

CENTRE FOR EXCELLENCE IN HOMŒOPATHY

CONTINUING HOMŒOPATHIC MEDICAL EDUCATION
SERVICES

QUARTERLY HOMŒOPATHIC DIGEST
VOL. XII, 1995



**Lead me from Untruth to Truth
Lead me from Darkness to Light
Lead me from Death to Immortality**

Adyaya I Brahmana 3 Mantra 28
Bṛhadāranyaka Upaniṣad

(This service is only for private circulation. Part I of the journal lists the Current literature in Homœopathy drawn from the well-known homœopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, USA, etc., discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.)

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**QUARTERLY
HOMOEOPATHIC
DIGEST**

Vol. XII, No. 1, 1995

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**CONTINUING HOMOEOPATHY MEDICAL EDUCATION SERVICES QUARTERLY
HOMOEOPATHIC DIGEST**

Vol. XII, No. 1, 1995

PART I - CURRENT LITERATURE LISTING

I. HHIUJSUHHY

1. Chaos Theory: Implications for Homoeopathy

SHEPPERD Joel (JAIH, 87, 1/1994) The new science of Chaos Theory contains ideas that help to communicate homoeopathic processes in a way that researchers can understand. Chaos refers to the irregular, unpredictable behavior of deterministic, non-linear dynamic systems. Dynamics is the study of change observed in natural phenomena. A system is the object of observation from which variables are measured. The language of the mathematics of non-linear dynamics contains concepts that describe homoeopathic observations. The basic terms of this mathematical language are presented. Applications in physiology and medicine are noted from current literature. Homeodynamics is proposed as an update for homeostasis. Examples of how Chaos theory language can model homoeopathic mechanisms are described. (Please refer Philosophy section of QHD, X, 1 and 4/1993 for earlier references to Chaos theory = KSS.)

2. Das Symptom - ein Grundbegriff der Homöopathie (Symptom - a basic idea in Homoeopathy)

KLUNKER W. (ZKH. 38, 1/1994)

The important task of laying adequate base of Homoeopathy implied, amongst other things, the determination of its fundamental concept. The understanding of the idea of Symptom is one of these. This is different from what is understood in the traditional medicine. Within the frame-work of the phenomenological foundation of Homoeopathy the analysis of its own concept of Symptom vis-a-vis Symptom as understood in the traditional medicine has been differentiated. Whereas the latter is understood as a mere indicator of the real disease, the homoeopathic concept is that the symptom is the disease itself, i.e. as privative existential phenomenon of the **Dasein**. The author discusses the subject thoroughly.

3. Was heisst "Ahnlich"? Gedanken zu HAHNEMANNs Fundamentalsatz **Similia Similibus** (What is "Similar"? Thoughts on HAHNEMANN's Fundamental tenet **Similia Similibus**)

FURLENMEIER M. (ZKH. 38, 1/1994)

in i /yo nMniNciviMiNiN spun UUL IUI uiw nisi Lime "... Similia Similibus" in his essay 'On a New Principle for ascertaining the healing powers of medicinal substances, with a few glances at those hitherto employed' (Versuch iiber ein neues Princip zur Auffindung der Heilkräfte der Arzneisubstanzen, nebst einigen Blicken auf die bisherigen). The

fundamental tenet of Homoeopathy was thus laid. What exactly is "similar" is not clear although there have been disputes whether the law is "Similia similibus curantur" or "... curentur". The author discusses the "similar"; what exactly is it? Where does the similarity begin and where does it end? He concludes that similarity can never be clearly defined, it is not possible to define. When we search for a similar remedy, the similarity should be quantitative ('totality' of the symptoms, the number of symptoms) and qualitative ('characteristic', 'essence'). "Similia similibus" is indispensable for homoeopathic practice.

II. MATERIA MEDICA

1. **Zincum metallicum**

GHEGAS Vassilis (NEJH, 2, 2/1993)

This is an 'up-date' on **Zincum metallicum** by one of the foremost teachers currently. This is a beautiful exposition of this remedy. "**Zincum metallicum** produces mostly 'noises' with very few symptoms, which hinders us greatly. And so we are in despair from having given **Nitricum acidum**; kilograms of **Arsenicum** and **Nitricum acidum**, the person comes again and again and complains and complains and complains, and all the people in the family are suffering. That is the reason that it is written in capital in the repertory, "Torments everyone with his complaints." The only remedy is **Zincum metallicum**.

So go to your practice to see how many cases torment you, blame you that you have never given the correct remedy, you have given the whole **Materia Medica** with no results. **The cause of the misdiagnosis is due to the central Idea of this remedy-the lack of productivity on all levels, leading to scant production of symptoms.**" The author goes on to explain this theme.

The following hint is valuable: "After giving **Zincum metallicum** the case may not appear to be going well-with the patient developing trembling, jerking, vomiting, confusion, perspiration or weakness. If these symptoms develop you can be certain that the remedy acted. Do not repeat the remedy and, of course, do not change the remedy. Give the remedy time to act and improvement will follow."

2. **Materia Medica of Rhus diversiloba** ALBIN Steve, (NEJH, 2, 2/1993)

There is very little written about this remedy. The **Materia Medica** of this remedy has been compiled by the author from information contained in CLARKE, BOERICKE and symptoms taken from his own cases.

3. A Brief Clinical **Materia Medica of Cocculus indicus**

HERSCU Paul (NEJH, 2, 2/1993)

Key-symptoms: Vertigo, Nausea, Weakness, Vomiting, aggravation from missed sleep, constant worries, and especially nervous system disorders.

Clinical conditions: Strokes, Head and Neck injuries, Nausea and vomiting of pregnancy, Vertigo with any disorder, aggravation by motion (if the patient is actually in the driver's seat, in control of the driving the dizziness and motion sickness may not occur), incredible sleepiness when travelling in car, Anxiety that takes the form of constant worry about some family member or person near to one's heart, missed sleep.

4. Piper methysticum

GHEGAS Vassilis (NEJH, 2, 3/1993)

This is an extract from a seminar given by Vassilis GHEGAS.

Piper methysticum has this modality: "amelioration of pains for a time by diverting attention." This modality can be found in the following rubrics (KENT):

Amusement, desire for (K.2) Ennui, entertainment amel. (K.39) Excitement ameliorates (K.40) Occupation amel. (K.69) Thinking of complaints, agg. (K.87)

5. Zincum metallicum a walk through the Repertory

HERSCU Paul (NEJH, 2, 3/1993)

This is an understanding of the remedy Zincum's theme, by studying the repertory rubrics; a beautiful, brief study. A valuable hint: "Some parents will describe the following scenario: 'my child was healthy, bright and lovely. It seemed as if she had a light within her that draw others to her. She was the center of her class and social life. Then something happened which seemed to take the best part of my child's ability from her,' The event could be an acute infection, or a treatment that suppressed a portion of the case. I would like to state categorically that inappropriate homoeopathic treatment fits this description. From that point on, the light was blown out of the child. The child may be either dull or be hyper and inattentive. The child may be friendly, yet not sensing an appropriate border, may stand only two inches away from you joyfully asking you questions, oblivious of the fact that you are conversing with her parents."

6. Iodum & Iodum children

GHEGAS Vassilis (NEJH, 2, 3/1993)

These two are information gathered from Vassilis GHEGAS' books. Needless to say they are very valuable.

7. Cina

GHEGAS Vassilis (NEJH, 3, 1/1994)

Dr. GHEGAS says that it is dangerous to start a child with a remedy like Stramonium and perhaps the child needed Cina. Cina has many similarities with remedies like Stramonium, Tuberculinum. Cina may not touch the soul of the patient; so it is better to start with Cina and after calming the case one can go further with a deep polychrest.

The central idea of Cina - in the mental sphere - is itching, itching on the emotional sphere and itching on the physical level, itching without relief even after scratching.

The author goes on to **briefly** discuss the remedy schematically. Valuable study.

8. Stramonium The Suppressed Basic Instinct.

LASCHKOLNIG Christine (NEJH, 3, 1/1994)

Fear of the dark, which is one of the main themes of Stramonium, confronts us with our fear of coming into contact with our basic instincts. We should not overlook Stramonium in eroticism and sensuality. Suppression of basic instincts may need this remedy.

An interesting study.

9. Perceiving Rejection: Psychological Philosophical Perspective

BARVALIA Praful (IJHM, 29, 1/1994)

Rejection, i.e. Forsaken feeling is the central theme taken up for study and perceiving differential **Materia Medica**.

The author says "unless you establish similarity with the state of disposition which is in centre, you can never find curative medicine (Aphorism 211)"

Case of Magnesium muriaticum, Lac caninum, Pulsatilla (all 'Forsaken' remedies) are cited. 10. Perceiving Rejection through Repertorial

Perspective

MEHTA Tejal and DALVI Alpana (IJHM, 29, 1/1994)

Following words are used to classify various 'rejection's: Forsaken, Deserted, Abandoned, Isolation, Repudiated, Neglected, Slight, Ignored (all 'direct relationship' to 'rejection') and Despised, Loathed, Insulted, Degraded, Wronged (all 'indirect relationship' to 'rejection').

The authors discuss these terms in the light of Dictionary meanings and follow it with a study of the relevant rubrics in the **Synthetic Repertory**. Rubrics from Dreams Chapter like 'Dreams, desert'; 'Dreams forest, going astray in a forest' are also linked in this.

11. Portrait of Platina

SANKARAN Rajan (IJHM, 29, 1/1994)

Three cases are narrated briefly. The author says "to me, main feeling of Platina is 'she must be something special, super special, a great performer, then only she will be loved or accepted by others. Otherwise she will be cast aside, thrown, no one will value her.' This high performance, high status calls for some amount of 'cold bloodedness', cruelty. Achievement and ambition are the central points and for that they could do anything e.g. kill or be really cruel.

The author goes on to make a fine study of Platina.

This article also under 'Perceiving Rejection'

12. Lady who has suffered wrong.

BARVALIA Praful (IJHM, 29, 1/1994)

A 49 year-old married lady, who had a paralytic stroke. Past history revealed jealousy, forsaken feeling, excitability, anger, etc. She had dreams of a hooded cobra. She felt that she had suffered wrong.

Naja was her medicine.

13. The Child who was'slighted'

MATHUR Vanitha (IJHM, 29, 1/1994)

A 11 year-old girl with Urticaria. Her mother had 'mania for cleanliness', washed hands frequently and insisted her child also clean frequently. The girl felt that mother never had time to even plait her hair. The girl was mild, wept easily. Pulsatilla was her remedy.

14. Remedies of Rejections - Some Reflections through a Clinical Experience

MOHAN Vijaya and KASAD Kershasp N. (IJHM, 29, 1/1994)

The natural desire for love, acceptance, respect, honor, dignity etc. when thwarted leads to 'rejection'.

A 40 year-old male, born poor, grew up in poverty, later in the home for the poor, then had to lead a life of humiliation in his sister's home, became a rickshaw-puller and suffered various ailments including joint diseases, impotence and became disabled even before 40 years, was very much improved with Pulsatilla and he could resume his rickshaw-pulling. The mental status also improved considerably; only the impotence remained.

15. Sensitive, Strict, Stoic Lady -**Aurum metallicum**

MATHUR Vanitha (IJHM, 29,1/1994)

A 72 year-old widow; recurrent attacks of bronchitis since about 30 years; these date back to her last pregnancy when she was diagnosed to be suffering from Pulmonary Tuberculosis. She also had Hypertensin; indigestion; Constipated (takes large quantities of laxatives daily).

After her husband's death in an accident her sons fought among themselves and separated, while she kept neutral; her middle son is an alcoholic. All the family tensions made her 'stoic'; very religious; although she felt forsaken, outwardly she bore everything quietly, kept herself always occupied with household work; felt that her sufferings were due to her 'karma'.

Aurum metallicum improved her very much.

16. **Belladonna** als Mittel bei chronischen Sehstörungen (**Belladonna** as medicine in chronic visual defects)

WEGENER A. (ZKH, 37, 1/1993)

Belladonna is considered an 'acute' remedy. This is not true. HAHNEMANN has said in his Introduction to Belladonna "Belladonna, in the small dose just described is, if the case is homoeopathically adapted, capable of curing the most acute disease (in which it acts with a rapidity proportionate to the nature of the disorder). On the other hand, it is not less serviceable in the most chronic ailments, to which its duration of action, even in the smallest dose, amounts to three weeks and more."

A 25 year-old man with visual problems since four years: dark circles, and flakes appear before him during daylight; these are worse in sun-light inspite of his wearing very tinted glasses. Sometimes he becomes enraged due to this that he would knock his head against the wall or hit his head with his fists; restless; he himself thought that a ski accident was the cause.

Belladonna XM brought about a steady improvement and complete cure. An year later it was repeated for headaches without the visual disturbances.

The changed state of mind of the patient (paras 210 and 211) was the decisive criteria.

17. **Clematis** und der Zustand unserer **Materia Medica** (**Clematis** and the status of our **Materia Medica**)

v. KELLER G. (ZKH, 37, 1/1993)

Generally what we mostly learn about Homoeopathy is through "secondary" literature i.e. other than the original sources, namely the Proving. Over the years many errors have been added to the **Materia Medica**, including the **Encyclopaedia** of TF. ALLEN due to imperfect translations from the original German Proving. Especially after the publication of KENT'S **Lectures** it was thought that whatever essential was contained in such condensed articles and the study of the original Proving was abandoned.

The author attempts to show that such knowledge is not sufficient to select the correct homoeopathic remedy. One should not restrict

oneself to 'standard' pictures of the remedies, but should intensively study the **Provings** and find the remedy which most similarly matches the symptoms expressed by the patient.

With the help of a Clematis case the author demonstrates this point.

18. **Phytolacca- Organon**. VI, paras210-212
(**Phytolacca - Organon** VI, Paragraphs 210 - 212)

WEGENER A. (ZKH, 37, 2/1993)

The importance of the 'Mind' symptoms in the choice of the similar remedy is shown by a Phytolacca case. The relevant paragraphs of the **Organon** are cited.

In para 21 Oof the **Organon** HAHNEMANN says "... even in every so-called physical disease... the emotional and mental state is **always** altered..." And in respect of the medicines in para 212 he says "... there is no potent medicinal substance in the world which does not very markedly alter the emotional and mental state of a healthy man testing it, and each medicine does this in its own distinctive way."

Since every disease alters the emotional and mental state and every medicine during its **proving** produces alteration of the emotional and mental state, one must while comparing the symptoms of the disease with the remedy under consideration always look for the emotional and mental state in the remedy.

A correct interpretation of these paragraphs must be made.

19. "**Cancerinum**" und seine Beziehung zur Unterdrückung ("**Cancerinum**" and its relationship to suppression)
MEYER-KONIG P. (AHZ, 239, 1/1994)

An important aetiological aspect indicating Cancerinum is physical and emotional suppression. The author describes a case in which events in the life of a person arouses the latent cancerine miasm. This manifests when emotional and physical suppression takes place. In such cases Cancerinum helps self-realisation. The author also lists 21 questions which would help verify indications for Cancerinum:

1. Do you have stage-fright?
2. Is it very important for you for keeping appointments very punctually?
3. Do you experience Nature inwardly?
4. Must you adjust yourself to external compulsions from parents, teachers, employer or other fellow-men?
5. Have you observed in yourself a tendency to

adaptation to others' expectations so that you should not disappoint others?

6. Was your self-realisation obstructed thereby?
7. Were you during school days socially integrated or were only a marginalised person?
8. Have you fear of being disapproved?
9. Do you avoid altercations?
10. Can you repulse desires?
11. For this reason do you do your best to do right by everyone?
12. Has this development in you gone so far as to make you tired in fulfilling your duties?
13. Can you concede your own wishes?
14. Do you have a bad conscience when you fulfill your own wish?
15. Can you turn away your own right to live or do you have the feeling that you must gain your own right to live through accomplishments and good deeds?
16. Do you suppose yourself to be under pressure and thereby settle yourself under pressure?
17. Are you always dominated by the feeling that you must Justify and vindicate yourself?
18. Does the saying that a friend in need goes all out to help suit you? You help all, none helps you?
19. Do you feel uncertain when you make demands - also when you are entitled to it?
20. Do you have the feeling that others come to you and seek your friendship or must you go after others to make friends?
21. Have you determined that your children should not follow you and quarrel much with each other?

* * *

20. Homöopathie in der Betriebsarztpraxis - Kasuistik Vegetative Regulationsstörung, Schwindel (Homöopathy in Industrial medical practice - Case - Vegetative Regulation, Vertigo)

GLUCK W. (AHZ, 239, 1/1994) The author demonstrates the relevance of a General (Modality) Symptom in finding the curative remedy as well as the importance of referring to the **Materia Medica** through a case. This Rauwolfia case should stimulate further provings of the remedy. The author is consultant to the Austrian Society for Homoeopathic Medicinal Provings.

A 24 year-old man with circulatory disturbances

consulted the author. His disease was diagnosed as Vegetative regulations disturbance, Vertigo with chronic Obstipation. A suitable medicine could not be found with the aid of the presenting symptoms. Therefore the General Symptom "Physical exertion amel." and "Physical exertion, in open, amel." indicated Rauwolfia as the only remedy. (SR. Vol. II p.177) The remedy was studied in VOISIN's Materia Medica and found to fit the case. Rauwolfia 12 daily, cured.

Computer Analysis from **Mac Repertory** by David Kent WARKENTIN, gives a complete picture of this remedy, which is listed below:

1. Mind; ABRUPT
2. Mind; ANGUISH
3. Mind; ANXIETY
4. Mind; CATATONIA
5. Mind; COMPANYY; aversion to; alone; amel. when alone
6. Mind; CONCENTRATION; difficult
7. Mind; CONFUSION
8. Mind; DEATH; thoughts of
9. Mind; DELUSIONS; unreal, everything seems
10. Mind; EXCITEMENT, excitable
11. Mind; EXCITEMENT, excitable; alternates with; sadness
12. Mind; EXERTION; mental agg.
13. Mind; EXERTION; mental amel.
14. Mind; FEAR
15. Mind; FEAR; evil, of
16. Mind; INDIFFERENCE
17. Mind; IRRESOLUTION; indecision
18. Mind; IRRITABILITY
19. Mind; KILL, desire; herself, sudden impulse to
20. Mind; MEMORY; weakness of
21. Mind; MEMORY; weakness of; done, for what he has just
22. Mind; MISTAKES; speaking; spelling, in
23. Mind; MISTAKES; writing, in
24. Mind; MOROSE, cross
25. Mind; PROSTRATION of mind
26. Mind; RESTLESSNESS
27. Mind; RESTLESSNESS, night
28. Mind; RESTLESSNESS; bed, in
29. Mind; RUDENESS
30. Mind; SADNESS; mental depression
31. Mind; SCHIZOPHRENIA; catatonic
32. Mind; SCHIZOPHRENIA; paranoid
33. Mind; SUICIDAL disposition
34. Mind; THOUGHTS wandering
35. External Throat; GOITRE
36. External Throat; GOITRE; exophthalmic; Basedows disease
37. Stomach; AVERSION to; sugar
38. Stomach; AVERSION to; sweets
39. Stomach; DESIRES; cold drinks
40. Stomach; DESIRES; delicacies
41. Stomach; desires; sour, acids
42. Male; PASSION, sexual, diminished
43. Female; DESIRE, sexual, diminished
44. Female; MENSES; frequent, too early, too soon
45. Female; MENSES; painful, dysmenorrhoea
46. Sleep; DISTURBED; dreams, by
47. Sleep; DREAMS; accidents, drowning
48. Sleep; DREAMS; accidents; drowning; mother is, his
49. Sleep; DREAMS; anxious
50. Sleep; Body ; parts of; jaw broken
51. Sleep; DREAMS; body; parts of; teeth; breaking of
52. Sleep; DREAMS; dead; people of
53. Sleep; DREAMS; death of

- | | |
|--|--|
| 54. Sleep; DREAMS; death, of, dying, of | open in |
| 55. Sleep; DREAMS; disease; fracture of; jaw | 84. Generalities; FOOD; cold; drinks, water; agg. |
| 56. Sleep; DREAMS; disease; teeth; breaking off | 85. Generalities; HEAT; flushes of |
| 57. Sleep; DREAMS; drowning | 86. Generalities; HEAT; sensation of |
| 58. Sleep; DREAMS; drowning; mother had been drowned, that her | 87. Generalities; HYPERTENSION |
| 59. Sleep; DREAMS; journey | 88. Generalities; HYPOTENSION |
| 60. Sleep; DREAMS; teeth; breaking of | 89. Generalities; MOTION; amel.; continued |
| 61. Sleep; DREAMS; wasps | 90. Generalities; OBESITY |
| 62. Sleep; SLEEPINESS | 91. Generalities; PAIN; amputation, after |
| 63. Sleep; SLEEPINESS; overpowering | 92. Generalities; PAIN; muscles, of |
| 64. Sleep; SLEEPLESSNESS | 93. Generalities; PAIN, burning; externally |
| 65. Sleep; WAKING; midnight; after; 1a.m.-5a.m. | 94. Generalities; PAIN; stitching |
| 66. Sleep; WAKING; midnight; after; 3a.m. | 95. Generalities; PARALYSIS agitans |
| 67. Sleep; WAKING; midnight; after; 3a.m.-4a.m. | 96. Generalities; PLETHORA |
| 68. Sleep; WAKING; early | 97. Generalities; PRESSURE; amel.; hard |
| 69. Perspiration; CLAMMY, sticky, viscid | 98. Generalities; PSORA |
| 70. Perspiration; HOT | 99. Generalities; PULSE; hard |
| 71. Generalities; EVENING; 6p.m.-8p.m. | 100. Generalities; PULSE; hard; climbing, after |
| 72. Generalities; AIR; open; amel. | 101. Generalities; PULSE; hard; exertion, after sudden |
| 73. Generalities; ARTERIOSCLEROSIS | 102. Generalities; PULSE; irregular |
| 74. Generalities; COLD; amel.; air | 103. Generalities; PULSE; slow |
| 75. Generalities; CONVULSIONS | 104. Generalities; ROOM; agg; closed |
| 76. Generalities; CONVULSIONS; epileptic | 105. Generalities; STOOL; amel. |
| 77. Generalities; CONVULSIONS; epileptiform | 106. Generalities; SWELLING; in general |
| 78. Generalities; DROPSY; external | 107. Generalities; SYCOSIS |
| 79. Generalities; DROPSY; heart disease, from | 108. Generalities; TENSION; internally |
| 80. Generalities; DROPSY; kidney disease, from | 109. Generalities; TREMBLING; externally |
| 81. Generalities; EATING; while | 110. Generalities; WAKING; on |
| 82. Generalities; EXERTION; physical; amel. | 111. Generalities; WALKING; amel.; air, in open |
| 83. Generalities; EXERTION; physical; amel.; air, | 112. Generalities; WARM; agg. |
| | 113. Generalities; WEARINESS |
| | 114. Generalities; WEATHER; wet; agg. |
| | 21. Scorpion the Creature and the Remedy |

HYETT Sue (HLK, 3, 1/1994)

This study and comparison of the Creature and the Remedy - Scorpion - is based on the provings recently made by Jeremy SHERR. It includes material drawn from the Provings as well as **Repertory** rubrics.

In some works Scorpion is entered as Androctonus Amurreuxi Hebraeus (as in the **Complete Repertory**).

"The main areas of the **Repertory** where correlations between remedy and creature occur are **Mind, Generalities, Sleep** and **Eyes**. It is interesting to note some of the thoughts and language used by the provers, which I have listed here as 'scorpion language':

"Tried to **squeeze** a laugh from anything."

"He felt it was a game of who was cleverer and tried to **lie and outwit his friend**."

"Irritable, **snappy**."

"Felt like **tearing offenders to pieces with his bare hands**."

"Felt everyone were **creeps**."

"Fretful **biting** at times."

"**Wanted to kill husband and children**."

"**Lashed out** at everyone."

"Impatient, **snappy**."

"In the street **felt aggressive and very strong, that his umbrella was a knife**."

"Desire to **smash people up**."

"Desire to **pick an argument or fight**."

"**Great hostility to those around him**."

"**Stinging** observations and comments directed at his friends."

There is no guilt or remorse in Scorpion, like the female scorpion who eats her mate after copulation, or her own young.

"Pushed kids out of bed with no compassion."

"Things she would normally feel guilty about don't bother her."

"Cancelled an appointment without any remorse."

"I feel much more self-centred."

"Very changeable moods, one minute extremely friendly, nice, amiable, then irritable."

"Incredible upsurge of energy - laughing, felt very high, then low, then high again."

"Great swings of mood, better for eating."

The author compares the rubrics and symptoms as reflected in the study of the creature and the attitude towards it.

There are many similarities between the remedy and the zodiac image of Scorpio, and the polarity that is fundamental to any remedy is also present.

There are many similarities between Scorpion and Anacardium and they can easily be mistaken for each other.

(Attention is drawn to QHD, X, 1/1993, Section II. **Materia Medica**, wherein information on the Proving by Jeremy SHERR and others before him, may be found = KSS)

22. An Inadvertent Proving of **Ammonium Hydroxide**

WILLIAMS Henry (JAIH, 87, 1/1994) A 53 year-old jeweller suffered hypertension, chest pain, dizziness, dyspnoea, abdominal bloating, and Diabetes mellitus. His high diastolic pressure was controlled by Equisetum 6x t.i.d. Diabetic diet and Insulin controlled his Diabetes. The patient ultimately found out that all his ailments could be attributed to Ammonium hydroxide toxicity. Household Ammonia was in an open vat in his shop and he found that when he covered the vat his troubles became less, and in about 5 years he became completely well and without Insulin or oral medicines.

23. **Pyrite** - A Proving

WILLIAMS Henry (JAIH, 87, 1/1994) Having found in practice that Pyrite is useful in the persistent dry cough that has recently followed many cases of viral bronchitis, the author carried out a Proving of the drug on himself. For 7 days one grain of Pyrite 3x was taken twice a day.

The Symptoms that appeared are given below:

On the second day I became conscious of a tendency to cough which seemed to arise just below the Adam's Apple and be relieved by a slight cough, but returned in full force one-half to one hour later.

On the fifth day I became conscious of a degree of constipation without any change in diet or change in the size, volume, consistency or color of the stool.

A week after stopping the 3x all symptoms

subsided and Pyrite 6x was started four times a day.

After the first day the tendency to cough returned, this time becoming more frequent, worse on expiration, and relieved by inspiration. By the seventh day the cough was suffocating and produced a small amount of thick, mottled, yellow-buff and greenish sputum that came with little effort in globs that were not tenacious.

There was the need for more sleep.

A clarity of thought developed enabling me to see the solution of problems in logical steps.

The dosage was stopped after a week. After a week without medication, Pyrite 12x was started twice a day. No new symptoms developed, and the cough was never as frequent as with the lower potency, and no expectoration in relation to time of day, weather, or circumstance was noted.

The clarity of thought returned.

The medication was continued for a week and then stopped.

After three weeks Pyrite 30x was started twice a day.

Again, the day cough returned with the same characteristics as with Pyrite 6x

Constipation was again noted.

The need for sleep to feel refreshed was also noted.

The clarity of thought and ability to plan was not noticeable greater than with the Pyrite 6x.

Six cases treated with Pyrite have been reported.

24. Anhalonium lewinii

TARKAS P.I. (NJH, 3, 1/1994)

A brief **Materia Medica** of the remedy

25. Anacardium orientale

KASI VISWANATHAN T.K. (NJH, 3, 1/1994) A brief **Materia Medica** of the remedy.

26. Ginkgo biloba

GHOSH Jyoti (NJH, 3, 1/1994)

A brief **Materia Medica** of the remedy.

27. Vanity: Thy name is Platina

SONAWALA Sarla (NJH, 3, 1/1994)

A beautiful poem on the characteristics of the remedy.

28. Ein kleiner Indiumfall (A small case of Indium)

KLUNKER W. (ZKH, 38, 2/1994)

A 63-year-old woman was suffering since months with leftsided Peri-arthritis humeroscapularis.

The condition did not respond favourably to certain medicines administered. However, the patient said that the shoulder pain radiated to the elbow. The KENT rubrics of "Shoulder pains radiating to elbow" was added to the rubric "Shoulder pains left" and the only remedy that came up was Indium metallicum. The symptoms were verified in the **Guiding Symptoms** and found similar to the patient's complaint. A dose of Indium metallicum XM relieved the pains; however, three months later another dose was given for recurrence of the pains and since then the patient is free from the pains. The characteristic shoulder pains of Indium is thus confirmed.

29. Unusual Aspects of Remedies

GRAY Bill (The Homoeopath, 52/1994)

The article is based on a paper presented at the Society of Homoeopaths 1993 Conference at Keele University.

Remedies are understood from their Provings, the Key-Notes are discerned, then their 'essence' as one proceeds to gather personal experiences and when the remedy acts deeply in a patient some of the 'edges' of the remedy is understood. Three remedies are discussed in this regard: Cannabis indica, Nitric acid and Ledum, each with a case.

A 28-year-old young man, powerful, unbounded energy, rage; he could single-handedly assault and injure many persons when enraged. In the course of the interview when he actually exhibited such a rage, it was also observed that he had a quality of ecstasy. He felt 'high'; his eyes were unfocused as if he were stoned and in an etheric state; laughing in an irrational manner in the midst of the rage he was describing. Cannabis indica cured his condition completely including the Hypoglycaemia for which he had originally seen the physician.

Two cases to illustrate the ability of Nitric acid to read others' minds. One 35-year-old female in business of antique pottery. She was a hard, hostile person, involved in numerous lawsuits. She did astral travel in the night and in these astral travels to the Mid East she searched for old ruins for pottery. During her waking life, she physically travelled to these sites and dug for the pottery and this was so successful. She could read minds readily. Nitric acid was her remedy. Interesting changes came about her.

Another female 44 year-old psychotherapist with complaints of hair falling (in fact she had a very large amount of hair). Nitric acid brought about interesting changes in her; she could read the minds of others. All the thoughts she picked from other minds were negative.

Ledum is normally used for insect-bites. A 45-year-old male, Gay: loner, very fastidious, orderly and

irritated when anything happened out of expectation. The peculiar symptom was that he went to bed in the night with burning in his legs necessitating large applications of ice. After *Ledum* his arthritis symptoms dramatically disappeared and he calmed down considerably.

A 40-year-old Chiropractor with Lyme disease. This patient too was very orderly, etc. He was systemically chilly yet his joint pains were better by plunging into a swimming pool. *Ledum* single dose cured the Lyme disease completely and his personality also became soft and generous.

The author points out that he found fastidiousness as an element in *Ledum*.

The article is worth reading in full.

30. *Ca/carea muriaticum* and Group Analysis
SCHOLTEN Jan (The Homoeopath, 52/1994)

This article explains a method of case analysis called 'Group Analysis'. With this method it is possible to solve many difficult cases with little known remedies like *Calcarea muriaticum* and *Baryta nitrica*. This method is explained extensively in Jan SCHOLTEN's book 'Homoeopathy and Minerals'.

31. **Opium**

DEEKS Stewart (The Homoeopath, 52/1994) *Opium* is perhaps under-used in homoeopathic practice currently. This article is derived from various writings about the uses and abuses of *Opium*. A very interesting and educative one.

32. Remedy Masquerades
THOMPSON Michael
(The Homoeopath, 52/1994)

This brief article shows *Aristolochia clematitis* masquerading as *Pulsatilla*. Edward WHITMONT's **Psyche and Substance** has a chapter on *Aristolochia*, in which one could find many symptoms from his clinical experience.

33. Key-Notes of Uterine Haemorrhage - lesser known haemostats
Compiled by the Editor
(The Homoeopath 52/1994)

Erigeron canadense:

Affinities: UTERUS, BLADDER, stomach

Type: Bright red profuse

Modalities: agg. exertion

Concomitants: violent irritation of the rectum, bladder or urethra. Congestion of the head.

Peculiarities: epistaxis instead of menses. Lochia agg. motion

Ustilago maydis

Affinities: UTERUS - climacteric and

Type: mainly passive. Dark red with clots or dark stringy blood oozing or paroxysmal.

Concomitants: alopecia, recurring tonsilitis, FIBROIDS

Peculiarities: pain in ovaries during haemorrhage. Knotted sensations.

Trillium pendulum: all the mucous membranes

Type: active and passive

Modalities: agg. motion, amel. TIGHT BANDAGING

Concomitants: faintness, vertigo, bearing down sensations, fibroids

Peculiarities: as if back and hips would fall to pieces. Menses every two weeks lasting one week.

Other symptoms: bleeding after tooth extraction

Millefolium.

Affinities: capillaries of lungs, nose and uterus

Type: bright red, fluid

Concomitants: HIGH FEVER. Piercing pains

Haemorrhage after falls and injuries if *Arnica* fails

Mitchells:

Uterine haemorrhage with concomitant bladder or kidney complaints where no other remedy is indicated.

Thlaspi Bursa Pastoris:

Affinities: UTERUS

Type: very prolonged metrorrhagia and menorrhagia. Blood stains indelibly.

Concomitants. Fibroids. Aching and bruised soreness in uterus and back, cramps and neuralgic pains.

Vertigo, Chronic cystitis.

Other important haemorrhage remedies worth studying: *Crocus sativa*, *Hamamelis*, *Sabina*, *Secale cornutum*, *Ipecacuanha*, and the characteristic symptoms of polychrests such as *Phosphorus*, *Aconite*, *China* and the 'snake' remedies. 34. Two **Opium** Cases

McNEIL Russell (The Homoeopath 52/1994)

Case 1: A cat which was attacked by either another cat or dog and suffered from the fright although the mauled marks healed. *Opium 30* relieved the fright; a strange symptom however remained, viz., it crept under the carpet and slept for hours under the carpet and this too gradually wore off. A **black letter** symptom of *Opium* is "**people want to hurt him,**

creeps under covers''.

Case 2: A diabetic male with a sore on base of big toe, which was not painful. Opium 30. (Absence of sensation indicated Opium)

III. THERAPEUTICS

1. Rarely used...

KANSAL Kamal (NJH, 2, 6/1993)

Case 1: 36 year-old school teacher, with right-sided hemiplegia from cerebral infarction. He was afraid of rain. Elaps corallinus 200 one dose daily for 3 days and he improved.

Case 2: 60 year-old lady, with hemiplegia, complete left side. She was an old diabetic and hypertensive. Felt as if her whole left side was in ice. Extensive feeling of coldness in left side; hands and feet as if frozen. Heloderma 200 three doses brought about improvement.

Case 3: A lady with allergic rhinitis, with itching nose, as if ants creeping with violent sneezing and running nose. Arundc mauritanica 30 t.d.s. for a fortnight improved.

2. A Case of Epilepsy

SINHA Jayant Kumar (NJH, 2, 6/1993) **Case 1:** A 25 year-old man, with epilepsy since 20 years. Convulsions more in the evening and with consciousness. On the basis of the totality Sulphur 200 one dose daily for 6 days and he did not get attacks over 6 months.

Case 2: A 10 year-old boy, with convulsions since last three months, 12 to 14 times a day. He was always drowsy. Oenanthe crocata mother tincture 3 drops t.d.s. and improvement began immediately. Follow-up for over a month and no convulsions.

3. Angina? Homoeopathy wins
KRISHNAN Ranga (NJH, 2, 6/1993)

Case 1: Chest pain, restlessness in a man. Angina pectoris. While arrangements were being made, Arnica montana M every minute was given, three doses and when he reached the hospital he was calmer and pain was less.

Case 2: Author's husband with loud belching, with pain in chest, sweat running down his legs. Carbo vegetabilis M every 15 minutes relieved him.

Case 3: An executive suffered from recurrent non stop dry cough at 11 p.m. since 12 years. It would come annually, start suddenly, last for many days and stop suddenly (after 5 to 7 days). He had a car accident 12 years ago; he was jammed behind the wheel for some time and was pulled out some time after. Ruta

graveolens 200 cured. The cough never recurred.

4. An Anxious Patient-III
ELMORE Durr (NEJH, 2, 2/1993)

In the previous issue of the journal NEJH Roger MORRISON'S **Materia Medica** of Cocculus indicus was given as also illustrative cases. In this article Durr ELMORE presents a case of Cocculus. The case is given in first person. The case stresses the importance of waiting, says the author, instead of interfering. A /ery interesting and educative case.

5. An Anxious Patient - IV
HERSCU Paul (NEJH, 2, 2/1993)

What happens to the top layer if one does not recognize it as distinct from an underlying layer and inadvertently prescribes for that underlying layer? One of several possibilities is that the pattern of symptoms on the top layer can become accentuated, making it easier to perceive the symptoms which will guide you to the **simillimum**. In the case presented, Silicea 200 brought severe aggravation. On re-examination it was clear that whereas Silicea was the remedy for the underlying layer of the disease, it brought fuller image of the top active layer. Now, Cocculus 6 was prescribed t.d.s. and after a month a single dose of the 200 cured rapidly.

6. One Euphoric Patient
SHERR Jeremy (NEJH, 2, 2/1993)

A 34 year-old woman whose main problem is obesity; eats a lot to suppress her emotions. Clairvoyant. Confused identity - am I tall and thin or fat? am I masculine or feminine? etc. Felt as if there is a very bright light in the head as if more sun in my head than outside. Felt everything big, bigger than big".

Hydrogen 30 improved her.

Hydrogen has been proved by Jeremy SHERR and the **Materia Medica** of the remedy has been published by The Dynamis School.

7. Ovarian Cysts
FASSUER Kristy (NEJH, 3, 1/1994)

A 38 year-old woman with chest pain corresponding with ovulation, ovarian cysts, and eczema. Also recurrent urinary infections. Her predominant emotion was shame. Concerned about what others will feel. Strong need to please people.

Ovarian cyst right side, urinary tract infection, love of approbation:

Palladium.

8. Fear of vomiting

SALTZMAN Susanne (NEJH, 3,1/1994) A 9 year-old girl. Childish and silly sometimes; sudden tantrums; unmotivated to do any school work; inattentive at

school; constantly distracted; dislikes music; feels like vomiting when she sings. Extremely clingy to mother. Fear of sleeping alone, fear of dark. Lots of energy at night and doesn't settle down to sleep. Sleeps curled up like a ball on her belly. Loves to chew on ice.

Medorrhinum 200.

9. Dermoid Cysts

ADAMS Suzanne C. (NEJH, 3, 1/1994) 44 year-old woman with dermoid cysts on right ovary. Her parents were alcoholics. She was always on guard to handle volatile situations. Forsaken feeling. Nightmares. Walked in her sleep and broke things near her bed. Tense. Fearful of closed places. Fear of being raped expressed in her dreams. Stramonium M.

10. The Way to the Beast of Prey

LASCHKOLNIG Christine (NEJH, 3, 1/1994)

A woman with pains in her hands and feet; nodes on her fingers and she also had pains in her Achilles tendon. Worse when she moved, when it was cold and during the night. Knees hurt especially when bent down. Her skin was dry, flaky, unclean, very sensitive and irritated.

Stramonium selected on the Mental symptoms and Dreams cured. The analysis of the case is interesting.

11. Acute versus Chronic - An Unusual Otitis Prescription

HERSCU Paul (NEJH, 3, 1/1994)

A 44 year-old female with complaint of bleeding and pain in her right ear. A week before she had been given Staphysagria M. Her acute symptoms were repertorized but none of the remedies that came up seemed to fit the acute state well. However, since the patient had responded deeply to Staphysagria, the remedy was given in 200 potency and the pain resolved within few hours.

Lesson: The otitis was a return of an old symptom, and it returned two months after taking the remedy. After deep action at the emotional level the physical illness came up and since patient was still in the Staphysagria state responded well to the same remedy in a different potency, although the remedy did not cover the pathology well.

12. A Seizure Disordered Child

MITTMAN Paul (NEJH, 2, 1/1993)

An eight year-old boy with tonic-clonic seizure, characterised by an up-and-down movement of the mandible. The 'characteristics' of the patient indicated Stramonium and there was no seizure. His over-all behaviour etc. also were normal.

13. Aversion to Nursing in an Infant

CLARKE Savitri (NEJH, 2, 1/1993)

A six month-old Doy with history of Otitis media, and refusing breast feed. The remedy characterised by his other symptoms (Calcarea carbonica) acted very swiftly and he nursed within two hours of the remedy, his mood improved and he slept through the night. The remedy also highlights the lesser-known aspects of the remedy: aversion to certain family members.

14. A Case of Being Accident-prone

JONAS Julian (NEJH, 2,1/1993)

This brief case is interesting because of an unusual chief complaint (tendency to have accidents) and the relationship of this symptom with the curative remedy (Natrum sulphuricum). It also makes one wonder whether anything ever really happens by chance in our lives.

15. Asthma in a child

CROCKER Pamela (NEJH, 2,1/1993) A two year-old boy with asthma and allergies. Homoeopathic remedy and naturopathic life style (dietary advices) brought about very quick recovery.

16. A Case of Panic Disorder

VAUGHTERS Lucy (NEJH, 2, 1/1993)

Patients who are very anxious may call up the physician very often and keep demanding, complaining that their progress is not appropriate and their pressure may be so that the physician may be persuaded to change the prescription when it is not required to. The physician must be careful and evaluate appropriately if he does not wish to spoil the case. A case report.

17. The Sunshine Woman

HERSCU Paul (NEJH, 2, 3/1993)

A 45 year-old woman who works as a nurse; below average height and obese. Problem with adrenal gland, nervous break-down, tonsils removed as a child, mild hayfever, trouble sleeping, difficulty concentrating at work, difficult to do work on a timely fashion, depression with light menses.

Zincum metallicum

18. Common Complaints of Old Age

AMEJA Manmohan Singh (mfH, 4, 3/1994)

This is a collection of repertory rubrics pertaining to 'old age', from Mind to Generalities. Baryta carbonica covers almost all the rubrics.

19. Hiatus Hernia

MALHOTRA V.D. (mfH, 4, 3/1994) In a brief article the author says that Lycopodium 6 is a 'specific' for Hiatus Hernia; the author asserts that in his 50 years practice he never got a failure but that he saved many people from surgery. He also asserts that no other potency of the medicine (Lycopodium) will do good in these cases.

20. Therapeutic Pointers

LAKSHMINARAYANAN D. (mfH, 4, 3/1994)
 This journal proposes to publish 'Seasonal Remedies' and begins with the winter (cold) season, and discusses the leading remedies for this season. For 'frozen shoulder' it is suggested that Leucicum M - three doses once a day morning on waking and placebo 4 doses and if no relief give Sulphur 30 - 3 doses once a day and placebo for two weeks and if necessary then to repeat Leucicum M at longer intervals and if necessary higher potency.

21. Paralysis - Rectum - Involuntary stools after enema

LAKSHMINARAYANAN D. (mfH, 4, 3/1994) The author makes a very interesting observation in the opening paragraph thus: "This case is cited to illustrate my assertion that even in a comparatively small practice, the homoeopath can expect almost everyday something to interest and excite and there is no reason why veteran homoeopaths with sumptuous practice should go on repeating stale old cases of 20 or 30 years vintage when writing articles to journals."

A 72 year-old woman with paralysis and in hospital suffered from involuntary urination and stools. The involuntary stool came on after 'stretching' of the rectum sphincter for removal of impacted stools. Staphysagria not only stopped the involuntary stool but also the urination and later other homoeopathic remedies improved the paralysis also.

22. A Case of Persistent Nephrotic Syndrome
 WADIA S.R. (CCR, 3, 1/1994)

A 2 year-old boy with Persistent Nephrotic Syndrome. Treatment lasted two years and the main remedy was Natrum muriaticum from the 6 to CM potencies with intervening doses of Sulphur whenever the boy developed rashes during the course. Follow-up 20 years.

23. Mumps with Pancreatitis
 MISTRYD.E. (CCR, 3, 1/1994)

An 8 year-old girl with Mumps with Pancreatitis. This case shows how such serious diseases can be managed. This child was put on i.v. fluid, Gelsemium because of its listlessness and thirstlessness with Sulphur intercurrently. There is an interesting question raised by the author, viz: although the child was given Pulsatilla at the commencement for Mumps the diseases metastasised to the Pancreas.

24. Case of Chronic Rhinitis with Lower Limb Myalgic pains

MISTRY D.E. (CCR, 3, 1/1994)

A 42 year-old male. In this case the myalgic pains

of the legs were the most troublesome and the remedies used in order of sequence were Arsenicum album (without any effect), Penicillin (to drain the earlier Penicillin injections), then Sulphur and lastly Thuja which was the most effective and led to the cure. The whole treatment lasted for about six months.

25. A Case of Recurrent Bell's Palsy
 MISTRYD.E. (CCR, 3, 1/1994)

This is a very interesting case of a 32 year-old woman with Bell's Palsy of the left side. The remedy that cured her rapidly (within two weeks) was Cadmium sulphuratum The patient had suffered Bell's Palsy four years ago. "he author remarks that in his experience that was the first case of a recurrent Bell's Palsy. It is also interesting that the patient did not have the other symptoms of Cadmium like extreme chilliness, coldness and prostration.

26. Case of Gall Bladder dysfunction with Calculus

MISTRY D.E. (CCR, 3, 1/1994)

Repeated doses of Sepia (constitutional remedy) with Colocynth (SOS) relieved the ailments of this 36 year-old female.

27. Case of Haemophilia
 MISTRY D.E. (CCR, 3, 1/1994)

A six month-old boy, haemophilia This child was well taken care of by homoeopathic medicines, mostly by post, for a period of three years. Unfortunately at three years age he again suffered a trauma the child was operated for sub-dural haematoma and Homoeopathy was discontinued and Eptoin was substituted and within a few days the child suffered a second cerebral haemorrhage and died on the way to hospital.

28. Case of Oligospermia
 MISTRYD.E. (CCR, 3, 1/1994)

A 36 year-old male with Oligospermia; semen count 13.6 millions /m. Sulphur based on his totality, followed by Tuberculinum. Sperm count 40 millions/m.

29. A Case of Anal Fistula
 MISTRYD.E. (CCR, 3, 1/1994)

This 52 year-old male with multiple fistulae, and history of repeated vaccinations was given Thuja which improved him very much but before a cure could be had he went abroad. Vaccinosis and doubtful gonococcus led to the prescription.

30. Jaundice and Mumps
 MISTRY D.E. (CCR, 3, 1/1994)

Such diseases as Hepatitis and Mumps in children are a matter of daily practice in India, with almost always success. While in many potentised remedies are

used, in some mother tinctures of Chelidonium, or Carduus marianus are given with equally good result.

31. A Case of Sciatica

MISTRYD.E. (CCR, 3, 1/1994)

Left-sided Sciatica in a 46 year-old male; besides the sciatic pains, he had chronic coryza, sneezing, asthmatic attacks once or twice a year, history of eczema treated homoeopathically 20 years ago, history of dog bite and anti-rabies inoculations: father T.B. spine.

Lachesis, Sulphur, Tuberculinum (in that order); with the return of coryza Tuberculinum aware and the sciatica was relieved and the coryza also much improved.

32. A Case of Enteric Fever

MISTRY D.E. & AGRAWAL H.
(CCR, 3, 1/1994)

A 16 year-old male, with family history of Tuberculosis. History of repeated coryza, coughs and blocked nose. A dose of Tuberculinum was given two days after which he developed fever which was confirmed as Typhoid. There was his brother also with Typhoid and admitted in the hospital. However, patient also was admitted in the hospital and continued with homoeopathic remedies, Bryonia, Natrum sulphuricum as indicated. Blood tests showed positive for Typhoid and Paratyphoid. Typhoidinum and then Baptisia, later Thuja; after about a week, the symptoms indicated iycopodium which brought about the cure. About 5 months later this patient came with fever which tested positive for plasmodium vivax; alternate day, 10.30-11.00 hours; Natrum muriaticum on days he had the fever (after the paroxysm) and on the apyrexial days China. Within a week patient became normal and remains well.

33. A Case of CSF Rhinorrhoea due to cerebrospinal leakage

SHINDE Prakash (CCR, 3, 1/1994)

This is a 'strange' case in more than one way. An army-retired male was suffering from rhinorrhoea since about five months; it was dropping only from the left nostril, worse 1700 hrs. - 1100 hrs. No history of allergic rhinitis, etc. No relief despite consulting ENT surgeons and Neurophysician and Neurosurgeon. Teucrium Marum verum 30 t.d.s. for 7 days brought about 50% relief and when the relief did not proceed further after stopping the medicine, it was given in 200 and the symptoms began to become aggravated, and Teucrium M also did not improve. Now Teucrium 30 was again given

t.d.s. for a month and there was progressive improvement, leading to complete relief.

The nasal discharge was tested and it was confirmed to be CS **Puid**. There was no history of trauma, no headaches, etc. Perhaps the patient had a concussion without his knowledge.

It is also interesting to note that the remedy acted curatively **only in 30 potency whereas the higher ones did not**. (Perhaps the many failures, or lack of reaction etc. which we attribute to Homoeopathy, may actually be due to the fact that one has not, besides choosing **the** remedy, chosen the right potency and the repetition as may be needed = **KSS**)

34. Case of Nasal Polyp

SHINDE Prakash (CCR, 3, 1/1994)

This case is also interesting because the medicine was chosen on the basis of confirmed pathology but the symptoms nevertheless matched the remedy.

Author's father with history of chronic catarrh for which he was on allopathic medicines which kept him temporarily palliated. His rhinitis persisted and he was always on some drug or other (allopathic). After retirement also the trouble persisted. Decongestants and Nux vomica all did not give relief.

Consultation with an ENT Surgeon; diagnosed as bilateral nasal polyps obliterating the post-nasal region and advised surgery. Consultation with another senior ENT Surgeon was arranged and in the meantime the patient was put on Teucrium 30 (K.349; BOERICKE, p.638; CLARKE Vol. III p.1402-all pointed clearly to Teucrium).

Within an hour of administration of Teucrium 30 sense of well-being developed, slept better. He went on improving and in the next week when he consulted the senior ENT Surgeon the Surgeon was surprised at much smaller polyps. In 3-4 months complete cure. Teucrium was used upto XM.

35. Case of Pulmonary Koch's

IRANI S.H. (CCR, 3, 1/1994)

A 40 year-old married female with cough, high temperature, greenish rusty expectoration, shortness of breath, anorexia, tremendous weakness.

Past history of bilateral pulmonary Koch's treated homoeopathically. The patient's condition deteriorated, probably due to too frequent repetition of high potencies. All

medicines were stopped and put on dried figs soaked overnight and taken in the morning, white onion juice one teaspoonful with honey. Acupressure thrice daily, some points every two hours and in 15 days she felt better. X-ray after a month later showed regression in the lung lesions. Acupressure was continued which went on improving her and she put on weight too. After three months X-ray revealed further regression in the lung lesions. After eight months of Acupressure treatment the patient is on the road to total recovery and is leading normal happy life.

Simple home remedies and Acupressure cured this case totally.

36. Case of Cracks on Finger tips
AMBADAKAR Mrs. (CCR, 3, 1/1994)

A 38 year-old male with deep cracks on fingertips worse on thumbs, severe burning, occasional itching in cracks worse from contact with spices, salt, etc. slight bleeding from deep cracks. He was obese, dirty, not bathing daily. History of right-sided Bronchiectasis treated allopathically.

Sulphur followed by Graphites and in 7 days after Graphites there was rapid improvement; but his nails became painful, black with fungal type horny growths under the nails. Antimonium crudum 200 b.d. for 10 days and lastly one dose Nux vomica.

He now puts on clean dress, bathes every day.

37. Cyst - A Case Report
MISHRA S.C. (CCR, 3, 1/1994)

A 51 year-old unmarried man with Meibomian cysts left eye. Over a period of three years he was given Nitric acid, Hepar and Conium, and the cysts completely cured.

38. Case of Urinary Infection
KOTHARI Santosh R. (CCR, 3,1/1994)

A 21 year-old female, married. Recurrent attacks of urinary infections; began after the second child.

Pain abdomen 3 hours after eating, amel. stools. Dreams of black ghosts, snakes. Menses irregular. Family history of Diabetes, Hypertension, Cancer cervix, Cancer.

Pyrogen M and Mercurius corrosivus and then Lac caninum (in 50 millesimal) all remedies repeated over a period of about 10 months relieved the patient.

39. Short Cases

KEMKAR S.D. (CCR, 3, 1/1994)

37 year-old male with chronic Sinusitis since about 4 years; running nose, yellow watery discharge. Allopathic treatment produced gastric upset. Present complaint hoarseness of voice, burning in chest, bilious headache, nausea, headache worse morning and evening. Generally worse rainy weather. Aversion to company, to work, to talk. Natrum sulphuricum cured.

17 year-old male with corn in the right sole; painful, worse touch. Corns recurring which when cut grow. Sweat on forehead, arm-pits malodorous, stain yellowish. Offensive breath. Silica from 6x to 200 once daily for 15 days cured.

40. Avascular Necrosis: Homoeopathic Management

SHAH Pravin M. (IJHM, 29, 1/1994)

Case 1: 28 year-old man, mountaineer, suffered accident at a height of 21,000 ft. on June 13, 1974. He was hospitalised with dislocation of left hip-joint. After 6 weeks x-ray showed Avascular Necrosis of left head of femur. Advised total hip replacement surgery.

Calcarea carbonica 30 to M brought about remarkable improvement in about three months and in six months he recovered completely. Follow-up 20 years.

Case 2: 22 year-old female with severe pain left hip joint Diagnosed Avascular Necrosis, of both femoral heads.

Calcarea phosphorica 30 t.d.s., then 200, Tuberculinum M; this cycle repeated again and cured.

Physiotherapy and non-weight bearing exercises like swimming go a long way in the treatment of Avascular Necrosis.

41. Sensitive 'jealous' child: Case of Mucocele
BARVALIA Praful (IJHM, 29, 1/1994)

A 9V2 year-old boy with frontal Sinusitis and Mucocele. Brought up by a mother who was very strict and punished him for every minor 'misbehaviour', jealous of his sibling and his mother's attention to other children who came to her for 'tuition' fear of dark, fear of being alone.

Silicea, Tuberculinum bovinum. Borax again Tuberculinum bovinum, Hepar sulphuris were the remedies given to him over a period of about 5 months.

42. Abdominal Emergencies in Practice
MADHOK P. (IJHM, 29, 1/1994)

This is a brief write-up on Scrotal and Testicular diseases emergencies.

43. A Case of Oesophageal Diverticulum
KAPSE A.R. (IJHM, 29, 1/1994)

A 72 year-old woman, widow, complained of Dysphagia. Diagnosed to have traction diverticulum of the middle third of oesophagus following a barium swallow, since 2 years. Pain back, hypertension; history of fainting on contradiction. Diminished hearing. Plumbum was chosen on the basis of the particulars (Can swallow fluids only, but solid foods gag; stool balls like, black.) Plumbum repeated doses 30 to XM. Cured in about six months.

44. Diabetic Gangrene
SHETTY Prabhakar (IJHM, 29,1/1994)

Two Cases are narrated to point out that a Diabetologist, A Vascular Surgeon and a Homoeopath together can cure many cases of Diabetic Gangrene. In both cases Insulin was continued and homoeopathic remedies were repeated (Arsenicum album M t.d.s. in the first case; Sulphuric acid 200 every hour for 10 days, then Arsenicum album M three hourly).

45. A Case of Fistula in Ano
NIMESH Shukla (IJHM, 29, 1/1994)

This case very well points to the common error which almost every homoeopath commits, viz., prejudiced, biased judgement of the patient. In this case of a 64 year old writer Director, the physician was led to prescribe because he thought that the patient's description of himself was boasting. Sulphur was given which indeed gave palliation; later Tuberculinum given on the basis of family history brought about cure. The author learnt in due course that whatever the patient had said of himself was true and it was not boasting.

46. A Case from the hospital
GESOTA Beena (IJHM, 29, 1/1994)

A 25 year-old lady with pain, discharge from left ear; as a child of 3 years underwent right side tympanoplasty.

She had suffered a severe emotional trauma during her adolescence and took to alcohol; attempted suicide many times. Chronic nasal block for which uses decongestants. Being a sportswoman she suffered injuries and severe back pain. Averse to men. Sepia M relieved her. ENT Surgeon confirmed that the Cholesteatoma had indeed been cured.

47. Homoo-Quiz Herzneurose (Homoeo-Quiz - Heart Neurosis)
MULLER H.V. (AHZ, 239, 1 and 2/1994)

Dr. MULLER contributes a 'quiz' (a Case) in each issue of the AHZ and the solution i.e. the medicine chosen and the repertory analysis, in the next number of the journal. In this issue he has narrated verbatim

the patient's report.

He has had anxiety of heart infarct and fear of death and the complaints that develop due to this make him panicky. Because of this he is restless. When he feels confined as in the Church he feels constriction and breathless. Pain in the elbows. Recurring pain in the left knee particularly when beginning to move but beginning to improve when moving, again worsening when resting; worse when ascending stairs. Very sensitive to everything. He becomes sleepless when in anticipation. He prefers sky-blue color.

Psychoanamnesis follows in the patient's words. In the next number of the journal the repertory analysis (20 rubrics) and the remedy (Plumbum aceticum) is given and discussed.

An interesting exercise.

48. Der interessante Fall - Dermatomyositis (An interesting case - Dermatomyositis)
KÖHLER G. (AHZ., 23, 2/1994)

This article describes the long-term treatment of a patient with the clinical diagnosis of Dermatomyositis. The patient had undergone immuno-suppressive treatment and therefore there was lack of individualizing symptoms, and it was very difficult to select the remedy. The therapy was begun very carefully; first Ignatia (paralysis after emotions) was given and then the polemized blood of the patient (because of the previous immuno-suppressive treatment); followed by Kali muriaticum as indicated by the toxicological picture (muscular paralysis and spasms). After this last remedy a significant amelioration of the disease took place. The dysphagia which was part of the disease was not ameliorated until Causticum was prescribed. Plumbum was then given for increase of spasms. Nux moschata was the last remedy; the indication was the return of the sensation of dysphagia after anger and grief.

49. Erkrankungen bei HIV-Infektion (Diseases from HIV-Infections)
SCHWARZ Erik (ACD, 3, 1/1994)

Two cases are presented; both are women with HIV positive. Both were treated with (50 millesimal) Potencies. Whether they have got over the AIDS infection is uncertain, since differential serological tests are not available. It is, however, certain that they are now in a stable state. This is quite remarkable that they both have been HIV positive since long.

50. Dokumentation einer Langzeitbehandlung (Documentation of long term treatment)
MULLER Karl-Josef (ACD, 3,1/1994)

A large percentage of published cases have generally been stating that the patient received the

suitable medicine and a rapid permanent relief and cure followed. In day-to-day practice however, it would appear otherwise. A case report is presented here in which an elderly woman (66 years) underwent treatment for five years; the course of the treatment is reported. Interestingly the action of Tuberculinum Koch in an acute situation has been verified with a headache symptom. It also shows how important it is to improve the **Materia Medica** with reliable symptoms and link it to the **Repertory**. It is also interesting to observe the action of an unknown "small" remedy in a specific situation.

51. Chronische Pankreatitis (Chronic Pancreatitis)

RECKERS Winfried (ACD, 3, 1/1994) A clinically confirmed chronic Pancreatitis in a 69 year-old woman. She complained of abdominal colic, loss of appetite. She has been on allopathic medication. She also suffered from rheumatic pains. She had lost much blood due to a surgical operation for removal of cysts. It took her long to recoup. She suffered until four years ago, severe occipital pains almost every day and one day it simply vanished. Since the disease began and since her husband's death 14 years ago she has been taking daily Praxiten to go to sleep. Since some years she is worried about one of her sons who had given up a secure job and now works as a 'casual worker' without intention to obtain a regular good job. This has caused anxiety to the patient who is a widow of an Officer with a very keen sense of order. She took to heart even small matters; kept her house very clean and orderly. In spite of all these cares and worries she did not show it outwardly and moved about cheerfully. In autumn she always suffered depression and takes long walks and that made it better. Fear of thunder.

Natrum muriaticum Q6 and then Q12, Sulphur Q6 and then again Natrum muriaticum Q12 restored health. Follow-up: five years - remains well.

52. Fakta om HIV och AIDS (Facts about HIV and AIDS)

ANDERSSON Magnus & LUNDBORG Annette (HLK, 3,1/1994)

The information in this article was first compiled as part of a study course for alternative health practitioners. It includes information about the virus and how it is transmitted, the first stages of AIDS, the symptom picture, tests available to the Swedish public and a chronology of the disease. An appendix gives statistical information about the spread of HIV and AIDS in Sweden.

53. Case Report

ALMQUIST Lena (HLK, 3, 1/1994) This is a case of a 10 year-old boy who was suffering from recurrent

infections of ears, nose and throat and who was treated successfully with Silica.

54. An audit of prescribing **Natrum muriaticum** BLACKSTONE Victoria (BHJ, 83,1/1994)

The author says that out of 274 cases seen by her in private practice 73 have at some point been prescribed Natrum Muriaticum (26%) All these patients had chronic diseases. While this comprised of persons of all ages, 15 to 90 years age, 31.5% were between 31-40 yrs. 21.9% between 21-30 yrs., 20.5% between 41 and 50 yrs. and the lowest % were at both ends of life i.e. 15 and 20 yrs. and 71 and 80 yrs. 72.6% were female and 27.4% male. M was most frequently used potency and 200 the next. 20.9% showed no improvement. Interestingly Natrum muriaticum was very helpful in cases of musculoskeletal diseases; also menopausal vasomotor instability responded well to this remedy. The reputed indication of Natrum muriaticum in acne, depression, headache and oedema linked with salt and water metabolism, was confirmed in this audit. Prescribing was mostly on the mental picture of the remedy with consideration of the physical generals. Overemphasis on the pathology **was** possibly linked to treatment failure.

Two cases have been reported in detail.

55. Three 'anecdotes' - Food for Thought SOMPER Dennis (BHJ, 83, 1/1994)

Sixteen years from onset, a patient with motor neurone disease lives a normal life. A lady presenting with chronic myeloid leukaemia, the diagnosis confirmed by bone marrow studies, was treated with Busuiphan for a total of 5 weeks. 14 years later, bone marrow examination was normal and the condition could only be diagnosed from the Philadelphia chromosome. The course of treatment is indeed 'food for thought'.

56. Commentary - Clinical Pearls or Quackery? HOAGLAND Guy (JAIH, 87,1/1994)

The author discusses the application of 'unproven' treatments when experience, safety, and indications warrant. Such treatments constitute the 'art' and take into consideration the individual patient, as the situation may demand. It is also stressed that Acupuncture, Homoeopathy, Manipulative techniques are gaining popularity and primary care physicians are being called more and more to exercise this type of clinical judgement in order to provide most appropriate treatment to the patients. How should one decide on the appropriate technique?

The author proposes a systematic consideration and has put it into a diagram which is a breakdown of a medical decision process that allows for the integration of unproven treatments with a known record of safety. (It is unfortunate that Dr. Guy HOAGLAND has lumped Homoeopathy with 'complementary medicine', 'unproven medicine' etc. = KSS.)

57. Results of a Stud/ of the Homoeopathic Treatment of PMS

CHAPMAN Edward H, ANGELICA Jade, SPITALNY Gloria, STRAUSS Milinda (JAIH, 87, 1/1994)

The treatment of Pre-Menstrual Syndrome by homoeopathic medicine was tested using a placebo washout, double-blind, placebo controlled trial. The low percentage of women recruited who were able to participate (5%), and a very high response to placebo (57%) were unexpected findings. These factors led to inconclusive results with regard to the efficacy of homoeopathic treatment of PMS. A high correlation between PMS and a history of abuse was discovered in participating women. The implications of these factors for homoeopathic practice and research are discussed.

58. Clinical Snapshots

JACOBS Jennifer (JAIH, 87, 1/1994)

Case 1: Coryza with Headache: 43 year-old male, small business owner, with a bad cold since a day before. Sneezing paroxysms (1). Stuffy nose with watery discharge(1) Sore throat in a small area, worse swallowing, better warm drinks(2). Headache during the night - throbbing(1) in forehead and temples; better today than the preceding night. Chilly during the evening(2), until about 11 p.m. with slight fever.

Sabadilla 200

Case 2: Conjunctivitis: 33 year-old female with a "pink eye" since the day before with a lot of pus in the right eye(2), redness(2) and tenderness of the eyeball(1). Agglutinated on waking in morning(1). Burning and pulsating(1). Blurry vision. Has had a cold with swollen neck glands(1) for the past 4 days. Slight cough. Quiet mood.

Belladonna 30 3 doses, 4-6 hours.

Case 3: Viral Syndrome: 38 year-old female. Chief complaint of a bad cold for the past 2 days. Neck glands ache while swallowing or touching them(2). Ears ache. Dull frontal

headache(1). Stuffy nose; sinuses congestion. Very little discharge. Eyes hurt(1) and feel dull(2), heavy. Wants to close the eyes; difficult to think or focus; feels dull. Slightly warm, thirsty for cold drinks; aching back and neck.

Gelsemium 200.

59. The History of Schizophrenia
VANKAR G.K. (NJH, 3, 1/1994)

A brief exposition of Schizophrenia, the disease.

60. Schizophrenia - A Brief Outline
GOBINDA SEN (NJH, 3, 1/1994)

This is also a brief exposition of Schizophrenia. Schizophrenia is classified and then sub-classified into ten. The causative factors are (i) Biological - Genetic disposition Metabolic disturbances; Infectious disorders; (ii) Social factors - Maternal deprivation; Reversal of parental roles; Repeated exposure to stress and strain. The primary symptoms of Schizophrenia are under 4 heads: (i) Affective disturbance; (ii) Associative disturbance; (iii) Autism; (iv) Ambivalence.

Prognosis of Schizophrenia is generally good.

61. Schizophrenia - A Sane Reaction to an Insane Society

KOTHARI Manu (NJH, 3, 1/1994)

This is a brief but very enlightening article. In his characteristic way the author puts things succinctly. Symptoms of Schizophrenia are such that clinical diagnosis differs from clinician to clinician, continent to continent. The medicalese, the jargon used in texts and journals needs special lexicons to compound the confusion. The lay or learned reader is guaranteed a sense of schizophrenia while perusing any writing. "Schizophrenia has a life time prevalence rate of 1% across all cultures." If one lives in a placid and self-contained manner, believing that "what is, is right", there will be no dissatisfaction and no dementia. LAING described Schizophrenia as a sane reaction to an insane society.

62. Split Personality Disorders
BARVER. (NJH, 3, 1/1994)

While the Allopathic medicine offers limited pharmacological support in such states, Homoeopathy thinks that it can play a significant role in removing the symptom complex.

63. Understanding Schizophrenia
SHAW Jawahar (NJH, 3, 1/1994)

64. Isn't each one of us schizophrenic...?
SONAWALA Sarla (NJH, 3,1/1994)

A small and beautiful poem of four stanzas by this well-known homoeopath, who unfortunately is not amidst us anymore.

65. Nol Saddam No!

CHOKSI Mukul (NJH, 3, 1/1994) An imaginary story of the development of Schizophrenia.

66. Help! Help!! Help!!!
HUMRANWALA ³arinaz (NJH, 3, 1/1994)

A 15 year-old boy with Anxiety, Fear, Paranoia, etc. was improved with Anacardium orientate

67. The Son caused it.

SONI P.K. (NJH, 3, 1/1994)

A 35 year-old woman with discomfort and burning in epigastric region. Her son, 6 years, who said that he was accused and punished unjustly by the school, instead of his friend, came down with fever same day and since then feared going to school and slided down in school studies. The father said the mother was responsible for this sliding down and since then she developed the gastric problems. The boy was given Opium M and the mother placebo. Soon both became well.

68. Mamma -I wanna be married
PARTHASARATHY V. (NJH, 3, 1/1994)

A 30 year-old girl who developed relationship with a man many years older and also not suitable for her (in her parent's opinion), developed severe Schizophrenia, after this relationship was stopped by her parents. She was improved with Veratrum album, though she is yet to be 'cured'.

69. A Case of Schizophrenia with Renal Failure
KONDEKAR Prakash (NJH, 3, 1/1994)

A 17 year-old girl who had contested and won beauty contests, self conscious, artistic, fun-loving and easy-going developed delusions, heard voices. She also suffered right kidneyfailure. Thuja and Platina were her remedies.

70. The injured Innocent

GANDHI Mahesh (NJH, 3,1/1994) A 29 year-old man, engineering graduate became mentally ill after his marriage. Does not like his wife talk to any male other than himself; suspicious of all males; no courage to face reality. Mania for cleanliness. Obsessed with particular association of names. He had categorized everything and had so many categories that they got mixed up in his mind. He does not like anyone telling him to do this and do that. He opposed whatever his father said. Sensitive and distant from his parents. Appeared to be absorbed. Becomes angry when obliged to answer.

Very much dependent on his wife. Feels he is a big man. Undergone treatment from many psychiatrists without result; also had undergone homoeopathic treatment. There was history of concussion to head at 22 years age. Arnica XM brought about dramatic improvement.

Keeps distance, as if injured and hence wishes to keep off persons approaching him, was the state of mind which in essence indicated Arnica.

71. Ssh! I am hearing voices
SEHGAL M.K. (NJH, 3, 1/1994)

This interesting case of a 25 year-old girl in London, suffering from Schizophrenia, was cured with Helleborus 30, then Gelsemium 30 and lastly Belladonna 30, one dose each at long intervals. The treatment was on the famous Dr. Sehgal's method of 'mind' alone. The consultations were over the telephone.

72. The Dumb-struck Girl
GUNAWANTE S.M. (NJH, 3, 1/1994)

A 12 year-old girl, suddenly lost her speech. A cousin of hers, a boy of 14 years age, was to be brought to her house, which the girl stoutly opposed. She refused to say why and behaved angrily. Inferring that the opposition was due to possible misbehavior with her earlier and her anger, etc. Natrum muriaticum XM was given and next day she spoke!

73. The Girl who soiled her Linen
SONAWALA Sarla (NJH, 3, 1/1994)

Case 1: A 16 year-old girl lost her mother when she was 12 years age; she took charge of the house after mother's death. Her father remarried (his wife's sister) and all was well, when one day the girl was pulled up by step mother for breaking a precious glass. Since then the girl sat in a corner, did not move from there and soiled her clothes too! Hyoscyamus 200 once daily for 15 days made her clean but she still held the corner. The medicine was repeated for another fortnight and nothing further was heard.

Case 2: A widow with 3 sons, one of whom was well-settled, died leaving a widow and 2 children. The second son lived in Canada and refused to return home. The third son was; more or less a vagabond. He spoke of his interest in a married woman near his house; he showed temper tantrums, breaking things etc. Staphysagria M one dose daily and in a week he stopped throwing and breaking things. Natrum muriaticum M one dose daily for three days followed. This prescription of Staphysagria and then Natrum muriaticum in ascending potencies was continued for a long time with intercurrent doses of Tuberculinum and the patient began to help his mother in household work. He however remained a parasite on his mother.

74. Living in her own angry World
ROY Sosi (NJH, 3, 1/1994)

A girl (age?) who has been ill (Schizophrenia) for past ten years; she did not respond to anyone but went on chastising someone before her; she had an angry look; did not bother to eat, excrete, etc. The elder sister of the patient was requested to give details about her own life which revealed that she was very meticulous, fastidious, etc.; also that her schizophrenic sister too was same. The ailment began one day when the patient and her brother had been to the market where they met a friend of her brother and as they were conversing, some persons came and began to mercilessly stab this friend; the girl ran back home crying "the police are coming". The mania for cleanliness and fear of police coming indicated Arsenicum album. A 50m was dissolved in water and administered every 15 minutes, everytime the solution to be given ten succussions. Three days later the patient came and declared that she was well and she did behave well!

75. The Resurrection
BALAKRISHNAME. (NJH, 3, 1/1994)

Case 1: 22 year-old young man suddenly ran away from home; when traced after three days in another city and brought back home, he was in a state of disinterest in studies, uncleanliness about surroundings and his own self; he remained closeted in his room without mixing with anyone; sleepless nights. After two months treatment with Psychiatrists, he was brought for homoeopathic treatment. The patient confided to the homoeopath that he was constantly preoccupied with sexual thoughts with great desire to masturbate. Staphysagria did not help. He was then given Ustilago 6 b.d. and in a week recovery began. He graduated and is working well as an Engineer.

Case 2: A 57 year-old man was assaulted and robbed while travelling in train; was hospitalised and developed prolapse of rectum and an abscess; he was dazed and couldn't recognise his people. After failure of treatment at the Govt. hospital (including psychiatric) he was brought for homoeopathic treatment. Arnica, followed by Calcarea carbonica and then Ruta relieved the prolapse and abscess. He now began to be violent, keeping on chanting mantras, talking of Vedanta, etc., praying; spoke as if in communication with God. Stramonium M t.d.s. for 3 days and Passiflora 20 drops t.d.s. for 3 days cured.

76. The Soft-hearted Professor

PAUL Subash Chandra (NJH, 3,1/1994) A 49 year-old man, Professor of History, with mental depression, sinking feeling on hearing any bad news, fear of death, fear of disease, irritable, angry when contradicted, indignation about his political career, sad but could not weep, soft-hearted; weak digestion, appetite wanting.

After his father's death, he felt very sad, but could not shed even a drop of tear. Nux vomica 200 two doses one per day followed by Thuja 30 (history of vaccination in childhood) four doses, one every week and then Natrum muriaticum M two doses 12 hourly, repeated after about a month and half (had tooth extraction for which took allopathic medicine). Doing well. Occasional doses of Rauwolfia serpentina 3x when blood pressure is high.

77. Am I a Fool?

UPADHYA Sameer (NJH, 3, 1/1994) A 23 year-old muslim young man, developed vertigo, with tinnitus; the vertigo was worse when he stooped and bent during prayers. Irritable, angry, denying all religions, but believing in God, violent for least cause, obstinate. When angry would throw things at persons and break them. Quarrelled and abused at every minor incident at home and the office. He instigated people to riots, communal tensions, etc. However, he repented to every act of anti-religious nature. Indolent and feeling of being unfit for every work.

Crocus sativus M two doses on one day brought about improvement (after Anacardium, Lyssin and Mercurius failed) after aggravation of the tinnitus for week. After four months the remedy was repeated when he complained of vertigo. Remains well.

78. Homoeopathy; The healing touch
RANGA KRISHNAN (NJH, 3, 1/1994)

Case 1: A young female doctor, wife of an Air Force Pilot, suffered from remnants of extensive burns of third degree in the left leg and thigh with thick keloids of various thicknesses. Although an allopathic physician she refused hospitalisation and allopathic treatment (grafting). She also suffered from Dysmenorrhoea, Dysuria and Anal itching worse nights. History of fracture of L2-L3 transverse process after a fall in 1988. Chicken Pox in 1991. Family history of Breast Cancer and suspected Hodgkin's disease. Nightmares in which she saw her near and dear ones burning. Intense depression.

Radium bromatum 200 was given. Over an year it was repeated six times. The healing was steady and remarkable all round. Her mental state improved and the keloid went on thinning. Tuberculinum M one dose and Calendula 30 and Bellis perennis 200 were also given later as required. Healing was total.

Case 2: 23 year-old research scholar with epigastric burning pains since 3 months, which lasted 1 - 3 hours. Pain better lying prone, bread and cold milk. Worse in morning between 5-6 a.m. Desire for spicy and oily food which aggravated. Loved Music, reading History and Philosophy. Tendency to sprain ankles. History of Measles, Chicken Pox and Mumps prior to puberty. Family history of Gout, Diabetes and Cancer of

stomach. Frightened of small insects, darkness and cats. Has an ugly thick scar on face, neck, upper shoulder, and forearm on the right from third degree burn at about 5 years age, from a cracker accident. In spite of plastic surgery there was keloid formation. She said that every wound would invariably heal with keloid.

Radium bromatum 200 one dose and her epigastric pains vanished and her skin improved.

79. Schizophrenia: Homoeopathic Approach
DHARI Dushyant Kumar (NJH, 3, 1/1994)

The author discusses 12 remedies: Anhalonium lewinii, Chlorpromazine, Haloperidol, Kresol, Levomepromazine, Psilocybe caerulescens, Rauwolfia serpentina, Reserpine, Sulfonilamide, Thalamus, Thioproperazine, Thuja lobii.

80. Behandlung eines chronischen Falles unter Beriicksichtigung der Gesamtheit der Symptome (Treatment of a chronic case considering the totality of the symptoms)
FURLENMEIER M. and STAHLKOPF A.
(ZKH, 38, 1/1994)

In actual practice much difficulties are experienced when cases present with poor number of symptoms or poor in characteristic symptoms. In the latter case we have to find the suitable remedy by considering the totality of symptoms for which we must have efficient instruments and the user must also know how to use these instruments.

The authors report a case of Psoriasis which was eluding improvement for over an year. The case was worked out with the aid of Repertory Cards (based on BOENNINGHAUSEN and BOGER) which carry the Genius symptoms. Graphites came up as the similar remedy; this was verified with the help of KENT'S Repertory. Graphites cured. The case highlights the use of BOENNINGHAUSEN Cards.

