homoeopathic therapy in Hospital) by Helga RICHTER: This is a report by the author who was working in the Gynaecological and Obstetrics Ward of a district hospital in Vienna; in this hospital she was working as a member of the Ludwig Boltzmann Institute of Homoeopathy. The author encountered many situations: Preterm labour, Dystrophy, risky pregnancies, Cervical insufficiency, Hyperemesis, Pre-eclampsia. Also discussed are the therapy in the last weeks before date of delivery; accompanying therapy during labour; nursing problems; accompanying therapy with Cancer; Menopausal problems; etc.

This report should prove the efficacy of homoeopathic therapy applied in a hospital.

34. Die Bedeutung der sechsten Auflage des "Organon der Heilkunst" (1842) für die Pharmakotherapie (The significance of the sixth edition of "Organon of the Art of Medicine" (1842) for the Pharmacotherapy) by Josef M.SCHMIDT: Like any artist, the practitioner of the healing art should exactly know his tools, i.e. his medicines and the directions for their application. In addition, he should be able to rely on their genuineness. Regarding the tool "Organon", considerable uncertainty has been expressed by some physicians about the authenticity of HAHNEMANN's instructions for preparing and applying Q-potencies, as described in the sixth edition of the **Organon of Medicine** published by Richard HAEHL in 1921. Since 1992, however, the first text-critical edition of the sixth edition of the **Organon** is available. Unlike HAEHL's edition this one is exclusively based on HAHNEMANN's original manuscript and, precisely transcribing all its handwriting vouches for its authenticity. Hence there is no reason left to ignore HAHNEMANN's instructions concerning Q-potencies.

This paper presents the history of the reception of Q-potencies as well as their prerequisites and evolution up to HAHNEMANN's solution of the following therapeutic dilemma; on the one side physicians are inclined to repeat the dose of a high potency as often as possible in order to accelerate the process of healing; on the other side they should refrain from repeating the dose to avoid violent aggravations of the state of the patient.

35. Las voces de fuera (The cry outside) by Carlo DOMENICO: Discusses the dynamis and the outer reflection of the disturbed vital force.

36. Les symptômes concomitants - Reflexion a propos des symptômes concomitants chez les

medecine homoeopathes du groupe IBET a Namur -Belgium (The concomitant symptoms - Reflections on the concomitant symptoms of the homoeopathic medicine group IBET of Namur - Belgium) by Guy COQUILLART: During the year 1992, the homoeopathic physician members of IBET (Namur, Belgium) took part in several seminars about concomitant symptoms. The purpose of this study consists of how quickly finding the simillimum concerning chronic cases and treating acute cases without making suppressions.

This lecture develops five clinical cases, a short theoretical study on the subject of complete and incomplete symptoms, several questions about the effectiveness of the concomitant symptoms as specific symptoms and about their occurrence in the **Materia Medica**.

37.An investigation into the homoeopathic treatment of patients with irritable bowel syndrome by LECOYTE T., OWEN D., SHEPHERD H., LETCHWORTH A., MULLEE M. :

Irritable Bowel Syndrome (IBS) is a common complaint for which a number of different complementary approaches have been advocated. The investigation compared a group of 20 patients stratified and randomized to receive either conventional or homoeopathic treatment over a 12 week period. Information on patients symptoms was obtained by repeat questionnaire at 0, 2,6, and 12 weeks from the start of treatment.

Results showed that both treatment groups responded significantly and that homoeopathic medicines and conventional medicines were as effective in the treatment of IBS over the trial period.

38.Akute Erkrankungen als Hilfen in der chronischen homoopathischen Therapie (Acute diseases as helps in the homoeopathic treatment of chronic diseases) by Karin BANDELIN: Acute diseases as steps of development during chronic treatment. Acute diseases often create an obstacle for the cure of chronic diseases and are discussed accordingly by most authors (HAHNEMANN, VITHOULKAS, etc.)

A theoretical essay is presented along with short case examples that interpret acute diseases as steps towards cure.

39.Development of a new method for improving clinical Homoeopathy by Peter FISHER, Robert A.VAN HASELEN: Most prescribing indications in Homoeopathy are derived from clinical experience. There is need to revise and update them. A new method known as systematic outcome correlation, which completes outcome as measured

by a standard clinical assessment, with prescription, is described. The method uses information technology and the Read Clinical Classification. Preliminary results in Rheumatoid Arthritis are presented. The method and results are critically with recommendations for future developments.

40.European programme of basic teaching standards in Homoeopathy by Jacques IMBERECHTS: A programme for basic teaching standards in Homoeopathy. Proposals for a common European basic programme.

41.Das Vermachtnis Hahnemanns - Die Qualitat der homoopathischen Arznei (The legacy of HAHNEAMNN - The quality of the homoeopathic remedies) by Peter BARTHEL: On the basis of more than 50 years of reasearch, HAHNEMANN introduced improvements for the manufacture of the homoeopathic medicines to raise quality standards.

In the case of the 50000 potencies (LM or Q potencies), this related to freshness of raw materials, the principle of triturating all substances as far as the 3CH, maintaining a regular batch size, the number of sucussion strokes and impregnation. Later manufacturers ignored these practies or discontinued them without giving valid reasons.

Consistent high-level quality can only be achieved by following precisely laid down methods like those established for Q potencies of Pe quality.

42. HAHNEMANN ohne Denkmodell? (HAHNEMANN without an ideal model?) by Walter KOSTER: HAHNEMANN is known as pragmatic. Therefore it is often denied that he has a theory. Analysing this carefully, the example of the Dynamis shows, however, that HAHNEMANN not at all dismissed theories generally as transcendental pondering but dissociated himself from those which were not based on data gained through experience. On the other hand he developed himself gained by the data of his experience which we today would call scientifically a brain model. He explained that Dynamis should correspond in all probability to the physical brain model of the field.

43. HAHNEMANN y las enfermedades agudas (HAHNEMANN and the acute diseases) by Francois F.Fernando: In the course of history Homoeopathy had lot of proofs. Since the beginning HAHNEMANN was confronted with a lot of obstacles during the course of development of his doctrine. From poverty to verbal and physical attacks. However, this new art of healing remains over almost 200 years against all odds. Always, the results will gain respect from everyone. It was exactly during the big epidemics in Eurpoe in the 18th and 19th century that Homoeopathy showed forcefully her effectiveness. In

his masterpiece, **Organon**, HAHNEMANN left his doctrinary base of his new medicine and in his **Lesser Writings** the practical application. His doctrine is still in force. The hahnemannian considerations of genesis, case-taking and prescription are the same now as in 1810. The master left constancy of the epidemics of Scarlet fever (Kbnigslutter, 1799), Typhus (Leipzig, 1814), and Cholera (Kothen, 1831) as well as for his results. His teachings were verified again in the Cholera epidemics in Peru now. HAHNEMANN's legacy is one, an immutable science.

