

CENTRE FOR EXCELLENCE IN HOMŒOPATHY

CONTINUING HOMŒOPATHIC MEDICAL EDUCATION
SERVICES

QUARTERLY HOMŒOPATHIC DIGEST

VOL. XIII, 1996



**Lead me from Untruth to Truth
Lead me from Darkness to Light
Lead me from Death to Immortality**

Adyaya I Brahmana 3 Mantra 28
Bṛhadāranyaka Upaniṣad

(This service is only for private circulation. Part I of the journal lists the Current literature in Homœopathy drawn from the well-known homœopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, USA, etc., discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.)

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1. QHD, Vol. XIII, No.1, 1996

PART 1- CURRENT LITERATURE LISTING

(The journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals world-over -English, American, German, French, Belgian, Swedish, etc, discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and address of the journals covered by this compilation are given at the end of part 1 of this journal and reader are requested to refer to them for full articles.)

I. PHILOSOPHY

1. Zu Hahnemanns "Fragments de viribus medicamentorum" (HAHNEMANN's "Fragmenta de viribus medicamentorum")
KLUNKER W. (ZKH, 39, 1 & 2/1995)

In 1796 HAHNEANN published to the world his discovery of the principle of Homoeopathy as a scientific therapeutic art through his essay "**A New Principle for Finding the Healing Powers of Medicinal Substances**" This was followed in 1805 by the "Fragmenta de viribus medicamentorum" which was the forerunner of the: Pure Materia Medica.

The "**Fragmenta**" was in Latin. The **Materia Medica** part of the "**Fragmenta**" was Included in the **Pure Materia Medica**, however, the "**Preface**" to the "**Fragmenta**" was never translated from the German. For the first time now the Preface has been translated from the Latin into German, and presented in this article. This Preface clearly states that it is essential to know the pure action of medicinal substances apriori. This translation will ensure that it will not be lost for posterity. (An English translation from the German will be given separately, in the QHD. it is also interesting that Dr. Josef SCHMIDT also has done similar service to Homoeopathy by translating the Preface to the "**Fragments**" which has been published in the A HZ, 2.40,3/1995. = KSS)

2. SWEDENBORG und KENT - Uber den Einfluss von Emanuel SWEDENBORG auf die homoeopathische Philosophie des James Tyler KENT (SWEDENBORG and KENT - On the influence of SVJEDENBORG over James Tyler KENT's homoeopathic Philosophy)
Van GALEN E. (ZKH. 39, 1/1995)

Several American Homoeopaths, C. HERING and J.T. KENT, prominent among them, were members of the "New Church" based on the theories of the Swedish philosopher, scholar and mystic Emanei SWEDENBORG (1688 -1772). Classical Homoeopathy as it is known today is based on the teachings of such stalwarts like - HERING and KENT. How much of the 'classical' is Homoeopathy as it is known today is based on the teachings of such stalwarts like HERING and KENT. How much of the 'classical' is 'hahnemannian'? Surprisingly very little is-known about the influence of SWEDENBORG's theories on the development of Homoeopathy in the USA and consequently the 'classical' Homoeopathy as known today, A study reveals that in the case of KENT at least the influence of SWEDENBORG was great.

A very interesting study, (Please also refer to Dr. G.S HEHR's 'Was Kent a Hahnemannian?' in the BHJ Vol. 73, 2/1984, pp. 71-74 = KSS)

3. Die Wiederkehr des Verdrangten in Homoeopathie and Psychoanalyse (The Return of the Suppressed in Homoeopathy and Psychoanalysis)
APPELL R. (A HZ, 240, 2/1995)

The return of the suppressed according to HEHING's Law and the Rules of Transference Neurosis are essentials of the healing process in Homoeopathy Psychoanalysis. Not only patient but also Homoeopathy as well as Psycho-analysis itself suffer from unresolved reminiscences and suppressed memories which do not fit with the ideals of science. Instead of denying these memory traces, they should be realized and integrated as enrichment of the therapeutic arsenal.

4. How Freud's **Arsenicum** Pathology was Instrumental in, his Founding of Psychoanalysis
ZAFIRIOU Vangelis (EJH, 1, 1/1995)

This is a very interesting study of Sigmund FREUD's pathology and its influence on FREUD's theory of Psychoanalysis. With the help of the rubrics in KENT's repertory the psycho-pathology of FREUD is juxtaposed with the *Arsenicum* pathology. The study also points out that one's pathology shapes one's destiny or even genius, In the case of FREUD the main aspects of his Psycho-analysis theory, structure and practice and his own pathology are similar to *Arsenicum*. The author also concludes that true understanding of the real dimensions of psychoanalysis can only be reached using the tools provided to us by Homoeopathy.

5. Homoeopathy: Art or Science?
VITHOULKAS G. (EJH, 1, 1/1995)

The **European Journal of Classical Homoeopathy (EJH)** has begun a section titled 'Crossfire'. This section is to "criticise the theories and practical procedures which emerge from the approach of various people connected with the development of homoeopathic knowledge. It will prove to be a platform for well-disposed critical comments, even though sometimes these may take an extreme or provocative form."

In this very first issue of the journal the teachings of Dr. Rajan SANKARAN reflected in his books **The Spirit of Homoeopathy** and **The Substance of Homoeopathy are taken up**. The criticism is quite strong. VITHOULKAS argues that carrying the 'art' too far in practice and more so in teaching would lead to bitter disappointment. In the subsequent numbers of the EJH we see readers' arguments in favour of and against. Although the Editor has said in the beginning that the criticisms may take a 'provocative' form, such harsh criticism may lead to avoidable bitterness. We see very interesting arguments from the readers in the remaining numbers of the EJH.

6. Dreams in Homoeopathy -A Snake in the Grass.
MORTELMANS Guido (HL, 8,1/1995)

In the recent times we have come across 'dream provings' viz. a remedy is "proved" with reference to its dreams only. Dreams are considered a part of the 'Mind' in this sense (the complete Repertory Vol. I MIND contains Dreams).

While there are as many dreams as there are dreamers, dream of snake has been considered with particular attention -perhaps because we have many snake remedies. One cannot otherwise say as to why the snake dream is given so much importance.

In this interesting article the author discusses: The Doctrine of Signatures, the frequency and content of dreams, the symbolism of dreams, Dreams in the Repertory, the use of dreams in finding the remedy. A long and interesting list of 'references' is also appended.

II. MATERIA MEDICA

1. **Antipyrine**
TARKAS P.I. (NJH, 4, 1/1995)
A brief Materia Medica of *Antipyrine*
2. **Grindelia**
KASIVISWANATHAN T.I. (NJH, 4, 1/1995)
- Compilation of the remedy symptoms
(sources?) with two cases from KENT.
3. The Plant Platinum
SHUKLA Chetna (NJH, 4, 11/1995)

26 year-old woman, married, with foul-smelling leucorrhoea worse after coition and after micturition; burning urination, eruptions in the pubic region. Irregular and delayed menses. Her case looked like *Platina* and *Pulsatilla*. She liked flowers particularly red rose; dreamt of rose gardens and lying amongst roses daily and enjoyed Gulkhand. Remedy was prepared from fresh red rose petals and given in the 30 potency and she made a total cure.

The author has made a 'proving' of the Red Rose in the 30 potency with 8 provers. .

4. "Held by a Finger"
MANKANI Meena (NJH, 4, 211995)

The author says "I have gathered an understanding of *Silicea* out of treating 13 cases of "anxiety neurosis" wherein *Silicea* was clearly indicated. The age group of all these patients was between 19 and 37 years ...There was a common pattern as to the predisposition and the aggravating factors ...one rubric seemed to be central to the understanding of *Silicea* in these patients and that is - Dreams, held by finger, being."

5. The Tricky Python
SHUKLA Chetna (NJH, 4, 211995)

A new remedy "*Python*" prepared from the excreta of Python, was used for treating the backache in a woman. The basis was: the patient enjoyed reading Egyptian stories revolving around the stories of the Pharaohs, the queens and their ceremonies, slaves to work; she loved to be an Egyptian or Roman Queen with all the riches, slaves working for her. Sometimes she dreamt of an Ichchadhari snake which can change its form whenever desired, or huge big snakes like Pythons; of water, travelling, of landscapes, rivers. Often dreamt of snakes coming to sting her daughter but she always saved the child.

Encyclopaedia of Mythology and the World Book Encyclopaedia confirmed that the patient was mystically involved in the stories of Roman Egypotian mythologies as the serpent Python and Typhon.

Hence remedy prepared to 30 potency from the excreta of *Python* relieved the patient's ailment. The author says that a short proving also was done which confirmed the symptoms. The author has also used rabbit's urine in one case successfully!

6. Ekzem - ***Natrium carbonicum*** (Eczema - *Natrum carbonicum*)
FORESTER G. (ZKH, 39, 1/1995)

A chronic Eczema was cured with *Natrum carbonicum*. The peculiar localisation of the eczema: finger tips and below the nails was thus verified ("Blistered spots on all the toes and finger-tips, as if scalded, enclosing the nails all round, as if the nails would be taken off by suppuration." Symptom No.919 Chronic Diseases)

7. ***Aconit*** is nicht nur ein akutes Mittel (***Aconite*** is not only an acute Medicine)
KELLER G.v. (ZKH, 39, 1/1995)

Aconite is not only a remedy for acute fevers. According to HAHNEMANN it can be used in chronic diseases as well. (See Introduction to the remedy in the **Materia Medica Pura**) The author relates a case of spasmodic neuralgia of the face.

8. ***Natrum sulfuratum*** -Teil1: Eine Arzneipruefung (CROSERIO) aus HAHNEMANNs Nachlass.
Teil 2: Drei weitere Arzneipruefungen aus HAHNEMANNs Nachlass
Natrum sulfuratum - Part 1: A Proving (CROSERIO) from HAHNEMANN's legacy. Part 2:
Three further Provings from HAHNEMANN's legacy)
KLUNKER W. (ZKH 39, 2&4/1995).

Natrum sulfuratum (Na₂S) was introduced 150 years ago into Homoeopathy but the remedy has not been dealt with in any of the extant *Materia Medicas* - JAHR, HERING, HUGHES-DAKE,

KENT, BOERICKE, CLARKE, STAUFFER, LEESER, LATHOUD, DUPRAT, VOISIN, MEZGER -Even in T.F. ALLEN's **Encyclopaedia** only a poisoning is mentioned.

CROSERIO of Paris proved the remedy which was published in the **Archiv fur die homoopathische Heilkunst**" (translated into German from the French), in 1838. This material was brought to the knowledge of the homoeopathic world by Dr. Pierre SCHMIDT in the LIGA Congress in 1931, but it has continued to lie suppressed. Dr. KLUNKER has now, for the first time perhaps, made German translation from the original hand-written manuscript found among HAHNEMANN papers collected by Richard HAEHL. Three later Provings have also been taken up and published. (English translation of these would be published in the OHD as early as possible = KSS)

9. Arzneipruefung von **Cyclosporinum** (Drug proving of **Cyclosporinum**)
BRUSET S. ERAKER Y.J. INGULDSTAD T., LUNDEN J., RANDEN A., ROSSBERG B.O., SELMER H., TVEITEN D. (A HZ, 240, 1/1995)

Cyclosporinum represents a major medical advancement in immuno-suppression and organ transplantation through suppression of the "helper T -cells" (CD4). The Norwegian Academy for Natural Medicine did in 1991-1993 a proving of *Cyclosporinum* D 12- 200. The main characteristics of the remedy are weakness, coldness, dyspnoea and weakness, dryness and symptoms from the digestive and urinary systems. The remedy will be clinically tested by a group of experienced homoeopaths during 1994 for immunological properties.

10. Ein **Dulcamara**-Fall. (A **Dulcamara** Case)
BRAUN A. (A HZ, 240, 1 & 2/1995)

The Solanaceae *Dulcamara*, 'Bitter-sweet', was praised as a remedy against the bad effects of cold, especially wet-cold long before HAHNEMANN. Inability to accommodate oneself to a sharp fall in temperature is found mostly among allergic persons; in old age it occurs much more. K. ST AUFFER has this in consideration when he says "where *Aconite* is prescribed in strong, young persons, *Dulcamara* is for older persons with reduced power of resistance". According to Otto LEESER it is similarity of steroid alkaloids with cholesterine by which the latter is removed from the borders of 'Cell in *Dulcamara* which makes the entrance of other substances, for instance allergic substances, easier; up to now provings showed a certain miss of psychical symptoms, different from most of the other Solanaceae. Main effects: arthralgic-neuralgic symptoms, urinary system, skin and mucous membranes.

A case is presented from which the importance of initial symptoms of the skin in *Dulcamara* becomes evident.

11. Einsatz von Einzelmitteln an der Kurklinik Benediktusquelle vom 1.02.91 bis 20.09.92 (Use of single remedies in the Rehabilitation Clinic Benediktusquelle from 1.2.1991 to 20.9.1992)
ZEEDEN H. (A HZ, 240, 1/1995)

The possibility of applying homoeopathic single remedies (including complex medicines, organ-derived remedies and Nosodes) in a Clinic for rehabilitation are reported and discussed. The results show that in more than 50% good results can be obtained. The limiting factors are also explained.

12. BACH - Blüten und Homöopathie (BACH Flowers and Homoeopathy)
FRANZ A. (A HZ, 240, 1/1995)

Edward BACH, an English bacteriologist and homoeopathic physician (1886-1936), began his career with investigation of the bowel bacteria. He was the first to develop a method of microbiological therapy. With application of the homoeopathic potentizing technique, the Bach-Paterson Nosodes - in use until today - is derived. Subsequently he used these remedies exclusively according to the mental symptom picture of the patient.

Later on, BACH turned away from the bowel bacteriae - not at least for aesthetic reasons - and looked about for plants with similar healing powers. He found them in the course of his daily walk through the English and Welsh landscape. Inspired by the early morning dew on the flowering plants,

he developed his own potentizing method of the blossoms using spring water and sunlight -a further application of the three alchemistic principles Sulphur, Mercurius and Sal.

Primarily used by medical amateurs and in esoteric circles, the Bach flowers were considered only very little until now. While employing these remedies, the homoeopathic rules are applicable including the **Hering's Law**. Therefore homoeopaths must, in the opinion of the author, study this wonderful healing method thoroughly.

13. **Medorrhinum**
MASTER Farokh J. (HH,20, 1/1995)

This is a brief essay on Medorrhinum, high-lighting only the important features.

14. Comparative Study of **Ignatia, Natrum muriaticum and Staphysagria**
PANCHAL Priya (HH, 20,1/1995)

Useful study of the 'differential' of *Ignatia, Natrum muriaticum* and *Staphysagria* .

15. All that Yields Is Not **Pulsatilla**
WEINSTEIN Corey (HH, 20,2/1995)

While *Pulsatilla* is the first choice for 'yielding' patients, it is not correct to imagine that there are no other remedies equally called for in this characteristic. The differential between *Anacardium, Alumina, Calcareo carbonica, Causticum, Ignatia, Sepia, Silica, Pulsatilla* are highlighted.

16. **Franciscea uniflora**
MMS H.P.J.A. (HH, 20,3/1995)

Franciscea uniflora is an unproved drug. Information in the BOERICKE **Materia Medica** is only few lines. However, this remedy has been found to be of great use in certain Arthritis cases, Bechterew's disease. The author has narrated case from practice. (See OHD V, 3/1988 for more information on this remedy)

17. Gall-stones cured by **Fel tauri**
NIMBHORKAR M.P. (HH, 20,3/1995)

Fel tauri 6 repeated doses over a long time (about ten months) removed completely gall stones.

18. **Aconitum napellus** – History
MANDAL Tapan Chandra
(HH, 20, 3/1995)
Interesting study of this remedy.

19. **Anhalonium**
VITHOULKAS G. (EJH, 1,1/1995)

The European Journal of Classical Homoeopathy is a new journal to join the distinguished journals in Homoeopathy. The journal is edited by George VITHOULKAS whose name is quite well-known. In this, the first number of the journal Anhalonium also known as Anhalonium lewinii, Lophophora williamsii, Mescaline, Mescal buttons, Peyote, Peyotl, Pellote - is studied.

The homoeopathic clinical picture of the remedy as described by VITHOULKAS beyond its singular sociological and historical interest, presents a rich and interesting source of symptomatology which apart from anything else may eventually cause it to be prescribed more frequently. Only the remedy's 'essential features' is published. Complete clinical picture may be found in Volume II of '**Materia Medica Viva**' of VITHOULKAS.

20. Using the Bowel Nosodes
LAING Richard (BHJ, 84, 111995)

The Bowel Nosodes are very under-used remedies; one comes across very few cases reported in the journals. Only the **British Homoeopathic Journal** and among the Indian journals the **Medicina Futura Homoeopathy** write on these valuable Nosodes.

In this article the author reports cases treated with *Morgan Pure*, *Morgan Gaertner*, *Gaertner*, *Sycotic Co.*, *Dysentery Co.*, *Bacillus f'Jo.7*. In almost all cases the 6 potency has been used b.d. until improved.

Dr. LAING quotes from John PATERSON: John PA TERSON apparently used the nosode related to the patient's constitutional homoeopathic medicine, giving it as 3c-6c, 2 or 3 times a day. This was said to make the dying process in terminal cancer cases, gradual and peaceful. A suggestion worth pursuing.

Much interesting material in this article.

21. The other **Natrum** salts
HOLLAND Lee (BHJ, 84, 111995)

This is a very interesting study of comparative **Materia Medica** of five *Natrum*s -*Natrum sulphuricum*, *Natrum muriaticum*, *Natrum carbonicum*, *Natrum phosphoricum* and *Natrum arsenicosum*. The Key-notes of the remedies are mentioned. There is also a Table comparing all the five *Natrum*s, with reference to the Generalities, Food desires and aversions, Constitution.

22. Anac, Anac, Who's There? A Study of **Anacardium**
WOLF, Carol "Me!" (JAIH, 88, 111995)

In this very helpful treatise, Dr.WOLF describes some of his experiences with *Anacardium* in the treatment of behavior disorders in children, typically children who have been the subject of parental abuse or neglect. Central characteristics consist of the following: callousness, violence, cruelty, intimidation, evil, behavioral aggravation from sweets, cursing rages (oft directed at the parents), low self-esteem, bravado, lack of conscience and empathy, religious mania or denial of God, and aversion to school work. Contrary to the well-known memory deficits typical of this remedy, Dr.WOLF has discovered that many *Anacardium* children possess a keen memory, which is frequently employed in quarrels with their parents.

23. **Millefolium**: A Little Known Bruise Remedy
WOOD Matthew (HT, 15, 111995)

Achillea Millefolium a remedy known to Homoeopathy since its early days has been rarely used. The author says that this remedy is very good for bruises with cuts. This remedy is mentioned by HOMER for its use in battle wounds. The Roman legions called it Herba militaris. *Arnica* and *Millefolium* are compared and the author concludes that for bruises with bleeding *Millefolium* pack (external) is great.

24. Confirmatory Symptoms and Keynotes MALERBA Larry (HT, 15, 2/1995)

This small case is very interesting for the insight it gives in the curative range of the homoeopathic remedy *Borax*.

A two-week-old male baby suffered from a broken left clavicle due to difficult labor. The child was irritable, slept increasingly longer .hours only to become more irritable after waking up; rashy, pimply face; white coating of the tongue; suddenly refusing to nurse, especially the left breast. It was also noticed that the child would start and his arm would fly up during the descent of the swing. *Borax* 30 calmed the child immediately as also the knee bending. He nursed easily and was not startled by noises. The remedy was repeated two weeks later and the rash on his face became stronger. He had also developed full use of his left arm!

A very interesting case.

25. **Aristolochia** anecdotes
SHELTON Susanna (HT, 15, 2/1995)

The author cites two cases in which the near-miraculous speed with which *Aristolochia clematitis* 30 healed friction blisters. The relief was overnight! For more information on this remedy read Edward C. WHITMONT's article in his book Psyche and Substance.

26. Two **Bromium** Cases
JANSEN Jean Pierre (HL, 8, 1/1995)

Two cases -Boy, 16 years age, Girl, 11 years age -are reported to highlight the mental symptoms that were common to both and the remedy was *Bromium*. A strong mental symptom common to both was Fear of being alone in the evening. The first case was a Mononucleosis and the second Hayfever.

27. Etude du Mental de **Bryonia alba** (Study of the Mental of **Bryonia alba**)
ALAERTS Jean (RBH, 47, 1/1995)

This is an interesting study of the 'mind' of *Bryonia*: The longing to return home. (Delusions that he is away from home: that he is in a strange land; Attempts to escape; Talks of home; Desire to go home). The delusion that he is under the control of strangers. Themes of work, business. Fear of poverty (Suspicious; Avarice; Envy; Kleptomania, etc.) Fear of being poisoned. Anger, irritable, vexation. Delusion of being injured. Fear of suffering (Anxiety about health; Fear of death; Fear of impending disease; Fear of insanity; Despair of recovery, etc.) Desire to be quiet; Averse to being disturbed; Desire to be quiet; Aversion to company;

The author uses the SEHGAL method of interpretation of the symptoms in this connection.

28. Du rire aux remedies en Homeopathie (Laughter in the homoeopathic remedies)
RODEGEM R. (RBH, 47,1/1995)

Laughter is a non-verbal message. In this interesting article the physiology of laughter (vocalisation), the laughter rubrics in the repertory, the miasmatic gradation of laughter, the denominations (exhilaration, smile, gay, gaiety, mirthful etc.), the qualifications (idiotic, imbecile, sardonic, etc.), the modalities, the alternations, the detailed rubrics in the repertory etc. are all discussed. The article shows the detailed and thorough study 'of one action occurring under different moods, circumstances, variations, and the remedies that are relevant.

29. *Veratrum album* -A Travers quelques cas (*Veratrum album* -some cases)
SOUK-ALOUN P. (RBH, 47,1/1995)

Five cases are reported to show the range of action of this remedy.

III. THERAPEUTICS

1. **Asthma**
KOTHARI Manu (NJH, 4, 1/1995)

This is one more article from the author who has cleared many wrong notions. He quotes from CECIL's **Textbook of Medicine** "The currently accepted definition does not specify a cause or causes, identify unique clinical or pathologic features or mention immunologic mechanisms. It does describe, however, the fundamental abnormality that is common to all asthmatic patients -reversible hyper-responsiveness of tracheo-bronchial smooth muscle". So, that is asthma! He gives one more quotation from The American Thoracic Society's definition of Asthma "a disease characterized by an increased responsiveness of the trachea and bronchi to various stimuli, and manifested widespread narrowing of airways that changes in severity either spontaneously or as a result of treatment".

2. Asthma and Its Natural Cure
KONDEKAR Prakash (NJH, 4, 1/1995)

What Naturopathy could do in Asthma. The author gives the following tips which all can follow to their benefit.

1. Take a 3 to 5 kilometre walk early morning in the fresh air.
2. Take sunbath in mild sun two times a day.
3. Perform suitable Yogasanas for 5 to 10 minutes daily.
4. Take simple vegetable diet without extreme taste.
5. Take only freshly prepared warm food. Keep the ratio between cooked and uncooked food one to one or as close as possible.
6. Diet has to contain fresh leafy vegetables and seasonal fruits.
7. Take germinated moong, matki and methi with one meal preferably lunch.
8. Avoid taking toxic drinks like tea, coffee, instead take herbal tea or decoction.
9. Avoid bananas and strawberries since they release histamine in the body.
10. Avoid sleeping during day.