81. Casuistic: **Apis** (Case: Apis)
KELLER G.v. (ZKH, 38, 1/1994)

This is an interesting case in which the author has verified a 'peculiar' symptom. A female patient 26 year-old, was earlier prescribed Sulphur for eczema of the palm, itching nightly, worse warmth. Every drop of water on the part caused burning like fire. Although Apis was thought of it was not given because of the aggravation from water. The patient when she came again said that the eczema which now was interdigital was worse from perspiration, and itching and scratching and that now the itching was better from cold bathing. The earlier prescription of Sulphur was not correct and Apis should have been given; in 'American Provings' (HERING) of Apis the following symptom is mentioned: Never before has she experienced such a rapidly appearing and such rapidly disappearing

swelling, as after taking the tincture. **Cold water on the affected part could not be tolerated, she said: it burnt like nitric acid.**

82. Eine typische "Placeboheilung" (A typical "Placebo cure")

KLUNKER W. (ZKH, 38, 1/1994)

Through this case the author impresses that the high potency, single dose cures are not placebo action but pure homoeopathic remedial action. A female patient reported that her husband, an inconspicuous political worker, drank every evening beer and brandy, became aggressive, violent, abusive, chased her with a knife threatening to kill her, etc. All his symptoms fitted Nux vomica and a XM powder was given to her directing her to give it to her husband in his drink. The result was as expected. No more violence, no more aggressiveness and no more drunkenness.

The case is reported only to point out that neither the wife, nor her husband knew anything about the remedy; the remedy was given unknown to the patient. The effect cannot therefore be attributed to "placebo".

83. Werden Krankheitserreger durch hombopathische Erstverschlimmerung vermehrt? (Do the disease-causing organisms increase during the homoeopathic preliminary aggravation?)

SRINIVASAN K.S. (ZKH, 38, 2/1994) The author observed that in three different patients - all the three girls in their teens - who were being treated with Psorinum for eruptions on the scalp and lice, the lice population also increased dramatically during the period of aggravation of the lesions on the scalp. The question raised is whether the homoeopathic remedy could cause increase of organisms and when the aggravation is over the organism also decline?

84. Case of the "Cool" Man
MANKANI MeenaT. (HH, 19, 1/1994)

A 37 year-old man, tall, dark and well-built, married with two children, with complaints of urticaria, dyspepsia and recurrent left-sided headaches since four years. Although he spoke softly and very politely he seemed to be having much rage inwardly. He described himself as being always cool, never wept or felt anxious at any time of his life, not got ever depressed or highly elated. He said that he never got involved with any members of the family, was not sentimental, etc. Although cool, when he becomes angry he became very bad. He gets attacks of dyspepsia and then he becomes panicky and rushes to his cardiologist. No abnormality was found by the cardiologist.

Anacardium orientate XM (Contrariness; Unfeeling, hard hearted; Egotism; self-esteem; violent, rage leading to deeds of violence)

85. A Case of G-6-P-D deficiency
DEY S.P. (HH, 19, 1/1994)

A 6 year-old boy with Glucose 6-phosphate dehydrogenase deficient syndrome on allopathic treatment in the hospital. In spite of two years of treatment no satisfactory progress was found and hence came to Homoeopathy. He had: susceptibility to colds, chronic dry cough worse in the summer and rainy seasons and in the morning after waking and in the evening; cough better in winter; extreme anorexia with progressive weight loss; urine occasionally mixed with blood; allergy to Sulpha group of drugs; itching anus in evenings. History of Ophthalmia neonatorum, haemoglobinuria at 4 years age. A number of homoeopathic remedies as indicated from time to time from Iodum to Nitric acid, Pulsatilla, Morbillinum, syphilinum - during the period from March 1987 to August 1993, until the G-6-P-D deficiency was no more.

86. Cure of a Haemorrhagic Papilloma within
Thirty seven Days
CHATTERJEE Ardhendu Sekhar
(HH, 19,2/1994)

A boy of 13 years, with a haemorrhagic papilloma under the tip of tongue for which surgery has been proposed. The papilloma has been there since three months, repeated bleeding when it got bitten accidentally. He had urinary problems, strong smelling urine, irresistible urge since circumcision; frontal headache since 5 years age, agg. in sun; amel. pressure; sleep; rheumatic pain of legs agg. at new moon and full moon; amel. on tight binding.

Acidum nitricum 200 and 28 days later M completed the cure.

87. Keloid cure

RAMANATHAN A.N. (HH, 19, 3/1994) The author draws attention to a study by the Swedish Medical Council which revealed that application of ordinary Zink tape on the scars reduced the keloids to the level of the skin and also reduced the itching and redness. Possibly Zinc. 6 may be applied externally in Oil of Olay base and the results watched.

88. **Medorrhinum** in Management of
Schizophrenia

RAPHEL SUSHIL (QH, 3, 1/1994) Schizophrenia is a difficult condition to be cured totally. The author reports six cases of Schizophrenia from his practice; in the first two cases he was not successful; however, the next four cases in which Medorrhinum was given in high potency, the results were satisfactory. The author feels that Medorrhinum is a very important remedy in this disease.

89. Asphyxia due to suppression of eruptions
cured with Cina

- MISHRAS.C. (QH, 3, 1/1994)

A 9 year-old girl was prescribed Pulsatilla 30 three doses, one pill per dose, for clustered pimple-like eruptions on the cheeks and the next day she developed Asphyxia-like breathing difficulties. Treatment in the hospital and later by a Psychiatrist did not cure. She was again brought to the author who had given her earlier Pulsatilla 30 which being unhomoeopathic to the patient's condition, suppressed the eruptions and brought on the respiratory distress. Cina 200 (Constant disposition to swallow, during sleep) which brought out the eruptions on the cheeks on the next afternoon and then faded away. The Asphyxia also disappeared.

90. A New Research Field
JAMES K.J. (QH, 3, 1/1994)

The author says that following the theory of Tridosha expounded by Dr. BHATTACHARYA, he has found great success with 'septanate mixtures' and other mixtures; these are mixtures of homoeopathic potencies of different remedies.

IV. VETERINARY

1. Chronic Haematuria in a Dog: Finding the
Small Remedy
LEVY Jeffrey (NEJH, 2, 1/1993)

Veterinary Homoeopathy provides a unique opportunity to treat end-stage pathology, because veterinarians frequently encounter seriously ill and dying animals. In Veterinary cases we can see the direct effect of the homoeopathic remedies without the doubt of a placebo effect.

Prescribing for animals is a challenge because there is no 'Sensation as if, or 'Mind', 'Dreams', 'sleep position' etc. The article describes one way of finding a small remedy in a veterinary case. The patient is a five year-old spayed female German Shepherd cross. Haematuria was her main symptom. After studying all the symptoms she was prescribed remedies such as Pulsatilla, Phosphoric acid, Hepar sulphuris, etc. which all helped, but it was Terebinthina which ultimately brought about full restoration of health.

2. Hyperkitty and Lumpy
LEVY Jeffrey (NEJH, 2, 3/1993)

"As is the case for nearly every remedy, the pictures of Iodum and Iodum salts in dogs and cats are essentially the same as in humans, but a canine or feline version. The remedy essence is the same."

A 15 year-old male cat with elevated Thyroid hormone (T4), rapid weight loss and lethargy, tachycardia, profound hypokalemia. External throat: Goitre. All symptoms including Generals, behaviour,

etc. and Sulphur iodatum in ascending potencies brought about remarkable improvement.

A5 V2 year-old dog (male) with sebaceous cysts two years earlier. Six months ago impacted glands and in 1992 suddenly developed several cysts. Alopecia, itching, treated with steroids. Developed immediately two scapular masses, right sided, and enlargement of the prescapular lymph node, these were surgically removed, and histopathology said Basal Cell Carcinoma.

Past history, the totality of presenting symptoms, all considered and Calcarea iodata was **given** and he became "his old self".

In the first case the Sulphur symptoms as well as Iodum ones in part came up and in the second Calcarea carbonica and Iodum; hence the prescription of Sulphur iodatum and Calcarea iodatum.

3. That Old Gray Mare: She Ain't What She used to be

GRAY Bill (NEJH, 2, 3/1993)

A horse that was given injections of Iodine for lameness of knee developed Iodum state, glands swollen, dry skin, appetite big but becoming emaciated, Iodum brought back the knee pains; Chamomilla cured the lameness.

V. PHARMACOLOGY

1. Importance of the 3c trituration in the manufacture of Homoeopathic Medicines.
DELLMOUR F. (BHJ, 83, 1/1994)

Based on the original trituration of gold made in 1818, HAHNEMANN introduced the trituration to the 3c as a general method for use in homoeopathic pharmacy from 1835 onwards, thus distancing himself from the use of solutions and mother tinctures. He found that 3c triturated medicines were more effective, with constituents retained to a much higher degree and improved storage qualities.

This article is a revised version of a paper read in the LMHI Congress held at Vienna (see p.93 of QHD, XI, 3&4/1994). (Are our pharmacies manufacturing homoeopathic medicines in this manner? = KSS)

VI. RESEARCH

1. Ways to enhance the quality and acceptance of Clinical and Laboratory studies in Homoeopathy
LINDE W., MELCHART D., JONAS W.B.,
HORNUNG J. (BHJ, 83, 1/1994)

Three ways to enhance acceptance and

publication of clinical trials in Homoeopathy and confirmatory laboratory studies on serially agitated dilutions proposed. First: the use of methodology and presentation check-lists to increase the quality of original papers on research. Second: to prepare an extensive report available to interested persons if a published report does not include all relevant details. Third : establishing a pre- registration data-base for all confirmatory projects of research in Homoeopathy.

VII. HISTORY

1. Epjsodale Homoeopathie - Erinnerungen an Karl KOTSCHAU (1892 - 1982) (Episodal Homoeopathy- reflections on Karl KOTSCHAU (1892-1982)

SCHMEER E.H. (AHZ, 239, 1/1994) This is a brief history of the so-called 'Scientific Homoeopathy' School in Germany which dealt with low potencies, animal experiments, etc. and attempted to integrate with the Allopathic School of Medicine.

The experiments and role of Dr. Karl KOTSCHAU in this regard are recalled.

2. History and relevance of the 6th edition of the **Organon of Medicine** (1842)

SCHMIDT Josef M. (BHJ, 83, 1/1994) For the first time, 150 years after HAHNEMANN completed his VI Edition mss. of **Organon** a 'text-critical' edition of this valuable work has been made available to critical readers, thanks to Dr. Josef SCHMIDT. In 1992 he published (Haug Verlag, Heidelberg, Germany) the text-critical edition, exactly as found in the HAHNEMANN hand-corrected copy, i.e. the manuscript of the VI edition. The most important deviation in the VI edition, viz. the LM potencies can now be verified to be HAHNEMANN's own and need not anymore be doubted.

The author traces the history of the manuscript of **Organon** changing hands, preserved carefully by devoted homoeopaths and its current safe-custody with UCSF Library, USA. The course of development of potentiation culminating in the LM potencies are discussed.

VIII. GENERAL

1. Dysis VS. Disease
KOTHARI M.L and MEHTA LA. (mfH, 4, 3/94)

The authors are well-known for breaking a bold path and breaking many medical myths, including many unnecessary EKG, ECG, heart surgeries, etc. A highly stimulating, thought-provoking article.

2. "Cure for T.B." Myth or Mystery?
VIJAY KUMAR R. (mfH, 4, 3/1994)

The author traces briefly the history of the

discovery of the Mycobacterium Tuberculosis in 1882 by Robert KOCH, the BCG and the subsequent attempts to cure and prevent Tuberculosis and concludes that "though man has become clever, the bacteria has become cleverer and the issue of treatment of Tuberculosis appears more a mystery than a myth."

3. Zum Verhältnis von Homöopathie und Psychoanalyse/Psychotherapie (Relation of Homoeopathy and Psychoanalysis/ Psychotherapy)

APPELL R.G. (AHZ, 239, 2/1994)

Homoeopathy and Psychoanalysis show interesting similarities in their essential aspects. These begin with the life of their founders HAHNEMANN and FREUD, the development of the theory and practice, and extends to their respective case-taking techniques and Mela-theory. As theory of the Individual Homoeopathy as well as Psychoanalysis represent an opposite pole to the Social and Scientific mainstream-ideas, an opposite pole which should be insisted upon.

4. Klinische Symptome und Veröffentlichungen von Kasuistiken (Clinical Symptoms and publication of Cases)

REIS Stefan (ACD, 3, 1/1994)

The development, evaluation and usefulness of clinical symptoms are discussed in this article. The "**Guiding Symptoms of our Materia Medica**" is critically examined. Attention is invited to the Foreward of HERING to his "**Guiding Symptoms**" wherein it has been pointed that a cured symptom is not as valuable as a symptom that has been produced and cured. The author points out that HERING edited only the first two volumes and a part of the third volume of the **Guiding Symptoms** and the subsequent volumes were, after HERING's death, edited by C.G. RAUE, C.B. KNERR, and C. MOHR, who did not follow HERING exactly. The symptoms of Palladium are examined in this reference. Some guiding principles for publication of case reports are proposed.

5. The Semantics of Homoeopathy
GUAJARDO German, SEARCY Roberto, REYES Oscar (BHJ, 83, 1/1994)

Homoeopathy is receiving more attention from the Print Media; it is often referred to as a form of 'alternative' or 'complementary' medicine. This results in the marginalisation of Homoeopathy and tends to equate Allopathy with Medicine. In fact Homoeopathy is a medical speciality and our semantics should reflect this. The authors quote the following from the **Homoeopathic Research Reports**, Winter 1991: "... Dutch physicians, 45% of whom think that

homoeopathic medicines are efficacious in treating upper respiratory tract infections or hayfever. It may no longer be appropriate to consider Homoeopathy a part of 'alternative medicine', especially when you consider that surveys have determined that 32% of French family physicians and approximately 25% of German physicians prescribe homoeopathic medicines and 42% of British physicians refer to homoeopathic physicians."

There is need to improve our courses and incorporate inter-disciplinary topics. The use of the terms 'dilutions' and 'potency' is also discussed.

6. Respecting the Patient

CASTRO Miranda (JAIH, 87, 1/1994) This paper was presented at the 1992 AIH Conference, Falls Church, VA, USA. It deeply explores many issues relevant to clinical practice today; among them, the imperative that we respect the patient; power in the consulting room - imploring us to utilize the power our patients bestow upon us in a wise and conscientious manner; the value of clinical supervision to clarify our perspectives and defuse our emotional reactions to some of the stories we hear; the flaws of the practitioner, - how our blind spots for patients may reflect blind spots within ourselves; the perils of projection (transference and counter-transference) and the many benefits gained from recognizing it; sexual abuse in the clinic - its inappropriateness and how to recognize the more subtle forms of it; the value of practitioner-patient communication and the importance of simplifying it. (Please refer to 'General' section of QHD, XI, 1&2/1994 also = KSS.)

7. Deutsche Hochschulschriften zum Thema Homöopathie aus den Jahren 1986-1992 (Articles on Homoeopathy in the German Scientific journals)

VOLZ, P.D. (ZKH, 38, 1/1994)

This is a bibliography of articles on Homoeopathy that appeared during the period 1986-1992 in German Scientific journals. 43 articles have been listed.

8. "Hydrohomöopathie"? - Die Kaltwassertherapie (Hydrotherapie) in der homöopathischen Literatur um die Mitte des 19. Jahrhunderts ("Hydrohomoeopathy" - The Cold water therapy (Hydrotherapy) in the homoeopathic literature of the mid-Nineteenth Century)
WILLFAHRT J. (ZKH, 38, 2&3/1994)

Already before the middle of the Nineteenth Century, notable homoeopaths tried to unite "cold water cures" (Hydrotherapy) with Homoeopathy. Their intention was to heal signs of diseases, which should have been

more difficult to manage with Homoeopathy alone. This medical endeavour was doomed to failure. No compelling approach to the way, in which this procedures should be combined, could be formed. Though both are based on the support of the "self healing" powers of nature, they are not at all dependent on each other. The conceptions of humoral pathology were not compatible with classical Homoeopathy. Nevertheless many homoeopathic physicians and lay healers under the influence of the "the Nature Cure" movement applied hydro-therapeutical methods in their practice till the 20th century - incidentally within or beyond their proper homoeopathic therapy. 9. Why our daughter will not be having the

Measles, Mumps and Rubella vaccinations.
THOMPSON Trevor (The Homoeopath, 52/1994)

Much has been written over the years on the adverse effects of the vaccinations and also the question whether they are essential. In this article the author, an allopathic doctor studying Homoeopathy with the Homoeopathic Physicians Training Group, discusses the advantages and disadvantages and decides that his daughter will not have the MMR vaccine.

IX. BOOKS

1. **Provings and Clinical Symptoms of New, Old and Forgotten Remedies** by Dr. Prakash VAKIL reviewed by Dr. D.E. MISTRY (CCR, 3, 1/1994).

"In this small booklet of about 76 pages Dr. VAKIL has described his findings on provings of 10 remedies. Most of the subjects have been presented as papers in All India homoeopathic Congresses or International Homoeopathic Congresses. Some of the remedies proved are entirely new and are food products like *Citrullus lanatus*... Recently in a Seminar at Solapur Dr. VAKIL demonstrated the use of a single dose of *Leprominium* in a case of AIDS from USA which caused a remarkable return to normal energy levels and an active life for over one year.

This booklet will prove useful to many practitioners in treating difficult cases by these newer remedies which still need further extensive provings and clinical applications.."

2. **Vergleichende Arzneimittellehre (Comparative Materia Medica)**, CANDEGABE, E.F., Burgdorf-

Verlag, Gbtingen 1990. 426 S. Ln., M 130 - review by GEBHARDT (AHZ, 239, 1/1994)

This German translation from the original Spanish by Dr. SABEL, Dr. HEE, Irntraud ROTH and Birgit PAROSSEL has been very warmly recommended by the learned reviewer.

The miasmatic views, the pathogenesis of the remedies, the insights of CANDEGABE's teacher Dr. PASCHERO are all well laid.

3. **Die "hombopathische" Frau. Ein esebuch Liber die Leiden der Frau - auch fur anner (The "homoeopathic" woman. A textbook on the diseases of Women - also for Men)** N. ENDERS. Karl F. HAUG Verlag, Heidelberg 1992. 339 S., geb. DM 48/- reviewed by BERGHOF (AHZ, 239, 1/1994)

While the idea of writing this book is noble, the book itself is basically miscarried.

4. **Bach-Blutentherapie fiir Hombopathen (Bach's Flower Therapy for omoeopaths)**, HACKL, M. Johannes Sonntag Verlagsbuchhandlung Regensburg 1990. 199 S., geb., DM 29,80 reviewed by GABLER (AHZ, 239, 1/1994)

This book is on BACH Flower Remedies. It is wrong to call BACH's Flower Therapy homoeopathic.

5. **Methoden der Hombopathischen Fallanalyse. Materia Medica hombopathica Teil I (Methods of homoeopathic Case Analysis. Homoeopathic Materia Medica Part I)** MORRISON R. Aus d. Amerik. libers. von K. KROGER. Kai Kroger Verlag fur homoopathische Literatur, Rendsburg 1989, 447 S., geb., DM 86,50. review by GEBHRDT (AHZ, 239, 1/1994)

This is a German translation from the American. The book doubtless opens many new aspects of homoeopathic theory. The book is warmly recommended.

6. **Die Farbe als Mittel zur Simillimumfindung in der Hombopathie (Color as means of finding the Simillimum in Homoeopathy)** Bd. II. H.V. MULLER Karl F. Haug Verlag, Heidelberg 1992. 280 S., geb., DM 70, review by ZEEDEN (AHZ, 239,1/1994)

The author has, in Vol. I of his book already established that the color which a patient loves, may be reckoned for the finding of the Simillimum just as the Mind and General Symptoms are. This Vol. II contains 27 cases analysed in detail (Psycho-anamnesis).

7. **Reine Arzneimittellehre, C.G. HARTLAUB/C.F.TRINKS: Nachdruck der Ausgabe Leipzig 1828-31, drei Bande in einem Band, ergänzt um die Arzneimittel priifungen aus Annalen der Homöopathischen Klinik, zusammen 1093 Seiten, Bibliotheksleinen, Bernd von der Leith Verlag für homöopathische Literatur, Hamburg o.J., DM 198,-** review by Stefan

REIS(ACD, 3, 1/1994):

HARTLAUB and TRINKS were contemporaries of HAHNEMANN. HAHNEMANN considered TRINKS as his mortal enemy. Nevertheless symptoms from the "Pure Materia Medica" of HARTLAUB and TRINKS were integrated in his **Materia Medica** by HAHNEMANN, some in abbreviated form, some in full. This **Materia Medica** contains provings of many remedies like Bovista, Castoreum, Indigo, Magnesia sulphurica, Natrium sulphuricum, Niccolum, Plumbum, Secale, Strontium, Tabacum. Besides new provings the work contains reproving of some earlier provings. With this publication a rare source material is once again available for the profession.

8. **Samuel Hahnemann: Krankenjournal D2 (1801-1802) - Nach der Edition von H. Henne, bearbeitet von A. Michalowski, herausgeben von R. JUTTE (Institut für Geschichte der Medizin der Robert Bosch Stiftung Stuttgart). 136 Seiten, Haug-Verlag, Heidelberg 1993, DM 68,-** review by Stefan REIS(ACD, 3, 1/1994)

With this edition the earliest Case Register of HAHNEMANN (the first Register has been lost) is now available for the homoeopathic fraternity. This edition is based on the earlier 1963 commentary by Heinz HENNE. The Register pertains to the years 1801 -1802 when HAHNEMANN lived in Eilenburg. HAHNEMANN had started to use medicines according to his Simile principle and in dilutions. Although there is not much to be learnt in so far as homoeopathic therapy is concerned, it is of great historic interest since the social milieu, the patients, nature of diseases, and the remedies used by HAHNEMANN, etc. can all be gathered.

9. **British Homoeopathic Journal, Index 1911-1990, The Faculty of Homoeopathy,**

London 1993, 168 pages, Spiral binding, £40,- review by Stefan REIS. (ACD, 3, 1/1994). Contains the list of articles that appeared in the

BHJ during the years 1911-1990. One comes across names such as: M.G. BLACKIE, D.M. BORLAND, J.H. CLARKE, D.M. FOUBISTER, D.M. GIBSON, W. GUTMAN, E. WRIGHT-HUBBARD, O.A. JULIAN, O. LESSER, T.P. PASCHERO, J. PATERSON, P. SANKARAN, P. SCHMIDT, M.L. TYLER, L. VANNIER, J. WEIR, C.E. WHEELER, E.C. WHITMONT. The listing is under four heads. **10. Methodik der Homöopathie. Artur BARUN, 4**

erw. u. verb. Aufl. Sonntag Verlag, Stuttgart 1992 234 S., Kart., DM 44,- reviewed by GENNEPER (ZKH, 38, 2/1994)

This book came first in 1975 and has since then gone into 4 editions. It did not obtain the "Alfons-Stiegele" Price unjustly... The book has been written by an experienced practitioner who has also written in such way that it can be learnt quickly and practically without in anyway sacrificing the fundamental concepts of Homoeopathy.

11. **A Textbook of the Principles of Homoeopathic Practice by Ernest ROBERTS, Winter Press, 29, Horniman Drive, London SE23 3BJ. ISBN 1 874581010.**

12. **The Principles of Homoeopathic Philosophy - A self-directed Learning Text by Margaret ROY, published Churchill Livingstone, 1994, ISBN 0 443 04821 5.** both reviewed by Ian TOWNSEND (The Homoeopath, 52/1994) "Not since KENT in 1900 and VITHOULKAS in

1980 have we seen an attempt to unfold the complexities of our philosophy... Now we have two books available to us... Both are written by well-established practitioners with a wealth of practical experience behind them and both are designed as the starting points for a proposed series."

13. **Treatise on Homoeopathic Medicine, EIZAYAGA, F.X., Ediciones Marecel, Buenos Aires 1991.315 S. geb.** reviewed by KLUNKER (ZKH, 38, 2/1994)

This systematic presentation of Homoeopathy appears for the first time in the English language translated from the original Spanish third edition. The entire work is in six chapters... The book contains more in terms of practical Homoeopathy and it would stimulate the experienced practitioner also. The beginners also could find it useful; particularly in the present context of New Age Homoeopathy without any basis. The book has a very useful introduction to KENT'S **Repertory** and its use in the Clinic. New points could be found in every chapter...

14. **Die philosophischen Vorstellungen Samuel Hahnemanns bei der Begründung der Homöopathie.** Johannes Sonntag **Verlagsbuchhandlung, Munchen 1990. 520 S. Leinen, geb. DM 132,-.** (The philosophical ideas of Samuel Hahnemann at the foundation of Homoeopathy) Josef M. SCHMIDT, review by KLUNKER (ZKH, 38, 2/1994).

"The philosophical ideas of HAHNEMANN with reference to his unique experiment has not been studied in detail so far. Neither Richard HAEHL nor TISCHNER, the authors of the two large biographies of HAHNEMANN filled this gap. Now after 150 years of HAHNEMANN's demise Josef M. SCHMIDT has done this. His research work has been accepted by the Faculty of Philosophy of the University of Munich. HAHNEMANN has not only laid a new foundation for Medicine and every new foundation has its philosophic basis and to that extent this is relevant... The author of this study required access to the complete literature of HAHNEMANN for which purpose he had to draw a list of the **complete** works of HAHNEMANN. Although the literature relevant to his research referred to the period upto 1810 (the first edition of the **Organon**) SCHMIDT prepared a **complete list of works of HAHNEMANN upto the end.** (This list is appended to the book)... The book is divided into three main parts: i) The writings of HAHNEMANN studied in relation to his philosophic content; ii) Reconstruction of the important concepts of HAHNEMANN; iii) Philosophical-systematic reconstruction of the foundation of Homoeopathy... The book contains besides an introduction and a large reference index, an index of subject and object (names of persons etc. and subjects)... It is hoped that this publication which is an important one for Homoeopathy gets the attention due and that readers will be interested to learn. Get-up and price appropriate."

X. NEWS & NOTES

1. The AHZ, 239, 1/1994 furnishes some information from the Annual report of History of Homoeopathy in the Robert Bosch Foundation, for the year 1993.

The Institute für Geschichte der Medizin (IGM) der Robert Bosch Stiftung (RBSG) contains 4176 volumes (an increase of 347 volumes); this is the largest special library of the history of Homoeopathy. More have been purchased from the market for antiques from the Hans Walz Stiftung. The number of users of the Library has increased; from 1990 there is also the arrangement for borrowing books from outstations and the number of such borrowers has also increased.

Restoration of the stores is also on hand. 529 letters of HAHNEMANN have been restored by Mrs. S. HAHNER-ROMBACH. BONNINGHAUSEN holdings have also been listed, indexed afresh.

The volumes in the Library of IGM have been added to. Manuscripts of Dr. O.A. JULIAN have been acquired and added (the first overseas addition). The Archiv is interested to make further additions from Physicians, Heilpraktikers and other Associations and institutions so that its function as the centre for homoeopathic history is truly fulfilled.

The most important project is the publication of the HAHNEMANN Case Registers by Karl F. Haug Verlag. Already D2, D5 and DF5 have been published and nine volumes are under preparation.

There have been increasing number of enquiries, (both within and outside the country - doctors, students and nurses, etc.); editors and scholars have also been using the IGM more in numbers.

A far-sighted work is the preparation for the Deutschen Hygiene Museum in 1996 in Dresden in which the homoeopathic theme is "Die Aktualität der Homöopathie". All the objects in the IGM are being photographed and protected properly. The Institute for Pharmacy of the University of Regensburg has begun a pharmacological analysis of the material in the Home remedies chest and the Traveller's chest of homoeopathic remedies in the HAHNEMANN house.

Many research projects have also been planned.

2. Report of the Second International Hainsteintagung, 25-28 August 1993 (AHZ, 239, 1/1994): Different Schools and Orientations in Homoeopathy took part in the Meeting under the theme "Homoeopathy 150 years after HAHNEMANN & Points of view and Perspectives". The delegates not only affirmed their viewpoints but also the comparisons and contrasts, and also discussed Psychoanalysis, Depth psychology, Anthroposophy and Constitutions theory, all from the clinical medicine and the modern Physics.

Edward C. WHITMONT began. He spoke of fusion of the principles and ideas of Depth psychology, Dreams, modern Physics and Asian Thoughts with Homoeopathy so as to enrich thereby. For WHITMONT Transmaterial-Forms-field as archetypal information store are the foundation of the material universe. The Spiritual mental and the Material correspond, as different condensation forms of these trans-material form-fields, the basis of our experience of our Self and the World. A granule of a medicine is, for him, a concretised, condensed, Energy-field of Behavioural-, Emotional- and

Biological Functional form.

The Pharmacist Heide BRUNNER's lecture was very lively; afresh insight into the intermediate function between the Physician and Patient which the manufacturer reaches through the potentiation process, was explained. BRUNNER spoke of the spiritual material which is met with in the potentiation process whereby the intensive unfoldment of the medicine in its many-layered emotions are brought about.

That the similarity of men in their lives is deterministic in laying their future relatively in that a repetition of the life occurs in the death, is a thought which Franz SWOBODA attempted to seek in the homoeopathic sense in the life of SOCRATES. SWOBODA did not go about the symptoms of the Hemlock in death, but he looked for the elements of Conium picture in the life of SOCRATES. Further he spoke with case reports how deterministic it was for him a "anamnesis in the hall of mirrors", an introspection of the physician for discovering the opposite state by the choice of the medicine.

Rainer APPELL in his "Trials on the Similarity" described it as the source-phenomena which in Art and Philosophy strives to take in totality and health. Although the Similie principle and Cure through Homoeopathy eludes the understanding by the modern science, there is always attempts to explain. The model proposed by the Viennese Physicist Karl-Wilhelm KRATKY is to be considered so.

Roland BAUR spoke on the verifiability and claim of factuality. The work of BAUR and WILLICH in which they documented situation of patients in an epidemiological heart infarct study clearly showed the connection with the leading symptoms of the homoeopathic remedies. This could be a plane of understanding between Homoeopathy and Allopathy.

Dario SPINEDI spoke on the strict experiments of HAHNEMANN, his continuous experiments and search for new solutions; a case of HAHNEMANN cited. As against this a chronic case of KUNZLI in which an exact exegesis of the homoeopathic writings were borne out.

Ulrich FISCHER spoke on the Latin-american School, particularly ORTEGA and the theory of the Miasms.

Matthias GIRKE spoke on the understanding of disease and healing in the light of Anthroposophy which could help.

Michael HADULLA spoke as SWOBODA earlier; with extracts from "Agamemnon" by AISCHYLOS and the matching of the symptoms and the rubrics.

The crucial points in the dream analysis was the subject of Uta AANTOS and Peter KONIG.

3. A Cola Case. Dr. Ch. SANDEN, Munchen communicates (AHZ, 239,1/1994): A 27 year-old man with watery-splattering diarrhoea since three months with flatus, 2-3 times a day, the stool is bright brown, pasty, very tired after the stool. He was very tired, dull. Clinical examination and microbiological tests did not point any pathological find. The patient was given *Co/a vera* 6x daily morning and within one week the diarrhoea was cured as also the general condition of the patient clearly improved.

4. 54th Pan-American Congress of Homoeopathy held in the City of Ribeiraro Preto, 350 km from San Pablo, Brazil, on 25-29 July 1993. The Congress was organized by the Instituto Homoeopatico Francois Lamasson' (IHFL), which works for the investigation and teaching of Homoeopathy under the presidency of Dr. Izaio SOARES. Representatives of different institutions from Venezuela, Columbia, Chile, Argentina, Cuba and Mexico gave the event an international character. The need for a methodology in doing research was stressed from the first day of the Congress. The search for solutions within homoeopathic medicine for regional endemic parasitic pathologies led to clinical and experimental studies in animals using bio-therapeutic *Trypanosoma cruzi*. A paper presented by the authors Albuquerque RIBEIRO, LOPES, et.al. of the College of Pharmacy of Ribeiraro Preto. Using *Trypanosoma cruzi* 3c, 6c, 12c and 100c in rats previously infected with strains of T. cruzi, they achieved a decrease in parasitaemia, reduced mortality and higher cure rate. Control groups were used. Dilutions 30c and 100c proved to be more efficient at rates of 68% and 75% respectively.

Among the clinical papers, one by BORG, LIMA, PITARELO, et. al. stood out. They demonstrated the therapeutic action of *Thuja* (mother tincture) on vaginal ovules and *Thuja* 12c and 30c per os on gynaecological lesions induced by human papilloma virus (HPV). 198 patients were treated, obtaining

positive results in 84% of cases after 90 days of treatment.

Considerable attention was given to the need for strict quality control in homoeopathic pharmaceuticals. A picturesque detail of the Congress was the adoption of Esperanto as one of the official languages, the others being Spanish and Portuguese. The IHFL publishes a bilingual journal of homoeopathic medicine in Esperanto and Portuguese.

The Congress was a good starting point to help homoeopaths of Latin American countries become aware of the need to face the problems of Homoeopathy in a practical way, using scientific methodology instead of theoretical speculations which have divided homoeopaths.

The next congress will take place in Cuba in 2 years. In Cuba there are groups of doctors interested in Homoeopathy. Cuba has an excellent welfare system which would make the diffusion of Homoeopathy easy once it has received the necessary support. (Abstract from a report in the BHI, 83, 1/1994)

5. In a letter to the Editor of the BHI (BHI, 83, 1/1994) with reference to his article on 'Evaluation of homoeopathic therapy in 129 asymptomatic HIV carriers' published in the BHI January 1993 Dr. D.P. RASTOGI says: "Sera of 9 of the 12 sero-reverted HIV carriers were subjected to Western Blot assay at the National Institute of Communicable Diseases, New Delhi, in June 1993. All of these were found to be non-reactive. The remaining 3 have since changed residence and are not traceable. Since publication of our report, 2 more individuals have sero-reverted to HIV negative status on ELISA and Western Blot assays..."

6. Dr. Edward CHAPMAN, President of the American Inst. of Homoeopathy, writes (JAIH, 87, 1/1994) that the commitment of the AIH in homoeopathic education, "Dedicated to Advancing Health Care through Homoeotherapeutics" is to be achieved through continuing homoeopathic education of practicing homoeopaths, the introduction of new physicians to Homoeopathy and

the assurance of quality. These are all important areas to which the AIH has committed resources. Teaching on the model of Dr. David TAYLOR REILLY is proposed. The AIH has created a public foundation to receive charitable donations and administer these funds for the educational and research projects of the AIH.

7. Responding to the warm review by Dr. MOSKOWITZ of his **Materia Medica Viva** George VITHOULKAS says (Letter to the Editor, JAIH, 87, 1/1994) that he hoped that the subsequent volumes (four are ready for publication) may appear in 1995. He also assures that the binding and paper will be of excellent quality and these volumes will be much less expensive than the first volume; in subsequent volumes he had decided that sections such as Toxicology, Provings, etc. would be deleted.

8. Recent changes in the leadership of the American Association of Homoeopathic Pharmacists (AAHP) have served to energize and revitalize the trade organisation which has been representing the interests of homoeopathic manufacturers for the past 70 years. The AAHP has created an atmosphere of open cooperation and mutual trust among homoeopathic manufacturers. The AAHP is strongly committed to making safe and legal homoeopathic products available to the American public. They are committed to increasing the quality of homoeopathic products and ensuring the long-term viability of Homoeopathy. The AAHP has represented the homoeopathic industry for over 100 years. Currently, the AAHP members represent 75% of the homoeopathic industry and employ over 500 people in America. (Extract from a Report from Frank RUFFIN, President AAHP, JAIH, 87, 1/1994)

9. The simple problem of nocturnal leg cramps remains unexplained medically and poorly treated with conventional medication. It is estimated that 50-70% of adults over the age of 50 experience nocturnal leg cramps. While there are many hypotheses, no theory has gained general acceptance. The mainstay of conventional treatment is Quinine, which has no consistent proof of benefit in controlled studies. (From **Internal Medicine**, Vol. 14,

9/1993 quoted in the JAIH, 87, 1/1994)

10. George VITHOULKAS' Seminar was arranged by the Foundation for Homoeopathic Research, Bombay, on 20-22 January 1994. VITHOULKAS said that there are four important ways for the selection of remedy: i) Totality of symptoms; ii) Essence (psycho-pathology); iii) Key-notes; and iv) Causation. He cited examples. A case of *Astacus fluviatilis* was discussed. *Paris quadnfolia* was also discussed. Case taking was demonstrated alive. A 9-year-old girl was interviewed and *Argentum nitricum* (impulsiveness) was prescribed. VITHOULKAS also presented the case of a man who recovered from coma with renal failure after an open-heart surgery. *Stramonium* cured (the patient started talking in French which was not his regular language of communication). The use of repertory was shown live while narrating the case of an epilepsy with aura of a boy who would lose vision before fits. *Causticum* was selected on the basis of the actual observation of the patient during the fit. VITHOULKAS also spoke on the Miasms theory. He cited the case of a 30-year-old woman, an introvert and inhibited, with desire for sweets and alcohol, perspiration at night, vertigo from high places. A sycotic remedy, *Medorrhinum* produced very good result.

While stressing the mental symptoms he said that the cerebral symptoms should be taken and not imaginary ones, i.e. the patient symptoms should not be imagined by the physician.

The flower of *Agnus castus* is eaten by monks so that their sexual energies are kept down and they remain chaste. *Agnus castus* is given to create purity in impure people. VITHOULKAS stated this to explain the Doctrine of Signatures. He advocated the use of potencies from reliable pharmacies. He rejected the doctrine of Constitutional remedy and single remedy for a patient in the patient's entire life span. (NJH, 3, 1/1994).

11. A 'Symposium' titled 'Opening Avenues' was organized by the Foundation for Homoeopathic Research and Charities on the 22 January 1994. The Speakers were: Dr. Rajesh SHAH, Dr. KUMAR DHAWALE, Dr. K.H. MATANI and Dr. Kasim

CHIMTHANAWALA. Dr. MATANI spoke about selection of rubrics on the basis of objective findings in emergency cases. Dr. CHIMTHANAWALA spoke on the 'Calcutta School' approach. Dr. Rajesh SHAH spoke on the 'Phenomenological approach'. He said that empty speculation of a cause which cannot be explained is useless, but only the effect of the cause should be studied and remedy selected. In a case of Fissure in Ano the striking symptom was sadness better by telling to someone and *Alumina silicata* cured. In a case of Asthma there was indolence, irritability and despondency, weeping with discontent; *Zizia* was the remedy. Dr. Kumar DHAWALE spoke on the approach taught in the ICR, Bombay (Institute of Clinical Research). In this the treatment is planned in advance and an intercurrent remedy and constitutional remedy are selected. The physician must understand the how and why of the disease, what are the complaints and what is the suffering. The case of a 26 year-old lady was narrated.

The common factor that came out at the end was the importance of observation. All paths lead to the same goal and one must choose one's way. (NJH, 3,1/1994)

12. Homoeopathy is the art of transformation. A crude substance is taken and energized and divided to the extent that only its spirit shines through: this is given to a person whose being is asking for it, and the crude in the person is altered. Homoeopathy shows that everything is light - existing as a wave (information) or particle (matter) and becoming whichever is asked of it. This is the heart of Alchemy. Homoeopathy makes resurgence whenever the culture prepares for a profound change. Our remedies are only archetypes. A girl had iritis and Uric acid was her remedy. The remedy was written on a slip of paper and she put this slip in her bra, and the iritis completely cleared the same night! The slip of paper has worked for months except when she has not worn it. This was placebo effect. In placebo effect the person is somehow able to activate his own healing powers. Symptoms are a major way that our subconscious uses to get our attention. Cure is at various levels; some of our patients much more than the rest - they are transformed; real cure is only as insightful as our level of wisdom. Curing is done by our patients. We learn to heal by learning our tools, our remedies and also our patients. (Extract from 'Opening Address' of David WARKENTIN, in *The Homoeopath*, 52/1994)

13. **In Discussion with Harris COULTER** by Maria McMANUS: Harris COULTER explains as to how he came to Homoeopathy, his views about Pluralist/Unicist medicine in Homoeopathy, the writing of the books 'Aids and Syphilis - The Hidden Link' and 'Vaccinations and Criminality', the reasons why in USA the medical practitioners do not accept or even consider the link between Aids and Syphilis "because Syphilis and VD are a backwater of medicine... the patients are poor and black or do not speak English'... 'It is low prestige. And there is no money in it, so when I try and assimilate AIDS to this area of medical practice, there is a lot of resistance... Syphilis is one of the big failures of modern medical practice... The medical establishment has been trying to force down our throats that AIDS affects everyone in the whole world... They try to make out we will all be victims of this new plague. In fact it is not true. The people who are getting AIDS after 15 years or so are drug addicts and homosexuals in 95% of cases, therefore it is their own behaviour that is creating it. No one wants to blame the AIDS sufferer, but present them as victims. The final reason is over-prescribing of drugs...' About massive vaccination programme in the US Dr. COULTER says that there is lot of money in the vaccination programme. Three quarters of the income of the paediatricians; come from vaccinations. Research done in Germany in the 1980s showed that antibiotics affect every element of the body and very likely the suppression of the microbes is the secondary effect that antibiotics have on the body, rather than a direct effect on the microbe. COULTER says that Homoeopathy is becoming mainstream in the US and its spread is very encouraging. There has been an enormous increase in Homoeopathic awareness. Dr. COULTER proposed starting an office of Alternative Medicine at the National Institute of Health in Washington. [The Homoeopath 52,1994).

14. All India Seminar on June 4th and 5th 1994 at IMA Auditorium, New Delhi; Kent Memorial Lectures' 94: Dr. Parimal BANERJI: Dr. BANERJI felt that there has been no real research in Homoeopathy after HAHNEMANN. He claims to have observed some anomalies and fallacies in the proving methods, recording systems of provers symptoms and building up of our **Materia Medica**. Dr. BANERJI said that each prover had a composite group of symptoms produced by a drug; he also said that similar symptom-group in a composition can be manifested exactly in many provers which meant that there was similarity of reaction to a drug by many provers. He claimed that the similarity of a composite group of symptoms of a particular drug produced in a prover can be matched with the composite group of symptoms of a specific disease. Dr. BANERJI also claimed to have discovered the energy

source of life force in every living organism which animates it. He also said that different potencies of the same remedy produced different actions and the curable symptoms of each drug has been segregated according to the constitutionally based composite group of symptoms of the disease that can be found in various persons. Every drug in different potencies behaved like a different drug. (From a Report in the QHQ, 3, 1/1994)

15. Dana ULLMAN on the "Clinton's Plan" for health care (HT, 14, 1/1994): Proposals are generally efforts to change how health care should be financed, not how the type of care that is being provided should be improved. Until these plans actively integrate homoeopathic and various other natural therapies it is unlikely that health care will be accessible, effective, safe, and economically viable. One of the important features of the Clinton plan is its emphasis on primary care and its de-emphasis on highly specialized medical care. It also takes forthright position in advocating for increased use of non-medical doctor providers of primary care, including nurse practitioners, nurse midwives, and physician assistants. It is difficult for homoeopaths to support the Clinton health care plan due to lack of its specificity in regard to homoeopathic medicine and natural health care. However as there are enough elements within the plan for these natural therapies, the plan can be considered as a reasonable step toward health care reform.

A correspondent (Dr. Mark GOREN, MD) writes in the same issue: He is very much concerned since the Clinton plan is (i) a complete and clever attempt to provide allopathic care to everyone; (ii) a political document subject to lobbying and pressure from powerful interest groups; For non-MD practitioners, the Clinton plan doesn't even address the legitimate existence of Homoeopathy or alternative methods.

16. Carol BEGIN's Report on Richard MOSKOWITZ's lectures on homoeopathic philosophy (Summer School 1993): MOSKOWITZ first spoke on the philosophy of the conventional Medicine. He said that there was a series of beliefs behind the conventional Medicine. It is based on the notion of various disease "entities" - that these entities have their particular clinical signs and symptoms which act independently from the individual patients who happen to exhibit them. The concern is to know these "entities" and their "abnormalities" and to find ways to "control" them. The goal of treatment is to "control" the "abnormality" of a disease and to try to learn of its origin or necessary conditions, in a sense to become its master. The whole idea grew from Claude BERNARD'S statement in the late 1800s. What BERNARD envisioned and what modern medicine

now routinely seeks to accomplish, is essentially to acquire the knowledge and to devise the means to regulate biological phenomena artificially and more or less at will. On the next two days the speaker taught the **Organon**. The speaker's multi-dimensional view of health and healing and his love for Homoeopathy emanates from his entire being. (HT, 14,1/1994) 17. Marsha MEEHAN reports on the Veterinary Homoeopathy Course (Summer School 1993): The teacher Christina CHAMBREAU's lectures and practical information were excellent. She spoke on the differences and similarities of using Homoeopathy for animals and people. **Repertory** is gone through section by section and in some parts page by page, for (a) a clear picture of each section's place within the whole; (b) tips for using the repertory more easily and effectively; and (c) symptoms and remedy information specific to animals (primarily cats and dogs, but also a smattering of horses), interspersed with philosophy. The class performs several elimination analyses and additional case discussions. She uses a standard repertory (for humans), Bearing in mind the occasional differences. In addition to KENT or KUNZLI's repertoires HERING's **Guiding Symptoms** is useful for animals, because it is so physically specific. The food preference section in the **Synthetic Repertory** is broader. For prescribing for animals rely more on the "modalities" and ask about behaviour. Successful treatment for animals occurs more quickly because their life spans are so much shorter. But animals are more suppressed than people, so cure is a long-term process. Remedies are rarely antidoted in animals.

Young animals pass through some phases that may call for remedies different than the progression for young humans. Before the bony- growth remedies, animals often need remedies for grief afflictions, from whelping, weaning and going to different homes. Then, while the stresses of bony growth are occurring, there are also stresses due to training, household adaptations, and vaccination.

In animals, the polychrest remedies are very often the most useful, rather than the small remedies, even for acute situations. The following are most frequently called for in animals: Arsenicum, Aurum, Calcarea, Carbo vegetabilis, Hepar sulphuris, Iodum, Lycopodium, Mercurius, Nitric acid, Phosphorus, Sepia, Silica, Staphysagria and Sulphur.

Some rubrics: for an animal that continuously turns in circles, use the rubric "vertigo". For coughs note the type of cough, (dry and hacking would correlate to kennel cough). Wounds that won't heal, Cicatrices for new scars that break open are some important rubrics. Also an important symptom in animals: Mouth, gums, redness, margins, bright red (this is a red line where the gums meet the teeth) and the

following remedies should be added to the rubric: Arsenicum, Kali phosphoricum, Lachesis, Nitric acid, Phosphorus, Sulphur. (HT, 14,1/1994)

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below:

1. **ACD:** Archiv fur Homoeopathik, DYNAMIS-VERLAG, AM Vogelherd 18, 4200 OBERHAUSEN 11, GERMANY.
2. **AHZ:** Allgemeine Homoeopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
3. **BHJ:** British Homoeopathic Journal, Royal London, Homoeopathic Hospital, Great Ormond Street, LONDON, WC 1N 3HR, U.K.
4. **CCR:** Homoeopathic Clinical Case Recorder, Dr. Subhash Meher, Phule Road, Maliwada, AHMEDNAGAR -414 001, INDIA.
5. **HH:** Homoeopathic Heritage, B. Jain Publishers (P) Ltd., 1920 Street, 10th Chuna Mandi, Paharganj, Post Box 5775, NEW DELHI -110 055 INDIA.
6. **HLK:** Forum for Homeopatiske Lakekonst Svenska Akademin for Klasisk Homeopati, Folkungagatan 84 (Itr), 116 22 STOCKHOLM.
7. **THE HOMOEOPATH:** The Journal of the Society of Homoeopath, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
8. **H.T.:** Homoeopathy Today, National Center for Homoeopathy, 500, Massachusetts Avenue, N.W. Suite 42, WASHINGTON D.C. 20005, U.S.A.
9. **IJHM:** Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R. Gadkari Marg, Irla, Vile Parle (West), BOMBAY - 400 056, INDIA.
10. **JAIH:** The Journal of the American Institute of Homoeopathy, 1585, Glencoe, DENVER, Colorado 80220, U.S.A.
11. **mfH:** Medicina futura Homoeopathy, 1 -2-217/7, Gaganmahal Road, HYDERABAD - 500 029, INDIA.
12. **NEJH:** New England Journal of Homoeopathy, 356, Middle Street, AMHERST, MA 01002, U.S.A.
13. **NJH:** National Journal of Homoeopathy, Milan Clinic, Saraswati Road, Santa Cruz (W), BOMBAY - 400 054, INDIA.
14. **QHQ:** Quinquina Homoeopathic Quarterly, Sri Sathya Sai Publications, Main Road,

Taliparamba, KANNUR - 670 141, INDIA.

15. **ZKH:** Zeitschrift für Klassische Homöopathie,
Karl F. Haug Verlag, 6900 HEIDELBERG 1,
GERMANY.

PART II

1. **Palladium**

REIS Stefan (ACO, 2, 4/1993)

Palladium was proved by Constantine HERING in 1850 but was published in 1878 (**North American Journal of Homoeopathy, Vol. IX, 1878, Chicago**).¹ A comparison of the first publication of the proving symptoms (this publication is now in the Institute for History of Medicine, Stuttgart) with the **Encyclopaedia of Pure Materia Medica (EN)** by T.F. ALLEN revealed that ALLEN'S does not give the complete material in the first publication; besides there are some errors. HERING's **Guiding Symptoms (GS)** contain errors in the names of the provers and bibliographical errors with regard to the clinical symptoms.

In the following work the correct and complete proving symptoms as far as traceable have been given. New Clinical symptoms which HERING could not have given, have been integrated in so far as they are relevant to the proving symptoms verified.

A. PROVERS

1. C. HERING. Effects of trituration (5 April 1850 first day);

took at 11.30 hours a teaspoon of the dark water obtained by washing the mortar after the first trituration was made (7 April 1850, third day); a sip of the rinsed water at 9.00 hours (9 April 1850, fifth day)

2. Mrs. MARGARET C, an intelligent young lady with clear head and calm mind, took three drops of the fourth potency at 6.30 hours (16 June 1850, first day),

same dose at 5.45 hours (17 June 1850, second day),

four drops at 5.30 hours (18 June 1850, third day);

after all the symptoms had gone away, she took six globules of the fifth potency,

then the seventh on three mornings, without anything noticeable.

(A large number of the symptoms observed by this prover and reported in the **North American Journal of Homoeopathy** has not been published by T.F.ALLEN (EN), the reasons for which could not be found)

- 2a. The same prover took further four drops at 6.00 hours and further dose before retiring to bed (on 12 July 1850).

3. Dr.C.G. RAUE took a dose of the third trituration in the morning (8 April 1850, first day), the second dose on the fourth day (11 April 1850) a third dose on the evening of the eighth day (15 April 1850).

4. Mr. OSCAR TIETZE took the third trituration at 9.30 hours, three hours after breakfast (10 April 1850)

5. Dr. PEHRSON, Philadelphia, took a drop of the third trituration at 9.00 hours (25 April 1850). (Testimony from this prover has been taken in the Symptoms compilation, which however are not to be found in the proving records; this peculiar situation has not been explained in the Original.)

The provings 6 to 11 were from Dr. J.R. COXE with the third trituration on six different provers.

6. A.S.C.S. a 20 year-old woman, took a dose of the third trituration at 22.00 hours (16 November 1850, first day),
further doses at 7.00 hours and at 22.00 hours (on 17 and 18 November 1850, second and third day),
the sixth dose at 6.00 hours (19 November 1850, fourth day), (the seventh dose on the same day evening),
the eighth powder on the morning of the fifth day (20 November 1850).
7. M.I.C. took two grains of the third trituration daily for six days.
8. S.A.C. 10 year-old took two grains of the third trituration daily for five days.
9. D.C. 15 year-old, took the same daily over four days.
10. L.C.C. 13 year-old took eight grains of the third trituration within a period of four days, without noticing any symptom.
11. I.R.C. took a grain of the third trituration daily for eight days.
12. Dr. C. NEIDHARD, Mrs. N., a nursing mother, took one grain of the third trituration between 3.00 hours and 7.00 hours, two days before the expected menses, which appeared during her nursing period, she took on the second day a cold bath which she had not done for a long time.
13. Dr. GEIST.Boston. (This prover was of course cited by HERING³, his name however does not appear in the proving proceedings. T.F. ALLEN (EN)⁴ and R. HUGHES⁵ have therefore overlooked these symptoms. In the **Guiding Symptoms** although the name of this prover is not mentioned, the symptoms are⁶.

B. Cases and therapeutic observations

Only the relevant bibliographical details have been listed in the following; to give the complete cases would involve a journal publication. However, the symptoms have been integrated in the symptoms listed below. For those interested the individual references and complete cases will be available with the author.

References requiring discussion have been given in relevant footnotes.

Important Note: The listing of clinical symptoms which have been observed in isolated cases and singular cases only, should not be taken unreservedly as "certain". On the contrary -they must go through further verifications, so that they can be classified as clearly belonging to Palladium. For the same reason they have been integrated: namely, to enable verification altogether.

- WILLIAMSON, Ovarian complaints, cured with Pa//.C4 in one case, in another with Pall. without indication of the potency; in: NAJ.
- C. HERING, More cases of Uterus - and

- Ovarian complaints, without indication of the potencies; in: NAJ.
- A. LIPPE, right-sided Ovaritis, with Leucorrhoea in a 30 year-old woman patient, without indication of the potency used; in: NAJ. (The remarks 'second day, third day, etc." in the clinical symptoms reported by LIPPE refer to the day after taking Palladium, not the Proving but to the Curative action. Symptoms without indication of the day comes generally from this patient's case.)
 - KIMBALL, Right-sided sciatica cured by Pall. 30 and 200; from the Homoeopathic Times (NYJ), 1879, cited in: **The Organon** (ORG), Vol.II, 1879, p. 113.
 - D.S.R. Sciatica of the right leg, cured by Pall. 30 and 200; cited in: ORG, Vol.II, 1879, p.236.
 - B.H. CHENEY, Chronic Ovaritis, with ovaralgia and Menstruation ailments, Pall. 200; in: United States Medical Investigator (USI), 2nd Series, Vol.V.1877, p.586-588. (In this case before the use of Pall, come Apis, Ip. and China, and the last two remedies exercise their influence in a genuine and required manner)
 - H.P. HOLMES, Palladium (Lecture on the remedy with dinical experiences); in: The Homoeopathic Physician (HPH), Vol. XVII, Philadelphia 1897, p.27-30.
 - A. VOEGELI, Enuresis, Pall. C.200; in: Warum so krank? p.17Sf., Bochum 1980.
 - O. EICHELBERGER, Warze (Warts) Pall. D.30; in: Klassische Hombopathie: Lehre und Praxis, case 280, p.486, 2. edn. Heidelberg 1979
 - H. LEERS, Adnexitis bei einer 22 jährigen Patientin, Pa//.D.200; (Adnexitis in a 22 year-old female patient), in: Einfache Hombopathie in Fallbeispielen, Fall 162, p.204, Heidelberg 1990.
 - P. DRANSART, Verhaltensauffälligkeiten bei einem 13 jährigen jungen, (Behavioral peculiarities in a 13 year-old boy) Pa//.30; in: Cahiers du Groupement Hahnemannien, 26 (1989), p.352-357 cited in: Zeitschrift **fur** Klassische Hombopathie ZKH, 34, (1989), p. 179.
 - In the NAJ, H.N. GUERNSEY in the first publication gives indications from the therapeutic observations; however, no bibliographical sources have been mentioned. The brief MM which comes alongside also does not clarify.
 - The current literature contain a case of H.V. MULLER who however does not present new

symptoms (see References)

Explanation of the Signs, Numbers and Abbreviations used

(GS) = Symptoms from HERING's "**Guiding Symptoms**", which are not found in the first publication and for which no source could be traced. Not all the Symptoms listed in the GS could be taken down here; the choice of the symptoms was in the first instance dependent upon whether the symptom was already confirmed.

11 = Frequently confirmed Symptoms

l = Cured Symptoms

11 = Repeatedly confirmed Symptoms

Θ - Therapeutic observations

These four signs have been adopted as in the GS and used in respect of new symptoms taken from the later new literature.

1-13= the respective Provers.

COMPILATION OF THE REMEDY SYMPTOMS

In the Proving as also in the Case Reports there are symptoms which besides the main ailment which sets apart the point of entry within the symptom-range, concomitant symptoms which may have been mentioned with a different catchword. In this respect HERING has in his "**Guiding Symptoms**" placed these symptoms separately as if they have occurred separately and put them under the catchwords as such. To avoid repetition of the already large volume of work, in the following work the symptoms are mentioned only once and under the main ailment of course.

MIND

Extraordinarily tired in evening, feels mentally gone; is |
 averse to speaking a foreign language, which he
 otherwise spoke fluently; it is too much of an
 exertion to him, he is tired of it (4th day) 3

Time seems to him longer, whenever he looked at the
 time only less time has gone by than what he had
 expected (fifth day). 1

In the evening while walking in the street it seemed to \ him, as if he has become very tall; the feeling returns again; he had not thought of Platina and the similarity to Platina struck him only later. This < symptom did not anymore arise, whether while walking or while lying (third day). 1

11 Great inclination to weep. 9 Uterus prolapse (GS)

l They set great store on other people's opinion and consider it as very important, what others think, and therefore they are very excitable while in company and on the next day their ailments are ^ worsen. (HERING)

l Anxious apprehension as if something horrible would happen. (GS)

11 Imagined herself neglected;

11 Wounded pride. 6 H>steria (GUERNSEY)⁷ 1

The child was irritable (first day). 12

Bad temper in the evening (fifth day). 1

She is in an annoyed mood; felt she cannot bear anything or brook anything, without anything having occurred before. The child is the only [person with whom she is not impatient (second day). 6

l Everything she says or does makes her annoyed, she trembles, her facial expression is changed, even her eyes, as if she is going crazy. (WILLIAMSON)

l Greatly inclined to use strong and violent
 expressions, (first day). 1 (confirmed by
CHENEY) !

l She tries to appear as lovable as possible, but is very obstinate. (GS)

l Depressive news worsens all her symptoms (HERING)

| Mental excitement, especially in company, also walking aggravates her complaints in the right ovary and in the groin; she is particularly worse after a musical evening or party. (WILLIAMSON)

| Feels best in company and desires to be flattered. (GS)

| Arrogant. (CHENEY)

| Changing mental disposition: sometimes amiable and cordial so that the child constantly hugs the mother, but then devastating rage and so aggressive that he lites her. (DRANSART)

| Fear of insects and spiders. (DRANSART)

| Cursing. (DRANSART)

Jealous of own sister. (DRANSART) Unusual carefulness regarding his dress and personal things; Desire for orderliness. (DRANSART)

The mental symptoms guide me; when it is in agreement the remedy has accomplished much good. (LIPPE)

INTERNAL HEAD

'ery painful dullness in head, stitches go in- and out-wards in the left side of the head (after half an hour, third day). 1

Slight headache. 8

Headache in morning (sixth day). 6

Inbearable headache, (seventh day) 6

Sequent headache, as before, within, in spots the size of an apple or a fist, or dull, crooked stitches (eighth to eleventh day). 1

Headache which makes her irritable and impatient; she feels that it would do her good if "she could knock the head against something", but she is able to bring it under control. Disposed to be unabashed, makes face like a savage (fourth day) 6

"he headache is better from lying down and from sleep, which indicates his neurasthenic character. Epiphegus has the same amelioration from lying down and sleep (HOLMES) Headache only after taking coffee. (LIPPE)

Dullnes in the forehead as if a heavy weight was lying in the brain, every expiration⁸ is accompanied by the sensation as if this weight were pushed from the occiput to the forehead. (This affects more the central portion of the brain, the temples are not affected), this state began an hour after the medicine was taken and reached its peak half an hour after, and began to go down gradually and after three hours it was gone. 5

Slight fullness in the forehead and a sensation as if the brain would be shaken; lasted 36 hours but was not troublesome. 7

| The symptom "Sensation as if the brain was pushed from the back to the front, as if the brain was shaken", has been verified by me on my own with the 200 potency. (HOLMES)

Dull pain in the afternoon and heavyfeeling diagonally over the forehead and over the eyes (first day). On the next morning again heaviness over the eyes and in the forehead. 12

During and shortly after the trituration a pressure on the right forehead was felt, also on the hair borders in a finger-point spot which lasted for half to an hour; the sensation is of cooling or slightly burning pressure and is totally new. 1

A pain moving back and forth, on the right side, between stitching and burning, disappearing from touching or when mind is fixed on it. (first day). 3

Very marked tension in the temples (after four hours). 2a

Pain in the temples and on the top of the head, lasting some hours (four hours after). 2a

A dull pain in the temples and in the eye sockets while walking in the open air (after one and half hours). 2a

Light fleeting pain left of vertex (after some minutes). 6

Pain the right temple and in the right arm, after a walk T in the noon (third day). 2

Most often the pain returns to the temple and remains there for longer time than at any other place (third day). 2 It

At mid-day meal (six hours after) pain in vertex, a severe pressure, which caused a numbness as if from severe heat or cold. Between 14.00 hrs. and 15.00 hrs. the headache was worse, she must lie down. She had a feeling as if the head were swung back and forth, from back to forward, not from one side to another. She slept an hour after the headache was better (second day). 6 B h

She has a dreamy headache, more in the upper and back part of the head, different from the headache which she suffered in the last few days (second day). 6 P C

Sensation of constriction in the right side of the head, at 12.00 hrs. mid-day, at 13.00 hrs. a different pain in the left side of the head, which extended to the entire inner head (fourth day). 1 -j .

In the evening severe, sharp pains and neuralgia, left sided. Took Nitricum acidum without amelioration (seventh day). 6

Headache across over the vertex, from one ear to the other; the pain is worst in the right parietal protuberance; giddy while lying (Pall. 20M)⁹

Headache from one ear over the vertex to the other. M.M. (It has not been mentioned who or what is indicated by this initials)

Headache directly over and behind the top of the right ear. (Pall. 20M)¹⁰

Dullness in the occiput, lasts the whole evening (third day). 1

EXTERNAL HEAD

For some days two pimples on the scalp behind the left ear, which developed slowly (fifth day). 1

Feeling of roughness on the forehead and slight itching, now and again, for two days. 8

EYES

I

A dull, heavy pain in the left eye and in the back part of the eye orbit, after a walk, which lasted an hour; the pain was worse in that it extended over the forehead and vertex, then disappeared; after 12 hours, at 18.00 hrs. (first day). 2

Pain in the right eye, in the right temple and ear region, at 8.00 hrs., after a walk; after she had taken a dose at 5.45 hrs. During the mid-day meal at 13.00

hrs. Pain in the right temple near the eye; at the same time an unpleasant sensation in the left eye

(second day). 2 Pain around the left eye, extending behind the right

eye-brow, while walking (after four hours). 2a The eyes are dry and itching, almost every evening,

she rubs them but without any relief (fifth day). 1 The eye-lids feel heavy, afternoon (first day). 12 The edges of the eye-lids feel dry (fourth and fifth day).

1 ching of the lids, must be rubbed, more the left than the right side (first day). 4 **OSE**

light cold (third day). 1 urning in the nose, as from horseradish, followed by watery secretion, evening (third day). 1 **ACE** urning pain in a small spot on the right cheek bone compelling rubbing; after 15 minutes. 13 le thought, there was a marked slowness of the growth of the beard (sixth day). 1 ain in the back part of the left lower jaw near the articulation; in the first 25 minutes. 13 Jonstricting pain in the left articulation of Jaw, with slight pain in the epigastrium; in the first hours. 13 he right corner of mouth pains as if sore (fourth day).

1 Facial color pallid, blue semi-circle under the eyes.

8 Ovarian complaints (**LIPPE**) **IOUTH, TONGUE AND TEETH** i burning sensation on the tongue surface near tip, also in the left ear in different spots in face, in the first 30 minutes. 13 lince some days, and particularly today perceptible, a sensation as if the second left upper incisor was elongated and a feeling as if this is a dull foreign body, (seventh day). 1 iensation as if the upper incisors were elongated and projecting and interfering in an unpleasant manner with the lower lip, while touching it; lasted 24 hours. 5 fluch tough mucus in mouth, and a slimy taste which recurs again after thoroughly rinsing the mouth (second day). 5

Accumulation of mucus in throat and mouth.

(**CHENEY**)

INTERNAL THROAT

He frequently hawks up small solid mucous lumps, which he is obliged to swallow (eighth to twelfth day). 1

Peculiar pain in throat while swallowing as if something was hanging near the hyoid bone, as if bread-crumbs had lodged there; the pain disappears for some minutes, then suddenly returns, while the throat muscle was in a passive state, an unpleasant, tickling sensation as awn has lodged in throat (first day). 4

Dryness of throat and the tongue; the tongue appears red in the middle; no thirst in the morning (fifth day). 1

Slight throat pains, (after Pall. 20M)¹¹

Egg-white like mucus from the throat.¹²

STOMACH

Complaints of dyspepsia after food. (**LIPPE**)

No longer any desire for beer (eighth to twelfth day).

Tasteless eructations some number of times between 10.00 hrs. and 11.00 hrs. (after half an hour). 4

Few eructations, the last one leaving an acid taste in mouth (immediately after taking the medicine). 5

1 Acid eructations with spasmodic pains in chest, back and abdomen, at 18.00 hrs. (fifth day). (**LIPPE**)

| Acid eructations, pain and soreness in abdomen with downward pressure, at 19.00 hrs. (eighth day). **(LIPPE)**

| Vomiting of undigested food, evening (eighth day). **(LIPPE)**

Severe pain, as if poking with the end of a stick, in the right side two or three inches to the right of the epigastrium where the eighth and the ninth ribs join the sternum; then pressing pain under the ribs left side (third day) 1

Pressing pain in epigastrium; in the first 30 minutes. 13

| Nausea in the evening (fourth day). **(LIPPE)**

ABDOMEN

Pain and soreness in the liver (seventh day). 6

| Flatulence. **(CHENEY)**

Stitches in the abdomen (second day). 4

Abdomen pain before rising in the morning, then pain in the right temple (third day). 2

Pain in abdomen particularly in the region of the spleen (third day). 6

Soon after rising, between 6 and 7 o'clock, violent, sharp, cutting in the lower part of the abdomen; never had such pains before. It was so bad that she could not carry the child, disappeared after passing stool. Two light attacks after the breakfast, with urging for stool; however only air was passed, no stool (seventh day). 6

(The Prover) was afflicted sometimes with tapeworms. Palladium appeared to be having a particular action on that.

Sensation as if the abdomen became enlarged, very soon (after taking the medicine).

Some stitches in the left side in the region of the hip bones, but more internal; in the intervals a peculiar pain, as if air bubbles were pressed upward through the intestines forcibly. The stitches and the peculiar sensation in the intestines recur again and extends to the right side. After 11 o'clock a transient pain in the lower intestines, on the right side, as if the testicles would be crushed. About an hour later, after a meal, the above mentioned stitching pains appear again, but lasted only for a short time. It recurs few times more, first on the left side, then with lesser pain on the right side. Often only single stitches, or better, as if bites, an animal is snapping and tearing off bits from the inside.

Swelling and distension of the abdomen.

Sensation as if the intestines are strangulated and twisted in different directions, more in the upper part than in the lower.

Frequent flatus discharged.

Painful stitches in the left side, like cutting, more right than left, more or less unendurable, lasts some minutes; these recur after a brief pause again and lasts longer then (first day).

Stitches in abdomen.

Copious urination (second day)

Unpleasant sensation in the region of groins, painful from pressure.

Sensation as if the intestines were not any more in the abdomen¹⁵ (third day).

The prover did not have tape-worm symptoms after this for longer than an year. 4

Pain in the left groin with every step (seventh day). 3

| Swelling, induration and pain in lower abdomen, right side. Sensation as if struck and sometimes from umbilicus to pelvis shooting pains. **(LIPPE)**

| The entire right side of the lower abdomen is very painful from touch. **(LIPPE)**

| Soreness in abdomen and downwards pressure. Ovarian ailments. **(LIPPE)**

| Swelling and induration of the lower abdominal region, right side. Ovarian pains. **(LIPPE)**

| Severe pains in the morning on rising in the right side of abdomen which is much distended; lasts upto 17.00 hours (second day). **(LIPPE)**

| Cramping, colicky pains in right lower abdomen with constant eructations; she could hold it on if she quietly lies on her right side. Sneezing, cough and urination worsens the pains very much; at 17.00 hrs (second day). **(LIPPE)**

| Colic at 15.00 hrs., lying quietly on the right ameliorates (third day). **(LIPPE)**

| Severe pains in the abdomen and cramps in the lower legs after going to bed; it was impossible to turn in the bed; this lasted for over an hour and was worse than at any time before; better from hot, wet cloth (fourth day). **(LIPPE)**

| In the right groin a feeling of inner soreness; she must

keep the thigh drawn up, otherwise it felt as

something torn. **(WILLIAMSON)** | Soreness in the abdomen, particularly in the right

side; pain shoots from the right groin downwards

in the right thigh. **(CHENEY)** | Sensation of a heavy weight and pressure deep in

pelvis. **(LIPPE)**

| Pain in the liver and in the spleen. **(CHENEY) RECTUM AND ANUS** Frequent small quantity of odorless flatus (third day).

1 Frequent, unusually small and short flatus discharged

(sixth day). 1 By the approach of a stool dull stitches or dull, painful

twitches in the left side of the rectum. The dull

stitches recur in the evening (tenth day). 3 Pain in the rectum from stool retained, without urge;

the pain increased upto 13.00 hrs. shortly before

the lunch as a soft stool was passed and the pain

disappeared (third day). 1 After stool with much pressing, sensation of fullness

in the anus, evening (fifth day). 1 | Constipation **(CHENEY) STOOL** Was rather constipated for an year, now the stools

were soft and remained so upto after the proving,

after which again constipation came on as before.

7 First a hard, then a pappy, thin stool, with anal

prolapse, at 22.00 hrs. (first day). 1 Slight urge for stool, as if a diarrhoea would set in,

while going on the road, towards the evening

(third day). 1 Thin stool, with rapid and heavy urge, as if diarrhoea

would set in (fourth day). 1 Since the beginning of the proving all the stools came

on, except on the fourth day, in the afternoon or

evening (fifth day). 1 Frequent stools, after which a slight colic follows (first

day). 12 Stool often and soft. Stops two days after the end (of

the proving). 9 Diarrhoea with very little pain, day and night; cured by

China. No daily stool anymore, but every second day (eighth

day). 3

| Obstipation, stools often whitish **(LIPPE)** | Constipation from cold feet. Adnexitis. **(LEERS) URINARY ORGANS**

Pressing pain in the region of the left kidney, as if the urine has been retained for long; worse from sitting; pressure does not aggravate, but feels better much more, although subsequently it would be worse.

Pain the bladder.

Pain in the kidneys towards evening very markedly

(fourth day). While sitting it was also somewhat painful in the left

kidney (fifth day). 3 Pressing in the bladder as if it was full of urine (first

day). 4 Stitches through the bladder and painful weakness

(tenth day). 3 Stitches through the urethra to the glans (first day). 4

Increased urge for urine, he voids more, but not frequently, evenings (third day). 1

Frequent urination; the bladder feels full, but actually only small quantity will be voided (thirteenth day). 3

Frequent urination during the day; frequent urging for urination and scanty (first day). The urge and scanty urination remained long (third day). 4

| Frequent urination with stitching in the urethra. (**CHENEY**)

| Urine dark, with a sediment which appears like red sand or the chamber pot is stained red. (**LIPPE**)

| Urine cloudy, but not dark (second day). (**LIPPE**)

| The urine appears as if blood and water (third day) (**LIPPE**)

| Milky sediment in the urine (fifth day, eighth day). (**LIPPE**)

| Urine cloudy, with a milky sediment (tenth day). (**LIPPE**)

| Bed-wetting (in children). (**VOEGELI**)

SEXUAL ORGANS - MALE

Erections every morning, but nothing in the evening and in the night, not even with stimulation (eighth to the eleventh day).

1

SEXUAL ORGANS - FEMALE

| Throughout the day an unpleasant sensation in the genitals (fourth day). (**LIPPE**)

Pain in uterus and in the region of bladder, in the evening after exertion (fifth day). 6

In the evening while she was in the church had to rush suddenly to the house as menses appeared as it occurred frequently after exertion; it was the seventh day since the beginning of the menses, and since 36 hours it was not anymore. The appearance of the menstrual bleeding could be ascribed to the medicine because it was of a different character than the usual which appeared after exertion, it appeared more as pure blood (second day). Menses continued although not copious and watery (fourth day). 6

The proving began a day after the menses stopped, the next menses came some days earlier. 2

The menses came without the usual pain (thirteenth day).

The subsequent menstruations came promptly and were painless (curative action) (**LIPPE**)

The menstruation appeared late, by full moon instead of new moon, it was accompanied by headache and other symptoms, which were relieved with Glonoinum and Belladonna. (**HERING**)

11 Acts preferably on the right ovary.

| Swelling and hardening of the right ovary, with soreness and tearing pain from navel to pelvis. (**LIPPE**)

| The right ovary is swollen, sore when pressed, with downward- pressing pains. Ovaritis. (**GUERNSEY**)

| In the right ovarian region, a drawing down and forward, better rubbing (in two cases). (**WILLIAMSON**)

| Tormenting pain in the right ovary with downward drawing. The pain is more or less constant, particularly worse

however, before, during and after the menstruation. It is aggravated from standing and from motion; somewhat better from rubbing and warmth as also from lying down. It is accompanied by a feeling of downwards pressure, as from a weight in the pelvis or as from a prolapsed uterus (**CHENEY**)

| Pains in both ovaries, worse in the morning and evening in bed and from walking fast. The pains were wandering and were accompanied by a sensation of swelling. During the periods the pains were worse. It was better lying on the abdomen. The pains radiate to the hips. Adnexitis; sonographically confirmed strong thickening of the right ovary. (**LEERS**)

| Downwards pressing. (**HERING and others**)

| Weakness and pain with sensation of sinking in the region of the lower abdomen, all movements were painful, she could not at all stand or walk. (**HERING**)

| Symptoms of uterus sagging, with weepy disposition. (**HERING**)

| Sore sensation in the abdomen after menses, with fear and anxious apprehension that something terrible would happen. (**GS**)

| Thin, yellow leucorrhoea, became (after Pall.CA), whiter and thicker, then disappeared. (**WILLIAMSON**)

| Transparent, jelly-like leucorrhoea, worse before and after the menses. (**LIPPE**)

| Egg-white like leucorrhoea. (**CHENEY**)

Egg-white like Leucorrhoea, before and during the menses.¹⁶

| Profuse yellowy-milky leucorrhoea. (**LEERS**)

In a nursing woman, who almost regularly again menstruates, the menses did not appear during the proving. 12

| Every month the menstruation appeared during lactation. The cycle ran to five weeks once, and the next time three weeks, regularly alternating in this manner. The menstruation which came in the five weeks cycle manifests as menorrhagia, copious and prolonged bleeding; the period that came in three weeks was normal. (**CHENEY**)

(Pall.) is indicated in the gynaecological ailments, in which the disease begins in the right ovary and uterus prolapsed and retroversion, sub-acute peritonitis of the pelvis and the accompanying symptoms are secondary. (**Dr. AGUILAR**)¹⁷

1. North American Journal of Homoeopathy (NAJ), New Series, Vol. IX, S.129-169, Chicago -1878.
2. C. HERING, Amerikanische Arzneipriifungen, Erster Theil, Leipzig und Heidelberg, 1857, S. XI.
3. NAJ. P. 148
4. T.F. ALLEN, Encyclopaedia of pure Materia Medica, Vol. X. p.610-616, Reprint, New Delhi, 1988.
5. R. HUGHES, A Cyclopaedia of Drug Pathogenesis, Vol. III, p.543- 545, Reprint, New Delhi, 1988.
6. GS VII, p.247-263.
7. Compare H.N. GUERNSEY, The application of the principles and practice of Homoeopathy to Obstetrics, Reprint New Delhi, 1988, p. 161.
8. Original : expiration. In ALLEN (EN) it is wrongly given as "experiment" instead of "expiration".
9. HPH, Vol. XIII, Philadelphia 1893, p.297. In the Kent Repertory Palladium is the only remedy in the relevant rubric, however Nitricumacidum should be compared here for similar symptom: "sensation, as if head is clamped by a vice from one ear to the other over the vertex." (EN VII. 13)
10. HPH. Vol. XII, Philadelphia 1892, p.60.
11. HPH, Vol. XIII, Philadelphia 1893, p.435
12. Cyrus Maxwell BOGER, A Synoptic Key to the Materia Medica, Reprint New Delhi 1988, p.269
13. Original: "No longer any desire for beer." Taken exactly it would mean that there was a desire for beer earlier. In this sense the symptom is to be understood only as a curative symptom, in which the appropriate Palladium-symptom must be "Desire for beer". A lack of desire (consequently the absence of a pathologic sign) is not the same with an Aversion. This same mistake occurs in T.F. ALLEN'S ("Encyclopaedia" has it as "Aversion") and J.T. KENT'S Repertory has it against the rubric "aversion for beer" and not under "Desire for beer"

14. an inch = 25.4 mm.
15. This symptom clearly presents an example of the sometimes distortion of the entry in the Repertory. The publisher of the Synthetic Repertory, for example, has taken the rubric "Delusions, whole body is hollow": pall, (with the source indicated as EN, ALLEN) Among the Symptoms quoted from ALLEN there is no other symptom further which in the least shows any connection with this. That the inclusion in the SR is erroneous is clear from comparison.
16. CM. BOGER, A synoptic Key to the Materia Medica. Reprint, New Delhi 1988, p.269.
17. Cited from W. BOERICKE, Handbuch der homöopathischen Materia Medica, Heidelberg 1992, p.583.