44. Der Prozess der Anamnese (The process of Anamnesis) by Klaus CONNERT: With the anamnesis begins a solution and healing process in patients and an inter-personal process begins between physician and patient. To observe this process, to comprehend and to steer should be a part of the training building of a homoeopathic physician.

45. Homoeopathy as an informing process-The rational pattern of communication by Agnes LAGACHE: Each kind of inter-action has its own logical modalities. Just as the mechanistic paradigm seizes the material interactions between objects and the symbolic paradigm assumes linguistic facts, we can also present the paradigm of signifiers in the same way (BASTIDE and LAGACHE. The paradigm of signifiers, Atelier Aifa-Bleue, Paris) living beings communicate with their world in a non-verbal way, whether on a somatic or psychological level; it takes place within the framework of the logic of analogy. The signifier is the semantic object which materially designates information to be transmitted and dealt with: the homoeopathic remedy is the mimetic representation of the disease. Different levels of information organise the spread of signifiers, each level is the regulation and integration of the previous one. The living self is the never-ending process whereby levels of information are synthesised, in the face of the informing environment. Such structures meet each other in the communication between the patient and the physician-remedy system. The medical device has to re-inform the patient and make his moving on towards a higher level of intergration. The dilution of the remedy permits to read it as

information about disease. Symptoms can be recognised as an erroneous adaptation and the organism is engaged in a process of paradoxical negation. The action of the remedies consists of a dynamic analogy between pieces of information (LAGACHE, Echoes de Sensible, Atelier Alpha-Bleue, Paris). The paradigm of signifiers gives therefore a new possibility in the exploration of information therapeutics.

46. Homoeopathy as an informing process -

The action of the remedies by Madeline BASTIDE: The application of the paradigm of signifiers to the homoeopathic model is determined by the relationship between several parameters due to the informative ability of the remedy.

1.The power of the homoeopathic remedy is related to its capacity to be recognised as a signifier by the receiver in a mimetic function; an exogenous remedy needs to be evaluated by a pathogenesis (effects of ponderal doses on a healthy subject) in order to establish the mimetic function of the remedy. However an endogenous remedy (which belongs to the self molecules) will be automatically recognised by the receiver.

2.The dilutions which contain less and less molecules increase the informative ability by transforming the "object-remedy" into an informing preparation which can be understood by the receiver as a signifier.

3.The organisation of the receiver is linked to its capacity to perceive the information of the remedy; the higher the mimetic function, the stronger the effect as in the "sensitive types"; regarding the self molecules, the higher their function in the hierarchy of the living system, the stronger the effect.

4.The regulating effect of the homoeopathic remedy prescribed according to the Law of Similars is linked to an information transfer whose efficiency depends on the difference between the informative ability of the physician compared to the patient.

5.The patient evolution is determined by his personal interpretation of the external world in various pathologies and also stresses and aggressions; chronic diseases are related to the presence in the organism of the anti-idiotypic anti-biotic antibodies, semantic objects of the non-self world (BASTIDE and LAGACHE. The paradigm of signifiers; models of information and immunology, Atelier Alpha-Bleue Paris).

47. The information-energy status of the water "memory" in Homoeopathy by Andre A.LITVIN: Water, usually known as H₂O, exists in nature in more complete forms. It builds three-dimensional structures as fluid and even more sophisticated structures during its phase transitions into ice or snow. However, water undergoes this way of re-structuring in any biological active system, like humans, animals and even "living" water as found in melted snow etc., as well as in potentised homoeopathic remedies. Thus, this paper presents a different approach of explaining the efficacy of homoeopathic remedies even in high potencies (1000, 10000), ratified with studies on dilutions of Argentum nitricum, Avena sativa, arsenicum album, Sulphur and

other remedies.

48.Phase transitions, attractive iterations and how they relate to the homoeopathic remedies by Alexandra DELINICK: This paper is a sequel to "hypothesis on how the homoeopathic remedies react with the organism" earlier in this Volume. It is shown that, using a differential scanning calorimeter, thermic characteristics of homoeopathic remedies can be visualised. The effect is demonstrated on a sample of Chamomilla in <1>, 1,6, 12, and 30 both diluted and potentised as well as double distilled water. The presented graphs show "fingerprints" of the remedies, even beyond the 30.

49.Considerations au sujet de l'influence des remedes homeopathiques Gelsemium, Hypericuin et Apis sur l'activite electrique dans le nerf sciatique isole (The influence of the homoeopathic remedies Gelsemium, Hypericum and Apis upon the electrical activity in the sciatic nerve by Monica Anisora NECHITA: The action of the homoeopathic remedies Gelsemium, and Hypericum on the sciatic nerve of the frog has been studied. The values of the active potential for the nerve immersed in RINGER solution has also been studied; the same value for the nerve immersed in Gelsemium and Hypericum dilutions (C30) have been measured. Higher values of the action potential has been observed in the case of the nerve immersed in homoeopathic dilution when compared with the witness (RINGER solution) in the same condition of stimulation.

50.An exposition of clinical trials on T.N.T. inhaematology by R.S PAREEK: T.N.T. traditionally an emblem of destruction, has proved itself homoeopathically as a great remedy. There cannot be a greater example of HAHNEMANNian Philosophy: one that destroys in cruder and large forms is a great healer in minute potentised forms".

A detailed clinical research of T.N.T. has evolved an interesting symptomatic study. It has a special affinity for R.B.C. and affects to a great extent the oxygen-carrying capacity of haemoglobin resulting into various haemolytic haematological disorders.

The paper presents an interesting clinical study of cases of **Thalassaemia major** treated at our hospital with T.N.T. from July 1978 to October 1990. In these cases T.N.T. has been found to effectively increase the time period of successive blood transfusion therapy.

51. Placebo et medicaments homoeopathique: Evolution Clinique (Placebo and homoeopathic medicine - Clinical evolution) by Maria Regina GALANTE NASIF: A study of 45

males and 35 female patients with gynaecological problems proving the efficacy of homoeopathic medicines.

52.Centenario del hospital del ninos dios, antiguo hospital homoeopatico de Barcelona (Centenary of the homoeopathic hospital at Barcelona "del ninos dios") by Alberto SOLER MEDINA: The Barcelona "Hospital dei Nino Dios" founded by the Countess del Valle de MARLES, celebrated its centenary on 30 May 1992. Its first medical director was Dr. Jaime Guerra ESTAPE. As from 1 April 1901, under the chairmanship of the Countess of MOY and the directorship of Dr.Jose Giro SAVALL, the practice of Homoeopathy became exclusive in the hospital. On 13 November 1923 the hospital moved to its current premises at Calle Mallorca, 509. In 1925, allopathic dispensaries were opened, as there were two homoeopathic dispensaries (Dr. Miguel Ramis MATA and Dr. Enrique Peiro RANDO). In 1980 Dr.Enrique Peiro RANDO retired and was replaced by Dr.Alberto SOLER MEDINA, the present Head of Medical Services in the hospital.