3. Bronchial Asthma: Psychological Considerations
PAREKH Mahesh (NJH, 4, 1/1995)

Emotions may modify the immunological or allergic mechanism responsible for some cases of Asthma.

4. Acute Attack: Treat with Constitutional or Acute?
HUMRANWALA Parinaz (NJH, 4, 1/1995)

An 8 year-old girl with severe bronchial asthma and allergic bronchitis; Cough would end in vomiting. Suffering since 5 years. Has been on steroids, Restless; Dromomania; Fear of dogs and cats; past history of Tuberculosis; Desires milk products; Worse damp weather and change of weather. *Tuberculinum bovinum* 200 repeated 4 times over a period of 14 months cleared her completely. This remedy was her constitutional.

5. A Case of Asthma
BHATT Shraddha (NJH, 4, 1/1995)

4 year-old boy with recurrent cold, cough and fever since 1 1/2 years age, every two months. Worse at night. Fear of animals; Desires fat, ice-cream. *Tuberculinum* after which there was a change which called for *Phosphorus*, which relieved.

6. Asthma -A Personal Experience
WADIA S.R. (NJH, 4, 1/1995)

The author was converted to Homoeopathy by his own personal experience -he was suffering from Asthma as a medical student and was cured by Homoeopathy. Diet and Yogasanas play a great part in this. He narrates two cases: A four year-old girl who developed eczema after the triple vaccine immunisation; this eczema was treated with topical applications and then came Asthma which was treated with antibiotics and cortico-steroids. Another case is that of an army Major 38 years, with Asthma. In both cases *Thuja* and *Natrum sulphuricum* were the main remedies.

7. The Open Book
PARTHASARATHY Vishpala (NJH,4,1/1995)

A 28-year-old man with 'difficulties' in breathing. He spoke of himself quite freely and openly. *Phosphorus* covered all his rubrics.

8. The Unfortunate **Sarsaparilla**
SHUKLA Chetna (NJH, 4, 1/1995)

Feeling unwanted, unfortunate; morose, offended easily; Quiet disposition; Desire to be silent; Irritability during menses -in a 26 year-old girl pointed to *Sarsaparilla* for her chronic colds.

9. Asthma versus **Arsenic**
SHAHI Hardeep (NJH, 4, 1/1995)

A case of *Arsenicum album* in Asthma.

10. Struggle for Success
MURTHY Prabhakara (NJH, 4, 1/1995)

Whatever be the ailment a complete case-taking including the mental and the peculiar symptoms, the concomitant symptoms etc. would lead to the curative remedy. The author demonstrates this with two cases.

11. A Case of Bronchial Asthma
MEHTA Kishore (NJH, 4, 1/1995)

3 Year-old boy much pampered; tantrums, obstinate; colds, cough, sorethroat, worse change of weather, damp, sweets, seaside, fruit juice, tomatoes, night, lying on left side. Better sitting, fanning, dry weather, bronchodilators and occasional steroids. Became worse after birth of a sibling. *Lachesis* cured. Study of a case in its evolution, Miasms and chronology are all essential for a successful prescription.

12. Help Me, Please?
PARTHASARATHY Vishpala (NJH, 4, 2/1995)

In this Editorial for the number dedicated to 'Neurosis' the Editor says that an area with high percentage of Neuroses is -Marriage. She cites two cases to point this out. It was *Staphysagria* in one and *Kali carbonicum* in the other. While the environment in which the patient lived -which indeed was the cause of the Neurosis -remained unchanged; the patient was able to cope up with the environmental stresses after taking the homoeopathic remedy.

13. Neurotic Disorders
ASRANI CH. (NJH, 4, 2/1995)

This is a brief article describing Neurosis and the clinical features.

14. Behind the cause
BANSALV.P. (NJH, 4,2/1995)

In this short article the author suggests to look behind the cause of the ailment.

15. Neurosis and Homoeopathy KASIVISWANATHAN T.K. (NJH, 4, 2/1995)

The different kinds of Neurosis and the homoeopathic treatment is discussed briefly; a short list of the rubrics in the repertory is also appended.

16. Neurosis -It's Natural Cure
KONDEKAR Prakash (NJH, 4, 2/1995)

Franz Anton MESMER opined that the influence of the planets is also responsible for neurosis and health could be had by reestablishing harmony of magnetic fluids. Sigmund FREUD postulated traumatic experience as the chief cause of neurosis. Tranquilizers and other drugs are used in the Allopathic Medicine. In Naturopathy, Hypnotherapy, Meditation and Relaxation are the main methods.

17. The Intoxicated Social Worker
SHEILA RAO (NJH, 4, 2/1995)

The first case vindicates what Dr . PARTHASARATHY has said in her Editorial (see 12 above). This 24 year-old female, married to a person from a different economic and cultural background couldn't be happy and became mentally ill; behaved in a bizarre manner. *Cannabis indica* M (repeated) cured her.

In the second case, a 30 year-old married woman developed fears and anxiety after hearing that she may be suffering from Tuberculosis (after an X-ray) Although a second X-ray after one week's treatment with antibiotics showed that there was no Tuberculosis, she did not overcome her fears, sleeplessness, etc. *Tuberculinum* M (prescribed on the basis of the shock that she was suffering "from Tuberculosis!") cured.

18. Cases from Neuroses Clinic
MARATHE Rama (NJH, 4, 2/1995)

Case 1: 19 year-old girl with Vitiligo all over her legs; left- sided migraine.

Out of the four remedies in BOERICKE's Repertory for Leucoderma (p.910), *Natrum muriaticum* was selected since it suited her mental state which brought about the desired result.

Case 2: 45 year-old woman, obese. Vague complaints like exhaustion, sleeplessness, inability to control her diet, etc. Anxiety, ideas crowding her mind at night leading to sleeplessness, fear that something would happen, fear of infection (she went to a Naturopathy camp but on hearing that some AIDS patients were attending the camp she stopped). *Calcarea carbonica* was her remedy.

Case 3: 25 year-old woman with complaints of menstrual irregularity, indigestion and constipation. She was staying in a working women's hostel and was employed in a private company. She had to work for her family (her father had died two years ago) .She was much irritated to be staying away from her family, and always talked about her home. Fear of poverty, insecurity. *Bryonia* (Homesickness and Fear of poverty) was her remedy.

19. Melancholia labelled as Schizophrenia DAGADE Ramakant B. (NJH, 4, 2/1995)

19 year-old girl of a doctor. She developed depression due to disappointment in her academic career. She failed to get admission for the study which she wanted to and when she at last got a chance to study abroad she developed fears, nervousness; Complained that her parents were more interested in her younger sister. Demanded attention from all members of the family. *Lachesis* M one dose with Bach Flower Remedy Holly 5 drops b.d. improved considerably. At this time she was put into the care of a leading Psychiatrist who diagnosed it as Schizophrenia and with ECT and other drugs she became worse. She was now again brought for homoeopathic treatment and *Lachesis* M and *Holly* (Bach Flower) completely restored.

20. A Case of Depression
SEN Chandrima (NJH, 4, 2/1995)

56 year-old man, formerly happy-go-lucky, began to talk irrelevantly, which was diagnosed as depression and treated with anti-depressants. He seemed disinterested in everything, sat like a dummy, and did not communicate even with his wife and daughter. He had a wayward younger brother whom he loved much and supported him in everything; this brother behaved so badly as to cause the death of his father. Depression came on after this. His late father seemed to be telling him that he was responsible for the state of affairs since he supported the younger brother in all activities. *Phosphoric acid* M (4 doses) restored him.

21. The Trapped Woman
DHAWALE K.M. (NJH, 4, 2/1995)

30 year-old, married woman, with lot of tension and related problems; also a 'tinnitus'. Detailed history points to *Natrum muriaticum*. Case Analysis is quite educative.

22. A Case of Anxiety Neurosis
KUMAR Veera Balaji, V. (NJH, 4, 2/1995)

A middle-aged Professor of Zoology in a College with compulsive neurosis fastidiousness, anxiety until work done, worries over trifles -and profuse sweating on slightest exertion. *Nux vomica* 200 restored.

23. A Case of Post Traumatic Neurosis
DHILLAN M.S. (NJH, 4, 2/1995)

This brief report of a 26 year-old man who fell from his scooter into a pit 10 meters deep and suffered depressed skull fracture in the right parietal and contusions of occipital region affecting cerebellum and in hospital, is very interesting and should open the eyes of those sceptical of homoeopathic treatment in severe traumas. *Opium* M and a week later *Nux vomica* M and then XM, restored him to complete normalcy rapidly.

24. And the Master Whispered
BANKER Akshay (NJH, 4, 2/1995)

A single dose of *Pulsatilla* M relieved the sufferings of a 25 year-old male, suffering from asthma from childhood.

25. **Cactus-g** returns the Honeymoon Pleasure DAVE Gaurang (NJH, 4, 2/1995)

45 year-old woman with Vaginismus, tightness in vagina even from slightest touch, lack of enjoyment and moisture in the vagina, coition very painful. There was repeated history of Malaria. *Natrum muriaticum* M did not produce expected results. *Cactus grandiflorus* 200 t.d.s. for 3 days removed all the complaints. Now *Natrum muriaticum* completed.

26. Convulsions -Differential Approach
THIRUMALACHARYULU S.N.C.
(NJH, 4, 2/1995)

A 6 month-old baby was getting high fever with convulsions and no remedy (homoeopathic) relieved. It was now revealed that the mother who already had two children wanted to terminate the third pregnancy and therefore took Cyclonorm E and Cyclonorm P and 3 ml. injections of Nirvaquin. The pregnancy did not terminate and she delivered this baby. *Secale cornutum* XM stopped the convulsions although the child had fevers.

27. Asthmatic Bronchitis with Primary Complex in Paediatric Practice: A Discussion with Two Cases
BALAKRISHNAN E. (NJH, 4, 2/1995)

The author quotes extensively from the past Masters -FARRINGTON, CLARKE, BOERICKE, ML TYLER, PHATAK, KENT, BOGER, BAKSHI KS, on *Pertussin*, *Ant-t.*, *Ip.*, *Nat-s.*, *Dros.*, *Spong.*, *Phos.*, *Tub- av.*, *Ars-i.*, *Calc.*

In the two cases cited by the author, *Rumex crisp us* was the remedy.

28. Persistent Warts
WADIA S.R. (CCR, 3, 3/1994)

Sulphur, Silica, Bacillinum, Thuja (in that order) were used for the eradication of Warts (face, back of right thigh, chin) -cauterized earlier; recurrent Sinusitis with vacuum headaches associated with thick greenish discharge and Eustachian catarrh, in a 23 year-old doctor.

29. Two Cases Lichen Planus –Mother and Son
WADIA S.R. (CCR, 3, 3/1994)

Case 1: 7 year-old boy with Lichen Planus. Has suffered fungal infection, measles, all routine inoculations, BCG etc. History of Diabetes and TB in the grandparents. Grinds teeth and wets bed. Stubborn, sucks thumb. *Thuja, Cina, Sulphur, Natrum muriaticum, Bacillinum* healed totally.

Case 2: Irregular menses in a 31 year-old woman, since 17 years. All vaccinations taken. Suffered Jaundice, Measles, Chicken pox. Polyp on vocal cord. One abortion and then two normal full-term deliveries. *Sepia, Pulsatilla, Thuja, Sulphur* were her remedies.

The author rightly justifies the use of the remedies and their order according to the progress of the treatment.

30. Few Cases
MISTRY D.E. (CCR, 3,3/1994)

Case 1: 35 year-old man, separated from wife. Operated for Fistula, history of coryza, ear discharge, piles and asthma. Diabetes and Piles in father. *Sulphur, Bacillinum XM, Silica, Hepar sulphuris* were his remedies.

Case 2: Hyperacidity in a 22 year-old, obese female; burning of palms and soles and vertex. *Sulphur*.

Case 3: Pharyngitis. 35 year-old woman with sore throat, hoarseness while talking, scanty menses, sensation of food lodged in throat. *Argentum metallicum*

Case 4: Acid Dyspepsia. 49 year-old man. Bleeding per anus; Eructations off and on with obesity. Periodic right-sided headaches. Achy, fidgety feet. *Pulsatilla, Tuberculinum, Lycopodium, Mercurius solubilis, Syphilinum, Sulphur*.

31. A Case
PACHEGAONKAR U. (CCR, 3,3/1994)

21 year-old male. Headache, sensation of numbness in head, twitching of eyelids, lids so heavy that would like to keep the eyes closed. Drowsiness on waking from sleep. Drowsiness always preceded the head symptoms. Yawning frequent. Sleeps on abdomen; amorous dreams. Fatigue, brain fag.

History of joint pains at 7 years age, and took *Penicillin* upto 18 years age. Masturbates much. Erections failed when he attempted with a prostitute.

Staphysagria M and he improved. About 7 months later he took a concoction of the leaves of *Cannabis indica* and developed terrible sexual stimulation and masturbated much; as a result became very weak. *Arnica M* one dose and then *Cannabis indica 200*. One month later *Staphysagria M*.

32. Environmental Allergies and Chemical
Sensitivities
BRESLOWS (CCR, 3,3/1994)

Two Cases are presented. The first one is of a 37 year-old woman who had suffered much since childhood -alcoholic parents. Felt unwanted, much wronged, never-will-succeed-in-anything feelings, etc. Attempted suicide. Depression. *Hyoscyamus* helped her a great deal.

The second case is of a child 2V2 years. Her mother had an affair with her husband's best friend to take revenge on husband. The child soon after birth was given in adoption to a stable, loving family. The child liked to be naked, urinated on the floor, handled genitals, was malicious, destructive, struck her mother when angry. *Hyoscyamus M.*

The author has worked both the cases adopting Dr. Rajan SANKARAN's teachings ('Delusions' as the major rubrics). Both the cases are very interesting.

33. Asthmatic Bronchitis
VENKATESHWARAN(CCR, 3,3/1994)

38 Year-old male, an Ayurvedic doctor, with Asthmatic Bronchitis. Allopathic and Ayurvedic drugs helped to some extent after which they became less effective. History of anti-rabies vaccine, fungal infections; has taken all vaccinations. Father died of Adenocarcinoma of intestines; was also diabetic. Chewed tobacco and took many cups "of tea; sweated on palms and soles and neck. Cough worse at nights 2100 hrs. to 2330 hrs.

Tabacum 200 and then *Nitric acid* 200, *Thuja*. Patient improved. Follow-up wanting.

34. Haemoptysis
VENKATESHWARAN (CCR,3,3/1994)

23 year-old female with Haemoptysis since one week, about half cup per day; rise of temperature in the evening since a month. Appetite much less; excessive thirst and salivation since a month. History of Vaccines; itching all over body a month ago, had applied external ointment. Father died of Pulmonary Koch's. mother chronic cough. Laboratory tests and examination of the respiratory system = negative finding. Short tempered, consolation aggravated, likes small company. *Tuberculinum M.* No Haemoptysis from next day, no cough, no fever. One week later *Natrum muriaticum M.* Remains well.

35. Right Toe Gangrene
SHINDE prakash (CCR, 3,3/1994)

This is a very interesting example of what Homoeopathy can do in so-called 'surgical' cases and how a leg was saved from amputation.

A 32 year-old mason developed a non-healing ulcer of the right toe with pain and swelling of the right leg, after injuring the right toes while working at construction. The diagnosis at the hospital: (a) Non-healing ulcer over right foot; (b) wet gangrene of the tips of the toes of the right. After trial sympathectomy with local dressings failed an above knee operation was proposed. The patient approached Homoeopathy at this stage. He was restless, moaning due to burning pains in ulcer and toes; aggravation by cold application; walking gave temporary relief.

Rhus toxicodendron (Gangrene, angrenous sores; Agg. cold in general; Injuries; Ulcers unhealthy; Agg. uncovering; Walking amel.) gave dramatic relief in 24 hours. The remedy was given in 30 potency 6 doses per day for 2 days. *Calendula* dressing; Subsequently *Rhus toxicodendron* 30 t.d.s for 5 days and then once a day for 10 days with intervening *Acid phosphoricum* 200 one dose for 5 days for suspected bone infection. Lastly *Rhus toxicodendron* 200 alternate day for 5 doses. Completely healed.

36. A Case of Urticaria
SHINDE Prakash (CCR, 3,3/1994)

A Textile Engineer with Urticaria since over an year with temporary relief from anti-histamines and steroids. Itching worse perspiration. While *Manganum* came nearest it was not fitting totally; according to the periodic table *Ferrum* came next and the modalities also matched. *Ferrum metallicum* gave expected response.

37. A Case of Epistaxis
APTE (CCR, 3,4/1994)

Epistaxis in a 12 year-old boy was relieved by *Phosphorus*; *Tuberculinum* gave lasting relief.

38. A Case of Allergic Rhinitis
SHINDE Prakash (CCR, 3,4/1994)

28 year-old male with Allergic Rhinitis since eight months. The complaint began while working in a Mustard field. Sneezing even for least dust, exhausting him. Worse upto 11 a.m. Sneezing followed by watery coryza. Worse closed room. Discharge hot. *Iodum*, *Lycopodium* and *Sulphur* over a period of three months.

39. A Case of Rheumatic Fever
SHINDE Prakash (CCR, 3, 4/1994)

Septic tonsillitis leading to secondary synovial Arthritis in a 9 year-old boy was cured promptly by *Apis mellifica* 30 t.d.s for 3 days.

40. Case of Cervical Spondylosis
SHINDE Prakash (CCR, 3,4/1994)

56 year-old man with Cervical Spondylosis with Cervical rib and advised surgery. This has recurred after 15 years; the first time it was treated homoeopathically. *Bryonia* 30, 200 and M over a period of 3 months cured.

41. A Case of Urinary Tract Infection
SHINDE Prakash (CCR, 3,4/1994)

68 year-old female, doctor, complains of loss of sensibility of urine passing, frequent urination, as if some urine remained, Pus cells plenty.

Causticum improved initially but failed to hold; *Sulphur* aggravated and pus cells also increased much. *Petroselinum* cured.

42. A Case of Neuralgia
SHINDE Prakash (CCR, 3,4/1994)

30 year-old male with complaint of pain at base of left lower teeth since two years extending to the forehead; since 2 years pain extends to the right thumb from neck; worse when raising arm, rest, initial motion, when alone and better pressure, motion of hand, when engaged. Suffered business losses two years back. *Natrum muriaticum* relieved. The dosage: 200 every 4th day 4 doses, every 8th day 6 doses, (what is rationale for this 4th day and 8th day and the number of doses? = KSS.)

43. A Complicated Case of Cervical Spondylosis, Cholelithiasis, Pancreatitis, Coccyalgia
SHINDE Prakash (CCR, 3,4/1994)

This a very complicated case of a 57 year-old medical officer who had tried available treatment in Allopathy; underwent Cholecystectomy in 1990. Ultimately he was advised by a Neurosurgeon to undergo Thecal Decompression. This patient totally recovered after *Calcarea phosphorica* 30 to M, *Graphites* 200, M, followed by *Causticum* 200, M, relieved in all respects within one year. (How many 'surgical cases' can get cured by Homoeopathy! = KSS.)

44. A Case of Cervical Herniation
SHINDE Prakash (CCR, 3, 4/1994)

34 year-old male, Architect, with pain left cervical extending to left finger with desire to press the finger; pain left axilla; Cervical pain on looking upward and downward. Irritable, always busy.

Nux vomica 30, 200, cured. (Another so-called 'surgical' case cured by Homoeopathy = KSS)

43. A Case of Sterility
SHINDE Prakash (CCR, 3,4/1994)

35 year-old female, married since 12 years, with one daughter 11 years age. Obese, chilly. Leucorrhoea since last 3 years with much itching; Bearing down sensation, so that she had to cross her legs; stitching pain vagina extending upward; nausea morning; Empty feeling in stomach. She did not conceive second time. Tube block.

Sepia 30 t.d.s. for 7 days. *Sepia* 200 six doses for 2 days. No improvemet. *Sepia M* two doses. No improvement. Husband has been taking *Penicillin* injections. *Medorrhinum* 200 to husband and the patient. Leucorrhoea, itching totally stopped; bearing down reduced. Became pregnant, and delivered healthy child.
Gonococcal block removed by *Medorrhinum*. Did the medicine remove the Cornual block or dissolve it?

46. Lateral Wall Myocardial Infarction
GUJAR BANSI (CCR, 3,4/1994)

37 year-old male, many adverse life situations; first wife who was loving and kind, lost; second wife abusive and insulting; loss of position in office due to scheming colleague; etc. suffered myocardial infarction. He was treated homoeopathically by remedies appropriate to the symptoms and over a period of about 5 months he was much better and could join his office. Acupressure also was used.

47. A Case of Sciatica
MISTRY D.E. (CCR, 3,4/1994)

30 year-old married female with right-sided Sciatica was relieved by *Colocynthis* 200. The interesting point in this is that whereas *Colocynth* is better lying on painful side, this patient was worse lying on painful side; nevertheless she was cured.

48. A Case of Rheumatism and Seminal Discharge
MISTRY D.E. (CCR. 3,4/1994)

23 year-old male with Epistaxis in summer; joint pains worse getting up; seminal discharge in sleep twice a week followed by weakness; chronic headaches since 2 years; feeling heat in body. *Phosphorus*, *Carcinocin*, *Picric acid*, *Sulphur* were some of the remedies given, but the patient abandoned treatment and later reports said that he underwent allopathic and ayurvedic treatments and became much weaker and debilitated with doubtful Koch's.

49. Zwei *Pulsatilla-falle* (Two *Pulsatilla* Cases)
SRINIVASAN K.S. (ZKH, 39,1/1995)

The author describes two cases of Arthritis healed by *Pulsatilla*. He shows how to heal with only one remedy at a time, without looking at the name of the disease. The aggravation produced by high potencies is also pointed out.

50. Akute Segmentpneumonie mit Segleiterguss - Sehandlung durch das chronische Grundmittel (Acute Segment Pneumonia with accompanying symptoms. Treatment by the chronic remedy)
HEE H. (ZKH, 39,2/1995)

After successful treatment of her chronic disease by *Nat-m*. the patient suffered an year later with an acute Pneumonia with high fever with an unclear muscular spasticity of throat region. The

healing of not only the acute but the chronic was accomplished with repeated doses of *Nat-m.* the chronic remedy. .

51. Noch Einmal:der Wert der Symptome (Once again: the Value of Symptoms)
KELLER G.v. (ZKH, 39,2/1995)

Sometimes we can find the remedy more easily with one very highly characteristic symptom than with a multitude of more common symptoms. This is demonstrated by the author with a *Causticum* case.

52. Ein *Aurum-Fall.* (An *Aurum* case)
ZEEDEN H. (A HZ, 240,2/1995)

In an elderly patient (75 year-old man), deep-seated shin-bone pains under diabetic *Ulcus cruris* vanish rapidly and he remained pain-free for a long time, with *Aurum D 200*. In addition to the physical and mental symptoms which were relieved by *Aurum* it was observed that it corresponded to the favorite color and handwriting of H. V. MOLLER's patients.