BOOK SHELF (Reviews of books recently published)

- 1. A Proving of Aegle Marmelos** (incorporating Clinically Verified Symptoms) Central Council for Research in Homoeopathy (CCRH), Ministry of Health and Family Welfare, Govt. of India, D-Block Institutional Area, Janakpuri, New Delhi-110 058. pp.45, Rs.15/-.

The Central Council for Research in Homoeopathy, New Delhi have published Monographs on *Abroma Augusta Folia*, *Kali muriaticum*, *Cassia sophera*, *Cynodon dactylon* and *Aegle folia*. This Monograph is the 6th in the series.

Aegle marmelos is a tree indigenous to India. The leaves of the tree are used for worship of Shiva. It is also valued in indigenous medicine.

Fresh pulp of the fruit has been used in this proving. The remedy was obtained from Hahnemann Publishing Co., Calcutta in the 6, 30 and 200 potencies, and mother tincture was prepared by the Central Drug Proving-cum-Data Processing Cell (CDPC) of the CCRH.

Double-blind method was followed during the entire course of the Proving. One-third of the provers were given placebo (control group). At the end of the proving data was sifted and compiled. As far as possible the expression used by the prover (*ipsissima verba*) has been retained. The symptoms have been arranged a la KENT Repertory. The symptoms clinically verified have been compiled and reported in this monograph.

- 2. A Proving of Aegle folia** (incorporating Clinically Verified Symptoms) Central Council for Research in Homoeopathy (CCRH), Ministry of Health and Family Welfare, Govt. of India, D-Block Institutional Area, Janakpuri, New Delhi -110 058. pp.39. Rs.15/-

Aegle folia is the leaves of the tree *Aegle marmelos* (Linn). Dr. Pramada Prasanna BISWAS of Calcutta had made a short proving of this and it has been included in the *Drugs of Hindoosthan* by Dr. S.C. GHOSE.

Proving methods have been as stated above in the case of *Aegle marmelos*.

While there are many common symptoms between the fruit and the leaves, there are also distinguishing symptoms as among them.

It is very important that these remedies which are indigenous are used in the clinic and the results reported to the CCRH.

Both the monographs deserve to be carefully read and tested at least in the homoeopathic colleges in India wherein it is possible to make systematic studies.

Printing, paper etc. good.

- 3. Chapter Eye and Vision - Additions from BOERICKE's Repertory**, Central Council for Research in Homoeopathy (CCRH), New Delhi, pp.66, Rs.20/-

The CCRH has been systematically reviewing the KENT Repertory for revision in relation to other sources and suggesting additions particularly with reference to Oscar BOERICKE's Repertory. So far the Chapters Teeth, Mouth

have been done and published. Now the Chapters Eye and Vision has been published.

Whereas in the earlier two works on Mouth and Teeth the KENT Repertory has been kept as the basic in this work on Eye and Vision, the KUNZLI's **Repertorium Generale** (which is KENT plus additions from many sources). For this purpose besides the sources cited in the KUNZLI few other sources have been added, viz. TF ALLEN (Handbook of Materia Medica), FARRINGTON EA (Clinical Materia Medica), NORTON AB (Ophthalmic Diseases), GHOSE SC (Drugs of Hindoosthan) and the CCRH's own. All these surely enhance the value of this book-let.

This work is richer with additional rubrics not found even in the **Synthesis** of Frederick SCHROYENS, for example: Neuralgia, Cellulitis, Edema of retina, etc. Similarly remedies not included in the **Synthesis** have been included in this work.

The book-let will surely be of great use in day-to-day practice.

4. **New Comprehensive Homoeopathic Materia Medica of Mind** by H.L. CHITKARA, B. Jain
Publishers Pvt. Ltd., Delhi. Second Edition
1995. pp.692. Rs.200/-

The First Edition was reviewed in the QHD, Vol. XI, No.3&4/1994. That a second edition has been called for so soon signifies the reception this work has from the Profession.

As mentioned in the earlier review **the book is of great relevance and use for the practitioner**. Printing, paper, get-up, very good.

An important revision in this work is that the rubric 'Ailments from embarrassment' as in the Synthetic Repertory has been corrected to read as 'Embarrassed after ailments'. This 'correction' does not seem to be right as may be seen from verifying the source, e.g. KENT on Gelsemium says "Complaints from fear, from embarrassment..." and CLARKE on Kali bromatrum "worry. Business losses and embarrassments" as **causation**.

Under Tabacum we find an addition 'Anger waking, on'. This symptom belongs to Tuberculinum and a few other remedies, but not in Tabacum. Obviously the abbreviation Tub. in Phatak's repertory under the above rubric has been read as Tab. and the symptom put under Tabacum.

We find a new 'mental' symptoms 'smooth' under three remedies, viz. Alumina, Phosphorus and Terebenum addition from Phatak's repertory. The rubric "smooth" in Phatak is not a mental symptom the above remedies have 'smooth tongue' 'teeth as if smooth' etc. Whereas Phatak has given Terebenthina under 'Smooth', it has been added under Terebenum in the present work.

K.S. SRINIVASAN

COMING EVENTS

HOMOEOPATHIC CONGRESS "HIPPOCRATES '95"

Will be held between 10-14 May '95 at Corfu, Greece, organized by **World Hippocratic Homoeopathic Foundation**. Delegates from the world over will participate. The topics are varied: Nature of Psora; Homoeopathic thought in Hippocratic writings; Proving of Sounds; Psychism of lesser known remedies, etc. Delegates Fee : \$400

Contact:

George Loukas, Secretary of Congress 'HIPPOCRATES '95', 142 Queen Olga's Str. 54645 Thessaloniki, GREECE.
TEL : 0030-31-86.85.85; FAX : 0030-31-86.85.86.

The Homoeopathic Academy of Naturopathic Physicians, P.O. Box 69565, Portland, OR 97201 announces the first Video teleconference linking participants in four cities, on 'Secrets of successful prescribing'; Nationally respected homoeopaths will discuss how they analyze cases in order to choose the correct homoeopathic remedy at the ninth annual Homoeopathic Academy of Naturopathic Physicians (HANP) **Case Conference Nov. 18-19, 1995 in Portland, Oregon**. For the first time, professionals and lay homoeopaths who cannot travel to the conference site will

have the opportunity to participate via live satellite from Arizona, Connecticut, and Toronto, Ontario. The two-day program and presentation format will focus on helping practitioners hone clinical case analysis skills.

The conference roster includes noted homoeopaths **Paul HERSCUE ND, Andre SAINÉ ND, Miranda CASTRO RSHom, Amy ROTHENBERG ND, Stephen MESSER ND, Peter BENNETT ND, and Pearlyn Goodman HERRICK ND.**

Contact the HANP at P.O. Box 69565, Portland, OR 97201, (503) 795-0579 for more information or to get on the mailing list for a conference brochure.

OBITUARY - Dr. SONAWALA, SARLA

Dr. Sarla Sonawala, a dedicated homoeopath, passed away in January 1995 at age 67 years. She had been a professional homoeopath since 1960 in Bombay. She has also been a faculty member at the CMP Homoeopathic Medical College. She is known in homoeopathic circles as a distinguished personality - a physician and a scholar with a flair for writing and poetry - possessing an immense knowledge of homoeopathic Medicine, a lover of music, and adored by all who came in contact with her.

The QHD expresses heartfelt condolences to the family of Dr. Sonawala. May her soul rest in peace.

The Foundation for Homoeopathic Research Presents International Journal

HOMOEOPATHY TIMES

Read by Serious Homoeopaths in 30 countries Editors : Dr. RAJESH SHAH & Dr. RUPAL SHAH

Some Highlights of 1994 (4 issues)

Editorial : Hard hitting & thought provoking editorials; Back to Basics, Down to Earth; An eye opener Write-up to shake you up; Beyond Fixity and Prejudice; will help think wider; on pseudo-classical Homoeopathy; Throws light on what is going on in the name of classical.

Heritage: Thyroidinum: Discovering a treasure by Dr. S.K. Ghose; Integrated Approach by Dr. Dhawale; Posology ; Dr. Sarabhai Kapadia; Cases by Dr. Pierre Schmidt.

Probe: Did you know that Aurum Metallicum is neither Dictatorial, nor Religious, nor Industrious, nor Duty-bound? An investigative article by Dr. Rajesh Shah. A must for every homoeopath.

Interview: A heart to heart talk with George Vithoukas. **Repertory:** In depth articles on Industrious, Sympathy, Cough, Etc.

Cases & Materia Medica: IRIS, THEA, PSORIUM, MEDORRHINUM, ASTACUS, HYDRO-ACID, MERC-COR, Etc.

Reports: On Vithoukas Seminar; On Dr. Rajesh Shah's 'The Phenomenological Approach', Etc. **Subscription :** India : Rs.60/- ('94); Rs.70/- ('95); Rs.70/- ('96) ; Special Offer Rs. 180/- (94, 95, 96) (if subscribed before Aug-95) Send your subscriptions to: **The Foundation for Homoeopathic Research** 203-A, Trimurty Arcade, Next to Sarvodaya Hosp., LBS Road, Ghatkopar (W), **Bombay – 400 077, INDIA.**

**CONTINUING HOMOEOPATHY MEDICAL EDUCATION
SERVICES****QUARTERLY
HOMOEOPATHIC
DIGEST****Vol. XII, No. 2, 1995**

(This Service is only for private circulation. The Journal lists the **current literature in Homoeopathy** drawn from the well-known homoeopathic Journals world-over — English, American, German, French, etc., discipline wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end of Part I of this journal and readers are requested to refer to them for full articles.

Compilation, translation, publication by Dr. K.S. Srinivasan, 1253, 66th Street, Korattur, Madras - 600 080, India.)

CONTINUING HOMOEOPATHY MEDICAL EDUCATION SERVICES QUARTERLY
HOMOEOPATHIC DIGEST

Vol. XII, No. 2, 1995

PART I - CURRENT LITERATURE LISTING

I. PHILOSOPHY

1. Can there be a rational basis for the classification of doses into large, small, minute etc. in the case of well-potentised homoeopathic drugs?

RAVINDRAN T.G. (QHJ.3,2 & 3/1994) The subject discussed will be evident from the title of the article. The author has quoted profusely from the **Organon**. He has also pointed out that there is some difference between what HAHNEMANN has said and KENT'S. The article is rather confusing.

2. From the Heart

GHEGAS Vassilis (NEJH, 3, 2/1994)

This is the condensation of the beginning of the Vassilis GHEGAS Seminar, part of the Level 3 Course of the **New England School of Homoeopathy**. Vassilis is unique in never repeating material he has covered in past seminars. This Seminar focussed on how one goes about the identifying of cases where we do not prescribe on the totality of symptoms, where we focus only on the major themes of the disorder. To do this we must get away from the simplistic view of taking every symptom as equal, and instead emphasize the patient within the context of their whole life. To help us along in this transition, Vassilis's opening remarks opened our eyes to the potential of what we are doing when we prescribe these remedies. From there, the rest of the Seminar was a mixture of down home therapeutics, with remedies for earaches and bladder infections on the one hand and very philosophically complex discussions on the other. The Editor sums up the Abstract of the article: I just finished reading **A Brief History of Time** by Stephen HAWKING, a book that goes into great detail in physics trying to explain to the public the structure of the universe. Aside from some different terminology the explanation is extremely similar to the remarks that follow.

Guidelines to Practising Homoeopathy:

1. Our unique goal is to give therapy to sick patients. This therapy comes from the love of humanity.
2. We must believe in this, Homoeopathy, as our mission in our early life

3. We have to be spiritually alert, and to continuously seek the truth in our therapeutic art.
4. We must be able to distinguish this truth so it will be parallel to the universal truth. Love is the way. We must not practice for our spiritual ambition, but rather for the love of our patients.
5. We must be disappointed by the materialistic (allopathic) therapy and not mix Homoeopathy with Allopathy.
6. Within ourselves, we must overcome the subconscious vibrations from technological achievements. We must not be enslaved by them. We should not try to impose our opinion through them. Let the smile of your patient prove that our therapy is successful.
7. We should not care about what is currently accepted as the standard medical therapeutic art, but must courageously practise our unique therapeutic art, Homoeopathy.
8. We should be humble and unselfish. We should strongly believe we are not the therapists, but we are a tool of the omniscient creator, who uses us, at the right moment, to offer positivity in a situation where negativity has no further reason to exist.
9. We must be unprejudiced. We should be present during the interview. This interview time must be a kind of presence, with love for humanity.
10. We should know very well the means with which the creator himself has given positivity to replace negativity i.e., we must know our remedies.

3. Homoeopathy and Morphic Resonance

Van GALEN E. (BHJ, 83, 2/1994)

The author discusses Rupert SHELDRAKE'S theory of 'morphic resonance' and its possible contribution to establishing Homoeopathy in a scientific frame. SHELDRAKE'S theory is that evolutionary forming and learning bring about a collective kind of memory which may manifest in future generations. This kind of memory transforms itself into a morphogenetic energetic unit which exists outside the species and which may influence the form of future processes, and this is called 'morphogenetic field'. SHELDRAKE says that the idea of a

process whereby the forms of previous systems influence the morphogenesis of subsequent similar systems is difficult to express in terms of existing concepts. The only way to proceed is by means of analogy and the physical analogy which seems most appropriate is that of resonance. Morphic resonance takes place through morphogenetic fields and indeed gives rise to their characteristic structures. Not only does a specific morphogenetic field influence the form of a system but also the form of this system influences the morphogenetic field and through it becomes present to subsequent similar systems. SHELDRAKE'S hypotheses on 'formative causation' and 'morphic resonance' have been verified by psychological experiments.

The theoretical background of SHELDRAKE'S may also be relevant to forming hypotheses on a yet unknown physical principle, which are to explain the working of homoeopathic potencies.

4. Psychiatry and Homoeopathy - Basis for a Dialogue

DAVIDSON Jonathan (BHJ.83, 2/1994) A comparison is made between Psychiatry and Homoeopathy, with reference to five homoeopathic principles. Therapeutic principle, Self-healing principle, Microdose effect, Sequencing of symptoms and Diagnostic process. All these have been incorporated into contemporary psychiatry. Recent neurological research provides a measure of validation of these age-old teachings.

The following 'testable' questions are proposed:

- Does Homoeopathy produce health or remove disease?
- Does Homoeopathy produce cure?
- What is the effect of combined homoeopathic and allopathic treatment?

The author also speaks of the 'compelling need to undertake double blind clinical trials which evaluate Homoeopathy', Homoeopathy as preventive treatment. Further he feels that a new round of provings is needed to which psychiatric insights can be applied.

5. Mind your matter.

RASOOL Jazz (The Homoeopath, 53/1994) This article, the first of two investigating the physical nature of the Vital Force, the healing agent of Homoeopathy, will discuss the background of the theory in which conventional science describes an equivalent, Quantum Supergravity. It looks into Quantum Physics and uses it to investigate the nature of bizarre predictions physicists say it makes for the behaviour of matter and mind.

The author teaches Physics at the London College of Classical Homoeopathy and is a researcher at Birkbeck College, University of London.

II MATERIA MEDICA

1. Ginkgo biloba

GHOSH Jyoti (AHJ, 4, 1/1994)

Gingko biloba was proved in 1933 BY E.A. MAURY, first in the mother tincture on seven provers (5 men and 2 women) and then in 6 potency (Korsakoff) on two males. The following important symptoms were obtained in these provings:

- Irrational fears, with rapid speech
- Suppressed anger, critical nature
- Heaviness in the frontal region of the head
- Pain above the left orbital nerve
- Vertigo
- Buzzing in the ears
- Excessive sweating on the nape of the neck
- Pallor, general weakness with shivering
- Colic followed by diarrhoea-like stools
- Sensation of heat in the digestive tract
- Parotid congestion
- Laryngeal irritation with cough
- Sensation of impaired vision
- Oliguria
- Weak legs (legs feel like jelly)
- Cold feet

LEESER and VOISIN in another proving stated the following symptoms as being frequently noticed:

- Paraesthesias: pricking, tickling, and tingling of the fingers, forearms, shoulders and face
- Cold extremities
- Pallor
- Auditory dysfunction
- Nausea and vomiting
- Tendency toward capillary haemorrhage
- Itching
- Tendency toward right-sided cardiac insufficiency
- Blood coagulation dysfunction
- Muscular weakness and debility

2. Ferrum magneticum

REIS Stefan (ACD, 3, 2&3/1994)

Ferrum magneticum was introduced into the homoeopathic **Materia Medica** by Carl G. CASPARI (1798-1828). The results of his provings of the Magnet stone (Lapus magneticus) was published in the third volume of his work "**Bibliothek fur die homopathische Medizin und Materia Medica**". There are two reasons for

republication of this proving:

I. This was not republished after its first publication and therefore not accessible. G.H.G.JAHR has of course published it in condensed form in his "**Ausführlicher Symptomen-kodex der homöopathischen Arzneimittellehre, Erster Teil, Erster Band**". In this many important symptoms have been left out and there were errors too. For example, the modality "worse from descending stairs" wrongly put as "worse from ascending stairs". T.F. ALLEN has also in his **Encyclopaedia** taken the symptoms from JAHR's **Manual of Homoeopathic Medicine** translated by HERING (Allentown, 1836, Part I.) and therefore whatever errors were there in the JAHR entered into the **Encyclopaedia**. Ferrum magneticum is not dealt with thoroughly in other works and there are also only very few cases published.

ii. By publishing this the mineral magnet and its employment in Homoeopathy is portrayed.

A deficiency in the CASPARI proving is that neither the number of provers nor their sex have been mentioned, also the size of the dose. 3. Klapperschlangen (Rattle snakes)

MULLER Karl-Josef (ACD.3. 2/1994)

Three kinds of rattlesnakes have been introduced into Homoeopathy:

- Crotalus horridus, the most often known kind of rattlesnake, mainly living in North America.
- Crotalus cascavella which is seen in South America. Now it is known as Crotalus terrificus terrificus.
- Crotalus durissus, which is spread in Florida, Central- and South America. Its full name is Crotalus durissus terrificus.

The author points out the errors in the different **Materia Medicas** in identifying the rattlesnakes. The medicine procured from the DHU indicated that Crotalus cascavella was same as Crotalus durissus terrificus. MEZGER in his **Materia Medica** gives Crotalus horridus (^Crotalus cascavella). CLARKE also has confused. The repertory **Synthesis** also identifies Crotalus durissus with Crotalus horridus!

Two case reports have been given to point out that the three snakes and their venoms produce and cure symptoms peculiar to them.

4. Remedies and their Characteristic Symptoms in Prostate Gland Problems

GHEGAS Vassilis (NEJH, 3, 2/1994)

This article is an excerpt from the book of Vassilis GHEGAS, M.D.

The learned author gives the differentials of the remedies that have specific action on the Prostate gland;

in hierarchical order these remedies are:

Conium maculatum, Clematis erecta, Selenium, Digitalis purpurea, Chimaphila umbellata, Baryta carbonica, Pulsatilla nigricans, Thuja occidentalis, Sepia, Zincum metallicum, Staphysagria, Causticum, Nitricum acidum, Sabal serrulata, Cannabis sativa, Prunus spinosa.

5. A Comparative Study of Remedies with offensive Discharges

BANERJEE U.S. (IJHM, 29, 2/1994)

Comparisons of Arsenicum album and Pyrogen - their similarities and differences - are brought out in this article.

This is followed by three 'illustrative cases' of Arsenicum album, Pyrogen and Carbo vegetabilis, by Dr. N.V. MEHTA and Dr. Gokul GANDHI.

6. Les pathogenesis hahnemanniennes oubilees (The Forgotten Hahnemannian Pathogeneses)

BAURJ. (CGH, 1/1994)

In this article Dr. BAUR mentions the medicines proved by HAHNEMANN and his collaborators but which are not found either in the **Materia Medica Pura** and/or the **Chronic Diseases**. These are found in the different works: (See detailed article in Part II of this QHD.)

7. Remedy Masquerade: Caladium

THOMPSON Michael (The Homoeopath, 53, 1994)

In each issue of The Homoeopath, the salient features of a remedy which looks like another remedy but the 'masquerade' could be seen through from the finer characteristics of the remedy, is portrayed. In this article the remedy Caladium which may look like Lycopodium, is studied in the light of the distinguishing symptoms in the **Complete Repertory. Sexual Desire:**

Erections, incomplete, painful. Impotence. Tobacco agg. Amorous. Lascivious. Lust. Violent desire. Ejaculation, premature. **Skin & Asthma:**

Alternating. Suppression. Concomitant. Urticaria. **Tobacco, Smoking:**

Forgetful, and restless from

Desires, and Agg.

Modifies the desire for.

Headache from smoking, forehead, pressing.

Eye pain from, pressing. **Noise:**

Anger, fear, waking from slightest noise. **Fish:**

Fish agg. especially pickled fish. Causes irritability. **Injuries:**

Eye injuries.

Itching after mosquito bites.

Bites of dogs, mosquitoes, poisonous animals, snakes.

Sweat:

Sweetish. Attracts flies.

Here are a few unique symptoms to muse on:

ANXIETY; shaving, while

COURAGEOUS; foolish

DREAMS; events; long past, forgotten; after awaking falls to sleep again and continues same dream

DREAMS; people, of, seen for years, not; twenty years

FEAR; cutting himself when shaving

FEAR; shadows, of; his own

FORGETFUL; sleep, during, he remembers all **he had forgotten** 8. **Angustura vera** - in the shadow of a polychrest

WARD Andrew (The Homoeopath, 53, 1994)

The close similarity between Nux vomica and Angustura vera makes us overlook the latter remedy often. Two case reports are presented to highlight this.

The summary of confirmatory symptoms of Angustura:

- Timidity of character
- Lack of self-confidence and self-worth
- Oversensitive
- Slightest offense irritates.
- Irritated at trifles
- Sensitive to noise
- Embitterment
- Cowardice -i.e. courage in self and also in a squeamish sense in facing operations, the sight of blood and needles
- + + + + Coffee (a desire for **real and strong** coffee)
- + + savoury food/ spices
- meat especially oork
- Lack of vital hea;
- Restles sleep and unrefreshed in mornings
- h/o injury and falls
- Peculiar bitter taste especially after smoking

tobacco

- Caries of teeth i.e. many fillings/poor teeth
- Stomach/bowel pain agg. after milk especially warm (only 7 other remedies)
- Diarrhoea, night and day, with crampy colic and nausea in mornings
- Rheumatoid/arthritis Joint pains especially fingers, agg. when moved
- Cracking of joints
- Numbness and tingling in lower limbs severe agg. when crossed
- Heaviness of extremities - especially thighs
- Hip joint disease
- Stiffness and inflammation of joints
- weakness of lower limbs
- Back stiffness and pain
- Pain in sacral region amel. walking around

Angustura will often look like Nux vomica - they are very closely related. Also compare Bryonia, Ruta, Rhus toxicodendron, Lycopodium.

Antidote: Coffee

9. Datura stramonium L

BHARATAN Vilma (The Homoeopath, 53, 1994)

This is a brief study of Stramonium and its hallucinogenic symptoms. **1 o. Nicotinamide Adenine Dinucleotide (NAD)**

- A Proving.

RILEY David S. (JAIH. 87, 2/1994)

Nicotinamide Adenine Dinucleotide (NAD) is a pyridine dinucleotide that serves as a coenzyme for a variety of oxidation/reductions. NAD was first isolated in 1935 by Dr. WARBURG from the red blood cells of a horse.

12C potency was used for the proving; 17 provers (11 women and 6 men) took part in the proving. The results are given in the schematic form;

Mind

Difficulty concentrating. Sudden prostration of the mind accompanied by **weakness of the memory;**

particularly for dates and places. Mental irritability. Delusions that the world is artificial or made of man-made objects. Heightened mental sensitivity, particularly for noises. **Head Tingling of the head.** PAIN, in the temples. Pain, worse on the left side. Pain extending to the jaw. A fleeting sensation of pain, heat or hotness of the head.

Ears

SHARP, STABBING PAIN IN THE EAR, at random moments throughout the day or night. Ear pain worse on the left side.

Nose

Coryza (Clear and not irritating) occurring throughout the day, but worse in the evening. **Face**

Tingling in the lower jaw and chin. Tingling extending from the right lower jaw to the chin.

Mouth

Small painless bumps all over the tongue, but worse on the left side.

Throat

PAINFUL, SORE THROAT. Throat pain worse on the right side. Throat pain is worse from swallowing.

Stomach

NAUSEA, sometimes strong, sometimes mild. Loss of appetite. Loss of desire for foods that she used to crave. Desire for alcohol.

Abdomen

ABDOMINAL PAIN. Gas pains, usually worse during the night after going to bed. Sharp, intermittent, fleeting pains in the abdomen.

Rectum/Stool

Constipation with ineffectual urging and straining. Stool comes out hard and size of marbles. Loose stools accompanied by flatus. Flatus increased. **Female**

Increased sexual desire. Intermittent vaginal itching, sometimes worse in the morning and sometimes worse at night.

Bladder

Decreased frequency of urination.

Chest

Sharp pains in the left ribs. Chest pains that is worse on inspiration. Sensation as if there was something bubbling inside the chest (that she later realized was her heart).

Back

Stiffness. **Extremities**

Cramping pain in the thighs on both sides. Pain in the upper limbs, particularly in the left shoulder.

Sleep

Deep heavy sleep. Slept through her normal waking hour (Which she had not done in years). Restless sleep, tossing and turning. Dreams of bizarre and unusual things, sexual dreams, anxious dreams.

Generalities

Aggravated by hot, humid weather.

Repertory Rubrics have been drawn from the above **Materia Medica.** It now remains for the Profession to verify the symptoms. The remedy for the proving was prepared by **Simile GmbH. 11. Baptisia tinctoria - Wild Indigo**

WOOD Matthew (HT, 14, 4/1994)

Baptisia - Wild Indigo - was adopted from the Native Americans by the pioneer "root doctors" and its earliest uses were as a remedy for infected and gangrenous wounds. It is easy to see how the application arose: the leaves and pods, upon injury or maturity, immediately change from a lively green to a dark black. The injured leaf looks necrotic. By extension, Baptisia came into use as a remedy for low-grade, septic fever, where there were deteriorating materials in the blood and putrid discharges. The homoeopathic provings in 1857 validated the traditional uses and enriched the symptomatology. Allopathic doctors undertook research which proved that the plant possessed an ingredient which was toxic to the typhoid bacteria. All these schools utilised the remedy on essentially the same indications. Baptisia is one of the most important among a class of remedies suited to "septic infection", as it would have been described in the 19th century. Septic fever with deterioration and putrefaction. The putrid element is what distinguishes Baptisia from similar septic fever remedies like Echinacea. Pulse and tongue indications were widely observed by allopathic, eclectic and homoeopathic practitioners in the 19th century.

12. **Thyroidinum: Discovering a Treasure**

GHOSE S.K. (HTIMES, 1, 1/1994)

This is an extract from a book titled 'Clinical Experiences with some Rare Nosodes' by Dr. S.K. GHOSE, which is out of print now. The following is abstracted: Thyroidinum is one of our best remedies for the new-born babies and very useful in all cases of convulsions when it is not due to any trauma during delivery or when it is not attended with a rise of temperature. For convulsions of babies born of mothers suffering from Eclampsia or of parents suffering from various nervous and metabolic disorders or when the cause is obscure and it is difficult to ascribe or locate the cause and also in

convulsions of children during dentition without fever this remedy holds a unique position with its modality 'aggravation from cold water as against Opium where hot water aggravates'.

Vomiting and nausea with any disease particularly when it is chronic is a key-note symptom of Thyroidinum. In cases where after the second and the third day of delivery a vicious type of toxic vomiting starts without any apparent or tangible cause and brings on a deathly pallor and extreme prostration. In desperate cases of jaundice in newborn babies, Thyroidinum will bring back the patient almost from the jaws of death. It is also efficacious in various obscure troubles of new-born babies when there is reason to think that both the growth of the organs and the general vital force are not keeping pace with the general growth of the baby.

In chronic and obstinate diarrhoea of under-nourished children during dentition and also in other metabolic disorders. Puffiness of the face, oedema of legs or general anasarca are very very suggestive indicating symptoms in cases of obstinate diarrhoea of under-nourished children. Vomiting with chronic diarrhoea in children should always remind a physician of Thyroidinum. In Insanity when it is connected with menstrual disorders in young girls. Any constitution showing an abnormal aggravation of various troubles during menstruation should be considered as a very good field for the action of Thyroidinum.

It is one of our pre-eminent medicines in cases of early abortion and tendency to premature labour when the cause is not of mechanical origin; when due to retroverted uterus Thyroidinum 30 in repeated doses from the early months will prevent abortion which takes place generally in the third month.

In very severe cases of nasal oedema and with obstructed respiration it is one of our sheet anchors.

It is almost a specific for Urticaria and Angioneurotic oedema. It is one of the most important remedies in Homoeopathy for Diabetes mellitus when symptoms appear with great rapidity and extreme weakness. Also in cases with history of allergy in the patient or his family and also when diabetes appears after the cessation of allergic manifestations.

Some more Symptoms: **Mind**

Homicidal tendencies

Suspicious

Ideas of persecution

Rage over trifles; worse opposition

Grumbling

Obesity with Rheumatoid Arthritis, puffiness

Easy fatigue, wants to lie down

Rapid emaciation, goitre

Hypo and Hyperthyroidism, Cretinism, Acromegaly

Tetany, hypotension

Craving: Sugar, Sweets

Palpitation worse least exertion

Enuresis in weak children

Uterine and breast tumours, Agalactea

Skin: Psoriasis with obesity, Eczema, Icthyosis

Symmetrical, bilateral.

13. Some light on the (mis)/understanding of **Aurum metallicum**

SHAH Rupal (HTIMES, 1, 2/1994) Symptoms not supported by provings would lead to distortion of Homoeopathy. This is highlighted by study of the remedy Aurum metallicum.

14. **Astacus fluviatilis** - Some Notes appended SHAH Rupal (HTIMES, 1, 1/1994)

George VITHOULKAS described a case cured by Astacus fluviatilis in his Seminar at Bombay on 20-22 January 1994. Here are some further notes:

Some guiding features:

- Sphere of action: Liver, Skin, Lymphatic glands
- Skin: Urticaria with liver complaints (jaundice), Crusta lactea with lymphadenopathy; Erysipelas
- Stinging pains
- Fever with red, glowing face
- G.I.T.: constriction of duodenum, especially at the site of the opening of gall duct into the duodenum

Mind:

- Apprehension with anxiety in chest
- Delirium with nettlerash
- Anger with redness.

III. THERAPEUTICS

1. Promising Role of Homoeopathy in De-addiction

BHARGAVA Aneesh (AHJ, 4, 1/1994)

This is a brief study of Drug addiction and its de-addiction. The author has undertaken study of this problem in Lucknow, New Delhi, Bombay and Madras. The advantages of homoeopathic treatment of de-addiction has been outlined.

2. Bilateral Ovarian Cysts - A Case Report
KRISHNAN Sanjay (AHJ, 4,1/1994)

A 32-years-old female with bilateral ovarian cysts was treated with Thuja, Conium, Lapis alba, Phytolacca, Aurum muriaticum natronatum over a period of nine months and the Cysts dissolved completely.

3. Headache - its Signs and Symptoms
(Differential diagnosis & Aetiology)
BANSAL V.P. (AHJ, 4, 2/1994)

Headache is one of the commonest ailments. Although common sometimes it is of grave significance. The author discusses in brief the pathology, the causes and the different types - Neuralgia, Referred pain, Meningeal, Vascular, Traumatic, etc.

4. Preventive Homoeopathy - An Unfathomed Facet

NARASIMHA RAO, K. (AHJ, 4, 2/1994)

This is a detailed study of various diseases which can be prevented by homoeopathic medicines. Our repertories are replete with rubrics such as 'Coryza, aborting remedies', 'Sensation as if diarrhoea would set in', 'Abortion, tendency to', 'Predisposed to lung troubles', etc. Knowledge of common causes or precursors of such ailments as Myocardial infarction, Diabetes, etc. Would help prevent their occurrence by the appropriate homoeopathic remedies. A well-researched article.

5. Measles - The Strategy of its Treatment
BANERJI Parimal and MUKHERJEE
Santwana (AHJ, 4, 2/1994)

The authors aver, on the basis of their experience that Bryonia 30 is the best medicine for Measles! Other remedies like Antimonium crudum, Hyoscyamus, Rhus toxicodendron may be required in some cases.

6. Tuberkulosebehandlung heute (Current treatment of Tuberculosis)
BANDELIN K. (AHZ, 239, 3/1994)

In the AHZ, 237, 2/1992, Dr.R.ROMER reported the treatment of three cases of lung diseases (a case of bilateral cavernous pulmonary tuberculosis, one case of right-sided Seropneumothorax and a case of bilateral infiltrative pulmonary tuberculosis right sided Pyopneumothorax) with Homoeopathy. On the basis of these cures the author affirmed that the exact homoeopathic remedy cures even the severest disease.

In this article of BANDELIN a case of successful treatment of Pulmonary Tuberculosis is reported. The cure is confirmed by X- ray. The author rightly argues that keeping in mind the economics homoeopathic therapy is the most suitable in this serious disease. 7. Kurzer Uberblick iiber die Entwicklung von Hahnemanns Behandlungstechnik mit praktischen Beispielen (A brief survey on the development of Hahnemann's treatment technique with practical examples) SEILER H. (AHZ, 239, 3/1994) Hans-Peter SEILER is the author of the book (in German) published in 1988 in which with help of case reports spanning the whole medical practice of HAHNEMANN he shows the development of HAHNEMANN's practice - from the drop doses of mother tincture to C and then Q potencies.

In this article Dr. SEILER shows with three selected cases from the original records of HAHNEMANN and partly from the existing literature how HAHNEMANN actually practiced.

The following four stages in the development can be differentiated:

1. At the beginning HAHNEMANN uses unpotentised medicine according to the Law of Similars in daily or even more frequent doses, even in chronic cases.

2. On account of the severe reactions of his patients to the treatment, HAHNEMANN increasingly changes to higher potencies in increasingly larger intervals until finally a mere smelling-doses in the 30th centesimal potency is given.

3. To accelerate the therapy HAHNEMANN afterwards returns to repeated doses of the same medicine in decreasing C-potency scale. The single doses are now dissolved as globule in diluted alcohol and are usually taken daily over a period of 7 to 20 days.

4. Finally to reach an optimal effect of the homoeopathic potency the LM or Q-potencies are introduced. The LM-potencies are applied in the same manner, but in increasing potency scale.

8. Rajan Sankaran und die **Situtational Materia Medica** - Eine Einfuhrung (Rajan Sankaran and the **Situtational Materia Medica** - An Introduction)
RETZEK H. (AHZ, 239, 3-5/1994)

RETZEK's article on the **Situttational Materia Medica** of Rajan SANKARAN has been published in three issues of this journal, 3 to 5/1994. The author writes of some insights into the **Situttational Materia Medica (SMM)**, a theoretical-philosophical concept of understanding disease and remedies, as developed by Dr. Rajan SANKARAN.

The basis of the SMM is examined for consistency with HAHNEMANN's findings as well as factual medical knowledge. Then a theoretical and practical method to approach the primarily 'unmeasurable' state of disposition is presented as well as a method to deduce from the hard facts of a remedy - the rubrics - its underlying state of disposition. Finally the core of the SMM, disease as an altered state of perception (delusion), is presented. Lastly, a comprehensive review of the entire concept as well as some open questions. 9. AIDS and Homoeopathy, is there a cure?

LEWIS Joe A. (QH, 3, 3&4/1994)

This article, like many others, is only a theoretical one. 10. The Role of Nosodes

TIWARI Sashi Kant (QH, 3, 3&4/1994)

Nosodes can be used as (i) indicated remedy (ii) intercurrent remedy (iii) anti-miasmatic remedy, (iv) Constitutional, and (v) empirical remedy. Cases have been discussed under the above five divisions.

Case 1: 51-year-old man with gastro-intestinal complaints (acidity, flatulence) skin eruptions (large bullae on the left thigh with fever; skin had a bluish appearance all over). Complained of severe burning, pulling sensation, dryness of mouth with thirst, chilly patient. *Arsenicum* 30 given after which the eruptions broke and discharged and the whole area looked like raw flesh. Slow healing of the ulcers and burning pains continued. *Anthracinum* 30 b.d. (Burning ulcers, itching, discharge - ichorous and offensive pus) and from the next day the ulcer started healing and burning came down. In a week healed completely. **HIV investigation (Sot and Elisa test) positive.** *Anthracinum* the indicated remedy cured even though the patient had an incurable disease (Was he not treated further for the HIV? = KSS)

Case 2: An 80-year-old nun with herpes zoster on the chest and back; burning and offensive discharge. *Anthracinum* 30 b.d. cured in one week.

Case 3: Two-year-old male child with low-grade temperature ranging from 99-100T since 7 months of age; temperature has never touched normal; two episodes of febrile convulsions with high temperature, hospitalised. Wants to lie down on cold floor. Irritable, peevish, cranky, hyperactivity followed by dullness and inactivity. Taking into consideration these and other symptoms, *Bryonia* M q.d.s. for 4 days *Tuberculinum bovinum* M. *Tuberculinum* M was repeated twice at intervals of about

a week. The child became normal in all respects.

Case 4: 22-years-old man with constant cough since a month; dry, spasmodic. Singer by profession but couldn't pursue due to this cough. Aggravation at night, Company, Warm drinks. *Ambra grisea* 30 b.d. completely cured in 4 days.

Case 5: Unmarried 31-year-old female with irregular bleeding since puberty at 13 years age. E Bleeding lasts many days, profuse and mixed with clots. Sometimes the cycle is short and sometimes late. In this case *Tuberculinum* was given as an ['intercurrent' remedy while *Calcarea carbonica* was her 'constitutional.

Case 6: Two-year-old male child with Thalassaemia major and was on regular blood F transfusion. *Calcarea carbonica* was given repeatedly (30 potency) with an intercurrent dose of *Syphillinum*. Where as he needed transfusion every 15 days now it was required only once in two months.

Case 7: In this case the Nosode is used as 'anti-miasmatic' remedy. A 61-year-old female, insulin-dependent diabetic, with pain in the major joints of upper and lower extremities. Osteo- arthritis confirmed by X-ray knee. *Thuja* 30/*Calcarea fluroica* 30, *Sylvestra gymnema* <J>, *Rauwolfia* <J>. After about 6 months *Medorrhinum* M gave much relief of the joint I pains.

Case 8: In this case Nosode is used as 'constitutional' remedy on the basis of 'Mental and Physical make up'. A 3-year-old female child with chronic coughs, colds; enlarged tonsils, cervical glands, white spots on nails. While remedies like *Antimonium tartaricum*, *Ipecacuanha* were given for 'acute' stages, *Tuberculinum* M was given at month intervals as 'constitutional' and the child improved steadily

Case 9: This is also a case of *Tuberculinum* in a 7 year- old boy with recurrent coughs and colds.

Case 10: In malignant cases like Carcinoma, *Carcinosin*, 200/M were given which helped the cases.

In a case of gastro-intestinal disorder after Typhoid, the remedy *Lycopodium* worked more efficiently after a dose of *Typhoidinum*.

In a 13-year-old boy who suffered with sneezing and coryza every day in the morning since 6 months, although *Natrum muriaticum* was indicated, the remedy worked better after a dose of *Influenzinum* M; there was history of Influenza after which these complaints came up.

These cases show the 'empirical' use of Nosodes. 11. Vertraglichkeit Zahnartztlischer Werkstoffe aus homöopathischer Sicht (The Compatibility of

Dental materials (Amalgam) in the homoeopathic view)

BARTAK Jan (ACD, 3, 2/1994)

Pierre SCHMIDT has advised that the troublesome teeth must be removed. Amalgam, and all other metals and other materials used in dental work including synthetic ones can affect those sensitive to them. This is not well-known. In dental work we come across more persons who are allergic to this or that material. All dental alloys contain more than 1% gold. Even pure gold has to be critically viewed, example:

56-year-old woman had all the Amalgam fillings removed after reading in a newspaper media, and had a Jegulor (70% Au) put in instead. Whereas she was well before the gold filling, she became after this depressive, feared death, BP 250/110, headaches and vertigo, all symptoms worse in warm room, photophobic, diplopia. Her Dentist removed the Jegulor fillings and she was given *Aurum LM 12* 1 x daily 5 drops and she became well since then.

Just as in the homoeopathic provings not all provers react exactly, and some don't react, it will be dear as to why some luckily don't suffer with any amalgam or metal-containing fillings.

Patients complain of a metallic taste often, like jitter, sour or say that such and such thing does not taste anymore. Leading symptoms that may arise as a result of dental fillings with incompatible material, are listed below: ***Jlmercurius***

- sweaty type with soft muscles; sthenic or asthenic
- delayed psyche; arithmetical errors
- copious sweat, which does not relieve
- large, flabby tongue with imprint of the teeth; Thirst - despite profuse saliva
- catarrhal headach; Vertigo
- characteristic foul odor
- Salivation
- Tremor
- worse from cold and also from warmth
- worse nights and from humid weather
- worse from lying on the right side

Argentum metallicum:

- lean and old appearance
- weakness of memory, restlessness, vertigo, neuralgias of the head
- loquacious or taciturn in company
- hoarseness; thin sputum, like boiled starch
- Backache, must walk bent

- worse travelling on car; from touch or pressure; by talking or singing

Hurum:

- Full-blooded, hypo-manic persons, often successful; cannot wait and would like to talk with the chief straightaway and complain
- Severe melancholy, with thoughts of suicide
- violent headaches; high blood-pressure; palpitations
- photophobia, sparks before the eyes, diplopia
- worse cold, in winter, daytime
- better air, summer, morning, cold bathing

Cuprum:

- cerebral irritation, headaches, vertigo, salivation
- Spasms, spasmodic coughs, dyspnoea, cyanosis, gastrointestinal colic
- Grinding teeth, Angina pectoris, Cramps of calves at nights
- Thumbs clenched down into the palm of the hand
- Worse cold air, night, suppressed eruptions or footsweat
- nausea, vomiting and cough better from a swallow of cold water

Palladium:

- loves approval, easily offended
- headaches from ear to ear
- shooting pain from navel to back
- pain and swelling in the right ovarian region
- itching

Platina:

- extravagant personality, dresses in finery. Proud, arrogant, scorns others. Delusion that everything around is small, all persons are physically and mentally below
- pressing headache limited to a small spot
- Nymphomania, menses too early, too heavy, too long; with dark clumps
- worse sexual excitement, caress, touch, sitting and standing; evening
- better walking in cold air, sunshine

Stannum:

- hollow face with sunken eyes, much weakness in the chest; chronic bronchitis with sweet expectoration; so weak that she cannot even speak; that she would like to fall into a chair

- extreme weakness of mind and body

Titanium:

- Vertigo with Vertical Hemianopsie
- poor vision; can see only one half of the object
- Rhinitis. Nausea; loss of appetite
- Bright's disease
- sexual weakness with premature ejaculation during coition
- Eczema; Tuberculosis cutis luposa
- the patient generally feels and looks very sick

Zincum:

- general weakness and tiredness, weakness of memory; grinding teeth
- headaches and vertigo; muscle twitchings, palpitation
- sleeplessness and restlessness of the legs
- worse alcohol

Two case reports are given to show that the medicine (Lac caninum) selected on the basis of the Generals and Mind cured the joint pains etc. in one patient - these pains were clearly traced to the dental Amalgam fillings and in another the sufferings were due to dental fillings and the patient became well after removal of the metal.

12. Allergisches Asthma bronchiale und Heuschnupfen (Allergic Bronchial Asthma and Hayfever)

RECKERS Winfried (ACD, 3, 2/1994)

A 33-year-old woman with Bronchial asthma since her sixteenth year. It began after her parents acquired a dog; contacts of animals like cats, horses also caused the dyspnoea. From 19th year of age she developed Hayfever symptoms during the period March-September. Apples, Cherries and Plums caused itching mouth. Since years she used inhaler spray, and other medicines. If she reduces the doses of these medicaments asthma symptoms would set in. If she enters a room in which any of the pet animals like dog had been in, then too the asthmatic symptoms would recur. She was also taking L-Thyroxin 150 since 15 years for a Struma. Tonsillectomy was performed in 1978.

After further examination the following symptoms were chosen for repertorization: Jealousy; Laughs involuntarily over serious matters; Irritable on waking; Salivation night; Menarche late.

Lycopodium and Pulsatilla came through in all the rubrics. Careful comparison with the **Materia Medica** decided for Pulsatilla which was given in Q 18 potency once a day three drops. Improvement set in very rapidly and the medicine was continued according to requirement and soon the patient became free from the

ailments. The treatment began in March 1992 and the follow-up has continued upto the time of the reporting of the case.

13. Stamper

KAY Dennis (NEJH, 3, 2/1994)

A 34-year-old man with complaint of recurrently being ill since a flu; had been "worn down" and stressed before the onset, mostly due to a job change and move.

Very high vitality; slightly "hyperactive" and restless as a child. Had great rages with greatly increased strength. Even in his twenties these rages would "surge up" like a "superadrenalin-thing". He was always looking for positive ways to channel this energy, be it in sports, karate, or playing in a rock and roll band. After an explosion he would feel weak and drained but his mind would be "very clear". He felt then that he had "drained the monster". His family called him a "Stamper". Driven by achievements and challenges; "the harder the better". He is particular and organized and "needs to be under control".

Everything he does he "goes for it totally". Fears heights, narrow spaces. Stramonium 200

14. A case of Intractable Constipation

ACKERLEY Sarah (NEJH, 3, 2/1994)

45-year-old woman with chronic constipation of

over twelve years drug rehabilitation for abuse of Heroin. No urge at all. Stools extremely hard, small, and dark colored. Burning pain when there is bowel movement. Abdominal examination and X-ray revealed gas and fecal material throughout the entire colon. History of Hepatitis A at 22 years age and three months ago Hepatitis B. Depressed since last 7 years and started Desipramine.

Thirsty with dry mouth.

Opium 30 and improvement began promptly. Five months follow-up: Opium was never repeated and she has been having bowel movements on her own and depression has decreased.

15. Remedies and their Characteristics/Symptoms in Prostate Gland Problems

GHEGAS Vassilis (NEJH, 3, 2/1994)

This is an extract from Vassilis GHEGAS' book. The differentials of the remedies most often indicated in Prostate Gland problems have been discussed. As 'follow-up for Prostate gland problems' the author advises:

If it concerns an enlargement of the Prostate gland, it is good to send the patient - after a successful homoeopathic treatment of three to six months - for a new ultrasound scan to see whether the enlargement has lessened.

If the allopathic specialist puts the patient under pressure and wants him to undergo surgery, I give the following advice: under the age of 65, there are often psychological problems by which the patient does not feel

like a "real" man anymore, and for this reason, I don't easily allow the patient to undergo surgery. Above the age of 65, there are usually less problems.

If there is a malignant evolution, I advise to always have the patient undergo surgery. After the operation, homoeopathic treatment can be continued with good results.

16. Some Reminiscences of the Use of Homoeopathic Remedies in Surgery
MISTRY D.E. (IJHM 29, 2/1994)

A Surgeon by training and profession, turned homoeopath and records some of his about 30 years experience with Homoeopathy. Cases which came to the hospital for surgery but were cured with Homoeopathy, surgeries in which Homoeopathy was used as an adjuvant - pre-operative anxiety, stresses during operation, and postoperative problems, Burns, stitch abscesses, such emergencies as Appendicitis, Prostate troubles, Piles, Head injuries, Fractures, Tubercular cases, etc. all were helped by Homoeopathy. A rich field of homoeo-therapeutic excellence was demonstrated.

17. Abdominal Emergencies-II
MADHOK P. (IJHM, 29, 2/1994)

Diagnosis of common colics.

18. The Amorous Saint: A Case of Osteomyelitis
GOKULGANDHI Vanraj (IJHM, 29, 2/1994)

58-year-old man, married with three children, Insulin-dependent diabetic, with Osteomyelitis of the little toe. Besides diabetes the patient had other complications also like blood-pressure, etc. Much financial strains. Since last 30 years he was involved with spiritual mission and worked for the mission. He was capable of good preaching. The one thing that came through the interview was that there was a very strong sex-drive all through his life and it was predominating although the patient of late tried to subdue it. Fluoric acid improved this patient.

19. Perceiving Rejection - Psychological
Philosophical Perspective - II
BARVALIA Praful (IJHM, 29, 2/1994)
Infancy and childhood experiences leave their

impressions and determine the personality and reactive patterns of persons. To select the similar remedy, therefore, one must enquire for these early life experiences and their reaction. Two Cases as example:

Case 1:48-year-old man came for consultation for Herpes genitalis. He also had STD. Born in an affluent family, he was sent to boarding school and he felt rejected; he could never relate with his siblings even later. While he

went to London for higher studies he developed relationship with a Czech girl who however did not want to leave her country whereas the patient longed to come back to India. This relationship broke and it took him long to overcome the trauma. He loved to move with Gypsies; had multiple sex encounters, mostly with commercial sex workers. He smoked and drank.

Magnesium carbonicum 200

Case 2: 28-year-old man, unmarried with complaints of chronic colds, coughs and frontal headaches. Episodes are worse in summer and associated with giddiness and much weakness. Perspiration stains yellow fast; Chilly. His father left the family and went with another woman and hence the family had to live with relatives where they were not treated well. Patient excelled in studies and qualified professionally and employed. Forsaken feeling, Resentment, Reserved, Repression and Denial = Magnesium muriaticum.

20. A Sensitive, Conscientious Lad: Cyclamen
PATWARDHAN Prabha, GANDHI Priya
(IJHM, 29, 2/1994)

35-year-old housewife with three children. Chief complaints: Recurrent coughs and congestions with fever and occasional attacks of wheezing since two years (since death of cousin). Worse in summer, better by steam inhalations. Associated complaints: Acidity, fullness and burning sensation in right hypochondrium worse eating even small quantities, worse spices and mental tensions; depression and mood swings worse before menses; disturbed sleep. Past history revealed much mental trauma (alcoholic father beating mother, mother abandoned family but returned for the sake of the children) patient felt guilty, reproached herself, conscientious about trifles, Forsaken feeling, Sadness before menses = Cyclamen 30.

21. Fastidious old Lady with Gangrene
MENON CM. (IJHM, 29, 2/1994)

85-year-old woman: left foot ankle down jet black, cold to touch, appeared shrivelled; no pulsations. A month ago had developed severe bronchitis with high fever, became delirious and was hospitalised. In this state she turned violent and had to be physically restrained to the bed. Her son felt that she developed this gangrene because of this. She was got discharged against medical advise. Consultant Surgeon opined amputation urgently.

Arsenicum album 200 in deviated doses in water was given and in about 3-4 days the foot felt warmer and small blister developed at the end of the big toe and gradually pulsations could be felt and she began to complain of the big toe. The tip of the toe started sloughing. The medicine was continued for three weeks, and then in ascending potencies upto CM.

Healing was complete.

22. A Case of Vocal Cord Nodule
SHUKLE N.P.(IJHM, 29, 2/1994)

67-year old lady, stage artist, short and stout, unable to give performance due to hoarseness since last four years. Loses control over timbre of voice while talking. She was diagnosed as suffering from nodule in the vocal chord. The nodule was considered as a Polyp.

Thuja 50M cured.

23. A Clinical Case of Lichen Planus
MEER Amina (IJHM, 29, 2/1994)

A 4-year-old boy with Lichen Planus on arms and legs. Dulcamara 50M cured while the lower potencies (M, 200) did not have any action.

24. A Case of Baker's Cyst
WADIAS.R. (CCR, 3, 2/1994)

52-year-old man with a 'Maran Baker's Cyst' behind the right knee. Surgery was proposed. There was also pain in the right knee joint. X-ray showed early degenerative patellar spurs. History of fall two years ago. Arnica 200 for a week followed by Rhus toxicodendron 200 for another week did not have any influence over the Cyst. Now Magnesium carbonicum 30 (KR. 1200) for one month completely cured.

25. A Chronic Skin Case
KLUNKER W. (CCR, 3, 2/1994)

4-year-old girl with complaint of chronic eczema and herpes simplex of the lips since 6 months. Plaques of eczema on the face, elbows, nates, knees and feet, but not in the bends of the joints.

Tendency to frequent colds, coryza, cough and otitis. Fear of dogs, Sensation of heat, Desires eggs, Perspiration occiput: Sulphur 30 and four months later Tuberculinum 200 and after about four months Calcarea, and again three months later Tuberculinum 200 and later Calcarea XM, 50M, followed by Herpes 200 and lastly Calcarea CM. Cured.

26. Paroxysmal Spasmodic Left Paretic Affection
SHINDE Prakash (CCR, 3, 2/1994)

58 year-old man; hypertensive since 10 years, Pain lateral aspect of left leg since 4 years, agg. by sleeplessness, vocal cords too weak whenever he raises the voice, occasional swelling of the upper eye-lid (which eye?) Pains shifting; painful part warm. Worse left side. Coccus indicus 30 b.d. for 5 days, then b.d. for 10 days, then 200, seven doses alternate day, and then 1M weekly for four weeks.

15-year-old girl developed convulsions suddenly and on the same day she was menstruating. The convulsions were followed by paralysis of the left upper limb.

Admitted to the Hospital where the condition deteriorated.

The patient was now put on Homoeopathy. The peculiar feature was the left upper extremity paralysis with convulsions; convulsions during menses. Artemisia vulgaris 30, then Cocculus 30, Belladonna.

45-year-old woman; with brownish red allergic rashes at different places with intense itching and occasional oozing all over the body some two years ago. This problem has been with her since 25 years and despite many remedies has not been relieved. It was observed that the patient being dictatorial, ambitious, strong-willed, was also very hopeful despite the fact that she has not been in any way relieved by the many medicines so far. 'Hopeful' has Ferr., Hydr., Senega, Tub. Ferr. 30 brought sound sleep within two days (such sleep she has not had for well over 20 years) and the entire case came under control with Ferr. 30 and then 200. (Ferr.: iron-willed, strong, swords & dictators).

25-year-old woman, married and with a child 2 yrs.; allergic dermatitis. Itching and swelling all over the body with restlessness, worse 12 noon, awakened frequently at night due to the itching and scratching until raw and relief in morning until 12 noon. Has been prescribed earlier Apis, with no relief; then Arsenicum album with slight relief. She had an IUCD (Copper T) after which her problems began, including painful swelling of knee and ankle joints and when the IUCD was removed these swellings cleared.

Cuprum arsenicosum 30, 200 brought about good improvement but the 1M aggravated; hence Cuprum arsenicosum 6 totally relieved.

35-year-old woman with skin eruptions on contact with ornaments except pure gold. Eruptions red at the sites where the ornaments came into contact simulating Telangiectasia, burning, worse from perspiration, warm room. Itching severe. Patient was dictatorial.

Ferrum metallicum 6, 30, 200M and 50 M, over a period of six months completely cured.

27. A case of Primary Sterility
PACHEGAONKAR U.S. (CCR, 3, 2/1994)

22-year-old lady with complaint of sterility.

Remedies used: Sepia, Phosphorus, Ferrum picricum, Ferrum phosphoricum, Natrum carbonicum, Tuberculinum, Petroleum.

28. Cases of Tuberculosis
SHINDE Prakash (CCR, 3, 2/1994)

65-year-old lady with fevers with rigor since a month. Fever agg. evenings; Chill with external coldness; Profuse perspiration with transient amel. of temperature; General malaise. Tubercular or malignant effusion from study of X-ray chest. Remedies used; Tuberculinum, Bryonia, Calcarea

phosphoricum (in that order) cured.

44-year-old male with complaints of fever daily evening since 3 months; fever worse 2 a.m. - 4.a.m. Sticking pains in chest; hypersensitivity to pain; nose stuffs up in warm room; lying on painful side agg.; Better by moving about the room; Warmth amel.; Flatulent dyspepsia. Closed personality; did not want his disease to be disclosed even to his wife. X-ray: Patch of consolidation seen at right apex, pneumonic tubercular?

Kalium carbonicum 30 repeated doses and in two months X- rays revealed complete resolution of pneumonic patches.

25-year-old lady with pain in cervical region, lumbar region; the cervical pain and lumbar pain alternate. Rhus toxicodendron amel. the lumbar pain. Arsenicum album amel. the cervical pain, but mental depression came up for which Natrum sulphuricum was given, but lumbar pain returned. The case went up and down and prescriptions were based not merely on the physical but on the constitutional (Mental and General) symptoms. She had right ovarian cyst and Tuberculin test was positive. Arsenicum iodide 30 and her improvement was rapid.

(The three cases of Dr. SHINDE show the very effective role of Homoeopathy in the treatment of Tuberculosis. =K.S.S.)

29. Cases

KRISHNA DAS Jiban (CCR, 3, 2/1994)

An 8-year-old girl with septic tonsils for which surgery was suggested. There was also an erysipelatous ulcer with vesicles covering right cheek upto behind the ear. Hepar sulphuris 200 single dose cured in 3 days.

A woman with bleeding piles, myopia. The piles came on after child-birth. Physostigma 200 single dose cured the piles rapidly.

Same woman, 15 years later suffered bleeding piles (too much of pungent food). Keeping in mind the sycotic background (her father had several warts), a single dose of Medorrhinum M cured.

30. Cases

VOHRA D.S. (CCR, 3, 2/1994)

Four cases treated with mixtures of BACH Flower Remedies.

31. A Case of Pulmonary Tuberculosis

VENKATESWARAN (CCR, 3, 2/1994)

A Male with diagnosed Pulmonary Tuberculosis and was on allopathic medications from 1982 to 1993 after which Homoeopathy. Many remedies as required at the specific times were given, beginning from Thuja, Bacillinum. Homoeopathic treatment from July 1993 to 15

Jan. 1994; after this X-ray showed 'old cavity lesion but no active lesion'. In May 1994 the patient wrote to the author that he had no problems.

A Case of Asthma: 52-year-old male with Asthma. Anti-sycotic remedies Natrum sulphuricum and Thuja were the main remedies which improved this patient. Towards the end he developed oedema of feet (the Editor has rightly remarked that in cases where anal fistula has been closed surgically feet oedema occurs at the end and perhaps further use of anti-sycotic remedies may be required to complete the cure.)

32. Child Psychiatry and Homoeopathy

KULKARNI Ajit (CCR, 3, 2/1994)

An 8-year-old boy with frontal headaches. He was a much-pampered, over-protected child of rich father. Various investigations revealed no pathology; antibiotics and psychiatrist's treatment also did not help. Homoeopathic investigation revealed that the boy suffered punishment at school and couldn't retaliate; he was also destructive and irritable. Staphysagria 200 single dose relieved the headache.

The case is followed by detailed study of 'child psychiatry' and two more cases are given:

An 8-year-old girl with nocturnal Enuresis and asthma. Irritable, weepy, worse from consolation; continual tension in the family; masculine constitution. Sepia was her remedy.

12-year-old boy; gradual decline of performance at school; frequent sleep disturbances; nightmares. Father a vagabond and drunkard who beat his wife frequently. Mother was calm, quiet, submissive. After one such behavior of the father the mother and boy came away, lived separately and the boy's poor performance at school began after this. Natrum muriaticum (Desire for salt, hot patient, desire meat) was his remedy.

33. How I Treat Seasonal Allergies

SHORE Jonathan (BHJ, 83, 2/1994)

Under 'Education and Debate' the BHJ has been publishing articles wherein the authors say 'how I treat'. In this article Dr. Jonathan SHORE (USA) explains his methodology of treatment of 'seasonal allergies'.

SHORE says that the question to be asked in this (allergy) as in any other condition is whether the prescription would reach the deepest level at this time. "That is to say, the symptoms of the past, the presenting or main complaint, should supply additional information which confirms the pattern of the whole rather than supplants or substitutes for it. In any case, where the underlying constitutional medicine can be clearly perceived, even if the allergic symptoms are not

well covered by that medicine, it is more likely to be curative than a medicine chosen on allergic symptoms alone. This presupposes that the constitutional medicine is clear, and that the pattern of the local symptomatology does not reflect a clear and complete drug picture."If the allergic symptoms overwhelm and obscure the underlying constitutional image, then he suggests the 'main symptom technique'. In this, *Sabadilla*, *Nuxvomica*, *Aralia racemosa*, *Euphrasia*, *Dulcamara*, *Allium cepa*, *Arum triphyllum*, *Bromium*, *Kali iodatum*, *Arsenicum album*, *Arsenicum iodatum*, *Sticta*, *Psorinum*, *Kali bichromicum*, *Sinapis nigra*, *Arundo*, *Wyethia*, *Ranunculus bulbosus*, *Silicea*, *Agaricus muscarius*, *Pulsatilla*, *Ambrosia*, *Apis*, *Rhus toxicodendron*, *Gelsemium* and *Carbo vegetabilis*, come in mainly; the specificity of these remedies to the Nose, Ears, Palate, Mouth and generalities are briefly discussed.

Five cases are given.

34. A **Gratiola** Case

BIANCHINI Roberto (The Homoeopath, 53/1994)

A 25-year-old female with history of drug abuse, (alcohol, LSD); Anorexia, depression, guilt feelings, low working of mind, difficult concentration, as if dazed.

Gratiola was her remedy. (Confusion, dream as if in; Answers, reflects long; Fear of eating)

The author also points out that the **KENT Repertory** has a sub-rubric "Fear, eating of, hungry, when" which seems to be incorrect, especially in the light of the case reported.

35. Hell hath no fury

MARTANDA Adam (The Homoeopath, 53/1994)

The many facets of the remedy Platina are presented in this article with illustrations from stories, films, own cases. Some states of the mind of those who feel scorned by the ones they love are studied.

36. The Case of Pat

LEVY David (The Homoeopath, 53/1994) A 62-year-old lady, divorced, one child, suffered from severe neuralgia of the left side of face after (two) operations. She was loquacious, rather garrulous, demanding, dreamt of being in a strange place, also waking thinking that she was not in her own home.

Pan's quadrifolia, removed the neuralgia and

also her excessive loquacity.

37. Hysteria

MEYER Sarah (The Homoeopath, 53/1994) According to FREUD hysteria is derived from injuries or traumata whose imprint persists unconsciously for years. According to JUNG, apart from the traumata, another special class of disturbance in the province of love, with a disturbance in the erotic sphere was responsible. Hysteria being a cry for love and for the 'listen to me', or 'they never listen to me' is often ameliorated by magnetism and consolation. It can also be recognized by the attention-seeking-rubrics or escapist-rubrics.

38. Pulmonary Tuberculosis - A Case Report

GOYAL K.K. (Simile, 4, 2/1994 issued with the BHJ, 83, 2/1994)

25-year-old male: loss of appetite, could not sleep on left side, cough, left-sided chest pain, dyspnoea on cough and continuous low grade fever for the last two months.

He came to the clinic alone remarking 'nobody never helps the other'.

Phosphorus 30 and clinical investigations ordered.

Sputum highly positive for AFB, ESR raised, chest X-rays: left-sided tubercular lesion with effusion, right lung showed infiltration in upper and middle zones.

Phosphorus 30 one dose repeated after three days. He was also given Arsenicum album 30 which he was to take if fever did not come down. However, the patient took the Arsenicum also for a week.

X-ray taken about 7 months later showed very good improvement and another X-ray about 8 months later showed complete normal state. The tuberculosis healed without fibrosis.

39. Berger's Disease cured by Homoeopathy

SURYAMANI (HH, 19, 4/1994)

Berger's Disease of the left big toe in a man who sustained a trauma to the toe developed after 8 months inflammation, pus, corroding ulcer. *Lycopodium 200* prescribed on the totality (2 doses at 20 days interval) cured.

40. Rheumatoid Arthritis

KARMAKAR A.C. (HH, 19, 4/1994)

Briefly describes the disease and mentions names of some medicines as being 'generally used'. No cases cited.

41. A Case Report

SINHA Jayant Kumar (HH, 19, 5/1994) 45-year-old man with headache of 4 years duration; pain left temporal region extending to the frontal. History of head injury 5 years ago. Natrum sulphuricum 200.

42. Case Report

DEYS.P. (HH, 19, 5/1994)

A case of chronic Osteomyelitis of lumbar vertebrae cured within one year with homoeopathic treatment. Carcinosis 200, then M, XM in view of mixed miasm with predominance of syphilis; tendency to bone destruction at an early age without history of trauma. After Carcinosis, Fluoric acid M, XM cured. Carcinosis was given for: Mixed miasmatic patient; Tidy; Causeless insomnia; Desire for salt, fish, meat; aversion sweets and milk; Fear of dogs and snakes; Fear of Cancer; Multiple warts and moles.

43. *Myristica sebifera* - Some Clinical Cases

SHAH Sandesh S. (HH, 19, 6/1994)

A young student of Homoeopathy was bitten by a rabid dog and underwent anti-rabies injections around umbilicus; abscesses developed in the spots of injections, with severe pain. Allopathic medicines did not give the result expected. *Myristica sebifera* 200 in repeated doses cured in 3 days.

Recurrent whitlows in a 30-year-old dairy worker. *Belladonna* and *Hepar sulphuris* did not help and he continued to suffer from severe agonising pains. *Myristica sebifera* 200 two hourly for 3 days gave relief; repeated the medicine t.d.s. for three more days. No recurrence of whitlows.

12-year-old boy, both legs amputated, suffered from electric burns three years ago. Had a deep wound and bed sores of the whole back; wound non-healing; antibiotics without relief. *Hepar sulphuris* 200 q.i.d. 15 days, then M once a day for 7 days without benefit; *Anthracinum* 200 q.i.d. 15 days, then M alternate days for 15 days without much change. *Carcinosis* M and then *Silica* 200 t.d.s. 15 days and all superficial wounds started drying but the deep wounds remained same. *Myristica sebifera* 200 q.i.d. produced remarkable improvement and healing took place.

Injection abscess over left gluteal region of a baby of three years age *Myristica sebifera* 200 cured.

44. Clinical Verification - **Belladonna** in Bladder Weakness

MISHRA S.C. (HH, 19, 6/1994)

5-year-old boy with dribbling urine involuntary; when asked his name the boy spat on the face of the physician; angry and irritable; obstinate. *Belladonna* 30 three doses in one day cured.

45. A Case Report - Diabetes Mellitus

BHATTACHARYA Kalyan (HH, 19, 5/1994)

47-year-old lady, with DM; her PP blood glucose was 471 mg% while the fasting was 337 mg%! Polyuria, cramps legs during sleep, etc. She was nonchalant about her ailments. This nonchalance in the face of alarming pathological state pointed to Phosphoric acid Q5 (50 millesimal) then Q10, Q15, Q18; blood sugar remained 205 fasting. *Causticum* Q3 (she prayed for relief so that she can pursue her spiritual sittings), Q5, Q8, Q10, Q12 and within one month of beginning *Causticum* her blood sugar came to 142 mg%, PP. She continues to be under treatment.

46. Using Homoeopathy during Pregnancy

COOK Yvonne (HLK, 3, 2/1994)

Discusses the advantages of homoeopathic treatment during pregnancy. It takes a look at conventional ante-natal care and also lists common ailments during pregnancy together with the most commonly indicated remedies for each ailment. A questionnaire was sent to 18 homoeopaths and 10 were returned for evaluation. The consistent approach seemed to be constitutional homoeopathic treatment and diet; also that pregnancy not being an illness there should be no interference unless necessary.

47. Mum, What else can I do?

LASOW Yvonne and DAM Kees
(The Homoeopath, 53/1994)

This is a case of a 23-year-old man with loss of blood during bowel movements, two or three times a day. He seemed to be always dependent on his mother, uncertain of succeeding, becoming very much concerned over small losses or misfortunes, upset by the smallest thing, always wanted to go out. On the basis of his life history and totality, remedies like *Calcarea carbonica*, *Graphites*, *Baryta carbonica*, *Staphysagria* and *Argentum nitricum* were given but he still had not got over his timidity, sulked, tense, depressed and negative about everything and he ever more frequently asked "Mum, what else can I do?" Was very much discouraged. *Muriatic acid* cured.

48. Homoeopathic Cardiac Medicines and Cases

HILTNET Richard E. (JAIH, 87, 2/1994)

Over the last 200 years of its history

Homoeopathy has offered medicines for a variety of cardiac problems including vascular disease, arteriosclerosis and high cholesterol levels. In this article some major cardiac and vascular medicines in Homoeopathy are highlighted. Cases also are given. *Crataegus oxyacantha*: A German Shepherd dog with what the Veterinarian had diagnosed as terminal heart problem and he was unable to help. The dog was a few hundred miles away and its symptoms were listed on which he was prescribed *Crataegus* D30 t.d.s. which improved the dog but cough persisted for which *Spongia* D30 was given; the cough became better but the dyspnoea and listlessness of the dog again became worse. Now *Crataegus* and

Spongia morning and night respectively were given and there was marked improvement. The dog survived for two more years.

Strophanthus hispidus: 30-year-old man with labile hypertension and mitral valve prolapse; *Strophanthus D6* t.d.s. which was gradually lowered to once a day as the patient improved and then PRN. A repeat Echocardiogram done after this a few years later revealed that there was no mitral valve prolapse. No heart murmur. Patient remained active.

Cactus grandiflorus: 75-year-old woman with history of chronic obstructive pulmonary disease. Had Tuberculosis at 20 years and she received treatment of bilateral pneumothorax. X-rays revealed severe pleural parenchymal fibrosis and calcification with thickening of the apices. Shortness of breath and feeling of "band" around her lower rib cage. B.P. was 90/70. Haemoptysis, mild edema, and frequent insomnia. *Cactus grandiflorus* tincture 7 drops before meals and bedtime. The favorable effect came the very next day. She received later *Psorinum*.

Digitalis purpurea: 86-year-old moderately obese woman with history of intermittent palpitations for ten years. Intermittent ankle edema and general weak feeling in chest with occasional difficult breathing. Her periodical constrictions chest and knees quickly responded to doses of *Cactus*.

Digitalis D6 t.d.s. and improvement soon followed.

49. Asthma: Case Study

RUDICK Carey (JAIH, 87, 2/1994) A case of Asthma is presented in which the principal prescribing symptoms consisted of visible heart palpitations, neglected lung- pleura inflammation, hydrocele, aggravation from heat and cold, etc. *Arsenicum iodatum* was curative.

50. A Case of Arthritis

CHASE Sandra (JAIH, 87, 2/1994) 40-year-old woman with Rheumatoid Arthritis which was cured over a period of about 5 years with *Naturum muriaticum*, *Lachesis*, *Rhus toxicodendron*, *Pulsatilla* - each remedy given singly except *Rhus toxicodendron* which was supplement to *Lachesis*.

The whole case and its response to the medicines, the reasoning for the medicine prescribed, etc. have all been described in detail. For this one must congratulate the author. In the analysis of the case report Drs. Karl ROBINSON, Ed. CHAPMAN, Michael CARLSTON and George GUESS, have given their comments. Quite interesting over-all.

51. Clinical Snapshots

Ross ANTONOFF and George GUESS (JAIH, 87,2/1994)

Case 1: Interstitial Cystitis: 31-year-old woman with "interstitial cystitis", of 2½ years duration. Burning pain of the bladder with no modalities except occasional mild frequency and "panic" during exacerbations. Detailed examination however revealed characteristics of "carcinoma" miasm. *Carcinosin 200* one dose daily for 4 days and then 6c b.d. and gradual improvement proceeded. Yet to be completely cured.

Case 2: Acute Pharyngitis: 30-year-old male with "sore throat" which he described "like an open sore". Other symptoms all clearly pointed to *Mercurius* and *Mercurius corrosivus 6x* t.d.s. relieved in 24 hours.

52. Two Clinical Cases

GURDIAL SINGH (mfH, 4, 4/1994) Pancreatic cyst in a woman was cured by *Bryonia*, followed by *Sulphur* and then *Tuberculinum*. A young and well-educated girl suffered from pain in the chest with palpitations periodically; these began after her brother left for studies abroad and shortly after that her sister-in-law died suddenly. This patient was very much attached to these two persons and their absence gave her great grief. *Ignatia M* (6 doses, 3 on first day, then 2 next day and 1 last) followed by *Kalmia 200* b.d. for 10 days cured her pains and palpitation. (What is the excuse for a M potency 6 doses? And why *Kalmia 200* b.d. for 10 days! = KSS)

53. In Sorrow shalt Thou Bring Forth Children -

Not when Homoeopathy is used properly

LAKSHMINARAYANAN D. (mfH, 4, 4/1994)

This article discusses as the title rightly speaks

that bringing forth children need not be sorrowful. He points out that *Pulsatilla* in high potency has repeatedly made imminent caesareans into normal deliveries.

54. Pain - Homoeopathy's Promise and Supremacy

LAKSHMINARAYANAN D. (mfH, 4, 4/1994) This article clearly discusses how

Homoeopathy relieves pains quickly and safely.

55. A Pot of Boiling Tea

BRILLANT Amita (HTIMES, 1, 2/1994) 23-year-old female with chief complaint of dysmenorrhoea right since the menarche and leucorrhoea which is sticky thick white in colour. Menses scanty++, duration three days. Other complaints include: hair falling + +, Dandruff + +, Recurrent painful ulcers in mouth, Tall and well-built. The following symptoms were taken for repertorization: Fear of sudden death; Activity with sleeplessness; Fear something will happen; Jumping from window; Suicidal, throwing herself from window; impulsive; Kill herself, sudden impulse to; Quarrelsome; Restless at night on waking; Thoughts: frightful; Tormenting; Senses acute. *Thea M* one dose.

56. Haemangiomas of Tongue - its homoeopathic cure

TIWARI R.N. (HTIMES, 1, 1/1994)

Haemangioma of tongue is one sort of blood tumour, rare in occurrence, very painful and seldom responding to medication. Surgical measures are frequently recommended.

7-year-old boy: Dorsal and ventral side of tongue with blood tumours with oozing of blood from the base of the tumours. Had undergone Cryosurgery 12 times within a span of 6 years.

After detailed case taking and reference to the Repertory (DOUGLAS' **Repertory of Tongue**), Mercuriuscorrosivus QI (millesimalpotency) 10doses for 5 days and observed that the remedy was acting curatively. It was repeated for 10 more days and Q2 once a day for 10 days. After this, Crotalus horridus Q1,10 doses once a day repeated in Q2 potency b.d. for 10 days and the improvement proceeded. Placebo for 20 days and then Baryta carbonica 200 two doses (swelling of sub-mandibular gland on left side). Very much improved, but yet to be totally cured.

57. Some interesting Cases

UDOROK Enobong R. (HTIMES, 1, 2/1994)

Case: Acute Abdomen: 1 year-4 month-old male child crying much with lower limbs adducted against the abdomen with inability to urinate or defecate; a palpable hard mass in the left groin with great sensitivity to touch. Plumbum 50 M was given and within 5 minutes the child was quiet, calm and slept normally. No relapse.

Case: Post-operative pain: A 24 year-old lady underwent Appendicectomy on January 6, 1993 and discharged on 10th Jan. 1993 and was on a course of Antibiotics but 5 days later she had enteralgia. Pain concentrated around the navel, could hardly drink or eat, profound restlessness, anxiety and fear of death, no position relieved the pain. Abdomen very sensitive to touch. She urged me to do something quickly. Plumbum 50001 ml injected intramuscularly made her peacefully sleep and there was no further complaint. (Why injectin? Doesn't the remedy powder work with same speed? : KSS)

Case: Poisoning: 21-year-old man drank rat poison accidentally and was admitted to the hospital but the treatment did not bring about relief, and the attending physician said that the case was proceeding to be fatal; the patient was pale, collapsed and was discharged same day. He was found to be restless, prostrated and very weak and there were no other details. Arsenicum album 30, three globules every 15 minutes. Recovery began with the second dose and he came out of the coma and demanded water to drink. After the third dose he slept soundly and woke up after 6 hours to ask for food. There was no need for further medicine.

Case: Most memorable case: 11 year-old boy who was born at 45 weeks and one day gestation by caesarean section. At 6 months age he suffered tetanic spasms. At 9 years he could neither count or differentiate numbers nor colors; looked silly, could not look at people on face, attention deficit, talk incoherent, muttering, all like a 2 year-old. Always quarrelled, scolded, cursed, swore, destroyed things when angry; depression, fear, xenophobia, laughs and smiles foolishly even at serious matters, ate voraciously. Diagnosis; Hebephrenia.

Baryta carbonica 200x once a day for 3 days; then Hyoscyamus 200 2 ml. i.v. once a day for 3 days; then 4 weeks later Lycopodium M, 2ml. i.v. once daily for 5 days and lastly Anacardium M 2ml. i.v. once daily for 4 days. He has remained healthy both physically and mentally since then. 58. Dyslexia: A Case of Reversed Polarity

WEISS Shandor (Simillimum, 7, 2/1994)

A 12-year-old girl with slurred nasal speech; she has also other symptoms of Dyslexia. She is restless, moves quickly and speaks quickly.