53.Die homoopathische Behandlung der dysmetabolischen Nephropathien bei Kindern (The homoeopathic treatment of dysmetabolic nephropathies in children) by Alexander S.KRAMEROF: 48 children were treated homoeopathically. The treatment lasted an year. The follow-up (6-12 years) showed that in 42 patients there was no recurrence and remained well; in 6 patients there were more or less crystals in the urine. In no case was there tubular-interstitial nephritis or nephrolithiasis.

54. Medical Gastroenterology - a homoeopathic perception of peptic ulcer by Alok PAREEK: The study and treatment of gastrointestinal diseases has been profoundly modified by recent technological developments. Diagnostic imaging coupled with the continued development of the flexible fiber optic endoscopes allows an amazing precision in diagnosis and therapeutics.

None of these advances however can replace a sound understanding of symptoms and signs and the ways in which they may be presented to the physician. Only when the alert physician is buttressed with the knowledge of the patho-physiology and individualized history of the diseased individual can new technology be applied. **Here comes the homoeopathic influence in right earnest. The physician has got to see the patient in his totality and the results are always marvellous.**The clinical cases presented herewith are just a few of the large numbers studied at Pareek Hospital and which exhibited

excellent results to HAHNEMANNian approach of management.

55. The homoeopathic approach for the treatment of cancer patients by Randeria JAMSHED:

The treatment of the cancer patient in Homoeopathy is the same as for any other disease, based on the totality of the peculiar symptoms. Tumor is the end result of the diseased vital force. Various causative factors are discussed. The posology depends on the quantum theory of MAX PLANCK (1910). He suggested that energy is released in little dribbles or bundles known as quanta. This frequency of radiation varies with different potencies of the same remedy if the frequency of radiation of the protoplasm of the individual corresponds with that of the given potency, we can expect a response to the remedy on the dynamic plane.

Heredity and past history play an important part and thus deep acting medicines like the nosodes, *Cadmium* salts, snake venoms etc. are of great help. The symptomatology of various medicines is outlined. Drainage remedies and diet play an important part in the treatment.

56. The HIV carrier research in Homoeopathy by Pilaka Sri KRISHNAMURTHY:

1. The HIV carrier research in Homoeopathy under the auspices of the Medwin Hospitals, Hyderabad, India.

2. The personal experience.

3. The difficulties of the scientific model in the homoeopathic research.

4. The author's experience of the BHsAG (Hepatitis) healthy carriers, research, on a large scale and the leading remedies.

5. The supreme value of the homoeopathic research for the scientific evaluation of the **modos operandi** of the action of the homoeopathic drug; the varieties of homoeopathic research on this subject.

6. The author's experience in homoeopathic research.

57. Evaluation of homoeopathic treatment in HIV positive cases by Dinesh F. RASTOGI:

No detailed clinical trials of homoeopathic drugs in latent phase of HIV infection, other than the one conducted by the Central Council of Research in Homoeopathy (CCRH) in India are reported. The CCRH reports a study on 129 HIV positive cases. The homoeopathic drugs were prescribed in potentised form on the basis of constitutional (mental, emotional and physical) attributes of the individuals. Twelve (12) of these individuals have reverted back to sero-negative status after treatment with homoeopathic drugs for a varying

period of 3-16 months.

Spontaneous sero-conversion has been reported in a cohort of homosexuals who were not receiving any anti-retroviral therapy. The percentage of 0.4 which reported spontaneous sero-conversion is not very significant in numerical terms. However, CCRH reports sero-conversion in nearly 10 percent of cases receiving homoeopathic treatment while continuing to be symptom free suggests various possibilities which are discussed in this paper.

58. First outcome of the computerised analysis of homoeopathic clinical practice by Valerio GRANDI:

Using CHIP (Computerised Homoeopathic Investigation Program) you can not only verify the effectiveness of homoeopathic drugs in the cure of diseases, but also check the whole sequence of diagnostic therapeutic and prognostic procedure, taking into account and comparing the different methodological approaches. It will be possible, with the help of the homoeopathic community, to store enough clinical cases to verify and enrich our **Philosophy, Materia Medica and Repertory.**

59. A tool for clinical research - The Computerised Homoeopathic Investigation Program by Carlo REZZAN:

This paper also presents the advantages of the CHIP.

60. Historia de la dosis en medicina homoeopatica (History of the homoeopathic medicine dose) by Jose MATUK:

The development of the dosage of homoeopathic medicine by HAHNEMANN is discussed. HAHNEMANN made several important changes in arriving at the minimum dose required for the patient to produce a curative effect. This has not been easy. HAHNEMANN made changes in his methods at least eight times to come to a conclusive method. There are, however, only few homoeopaths who prescribe medicine as enjoined by HAHNEMANN.

61. Bufo tana by Micaela MOIZE:

This is an audio-visual presentation of *Bufo rana*

62. China by Sadina POPESCU:

China is the remedy with which HAHNEMANN began his famous provings on himself and so he laid the basis of Homoeopathy. It acts on all the tissues by the decrease of the oxidation. *China* type is characterized by debility with nervous erethism (irritable weakness) and flatulent distension with no relief by belching. The fields of *China's* use in Paediatrics are frequent and various (in all the periods of childhood)! The author presents four successful clinical cases:

Case 1: New-born child. Icterus of the skin and sclera. Liver and spleen of normal size. Stool and urine of

normal colour. Normal corporal temperature. *China* 9,15 ad 30 every fourth day ameliorated the condition. The infant grew normally.

Case 2: Six-year-old girl with essential features of *China* suffers often from digestive troubles. *China* 4 every day during the attacks and between these *China* 9,15 and 30 at increasingly longer intervals. The girl recovered in an year-and-half.

Case 3: a 13 1/2 year old girl with menorrhagia. *China* 4 daily during the menstruation and *Calc-c.* (constititional). Cured in three months.

Case 4: 20 year-old girl. Amenorrhoea following a mental overwork. Four doses of *China* caused the menses to reappear.

63. Arzneimittelbeziehungen in der Hombopathie (Remedy relationships in Homoeopathy) by Gisela KING: Generally one has to differentiate between chemical and therapeutic interaction in Homoeopathy. Therapeutical interactions may be divided according to several criteria. In general, there are drug relationships which are positive or negative regarding therapeutic effects.