53. Rare remedies in Common Practice
SHAH Sinal S. (HH, 20,1/1995)

Specific uses of 'rare' remedies like *Menispermum*, *Turnera*, *Guarea*, *Jequirity*, *Skookum chuck*, etc. A very useful compilation (Recall the three articles of David WEMBER that appeared in the OHD Vol X, 4/93, Vol XI, 1 &2/94, and Vol. XII, 3&4/95. = KSS)

54. My Experience with Rare Medicines in Acne
GOSHAR Meena (HH, 20,1/1995)

Eleven homoeopathic medicines with their specific relevance in acne.

55. A Case Report
COLABAWALLA Zenobia M.(HH,20,1/1995)

36 year-old housewife with simple (non-toxic) Goitre with iron deficiency Anaemia. *Calcarea iodide M* and then *XM* beginning with single dose and going up to thrice a day while the thyroid went on to shrink! 56. A Case of Hypertension PAVRI K.R. (HH, 20,1/1995) 52 year-old married woman; known hypertensive (BP. 160/90). On allopathic drugs for hypertension. She came in July 1992 for difficulty in swallowing which was worse for liquids and empty swallowing. After complete case-taking *Sepia* was prescribed -30 to M over a period. The allopathic anti- hypertensives were also at the same time gradually reduced and ultimately totally withdrawn. Patient continues to be well without any medication.

57. Haemorrhoids in a Child cured by
Homoeopathy -
BANGDIWALA Amisha B.(HH,
20,1/1995)

A constipated two and half-year old male child with haemorrhoids external was cured with *Mercurius solubilis 200 three doses, one a week.*

58. A Case of Anxiety Neurosis with Lipoma
THAKKAR Paresh V. (HH, 20,1/1995)

28 year-old married lady with complaint of Insomnia since three years. She also had a swelling on the forearm, soft, doughy, measuring 3cm X 2cm. mobile. Constipated. She suffered severe mental trauma; she spent sleepless, anxious nights, because the police used to visit at nights to investigate a case of robbery foisted on her husband; later the case was withdrawn.

Ammonium muriaticum 200 three doses. Sleep improved, Lipoma size reduced, no fears.

59. Diseases of the Breast

KODIA Kamal Eruch (HH, 20,1/1995)

Common ailments of the female breast - Mastitis, Abscess, Cracked nipples, the repertory rubrics useful in these conditions and some remedies.

60. Catharsis -Its importance in Homoeopathy
MISRA Bichitra Bhusan (HH, 20,2/1995)

Accumulation of repressed emotions results in rapid cure. Hence HAHNEMANN's admonition to allow the patient to talk and the physician to listen without interruption.

61. Some Aspects of Chest Pain
WALKER Thomson (HH, 20, 2/1995)

The Physiology and Pathology of chest pains, in brief. Useful in daily practice.

62. Symptom -A Perspective
KOTHE Arvind (HH, 20,3/1995)

Tells briefly what is a subjective/objective symptom, concomitant, characteristic etc. symptoms, what key-note is.

63. Spondylosis
AGARWAL Madhu (HH, 20,3/1995)

Briefly tells what Spondylosis is and mentions some of the remedies frequently indicated (*Rhus toxicodendron, Bryonia, Dulcamara, Rhododendron, Radium bromatum, Formica rufa, Ginseng*)

64. A Case of Acute Trigonitis treated with *Digitalis*
VAZE S.H. (HH,20,3/1995)

Digitalis is a very important remedy in urinary complaints. A 72 year-old woman with Acute Trigonitis was cured with *Digitalis XM*.

65. Stuttering
NIMBHORKAR M.P. (HH, 20,3/1995)

A small article on the causes of stuttering and some of the remedies more often indicated.

66. How to Prevent Heart Disease
KOHL! Bindu (HUD, 3, 111995)

General guidelines to prevent heart attack, which is mainly due to wrong life-style.

67. Case in My memory -Angina Pectoris
DHINGRA Sangeetha (HUD, 3, 1/1995)

A 38-year-old male with a history of pain since 6 months, from the left side chest radiating to the left ear along the lower jaw. Sensation of choking, constriction in the throat. Precipitated mostly by tension, anxiety and anger and sometimes when in a hurry. *Naja* 200 three doses, repeated after five months. (Pain radiating to jaw -*Naja*)

68. *Homoeopathy After "MI"*
CHAWLA Rajesh (HUD, 3, 1/1995)

The author says that life after MI can be made comfortable with homoeopathy.

69. Diet and Heart Disease

GUPTA Babita (HUD, 3, 1/1995)

A brief article on how important diet in heart disease is.

70. Pulmonary Infiltration with Eosinophilis
KANSAL Kamal (HUD, 3,3/1995)

The pathology of Eosinophilia followed by four cases treated homoeopathically.

71. Kidney Stones and their Management
KANSAL Kamal (HUD, 3,3/1995)

The pathophysiology of Kidney stones and their homoeopathic treatment. Eight cases treated homoeopathically reported; five cases given *Sarsaparilla*, one *Pulsatilla* one *Nux vomica* and one *Sulphur*.

72. Pulmonary Eosinophilia associated with Scabies
KANSAL Kamal (HUD, 3,3/1995)

That the curative remedy may be indicated by a symptom far removed from the main pathology is demonstrated by this case.

26 year-old man with wheezing since 10 days; severe breathlessness. Has been getting such attacks since and this one was third in 5 months. Depends on inhalers (Bronchodilators and Steroids). Examination revealed Eosinophils 28%, *Ipecacuanha*, *Arsenicum iodatum* did not give the desired result. His wife revealed that while everyone in the family suffered badly from scabies, the patient was suffering the least from scabies. Now, *Psorinum M* three doses a day for three days gave complete relief.

73. Gastro-intestinal Diseases -Case
Reports (HUD, 3,2/1995)

Cases reported by different homoeopaths.

Case 1: Lactose intolerance in a 6 months old child. Rash at one month age relieved by external application. *Sulphur 200*

Case 2: Stomatitis in a child of three and half years. Due to the ulcers in the mouth the child was unable to take solids. Local applications and anti-fungals, vitamins and even homoeopathic treatment since 6 months, have been of no avail. The child has history of recurrent urinary tract infection since one-and-half year age, and given broad spectrum antibiotics and injections. During dentition had green diarrhoea. On examination distinct fetid breath; salivation profuse; *Kali chloricum* 30 six doses over 3 days. Ulcers completely cured in eight days.

Case 3: Colonic Polyposis in a 37 year-old man was relieved by *Teucrium 30* three times a day from September 1993 to August 1994. (*Teucrium 30* t.d.s. for 12 months!!!)

Case 4&5: Stools mucoid with pain abdomen since ten years in a 31 year-old man was relieved with (i) *Dysentery co.202*, three doses (2) *Colocynth 200* SOS for pain abdomen and (iii) *Kurchi* <1> (*Holarrhena antidysenterica*)

In the next case, 34 year-old woman with restlessness with unsatisfactory stools; mucous stools; ineffectual urge with only mucus passed. *Dysentery co. 202* relieved.

Case 6: Eight year-old; vomiting with pain abdomen. Icterus. S. Bilirubin 5.4 mg; Ultrasound scan: changes of fatty degeneration in the liver. *Phosphorus 200*, *Arsenicum album 200* and then *China 30*.

74. Fistula-in-ano and Haemorrhoids
KANSAL Kamal, CHAWLA Rajesh (HUD,3,2/1995)

38 year-old woman with fistula in ano; painful, yellowish, thin, fetid discharge. Chilly person who desired sweets. Haemorrhoids on maternal side. Known case of haemorrhoids since 18 years. *Tuberculinum* 200, three doses; repeated after a week.

29 year-old man with fistula. Thin, watery discharge. *Tuberculinum* 200, three doses, followed by *Ledum* 30 t.d.s. for 7 days and *Echinacea* «1» 65 year-old man, fistula since 10 years. History of Koch's. *Tuberculinum* XM one dose followed by *Ledum* 200 t.d.s. for 8 weeks(!).

Haemorrhoids in a man, with burning, oedematous. *Thuja* 200 followed by *Capsicum* 30 and lastly *Apis* 30 q.i.d. for 4 days.

75. Pancreatic Cancer -Hunting a Killer
KANSAL Kamal (HUD, 3,2/1995)
Update on the disease.

76. Homoeopathy in Emergency Cases
ORTEGA Processo Sanches (HUD,3,2/1995)

A very small article stressing that the homoeopath should know when surgery is called for and when medicine.

77. Obstructive Jaundice -Ascaris lumb. Responsible
KANSAL Kamal (HUD. 3,2/1995)

Sixty year-old female with features of obstructive jaundice. Suspected worms *Chelone* «1» 3 drops b.d. for 2 weeks and she threw up (per mouth and anus bunches of worms. Then *Chelidonium* 30 for two weeks cured.

78. Ein Fall von Colitis mucosa und Asthma (A Case of Mucous colitis and Asthma)
SCHUSTER Bernd (ACD, 4, 1/1995)

76-year-old man, thin and small built. Diarrhoea since years; in forenoon he must visit the toilet 3 or 4 times, in all ten to twelve times a day. The diarrhoea comes so suddenly that he would sometime fear that he may not make to the WC. He passes more mucus; hangs from the anus like a thread and does not get dissolved in water when washed. The stool and mucous are passed without pain, and least flatus. The sudden urge for stool which kept him in constant tension was the worst. Cannot urinate standing because he would then have the urge to stool, he should therefore sit and pass urine. He has already been treated by many doctors. All tests have shown everything as normal.

He was a mason and suffered from Asthma, worse summer. His Asthma began when he started training as mason. As 8-year-old his tonsils were removed. Appendix surgery. Kidney stone crushed. Thorough repertorization pointed to *Kali bichromicum*, confirmed by careful reference to the *Materia Medica*. The remedy was given in LM 18, once daily three drops. Progressive improvement. He remained well (free from the Diarrhoea and much better Asthma) until two years later when he died of a heart attack.

Symptoms cured and ameliorated:

-Intense. frequent and sudden urge for stool with spurting diarrhoea, mucous stool, worse in Autumn and Winter.

-Involuntary passage of thin mucous from the anus.

-Passage of tenacious, thick, stringy mucus from the anus, or passing thick mucus without stool.

-Summer-Asthma with waking up between 4 and 5 hours night with wheezing, dyspnoea, yawning, and better from bending forward.

Tenacious expectoration.

- Dryness of the lips.

79. Eine Rauchvergiftung (A Smoke -poisoning)
SCHWARZ Erik (ACD, 4, 1/1995)

The patient, a man, had inhaled smouldering cable smoke and was thus poisoned. Was admitted to the hospital where they opined that his brain had been starved of oxygen for a long time and gave no hopes. The brain was not capable of function. The poisoning was in June 1979. The brother and wife of the patient were advised to put him in a nursing home. They however wanted to avoid it.

The patient was like a child, said the brother. In the mornings he comprehended very slowly but later in the afternoon onwards nothing. On 15 November 1979 he was brought to the clinic: He appeared indifferent and stupid. He reacted very slowly to the questions. He sat on the chair and went on shaking his legs and grinning. He had no interest in the TV. In the morning and forenoon he was very pedantic and trifles disturbed him. Since the smoke poisoning he could not read.

With the scanty symptoms obtained after much effort, the following were taken for repertorization:

Restlessness, legs, while sitting; conscientious about trifles

With these two symptoms *Lycopodium* and *Rhus toxicodendron*

So further differentiation from the following rubrics:

Smoke aggravates

Ailments, from Carbon monoxide

Since these were not confirmative of any remedy –

Smoke agg. Smoke intoxication indicated *Lycopodium*.

Lycopodium LM 12 b.d. 5 drops on 27 November. He was again seen on 8 January 1980. The patient could not be recognised. He showed interest and could converse. He continued with the medicine which was subsequently once a day, etc. His vision to read was only slightly improved, and therefore could not continue his job. But he attended to all household work, purchases etc. In Summer 1992: he reported well in every way.

80. An Exceptional Case of Anencephaly VITHOULKAS G. (EJH, I' 1/1995)

A three-year-old girl born with almost half of the brain missing and the other half damaged. CT Scan report in October 1993 showed (1) left cerebral hemiatrophy with temporal lobe aplasia, (2) Parencephalous right basitemporal region with atrophic right temporal lobe. The child suffered from frequent epileptic convulsions, totally paralysed, could not stand or sit and her head was falling to one side; she had no contact whatever, no speech and did not respond to voices, a total vegetable. Convulsive involuntary movements of the eyes with divergent strabismus of the right eye.

Agaricus muscarius 30 in repeated doses was prescribed and the child began to improve. She has been progressing steadily. In the subsequent issues of the EJH the steady improvement is being reported. She is yet to be fully cured. A remarkable case indeed.

81. Unexpected Remedy in a Case of Depression
ANTONIOU K. (EJH, I' 1 /1995)

Case 1: 15-year-old girl; depressed, thinks she is not-goodlooking, is ugly; Fear, timidity; fear of thieves, accidents, shadows, storms and bicycles; Hot and sweaty palms; finds emotional relief through writing poetry; sentimentalist; menses too early. *Stramonium* 200 brought all round

improvement. *Stramonium* should not only be seen as aggressive but also as sensitive, romantic, and vulnerable, in the sense that it can be easily hurt. It also writes gloomy, melancholic poems.

Case 2: 19-year-old girl, student; intense irritability and tremendous sensitivity to cold; Irritable and tense; when tense wants to bite something, hit something hard, when she feels misunderstood she wants to throw things; strong sense of insecurity; strong dysmenorrhoea, constipation or diarrhoea, and high sensitivity to noises. Fear of getting lost, no sense of space or sense of balance. Affectionate, sentimental, effusive and of a mild character. Very anxious about her health. Cannot be alone.

Arsenicum album M helped her. Three years later she was given *Stramonium* 30 because her irritability had not abated to a great extent and she was still complaining about it. This did not help. A fresh evaluation was made of the whole case and given *Anacardium* 30. Between the 6th and the 15th day after taking the medicine she had a tremendous nervous crisis, a fit of wild fury and hyperactivity. Since then she has been much better. She had a small eruption of eczema on her hand. Irritability ameliorated. Has been much better. An interesting brief discussion follows.

82. Good bye with a Hug
PARTHASARATHY Vishpala
(HTIMES, 2, 1/1995)

This is a case from the files of Dr. Sarla SONAWALA who departed this world on 13 January 1995, presented by her daughter Dr. Vishpala PARTHASARATHY.

16-year-old girl with complaint of recurrent headaches; pain bursting, located in the frontal region and root of nose. Worse in sun, after meals, after school, while stooping and emotional upsets. Better under a fan, pressure and sleep and after playing badminton.

Repertorization on the basis of the mentals, generals and the modalities *Kali bichromicum* was given which was followed by *Silica*.

83. Azoospermia: A Case Study MISHRA S.C. (mfH, 5,3/1995)

Azoospermia in 31-year-old man, treated with a number of homoeopathic medicines over a period of over 18 months at the end of which significant improvement was observed.

84. Cervical Spondylitis
SHAH Rupal (HTIMES, 2, 1/1995)

24-year-old man with cervical Spondylosis since two years. He also has an itching eruption on the back since three years. Acidity sub-sternal off and on. Varicocele operated. Craves spicy, chillies, potatoes. Aversion sugar, salty. Addiction to tobacco. Easily frightened. Apprehensive about trifles. Nervous. Loner. Although a teacher by profession he had stage-fright.

Gelsemium improved him.

85. Chronic tonsillitis
SEVAR Raymond (**Simile**, 5, 1/1995 issued with BHJ, 84, 1/1995)

22-year-old man with recurrent tonsillitis. Since childhood suffered caseous deposits on the tonsils. After a detailed history the rubrics '-Anger ailments, suppressed from' and 'Trembling externally emotions, after' were chosen and *Staphisagria* 200, one dose given on 9.9.1993. He made rapid improvement all round. Towards end December 1993 he had acute tonsillitis and he took a course of antibiotics. The smelly white lumps on tonsils had never gone away and were worse recently. The rubric 'caseous deposits in tonsils. K. 448: *Chenopodium anthelminticum* 6c tds for a week. Rapid clearing of the smelly white lumps in a few days with no recurrence. Remains perfectly well three months later.

86. Cyclical Depression
SEVAR Raymon (**Simile**, 5, 1/1995 issued with the BHJ, 84, 1/1995)

Depression since 33 years; good three weeks, bad three weeks, regular cycle. Periodicity not exact, one or two days either way. During good weeks, energy good, feels very well, no symptoms. During bad weeks, energy drained out. Feels sad, tired, drained, hard to cry, 'holds it in, bottled' because is embarrassed to cry. Feels 'ashamed' about how she is, cried freely during the consultation and apologised.

It all began after she suffered the shock of her husband being hospitalised due to a bad road accident. Fear turned into depression. Fear snakes.

She was on *Phenelzine* 15 mg tds, *Nifedipine retard* 20 mg bd. Chilly.

Opium XM did not help. *Aurum metallicum* 200 also did not help. Now she came during her 'well' period. Speaks quickly. Restless. Lot of energy. Wakes at 6 am and works til 11 pm. Cheerful, lighter. Must move, and quickly. Thinks quicker. Feels happy. *Aristolochia clematitis* 200 one dose.

Depressive phase not returned. The excess energy gradually came down. Sleep normalised. Stayed well for five months and then depression returned just as bad as before. *Aristolochia clematitis* 200 single dose. Guarded prognosis.

Read Edward WHITMONT'S **Psyche and Substance** for an excellent account of *Aristolochia clematitis*.

87. Benign Dental Cyst
RATNAKER M. (Simile 5, 1/1995 issued with the BHJ, 84, 1/1995)

Benign dental cyst which had destroyed the symphysis of the mandible, in a female. A bone graft was proposed.

Acidum nitricum did not help. *Hecla lava* 6c tds for ten days then bd for two weeks and she made good improvement.

88. Oral Leukoplakia
PAI P.N. (Simile, 5, 1/1995 issued with
BHJ, 84, 1/1995)

Kalium cyanatum 6c bd relieved persistent burning in a thick white patch in the middle of the tongue, measuring 1 II x 0.5" in male 45 years. The remedy was given for thirteen weeks.

89. Herpes which wouldn't quit
REICHENBERG-ULLMAN Judyth
(Resonance, 17, 1/1995)

44 year old woman with chronic herpes since 17 years, of the face; off and on. She needed *Cafcareea sulphurica* 200 repeated five months later. The analysis of the long case is very interesting.

90. Clairvoyance and its Treatment
ROY Sosi (QHJ, 3, 1/1995)

The author appears to have confused clairvoyance with delusion. He narrates two cases in which *Lachesis* improved the mental illness.

91. After-pains from Herpes Zoster
PIETERS G. (QHJ, 3, 1/1995)

Neuralgic pains from Herpes Zoster which was not relieved by allopathic medicines (which cost quite much), was relieved within 4 days with *Hypericum* 30.

92. Hair and Scalp Problems

LEWIS Joe A. (QH,3,1/1995)

This is a brief article on some of the common ailments and the remedies generally used in problems of hair and scalp.

93. Hypertension
MISHRA S.C. (QH, 3, 1/1995)

A brief discussion of Hypertension and three cases treated homoeopathically which controlled the Hypertension.

94. A Child with Grandmal Epilepsy
VIJAYKAR Praful (IJHM, 30,1/1995)

A four-year-old girl with Grandmal Epilepsy. The first attack came on when she was in the ICU with Neonatal Jaundice; another attack at 11 months and since then on *Tegretol* and *Sodium Valporate*. EEG revealed the presence of intermittent bilateral hyper-excitability; right more than the left. CT Scan showed flaring of Atria of lateral ventricles with heterotropic congestion. She suffered from recurrent colds, coughs, especially when she is tired after physical exertion and during cold, wet days; cold is usually accompanied with high fever. A sensitive yet contented child who would never complain.

Opium 30 was given on 1.6.1993, 9.10.1993, 15.11.1993 and *Opium* XM on 19.2.1994. Significant improvement did not follow the above' prescription.

The case was reevaluated and *Causticum* 200 one dose was given on 24.4.1994 which immediately manifested its curative action. The remedy has not been repeated until November 1994.

The author makes an interesting observation: " A 'constitutional remedy' is the one which represents constitution in its entirety and not the mind alone. It has to go through and through to every system in the organism right up to tissue and down to the cellular level because each cell of ours is representative of us. Hence what special qualities are present in an individual cell or a system and the organism as a whole is the 'Actual Mind' of the organism and this is what determines the constitutional medicine."

95. A Case of Seizure
MEHTA Kishore (IJHM, 30, 1/1995)

A 41-year-old married woman who gets convulsions since 1985. She suffered four spontaneous abortions, one ectopic pregnancy terminated. She was on regular allopathic medicine. The case was diagnosed as post-viral Encephalitis seizures. *Kali bromatum* M was given in June 1994, repeated in August 1994, *Stramonium* M; *Natrum muriaticum* 30 in December 1994, January 1995, February 1995, *Natrum muriaticum* M March 1995 and April 1995 and in May 1995 *Natrum muriaticum* XM. Since the last dose no attacks.

96. Perceiving Totality in Epileptic Patients
JAIN .C.B. (IJHM, 30,1/1995)

A nine month-old girl with Epilepsy. Congenital Cataract which was operated three months ago and could make out light and movements. *Bufo rana* 30 from 23 January to 27 March 1992 without benefit even after going up to the 200. On review *Zincum metallicum* 30 once a day and she began to improve; the medicine was given t.d.s. and then the attacks stopped. The child developed eruptions on the scalp. The child continued to be attack-free.

A 24-year-old, married woman with Epilepsy since two years. It began after vexation and disappointment. There was amelioration from drinking water. *Cuprum metallicum* 30 daily and *Tuberculinum bovinum* M (Three doses) were given from 1 August 1984 and July 1985 while at the same time *Gardenal* which she had been taking was tapered and finally stopped. She remains attack-free since July 1985.

97. Case of the Mentally Retarded Child
KULKARNI Ajit (IJHM, 30,1/1995)

A 19-year-old lad with epileptic attacks since three years age. Was said to possess low Ia. He was on anti-epileptic drugs continuously and was constantly drowsy, drooling. After 12 years- age he became violent, destructive, attempting to run away from home for long hours; became thin. He was able to recall long-back movies seen by him or things. *Mercurius* 30 t.d.s. from 23- 1-1994. His salivation reduced and attempts to run reduced; the anti-epileptic drugs were tapered. However, he slipped and fell on 19.3.1994 and became unconscious and again became destructive. The entire case was re-examined and he was now given *Bufo rana* 30 and higher. All-round improvement set in including his behaviour. Still on treatment.

98. Epilepsy with Unconsciousness
JOGALEKAR Ajay D. (IJHM, 30,1/1995)

19-year-old young man with Epilepsy since two and half years, and was on anticonvulsants. Has undergone treatment in different hospitals. Now if he travels even the least he suffered convulsions. *Bufo* 200 was given on 19.11.1991 and in infrequent doses and then M potency on 27.2.1992. *Bufo* M was repeated on 2.4.1992 and meanwhile the anti-convulsants were withdrawn. The patient dropped out but came again on 21.11.1992. The case was re-taken and *Calcareo carbonica* 200 was given in repeated doses, b.d. and then t.d.s and q.d. This was continued for one year and in the interval *Tuberculinum bovinum* M. There was gradual improvement.