When one year of age she had high fever with seizures and loss of consciousness. Spinal meningitis was the positive diagnosis. She recovered after a spinal tap procedure. There was no other treatment. She became aggressive after this and bit other babies and adults and developed fear of the dark. All these symptoms were mostly gone by the time she was two and a half years age and she remained normal until 4 years age. Her speech began to be garbled at this stage. She began seeing speech therapist regularly.

Her voice is nasal and difficult to understand unless one is used to her. It is worse when she is excited or upset. She had difficulty in reading and writing in her class. Made mistakes in writing by reversing words, letters and numbers, like b and d, p and q, 2 and 5, or for example, writing 7 backward or confusing it with 3. She preferred to print her letters rather than use script. She draws them slowly and carefully. Her writing is neat. She wrote slowly. She made mistakes in spelling too.

She also had problem with balance; also with learning to tell time with an analog (dial) clock, to learn right-and left- handedness; and to learn directions.

She is extremely neat and tidy.

After full case-taking, she was given Magnetis polus arcticus 12 b.i.d. Review after about two months revealed that she has made improvement. Her speech has not noticeably improved. Her physical coordination seems slightly better. Magnetis polus arcticus M. q.d. for 3 days.

Review after about 4 months: she is a new person. Her speech therapist is amazed. (The remedy was repeated several times since the last prescription). No further

remedy given.

Review after 5 months: Further improvement. Speech is 75-80% better according to the speech-therapist. From being classified as learning impaired she became one invited into the gifted programme.

The rubric that was used to find the remedy was 'Mind, Slowness, work, in: Cactus, Magnetis polus arcticus were the only remedies listed.

A very interesting article. The full case should be read in detail.

59. An Acute Case of Lyssin

KIRK Joan (Simillimum, 7, 2/1994)

42-year-old woman bitten in the crotch by a Doberman dog. The injuries were on the pubic bone, labia and inner thigh. The labia swelled quickly and bruised almost immediately, turning a dark blue, purple. In front of the pubic bone there was a painful bump. Arnica montana, Ledum palustre, and finally Hypericum perforatum over a one week period and the contusions improved, the puncture wounds healing well and pains decreased.

She now developed symptoms: Anxious, scattered feeling; feared that something terrible would happen; did not feel safe in the world; afraid that people would yell at her; afraid to drive her car; snow distracted her and made her crazy; felt homeless, isolated, and overwhelmed; felt sick in pit of stomach, appetite was decreased; hot bathing soothed her; fear of dogs.

Lyssin 200 one dose, cured. It is interesting that her mental symptoms took over a week to develop after the acute symptoms were relieved.

60. An Acute Case of Otitis Media

IMMELWm.Mark (Simillimum, 7, 2/1994)

Otitis media in a 5-year-old girl for which first

Phosphorus was given and then Hepar sulphuris. The pain had gone but now she had cough which was worse at night when first lying down. She was impatient, taking the toys from her brother and hitting him, grinding her teeth at night, fear of dark and when asked a question she would whisper the answer loudly in her mother's ear, a loud hissing sound. Hyoscyamus 200 cured.

61. The Case of the Irreversible History.

TREUHERZ Francis (Simillimum, 7, 2/1994)

A Woman with menopausal hot flushes, cyclical fluid retention. On the basis of the totality Sulphur 6, then 12 and then 30 (repeated) over a period of 5 months and lastly Ratanhia 6 (for bleeding piles).

This patient was referred to the author after irreversible gynaecological surgery, while taking an antidepressant and after an apparently irreversible surgery on

anti-coagulant treatment. Despite the irreversible changes, and up to a certain limit of curability, Homoeopathy had done its work.

62. Two More from Elangalore

BALAKRISHNAN N. (Simillimum, 7, 2/1994)

A 40-year-old woman after her ovarian cancer (left sided) had been operated on and subjected to chemotherapy. She had cell Carcinoma mixed with Endometrial Adenocarcinoma. Chemotherapy was of no avail; the suffering increased.

First prescription: Tuberculinum CM

A week later Medorrhinum CM

Five days later Lapis albus 3 q.i.d. 10 days

Very good improvement; almost all the symptoms disappeared.

Fourth prescription: Carcinosis 30, There was very severe aggravation, same day.

Carbo vegetabilis 200 and Arnica 30 to be alternated at half hourly intervals, two to three times each. She got over the crisis.

Sixth prescription: Lapis albus 200 t.d.s. for 3 days.

All tests including Ultrasound showed that there was no free fluid or abnormal mass.

A Case of Bulky Uterus with Multiple fibroids: Enlarged, retroverted uterus with multiple fibroids, the largest being 4.8 sq.cm. Hysterectomy proposed but refused and chose Homoeopathy.

16 Jan. 1991: Since the trouble seemed to have begun after the suppression of the pruritis vulvae, Penicillin 30 (tautopathic) one dose.

5 Feb. 1991: feels much improved in all symptoms. Medorrhinum 200.

18. Feb. 1991: Pregnancy test: positive; treatment of the fibroids was therefore postponed till after delivery.

4 Mar. 1991: Tuberculinum 200

During the pregnancy remedies as required from time to time were given (Arnica, Ledum, Hypericum, etc.) On October 1 she delivered a girl.

14Jan. 1992: Lapis albus 200

15Feb. 1992: very much better.

4 June 1992: Ultrasound scan: normal; no mass present.

28 July 1992: Scan repeated: normal

10 Aug. 1992: Blood and urine tests: normal.

(Let those who want 'proofs' of homoeopathic cures of Cancers read these = KSS) 63. A Case of Chronic Low Back Pain

HUDSON Tori (Simillimum, 7, 2/1994)

41-year-old male, with chronic low back pain.

Suffered a Sacroiliac joint tear and subsequent separation of the joint in 1985. Although the totality seemed to be similar to Lycopodium, the severity of the chief complaint - back pain - demanded that a remedy for that should be given. *Aesculus hippocastanum* 6 for a month.

The patient continued to do hard labor. The third day after starting the medicine, he awoke without any pain. The remedy was discontinued.

Eight months later pain in the exact same spot and of the same character and he started the remedy again, on his own, and the pain disappeared.

One year later: no recurrence.

IV. RESEARCH

1. Scientific Evaluation and Explanation of Homoeopathy

SHARMA R.R. (AHJ, 4, 1/1994)

Double-blind drug trials are not applicable to Homoeopathy. Other appropriate controlled treatments of human diseases and of *Alloxan* induced diabetes in rats establish that homoeopathically dynamized medicines do cure even when the probability of finding a molecule of the drug in the dose is 1 in 10^{41} , 10^{411} , 10^{2011} , but undynamized simple dilutions to the same extent are ineffective. Mechanical dynamizations i.e. forceful agitations of every step of dilutions and the presence of -OH group(s) in diluant molecules are necessary for potentization effect. Chemically exchangeable energy is basic to the chemical specificity and positive recognition of a molecule. The diluant medium, via resonant promotions of lone pair electrons of oxygen atom in its -OH group(s) acquires chemically exchangeable energy to mimic the chemical specificity of solute drug and thereby act as therapeutic agent, the dose is not 'micro' but contains plenty of medicinally active diluant molecules. Thus, **Avogadro's Law** becomes irrelevant. According to the law of similars that potentized medicine is given to cure a natural disease whose material doses in healthy persons produce symptoms similar to those of the disease. The pathogen, the drug and the dynamized medicine produce similar symptoms because they all have similar chemical specificity and affect same biomolecules. The cure is effected by stimulating defence mechanisms and by dislodging pathogen molecules from the affected biomolecules via competitive chemical exchanges. Theory is supported by experiments at crucial stages and is internally consistent. Three new sciences of inductive Chemistry, Xenobiology and Inductoxenopathy are proposed to elucidate scientific bases of Homoeopathy.

2. A working hypothesis to explain the Mechanism of Action of Potentized Homoeopathic Drugs in

Vivo

BUKSH Khuda A.R. (AHJ, 4, 2/1994) A working hypothesis to explain the mechanism of action of potentized homoeopathic drugs **in vivo** has been proposed. The model is partly substantiated from own research data on repair of chromosomal damages in X-irradiated or toxic-chemical treated mice by the oral administration of some potentized homoeopathic drugs, and partly from some unpublished works and also some of the published works of other researchers in Homoeopathy. In this model strong scientific arguments have been made to hypothesize that the potentized homoeopathic drugs act through regulation of gene expression, presumably through hormone-hormone-protein complex-sensor genes-integrator genes-receptor genes-producer genes-pathway of BRITTEN and DAVIDSON model or else, through regulator/mutator genes-operator genes-structural genes pathway of JACOB and MONOD Model among some other independent mechanisms. Some pathways admittedly speculative for some steps, have also been provided.

3. Research studies in HIV infection with Homoeopathic Treatment

RASTOGI, D.P.; SINGH Vikram; DEY S.K.
(CCRH, 15,38.4/1993)

Latest estimates released by the WHO estimate that 14 million people have been infected with HIV worldwide and by 2000 A.D. it will be between 30 and 40 million. In India the number is estimated to be between 0.44 to 0.61 million.

Regional Research Institute (RRI) for Homoeopathy, Bombay under the Central Council for Research in Homoeopathy has undertaken the project of research studies in HIV infection with homoeopathic treatment.

The conclusion on the basis of 4 years' study is that homoeopathic treatment in HIV+ subjects helps in improvement of the immune status and relief in HIV related complaints, besides maintaining the haematological status.

The report is supported by Tables; two case reports have also been given.

4. Research studies in Malaria and Role of *Malaria officinalis*

RASTOGI D.P.; PAL Girinder; SINHA M.N.;
PODDAR A.
(CCRH, 15, 3&4/1993)

The studies were carried out in the Homoeopathic Research Institute for Malaria, Jaipur (Rajasthan). From the study it is concluded that *Malaria officinalis* can be considered in cases of chronic malaria

or malarial cachexia; this remedy has given good response either as the main prescription or as intercurrent. This remedy may also be tried as preventive in areas where the disease is endemic.

5. Sickle Cell Haemoglobinopathy and Homoeopathic Research

SARKAR D.B.;JHA D.K. (CCRH, 15, 3&4/1993) Sickle cell gene was identified in the tribal population of the Nilgiri Hills in Southern India. Later it was found that Western Orissa has relatively greater prevalence of Sickle Cell patients, and indeed all over the country.

The research study was carried out by Homoeopathic Research Institute, Sambalpur (Orissa).

Homoeopathic medicines were prescribed on the totality of the symptoms and the remedies *Biyonia*, *Rhus toxicodendron*, *Arsenicum album*, *Belladonna*, *Kalmegh*, *Ceanothus americanus*, *Magnesium Phosphoricum* etc. were used for the acute states and for the chronic states *Calcarea carbonica*, *Natrum muriaticum*, *Lycopodium*, *Syphilinum*, *Tuberculinum*, *Lycopodium*, *Natrum muriaticum* were used as intercurrents. In acute Splenomegaly and Hepatomegaly *Kalmegh* <p and *Ceanothus americanus* <p were found to be very effective.

6. Allergic Manifestations and Homoeopathy

SINGH S.M.;ANSARIK.U.
(CCRH, 15, 3&4/1993)

Brief discussion on the types of allergy, diagnosis and homoeopathic treatment. While it is stressed that the homoeopathic treatment is on the basis of the similarity with the individual patient yet it is possible to identify certain homoeopathic remedies as more often indicated symptom vis-a-vis patient (individual) type (e.g. apprehensive = *Argentum nitricum*, irritable = *Nux vomica*)

7. Psoriasis and Homoeopathic Management
FAVEENDER Ch. (CCRH, 15, 3&4/1993)

Homoeopathy has a definite scope in the treatment of Psoriasis.

The relevant rubrics in the KENT Repertory and PHATAK Repertory are given and the homoeopathic remedies that come up against these rubrics also tabulated. Two cases have also been cited.

V. GENERAL

1. Hydrotherapy

SHARMA S.C. (AHJ, 4, 2/1994)

This short article highlights the advantages of Hydrotherapy. With its properties of buoyancy, cohesion, viscosity, turbulence and friction water is of great therapeutic use. Hydrotherapy is an adjuvant of other main

therapy.

2. Transformation and Social Dynamics in Homoeopathy

KREISBERG Joei H. (NEJH, 3, 2/1994) Homoeopathy offers a profound means for transforming our lives. Not only does the simillimum offer this transformative potential, but the process itself stimulates deep healing. As the patient and the homoeopath interact, they engage many levels of transformation within themselves and the greater community. This paper examines the social dynamics of these homoeopathic interactions. An exploration of Homoeopathy as a ritual for transformation reveals tremendous potential for homoeopathic practice as well as many shortcomings homoeopaths may experience.

This article draws its inspiration from the work of Richard KATZ, an anthropologist/educator, formerly of Harvard University. Throughout the course of his work Dr. KATZ spent much time studying natural healers. The observations and conclusions drawn from this exploration are directly relevant to our subject.

3. Immunization: A Pharmacist's View

SEVERYN Kristine M. (JAIH, 87, 2/1994)

Dr. SEVERYN discusses the efficacy and safety

of vaccines. A number of examples are given which bring into question the purported effectiveness of many of our common vaccines: e.g., measles, pertussis. There is undoubtedly a far higher incidence of vaccine adverse reactions than commonly believed; for example, only 10% of physicians reported adverse reactions to the Vaccine Adverse Events Reporting Service (VAERS). She highlights a number of problems relating to the manufacture and regulation of vaccinations and litigation of vaccine-related injuries. Now that vaccines are mandated and the Government compensates those injured, drug companies have no incentive to improve the safety of their vaccines; additionally a false sense of safety has been created. Drug companies are effectively avoiding legal accountability for vaccine reactions by publishing product inserts detailing the host of reactions possible; of course, these inserts are not immediately available to parents. Those who write the laws mandating vaccination are not accountable. In essence, the current situation surrounding vaccination, denial of parental prerogative, inaccessibility to timely information about vaccine safety amounts to denial of informed consent. An alarming number of new vaccines, some against diseases to which children in this country are unlikely to ever be exposed, are about to be introduced and mandated for our children. In addition, legislation is expected to be introduced which would establish a national tracking system which would maintain surveillance of children's vaccine using their social security numbers. (This situation in the USA)

4. **Suppressions in Homoeopathy**
GARN Michael (JAIH, 87, 2/1994)

This is directed primarily towards laypersons; it may prove useful as a model for hand-out literature for our patients. Definitions of disease suppression are provided. A full array of suppressive influences, medical and non-medical, is described. Virtually any therapeutic technique (meaning any agent which is capable of affecting us psychologically or physiologically) can be suppressive. Whether a particular therapy is acting curatively, suppressively, or merely holding symptoms "at bay" depends on the knowledge and skill of the practitioner as well as the patient, which makes it extremely important for all of us to remain vigilant about the results of specific therapies. We also must not ignore the disease-producing capabilities of the human psyche, since many authorities attribute up to 80% of human illness as having its origin in the imbalance of the psyche. The possible consequences of suppression are discussed. Finally a guide for how to avoid suppression, both as a lifestyle choice and medical strategy, is provided.

VI. BOOKS

1. **Hombopathie in der Sportmedizin, CONNERT, P.J.: 70 S., kart., Institut für hombopathische Heilweisen, Newmarkt 1992, bS 220,- (in German)** (Homoeopathy in Sports medicine) reviewed by APPELL (AHZ, 239, 3/1994)

"...A book-let that can be recommended sincerely to non-qualified homoeopaths and interested patients for study"

2. **Empowerment through REIKI, by Paula HORN, Lotus Light Shangrila, USA 1990** reviewed by Dr.D.E.MISTRY (CCR, 3, 2/1994):

"This slender book of about 100 pages covers the principles and brief outline of the art of healing by doing REIKI which is a form of healing in the holistic tradition. Reiki is a word in Japanese for Universal Life Force Energy.... In various chapters the book also gives much valuable information and precepts in which one finds many echoes of resemblances to homoeopathic principle."

3. **Bach flower remedies for Women by Judy HOWARD, Indian Books and Periodicals, New Delhi,** reviewed by D.E. MISTRY, (CCR, 3, 2/1994):

"This book extensively covers in eight chapters the topics of menstruation, fertility, pregnancy and childbirth, and advancing age. ... The book also contains a useful bibliography at the end..."

4. **The Healing Power of Illness, - The Meaning of Symptoms, how to Interpret them by**

Thorwald DETHLETSEN and Rudger DHALKE - translated by P. LEMESURIER, published by Element, Rockport,

Massachusetts, 1990. reviewed by D.E.MISTRY (CCR, 3, 2/94)

"This book is written by a spiritual psychologist, a person who has trained himself as a Psychologist with deep insight of many spiritual traditions, particularly Zen, Tao and the Indian ones. His co-author is a doctor, together they have written this book, the like of which comes out once in a decade... Basically the book stresses the fact that people cannot take illness as an alibi for their unresolved problems. The patient is no longer the innocent victim of some malevolent bacteria, viruses or quirks of fate and destiny, but actually "authors" his or her own sicknesses. It refuses to credit the ills of civilization to convenient scapegoats like environmental pollution, tension and stress of modern living, etc., but proceeds to reveal symptoms as bodily expressions of psychological conflicts.. -... one must understand the language of symptoms which is dealt exhaustively in the second part of the book. This demands a degree of honesty that is not at all easy for after all, they add, it is always easy to be dishonest to ourselves. Essentially therefore it is knowing the difference between fighting illness and transmuting illness. Healing arises exclusively from the transmutator of illness never from conquering symptoms..."

5. **Peace, Love & Healing - The Path to Self healing, by Bernie S.SIEGEL Arrow Books Ltd. Rs.100/-** reviewed by D.E. MISTRY (CCR, 3,2/1994):

"This book by Dr. SIEGEL - a Surgeon cum healer is a sequel to his earlier best-seller Love, Medicine and Miracles. The main thrust of both these books has been the author's efforts of making the American medical education more humanising and making the doctors there more aware of the intricate unity of the Mind-Body connection. Dr.SIEGEL's latest book is a moving masterpiece giving innumerable examples of patients who had achieved remarkable remissions and even cures from serious terminal illnesses... This book offers a challenge to doctors of both orthodox and homoeopathic medicines and provides refreshing insight into the lives of many heroic unknown and unsung warriors-patients condemned, and doomed by their Oncologists, Pathologists and other doctors quoting statistics of doom and despair and who have survived both the dire statistics and the equally confused treating doctors."

6. **The Homoeopathic Proving of 'Chocolate', published by Jeremy SHERR, Dynamis, 1993, 195 pages, paperback £9.95 reviewed by Andreas N. BJORN DAL (The Homoeopath, 53, 1994):**

"...I have enjoyed reading the book. I am waiting for my first case to turn up and for the experience of the homoeopathic community of this new remedy. We can see that the dichotomy between animal instinct and overcivilised behaviour which is obvious through the proving, is a theme prevalent in our modern society both in the most civilised parts of it and in the lower end of the socio-economic spectrum."

7. **Vaccinations - The Rest of the Story. A selection of Articles, Letters and Resources 1979--92, published by Mothering ISBN 0.914257.10.2. Available from Mothering, P.O.Box 1690, Santa Fe, New Mexico 87504 USA. 240 pages, \$14.95 + p&p. reviewed by Sue ASQUITH (The Homoeopath, 53, 1994):**

"In the emotionally vulnerable early period of parenthood, the question of vaccination arises... I have found this book to be an excellent introduction to the complex issue of vaccination - it is accessible, helpful and informative without being overwhelming... As a tool in empowering patients to make their own health choices, I can highly recommend this book."

8. **Homoeopathy: An introduction for Skeptics and Beginners, by Richard GROSSINGER, North Atlantic Books, 1993, paperback, 162 pages, reviewed by Alison MARSLAND (The Homoeopath, 53, 1994):**

"... For the beginner, this book will provide a more interesting and contextual introduction to the subject than one based solely upon homoeopathic principles and methodology..."

9. **The Manual of Conventional Medicine for Alternative Practitioners Volume I. by Stephen GASCOIGNE. Jigme Press, 1993, 231 pages, soft cover.\$22. (The Homoeopath, 53, 1994):**

"...This is a book that has been begging to be written for a long time and could become a standard textbook at homoeopathic colleges."

10. **Dirty Medicine by Martin WALKER, Slingshot Publications, 1993, 729 pages, paperback, £15. (The Homoeopath, 53,1994):**

"...It will reinforce everything you always suspected and feared about our antagonists. Disturbing stuff, not for the faint-hearted."

VII. NEWS & NOTES

1. The 6th Congress of the Asian Homoeopathic Medical League was held in Dhaka City, Bangla Desh, on 15-17 January 1994. The Congress was

inaugurated by Bangla Desh Minister for Information, Mr. Nazmul Huds. Delegates from India, Pakistan, Bangla Desh, Malaysia, Singapore, Hongkong and Australia took part. Scientific sessions were held on Family Planning, Geriatrics, Child Health, Open subjects (AHJ, 4,1/1994)

II. Proving of *Latrodectus mactans* by H. LESIGANG, Documenta Homoeopathica, 1992, 12: 271-82. (Austrian Journal annual in German): Two Austrian provings in 1989, yielded 11 records suitable for evaluation. Another 16 records come from a proving done by 16 physicians using the Becker method in 1992.

General symptoms were of no particular interest. Headache and dryness took various forms. The most remarkable symptoms related to the whole of the musculature, skeletal muscle, smooth muscle and myocardium. Spasms and colics were dominant and also feelings of constriction. With reference to the heart, provers described feelings of tension, feeling as if the heart was leaping out through the throat, with variable degrees of fear. The proving yielded no symptoms relating to bronchial musculature (known from the toxicology). Effects on the digestive tract were powerful, with colic predominating. Stools were sometimes soft, even explosive, but more characteristically small, hard nodules difficult to pass. The symptom 'painful stool', as if lower part of intestine were contracting! describes the contractive, spastic effect in this area extremely well and is a valuable 'as if' symptom. Two provers reported aversion to, or intolerance of nicotine and alcohol.

Spasm and colic were also reported in the genital region. Muscle stiffness was a feature relating to skeletal muscle, and the symptom was also reported in the tongue. No distinct laterality emerged, though the right side was more frequently affected. Modalities were 'better in the evening and at night' and 'pain better from pressure'. (BHJ, 83, 1/1994) (See excellent study of this remedy By Edward C. WHITMONT in his book **Psyche and Substance** = KSS.)

III. Modification of Korsakoff's method of producing high potencies by hand by H. BRUNNER, Documenta Homoeopathica, 1992: 271-82 (Austrian annual Journal in German): The author uses the multi-vial method of the homoeopathic pharmacopoeia up to the 200c. He then puts 1 drop of the dilution into a 5 ml. vial, adding 99 drops of 43% ethanol. Succussion is by Hahnemann's method, using 20.succussion strokes, but instead of striking the vial against an elastic base he makes a lemniscate (figure of 8) motion in the air. The vial is emptied with a vigorous downward shake, which leaves 1 drop inside. 99 drops of ethanol are added and the process is repeated 800 times to obtain the 1M. A careful record is kept of every

potentizing stage.

The 300c, 400c, 500c etc. are kept for later use to produce the higher potencies. They are succussed 50 times to improve stability.

Advantages of the method are reduced risk of introducing impurities and a reduction in time and materials required. Homoeopathic physicians have reported that medicines produced by this method show particularly good efficacy. The author has clearly given much thought to potentization methods and careful consideration to the literature. (BHI, 83, 1/1994)

IV. The growing demand for Homoeopathy in veterinary practice is reflected by the increasing number of articles appearing in the journals. The British and the Germans have made most progress, with the French not far behind as a result of their work in proving medicines on animals. FARRE, the French veterinarian, is reported to have tested around 90 medicines on a variety of animal species. His results reveal that the drug pictures are similar to those obtained in humans as far as objective symptoms are concerned. In this reprinted introductory paper some of the advantages of veterinary Homoeopathy are discussed and a few examples of treatment given. (P. HAMLICK in Biol.Ther. 1993; 1:15-17. BHI, 83,1/1994)

V. In the NEJH, 2, 3/1993, Dr. Vassilis GHEGAS has reported a case of arthritis deformans. The only clear physical modality in the whole case was the fact that the pain was aggravated by change of weather and ameliorated by thinking of anything but his pains (Thinking, complaints of, agg.) and Piper methysticum gave relief. In the NEJH, 3,1/1994, Dr. D. P. RASTOGI reports (Letter to the Editor) his experience in which a 11-year-old boy with frequent episodes of Asthma was cured with this remedy on the same modality (he got the attacks when he realized that it was quite some time since the last time he had had an attack).

VI. Dr. Bill GRAY spoke in the Level III Course of the New England School of Hooeopathy on August 14, 1993 in Northampton, Massachussets (USA). It was divided in three parts: evaluation and discussion of a single case with follow-up that covered seven years ("the long-term case"), an extensive introduction to the **Materia Medica** and essential nature of Thuja and a differential into various types of anger with relevant **Materia Medica**.

Paul HERSCU made a two hour presentation on various models with which practitioners can perceive complete cases.

VII. Representatives of twelve American organizations which teach Homoeopathy met in Minneapolis (USA) during the week-end of March 11 -13 to discuss the present and future of American

homoeopathic education. The meeting was sponsored by the Homoeopathic Community Council and was largely organized by Edward CHAPMAN M.D. The two main points which were agreed to were: the need to increase the total number of seats for homoeopathic students and the glaring need at all the educational institutions for increased clinical training. Without the latter, all of our programmes fall short. (NEJH, 3,2/1994)

VIII. Auroville Healing Centre, Pondicherry, India: A collective, spiritual experiment was started with the name of **Auroville**, "City of Dawn" a town project with the ideal of realizing human unity as envisioned by SRI AUROBINDO and THE MOTHER of Sri Aurobindo Ashram, Pondicherry. The Auroville community comprises of over 800 members from more than 25 nations. The main work of health care for the native and immigrant population has been taken up by the Auroville Health Centre at Auroville-Aspiration, which has been functioning since 1972.

It is proposed to integrate the most extremes of the entire field of medical care and healing, where the monism of modern Physics meets the monism of timeless spirituality, where the knowledge of scientific medicine meets the knowledge in detail of occult sciences, where physico-chemical approaches and psychosomatic approaches will be seen as complementary and where the knife and the healing by silent psycho-spiritual means can cooperate for the sake of health and well-being. There should be a place for the latest scientific developments, for systems of energy healing like Homoeopathy and Acupuncture, for knowledge of various occult and Yoga schools, and for new methods not yet known.

The project envisages besides hospital facilities, research and education also. (CCR, 3, 2/1994)

IX. International Research Group on Very Low Doses and High Dilution Effects, VIIth GIRI Meeting 20-21 November 1993, Faculty of Pharmacy, University of Montpellier, 34060 Montpellier, France: (BHI, 83,2/1994)

The Annual meeting of GIRI consists of invited lectures and presentation of scientific papers. The aim of the Society is to stimulate research in the particular field of very low dose and high dilution effects, including Homoeopathy. This kind of research requires the co-operation of many scientists -physicists, biologists, mathematicians, physicians, philosophers and pharmacologists amongst others. **Year by year the number of presentations on high dilutions increased while the dose has decreased!**

The following questions are posed:

How can high dilutions act efficiently when they theoretically contain no molecules?

Why do some in-vitro or in-vivo experiments using

high dilutions not show consistent results?

A whole new paradigm has been proposed and built around these unanswered questions. A new theory of Physics which explains the effect of high dilutions which is supported by new statistics which enable us to comprehend the inconsistency of the experimental findings. The theory and the new statistics inevitably lead us to a new paradigm distinct from the mechanistic one--a paradigm of information. We must now take into account the receiver and his ability to deal with the information of our high dilutions.

1. Radiation hormesis: LUCKEY.T.D.: A recent review of current literature on radiation hormesis considers cancer mortality in humans following whole-body exposures to ionizing radiation. Other physiological functions show radiation hormesis. Studies of chronic exposure to ambient levels of ionizing radiation show an inverse relationship between dose rate and cancer mortality. The decreased cancer mortality rates in exposed nuclear workers confirm the biopositive effect of low-dose irradiation. Acute exposure to ionizing radiation is exemplified by the ageing Japanese survivors of atomic explosions. The total cancer mortality and leukaemia mortality rates of lightly exposed survivors is consistently less than that of the control population. The evidence provides a new and scientifically valid concept. Cancer mortality rates are lowered by exposure to low dose of ionizing radiation. This invalidates the zero thesis that all radiation is harmful. The use of linear, no-threshold models should cease. New concepts raise new questions. Questions like the optimum level of radon, alpha, beta, gamma and X-rays for babies, children, old, etc. whether whole populations should be supplemented, the relationship of radiation hormesis to other medical treatments, particularly to Homoeopathy are raised.

2. Mechanistic approach to the effect of high dilutions of cadmium to protect from cytotoxic cadmium doses in renal tubular cell cultures: DELBANCUT A., BARROUILLET M.A., MARY-BRACHET R., BOUDO A., DORFMAN P., CAMBAR J.: Cadmium and Cisplatin both have strong toxic effects on renal tubules. A study to assess the protective effect of very high dilutions of Cadmium and Cisplatin was carried out. The study has shown that very high dilutions of heavy metals have a protective effect in cells exposed 10 cytotoxic concentrations of the same metals after a 5-day pre-treatment. This study opens the way to further investigation in order for us to clearly understand the mechanism of the protective effect of very high dilutions against nephro-toxic agents so that we may reduce their side effects in clinical use.

3. Mild stepdown arsenite treatment causes increased levels of heat-shock proteins and

enhances development of tolerance: WIEGANT F.A.C., OVELGONNE J H., SOUREN JEM, VAN WIJK R.: Do pathological conditions as a result of stress-damage regress on exposure to a low-dose of the stressor, as in Homoeopathy? Do biological systems in pathological conditions show enhanced sensitivity? Does low-dose treatment improve the regulatory ability of biological systems in pathological conditions? The experiments give a positive answer.

4. Biological effects of low-dose radiation from a TV set on embryos and chicks: Study of a protective material: BODARD B.J., YOBICIER-SIMO B.J., BAYLE J.D., BASTIDE M.: The study was performed to evaluate the effects of radiation from a TV set on fertilized eggs and chicks for 47 days after hatching. The protective material was TECNO AO antenna.

5. Preventive effects of monoclonal anti-idiotypic antibody compared to a hormetic model on rat sarcomas: FAIDERBS S., CHAGNAUD J.L, BASTIDE M., DORFMANN F., GEFFARD M. : A chemically induced malignant tumour model was obtained by subcutaneous administration of a single dose of benzo (a) pyrene (B(a)P) diluted in sesame oil. The results suggested possible relationships between carcinogen ligand/receptor interactions and Ptdlns turnover. To examine the possible vaccine effects of AIBI Ab, this was administered to rats prior to carcinogen administration, another group was given B(a)P and the control group an equivalent volume of solvent. Eight days later all SD female rats were given a sub-cutaneous injection of 2 mg. of B(a)P diluted in sesame oil. Anti-Ptdlns autoAB levels observed in AIBI Ab-treated rats sera were around 70% weaker than those observed in rats treated with 1 /jg of B(a)P or control animals.

6. Perennial challenge of anomalies at the frontiers of science: RUBIK B.: Anomalies are of critical importance to science. The history of science is full of some very notable rejections of novel discoveries that challenged the status quo. Always unacceptable at first, anomalies promote continuous scientific innovation. Many of the too challenging anomalies are from 'frontier sciences' i.e. whole areas of scientific inquiry that lie outside conventional science. Despite its failure to explain many phenomena science maintains a facade of unity and of being nearly complete. Frontier scientists apparently have a higher tolerance for ambiguity and cognitive dissonance, which in psychological testing highly correlates with creativity. Whereas conventional science maintains that biological information is stored and transferred via biomolecular structures such as DNA, the findings from the four frontier areas (1. Epigenetics, 2. Acupuncture, 3. Bioelectromagnetics, and 4. Homoeopathy and

infinitesimal doses) suggest that other informational signals not stored in chemical structures may elicit biological effects by altering the subtle signals involved in biological regulation of the whole organism. It is crucial for scientists working in various unconventional areas to come together and explore how their anomalous discoveries fit together to form the rudiments of an emerging theory or paradigm.

7. Certain specific functional responses of human neutrophil exhibit different dose-dependence on formyl peptides: BELLAVITE P., CHIRIMBOLOS., SOANTONASTASO C, GUZZO P., SIGNORINI A.

8. Experimental Pharmacology: action of Chamomilla in homoeopathic dilutions on the CNS: CRISTEA A., TEODORESCU, S., PARASCHIV, L: The effects of Chamomilla as a homoeopathic medicine on the central nervous system were studied in mice and rats using the blind screening methodology known in conventional Pharmacology. Low-3 and 5-and high—15 and 30 dilutions were prepared by the Hahnemannian technique, and these were used. Comparison was made to untreated control and placebo groups (treated either with the corresponding undynamized Chamomilla dilution or with the solvent).

The results indicate that in 'sensitive' healthy animal organisms with hypomotility, low dilutions of Chamomilla had a stimulating effect on the central nervous system. The results also showed high dilutions to have some effects in the opposite sense, namely inhibition of the central nervous system (calming, anticonvulsant, analgesic) in 'sensitive' healthy animal organisms (with hypermotility, hyperexcitability and hypersensitivity) or in animal organisms with experimentally induced morbid syndromes (convulsions, pain). These pharmacotherapeutic effects experimentally prove the validity of the homoeopathic principle **Similia Similibus Curentur**. The results also confirm the concept of organisms 'sensitive' related to certain homoeopathic medicines that is implied and used in homoeopathic treatment.

9. Effect of potentised interferon alpha on tumour cell growth: MARTHEL, M.: The study was carried out in the Department of Applied Microbiology, University of Lublin, Poland, by Martina KANDEFER, Esbieta MALARCYZK and Michael BARTHEL.

Interferon can stimulate and inhibit the antiviral resistance of cells as was shown in the experiments with dilutions upto 1 : 1080. The results also show the importance of vigorous shaking for the activity of very high dilutions in comparison with merely using a pipette without shaking, in which case no activity was observed with higher dilutions than 1 : 104.

10. Effect of Arnica montana and Symphytum officinalis on bone healing in guinea pigs: OBERBAUM M., YAKOVLEV E, KAUFMAN D., SHOSHAN S.: The present preliminary study was designed to test our working hypothesis according to which the administration of both Arnica and Symphytum to guinea pigs, following experimentally induced bone fractures, would both accelerate and improve healing.

The results showed that by X-ray criteria none of the untreated controls or saline-treated fractures were completely mineralized. Histological examination revealed there was still conspicuous presence of cartilage and also some fibrous tissue at the fracture site. In the animals which received either of the two dilutions of Arnica and Symphytum, and irrespective of the mode of administration, both X-rays and histology showed completely mineralized new bone through the entire fracture site in 33% of the fractures. The experiments were repeated three times, with the same result.

11. Effect of in-ovo administration of high dilutions of bursin in bursectomized chicks: YOUBICHER-SIMO B.J., BOUDARD F., GUELLATI M., BAYLE J.D., BASTIDE M.: Chicks bursectomized as early embryos can produce different classes of immunoglobulins (IgM, IgG and IgA) but are unable to generate specific antibodies in response to antigenic stimulation. The aim was to study the effect of high dilutions of bursin, a tripeptide synthesized by the bursectomized chickens.

12. Arsenicum album and neurotoxic poisoning in dogs and cats: BLOSTIN R.: Veterinary surgeons have to give emergency treatment to dogs and cats with acute poisoning by neurotoxic agents, without knowing the toxic agent and the doses absorbed. For more than 6 years, we have been systematically and solely using Arsenicum album (AA) with remarkable success. AA is only prescribed when 3 symptoms appear together:

- muscular hyperexcitability,
- aggravation through visual, auditory and tactile stimuli,
- anguish

AA in 15 c potency was used, per os, in repeated doses, half-hourly at first, then less frequently following improvement. A bibliographical study of the toxic agents responsible for neurointoxication in dogs and cats shows that the 3 above symptoms are present in poisoning with arsenic, strychnine, organophosphorus compounds and carbamates, but not with methaldehyde which is confirmed by the clinical results. The results are much more satisfactory than those obtained from the classic conventional treatment. In 6 years, only 4 out of 50

animals died, 80% returned home within 12 hours and 100% within 24 hours. No side effects were noted.

13. Climbing activity of frogs: Recalculation and further discussion: ENDLER P.C., PONGRATZ W., HILLGERS H., MALTI K., GEHRER M., BRANDMAIER R.: In previous communications it was claimed that homoeopathically prepared highly diluted Thyroxine (aqueous 30th dilution) is able to accelerate development from the two-legged tadpole to the air-borne juvenile in highland frogs, under the condition that the dilutions of Thyroxine 30x (Water 30x for control) are sealed in glass vials placed in the aquaria and remain in the aquaria during metamorphosis. High statistically significant levels were observed and these were communicated earlier. Further critical discussions and recalculations of the data have confirmed the earlier findings, thus confirming what have been observed in Homoeopathy for about 200 years. (See also BHI 80, 4/1991. QHD IX, 4/92 p.68).

14. Effects of Ocimum basilicum 5x in workers chronically exposed to Chlorine: CHIRILA M., LAZAR T., BADULICI S.: The hypothesis was that Ocimum basilicum may help prevention of occupational diseases in workers exposed to various agents. Its effects on the clearance activity of oxygen-free radicals were investigated in 31 workers chronically exposed to Chlorine for an average period of 10 years. These were compared to 9 non-exposed workers. Ocimum basilicum 5x was chosen for study. Its direct action on Polymorphonuclear cells (PMN) and its effects in comparison with various stimulants such as Zymosan (Zo), Phytohemagglutinin (PHA), concanavalin A (Con A) were followed up in order to assess its mechanism of action.

Our data demonstrate the plant action of clearing the oxygen-free radicals, which could account for the anti-inflammatory effect of Ocimum basilicum that was already observed by HIPPOCRATES. The anti-inflammatory and antitoxic activity of Ocimum basilicum demonstrated in this paper recommends it as a widely available means for the prevention of occupational diseases in workers chronically exposed to chemical noxious agents.

15. Zinc: immunoglobulin relationship to patients with cirrhosis of the liver before and after treatment with Zincum metallicum 5CH.: BADULICI S., CHIRULESCU Z., CHIRILA P., ROSCA A.: Zinc deficiency in patients showed substantial improvements after treatment with homoeopathic Zincum metallicum; the study also supported the conclusion that Zincum metallicum is effective in the treatment of liver cirrhosis.

16. AIDS and integral medicine: A controlled

time-serial design: BRANDS M., BALLIEUX R., WAGENAAR R., GODEART G., VORST H., GARSSEN B., MULDER C: With a network of researchers from different disciplines, such as psycho-physio-immunology, psychology, bio-psycho-social medicine, movement sciences protocol has been designed for 1993 and 1994 to be carried out. This research is the first part, or pilot-study of a study to assess efficacy of Homoeopathy, Detoxification and Imagination therapy in AIDS patients. The common denominator of the three therapies is that they are supposed to stimulate the immune system. Homoeopathy does so by releasing an energy stimulus which is highly specific for the person and his reaction to the disease; detoxification purified by dynamized solutions and symbiotic therapy the intestines, liver and kidneys, while Imagination therapy relieves stress by bringing fears and pain into consciousness.

17. Electromagnetic bio-information and water: SMITH Cyril W.: The phenomena of bio-information and water are considered in relation to electromagnetic phenomena involved in treating electromagnetically hypersensitive patients, and the therapeutic use of water imprinted with an alternate magnetic field. Frequency information can be written into water by magnetic fields or by succussion (mechanical shock waves) and it can be read out subjectively. Under suitable conditions it may be detectable with a low-noise, narrow-band high-gain amplifier or a signal analyser. It is suggested that the frequency information is carried on the magnetic vector potential and that the magnetic field or succussion 'formats' the water. The dimensions of the container used in potentization are also significant. Patient's body frequencies can be imprinted into a glass tube of water if held in a hand and preferably succussed. This has been used for surrogate diagnosis and subsequent therapy. A close similarity exists between the potentization of homoeopathic preparation and the production of neutralizing dilutions of allergens by serial dilutions as used for the treatment of allergy or provocation neutralization therapy. This reflects the fundamental duality between coherent frequencies and the chemical bond.

18. Properties of water in relation to homoeopathic preparations: ANTONCHENKO V., DELINICK A.N., ILYIN V.: Water has special physical properties that allow it to carry information through specific conformations or clusters via proton transfer solitoni mechanism. This is also specified by the 'impurity' or homoeopathic substance dissolved in the water since there is a specific hydratic shell (cluster) structure for each particle of a dissolved substance. Statements concerning relationships between the

characteristic processes occurring in water systems and in homoeopathic preparations have been prepared. Substances dissolved in water form hydration shells. For certain substances these shells have specific internal structures. There exist substances which dictate specific internal structure of hydration shells. Like human fingerprints, such a structure is distinct for each substance. The internal structure consists of closed chains of water molecules. Protons can move along these chains allowing for the earth's electromagnetic field. But only internal structures possessing 'radiant' characteristics are responsible for the homoeopathic effect. The cellular water (aqua citi) in fact consists of such electrically active clusters.

19. Potency measurement of homoeopathic preparations: DELINICK A.N., BOURKAS P., KARAGIANOPOULOS C. : We are endeavouring to qualify or standardize homoeopathic preparations by basing them on measurement of the electrical properties of different potencies and have developed an electrical device for this purpose.

20. The Chamomilla experiment: DELINICK A.N.: The aim of the study was to try and discern a difference between double distilled water, potentized Chamomilla (1 cH, 6cH, 12cH and 30cH) and non-potentized Chamomilla by means of differential scanning calorimetry, which measures changes in enthalpy or integral heats of dilutions.

The experiment showed a difference between the potentized and non-potentized Chamomilla and double distilled water, as well as differences between potencies and that everything holds, **even past Avogadro's number.**

21. Physico-mathematical interpretation of the pharmacological effect of high dilutions: BERLIOCCI, H., CONTE R.R.: In order to interpret hormesis curves, we have introduced a new statistic: the contonian statistic. The underlying mathematical theory of this statistic is the theory of Ethers. This theory is not probabilistic but is based on indecidability. The physical frame which we are in is related to the quantum theory of fields, in which the central problem lies in the construction of a field. This is solved by using the Ethers theory.

Examples of the method will be presented for different types of contonian appearance outside hormesis and also for the absorption of infrared in various products (NO₃Na, hydrazine and acetic acid) at different decimal dilution levels in water (1 to 30).

22. Physico-chemical approach to homoeopathic drugs: LASNE Y.: Theoretically the

homoeopathic medicines are devoid of any molecule of the substance used. How then do they work? This prompted me to look for a method potentially allowing us to differentiate between a homoeopathic solution and the solvent used for its preparation. Nuclear Magnetic Resonance (NMR) and Infrared Spectrometry were used with these two method sets of dilutions were investigated and the results about the homoeopathic solution showed:

- They were different from those arising from the water used for their preparation.
- There was a difference between highly diluted Natrum sulphuricum and Kalium iodatum.
- There is a difference between the different dilutions inside one set corresponding to a given substance (5 to 30cH for instance).

Indeed the two parameters measured in NMR investigations which reflect of the structure and molecular dynamics of the tested solution, showed great variations between successive dilutions of one set within one substance.

23. Validation of a contonian process on a biological model: Antifungal substance high dilution effects on Candida albicans: JOUVERT S., CONTE R.R., HERLIOCCI H. BASTIDE M. : This experiment has been proposed according to a new physico-mathematical model called 'contonian statistics' applied to the study of a hormetic effect using high dilutions of toxin. The hormetic effect is obtained with pretreatment of a pathogenic yeast, Candida albicans, with high dilutions of an antifungal substance, 5-fluoro-cytosin (5-FC).

The results demonstrate the utility of contonian statistics to assess the activity of hahnemannian dilutions with in-vitro models. Using these new statistics, we have demonstrated that the pathogenic yeast Candida albicans is able to recognize high dilutions of an antifungal substance like 5-FC, in order to present a higher resistance to that substance: this phenomenon indicates an information process in hormesis.

24. Study of dynamizations and homoeopathic mother tinctures using Kirlian spectrography: STELLING N.: Experiments were

conducted with the aim of explaining the concept of dynamization, its various forms and quality control, and to estimate the dynamic quality of mother tinctures. It seems that the Kirlian spectrography method is simple and reliable to be put forward as a routine method of quality control both for the manufacturing laboratory and for the practitioner issuing the prescription.

The Kirlian method enables the differentiation through its vibrating energy of one product from another, and to understand that information so provided will be different depending on quality of the dynamizations.

25. The concept of information: LAGACHE A.: Until now, classical science has always used the same fruitful pattern: the mechanistic paradigm where reality is considered as a substantial piece of matter, with mass and resistance, whatever the place or the time. Something new has, however, happened in the process. The refinement of observational capacities has provided new objects. The new information as a result of refinement of observational capacities have become new objects of science. They have escaped from the explanatory power of the mechanistic paradigm. The new paradigm is paradigm of information. Information is the result of the encounter between two structures. The paradigm of information is wholly applicable to living structures. They build themselves by interacting with the world, and by dealing with information from their surroundings. Organisms can be described as informed- informing structures.

26. Homoeopathic treatment of URI: SCHUPPEL R. : Highly potentized medicines can greatly influence the migration and phagocytosis of macrophages and granulocytes. The stimulation of lymphocytes has also been observed. These drugs may also alter the humoral immune system. In fact, no specific antibody-titre may be detected after the prophylactic administration of diluted influenza-vaccine, but a change in the pattern of immunoglobulins has been observed. There is evidence of some success in the treatment of upper respiratory infections of Homoeopathy. Some clinical

data point to immunomodulation as a working mechanism, but future research work shall have to be carried out in order to clarify numerous unanswered questions.

27. Cancer probability and remission: QUERINJEAN P.: Chaodynamic theoretical considerations and availability of immunoenzymatic predictive tests allow to draw some models explaining the predictability and the so-called 'spontaneous' remission of cancers. Scientists need to build up a multidisciplinary network where general practitioners and voluntary citizens will participate in the evaluations. Such a call has been launched through a medical weekly in Belgium. The network is open to any scientist and doctor ready to share the feasibility of preventive and predictive medicine.

28. Change-to-open label (COLA) design: A modification of the conventional parallel group design: WALACH H.: Research in alternative medicine is sometimes hampered by the restraint imposed on the researcher by conventional methodology. A new design is introduced which overcomes some of the ethical and organizational problems of the traditional double-blind or controlled parallel-group design, while preserving its scientific rigour: the 'change-to-open-label (COLA) design'.

29. Long-term efficacy of combined classical Homoeopathy, fasting and whole-food diet in atopic dermatitis: A retrospective questionnaire study: WALACH H., REISENEGER I., LINSENMANN E.: Atopic dermatitis (AD) is a chronic skin condition. The pathogenesis is only partly understood. Classical Homoeopathy is purported to be an effective form of treatment. We evaluated the long-term efficacy of a combined treatment of AD, conducted under inpatient conditions for 4-6 weeks. The treatment consisted of classical Homoeopathy, fasting, and a whole-food diet, together with radical termination of any conventional treatment, including ointments. The data seem to suggest that this type of treatment can be effective for AD, even in the long-term, and warrants closer scrutiny of this type of treatment, possibly by controlled trials.

X. The following abstract from the **Revista Homeopatica** (Barcelona, Spain) 1991; 16: (BHJ, 83, 2/1994): **The sensitive type and the essential points of Causticum by Dr. Jacques LAMOTHE:** LAMOTHE, a french Paediatrician, gives an interesting account of the Causticum child, stressing that this polychrest is generally only used for the elderly or handicapped children. After 6

years of investigation he places Causticum in 12th position among the important paediatric medicines. He describes 3 levels:

- The genius of Causticum
- The sensitive type of Causticum child
- The essence of Causticum in paediatrics summarized in 15 characteristic symptoms.

He draws attention to the fact that the sensitive type, although important, has no great value for prescribing, but the pathogenetic symptoms, on the other hand, are important. Such characteristics as large abdomen, thin, hypotonia, flat feet, hallux valgus, hernias, sweetness of nature, generosity, tolerance and happiness indicate the sensitive type of Causticum child but are not important for prescription.

Finally, Dr. LAMOTHE describes the 15 essential symptoms of Causticum in Paediatrics:

- Physical and mental constitution
- Frightened of real/imaginary dangers
- Alternate good humour and irritability
- Although happy and gentle, offers frequent opposition
- Late walking
- Stammering
- Dysphonia
- Incontinence of sphincters
- Uncoordinated in sports, clumsy
- Chronic constipation
- Chronic productive cough, otitis with serous discharges, associated with warts
- Hypersensitive to cold baths
- Desires salt, aversion to sugar
- Thin but good appetite

(See also 'The Causticum child': QHD VIII, 4/91, p.68)

XI, Second International Congress on Ultra Low Doses, Bordeaux, October 1-2, 1993: (Report in the BHJ, 83, 2/1994): Except for a few contributions from Moscow and one from the USA all speakers (and the audience) were natives. The Scientific Committee used very strict criteria for the selection of papers and 60% of contributions were refused. For methodological reasons all clinical studies had been rejected. This is why it became a Congress on high scientific level, but without bridging the gap between theory and its concrete relevance to Homoeopathy.

Christian DOUTREMEPUICH, Professor of Haematology demonstrated the clear influence of high dilutions of Acetylsalicylic acid in ultramolecular range (upto 10⁻⁶mol) on bleeding time and thrombus formation.

Benjamin BONAVIDA, Professor of Immunology in Los Angeles, spoke about his *in vitro* experiments on anti-tumour cytotoxicity of Ultra Low Doses with potential to overcome the problems of treatment resistance.

Ms BURLAKOVA from the Academy of Sciences in Moscow showed the bimodal nature of dose-effect dependence, using many examples.

Prof. ASHMARIN was an exception among the Russian speakers. His study on the reduction in the convulsion threshold of rats given thyroxine-releasing hormone in ultra low dose produce a cascade effect in the neuronal system with far-reaching consequences.

Dr.JONAS from Washington in co-operation with Dr.LINDE from Munich, carried out a meta-analysis of serially agitated dilutions in experimental toxicology.

A.REBER, Neurophysiologist in Rouen, demonstrated the clear influence of Cocculine (a mixture of 4 substances in 10⁻⁸ mol) on motion sickness in rats.

BELON and SAINTE-ALUDY discussed the current status of their experiments with Histamine in ultra low dose on the activation of basophils and continued with a study on the influence of an H₂-antagonist (Cimetidine) in this model.

TESSIER et.al. were not able to prove that Cuprum 4cH and 15cH stimulates intestinal transit in mice, because numbers were insufficient and the statistical method did not suit the purpose.

The Congress closed with an interesting discussion.

XII. The Editorial by Dr.D.T. REILLY (BHJ, 83, 2/1994) reveals a proposal by the Faculty of Homoeopathy, London, for Certificate of Primary Care Homoeopathy: "The Academic Department of Glasgow Homoeopathic Hospital is about to pilot a Certificate of Primary Care Homoeopathy. This experiment on behalf of the Faculty of Homoeopathy, is scheduled for Spring 1994. We believe it is timely, and this editorial is asking you to contribute to refining its aims and scope."

"In the future, primary cares will use what are now seen as complementary therapies as first-line treatments. The more costly and risky conventional interventions will become second-line alternatives. You may think this exaggerated: 10 years ago it seemed untenable. Interest in so-called alternative medicine lay hidden under apparently smooth medical waters, visible only through the imaging technique of an anonymous questionnaire. The interest has since surfaced, and the medical Titanic may not yet have grasped the significance "

XIII. In a communication Dr.Jennifer JACOBS writes

(Homoeopathy and Paediatrics: Our responsibility for the Future, BHJ, 83, 2/1994): The best way to the advancement of the planet is the raising of healthy children and there is no better way for that than Homoeopathy; children who are emotionally and physically healthy. The medical problems of the developing world and the technologically advanced world are different. The rise in mental and emotional problems is due to the suppressive treatment and the excessive medication. Mental diseases in children such as hyperactivity, Attention Deficit Disorder and minimal brain dysfunction are all increasing. Similarly emotional disorders like depression and violence, suicide, children murdering children, guns and knives carried by 11 year-olds to the schools etc. are all experienced in the advanced countries.

A typical suppressive treatment is seen in the asthma of children. The result is that over the years of suppressive treatment by strong drugs the child develops emotional and mental disorders. By treating the children from early age through Homoeopathy these mental and behavioural disorders can be prevented and sound health maintained.

In the developing world Homoeopathy is a safe cost-effective treatment modality for the many common childhood illnesses that claim lives.

Several research and educational initiatives must take place and Homoeopathy must step out into the world of Public Health.

XIV. The British Homoeopathic Society, incorporated by an Act of Parliament in 1950 to become the Faculty, completed 150 years in 1994. (BHJ, 83,2/1994)

XV. The British Labour Party has called for 'complementary therapies' to be made more readily available under the NHS The Faculty has proposed for making high-quality Homoeopathy fully integrated in the NHS structure, readily available to all sections of the British people. (BHJ, 83, 2/1994) XVI. The Midlands Branch 19th Annual Symposium was held in Selly Oak PGC on 13th November 1993. (BHJ, 83, 2/1994) Paediatrics in Homoeopathy was the theme for the forenoon session.

Dr.GOODYEAR described five cases he had diagnosed using Psionic medicine and which all needed nosodes.

Dr.V.KLEIN: 6-year-old boy with soiling; small, thin child with offensive stools and wet trousers. Serious person affected by music. Phosphorus and a month later Natrum muriaticum followed by Carcinosisin.

4-year-old boy with behaviour problems, Asthma, cough and catarrh, Sulphur 30, then Drosera 30 and Antimonium tartrate made him a different boy.

Dr.D.LEWIS: 11-year-old boy: Asthma,

anticipatory fears especially of dying, sweaty and musical. Lycopodium 30 tds for 3 days helped to stop Becotide and reduce Ventolin.

11 year-old boy: having needed a heart transplant, presented with bilateral discharging ears, unresponsive to antibiotics. After a dose each of the Nosodes E.Coli, Proteus and Staphylococcinum, the ears dried up in 24 hours.

3-year-old girl was admitted agitated and confused; developed a left hemiplegia; all investigations negative. She had chickenpox a month before and a dose of Varicella followed by Arsenicum album had her up and walking after four weeks.

Dr.Mollie HUNTON: 4-year-old boy chest infections, wheeze, sweating, loss of weight and clubbing. Diagnosis of Hodgkin's lymphoma, stage ivB and a quadruple chemotherapy was started immediately. Severe reaction to the second triple-vaccine was elicited and later he suffered a severe thrombocytopaenic reaction to Chickenpox. Thuja 30, Variolinum XM and Carcinosisin 30 brought about a dramatic improvement.

3-year-old boy: Chest infection after Chickenpox. Given Amoxil and next day worse. Belladonna and then Variolinum brought improvement.

3-month-old girl, with a strawberry naevus on her occiput and neck. Phosphorus 6 t.d.s. and in two months the naevus disappeared.

Dr.June BURGER: 3-year-old boy diagnosed **Duchenne muscular dystrophy** in 1983. Never been well since measles an year before. Morbillinum followed by Silica 6 (muscular spasms). Muscle tone gradually improved.

13-year-old boy with **Myalgic Encephalitis**. Never been well since a flu-like illness with nausea, headaches, lethargy and insomnia. Sulphur, Lycopodium, Natrum sulphuricum 6 and Echinacea 6 all b.d. for three months at the end of which he was 70% on the ME scale (from 30%).

Dr. R. LIVINGSTON (post-lunch session) on 'The intuitive in Medicine': Instinct and Intuition are very important in medicine and show as empathy, timing, silence, chance remarks, strange, rare and peculiar symptoms and moderation in the degree of involvement with the patient. The doctor's intuition may help to decide to visit the child who turns out to have meningococcal meningitis. Touch is the most sensitive sense. Intuition is difficult to define as it is intangible but George VITHOULKAS defines it as an overall view from facts unconsciously or consciously founded.

Dr. D. CURTIN: on 'The Totality of Symptoms': ref. paragraphs 15, 18 153, 210 of the **Organon**, KENT'S Lecture (hierarchy of symptoms) (**Simile**, 4, 2/1994 issued with the BHJ, 83, 2/1994)

XVII. Dr. Steven KAYNE of the British Faculty reports

(**Simile**, 4, 2/1994 issued with the BHI 83, 2/1994): a total of 59 pharmacists enrolled for the 1993 Basic Homoeopathic Pharmacy Courses in London and Glasgow with 53 completing the assessment satisfactorily and gaining the Faculty certificate. Teresa CATHERALL said that since neither Homoeopathy nor Allopathy is able to explain itself fully nor is always able to provide a cure, both should enter the 21st century in a complementary mode. John LENZAN outlined how the development of new concepts and theories; in Physics had influenced homoeopaths in their quest for a rational explanation of the mode of action of homoeopathic remedies. Hilary PEARMAIN and Alison KEANE dealt with the difficult subject of homoeopathic legislation. The standard of the students who took part was high.

XVIII. This news must cheer the heart of every homoeopath. In November 1993 an M.Sc. programme in homoeopathic medicine was successfully validated at Liverpool John Moores University. It may well be the first ever M.Sc. award in homoeopathic medicine, and is certainly the first in the European Union. The M.Sc. programme will run from October 1994 and will be based in the Centre for Health Studies. The course has three levels: Postgraduate Certificate, Postgraduate Diploma and M.Sc. (**Simile**, 4, 2/1994 issued with the BHI, 83,2/1994).

XIX. Edward CHAPMAN and Guy HOAGLAND's views of the American Institute Homoeopathy's positions regarding MD homoeopaths and allopaths, has been commented upon by Randall NEUSTAEDTER in the JAIH, 87, 2/1994. NEUSTAEDTER calls the attitude of the above two as "courting the allopaths"; he forcefully argues that it was such a desire which led to the downfall of Homoeopathy in the USA; he also points out that it is the non-medically qualified homoeopaths - VITHOULKAS, CATHERINE COULTER, Paul HERSCU, et al, all well-known classical homoeopaths - who have not only trained good homoeopaths but also written such books and repertories as to be considered highly useful. He asserts that allopaths can never absorb, integrate, or accept Homoeopathy.

Edward CHAPMAN replies that it is time we stopped speaking of "we and they", and that the divisiveness has deterred Homoeopathy in the past and "continues to threaten to do so again". He feels that the allopaths - our colleagues - and ourselves must attune to each other.

XX. The Homoeopathic Links (Indian Edition) Vol.7, 2&3/1994 was a 'compilation' of the Homoeopathic Links Vol.1-3. The **Materia Medica** Section has some nice pictures. Some extracts:

Nux Vomica: Ambitious, hard, sexual people. One of the most sexually aggressive remedies like Tarentula,

especially in men.

Natrum muriaticum: Impossible for them to go into detail about emotional traumas, they replace sexual needs by internal fantasies. Dependency is a humiliating state for them. Presents a face to the world that they think is right regardless of how they feel. Alternating headaches with stomach problems.

Magnesium muriaticum: Unusual personality, cannot accept the way things are. These are the people that fight for the minorities in society. Cannot tolerate injustice but won't use violence of any kind. Peace-makers, cannot bear conflict.

Sulphur: The egocentrism of Sulphur is sometimes unbelievable to see! lives for self, not really caring for others. "Playing comedy" full of self-importance and haughtiness. Think of Sulphur when you see the over-made-up woman or the man with too much perfume or after-shave. Sulphur is very sensitive to smell, even the smell of their own body. 30% of Sulphur cases can be chilly. Frequent waking after midnight; Vertigo: water, crossing, running; Walking over water; cannot look down from a bridge at running water below. Motion of tongue lapping to and fro.

Phosphorus: Give themselves totally, they become overwhelmed by their feelings. Easily angry but also sensitive and sentimental and regret their action immediately. They cannot hold in their feelings, bad or good they have to come out, may even stutter because they can't articulate at same speed as their feelings. Great storytellers, say everything with such enthusiasm and richness.

XXI. Remedy Pictures: Notes from GEUKENS-Seminar by Victor JENNI: (HL, 7, 3&4/94) Bufo: It is to GEUKENS' credit that he has shed new light on this remedy, showing that it is more applicable to our modern age than we imagine. This remedy is not limited to the feeble minded and senile. **Summary of the remedy Bufo:**

Epilepsy with skin symptoms or inflammations.

Sensuous people, may have a sexual look in eye, slightest touch arouses instinct.

Sleeps with finger in vagina.

Handles genitals

Rage when alone. Rage comes from irritation of brain whereas in Stramonium it comes from unconscious fears.

Foolish expression, childish behaviour, thick lips, protruding or lapping tongue.

Prograthy.

Bites tongue during convulsion.

Biting tongue in spasm.

Weeping at trifles

Hurried, restless and impatient.

Think of this remedy in autistic children.

Although BOERICKE says music is unbearable, GEUKENS cases show that most like or have a special affinity to music.

Comparison of Baryta carbonica and Bufo

| | |
|-----------------------------|---|
| Baryta carbonica | Bufo |
| Feeble-minded | Single minded; bright in one specific subject |
| Timid - hides behind mother | No timidity; does not take notice of surrounding. |
| Slowness | Sensual approach to others. Impatient |
| Inactivity | Restless; easily angry. Sexually active. |
| Slow to learn | Abnormal development |
| Focus: Glands | Focus: Nervous system and skin. |

XXII. Nancy HERRICK in Berne Seminar: (HL, 7, 3S4/94)

Aurum: Importan: Key-notes: Moaning in sleep, praying/meditating, talking a lot about business, suicidal thoughts with rage or revenge, cryptorchism.

Modalities: better warmth, music.

GEUKENS in Berne Seminar:

Mercury: The cause comes from: Anger that is held inside. (Colocynthis - cramp; Staphysagria - hypersensitive; Causticum - fight). Inflexibility. Very correct (Kali), with strong feelings towards traditions. Mercury has a strong sense of national socialism, he reacts to what he feels is unjust and can kill. Doesn't react immediately but boils inside and when the control goes it all bursts out. Quiet on the outside but seething inside, given away by the tremulous voice. Has the impulse to kill but may not admit this.

XXIII. The Homoeopathic Links, 7.2&3/1994, carries interesting articles from the first four years of the journal. Many 'Seminar Reports' have been published in these pages. Some extracts:

Roger MORRISON & Nancy HERRICK Seminar in Berne in Sept. 1987.

Case Analysis: Seventeen ways to look at the case, listed in hierarchical order:

1.Essence. Totality and Keynotes.

(Frequency approx. 1%, Results 100%)

2.Essence confirmed by Keynotes (F.15%, R.95%)

3.Totality plus Keynotes (F.25%, R.85%)

4.Essence alone. (F.20%, R.70/80%)

5.Totality alone. (F.35%,R.50/60%)

6. Confirmatory Symptoms, (e.g.3 underlines, intensive)

7.Main Pathology. (Distinctive features of Pathology)

8.Recent Pathology (repertorise as a layer)

9.3 keynotes for 1 remedy (3 legged stool)

10. Keynote-essence, (essential point for remedy usually a small remedy)

11. Combination of Symptoms.* (Doublet/triplet)

12.3 Keynotes from one area.** (Mostly in desires and aversions)

13.Combination of remedies (Keynotes for 2 remedies + at least one good symptom for the combined remedies (e.g. Nats.)

14.2 strong Keynotes.

15.Nosode. (corresponding family history plus at least 1 keynote)

16.1 very strong keynote.***

17.To open the case.

(When none of above are possible, try Sulphur when the patient is hot, Nux vomica when patient is cold or Sepia when the patient has no energy).

Essence is 3 dimensional including: Causation (grief), Tempo (Sudden, gradual) Centre of pathology (headache), it also includes the physical appearance and the personality; Sometimes the essence can be described in a word or a phrase e.g.- cowardice; soft and yielding.

Totality is 2 dimensional, i.e. rep.ertorisation. **Keynote** is a particular symptom which points to a specific remedy. 'Diabetes, kidney problems and desires ham =

Uranium Sciatica agg. cough, bearing down at stool and sneezing — Tellurium

** Desires chicken, Averse sweet, fish = Graphites ***
Nocturnal emission is strong Keynote for Natrum phosphoricum. Numbness of hands in morning is strong Keynote for Phosphorus

Ananda ZAREN Seminar in Berne - Obstetrics and Gynaecology: She gave a useful list of what she considers to be the main hormonal remedies and introduced unusual remedies like:

Viburnum opulus a major remedy for cramping pains

Aletris farinosa a polycryst in pregnancy for anaemia and weakness

Symphoricarpus racemosa an important remedy for nausea in pregnancy.

Hormonal remedies: i.e. anything to do with a hormonal situation e.g. headache since birth, menses problems, etc. Arnica, Belladonna, Caulophyllum, Cimicifuga, Gelsemium, Lachesis, Medorrhinum, Nux vomica, Sabina, Secalu, Sepia, Sulphur.

Placenta praevia: important remedies: Calcarea carbonica, Ipecacuanha, Kali carbonicum, Natrum muriaticum, Nux vomica, Phosphorus, Sabina, Sepia, Silicea, Veratrum album. To prevent perineal tears prepare the perineum 5 weeks before the birth with regular Calendula hot-packs, i.e. put 2 tablespoons of Calendula on a wet flannel, place on the perineum with a heated pad on top. This encourages softness and flexibility in the perineal tissue. For healing of tears: Calendula 30 plus hot packs and sit-baths. Consider also Arnica, Staphysagria, and BelHs perennis.

John HICKS and Angela BARRON gave a Seminar in Neuro-linguistic programming (NLP) and how to interpret the vast amount of non-verbal communication that goes on during a consultation.

Often we unconsciously match our patients to put them and ourselves at ease; if this is done consciously we can elicit more information from our patients. It is difficult to get information from a Mercury patient until they feel really understood, i.e. matched. If you lay back in a sloppy Sulphur way with an Arsenicum patient you will get more vital information. The more experience we have with patients and the deeper understanding of **Materia Medica**, the easier it becomes to elicit what lies behind the patient's mask.

Some Notes from the Seminar of George VITHOULKAS: We must be careful to discriminate the real symptoms from those produced by the wrong remedy given earlier. A case of a 6 year-old-child was heart-rending. The case had developed due to the child being in a state of grief when he contracted chicken pox. The

weakened organism thus developed a cerebellitis as a response to the chicken-pox virus. Despite the paralysis VITHOULKAS pointed out that the most important symptom was the child's inability to keep down the food and the remedy, to be correct, must change this life-threatening symptom first. The overwhelming aura of sadness, unusual in a child of 6, led to the prescription of Ignatia. 3 days later he walked into the consultation. "How are you?" VITHOULKAS asks "GOOD" was the loud, definite reply. "And how were you before?" "SAD" the reply, equally loud and definite! In acute cases it is vital that the most life-threatening symptom must show signs of improvement first.

VITHOULKAS' Seminar in Edipsos, Greece, September 1988: Aurum: is an introverted character, closed, responsible, refined and serious, they avoid superficial contacts. They want to be the best and show their capabilities by always working hard and keeping busy. However, their tendency to self reproach, self criticism and self distraction can lead to a suicidal disposition. Two types of Aurum: the successful, workaholic manager, and the anarchist or terrorist. Aurum types have the impulse to jump from a high place to be free from the inner suffering. This is a syphilitic remedy with aggravation at night and general amelioration from cool bathing, from music -especially classical music - from walking in the open air + moonlight.

A patient with Crohn's disease began with gastric problems 7 years ago, and later developed severe haemorrhage. The key to the case was shown when VITHOULKAS brought out the tremendous sympathetic character and intolerance to injustice in this patient. The problems began after he witnessed the difficult labor of his wife where he was unable to help. Following this he was unable to have sexual contact for one year. This was a Causticum case.

The second Causticum case was a follow-up of an AIDS patient. He was sympathetic, a moralist and had a fear to be alone. The follow-ups showed a decrease of the cervical lymph nodes and the patient had also matured in himself.

GEUKENS Seminar, Berne, April 1988:

Kali bromatum: may have general Kali picture with swollen eye lids, bloated face, etc. Remedy has tendency for apoplexy. Note unusual rubrics: Delusions, God, is object of God's vengeance K.26; Restlessness, hands, K.1187 Patient may be constantly wringing hands.

Cimicifuga: Loquacious, similar to Laches/s but chilly. Stiffness in cervical region, amel. riding in a car, agg. draft of air. Feels as if enveloped by a cloud when driving a car. Neuralgic pains in ovary, false contractions. Sighs like Ignatia XXIV. **Rubric definitions from EIZAYAGA Seminar: (HL, 7, 3&4/94) Fever:**

Body temperature: normal low point is 3 a.m., highest point between 5-6 p.m.

Intense heat = above 39°C

Continued fever = continuous fever, variation not more than 1°C.

Hectic fever = consuming fever causing great weakness.

Insidious = slightly raised temperature.

Intermittent = malaria-like, temperature returns to normal for some hours

Long-lasting = chronic fever without a clear reason.

Relapsing = Long periods with normal temperature but fever keeps returning.

Remittent = Variation more than 1 degree C but never normal.

Heat = Patient feels hot inside or on body. Patient or single parts are hot.

Fever = Raised temperature as measured by thermometer but patient can feel subjectively cold. Fever with chill is possible but not heat with chill.

Fever, burning heat = one can feel the radiating heat.

Fever, delirium and cramp can be found under fever, intense heat

Weakness fever = physical weakness on motion.

Weariness = weak and tired on slightest exertion.

Mind:

Despair of recovery = hopeless mood (feeling)

Doubtful of recovery = intellectual doubts about recovery.

Vertigo = dizziness, but can also mean insecure feeling on standing or walking.

Timid = feels she is of less worth when in contact with others.

Lack of self-confidence = feeling of insecurity and worthlessness also when alone.

Introspection = absorbed with self and own problems, self-analysis.

Reserved = does not outwardly show feelings.

Mind speech = refers to content of speech. (Mouth speech = to do with articulation of the words; lesion of nerves). **Multiple Sclerosis symptoms:**

Awkwardness = clumsy in movements.

Vertigo reeling = almost falls while standing (Romberg +). Swaying of upper body while standing.

Walking infirm = insecure walking

Incoordination = disturbance in finer

movements, e.g. tying shoe laces.

Ataxia = more pronounced and more general loss of control over body movements.

Scotoma = loss of vision due to nerve damage.

Twitching = involuntary muscle-fasciculations without movement of extremity.

Jerking = sudden movement of part of body in one direction.

Trembling = movement of extremity which does not change position.

Convulsion = uncontrolled movement of whole body in all directions.

Tonic = small, limited attacks.

Clonic = whole body affected.

Tetanic = Stiffness and rigor of affected muscles.

XXV. Report from the Ohio Meeting, Dayton, November 1993 (HT, 14, 3/1994)

Osteoporosis: A Homoeopathic Feminist Perspective: Jacquelyn WILSON: For those who fear that they are going to die from a broken hip - the biggest risk factor is not Osteoporosis - it is a lack of balance. She suggested testing your balance when you arise each morning. Stand on one foot and stretch out your arms. Then close your eyes and hold for 5 seconds. If you can do that, you're fine. If not you need balance treatment-six weeks of Tai chi will improve your balance, "The less you move, the closer you are to death," If you are at high risk for broken bones, use garments with padding the hips to protect in the case of fall. Vitamin K increases the healing rate of fractures, and Vitamin D is also helpful, but what keeps the bones strong is weight bearing--you must stand up. Walking, dancing, Tai chi, and even bouncing on a trampoline will help the bones stay healthy.

Fluoride results in stronger looking but weaker bones. Estrogen replacement will increase bone density but it might cause breast cancer, and definitely can cause uterine cancer.

Chaos Theory: Implications for Homoeopathy: Joel SHEPPERD: Chaos theory describes non-linear dynamic systems. One of the implications for health is that from the standpoint of chaos theory, all crucial body functions oscillate. When the oscillations become unstable, illness results. These complex oscillations are chaos—which is healthy. "The word homeostasis has outlived its usefulness. We should now think of homeodynamics" said SHEPPERD. To show the meaning of this in very real terms Dr. SHEPPERD showed a graph of several heart rates. The normal heartbeat is seen as a very complex wave, whereas the wave form of diseased heart has lost all its complexity. Regular rhythms signify problems. When brain waves lose their complexity and variability, the result is seizure. Chaos

theory describes **whole** behavior. Double-blind testing, with its emphasis on a single variable and one outcome point, could make Homoeopathy disappear, said SHEPPERD. "You can't judge health by one variable."

Can Anthroposophical Medicine offer something to Homoeopathy? Mark EISEN:

Anthroposophical Medicine founded by the German mystic Rudolph STEINER is recognized as a medical specialty in Europe and in South America. Anthroposophy is a path of knowledge of the spirit through rational thinking and clear perception. The speaker gave a fascinating talk which is available in audiotape.

The State of Homoeopathic Clinical Research by Michael CARLSTON: Research in Homoeopathy is needed in three areas: 1) randomized controlled trials, 2) outcomes research, 3) basic science research. And research should not only be used to show that Homoeopathy works, but also to have us improve how we do what we do. Research tells us about absolute truth in the world. Dr. CARLSTON spoke of the formation of the Homoeopathic Research Network, a loose grouping of like-minded people, who are working to develop academic and community concerns. There should be discussions about the methodology of the trials. It is important to do classical homoeopathic trials. The research needs to be done so our science can grow to its full potential as quickly as possible.

Results of the study of the Homoeopathic Treatment of Premenstrual Syndrome and its Implications for Homoeopathic Practice: by Ted CHAPMAN: Dr. CHAPMAN's presentation brought up all the factors and problems that Michael CARLSTON had mentioned in the previous talk. Although 7 million (in the USA alone?) are affected the "disease diagnosis" has been contested. In CHAPMAN'S trials none of the data was statistically significant. And none showed the efficacy of Homoeopathy in treating PMS.

Panel Discussion - Health Care Reform: This pertains to the reforms required in the USA.

Suppression in Homeopathy: by Michael GARN: Suppression in Homoeopathy can be seen as the local symptoms improving while the person in general worsens. Dr. Elizabeth WRIGHT-HUBBARD said "The disease manifestations go before the disease is cured. H.A. ROBERTS said "The manifestation is cut off, forcing it to express itself nearer the center of Vitality." The effects of suppression may go beyond the individual, and be passed on to future generations.

A Case of Rheumatoid Arthritis: by Sandra M.CHASE: A difficult case of arthritis of 32 years duration. (The case has been published in full in the JAIH, 87, 2/1994. Please see Therapeutics, No.49. of this issue of QHD)

Case study: A Classical Approach by Carey RUDICK: The speaker stressed the importance of strange, rare and peculiar symptoms in the analysis of a case. A 42-year-old male with a five year history of Asthma. History of hay fever and allergies. He was worse from fresh-cut grass (hay). Has had visible chest palpitations. Born with undescended testicle. History of Pneumonia with two occurrences by age five, and several more between age 20 and 30. Had an inguinal hernia. Arsenicum iodatum 200 was the remedy. (Dr. Julian WINSTON says that when he analysed the case with **Mac Repertory** in his Computer Arsenicum iodatum came only in the 9th place, and with the **KEiNT Repertory** it came only in the 21st place and when Hay asthma was added the remedy reached 7th place.)

Immunization: Public Health, Private Choice, and Homoeopathy: by Dennis CHERNIN:

The question of immunization is a very emotional topic. The relevant points are discussed and the homoeopathic medicines generally used in the infectious diseases for which the immunizations are mandated are mentioned.

Immunization: A Pharmacist's View by Kristine SEVERYN: The speaker pointed out that many of the epidemic cases are happening in vaccinated population. 37% of the children who had whooping cough in the latest epidemic in Ohio had been vaccinated against the illness. It is now recommended that babies get the pertussis vaccine at one month old. There are more vaccines coming. Ms. SEVERYN pointed that the insert which is packaged with the DPT vaccine describes it as "unavoidably unsafe." Yet parents are not shown the package insert, nor do the doctors tell you what it says, (see No.3, **General** section in this QHD)

Making inroads into Orthodox Medicine: by Michael CARLSTON: An academic foothold for teaching Homoeopathy has been established by Dr. Michael CARLSTON teaching Homoeopathy at the University of California in San Francisco within the residency programme at the Community Hospital of Sonoma County in Santa Rosa, CA. It is the only homoeopathic training within an academic institution. Dr. CARLSTON has also given some 'tips' how to open inroads in the conventional medicine.

Homoeopathy and High Altitude Sickness by EOS Nancy: Coca is the medicine for high altitude sickness. The speaker described the work she did as the Physician for a 1993 Sierra Club Tripouting to high altitudes in the Uintas Mountains in Utah. She prepared her own potency of Coca from a single drop of Cocaine hydrochloride 4%

XXVI. A new Masters degree in Homoeopathy has been launched by the Liverpool John Moores University. The course has been aimed at doctors and has been developed with the Department of Homoeopathic Medicine at Mossley Hill Hospital in Liverpool. Post graduate certificates and diplomas will

also be available for nurses, midwives, pharmacists, dentists and vets. (HT, 14, 4/1994).