Relationships which may be used to increase therapeutic effects are those among

- related remedies
- concordant (analogus) remedies
- complementary remedies

On the other hand, therapeutically hazardous relationship do exist among

- antidotes and
- incompatibles

10. European Committee for Homoeopathy Research Forum (ECHRf) held a two-day meeting in Oberlaa in the out skirts of Vienna, immediately after the LIGA Congress. There was valuable debate around several proposed controlled clinical trials of Homoeopathy, in Rheumatoid Arthritis (Herald WALACH) Acute Otitis Media (Jennifer JACOBS) and childhood Asthma (John ENGLISH). There were two contributions on proving. From Romania there were contributions on a pathogenesis of *Chlorine* based on 83 workers exposed to chlorine compared with workers unexposed. "he classical pathogenesis is respiratory. Several other features like decreased alcohol tolerance, arthralgia affected by the weather, and irritability were observed by the Romanian group. Other contributions from Romania included work on *Arnica* and *Chelidonium* and the effects of *Betula alba* on human granulocytes.

Christian ENDLER presented further results of his work on the effects of potentised *Thyroxine* on the

metamorphosis of amphibia with a remarkable new finding; the effect still occurs even if the active agent is sealed in a phial suspended in the tank but dose not come into direct contact with the water in which the experimental animals live! In a somewhat similar vein Jacques BENVENISTE described an experiment, based on a Langendoitf isolated heart preparation, in which activity was apparently transferred from an active potentized preparation to another test tube by a system of coils and an amplifier, (reported by Peter FISHER in the BHJ, 82, 4/1993)

11. Round Table Discussion on Posology - Report of the Teachers meeting in Oberhafen, Switzerland on 26-28 June 1992. Report by Dietmar PAYRHUBER, Beat SPRING (HL, 6, 4/1993): HAHNEMANN tested potencies upto C30. The general rules of potency selection are:

- in deep pathological, morphological changes, the lower potencies.
- in desperate cases where in an acute disease the patient struggles to survive, high potencies are still indicated.
- in terminal cases of an incurable disease the high potencies lead to euthanasia.

Apart from the generally accepted rules the selection of the correct potency lies pretty much in the realm of the intuition and non-systematic experiences of the individual homoeopath; the state of the organism, the nature of the disease and the remedy have to be taken into consideration (p.247, footnote).

It is possible that if our remedies would be produced the way HAHNEMANN's were we would see much stronger actions as well as aggravations. Today we face two problems in the manufacture of remedies: 1) frequently the remedies are not produced according to the original instructions, and 2) the original substances are often not the ones which have been proved in the first place. Because of these problems KUNZLI and SCHMIDT produced their own Q potencies. For the Q potencies the manufacturing seems to play a major role.

The idea to produce "exactly to HAHNEMANN's instructions" is often not realisable. Also the exact method according to HAHNEMANN is not reproducible. We also face problem of the original substances and the method of potentiation. If the original substance is not identical with the one used in the original provings, the new substnaces have to be proven again and the provings be compared with the old provings. The way of potentisation mainly affects the power of the remedy action Exact research on the power of action of differently produced potencies are lacking.

On repetition of the dose: According to

VITHOULKAS slow prescription means about two remedies in 5 years and fast prescription two remedies in one year. Others like GEUKENS state that the correct and still indicated remedy can be repeated more often, and also to speed up the healing after a more severe aggravation. BORLAND recommends more frequent repetitions, the early repetition he says to support the development of the child.

Duration of action: C potencies 30 - XM work 35 days and longer. If a remedy in this potency works less than 35 days, it is not the simillimum, it is only the simile and works only palliatively. This is true for all diseases, acute as well as chronic, except in Typhus and Diphtheria. KUNZLI was very strict on the point that if a potency above 30 works less than 35 days it is not the simillimum.

There is in the opinion of some of the participants, justification for repetition of the dose in some cases.

In the discussion of Cases and Q potencies Dr.PAYRHUBER pointed out that in case 1 *Phytolacca* was repeated because of the slow progress and because of the induration. SPINEDI said that if after one dose of a high potency there is no improvement in an organic disease, e.g. a tumour which we are able to see and measure, or in another pathology in which we can easily judge the development by measuring and palpation, we are allowed to repeat, the dose until the pathology is reduced. We can repeat after 35 days (for 30 - 200 -M-XM), 3 months (for CM) or 1 year (for MM) If the remedy is correct the organism will tolerate these repetitions; if it is not, proving symptoms will occur and show that the remedy was wrong.

SPINEDI said that in cases of breast cancer he chose a high potency like M - XM before operation, after operation a lower potency like 30.

Regarding Case 2 PAYRHUBER said that he used X-ray 30 in cases of radiation therapy (or in patients who work in x-ray departments).

Regarding tumours the discussion led to different views; whether the psychological symptoms should be given the highest importance if it was very clear, or the physical symptoms. If the patient shows symptoms which are rare, strange, peculiar and which are nearer to the tumour then the remedy chosen on that is best.

Case 3 - **Crohn's disease** - *Silicea* 200 brought about serious reaction. KENT's observations recalled (see MM of KENT, *Silicea*.) HAHNEMANN says that one should not repeat the same potency; he doesn't say that it always has to be a higher one. (For more detailed information on the transactions, please read the summary in the **Homoeopathic Links**, 6, 4/1993).

12. Rajan SANKARAN Seminar, Kiisnacht, Zurich, 22-24, October (HL, 6, 4/1993). This is a report of Dr. Rajan SANKARAN's "unique and unpredictable way of presenting Homoeopathy once again". His approach and way of thinking becoming "increasingly challenging and holistic". "Homoeopathy becomes everything and everything becomes Homoeopathy". RAJAN told of his growing interest in the connection between music and Homoeopathy, his "proving" of different Indian chants and he found that invariably each group reacted with practically identical feelings and visual impressions, despite cultural difference. In other words, each mood of music creates its own specific situation, as each remedy does. The main theme of this Seminar was remedy kingdom - Plant -Animal - Mineral. Also discussed were the Acids, Halogens and Nosodes. The idea was that the remedy required must have the spirit of the source. Animal kingdom: Structure; Plant kingdom: Sensitivity. RAJAN presented video cases to drive in the points. Acids have the theme of struggle; constant effort followed by complete exhaustion. Halogens: theme of relationships. Nosodes; how to react to the situation.

13. Vassilis GHEGAS Seminar in Augsburg, October 1993: (HL, 6, 4/1993): Full of new information about *Antieria Meica* ana uase Management. *Alumina, Alumen, Argentum nitricum, Bovista, Carbolic acid, Cicutu, Cina, Formica rula, Glonoinum, Laurocerasus, Nux moschata, Podophyllum, Ranunculus bulbosus.* Gist of two remedies - *Glonoinum* and *Nux moschata* - are summarised in this report.