99. A Case of Exfoliative Dermatitis
BANERJEA Subrata K. (IJHM, 30,1/1995)

Six-year old male child with eruptions on the face since six months; itching, stinging and cutting pains; occasional burning; weeps with pains; small red blotches, pustular and vesicular discharging fluid and pus. Worse night, warmth, gentle rubbing, motion, summer, washing, sour food/fruit, perspiration. Has been on allopathic medication including cortisone ointments and Ayurvedic medicines. Chronic loose stools four or five times a day with froth and mucus. Painful cervical lymph nodes since three years. Profuse and sour smelling perspiration, staining yellow.

Cortisone 200 two doses on 12.12.1989, 28.2.1990. No change. *Sulphur* M two doses. No change. On 6 July 1990 *Croton tiglium* 30 two doses and improvement began. The remedy was repeated in 200 potency, on 16 October 1990. Cured.

100. Homoeopathic Approach to the Problem of Cancer
KASAD K.N. (IJHM, 30,1/1995)

This is an interesting article. Cancer is the end product of the disease which had begun years back in the patient. The precancerous state has to be ascertained in order to prescribe. Since almost all cancer cases come to the homoeopath after surgery, chemotherapy, irradiation, etc. it is impossible to get a proper picture of the underlying state. However it is possible to give palliation and occasionally the cancer also may regress.

Important rubrics relevant to cancer pathology are mentioned. The case-taking and understanding of the phases are explained. A list of remedies specific to the organs are given followed by three cases.

101. Epilepsy: Clinician's Approach
ASHOK P.P. (IJHM, 30,1/1995)

This is a brief article on the subject. The author is a Consultant Neurologist.

102. Perceiving Conscientious -II
BARV ALIA Praful (IJHM, 30, 1/1995)

Case 1: 29-year-old male. Herpes Genitalis since two years. One episode every 4 months with burning and soreness for 3 days. Pimples + on face. *Aurum metallicum* healed his complaints. The remedy was selected on the basis of the mental state of the patient.

Case 2: 56-year-old male with Congestive Cardiac Failure. Associated complaints like Hypertension, IHD, Diabetes, etc. He was a conscientious person. Misfortune in his business caused mental trauma. He was a straight-forward, honest person even in his business dealings and his inability to pay his creditors made him feel that he was responsible for their problems. He was on prescribed allopathic medicines.

Aurum metallicum 30 daily gradually raised to b.d. and then t.d.s., then 200 daily. Insulin and anti-hypertensives were continued. The patient improved steadily.

103. Travails of the Conscientious Stern Teachers
SHINGALA Kirtida (IJHM, 30, 1/1995)

Case 1: 73-year-old lady with inflammation of right knee joint. Osteoarthritis since an year, worse since three months. Teacher by profession. She was ambitious, hard-working to achieve her goal, scorned her husband who was rather docile and ambition-less. She was haughty. There was underlying frustration but nevertheless she achieved her aim. *Ferrum metallicum* M (Ailments from vexation; Conscientious about trifles; Egotism; Haughty; Craving sweets) in infrequent doses cured.

Case 2: 50-year-old lady, (Headmistress of a school) with Psoriasis. Her ailment was precipitated when parents of children whom she had refused to be enrolled came in a crowd and she was thus forced to interview all of them. She experienced a strong feeling of guilt that she was not doing her job properly and went into severe depression. Basically a very conscientious person; a perfectionist who demanded the same from others. Excited when injustice is meted out to subordinate employees. She passed through a strong feeling of guilt when she is pressurised to give admission to wards of political big-wigs and bad elements.

She was shocked when her husband died suddenly, and she did not shed a drop of tear. She felt that she had neglected her duty in not taking care of her husband.

Cyclamen cured her .

104. Epilepsy and Emotion
HATTANGDI Sonal A. (IJHM, 30, 1/1995)

Discusses briefly the relationship between emotion and epilepsy. Two cases from **A Textbook of Epilepsy** by J. LAIDLAW, A. RICHENS, D. CHADWICK, are given to stress this.

105. The Treatment and Prevention of Post-vaccinal Disease
SMITS Tinus (JAIH, 88, 1/1995)

Dr. Tinus SMITS, through illustrative case histories, identifies some of the numerous adverse vaccine side-effects and demonstrates an effective method for their treatment when caught early enough, within the first year. He says that the best treatment is to use the potentized vaccine and to give it in four potencies over four successive days: 30 on day one, 200 on day two, M the third day, and XM the fourth day. If at any time during those four days an aggravation ensues, the subsequent doses are suspended and after waiting the whole series is restarted, 14 days later. If a child is unusually vulnerable, e.g. he had a severe reaction from an earlier vaccination or you are expecting a strong reaction for whatever reason, every potency can be spaced out a week or more apart. If a given potency does provoke a strong reaction the same potency can be repeated weekly until there is no longer any reaction.

The argument is also presented that delaying immunization until after the age of ten months could help prevent many vaccine side-effects.

106. A Case of Oral Polio Vaccinosis
SCHAFFER Rodney (JAIH,88,1/1995)

This is a case report of the successful use of a homoeopathic preparation of *Oral Polio Vaccine* used to treat a febrile illness which occurred 8 days after a dose of *Orimune*. The incidence of mild Poliomyelitis and vaccine-related Poliomyelitis as well as the clinical presentations of the 4 Polio-virus-related syndromes are reviewed. The symptoms in this case upon which the *OPV* in potency was prescribed are described.

107. Obstacles to Homeopathic Treatment VITHOULKAS George (JAIH, 88,1/1995)

Disease is manifested as a consequence of stresses impacting one or more of the three-levels that constitute the human organism:

the physical body

the emotional-sexual sphere

the mental-spirituallevels

The obstacles to the homoeopathic treatment would similarly arise at the appropriate levels. For example: on the physical level -a herniated disc which causes sciatica or a foreign matter stuck in a part; these need surgical interference plus Homoeopathy. Chemical blockages like coffee or alcohol in great quantities. And then there are miasmatic obstacles. Permanent organ damage, cases suffering from an undefined, general weakness of the physical body, also would cause obstacles.

The emotional blockages are classified as:

(1) Husband Syndrome -in women who are not sexually or romantically attracted to their husbands.

(2) Deep Emotional Insecurities -these can dramatically alter one's life. These are very difficult to be cured.

(3) Inescapable Familial Situations -like having a retarded child in the family; conditions of extreme poverty.

(4) "Sinful" Habits -practices which the patient considers as unwholesome or sinful like homosexuality, masturbation, drug or alcohol addiction or unhealthy state of mind.

(5) Emotional Death - persons who have suffered emotionally tremendously in life and have come to the conclusion that there is no love in life, no friendship, no companionship can, as a consequence, die emotionally.

Mental Blockages - persons who seek 'spiritual' life-style due to frustration; without going through the stages of spirituality, such person adopts prematurely a 'spiritual' cloak. These are very difficult cases.

The Health Freaks -those with fixed ideas about health and disease and their symptoms are greatly modified by these ideas and diets that they usually follow. Hypochondriacs fall in this category.

The 'Intellectuals' will give you a false impression about their overall health condition most of the time. Since they have the tendency to understand everything that is happening in them in a logical manner and thus to explain it to themselves and to others, they always give their own interpretation to their symptoms.

The Independent Patient -they do not want to depend upon the doctor. When they come for the follow-up visit, they will be likely to confuse the interpretation of their response to the remedy by suggesting that any improvement they have noted could be due to some other influence, therapeutic or otherwise, in their life. You have to be very careful with these individuals because there is an inborn fear that they may depend upon someone if they admit that your remedy made them better.

VITHOULKAS has given example cases from practice to explain the points.

108. Homoeopathic Grand Rounds
JOHNSTON Linda (JAIH, 88, 1/1995)

A 69-year-old woman, a college professor, with Hypertension, left hip pains, shortness of breath, hoarseness and weakness. The case improved with *Causticum* and *Digitalis* over a total 14 month treatment period. The totality of the case, analysis by Dr. JOHNSTON and comments by Drs. Mitch FLEISHER, Dean CROTHERS, Paul HERSCU, Karl ROBINSON and final comments by Dr. JOHNSTON by way of response to the comments, all make very interesting and thought-provoking reading.

109. Clinical Snapshots
Ross ANTONOFF; Tim FIOR (JAIH,
88,1/1995)

Case 1: 65-year-old woman complained of waking up every night with anxiety and restlessness and inability to go back to sleep for two to three hours after was cured by *Cedron* 30. (Clock-like regularity of symptom. The woman said that when she awoke she did not need to look at the clock since it occurred so exactly at 3 a.m.)

Case 2: *Verbascum thapsus* 200 cured severe cough in a man of about 30 years. *Rumex*, *Spongia tosta*, *Phosphorus*, *Drosera* failed and *Verbascum* was chosen because of concomitant left ear pain with trumpeting, deep cough.

110. The Need to Observe and Perceive
ANAND Sunil (HL,8,1/1995)

The author points out, with two illustrative cases, the importance of observing children who are brought for treatment and not take the parent's statement as totally correct. For example, a child was said to be "easy to get along" whereas she was observed to be difficult to get along with! Recall HAHNEMANN's admonition to be present in the interview with **all** our senses and thus perceive.

111. A Case of Asthma
DAPTARDAR B.G. (HL,8,1/1995)

A girl child of 3 years age with Asthma was treated with *Valeriana* selected on the basis of the mother's emotional/mental state.

112. The Gift"
WITTENBURG Christine(HL,8,1/1995)

50 year-old woman with Migraine and Menieres was healed with *Cocculus*. The case is illustrative of psychic wounds leading to illnesses to protect one from developing serious damage.

113. A Case of Alopecia Totalls
NAIDU Rajiv (HL,8,1/1995)

Dreams of big black snake, dreams of terrifying demons, of being pursued and killed, tremulous bngue, delusions etc. led to prescription of *Naja* which remedied baldness completely.

114. A Case of Menopausal Symptoms
BIANCHINI Roberto (HL,8,1/1995)

This case of climacteric flushing which began after curettage in a 57-year-old women was treated with *Argentum nitricum*. The remedy was selected on the basis of the 'situation' and 'delusions'. The remedy was given in XM and then 200.

115. Leprosy -A Challenge to Homoeopathy CHAKRABORTY Dhruba, ADHIKARY, H.K.
(HL,8,1/1995)

In this essay the authors explain the methodology and medicines (homoeopathic) for treatment of Lepromatous Leprosy. They have worked a 'general' method instead of individualization. They have come to conclusion that *Mercurius* succeeds in 60%, and *Kali iodatum* and *Lycopodium* in 20% and 15% respectively, while *Natrum muriaticum*, *Aurum metallicum* and *Hepar sulphuris* in 2%, 2% and 1 % each.

IV. REPERTORY

1. Asthma: A Repertory at a glance
CHOWDHURY Pran Gobind (NJH, 4, 1/1995)

This is a compilation from the **KENT** Repertory. However, it does not seem to be complete.

2. Additions to Asthma
DHARI Dushyant Kamal (NJH, 4, 1/1995)

Many additions to the Repertory are given, but the author has not indicated the sources from which he has drawn these 'additions'.

3. Neurosis: Its homoeopathic Approach
SARANGI Ananda Prasad (NJH, 4,2/1995)

The article has nothing to do with the title of the article published. A short list of some mental symptoms have been drawn from the Repertory and put in.

4. Linking Rubrics
BHARUCHA Piroja M. (HH, 20, 1/1995)

This is a very useful compilation. The author has drawn a list of what are called 'cross references', 'related rubrics', 'linking rubrics'. For example, 'Disobedience' is linked with: Abusive, children insulting parents; Disobedience; Answer, questioned, does not answer, when; Answer, refuses to answer; Audacity; Contradict, disposition to; Quarrelsome; etc. etc. In day-to-day practice one takes note of such links and jots them down in the repertory SO that time may be saved. The **Synthetic Repertory** by Drs. BARTHEL & KLUNKER and the **Synthesis Repertorium** by Dr. F. SCHROYENS give many cross-references.

5. Analyse h:oiufig konsultierter Repertoriums- Rubriken (Analysis of frequently consulted
Repertory-rubrics)
TERLINDEN Michael (ACD, 4, 1/1995)

In this, the second part, the author examines the rubrics "Anxiety in dark" and "Fear of dark" in the KENT repertory and the Synthesis of SCHROYEN's.

6. A Short Repertorial Study on Etiquette and Mannerism
SHAH Rajesh (HTIMES, 2, 1/1995)

Observation and noting down of the behaviour and mannerisms of the patient forms an important part of the homoeopath's work. One will find many rubrics in the repertory in this regard. The manner in which the patient behaves, answers, conducts himself, gestures, etc. are all valuable clues to the careful 'medical observer'. In this article the author has chosen some rubrics for study.

7. Issues of Control
SHORE Jonathan (JAIH, 88, 1/1995)

In this article Dr. SHORE offers an outline of a procedure he has employed to create a new rubric - in this instance, "control" -the need to be in control or the sense of being out of control. Remedies for inclusion were selected on the basis of Dr. SHORE's clinical experience (review of

records) plus a novel method of confirmatory study, invoking concepts of symptom polarity and compensation, detailed in the text of this paper.

V. VETERINARY

1. Three Cases of Strokes in Dogs
TOBIN Stephen (HT, 15,1/1995)

Lady, a ten-year-old spayed female German Shepherd cross dog, was attacked by paralysis suddenly and within an hour and a half she was taken to the Veterinary doctor. He found Lady with inability to stand, her eyes moved rapidly back and forth. *Aconite 200*, *Arnica 200* and *Belladonna 200* each one dose were given immediately. An hour later Lady could walk and next day completely normal.

Max 14 year-old Portugese Water Dog, who had suffered a stroke a week before was brought to the vet. His head tilted to the left and he would fall to the left, if let to stand. The same procedure as in the previous case made him stand up an hour later, two days later could walk though a little lopsided, a week later was going out on his own with head somewhat lopsided and a month later was found to be completely well.

Mavri, 17 -year-old terrier female dog who suffered a stroke two months ago. She whined constantly, held her head to the left and fell to the left. She started turning to the right immediately after the stroke, howled and barked constantly, and held her legs crossed. Appetite strong. *Arnica 200* was given immediately and as there was no change within an hour *Belladonna 200* given. That night she was calmer and didn't howl for the first time after the stroke. Then she could walk backwards and from next day forwards. *Belladonna 200* repeated a week later and she improved but could not attain complete restoration.

2. An irritable Cat
LEVY Jeffrey (HT, 15,2/1995)

This case is very interesting for its analysis. A 10-year-old cat, Sushi, suffered from pain of hind legs, difficulty in jumping and missing the landing intended. Hind was very sensitive. Constipation: strained and howled with pain during stool. Jealous of the other cat recently brought. Sensitive to drugs. (She nearly died when given an anaesthetic). Angry, irritable.

Nux vomica 200 cured completely. The author feels that she may need later *Sepia*.

3. The Unhappy Clown (fish)
KARP David F. (HT, 15,2/1995)

A small fish (Clown fish) among the many maintained in several tanks by a school teacher was ill; not eating, since three weeks. The teacher felt that it suffered from "wasting disease". *Arsenicum 200* dropped in the tank and very soon the fish improved and became normal.

4. Maine Study Group hosts Animal Health Conference
BOURASSA Dorothy I. (HT, 15,2/1995)

The Capitol Area Affiliated Homoeopathy Study Group of Augusta, Maine, sponsored an Animal Health Conference on October 1 and 2, 1994, in Augusta. 45 participants including nine veterinarians and veterinary technicians from around our state and from Massachusetts.

5. The Trial of *Sepia 200*- Prevention of anoestrus problems in dairy cows
WILLIAMSONA.V., MACKIEW.E., CRAWFORD W.J., RENNIE B. (BHJ, 84, 1/1995)

Please see **Research** chapter in this QHD.

VI. PHARMACOLOGY

1. ***Gingko biloba*** -a new drug of immense value VARMA P.N. & VAID Indu (HUD, 3,2/1995)

Traces the history of *Gingko biloba*, its use in Hindu and Chinese medicine the pharmacology and **Materia Medica** Schema.

2. Cardioactive ***Crataegus***.
VARMA P.N. & VAID Indu (HUD, 3,3/1995)

An update on the remedy's pharmacology.

3. Vergleich homöopathischer Kapseln und Tabletten (Comparison of homoeopathic tablets and capsules)
SAKMANN A. (ZKH, 39,2/1995)

The German homoeopathic Pharmacopoeia (HAS) mentions about homoeopathic tablets and capsules and their manufacture. Accordingly tablets and capsules were prepared. The investigations related to a very small batch, often needed in Homoeopathy. It was possible to produce good pharmaceutical quality tablets and capsules. Capsules required much lesser time for manufacture and they can also be produced without loss in trituration. Whereas loss in trituration is not unusual in tablet production. Homoeopathic capsules are better suitable as single dose medicament for perioral administration than homoeopathic tablets.

4. Homoeopathy and the FDA: An Update HORNEMAN Jay P. (HT, 15, 1/1995)

This article tells briefly about two meetings between the American Homoeopathic Pharmaceutical Association (AHPA) and Food and Drug Administration (FDA).

Mr. Edward MIRACCO of AHPA said that homoeopathic remedies are considered to be drugs under Law. The FDA was concerned over many things including the homoeopathic drugs being sold over the counter (OTC) for prescription claims. OTC medicines are sold for claims such as Cancer, Impotence, Cardiac conditions, Diabetes, Fertility, Lyme disease, Liver conditions and Circulatory problems. General and vague claims of homoeopathic OTC medicines like "gastro-intestinal disorders", "minor liver disorder", etc. (all vague and ambiguous) are also a concern for the FDA. The homoeopathic drugs should also be labelled under the official or compendial Latin names and the FDA relied on CLARKE's and BOERICKE's *Materia Medica*s for this. It is important that the drug names are consistent with the literature. Also medicines not found in the Homoeopathic Pharmacopoeia should not be sold.

VII. AGRICULTURE

1. Influence of Homoeopathic/Bach Flower Medicines on yield of Soyabean DUBEY D.D. (NJH, 4,2/1995)

Please see Research section in this QHD.

VIII. RESEARCH

1. Influence of Homoeopathic/Bach Flower Medicines on Yield of Soyabean
DUBEY D.D. (NJH, 4,2/1995)

A field experiment was conducted to see the effect of application of homoeopathic and **Bach Flower** medicines on Soyabean (*Glycine max* L.) crop. While *Gina*, *Grataegus*, *Silicea*, *Vinca' minor*, were the homoeopathic remedies, *Agrimony*, *Grab apple*, *Horn beam*, *Olive*, *Rescue remedy* were the **Bach Flower** remedies. The medicines were used as liquid spray. All the medicines gave higher yield than the control. *Vinca minor* gave the maximum and highly significant yield, followed by *Grataegus* and *Gina*, .While *Silicea* did not influence significantly. Among **Bach Flower** medicines, *Hornbeam* and *Olive* gave maximum yield, and *Rescue remedy* next.

2. Implications of contaminants to scientific research in Homoeopathy

ZACHARIAS Carlos Renato (BHJ, 84, 1/1995)

Three sets of potentized hydroalcoholic solutions were analysed by ultraviolet spectroscopy in pharmacies, the spectra from dynamized solutions were different from those of inert solutions, for the set prepared under more rigorous conditions of cleanness, no significant difference could be noted. These results indicate the presence of contaminants in commercial homoeopathic medicines. We discuss the implications of this for scientific research.

3. **Haloperidol-induced** catalepsy in mice and rats suppressed by orally pre-administered potentized **Agaricus**
SUKUL N.C., PAUL A., SINHABABU S.P., GHOSH S. (BHJ, 84, 1/1995)

Agaricus muscarius 30C, a potentized homoeopathic drug prepared by successive dilution and sonication from the alcoholic extract of the fungus of the same name, significantly reduced *haloperidol-induced* catalepsy in mice and rats. The drug produced the anticataleptic effect when administered orally and no such effect when administered intraperitoneally. Open field activity of the mice was suppressed more with *haloperidol (hal)* alone than with the combination of *Agaricus 30c* (oral) and *hal*. *Agaricus 30c*, given intraperitoneally, did not alter *hal-induced* suppression of the spontaneous activity of mice. Based on the previously reported results with *Agaricus* in combination with *apomorphine*, D1 and D2 agonists, it was thought that *Agaricus* might have served as a D1 blocker. It was further assumed that the effect of *Agaricus* was mediated through the oral taste receptors.

4. The effect of potentized **Histamine** on Serum Cortisol
WARD Adam A. (BHJ, 84,1/1995)

The results of a pilot study to assess the effect of potentized *Histamine* on Serum Cortisol levels in healthy volunteers suggest that there may be a subgroup of people who are particularly sensitive to potentized *Histamine*. It is suggested that a larger double-blind study would provide a useful and easily reproducible way of evaluating the effect of potentized *Histamine* on Serum Cortisol in viva standard laboratory investigations.

5. A Trial of **Sepia 200** -Prevention of anoestrus problems in dairy cows.
WILLIAMSONA.V., MACKIEW.E., CRAWFORD W.J., RENNIE B. (BHJ, 84, 1/1995)

The effect of *Sepia 200c*, on the reproductive performance of Friesian cross dairy cows was assessed in a controlled trial from September 1989 until August 1990. Overall reproductive performance was monitored monthly and pregnancy diagnosis and cyclical status was determined. The cows were randomly allocated to 4 groups, untreated controls, placebo controls, *Sepia-treated* 24 to 48 hours post-partum and *Sepia-treated* day 14 post-partum.

The trial was concluded in July 1990 when another treatment was employed to reduce declining herd reproductive status

Statistical analysis of the results was based on differences between the placebo control and the *Sepia-treated*, 24-48 hours post-partum, the pooled control group and placebo control with *Sepia* day 14, and lastly the difference between the two *Sepia-treated* groups.

The highest rates of periparturient disease occurred in the *Sepia-treated* groups, the highest single incidence rate of periparturient disease risk (cysts) found in the cows in the *Sepia* 24 to 48 hours postpartum group. *Sepia* day 14 produced the largest percentage of cows seen in first oestrus (45%), the largest number of observed heats (60%) in the cows without periparturient disease risk factors or recurrent traits and the lowest total mean value days to oestrus post -treatment.

Sepia day 14 produced the largest percentage that held to first service, the lowest post-treatment period to first service, calving to conception interval, mean number of services and rectal examinations per conception, mean day calving interval and calving index. The results show that the effect of *Sepia 200c* administered to cows two weeks postpartum increased the numbers of cows observed in first oestrus, held to first service and lowered the calving to conception interval and calving index. The results of the *Sepia* day 14 post-partum group were also found to be compatible with the same group data reported in the previous study.

6. Mechanism of action of Homoeopathic Medicines- Recent findings and Hypotheses
1 : Physicochemical Mechanisms
POITEVIN Bernard (BHJ, 84, 1/1995)

Central to the science of Homoeopathy is the homoeopathic medicine which is defined, in the context of the pharmacopoeia, by the method of preparation, 'the Hahnemannian method using serial dilution'. Recent biological and clinical experiments relating to homoeopathic medicines have led to rapidly growing support for the theory linking specific pharmacological action to homoeopathic medicines; this applies also to ultra molecular dilutions. Research into the way high dilutions act is in its infancy. Three elements seem vital for the 'high dilution message':

- The molecular specificity of the constituents of the base substance; this survives in very dilute solutions.