XXVII. Some extracts from the interesting 'discussion' on the lecture **Dysis vs Disease** by Drs. Manu L KOTHARI and Lopa A. MEHTA (mfH, 4, 4/1994): The so-called 'routine check-up' flaunted about by many of the Hospitals and Doctors are only 'commercial'. Doctors suffer from what may be called the 'I-told-you-so' syndrome. It became fashionable for many women in the US to undergo mastectomy. 33% of the breast cancers were diagnosed pragmatically.

It was Prof. RAEBURN who in an article wrote in 1972 "immunodeficiency in children because of antibiotics" stated 'microbes come as friends for a dialogue but are suppressed by the doctor and as a result the child goes in for a life-long immuno-deficiency. At the moment it would seem that the AIDS virus is the gift of antibiotics. It will not depart until we change our antibiotic policy. Prof. RAEBURN said "future generations will see antibiotics as nature's most malicious trick played on mankind".

It is only in 10% of illnesses resulting from extrinsic factors as traumas and such other physiological disturbances that are reversible, replacement of fluids, maintaining electrolytic balance, surgical repairs etc. that Allopathy is called for. In the remaining 90% Allopathy is ineffective.

Even homoeopathic medicine has its limitations. All medicines are only temporary measures. Fever has to be considered as the best friend. About pain, it has to be borne patiently.

A prescription is a tie that binds a doctor to a patient. A drug is a symbol that the doctor has done something. In every pathy, the physician is paid for doing something assertive and positive and will not be paid for not doing something. That is why most of us are forced to do at least something. This is where we lack the humility to admit that this is an area where we are ignorant.

The ICC unit may be called the Intensive Cardiac Scare Unit because it scares the patient out of his wits and now global studies have shown that mortality is least when a heart patient is nursed at home, greater in the general ward and highest in the ICCUs. We should not be blinded by technical gadgetry.

A significant remark by Swami RAJNEESH was cited, that it was not the fall itself that hurts as much as the attempt to save oneself while falling. This is very apt in the context of disease and healing. The disease

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below:

1. **ACD:** Archiv fur Homoeopathik, DYNAMIS-VERLAG, AM Vogelherd 18, 4200 OBERHAUSEN 11,

GERMANY.

2. **AHJ:** Asian Homoeopathic Journal, 37, South Anarkali Extension, DELHI-■ 10 051.
3. **AHZ:** Allgemeine Homoeopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
4. **BHJ:** British Homoeopathic Journal, Royal London Homoeopathic Hospital, Great Ormond Street, LONDON, WC1N3HR, U.K.
5. **CCR:** Homoeopathic Clinical Case Recorder, Dr. Subhash Meher, Phule Road, Maliwada, AHM6DNAGAR • 414 001, INDIA.
6. **CCRH:** Quarterly Bulletin, Central Council for Research in Homoeopathy, B-1/6, Community Centre, Janakpuri, NEW DELHI -110 055, INDIA.
7. **CGH:** Cahiers du Groupement Hahnemannien, MEDECINE ET HYGIENE, 78, avenue de la Roseaie, Case 456, CH-1211 Geneva 4.
8. **HH:** Homoeopathic Heritage, B. Jain Publishers (P) Ltd., 1920 Street, 10th Chuna Mandi, Paharganj, Post Box 5775, NEW DELHI • 110 055 INDIA.

itself does not hurt as much as when we try to interfere, we interfere with the body's healing powers. XXVIII. In the SimiHimum, 7, 1/1994, Stephen KING had reported of ear pain in a eight-year old girl during the night; she was walking around the room when in pain, wept because of the pain. Remedies *Ferrum phosphoricum*, *Chamomilla*, *Pulsatilla*, *Arnica* (pain was described as if a blow to the ear). At last *Rhus toxicodendron* (She was also coughing during the pain) gave quick relief.

In Simillimum, 7,2/1994 Dr. Dennis H.KAY writes that the most likely source of the ear pain was from the temporomandibular joint. In adults with either acute or chronic ear pain, over 90% are from the temporomandibular joint. The TMJ pain presenting as ear pain, although not common is not rare in children. 90% of all ear pain originates from three sources:

- 1)inflammation of middle ear,
- 2)inflammation of the ear canal, and
- 3)the temporomandibular joint.

Except in very young children, you can ask the parent or the patient to do three simple things during a phone consultation to help determine the source of the ear pain.

First, middle ear infections will almost always be accompanied by decreased hearing in the affected ear. A simple whisper test will tell if the hearing is affected. Second, pulling gently on the auricle will cause increased pain if the pain is from external otitis. Third, gentle finger pressure over the TMJ (just in front of the ear) and having the patient open and close the jaw and move the jaw side to side will elicit pain if the TMJ is the problem.

9. **HL:** Homoeopathic Links, Homoeopathic Research & Charities, "Dinar", 20 Station Road, Santacruz (West), BOMBAY - 400 054.
10. **HLK:** Forum fbr Homeopatisk La'kekonst Svenska
Akademin fbr Kiasisk Homeopati,
Folkungagatan 84 (Itr),
116 22 STOCKHOLM.
11. **H.TIMES:** Homoeopathy Times, 805-Giriraj, Neelkanth Valley, Ghatkopar, Bombay ■ 400 077, INDIA.
12. **H.T.:** Homoeopathy Today, National Center for Homoeopathy, 500, Massachusells Avenue, N.W. Suite 42, WASHINGTON D.C. 20005, U.S.A.
13. **THE HOMOEOPATH:** The Journal of the Society of Homoeopath, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
14. **IJHM:** Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R. Gadkari Marg, Irla, Vile Parle (West), BOMBAY - 400 056, INDIA.
15. **JAIH:** The Journal of the American Institute of Homoeopathy, 1585, Glencoe, DENVER, Colorado 80220, U.S.A.
16. **mfH:** Medicina futura Homoeopathy, 1-2-217/7, Gaganmahal Road, HYDERABAD - 500 029, INDIA.
17. **NEJH:** New England Journal of Homoeopathy, 356, Middle Street, AMHEBST, MA 01002, U.S.A.
18. **QHQ:** Quinquina Homoeopathic Quarterly, Sri Sathya Sai Publications, Main Road, Taliparamba, KANNUR - 670 141, INDIA.

PART II

Les Pathogenesies hahnemanniennes oubliees

(The forgotten Hahnemannian Pathogeneses)

BY Dr. J. BAUR (CGH, 1/1994)

A certain number of pathogeneses carried out by HAHNEMANN and his collaborators does neither figure in his '**Chronic Diseases**' nor in his '**Materia Medica Pura**'. One finds their mention in the little work of G.O. KLEINERT "**Sources des experimentations physiologiques des medicaments**" and in the "**Index of Provings**" of Thomas L BRADFORD. One is astonished that in the 150 years which have followed their publication in Germany, not one author has thought of reassembling them in a work which followed the **Materia Medica Pura**.

These pathogeneses have been published in the different works as follows: **STAPF's Archivs**

They were published between 1822 and 1843 and consist of numerous pathogeneses of HAHNEMANN. In particular:

Antimonium tartaricum - 1824 Viola tricolor -1829
 Sabadilla - 1825 Agnus castus -1831
 Sabina -1826 Lamium album -1832
 Colchicum -1826 Cantharis -1833
 Paris quadrifolia -1829

STAPF's Addition to the Materia Medica

Under the title "**Beitrage zur Arzneimittellehre**" STAPF published at Leipzig in 1836 a volume containing other pathogeneses. Certain entries have been made with the participation of HAHNEMANN in particular:

Agnus castus - a first pathogenesis of which has been published in Volume X of "**Archivs**" Senega & Valeriana officinalis (or V.minor) **Fragmenta de Viribus Medicamentorum (1805)**

This work constitutes the first publication of the **Materia Medica** of HAHNEMANN. It was published in two volumes, the first containing the pathogeneses of 27 substances, and the second consisting of a reportary of symptoms: 23 of these medicines entered the **Materia Medica Pura** published subsequently. The four others which have not been included are

- Cantharis - which was published in 1833 in the STAPF's Archivs.
- Copaiva, Cuprum sulph.
- Valeriana officinalis - which was published in 1836 in the 'Beitrage' of STAPF.

The Lesser Writings of HAHNEMANN

Under the title "**Kleine Medizinische Schriften von Samuel HAHNEMANN**" STAPF reassembled a certain number of studies and minor writings which were published in two volumes in 1829. There we find the indications for

- Coffea arabica (essay on the effects of Coffee).
- Taxus baccata.

The Pharmacopoeia (Apotheker lexicon): Apotheker Lexicon was published in two volumes in 1793 & 1798-99. This work is interesting for it constitutes the sum of knowledge of pharmacology possessed by HAHNEMANN at that epoch. Furthermore one finds the introduction of certain observations which have been included in the doctrine of Homoeopathy.

This work has been elicited by T.L BRADFORD with regard to

- Cetraria islandica
- Millefolium
- Oenanthe crocata.

Other Medicines introduced by HAHNEMANN.

- Cuprum ammoniae sulphuricum: in the Journal of HUFELAND; Vol.V.2, 274, cited by BRADFORD.
- Jalapa in the **Organon** 5th edition, cited by G.O. KLEINERT. This citation of Jalapa is really found in the 4 edition -1829.

Dr. Frederik SCHROYENS¹ **Synthesis** has replaced **Kent Repertory** which has been used for decades. **Synthesis** is an advance of KENT.

I have been using the **Synthesis** exclusively in my practice for the last few months. Certain 'errors' and confusions noted are given here. Further would follow:

1. ANGUISH: Clothes TOO tight when walking in open air; as if: (p. 10) arg-met.

EN I, p.448, No 417: "Lassitude and heat all over when walking in the open air; he has no sweat, and feels a sort of anguish, as if his clothes were too tight. ALLEN gives this under **Generalities**. This is obviously a **physical sensation** and **not a mental anguish** (evidently a sensation of heat giving the feeling of the clothes being too tight). Many relevant rubrics exist in the **Synthesis**: e.g.

LASSITUDE: Walking in open air (p.1624) (there is only amel. mentioned in the rubric); **HEAT: Sensation of: Walking** (p.1613) (there is no sub-rubric for walking in open air); **HEAT: Flushes: Perspiration: without** (p. 1613) None of the above has arg- met **CLOTHES: (p. 1562)** does not have a sub-rubric '**tight; as if**

One would not look for this symptom in the **Mind** section, and should therefore be added in the relevant **Generals** rubrics.

2.ANXIETY: Faintness; after: (p. 16) ars-s-f.

FAINTNESS: Anxiety, after: (p. 1587) cench. It is suggested that the rubrics be rewritten as: **ANXIETY: Fainting;** after: ars-s-f. (**GS II, p.145:** "... greatest apprehension after a swoon.");

ANXIETY: Faintness; anxiety causes: cench.

3.ANXIETY: Sexual excess, from suppressed

(p. 19)

This rubric may read: **ANXIETY: Sexual desire, from** suppressed.

4.CONFUSION: Walking amel. (p.36): agar.

Search in **EN** and **GS** under agaricus muscarius was negative. Under Asarum europeum (**EN I, p.583, Nr.14:** "Confusion of the head, less perceptible when walking than when sitting." Confirmed in **GS** also. Hence agar. should be corrected as asar. Same error appears in **SR I** also.

5.HOMESICKNESS (P.116): eup-per.

This is an addition from the Index to **EN, to SR I and Synthesis.** **EN** has no mind symptoms at all under Eupatorium perfoliatum, but under Eupatorium purpureum homesickness is mentioned (which is already listed in **Kent, SR I and Synthesis.** Hence eup-per. should be deleted from **SR I and Synthesis.**

6. TOUCHED: Aversion to being (p.198): lachn. This is an addition from the Index to **EN** (Vol.XI, p.133)

Search under lachnanthes was negative, but under lachesis we find: "Slight touch is intolerable, almost puts him into a rage." (**EN V, p.463, Nr.1308**). Hence lachn. should be corrected as lach. in **SR I, Synthesis** and the Index to **EN.**

7. VERTIGO: LYING, While: sinking down through or with the bed; as if: (p.218) benz-ac.

EN and **GS** do not list this under benzoic acid; but under benzenum: "Sensation of falling through bed and floor."

(**EN II, p.130, Nr.33**). Hence benz-ac. should be corrected as ben. both in **Kent and Synthesis.**

8. HEAD: (p.229) verat-v. **CONGESTION:** This rubric **Suppressed:** does not convey any meaning; **Materia medica** confirms that after suppressions, for example, of menses, congestion to head may result, in Veratrum viride. **CLARKE** mentions under Causations: Suppression of menses
(**Dictionary of Materia medica** III, p..1322):

HEAD: CONGESTION: Menses: suppressed, from (p.229) already lists verat-v. Does Veratrum viride include congestion to head after any suppression, for example discharges or eruptions? In which case, the rubric may read: **HEAD: CONGESTION: Suppressions;** from

9. **HEAD: PAIN: agg.:** (p.267) phyt.

This rubric should read: **HEAD: PAIN: Rain agg.** (Source: **Boger- Boenninghausen**)

10. **HEAD:** (p.277) pip-m. **PAIN:** Source **Forehead,** **in:** **diversion:** of the head) relieved temporarily by turning the mind to another topic." (EN VII, p.543, Nr.16). **Kent** as well as **Synthesis** have omitted the modality **amel.** in the rubric, which should be added. (KUNZLI has corrected this in his **Repertorium Generale.**) Whereas **EN** does not specify pain in forehead **amel.** by diversion, **Kent** (and **Synthesis**) has included the remedy only under pain - forehead, and not in the rubric **Head** - pain in general, with the specific modality. Should be added.

11. **HEAD: PAIN: Forehead: Nasal discharge** (p.278) appears as a sub-rubric under

HEAD: PAIN: Forehead: Motion; whereas it should be placed as the next rubric. The complete rubric should read:

HEAD: PAIN: Forehead: Nasal discharge amel.

12. **HEAD:** (p.301) **PAIN:** **Bursting,** **Temples,** **alternating:** This could not be traced in **Boger's Boenninghausen.**

13. **APPETITE:** (p.618) eup-pur. **Increased:** **Fever:** **during:** **after:** (p.618) eup-per,

Source verification: "Canine hunger with or before ague." (Eupatorium perfoliatum: **GS** V, p.222);

"Loss of appetite with fever; desire to eat immediately after." (Eupatorium purpureum: **GS** V, p.237) Hence eup-pur. and eup-per. in the above rubrics should be interchanged.

14. **KIDNEYS:** (p.820) mang. **PAIN:** Verification **Sore,** bruised, **region** of: Mancinella: "Sensation of weakness, as if bruised, in region of kidneys." (**GS** VII, p.266) Hence mang. should be corrected as mane.

15. **CHEST:** (p.1029) **PAIN:** **Heart,** **extending** to **leg,** right: (p.1029) **alumn.** "Fromthe hearta pain shooting to the lower part of the right **lung."** (**EN** I, p.200, NR. 288) Hence in the above rubric, **leg** should be corrected as **lung.**

The same error appears in **GS** I, p. 143, as well as **Knerr's Repertory, lung** is given wrongly as leg. J.H. CLARKE has corrected this error in the 'Errata' in his **Materia Medica.**

16. **EXTREMITIES:** **PAIN:** **Lower** **limbs:** **Sciatica,** **right:** (p.1234) **graph.** **Verification** in **GS** negative. But under **Gnaphalium:** "Pain dull or darting or cutting from right hip joint posteriorly downward to foot." "Intense pain along sciatic nerve." (**GS** V,

p.434). Wrongly mentioned as graph, in Boger's **Boeninghausen** and added as it is in **Synthesis**. Should be corrected as gnaph. in both the repertories.

17. **BATHING: Feet: Cold** water, in: (p. 1554)
led.

The modality **amel.** has been omitted in the rubric, and it should be added.

18.**FOOD & DRINKS: Beer agg. intoxicated**
easily: (p. 1594) chim. Verification in **GS** negative for Chimaphila. Under China: "Beer intoxicates easily."
(**GS IV**, p.178). Hence chim. should be corrected as chin.

19.**GROWTH** in length too fast: **Young** people,
in: (p. 1611) hippoz. Addition from **Knerr'sto SR II** and **Synthesis**. Verification in **GS** for Hippozaenium negative. Under Hippomanes: Stages of life, Constitution: "After growing too fast (Chorea)" (**GS VI**, p.46). Hence hippoz. should be corrected as hipp. in **Knerr, SR II** and **Synthesis**.

20.**SYNONYMOUS RUBRICS: inconsistencies:**

- i) **ANGER: Trembling**, with (p.9)
TREMBLING: Anger, from (p. 1693)
TREMBLING: Anger, with (p.1693)

All three rubrics mean the same and in fact list the same remedies: one rubric with cross references is enough.

- ii) **ANGER: alternating** with: **repentance (p.7)**
IRRITABLE: alternating with **remorse (p.132)**

These should naturally list the same remedies.

Both mean the same, but different remedies listed.

- iii) **ANGER: Jaundice**, from (p.8)
SKIN: DISCOLORATION: Yellow, anger, after (p. 1508)

Different remedies listed.

- iv) **ANGER: Talking** of others; from (p.9)
ANGER: Voices of people (p.9)
Different remedies listed.

- v) **CONFUSION: Identity**, as to his: **head** separated from body, as if (p.34)
DELUSION: Head separated from body (p.61)
Remedies differ in the rubrics.

21.**CREATION OF NEW RUBRICS:**

- i) **ARTISTIC:** (p.21) care. Is not phos. artistic?
- ii) **LOOKING BACKWARDS:** as if followed (p.140) (New rubric)

DELUSION: People behind him (p.69) and **FEAR: Behind** him, some one is (p.100) also mean the same.

iii) **NATURE: Loves:** (p.154) care. We find also under Coffea cruda: ". contrary to his custom is very much charmed by the beauties of nature, descriptions of which are related to Mm." (**EN III**, p.435,Nr.1). Study of the provings could reveal more of this kind!

iv) **SPEECH: Nasal** (p.182) This rubric does not belong to **Mind**. The right place is **LARYNX TRACHEA: VOICE: Nasal** (p.941)

Remedies that are in this **Mind** rubric should be carried to p.941 (bar-i. bar-m. sul-i. teucr.) as additions.

- v) **TIDY:** (p.197) care. Are not any of the other **Fastidious** remedies **Tidy**?

22. **ADDITIONS** from other sources:

Omissions

HEAD: PAIN: Chewing, while (p.257) Additions to this rubric have been made from **Boger's Boenninghausen**, but two remedies are left out, viz. thuj. and verb.

(We have also noticed a few other inconsistencies in additions made to **Synthesis** from **Boger's Boenninghausen**. These will be communicated later.)

23.DELUSIONS:

Many 'Sensations as if' from ROBERTS, H.A. which are not delusions, imaginations, hallucinations have been put into the **Delusions** section. One may ultimately arrive at the remedy, knowing that the sensations have to be looked for in the **Delusions** section, in the **Synthesis**. But,

(i) a real sensation as expressed by the patient to explain or make clear his symptom cannot be called a 'delusion'; **Kent** lists many 'Sensations as if' in the appropriate chapters, and any additions to the **Repertory** should be only in a similar way.

(ii) Many a time, a sensation expressed by the patient is not a sensation by itself, but only a manner of speaking; for example, one might express heaviness of head as 'a boulder placed on top of the head' or as 'as if someone sitting on head'. The patient uses whatever expression comes to mind, to make the symptom clear to the physician. These cannot always be taken as delusions. A few examples from **Synthesis**:

i) **DELUSION: Ball**, sitting on: (p.47) cann-i. chim. Verification of source: "Sensation in the anus as if he were sitting on a ball." {Cannabis indica: EN II, p.461, Nr.557}; "Sensation of swelling in perineum on sitting down, as if a ball were pressing against it." (Urinary troubles) (Chimaphila umbellata: GS IV, p.56)

Obviously, then, in both remedies this is a real sensation expressed to explain the kind of discomfort the patient was suffering from and not a 'delusion'. Chimaphila has enlargement of the prostate, which probably produces the 'ball' or lump' sensation in the perineum; in Cannabis indica the sensation is in the anus.

ii) **DELUSION: Beside** oneself, being, trifles, with: (p.48) carl. Source verification: "Very excited and peevish, and often as if beside himself with trifles..." {Carlsbad: EN III, p.1, Nr.1) The proper rubric is **IRRITABILITY: Trifles**, from (p. 134) where carl. should be added.

iii) **DELUSION: Brain: Looseness**: (p.49); This is a 'sensation'. **HEAD: LOOSENESS** of the brain; sensation of (p.250) lists many remedies, and is the right place to add phos. found in p.49.

iv) **DELUSION: Climbing up: mountain**; climbing up a steep:(p.51) prun. Source verification: "Shortness of breath, while walking; sighing, as if he were climbing a high and steep mountain." (Prunus spinosa: EN VIM, p.161, Nr.154). This is a respiratory symptom and no delusion, as confirmed also in the **GS VII**; this expresses only the degree of shortness of breath by an example of 'climbing up a mountain'. Such dyspnoea is usually found with emphysema or cardiac disease etc., where walking even on level ground is as difficult as climbing up an elevation.

v) **DELUSION: Creep** into his own body; he would crouch together as much as he could and: (p.51)c/mx. (Originally the remedy listed was cimic. In the **Synthesis**, later corrected as cimx.) Source reference in the **EN** and **GS** clearly shows that sensation of shortness of hamstrings (during chill) causes pain while extending the leg; to avoid pain, crouches as much as he could, 'almost creeps into himself.' This is only an expression of a feeling that extreme crouching is needed **to avoid pain, and no delusion**.

vi) **HARD BED** sensation (p.1611) **LYING: Bed**, in: **hard bed** sensation (p.1628) The latter rubric is cross referenced to **DELUSION: Bed, hard**, too (p.47). and not to **HARD BED** sensation (p.1611) ! In my opinion, **DELUSION, Bed hard**, too (p.47) is neither complete nor appropriate, canth. morph. and san/c. should be added from p.47 to **HARDBED** sensation (p. 1611)

- K.S. SRINIVASAN

BOOK SHELF

(There is tremendous interest from the people to learn Homoeopathy properly and thoroughly and this interest is observed all over the world. Many teaching institutions have come up in Europe and the USA and a 'model' of the course of studies has been drawn and certification standards have also been set. There are many who are unable to attend such courses but wish to study at home. In the light of such interest books which will help the ardent student have also been published and the following two books are directed towards such self-learners.) **1. The Principles of Homoeopathic Philosophy**

- a self-directed learning text by Margaret

ROY, Churchill Livingstone, 1994. pages

150. Price £19.95.

Homoeopathy is unlike every other Medicine. It insists on the administration of only one remedy at a time and that too in a 'potentised' form; it also insists that the sick 'person' as a whole must be the target and not an arbitrarily diagnosed disease name. The potentised homoeopathic remedy transcends the hitherto known molecular sciences and acts in a way which is still not clear, but that it does act and transforms a sick person into a healthy one has been seen to occur daily. Homoeopathy speaks of a '**Vital Force**' within every being. It would be evident that such a science would have principles and philosophy and that these must be thoroughly grasped before one attempts to study the *Materia Medica* and Therapeutics.

Many books have appeared in this regard but not many of them have served the purpose. It is to the credit of Margaret ROY that such a difficult subject has been explained in a lucid, easily understandable form.

In 14 'lessons' each of which has at its end 'Activity' exercises - thinking, writing, observing etc. which the learner should do before proceeding further on - the entire subject has been ably covered. At the end there are 'Hints to study', 'Guidelines for Proving', 'Some Model Answers to Activities',

From the beginning the book is directed straight at the self-learner.

ROY makes difficult-to-understand principles easy to understand. The homoeopath should understand that it is the disturbed **Vital Force** which produces the perceptible symptoms. Therefore the question is asked 'what is happening to the **Vital Force**...' (to the overall harmonious balance)? What has so disturbed this person (the patient) as a whole that the **Vital Force** has had to produce this group of symptoms to overcome it? Like Sherlock HOLMES searching for the point of the original disturbance, the homoeopath should search about. Like for example in *The Hound of Baskervilles* HOLMES asks 'why did the dog bark at night?' Thus, the inexplicable, peculiar, rare, symptoms should be searched for, which would lead to the homoeopathic remedy.

Lessons have: 'Headings'; 'Aims'; 'objectives', For example, Lesson 4: The Symptoms: Headings; Definition of a symptom, Types of Symptom, Hierarchy of Symptoms. How to construct a Hierarchy, A complete symptom. Grades of symptom in the Repertory. Aims: To understand the role of symptoms. Objectives: By the end of this lesson you should be able to recognize the type of symptoms; recognize if a symptom is complete; construct a hierarchy of symptoms; recognize a grade of symptoms in a repertory.

This lesson has 'Activities'; Activity 1: Give at least five examples of prescribing, presenting and concomitant symptoms. Go back and check your examples with those in the text. Activity 2: From your own experience, give five examples each of objective and subjective symptoms. Activity 3: Give at least ten examples of characteristic symptoms from the remedies you have studied...

Specific readings are suggested at the end of the Lessons.

The aims of the text "to guide the student step-by-step through a learning programme on homoeopathic philosophy" has been well achieved.

The book can be warmly recommended without any hesitation to every student, even those who already have some knowledge; group learners also will be immensely benefited.

2. A first *Materia Medica* for Homoeopathy - a self-directed learning text by Margaret ROY, Foreword by Vassilis GHEGAS, Churchill Livingstone, pages 261.

Since Homoeopathy employs only one remedy at a time for a given patient, it is absolutely essential that the homoeopath must **master** the essences and peculiarities of the leading remedies to begin with and proceed to the lesser used remedies.

Many books by fading authors have appeared in the past which have been and still are the basic texts in this regard viz, NASH, H.C. ALLEN- to name only two of the most well-known.

The question arises as to the need for this book when well-known ones like the two cited above and indeed cited by the author of this book also as 'Recommended further reading'¹ are already there.

Well, Margaret ROY's book is different, Since it is for 'self-learners', the 'essence' is given first, followed by the Key-Notes/Characteristics and then Activities (i.e. Exercises) for the student. These exercises are devised so as to make the student think, observe, do further researches of his/her own and put self-test questions; all just as if one is attending classroom regularly The learner is advised to memorize the characteristics of the remedies and work them out in different ways like building up typical acute symptom pictures, personality pictures, note exciting causes, etc. etc.

The **Materia Medica** portion is preceded by an Introduction which briefly but clearly introduces the remedy source and provings, the essential character of a remedy, the homoeopathic approach to disease, the

minimum dose to arouse a reaction, the hierarchy of symptoms and ends with 'recommended further reading'.

(There is an error in this list of recommended further reading, viz. the author of 'Keynotes and Characteristics with comparisons' is H.C. ALLEN and **not** J.H.ALLEN. J.H.ALLEN wrote 'Diseases of the Skin' and 'The Chronic Miasms').

45 remedies are studied in 14 lessons. In the manner of E.B. NASH, the remedies are studied in groups, mostly three in a group: The ABC remedies; The First Aid remedies; The Solonaceae remedies; Four irritable remedies; Three remedies of suppressed anger; and so on. At the end are 'Answers to Activities', 'Answers to Self-test Questions', 'Some test cases to try to solve', 'Answers to test Cases', 'Modality tests'. There is Bibliography, Glossary of Terms and at the end a full index.

Beautiful small drawings of the remedies are given alongside the lessons at the beginning.

This is a good text book and it can be recommended to anyone who is genuinely interested to learn the **homoeopathic Materia Medica**.

Both the above books are very well printed, on good, thick paper, clear print, 30cm x 21cm size format with sufficient margin to note down additional notes.

The publishers may consider marketing these two books in India at a price affordable to the student here. 3. Collected Writings of CM. BOGER edited by

Robert BANNAN, foreword by Jeremy SHERR, Churchill Livingstone, 1994, pp.365 paperback, £19.95. Available in India from B.I. Publications.

Works of Cyrus Maxwell BOGER (1861-1935) are most welcome. We already have the very useful and well-known 'Synoptic Key and Repertory', 'BOGER's BOENNINGHAUSEN's Characteristics and Repertory', 'General Analysis', 'Times of Remedies and Moon Phases', 'Additions to Kent's Repertory' and 'Studies in the Philosophy of Healing'; The last one is a small collection of 28 articles culled from the Homoeopathic Recorder, and "other writings", published in 1952 by Roy and Co., Bombay. One who has read BOGER will certainly look about for more from him, Robert BANNAN has done a great service to Homoeopathy by collecting most of the writings of BOGER and making them available culled from **Transactions of the International Hahnemannian Association** and the **Homoeopathic Recorder** spanning the years 1902 -1938.

The writings cover Philosophy, Materia Medica, Repertory, Therapeutics and there are quite a number of cases.

Many 'gems' are scattered throughout the work. Let me extract a few:

"GROSS tells us in the first volume of the AHZ, p. 15, that HAHNEMANN obtained his antispasmodic symptoms only from doses of the primary sort almost exclusively and as primary symptoms stand in the front rank for curative purposes far outclassing the secondary ones, the way is plain and it only remains for us to follow it".

"It has been my fortune through reading and otherwise to observe quite a few as pathogenetic symptoms which were formerly classed as exclusively clinical. Such observations should be carefully collected and added to our general fund of observations; among others the following are deserving of special mention:

1. Nails ridged transversely: Arsenicum.
 2. Seems to be endeavouring to get pieces of body together: Baptista.
 3. Gums tender, blue and inflamed: Borax.
 4. Yellow vision: Calendula."
- Twentythree such symptoms of different remedies have been cited.

"The getting of mental expression is greatly facilitated by allowing the mind the greatest possible play and watching the effect. It will then reveal itself to the careful observer more fully than in any other manner, particularly mo'e so than if we try to force it, for the soul speaks the same language, clearly and simply in every race and every clime." Since the clear picture of the remedy is revealed only when the disease progresses to a considerable degree and the remedy must be found ahead of such worsening of the disease we should be "thorough enough in our first examination."

"The larger part of sickness is composed of morbid feelings and sensations, which necessarily bear the impress of the sufferer, which also holds true of drug symptoms."

Proving of remedies like *Xanthoxylum fraxineum*, *Polymnia uvedalia*, *Actaea spicata*, *Thlaspi bursa pastoris*, etc. Since most of the articles are Dr. BOGER's presentation before the members of the International Hahnemannian Association there were 'discussions' in which such stalwarts as H.C. ALLEN, J.H. ALLEN, W.P. WESSELHOEFT, G.B. STEARNS, STUART CLOSE, E.B. NASH, OLDS, PULFORD, FARRINGTON, UNDERHILL, GRIMMER, ROBERTS, R.E.S. HAYES, E.E. CASE, took part. All these enhance the value of the book.

Many valuable additions can be made to the repertories currently in use (eg. **Synthesis** of Dr. Fr. SCHROYENS) and also certain errors corrected with the help of these papers of Dr. BOGER.

Incidentally there are 10 articles in Roy & Co., Bombay Publication (1064) which are **not** found in this collection.

Such recent Publications as **Kent's Minor Writings** (HAUG, 1987) have been published in India (B.Jain Publishers, 1988) at a price affordable by readers in India. **It is suggested that the Publishers of the work under review may consider similar publication.**

Printing, paper, good. Price reasonable. The book deserves to be hard bound'.

The book will be a very useful addition to every practitioner's library.

4. Perceiving Crucial symptoms by S.M.

GUNAWANTE, B.Jain publishers (P) Ltd.,

New Delhi - 110 055. Pages 162 paperback

Rs.25/-.

It has always been a pleasure to see a book by Sri GUNAWANTE. He has, in his book-lets "Probing the Mind and Guiding Symptoms" and other articles in the journals (the NJH, HH and JAIH) focussed attention on the essentials of practical Homoeopathy.

The book under review is also of great value and well worth being read and fully digested by all homoeopaths including the experienced ones. There are always certain points, at least in so far as Homoeopathy is concerned which can bear repetitions any number of times.

With the great resurgence of interest in Homoeopathy world-over (new editions of the **Organon** are being reprinted in all the European languages and soon sold out) many 'teachers' have evolved their own techniques of case analysis and symptoms-evaluation; the **Repertory** rather than the **Materia Medica** has become the most often consulted book of reference. In all these the ordinary practitioner loses his way about and becomes confused. It is therefore essential that the practical methodologies enunciated and practised by the great homoeopaths of the past are reiterated; at the same time the new techniques that are taught like SEHGAL's and Rajan SANKARAN's are also highlighted appropriately by Sri GUNAWANTE.

In 17 brief chapters the teachings of BOENNINGHAUSEN, LIPPE, BOGER, ROBERTS, CASE, ALLEN, GUERNSEY, KENT, RAJAN SANKARAN, SEHGAL besides others are succinctly discussed, with plenty of cases to illustrate the points.

Sri GUNAWANTE has very thoughtfully given three Appendices at the end including important Aphorisms from the **Organon**.

The book can be recommended for all levels of students and practitioners. Unfortunately the publishers do not seem to have bestowed appropriate care in avoiding so many printing errors. In the next edition, which I hope will be soon called for, these errors may be corrected. **5. Homoeopathic Gems by Dr.D.P. RASTOGI,**

B. Jain Publishers (P) Ltd., 7. Wazirpur,

Ring Road, Wazirpur, Delhi-110 052. Paper

back 222 pages. Rs.60/-.

It is quite long since we have come across a whole book which is filled with **practical** statements; tips, hints etc. which can be profitably used in the day-to-day practice by the busy practitioner. Since the collections are from the classroom lectures of eminent British homoeopaths connected with the Royal London Homoeopathic Hospital, much of it can be used in the out-patient hours.

The book has been prepared from the classroom lectures and observations; Dr. RASTOGI was a student in London.

The articles cover *Materia Medica*, Therapeutics, including the Bowel Nosodes and a beautiful one on Some Characteristic Features of KENT'S Repertory, by Dr. T. Fergus STEWART.

During the middle years of this century, before the names of VITHOULKAS and the stream of renowned teachers after him upto Rajan SANKARAN and SEHGAL now, Homoeopathy was poor in the USA although great persons such as Elizabeth Wright HUBBARD, BELLOKOSSY, GRIMMER, etc. were there; and in the U.K. it was Sir John WEIR, FOUBISTER, TEMPI-ETON, GIBSON, ROSS, RAESIDE, BLACKIE et al. It is these people who kept the torch of KENT alight in both the countries across the ocean.

On 18 June 1972 a great disaster struck British Homoeopathy when no less than 15 persons died in an air-crash at the Heathrow air- port; those 15 persons were leaving for Brussels to attend the International Homoeopathic Congress. How much this affected the British Homoeopathy is hard to say now, but the Faculty's Journal - the British Homoeopathic Journal - soon thinned and became quite small in size and contents. However, in the recent years there has been a tremendous renaissance and the Journal has once again become great.

Dr. RASTOGI's compilation recalls to memory such great names as Kathleen PRIESTMAN, Margery BLACKIE, GIBSON, ROSS, FOUBISTER, RAESIDE, KENNEDY, Fergus STEWART, Sir John WEIR, etc. It is therefore with nostalgia that I read these pages, full of practical gems.

The book is full of hints, tips etc. and everyone who reads it will definitely profit. I will urge everyone to buy it.

Printing errors very rare, (page 163; Cicuta niger should be Cicuta virosa) The 25 different types of pain mentioned in page 217 should actually come under the heading, in page 216, "25 different types of pain".

Print, paper very good.

6. The Celestine Prophecy, by James REDFIELD, Bantam Books, pp.282, Rs. 195/-.

This is indeed an extraordinary book. It was first published in 1994, reprinted thrice in the same year, and already thrice in 1995!

The story begins, with a heightened perception of the way our lives move forward. It moves on to unfolding the mystery of the happenings and how to engage this process and maximize its occurrence in our lives so that human society will take a quantum leap into a whole new way of life. The book indicates, as certain other books already have the paradigm shift that is occurring in our time.

The story is **the** discovery of an ancient Manuscript in the forests of Peru. This Manuscript contains nine "insights". The hero of the story goes in quest of this Manuscript and makes startling discoveries. The Nine Insights are:

1. **A Critical Mass:** A new spiritual awakening is occurring in human culture, an awakening brought about by a critical mass of individuals who experience their lives as a spiritual unfolding, a journey in which we are led forward by mysterious coincidences.

2. **The Longer Now:** This awakening represents the creation of a new, more complete worldview, which replaces a five-hundred-year-old preoccupation with secular survival and comfort. While the technological preoccupation was an important step, our awakening to life coincidences is opening us up to the real purpose of human life on this planet and the real nature of our universe.

3. **Matter of Energy:** We now experience that we live not in a material universe, but in a universe of dynamic energy. Everything extant is a field of sacred energy that we can sense and intuit. Moreover, we humans can project our energy by focusing our attention in the desired direction ("where attention goes, energy flows"), influencing other energy systems and increasing the pace of coincidences in our lives.

4. **The Struggle for power:** Too often humans cut themselves off from the greater source of this energy and so feel weak and insecure. To gain energy we tend to manipulate or force others to give us attention and thus energy. When we successfully dominate others in this way, we feel more powerful,

but they are left weakened and often fight back. Competition for scarce human energy is the cause of all conflict between people.

5. The Message of the Mystics: Insecurity and violence end when we experience an inner connection with divine energy within, a connection described by the mystics of all traditions. A sense of lightness-buoyancy—and the constant sensation of love are measures of this connection. If these measures are present, the connection is real. If not, it is only pretended.

6. Clearing The Past: The more we stay connected, the more we are acutely aware of those times when we lose connection, usually when we are under stress. In these times, we can see our own particular way of stealing energy from others. Once our manipulations are brought to personal awareness, our connection becomes more constant and then we can discover our own growth path in life, and our spiritual mission, the personal way we can contribute to the world.

7. Engaging the Flow: Knowing our personal mission further enhances the flow of mysterious coincidences as we are guided toward our destinies. First we have a question, then dreams, day-dreams, and intuitions lead us toward the answers, which usually are synchronistically provided by the wisdom of another human being.

The Interpersonal Ethic: We can increase the frequency of guiding coincidences by uplifting every person that comes into our lives. Care must be taken not to lose our inner connection in romantic relationships. Uplifting others is especially effective in groups where each member can feel the energy of all the others. With children it is extremely important to their early security and growth. By seeing the beauty in every face we lift others into their wisest self and increase the chances of hearing a synchronistic message.

9. The Emerging Culture: As we all evolve toward the best completion of our spiritual missions, the technological means of survival will be fully automated as humans focus instead on synchronistic growth. Such growth will move humans into ever-higher energy states, ultimately transforming our bodies into spiritual form and uniting this dimension of existence with the after-life dimension, **ending the cycle of birth and death.**

There is also a tenth 'insight'; the author is writing a book on this.

A companion to the 'Celestine Prophecy' is an 'Experiential guide to the Celestine Prophecy' which has already come out (available in Bantam Paper Back). This 'guide' is to help Individuals and groups who practice the 'insights'.

- K.S. SRINIVASAN

COMING EVENTS

1. DHONDUMAMA MEDICAL COLLEGE, Final Plot No. 23, HOMOEOPATHIC Karve Road, Pune-411 004.

DR. M.P. ARYA, Principal intimates that the College is celebrating its SILVER JUBILEE YEAR From July 1995 to Dec. 1996. Various functions for past students of this College have been arranged. All are requested to

contact the college office with their latest mailing address so that individual invitation can be sent to every one.

* * *

2. IX ALL INDIA HOMOEOPATHIC SEMINAR,
PUNE 1995 ON 25, 26th Nov. '95 at Balgandharva,
Rangamandir, Pune.

Registration fee:

Upto 20th Sept. '95 Rs.500/-

Upto 20th Oct. '95 Rs.600/-

For the Students Rs.400/- and Rs.500/- upto respective dates. LAST DATE FOR REGISTRATION IS 20th OCTOBER, 1995 - ADMISSIONS ARE LIMITED -SPOT REGISTRATION WILL NOT BE ACCEPTED.

For details contact DR. PRAHLAD WADGANKAR, Pralhad Homeo Pharmacy, 537, Sadashiv Peth, Joghale Chowk, Laxmi Road, PUNE -411 030. (Ph.No.457881).

* * *

3. HOMOEOPATHIC RESEARCH & CHARITIES
presents A THREE DAY SEMINAR BY JEREMY
SHERR ON 23rd, 24th & 25th DEC. 1995. VENUE:
BIRLA MATUSHRI SABHAGAR, 19, Marine Lines, Next
to Bombay Hospital, Bombay-400 020. FEES:
Doctors: Rs.500/- (Rs.7007-after 1st December 1995)
Interns/Students: Rs.250/- (Rs.350 after 1st Dec.
1995). Contact: Office: 6050914 Dr. Sunil Anand:493
2825(Res); 361 3353 (Clinic) Dr. Jayesh Shah: 494
1149 (Res.); 361 1338 (Clinic); Dr. SujitChatterjee: 414
3151; 206 5731 (6-8 P.M.)

* * *

4. 6th NATIONAL HOMOEOPATHIC
CONERENCE-96 BANGALORE. 6th and 7th January
1996. At THE ATRIA HOTEL, No.1, Palace Road,
Bangalore-560 001.

Registration Fees: Reception Committee Member Rs.1000/- Delegate Fee Rs.500/-Accompanies Rs.400/- Students Rs.400/-

Last Date: 30th November 95 After 30th Nov.95 Rs.600/- for all Foreign Delegates \$100.00

All payments are to be made by D.D. before 30th November 1995 on "National Homoeopathic Conference-96 Bangalore".

For details contact: BANGALORE HOMOEOPATHIC MEDICAL CENTRE 10 RajaRam MohanRoy Road, Richmond Plaza, Richmond Circle, BANGALORE-560 025.

* * *

5. "INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS" intend to conduct All Maharashtra "Seminar-cum-Conference" on 14th & 15th October 1995 at Chinchwad, Pune.

"Scientific Seminar" has been organized on the 14th Oct.95 on MY APPROACH TO CASE TAKING AND PRESCRIBING.

OPEN SEMINAR: Subject: HOMOEOPATHY IN PAEDIATRICS on 15th Oct.95.

Reception Committee Fee :Rs.450/-

Delegates :Rs.300A Intern/Students :Rs.1507-Contact:

Dr.S.A. KATEKARI, The Chairman, ORGANISING COMMITTEE, MAHARASTRA
HOMOEOPATHIC CONFERENCE, H-1 UDDYAM NAGARI, CHINCHWAD, PUNE - 411 033.

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CONTINUING HOMOEOPATHY MEDICAL

EDUCATION SERVICES

QUARTERLY

HOMOEOPATHIC

DIGEST

Vol. XII, Nos. 3&4, 1995

(This Service is only for private circulation. The Journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals world-over -English, American, German, French, etc., discipline wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end of Part I of this journal and readers are requested to refer to them for full articles.

Compilation, translation, publication by Dr. K.S. Srinivasan, 1253, 66th Street, Korattur, Madras – 600 080, India.)

CONTINUING HOMOEOPATHY MEDICAL EDUCATION SERVICES

QUARTERLY HOMOEOPATHIC DIGEST

Vol .XIII, No.3&4, 1995

PART 1- CURRENT LITERATURE LISTING

I. PHILOSOPHY

1. Der Wissenschaftscharakter der Homöopathie (The Scientific Character of Homoeopathy)
BRAUN, A. (A HZ, 239, 4/1994)

The repeated negation of the scientific character of Homoeopathy by the so-called Scientific Medicine, is rejected. The Scientific Medicine cannot at all, is not competent enough to, judge the scientific character of Homoeopathy. Such judgement is reserved only to the meditative thoughts in the sense of the primary philosophy. Indeed Homoeopathy is undoubtedly science -according to the German **Grundgesetz** as well as to the modern concept of science stated by KANT in 1781. A decisive scale of the scientific character of medicinal-therapeutic methods can be only their methodological adequacy in respect to their scientific object (the suffering individual). You cannot cure collectively; you can cure the individual patient. Scientific object of Homoeopathy is the individual patient.

2. Connaissance de soi et homoeopathi (Self-knowledge and Homoeopathy)
IMBERECHTS, J. (CGH, 31 16/1994)

Disease symptoms, like Fever with or without thirst, sweat, etc. -such common symptoms by being certain and specific are of value for choice of the medicine, they become pointers. The patient should learn to observe himself and reveal these in the interview with the physician. It is not necessary to know why there is or is not thirst, sweat, etc. Such theoretic clarifications are not required. The modalities considered useful may be marked in 10 groups:

1. Circumstances under which it appears;
2. The kind of sensation which should be noted only by careful observation; (warmth or burning, cutting or stitching, bruise or dislocation, etc.);
3. Exact location and side involved;
4. Change of place, Change of organ, Radiation;
5. Times of day and Periodicity, including occurrences before, during or after a symptom;
6. The grade of intensity (e.g.

slowly or suddenly occurring);

7. Alternation of Symptoms;

8. Symptom accompanying another symptom;

9. Aggravation and Amelioration, with by far significant modalities, in which the aggravation appears to be more valuable than the amelioration, with the exception when the latter is particularly striking;

10. Chronological, i.e. the pathobiographic commencement and disappearance of the symptoms.

The author finally thanks Or. REZZANI and the **Group Lycopodium** in Mailand for the Computerisation of the Homoeopathic Investigation Program (CHIP) made possible by the work of the **Homoeopathia Europae** over the period of 20 years.

3. Franz von BAAOER und die Homöopathie
(Franz von BMOER and Homoeopathy)
PIETSCH, R. (A HZ, 239, 5/1994)

Franz von BMOER (1765-1841) belongs to the great German philosophers. In his works there are certain observations on Homoeopathy which are significant to the extent that these endeavour to show at inner connection between the teachings of Jakob BOHME (1575-1624) and Samuel HAHNEMANN's Homoeopathy. This connection is the multi-layered concept of spiritual-corporeality.

4. Aspekte der Ähnlichkeit -Vorstellungen und Erfahrungen des Alfonso MASI-ELIZALOE (Aspects of Similarity - Concepts and experiences of Alfonso MASI-ELIZALOE)
PREIS, S. (ZKH, 38,3/1994)

An overview of the theory of the South American homoeopath MASI- ELIZALOE, which is increasingly accepted in Germany is presented. MASI differentiates the pure doctrine of HAHNEMANN from the interpretations of his followers. He also elaborates the conditions for obtaining exceptional healing-results, quantum leaps in healing. MASI draws attention to HAHNEMANN's concept of unity of Spirit and Body, with reference to the **Organon** and various other writings of HAHNEMANN.

The inner conceptual world, MASI

observes, may be classified into five major core points: Loss or bereavement, Guilt or wrong, Yearning or longing, Punishment and Justification or vindication.

Loss: the feeling that man has lost something - a perfection, a competence.

Guilt: the awareness, a conscience that he himself was responsible for this loss.

Longing: A yearning for a state of fulfilment, perfection in which the specific loss is not encountered.

Punishment: Fear of punishment in connection with the specific guilt.

Justification: the man concedes a wrong or guilt, he refers to another who has tricked him, enticed or compelled him to commit the offence.

The description of the inner experience of the man with the help of these "five cores" reminds of the 'existentialism' which describes it similarly: He is thrown into the world without knowledge and understanding, his origin, his goal, his environment, constantly threatened by dangers and caprice -his loss. Against this uncertainty he reacts with guilt feelings and yearns for peace and security. Anxiety and justification are the further ubiquitous connections and experiences. This existential drama which is lived through by all men is experienced in an individual manner. In the provings of the individual medicines symptoms are experienced which in each case affect a particular aspect of the existence. In a particular domain the loss which will be experienced by all may become particularly painful. The guilt, the fear of punishment, the yearning and justification are related with this particular aspect of existence. These are grouped in a leading or guiding motive. Every medicine has the imprint of a leading, guiding motive. Every medicine shows loss, guilt, punishment, yearning and justification, in relation with this aspect of human existence.

This is MASI's basic line of thought. The criterion and aspects of similarity are determined. The similarity is to be searched in the domain of power of imagination. When one succeeds in recognising a guiding motive in a patient and when the appropriate medicine with similar leading motive is also recognised, one can then with high certainty expect a quantum leap in healing.

5. Why do We Get Sick and what Do We Do About it?
I.WILLIAMS Henry (JAIH, 87,3/1994)

Dr.WILLIAMS, with profound insight discusses the true nature and significance of illness, as well as preferred approaches to achieving cure. He begins by quoting PLATO. In PLATO's "Atlantis", TIMAEUS says "Now everyone can see whence diseases arise. There are four natures out of which the body is compacted- earth and fire and water and air-- and the unnatural excess or defect of these or the change in any of them from its own natural place into another, or --the assumption of any of these of a wrong kind, or any similar irregularity, produces disorders and disease". Further on he quotes Virginia WOLFF "Considering how common illness is, how tremendous the spiritual change that it brings--it becomes strange indeed that illness has not taken its place with love and battle and jealousy among the prime themes of literature." Perhaps the reason, recalls Kate DUFF, is that "Memories of illness fade quickly under the glare and hubris of health, dropping into the background of life, only to rise to the forefront with the onset of yet another illness." Many of us as homoeopaths, in allowing illness in children to run its course, have seen the leap in development, physical, mental, or emotional, that comes after we allow a child to have a fever, a cough, diarrhoea, without prescribing suppressive or palliative measures. There is a remarkable report from Africa of a German mission hospital, that found itself, because of blockade during the World War II, without drugs. The mortality rate for measles was reduced from 47% to 7% when antibiotics, antitussives, and antipyretics were not given, only good nursing care. In a nearby British mission hospital the mortality rate remained at 47% using the usual drugs. This gives the homoeopath reason for not embracing superficial palliation and challenges us about the true nature of illness. (I remember to have read a few years ago, in the **British Medical Journal** about a doctors' strike in Israel for a few weeks when the mortality rate came down! = KSS). Dr. WILLIAMS states that we must actively cooperate with illness and disease. The causes of illness go further back than we are taught. It is not what the healer is rather than what she or he does that helps."

6. The Mythology of Modern Medicine - Part I "Scienstition". Part II "Cocoon of Causalism"
KOTHARI Manu L. and MEHTA Lopa A. (HH, 19, 12/1994)

In this two-part thought-provoking article the authors examine the so-called 'Modern Medicine' and its obsession with 'science' and 'causation'.

7. On Pseudo-classical Homoeopathy
SHAH Rajesh (HTIMES, 1,3/1994)

With so many 'teachers' within the country and from abroad, teaching their own methods -Essence, Delusions and Dreams, Fairy Tales, Central Disturbance, etc. etc. -quite a good number especially the younger, homoeopaths, feel bewildered and by adopting whatever they hear from a teacher soon falter and express dejection; while the experienced homoeopath knows how to adapt these different teachings into his practice and benefit. It is therefore essential that the teachers take care as to whom they teach. While everyone speaks of 'Hahnemannian Homoeopathy' (where is the need to stress 'Hahnemannian'? **Homoeopathy is what HAHNEMANN taught -not what exactly he himself practised**) each one differs! The intelligent homoeopath will follow what HERING did: "put everything to test and follow what stands that test".

II. MATERIA MEDICA

1. **Thyroidinum** bei **Morbus Basedow** (**Thyroidinum** in **Basedow's Disease**)
WEGENER A. (ZKH, 38, 3/1994)

Thyroidinum was proved only after KENT's Repertory was published; the proving was by H.P. GILLINGHAM and published in **The Homoeopathic Recorder** (1922). This remedy comes up in the **Synthetic Repertory** only in a few places. It should not therefore be excluded in daily practice. The remedy is indicated in many kinds of thyroid gland diseases, Psoriasis, arrested development in children, undescended testes, mammary tumours, rheumatoid arthritis, diabetes, epilepsy, acromegaly.

With two cases the author shows the efficacy of *Thyroidinum* in **Basedow's disease** and verifies some of the symptoms obtained in the proving. (See also OHD, xii, 2/1995, p.42-43)

2. Casuistik: **Jatropha curcas**, die schwarze Purgiernub (Case: **Jatropha curcas**, the black Physic nut)
von KELLER G. (ZKH, 38, 3/1994)

This is very interesting although the case report is brief. It draws one's attention to the important fact that although small books containing only the so-called Key-notes are very helpful, one should always study the complete proving symptoms. It is also wrong to fix certain disease-syndromes to certain medicines viz. diarrhoea that drains a patient = *Jatropha curcas*. Since most of the symptoms collected by HERING in respect of *Jatropha* were from cholera patients or heroic provings, it is generally restricted to such serious diarrhoeas. It is surprising that this remedy can work as well in other conditions.

64-year-old woman complained of sleep disturbances; restlessness with constant turning about causes sleeplessness; Palpitation about 15 mts. after going to bed; cannot sleep because of the palpitation feel must kick about with the arms and legs and then weep. The patient had many other symptoms of *Jatropha* and the remedy in O potencies cured.

3. Casuistik: Selbstbehandlung mit **Allium cepa** (Case: Self- treatment with **Allium cepa**) von KELLER G. (ZKH, 38, 4/1994)

The author suffered from pruritus in the face while sleeping, in the dorsal back and in the waistline. After Apis the character of the pruritus changed and now it was more diffuse and the itching was so that he couldn't know where to scratch; there was also fleeting heat alternating with cold mostly leftsided of face, trunk and legs; the heat and cold seemed to come from within. The symptoms were similar to *Allium cepa* which cured. (See Symptoms No.475, 476; 155; 493. EN)

4. Uber **Veratrum album** (**Veratrum album**) BAUER E.A. (ZKH, 38, 4/1994)

Veratrum album is one of the three remedies recommended highly by HAHNEMANN during the Cholera epidemic of his time. However, the remedy is of great use in chronic diseases. The author narrates five cases in which *Veratrum album* was the curative medicine prescribed on the characteristic mind symptoms.

5. Parasthesie - **Onosmodium** (Paresthesia - **Onosmodium**) EICHLER E. (ZKH, 38, 4/1994)

A 49-year-old patient complained of

numbness of calves; he was a teacher and the numbness was felt more during the teaching hours better in the evening when he removed the rather narrow trousers. This was since 6 months and it had begun suddenly and there was no cause he could recall; there was nothing more to say either .

Onosmodium 200 one dose cured. ("Tired, weary, and numb feeling in the legs and popliteal space."; Feeling of numbness, mostly below the knees"; "Sensation as though the legs were partially anaesthetized" -Provings of *Onosmodium virginicum*, **The Hahnemannian Monthly 1885**).

6. **Pulsatilla** und Steisslage (**Pulsatilla** and Breech presentation) MEYER-KONIG, P. (A HZ, 239, 6/1994)

It is said that *Pulsatilla* can turn a breech presentation to a vertex presentation. Since this is difficult to prove because of spontaneous rotations, the author records a case, where a foetus turned during treatment with *Pulsatilla* 03 and 04 from breech presentation to normal position. When the treatment was interrupted the child turned back to breech presentation and when further treated with *Pulsatilla* 05 the foetus again changed to normal (vertex) position and was born without complication.

7. Beitrag zur Kenntnis der homöopathischen Mil tel aus spinnen: **Aranea** species - Kreuzspinne (On the knowledge about the homoeopathic remedy from Spiders: **Aranea** species- cross spiders) SCHOBER, u. (ZKH,39,6/1994)

Some spider remedies are prepared out of cross-spiders -*Aranea* species. There is sufficient documentation about *Aranea diadema* and *Aranea ixobola*. But about *Aranearum tela* and *Aranea scinencia* there is not. *Aranearum tela* is spider web triturated. No proving symptoms available. HERING has mentioned that spider web was an important medicine. HERING'S communications to ERNST STAFF, vide GYPSER: **Herings Medizinische Schriften**, Vol. II, 1988 = K.S.S.

8. Migrane - **Aranea diadema** (Migraine- **Aranea diadema**) WEGENER, A. (ZKH, 38, 6/1994)

A 26-year-old woman who was suffering from Migraine since her 11th year (onset of menses) was cured with *Aranea diadema*. The

leading symptoms were flickering before eyes, numbness of the leg during the headache and the characteristic modalities of the cross spider: periodicity of the ailments and aggravation from cold wet weather. The origin of the proving symptoms is presented and discussed.

The leading modalities and some characteristic symptoms of this till now not well-known but great remedy are shown:

- Aggravation from cold-wet weather, from change of weather, damp houses, inland lakes, swamps.
- Better in fresh air, from pressure, in summer, headache is better from smoking.
- Chilliness and general feeling of coldness.
- Periodicity of the ailments.
- Numbness -, itching - and enlarged sensations.
- Periodical bleedings from nose, uterus and lungs.
- Neuralgic pains, sudden toothache in the upper jaw on going to bed.
- Menses too early, too long and too heavy.
- Intermittent fever, enlarged spleen.
- Bone pains with cold sensation, heel bone pains.

Compare with Cedron, *Natrum sulphuricum*, *Thuja*, *China* and *Arsenicum album*.

9. **Magnet** - Arzneimittelpfungen und klinische Symptome (**Magnet** - Remedy Proving and Clinical Symptoms) REIS Stefan (ACD, 3, 4/1994 and 4, 1&2/1995)

"The homoeopathic literature has only a few cases of cure with Magnet although the Proving symptoms indicate many opportunities for its use..." This assessment of BECKER (in **Hygea**, Band 21, 1846) holds good now 150 years later.

The first extensive observations on the therapeutic possibilities of *Magnet* comes from

PARACELSUS. Also Anton MESMER, the discoverer of animal magnetism (**Mesmerism**) employed it. However, as in many remedies it remained for Samuel HAHNEMANN to systematically describe its pure action and lay down a reliable basis for its therapeutic use -the Proving have been given in Vol.2 of the **Pure Materia Medica**. (see also § 287 **Organon VI**)

Samuel SWAN seems to have been the first to potentize *Magnet* with milk sugar (or with water); cases of potentized *Magnet* used as remedy were reported by him. That *Magnet* has therapeutic values is doubtless; the reason why it has not been used as often as it should be is for two reasons: neither T. F. ALLEN nor C. HERING have detailed anything about this 'imponderable'. HERING has said why he has left out these (see Preface to the **GS**). Only H.C. ALLEN published (**Materia Medica of the Nosodes, 1910**)

Collecting the verified symptoms and clinical symptoms and going through the "Proving" and the Repertories, it is now possible to furnish the complete symptomatology of the *Magnet*.

Magnetis polus australis (The South pole) and *Magnetis polus arcticus* (The North Pole) have been verified and the complete **Materia Medica** of these have been furnished in this article. A very valuable work.

10. A Case of Anxiety in an elderly woman ZAREN, Ananda (NEJH, 3,4/1994)

This is from the recording in Ananda ZAREN's Seminar in Munich in February, 1994 by Karen COHEN.

In this case of an elderly woman with fear and anxiety and goitre, the remedy was *Kali bromatum*.

The **Materia Medica** of *Kali bromatum* (Extracts):

Properness and rigidity.

Anxiety ridden and hysterical because they have lost the ability to control their anxiety. Become suspicious and paranoid when they imagine the thoughts of other people. Chronic state of intensity and crisis.

A state of Monomania or persistent thoughts. In their compulsion, many wring their hands or repeatedly sigh.

Irrational fears -looking for reasons to be afraid. They live under a cloud of dread, absolutely certain that something horrible is about to happen to them. The smallest of incidents are blown completely out of proportion until they become reason for additional fear or paranoia.

Paranoia that grows out of their low self-esteem. They feel conspiracies everywhere, feel that others are plotting against them, and feel persecuted by others, especially those in authority. They are convinced that other people are trying to punish them for their past failures.

Two types of *Kali bromatum* patients: The Active type is hysterical, with uncontrolled weeping where everything pours out. Extreme anxiety. Hypochondriasis. Anxiety experienced in the solar plexus. Suspicious and fear they are being taken advantage of by others. Inside they feel defeated and this results in a form of self-destruction. They can exhibit compulsive behavior to ward off the persistent thoughts. There is an element of mania. Compulsive quality to their moods.

The passive type are inward, paralyzed, with melancholy, wordless grief. Insecure, clingingly dependent, very poor self-esteem. Sense of hopelessness, despair of recovery. The sighing of *Kali bromatum* is often heavier and harder than that of *Ignatia*.

Lamenting, complaining, and whining.

Constantly reproach themselves and feel they are inferior to other people.

Restless and manic.

Absent-minded, memory loss, and tendency to make mistakes.

Unstable in both their behavior and their moods.

Many delusions.

They are self-defeating people who often become their own worst enemies.

11. The Movers and Shakers; Notes on the Female *Sulphur*
DELANEY Susan (NEJH, 3,4/1994)

It is not enough to know that *Sulphur* is a 'ragged- philosopher', etc. but one should comprehend the remedy fully. The original understanding of our remedies is gender-based, e.g. *Sepia*, *Pulsatilla* as female, *Sulphur* as male with skin eruptions and diarrhoea. Although KENT gives several indications for *Sulphur* in women throughout the article he uses only 'he'. The constitutional female *Sulphur* hardly emerges from KENT's article.

Case 1: 52-year-old female with Colitis, which began 4 years ago with spastic colon. Tests revealed Crohn's disease, and was on allopathic medicine; in spite of medicines she had 4-5 loose gassy bowel movements a day.

She had hot flushes and post-menopausal. Hot-natured and easily fatigued in the heat. Sweats a lot and becomes flushed with exertion. Uncovers her feet.

Sulphur 200 repeated once after six months (on the totality of her symptoms) cured.

Case 2: 54-year-old woman, a film director. Chief complaints were: menopausal symptoms and uterine fibroids. Small ovarian cysts. Sweated at night. Worse at 5 a.m. Restless sleep.

She moves around a lot; fast mover; always driven; passionate about her work. She wilted in the hot weather. Uncovered her feet although she covered otherwise. *Sulphur* 200 was given.

Very interesting picture of the *Sulphur* has been depicted by Nancy HERRICK, Amy ROTHENBERG, Judyth REICHENBERG-ULLMAN. *Sulphur* women are 'movers and shakers'.

12. The *Kali* Group
HERSCU, Paul (Simillimum, 7,3/1994)

The *Kali* group is an illusive set of remedies to grasp. As a group they tend to be more withdrawn in symptomatology and harder to understand. (see KENT on *Kali carbonicum*). Each of the remedies in this group resembles other remedies that we prescribe more commonly, and so we prescribe them when the patient needs a *Kali*. Another problem in learning the *Kalis* is that the cases that have been written to illustrate these remedies are often described too little, not giving enough to grasp the idea of the remedy.

Four cases are presented and

discussed by the author: *Kali arsenicum, Kali bichromicum, Kali carbonicum, Kali sulphuricum.*

13. Jealousy, the Green-eyed Monster
ASSILEM Melissa (Simillimum,7,3/1994)

This is a differential of 7 ' Jealousy' remedies: *Lachesis, Hyoscyamus, Nux vomica, Anacardium, Apis mellifica, Ignatia* and *Pulsatilla.*

In summing up: The *Lachesis* jealousy manifests as **suspicion** based on hurt and guilt; *Nux vomica* can never accept limitations. They are overly conscious, fast moving and come across as bossy; the jealousy of *Nux vomica* manifests in possessiveness; The jealousy of *Hyoscyamus* is built around the fear of being forsaken; *Anacardium* jealousy is because of a sense of inferiority; *Apis* jealousy comes out of a constant campaign waged against a loneliness which is countered by the quest for perfection; the jealousy that *Ignatia* feels, is about betrayal; *Pulsatilla* is so very needy, and the needs are immediate. Need physical and emotional cuddling and it is a major remedy for healing the needy and hurt child within us as adults. It is often a remedy filled with jealousy.

14. A Homoeopathic Proving of **Sequia sempervirens** (Redwood)
BIRCH Kate and ROCKWELL Jennifer
(Simillimum,7,4/1994)

The tree *Sequia sempervirens* grows to incredible heights and girth. It is native to California (USA) .Like the **chipko** movement in the western Ut tar Pradesh in India protesting against the indiscriminate felling of trees (the protesting volunteers hugged the trees daring the lumber contractors to cut them alongwith the trees, (hence the name of the movement **Chipko**) there is a movement in California protesting against the cutting of these great trees.

The *Sequia* (Redwood) came prior to the Ice Age, over 200 million years ago. Now there are only two species of the *Sequia* left -*Sequia sempervirens* and the *Sequia gigantum*. The *Sequia* live to very old age - some 2200 years and one has been recorded to be 5000 years! The *Sequias* are the oldest plant on earth. They grow fery fast.

There were 11 provers (7 male and 4 female). The Mother Tincture was prepared from 60 g of fresh shoots, bark and that which lies

just under the bark from a burl growing on the side of a 200 to 300 year old tree.

This remedy affects the lungs, heart, eyes, gastrointestinal system, musculoskeletal system, the mind and emotions. It seems to affect some people in one way, while in others the effects are opposite. In the lungs there is either ease of breath or there is difficulty of breath. In the heart we find pressure, shooting pains and symptoms from grief, or an absence of symptoms except for complete happiness. Blurry vision or clarity of vision. There is nausea. Pains all over the body which are gripping, constrictive, aching. The body feels stiff and tight. Over all, there is either great exhaustion or well-being. The fluid balance is affected either by an absence of fluid collecting or more fluid being retained. In the mind there is difficult concentration or clarity of thoughts, emotional sensitivity, especially as to feelings of love, grief, rage and calmness.

The authors have given the proving in the Schema form, in detail.

15. The **DPT** Picture
MARLOW Len (The Homoeopath,
54/1994)

The author has collected and collated a picture of *DPT* from symptoms before and after the administration of *DPT* in potency to persons who were 'never well since' the vaccination by *DPT*. This is given in the Schema form.

He also collated and drew up a Materia Medica picture of *DPT* from Harris COULTER's book **Vaccination, Social Violence and Criminality**. These symptoms are also given in the Schema form.

Concluding this very interesting and educative study the author reports a case: A child who had only the first *DPT* and Polio vaccination and subsequently had no other vaccine or medical treatment (no antibiotics etc.) and had a sugar-free healthy diet.

She had glue ear, was deaf to both ears and the doctor referred her to a specialist.

Personal history: Nappy rash + + after vaccine, high temperature once a month for six months, chest infections, no thirst.

Mood swings, temper tantrums, 'drifts off' in company, likes travel, not car sick, happy staying at friend's.

Hot person, kicks covers off, sleeps long, screws up sheet and holds on to it.

Prescribed *DPT* 30.

Five weeks later: confidence + + ,energy + + , awake more hours, tantrums gone, not confrontational any more. Hearing much improved, writing and learning improved. No physical aggravation at all (sister had cold in this period). Report from cranial osteopath -very good progress. No prescription

Two months later *Tuberculinum M.* No further treatment from specialist.

16. **Melilotus** Revisited
GRINNEY Tony (The homoeopath 54/1994)

In **The Homoeopath**, 53/1994 the author reported a case of *Melilotus*. In this issue the author continues the follow-up. An important point that *Melilotus* has craving sugar and in this patient's case this craving is going away.

17. **Remedy Masquerade**
(The Homoeopath, 54/1994)

A reserved nature, a tendency to weep when listening to music, dreams of falling, consolation aggravates, condylomata on the penis, benign cystic tumours, a sensitivity to tobacco and a craving for refreshing things. The remedy appears to be *Thuja*. However, the patient is very warm-blooded and has a strong desire for open air. The remedy is *Sabina*.

18. **A Mercurius** case
GOODWIN Diane (The Homoeopath, 55/1994)

Woman (DOB 8/10/1950). Occupation: Political activist. Two children. Presenting complaints: Persistent sinusitis.

Although she presented a number of physical disorders nothing was characteristic. She has been ill from an early age. History of tonsillitis and sore throats. Glandular fever. As she grew up Fibroids, Thrush and Warts. Asthma develops when she is pregnant. Her family is a battle ground and she was in the middle of it, as a judge and she was railed for her decision. Her father is a brute and physically

and mentally abused her. Her mother is an international class athlete and an alcoholic. All her life she has been unable to satisfy the expectations of her family. She is discontented with her own life, unhappy with her marriage, her children. The world she lives in is a haphazard place. There are environmental dangers, political threats and she actively tries to do her part to change it. She wants to ramble through hills and explore the world. Yet she hates being aimless.

Mercurius LM1 and then LM3, 4, brought about the expected improvement. Mercury in nature gives us clues to its healing properties. The metal has a very narrow boundary between freezing and building. Compared with other metals it operates on a very narrow band of existence. Extreme sensitivity to both heat and cold is only one of its manifestations. When mercury is dropped, it scatters into droplets, it is a lively, volatile substance and it bounces around because it is ready to boil, to evaporate, it is very reactive but it will not combine. It has an uneasy relationship chemically, it forms an alloy but it does not combine. When it meets with other metals what happens is not a chemical change but a physical change. Mercury slips into relationships, it is not a conscious relationship.

19. **A Magnesia muriatica** case
BIANCHINI Roberto (The Homoeopath, 55/1994)

15-year-old girl. The mother says that she is puny, not growing up, too short for her age. Her personality is immature. Does not mix with her peers, let alone other children. Frequent colds, suffers from cirrhosis of liver with chronic active low grade hepatitis. She goes to a special school, has difficulty in comprehension, learns poorly and is reluctant and unwilling to learn anything. Very sensitive to criticism. Obstinate. Poor sleep but needs little sleep. Averse to talking, and answering. Morose. Miserable. Her temperament can be colloquially summed as being sour. According to VITHOULKAS this is a general feature of the *Magnesias*, of which the physical reflection is found in the sour discharges. *Magnesia muriatica* 6, then 30, 200. Interesting discussion.

12. Some thoughts about **Mercurius**.
NORLAND Misha (The Homoeopath, 55/1994)

This is a very interesting article. It is an attempt to tie this into an appreciation of its principles or essence.

The article is summed up by the author: The patient for whom *Mercurius* is the remedy is eaten away within, as is a corpse, auto-digested from the rotting gut outwards towards the periphery, as is a guilty criminal; as is the excrement eater who is filled with disgust and self-loathing, who is in Hell, who is surrounded by enemies or who flees, who is mentioned in 55 general rubrics of aggravation or - if they are compensated and functioning - do so by adhering to a dogma or a fixed form (I would suggest that *Mercurius* be added to the rubric Monomania). Everything in nature may be viewed from two sides. In the case of *Mercurius* these two aspects are symbolised by the black and white, snake entwining Caduceus of Hermes, the staff which is symbolic of healing. The portrait of *Mercurius*, received from toxicological and proving evidence, is the pathological down side of the messenger of the Gods, the carrier of pure light of truth and life, the Vivus principle. Just as Mercury corrupts, so it may also elevate, raising the spirit of humanity out of filth into purity -this it can do because of its essentially fluid and amalgamating nature, its ability to experience by entering into the opposing qualities, the two sides of things. Therefore, *Mercurius* people may rise to act out the life of the messenger of the Gods of the tribe and be a communicator of life and death principles. As we know from the evidence of practice, *Mercurius* persons may be filled with bubbly enthusiasm for life, desiring to make deep and intimate connections with people and society. They often retain childlike qualities. Hermes is portrayed as a young man with wings upon his heels, whereas other Gods are older and wiser. In KENT's **repertory** *Mercurius* is the single remedy in the rubric, Precocity. Such people show great receptivity to all stimuli. Their antennae are always out. They often find a place in the family or in society as entertainers, performers and mimics, taking on many personae with greatest dexterity. These aspects of the *Mercurius* personality are most clearly seen in children (of course, they may also live out the down side, and most especially so in adolescence!)

21. How Strange, Rare and Peculiar Symptoms may be Emblematic of the Theme of A Remedy
-DELUSIONS, neck is too large: ***Kali carbonicum*** (the only remedy)
NORLAND Misha (The Homoeopath, 55/1994)

This symptom is explained in the light of

VITHOULKAS' exposition of the distinctive personality of *Kali carbonicum*.

22. Occupational Pathogenesis of ***Chlorine***
CHIRILA M., BADULICI S., FREILICH A, BICA N. (BHJ, 83,3/1994)

The occupational pathogenesis of Chlorine in exposed workers are described and compared with the classical pathogenesis. The exposed group consisted of 82 men with occupational exposure to Chlorine. The control group consisted of 46 men who were not exposed, all of them working in the same cellulose processing factory. The exposed group had the symptoms of the classical pathogenesis to a highly significant degree (p. 0.001) compared to the unexposed control group.

We found a number of symptoms, signs, disorders and syndromes which are not described in the classical pathogenesis, including diminished tolerance to alcohol, back pain, pains in the joints dependent on weather conditions, dependent oedema, diminished taste sensitivity, persistent chronic hepatitis, hepatic steatofibrosis, chronic obstructive airways disease, polycythaemia with haemosiderosis and chronic conjunctivitis.

The intensity of symptoms and signs was in direct proportion to the duration of exposure to Chlorine.

23. ***Calcarea carbonica***
SHORE Jonathan (BHJ, 83,3/1994)

This very interesting article has been summarised at the end as follows:

The things you need to know by heart, the good confirmations are: chilly people, worse for cold, worse for cold damp, worse for exertion, worse for ascending, worse at the full moon. Frequent colds, sleeps on left side, strong desire for sweets, eggs, salt, cheese, icecream. Fear of heights, insanity, cancer, mice, infections. Despair of recovery. Vertigo especially turning quickly or from heights. Low back pain. Lumbago. Nails break easily. Feet icy cold and then warm up later. Leg cramps especially at night during sleep.

These are symptoms which you must know, not just individually but as a pattern. We are pattern recognizers and if you know these symptoms as a coherent whole when you take your case you have all this information. You spend hours with a patient and collect this

volume of information and then do not know where to begin. But look at your case and see first one symptom, then another-- overweight, chilly, worse damp weather, desires sweets and salt-- and you can forget anything else and give *Calcarea carbonica* for this is a *Calcarea* case. You have these things as a pattern. It is actually a fairly simple medicine and you will mostly miss it because it is a very big one. The patients will give you many symptoms and you will get lost in them, missing the simple pattern that makes *Calcarea*. Most of the *Calcareas* I miss, which are then pointed out to me by my colleagues, are of that nature.

24. ***Carbo vegetabilis***
WOOD Mathew (HT, 14, 7/1994)

This is a beautiful article. It is based on the provings and on certain ideas 'which unite our traditional applications and homoeopathic experiences'. -"Congealed blood" is a syndrome in Chinese medicine. *Carbo vegetabilis* is the archetypal remedy for this. The characteristic symptoms are a bluish complexion and tongue, choppy pulse, (irregular in power and beat, but not intermittent) and sharp, shooting, non-mobile pains emanating from what is taken to be a lump of "stagnant blood".

-Blood stasis

Arnica is suited to conditions where symptoms of blood stasis and inflammation are combined, while *Carbo vegetabilis* is suited to conditions where there is only stagnation, not inflammation. *Arnica* when the bruise is new and there is still inflammatory process at work; *Carbo vegetabilis* when the inflammatory process has died down and blood has remained behind. *Carbo vegetabilis* for patients where blood forms into adhesion which resists reabsorption even months or years after the initial formation.

The characteristic symptoms calling for *Carbo vegetabilis* are the cyanotic complexion, darkish or bluish tongue and the choppy pulse. The pulse is the most reliable indication. The beats are irregular in frequency and direction. They hit the artery in a different place each time, and at a different rate, but do not actually intermit. It feels as if the pulse was wobbling on its axis, or like the patient had been hit by a big stick and knocked off its fulcrum. This is called the choppy pulse in Chinese medicine.

Three cases are cited in which trauma was the cause.

25. A Peculiar Symptom
MIDGLEY James (HT, 14, 8/1994)

The author who suffered from kidney pain due to infection. The 'peculiar symptoms' that led to the curative remedy, *Berberis vulgaris*, were: "sensation of coldness in various parts as if splattered with cold water"; "sudden sharp pains occurring first in one place, then in another, so sharp that the patient cries out". Although the peculiar sensation of "splattered with water" is given under 'Fever' in PHATAK and BOERICKE in this case this sensation was not connected with fever. Lesson: the key to the case may come from symptom which has no direct relationship to the chief complaint. Also that a "peculiar sensation" mentioned under a particular part may be taken as a 'general'.

26. ***Phosphorus*: A Peculiar Symptom**
CAMPBELL J.B. (HT, 14,8/1994)

"Muscular motion centered in the hips, which were jerked up and down, having exactly the same appearance as at the completion of the sexual orgasm" was the peculiar symptom that led to the successful prescription of Phosphorus in a case of convulsion in a 48-year-old man.

27. ***Dioscorea villosa*** Wild yam
WOOD Mathew (HT, 14,9/1994)

The portrait of this remedy is drawn by the author from his own experience. For women in their early forties, suffering from spasmodic affections or hip-joint pain. Characteristic of this is: pain, sometimes dull, sometimes sharp, in the hip joint, worse in the night, sleep disturbed and the pain is dramatically aggravated by lying on the joint the wrong way while tossing and turning. Sometimes worse before the period.

The affinity this remedy has to hormonal production, spasm, and hip-joint disease was demonstrated by a case of a woman in her mid-forties, whose gall-bladder had been removed some years ago suffered suddenly from severe spasm in the right kidney area through to the liver. Remedies like *Ipecacuanha*, *Berberis*, *Arsenicum* etc. did not give relief. Re-examination: mild deterioration of the right hip-joint which was putting stress on muscles in the abdominal area. Because of the scar tissue (after the gall-bladder surgery), the muscles went into spasm. *Dioscorea* promptly removed the pains.