The central idea of *Glonoinum* is **congestion**, no matter whether it is as a causative factor or as a result of something else. Congestion in thoughts. Hypertension, Arteriosclerosis, Menopause, Hyperaemia. A typical symptom for this remedy is **Fear of Apoplexy.**

Nux moschata: everything is centered around **sleepiness**; sleeps when standing, sleeps when walking, and working. Falls into a dream-like state. Factual reality is experienced as in a dream. They do everything automatically and mechanically, without being really connected to their consciousness. Aetiology is often after a **shock**. 14. Commenting upon Dana ULLMAN's article '**Understanding Nature to learn Materia Medica**' (The Homoeopath, 13,1/1993 - No. 28 Materia Medica section QHD, XI, 1&2/1993) Andrew TERRY writes: "I whole-heartedly concur with his expressed view as to the utility and importance of knowing something about the substance being prescribed.... We must seriously pursue all avenues available towards increasing our direct insight as to the therapeutic potential of natural substances... It seems

important that homoeopaths maintain reasonably high academic standards. Incidentally... the originally proven *Anhalonium lewinii* was not *Peyote* at all. BACKEBURG's '**Kakteenlexicon**' of 1976 is categorical that *Lopophora williasii* (formerly *Anhalonium lewinii*) should be identified with *Epithelantha micromeris* v *greggii*. While *Epithelantha* species do have hallucinogenic properties, they are completely different from *Lopophora*... While STEPHENSON's 20th century provings were almost certainly made with *Peyote* (*Lopophora*) it is equally possible that the earlier provings of ELLIS and others were with *Epithelantha*. It is quite likely that sources in Mexico supplying dried (and therefore botanically hard to identify) *Mescal* buttons made no distinction at all)...

1. *Sepia*: The fact which (amazingly) seems to have eluded most homoeopaths to date is that bearing offspring is generally fatal to the female cuttlefish. While the natural history of *Sepia officinalis* is still imperfectly understood this much is apparent (I have confirmed this with Dr. WILLIAMSON of the Marine Biological Association who said; 'It does seem to be generally true that female cuttlefish die shortly after reproduction, with most animals living only one or two years)

Pulsatilla:... Apart from need for calcium carbonate, *Pulsatilla* species (including *P nigricans* = *pratensis*) are not very demanding about soil condition - they certainly do not insist on sand. Incidentally as CLARKE has clarified, the polychrest *Pulsatilla* of our **Materia Medica** is *P.nigricans* and not *P.vulgaris*...The obvious physical difference between the two is that *P.nigricans* is much more demure' - indeed its flowers are so downturned (away from the sun) that it is not greatly sought after as a garden plant.

3. *Ledum* The earliest (European) provings were certainly conducted using *Ledum palustre*. However, the American flora also includes *Ledum groenlandicum* which is commonly known as Labrador Tea. The two species are closely related... there is a good chance that as with *Anhalonium* our **Materia Medica** comprises the symptoms of two distinct species... Since growing various *Ledum* species myself I have been struck not by the fact that the flowers are so attractive to bees but that they appear to be peculiarly attractive to flies.

The big thing about *Ledum* as with *Rhododendron*, *Kalmia*, *Uva ursi*, other ericaceous members of our **Materia Medica**, is that calcium carbonate is strongly inimical to their well being as plants, they need acidic rather than alkaline condition and simply cannot survive in the presence of significant amount of chalk or limestone.

4. *Chamomilla*: *Matricaria Chamomilla* is an annual plant. Whilst a fairly close relation of *Chamaemelum* is a relatively spindly upright plant which grows well in the disturbed and relatively dry soil of the wheatfield.

15. **Seminar with Dr. Alfons GEUKENS in Oslo, 23-25 April 1993.** Remedies covered were *Anacardium*, *Conium* and *Causticum*. Extracts given below:

Anacardium 1. MENTAL

Basic problem = **Lack of self-confidence** (K13)
Delusion, right, does nothing (K31) Delusion, succeed, that he cannot (K 3) Reaction

TRIES TO "PROVE HIMSELF" Anger, contradiction, from (K2) Anger, Violent (k 3)
Contradict, disposition to (K 16)
Contradiction, is intolerant of (K 16) Cruelty (K 17) Cursing (K17) Haughty (K 51)
Impatience (K53) Impetuous (54) Obstinate (K 69) Offended easily (K 69) Plans, making many (K 69) Quarrelsome (K 70)

Rage (K 70)

Rest, cannot when things are not in proper place (K72)

Restlessness (K 72) Serious (K 72)

IF NO COMPENSATION

Abusive (K1)

Antagonism with herself (K 4) Will, contradiction of (K 95) Will, two, feels as if he had two wills (K 95) Anxiety, pursued when walking, as if (K 7) Anxiety, future, about (K 8) Anxiety, trifles, about(K8) Anxiety, walking, while (K 9) Business, averse to (K 10) Childish behaviour (K 11) Company, aversion to (K 12) Concentration difficult (K13) Confusion, morning (K 14) Cowardice (K17) Defiant (K 17)

Delirium, eating amel. (K 18) Delusions, child, not hers (K 27) Delusions, husband, thinks he is not her (K 27) Delusions, double, of being (K 24) Delusions, devils, sees (K 23) Delusions, enemy, surrounded by (K 24) Delusions, voices, hears, calling his name (K 34) Delusions, separated from the world, that he is (K31)

Dullness, morning (K 37) Estranged, family from her; society, from (K 39) Excitement alternates with dullness (K 40) Fear, approaching him, of others (K 43) Fear, death, of (K 44) Fear, evil, of (K 44) Fear, misfortune, of (K 46) Forgetful, afternoon amel. (K 48) Forsaken feeling, sensation of isolation (K 49) Godless, want of religious feeling (K 50) Unfeeling (K 91) Reverence, lack of (K 75) Going through Suicidal disposition (K

85) Suicidal disposition, shooting, by (K 85) Suicidal disposition, throwing himself from a height

(K85) Decline of mental capacities

- memory, weakness of, names, for proper (K65)
- memory, weakness of, persons for (K 65)
- memory, weakness of, read, for what has (K65)
- memory, weakness of, thought, for what has just (K 65)
- memory, weakness of, words, for (K 65)

To idiocy, imbecility and insanity!!!

2. KEY-NOTES.

Plug sensation

Explanation:

HEAD, pain plug, temples, mental exertion, on

(K188)

EYE, pain, pressing, plug, like a (K 257) EAR, pain, pressing, plug, like a (K312) RECTUM, urging, effort, great desire passes away

with (K 633) **Bandaged sensation:** EXTREMITIES, Bandaged,

sensation as if, knee, sitting, while (K 953)

EXTREMITIES, itching, hand, palm, night (K 1023)

3. MODALITIES

Eating amel. !!!

Hot bathing amel.

4. CAUSATIONS

Ailments from mortification, fright, mental exertion

Conium

TESTE "Lively, quick, sanguine disposition"

KENT "Excitable - Hysterical"

REPERTORY Dictatorial (K 36)

Contradiction, is intolerant of (K 16) - (contrary to

Causticum) TARGETS NERVOUS

SYSTEM Gradual debility -- paralysis

(MS)

upwards (K 1390)

VERTIGO; agg. lying down + moving head

VERTIGO, turning, in bed, on: *Con....* (K 105)

VERTIGO, turning, or moving head:... *Con....*

(K105) VERTIGO, turning, or moving the head, quickly:...