- The role of the solvent as support and perhaps 'message conductor'

- The part played by succussion.

Three other elements may, in the author's opinion, play a part in the creation of the 'high dilution message' or in its fine tuning:

- Oxygen from the atmosphere enters the dilution and succussion process. Oxygen remains one of the main elements able to intervene actively in the dilution and succussion process.

- Silica leached from the glass surface. During the succussion process interaction occurs with the matter leached from the glass, and these must be taken into account in the mechanisms of action of high dilutions, particularly Silica whose properties of conduction are well known.

- Free radicals which may help to structure and delineate the high dilution message, if we follow the hypothesis that the latter is electromagnetic by nature. The possible function of the free radicals as regulating agents for information generated by homoeopathic-type phenomena has been confirmed by German and Italian Physicists.

The theories relating to electromagnetic-type effects may contribute to a better understanding of the characteristics of the biological information contained in high dilutions; the path of conduction, intravenous or circuit-related to the acupuncture meridians and the receptors, which may be electromagnetic.

The scientific principles of Homoeopathy do not require a new paradigm, but can be assimilated within the framework of the biological regulation processes which are so imperfectly understood today. According to this hypothesis, the water carrying its message would not take over from the molecules in the process of dilution and succussion but would transfer to them an electromagnetic biological signal regulating their activity.

Other elements such as Oxygen in the atmosphere, Silica from the glass, or the free radicals created by succussion, may play part in the passage of information whose molecular specificity and particularity are difficult to explain at present. Many pictures are, of course, missing from the puzzle. Despite all unknown factors, understanding of the mechanism of action of homoeopathic medicines in high dilution is gradually coming closer to the outstretched hand of scientific research, thanks in particular to improvements in methods of physical analysis of solvents.

7. An Update on Vaccine Safety, Research and Legislation
SEVERYN Kristine M. (JAIH, 88, 1/1995)

In this article Dr. SEVERYN once again enlightens us about many contemporary vaccination issues. Many documented instances of vaccine failures are described. The alarming incidence of vaccine adverse reactions reported over a 39 month period are also recounted -471 deaths from DPT vaccine and 32,000 adverse reactions in all. Dr. SEVERYN faults the FDA for inaction regarding vaccine-related injuries and deaths. The VICP has to date compensated only one-third of those

making claims for vaccine-related injuries or deaths, and suing companies manufacturing vaccine is now essentially impossible. A nationwide vaccination tracking system is now well on its way to being developed, state by state (in the USA) and when in place will make it even harder for concerned parents to avoid vaccinating their children. The new chickenpox vaccine is discussed, as is the proposed super vaccine, a one-time, timed-release vaccination designed to provide lifetime worldwide immunity. (This paper was presented at the Annual Autumn Conference of the Ohio State Homoeopathic Medical Society, Dayton, Ohio, November, 4, 1994)

8. Research on Homoeopathy: Reductionism Vs. Holism
DELINICK Alexandra N. (EJH, I' 1/1995)

The EJH has a 'Research' Section. Dr. DELINICK says that this section will have articles dealing with work being done in homoeopathic and allopathic research pertaining to Homoeopathy.

The author rightly says that research so far in Homoeopathy is a classic example of trying to fit a holistic principle or idea into a reductionist framework. With the emergence of a new paradigm consequent upon the advent of Quantum Physics, the homoeopathic researchers have realised that a holistic principle needs holistic structure or experimental set-up. The three main areas of research in Homoeopathy are: (1) Statistical Clinical Research. (2/ Laboratory/Cell Culture Studies. (3) physico - Chemical Research in Homoeopathy. These researches will literally change the face of Science as we know it today. The whole article must be read thoroughly and pondered over.

IX. HISTORY

1. Homoeopathy - An Historical Event BAKSHI S.P.S. (HH, 20,3/1995)

In this brief article the author who is also the Chairman of the Central Council of Homoeopathy, India, outlines the background and the formation of the Central Council in December 1974, a truly historic landmark in the history of Homoeopathy in India.

2. The History of the Homoeopathic Movement in Poland
JEDRZEJCZYK Stanislaw (EJH, 1,1/1995)

Physicians taught by HAHNEMANN himself propagated Homoeopathy in Poland. One of the pioneers was Dr. CZERMINSKI. Since then Homoeopathy spread and flourished and in 1930 Poland joined the LIGA. During Nazi regime Homoeopathy suffered very much. After the war Homoeopathy began to blossom. As at present Homoeopathy in Poland is developing well.

3. Homoeopathy in Bulgaria
NAYDENOV Peter, KURTI Katalin (EJH, 1,1/1995)

The **Organon** was translated and published first in Hungary as early as 1830 by a group of doctors led by Pal BUGAT. Homoeopathy spread quickly in the second half of the 19th century. In 1870 an act was passed in the Parliament to set up two homoeopathic chairs in Hungarian universities with Prof. Fereno HAUSMAN (1.811- 1876) and Prof. Tivadar RAKODY (1825-1911) heading them. During this time two homoeopathic hospitals were opened in Budapest. The LIGA held its 10th Congress in Budapest in 1925. Homoeopathy has had its ups and downs - prohibition, support and indifference "- according to the ups and downs of the politics. Between 1949 and 1990 Homoeopathy was prohibited. In 1991 following a three week crash course organized by Russian homoeopaths of the Moscow School, a new course started with the establishment of the Hungarian Homoeopathic Medical Association by eleven founding members. The number of doctors, veterinary surgeons and dentists receiving homoeopathic education today amounts already to one hundred and fifty. Homoeopathy in Hungary is progressing.

4. Management of Nursing in 19-century London with special reference to the London Homoeopathic Hospital
LORENTZON Maria (BHJ, 84,1/1995)

Examination of manuscript sources from the London Homoeopathic Hospital (LHH) 1850-1899 are set in historical context by presentation of data from the **House of Lords Select Committee on Metropolitan Hospitals Report (1892)** and review of selected items from the literature. This material shows the gradual progress in nursing practice, education and management at London hospitals.

Analysis of LHH primary historical source documents (Minutes of Board Meetings, Minutes of Governors and Subscribers Meetings, Minutes of the LHH Staff Committee and Clinical Notes) show development of management and education systems in nursing. Less stress was placed on clinical practice. Significant support for development of nurse education at LHH was provided by members of the medical staff. The few references made to clinical nursing practice were recorded in the Medical Staff Committee Minutes. The strongest emphasis in all source material was on management of nursing services.

Exploration of nursing management in 19th century London, in particular at the London Homoeopathic Hospital, reveals many similarities between conditions then and the present. It also provides evidence of progress in professionalization of nursing, with enhanced autonomy in education and professional practice. In this context, it is worth exploring the mode of managing nursing in 19th century voluntary hospitals and, in particular, at the London Homoeopathic Hospital.

5. Brazil
HOFFMAN Monica (**Simile**, 5,1/1995
with BHJ, 84,1/1995)

The James Tyler Kent Institute of Homoeopathy was first recognised in 1993 by a General Meeting of the Kentian School. It is a non-profit organisation with responsibilities that include education and the development of the science of Homoeopathy. Now there are the following departments:

Studia Homoeopathica is published annually, and **Selecta Homoeopathica** and **Materia Medica Supplements** are published quarterly. The editorial department of the school has the objective of supplying the lack of basic bibliographical material in Portuguese.

Classical works are translated and edited from other languages.

Database department is being developed in order to offer an information service and supply research workers, doctors and all practitioners and students of Homoeopathy with bibliography.

The Institute runs a three-year course on homoeopathic medicine for physicians, dentists, pharmacists and veterinary surgeons. .

X. GENERAL

1. Role of Homoeopathy in National Health Programme
DEY S.P. (HUD, 20,2/1995)

The author draws an outline of the role of Homoeopathy in the National Health Service in India. He points out that Homoeopathy can play effective role in all aspects of health. Only will is required.

2. The Education Gap
SHAH Rajesh (HTIMES, 2,1/1995)

Dr. Rajesh SHAH writes in this Editorial about the effects the different seminars, lectures by the different 'teachers' on the not-so-experienced practitioners particularly the students. A thought-provoking article.

3. Greater the Dilution Greater the Potency: The Principle Behind Homoeopathic Medicine

KOTHARI Manu V.L., MEHTA Lopa
A. (mfH, 5,3/1995)

These are very very interesting reflections on the homoeopathic dilutions and the 'potencies'.
Few extracts:

The prosperity of Homoeopathy is a testimony to its veracity.

Subtlety is stronger than concreteness. The mind of matter is stronger than matter itself. Science knows naught of any field save by the effect it generates. Whatever the illness, Homoeopathy seems to accept the body's wisdom and to give it a teleological significance by promoting the same. The ailing body's diseasogenic field is so fortified that the field ends up getting finished.

As you increase the dilution, the material particles that occupy a given space or volume of body fluid, decrease in number, increasing thereby the interparticular distance, thus widening the fields that each of them exerts, thus rendering the medicament less material and more informational. .

Smaller the size of the medicament particles, greater their ability to cross various cellular, intra-cellular and intercellular barriers. The common phenomenon of systemic fatigue that the body suffers with concentrated drug is obviated by the dilution principles.

4. The Plague
LAKSHMINARAYANAN D. (mfH,5,3/1995)

This is a brief compilation of the information on the disease Plague, an 'update' as the author calls it. He has also mentioned the different homoeopathic remedies mentioned by the past leaders in Homoeopathy.

5. The Mythology of Modern Medicine - Microbes and Man
KOTHARI Manu, MEHTA Lopa A. (HTIMES, 2, 1-4/1995)

The subject has been covered in four numbers of this journal. Many myths have been cleared by the authors. As the authors say "The time is ripe for some perspectival principles to set the records straight and to save mankind from the vain and disastrous course it has charted for itself so far."

Principle one: The microbial bio-mass outweighs the total animal bio-mass by a factor of 20.

Principle Two: Friendship between microbes and man is the rule. Enmity an exception.

Principle Three: Throughout nature, infection without disease is the rule rather than an exception.

Principle Four: The human or animal body does not protect itself by its immune system but merely reacts against an alien or innate Antigen in big, bad, indifferent, good, ways.

Principle Five: Fever is no fault.

Principle Six: Antibiotics are at best Microflorafluctuators.

Principle Seven: Modern Medicine is largely immunosuppressive.

Principle Eight: Aids is the gift of global iatrogenic immuno-suppression.

Principle Nine: Reverence for microbes is reverence for macrobes.

Principle Ten: The dividing line between the rapist and therapist is very thin.

These ten principles are explained lucidly. A careful study of the entire article will surely be very rewarding.

6. How does Homoeopathy Cure? A Brief History of its Causal Hypotheses.
BERNAL German Guajardo (BHJ, 84, 1/1995)

A classification of hypotheses concerning the mode of action of potentized medicines is proposed. Hypotheses are analysed according to their adequacy for explaining the phenomenon. Two main groups are proposed, depending on the active or passive role of the organism during homoeopathic treatment, with subdivisions and differences described. Links with the main body of knowledge must be maintained so the hypotheses may gradually acquire the status of a successful explanation. The need to introduce the hahnemannian concept of biological reaction stems from the principles of Homoeopathy.

7. Homoeopathy -The Alternative Therapy NARASIMHA RAO K. (QHQ, 4, 1/1995)

This is a long essay on the different schools of medical treatment. The author discusses Allopathy, Naturopathy, Ayurveda, Acupuncture, Touch therapy, Homoeopathy.

XI. BOOKS

1. **Self Healing -My Life and Vision by Meir SCHNEIDEA. Penguin publication. £ 4.99** review by Dr. D.E. MISTRY (CCR, 3,4/1994): "This is a remarkable autobiographical book. It is an account of the life and work of Meir SCHNEIDER who was declared legally blind after failure of five operations on his eyes at a very young age. SCHNEIDER was born with Glaucoma, Nystagmus, Cataract and Astigmatism ISAAC showed him the first eye exercises which was palming and visualization learnt from the pioneering work of William BATES BATES through original research said that the mind plays a major role in vision and the physical and mental stress play a major role in eye problems. The key to BATES method of teaching is the correct usage of the eye SCHNEIDER then met SHLOMO an elderly Jew who was master in the art of exercises and movements especially stretching exercises. From this stage onwards, SCHNEIDER began working first on advanced polio cases and his first real case to improve was DANNY a case of Duchenne's muscular Dystrophy. VERED a Moroccan black-haired girl with first operations on her polio- affected leg was the next patient to improve. These three together then formed a team, one of the first in Israel, that have helped to heal innumerable cases of back problems, Arthritis, eye defects, Multiple Sclerosis and Polio contracted even wheel chair patients to come to near normality. The author's chapters on eye problems, vision and the role of the mind must be read by everybody to know what a pioneering work this one man has brought about in the field of healing. His final chapter is devoted to his vision -a vision of self-healing community where therapists will not cure the patients by pills or medicines but simply guide them on the path of self-healing. Readers interested in this movement should write to the Centre for Self healing, 1718, Taraval Street, San Francisco, CA.94116, USA."

2. **The Healer Within - The New Medicine of Mind and Body by Steven COCKS and Douglas COLLIGAN. Publishers Penguin Books. As. 175/-** review by D.E. MISTRY (CCR, 3,4/1994): "This is a book which sets out to present a complete study of a new behavioral science called Psycho-Neuro- Immunology -PNI. This book deals with the healing system inside Man -a system about which hardly anything is still taught in medical schools, and about whose very existence as an independent entity was doubted up to almost twenty years..... ago This book shows most profoundly how mind and body interact, how emotions affect biology, and how the nervous, endocrine, and immune systems function in relation to each other and where the boundaries of our psychosomatic medicines no longer exist..... I would particularly suggest readers to pay more attention to chapter nine titled "Finding the healer within"..... "

3. **The Healing Path -A Soul Approach to Illness by Marc Ian BARASCH. Published by Putnam's sons, USA** review by D.E. MISTRY (CCR, 3,4/1994): "This book is a lucid, extraordinarily well researched, and documented account of the life story of a journalist, faced with Cancer of thyroid. His own struggle with his illness is interspersed with similar accounts of patients whose journeys into their inner dimensions of healing provides luminous insight into the as yet poorly understood inner realms of one's individual psyche, emotions, and the land of dreams..... This book then is a guide book- an explorer's book so to say. It must be read by all who serve human beings as physicians, serve not in the crass narrow way of giving some pills, taking some investigations and letting the patient live or die unaided by either his own inner powers or the physician's qualities of empathy and

wisdom..... To all those who are frustrated by the quality of present medical science, I offer this book in an earnest plea that it may be read by one and all as a guidepost to better understanding, both of oneself, and of our innocent patients."

4. **A Select Homoeopathic Materia Medica - Part I. Dr. P.I. TARKAS and Dr. Ajit K. KULKARNI, Soham Prakashan, Satara. Rs.130/- pp.422.** review by Dr. D.E. MISTRY (CCR, 3,4/1994): "This is a welcome and highly useful addition to an already growing list of new Materia Medica books since the last 20 years..... The readers will find much novel information, clinical tips etc. in this book. This Part I of the book contains more rare remedies than common ones because the authors feel we tend to neglect the rarer remedies always, when in fact many of these remedies would well become our future polychrests..... The printing is good, does not strain the eye and the price is reasonable..... This is a book worth keeping in the library of all homoeopaths."

5. **Impfen: das Geschäft mit der Angst. by BUCHWALD G. (Vaccinate: the business with Fear) 254 S., geb., emu-Verlag. Lahnstein 1994. DM 36,80** (German) review by FRIEDRICH (ZKH, 39, 1/1995) : "The author has been engaged with the subject since over 30 years, as Internist and Chest specialist. The book is filled with a fund of literature, researches and experiences. While being firmly based on the Scientific Medicine BUCHWALD separates the chaff from the grain in the matter of Vaccinations..... This impressionable book is a good reading material for the layman and the Physicians..... It is recommended as essential book for every Physician..... "

6. **Impfschutz - Irrtum oder Lüge? (Preventive vaccinations - a misunderstanding or untruth?) DELARUE S. 264 S., geb., Hirthammer-Verlag, Munchen 1993 DM,28,-** (German). review by FRIEDRICH (ZKH, 39,1/1995): "The authoress d iscusses in this book whether it has ever been proved conclusively that vaccination is more a necessity than a risk. The results of her researches is negative for the advocates of vaccinations..... "

7. **Sind Impfungen sinnvoll? Ein Ratgeber aus der homoeopathischen Praxis. (Are Vaccinations sensible? Advice from homoeopathic experience) GRATZ J. - F. 88 s. kart., Hirthammer - Verlag, Munchen 1994. DM 12,50.** (German) review by FRIEDRICH (ZKH, 39, 1/1995): "The author dedicates the first part of the booklet to the title question and in the second half a short explanation of Homoeopathy and homoeopathic treatment and in the third part he reports two cases with regard to vaccinations..... "

8. **Gesammelte Arzneiprfungen aus Stapfs "Archiv fur homoeopathische Heilkunst" (Collected remedy provings from STAPF's "Archiv fur homoeopathische Heilkunst") GYPSER k.-H., WILBRAND R. (Hrsg.) Band 4 (Ergiinzungsband), 190 S., geb., Karl F. Haug Verlag, Heidelberg 1994. DM 68,-** (German) review by KLUNKER (ZKH, 39,1/1995): This 4th volume is the complementary one to the three volumes already published and includes provings of *Kissingen* as also seven toxicological observations. The main contents of this volume depict the Provings of 32 medicines which because of the chronological order of the symptoms could not be included in the first three volumes.... Those who already possess the three volumes published earlier will naturally be interested in this volume"

9. **Homoeopathie fur Haus-und Nutztiere (Homoeopathy for domestic and useful Animals), by TIEFENTHALER, A. 268 S., kart., Karl F. Haug Verlag, Heidelberg 1994, DM 84,-** (German) Review by BAR (ZKH, 39,1/1995) : "This book on Homoeopathy for domestic animals and useful animals is in three parts. The first part is an introduction to Homoeopathy, the second part contains a thorough list of diseases of horses, cows, pigs, dogs and cats with the relevant medicines and the end contains a condensed Materia Medica..... "

10. **Unsere Hunde - gesund durch Homoeopathie (Our Dogs - healthy through Homoeopathy) WOLF, H.G. 10 erw. und durchg. Aufl. 312 S. geb., Sonntag Verlag. Stuttgart 1994, DM 36,-** (German) review by KLUNKER (ZKH, 39, 1/1995): The veterinary adviser for the homoeopathic treatment of sick dogs appears in its tenth edition The book contains the legacy of WOLF's experience..... "

11. **Homoo-Quest-Lernkartei. 3teilig; Nash 1. Nash 2 u. Repertorium 1, by HOLLING, A Homoo-Media-Verlag, Munster 1994, DM 199,- Einzelpreis fur einen Teil; DM 79,-.** (German)

review by GEBHARDT (A HZ, 240, 1/1995):..... " Homoo Media verlag have filled a gap. The work will make not only the beginner happy but also the experienced..... "

12. **Gifttiere. Ein Handbuch für Biologen, Toxikologen, Ärzte, Apotheker. (Poisonous Animals. A Handbook for Biologists, Toxicologists, Physicians, Pharmacists).** by MEBS, D, 272A., 191 Abb., geb. Wissenschaftliche Verlagsgesellschaft, Stuttgart 1992, DM 148,-. (German) review by APPELL.: "Homoeopathy unlike every other Medicine, has proved the therapeutic importance of the remedies obtained from the animal world. When Pharmacology now praises the life-saving medicine developed from a snake venom we may say without being accused of being arrogant that the *Lachesis* proving of HERING must be recalled..... MEBS has confused when he says that the Tarantism is not the consequence of a bite by the *Lycosa Tarantula* but the poisonous action of *Latrodectus mactans*..... the book divulges much about animal medicines..... "

13. **Tinnitus - ganzheitlich behandelt mit Homöopathie und Akupunktur. (Tinnitus - wholistically treated with Homoeopathy and Acupuncture)** by AL TROCK, T. Mit einem Repertorium der Tinnitus-Symptome. 371, geb., Karl F. Haug Verlag. Heidelberg 1993. DM 98,- (German) review by APPELL (A HZ, 240, 2/1995): "... combination of Homoeopathy and Acupuncture is of great value..."

14. **Documenta Homoeopathica** by M. DORCSI.; F. SWOBODA. Bd. 14, Wilhelm-Maudrich-Verlag. Wien 1994, DM 98,- (German) review by GEBHARDT (A HZ, 240,2/1995): "This is a collection of works by different authors... It is a homoeopathic textbook which is read with pleasure... The book is a fund of interesting thoughts. Experienced homoeopaths will find much gold nuggets."

15. **Bewährte Anwendung der homöopathischen Arznei (Proven application of homoeopathic medicines).** by ENDERS, N. 781 S., geb., Karl F. Haug Verlag. Heidelberg 1992 DM 98,-. (German) review by LANG (A HZ, 240, 2/1995): " This almost 800 pages book is recommended for the experienced."

16. **Homöopathische Arzneimittel: Materialien zur Bewertung (Homoeopathic medicines: Materials for evaluation)** 3 Ordn., Loseblattsamml. incl. 5. Ergänzungslief., Govi-Verlag, Eschborn 1994 DM 198,-. (German) by KELLER, K.; GREINER, S.; STOCKEBRAND, P. review by GRIMM (ZKH, 39, 2/1995): "The publication is for specialists who are interested in special aspects of homoeopathic medicines "

17. **Paracelsus heute - im Lichte der Natur, Robert JUTTE (Hrsg.), 187 Seiten, 16 Abb., kart., Haug-Verlag, Heidelberg 1994, DM 58,-** (German) review by Thomas JAGER (ACD, 4, 1/1995): "The book has important and much material for discussion about Paracelsus-prescription. There are guidelines for the readers on the aspects of the teachings of HOHENHEIM. For those embarking on the study of PARACELSUS this is a nice introduction and those who already know this is a stimulating book "

18. **Systematisch - alphabetisches Repertorium der homöopathischen Arzneimittellehre, G.H.G. JAHR, Nachdruck der Ausgabe Leipzig 1848, 2540 S., in zwei Bände, geb., G.H.G. Jahr Verlag, Bonn 1994 DM 650,-.** (German), review by Bernhard MOLLER (ACD, 4, 1/1995): "Repertories are reference works in which a complete symptom from proving is cut up and these part symptoms, called rubrics are contained in the different repertories in different manner The disadvantage with the well-known repertories is that the complete symptom has to be verified with the Materia Medica. This deficiency has been removed by G.H.G. JAHR Repertorium. 240 remedies known till then are covered An indispensable work in 2540 pages in two volumes in large format which in regard to the valuable material which can be had for a very good price."

19. **Improve your Vision by Nature Cure** by Dr. P.K. BOLAR, published by Dr. Prakash Kondekar, Bombay, 1995, pp.117, Rs.90/-, reviewed by T.K. V.ASI VISWANATHAN. (NJH, 4, 1/1995): " In this book Dr. P .K. BOLAR a famous Naturopath has brought together, apart from BATES method and exercises, alternative therapies like Hydro-therapy, reflexology, dietetics and magnetotherapy A very interesting informative and useful book; it is desirable that it gets wide publicity especially in schools where students start wearing glasses mostly for Myopia at a young age."