Mental: The name Dioscorea comes from a Greek root which means "the point along the circumference of a circle which stands in no relationship geometrically to any other point". This is often what the patient feels like; she was falling apart, has lost the thread holding everything together, has poor judgments, and doesn't understand herself, but senses that something is wrong. This results in a degree of hysteria or despair and irrational activity. "Calls things by the wrong name" (CLARKE's **Dictionary of Materia Medica**). Wild Yam was being used by a herbalist for "birth control" and in three cases of women, the women developed aversion to sexual relations -or even any relations at all -with their husbands.

Physical symptoms: Mouth dry, taste bitter. Heartburn, hiccough, belching. Sinking at the pit of stomach. Sharp pain in the epigastrium relieved by standing up. Pains in the abdomen. Pains shift suddenly. Rumbling, flatus. Colic, better walking, standing up, bending backwards. Pains radiate from the abdomen. Sharp pains in the region of liver, gall bladder. Pain in chest, tightness along sternum. Oppression of breathing; Angina pectoris. Feeble action of heart. Flatulence and pain through the chest. Hemorrhoids, with pains darting to the liver. Exhausting diarrhoea. Relaxation and coldness of male sexual organs. Pains from the kidneys to the testicles. Emissions during sleep, sexual debility, weak knees. Weak lower back, worse bending over. Menstrual pain, uterine colic. Vivid dreams. Aching and stiffness in joints. Pain in the hip-joint, especially the right--sharp or dull, aggravated at night, or changing position in bed, but accompanied by restlessness. Nails brittle. Cramps in fingers and toes, worse on flexors. Worse at night, after sleeping, lying down, and doubling up. Better standing erect, bending backwards, moving around in the open air, and from pressure.

28. **Thuja** - A Great Antidote of Sera, Vaccines and Many Other Modern Remedies
WADIA S.R. (HH,19,9/1994)

Thuja, in the author's experience, was needed in all cases where many vaccinations as in the case of military personnel and their families, have been done. Many children who have been given BCG and other vaccines become restless especially at night, scream or go off their feeds following these vaccinations and *Thuja* in 30 (repeated doses) or 200 (few doses) restore them. There are some people who have taken not only the routine vaccinations

but also some 'fancy' ones like Catarrh vaccination or Auto vaccine, etc., and *Thuja* is very helpful in such cases. Two mental symptoms have often been noted: (1) as if body and soul are separated (2) sensation of something alive moving in the abdomen. While *Thuja* is the great 'wart' remedy, it is not the only one. Dr. WADIA writes about a man with about 200 warts on the face which did not disappear despite *Thuja* M b.d. for 6 months given by a homoeopath but which disappeared with Nitric acid and this patient's son who too had many warts on the face received Belladonna curatively.

Dreams are the fascinating aspect of *Thuja*. Dreams, of falling; anxious; of dead; of misfortune; dead bodies or dying; teeth falling.

29. Why we need a new Proving on **Parthenium Hysterophorus**
SOLAIYAPPAN N. (HH, 19,10/1994)

In the recent years Parthenium has produced many allergic disorders, particularly skin itching and, and hay-fever like symptoms. The earlier provings of this remedy have no reference to these. Hence the great need for a proving now.

30. KENT's First Grade Symptomatology of **Thuja** GHOSH Madan, THAKUR P. (HH, 19,11/1994)

The authors have picked out the highest marks (bold letters) rubrics from the KENT and formed into a **Materia Medica**.

31. **Oscillococcinum**
PIETERS G (HH, 19,12/1994)

Oscillococcinum is spoken of as being a specific for 'flu. In the case of the author's wife who had 'flu it worked while in his own case it didn't and *Nux vomica* cured. There can be no specific in Homoeopathy.

32. **Oscillococcinum**
MISRA P.C. (HH, 19, 12/1994)

The author says that this medicine may heighten the immune response to many common viral infections.

33. A Discussion of **Arnica**
SINHA Amitabh Kr. (HH, 19, 12/1994)

There was a report in the HH, 18 by Prof. VEROUX of Italy that in his experiments he

found that *Arnica* increased platelet aggregation and in *Arnica* cases Factor XII and Prekallikrein factor initiator factor of blood coagulation were higher. The author raises the question as to how then *Arnica* used in bruises etc. in which it helps blood coagulation.

34. *Vanadium metallicum*
SCHOLTEN JAN (HL, 7, 4/1994)

Apart from what has been given in CLARKE, BOERICKE and BURNETT not much is known about this remedy. Through two cases the author offers new insights into this little-known remedy. The concluding picture of *Vanadium* that he gives:

Essence: The idea that they have to be successful but they are not allowed or they are incapable. They feel obliged to live up to many tasks, but they are confused as to what tasks and why.

Mind: They don't really know what they want. They make plans, but they think "I won't succeed anyway". Feel they have to achieve a lot, but are not sure what. Doubtful and unable to make choice. The doubt is a result of their failure. "I can't succeed anyway". In their dreams of missing the train, of not getting to the telephone on time, etc. this theme comes up. They tend to suffer from anorexia or bulimia. They are always kind and gentle. They feel the need for warmth and company and they always try to please others. They cry easily. They would like to remain a little child. Often a bit anxious, with restless and itching legs.

General, Characteristics:

Location: Right-sided

Physique: Blond

Temperature: Cold, cold hands and feet. Raynauds.

Time : Agg. 7h.

Desires: Sweet, liquorice.

Menses: little, or absent. Pre-menstrual complaints. Agg. Ovulation.

Complaints: Eye problems. Pain in throat, coughing up little lumps of yellow and green, bitter mucus. Stomach and bowel problems. Degeneration of liver, Cancer,

Constipation. Pain in the ovaries. Sciatica.

DD: *Anac.*, *Bar-c.*, *Carc.*, *Hyp-ant.*, *Ign.*, *Lyc.*, *Mang.*, *Puls.*, *Thuj.*

35. *Tarentula hispanica*
RIGHETTI Marco (HL, 7,4/1994)

Starting with a Case illustration from his psychiatric practice, RIGHETTI evolves the picture of *Tarentula*. He points to the necessity to differentiate between 'local symptoms' and Singular, Rare, Peculiar-Symptoms within the mind.

36. Dream Proving of *Berberis*
SANTOS Uta & KONIG Peter (HL, 7, 4/1994)

Dreams are windows to the patient's unconscious and un-lived life. If accurately understood they reflect much of the essence of the person and his struggles. In this proving emphasis is made on evaluating the dreams objectively, on avoiding 'slipping off into fairy tales'. New and interesting symptoms of *Berberis vulgaris* have emerged from this proving which are waiting to be confirmed in our daily prescriptions.

37. *Fumaria officinalis*
RILES David S. (HL, 7,4/1994)

Fumaria officinalis is a plant with the common English name of "Earth smoke". Its herbal usage is for jaundice, bowel obstruction, and general debility of the digestive system. There were 17 provers, -12 women and 5 men, 15 provers received Verum and 2 Placebo. Age range of the provers was 23 to 59. The results are given in Schema format. This is compared with repertory rubrics.

38. *Cimicifuga*
LIDCHI Maggi (HL, 7,4/1994)

A seven-year-old girl who suffered from chest pains, hand pains, vomiting blood, headaches, etc. all very severely, after the death of her sister was given *Ignatia*, *Natrum muriaticum*, *Sepia*, etc. but nothing helped her. Vassilis GHEGAS says that when you give *Ignatia*, *Natrum muriaticum*, *Sepia* and nothing helps give *Cimicifuga*. Accordingly *Cimicifuga* brought about a rapid improvement in this girl. An intercurrent dose of *Sulphur* was needed in between after which again *Cimicifuga* gave lasting improvement.

39. **X-ray**
TARKAS P.I. (NJH, 3,2/1994)

Materia Medica of x-ray. Unfortunately the author does not furnish the sources of the information.

40. Bowel Nosodes -An Introduction
LAKSHMINARAYANAN D. (mFH,
5,2/1994)

This is an interesting brief history of the Bowel Nosodes and their important role in Homoeopathy. In his **Repertorium Generale** Dr. KUNZLI left out these remedies and when Dr. LAKSHMINARAYANAN wrote to him for reasons, Dr. KUNZLI replied that "the Bowel Nosodes in my opinion should not be included; in many countries you cannot get them and as with allopathic drugs, nobody will prepare them in the year 2020", He also argues that the Bowel Nosodes are not Nosodes in the sense that they are **not** disease products. Two cases of temper tantrums successfully treated with Proteus are narrated.

III. THERAPEUTICS

1. Therapie einer epidemischen Krankheit
(Therapy of an epidemic disease)
EICHLER, R. (ZKH, 38, 3/1994)

Paragraphs 100-102 of the **Organon** are referred to; it is possible to find an epidemic remedy by taking all the symptoms into consideration. However, even in cases of epidemic diseases it is necessary to individualize so that different remedies can be revealed.

Three cases of Scarlet Fever in one family are reported; in two *Apis* was the remedy while in the third it was *Lachesis*.

2. **Alumina**
SRINIVASAN, K.S. (ZKH, 38, 3/1994)

Because the full range and depth of a homoeopathic remedy can never be known and the basis of selection of a remedy is also similarly varying, one should not fault a colleague, who adopts different methods as the circumstances may require without however deviating from the basic principles. A case of aluminium intoxication, treated with *Alumina* and *Spigelia* is reported.

3. Uber das intuitive Verschreiben (On

intuitive prescription)
von KELLER, G. (ZKH, 38, 5/1994)

Some symptoms in the Materia medica are highly singular which enable the prescriber to act "intuitively" to be almost sure of success.

4. Rheumatoide Arthritis -**Hepar sulphuris**
(Rheumatoid Arthritis -**Hepar sulphuris**)
MAROLIA Z.P. (ZKH, 38, 5/1994)

A case of Rheumatoid Arthritis was healed with *Hepar sulphuris*. (Kill, offense, sudden impulse to, from a slight"; "Kill, desire to"; "Irritability, trifles, from"; "Impulsive"; "Food, fat, desire"; "Weather, wet, agg."; "Fasting, while".)

5. Hyperhidrosis bei einem Kind
(Hyperhidrosis in a Child)
RECKERS Winfried (ACD, 3,3/1994)

A seven-year-old boy with complaints of excessive perspiration; from least exertion; sweating whole body, even in sleep. As an infant droplets of sweat could be observed on his forehead while nursing. No cause could be found. Therapies so far, many laboratory investigations etc. have not given relief. He has never been ill otherwise and has never had fever. Teeth grinding at nights. Symptoms chosen repertorisation:

1. Grinding teeth at night.

2. Sea air amel. (additions from E.SCHWARZ: *arg-n.*, *carc.*, *iris*, *lyc.*, *sep.*, *sul-ac.*, *sulph.*)

3. Perspiration from least exertion completely well.

Aconitum, *Sepia* and *Tuberculinum* appeared in all the rubrics. After a comparative study of the Materia Medica I chose *Sepia* after confirming with the help of WEIHE's Pressure points (WEIHE's point for *Sepia*), *Sepia* 200 was administered.

During the first week a severe cough appeared with whistling respiration and on the next morning this cough passed away; a few days later his face became red, he felt very weak, the pulse rose to 140 and a fever above 39° came on, the first in his life. On the next day everything normal The general perspiration became less.

27 Oct.19,91. *Sepia*. The Improvement

proceeded. His hair (on head) does not become wet and In between there was another brief fever after cold. He, continued to be well. Only the grinding of teeth persisted.

21 Jan 1992: *Tuberculinum Koch* 200. Grinding teeth no more. After four weeks further there was si ight perspiration from little exertion. *Sepia* XM.

In May 1992 his mother reported that he did not need spectacles (which he was wearing) anymore (Ophthalmologist confirmed this) and also his handwriting became very good.

March 1994: remains cured.

6. Spastische Bronchitis (Spastic Bronchitis)
MULLER Karl-Joself (ACD, 3,3/1994)

A 27-year-old female who had earlier (about an year before) been helped by *Anacardium* 30, 200 for Depression, came with complaints of severe Bronchitis since two weeks. She was in "panic" since her ex-husband suffered from Asthma and bronchitis and she had seen him suffer much. She had certain anxieties and fears. After complete anamnesis the following symptoms were chosen for repertorisation:

- Breathlessness when inspiring
- Desires to hide
- Attempts to run away

Only Ars., and Chlor. came through all the three rubrics (See **Synthesis Rep.) Materia Medica was consulted (Archiv fur homoopathische Heilkunst, R.A.D.A.R. Software Materia Medica Hering)** and *Chlorum* was found to be similar which was given in 200 potency. In two days there was improvement. Then *Chlorum* in 01. Soon she improved further and was cured. *Chlorum* also set right her psychic situation.

7. Drei **Sulfur**-Falle (Three **Sulphur** cases)
SCHWARZ Erik (ACD, 3, 3/1994)

1. A 31-year-old man came (in 1983) with tonsillitis. He took *Sulphur* Q 18, over a period of 9 months and was relieved.

In 1987 he had stomach ailments and

other gastric problems, appearing every forenoon 11 hrs. Fingernails deformed. *Sulphur* 200. After a few days completely well.

In 1989: stiffness in hips in mornings, better movement for sometime. Pain rising from sitting. *Thuja* 30 relieved.

2. A woman (born 1923) with 3 children; hysterectomy in 1960 due to irregular menses. Since over 10 years nodular fingerjoints which pain during winter. Sometimes they become red. Also problems with the veins of the legs, sometimes pain toe-joints. In summer when it is warm, the hands and feet swell more. Since 2 years she has allergy: on the ball of the thumb and in the palm she gets small pustules which itch much. She put on 25 pounds of weight additionally after external applications and injections given by the Dermatologist. After thorough anamnesis the repertorisation brought *Sulphur* as the only medicine. It was given in 012 potency on 21 Nov. 1986/5 drops daily. From 1 Jan. 1986 5 drops every two days and she went on improving. From 1 Mar. she began to take 5 drops every 4 days; from April every week, from June every two weeks until end 1986, when she became completely free of her ailments although she subsequently had a drop in the blood pressure.

3. A man (born 1929) .Since 1965 suffering from **Boeck's Disease**. He had taken *Cortisone* and when he came to me he was taking 32 mg. In spite of this his dyspnoea from least exertion, walking and climbing stairs.

At 11 years he suffered Psoriasis worse on head and eyebrows; in 1954 he suffered an accident with brain concussion; in 1979 hearing defect; in 1978 an allergy due to a mental stress. He needed much warmth. Sleepless on full moon nights. He worried a lot about his ailments and brooded. He recalled all bad events in his life. He was pedantic, demanded orderliness; often nightmares, he laughed now and then.

Sulphur Q 18, 5 drops daily, prescribed on 26 June 1984. His consumption of *Cortisone* came down, he continued on *Sulphur* 0 18 at longer inteNals. On 4 Sept. 1984 *Calcium carbonicum* 0 18, 5 drops daily, and byand by the inteNal increased to once in 4 days and from 1 November he did not need anymore *Cortisone*. From April 1985 to end June he took weekly doses and then once in two weeks, of *Calcium carbonicum*. Since then remains well.

8. Amalgamvergiftung - Einechronische

Krankheit und ihre Therapie (Amalgam poisoning - a chronic disease and its therapy)
 PSCHIEDL Heinz (ACD, 3, 4/1994)

In § 74 and the following paragraphs HAHNEMANN classifies chronic diseases as: the **artificially created**, the not real, and the **natural chronic miasmatic**. This brilliant classification holds good even today as in those days, and it should be assumed that under artificial diseases should be included everything which the Industry have bestowed upon us in the past decades in the name of scientific progress (Bhopal, Chernobyl, etc.), the electrosmog, the ozone problem etc. Everyone of these is an "artificial disease". HAHNEMANN considers these as "... the most tragic, the most incurable, and I regret that when they have reached a height, no curative remedy appears available or could be thought of." (**Organon VI, § 75**) This is particularly valid when the person suffered already from a **natural – chronic – miasmatic disease** and then both become complicated. "One who was simply ill, became thus doubly sick, that is to say, becomes very ill and incurable, sometimes makes totally incurable, often even dies." (**Organon VI § 41**). The chronic intoxication with Amalgam is an "artificial disease". This has not been considered by many homoeopaths. Only H.C. ALLEN in his **Key Notes** writes under *Mercurius dulcis* "Deafness and catarrhal complaints of Nose, Throat and nares from Mercurial fillings".

The author proceeds to mention a few facts about the Amalgams, the symptoms, the cause and the differential symptoms of the different metals, the cost of the health insurance the removal of the Amalgam and the 'cleaning and the improvement of the patient, infants and children, etc. and cites cases from his practice. A valuable article.

9. Behelfsmässige Homöopathie (Temporary Homoeopathy)
 MULLER Karl-Josef (ACD, 3, 4/1994)

What to do when a troublesome acute disease occurs in the course of the treatment of a chronic disease? Every homoeopath would "interfere" in the course of the treatment of a chronic disease. Some homoeopaths would prescribe physical actions and similar measures or allopathic medicines with least adverse reactions in the hope that these will least interfere with the cure of a chronic disease. Sometimes it helps to prescribe a Q potency if a C potency had been prescribed for the chronic

disease. There is another method: the administration of a homoeopathic medicine in low potency. Nine cases have been reported to explain this point. One example:

Acute infection with a purulent

Catarrh: Girl child, Laura, has received a few weeks ago *Natrum muriaticum* 200 for her recurrent catarrh, which extended to the ear. Since two days Laura was again suffering from a purulent catarrh and feared a terrible week-end. I advised spoonful table-salt (*Natrum muriaticum*) in a half-full glass water to be potentised upto 3x. This was to be given to Laura every four hours one spoonful -after stirring it vigorously -upto the week-end. By that time the catarrh has improved 95%. Similarly an acute state after a C- potency of *Calcium carbonicum* could be helped with a D3.

10. Zwei *Natrium muriaticum* Falle (two *Natrum muriaticum* cases)
 SCHWARI Erik (ACD, 3, 4/1994)

Case 1: 14-year-old Frederic came on 12 April 1985: Warts, on the right hand more on the thumb; in the left hand on the thumb, middle and index-finger; left foot more on the toes, a large one pressing the nail of the big toe up; and a few on the soles; three warts on the right foot on three toes. He has had inguinal Hernia, also scrotal Hernia, Phimosis and his Appendix has been removed. His tonsils had been removed at 3 years age. Up to his fifth year he had been receiving iron preparations. His sinuses were frequently infected, and has taken repeatedly *Penicillin*. He had diarrhoea often. He is tired in the mornings; he is very weepy, drank very cold and much. Can't stand room full of people. Sleep disturbances during the ascending moon. Found Physics and Mathematics difficult. His hands trembled when he concentrated in his studies. Had received from a homoeopath *Thuja*, *Zincum valerianicum*, *Causticum* and from the author *Calcium phosphorium* in different Q potencies.

After repertorisation, *Natrum muriaticum* 30 was dissolved in a glass water one sip was to be taken thrice a day for three days. On 23 May most of the warts had gone; 29 May 200 potency was given dry on tongue. Improvement continued. In September again one dose 200. Again for lack of concentration he received on 4 November 1986 *Natrum muriaticum* M and in December 1987 XM.

Case 2: 35-year-old female has Allergy since two years, itching under the arms, under the bosom and the thighs. It was worse after

undressing. Tests revealed allergy for many things including things with which she had no contact. So far external salves and powders. She suffered from Asthma from the third to the eleventh year of age; why it did not appear again she could not say. Her brother had hay-fever and parents Cancer. Since two years she was very tired and her feet are swollen. She appeared to be suppressed. When she had been to the beach her skin was very well. Irritable before menses. Leucorrhoea after she had a copper- T inserted. She desired fresh air.

Natrum muriaticum Q 12 (Lack of self-confidence; Irritable before menses; Sea-air amel. ; desire for fresh air) and later XM. Remains well.

11. Phobias d'impulsion meurtrieres (Fear of Impulse to Kill)
 SUERINCK J. (CGH, 31,6/1994)

A case of compulsory impulse to kill. Repertorisation gave choice between three remedies. The third remedy cured. Since three weeks the patient woke up at middle of night with the obsession to stab to death his wife and dog. Repertorisation: Kill, sudden impulse; Fear of killing with a knife; Censorious, critical; Fastidious; Cold agg.; Thirst; Desired sweets. First dose: *Nux-v.30*. Massive aggravation of the mental state, without improvement. Hospitalisation necessary. Would like to do away with the idea of suicide and the drugs for the mental illness. Due to an error of the pharmacist *Merc.30* (instead of *Ars.30*) was taken. The patient had terrible headaches, and a powerful analgesic injection had to be given. Finally *Ars.30* (selected on the basis of a symptom observed - joy at the misfortune of others) was indicated. Rapid improvement followed, and the drugs were withdrawn. Remains cured when followed up over a period of two years.

12. Condition de 1 'efficactite optimale de la prescription (Requisites for the optimal efficacy of remedy prescriptions)
 LAMOTHE J. (CGH, 31, 6/1994)

The finding of the *simillimum* is not everything; a wrong prescription can hinder cure. To beware of:

1. **The Time of taking the medicine:** It is same whether morning or evening. But essential is the right moment: (a) at the end of an acute episode of a chronic disease -is ideal! (b) Sometimes at the beginning of the episode of

chronic disease where only one medicine is indicated (both in the acute and chronic stages) Recommendation: more doses (C9, C15, C30) in 24 hours and when improved to give after 2- 5 days one dose of the 200. (c) in the apparent static state of the chronic disease which is conditioned by external factors (e.g.in Hayfever six months before the outbreak, in high summer before the Otitis of children in winter) (d) at any time you like in the course of a developed chronic disease when the patient has least of the symptoms of the chronic disease but not in the latent situation. Examine always whether an intercurrent remedy (which is often intelligent) has to be given after the **simillimum** in accordance with the symptoms. If some symptom of the chronic disease is missing at times it is best to wait! It may be curative stage?

The wrong times: (a) during an acute disease without connection to the chronic disease. The prescription of the **simillimum** is strictly forbidden! (b) In the phase of a deeply based static state of the chronic disease (i.e. after an effective cure, that or in a curative process according to HERING perhaps to please the wishes of the family. This is the worst point of time! The case is confused or faced with aggravations for months. One can imagine what the multiple method prescribers would do in this! (c) simultaneous with non-homoeopathic and suppressive treatment (i.e. that which has in view only the symptoms and not the chronic disease contrary perhaps to desensitizing, immune stimulation, Gamma globulin etc.), and also climate and Thermal cures, Surgery, Behavior- and Rehabilitation therapy, since these go in the return direction of the **Simillimum** and make it at least ineffective, but worse still is: make the chronic disease imperceptible or cover it up; that means to treat with eyes closed (d) during the decisively changed life style of the patient Gourney, change of residence, change of school, change of environment, Psychoanalysis). These are not indeed suppressive, but they can alter the chronic disease for the worse deeply. This holds good if the psychotherapy has worked. In thinking that the *Simillimum* had worked treatment time is lost while the chronic disease has progressed clandestinely.

2. **When to repeat?** (a) Once: when the chronic disease is stable; at the end of an acute episode; in high potency. (b) More than once: to take the chronic remedy in 1-2 days interval, maximum for 6 days, if the energy is very weak, i.e. in low temperature, inflammatory fevers of children, in enfeebled children or children who

suffer from serious complications in ordinary diseases. Here the Q (50-millesimal) potencies are indicated (for details see original),

3. **Which Potency?** (a) C-potencies upto C30 is good in daily practice, but insufficient if the patient reacts only to high potencies. The **Simile** is then lost and is not found again. Hence: not the remedy is to be changed, but the high potency is to be given! (b) KORSAKOW-potencies with the advantages of their high and gentle action. With 200 or M to begin with, XM in reserve. One dose will be sufficient. (c) Q-potencies (50-millesimal). They work deep and long in functional diseases in those with good energy but short and superficial in those with low energy. Disadvantage: complicated -in procuring and dispensation.

4. **Prescriptions for children and infants:** Dispensation in vials is not recommended. Give direct in the mouth. Time not significant but evenings before going to bed seems to be the best time.

5. **Choice between the many methods indicated:** Two methods: (a) according to the energy-level. If low: the actual medicine and also when it could "suppress". If high: the earlier medicine, particularly, if it has deep-acting indications. (b) According to the **Miasm**, first Syphilis, then Sycosis, then Psora.

13. **Apropos de coqueluche (About Whooping Cough)**
MILONGO G. (CGH, 31,5/1994)

Report of three cases of Whooping Cough within a family: two children and the mother.

1. 4-year-old girl, ill since two weeks, worse despite treatment with Globulin. Rapidly following attacks (K800), Worse on going to sleep (K796), Attacks with vomiting (K532): *Dros.* without success. Accompanying symptom: bloody secretion from the nose during the cough (K330): *Caps.* 1 grad. only remedy. *Capsicum* 7 CH, 9 CH, 15 CH. The attacks became lesser in intensity and number, no more vomiting.

2. 3 month-old infant, ill for three days. Attacks in the evening and night (K799), Abdomen distended (K603), Gurgling before flatus (K601), Rumbling, flatus amel. (K601): *Carb-v.* 7CH, 9CH, 15CH. cured in 10 days.

3. Mother: constant attacks, particularly severe between 3 and 5 hours (K810): *Kali-c.* 7

CH. Quick amelioration leading to cure.

14. **Bilateral & Symmetric**
MOREAU Jacques (RBH, 27, 3/1994)

This is a very interesting study of 'bilateral' and 'symmetric' occurring in the homoeopathic **Materia Medica**. Some extracts:

Absin.: WARD. ALLEN Enc. - Very tranquil, as if brain were rounded and **symmetrical**.

Acon.: GIBSON. - These blooms, shaped like a monk's cowl, are no longer radially **symmetrical** like those of the spring Ranunculaceae, anemones, aquilegia, paeonia, but are **bilateral**. They have given up the radiate flowers form and attained a higher form of **symmetry** suggestive of the animal kingdom. The higher invertebrates as well as all vertebrates possess **bilateral symmetry** as their fundamental morphological concept.

Aethi-a. : ANSHUTZ. -Numerous parts of her face were literally covered with thick, elevated fissured scabs. A scrofulent liquid was oozing out, and the worst were those parts on the side of the lower lip, the nostrils, and the root of the nose. On the whole, a certain **symmetry** could be observed in the arrangement of these frightful disease products.

Agav-t.: JULIAN New -Acute **bilateral** pain in the ovaries.

Anthr.: ALLEN HC Nosodes. HERING. - Here and there in all parts of brain small and large haemorrhages of embolic origin; from anthrax. Membranes of brain exhibit circumscribed or symmetrically extended blood infiltrations.

Arn.: van ZANDVOORT - **Symmetrical** complaints (0,5,0) (BOGER)

BOGER - **symmetrical** eruptions. Very sore acne or crops of small boils.

GUESS - **Symmetrical** eruptions.

BOERICKE - Acne indurata, characterized by **symmetry** in distribution.

- Acne simplex: **symmetrical** distribution, with (0.1.0)

MORRISON - **Symmetrical** eruptions.

van ZANDVOORT - Eruptions - **symmetric**. (1,5,0) (VOISIN)

Ars-s-f.: HERING - After drinking beer, pain above occiput in both sides; violent pressure in two places, right and left side **symmetrical**.

KNERR - Occiput: pressing: right and left, in two places, **symmetrical**, after beer. (0, 1,0)

Beryl.: JULIAN New -Mid-pulmonary, **bilateral** hazy opacities.

Calc-p. : HOYNE, case 1159. - Her lungs were large and well developed; her chest was **symmetrical**, with no apparent signs of pulmonary disease. Percussion revealed no abnormal sound. Auscultation detected a peculiar sound at the apex of the right lung.

BONNINGHAUSEN - **Bilateral** pains, on both sides of throat, bladder, uterus, and chest, all going upward, upward pressure in many parts.

Cann-i.: HUGHES -In this, my sight was doubled. Two images of each object were reflected on my retina and produced a complete **symmetry**; but soon the magic paste, being entirely digested, acted with more powers on my brain, and I became completely mad for the space of an hour. All kinds of Pantagruelic dreams passed through my fancy; goat suckers, storks, striped geese, unicorns, griffins, night-mares, all the menageries of monstrous dreams, trotted, jumped flex, or glided through the room.

The eruption was **symmetrical**, but yet more abundantly developed upon the upper than upon the lower segment of the body.

The patient in this instance had survived that period of syphilis in which we look for superficial, **symmetrical** and short lived cutaneous manifestations.

ALLEN Enc. - Unblemished in its purity of whiteness, faultless in the unbroken **symmetry** of every line and angle, its pediment was draped in odorous clouds, whose tints outshone the rainbow.

Cassia sophera (Cassi-s.): CCRH Provings - Pricking pains in the throat on right side, with weakness agg. swallowing, talking (throat examination revealed **bilateral** follicular tonsillitis and congestion of post-pharyngeal

wall); with soreness and hoarseness of voice, agg.morning, talking, amel. warmth, hot drinks. Stabbing pain in the throat on right side, amel. swallowing, cold things.

Cer-b.: Int.Hah.Ass. ALLEN Enc., CLARKE, ANSHUTZ - On closing the eyes perception of cluster of round shaped, **symmetrical** orange colored spots.

Cham. : MOSKOWITZ - Examination revealed **bilateral** otitis media, which quickly resolved with the help of Chamomilla 30 every two hours and did not come back.

Chin-s.: HUGHES - In another case, in which 1.8 gm. was taken daily for same purpose, and in which **bilateral** amblyopia of high degree appeared, full power of vision returned spontaneously in left eye, but right regained only power of reading large print.

Chlorpr. : JULIAN New - **Bilateral** cataract.

Colibacillinum: JULIAN New - **Bilateral** pains of the ovarian region.

Crot-t. : ALLEN Enc. -Papulous eruption on the face. Erythema of the face (not unusually), often **symmetrical**, lasting for a few days, with distinct heat; and this when there could have been no direct application of the remedy to the face.

DNA (Des-ac.): JULIAN New – **Persistent bilateral conjunctivitis**.

Dipht. JULIAN Nosodes - Polyneuritis, incomplete sensitive - motrice, **symmetric**, flax, with distal predominance and loss of deep sensitivity.

Dulc. : HOYNE, case 1359 - My own little girl, aged two years. The eruption extended over the whole thorax and upper arm, except as much of the chest and arm as comes in contact when the arm hangs down at the side. The inferior border in front as well as on the back was covered. At a distance it appeared as if the child had a cape on, and my wife would not have been at a loss for a good cloak pattern. It was perfectly **symmetrical** on both sides.

Lophophytum leandri (Flor de piedra): JULIAN New -Juliette Fourmon reports equal clinical successes in cases of goitre. Hyperthyroidism, and in one case of bilateral degenerative labyrinthitis.

Hoitzia: JULIAN New - Menses late by two to three months, then menorrhagia, with intense **bilateral** ovarian pains.

Kali-bi.: van ZANDVOORT - Eruptions: **symmetric**. (0, 1,5) (817).

Kali chlor. : COWPERTHWAITTE - **Symmetrical** ulcers on sides of tongue.

HUGHES, ALLEN Enc. - 12.a. A young man suffering from an acutely inflamed carbuncle on the nape took the chlorate in 15 gr. doses every 4 hours for 2 days, and then had 2 **symmetrical** ulcers form on the side of the tongue, each being about the size of a four-penny piece. There was no general stomatitis, and the sores healed slowly when the remedy was suspended.

ROYAL, CLARKE - **Symmetrical** ulcers on the side of the tongue; mucous surface of tongue, mouth and lips covered with follicles and gray based ulcers with the mucocous surface red and tumid; salivation acid.

Kali-i. : HUGHES - 4. HUTCHINSON describes an eruption resembling hydroa as resulting from Kali-i. It is sudden and **symmetrical** and prefers the face and forearms. There are vesicles and small bullae, from the size of a shot to that of a pea, or even to that of half a small cherry, and usually surrounded by an erythematous and sometime inflammatory swelling of the skin.

:van ZANDVOORT - **Symmetrical** complaints. (0,5,0) (BOGER)

:BOGER. PHATAK. - **Bilateral** headache.

:HERIN,G -Man, age 85; **bilateral** croupous Pneumonia.

After great bodily exertion, shaking chill; deep sleep, out of which he could not be roused; lies upon back, snoring loudly, eyes closed, injected conjunctiva, hot head, dry tongue, bluish lips, sunken lower jaw; bluish finger nails; irregular, intermitting pulse; extremities, when raised, fell back as if paralysed, dull percussion sound in both clavicular regions, on right down to third, on left down to second rib; bronchial breathing, crepitation; no cough, but on putting ear to chest, appeared to come out of these parts as if through a tube; **Bilateral** croupous pneumonia.

:KNERR - Lids: closed and closing, close: pneumonia, closed, in **bilateral** croupous. (0, 1,0)

Lips: blue;pneumonia,in **bilateral** , croupous. (0.1.0)

Tongue; dry; pneumonia, in **bilateral** croupous, (0, 110)

Lungs: auscultation sounds; crepitation in **bilateral** croupous pneumonia. (0, 1,0)

Lungs: percussion sounds; dull, in clavicular region, on right down to third, on left to second rib, in **bilateral** croupous pneumonia (0, 1,0)

Lungs; pneumonia; croupous, **bilateral** (0,3, 1)

Kali-m.: KNERR - Lungs: pneumonia; croupous; **bilateral** (3,1,0)

Lac-c.: van ZANDVOORT -Eruptions: **Symmetric**. (1,5,0) (8, 1' 7)

Lac-d.: Hom.Phys. ALLEN HC Nos.(3). CLARKE, HERING, KNERR. - **symmetrical** patch of herpetic eruption on each side of the neck, itching and burning after scratching.

:van ZANDVOORT: **Symmetrical** complaints.(0.8.0)

:PHATAK - **Symmetrical** patches, causing itching and burning after scratching.

Lach.: MOSKOWITZ - **Bilateral Asymmetry** - Many Crotalid venoms produce asymmetric or one-sided disturbances of the bio-energetic field, but none more so than *Lachesis*, whose symptoms are markedly skewed to the left or at least tend to start on the left and proceed from left to right.

Lept.: New MM. - Involvement, **bilateral** of the testes.

Lyc.: MOSKOWITZ - **Bilateral Asymmetry**. Many *Lycopodium* symptoms are one-sided, and most are predominantly right-sided or begin on the right side and proceed from right to left.

Mag-p.: HERING - Twitching all over body during waking hours, better during sleep; walked fairly well and could feed herself; speech very defective, meaning of her utterances a matter of pure conjecture; heart's action

accelerated, no abnormal sound, later a presystolic blowing sound, as if muscular fibres of heart participated in general spasms pupils **symmetrically** dilated scared expression

Mandragora: JULIAN New **Bilateral** conjunctivitis

Merc.: HUGHES There is **symmetric** wasting of muscles of both arms no anaesthesia

Then the throat became sensitive and on the tonsils were formed **symmetrical** ulcers with a greyish base.

The eruption on the body, though on both sides, was not strictly **symmetrical** (HUTCHINSON. On Syphilis, 1889, Obs.lii.)

Monilia albicans : JULIAN Nosodes - **Symmetrical** eczema of the thorax, arms, forearms.

Nat-m.:GIBSON - Dandruff, alopecia, acne, boils, pustular eruptions may also call for the consideration of the remedy, especially if the lesions are **symmetrical**.

Nux-v.: **Medical Advance** (Vol.XLIII. No.11, Nov.1909) - Chancroids spread around and make ineffectual efforts to become **symmetrical**.

Parotidinum: JULIAN Nosodes - **Bilateral** renal pains, spreading towards the lumbar and sacral regions.

Pexid (Perh.): JULIAN New - **Bilateral** papilloedema (T)

Plumbum: BLACKWOOD - The function of both the sensory and motor nerves, but especially the latter, is interfered with and wrist drop, often **bilateral** from paralysis of the extensor muscles of the forearm, is observed.

BURT's Physiological - The **symmetry** and localization of the paralysis in Lead poisoning would seem to indicate a spinal origin, but, so far as I know, no very distinct spinal lesion has as yet been found out.

ALLEN Enc. - Then followed **bilateral** facial spasms, trismus, frequent spasmodic jerkings of the upper limbs, the flexors of which were firm and rigid, while the lower limbs were rigidly extended.

Bacillus Proteus (Prot.) - JULIAN Nosodes - Finally in the month of December 1966 Mme P., underwent a surgical operation for glaucoma and **bilateral** cataract and had a second relapse.

Psor: JULIAN Nosodes - **Bilateral** adenopathy of the neck, painful, radiating towards the head.

Ran-b.: SOGER, PHATAK -Sharp, cutting, stitching chest pains, **bilateral**.

Sec.: HUGHES - The microscope showed these degenerated parts to be very advanced atrophy of the nerve fibres, the degeneration is **symmetrical** in both posterior columns, and extends through the whole length of the cord up to the medulla oblongata.

Sep.: KNERR - Wrists; eruption: bullae, **symmetrical**, as large as a hen's eggs. (0,1,0)

HERING Numerous bullae, on face near mouth on wrists and backs of hands two largest were on wrists, **symmetrical** in position and size

Spong.: KNERR - Lungs pneumonia croupous **bilateral**. (0,3,1)

Sulfanilamide (Sulfa) JULIAN New - **Bilateral** diminution in auditory acuity Progressive **symmetrical** muscular atrophy. beginning in the hands .

Syph.: JULIAN Nosodes - (b) eyes: Ptosis, unilateral or **bilateral**, the patient seems sleepy.

Recorder - Tubercles on lower limbs. **Bilateral** exostoses.

van ZANDVOORT - **Symmetrical** complaints (0,5,0) (PHATAK) Eruptions; symmetrical. (1,5,0) (817)

BOGER - **Bilateral** exostoses

PHATAK - **Bilateral** exostoses sore and painful.

Tell. : JULIAN New -Occipital and temporal, **bilateral** headache.

Thalamus (Thala): JULIAN New - Thalamus, or optic layer, belongs to the group of grey nuclei around the encephalon. It is a large ganglion, even and **symmetrical**, situated in front of and outside the quadrigeminal bodies, the striped bodies, laterally bordering the third

ventricle, surrounded on its convexity by the caudate nucleus. It is egg-shaped, and the distal end is large.

Thymol: JULIAN New - **Bilateral** temporal headache, and at the occiput.

Thyroidinum: van ZANDVOORT - **symmetrical** complaints. (0,5,0) (76) Eruptions: **symmetric**. (1,5,0) (817)

ALLEN HC Nosodes

CLARKE

Crusts separated, leaving faint red skin; eruption, not nearly so painful.

(**Symmetrical** serpiginous eruption; dark red, edges raised and thickened.)

PHATAK - **Symmetrical** erpiginous eruptions.

Tub.: JULIAN Nosodes **Bilateral** conjunctivitis.

Bilateral ovarian pain, radiating to the lumbo-sacral region with difficulty to walk.

ALLEN HC Nosodes - CLARKE - Pleurisy, for the most part very severe, simple and tuberculous, frequently hemorrhagic, and not infrequently **bilateral**.

Marmorek (Tub-m.): JULIAN Nosodes - Impetigo; erythematous lupus; **symmetric** cyanosis above the malleoli, of young girls.

Ust.: - (The Homoeopathic Physician, Aug. 1888, page 430. "On The Nervous Disturbances of Pellagra and Ustilago maidis" by S.L.) -The gray substance, Clark's columns, are nearly always intact. The affection of the white matter is in all cases **bilaterally symmetric**.

Variol. : JULIAN Nosodes - (a) Urinary: **Bilateral** renal pain always accompanied by a dorsal pain.

Verat. : KNERA - Lungs: pneumonia: croupous, **bilateral**. (0.3.1)

15. **Dulcamara** - Gas clinique (**Dulcamara** - Clinical Case) COPPE V. (ASH, 27,4/1994)

An interesting case of Pyelonephritis in a post-climacteric woman The medicine was chosen on the basis of the development of the

case from the beginning of the acute flare-up of chronic disease and those symptoms taken up.

The indicative symptoms chosen are: (i) Dictatorial, domineering (ii) Anxiety for others (iii) Avarice (iv) Mistakes, speaking (v) Epistaxis during headache (vi) Skin, Psoriasis. All the six symptoms are found in *Dulcamara*; given in 200 potency and there was a spectacular and wonderful result.

16. A la decouverte du Similimum. Une autre maniere de prescrire (On the path to the Similimum. Another method of prescription) COQUILLAAT G. (ASH, 27, 4/1994)

The author selects the medicine according to SONNINGHAUSEN method. Five cases are discussed. Paragraphs 153 and 178, the author says, lead to the way of finding the simile: the peculiar, characteristic symptoms of the disease similar to the peculiar, characteristic symptoms of the remedy. The symptoms chosen must be complete -location, sensation, modalities, and concomitants. "The concomitant symptoms are to the totality of symptoms what the modality of aggravation and amelioration are to the single symptom." The symptoms in the **repertory** are 'fragmentary' symptoms. BOENNINGHAUSEN says that if an individual symptom is found in several conjunctures it will become a general condition. The danger in SOENNINGHAUSEN method is also that a medicine may be prescribed on the basis of the local common symptom and thus cause suppression (KENT's Lecture 32). SOENNINGHAUSEN's method includes the KENT repertorisation and which bases choice of the remedy only on the **Materia Medica**.

17. Au fil des consultations (From the consulting room) KEASTEN J. (ASH, 27, 4/1994)

A 36-year-old male with gastric problems. The remedy was *Abies nigra* 30. ("Total loss of appetite in morning but great in the evening for food at noon and night" - SOEAIKKE; KENT rep. "Appetite wanting, morning, Appetite increased, noon, Appetite increased, .night"). This was followed with *Phosphorus*, the chronic remedy. Comment - is *Abies nigra* a small remedy?

38-year-old female who had not got over the brutal treatment of her stepfather in her childhood. She still recalls it and revolts. Somnambulism and cries out in sleep. Travel

sickness. *Crocus sativus* was her remedy. (See F. GLADWIN's **Materia Medica Family**)

7-year-old boy with Warts: one on the foot, one on the big toe and one on eye lid. The symptoms taken up for repertorisation: Slowness, Concentration difficult while studying, Strabismus, Reserved. The remedy was *Hel'eborus*.

The remedy discussions are quite interesting.

18. A propos de 15 d'algies faciales (15 cases of facial neuralgia)
GAMBY F. (CGH, 31, 10/1994)

The facial Neuralgias are put in three groups: Vascular pains (arterial extension range, relationship with migraine, long duration, often at nights), locally caused pains (Sinusitis, Pulpitis, Glaucoma). If definite basic complaints are excluded, good results can be expected from Homoeopathy. Cases of *Spigelia*, including a case of extension of the pain from brain metastasis, *Kalm.*, *Fl-ac.*, *Verb.*, *Chin-s.*, *Urt.*, and *Puls.* are presented. The important indications for the remedy choice are localisation and laterality, clear modalities, times of the day, clearly marked quality of pain. Chronic medicines are not called for. Not more than 3-4 symptoms are considered and verified in the *Materia Medica*. Not lost in too many explanations. If no differentiation is possible, to reckon on localisation and consult HERING or BOERICKE. Key-symptoms are: (Principally from HUI BON HOA) *Chel.* (Right eye-brow, Pain wakes up), *Chin-s.* (Forenoon. in and around left eye. *Chin. Sulf. Coloc.* (Upper lip or lower gums left, "electrical") *Fl-ac.* (behind eye, eye-tooth, cold amel.), *Kalm.* (right side, in and around eye, "electrical"), *Nux-v.* (severe agg. from least draft), *Sil.* (lower branch of trigeminus, warmth very much amel.), *Spig.* (left, in and around eye. come and go with the sun, palpitation), *Stann.* (beginning and ending slowly, lower jaw), *Verb.* (cheeks, especially left, crushing, Temperature change agg.).

19. Quelques observations a propos de nosodes (Observations on Nosodes)
MOUSSIER F. (CGH, 31, 9/1994)

Case 1: 40-year-old man. A small non-healing suppurating spot on the tibia, with a black crust; stitching pains. Discharges blood. Dark red circle with heat and burning pains. *Anthracinum* 9 cured in 24 hours. For recurrence the 15 potency which cured totally a slowly

developing, chronically recurring infection which was only palliated by antibiotics.

Case 2: 7-month-old boy was suffering from *Urticaria pigmentosa*. Restless sleep, blue sclera. The dermatosis is characterized by brown flecks. Carcinoma in the family. *Carc.* 200 and a progressive improvement. The sleep became peaceful, the sclera became white.

Case 3: Crohn's disease since years. At 20 years age BCG and since then wasting, fevers, nocturnal perspiration. *Nat-s.*, and *Verat.* gave only partial relief even after 6 more remedies. Ultimately a fever came on with *Erythema nodosum*. The diarrhoea disappeared. The erythema recalled *Tub. Tub-k.* 15 improved and the *Erythema* disappeared. And diarrhoea re-appeared. *Tub-k.* 18, 21, 30, M improved the Crohn's disease and the patient felt better.

Case 4: 15-year-old girl, daughter of the above patient; sporty, excellent in school and equable temperament. She suffered from *Anorexia mentalis*. The indicated medicines did not bring forth the relief. The extreme weepiness, desire for company and aggravation from company, desire for salt, back-ache when resting, better from movement and the other symptom variables, the loathing of food and the thinning pointed to *Tub. Tub-k.* 15 and then 18 brought complete cure.

Case 5: Severe palmo-plantar Hyperhidrosis in a young man. *Sil.* with intervening *Tub-k.* acted well.

Case 6: Constrictive headaches. Bulimia, heat in nape of neck, general formication, nausea on waking, in a 29-year-old pregnant woman. Clinically n.a.d. Characteristic symptoms: severe weeping while narrating the symptoms, time passes too slowly, better at sea-shore. *Medorrhinum* healed.

Case 7: 78-year-old woman with life-threatening heart insufficiency. She strongly refused hospitalisation, wanted to die immediately at home. Many symptoms pointed to *Kali-c.*, which did not work; while *Ars.*, brought some relief of the Generals, the Tachyarrhythmia was aggravated. Ultimately after low potencies of *Dig.* failed, came to the mother tincture. After one year slight Apoplexy with motor weakness and troublesome itching of the left arm which was cold, worse by warmth. *Sec.* 9 and 12 brought a wonderful amelioration: The consequences of Apoplexy healed without residue, and the pulse became strong and regular, voice energetic and the

mood brightened up considerably. *Digitalis* could be put off. The sense of smell which had been lost years ago was restored. Finally the patient even decided to visit the Dentist and also go for a cataract operation. Ultimately death overcame her at the end of two years of therapy with *Secale* when the remedy was stopped when she was being examined for a cerebral injury.

20. Turning off the Alarm
MITTMAN Paul (NEJH, 3,3/1994)

11-year-old boy with history of Insomnia and severe Anxiety his entire life. Nervous; constant Fear and Anxiety; lived constantly in an "Alarm State". Worried about many things; if his mother was out at night he could not begin to even think of going to sleep until she returned. He would enter an alarm state when in crowd and in public; would panic. Nightmares. Fear of animals, dark, violence, abandonment, wolves, bears, robbers; checked the doors at night. Desired cold drinks; picky eater. He would not like the foods in his plates to touch each other, each item should be separate and mixed foods were out of question. Pre - occupied with order, often arranging objects by color, pattern and size; counting things over and over. His Insomnia dated back to his birth. A Psychiatrist made a multiple diagnosis.

The mother summed up the case as "alarm state". *Aconitum napellus* M was given and there was a dramatic response. The remedy was repeated 2 weeks later. There was marked amelioration.

Veratrum album 200 followed (Attention Deficit Disorder, Food desires -sour and ice). Drastic improvement at school. Four months later *Stramonium* M.

At 12-year-age he began to have nocturnal emissions, began cursing and talking in the bus about sex. *Hyoscyamus* M and he continued to improve further .

21. Grief?
JONAS Julian (NEJH, 3,3/1994)

Telephonic consultation: Three-and-half-year old boy- acute vomiting at night during the preceding week; gurgling and motion in the intestines especially around the umbilical area. 3 to 4 hours after the vomiting he was having completely liquid diarrhoea. *Veratrum album* 200. He was doing well. About 4 days later he again had some diarrhoea and the mother in panic went to a Gastroenterologist, whose prescription brought a relapse of the whole case.

Veratrum album 200 and 5 days later interviewed in person. The boy was asymptomatic. His mother remarked that whereas he used to throw terrible temper-tantrums, he has, after the *Veratrum album* become mild. Full interview revealed that although the remedy was prescribed for the acute ailment the remedy was also constitutional and acted so.

22. Daydreamer
JONAS Julian (NEJH, 3, 3/1994)

9-year-old boy with mild environmental allergies: sneezing and profuse lachrymation during summer. Also difficulty of concentrating at school, easily distracted. Became angry when forced to do homework; whining and complaining about things that did not please him; did not like new or pressured situations feared being beaten up or being hurt; uncomfortable in the dark; in unknown or new situations, in high places, during thunderstorms. Nightsweats; chilliness; stomach aches, desire for ham and hot dogs. *Calcarea phosphorica* was his remedy.

23. Eruptions I
FLORES Matilde (NEJH, 3,3/1994)

9-year-old girl. Eruption around the mouth that covers the skin from the upper part of her mouth to her nose, the sides of her nose, the sides of her mouth, and her chin; red, dry, and slightly scaly; corners of the mouth cracked. Worse in winter, when stressed and better in the summer and she has long hours of sleep. The problems began at age three. Psoriasis on paternal side and Eczema on maternal. Many warts on both hands. She missed her mother who is attending school, a lot. Feared dark, needles, "monsters in the toilet when I flushed it". Loves animals. *Phosphorus* 12 t.d.s

Follow-up. Her parents pushing her a lot expecting her to behave larger than her age. *Phosphorus* was not her remedy. *Staphysagria* 200 was given and she started improving.

Five months later follow-up; Due to much stressful situation the rash is reappearing. *Staphysagria* 200 again and she has been progressing well in the next follow-up six months later.

24. Encopresis After Fright
FLORES Matilde (NEJH,3,3/1994)

Rachael born 1988. While her mother

was delivering the second baby at home, there was much difficult contractions. The mother sat on a toilet, as the water broke and labor began. Rachael saw her mother in this state and in fear went up and hid in the room. When her father found her later she lay curled up in a corner. Since then her bowels moved only once in few days. She cried a lot and feared going to the toilet. Afraid to be alone. She complained that her bottom hurt when she sat on the toilet. Stubborn and passive; aggressive. *Silicea* 200

Her behavior was getting worse; became more possessive, more intense and crying a lot. *Tuberculinum* 200 (She had responded well to this medicine before.) She improved.

She was put on antibiotics by her Paediatrician for an ear infection and again her bowel movement diminished and she feared to go to the toilet. Irritation in the anus and vagina. She has been masturbating. The mother said that the girl thought that she was a princess, entitled to certain privileges and liked to order everybody. Although *Platina* was indicated, because of physical generals *Medorrhinum* 200. The physical symptoms became better but she became more demanding and acting out. It was suspected that she was masturbating again. Her vulva looked swollen and raw. Her display of sensuality at this age was causing concern. Now *Platina* 12 once a day for 3 days. Improved. She did not masturbate and she moved her bowels daily, behaving nicely.

25. Attention Sensory Deficit FASSLER Kristy (NEJH, 3,3/1994)

This very interesting case of a seven-year-old girl who suffered much due to abandonment by her parents and then by the grandparents and then had to move from her foster family to finally adoption by a loving family with a sister of her own age. She has suffered much emotional trauma. She suffered from Attention Sensory deficit. There were ups and downs during the course of the homoeopathic treatment but ultimately got well. The remedies were *Ignatia* and *Veratrum album*.

26. Eruptions II THOMPSON Gregory (NEJH, 3,3/1994)

This case teaches what 'suppression' could do to a five-year-boy, who was with foster-parents. The boy had suffered many ear infections. He was very violent, broke things,

had no shame, sensitive to cold. He received many homoeopathic remedies without significant improvement. At last when the boy developed a severe cold with yellow catarrh and was given *Hepar sulphuris calcareum* 30 and in two hours developed a terrible ear pain. He was put on antibiotics for this and after 10 days when the ear symptoms were better given *Hepar sulphuris calcareum* 12 and in 24 hours again severe ear pain, but this time antibiotics were not given. The pain diminished gradually and his behavior improved. The next week there was a return of the symptoms and so *Hepar sulphuris calcareum* 6 daily was given and over the next 6 weeks he kept improving. He began to regress after six weeks and so the remedy was given twice a day and again there was significant ear infection with behavior improvement. The dose was increased to 4 times a day. After 3 months the remedy was discontinued, and he remains well.

An interesting article which shows the need of repetition of a low potency.

27. Aging as a State of Mind REICHENBERG - ULLMAN Judyth (NEJH, 3,4/1994)

It is not how long one lives but how one lives, what one makes of one's days, the quality that is more important. The most important thing about aging is to be young at heart and to keep active.

A 41-year-old woman who was married to a man twelve years younger than her. She felt very conscious of this difference and thought she should divorce. Felt unhappy; felt like committing suicide. *Ignatia M*, then *Aurum metallicum*, *Natrum muriaticum* were given but without appreciable improvement.

The patient said that she doubted who she was. Identity lost, desired potatoes, bread; and suffered constipation. *Alumina* 30. There was quick response and proceeded to improve and the dose needed to be repeated only after six months.

28. Hot Flushes HEUDENS-MAST Henny (NEJH, 3,4/1994)

47-year-old woman who was under homoeopathic treatment since 1986; it was for frozen shoulder, migraine and nervousness and *Lycopodium* was the remedy.

She now came for irregular menses and

hot flushes, which troubled more at nights. Nausea accompanied the flushes. During the flushes her nose became clogged. She used to be very interested in her job but now had no interest at all.

Kali bichromicum 200 (Perspiration, upper lip; Clothing agg.; Perspiration, sticky; Flushes of heat; Indifference to business affairs - all from KENT, and Nausea with heat of body from the **Complete Repertory**). Remained well.

29. The Rock of Gibraltar - An Older Woman with Multiple Health Problems SKINNER Sidney (NEJH, 3,4/1994)

This is a case of a woman with a strong constitution, but her physical body succumbed to a lifelong, nutrient-poor, high-fat diet.

69-year-old woman. Gall bladder pain, felt mainly in the back. Her past medical history included amputation of the second toe of the right foot due to gangrene, myocardial infarction at age 26, reconstructive surgery to the uterus for injury during delivery, basal cell carcinoma removed from near the right eye, and a heart murmur due to childhood Rheumatic Heart Disease.

She felt anxiety for others; was very sympathetic; didn't like consolation. Wanted to be alone when she felt bad. Loved thunderstorms. Desired soups, tapioca, jelly pudding, creamy foods, cheese, buttered toast, eggs, plums, cashews, and pistachios. Gains weight easily, very thirsty; hates cold drinks. Sleeps on stomach, arm over head.

Calcarea carbonica 6 three times a day. The remedy was continued from December 1993 to September 1994 when it was learnt that she was still on the allopathic medicine besides the *Calcarea carbonica* 6

This patient had a rare disease and the homoeopathic medicine was able to eliminate most of her allopathic medications; though her diabetes and cholecystitis improved dramatically, her cataracts and osteoarthritis continued to progress.

30. Exuberance ROVETTI Corinne (NEJH,3,4/1994)

46-year-old woman, hair-dresser; complaints of hormonal imbalance, mood swings and severe hot flushes. Also continual depression, fatigue, and spells of crying. Her

totality of symptoms was diagnosed as Perimenopausal woman with hot flushes and mood changes and *Lachesis* 200 was given. The remedy brought the expected improvement.

31. Off Kilter HERSCU Paul (NEJH, 3,4/1994)

49-year-old woman came with the report that her PAP showed dysplastic cells. She had five years ago received *Natrum muriaticum* 200. She now came for peri-menopausal state. Her symptoms indicated that from a confident, self-assured person, she had become fearful, insecure and confused. The remedy was confirmed by soreness of breasts before menses - *Lac caninum* 200 acted well and she continued to be well when followed up several years later.

32. Wild Yam SHEVINSJodyK. (NEJH,3,4/1994)

The lessons that one should draw from this case are basic ones which however most of us overlook. Is it right or harmful to use natural progesterone supplements in women who reach the age when the progesterone levels become low and do such supplements produce adverse effects? In a culture where demands are to remain young for ever should we not distinguish between a natural disease and one brought about by lifestyles and environment, what should a homoeopath do?

In the instant case of a 46-year-old woman who suffered from excess 'gas' with pain in the liver and gall bladder region, better by extending her back, arching backwards. The symptoms indicated *Dioscorea villosa*. It was learnt that she had been using a natural progesterone cream, derived from the Wild Yam, *Dioscorea villosa*. The cream was discontinued and *Dioscorea villosa* 200 given and she improved.

33. Victims of Sexual Abuse -Two Cases FLORES Matilde (Simillimum, 7,3/1994)

This was presented originally at the Homoeopathic Academy of Naturopathic Physicians Eighth Annual Case Conference, Seattle, 1994.

Child sex abuse leads to severe disturbance of the psyche and Homoeopathy helps heal this trauma and the consequences of such a trauma. Two cases are cited.

Case 1: 46-year-old female with Asthma and Epstein Barr Virus. She has a long history; underwent surgery at 35 years age for cervical cancer; Herpes Zoster at 19 years. Chest problems, severe migrating pains. She was sexually abused by an uncle at age 5. Taking into consideration her emotional state, repressed anger, repressed sex, generalities and all the other symptoms *Kali bromatum* 6 q.i.d. was prescribed on May, 19, 1992. And in August, 1992 the remedy was given in 30 potency one dose, followed by the 200 an hour later. Next follow-up December 1992: progressing well. Follow-up in February 1993: doing well. While repertorizing this case the author has mentioned following 'additions' to KENT **Repertory:**

Fear, losing self-control, K.47 add: *Cann-i., Merc. (H), Kali-br., Anh., Thea (AZ)*

Sighing: K. 80 add: *Nat-m. (V), Kali-br. (AZ)*

Rage: K. 70 add: *Kali-br. (RM)*

Delusins, hollow, whole body is: K. 27 add: *Aur, Kali-c.*

Pall. (all from the SA which has been added from KENT 1897)

Generalities, Trembling, externally and internally, K.1408, 1409, add: to Trembling internally: *Kali-br. (AZ)*

Key to the additions: H. Paul HERSCU, AZ. Ananda ZAREN, RM Roger MORRISON, V. VITHOULKAS, K. KENT.

Case 2: 40-year-old woman with Multiple Personality Disorder (MPD) and Premenstrual Syndrome (PMS) and overeating. Her father is an alcoholic, mother died of Cancer 11 years ago, her brother has Down's Syndrome and her mother's sister committed suicide. She suffers from depression but she suppresses it by being very active. Her MPD episodes occur generally when in therapy session. All her complaints get worse 10 days before menses. She is obsessed about fire. She checks and rechecks that her door is locked, that the gas been turned off etc. She grew up in an environment where chaos, drinking, screaming and superstition were predominant. The thread that runs through the whole case is the deep sense of guilt as if she has committed a crime for which she is anticipating a punishment. Although *Aurum, Cimicifuga* and *Asarum* appeared to be the remedies *Kali bromatum* was given and it improved her.

Both the cases are very interesting and need to be read in full.

34. A Case of Distortion
MANKANI Meena T. (Simillimum, 7, 3/1994)

A two-year-old male child with recurrent attacks of Asthmatic bronchitis since last six months. Allopathic medicines gave temporary relief. A month ago he developed sudden convulsions from high fever and was hospitalised for 5 days. He was gradually thinning and losing weight. The child's mother had a disturbed childhood. Her father was an alcoholic and beat his wife and daughter. She therefore developed intense hatred for all men and much sympathy for all women. She spoke very harshly of her son (the patient), as stupid, foolish, devil, etc., and that while he had convulsion his face was completely distorted and "looked like the devil". The child had profuse sweat around his head during sleep.

The child was said to eat raw onions, raw garlic, raw ginger, shoes, lime off the walls etc.; he danced with his hands up and down and on one leg to the tune of a chiming doll.

Cicuta virosa was the remedy for both the child and later to the mother. The rubrics were entirely different for the child and the mother.

Lesson: while *Cicuta virosa* has 'distortions' at the physical level, it also 'distorts' at the mental level too, i.e. perception.

35. A Case of Acute Viral Encephalitis
HERDENER Larry (Simillimum, 7,4/1994)

A 31-year-old female with severe viral encephalitis. Belladonna 200 was her remedy. (Head felt severely swollen and painful; worse any motion; constant pain; Nausea; Headache worse bright lights; very weak and dizzy; low thirst and appetite; alternating chills and heat.) The remedy was repeated once within 2 days. She was also given nutritional support and also immune support. She was given a good electrolyte replacement sports drink along with a balanced meal replacement drink to consume every four hours. Also a botanical immune support (*Echinacea, Hydrastis, Garlic, etc.*) and Thymus glandulars at regular intervals. She was improved 70% in two days and 90% in four days.

36. Congenital Adrenal Hyperplasia
 JACK R.A.F. (**Simile** 4,3/1994 issued with the BHJ, 83, 3/1994)

Congenital adrenal hyperplasia (CAH) is a metabolic disorder in which, as a result of an inborn error of metabolism, there is defective synthesis of corticosteroid hormones by the adrenal cortex. CAH is inherited by the autosomal recessive mode and the abnormal gene is thought to be in chromosome six.

CAH is rare and the synonyms include: Adrenogenital syndrome, Adrenal vitalism and Ambiguous genitalia.

Treatment comprises lifelong replacement of Corisol with Cortisone, Prednisolone or Dexamethasone (DM). The dose needs to be increased at any stressful event, at which time salt losers also need urgent i. v.saline. Treatment is usually regulated to measuring serum 17-0H.

32-year-old female, married, complaining of infertility, asthma for 7 years increasing progressively and for 9 months has required a nebulizer b.d. besides routine use of Salbutamol and Becotide inhalers. Allergy to horses, dogs, cats and parrots. Cramps. Arthropathy, most joints hurt, requires calipers for her weak ankles. Stools always loose, which sometimes precipitated a crisis.

Has had many times hospitalisation for emergency i.v. saline and steroids. In 1990 she became pregnant. In 24 weeks she developed asthma and pre-eclampsic toxæmia, followed by intrauterine death of the foetus.

She was desperate to conceive. Since she still had anovulatory infertility the daily dose of DM was increased. Despite taking maintenance dose of DM for atleast 9 years, she had become virtually incapacitated by her Asthma and allergies and she was worse now. She couldn't walk farther than across the farmyard without acute dyspnoea, ; enter the stable or go close to the horses, or clip poodles which was her profession. Awoke each morning at 3 am with Asthma, was chilly like an 'ice box', perspired profusely and felt very weak.

She was prescribed:

1. AI mixed inhalants 30c weekly.
 (Isopathic allergen preparation)

2. *Aconite* 30 quarter-hourly at Asthma whilst in distress and palpitations are excessive.

3. *Cuprum metallicum* 30 prn. (3 a.m.Asthma & Cramps)

4. *Dexamethasone* (DM) 30 alternate days.

5. No change of the conventional medicine.

She began to improve steadily. Subsequent remedies according to the progress of the case: *Kali carbonicum* 30, *Colocynthis* 30, *Nux vomica* 30, *Folliculinum* 30, *Oophorinum*.30, *Acid phosphoricum* (diarrhoea). Remarkably well with regard to the Asthma. Could work in the stable, fields, clip poodles, etc. She now takes only *DM* 30. Referred to an Obstetrician for her anovulatory infertility.

A remarkable case justifying fully the homoeopathic multiple prescriptions.

37. Arthralgia
 HART Michael (**Simile**, 4,3/1994 issued with the BHJ, 83,3/1994)

53-year-old female, with flitting joint pains, recently much worse, especially in the knees, elbows, hands and back. 'Never-well-since' German Measles. Stiff in the morning, better as the day goes on, worse cold, worse heat. Pains come and go.

Rash raised and sensitive. No itching. Worse pressure. Rash mainly round neck, waist and hips. Chilly, worse heat, desires salt, dislikes sympathy, bottles things up, weepy. Many problems in life, divorced, problems with children, emotional and weepy.

Rubella 30 t.d.s. once a week and *Natrum muriaticum* 30 t.d.s. on the other days. The treatment began on 26.10.1985 she obtained great improvement and on 18.1.1986 she was totally free from pains.

On 8.6.1992: various joint pains returning over past few months, worse evening, worse wet weather. *Rubella* 30 t.d.s. one day a week and *Rhus toxicodendron* on the other six days. In the next two months all the symptoms settled completely.

38. Alopecia
 HART Michael (**Simile**, 4, 3/1994 issued with the BHJ, 83, 3/1994)

5-year-old male child, with Alopecia. Almost completely bald. Headstrong, very sensitive, thirsty, sweaty head, unpleasant breath, sensitive skin, recurrent colds and coughs, ear infections and tonsillitis. Very large cervical glands.

The hair-loss began an year and half before, at the time of brother's birth. Developed ear and throat infections, put on continuous antibiotics by GP. Hair started to fall again. Teased at school.

Silicea M t.d.s. on one day a week, *Natrum muriaticum* 30 t.d.s. on the other days of the week. (*Silicea* was the constitutional and the *Natrum muriaticum* for the pathology). Treatment commenced on 3.5.1991 and on 12.8.1991 less infections, no new hair loss, some sign of hair growth. 14.10.1991 : happier child, hair starting to grow. 17.3.1992: has complete head of hair; has been continuing to take the medicines regularly, but when try to reduce them, hair starts to fall again.

39. Ruptured Spleen
MASTER Farokh J. (Simile, 4, 4/1994 issued with the BHJ, 83, 4/1994)

36-year-old male who suffered a car accident and had severe injuries with intraperitoneal haematoma, left-sided moderate pleural effusion. The patient opted for Homoeopathy. Arnica and Bellis perennis three hourly in alternation and then Arnica CM and Ceanothus americanus mother tincture 5 gtt. t.d.s. were given and in 12 days he improved. No antibiotics were used.

40. Sub-arachnoid haemorrhage
MASTER Farokh J. (**Simile**, 4, 4/1994, issued with the BHJ, 83,4/1994)

45-year-old male with sudden onset of severe throbbing pain in the occipital and temporal regions. Cold shower gave him relief, but afterwards became miserable with pain and physician was called. Sub-arachnoidal haemorrhage was diagnosed, and allopathic treatment began. Despite treatment by the Neurosurgeon there was not much improvement. He then opted for Homoeopathy. Cravings sugar, fish, especially shell-fish. Aversion spicy foods, pickles. Perspiration profuse on covered parts, on head after eating spicy food. Very hot patient, even in winter required air- conditioning.

Mental: Very good administrator, aggressive nature, blunt in talk. Always wants to

be occupied. Does everything fast, decisive, never keeps work pending, very ambitious, honest, conscientious. Fears snakes, being dependent, would rather die. Cannot sit idle. Weeps from sad movies.

16.7.1992: *Lycopodium* 200 repeated on 17.7.1992,21.7.1992, 11.8.1992,12.8.1992: No evidence of aneurysm or arteriovenous malformation.

41. Childhood Ear Infections: A Homoeopathic Model for Diagnosis, Treatment, and Research
MOSKOWITZ Richard (JAIH, 87,3/1994)

Dr.MOSKOWITZ discusses his experience in treating chronic Otitis Media in children. Several case histories are provided. Homoeopathic management has proven very successful in these cases. Dr.MOSKOWITZ also suggests that many of such cases will benefit from simply breaking the repeating infection-antibiotic- cycle. He implicates both childhood vaccination and the excessive use of antibiotics as likely causes for the pandemic of chronic Otitis Media we witness today.

42. A Glimpse of the Continent
MARTENS Ruth (JAIH, 87,3/1994)
Some fascinating examples of cases presented by Dr. Alfons GEUKENS in his seminars are presented here:

Case 1: 5 weeks-old infant, breast-fed, with complaints of chronic nasal obstruction, painful abdominal cramps after eating, thrush in the mouth, had to be rocked constantly, difficult eructations, vomits sometimes after nursing, tongue very thickly coated at the back, rash on upper body. The mother ate tremendous amounts of sweets and desserts. *Saccharum lactis* brought very prompt improvement. The child which was plump became much thinner although it had put on weight.

This remedy had many similarities with *Calcarea*. The symptoms that would distinguish *Saccharum lactis* are: Aphthae in children; strong desire for sugar; rocking ameliorates; mental picture similar to *Chamomilla*.

Case 2&3: A mother and daughter: Both seemed to have similar complaints and tastes - the mother spoke mostly using "we", although the daughter was 25 years old. A few symptoms came up in which the daughter was different. She described her job as 'interior decorator' in a

hospital operating room, but in fact she was a cleaning woman! The daughter also had breathing problems in foggy or wet weather, abdominal pain with nausea before menses and irritability before; she was also fastidious. The mother got *Naja* and the daughter *Nux vomica*. (*Naja* has delusion of being victimized by environment, of being injured by their surrounding, the whole world looks dark and hostile)

Case 4: 40-year-old woman, with heart palpitations and obesity. She was abused or raped by her husband years ago but she would not talk about it. They never had intercourse after this. She had aversion to her husband and was afraid of him although she tolerated his caresses when they were in company. She did not know what to do, always asking "What should I do? Should I leave him? etc." She felt that she had two characters. Her heart palpitations made her fear that she would die. Strong lack of self-confidence. *Naja* was given and her heart problems disappeared. The differential between *Naja* and *Anacardium* is that in *Anacardium* there is no clear perception of what the patient ought to do, they are torn between two equally attractive possibilities, *Naja* knows exactly the direction to go but cannot go there.

Case 5: 22-year-old woman with headaches. She pointed to a spot where she had the headache. She had sinusitis associated with headache for 6 months. The headache came randomly at any time of day/night; mainly on right. She couldn't judge distances. *Onosmodium* was her remedy.

Onosmodium should also be considered for the symptom-group: deep sense of insecurity, forgetfulness and female complaints.

Case 6: 6-year-old girl with eczema and disorder of muscular coordination and speech. Eczema very itchy, scratches until it bleeds and tears the skin with her nails; cannot articulate well and talks rapidly; inclination to clench her teeth, she could not drink from a glass because her mouth would go into a spasm and she would bite the glass; inversion of feet; could not walk in a straight line; could not find her balance when walking; enuresis nearly every night, in the beginning of the night. Excitement caused itching. Desires oranges and spices. *Chloralum* brought good and rapid improvement.

43. Small Remedies in Everyday Practice WEMBER David (JAIH, 87,3/1994)

Dr. WEMBER presents us yet again with many 'clinical pearls' regarding the utility of smaller remedies for everyday clinical practice.

44. Clinical Snapshots (JAIH, 87, 3&4/1994.)

Case 1: An adopted girl child. Generally in good health. She did have severe temper tantrums and obstinacy. She often became easily distracted, often would not do her homework, and when she did, often did only part of it, which engendered some friction and fights with her mother.

At the age of nine she began to have serious craving for ice cream. *Pulsatilla* from 6 to 30 brought about the desired improvement. Evidently the child suffered from a sense of abandonment by the birth mother and transferred that feeling to the adoptive mother.

Case 2: 57-year-old woman with a history of hypoglycaemia since age of 26 years with symptoms of feeling weak and shaky, better by eating. By her mid-thirties she was worse with a sudden feeling of shaking, weakness and a feeling as if about to cry, not always better by eating. After a traumatic divorce and 20 pound weight loss, she became weak, shaky, began bumping into things and was very forgetful. She began to have episodes which felt like a horrible surge of Adrenalin followed by headache, weakness, blurred vision and anxiety. She began to get sudden sinking feeling as if a curtain is coming down over her. Her energy, vision, emotions and mental functioning all feel like they are failing. She may feel as if in slow motion. She may be totally unable to speak. All this may happen in a space of 10 minutes. She gets relief from eating Kudo bar. Her life now revolves around these and she has gained 20 pounds. Family history of Diabetes. Cold weather agg. Bites nails and cuticles; nails thin and break easily; recurrent cold sores; recurrent vaginal infections; Gonorrhoea at age 24 treated with *Penicillin*. Infertility, irregular periods. Hysterectomy in 1972. She always has had a very strong sex drive. *Medorrhinum* 200, and then *Phosphorus* 200. There were further adverse developments like Insulinoma, tumor at the tail of pancreas, benign insulinoma which was removed surgically and since then has had no more symptoms of hypoglycaemia.

Case 3: 48-year-old male with mild to moderate hearing impairment which began approximately 6 years previously. Probably due

to excessive listening to audio tapes. The impairment was worse after waking up in the morning, improved during the day; restless at night, often moving from room to room; craving for cold milk (at night). *Rhus toxicodendron* 6 to 30 in ascending scale was given and he made 50% improvement. Further plan *Calcarea carbonica* or *Rhus toxicodendron* in LM.

Case 4: 43-year-old woman with complaint of cough for two weeks since a bout of flu. Cough dry, paroxysmal due to a tickle in throat pit, worse at night, lying down, lying on sides, better lying propped up. Yellow nasal discharge, post-nasal drip; hoarseness. Onset of pain in the right posterior chest, under the scapula, and also a stabbing pain in an area deep in her right breast; as if respiration incomplete. *Sanguinaria canadensis* 30.

45. A case of Mastitis SCHAFFER
Rodney (JAIH, 87,4/1994)

This case of acute mastitis demonstrates one of several courses that an acute illness may take and the remedies that may be required for such changed symptoms. Remedies were given whenever symptoms changed and thus a rapid cure was obtained.

Croton tiglium 200 was given because of the key-note: breast pain every time the baby suckled, the pain in the inflamed breast radiated directly to the scapula (compare *Paris quadrifolia*, *Phellandrium*, *Berberis vulgaris* and *Phytolacca*). 36 hours later (after two doses of *Croton tiglium*) Belladonna (breast bright red over a wide area covering 1/3 of the breast from the nipple laterally; sensitive to touch; sensation as if the skin there is burnt). 24 hours later *Arnica montana* (only a bruised sensation remained).

46. The Homoeopathic Interview RUSSELL
W.Less (JAIH, 87,4/1994)

The homoeopathic interview is one area of practice, that perhaps causes more failures in prescription than any other single area. There are a number of skills that need to be learned by the homoeopath that will enable interviews to become more enlightening and thereby improve the prescription. The following skills are not the only answer, but they may prove useful to some practitioners. (Readers are directed to the source article: KSS)

47. Ett fall av ta!)dlossning (A Case of loosening of the teeth) JORGENFEL T

Chris (HLK, 3,4/1994)

The presenting problem in this case is loosening of the teeth. However, the patient also suffers from, panic attacks, loss of memory and palpitations. His problems started after he had some *mercury* fillings as a young boy and Mercury was the curative remedy in this case.

48. Etiologi: vaccination (Aetiology: Vaccination)
SAWYER Liz (HLK, 3,4/1994)

This is a case of Endometriosis. The essence appears to be *Natrum muriaticum*, but this remedy does not cure the patient. Further questioning reveals that the problem started after vaccination and *Thuja* proves to be completely curative.

49. Lyme Disease and Homoeopathy
TOBIN Stephen (HT, 14,6/1994)

The author who generally treats veterinary cases says that he found *Ledum M* effective in Lyme disease in animals and also found the same remedy useful in humans too for the disease. He has used it in cats, dogs and horses and it does not seem to matter whether it is a recent infection, a year old, treated or untreated and they all respond curatively.

One homoeopathic MD runs titers on all his Lyme disease patients, both before and after treatment with *Ledum* and has found that there is a constant decline in titer after *Ledum*.

One pellet *Ledum M* three times a day for three days is given. As preventive for Lyme disease in dogs, *Borrellia burgdorferi* 60x, a nosode, is given, one dose daily for one week, then one dose a week for one month, then one dose every six weeks. Out of over 500 dogs given so, only two dogs have contracted Lyme disease both of which cleared with *Ledum*.

50. Dreams and a sore throat
SCALES Sally (HT, 14,9/1994)

80-year-old woman with complaint of an extremely sore throat which began after she dreamt of her diseased sister-in-law smoking while talking to her. Although she begged her sister-in-law not to smoke as the smoke was giving her a sore throat, it was of no avail. She awoke with a severe sore throat, a feeling that her lungs and throat were full of smoke, and dry mouth. Her nose has been pouring. Voice very hoarse. After complete case taking, the remedy was worked out to *Baryta carbonica* (Dreams of

the dead; Dreams of dead relatives; Nose, odors of smoke; Chest as if smoke; Dreams of disease;) A single dose of the 30 brought relief within 24 hours although the cough lingered for a week.

51. Addressing the Needs of the Elderly with Homoeopathy
SOMERSON Michael (HT, 14, 10/1994)

This presentation was made in the NCH Conference 1994. Dr. SOMERSON was practising in rural Ohio which has a rich homoeopathic heritage where once there were 1000 homoeopathic physicians. He took over the very busy practice of Dr. PANOS upon her retirement. He said that while some elder patients are vibrant, and retain a youthful appearance, others have vitality which may be slowly diminishing or rapidly deteriorating. A carefully chosen remedy for any individual must take into consideration the potential in that individual to respond, and the potency of a remedy must be compatible with the level of vitality of the patient. There may come a time in a patient's life when an overwhelming barrier is met, the obstacle is too great. At this time the physician must seek to provide palliation, cure may not be possible. Now the goal of the thoughtful physician must be to provide comfort and relieve the distress of the patient by providing symptomatic relief. Many mental symptoms which are common to an older population respond very well to homoeopathic treatment.