Con. ... (K105) GLANDS

Mammae Testes Ovary

RESPIRATORY SYSTEM Dryness larynx in spots causing cough (K 789) CHARACTERISTICS Hang down limbs amel.!!! Induration! especially glands (K 1367) **KEY-NOTES** Pain and swelling of

mammae before menses

Perspiration day or night as soon as he sleeps

(K1301)

Cold; flatus (K 617) Red ear wax

(K 320)

Photophobia without inflammation (K 262) EYE,

ecchymosis, right: *Con.* (K 238) CAUSATION

Unsatisfied sexual desire! "Emissions on

slightest stimulus" Injury soft parts Grief

Overwork Excitement **NOTE!** "*Psorinum* follows

Conium in breast cancer

(ALLEN)" **Causticum** MENTAL LEVEL

Oversensitive (K 78) (Especially for living beings who cannot defend

themselves)

To everything which is not honest in their eyes.

Sympathetic (K 86) Cautious anxiously (K 10) Anxiety (K 4)

Anxiety, others, for (not in Kent) Anxiety

trifles, at (K 8) Cares, full of (k 10)

Dwells, on past disagreeable events, night (K 39) Grief, ailments from (K 51) Oversensitive to crying of children (K 78) Serious (K 79)

Weep in sympathy with others (K 94) Weeps,

trifles, at (K 94) +

Over reacting to it = to compensate Contradict,

tendency to (K 16) Abusive (K1) Anger,

ailments from (K 2) Contrary (K 16) Defiant (K

17) Dictatorial (K 36) Disobedience (K 37)

Excitement, debate, during (K 40) Extravagance

(K 41) Fanaticism (K41) Haughty (K 51)

Irritability, menses, before (K 59)

during (k 59) Kleptomania

(K61)

Loquacity (K 63)

Malicious (K 63)

Offended easily (K 69)

Obstinate (K 69)

Positiveness +

IF NOT ABLE TO RESTORE BALANCE

Anxiety and fear (K 6)

Despair (K 35)

Forgotten, as if he had (K 49)

Restless tossing in bed (K 73)

Sadness weeping day and night

Sit, inclination to (K 80)

Indifference (K 54)

Hysteria (K 52)

Homesickness (K 51)
 Introspection (K57)
 Irresolution (K 57)
 Memory, weakness of (K 64)
 Mistakes in speaking (K 66)

EXPRESSIONS ON PHYSICAL LEVEL

Reactions on nervous system

1.Paralyses!

Facialis paralysis (K 390) Ptosis eyelid (K261)
 Tongue paralysis (K 414) Paralysis, Bladder (K 650)
 Extremities, Paralysis, gradual (K 1176)
 Laryngitis —hoarseness (K 749 - 758)
 Tracheitis (expectoration difficult) (K 815)
 Bronchia (asthma, bronchitis) (K 764, 835)
 Slow in learning to walk and talk

2.Contractions

Rheumatic deformans

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below:

- 1.**ACD:** Arohiv fur Homoopathik, DYNAMIS-VERLAG, AM Vogelherd 18, 4200 OBERHAUSEN 11, GERMANY.
- 2.**ZKH:** Zeitschriftfur Klassische Homdopalhie, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
- 3.**SIMILLIMA:** Van Walbeckstr. 85-3 1058. CM AMSTERDAM. (HOLLAND)
- 4.**HL:** Homoeopathic Links, Homoeopathic Research & Charities, "Dinar", 20 Station Road, Santacruz (West), BOMBAY - 400 054.
- 5.**HH:** Homoeopathic heritage, B. Jain Publishers (P) Ltd., 1920 Street, 10th Chuna Mandi, Pahargnj, Post Box 5775, NEW DELHI-110 05E.
- 6.**THE HOMOEOPATH:** The Journal of the Society of Homoeopath, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
- 7.**HLK:** Forum for Homeopatisk Lakekonst Svenska Akademin for Klasisk Homeopati,

Folkungagatan 84 (Itr),
 116 22 STOCKHOLM.

8.**MfH:** Medicina futura Homoeopathy, 1-2-217/7, Gaganmahal Road, HYDERABAD - 500 029.

9.**NJH:** National Journal of Homoeopathy, Milan Clinic, Saraswati Road, Santa Cruz (W), BOMBAY - 400 054.

10.**BHJ:** British Homoeopathic Journal, Royal London, Homoeopathic Hospital, Great Ormond Street. LONDON, WC1N3HR, U.K.

11.**AHZ:** Allgemeine Homoopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.

12.**RBH:** Revue Beige d' Homoeopathie, Editor: Ch.Schepens, rue Groselnberg, 39, 1130 BRUSSELS, Belgium.

13.**CGH:** Cahiers du Groupement Hahnemannien, MEDECINE ET HYGIENE, 78, avenue de la Roseaie, Case 456, CH-1211 Geneva 4.

Dupuytren
 Cicatrices xxxx (after burns)

3. Skin

Warts (K 1339)
 Eczema (K 1312)

KEY-NOTES

Fear of dog - animals (K 43, 44)
 Anxiety from noise (K 7)
 Fear dark (K 43)
 Desires: salt, smoked meats, (K 486, 485)

Sweets (not in Kent) Aversion: sweets (K 482)
 Disordered stomach from fat (K 487) **MODALITIES**
 Dry weather agg. (K 1357) Wet weather amel. (not in Kent) Cold drinks amel. (P. 1362)

COMPLEMENTARY REMEDIES *Carb-v., Lach., Merc, Sep., Stann., Coloc, Staph., Petros.*

16. "Leprosy to be eradicated by 2000 A.D. One wonders when the Canutes of today which includes the self satisfied WHO, will learn that setting target dates for eradicating mankind's age-old diseases is an exercise in futility or the question may well be asked, "Who is trying to fool Whom?" ... The turn of the century is

only 7 years away and we can await with bated breath the new miracle which even Jesus Christ could only cure and not eradicate... we can still faintly recollect the 'eradication' of malaria in the 60s when medical students actually graduated without ever getting a chance to see malarial manifestations in the hospital wards. The result is the present avatar of malaria where the parasite has learnt not to manifest itself in the victim's blood..." (mfH, 4, 2/1993)

PART II

BOOK REVIEWS

(This column contains books received by the QHD for review / and those recently read by the reviewer)

1. **New Comprehensive Homoeopathic Materia Medica of Mind:** by H.L CHITKARA, B. Jain Publishers Pvt. Ltd., 1921, 10th Street, Chuna Mandi, Paharganj, New Delhi - 110 055 (India), pp.692, Hardbound Rs. 150/-.