20. **Nosodes: The Pace Makers of Our Materia Medica**, by Drs. Sarla SONAWALA and Vishpala PARTHASARATHY, Business India Group of Publications, Milan Polyclinic, Saraswati Road, Santa Cruz West, Bombay - 400 054, pp. 120, Ps.80/- reviewed by Dr. S.P. DEY (NJH, 4,2/1995): "The book deals with five important Nosodes - *Psorinum*, *Tuberculinum*, *Medorrhinum*, *Syphilinum* and *Carcinosin* - which are not only very useful but rather they are essential to eradicate the inherent or acquired miasmatic dyscrasia or stigma I wish a wide circulation of the book."

21. **Der psychische Aspekt bei der Arzneiwahl**, by Beat SPRING, Burgdorf Verlag, Paperback, 200 p. DM 46,- reviewed by Dietmar PAYRHUBER (HL.8,1/1995): "Beat SPRING who is a student of George VITHOULKAS and who with his wife Lorraine TAYLOR, established the Homoeopathic Links, has published a very interesting book. The book deals with the psychological aspects of Materia Medica, the level that is most important for our prescriptions. He gives a clear differential diagnosis of cases and shows Materia Medica and repertorization in a very picturesque way. The book should be translated into English soon."

XII. NEWS & NOTES

I. **Travelling Exhibition "Homoeopathy"** opens (AHZ.240.2/1995): On 10 January 1995 Travelling Exhibition "Homoeopathy" was opened in Bonn by Dr. DRAHNE with the German Govt.'s co-operation. The exhibition was conceptualised by the Deutschen Homoeopathischer Ärzte e. v. The aim is to make Homoeopathy accessible to interested laymen. With the help of charts and display cases the exhibition is made lively. The exhibition begins with the founding of Homoeopathy by Samuel HAHNEMANN. HAHNEMANN's life is shown; his Cinchona experiment (1790); medical-historical as also the general historic details of the HAHNEMANN epoch. Homoeopathy is defined, its basic principles mentioned, the Simile principle, remedy proving and the dosage, etc. In the third part the manufacture of the remedies, the potentising, etc. and in the fourth part the medicinal forms - homoeopathic medicines are obtained from plants 65%, from minerals 30% and 5% from animal products.....

II. Magnesium in heart infarct: *Magnesium sulphate* has been observed to be of therapeutic value in heart infarct and anginal states. MEZGER had studied thoroughly *Magnesium sulphuricum* and proved it. Besides comprehensive observation of its action -ultimately *Magnesium* is an important trace element -it has specific action on heart and circulatory ailments. MEZGER recommended *Magnesium sulphuricum* in D3 -D12 potencies! (Dtsch. Med. Wochenschr 119 (1994) 1102, -A HZ, 240,2/1995)

III. The "Sub-Committee, Documentation" of the 'European Committee for Homoeopathy' met in Brussels on 17 December 1994. At the invitation of the European Committee (Dr. Jacques IMBERECHTS) about 30 persons comprising of Documentation, Librarians and other specialists from Belgium, Germany, France, Greece, Great Britain, Holland, Norway and Austria met in the house of the Belgian Homoeopathic Association. Representatives from other EU States and Switzerland were also invited. Discussions were held on the documentation position and work programme was developed. A "Repertory of homoeopathic Documentation in Europe" by Dr. Martin DINGES of the **Institute for the History of Medicine** of the **Robert Bosch Foundation**, was presented. The catalogue of all Libraries or Documentation centres should be sent to Glasgow where these will be verified to prepare a European Catalogue. (ZKH,39,2/1995)

IV. Consensus-Conference of the **Carl and Veronica Carstens Foundation: Placebo in the Clinical research in Homoeopathy**: On the 16 June 1994 a Consensus Conference was held at the Universitäts-Frauenklinik in Heidelberg on the question of what kind of placebo should be used in the study of homoeopathic treatment. The following was the conclusion:

(1) In all clinical studies in Homoeopathy unpotentized carrier medium (Ethanol, Sucrose, Lactose) is to be used as Placebo. Since potentized carrier medium is not essential for judging the classical homoeopathic remedy action the question of influence of medicinal stuff and potentising becomes superfluous for fundamental research. Only when fundamental researches give valid results should the use of placebo in relation to clinical studies be discussed again.

(2) Basically only preparations manufactured according to the HAB (German Pharmacopoeia) - preferably from only one manufacturer for one study - should be used. Both placebo and medicine (Verum) should be from the same manufacturer.

(3) Blinding must be carefully done and should be reconstructable since even with the best analytical methods no difference can be detected between a placebo and verum of a particular potency step.

(4) A twin of a preparation should be kept back so that should it be so required a study may be redone. It should be borne in mind that in a classical homoeopathically carried out study in which individual prescriptions are given, reproduction is not practically possible. (A HZ, 240,2/1995)

V. The following has been extracted from the **Organon, Vol,3 (1880)**: Five cases have been reported -one by BERRIDGE four by SWAN -on using potentised snow (ice) as medicine for the characteristic symptom of "worse in snow"; Respiratory difficulty, Heart pain, Thirstlessness, Ice cream agg. were all cured with potentised snow which was called *Nix* and potentised ice called *Ice*. (ACD, 4, 1/1995)

IV. A new journal titled **The European Journal of Classical Homoeopathy**, with the world-renowned George VITHOULKAS as Editor and his team of Greek homoeopaths has come to join the leading homoeopathic journals of the world. This is a quarterly journal of Classical Homoeopathy beginning from 1995. Abstracts from this journal together with the listing of the articles that appear in this will be included in the aHD beginning from this issue. The title of the journal will be abbreviated in the aHD as EJH.

VII. Report on the **Alonissos Teacher's Meeting in the Summer of 1994** (EJH, 1' 1/1995): George VITHOULKAS and **the International Academy of Classical Homoeopathy** have been host of the Teachers' Meetings for the past couple of years. This year's discussion centered mainly on the following subjects:

(1) Dr. Hans MEISTER of Berlin presented a new and rather advanced model for introducing the essentials of Homoeopathy to our contemporary doctors.

(2) An interesting discussion on the methodology of studying small remedies was led by Massimo MANGIALAVORI from Italy, who presented us with a way to study small remedies while using some interesting graphs to put his point across.

(3) After a long discussion it was agreed that Paragraph 211 of the **Organon** cannot be read and interpreted in isolation but has to be understood in the whole context and exposition of the **Organon**.

(4) Ways of case analyses and the best way to tackle difficult cases were discussed.

(5) Some decisions were taken to ensure a screening of the new knowledge entering the main bodies of informatis (such as computers, repertories and Materia Medicas). The job was ascribed to Rina MARCOWITZ from Israel.

VIII. HAHNEMANN lived during the period 1821-1835 in Koethen and he was the first Consulting Physician to Prince Ferdinand of Anhalt- Koethen. He was also made Privy Councilor and was also permitted to dispense his own medicines. Koethen is in the Eastern part of Germany. Many relics of HAHNEMANN have been collected and installed in a Museum in one of the rooms of the castle of Anhalt-Koethen and it offers an important insight into the life and work of Samuel HAHNEMANN. The collection relates mainly to items from the homoeopathic library, concerning HAHNEMANN's work when he lived in Koethen including the first edition of his book **The Chronic Diseases**. This contains some of original signatures of his daughter CHARLOTTE, who died in Koethen in 1863. The **Reine Arzneimittellehre (Materia Medica Pura)**, 1 edition is also here, and HAHNEMANN's corrections etc. for the second edition may be seen. Other exhibits include different editions of the **Organon**, the papers on the **Defence against Cholera**; other items of interest are remedies from HAHNEMANN's time; "**China bark**" from which HAHNEMANN made his first provings on himself; HAHNEMANN's bed, his alabaster writing tools. etc. The Museum has always made great efforts to complete its

collection of exhibits concerning Homoeopathy in the time of HAHNEMANN. The Museum would gladly receive any original autographs or personal possessions of HAHNEMANN. (EJH, 1,1/1995)

While the **HAHNEMANN Museum** in the **Robert Bosch Hospital**, Stuttgart, originally established by the great biographer of HAHNEMANN, Richard HAEHL, is well known, very little is known about the Hahnemanniana in Koethen. Bettina REZA, a student of the Engineering School for Pharmacy in Leipzig presented a thesis in which HAHNEMANN's life in Koethen was included. Josef SCHNEIOER has listed the items in the Koethen Museum in the **Jahrbuch des Inst. Gesch. r Med.r.RBS** 1990-92. Reference to the house in which HAHNEMANN lived while in Koethen and its present status has been mentioned by Or. H.E. BOTTGER (A HZ, 236,3/1991). Subsequently this house has been purchased by the Homoeopathic Association and a Museum has been proposed after extensive renovation (see QHO Vol.IX, 3/1992,p.51).

IX. The EJH, 1, 1/1995 informs the homoeopathic world of the founding of an academy titled **The International Academy for Classical Homoeopathy for teaching Classical Homoeopathy**, in the Alonissos Island in Greece. The Academy is founded by George VITHOULKAS "with the help of a small group of donors, the main one of which is the G. V. Foundation from Germany. The Academy has ambitious plans all in the interest of genuine Homoeopathy. VITHOULKAS envisions that "this Academy will become a centre of true knowledge which will provide an education that will far exceed the technical and strictly "medical aspect of one's learning." Teachers will come from different countries and will include Philosophers, Sociologists, Healers with reputation dealing with health matters from an altogether different point of view, et al. Anybody interested and wishing further information may write to the Academy at International Academy of Classical Homoeopathy, Alonissos 37005, Greece.

X. The Editorial in the BHJ, 84, 1/1995 asks "Must Homoeopathy be marginal?" and proceeds to answer. Throughout history Homoeopathy has been a kind of 'marginal' medicine. The acronym TEETH (tried Everything Else. Try Homoeopathy) describes a situation with which most homoeopaths are familiar. The 'credibility gap' is another major factor. Notions derived from Quantum Physics and information theory have, in the last few years, opened a new and unanticipated dimension to the problem of high dilution effects. While we should not abandon our honourable tradition of criticising the errors and excesses of conventional medicine, it should not be our *raison d'etre*. None will disagree with this.

XI. **Effect of microwaves on potencies** by W. ONGRATZ, M. HAIOVOGL in **Homoopathie in Osterreich**, 5, 1994: To assess this, the Kolisko method of germinating wheat seed was used. Freshly prepared potencies of *Argentum nitricum* 24x-26x were placed directly in front of the microwave oven, on top of it, and in another room, protected by aluminium foil. Exposure times were 1 and 2 hours.

The potencies kept behind aluminum in another room showed the usual patterns, with the 25x significantly less effective than the 24x and 26x and as effective as the distilled water control.

So far the results show that the *Argentum nitricum* potencies were not affected by standing on top of the microwave oven for up to 2 hours. Placed in front of the oven, the characteristic germination patterns changed markedly; all three potencies were more effective than the control, with the 25x showing a significant increase in activity. (From the BHJ, 84, 1/1995)

XII. A homoeopathic physician had read somewhere that taking *Staphisagria* might confer protection from mosquito bites. He took *Staphisagria* 12x with him to Tunisia but rather than take it, dissolved the pilules in some water and sprayed his room with the solution, especially the space in front of the window. His room was insect-free for 3 days. Repetition of the treatment proved effective for another 3 days. (**Homoopathie in Osterreich** 5, 1994, in the BHJ,84,1/1995)]

XIII. Dr. Filip DEGROOTE of Belgium has supplied the following list: Fear of Insects: *abel.*, *ars.*, *bufo* (ALLEN), *catc.* (V), *calc-ars*(V), *carc.*, *caust* (SIJMONS) *cimic.*(V), *hep.*(HEEREN), *ign.*, *lac-c.*, *lyc.*, *med.* (PLADYS), *nat-m.*, *nat-p.*, *phos.*, *puls.* (DEGROOTE), *sep.*

- bees: *hep.* (V)

- beetles: *calc.* (V)
- cocroaches: *alum., phos(V)*
- flies: *abel., med.*
- ladybirds: *calc.* (COULTER)
- spiders: *abel., bry. (DEGROOTE), calc., caust., hep., ign., lac-c., mag-m. (DEGROOTE) med. (PLADYS). phos., sep. (DEGROOTE), valer. (DEGROOTE).*
- wasps: *catc.* (V)

... (V = VITHOULKAS. (**Homoopathie in Osterreich**, 5, 1994, extracted in the BHJ, 84, 1/1995)

XIV. The so-called minor remedies must be studied and not neglected. Dr. Jorge Luis ANTOLINI reports a case (**Revista Brasileira de Homeopatia**, 1991) in point. A Professor aged 38, married, came for homoeopathic treatment in 1988 for pelvic pain from 1984, specially affecting the epididymis and painful bloody ejaculation. In 1983 he had a crural lesion diagnosed as leprosy, treated conventionally and discharged 'cured' but a few months later the pain started. The case had rich mental symptoms. It was repertorized in the **Synthetic Repertory** and *Hura brasitiensis* came up which was given in 50c single dose. The patient had some bad dreams after this and on the 12th day he had the skin lesion become itchy for 3 days. No pelvic pain for 3 months. (BHJ, 84, 1/1995).

XV. Elizabeth GRIFFITHS has been awarded a research degree (PhD) in Homoeopathy. This is the second such degree on record (**Simile**, 5, 1/1995 issued with the BHJ, 84, 1/1995) -[Hopefully this will stimulate the Universities in India particularly to encourage students take up research for PhD degree = KSS.]

XVI. "Orthodox medical practice is vulnerable when it falls short of its own high ideals. In November the Royal College of Physicians and Pathologists were reported by **The Times** to have stated that alternative therapy for allergies is a waste of money and may be dangerous' and that 'until the methods have been evaluated by reputable, randomised, double-blind placebo trials they cannot be accepted into routine clinical practice'. An effective response came from Dr. Robert BLOMFIELD. He said (**The Times** 9.11.94) that he had been researching the subject of immunisation for some years and had been unable to find any trials of childhood vaccines that met the colleges' criteria.

In this connection a paper by Dr. Judith TURNER in the **Journal of the American Medical Association** (25.5.94) is of interest. From a review of the literature concerning the action of the placebo, she concluded that the placebo may be more effective than had been previously recognised and may provide up to 70% of patients with symptom relief. Among the papers studied was one in which 43% of patients had reported complete relief from back pain after surgery in which no lesion had been found and the incision had simply been sewn up.

The safety of conventional treatment for allergies, which presumably meets the criteria of the Royal College, has been questioned in the **Journal of the National Cancer Institute** (BRANDES" et al 18.5.94). The authors reported that tumours were found to grow faster and larger in mice that had been given the following antihistamines: *loratidine*, *astemizole* and *hydroxyzine*. The Food and Drug Administration had expressed concern at these findings but believe that the benefits of the drugs outweigh the risks. "(**Simile**, 5, 1/1995 issued with the BHJ, 84, 1/1995)

XVII. The M.Sc. course in Homoeopathy to be run by **John Moores University** with the support and collaboration of the **Faculty of Homoeopathy** has not been able to commence during 1995 due to shortage of applicants. This was a three-year course which was the first of its kind. (**Simile**, 5, 1/1995 issued with the BHJ, 84, 1/1995)

XVIII. Guy KOKELBERG Seminar, Bristol, 8 October 1994: some extracts (**Simile**, 5, 1/1995 issued with the BHJ, 84, 1/1995):

Palladium refined, sensitive and chic. A useful remedy for ovarian problems and regarded as a women's remedy.

Causticum the sensitive, stout, plethoric woman. She was constitutional *Causticum* but needed *Viola odorata* as an acute remedy.

Next case was a young man who needed *Medorrhinum* and *Nitric acid*. It seems that he came to the consultation virtually with his trousers down being so focussed on problems with his genitalia. He was a difficult patient to treat, critical, suspicious, censorious and very anxious about his symptoms.

Next case: *Phosphorous* in many ways, being enthusiastic but easily exhausted.

Phosphorus is the sort of person who has two part-time jobs! However he did not respond to *Phosphorus* and eventually *Oleander* improved the eczema on his scalp.

Ruta for strains. A useful remedy in cases of over-exertion including athletes, students (after examinations), tennis players, tapestry workers, singers, and pregnant women.

Lac caninum: A tall woman, poor, stooping with an exaggerated humility, fearful of insects, industrious before menses, and unloved by her mother.

XIX. Midlands Branch 20th Symposium 12 November 1994 (Simile, 5, 1/1995 issued with the BHJ, 84, 1/1995): The first part of the Symposium was devoted to case histories by members. The subject this year was Psychiatry. Dr. Victoria KARNEY presented the case of a lady of 25 with irritable bladder syndrome who was treated with *Cantharis* and *Phosphorus*. The next case, a boy of 6 described by Dr. Audrey PEARSON. He was tired, weepy and had bad dreams. Did not respond to *Thuja*, but improved dramatically after *Ignatia*. Dr. Valerie KLEIN told of a lady of 42 with anxiety and panics for two years who was very much better after *Pulsatilla*. As a control she described another lady of 42 with the same symptoms, but who was treated with anxiety management etc. and who was only a little improved.

Dr. Susan EVERITT discussed a boy of six with constant catarrh and eczema, violent and disruptive. *Sulphur* cleared up all his problems. Dr. Meenu BROWN described epilepsy and emotional problems. *Carcinosin* 200 made a lot of difference and calmed her down, but needed to be repeated more and more often.

Dr. G. GOODYEAR showed a lady of 43 who was overworked and ambitious, and who had many fears and anxieties. She was given *Gelsemium* followed by *Staphisagria*.

Dr. Sheila GREENFIELD set up a trial of *Cantharis* vs. placebo in general practices around Birmingham some four years ago. The protocols were very strict. In all 67 patients got *Cantharis* and 64 got placebo. Results are yet to be analysed.

Francis HUNTER (Veterinarian) showed some fascinating animal case histories illustrating that there is no placebo effect in animals and that the size of the patient is irrelevant. The remedy may be put in the water to treat fish and in the water trough to treat birds. He described a dog of 10 years with Cushing's Syndrome treated with *Natrum muriaticum* 200c weekly who became normal over the following year.

Dr. RAF JACK who started the Midlands Branch of the Faculty of Homoeopathy was felicitated. Dr. JACK described a man of 40 who was hypomanic and suspicious of his wife, who was treated with *Hyoscyamus XM* in his tea fortnightly for six months to control his symptoms. A plasterer was treated with *Anacardium* for maniacal rages, and his dyspepsia was also cured. (*Anacardium* 200c can be used as 'memory' tablets every two weeks). A medical secretary with bronchiectasis was helped by *Hepar sulphuris* because she had noticeable aggravation from draughts. The same remedy helped a man of 41 years with frontal sinusitis which was not responding to antibiotics. A 20 year-old man with rhinitis, polypi and asthma was helped by *House Dust* 200c, *Pulsatilla* 30c weekly and *Sanguinaria* 6c on the other days. He was cured by *Teucrium* 3c tds which caused copious catarrh and, after sleeping for 24 hours, he was completely better. The next patient was a lady of 24 with

Crohn's Disease for 6 years ~ho was able to stop her *Salazophrin* after treatment with *Phosphorus*, *Podophyllum* and *Aloe socotrina*. She was clear for six years but relapsed after stopping her remedies, divorcing and her mother dying. She ended up with an ileostomy. The last patient had an acute olecranon bursitis which responded rapidly to *Apis*.

Boots sponsored this meeting.

XX. Dr. Dean CROTHERS, Editor of **Resonance** writes (Resonance, 17, 111995) that he sends a general packet to each new patient before the first appointment. This contains advice to the patients on Coffee, taking over-the-counter allopathic drugs like pain-killers, antihistamines, large doses of vitamins or therapeutically prescribed herbs, Camphor, Dental work, Hormones and Birth Control pills, Other treatments, use of electric blankets and about suppressions.

He also cites the successful treatment of a 70-year-old woman with only two doses of her constitutional remedy, one dose of a different remedy for a bladder infection and a follow-up remedy near the end of the 14 month treatment period. During the above period she had continued to take estrogen replacement therapy, taken 2 or 3 courses of antibiotics, received a flu-shot and she was also generally non-compliant!

XXI. Gabriel IEDNYCINSKY, from Budapest, Hungary writes, (**Resonance**, 17, 111995) that a group of Medical doctors and researchers in the eastern Europe have been making in-depth study of Homoeopathy and found that 'Homoeopathy is indeed real' and that they are able to prove the validity scientifically, clinically, and mathematically. Their study includes (1) in-depth review of homoeopathic research and literature, (2) a scientific analysis of the process of Homoeopathy, (3) a laboratory analysis of cell culture in laboratory animals. and (4) clinical laboratory testing of patients. The team has carried out very large and extensive research and would be publishing it.

XXII. **Mezinarodne Kongres Klasicke Homeopatie**, Brno, Czech Republic, 2 - 4 September 1994. Report by Anton GORDON (**Resonance**, 17, 1/1995) : This was the first conference here. Wolfgang SPRINGER from Munich, Germany presented a *Kali bichromicum* case. Dr. G. GOTCHEV from Bulgaria gave a short presentation of Classical Homoeopathy and Physical Radiesthesia. Divya CHHABRA presented Situational Materia Medica. Misha NORLAND presented Synthesis in case work. Geo SAVULESCU from Bucharest presented a short paper on clinical trials of children with acute viral hepatitis. The results of the trial showed that the children receiving homoeopathic treatment were significantly better than the control group. Again Divya CHHABRA presented on video, dream provings of her proving group, which had recently completed *Lac felinum* In which many of the provers' dreams were related wit', the world of the cat. Peter CHAPPELL spoke of the advantages gained by using computer repertories. Tinus SMITS presented *Carcinosin* and then spoke about vaccine damage in children and the use of potentised vaccines assumed to have caused the ailment.

XXIII. Eileen NAUMAN writes about the treatment of the NavajIndians in the Reservation. Homoeopathy is quite popular with the Navajos In the Reservation.

XXIV. Larry DOSSEY, MD is the Executive Editor of a new journal titled **Alternative Therapies in Health and Medicine**, a bi-monthly medical journal which appears from March 1995.

XXV. A reader enquires whether Homoeopathy was associated with occultism and whether HAHNEMANN was in anyway associated with occultism because the detractors of Homoeopathy dub Homoeopathy as occult. The Editor of **Homoeopathy Today** (HT, 15, 1/1995), Dr. Julian WINSTON writes to point that while HAHNEMANN believed in God he had never mentioned even Jesus nor of anything occult either. HAHNEMANN was a Freemason no doubt and was therefore a free thinker. He refers to paragraph 9 of the **Organon** wherein HAHNEMANN clearly states that the real business of life is that our "indwelling, reason-gifted mind can freely employ this living, healthy instrument for the higher purposes of our existence" which means that there is a higher (spiritual) purpose of existence and that it is that which is important. No other system of medicine speaks of such magnificent and high ideal.

XXVI. Homoeopathy in the Media is a regular feature In the **Homoeopathy Today**. This journal regularly carries the favourable and the unfavourable reports in the news media in the USA. This is quite interesting and one can note the state of the science and Its progress.