Dr. SOMERSON treats mental and emotional ailments, vision and hearing changes, vertigo, digestive problems, prostate problems, cardiac complaints, stroke, musculoskeletal problems and last stage of life.

52. A Short Discussion on Depression
SEN Gobinda, SINHA Swagata (HH, 19,7/1994)

A brief and interesting exposition of Depression which can sometimes mimic physical illness. Three cases are cited.

53. Meningitis
BANSAL V.P. (HH, 19,7/1994)

A text-book exposition of the disease; a list of some homoeopathic remedies is also appended.

54. Homoeopathic Medicine in Sexual Debility
HOSSAIN Md.Azmal (HH,

19,7/1994)

A brief exposition of sexual debility, the different forms of such debility and the medicines generally considered in Homoeopathy.

55. Experience with Bowel Nosodes - Case Reports
MUKHERJEE Debasis (HH, 19,7/1994)

Two case reports are given:

Case 1: 42-year-old man, married. Chronic Colitis since 10 years. Losing weight progressively. Weak, tired feeling, even while rising from bed. Uneasiness after sleep. Urine strong smelling. *Dysentery compound* 200 one dose given on 2.10.1993. 18.10.1993: *Arsenicum album* for cold and coryza with burning, Pyrexia. 6.11.1993: Placebo. 27.11.1993: Placebo. 27.11.1993: Placebo. 21.12.1993: *Sulphur* 200

Case 2: 56-year-old widower. Chronic Dysentery aggravated from night-watching and mental anxiety while nursing paralysed wife for 2-3 years who died in October 1990. Stool, sometimes 10-15 times a day. Severe, constant pain in left lower abdomen. Occasional burning urination and mild Pyrexia. Very poor appetite. Craving for spicy food, fish, milk and milk products, rich food, sweets. Stool foul smelling, flatus + with stool, cannot control the urge - passes with great noise and force.

Gaertner (Bach) 200, 2 doses morning and evening the same day.

In the first case the mental tension and anticipatory fear about loan repayment lead to the choice of *Dys.co*. In the second case the malnutrition of the body with an overactive brain and hypersensitivity to external impressions lead to *Gaertner*.

56. Acute Respiratory Tract Infection in Children
MUKHERJEE Nirmalendu (HH, 19,7/1994)

This is a brief exposition of this ailment.

57. A Case of Torticollis
CHATTERJEE Ardhendu Sekhar (HH,19,8/1994)

A 29-year-old, unmarried man suffering from Torticollis since an year. After treatment in hospitals (allopathic) did not improve,

homoeopathic treatment was sought for which ameliorated for a short time only to relapse. The case was retaken and anti- miasmatic treatment cured. *Thuja* was used to remove the sycotic block and then *Lyssin* and *Staphysagria* brought about the cure.

58. Common Geriatric Disorders BATRA Mukesh (HH,19,9/1994)

Common ailments in old age, the relevant rubrics and a comparative Materia medica; all in brief.

59. Stubborn Epistaxis SARAB A.N. (HH, 19,9/1994)

55-year-old woman with bleeding per nose since that day morning; *Crocus sativus* three doses and advised to apply ice packs, but there was no relief until night. Since she had surgical menopause she was given *Lachesis* 500 followed by *Crotalus horridus* 30 (stringy blood). Still no relief and so *Arnica* 200, four doses every hour. No relief by next day. Two towels have been soaked with blood and the smell in the house was like a butcher's shop. No bleeding point could be located in the nose. *Millefolium* tincture ten drops every hour followed by a biochemic mixture, but still no relief. *Bryonia* 200, 6 doses every 15-20 minutes which too did not relieve. *Hamamelis* 30, 8 doses, hourly. No relief at 7a.m. next day. She was precarious and smell of blood was overwhelming. She was not, even at this stage, prepared for I. V. fluids and blood transfusion.

After further questioning, *Tuberculinum* M (anti-miasmatic) was given followed by *Hamamelis*, half-hourly. She needed to take only one dose of the *Hamamelis*.

Lesson: the miasm should be taken into consideration even in acute prescribing.

60. Rheumatic Arthritis MISHRA Nityananda (HH, 19,9/1994)

29-year-old man with pain in all joints - big and small - since 12 years. For 11 years on allopathic medicines. Worse in wet weather, daytime, and warmth in general. Better by pressure, but lying on the affected side agg. Desired cold food, aversion to sweets. Twice vaccinated which did not take. Recurrent dreams of falling from height till he was 17. *Pulsatilla* 200, later *Sulphur* 200.

61. Skin Diseases and Homoeopathy GHOSE 8.8. (HH, 19,10/1994)

Treating skin diseases on local symptoms does not give lasting cure. Whereas prescription on the basis of the totality including the miasmatic block cures.

62. Malignancies/Cancer BATRA Mukesh (HH, 19,10/1994)

A brief study of the remedies in the rubric 'Cancerous affections' in the KENT **Repertory**.

63. A Case of Insanity SARKAR Soumitra (HH, 19, 10/1994)

18-year-old male, malnourished appearance, with mental illness; history of *Tinea Capitis* in infancy treated with topical applications. *Sulphur* in different potencies did not help. It was observed that he kept walking for hours in sun/rain perspiring profusely, drew water from the well for hours and bathed, sat up in bed the entire night and talked to himself. None of these seemed to tire him. Had ravenous appetite, eats much quantity at a time. This too did not tire him. 'No tiredness even after excessive activities' pointed to *Acidum fluoricum* which was prescribed in 200, later repeated. For a relapse 4 years later this remedy was repeated. He now engages himself in a remunerative job. The skin eruption (*Tinea capitis*) did not reappear.

64. Finding the Homoeopathic Symptoms HOSSAIN Azmal (HH, 19, 11/1994)

Case 1: A young housewife came for a wart on her face. Although she had a host of other problems - menstrual disturbances, gastric, psychological, etc. - she only wanted the wart to go. Many medicines for wart on face failed. At last *Hyoscyamus* M (Delusions, crabs moving around. 2. Fear of being poisoned. 3. Talked to herself) removed the wart within a fortnight.

Case 2: 56-year-old man with sedentary habits. He consulted a Neuro-physician for an irregular pain in right temporal region with dim vision. The pain did not go. After CT Scan brain tumour was diagnosed. Surgery was suggested as the only therapy, which was rejected by the patient and Homoeopathy was called for. *Thuja* was prescribed (1. Head, pain left side. 2. Anxiety about salvation. 3. Dream of battles). **The farther peculiar the symptom, the more valuable for choice of the homoeopathic medicine.**

Case 3: 28-year-old woman with chronic piles. Pain so violent that surgery was suggested. *Kali carbonicum* M - after four earlier prescriptions based on the symptoms failed - based on the peculiar symptom "General relief when she rode" (see PHATAK Repertory).

Case 4: A young man with excruciating pain in lower abdomen, aggravated when voiding urine, sometimes Dysuria. Multiple radio - opaque calculi in bladder. *Calcarea carbonica* relieved (Symptoms for the prescription, **far from the pathology**: 1. Fear of mishap. 2. Obesity. 3. Craving for ink. 4. Palpitation with coldness in the praecordium. 5. Doesn't like passing stool (better when constipated).

65. A Case of suspected Multiple Myeloma BHATTACHARYA Dilip (HH, 19, 11/1994)

75-year-old, bed-ridden man, with suspected Multiple Myeloma. At the end of homoeopathic treatment (1 Nov.1992 to 27 June 1994) the patient was standing erect, moved about well, although a 'cure' cannot be claimed. *Acidum nitricum*, *Kali iodatum*, *Lycopodium*, *Acidum benzoicum*, *Sulphur*, *Guaiaicum* were given.

66. A Case of Epilepsy DEYS.P. (HH,19,11/1994)

7 Year-old boy with repeated seizures, recurring at 1-2-3 months since the age of 1½ years following a surgery for cleft palate. EEG report confirmed idiopathic generalised epilepsy. His symptoms indicated mixed miasmatic state with syphilitic predominance and he was given *Plumbum metallicum* beginning from 0/2. He was then given *Sulphur* 200 anticipating psoric block. He was incident free for three months after this and then had a major attack. *Lyssin* 200. There was no further attack for more than 16 months. However he was given one dose *Sulphur* 200. The EEG then taken said "interictal neuronal hyperexcitability" and so he was given *Calcarea carbonica* 200 as complementary to *Sulphur*. Two months later he had a mild seizure-like episode with high fever which may not be an epileptic attack.

The patient is still under treatment which will continue till the EEG tracing becomes normal.

67. Heredity and Aids JHA Sushil Kumar (HH, 19, 12, /1994)

Transmission of immunity factor through mother's milk or placental circulation indicates that genetic factors might be of extra - chromosomal nature and be present in the cytoplasm as well and transmitted like "Kappa particles" of Paramecium or "sigma particles" of *Drosophila*.

68. Plague - Its Homoeopathic Treatment and Prevention SARANGI Annada Prasad (HH, 19, 12/1994)

The pathology of Plague is scantily sketched in a few lines. A small list of homoeopathic medicines is also appended.

69. A Case of **Chocolate** GAY M.A. (HL,7, 4,/1994)

24-year-old female consulted on 16 Dec. 1993. Colds, exhausting, "boring, go on and on". The analysis of her case: She needed to be nurtured, hadn't had nurturing as a child. Has no feelings about her parents or children. not able to nourish and nurture herself. Has delusions about time going too fast because she didn't have a good childhood or is going too quickly towards death.

Rubrics: Desires Chocolate; dislikes children; Dreams of people; Time passes too quickly; Nose - discharge thick; Desires - red fruit.

Chocolate 30 two doses.

24 March 1994: much better. Had a minor cold after the remedy, which came and went in 3 days. Very unusual for her. Stopped eating Chocolate completely. General improvement. The remedy was repeated for her knee problem. Next follow up: O.K.

70. A Case of **Calcarea sulphurica** going to **Ferrum iodatum** JOSEF-MULLER Karl (HL, 7,4/1994)

31-year-old female teacher. Menses stopped a complete cycle after she had been on a holiday. Not pregnant. Problem with the tendon sheaths. Left arm is worse in motion. Feels there is something narrow around the throat. Thyroid gland is enlarged. Very obese. Pulsation in the heart when lying in bed, is warm-blooded and can't stand warm room. Easily irritated, very impatient and nervous. Aggressive with her three daughters. Craves sweet and in the summer likes to drink milk. She

doesn't know why it is always she who has to suffer disregard. Often feels that she is not appreciated.

Calcarea sulphurica 30/200 and she made very good improvement. During the next 11 months she received her "miracle remedy" in M, XM and LM. Six months later she came with the complaints: 4 weeks she had influenza with ear pain. *Penicillin* was given to her by a doctor. For 3 weeks now she has violent pain in the right upper arm extending to the shoulder joint. Crossing the arms agg. Pain in cervical and in the middle of the right shoulder blade. Takes Thyroid hormone. Now she is much acknowledged in the school, engaged by pupils, parents and colleagues and therefore she cannot now allow for any mistakes or failures. She likes the position. The situation to be the centre of critical observation and to have not to fail is a typical *Ferrum* situation, and the remedy and the pains disappeared.

71. Revolutionary Homoeopathy - An Impression VAN TWILLERT Ci (HL, 7,4/1994)

The author came to India to study with Dr. SEHGAL who teaches and practises a technique in which the patient's expressions are converted into 'Mind' rubrics in the repertory and a remedy selected on that basis. The author asserts that this method gives quicker and sure results. He has cited two cases from his and his colleague's practice.

72. Uncommon Remedies in Some Common Ailments and Common Remedies in Some Uncommon Ailments OUADER S.F. (mfH, 5, 1&2/1994)

This is a very interesting paper read before the A.P. Homoeopathic Association Clinical Meeting on 26 December 1993. Dr. QUADER presents many cases and remedies, briefly. The remedies discussed are: *Lithium carbonicum* in heart case, *Calcarea arsenica* in Epilepsy, *Platina* in heart disease, *Coccus cacti* in Microcephalus, *Laurocerasus* in Valvular heart disease, *Ammonium muriaticum* in Sciatica, *Gnaphalium* in back sprain, *Squilla* in Measles, *Caladium* for sleeplessness in heart disease, *Stramonium* in speech loss after convulsions, *Hyoscyamus* in Paranoid Schizophrenia, *Carbo animalis* in injury to Coccyx, *Tuberculinum* in Microcephalus in a child, *Aurum metallicum* in heart disease, *Euphrasia* in stammering in a young man of 18

years, *Pulsatilla* in Thyroid enlargement, *Belladonna* in a hyperactive child, *Anacardium* in Paranoid Schizophrenia, *Carbo vegetabilis* in Myocardial infarction, *Lycopodium* in recurrent Epistaxis in a 9-year- old girl, *Arnica montana* in (palliation) of Osteo-sarcoma with metastasis to lungs.

73. Unusual Clinical Cases MISHRA S.C. (mfH, 5,1/1994)

Case 1: 40-year-old dumb man with swollen gland on the right-side of his throat. *Belladonna* and then *Rhus toxicodendron* (cause: bath at night after attending a cremation), did not give relief. He now drooled in sleep. *Mercurius* relieved.

Case 2: 32-year-old lady suffered an accident injury (neck). Treated for about three months by Allopathy without result. She was given *Arnica*, *Ruta* and *Rhus toxicodendron* with only partial relief. The pain extended to the head. She said that she was terribly frightened as a result of the accident. She also had a presentiment of death. *Aconite* 200 gave prompt relief.

74. Angio-Cervical Spondylosis MUDALIAR V.P. (mfH,5,1/1994)

This case points to the close complementary relationship between *Rhus toxicodendron* and *Calcarea carbonica*.

75. Problematic Warts HARISHCHANDRA B.B (NJH, 3,2/1994) Brief essay about warts.

76. Warts and Naturopathy KONDEKAR Prakash (NJH, 3,2/1994)

Besides dietary regulation, neem enema, cold or contrast shower, fasting are important in Naturopathy for treatment of warts.

77. The Application of Nosodes in Homoeopathy PATRO K.K.C. (NJH, 3,2/1994)

The Nosodes are an important part of a homoeopath's armament. The Nosodes can be prescribed (i) on symptom-similarity, (ii) as a second prescription (a *Calcarea* child with severe pains in the bones at night -*Syphilinum*), (iii) as an intercurrent (iv) where a simillimum is not clear, (v) To begin the treatment where no other remedy is clear, (vi) as a complementary, (vii) for sequelae and complications of acute

infections, (viii) when the patient "has never been well since", (ix) in prolonged convalescence, (x) when a patient does not pick up health after a particular illness, (xi) when several past treatments were unsystematic and hence unsuccessful, (xii) in inherited family diathesis including miasmatic consideration (xiii) the tautopathic use of nosodes and sarcodes, (xiv) Nosodes as better prophylaxis.

78. Role of Nosodes
BHATNAGAR Padamprakash (NJH, 3,2/1994)

This is a brief run-through of the Nosodes and their source, including the Bowel Nosodes.

79. *Lycopodium* in Warts
GUNE Mohan (NJH, 3,2/1994)

Two cases of warts cured by *Lycopodium* prescribed on the 'Generals'.

80. Mummy, I hate Veggies!
MAMGAIN S.K. (NJH, 3,2/1994)]

A 8-year-old girl with lot of warts on her right hand (after *Thuja* M t.d.s. for two weeks! There was only one wart when the prescription was given first), was cured by *Ruta*. (Aversion to vegetables and to antidote *Thuja*)

A 13-year-old girl with a large pea-size wart on the back of right hand between the index and thumb. She also had pain in calves, menses late, copious and painful, severe hypogastric pain on the first day. *Phosphoric acid* 30 t.d.s. for 5 days. Total cure.

82. Surgery? Not a chance! RANAUT
Kulbir Singh (NJH, 3,2/1994)

Case 1: 40-year-old lady, with small warts on her breasts, cracked and ulcerated nipples, dry skin of hands. *Castor equi* 30 one dose daily for 10 days.

Case 2: 10-year-old boy with hard warts covering both his hands; he avoided bathing. Desired sour. *Antimonium crudum* 200, three doses for one day.

Case 3: 20-year-old girl with warts on the back of hands and feet, face. Past history of vaccination. Dreams of falling from height. *Thuja* XM

Case 4: 50-year-old man, with large smooth warts on his neck since 6 years age,

chronic coryza, nose block during rains. He used foul language, "I cannot control it". *Dulcamara* M three doses for one day.

82. Now Here, Now Gone
WADIA S.R. (NJH, 3,2/1994)

The octogenerian homoeopath presents seven cases, briefly, .of warts.

Case 1: An elderly man with over 200 warts on his face. *Thuja* M b.d. for six months (!) had been prescribed by a Dermatologist without benefit. Dr.WADIA gave first *Sulphur* and when the detailed history revealed Cancer in the family *Carcinosin* 200 and then M and all the warts disappeared.

Case 2: 40-year-old male with 30-35 warts on the face and neck. Black warts. Some large, some small; isolated warts on other parts of body. Has taken lot of local and oral Corticosteroids. *Cortisone* 200 three doses; no improvement. *Calcarea carbonica* 30 repeated doses and in 15 days 50% of the warts disappeared. The remedy was repeated in 200 all warts disappeared.

Case 3: 12-year-old boy, with 20-25 warts on his hands, sides of fingers and legs since 6 months. Most of them fairly large, hard and jagged, two orthree were soft. Silver-nitrate had been applied which had caused burns, and warts remained as they were. Since he had been vaccinated every year in his school *Thuja* M and no improvement in 15 days. It was revealed that whenever he was injured while playing, the warts would bleed. Now *Causticum* 30 b.d. and in eight days, the warts had gone.

Case 4: 45-year-old female with warts like corns on the hands, fingers and toes. A corn on the thumb very painful. Soles and heels cracked. Dreams of snakes since childhood. Menses every 3/4 months. *Sulphur* 200 three doses and then *Lac caninum*.

Case 5: 3-year-old girl warts on the face - Molluscum contagiosum. *Thuja*.

Case 6: 36-year-old male with callosities which were hard like rock on the tips of his fingers and near the nails for several years. Past history of several vaccinations, suppressed ringworms and a wart on the forehead. *Thuja*, *Antimonium crudum*, *Sulphur* and then *Carcinosin* (family history of cancer). *Causticum* finally cleared.

- Case 7:** 45-year-old man with chronic dysentery. Two warts on face had been cauterized. Nux vomica and then *Sulphur*.
83. Warts: The Bane of Homoeopathy
BALAKRISHNAN E. (NJH, 3,2/1994)
- Four cases of warts.
84. A Bottle of Warts
PARINAZ HUMRANWALA (NJH, 3,2/1994)
- 13-year-old boy with plenty of warts on palm (right). *Lycopodium* given on the basis of the Mentals and Generals cured.
85. The Rosary
PARTHASARATHY Vishpala (NJH, 3,2/1994)
- 13-year-old boy with warts (Molluscum) on his face and neck; he was obstinate; violent anger, Fear of thunder and darkness, Craving for sweets, Enuresis. *Tuberculinum bovinum* 50M, three doses, cured.
- A lady with more than 100 warts on face was rid of them all with *Lachesis* then *Rhus toxicodendron* and *Tuberculinum bovinum* cleared.
86. Tellurium
SHAH Jawahar (NJH, 3,2/1994)
- A man with multiple warts on face and armpit and ringworm in the groin. *Tellurium* 6x t.d.s. for 7 days.
87. A Case of Multiple Warts
UPADHYA Sameer (NJH, 3,2/1994)
- Calcarea carbonica* M cured a 28-year-old man of multiple warts (75-100) on face,
88. Warts, Polyp, Molluscum..... and Homoeopathy
SONAWALA Sarla (NJH, 3,2/1994)
- Five interesting cases from this veteran homoeopath. She also refers to two cases which did not respond to the homoeopathic medicines
89. Learning from Experience
NAGAR Rashmi (NJH, 3,2/1994)
- Ranunculus bulbosus* for warts on palm/fingers, pedunculated and horny.
90. *Causticum* and not cauterization
- PATEL Paresh (NJH, 3,2/1994)
- Two *Causticum* and one *Silica*, cases
91. Warts: Cases with brief Philosophical Background
JAISWAL G.D. (NJH, 3,2/1994)
- Sycosis and Warts are related in this brief article.
92. And They All Fell Down
TALATI Farida A. (NJH, 3,2/1994)
- 40-year-old man with 200 small, pedunculated warts on his face and neck. He felt that the warts appeared after he took homoeopathic treatment for his chronic dysentery. The dysentery came on after cauterization of a few warts, and these warts came on after the homoeopathic treatment. *Sulphur* cured.
93. A Smoker's Warts
SHETH Parag (NJH, 3,2/1994)
- 22-year-old male with 11 clustered warts on his chin since 2 months. Chronic smoker. Diabetes in both parents. Warts in mother.
- Nitric acid* did not help, but after *Caladium* not only the warts went away but his craving for smoking also became less. (Both the remedies are complementary)
94. World: A Better Place Without Wicked Warts... ?
SONAWALA Sarla (NJH, 3,2/1994)
- Interesting poem.
95. Angio -Cervical Spondylosis
MUDALIAR V.P. (NJH, 3,1/1994)
- The author, 72-year-old, with a history of three heart attacks; chews tobacco regularly, cataract both eyes. History of inguinal hernia and eczema in the lower extremities. Left ventricular failure was diagnosed. He also developed cervical pain, and his neck became paretic. *Rhus toxicodendron* and *Kalmia* in alternation gave good relief. He was also taking Sorbitrate. He now took *Rhus toxicodendron* and *Calcarea carbonica* in alternation.
96. Gastro-enteritis
LAKSHMINARAYANAN D. (mfH, 5,2/1994)

The author asserts that Homoeopathy is the **only** medicine which will cure this condition. He narrates his personal experience in this. Surely, none will disagree.

97. Capsule Cases
LAKSHMINARAYANAN D. (mfH,
5,1&2/1994)

1. Temper tantrums: *Proteus* again - 6 year - old boy; bed - wetting 2-3 times each night; temper tantrums - throw things, beats mother, screams, bangs doors, etc. *Proteus* M one dose daily and at the end of the week, improved. For later symptoms *Ignatia* and *Natrum muriaticum* made him completely well.

2. *Naja* in a Cardiac patient: 64 year-old lady with dyspnoea on walking up a slope. Pressure on upper chest, shoulders and back. Chest pain extending to left arm down to finger tips with numbness. *Latrodectus mactans* 6, three doses helped her sleep on her right side and *Magnesia Phosphorica* 200 palliated acute pain. Pain on stepping out in cold, open air; *Phosphorus* 200 and *Magnesia Phosphorica* 200 palliated. Subsequently *Aurum metallicum* 30, *Spigelia* 30- M. Diagnosed as Coronary Artery disease and prescribed usual drugs, viz. Sorbitrate, Tenormin, etc., but she took only *Spigelia* and Sorbitrate as and when needed. Now she reported that she had pain when she slept on her left side. *Naja* 30 cleared this.

3. Osteomyelitis (by Dr. SURYAPRAKASA RAO): Osteomyelitis at the head of the tibia in a woman in her last months of pregnancy. *Calcareo sulphurica* followed by *Calcareo fluorica* removed the pains and she moved freely.

4. Temper tantrums - Double quick change (Dr. LAKSHMINARAYANAN): 6 year-old boy, peevish, unsmiling, undersized with sub-acute cough; very irritable, throwing things, beating people, etc. *Proteus* 30 b.d. for a fortnight. After a week he developed an egg-sized blind abscess on the frontal aspect of the right axilla. *Myristica* 30 and *Hepar sulphuris* 200, followed by *Silica* 200. So far 14 doses of *Proteus*. Lessons from this case: The abscess appeared within 12 hours of the first dose of *Proteus*. The cough subsided. Irritability and temper tantrums markedly better. *Proteus* must be a great Antipsoric to produce a skin abscess within 12 hrs. and clear the temper tantrums.

5. Ascarides (by Dr.

D. LAKSHMINARAYANAN): *Sabadilla* cured anal itching from ascarides in a boy who had craving for sweets. Desire for sweets is a more important symptom than aggravation from sweets, in this case.

98. Erythroblastosis Foetalis (Ah. Incompatibility - Icterus Neonatarum)
SUAYAPAAKASA AAO B.A. (mfH,
5,2/1994)

In the author's experience Neo-natal icterus of children born to mothers Ah. negative can be prevented by *Crotalus horridus* given to the mother during pregnancy.

99. A Dejected Case of Bronchitis
SHAH Aupal (HTIMES, 1,3/1994)

33-year-old male with Allergic Bronchitis since 20 years every winter. His Father was an allopathic physician. Has been treated by specialists many times.

Remedies like *Arsenicum album*, *Antimonium tartaricum*, *Coccus cacti*, *Kali carbonicum* were all in vain. The 'totality' again pointed to *Calcareo carbonicum* which too did not bring lasting relief. On reconsideration *Psorinum* came through and the remedy immediately produced expected results; M to CM was administered and for last four years when the case was last reviewed no problem during winter. Dejection, was the guiding characteristic. Also the remedy in the highest potency was repeated at more frequent intervals, to even twice a week towards the end-phase of the treatment!

100. An Obstinate Case of Urticaria
VORA Mukesh A. (HTIMES 1' 3/1994)

55-year-old male; Urticaria of two years duration; worse sunset, night, 2-4 a.m., cold drink, cold food, spicy; better by hot application. Desire for sweets, Anxiety if time is set, Fear of being late, of high places, narrow places, of impending disease, etc. *Argentum nitricum* 200 brought no relief at all. *Aurum metallicum* 200 given on reconsideration of the whole case also did not help. Now the patient bitterly complained of the itching, despaired. *Psorinum* 30 was followed by M and then XM, 50M. Then *Sulphur* XM followed by *Psorinum* CM and itching again became worse. *Sulphur* 50M and then *Psorinum* CM gave lasting relief.

101. Cough: A Repertorial Study
SHAH Rajesh (HTIMES 1,3/1994)

This is an interesting exercise in the study of some coughs and their remedies in accordance to the repertory. *Cimicifuga, Arnica montana, Kreosote, Conium, Collinsonia, Coccus cacti, Ignatia*; etc. are some of the remedies studied.

102. A Rare Respiratory Remedy
TRIVEDI Bhavana (HTIMES, 113/1994)

47-year-old man with chronic bronchitis since 15 years. *Hydrocyanic acid* cured. (Fear, trouble, of imaginary; Sentimental; Tranquility.) He had fear while walking along the road that the tall buildings may fall upon him.

103. Cancer of Left Breast -Metastasis to Liver and Ribs
BANERJEE Sanjay (HTIMES, 1,4/1994)

Treatment of a Cancer of the left breast in a post-menopausal woman of 61 years age. The patient has been on *Arsenicum album* LM3 to LM14 during the period 30 April 1993 to 10 December 1993 and the patient was relieved of the pains, could do household work, gained weight. Continuing treatment.

104. Breaking The Delusion
VASANDI Yogesh (HTIMES 1,4/1994)

60 year-old man with anxiety, distension of abdomen, gases, irregular bowels since 6-7 years. Alcoholic since 35 years but has given it up since 5 years. Had been hospitalised for alcoholic liver. Frequent jerking of limbs during sleep. Recurrent dreams of falling and bad automobile accidents. Sympathetic to the suffering people, to those being exploited. Fear of accident while travelling in fast trains. Vertigo on rising from squatting position. *Nux vomica* 30, 200 and M relieved fully. Lesson: remedies should not be stereo-typed into fixed images.

105. Two Cases with Lesser Used Remedies
SHAH Rupal (HTIMES, 1,4/1994)

Case 1: 5 year-old girl; sudden high rise of temperature. Woke up at 1500 hrs. With high fever. Very irritable, cranky, crying and screaming. Generally kept awake a good part of the night. Short sleep and waking crying, restless, tossing about, muttering in sleep. Tonsils inflamed. Face fiery red. *Belladonna* 200, then M did not help. Next day: Fever persists. Threw off the covers at night. Fever

goes up in the afternoon and night after sleep. Demands things and on offering refuses. Constantly weeping, whining, screaming and restless. Jealous of her elder sister. Tonsils: suppuration. Lips, Face and Skin all red all over. *Apis* M t.d.s. for two days rapid improvement.

Case 2: 28 year-old woman. Sudden spells of dizziness, giddiness, momentary deafness, clouding of vision and ringing in ears. Occurs every alternate day since a few months. Joints, especially fingers, swelling; right sided Sciatica; Warts on palms and fingers. Sensitive, easily hurt. Prefers to be alone; Keeps her feelings to herself and brood over; hates to be consoled. Quiet, silent and reserved. Goes out of the way to help people in trouble, financially and otherwise. Generally gloomy and despondent. *Chin-sulph.* was her remedy.

106. A Case of Wilson's Disease
DEVADIGA P.Y., SARDA Chetna
(IJHM, 29,4/1994)

9 year-old boy: Weakness began in the lower extremity (left side) six months ago and now extending to the upper. Abnormal gait and coldness of the affected parts. Choreo-athetoid movements. Strabismus. The Totality: Fear of strangers; of being alone; Dreams of relatives; Coldness of extremities; Hot patient; Craving green vegetables; cold drinks; Aversion, sour; sweets; Grimaces. *Cuprum metallicum* 200, M, XM. Improving progressively.

107. The Hyperkinetic Child
BARVALIA Praful (IJHM, 29,4/1994)
5 year-old boy, hyperactivity, mild mental retardation. Extremely restless; gets cold very often; school performance poor; dull and moody; gets irritated and scratches his head and body. Breathe caesarian baby. Hospitalised thrice. Can write only if someone holds his hand. Sensitive and adamant. Affected by changes of weather. Enjoys music, travel. Pneumonia at 3 years. Talked at two and half years age. Attention deficit at school. Desires salty things and fruits. Mother underwent lot of mental tensions, vexation, etc.

Natrum muriaticum 200 for three consecutive days and improvement began. Suitable counselling was given to the parents particularly the mother, the school also was advised and thus a cohesive structure to the child's environment was provided.

108. Pneumonia Cases
MEHTA Nimish (IJHM, 29,4/1994)

15 month-old girl; second attack of Pneumonia. Recurrent Tracheobronchitis; with Tracheomalacia. This attack of Pneumonia after a cold drink. Very high fever with deep rattling cough, desired to be carried and caressed, clung to mother. Startles in sleep during heat; thirst small quantity frequently. Inflammation right lung. *Phosphorus* 200 four hourly until positive reaction and in two and half days complete recovery.

30 year-old female, unmarried with recurrent chest infections. Currently high fever for last three weeks with rattling cough. Body ache, chilly, lot of gas, severe headache, increased thirst for small, frequent quantity, weepy, burning sole. *Lycopodium* 200 without benefit. Taken off medicine and observed. The totality pointed to *Rhus toxicodendron* which was given in M potency four hourly and in four days improved.

109. Pneumonitis - Treated with ***Arsenicum album***
TRIVEDI Bhavana (IJHM, 29, 4/1994)

3 year-old boy with Pneumonitis.
Bryonia 30, then *Arsenicum album* XM with *Tuberculinum* aviare intercurrent.

110. Bronchial Asthma: A case study from the Research Department
BHATIA Anil, ENGINEER Iaxmi (IJHM, 29,4/1994)

11 year-old boy with childhood bronchial Asthma; on large scale steroids and bronchodilators.

Tubercular miasm; emotional disturbance was found to be the dominant provocation; does not express anger; family history of asthma suppressed by steroids. .

Antimonium arsenicosum for the episodes; *Tuberculinum* for the underlying miasm; *Ignatia* for the inferiority complex, grief, conflict, etc. The bronchodilators and steroids were withdrawn and the above remedies administered according to indications and over a period of eight months there was very good improvement.

111. The Superstitious Man
BARVALIA Praful (IJHM, 29,4/1994)

65 year-old man with severe backache since last ten years, at times paraesthesia.

Severe dyspepsia and poor appetite, slow digestion; feels lot of gas trapped in the joints, limbs, etc. with marked Polyuria. Worse after nocturnal emissions and suppression of sex desire. Suffered Tuberculosis in 1981 and treated with anti-tuberculous medicines and since then tinnitus.

Obsessed with consistency of seminal discharge and loss of vitality. Sexual desire increases if he takes meat and fish. Weak after coition. Feels chilly.

He was brought up by grandparents, strictly religious; his parents had quarrelled and separated. Came away from home and worked in Cloth mills, felt that workers were being exploited etc. Amorous dreams from age 20 caused him much remorse. Guilty feeling and being punished by God. Superstitious. Fixed ideas. Married and did not get along with his wife. Aggressive and violent outbursts. His children do not have free communication with him *Zincum phosphoricum* 200 at infrequent intervals. Allround improvement.

112. Conscientious Straight-forward Industrialist: ***Aurum metallicum***
A case of Osteo-myelitis
BARVE Rajesh (IJHM, 29,4/1994)

40-year-old male with non-healing ulcer in the left tibia after an accident two months ago; the wound did not heal in spite of secondary sutures and a course of antibiotics. Offensive pus oozed from the gaping ulcer. X-ray confirmed Osteomyelitis of left tibia. Patient is short, stout, soft-spoken and is an Industrialist. Loves milk. Aversion to sour food. Sluggish bowels. Occasional bleeding per rectum. Family history of Diabetes and Hypertension. Described as a "simple and straight-forward person"; hates dirty games in business. Angry if any family member goes against these principles. Father came from a village and with his hard work built up an Industry. Honest in his dealings. Loves animals and would like to see them in their natural habitat and not in cages.

Due to certain events he now feels forsaken; spends his time analysing his past.

Aurum metallicum M, four powders were prescribed for one day. Ulcer healed, and x-ray showed sclerotic healed lesions. within a month.

113. A case of Thalassemia
DEVADIGA P.Y., SARDA Chetna
(IJHM, 29,4/1994)

5 year-old-boy with fever since last 3 years, every two months. He keeps playing even during fever. No chill or sweat. Bodyache, fatigue, increased thirst for about half glass of water every few minutes and intolerance of heat in any form, during fever.

History of repeated attacks of upper respiratory tract infection precipitated by exposure to cold. A mild and reserved child. Weeps when scolded, better by consolation. Scared to face people. Craving for biscuits. Scanty perspiration. Blue discoloration of gums. Mild Splenomegaly. Both father and mother showed positive for Thalassemia Screening Test. Haemoglobin Electroporesis was carried out for the patient and it revealed Thalassemia and thus diagnosis confirmed. *Plumbum metallicum* M four doses were given and *Mercurius, Cuprum, Bryonia, Pulsatilla* according to symptoms in-between. At the end of four years he was asymptomatic and was on placebo.

114. Perceiving Conscience Through Repertorial Perspective
GORADIA Tarun (IJHM, 29,4/1994)

This is a brief study of the 'Conscience' (Guilty feeling) rubrics: Anxiety of Conscience (K 6) ; Delusion, that he is a criminal (K 23); Delusion, that he has neglected his duty (K 30); Delusion, that he has neglected his duty and deserves reproach (K 31); Fancies, he has done wrong (K 45); Remorse (K 71); Conscientious about trifles (K 16).

IV. REPERTORY

1. Analyse häufig konsultierter Repertoriums - Rubriken (Analysis of frequently consulted repertory rubrics)
TERLINDEN Michael (ACD, 2, 4/1993 and 3, 2/1994)

The rubric "External throat, collar, clothing aggravates" in the **KENT Repertory** was taken up for study. Also similar rubrics in **KNERR's Repertory of HERING's Guiding Symptoms** and **BOGER's Boenninghausens Characteristics and Repertory** were studied. The subrubrics were also analysed. There are many remedies in the latter which are not found in the former. The source material, viz. **Encyclopaedia, Pure Materia Medica, Chronic Diseases**, etc. were gone through and many remedies that could be added to the rubric came up. The gradation of the remedies have also been examined.

2. Industrious: A Repertorial Journey
SHAH Rajesh (HTIMES, 1, 1/1994)

The study of **Repertory** is challenging because every rubric that you study in the repertory demands that you differentiate the drugs given in that rubric; thus knowledge of the **Materia Medica** improves. The rubric 'Industrious' is taken up for study is this article. *Tarentula, Sepia, Bryonia, Coffea, Drosera, Stannum, Baryta carbonica* have been differentiated well. Interesting study.

3. Sympathy and Consolation
SHAH Rajesh (HTIMES, 1,2/1994)

In this article the rubrics 'Sympathy' and 'Consolation' are studied and differentiated between the remedies.

4. Zur Quellenlage des "**Therapeutischen Taschenbuches**" von BONNINGHAUSEN (The source of BOENNINGHAUSEN's **Theapeutic Pocket-Book**)
WEGENER, A. (ZKH. 38, 4/1994)

Although *Alumina* is represented in HAHNEMANN's **Chronic Diseases** with the symptom 'Sadness', the remedy is not found under this rubric in the **Therapeutic Pocket Book** of BOENNINGHAUSEN. The author explores the methodologies and rules adopted by BOENNINGHAUSEN for entering remedies under specific rubrics. The principle of the **Therapeutic Pocket Book** is also explained.

5. Ankündigung einer neuen Bearbeitung der vorhandenen Repertorien (Announcement of a new compilation of the available repertories)
von KELLER, G. (ZKH, 38,3/1994)

The author proposes to publish a 4 volume repertory which will be differently arranged from the existing repertories. It will contain the complete symptom - location, sensation, modalities and concomitants. While the location and sensation may be to some extent well represented in the existing repertories, the modalities and concomitants are wanting. He has begun his work with 'Modalities' and hopes in 4 or 5 years to complete the work.

6. Beitrag zu den Rubriken des grundlosen und unwillkürlichen Weinens im **Repertorium KENTS** (On the rubrics "causeless weeping" and "weeping,

involuntary" in KENT's **repertory**
 KLUNKER, W. (ZKH, 38,5/1994)

Analyses KENT's rubrics "Weeping, causeless" and "Weeping, involuntary". Limiting the examination to the **Encyclopaedia** and Guiding Symptoms the former rubric could contain only the remedies *bell.*, *camph.*, *graph.*, *hura*, *kali-ar.*, *kali-br.*, *kali-c.*, *kreos.*, *lyc.*, *nat-m.*, *nit-ac.*, *rhus-t.*, *sep.*, *staph.*, *sulph.*, *tarent.*, *viol-o.*, *zinc*. The latter rubric (involuntary) is superfluous, because all weeping is involuntary. This small rubric with only 8 remedies is identical with the general rubric "weeping".

7. Ein System für Abkürzungen homöopathischer Arzneinamen und deren Anordnung in Verzeichnissen (A system for the abbreviation of homoeopathic remedy names and their order in the index)
 PATEL, R.P. (ZKH, 38,6/1994)

A system of abbreviations of remedy names and their arrangement in order to these abbreviations and not to their full names chiefly in repertories is presented, as there are many deficiencies.

8. Die Therapeutische Taschenkartei nach BONNINGHAUSEN/BOGER (The Therapeutic Pocket Cards following BOENNINGHAUSEN/BOGER)
 DEUBELIUS Wolfgang & FUNK Elmar W. (ACD, 3, 3/1994)

According to HAHNEMANN two things are essential for "true" homoeopathic physicians: the diligent study of the pure action of medicines on the healthy persons and the unprejudiced observation of all altered symptoms and signs of the sick persons. Both these required time and long, patient experience, and there was no short-cut -either in the form of tables or a system of quick expositions. In this connection please refer to HAHNEMANN's preface to Volume IV of his **Materia Medica Pura** and also the relevant paragraphs in the **Organon** (paras 83-90 as also the foot-notes to paras 128-134). Homoeopathy is practical therapeutics. He also warned of "theoretical therapeutics" and also more so about the attempts to speculate about the nature of the diseases or analysis of disease processes. Today we see that in this regard there are many homoeopaths who are unable to keep off from these attempts and we see books titled "Nature of the Remedies", "Psyche and Substance" or "Essences of

homoeopathic remedies". How Hahnemannian is KENT when in his lectures he talks about Will and Understanding? Surely it is not HAHNEMANN's spirit that is reflected in this. And KENT's **Repertory** and now the **Synthesis-Repertorium** with over 220000 additions, over 2000 remedies (the first KENT had 700 remedies). How many of these remedies have been **proved** in the Hahnemannian sense? It is all a question of Quality and not Quantity. The Computer is a useful one in Quantity.

That homoeopathic repertories would suffer with such deficiencies was well foreseen by HAHNEMANN and von BOENNINGHAUSEN as may be seen from the Preface to the **Therapeutic Pocket Book**.

The Publisher **Bernd von der Leith** of Hamburg published a few years ago a **Card Repertory** with the works of von BOENNINGHAUSEN and BOGER. It has two parts totalling 1117 cards and has 270 remedies - a very meagre number when compared with "super repertories". However, after working with this **Card Repertory** for three years in the daily practice we can say that it is a big repertory with regard to effectiveness.

Five cases worked with this Card Repertory have been given which shows how with only 3-5 cards one can reach the required remedy.

9. How to Study **Repertory**
 TARAFDAR (HH 19,7-12/1994)

A very brief study in each issue, of the repertories of BOGER- BOENNINGHAUSEN, KENT, PHATAK, SANKARAN's Pocket repertory, BOERICKE's, SYNTHETIC repertories.

10. Repertorisation - The Art of Selecting
 RUEDI Hoppler (HL, 7,4/1994)

The **Repertory** can be used to have a glimpse of a few rubrics, to just get an idea what remedy one should consider or to exclude in the case. One may of course also use it to do a structured repertorisation. This becomes a must in cases where **Materia Medica** knowledge doesn't bring us any further; but also when we use the Computer to get one of these nice outprints. -Dr. Jost KUNZLI has taught this art of repertorisation, and Ruedi HOPPLER, one of his students put together the steps and structure of a proper repertorisation, illustrating it with case examples.

THE STEPS OF REPERTORISATION

Suppositions:

- 1. Medical diagnosis?
- 2. Acute or chronic ailment?
- 3. Living circumstances: Age, Social position, Profession?

The steps:

1. **The strange, rare and peculiar (characteristic) signs and symptoms (§ 153)** relative to the three suppositions mentioned must be selected (What is most striking? What is outstanding?)

2. From these SRP-symptoms those are to be chosen which are **definite and clear** without 'its' and 'buts'. Assumptions and interpretations are dangerous, may mislead.

3. Now weigh and order all these peculiar, definite symptoms which characterise and individualise the patient best. (See "**Value of Symptoms**")

4. Now search for the corresponding Rubrics in the **Repertory**. Always consider cross-references and combine similar rubrics, otherwise the remedy might be missed.

5. Study, compare and verify the remedy in question in the **Materia Medica**, only then should the remedy be chosen.

Important:

- The peculiarity of the individual must be grasped.
- The patient will never show all the symptoms of the remedy but the remedy must cover all characteristic symptoms of the patient.

Value of Symptoms:

1. General Symptoms:

- What influences the over-all condition,
- What concerns the patient as a whole person, or
- What he experiences subjectively as a whole person,
- What influences many (more than 3) symptoms.

1.1 **Mind** (§ 211)- often determining):

a. Emotional sphere (i.e.love, hatred, rage, instincts, fears, imagination, worries, sorrows, aversions, desires, relation to people, life, death)

b. less important are intellectual power and memory.

1.2 **Modalities** concerning the person as a whole (temperature, weather, body movement, body position, touch/pressure, time of day,etc.)

1.3 **Desires and Aversions** (Food, Drinks)

1.4 **Sleep and Dreams**

1.5 **Sexual symptoms**, (including Menses)

1.6 **Secretions/Excretions**

2. Causation:

The causation and the individual reaction to it are sometimes of high value.

3. Concomitant Symptoms

4. Local Symptoms:

Pronounced modalities of local symptoms, which are contrary to the modalities of general symptoms, can be very important, i.e. Phosphorus generally asks for warmth but the stomach does not tolerate warm food or drinks.

5. Pathognomonic Symptoms, Pathology.

Extremely important §258: The determining factor is the totality of the characteristic symptoms.

- 11. i. Warts - A Repertory TARKAS, P.I.
- ii. Warts & condylomata - a Repertory from DOUGLAS' **Skin Diseases**
- iii. Rubrics for Warts in Kent's Repertory WANI, Dyaneshwar R. (NJH, 3,2/1994)
The titles are self-explanatory.

V. VETERINARY

- 1. Homeopatisk behandling av kor

(Hom.oeopathic treatment of cattle)
 JORGENFELT Chris (HLK,3,2/1994)

This article is based on a compendium produced by the author for farmers. It includes therapeutic treatment of a number of common bovine ailments.

2. Veterinary, Materia Medica, and more - Northeast Regional Study Group Meeting
 ISISON Eileen (HT, 14, 7/1994)

Ilse GARRIS spoke on Veterinary tips. She spoke of the treatment of a cat who had thrombosis of the femoral artery with *Lachesis*. Treating animals is similar to humans, only you must be more perceptive. Smell is important because illness changes an animal's odor. Also, notice changes in the animal's body language and texture of the fur. Blood studies are also useful since they can help you know what to treat since the animal can't tell you the problem.

She also gives such tips as *Cantharis* for *Cystitis*, *Argentum nitricum* for fears with diarrhoea, etc.

Some ideas of some general breed constitutional remedies.

- German Shepherd - *Lycopodium*
 - Irish Setter - *Calcarea*
 - Greyhound - *Silica*.
 - Terriers - *Nux vomica*
 - Birds - *Argentum nit. and Thuja*
 - Horses - *Arsenicum and Phosphorus*
3. Dennie's Mystery Illness
 LOWE Joan Scott (HT, 14,9/1994)

Dennie the 15-month-old cat which was usually lively, with good thirst and appetite, was found suddenly to be moping, anorexic and thirstless; and tom cats suddenly appeared, and hang around the house; whenever petted in the behind Dennie arched her behind as if she might be in heat. *Aconite* did not help and so she was taken to a homoeopathic Vet, who gave besides *Aconite*, *Cantharis* and *Pyrogen* to be alternated, after tests for everything was found negative. No improvement. She sat at the open window and moped and refused all food. Now *Pulsatilla* 200 was given and very rapid improvement set in. The Vet. who had neutered Dennie said that in his career he had seen two neutered females go into heat; if even one cell of the ovary was left behind, it could divide and produce enough Progesterone. However, before a blood test could be done on Dennie, she

became her normal self.

The simillimum does so many wonders!

4. Blue Cross to Pay for Homoeopathic Services
 JACOBS Jennifer (HT, 14, 6/1994)

Blue Cross of Washington and Alaska has recently announced a programme, that will cover services from a select group of homoeopathic and naturopathic physicians, as well as acupuncturists. It is available to all residents of Washington state and will be limited to 1000 subscribers.

VI. PHARMACOLOGY

1. Are we using the Medicines Potentised according to Hahnemannian Ways?
 CHOWDHURY P.G. (NJH, 3,2/1994)

Dynamisation of the drug is one of the basic principles of Homoeopathy. Is the dynamisation now being followed according to the method laid down by HAHNEMANN?

2. Do Biochemic Salts act as Placebos?
 BANSAL V.P. (NJH, 3,2/1994)

In the homoeopathic Colleges much is taught about the Biochemic salts and their usage in Homoeopathic Practice. Is it right to consider the Biochemic salts as homoeopathic medicines? Dr. BANSAL and Dr. RANA give their views.

VII. RESEARCH

1. A double-blind randomized placebo controlled study of Cholera treatment with highly diluted and succussed solutions
 GAUCHER C., JEULIN D, PEYCRU P., AMENGUAI C. (BHJ, 83, 3/1994)

A pilot study of homoeopathic treatment of Cholera during an epidemic in Peru appeared to show that it was effective. A subsequent double blind study showed no difference between active homoeopathic treatment and placebo treatment. Various technical problems were encountered. (This only shows the purposelessness of 'double blind' studies insofar as Homoeopathic medicine is concerned = KSS)

2. Critical evaluation of papers reviewing

controlled clinical trials in Homoeopathy
 LINDE K., MELCHART D.,
 BRANDMAIER R., EITEL P. (BHJ, 83,
 3/1994)

An analysis was made of papers reviewing controlled clinical trials designed to assess the efficacy of homoeopathic treatment strategies, the aim being to demonstrate selective and critical assessment of such papers. The papers were systematically collected and evaluated for content and quality using predefined criteria, finally comparing the results. 9 of 41 papers considered in detail after screening the literature met the criteria for inclusion in the analysis. Each considered between 22 and 107 trials. 7 papers met 2 or less of the predefined quality criteria, one met 5 and one 8 criteria. Only 1 of the papers allowed full representation and reproducible evaluation of treatment strategies for the controlled clinical studies considered in that paper. The analysis has shown that review papers must clearly specify issues, objectives, methods of literature screening and quality assessment.

3. A pilot statistical study with homoeopathic potencies of ***Arsenicum album*** in wheat germination as a simple model
 BETTI L., BRIZZI M., NANI D.,
 PERUZZI M. (BHJ,83, 4/1994)

A blind, randomized laboratory trial to study homoeopathic potencies of ***Arsenicum album*** on wheat germination is proposed as a simple model which allows a rigorous statistical analysis. The parametric tests show that the differences between the treatment groups cannot be explained as a mere effect of intrinsic seed variability.

4. ***Viscum album*** preparations inhibit DNA methylation by preventing DNA methyltransferase-induced methyl group transfer.
 DEFIIE J., IWIIERS A., PALS G., KIPP
 J.B.A. ERIKSSON A. W. (BHJ 83,4/1994)

Interactions between ***Viscum album*** (**Iscador**) and DNA sera studied by amplification of specific human pepsinogen A gene promoter sequences by polymerase chain reaction (PCR). Gel retardation assays showed no binding of ***Viscum album*** to these promoter sequences. Incubation of plasmid constructs consisting of human pepsinogen A promoter fragments coupled to the chloramphenicol acetyltransferase (CAT) reporter gene with ***Iscador*** had no effect on

transcriptional activity. Promoter sequences incubated with ***Iscador*** became insensitive to methylation by specific DNA methyltransferases by destruction of DNA methyltransferase activity.

5. Effect of homoeopathic treatment on Filariasis - A single blind 69 months follow-up study in an endemic village in Orissa
 KUMAR Anil, MISHRA N. (BHJ, 83,
 4/1994)

A single blind follow-up study was undertaken to assess the effect of homoeopathic treatment on microfilarial clearance and frequency of filarial fevers in an endemic village in India. Homoeopathic treatment effectively reduced the frequency of filarial fevers by 20% among amicrofilaraemic cases with a higher reduction in cases with genital involvement (36%) and mastitis (57%). However, among asymptomatic microfilaraemia cases, the frequency of filarial fever (attack) had doubled following treatment. There was no additional effect on microfilaria clearance in asymptomatic carriers.

6. Enuresis and its homoeopathic treatment - Study of 20 cases treated with ***Ilex paraguensis***
 CORTINA Jorge (BHJ, 83, 4/1994)

20 children with Enuresis were treated in an open trial with ***Ilex paraguensis*** (mate tea). The treatment lasted 2 months. The results were complete disappearance of the Enuresis and improvement of psychological symptoms in 50%. 10% of the patients improved at the start of the treatment but relapsed. 40% did not respond to treatment. The medicine was given in 6x for the first month and then 6c for another fortnight.

Ilex paraguensis is a tree native to South America - Paraguay, Uruguay, Brazil and Argentina.

The tree grows to a height of 6 - 7 metres. The alkaloid mateine has the properties of Caffeine without its disadvantages. Dr. A. LANCASTER states that the use of mate as an alimentary drink should be encouraged since the chemical analyses show this plant to have almost twice the Caffeine content of Coffee. The celebrated novelist Alexander DUMAS was also a proponent, asserting that he took nothing more than mate with his meals and his dyspepsia disappeared.

In the present investigation the mental picture of the drug presented the following important features: Depression, exaggerated reflexes, anxiety, lack of concentration, irritability, sleepiness, aggressiveness, mental and physical restlessness, talkativeness and taciturnity.

7. Future Directions in Homoeopathic Research
JACOBS Jennifer (JAIH, 87, 3/1994)

Homoeopathic research is important both to demonstrate the efficacy of homoeopathic medicines as well as to improve the practice of Homoeopathy. Three main areas of homoeopathic research are discussed: basic science, clinical, and epidemiological. Suggestions for research in each of these areas are made.

VIII. BIOGRAPHY

1. Professor William BOERICKE
LEWIS Joe A. (HH,19,7/1994)

A brief life-sketch of Dr. Wiliam BOERICKE

2. Great Masters: Dr.M.W.HOLCOMBE
CHAUDHARY Pran Gobind (NJH, 3,2/1994)

A brief article edited from "The Truth about Homoeopathy and how I became a Homoeopath!!" by Dr.M.W.HOLCOMBE.

3. E.A.FARRINGTON
FARRINGTON Harvey (mfh, 5,1&2/1994)

In this two part article which is an extension of an earlier article on the life of the great homoeopath Dr.E.A.FARRINGTON, extensive quotations from Dr.E.A.FARRINGTON are given. Very intersting indeed.

4. Dr.N.M.JAISOORYA, M.D.
LAKSHMINARAYANAN D. (mfh, 5,2/1994)

This is a beautiful tribute to the 'many splendoured life' of Dr.N.M.JAISOORYA,M.D. (1899-1964). The author writes with first-hand knowledge of this great personality, Physician, Parliamentarian, Trade-unionist, and Homoeopath. From the day he got converted to Homoeopathy, he never wrote a single

allopathic prescription, but if he failed in a case he admitted it to his patients and advised them to try any other therapy of their choice. He never kept any secrets but allowed even the raw homoeoath to witness his work and dis-tJSS with him "It was even said that when he was paid a four-figure cheque by a VIP family who had flown him to Madras to visit a terminally ill patient, he returned the cheque with the observation, 'I take fees for treating the living and not the dead'. I was an eye-witness to a remark he made to another physician whose son was seen by him in consultation. The physician offered fees. Dr.JAISOORYA's words still ring in my ears 'Dog doesn't eat dog, take back the fees doctor!'"

IX. HISTORY

1. American Medicine: Where We've Been and Where We're Going.
COUITER Harris I. (JAIH, 87,3/1994)

This is a paper presented at the 150th Anniversary celebrations of the AIH, 1994.

In this presentation Dr. COUITER contrasts Empirical Medicine, of which Homoeopathy is a part, with Rationalistic medicine, the culmination of which is modern Allopathy. He then details the history of the split that occurred in American Medicine in the 1830s which eventually led to the organization of the AIH in 1844 and the AMA in 1846. The rise and later decline of Homoeopathy within the United States is discussed. A most important factor in the near demise of Homoeopathy in this country proved to be the desire of Raationalist homoeopaths--those using Homoeopathy according to the prevailing allopathic mode--to join the ranks of the AMA. From 1903 to the 1960s Allopathy flourished, but in the 1960s the alternative medicine movement began to grow and has since gained considerable momentum. Once again the Empiricist-Rationalist dichotomy is manifest. Dr. COUITER goes on to identify examples of Empiricist trends within modern allopathic Rationalism, specifically in the fields of Immunology and Pharmacology. Especially interesting are his illustrations of the homoeopathic genesis of preventive and therapeutic immunizations. He closes with the conclusion that Empiricism and Rationalism cannot be reconciled. Our task as homoeopaths, therefore, is to facilitate Homoeopathy's growth. In the 1 9th century our disastrous error was in letting the gulf between hahnemannian and non-hahnemannian practitioners too wide, resulting

in excessive antagonism between the two groups. We must be certain that we avoid such an error in the future. Dr. COUITER calls on us to weaken the political and institutional power of Allopathy by working toward the passage of more liberal medical practice acts in each State.

2. Endangered Species
PANOS Maesimund (JAIH, 87,3/1994)

Dr.PANOS speaks of her introduction to medicine and Homoeopathy, of her apprenticeship with Dr.Julia GREEN, and of her homoeopathic practice and teaching duties. It is very interesting to read that she had the privilege to know stalwarts like Arthur H.GRIMMER, Allen D.SUTHERLAND, William A.BOYSON, T .K.MOORE, Wilbur BOND, Juila Minerva GREEN (with whom she studied), Edward C.WHITMONT, etc. Dr.PANOS' father and grand-father, her uncle were all homoeopaths. She affords us a perspective on what it was like to practise when there were so very few homoeopathic physicians holding the fort, and when doctors engaged in a more personal and informed style of medicine. She speaks of the present day "defensive medicine" and that the family physician is the "Endangered species" and that may be it is the patient who is now "endangered"!

3. Reflections on Fifty Years of Homoeopathy NEISWANDER Allen (JAIH, 87,3/1994)

Dr.NEISWANDER reviews the fascinating history of Homoeopathy abroad and in the United States with Special focus on the momentous political developments that so greatly influenced our ability to practise Homoeopathy now and the staunch homoeopathic physicians who gave unselfishly of their time and energy to assure the survival and growth of Homoeopathy in the USA.

4. Excerpts from the History of Homoeopathy and its Institutions in America (HH, 19, 7-12/1994)

The Homoeopathic Heritage has been publishing "excerpts" under the above title since last two years and with the December 1994 issue have covered 30 parts.

X. GENERAL

1. Neue wissenschaftliche Erkenntnisse und ihre Bedeutung fur die Klassische

Homoeopathie (New scientific knowledge and their significance to Homoeopathy)
FURLLENMEIER, M. (ZKH, 38, 4/1994)

The author refers to paradigm shift; from part to the whole, structure to process, objective to "epistemic" science, discussed by Fritjof CAPRA in his book **The Turning Point**. In 1996 it will be 200 years since the Principles of Homoeopathy was born. In these two hundred years the principles of Homoeopathy have proved to be the ideas that point the way ahead. Nevertheless Homoeopathy must keep itself open for further progress in accordance with new facts and findings.

2. Von manuellem zu maschinellem Potenzieren: Geschichte und Entwicklung von Potenziermaschinen (From manual to machine potentization: History and Development of Potentizing machines)
GRIMM, A. (ZKH, 38, 5/1994)

The development of potentizing machines is investigated from the first ideas to their construction.HAHNEMANN (1755-1843) has only made a brief reference in one place about machine potentising (footnote to § 270 **Organon** VI edn.) The author examines what HAHNEMANN, BONNINGHAUSEN (1785-1864) and HERING (1800-1880) opined about machine potentization. He goes on to detail the history of machine potentization and deals with nine inventors of such machines and their processes (succussion/fluxion). In this Benoit MURE (1809-1858), Carrol DUNHAM (1828-1877), Bernhard FINCKE (1821-1893), Henry C.ALIEN (1825-1906), James Tyler KENT (1849-1916) are mentioned. That machine potentised remedies were widely used successfully is also cited.

3. Samuel HAHNEMANN und Beziehung zwischen Homoeopathie und Mesmerismus (Samuel HAHNEMANN and the relationship between Homoeopathy and Mesmerism)
EPPENICH, H. (ZKH, 38,4/1994)

Starting with a hitherto unpublished manuscript of HAHNEMANN the author shows that the founder of Homoeopathy considered Mesmerism as a method of treatment equally entitled to Homoeopathy, though other contemporary homoeopaths tried to classify mesmerism as a homoeopathic remedy. The combination of Homoeopathy and Mesmerism was for HAHNEMANN the most accomplished

way of healing.

4. The Periodic Table, Central Mind Symptoms, Chemical Properties & Uses ANDREWS Mike (Homoeopath, 54/1994)

The Periodic Table was originally formulated in 1869 by MENDELEEV, according to the atomic weights of the elements. Rajan SANKARAN stimulated the interest in the study of the Periodic Table and understanding the homoeopathic remedies on that basis. This is used more in understanding of the compound remedies. Remedies can be understood in their relationship to the other elements. Just as remedies are studied as Plant remedies and the relationship of the plants, study of remedies in groups, etc. the Periodic Table helps understanding of the Elements in their own state and in their compound state and their relationship. (Read Dr. Rajan SANKARAN's **The Substance of Homoeopathy**).

5. The Periodic Table HOI T Helen (The Homoeopath, 54/1994)

This article briefly makes one acquainted with the 'Periodic Table'. Attention is drawn to Dr. Rajan SANKARAN and Jan SCHOITEN and their work in this regard.

6. Need Homoeopathy be a Science? CASSAM Amir (The Homoeopath, 54/1994)

There have been several articles in the past on this subject ('Is Medicine a Science', 'Is Homoeopathy a Science', 'Is Homoeopathy a Science or Art', 'The Scientificity of Homoeopathy', etc.) Several writers, very well qualified in the Sciences, have 'researched' on the bio-medical models (double-blind, cross-over, et al.) to prove that Homoeopathy is a 'Science'. Somehow all these authors have been trying to 'fit' Homoeopathy into 'Science'.

The author in this article therefore rightly raises the question whether Homoeopathy **need** be a Science. He also brings evidences from such scholars as Paul FEYARABEND, Ashis NANDY, Fritjof CAPRA to understand as to what 'science' actually is.

7. Towards a Research & Development Strategy for Complementary Medicine St. GEORGE David (The Homoeopath, 54/1994)

Complementary Medicines cannot fit into the bio-medical paradigm and therefore researches in complementary medicines which transcend the view of life as mere molecules, have to follow the new paradigm evolved in the second half of this century. Intra professional research will improve and strengthen the complementary medicine's ability to meet the needs of the patients who consult complementary practitioners. The time has come for complementary medicine to turn away from the need to obtain legitimacy from orthodox medicine.

8. The Responsibility for Healing: The Patient and The Practitioner COOPER Guy (The Homoeopath, 54/1994)

Homoeopathy helps persons to heal themselves by stimulating the individual's own Vital Force. This makes the patient responsible for his/her healthy state.

The author has drawn inspiration from Dr. Rajan SANKARAN and Edward WHITMONT. While we help one to heal oneself, the healer has to heal his wounds also, deal with his own delusions. The healer may also cause wound.

9. Full of soul SOBOL Serena (The Homoeopath, 54/1994)

With the help of Depth Psychology, the author concludes that Homoeopathy Practice is 'full of soul'.

10. Dedication and Professional Homoeopathy WHITNEY Jerome (The Homoeopath, 54/1994)

The history of Homoeopathy in the USA and Britain is mentioned. It was the non-medical people who spread Homoeopathy in USA until medically qualified 'doctors' were found. In Britain the Institute of Homoeopathy was formed in 1946, of truly professional homoeopaths. In 1970 a small group of non-doctor homoeopaths joined together and founded the Society of Homoeopaths and this has progressed and has been responsible for the spread of quality Homoeopathy in the U.K.

Homoeopathy has now to face two materialistic challenges, from two directions: From without: the materialism inherent in the Common Market. Technical directives to control all aspects of human activity in order to create a homogenised consumer base. From within: The

desire for status, as many homoeopaths yearn to be accepted by and as doctors, by having letters and degrees after their names.

What is needed is to keep the spirit of Homoeopathy alive, to keep our vision focussed on Homoeopathy, as the story of the evolution of professionalism, not for certification as a medical technology, but as dedication to the principles of healing.

The author rightly recalls that it was dedication that motivated lay homoeopaths to teach Homoeopathy in homes during the blitz and to hold classes after the war when all of society became transfixed by the apparent miracles of antibiotic medicine. The era of the doctor-dominated Homoeopathy was symbolically signalled by the tragic Trident plane crash in 1972, and non-doctor homoeopaths rose to provide the growing need for professional homoeopaths.

As long as we are led by dedication to the spirit of Homoeopathy, and not the minimum materialistic needs of performance, then the golden age will continue.

11. Describing and improving Homoeopathy
 - Use of systematic data collection
 VAN HASELEN R. (BHJ, 83,3/1994)

Large scale data collection combined with modern information technology is a powerful tool to evaluate the efficacy and safety of Homoeopathy. It also has great potential to improve homoeopathic practice. Data collection has not been widely used in Homoeopathy. This appears to be due to the clumsiness of the methodology and the perception that it is of little value to daily practice. 3 protocols addressing different aspects of this issue are presented.

- A proposal to establish common basic data collection methodology for homoeopaths throughout Europe.

- A systematic survey of the results of homoeopathic treatment of patients with Rheumatoid Arthritis judging by the improvement in the quality of life and objective assessments.

- Verification of a set of the results of homoeopathic prescribing features for Rhus toxicodendron.

These proposals are designed to be 'user-friendly' and to provide practical

information relevant to daily homoeopathic practice.

12. The perennial challenge of anomalies at the frontiers of science
 RUBIK Beverley (BHJ, 83, 3/1994)

The history of science is full of rejections of novel discoveries that challenged the dominant paradigm. The reasons for rejection on the part of the scientific community are discussed. Nonetheless, scientific anomalies are crucial to promoting continuous scientific innovation and breakthroughs. The most challenging anomalies are recongnized only after a reasoned explanation has been offered and accepted. Many of these anomalies come from the 'frontier sciences', areas of scientific inquiry that are not yet mainstream. The extraordinary obstacles that frontier scientists face are elaborated. In the light of this, strategies are offered toward progress, particularly for research in Homoeopathy and low dose bio-effects.

Several frontier areas of research in biology and medicine relate to the subtler features of life that seem to defy explanation by conventional molecular mechanism. Frontier scientists working in the areas of consciousness studies, epigenetic inheritance, certain topics in bio-electromagnetics, and Homoeopathy and other low dose bio-effects offer science the gift of new questions that go beyond the dominant paradigm of mechanical reductionism. Often regarded as isolated anomalies by the mainstream, the results of their investigations taken collectively show the need for a larger paradigm to accommodate them. Biology appears to be entering a crisis. Whereas conventional science maintains that biological information is stored and manifested via biomolecular structures such as DNA, the novel frontier findings suggest that other informational signals not attributable to discrete chemical structures may elicit biological effects. These signals may be interacting with a more subtle bioregulatory system that is a property of the whole organism, such as its endogenous electromagnetic field.

13. **Homeindex** New computerized bibliographical database of homoeopathic literature
 MESQUITAA., MARTINSC.C., CEPEDAL.M.R. (BHJ, 83,4/1994)

Homeindex is a bibliographic database in which everything published in the

field of Homoeopathy is progressively filed. The methods adopted are those used by major international medical databases (MEDLINE, LILACS), allowing data exchange.

Homeindex radically changes the situation for dissemination, study, preservation and research of homoeopathic works. It takes Homoeopathy out of an archaic phase when work was inaccessible and fragmented and into the modern era.

The developmet of this work included some unique achievements:

Introduction of Homoeopathy as recognized literature in international institutions

- Adoption of homomopathic terms (key-words) in official Latin American medical catalogues
- Creation of a Latin American reference centre, for cataloguing and disseminating homoeopathic literature
- The introduction of homoeopathic papers to international medical database.(Readers' attention is invited to the fact that the Quarterly Homoeopathic Digest -QHD -has been doing similar service since some years although not on computer dabbase; the QHD has quite a vast 'Index' and what is more, also abstracts/summaries. Unfortunately the subscribers for this unique literature are far too few. = KSS)

14. The Future of Homoeopathy in the American Health Care System
CHAPMAN Edward (JAIH, 87,3/1994)

In this far-ranging review of the state of Homoeopathy in the United States, Dr. CHAPMAN comments upon the impact a national health care plan could have on us, our relationship with other homoeopathic professionals, directions for future homoeopathic medical education, and the controversial topic of certification and licensure of non-medically qualified practitioners. He shares his vision of the future and the choices we must make.

15. Who Needs the A.I.H. ?/ A Brief Pep Talk.
MOSKOWITZ Richard (JAIH, 87,4/1994)

Dr. MOSKOWITZ speaks of the role the medical and Osteopathic physicians in the AI H

can play in facilitating communication with the non-homoeopathic colleagues and the general public. By developing a rapport with these colleagues and establishing a common language to explain our unique perspective on health and disease we could eventually profoundly influence the course of medicine and medical research. He also suggests that all homoeopaths of whatever stripe disrgard our philosophical and methodological differences and unite on the basis of our shared ethics pertaining to our very special relationship with our patients.

16. Fads, Trends, and Dogma Undermining the Quality of The Practice of Homoeopathy in America
SAINÉ Andre (JAIH, 87,4/1994)

This is a very interesting presentation. The development of homoeopathic therapeutics right from its inception, and in the process the teachings of the many famous figures are considered: BOENNINGHAUSEN, KENT, H.C.ALLEN, LIPPE, HERING, PASCHERO, PIERRE SCHMIDT, SWAN, SCHUSSLER, BACH, HUGHES, etc. He differentiates the 'opinions' from 'factual'. He also points out certain contradictions in **HERING's Law**, the **Miasms**. The importance of understanding the genuine Provings and the verification by cures, is stressed. He also says that many **Materia Medicas** that have been appearing recently are non-Hahnemannian. A scholarly presentation.

17. The Tissue Remedies their Minuteness
MANNA P.K. (HH,19,8/1994)
This is a very brief essay on the Tissue Remedies.

18. Yogic Thought in Homoeopathic Principles and my Personal Experiences
BIHARI Golok (HH, 19,8/1994)

Both Yoga and homoeopathy target tha Prana. The author suggests that every Yoga institution maintain a homoeopathic doctor too.

19. Scope of Surrogate in Homoeopathy
SARKAR Soumitra (HH,19,8/1994)

There can be no 'surrogate' medicine in Homoeopathy, only **the only** medicine would be the similitimum.

20. The Mythology of Modern Medicine - IV
KOTHARI Manu V.L., MEHTA Lopa A. (mfh,5,2/1994)

The authors, in their characteristic manner, dispel the myth of HIV virus causing AIDS. Exhaustive references have been given. The pun: HIV - Heuristically Important Virus; AIDS - Advances Induced Deficiency Syndromes, tell what the article will reveal. To be read and pondered over, by everyone particularly the homoeopaths.

21. Where is Science in the Medical Establishment?
LAKSHMINARAYANAN D. (mfh, 5,2,/1994)

"This question applies mostly to the orthodox medical practitioners, their civil, military and research wings in colleges, laboratories and includes the individual lone shark intent on research. It applies with equal validity to the modern breed of homoeopaths, some of them messiahs of individualised brand of homoeopathy, the itinerant preachers spreading their gospel across the continents. "Some two years ago xeroxed copies of my article on the futility of the modern methods of scientific assessment of the validity of homoeopathic immunisation were sent by an American friend to about a dozen leading names in the US homoeopathic scene with a request to offer comments. This article proposed the revival of an earlier aborted study, scientific, approved and irrefutable..... All that my article elicited was a thundering collective silence. This bunch of people selected, included at least one name with strong anti-immunising views, expressed in writing in a book, highly priced and reviewed by many modern homoeopathic journals."

Dr. LAKSHMINARAYANAN proceeds to quote Dr. Elizabeth Wright HUBBARD regarding her futile attempts to make the American Medical establishments carry out some simple test "of great importance to mankind" i.e., a test that would help find out as to who is susceptible to polio and who is not - and thus eliminate the mass immunisation.

XI. BOOKS

1. **Tinnitus -Ganzheitlich behandelt mit Homöopathie und Akupunktur (Tinnitus -wholistically treated with Homoeopathy and Acupuncture), T.ALTRÖCK, 371 pp. Karl F.Haug Verlag, Heidelberg 1993, DM 98, - (German) reviewed by A. WEGENER (ZKH, 38,3/1994):** "The authoress has dedicated herself in the recent years to the treatment of Tinnitus patients and writes her experiences in this book. She could heal most of the patients with a combination of Homoeopathy and

Acupuncture... What is remarkable is that in more than 50% of the cases dental amalgam has been found to be the main cause of the tinnitus The best success seem to have come from a combination of Ear-acupuncture and Homoeopathy."

2. **Homooquest -- Lernkarten (Homoeoquest - Study cards), A.HOLLING, 1500 karten. HomooMedia- Verlag, Munster 1994 DM 199,- (German) reviewed by A. WEGENER (ZKH, 38, 3/1994):** "1,500 record cards in DIN A7 format with a question on one side and the answer on the other. 1000 cards sub-divided as beginners and advanced cover the well-known material from the Materia Medica of NASH and 500 cards trains for repertorisation. Warmly recommended as learning material for learning the Materia Medica and Repertory."

3. **Homöopathische Behandlung Ihres Kindes (Homoeopathic treatment of your child), by I. PLATTNER, J. GRATZ. Fragebogen 16 S. Vertrieb A.Gratz. Starnberg 1993 DM 5, - (German) reviewed by A. WEGENER (ZKH, 38,3/1994):** "In 16 pages all the questions required for obtaining information necessary for treating children have been thoroughly dealt with..."

4. **Die homöopathische Praxis (Homoeopathic Practice) by W. OUILISCH. 4. unverand. Aufl. 192 S., kart., Hippokrates, Stuttgart 1993, DM 48, (German) reviewed by A. WEGENER: (ZKH, 38, 3/1994)** "In his book which appeared first in 1955 OUILISCH helps the beginner to learn the 'Leaders' for homoeopathic practice. Alphabetically arranged the frequently met with diagnoses and their remedies with differential diagnosis of the leading symptoms, have been given... The book can be therefore recommended despite somewhat high price."

5. **Zu Zeiten Hahnemanns (The Times of Hahnemann), H.SPEISER, 209,S., 16 Abb., Kart., Selbstverlag. Goppingen 1993, DM 45, (German) reviewed by GENNEPER (ZKH, 38, 3/1994):** "The development of a man cannot be dissociated from the historical, political, and cultural milieu with which he is connected. In the accompanying factors in the life of S. HAHNEMANN, the author endeavours to have glimpses of the beacon lights in the important developments around the world. ...an interesting and well written book in which flow of the writing is marred by countless errors of punctuation which should not be in a self-publication."

6. **Ischias-Repertorium (Repertory of Sciatica)** by F. WITZIG, 113 S., Barthel & Barthel Verlag, Sch8ftlarn 1993, DM 38, - (German) reviewed by A. WEGENER (ZKH, 38 3/1994) "The author has expanded the Kent's Repertory with reference to the rubrics for sciatica, from various old and new sources and made it more complete. It has so much material that out of one rubric a whole booklet could be had..."

7. **Documenta Homoeopathica, Bd. 13, DORCSI, M., SWOBODA, F. (Hrsg.) 260 S., Verlag Wilhelm Maudrich, Wien 1993, DM 115. -(German) reviewed by GENNEPER** (ZKH, 38, 4/1994): "As in the earlier years, the editors of the "Documenta Homoeopathica" have been successful in bringing about a book with contributions representing different streams in Homoeopathy. The essay of J. BAUR "Allgemeine Prinzipien der homoopathischen Anamnese" (General principles of homoeopathic anamnesis) and F. DELLMOUR's "Die Entwicklung der Potenzierung bei Samuel Hahnemann" (Evolution of Hahnemann's potentization) may be regarded as the connecting link; both are very interesting. Homoeopathic history, Cases and Materia Medica are the further main articles..."

8. **Unsere Katze - gesund durch Homöopathie (Our Cats - health with Homoeopathy), H.G. WOLFF, 6 Aufl. 160 S., Sonntag Verlag, Stuttgart 1994 DM 29, - (German), review by KLUNKER** (ZKH, 38, 4/1994): Very highly recommended.

9. **Homöopathie in der Sportsmedizin (Homoeopathy in Sports Medicine), REUTER, H., 184 S., geb., Sonntag Verlag, Stuttgart 1994, DM 54, - (German) reviewed by GENNEPER** (ZKH, 38, 4/1994): "...In view of the therapeutically interesting sections this is a practical book for every homoeopathic practitioner."

10. **Homöopathie und Schulmedizin. Zur Soziologie eines Konflikts. (Homoeopathy and the Orthodox Medicine. On the sociology of a Conflict, R. TWENHOFEL 102 S., Karl F. Haug Verlag, Heidelberg 1994, DM 34,80. (German), review by KLUNKER** (ZKH, 38, 4/1994): "The conflict between the Orthodox medicine and Homoeopathy has been carried on between the parties since 200 years indeed, but no attempt has been made to examine it against a sociological background... Overall the author appears to have succeeded..."

11. **Marihuana - The Forbidden Medicine** by L. GRINSPOON, J.B. BAKALAR, 185,pp. Yale University Press, New Haven, London 1993 £ 15.95 reviewed by APPELL, (A HZ, 239, 4/1994): Upto the 19th century the healing power of *Cannabis indica* and *Cannabis sativa* was known to be valuable and HAHNEMANN in his **Materia Medica Pura** detailed the many diseases in which the juice of Hemp could be used with success. For various reasons however Marihuana was not only incriminated as hallucinogenic drug but also as a curative remedy - even as a homoeopathic medicine although the high potencies do not, according to the licensing authorities, manifest any action. When now a reputed American University publication comes to verify the restrictive status against Cannabis with the examples selected well-documented patient protocols and refers to therapeutic needs, it cannot be without significance to Homoeopathy... The indications listed by the authors include among others, the sicknesses from Chemotherapy, chronic pains, Migraine, Insomnia, Glaucoma and Epilepsy... An important book..."