With the current trend in Homoeopathy to give much greater importance to the 'Mind' symptoms and particularly with the SEHGAL's method of using the 'Mind' rubrics only for prescription of the curative remedy, this book is most welcome by all practitioners. Earlier Dr. M.L AGARWAL had published **Materia Medica of Mind** (1985) which is a compilation of the Mind symptoms in the KENT **Repertory**. The current compilation by Dr. CHITKARA is based mainly on the **Synthetic Repertory**, IV Edition, Vol. I with some additions from other sources including Dr.CHITKARA's own practice. These additions are distinguished by appropriate marks. Some errors in the source material have been corrected. However, there are still certain errors and these will have to be conveyed by the users in due course so that in the next edition they will be corrected. It is humanly impossible for any one author to bring out a totally-error-free reference work such as the one under review. This will be evident from the many corrections which have been detected over the years in the KENT **Repertory** - and many still exist - and even in the later repertoires including the **Synthesis** which has just come out. It is the duty of every user of these repertoires to mark the corrections and convey them from time to time to the authors/publishers and in the journals.

The current work of Dr.CHITKARA has been found of great practical use in the clinic. When one or more remedies have been worked out with the help of Dr.CHITKARA's **Quick Reference Guide to the Repertory of Mind** (1993), to be more similar to the instant case, how is one to differentiate them? By comparing them in the complete **Materia Medica**. With the great amount of **Materia Medica** information that has been added to in the past few decades, new remedies, etc. we do not have a single **Materia Medica** among those so far published wherein one can find **all** the symptoms; whereas the new **repertory**, viz., **Synthetic Repertory** (and now the **Synthesis** by Frederick SCHROYENS) contain the up-to-date clinical information. Since this work of Dr.CHITKARA is compiled from the SR, it is the most

recent one containing all the information available as of now pertaining to each remedy. A study of all the (mental) symptoms covered by the remedies in the selection of the right remedy. I have been using this Book in my daily practice and have found it of great help.

Printing, get-up, binding etc. very good. **Warmly recommended** to all practitioners.

2. **Some of the causes of failures in homoeopathic practice:** by Dr. Ramanlal P. PATEL Hahnemann Homoeopathic Pharmacy, College Road, Kottayam - 686 001 (India), pp.20, Rs.10/- (Third Edition).

The Preface to this edition itself is 'telling'. The author says: "I do not claim anything new in this small booklet. All mistakes and failures at my hands are put together to caution The beginners' and to enlighten the homoeopaths who are full of ego and who claim that they never fail..."

One learns from one's failures although one may not accept that one failed. Dr. PATEL has the openness to say that he did fail and he learnt from those failures. This is somewhat like Dr.Margaret TYLER'S 'How not to do it', but the style is different, of course.

What are the causes of the failures? These are broadly divided into three groups: A) The Physician; B) The Patient; and C) The Medicine. Dr. PATEL goes on to briefly write on these three main causes of failures. At the end some cases to drive home the points covered, have been given.

The book is a 'must' for young, fresh-from-the-college homoeopaths and perhaps also for all of us who tend to, sometime or other in our day-to-day practice overlook to bear in mind simple admonitions.

Well printed. Warmly recommended.

3. **Alternating Symptoms in the Repertory of the Homoeopathic Materia Medica** by Dr. Ramanlal P. PATEL, Sai Homoeopathic Book Corporation Hahnemann House, College Road, Kottayam - 686 001. (India) pp.29, Rs.15/-.

This is a compilation of information from KENT'S **Repertory**, BOGER, T.F.ALLEN, HAHNEMANN'S **Chronic Diseases**, Constantine LIPPE, KNERR'S **Repertory** BOENNINGHAUSEN'S **Therapeutic Pocket Book**, BOERICKE'S **Repertory**.

Certainly this will be a great reference work in the clinic and is for that reason welcomed. However,

certain deficiencies have to be pointed out.

Printing errors are many (e.g.p.2 Delirium alternating with sopor; *Colony* should be *Co/oc*, Dullness, alternating with hilarity: *Lab.* should be *Jab*).

Since remedy grades have been indicated as in the **Repertory**, 'Excitement alternates with convulsions: *Stram.* should be *STRAM*.

Remedy abbreviations have not been followed uniformly: e.g. *Aur*, *Aur-met*, *Ars-alb.*, *Ars.* etc.

Where synonymous rubrics do not contain same remedies: e.g. 'Cheerfulness alternating with gloominess: *Chin*, (p.1) while 'Gloomy alternating with cheerfulness: *Cinch*, med.' (in this the abbreviations also are not uniform e.g. *Chin* and *Cinch*.)

Symptoms like evening alternating morning' (p.28) is not actually an alternating symptom and hence has no place in this compilation. Similarly 'alternating sides' (p.21)

Incorrect rubrics: e.g. *EAR*: 'Noises, alternating withwhistling, buzzing' (p.10), should actually be *EAR*: 'Noises, whistling alternating with buzzing'. *EAR*: 'Pain alternating with eyes' (p.10) should be *EAR*: 'Pain, alternating with pain eyes'.

This is not a complete list of the errors in this work but are only some examples. Probably a computer print-out has been used as it is without correction or editing.

A thoroughly corrected edition will serve the purpose intended by the publisher.

4 **Perceiving Crucial Symptoms** by S.M. GUNAWANTE, B. Jain Publishers Pvt. Ltd., New Delhi 110055. (India), pp.161, Rs.25/-

This book from our able author and devoted homoeopath Dr.GUNAWANTE is a timely and welcome addition to the library of every practitioner particularly to the not-so-experienced.

The author rightly observes that there are many literature about the comparative value of symptoms. One of the best so far is Dr.Gibson MILLER'S "Comparative Value of Symptoms in the Selection of the remedy" (Homoeopathician, 1912). There are other useful works like Dr. Ramanlal PATEL's "Analysis and evaluation of Rubrics/Symptoms of Dr. Kent's Repertory", George VITHOULKAS' in his **The Science of Homoeopathy**. What is the need for the present work then?

In the past decade Homoeopathy has been developing rapidly and there are many 'teachers' who have developed their individual methods and gained certain 'insights' particularly in the psychology of the

patients. Since the past few years Dr. Rajan SANKARAN has been instrumental in arranging seminars by some of these teachers, prominent among them being Dr. Rajan SANKARAN himself. This reviewer who has attended almost all of them can personally vouch for the great usefulness of these seminars and much has been learnt from them. GUNAWANTE has therefore rightly written this book which includes Dr. Rajan SANKARAN's ideas on the evaluation of Symptoms and the technique of selecting the curative remedy. 'There are many roads to the top of the hill, but from the top all see the same moon'. We have to be thorough with all the roads since one road alone may not help us in all the cases; we have to adapt the technique according to the presenting case.