XXVII. With reference to Mathew WOODS' article on *Dioscorea villosa* (HT, 14,10/1994) a correspondant (Letter to the Editor) writes that WOODS' somewhat derogatory reference to "the low-potency American homoeopaths" is unwarranted. He refers in detail to the five provers and their proving protocol and also points out that the provings did bring out "mental" and sexual symptoms and thus stresses the significance of this remedy. "While the "low potency" Americans made extensive use of *Dioscorea* in the modern days the medicine is neglected to our disadvantage. *Dioscorea* has important symptomatic similarity to *Nux vomica* especially relating to affections of the head, sleep, sexual organs and gastro- intestinal tract and *Nux vomica* is used in many cases where *Dioscorea* would be more specific. The correspondant also points out that *Dioscorea* is called for in headache worse after dinner with great deal of gas or rumbling in the bowels; ill effects of tea drinking, excesses in eating, fasting, errors in diet, the consumption of old cheese or uncooked fruit (causing gastro-intestinal distress) all of these aetiological factors, which are frequently met with every day, often call for this remedy. The medicine is also called for in persons with great flatulence after meals and whose digestive systems are easily upset by dietary indiscretions --similar to *Lycopodium*. (HT, 15,1/1995)

XXVIII. Very interesting information is conveyed by a correspondent from New Guinea **Internet** (HT, 15, 1/1995) about Malaria and its treatment (and prevention) by Quinine or Quinine derivatives and very good effects of Homoeopathy in this. The writer's wife was very ill and was treated with allopathic medicines (without diagnostic measures since these were not available at their place in New Guinea) for over six months. She was then brought to the USA where after extensive tests she was treated without benefit. Ultimately she was treated by a homoeopath and she began to recover soon. In the light of this experience the correspondent and his colleagues began to learn Homoeopathy and have been doing good work with homoeopathic medicines. They hold regular meetings and learn. The correspondent says that people were given anti-malarial drugs as a routine and he found that those who were regularly on anti-malarials became ill, their general health deteriorated and their health improved once they stopped the anti-malarials! There are cases, he says, where the laboratory test results were negative for malaria but the persons were still given the drug because "it has to be malaria". The reason seems to be that because of the consumption of anti-malarials these people have produced malaria symptoms without actually suffering from that disease; they are sensitive to Quinine. He also refers to the belief among the **Nankinas** (in the New Guinea) that those who drink the water from a particular stream which possessed special qualities to enable the drinkers to learn the language quickly. This, the author muses, could be due to the fact that the stream in its journey runs through pure limestone and cascades down 700 feet into a pool could be a sort of low potency *Calcareo carbonica* which is listed in the **Repertory** for Memory, poor: mental exertion, from.

XXIX. Notes from Amy ROTHENBERG's class (HT, 15, 1/1995) on **Childbirth and Labor**:

Labor: Always give *Arnica* afterward. Other remedies that may be needed during labor are:

Pulsatilla: weeps, overly emotional; main remedy for labor; failure to progress during labor; Loses confidence in herself right at the end, e.g. "I can't do it"; Flushed hot (wants no clothes on); Perspiring; Wants partner close.

Caulophyllum: Very rigid os; Long labor, good contractions; not dilating for no apparent reason.

Gelsemium: Rigid os; much more exhausted than *Caulophyllum*; Eyes look heavy.

Chamomilla: So sensitive to pains that they're "losing it" (not from fear, but from pain); Pain is unbearable.

Aconite: Freaking out; Fearful; Anxious.

Cimicifuga: Traumatic birthing history; Negative feelings about experience; Can't go on to next birth after breech birth or stillborn, needs to resolve last difficult birth; Very anxious.

Phosphorus: Always have on hand for anyone having a birth to be used in case of bleeding; Take once and see how it goes then wait.

After the birth, one dose of *Arnica* 200 or M; repeat next day if necessary,. Dr. ROTHENBERG gives *Arnica* 200 to the newborn baby as well.

XXX. "In fascinating ways the lines between hard science and social history are blurring" says Carolyn NELL, President of the National Genealogical Society. James PLUMB, a family physician of Thomal Jefferson University says that it takes an hour for him to take a patient's history. He relishes doing so because fascinating stories invariably unfold. People don't live in a vacuum. They have a history; a social history, a family history, a medical history. To have a full understanding of a patient's needs and ideas, you need to understand where they come from."

Indeed! That is something that the homoeopaths have known for years. The "genetic baggage" is often noticed and treated through Homoeopathy. A woman whose complaint was "fragile bones" had little in the way of symptoms. But her father died of alcoholism, and she had the unusual symptom of thinking that her hands were always dirty and was constantly washing them. That symptom along with the history of alcoholism pointed toward *Syphilinum* which helped her in a profound way.

There is the wonderful story told about Alonzo AUSTIN M.D. the Physician to John D. ROCKFELLER. When ROCKFELLER asked AUSTIN "What is this medicine for?" AUSTIN responded, "It is, sir, for your grandfather." (HT,15,2/1995)

XXXI. A correspondent, Michael C. LAFERNEY, writes (HT,15,2/1995) that allopathic drugs may be used to produce new remedies in Homoeopathy. For example, he suggests, the substance MPTP, a synthetic drug similar chemically to Dopamine, was taken by numerous people in the 1980s and all developed the exact symptoms of Parkinson's disease. Allopathic researchers now use MPTP to induce Parkinson's disease in monkeys so that the disease can be studied. If MPTP is given in homoeopathic form could it be a remedy for Parkinson's disease? Similarly the stimulant drugs when taken by non-schizophrenics produce symptoms similar to schizophrenia. A homoeopathic preparation of this drug could possibly help schizophrenics. He suggests a joint research by Allopathy and Homoeopathy.

XXXII. Dr. Edward C. WHITMONT, MD held a Workshop for two days in May 1994 in San Francisco. Dana ULLMAN has culled some very interesting quotes which require serious thoughts and several readings (HT,15,2/1995):

"HAHNEMANN's discovery will one day be recognized on an equal level to the discoveries of COPERNICUS and EINSTEIN."

"Illness is necessary. It is a sacred transformation to integrate the various parts of a person's experience into his or her life."

"The human experience needs symptoms and disturbances to wake up and will use any available material to do so (viruses, bacteria, psychological traumas, pollutants or whatever)".

"Symptoms are our spiritual creativity to give light to our shadow's side."

"Delusions express the underlying dynamic of disease"

"Disease is always that something that wants or needs to be seen or heard."

"There's an old Jewish tale that says that humans are told everything that will happen in his or her life. During birth an angel kisses the child with a kiss that destroys all memory. Life is then the process of re-remembering. "

"You dream because you are unaware of your unconscious state or because you have uncompleted feelings about something."

"Dreams are sent by God, even though we don't know who or what is God."

"Chaos isn't chaos, it is still a pattern but just on a higher order when viewed on the larger picture."

"*Sulphur* people are seekers of meaning. They are too dense for their own good and running after too many spirits."

"Everybody gets the doctor he deserves." - PARACELSUS

"The trouble with our unconscious is that it is unconscious." -C.G. JUNG.

XXXIII. Some further notes from Vassilis GHEGAS Seminar in March 1994 (JAIH,88,1/1995): Treat the patient where he or she is--the layer that presents to us at that point in time. If a physical symptom is consuming the patient's attention, then it must grab the practitioner's attention as well and be represented in the remedy that is chosen. An important question is: "Where is the focus of the complaint--on the physical, emotional or mental plane?"

For the obstructed case, where one polychrest after another is given and the case has become complicated, try to find a key and prescribe on the particulars of the main physical complaint. For example, *Spigelia* for a recurrent headache, *Sarsaparilla* for recurrent cystitis, if the particulars fit.

Valuable tips have been given for acute prescribing in Facial Paralysis, Tonsillitis, Abdominal pain, Kidney stone or Pyelonephritis, Lung infections, Bronchitis, Food poisoning, Acute Cystitis, Pilonidal Cyst, Duodenal Ulcer flare-up, Otitis Media.

XXXIV. The abuse of animals in medical research is pointed out and strong voices have been raised against such procedures in homoeopathic research by responsible members of the homoeopathic community in the USA. Drs. David WEMBER, Dirk B. VANDERSLOG, R. MOSKOWITZ have argued that Homoeopathy should not resort to this cruel method just to impress the so-called scientific community. (JAIH, 88, 1/1995) that the ranks of homoeopaths is growing very slowly (in the USA) and the supply is far less than the demand. There are several colleges and groups giving graded courses in Homoeopathy but still the call for homoeopathic care far outweighs the supply. Licensed health-care practitioners must receive continuing medical education credit and secondly there must be a source of good prescribers that can be hired by licensed group practices or individual physicians to meet the growing demand for holistic care. This school should not only include instructions in all aspects of Homoeotherapeutics, but also nutrition, acupuncture, mind-body relationships and manual therapies.

XXXV. Interesting discussion In the Homoeopathic Links is going on from the 4/1994 issue. It is about development of serious pathology in patients who have received long-term homoeopathic treatment. In HL,8,1 /1995 Robin LOGAN writes that with the cumulative practice behind us we should be able to rewrite the philosophy books and no longer base our practice on what was written in the last century. He writes further that there are quite many cases where patients on long-term Homoeopathy treatment did develop serious pathologies (Cancer, MS, etc.) and that long-term homoeopathic treatment will not, with certainty, lessen one's predisposition to serious illnesses. He calls for a new pragmatism in Homoeopathy.

XXXVI. Report on the Jayesh SHAH Seminar in Bombay in April 1994 (HL,8,1/1995), by Patrick BRILLANT. Some extracts: Sensitive to the rocking of the cradle, sensitivity to rhythmic sounds, rolling of tongue from side to side (in a child two and half months old) led to the prescription of *Elaeos corallinus*. He stressed that instead of pushing away what we don't understand (symptoms we don't understand) we should attempt to understand, by probing further the peculiar symptom. To explain this he narrated some cases. Interesting and educative.

XXXVII. Jonande GOORHUIS, Switzerland has suggested a lay-out for data relating to new remedy provings. The data bank will help coordinate the proving results carried out worldwide. (HL,8,1/1995)

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below:

1. **ACD:** Archiv fur Homöopathie, Dynamis-Verlag, AM Vogelherd 18, 46147 OBERHAUSEN, GERMANY.
2. **AHZ:** Allgemeine Homöopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
3. **BHJ:** British Homoeopathic Journal, Royal London Homoeopathic Hospital, Great Ormond Street, LONDON, WC 1 N 3HR, U.K.
4. **CCR:** Homoeopathic Clinical Case Recorder, Phule Road. Maliwada. AHMEDNAGAR - 414001, INDIA.
5. **EJH:** European Journal of Classical Homoeopathy, International Academy of Classical Homoeopathy, Alonissos, 37005. GREECE.
6. **HH:** Homoeopathic Heritage. B. Jain Publishers (P) Ltd., 1921, Street 10th, Chuna Mandi, Paharganj, Post Box 5775, NEWDELHI-110055 INDIA.
7. **H.TIMES:** Homoeopathy Times, The Foundation for I-homoeopathic Research, 805-Giriraj, Neelkanth Valley, Ghatkopar, MUMBAI -400077, INDIA.
8. **HT:** Homoeopathy Today, National Center for Homoeopathy, 801, North Fairfax Street, Suite 306, Alexandria, VA22314, USA.
9. **HUD:** Homoeopathic Up-date, B.Jain Publishers Pvt. Ltd., 1921, Chuna Mandi, Street 10th, Paharganj, New Delhi 110055, INDIA.
10. **IJHM:** Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R. Gadkari Marg, Irla, Vile Parle (West), MUMBAI -400056, INDIA.
11. **JAIH:** The Journal of the American Institute of Homoeopathy, 23200, Edmonds Way, #A, Edmonds, WA 98026, USA.
12. **mfH:** MedicinafuturaHomoeopathy, 1-2-217/7, Gaganmahal Road, HYDERABAD -500 029, INDIA
13. **NJH:** National Journal of Homoeopathy, Milan Clinic, Saraswati Road, Santa Cruz (W), MUMBAI -400054, INDIA.
14. **QHQ:** Quinquina Homoeopathic Quarterly, Sri Sathya Sai Publications, Main Road, Taliparamba, KANNUR -670141, INDIA.
15. **RES:** Resonance, International Foundation for Homoeopathy, P.O.Box 7, Edmonds, WA 98020, USA.
16. **ZKH:** Zeitschrift fur Klassische Homöopathie, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.

2. QHD, Vol. XIII. No.2. 1996**PART I - CURRENT LITERATURE LISTING**

(The journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals world-over -English, American, German, French, Belgian, Swedish, etc., discipline- wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and address of the journals covered by this compilation are given at the end of Part-1 of this journal.)

1. PHILOSOPHY

1. Die "Fragmenta de viribus medicamentorum positivis"

SCHMIDT J.M. (A HZ, 240, 311995)

It is a matter of coincidence (or is it that a great interest has developed about Homoeopathy which has triggered this archaeological research) that Dr. Will KLUNKER also at the more or less same time delved into this treasure and did exactly what Dr. SCHMIDT has done, viz. take up the study of the latin preface to first-ever published work on Homoeopathy and translate it into German. While KLUNKER's which appeared in the ZKH,39,111995 (see QHD,XIII,1196), and gave a complete translation followed by his commentary, Dr. SCHMIDT has furnished the translation together with the latin original.

2. Was sind "Ahnlichkeiten"? (what are "similarities")

CLARKE John Henry (ACD,4,211995)

If homoeopathic treatment fails it will be due to the fact that in most cases basic principles which constitute it are neglected or misinterpreted. To these basics belong the knowledge as to what Similarity means in contrast to other medical skills. The answer to this important question implies the even more important knowledge as to what is not similar. The essay of CLARKE chosen for the clarification of this question is interesting not only for the novices but also equally interesting to the experienced.

The Editors of ACD have provided their comments also to this article by CLARKE ("Homoeopathy Explained by John Henry Clarke, London 1905).

3. Similitude organique et similitude totale (Organic similarity and total similarity)

SERVAIS Dr.Ph.M.(CGH,32,111995)

In this very interesting article Dr.SERVAIS discusses the similar and simillimum. If the remedy is partly similar to some of the symptoms of the patient it leads to palliation (same as suppression) i.e. similar. The totality of the remedy and the totality of the patient leads to profound healing i.e. simillimum.

4. Misinterpretation of the Organon VITHOULKAS G. (EJH, 1,2/1995)

In the international homoeopathic scenario many teachers have appeared in the past decade and Homoeopathy is taught all over the world in seminars. While each claims to be following the **Organon** faithfully there are, still, differences in their teaching. Like all great books the **Organon** too affords interpretations. Ultimately it all seems to be an individual teacher's personal experiences.

In this article VITHOULKAS explains that it is misinterpretation of the **Organon** to say that in all diseases the 'mind' is altered pathologically and that therefore the mental symptoms in the altered state has to be given prominence for the choice of the remedy. While it is right that the mind is altered it is not right to assert that such alteration will, in all cases, be disease-state mind. VITHOULKAS cites a case of his in which the severe mental pathology of a woman went away under his treatment but then a severe leucorrhoea set in which was treated allopathically after which the leucorrhoea went away but the mental pathology set in again; when treated again homoeopathically the mental pathology went away but the leucorrhoea set in; and during the 7 months of leucorrhoea there was no mental symptom at all. It is not therefore correct to teach that in every case one should hunt for a mental symptom and use it as of highest value for choice of the remedy.

The **Organon** has to be understood as a whole and the individual paragraphs are not to be commented upon exclusive of the paragraphs before and after.

5. Illness and Death in different Cultures and Religions
RUDOLF Heidi (HL,8,2/1995)

Death is a fact of life, something which one can be certain of. Illness is closely connected with death. Different religions and cultures have different meanings of these. In this article the author briefly tells how the Jew, Buddhist, Christian, Moslem, Hindu religions interpret death and illness.

6. From Animal to Human Being
ENGBRETSSEN Olvind Restrup (HL,8,2/1995)

Personal insight is strictly regulated by a universal law called the Law of Karma or the Law of Projection together with the sensation of pleasure and discomfort. The Law of Karma says: "Whatever you bring upon others in the way of pleasure or discomfort will sooner or later come back to you through the surroundings as pleasure or discomfort". The keen observer will discover that in this way nature is treating us homoeopathically, giving us increased personal insight. We are in reality using the same principle when giving homoeopathic treatment". In this article ENGBRETSSEN discusses homoeopathic treatment in a wider spiritual context, offering insights into why some cases are curable and others not

7. On PARACELSUS, SWEDENBORG & Fractals WHITNEY Jerome (HOM,56/1995)

Even before the knowledge of the New Physics came on homo eo paths have been aware of the fractal nature of health. HERING's Law of Cure, KENT's Hierarchy of Symptoms, and Compton BURNETT's elaboration of PARACELSUSian Organopathy are all practical employment of the principle of Recursion or fractal stages inherent in all life processes. SWEDENBORG's ideas also share the same fractal principle. Just as the philosophical ideas of PARACELSUS and SWEDENBORG inspired the earlier giants of Homoeopathy we in the present time are inspired by the fractal principles to become giants in Homoeopathy.

8. The Unprejudiced Observer -Liberating the Archetypes from Pathologised Stereotypes
WATSON Jude (HOM,57/1995)

HAHNEMANN demanded that the Homoeo-path should be an unprejudiced observer. However, all of IJS have our own prejudices and stereotyping which affects our work and the results. This article attempts to address some of the problems in our colluding with prejudice and stereotypes, not only in terms of understanding what experiences our clients bring to us, and recognising which of their symptoms may be common to their specific community, but also in understanding how such collusion can consolidate disease rather than health, within individuals and communities.

9. Is Homoeopathy Becoming Dogmatic WANSBROUGH C.J. (HOM,57/1995)

Examines the many dogmas in Homoeopathy

-the paradigms, hierarchising, the terms used, etc

-and the need to reappraise. Very interesting.

10. The Source of the Miasms
WHITNEY Jerome (HOM,57/1995)

In this brief article, the author traces the origin of life, the condensation of energy into forms - vegetable kingdom and later animal kingdom and human kingdom. Not all the forms that came into being were adaptable; some were more adaptable and could survive more readily than others. Once life had passed from one kingdom or fractal to another, any major deficiency, weakness or error that had been programmed into the genetic code on that level would be multiplied on the next. This then is the basic principle underlying the miasms. They are weakness, deficiency, or susceptibility transmitted through the fractal stages of form as energy became star but which ultimately evolved recursively to become the cells and organs of true bodies, which are animated by the Vital Energy or Force. Miasms represent susceptibility programmed into energy as it compacted itself through countless millenniums to become the stuff of our physical being and to give us the opportunity to creatively participate in our own evolution.

11. Homoeopathy in the 21st
Century MILES Martin (HLK,4,2/1995)

In the 19th Century and early 20th Century homoeopathic treatment was the treatment of physical pathology, the infectious and contagious diseases like Smallpox, Measles, Scarlet fever, Cholera, etc., in which the dominant medicine was helpless. It was mostly symptom matching. Indeed James Compton BURNETT himself was unmatched in the field of Physiology, Pathology and an integrity matched only by his will.

In the latter part of the 20th Century Psychology is quite rightly integrated into the homoeopathic practice. A study of the modern Materia Medica would reveal the great changes. As we approach the 21st Century it is the spiritual nature of humanity which must now be consciously developed and, like all pioneers, the early exponents endure ridicule and denial. Human beings are extremely complex, functioning on many different levels with a multiplicity of faculties at anyone time. Homoeopathy is a way of transformation, Alchemy in its highest form, and the very best of us have not even scratched the surface of our therapy.

12. Grand Generalisation - Risky innovations spring from the law of Grand Generalisation -Some fresh thoughts
SHAH Rajesh (HTIMES,2,2/1995)

von BOENNINGHAUSEN's idea of "grand generalization" is criticised in this article. Dr.Rajesh SHAH says that there is no scientific rationale in this generalization. The principle of generalization cannot be applied indiscriminately to every peculiar, particular symptom. The extent to which some persons have gone in generalising even mental symptoms is criticised. For example, the "fear of falling" simply meant -taking into consideration the proving and clinical verification - fear that one would fall down and it cannot be extended to mean a fear of falling from position, etc. There is no place for stretching the imagination to farthest lengths in Homoeopathy; one has to stick to facts and not fancies.

II. MATERIA MEDICA

1. **Aluminium metallicum**
REIS Stefan (ACD,4,2/1995) In his article on *Aluminium metallicum*, von BOENNINGHAUSEN has said that the metal worked more efficaciously than the oxide (*Alumina*). When HAHNEMANN proved *Alumina* the metal was not known. BOENNINGHAUSEN says that he got the pure metal from England and the pharmacist W.LEHRMANN prepared the potencies 200. (see GYPSER, BOENNING - HAUSEN's kleine medizinische Schriften, 1984). KENT also has said that *Aluminium metallicum* works more rapidly.

The author recalls two cases of BOENNINGER - HAUSEN and one of KENT in this connection. He has also pointed out the proving of *Arsenicum metallicum* by Ad.LIPPE published in the *ACD,2,31* 1993 and also his comments thereon whether the *Arsenicum metallicum* was more efficacious than *Arsenicum album*.

2. Polymorphe Lichtdermatose (Polymorphous Sun dermatosis)
WOHLGEMUTH Bernd (*ACD,4,2/1995*)

Under lightinduced skin diseases come many diseases which are distinguishable amongst themselves and Polymorphous light dermatosis comes under these and commonly understood as sun allergy. The aetiology of this inability to bear the sunlight is unknown. Erik SCHWARZ has proposed "U.V.Light" as medicine for sun allergy. Potencies were prepared by **Zinser**. Eight patients whose sun-allergy was diagnosed by competent specialists and who had earlier undergone such palliative remedies as *Calcium*, *anti-histamines*, *corticosteroids* were treated with the potentized *U. V light* 06 (50 millesimal potency 6). Seven patients did not suffer allergic reaction during this summer (1994). The patients were given the medicine twice a day from May 1. In one patient the medicine had no effect.

UV light also has positive effects in Psoriasis, Neurodermatitis and Herpes labialis. *UV light* can also be used as intercurrent in skin diseases which are not connected with exposure to light.

3. *Lobelia Inflata*: Cliniques
(*Lobelia inflata*: clinical cases)
GAMBY Francois (*CGH,32,1/1995*)

Lobelia inflata is a rarely used remedy. Two cases are mentioned.

4. D'enfant *Zincum* (The *Zincum* Child) GRANDGEORGE Dr.Didier (*CGH,32,1/1995*)

This interesting article highlights *Zincum* in children's ailments. The "mental" the "general" and the important "particular" symptoms of *Zincum* are discussed.

5. The Paranoid Side of *Veratrum album* VITHOULKAS G. (*EJH,1,2/1995*)

This remedy is not easy to be recognized well, even after the best descriptions in KENT and others. *Veratrum album* has several stages in its mental pathology, and these are not easily recognizable. These stages range from a mild mental disorder all the way to Insanity and Schizophrenia. One of these stages is the Paranoid Personality Disorder.

The main paranoid condition of *Veratrum album* will be most apparent from the fact that they believe that others want to degrade them. They feel that they are persecuted and degraded by others. They are always on the defensive, they always seem to be attacking others in an attempt to defend themselves, this mostly on the mental level.

This article explains clearly the paranoid state of *Veratrum album*.