12. **Über die Verborgeneheit der Gesundheit, (On the Secrets of Health) H. - G. GADAMER, 215 S., geb., Suhrkamp Verlag, Frankfurt 1993. DM 22, 80 -, (German) reviewed by APPELL** (A HZ, 239, 4/1994): "...Hans-Georg GADAMER, the nestor of German Philosophers expounds in many essays and lectures on the theme of Health and Disease. Reading his reflections will soon make us wise that the daily intimate acquaintance with disease has blocked our view what health could be, that health is found hiding in the inner harmony or better again will be achieved. Thus considered, the question is what proper cure is, a newdeeperdimension, which every therapist should apply daily. ..."

13. **Zwischen Feuer und Wasser. Gestalten und Prozesse in Mineralreich. (Between Fire and Water. Forms and Processes in Mineral kingdom), WIMMANAUER, W. 312 S. 144 meist farb. Abb. 93 Zeichn., Verlag Urachaus, Stuttgart 1992, DM 88, - (German). reviewed by APPELL** (A HZ, 239, 5/1994): "The understanding of Nature has come closer due to the researches in recent years. From simple signature theory, free associations, archetypes, to literary remedy portraits. Not only for example from GUTMANN, WHITMONT who found much which have been added to our knowledge of remedies. The lack of further knowledge about mineral remedies could be filled in by this book

by WOLFGANG WIMMENAUER..."

14. Homöopathische Reisefibel. Ein Begleiter für unbeschwertes Reisen. (Homoeopathic Primer for Travel. A Guide for easy travel), N. ENDERS, 138 s., brosch. Karl F.Haug Verlag, Heidelberg 1992, DM 24, 80. (German) review by BERGHOF (A HZ, 239, 6/1994) : The author, a homoeopathic physician from the Vienna School has put together a complete homoeopathic travel medical pharmacy. The author has rightly said that the book cannot be used without knowledge and understanding of the principles of Homoeopathy.

15. Homöotherapia psichiatrischer und psychosomatischer Erkrankungen. Ein klinisch-homöopathisches Kompendium. (Homoeotherapy of the psychiatrically and psychosomatically sick. A Compendium of clinical Homoeopathy), GAISBAUER, M., 2. Aufl. 179 S., kart., Sonntag-Verlag, Stuttgart 1992, DM 44, - (German) review by BERGHOF (A HZ, 239, 6/1994): The author, Chief of Wholistic and Nature therapy Clinic in Hohenkirchen, Munich has placed before us a compendium on the therapeutic possibilities of Homoeopathy in the Psychiatric and Psychosomatic ailments.... A compendium which can handle in only 173 pages such a complex and specialty subject can only give guidelines for the remedy and the author rightly says that the choice must be the medicine indicated on the totality "

16. The Homeopathic Emergency Guide, Thomas KRUZEL, ND. Berkeley, California, North Atlantic Books and Homeopathic Educational Services, 1993 ISBN 1-55643-13-6. \$16.95. reviewed by Andrea J. PEISER (BHJ, 83,3/1994): "... Conditions are listed in alphabetical order, and for each there is a brief description, followed by an indication of what constitutes an emergency or requires a doctor's evaluation ...The book, then, is best viewed as a tool. In the right hands it can be a useful quick reference guide, a memory jogger rather than fundamental source, whereas in the wrong hands harm could be done "

17. Temas de Investigacion en Homeopatía. Jacques BENVENISTE and Josefina SANCHEZ RESEINZ. Mexico: Propulsora de Homeopatía S.A. Pp.151. Pesetas 3,500. reviewed by Louisa QUERALT (BHJ, 83,3/1994) : "This is the only book I have come across which treats research in Homoeopathy in modern terms The book views several scientific investigations of homoeopathic

medicines in animals, provings and clinical trials Publications of this kind have previously only appeared in journals. I recommend this book to all homoeopathic physicians, and also members of the medical profession who are interested in the therapeutic method called Homoeopathy but do not practise it. To sum up, the book is a useful contribution to be included in the data base on scientific research in Homoeopathy."

18. Homoeopathy for Pregnancy and Nursing Mothers ISBN 0946670 17 X. Homoeopathy for Babies and Children ISBN 0946670 15 3. Both books by Trevor SMITH. Worthing: Insight Editions. £6.95 each. reviewed by Christina SCOTT MONCRIEF (BHJ, 83, 3/1994): " Both these books can be safely recommended as guides to self-medication as the author clearly limits what can be safely tackled by parents without medical knowledge " .

19. Mental Symptoms in Homoeopathy, Luis DETINIS, MD. Clinical Professor at the Argentine School of Homoeopathic Medicine. Translated by J.N. CHURCHILL. Beaconsfield ISBN 0-90584-34-5. reviewed by J.M.ENGLISH (BHJ, 83,4/1994): "Although Homoeopathy flourishes in Argentina, translated publications thence are regrettably rare, so Beaconsfield Publishers are to be congratulated on producing this most welcome volume. Let us hope it is first of many. After asserting, with Organon support, the prime importance of mental symptoms, and their relative difficulty in case taking, Dr. DETINIS seeks to explain and interpret some of the entries in KENT's or the Synthetic Repertory, which he annotates I think this is a book more for the advanced learner than the beginner."

20. Effects of Homoeopathic medicines on Children with Recurrent Respiratory infections. Elly DE LANGE. Amsterdam: Vrije Universiteit 1993. ISBN 90-9006151-7. reviewed by J.M.ENGLISH (BHJ, 83,4/1994):" an excellent book." (A lengthy and critical review).

XII. NEWS & NOTES

I. "Is there such a thing as the Nature of the Remedy?" was the theme of discussion in the 48th Congress of the LIGA, Vienna, 1993. Is there a Nature of a remedy and if so how to recognise it? The following were the participants in the Round - Table discussion: (i) Dr.Rainer G.APPELL, Berlin (ii) Dr. Werner BUCHMANN,

Hamburg (iii) Dr. Alexander DELINICK, Athens (iv) Prof. Dr.Mathias DORCSI, Vienna now in Munich (v) Dr.Juan S. SCHAFFER, Buenos Aires. Following is an extract from the Summary given in the **AHZ, 239, 4/1994** by Dr.Helga LESIGANG:

Dr.BUCHMANN: Basically the Nature of the remedy may be defined as the energy. HAHNEMANN was unswerving in this idea. He called this energy or power as a "Power to alter the health of the human". This specific power which a remedy has is revealed in every remedy in its different structure and disposition. A remedy proving shows what remedy-effect will be produced in me. The physician should ask: "who am I? , what is it that is deepest in me?" How difficult the answer is, Friedric NIETZSCHE tells us in a poem. He uses two words in the beginning which you should please take note of: the foe and friend are the words and this can be extended and said, that is indeed precisely the situation which we find in Homoeopathy. The remedy which is my friend in the healing is the foe in toxicology.

A second aspect is the Energy Field.

Prof.Dr.DORCSI: We speak words without knowing at all as to what they indicate, e.g. the word "Nature". Reference to the Dictionary does not only give the meanings "actual", "particular", but also "decay", "disorder". In my opinion the actual nature of the homoeopathic remedy, that it comes from the same Nature from the same creation like Man, that they have kept apace with history and therefore similar to us. Like Man every remedy has its name. The name of the remedy is a source of its Nature. Every remedy has its name, its origin, history and place and family, like a Man.

Dr.SCHAFFER: I will attempt to present a comparative study from which it will be seen that Nature is expressed in the symptoms, and also in the language of symbols. As a Spanish writer said: "When the structure of the soul collapses, the body manifests the ruins." Let us consider the physical symptoms of *Lycopodium* speaking to us and think of the mental "synthetic" symptom for which it is the only remedy: "Fear, that he would not reach his goal", and study the Symptoms No.580, 622, 1457, 1458, 1411 and 1549 in HAHNEMANN's **Materia Medica**; also the stammering speech in the last word in a sentence and the "dream of tree". *Lycopodium* appears only as Moss now and which thousands of years before was a tree;

cannot attain its destiny (as tree)! That is the synthesis of the essential thing: cannot reach his goal.

Dr.APPELL: When we speak of the Nature of the remedy it means that we accept this Nature. I do not think that an Orthodox physician will speak of the Nature of an Antibiotic or an Antihistamine. We are, as Prof. DORCSI said, in the presence of a primary similarity-relationship with a remedy, since we are part of the evolution and bear in us history, the present and the potentiality. When we accept this evolutionary moment, the division as organised and unorganised substance is purely arbitrary, since ultimately we have to do with the so-called inorganic field with congealed experience. The inorganic field is governed by form-giving power, think of the multiforms of the ice crystal. We have to do with the multiform of the living. This congealed experience, through the process of potentisation and dynamisation, recalls the process of life, so as to disengage itself from human rigidity and entanglement and constraints as disease. When we obtain toxicological symptoms by provings on the healthy and what we obtain as symptoms from the sick persons, we get an idea of the nature of the remedy.

We may recall two homoeopaths who emigrated from Austria - GUTMANN and WHITMONT, who have written many essays on the **Nature of the remedy (Das Wesen der Arznei)**

Dr.DELINICK: I would like to begin with a situation: Imagine that an accident occurred on the road and the Police came and asked the passers-by who had seen the accident: "What happened here?" If there were 5 people who had seen, there will normally be five different reports. What does it mean? These 5 individuals have different view points because they saw the accident from different places. There is also a difference in their views. The nature of the homoeopathic medicine can also be so considered. There are different opinions, what is more there is a historic perspective. The Nature of the remedy is a Dynamism, a Power, Dr.BUCHMANN said. That is so with HAHNEMANN. He is also a product of his social milieu, his experiences. For him Vitalism was an Idea, the Life Force very important, that was the historic perspective of that time. Now, 200 years later we see the homoeopathic medicine as not merely a plant, an organic substance, but it is above all a potentised substance. The dilution, the succussion that actually is the nature of the

homoeopathic remedy.

Dr.LESIGANG: It is important that we are all able to get on with this thought process. I would like to put a question and that is about the nature of humans. We all work with humans. The person is better understood by me rather than the medicine. I am myself a man. I can think about me myself, and I can also contemplate on my "you". I request you to please give your views about this.

Participant from the Congress: I am from Germany. I think that the remedy by itself as such has no Nature but only when it acts in us, it becomes so. Without the partnership relation no one has Nature because one cannot as such perceive it.

Pulsatilla cannot itself perceive its Nature but only by its action on another Nature. The question now is: Why in a man a Nature arises which is without him in another substance? PARACELSUS says that everything is poison and it is a question of the dose. And we are all poisoned by this world. From all substances that are there, acids, etc. ; it is only on the dose and our responsibility on which depends whether we avail of it for ourselves as toxin or remedy. I would like to say that it is only in the encounter there is Nature spirit and without encounter it is not possible to perceive it.

Dr. LESIGANG: Thank you very much for this very wonderful idea. Let us go a little further. How is this encounter indicated? Where do you find it in the homoeopathic medicine? How do we experience it?

Dr. SCHAFFER: The process of dynamisation points out the spirit of the remedy. The physicists also say so. If we are attentive and observe the **Materia Medica** exactly we then see that the character of the remedy is defined in its characteristic symptoms. Only in the interaction with man can the remedy manifest its Nature.

Dr. LESIGANG: The remedy must be released from the material in which it is held captive. It must be brought to a form in which it can speak of itself.

Dr. DELINICK: As humans we are part of the Universe. We are living organisms and belong to the laws of physical and thermodynamic nature. All living organisms die one day and then they have reached their ultimate equilibrium where between the energy-

niveau in organism and in the milieu no more difference prevails. Life can therefore be defined only by this difference. We are in interaction. We receive things from the environment: Mass, Energy, Information. We give these back in death and thereby have a static state, the permanent state. In the process of dynamisation -the word means: energy, power, life -we vitalise the Homoeopathikum. We take it out of the static, the permanent state and inspire it with life.

Dr. BEHNISCH: To come back to the problem once again. How will the Nature of the remedy be clearly perceived? After all the discussions it is quite clear that it is an individuality of a plant, a mineral, an animal secretion, a nosode. To perceive this individuality HAHNEMANN has already done provings. The nature of a remedy can be known only from the provings of a remedy. It is a difficult work to understand it as a picture, to make out the mosaic. In our times it was MASI ELIZALDE who first made the efforts to understand the nature of the remedy, he harked back to BOENNINGHAUSEN who spoke of the "Genius of the remedy". Others like VITHOULKAS and EICHELBERGER have enquired in their own way. It is clear that only in the provings with high potencies it is possible to decode the remedy. Without proving and without understanding what has been found in the proving it is not possible to do this "decoding". Therefore I call you to do remedy provings from which the nature of the remedy will be perceived. Proving itself is only one part of the work and the other is the penetration of the proving symptoms by the spirit of man which is positively essential and perhaps the most difficult part of the work.

A participant in the Congress from Venezuela: We try to understand what moves us all and what we have made of our life: the understanding of a homoeopathic medicine, that every remedy may be a real way of life. This nature is like a microfilm in the medicine. In *Pulsatilla*, for example, the timidity, in *Plumbum* the kidney disease and the pains connected with it, in *Lycopodium* the hindrances, the migraine. We can track this in **repertory**. All these are present in the substance in a manner and way which we cannot understand since it is outside of what we indicate as the normal human understanding. You speak of it as nature and we call it as genius.

Dr. APPELL: The medicine gives us proveable positive knowledge of experience and

is in conformity with the tradition of enlightenment. The poisons are also the curative remedies and the potential for our progressive development. We should be aware that we are connected with the creation and therefore ponder how we prescribe these medicines, how we handle them.

Dr. BAUR (Lyon): I think that what has been launched here is a kind of brainstorming, something highly interesting, and I wish that our discussion here is published. There is a point which one should not let go. The veterinary individual nature as in the case of the herds. There are references, aspects which are very close to what we here are discussing, when we speak of humans. In veterinary the language is not so different. For our examination of the patient, namely the intimate understanding of the remedy there are many sources which can be mentioned:

HAHNEMANN traced back to Latin, antiquity, the physicians of the middle ages, irrespective of whether from Italy, Holland or Germany. HERING referred to the Indian medicine. GOETHE, PARACELSUS and other Greek and Latin mythologies are all also relevant here. Another source of our understanding of the source is the modern science. More research in these directions are required.

Dr.LESIGANG: I think that the medicines in veterinary practice are used according to the proving symptoms. No regular provings on animals have been done.

Prof.Dr.OORCSI: Let us study the inner substance, the active substance and the toxic substance of a medicine. Further, when we know that the inner substance analogical to the constitution and the toxic substance to the diathesis. To me, only then comes the medicinal proving, only then the remedy experience.

Dr.HACKER-STROHBUSCH: Everyone of us has different possibilities of coming across the nature of the remedy. HAHNEMANN has propounded his coming across the way of remedy proving. The problem arises only when we communicate our experiences as we should.

P.BARTHEL: I think that the nature of the remedy comes not only from the remedy proving. When for example the flower is looked at, its nature is expressed in its habitus, its color, its smell. We can also know the nature of the plant through a photograph and if this photograph is poor then we can understand the

nature only poorly. The same, I think, is about the remedy preparation. HAHNEMANN has given rules for the remedy preparation which unfortunately is not followed. So for example, a plant is better understood in its habitus when it is fresh. HAHNEMANN has also advised to process with as much fresh plants as possible. I think that if we follow this instruction the nature of the remedy through the remedy proving as also through its use may be better perceptible.

Dr. LESIGANG: Yesterday I came upon a picture during the course of discussion with a colleague. Suppose we are a beam of light, consequently an energy, power dynamis. This light comes towards us without hindrance, we see a clear, colorless light. If now you propose to send this light through another medium, then it is broken and we do not see colorless light, but colors. It then begins to bloom, to live, to display the most different structures, according to the density and quality of the medium. This picture appears to be very much analogous to the process of a remedy proving. The light is the power, the nature, which we surmise to be in the remedy. This power cannot be known further, we cannot behold the light source. We learn of it through its passage through a living medium, the human -in the sick person from the therapy, but above all from the proving on the healthy.

II. **Paul HERSCU on Troubled Children (Seminar Report -NEJH, 3,3/1994):** This was a three-day Seminar. Four Stages of children - I to IV - were considered; The stages represented an ever-decreasing capacity of the patient's psyche to contain subconscious thoughts and urgings from breaking into the conscious realm of daily life.

Stage I children tend to be in a relatively balanced state in spite of the inherent vulnerabilities of their constitutional condition. (*Calcarea Carbonica, Natrum muriaticum*).

Stage II the boundaries between the conscious and unconscious mind remain relatively strong. Naturally, in these remedy states there is a genetic or miasmatic disposition or weakness that leads to certain states of mind and behavior.

Stage III remedies represent the breaking of the unconscious into the conscious mind in an uncontrollable fashion (*Baryta carbonica, Stramonium*)

Stage IV signifies a further development and intensification of the tendencies.

Many remedies have been discussed.

III. **How safe is the Hormone Replacement Therapy in Perimenopausal Women?** Christine C.CIAVAAELLA, in a detailed article, (NEJH, 3,4/1994) holds that the hormone replacement therapy is inadvisable since it causes many adverse effects. Hormone replacement therapy (HAT) is used by allopathic physicians to treat women symptomatically in the menopausal years, but more significantly, to protect them from osteoporosis and coronary heart disease as they age. Dr. Geborah GAADY M.D., after extensive research, prepared comparison charts on the lifetime probabilities of major diseases of women (on the effects of hormone therapy) at age 50. Two of these charts are:

Diseases affected by hormone therapy - Lifetime probability

| | Occurrence % | Death % |
|--------------------|--------------|---------|
| Coronary Disease | 46 | 31 |
| Stroke | 20 | 8 |
| Hip fracture | 15 | 5 |
| Breast cancer | 10 | 3 |
| Endometrial cancer | 3 | 0.3 |

Lifetime probabilities of selected conditions for a-50 year-old white woman treated with long-term hormone replacement

| | No treatment | Estrogen Alone | Estrogen & Progestin |
|--------------------------|--------------|----------------|----------------------|
| Coronary heart Disease % | 46 | 34 | 39 |
| Stroke % | 20 | 20 | 19 |
| Hip fracture% | 15 | 13 | 12 |
| Breast cancer % | 10 | 13 | 20 |
| Endometrial cancer% | 3 | 20 | 3 |
| Life expectancy (years) | 83 | 84 | 83 |

The author concludes this long and interesting article "Coronary Artery Disease and Osteoporosis are serious diseases and are highly probable risks for women in the second half of life Hormone replacement therapy seems now, more than ever, a misguided approach to the treatment of women. Ongoing homoeopathic treatment is essential during these years. The role of natural progesterone may expand the ability of homoeopaths to offer women a safer passage through menopause. The time is truly ripe to pool our energies into a coordinated long-

term study of the use of homoeopathic medicine in relation to the incidence of Coronary Artery Disease and Osteoporosis in menopausal women."

In another article that follows the above, Susan DELANEY says that Osteoporosis has become the great dreaded disease of every ageing woman. She says that Osteoporosis is not a Calcium deficiency, but rather that several factors in the western way of life contribute to this disease, like animal protein, high- protein diet, overuse of salt, fluorinated water, etc. Osteoporosis is not a necessary consequence of growing older nor does it require that everyone be placed on hormone replacement therapy to prevent it. By living a more active and balanced life it is a disease syndrome that can be prevented.

IV. The Advanced Study Group of the South West branch of the Faculty of Homoeopathy met on 14 May 1994 and considered the medicine that would be suitable for inclusion in a new rubric: **Resentment**. After careful study of the **Mind** Section of the different repertories and the remedies contained in rubrics which contained some aspect of resentment, the new rubric and the remedies meriting inclusion in it came as follows:

RESENTMENT: *Calc-c., IGN., Lyc., NAT-C., NAT-M., Plat., SEP., Staph.*

slighted/ignored (real or perceived), at being: PALL.

suppressed resentment, ailments from: STAPH.

(**Simile**, 4,3/1994, issued with the BHJ, 83,3/1994)

V. The Pharmacy Section of the Faculty continues to hold courses for Pharmacists. Earlier such training courses were held for **Boots'** pharmacists and further seminars have been in progress for others. The aim is that the staff understand the basic principles and make clients make informed decisions to the suitability of homoeopathic treatment. Pharmacists from New Zealand have attended two week-end seminars. Homoeopathy is growing in New Zealand rapidly and a per capita public spend £ 1 per annum which is about 4 times the UK rate. (**Simile**, 4,4/1994, issued with BHJ, 83,4/1994)

VI. **American Institute of Homoeopathy: a Sesquicentennial celebration by Sandra CHASE with additional comments by Nicholas NOSSAMAN** (JAIH, 87,3/1994): Some extracts from this article: Senior leaders Drs.

Maesimund PANOS, Edward C. WHITMONT, Henry N. WILLIAMS, Allen NEISWANDER -a fine galaxy -took part in the Sesquicentennial celebration of the American Institute of Homoeopathy, April 8-10, 1994, in New York. Dr. Edward WHITMONT spoke on "**The Interface Between Psychotherapy and Homoeopathy**", representing thoughts expressed in his new work **The Alchemy of Healing**. David WEMBER spoke about his wealth of experience with little-known "**Small Homoeopathic Remedies in Everyday Practice**", Richard MOSKOWITZ on the paediatric epidemic of Otitis Media, in which all allopathic antibiotics (and now myringotomy and tubes) have been unsuccessful in the final resolution. **Dr. MOSKOWITZ asked that we put down the Otoscope and look at the patient.** His experience has been particularly cautionary for universal immunizations. Dr. David RILEY presented "**Contemporary Drug Provings**", Dr. Jennifer JACOBS spoke on "**Future Directions in Homoeopathic Research**". "**A Glimpse of the Continent**" and "**Different Ways of Tuning in on the Remedy**" by Roger MORRISON, Dr. CHAPMAN on "**The Future of Homoeopathy in the US Health Care System**" were presented. Further were MOSKOWITZ's "**Homoeopathy in the Medical Care Model**" and Harris L. COUL TER's "**Medicine's Future: Low-tech vs. High-tech.**" and Edward CHAPMAN's "**Perspectives**".

A commemorative volume of **Anthology** published from the best of the archives of the **Journal of the American Institute of Homoeopathy** was released. There was also an interesting exhibition including memorabilia of a letter from HAHNEMANN.

Most of the papers presented have been published in the JAIH, 87, 3&4/1994.

VII. Harry T. SWOPE writes of his '**Pilgrimage to HAHNEMANN's Grave**' in the Spring of 1993 (HT, 14, 7/1994). He writes of the route he took to reach the **pere La Chaise Cemetery** and the exact location of the grave. SWOPE says that the monument was one of the most imposing seen on that day, and that the monument and its setting conveyed a sense of honor and distinction befitting one of the greatest medical minds of all times.

VIII. **Andre SAINE Seminar in October 1993 in Chicago.** Some excerpts: A well-taken case greatly simplifies finding the simillimum. But a poorly taken case makes it nearly impossible for even an expert to find it. The

Basics of case-taking: Allowing the patient to talk with the least amount of interruption possible, avoiding leading questions, objective observations, etc. After the spontaneous description by the patient of their problems, the information must be supplemented with details about the onset of condition, the evolution of the problems, other treatments received and their outcome, the frequency and duration of the problem, the modalities, the times associated with it, and the concomitants. Then the Generals: the person as a whole and particularly the temperature sensitivities of the patient. Oftentimes they will be the key to the case. SAINE's answers to questions revealed that he had read the original source material. Next, Case Analysis: Symptoms are rated and assigned a numerical value according to three criteria. 1. intensity of the symptom (0 being not very frequent or clear and 4 being extraordinarily intense). 2. how peculiar or characteristic the symptom is (0 being very common--like a fever with a flu; while 5 is very uncommon and characteristic--like nausea not relieved by vomiting, a strong characteristic of *Ipecac.*). 3. hierarchy, (i.e., a local symptom rates a 0, a physical general rates a 1, and a mental/emotional symptom or a clear etiology rates a 2). The three numeral values are then added together. Those totalling seven or above constitute the genius of the case. It is those symptoms that will lead you to the simillimum. [HT, 14,7/1994]

IX. **Northeast Regional Study Group Meeting:** Ilse GARRISS gave some nice tips in Veterinary practice and some 'specifics'.

Pearlyn GOODMAN-HERRICK spoke on *Natrum carbonicum*: The *Natrum carbonicum* people are generally of a sweet disposition and warm-blooded. Most self-sacrificing and extend themselves for others at their expense. History of silent grief but can be cheerful. They fear people, men, are frightened easily, fear thunderstorms and are hypochondriacal. Sensitive to music, music is important in their life. Sensitive to the heat of sun; worse from errors in diet, fat, milk, and rich food; can be worse around specific people and very prejudiced and intolerant of certain people. Compelled to perform anonymous acts of charity. Overwork themselves and don't know when to stop. They suffer as outcasts but are warm, soft, tender and likeable. They can become quarrelsome when sick. Physically and emotionally sensitive and have many allergies. Desire potatoes. (HT, 14, 7/1994)

X. **Louis KLEIN Seminar in January 1994**

in Orland, Florida, USA: The conscientious prescriber must strive to analyze the case with an open mind, free from attachment to a particular remedy. Three steps: 1. Identify the most important components of case. 2. Translate these components into repertory language (rubrics). 3. Select the correct **simillimum**. Identify two to four rubrics central to the case and repertorize. Louis KLEIN drew circles around these main components. Small and unusual remedies including *Kali bromatum*, *Oophorium*, *Folliculinum*, *Malandrinum*, *Tarentula*, *Lilium tigrinum*, *Kali sulphuricum* and *Cicuta* can be utilized in 50% of the cases. (HT, 14,7/1994)

XI. **"The Alternative Medical Practice Act of 1994**, sponsored by Senator Holland and Assemblyman Coleman, was officially signed into law by New York Governor Mario Cuomo in late July. New York has become the fourth state to pass such legislation, following in the footsteps of Alaska, North Carolina and Arizona. This effectively prevents a finding of medical misconduct against a physician based solely upon the practice of a "non conventional" medical treatment... This is the latest in a string of events that bodes well for the future of Homoeopathy in the United States, and we owe our deepest thanks to those who have worked so hard for the freedom of medical choice. Which lucky state will be next to step up to the place?" (HT, 14,8/1994)

XII. **Mitzi LEBENSORGER writes of her visit to KENT's home** (HT, 14,9/1994). After NCH Annual meeting in Chicago in May 1994, the author and three other colleagues visited the house. They were greeted by the new owners who had just moved in a week ago; they had been told that a 'famous doctor' had lived in that house. One of the new owners was a doctor too and although not a homoeopath was familiar with Homoeopathy when in France. **They were interested to hear of the house's history and mentioned that they had immediately sensed a "good feeling" about the house.**

(Subsequent news in HT, 15, 10 /1995 informs of plans for purchasing the house and converting it into a memorial and nice meeting/teaching center in Homoeopathy = KSS)

XIII. Dr.J.A. RIVERA writes (HT, 15,9/1994) that holistic medicine is being incorporated in the medical services of Cuba. The Cuban authorities are looking for alternative forms of medicine to meet the needs of 11 million inhabitants. Homoeopathy is one of the modalities which will

be taught. The Editor of HT, Mr. Julian WINSTON adds "It is interesting to note that between 1856 and 1889, twelve people from Cuba graduated from the Hahnemann Medical College of Pennsylvania--with the majority graduating between 1856-1861. What was their legacy in Cuba?"

XIV. Letters are received often from a member who has had a bad action from a homoeopathic remedy and therefore questioning the claim that Homoeopathy is "the safer medicine" In the HT, 14,8/1994 a correspondant has written a lengthy letter narrating the effects - deeply positive and deeply adverse - obtained from single homoeopathic medicines. In HT, 14,9/1994 another correspondant has written about the adverse or side effects of homoeopathic medicines. He cautions "The more one learns about Homoeopathy -the Philosophy -the more one learns not to "take anything lightly" - to avoid that urge to take **something** for the little symptom-" He also recalls **KENT's advice - when in doubt about what to give, don't give anything**. By way of an 'editorial reply' Michael SOMERSON explains the role of physician in general and the homoeopathy physician in particular, the homoeopathic philosophy, etc. He says that at times even the most skilled practitioner cannot be absolutely certain whether the symptom changes are completely due to the remedy or a manifestation of the progression of the natural history of the "disease process". Fortunately, our collective experience and the contributions of HAHNEMANN and HERING give us much insight and understanding of this and provide valuable interpretation of the changes which may be observed following a homoeopathic prescription. "In Homoeopathy, the question of side effect stakes on a different meaning. A remedy may stimulate responses in different spheres of the individual. It may attend to many of these spheres. A complex response by the individual to include aspects of mental, emotional, and physical states, these are certainly not what we mean side effects. In cases where the situation does not improve, or continues to decline, the prudent practitioner must make use of the knowledge of anatomy, physiology, pathology, and bio-chemistry to best address the total needs of the patient rather than persist in employing a therapy which is not effective in that situation. (But in many cases in which the case baffles the physician who has considered the anatomy, physiology, pathology and bio-chemistry and where despite the anti-biotics etc. there is a worsening trend of the disease, what should the prudent practitioner

do? = KSS) The modern homoeopathic physician should educate the patient on homoeopathic aggravation. When the chronic or progressive problems are under treatment, the practitioner must be well-trained, knowledgeable and capable of providing or directing to other therapy as required. A different form of the therapy may best meet the individual needs of the patient. The potential may exist that even when a remedy is prescribed by a qualified practitioner there may be an untoward event. In general, the use of Homoeopathy by skilled practitioners may provide a safe and effective therapy for many people in a manner consistent with the principles and philosophy of those individuals.

The safety of Homoeopathy depends on a solid understanding of its principles, on the judicious use of remedies, and on the judgement which allows us to know how to evaluate change and respond appropriately.

XV. In the USA the attack on Homoeopathy goes on simultaneously with the resurgence of Homoeopathy! **HT, 14, 10/1994**, reports of a petition given by a group of 41 persons, to the FDA, seeking 'safety' regulations of OTC homoeopathic remedies; the usual 'no molecules' etc. arguments.

XVI. It is strange that in this century still misinformation, pure prejudice etc. hold the 'scientific' community in the USA. The mother of a 7-year-old girl has to devise surreptitious methods to provide homoeopathic remedies to the child when the child goes on camp, because anything other than old-school medicines are forbidden! So what did she do? She soaked note cards of 1 " x 3" size (used for writing notes such as Thank you, Get well soon, etc.) with homoeopathic dilutions like *Arnica*, *Hypericum* (first-aid remedies that may be required when going on camp), and at the bottom of each card she wrote such words as "Take care of you" (*Arnica*), "I love your pretty smiling teeth" (*Hypericum*), etc. Each card was kept in a separate bag. When needed the child (who knew the basic first-aid homoeopathic remedies) would tear a small piece and chew it!

Mr. Julian WINSTON says "It has been said that when Constantine HERING, MD, Was in South America in the early 1830s, he constructed a remedy book similarly. He saturated pieces of blotting papers with liquid dilution, dried them, and then bound them into a book with a sheet of waxed paper between each remedy page. When a remedy was needed, he'd

open the book to the remedy page and tear off a piece of the blotter paper for the patient to suck upon." (HT, 14, 10/1994).

XVII. "For the first time in U.S. History, the Federal Government has funded a clinical efficacy trial of Homoeopathy. After a one-year delay, researchers Elaine WOO, Ted CHAPMAN, MD, DHT, and Richard WEINTRAUB, MD have been granted funding from the National Institute of Health, Office of Alternative Medicine to conduct a study on the homoeopathic treatment of mild traumatic brain injury (MTBI). MTBI is a syndrome with a vJide variety of symptoms including chronic pain, fatigue, vertigo, visual impairment, deficits of intellectual functioning and emotional control, often with secondary depression. The researchers will follow 70 subjects who experienced a mild brain injury at least three months prior to enrollment. Half will be treated with an individually prescribed homoeopathic remedy, the other half with placebo. In addition all will continue any rehabilitative therapies they were undergoing. The subjects will be followed for a four-month period and the study spread out over a year. (HT, 14, 11/1994)

XVIII. The journal **Homoeopathy Today** (HT), 14, 11/1 994) has been publishing in each issue a small case of Dr. Erastus CASE, as "Drills in Prescribing". These were taken from his book **Clinical Experiences**. A reader who has been very carefully and interestingly following these 'drills' has asked Dr. CASE as to where one could find the symptoms mentioned in the cases since they could not be found in the KENT Repertory! Evidently this reader did not know that Dr. CASE died in 1917. The Editor of HT has clarified and said that **Dr. CASE gained his knowledge from reading the Provings, and not from the Repertory.**

XIX. Since January 1994 homoeopathic education has been officially recognised in Austria by a Diploma of the Austrian Medical Association. This is a major step in the process of recognising Homoeopathy in Austria. (HL, 7,4/1994)

XX. Herbal drugs like *Comfrey* and *Colts foot* containing Pyrrolizidine Alkaloids (PA) are banned below D6 potencies in Austria. (The drugs covered by this ban include the plant genus *Cynoglossum* L., *Petasites* Mi"., *Senecio* L., *Symphytum* L. and the specimen *Eupatorium cannabinum* L., and *Tussilago farfara* L. The plant *Rubia tinctorum* L which contains Anthrachinones is also banned in any form. (HL, 7,4/1994)

XXI. A doctor reports (HL, 7,4/1994, Readers Forum) that Osteoporosis is like other diseases a psychosomatic process and not a normal concomitant of menopause, but a typical trace of the life history of many women with severe life conditions and adverse fates. All the women with Osteoporosis she treated had been suffering from at least one of the following burdening conditions many years before developing an Osteoporosis:

- some of them were refugees or emigrants
- some had remarkable financial losses with the need to sell their own houses; one of them felt very despised because of now being poor and being forced to be on public relief.
- some were married with a dictatorial husband and had to swallow a great deal of anger; a couple of them were financially deceived by their husbands
- some had to bear a combination of the above mentioned psychic traumata.

All of them had very low self-esteem, most were depressive or desperate. The right remedy was found from such rubrics as Ailments from: suppressed anger; financial losses; grief; homesickness; mortification; scorn, etc. Deep acting remedies like *Aurum*, *Lycopodium*, *Natrum muriaticum* etc. were required.

XXII. **Seminar Reports: Some Extracts:** (HL, 7,4/1994)

Jayesh SHAH Seminar in Erlenbach, Switzerland: Go for what is really peculiar to find a remedy. Don't think of a remedy while taking the case, only concentrate on the case unfolding before you.

Case 1: 18-month-old girl who indicated all features of *Phosphorus* which however did not succeed. She developed acute fever, very irritable, jealous, very possessive of her mother, moving her tongue sideways quickly. Her eyes followed the object which was swung before and she responded to percussion on the table. *Elaps* cured. (PHATAK - Motion, rhythmic and Motion, oscillatory)

Case 2: Lady, 30-year-old. Painful varicose veins worse after exertion and coition. Dreamt a lot about black and white or black and yellow snakes. She was obsessed with these

colors and she wore dresses with these color stripes. *Bungarus* was her remedy. (see BOERICKE)

Case 3: 9-year-old boy. Asthmatic attacks with vomiting. He responded to *Lycopodium* (Dictatorial, domineering, competitive, active, mischievous, precocious, etc.) He got into a crisis when his school was changed. Severe anxiety state, restlessly pacing. He was completely dependant on his mother, clinging to her. Fear of losing her. *Bismuth*. (Clinging, always holding hand of mother, Very restless, lots of vomiting) A good question to ask when treating a child: When does he or she get really upset?

Case 4: Two ladies with menstrual problems. One is a devotee of Sai Baba and the other a Buddhist. Very compelling personalities, strong, magnetising the listener. Clairvoyant dreams. Their remedy was *Crotalus cascavella*. This remedy has tremendous fear of being alone, of being pursued, intense clairvoyance. Strong need of a spiritual leader. (DD. *Crot-c.*, *Elaps*: both have fear alone, but *Elaps* nevertheless wants to get away, into the country; *Crot-c.* loves bustle, crowds, activity. *Lachesis* has more hidden deceit and overt jealousy. More intense competition.

Case 5: A lady living with her mother-in-law who makes her life difficult. She has a tremendous sense of duty towards the latter and her whole family. *Naja*.

Case 6: A to-be married lady had a crisis; she was fighting with her fiance, couldn't keep peace 5 minutes. She was also sweating profusely on lower lip. She quarrelled because he wouldn't purchase her a house. *Rheum* was her remedy (Vehement desire for one peculiar thing - PHATAK. Restless. Possessive. Capricious. Urgent desires)

Case 7: 3-year-old boy with a bad cold. After antibiotics for this he developed fear of dogs. Gets annoyed very quickly then scratches and bites, very acute anger, which disappears without a trace. *Lyssinum*.

Case 8: 69-year-old lady. Gas, distension, bloating, very offensive secretions from the whole body. Passes gas instead of stool, "bombardment", few drops of liquid stool. Smell is decomposed, rotten. Sweat stains linen dark. Very industrious, a fighter. Had to fight in the office against an all-male staff who always tried to put her down. Stood up against them.

She is very strong, dignified, proud of her family. *Osmium*.

Case 9: 60-year-old man, hasn't been out of his house for months or out of his room for weeks. Usually stays in bed. Claims he's too weak and breathless to get up. Hardly eats anything, fears to get sick. Never washes or gets dressed, not even when the doctor visits him. Fears of robbers, electric switches. Doesn't respond to any drugs. Guilt about neglecting his family. Wanted to jump from the terrace and kill himself. He was a clever businessman, enjoyed his business very much. Loved gambling. Always very careless about his appearance, about cleanliness. *Aurum arsenicosum*. (see KENT's Lectures).

Case 10: 40-year-old lady. Sinus problems, joint problems. Talks in a disconnected way as if she was way above everyday, ordinary matters. Disconnected from her body. Very loquacious. Philosophises about the origins of life and its purpose, eternity. "Life is a continuation". The vastness of ocean gets her particularly exalted. Weeps about her separation from God. Sees herself as a beam of light travelling through space. *Anhalonium*.

Case 11: 4-year-old boy. Frequent very high fever. Doesn't want milk or food. Very emotional, stammering. Innocent, very cuddly, hugs strangers, puts his fingers into their mouths. Goes with anybody. Gives all his things away or loses them. Doesn't heed traffic. Likes to dress in women's clothes. Very dependent, won't go to the toilet alone. Sleeps with eyes open wide, arms and legs sprawled.

Anhalonium.

Vassilis GHEGAS Seminar, Enschede (NL) February 1994: **Materia Medica** information: **Remedies with severe Weakness:** Differentiation:

Stannum weakness is situated in the chest, the chest feels empty, without any force. During weakness they perspire in the external throat. Very slow aggravation/amelioration. Characteristic -slow aggravation in the forenoon and slow amelioration in the afternoon.

Helonias dioica - any kind of uterine problem that is combined with extreme weakness (with or without fits of warmth). Diabetes with severe weakness and raging thirst.

Aletris farinosa -particularly in women who are always tired. Very often uterine problems with or without leucorrhoea, sometimes anaemia. The physical weakness may show itself on the mental and emotional level.

Selenium - severe weakness combined with sadness. There are usually sexual problems: impotence, prostate gland problems, AIDS. Weak memory. Cannot bear sun or warmth. Dislike draft of air, even warm air. Aggravated by tea, wine, salt and lemonade.

Conium -weakness from suppressed sexual desire. Profuse perspiration during the night. Weakness with tumors, vertigo, weakness and numbness of the legs should make one think of *Conium*.

Iodum Weakness combined with emaciation despite increased appetite.

Capsicum Characteristic is strong aversion to any physical effort. Want to keep lying down whole day and become very irritable if this is commented upon. *DD-Ferrum*. In addition to their obese and flabby appearance, they can be very lazy. Hate the least effort and are also afraid of it. (*DD. Sulphur*). The most characteristic point in *Capsicum* is **nostalgia**, this can be like a neurosis in which the patient lives in the past, occasionally or for a longer time. This nostalgia can take the shape of a real delusion in which the patient comes to think that he is now living in the past. Often wakes up at 3 a.m. (*DD. Kali-c*) and sleepless with nostalgic thoughts. Can be irritable from the least thing (*Nux-v.*). Characteristic is the strong sensation of coldness after drinking. It is indicated in acute tonsillitis or acute pharyngitis with the characteristic strong burning sensation as if pepper in the throat; may be together with a feeling of coldness in the height of the scapulae or between them. *Capsicum* follows well after *Med.* if there is still discharge from the urethra (the discharge can look like cream) after *Med.* or if a constriction of the urethra remains after a good reaction to *Med.* In gonorrhoea *Med.* may possibly be complemented with *Caps.* to complete the cure. The characteristic symptom in these cases is the sensation of coldness in the scrotum.

XXIII. The Editorial of mfH Jan. - April 1994 wrote on 'Enemies of Homoeopathy'. In the mfH, 5, 1/1994 the Editorial proceeds to speak of 'quackery' by qualified and the lay homoeopaths.

A South African MD wrote in 1954 from

which is quoted "He is really a therapeutic anarchist, causing rebellion, revolution, disruption in the vital economy of the body, destroying all law and making such a hopeless muddle of the symptoms that it is often difficult to establish order and make immediately effective and worthwhile prescriptions. It has been the misfortune of this writer to deal with many cases who came to him from----so called homoeopathic practitioners who are in the habit of giving at least a dozen different low potency homoeopathic pilules, herbal extracts and patent nostrums all to be taken at least once a day, so that their patients have hardly time for anything else except taking medicines from morning till night. Some of these people claim excellent results, but the trained physician is not at a loss to understand such results --".

XXIV. In the 'discussion' part of Drs. Manu KOTHARI & Lopa MEHTA lecture on **Dysis vs. Disease**, (mfH, 5,2/1994) many interesting points were made. Some excerpts: The idea that a microscope can diagnose a cancer or a cancer cell, was given up long ago. Even the people working on electron microscopy in this field for decades in a cancer hospital have no confidence in this method. The pathologists there confess that many times they could not make out what is what and throw the responsibility on God before giving a diagnosis.

If there's one strangulating phenomenon, it is Johnson's band-aidcauses oedema, lack of sweat and extends the life of the wound. Animal wounds heal on their own. Every woman wounds herself every month during menstruation and that large wound heals invariably.

Allopathy has a word even for gray hair - canitis -which means it is diseased and we go to someone for help.

Disease charts its own course.

When we see cancer, heart attack, as a curse, we are quarrelling with what the body had decided. Untreated breast cancer has a survival rate of as much as forty-eight years.

The healthy do not necessarily survive and the diseased do not necessarily die.

The creator decided to create 'Disease' so that everybody would condemn it and not blame 'Death' (parable). Do not tell me he died because he had fever, but because he was to die, had fever (MARCUS AURELIUS). Lord YAMA comes to us as kala (time) and not as

cancer, diabetes or hypertension.

It is shocking to hear that homoeopaths are using computers -computerised Homoeopathy? Computers are an insult to human mind and will end up destroying it.

There are overwhelming graphs (statistics) which show that there are no shifts in mortality rates due to the arrival of antibiotic or vaccination.

Increased life expectancy is an illusion because British epidemiologists say that man's life expectancy has not increased even by six months in the last 280 years.

Whoever claims cure as a cure of disease is a quack.

Friendship between microbe and man is the rule and enmity is the exception.

Anatomy is ana -aatmi, a science of cadaver in which atma is absent.

From the Common Cold to Cancer diseases are beyond science.

Cancer temperament is, that we shall know nothing which will alter the course of Cancer favourably.

Angioplasty tears the artery, so we shall have a new slogan 'coronary tear as part of coronary care'.

XXV. Very interesting and challenging information and discussion has been made by Dr.D.Lakshminarayanan (mfH, 5,2/1994). The author maintains that an ancient scourge like Small-pox cannot be destroyed although the WHO has, years ago, celebrated the 'eradication of Small Pox'. He narrates with first-hand knowledge that small-pox has not been actually wiped out and that such 'myths' of eradicating from the face of the earth Tuberculosis, Malaria and the current asserting of eradicating Polio are all 'fiction'. Very interesting arguments, convincing indeed.

XXVI. Sale of homoeopathic dilutions containing more than 12% alcohol v/v. in packings of more than 30ml., was banned by Government of India (Ministry of Health) Notification in July 1992. Prevention of inadvertent consumption of these as alcohol. and ensuring quality of medicines (since the 30ml. packings will be sealed originals from the

manufacturer) were given as reasons for the ban. But pharmacists and consumers strongly felt that this was influenced by the pharmaceutical giants' attempts to crush the small manufacturers. Prices also rose as a consequence. The decision remains pending at various courts where pharmacists have filed suits against the ban. Meanwhile it was rumoured that the health ministry might also ban dispensing of medicines by the homoeopaths, making prescriptions mandatory. (VI, Vol.I, 1/93-Vol.3, 10/95).

XXVII. Malaria is said to be on the verge of eradication. But during 1994 the State of Rajasthan registered 80,000 cases, about 65% of these falciparum malaria. In an epidemic between sep.-Nov. 94 more than 400 deaths were reported from cerebral malaria. The parasites are resistant to *Chloroquine* and Primaquine; the latter causes haemolytic jaundice too. Yet prophylaxis and therapy with these drugs goes on. (VI, 2, 10/94)

XXVIII. Nitro Sodimethyl urea (NDMU), a potent bio-stimulator, was intended for use in agriculture and animal husbandry to enhance 'productivity'; while this outcome was hopeful, the cell-character-changing capacity of NDMU also could result in carcinogenesis. Ghen Shangin BEREZOVSKY of Moscow veterinary academy sought to remove this adverse effect by diluting NDMU. But tests revealed that cell multiplication was stimulated more by the highest dilutions (10-60). For BEREZOVSKY this was an astonishing discovery in 1979, six years previous to BENVENISTIE's similar findings. (from Sputnik, VI, 2, 9/94)

XXIX. More chemotherapy in cancer was thought by some as the way for better chances of cure. A clinical study on 2300 breast cancer patients by Dr. Lawrence WICKERHAM OF Pittsburg university, randomly grouping them and giving standard and extra dosages to these, refuted the above claim; more drug therapy only resulted in more adverse drug effects, survival rate remained the same. (VI, 2, 8/94)

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below

1. **ACD:** Archiv fur Homöopathik, DYNAMIS-VERLAG, AM Vogelherd 18, 4200 OBERHAUSEN 11, GERMANY.

2. **AHZ:** Aligemeine Homöopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
3. **BHJ:** British Homoeopathic Journal, Royal London Homoeopathic Hospital, Great Ormond Street, LONDON, WC 1 N 3HR, U.K.
4. **CGH:** Cahiers du Groupement Hahnemannien, MEDECINE ET HYGIENE, 78, avenue de la Roseraie, Case 456, CH-1211 GENEVA 4.
5. **HH:** Homoeopathic Heritage, B. Jain Publishers (P) Ltd., 1920 Street, 10th Chuna Mandi, Paharganj, NEW DELHI - 110 055.
6. **HL:** Homoeopathic Links, Homoeopathic Research & Charities, "Dinar", 20 Station Road, Santacruz (West), BOMBAY -400054.
7. **HLK:** Forum for Homeopatisk Lakekonst Svenska Akademin for Klasisk Homeopati, Folkungagatan 84 (Itr), 11622 STOCKHOLM.
8. **THE HOMOEOPATH:** The Journal of the Society of Homoeopaths, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
9. **HT.:** Homoeopathy Today, National Center for Homoeopathy, 500, Massachusetts Avenue, N. W. Suite 42, WASHINGTON D.C. 20005, U.S.A.
10. **HTIMES:** Homoeopathy Times, The foundation for Homoeopathic Research, 805-Giriraj, Neelkanth Valley, Ghatkopar, BOMBAY -400 077.
11. **IJHM:** Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R. Gadkari Marg, Irla, Vile Parle (West), BOMBAY -400056.
12. **JAIH:** The Journal of the American Institute of Homoeopathy, 1585, Glencoe, DENVER, Colorado 80220, U.S.A.
13. **mfH:** Medicina Futura Homoeopathy, 1-2-217/7, Gaganmahal Road, HYDERABAD - 500 029.
14. **NEJH:** New England Journal of Homoeopathy, 356, Middle Street,

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| | AMHERST, MA 01002, U.S.A. | 18 | Delirium (43) |
| 15. | NJH: National Journal of Homoeopathy, Milan Clinic, Saraswati Road, Santa Cruz (W), BOMBAY -400054. | 25 | Delusion, enlarged, persons are (B) |
| 16. | RBH: Revue Belge d' Homoeopathie, Editor: Ch. Schepens, rue GroseInberg, 39, 1180 BRUSSELS, Belgium. | 33 | Delusion, strange, familiar things seem (B) |
| 17. | SIMILLIMUM: The Journal of the Homoeopathic Academy of Naturopathic Physicians, 11231 SE Market Street, PORTLAND, OR 97216, U.S.A. | 43 | Fear at night (48) |
| 18. | VI: Vital Informer: ED-94, Tagore Garden, NEW DELHI -110027. | 43 | Fear Cats (B) |
| 19. | ZKH: Zeitschrift fur Klassische Homoeopathie, Karl F. Haug Verlag, 6900 HEIDELBERG 1 , GERMANY. | 44 | Fear evil, impending, to family (B) |
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PART II

1. Additions to the Repertory:
Tuberculinum SANNAN, Robert (HLK, 2, 211993)

(Robert SANNAN has collected from H.C. ALLEN's Materia Medica of the Nosodes, and C.M. SOGER and proposed these additions to KENT's Repertory. A random check reveals that many of these are not found even in SCHROYENS' **Synthesis**. The 'page' column refers to KENT's Repertory; the numbers in parentheses following the symptom denote the symptom number in H.C. ALLEN's **Materia Medica of the Nosodes**; letter (S) denotes C.M. SOGER. = K.S.S.)

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2. Small Remedies in Everyday Practice
 David WEMBER (JAIH, 87,3/1994)
 [David WEMBER's interesting presentations on small remedies appeared in OHD VOL.X, No.4/1993 and Vol.XI No.1 &2/94. A third article is presented here: K.S.S.]

I would like to talk about remedies I have learned to use in the past several years. Most of these are small remedies which I have found quite useful in acute situations. Often specific rubrics have led me to these remedies. One of the special qualities of Homoeopathy, for me, is how **a strange, rare, and peculiar symptom can make a difference in finding the correct remedy.** Obviously, the practitioner must pay attention to the entire picture, yet these small differences allow us to experience the uniqueness in each patient-human being. Let me begin by talking about several remedies I have used for asthma.

We all know how disruptive wheezing can be to someone's life. Sometimes it occurs only in a specific situation. A patient recently told me she cured her allergy to dust. She was in a health food store and told them she became asthmatic everytime she dusted. The proprietor looked up his computer program and said that *Pothos foetidus* was the only remedy listed for that condition. She took the remedy and can now clean house without wheezing. We never stop learning from our patients. They are often our best teachers. Remember the keynotes of Pothos: asthma relieved by stool; a red, butterfly-type rash across the bridge of the nose, like that in Lupus; and an overlooked symptom,

severe tension and tympanitis in the abdomen, often described as "hysterical tympanitis."

Another remedy involves an allergic sensitivity to horses. I have had several cases of asthma related to horses that have been cured by *Castor equi*

. This remedy comes from the rudimentary thumb-nail of the horse. I can think of one particular teenager who very much loved to ride, yet she was having great difficulty just being around her horse. She needed an inhaler everytime she entered the barn. With this remedy, *Castor equi*, she was able to continue her riding without the need of drugs. Sometimes the sensitivity is due to the mold in the barn. For this, I can't give you a ready solution.

I often see patients, especially young patients, with exertional asthma. As in other asthmatic conditions, it is always important to identify and eliminate the offending allergens; most often dust, mites, mold, foods, etc., In the past I talked about *Ichthyotoxin*, *Eel serum*, which is called the *Digitalis* of the kidneys. *Aspidosperma*, from Quebracho, is called, by HALE, the *Digitalis* of the lungs. One of its main symptoms is exertional dyspnoea, like *Lobelia inflata*. I use it in the tincture.

In congestion, the first thing I ask my patients to do is to stop eating dairy products. HAHNEMANN was not opposed to proper nutrition. The high molecular weight proteins, like casein and whey, are often allergenic and cause congestion. Some extra Vitamin C acts as an antihistamine. I use these as adjuncts to the remedies. If you did nothing else but stop dairy products, it is my opinion that 50% or more of these children would cease their recurrent congestion and otitis media. When a dairy-sensitive child is doing well and suddenly comes down with congestion, I question the mother carefully. Often the child has either gotten icecream at a school birthday, or the father, who doesn't believe in this, sabotages the program, or the grand-parents took care of the children for the day. It is difficult to change the habits and attitude of grandparents.

One of the remedies that has cough on lying down is *Sticta pulmonaria*. It has a short, dry, hacking, incessant, annoying cough. It doesn't necessarily wake the child up. It hurts the parents more than the child. They hate to hear the child coughing. A dose of *Sticta* makes very appreciative parents. *Sticta* is listed for "housemaid's knee". It is useful for *chronic synovitis* of the knee, like *Calcarea fluorica*, and

can be helpful for rheumatism of the small joints, like *Viola odorata* and *Caulophyllum*. A patient of mine once took *Caulophyllum*, herbally, to abort. She developed severe knee pains while taking the remedy, which persisted for a long time thereafter. Add *Caulophyllum* to the rubric: knee pain. It has helped me in several other cases. For chronic knee pain try Niacinamide, Vitamin B3. I don't know the physiology behind it. Jonathan WRIGHT suggested it at one of his nutritional seminars, and it works.

Another cough remedy that I have used in the past, mostly for hay fever, is *Aralia racemosa*. It too has the cough on first lying down. But more specifically, it is aggravated after the first sleep. It keeps the parents awake. *Aralia* also has asthmatic symptoms, and waking up with wheezing after first sleep is a good indication for *Aralia*. *Lachesis* has cough and wheezing at night; the classic sleeping into the aggravation. It is usually later on at night, and the cough doesn't necessarily wake the person up. A sound-alike remedy, *Aranea diadema*, from the spider, has been very helpful in heel pain, pain in the os calcis, as from bone spurs. It is worse, especially on first motion. *Pulsatilla* and *Valeriana* can also be considered in this condition.

Patients also talk about a cough excited by tickling or irritation in the throat, which seems to be a generic term in this instance. One has to be more specific. Is it in the pharynx, larynx, trachea, bronchi, chest, etc? *Senega* has a very irritating, scraping sensation high up in the throat and fauces, and it is often used in elderly people with chronic coughs. NASH says it's useful in obstinate coughs of old people with difficult expectoration. It has peculiar symptoms of catarrh of the chest alternating with diarrhoea which once led me to the cure of a case.

I had a patient with a post-influenzal cough lasting two months. After using many remedies to no avail, I finally cleared the cough with *Cimicifuga racemosa*. This remedy has a very dry, short, cough, with irritation from a dry spot in the larynx and marked aggravation from talking. Spasmodic coughs often yield to *Hyoscyamus*, when other remedies fail, as does frequent urination from bladder irritability. *Hyoscyamus* is similar in its nature to *Belladonna*, in being able to relieve the spasms of smooth muscle. Likewise, on an emotional plane, *Ignatia* will cure the nervous cough of globus.

This reminds me of a special use of

Belladonna in the spasm of circular smooth muscle, like bile ducts, where, as KENT says, in gallstone colic, it relaxes the muscles of the bile ducts allowing the stone to pass. DEWEY says the same of *Dioscorea villosa*. The patient will be forever grateful. *Cholesterinum* has also been a powerful remedy for me in this regard.

It is most frequent to have a cough that is loose in the morning and tight in the evening or at night. *Ammonium muriaticum* has the reverse modalities dry in the morning and loose in the afternoon and/or evening. *Ammonium muriaticum* has several keynotes. One is coldness between the shoulder blades. The symptom I have used it for most frequently is Sciatica, better only when lying down. It is similar to *Dioscorea* in this respect. Remember *Aesculus hippocastanum* for lumbosacral pain, especially when standing.

Most coughs are worse lying on the left side. I believe there is a physiologic explanation for this. I had a patient who complained of a recurrent severe cough every fall, often progressing to Pneumonia. His strongest modality was worse lying on the right. *Stannum metallicum* cured the case. Most coughs are worse lying down. Try *Manganum* or *Manganum phosphorica* when better lying down. It also has the hoarseness, worse cold and damp like *Dulcamara*, and better lying down.

Coughs of gastric origin have been helped with *Sanguinaria*, when the cough is better after eructations or passing flatus. *Veratrum album*, from the White Hellebore, has a cough coming from deep in the abdomen, better eructations, or with concomitant diarrhoea. It is similar to *Senega* in its chest symptoms, with lots of mucus in the bronchial tree and difficult expectoration. It is also one of the few remedies worse in a warm room or on entering a warm room from the cold, like *Bryonia*. I remember Dr. Rood discussing *Veratrum viride*, from the White American Hellebore. It has rapidly progressing lung congestion, dyspnoea, heaviness of the chest, livid and bloated fauces, and drop in blood pressure. I suggest thinking about it for **Adult Respiratory Distress Syndrome**.

Remember *Castanea vesca* for its short, tight, "ringing," cough; *Coccus cacti* for its spasmodic cough, tinuous "minute gun" type cough during the daytime and whooping-type cough at night. *Corallium* has a profuse postnasal drip which is a good keynote for this remedy. Recently, a patient of mine had

bronchitis. She told me she felt as if there were a long, thick string of mucus hanging down the back of her throat. *Corallium* saved the day. *Antimonium sulphuratum* and *Lemna minor* also should be considered in postnasal drip. *Naphthalinum* is another hayfever remedy that is efficacious in long-continued paroxysms of cough, worse at night, with tenacious mucus, and inability to catch the breath, worse inspiration, like *Bromium*, *Manganum*, and *Rumex*. *Mephitis* has severe, suffocative coughing spasms at night, with contraction of the glottis, worse expiration, Cough "till blue in the face" is BOERICKE's description of *Mephitis*.

I always ask my rheumatic patients to refrain from eating the nightshade family of foods: tomatoes, white potatoes, green peppers, and eggplant. These foods have been associated with arthralgic pains, and I have found this to be true. *Solanum lycopersicum*, from the tomato, has many arthritic-type symptoms in it. I have successfully used it in right-sided pains, like *Sticta*. KENT lists it for paresthesias in the ulnar distribution. In fibromyalgia-type symptoms remember *Rhamnus californica* and *Cascara sagrada*, especially when associated with constipation. In a speech I gave several years ago in Ohio, I talked of *Sarcocollin acid* as an acute flu remedy. I suggest you also consider it for Chronic Fatigue Syndrome, the type in which there is recurrent sore throat, with achy, flu-type symptoms and malaise. I also talked of *Formic acid* for chronic arthritis. Consider, too, *Lactic acid*, in the differential for chronic arthritis.

I had a patient with a long history of rheumatoid arthritis. She had been on plaquenil for the past ten years, plus many anti-inflammatory drugs. It had always flared in the winter for which she was given steroids. The most significant part of her past history was recurrent Strep infections throughout childhood. I gave her *Streptococcinum* 10M, one dose. She was about thirty percent better from that single dose, despite the heavy allopathic medications. She did not need steroids that winter. I remember a homoeopathic doctor in Michigan who was very successful in treating arthritis with homoeopathic bacterial nosodes. Recent literature has shown positive identification of bacteria and viruses in the synovial tissue of arthritic joints. If we could identify this early in the disease, what benefit might we bring to mankind!

I am indebted to a patient for helping me to find a remedy that I now use more frequently

in my practice. She was a thirty-five year-old woman who came to me for chronic acne since her teenage years. She worked in a veterinary clinic and said that sometimes she went home and her urine smelled like cats' urine. Now may be that is not unusual for someone who works in that occupation, but on checking the repertory it led me to *Viola tricolor*. This remedy is quite useful for acne and impetigo-like lesions about the face, especially in children. When chronic or recurrent pustular-type lesions do not respond to the seemingly correct remedies, try a dose of *Arsenicum album*. It has been my "sheet-anchor" in this circumstance.

Anyone who has had children knows the agony of the colicky baby. I have oft quoted the old-time statement that "Homoeopathy can rest its laurels alone on *Arnica*." Second-best might well be *Chamomilla*. To lower the pain threshold in any illness, notwithstanding the colicky child, is surely a blessing. *Chamomilla* has made millions of grateful patients. But alas, when it doesn't work, how can we individualize for the correct remedy? Certainly *Colocynthis* or *Magnesium phosphorica*, with flatulent colic, when the knees are pulled up and better with pressure and/or heat on the abdomen. *Stannum metallicum* saved me once, when other remedies failed. It has that strong symptom of better with hard pressure on the abdomen, especially better walking with the child on your shoulder, so as to put pressure on the child's abdomen. *Illicium*, from anise, has a wonderful track record for baby colic. Or *Dioscorea*, when the child is worse bending double and is better arching backwards. I remember *Dioscorea* curing a case of renal colic with the two strong symptoms being pain in the kidney region radiating to the testicles and better bending backwards. Have you ever noticed that colic is usually worse in the evening, just as the father comes home from work? What remedy has child good all day and troublesome all night? If you said Jalapa, then you have probably helped many a colicky baby and frustrated parent.

Sinusitis seems to be increasing in recent years. It is now thought to be the culprit for asthma and even Chronic Fatigue Syndrome. Two main remedies are *Kali iodatum* and *Arsenicum iodatum*, especially when there are thick, acrid nasal discharges. *Arsenicum iodatum* has more glandular involvement and night sweats. *Kali iodatum* has more acrid discharges and pain at the root of the nose, pulsating or lancinating in nature, extending to the frontal sinuses. *Sticta* has dull pressure in the forehead and fullness at the root of the nose,

with dry nasal passages. BOERICKE says *Cochlearia*, from the horseradish, has pressing and boring pains in the forehead "as if the frontal bone would fallout". *Cinnabaris*, from mercuric sulphide, has pressing pain above the root of the nose and shooting pains in the bones of the orbit "running from the inner to the outer canthus."

Several years ago a patient of mine called to say that for the past week he had been experiencing chest discomfort while mowing the lawn. He was a pleasant, mild-mannered, mostly sedentary sixty six-year-old male. I immediately sent him to a cardiologist. Two days later he was recuperating from triple bypass surgery. He has continued to do well. Last spring, he called to ask me to send him another bottle of his allergy medicine, I told him, frankly, that I hadn't remembered him having allergies. He reminded me of the severe coryza he would have every spring and fall, until he started using the granules I gave him. I told him I would look it up and send him some more. To my surprise, the remedy was *Bovista*. This prescription was based on the symptom, "nose obstructed, with watery nasal discharge, only from the left side." He had neglected to mention his allergies in recent visits, since he experienced no troubles while using the remedy. Last month, I treated a woman for acute sinusitis. Her symptoms were: pain in the left frontal and maxillary sinuses, with obstruction of the left nose with fluent discharge at the same time. I gave her *Bovista* and awaited her call. The next day she told my secretary the pain was all relieved.

3. BOOK SHELF:

1. **The "Genius" of Homoeopathic Remedies by Dr.S.M.Gunawante B.Jain Publishers, New Delhi. 1995. pp.Viii+611. Rs.150/-.**

One has always been struggling to grasp the essence of a remedy, expressed in as few words as possible. The 'Key-notes', 'Essences' etc. were born this way. Gradually these began to be misconstrued as **the all** of that remedy. The fact remains that studying the proving symptoms only will provide the correctly matched remedy. Nevertheless, we do need some basic information which will 'lead' us to study a particular remedy in the *Materia Medica*.

Sri GUNAWANTE has been endeavouring to help students of the **Materia Medica** to grasp the essential features. His latest book is the fruit of his study of years.

Sri GUNAWANTE rightly observes that the 'Genius' of a remedy cannot lie in 'mentals' or 'generals' alone, but that even particulars, modalities etc. can form part of the 'genius'.

Each remedy has been described under the headings: keywords, synopsis, mind, objective, causation, modalities, cravings/aversions, male/female, child, peculiar, uncommon symptoms. The information has been drawn from a brilliant galaxy of great authors. Of great interest is also the 129 exercise cases given, which aid the study and daily practice.

No doubt this is a valuable addition to the library of students and practitioners alike. It will serve as well as a Desk Top guide. The printing is good, but a work of this type which will serve for years, surely deserves better quality paper.

Very Warmly recommended.

K.S. SRINIVASAN

2. **i. SAMUEL HAHNEMANN - Krankenjournal D2 (1801 -1802) Nach der Edition von Heinz HENNE. Bearbeitet von Arnold MICHALOWSKI, Herausgegeben von Robert JUTTE, 1993.**

ii. Samuel HAHNEMANN - Krankenjournal D5 (1803 -1806). Nach der Edition von Helene VARADY, Bearbeitet von Arnold MICHALOWSKI, 1991

iii. Samuel HAHNEMANN - Krankenjournal DF5 (1837-1842) Transkription und Übersetzung von Arnold MICHALOWSKI. 1992

Until recently the homoeopathic world only speculated as to HAHNEMANN's own practice, how he prescribed, what potencies he used, how did he repeat, etc. Richard HAEHL whose indefatigable work in obtaining the literary legacies of HAHNEMANN including the case registers -all of which later found a safe place in the **Robert Bosch Stiftung, Stuttgart** - gave us glimpses into the life of the Master. However, with regard to the case registers he said they were a source of homoeopathic medical knowledge and treasure which would be quite valuable for many years. HAHNEMANN had left behind 54 case registers. So far the interested persons could gain access to them in the **Institute for the History of medicine in the Robert Bosch Foundation, Stuttgart**. Such persons were quite few. Unless these were

published the majority of the homoeopaths the world over will be in the dark about HAHNEMANN's practice. Personally, I was very anxious that there was always the chance of some of these, if not all, being lost due to violence that seem to be on the increase all over the world. If these records could be published and made available to homoeopaths they will not be totally lost. In my personal letters to some colleagues in Germany I was suggesting this. It was therefore of immense joy to me, a life-time fulfilment, when I learnt that the well-known publishers of homoeopathic literature, Messrs. **Karl F. Haug Verlag**, Heidelberg undertook the work of printing several volumes of this treasure. **Robert Bosch Foundation** came forward to fund the entire project. Then came the problem of finding competent persons who will be able to read the manuscript and interpret correctly. While the entire project was upon the shoulders of **Prof. Dr. Phil. Robert JUTTE**, the responsibility for transcription and editing was by **Dr. Arnold MICHALOWSKI**.

It was resolved that the first of these publications would be released in the year in which the 46 LIGA Congress met in Germany, in May 1991. Accordingly the first publication came out in 1991. This book -D5 -pertained to the years 1803-1806), when HAHNEMANN lived in Wittenberg and Dessau (1803-1804), Torgau (from 1805).

In 1992 the next volume-DF5 -pertaining to the period 1837 -1842, when HAHNEMANN practised in Paris, was published. In this period the case register was in French; the editors have therefore given German translation.

In 1993 the register 02 pertaining to the period 1801 -1802 when HAHNEMANN lived in Molln, Machern, Eilenburg, was published.

Further volumes are awaited.

Study of these volumes in depth require long hours to obtain information as to the remedies used, the potencies, the repetition, the patients whom HAHNEMANN treated. etc. etc. Hopefully I will be able to provide some glimpses of these volumes in the ensuing numbers of the **Quarterly Homoeopathic Digest (QHD)**

- **K.S. SRINIVASAN**

3. **Herings Medizinische Schriften - in drei Banden, Herausgegeben von Dr .med.Klaus - Henning GYPSER. 1638 pages, Ulrich Burgdorf, Gottingen, 1988.**

Let us now come to the foremost of the disciples of HAHNEMANN, Constantin HERING.

To this day there has been none who excelled HERING in every aspect of Homoeopathy - Propagation, Teaching, Provings, Organising, Literary works. A full, detailed biography of this colossus of Homoeopathy does not appear to have been published; chronological listing of his works is also lacking. The slim volume by Calvin B.KNERR, '**Life of Hering**' is too brief. It is also not clear whether all the letters, notes, etc. of HERING have been scanned through, and whether these are still in safe custody and if so where. We know that a good part of HERING's library including his collection of PARACELUSUS' works was donated to the **Hahnemann Medical College, Philadelphia.**

In this regard, Dr.K.-H.GYPSER's editing of the complete German Writings of HERING, is most welcome. GYPSER has collected all the published articles, arranged them chronologically and the well - known German Publishers, Ulrich-Burgdorf, Gottingen, have published these in three volumes in 1638 pages! (Vol.I, 422 pages, Vol.II, 508 pages, and Vol.III, 708 Pages.) Of these 1148 pages are in Gothic script and it takes time to read this script.

The articles - there are 96 articles in these 3 Volumes - cover History, Philosophy, Therapeutics, Materia Medica, Provings, Repertory, Profession, etc.etc. **All these are very relevant even today, it is a treasure house.** I give below the titles of the articles and as and when possible, and if colleagues so demand, intend to translate at least some of these for the benefit of individual readers in the future numbers of the QHD.

1. Letter Communications (from Dr.Constantin HERING to Dr.STAPF. 28 Sept. 1827)

2&3. Communication on the Lepra, native to Surinam, and its homoeopathic cure from letters of Dr. Constantin HERING in Paramaribo, Surinam.

4. Cure of a Haemangioma.

5. Some observations on the quarrel between the therapists and pathologists.

6. On the Snake Venom.

Lachesis trituration

First experiment -1 grain of 1/100 in half

a cup of rain water.

Second experiment -1/100 1/2 grain in a cup of rain water.

Third experiment -1 grain *Lachesis* 1/1000

Fourth experiment.

7. The story of the bite of *Trigonocephalus lachesis* in Surinam, observed by Dr. KUHN (See "Hippokrates, magazyn door Sander en Wachter 5 Deel, Rotterdam, 1813".)

8. Additional observations on the Snake Venom.

9. Fragmentary observations on Hufeland's latest opinions on Homeopathy and its founder.

10. The antipsoric medicines in their relationship to Lepra -a contribution from West Indies by Dr.Constantin HERING.

11. Fragments from lectures :

i. Some observations on the method of study of the remedies and a diagnosis.

ii. On the drawing up of a disease picture.

iii. On the book-keeping of homoeopathic physicians.

iv. On a collected edition of *Materia Medica*.

12. On a proof of the drug indications

13. What is wrong with the profession in practising beneficially the homoeopathic healing art?

14. A survey of the whole treasury of medicines - A provisional attempt as guide to artistic experiments.

15. Casual reflections on the Hypothesis and Experiment, Miasma and Contagion, Pathogenesis. patho-erodus, besides different significantly new ideas.

16. Some observations on *Psorinum*.

17. About the repetition of the remedies, and some useful supplements on War and Peace.

18. Brief notes, extracts from Constantin HERING's letters to the editor.

19. Supplement to the "Communications from C.HERING's letters to the editor".

20. Philological annotations to the name *Psorin* (*Psorinum*)

21. Brief remarks, excerpts, from Constantin HERING's letters to the Editor (Continuation).

22. The Snake Venom as curative medicine. Supplement Case reports Symptoms and indications of the Snake Venom, a brief survey.

23. To the homoeopathic physicians. On the advantages of the provings of new remedies.

24. Heat from distance, application for all poisonous wounds.

25. The influence of mass.

26. Suppurations.

27. Demands.

28. Suppurations.

29. Symbols for indicating the potentised medicines.

30. Communication with regard to medicinal provings.

31. Observations on Charcoal.

32. Pointer for judging the **Organon**.

33. On the study of the homoeopathic **Materia Medica**.

34. Introduction to JAHR's Handbook. English-American edition as also criticism of the German original.

35. Forward! by Dr.Constantin HERING IN Philadelphia.

36. Milestones and Signposts for further development of Homoeopathy. Written between 1833 to 1843

37. Open letter to the Meeting of Homoeopathic Physicians in Magdeburg on 10

August 1844, Philadelphia 20 June 1844.

38. The Milestones -Part II. What is similar?

39. Observations on JENICHEN's high potencies. Braunschweig, August 1845.

40. Continuation to the debate on JENICHEN's high potencies.

41 .Correction.

42. Some recollections on the Scarlet fever epidemics.

43. On the relationship of the plants and their effects.

44. Remarks on the Citatensitation.

45. Proposal for improving the standard of our medicines.

46. The pathological anatomy from the viewpoint of uselessness.

47. The new drug provings.

48. Marginal notes to the **Materia Medica.**

49. Cures with *Fluoric acid*.

50. Survey of our drug provings in the order of the provers -a contribution to this history by C.HERING.

51. What is Similar? The Milestone, Part II.

52. Requirements for just judgement of HAHNEMANN.

53. Introduction to the American translation of JAHR's **Symptomencodex**. (an exact copy of the original German)

54. The Times of the Day of the Remedies

55. High Potencies.

56. A proposal from Dr.C.HERING.

57.*Psorin* and its chemical preservation.

58. Annually at the same time.

59. Reply to the "Open letter" in No.17

of the Volume 44 of the **Allgemeine horn. Zeitung**, to Constantin HERING.

60. Protest against falsifying history.

61. The pathologising of the **Materia Medica.**

62. For Comprehension.

63. Regarding the printing of the American Drug Provings.

64. The Discovered Secret.

65. JENICHEN and no end!

66. Justifications for the scientific proving of Snake Venoms.

67. Where is the proof for this symptom?

68. The Dispute is over - why then the shibboleth and for that an obscure one. For discussion of GRAUVOGL's proposition, to strike off Homoeopathy, in the **Vierteljahrschrift XI" 479** by Dr.C.HERING.

69. Moves. Expansion of the studis of Dr.ROTH in Paris.

70. Warning on the Paris "*Lachesis*".

71. Anecdotes from Life.

72. On Dr. KLEINERT's "Source Record of the Physiological Drug Provings".

73. Historical comments on *Euphrasia*.

74. The Paris "*Lachesis*" and a proposal for good.

75. Request for information.

76. LANGHAMMER and no end.

77. The pathological fear of Hydrophobia.

78. The destruction of *Trichnea* by *Tellurium*.

79. Announcement of a large collected work of our **Materia Medica.**

80. The superficial and the intrinsic of our **Materia Medica.**

81. Address at the opening of the Lectures on Therapy on 13 October 1864.
82. Some well-meaning words for the beginners about our **Materia Medica**.
83. The New Editions of our **Materia Medica**.
84. The sifting of the remedy indications.
85. Smelling and tasting.
86. The importance of complete collection of symptoms.
87. The intentional distortion.
88. Our results.
89. *Spongia* in heart ailments.
90. Skirmishes in our East Coast.
91. To all friends of homoeopathic medical art.
92. The Ant as medicine.
93. A hotch-potch for criticism.
94. *Sulphur* in Cholera.
95. VIRCHOW's verdict on "our future" a textbook for physicians.
96. Dr.X. Y's inaugural address on taking over as Professor of Homoeopathy in the University of Strassburg in the year

COMING EVENTS

I. HOMOEOPATHIC RESEARCH & CHARITIES PRESENTS A FOUR DAY SEMINAR ON PHILOSOPHY & PRACTICE BY DR. RAJAN SANKARAN & DR.JAYESH SHAH ON 15th-18th AUGUST 1996 at Patkar Hall Sir Vithaldas Thakersey Marg, Near Income Tax Office, Churchagate, Mumbai -400020.

FEES: Doctors: Rs.600/- (Rs.750/- after 1st July 1995) Interns/Students: Rs.200/- (Rs.300/- after 1st July 1995) Timings: 9.00A.M. To 3.30 P .M. Contact: Tel: 6050914 Fax: 604 5637

II. V ACATION WITH VASSILIS : His only speaking engagement of the year! Cape Cod, MA August 10-14, 1996. Sponsored by NEW ENGLAND SCHOOL OF HOMOEOP A THY.
FEES: Before May 15,1996 -\$430 From May 16 to July 1- \$475 After July 1,1996 -\$510 Contact: NEW ENGLAND SCHOOL OF HOMOEOP A THY, 115 Elm Street, Suite 210 Enfield, CT 06082 Tel (800) NESH-440, Outside U.S.(860)253- 5040; Fax (860) 253-5041.

III. HOMO EO V ASAM SEMINARS PRESENTS A WORKSHOP BY I.C.R. THEME: INTEGRATED HOMOEOPATHIC PRACTICE -THE I.C.R. APPROACH on 15th & 16th June 1996 at Hotel Connemara, Madras. Fees: Doctor: Rs. 600/- (Rs. 700/- after 1st June 1996) Students/Interns: Rs.500/- (Rs.600/-after 1stJune '96) Contact: Dr. P.V.VENKATRAMAN, 15, 1stMainRoad, Lake Area, Nungambakkam, Madras -600 034. Ph: 825 75 36.

IV. Hungarian Homoeopathic Medical Association, Budapest, holds the first **HUNGARIAN INTERNATIONAL HOMOEOPATHIC CONGRESS TO BE CONDUCTED AT BUDAPEST, HUNGARY** on November 9-10, 1996. The Topics at: In memorian Dr. Samuel Hahnemann, Homoeopathy in the field of prevention, Research in homoeopathy, Homoeopathy -is it a low-cost or expensive treatment? Fees: Until June 30.1996 USD 175.

The Foundation for Homoeopathic Research Presents International Journal:

HOMOEOPATHY TIMES (Quarterly)

Editors: Dr. RAJESH SHAH & RUPAL SHAH

HIGH LIGHTS 1995: Today's Seminars, thoughts on; Grand generalisation; Materia Medica; Uncommon Remedies; Discussion & Research, etc.

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