There are 19 Chapters (excluding the Introduction). There is a very important chapter on the 'miasms' and another chapter titled 'Plan for Action'.

The book is 'practical' and will reward the user richly since GUNAWANTE has drawn the material from rich sources.

Unfortunately the Publishers have not taken care to properly proof-read and there are therefore many printing errors. It is hoped that this edition will soon be sold out and second edition would be called for in which the Publishers will correct all the errors.

The book is **warmly recommended**.

5. **Mr. Lycopodium** Editor-in-Chief Dr. Farokh MASTER, B. Jain Publishers Pvt. Ltd., New Delhi -110 055 (India), pp.49, Rs.25/-.

This is a 'monograph' by a team of homoeopaths - Dr. Peter KUBIS, Dr.Kamal KODIA, Dr. Kamal RUSTOMJEE, Dr.Ronak SHAH and with Dr.Farokh MASTER as the Editor-in-Chief. The book-let briefly contains the Pharmacology, Typology and followed by the remedy picture. The main 'mentals' of the remedy like Fears, Jealousy, Inflated Ego, Anxieties are briefly picturised followed by the particulars and the Sexual and Sleep/Dreams. Comparative study with related remedies come at the end.

Well-printed and good get-up.

6. **Mysterious Thuja** Chief Editor Dr. Farokh MASTER, B. Jain Publishers Pvt. Ltd., New Delhi -110 055 (India) pp.37, Rs.25/-.

This monograph too is by a team of homoeopaths: Dr. Zubin MAROLIA, Dr. Shahrukh PAVRI, Dr. Shailen PETIGARA and Dr. Kamal KODIA, with Dr. Farokh MASTER as the Chief Editor.

This is a brief **Materia Medica** on *Thuja* highlighting its characteristics. Few printing errors.

This monograph as also the *Lycopodium* one reviewed above may be used as quick reference in the clinic.

7. **Bed-Wetting-Enuresis** by Farokh MASTER, B. Jain Publishers Pvt. Ltd., New Delhi-110 055 (India), pp.37, Rs.6/-.

This book-let on a common complaint met with in children, carries a Foreword by Dr. Jugal KISHORE.

After the 'definition', 'Epidemiology', development of sphincter control, mechanisms involved, aetiology and background of enuresis, the clinical features are briefly discussed including Psychotherapy, Hypnosis. The next part contains the repertory.

It is felt that remedy abbreviations should be uniform throughout and also preferably as may be found in the KENT Repertory. Numbers 1,2,3 have been superscribed to the remedies without explaining what those numbers denote.

8. **Homoeopathy in Cancer** by Dr. Farokh J. MASTER, B. Jain Publishers Pvt. Ltd., New Delhi -110 055 (India), pp.26, Rs.8/-.

This is a small book-let of 26 pages only within which the author has attempted to contain Cancer homoeotherapeutics.

9. **Two Hundred Years of Homoeopathy** by Dr. K.D. KANODIA, Indian Books & Periodicals Syndicate, P.O. Box No.2524, Karol Bagh, New Delhi - 110 005, pp.195, Rs.50/-.

In this book of 195 pages the author has ably covered the entire compass of Homoeopathy - right from its basic principles, select aphorisms of the **Organon**, concept of Chronic Diseases, the Miasms, Homoeopathy as a Science, as an Art, some excerpts from well-known masters and in Part II the therapeutic part which includes some hints from the masters. Something about the source of the medicines, some specifics vis-a-vis specific symptoms, a repertory-like part containing some peculiar symptoms wherein one or only few remedies are given. A fairly long list of 'personalities' (drug personality e.g. *Cuprum* = convulsive, *Gelsemium* — tiredness in entire body, etc.) and lastly a brief chapter on the future work before us, completes this small but well-rounded book on Homoeopathy. Good reading. Printing,

COMING EVENTS

All India Homoeopathic Scientific Seminar organised by Father Muller's Homoeopathic Medical College, Mangalore on 25- 28 April '95. Contact person for Seminar Dr. A.K. Singh, Fr. Muller's

paper good. Warmly recommended. 10. **The concept of Miasms in Homoeopathy and New Era** by Dr.K.D.KANODIA, Indian Books and Periodicals Syndicate, P.O. Box 2524, Karol Bagh, New Delhi -110 005, pp.60, Rs.40/-.

This book-let deals succinctly with the theory of Miasms in Homoeopathy. The author has drawn from eminent masters like KENT. One cannot disagree with the author when he concludes that study of the miasms is simply a way to study the disease, and facilitate the prescriber to reach the counterpart in a remedy; and Miasms guide us to the acute and chronic nature of diseases, and help us to use the remedies of similar nature according to the state of the patient.

11. **A Table Talk in Homoeopathy**, by Dr.K.D.KANODIA, Indian Books & Periodicals Syndicate, P.O. Box 2524, Karol Bagh, New Delhi -110 005, pp.35, Rs.30/-.

This is a discussion on the state of Homoeopathy and homoeo-therapeutics. While speaking of Homoeopathy for the New Era (meaning for the 21st Century?), the author has restricted himself to J.T.KENT, NASH, BURNETT, MLTYLER and such other stalwarts of the old. Evidently he has not kept himself in touch with the progress that is being made all over the world since the last two decades.

12. **Secrets of sure and Quick Results** by Dr.K.D.KANODIA, Indian Books & Periodicals Syndicate, P.O.Box 2524, Karol Bagh, New Delhi - 110 005. pp.96, Rs.50/-.

This book-let contains 'tips' drawn from the works of the great masters, of inestimable value to the practitioners.

Printing, get-up, good.

A general observation of all the five books by Dr.K.D.KANODIA reviewed above: While quoting from the masters, like KENT, FARRINGTON, TYLER, BURNETT, et.al. the author would have done well if he had indicated the works from which the material was culled - bibliographical data, which would enhance the value of his work.

Homoeopathic Medical College, Mangalore - 575 002. Time : 25-28 April '95.

1. Scientific Seminar organised by The Tamil Nadu qualified Homoeopathic association at Salem. Contact person: Dr. N. Subramaniam, 176, Trichy Main Road, Gugai, Salem - 636 006. Time : 11th & 12th Feb. '95.

3. Dr. Jawahar SHAH will hold a one-day Seminar - "Why Computers for efficient Homoeopathic Practice?" - on 26 Feb 1995. in Bombay. Registration Fee Rs.100/-. For details: Dr. Jawahar J. Shah, 10/11, Harish Kunj, 46, Tagore Road, Santacruz West, Bombay - 400 054.

4. 49th Congress of the International Homoeopathic Medical League to be held In New Delhi, Friday March 3 to Tuesday March 7, 1995.

For Details contact: Dr. Diwan Vijay Chand, Chairman Organizing Committee, National Homoeopathic Centre, 1, Hanuman Road, New Delhi -110 001. Ph : 3747127.