6. **Anantherum**
VITHOULKAS G. (*EJH,1,2/1995*)

Anantherum is a remedy that stimulates the lower passions of man, most specifically the sexual passions, to such extent that an individual so affected may be driven mad by the sheer force of his desire. It creates an insatiable desire to satisfy the sexual urge, driving the person to repeated sexual contacts. If this urge cannot be satisfied, he is driven to masturbation. The desire is pathological, indicative of an organism completely out of check, impulsively driven to actions which could very well lead to its rapid self-destruction.

Detailed materia medica of this important remedy may be read from VITHOULKAS' *Materia Medica Viva*.

7. Evaluating Materia Medica KLEIN Louis (AH,1/1994)

With the increased interest in Homoeopathy several teachers have come up and there are many who are eagerly willing to listen to the teachers. However, many of the teachers project their own views and most students tend to carry in their minds the "type" picture. This would be evident from the discussions one sees in the journals. There is a trend strongly gaining interest of projecting the mind and disposition symptoms in the selection of remedy.

The "essence" includes but is not limited to the "signature" of the substance; that is, how it is found in nature, its interaction with the environment whether it be plant, mineral, or animal: Similarly, we study and treat the person in his/her interaction with his/her environment. Human environments are different; therefore, to rely solely upon an encapsulation of the reactions of individuals who need a particular remedy as the most important information can be very misleading. The classic picture of, for instance, *Pulsatilla*, is mildness, yielding, etc. This classic picture does not take into account other aspects of the remedy brought out in the original proving and reflected in the Repertory in certain rubrics: "courageous", "angry", "discontented with everything", "suspicious", showing that in certain environments, *Pulsatilla* can be very angry. The intent of teachers of Homoeopathy should be to empower the students so they become excellent in their abilities of discernment, not dependent on one particular teacher, as some teachers encourage.

8. Some extemporaneous comments on **Sulphur** KENT J.T. (AH,1/1994)

This is an excerpt from an article in The **Homoeopathic Physician**, April 1885. This obscured journal entry and many others are from the collection of Andre SAINÉ, ND. (see Part-11 of this QHD for the full article).

9. A case of **Magnesium metallicum** HUG Christine (HL,8,2/1995)

There are many ways of understanding a medicine's curative powers from its proving. Dr.Jurgen BECKER of Germany understands the curative powers by understanding fairy-tales. In his proving of *Magnesium metallicum* in Bad Boll, the "theme" of the fairy-tale "The Star Coins" came up. In this fairy-tale a girl gives up her simple possessions including her shirt which the last one she had on to needy persons who asked for help; this girl herself was alone and poor. After she gave up her all, stars fell upon her from the skies as gold coins and she found herself with a new shirt with the best cloth. With the gold coins she lived happily ever after. The patient in this case, a woman 39 years, married and with children complained of disturbed sleep. She was wearing a shirt with stars on it, pants with a star patch on it and her earrings were stars. She felt alone in the world, she loved being a mother. As a child she was 80% alone. Her mother was always away working very hard as a nurse. The brothers got the rest of the mother's time and there was nothing left for her. *Magnesium Metallicum* 200 cured.

10. A **Calcarea bromatum** case STALLICK Jonathan (HOM,56/1995)

A 32 year old woman, HIV +ve; history of alcoholism and drug abuse. She is also on anti - derpressants. She gave her baby away thirteen years ago because she could not cope. Later she wanted the baby back but since it was not considered to be in the best interest of the baby, this was denied. She began to slip down since then. Guilt feelings, mood swings, violent dreams, absent-mindedness.

After *Medorrhinum*, *Syphilinum* etc. failed, *Calcarea bromatum* 30 one dose a day for a week brought dramatic improvement.

Following Jan SCHOLTEN's idea of "combi- nation" remedies, the features of *Calcarea* and *Bromium* were found in this case and hence *Calcarea bromatum*.

11. Letter from Kiev No.2 RUDOVSKALA Vea Alexseevna & CHAPPELL Peter (HOM,56/1995)

Very useful and interesting drug pictures have been drawn by the "Kiev School" (Ukraine) who have been doing a lot of classical Homoeopathy. In the present article the *Kalis* are pictured.

12. Remedy Masquerade - **Robinia** LOGAN Robin (HOM,56/1995)

The purpose of this series of articles is to demonstrate how "lesser-used" remedies in our Materia Medica can easily be overlooked and to increase awareness of them.

A man with severe indigestion and heartburn which was worse at night. The case was complex and too long but the gist is as follows: He was very obsessive about everything he put his mind to, particularly fund-raising activities that he could never stop talking about. He said his friends and family felt he had become unhealthily fanatical about it. He had a strong fear about not being able to breathe and dreaded ever getting so ill that he would have to have tubes put in his nose. He thought about death almost on a daily basis, both in relation to himself and his family. He had a fiery temperament and was rather quarrelsome. He looked down in disdain on people that did not share his religious beliefs. He was prescribed *Sulphur*; *Arsenicum*, *Kali Garbonicum* with little effect. *Robinia* chosen on the basis of the rubrics -Mind, fanaticism; Haughty; Fear, suffocation; Death thoughts of; Stomach, pain, burning, night; Mind, religious affections -helped him.

13. Remedy Masquerade - **Digitalis** LOGAN Robin (HOM,57/1995)

A female patient -oedema of the ankles and feet and difficult respiration. Reserved, strong history of griefs, broken relationships and bereavement. Averse to company, very sensitive to music, fear of thunderstorm. *Natrum muriaticum*, *Staphysagria*, *Aurum*, with no effect. Repertori- sation again and *Digitalis* came up which was given in 12c three times a day with complete disappearance of the oedema and breathing problems and deep resolution of her grief.

14. The Matera Medica of **Sycotic co.** (PATERSON) - Sycoccus (*Streptococcus faecalis*) GALE Anne (HOM,57/1995)

This gram-negative coccus is related to the Gonococcus. While HAHNEMANN said that the "fig wart" was characteristic of Sycosis, John PATERSON felt that the catarrhal state signified Sycosis. The Nosode is rich in mental symptoms. The elements of fear and irritation, with outbursts of anger, are outstanding.

The material given here is collected from various sources up-to-date.

15. **Thuja occidentalis** WINGFIELD-DIGBY Berkeley (HOM,57/1995)

Thuja is a quintessential sycotic remedy having the hallmarks of distrust and deceit, and the tendency to discharges and growths. This brief essay depicts the mental states of *Thuja*; the "key - words" are well-mannered, perfectionist, spiritual idealism or spiritual guilt, controlled, moralistic, rigid, sceptical, obsessive, sexual, dual existence.

16. **Thuja** and eating disorders GRUMP Sue (HOM,57/1995)

Three cases of women who tended to eat more so as to be strong and invulnerable; they felt they were fragile and hence needed to eat more. *Thuja* relieved their desire to ever-eat and also not fee fragile anymore.

17. Fun with **Eupatorium perfoliatum** WINSTON Jullian, WOOD Mathew (HT,15,3/1995)

The reports are charming, to say. Jullian WINSTON says that he had a cold and a week later the cold went away only to begin a cough which was annoying. Working out the symptoms narrowed to 8 remedies. At this juncture he had occasion to get down from his chair and move or his fours to pick up a pencil from under the table when the cough stopped; the cough came again when he got up and sat to work and again stopped when the got down on his hands and knees *Eupatorium perfoliatum* 6x one dose stopped the cough in 20 minutes! (see BOERICKE's MM).

Mathew WOOD speaks of his experience in periodic chills. He was getting chills once ever) month for three months when he decided that he was ill and needed a remedy. *Eupatoriu" perfoliatum* 6x one dose and that afternoon and evening he had fever, next completely well.

Mathew WOOD says further on that *Eupatorium; perfoliatum* was great for "crushed pains". He says that more than "achy bones" it is "crushing pain" that is more *Eupatorium*. He narrates of a girl who suffered a car accident and two of her teeth were knocked out and wrist fractured (crushed bones). At the hospital the teeth were put back and "hoped" that they would set. For the wrist they felt that nothing could be done. Tea made from *Eupatorium* taken regularly by the girl on her own (herbal medicine made the teeth set in and the wrist healed).

So remember *Eupatorium perfoliatum* for "crushing pains", and not merely as "boneset" but also as "teeth set".

18. ***Aethusa cynapium***
RAZI Joans (JAIH,88,2/1995)

In this article Dr. RAZI recounts some of her experiences with *Aethusa* and some of her understanding of this remedy. Violence is one of the keynotes of this remedy's action--violent reaction to milk, violent vomiting, convulsions, pains, delirium and aggression. It is especially useful in children during dentition and summer complaints when anguish, crying and expressions of uneasiness and discontent are present. The strange symptom of weeping during stool also is a part of *Aethusa*. Children who constantly nurse but continually regurgitate the milk and fail to thrive suggest this remedy. Dr. RAZI gave this remedy successfully two times when the basis of the prescription was solely the mother's history of a strong adverse reaction to milk. Digestive upsets exclusively confined, or nearly so, to milk is really a hall-mark of this remedy. Convulsions and gross motor delay with difficult concentration are seen. The mental picture includes an intensity of emotions which is not communicated to others and an exaggerated attachment to animals.

III. THERAPEUTICS

1. Zwanghafte Persönlichkeitsstruktur und Depression-Eine ungewöhnliche Arzneimittelwahl (compulsive Personality structure and Depression) MULLER H. V. (AHZ,240,311995)

A case of compulsive personality structure together with depressive development was cured by *Natrium sulfuricum*. Selection of the remedy was possible on the basis of analysis of the handwriting in conjunction with the preference for the colour blue. The case history was afterwards taken and repertorization confirmed the choice of the remedy.

2. Koronare Dreifesselkrankung bei Zustand nach Hinterwand Infarkt - Lungenmetastasen bei Zustand nach Nierenkarzinom links (coronary triple vessel disease in posterior wall infarct - Metastasis to lungs in left renal Carcinoma)
MULLER H.V. (AHZ,240,111995)

The AHZ carries a "Homoeo-Quiz" in each issue and the solution in the next issue. In this the full case history of 64 year-old male is narrated. This case was successfully treated with *Ruta*. The solution is given in AHZ,240,2/1995. *Ruta* has only a scanty proving. The author therefore depended upon his technique of matching hand-writing and colors to lead him to the simillimum. A year later follow-up showed that the patient remained well.

3. Neurodermitis (Neurodermatitis) ILLING K.-H. (AHZ,240,2 & 311995)

This is also a "quiz". 12 year-old boy with Neurodermatitis since infancy. In spite of *Corticosteroids* there has been no improvement. Very dry skin, fine scaling in some parts with lot of itching particularly on arms, legs and face. General agg. in the forenoon. After full history and careful examination *Sulphur* was given which healed thoroughly.

4. Ein Fall von Brustkrebs (A case of breast Cancer) SCHWARZ Erik (ACD,4,211995)

46 year-old married woman underwent amputation of the left breast due to cancer and also underwent intensive Chemotherapy. In January 1979 she developed a lump in the right breast which was painful. A surgery was proposed which she decided to postpone, and came to Homoeopathy. On the basis of the totality *Phosphorus* 0-12 was given from March 1979 twice a day 5 drops. By April the

pain had gone and the lump also smaller. The remedy was continued in 5 drops once a day and in the middle a Mammography was taken which showed negative. She continued to take *Phosphorus* 0-18 in longer intervals until December. Follow-up until 1994 confirmed that she remained well.

5. Kopfschmerzen (Headaches) MULLER Karl-Josef (*ACD,4,2/1995*)

*A 55 year-old woman suffered from chronic headache since two years. Sometimes the pain continued the whole day. She had undergone hysterectomy and the doctors at the hospital opined that the pain (headache) could be due to her long stay in the hospital and wrong position while lying. The patient also thought so. She suffered headache if she had sat up long the previous night. Similarly exertion of the eyes. Sometimes without any of these causes. Repertorisation showed *Rhus toxicodendron* which was given in D10 potency without relief.*

The case was re-examined and the rubrics riding in cars, and staying up late in the evenings were taken up. The remedy was *Cocculus*. The remedy was studied in the **Materia Medica** and on confirmation gave *Cocculus indicus* D10 one tablet daily. Within two months the headaches steadily went down and she remained free subsequently.

This case demonstrates that while the etiology (injury) is important even in such cases we are not to restrict our search our remedies to the rubric injuries, but look for the peculiar symptoms.

6. Chronische Trigeminalneuralgie (Chronic Trigeminal neuralgia)
SCHWARZ Erik (*ACD,4,2/1995*)

39 year-old female, suffering from Trigeminal neuralgia since some years. Has had treatment from different doctors without benefit. It all began on a hot day in July 1970 when she opened the window for air and in few hours she felt the pain. The pain was worse when the weather changed from warm to cold. Least touch of the face produced pain. Only warmth gave some relief. She had cold hands and feet.

Hepar sulphuris Q18 five drops once daily relieved rapidly.

7. Hyperventilation Syndrome
DAVIES A.E. (*BHJ,84,2/1995*)

The *BHJ* carries in each issue an interesting section titled "How I treat". In this some of the experienced Homoeopathy physicians write how each of them "treats" certain disease states.

In this article DAVIES writes on Hyperventilation. The author briefly discusses the physiology of breathing, the symptoms of hyperventilation and then the making of the diagnosis.

Introducing the homoeopathic treatment, the author says "In the early days of my practice I was puzzled by patients who had seen Dr. Margery BLACKIE, an experienced and successful prescriber, and in spite of being given what appeared to be the indicated homoeopathic medicine failed to recover. When I saw such patients and reviewed their history it was obvious that some were over breathing as they told their story. Such patients were often referred to a colleague who used the technique of training in auto-hypnosis to deal with functional disturbances". DAVIES then explains her "prescribing strategies" -starting with the miasmatic medicine; giving the constitutional remedy; giving symptomatic treatment; bearing in mind the trigger factor; giving supplementary symptomatic treatment after the high potency; other factors affecting the prescription.

Learning relaxation and better breathing technique would help a lot. Two cases are cited to explain the author's method of treatment of hyperventilation.

8. Five Paediatric Cases
KOKELENBERG Guy (*BHJ,84,2/1995*)

In each case KOKELENBERG has given justification for the prescription and also the characteristics of the remedy.

Case 1: A 6 year-old girl; obese, inactive. She was suffering from fits after measles immunization. *Capsicum* was the remedy.

The ***Capsicum child*** - *Capsicum* children have parents who have over-stimulated or over-drugged themselves in the past. These children are over- shy, awkward, stumbling, introverted. Obese children are on the whole inactive but they are the centre of activity for other children. They are slow, clumsy, indolent at sports or at school. Homesick. Tend to watch TV, sit, read, or just keep a hamster -as examples of their hobbies or activity.

Case 2: 18 year-old young man with allergies to grass, dust, trees, etc. As a child he suffered growing pains, worse nights, making him get up and move about, the pains returning again as he went back to the bed. Itching without eruptions, itching worse sweat. Hoarse voice. Recurrent cold sores around the mouth. Myopic and wore thick glasses. Talked in sleep especially when he anticipated something next day. Dreamed that something would go wrong. Narrow, lean, rather pale with lots of freckles. Shy, quiet and came with his mother. Had no girl friend. He played the classical guitar.

Phosphorus was given several times and in different potencies but it was of no help. The case was looked into again.

Phosphorus is not tedious, is not diligent and accurate. More a "rock and roll" type of guitar and not classical. *Phosphorus* is not resigned to fate, to karma, but has the attitude that he can do something about it. *Phosphorus* can be red in the face but is unlikely to blush whenever a question is put to him.

Manganum was his remedy.

Manganum - causes anaemia with destruction of red blood cells. Inflammation of bones and joints, with nightly digging pains. Asthmatic persons who cannot lie on a feather pillow. Great accumulation of mucus. Growing pains and weak ankles. Anxiety and fear; better for lying down. Chronic catarrh in nose, worse in cold, damp weather. Chronic hoarseness. Cough worse evening and better lying down and worse in damp weather. Every cold runs up a bronchitis.

Case 3: Boy born 1985. Hyperkinetic child. Most of the symptoms are from the "mentals". His mother did not want children, she wanted to continue her career uninterrupted. His father wanted children. Result is that the child became the "golden calf". He had to be centre of attention. He centred all and the whole activity around him. Told his parents what to do (dictatorial). His remedy was *Gallicum acidum*. *Gallic acid* lies between *Belladonna*, *Stramonium* and *Tuberculinum*. According to VITHOULKAS, *Gallic acid* is a small, rare drug. It is for aggressive and restless children, especially the restlessness at night.

Tuberculinum has more desire for change than *Gallic acid*. *Tuberculinum* desires happiness, which always lies somewhere else; desire to travel; want change in their lives. Very enthusiastic for change, all the time, always searching. Discontent and irritability in the morning. More discontent than *Gallic acid*.

Case 4: 14 year-old girl, with thyroid nodule for the last month. Warm-blooded person. Overweight. Loses all energy and becomes lethargic if goes on diet to lose weight. Did not appear to be bright mentally. Concentration difficult. However, she played chess well and could concentrate then. Mild, gentle and never argued.

Calcarea iodata was her remedy.

Case 5: 14 year-old girl under treatment for recurrent Otitis media. She presented with acute Otitis media with thick purulent discharge, fever and somnolence; chilliness with fever even when indoors; thirstless even during fever; wept at trifles, wept at least wry even when these were totally silly, vomited easily when ill. With any illness she was afraid to be washed, afraid to wash her hair, especially when she had Otitis media.

Pulsatilla reduced her frequency of Otitis. However, she had to visit frequently for recurrent illnesses like Hay fever, throat pains, Parotitis, etc. At age 10 she presented with abnormal appetite. She needed *Pulsatilla* from time to time. However, this did not cure her. Lastly on the totality she was given *Antimonium crudum* which was her remedy. The case in detail is quite interesting to study.

Antimonium crudum patients are "pigs" for they do not wash. They love. They can be sick from love and are said to be sentimental in moonlight. They are thick-skinned because of their excessively sensitive inner soul, so they develop a thick skin. A thick, hard, callosed and parchment-like skin (physically and emotionally) in order to cope with life. Thick tongue. They cannot digest milk, the first thing they encounter in life.

Think of *Antimonium crudum* for fear of having head washed, especially if they have eczema, and aversion to milk and desire for sour foods.

9. Four Cases MASTER Farokh J. (**Simile**,5,2/1995 issued with the BHJ,84,2/1995)

Case 1: 60 year-old woman. Presenting complaints: Unconscious for 7 days following emergency splenectomy after massive haematemesis. Occasional response to painful stimuli and monosyllabic answer. Respiratory distress, recurrent attacks of supraventricular tachycardia. Jaundice.

She has history of Typhoid, Malaria, Injury to back from fall. Infective hepatitis, Cirrhosis and Portal hypertension.

X-ray showed excessive pulmonary oedema. *Opium M*, *Pyrogen M* and *Myrica* mother tincture given empirially, on 5 May 1991. There was no improvement and so *Crotalus horridus M* by olfaction, every 2 hours. She subsequently had, according to symptom-similarity, *Digitalis*, *Crotalus*, *Phosphoric acid*, *Opium*, *Veratrum viride*.

Case 2: NV four year-old boy, constipation. No urge for stool even for three to four days. Poor appetite, eats slowly. Restless, cannot remain in one place. Cranky. Violent anger, talks only of guns and bombs. Throws things, hits others, pulls the dog by the tail. Rude, impolite, nasty behaviour. Disobedient, laughs when told to do anything. Shuns consolation. Hates being alone. Sucks his thumb. Grinds teeth, and makes screechy noises. Fierce love (kisses and hugs his parents very roughly).

Stramonium with *Tuberculinum bovinum* intercurrently improved him.

Case 3: 54 year-old woman. Presenting symptoms: One year history of pigmentation+, dry skin, scaling (white powder) itching (bleeds after scratching) and sticky, transparent discharge. Started on left leg and gradually spread to whole body, worse warmth of bed, after a bath, parts lain on, night. Itching intolerable, better by cold water application but cannot apply as she fels very chilly, shivering+. Previous hospital treatment: local steroids and anti-fungal ointment.

Alumina, then *Arsenicum album*, *Psorinum*, *Sulphur* were the remedies used in this case according to the symptomatology.

Case 4: 52 year-old woman, presented with Rheumatoid Arthritis since 12 years. Now bed-ridden. Remedy choice on the following symptoms: severe pain in knees worse walking, sensation of heat and swelling in joints, back pain worse draft of air, hip pain worse sitting for long, shoulder stiffness, dry cough, worse lying down, throat irritation. *Bryonia* 30 tds, *Belladonna* mother tincture 5 drops tds and allopathic pain killers as needed. After a fortnight *Magnesium phosphoricum M* repeated doses improved her.

10. "Beginner's Luck" -Three headaches TRESIDDER A.P. (**Simile**,5,2/1995 issued with BHJ ,84,2/1995)

Case 1: 56 year-old farmer with good stamina. He complained of headache since six weeks, after an attack of flu. He also felt quite tired, weak and his memory was weak. *Stannum metallicum* 30 three doses.

Case 2: 70 year-old man generally irritable was brought in by his wife and he was found to be weak and quiet. Complained of a bursting explosion at the back of the neck four days previously, followed by a dull nagging throbbing over the whole of his head and he felt sick and wobbly. CAT scan showed a large sub-arachnoid haemorrhage and a large aneurysm on the anterior communicating artery was dipped. *Bryonia M* three doses brought rapid resolution of his headache and in the next four weeks was his old self.

Case 3: 40 year-old woman, with upper abdominal pain; felt that if she could have a good bowel movement it would do good. At midnight she complained of sudden onset of occipital headache since two hours accompanied by vomiting. Analgesic given. Ten hours later the bursting headache was now a "numb" one and was occipito-frontal. She had vomited again. CAT scan and lumbar puncture ruled out any sinister cause. Next day she still had bursting headaches and occasional vomit. *Bryonia 6* three doses gave short relief but *Bryonia M* gave 70% relief. Headache was still present as frontal headache, mainly over the left eye associated with nausea. Nose and upper lip felt numb. Felt washed out. *Stannum metallicum 30* three doses gave complete relief.

11. Disorders of Endocrine and Metabolic Diseases MUZUMDAR K.P. (CCRH,17,1&2/1995)

Discusses briefly endocrinal disorders particularly in the light of homoeopathic Miasms theory. He says that our polychrest remedies have sufficient power to enter and cure endocrine disorders. A case of *Natrum carbonicum* in Diabetes is reported.

12. Utilisation des symptomes locaux dans la recherche des remedes de dystocie (utilisation of the local symptoms in the search for remedies for dystocia) SCIALOM Dr.Albert (CGH,32,1/1995)

This is an interesting article on the value of local symptom in accouchement.

Remedies discussed: *Actea racemosa*, *Nux vomica*, *Pulsatilla*, *Coffea*, *Gelsemium*, *Aconite*, *Platina*, *Chamomilla*, *Belladonna*, *Caulophyllum*, *Secale cornutum*, *Kali carbonicum*, *Sepia*, in various stages of accouchement. Long live the Science of Signs in Homoeopathy!

13. Confessions d'un enfant du siecle -Pediatre et homoeopathe (Paediatrics and Homoeopathy) BOURGARIT Dr.R. (CGH,32,2/1995)

An excellent article on Paediatrics in Homoeopathy.

14. Reflexions sur la pratique homoeopathique (Reflections on the practice of Homoeopathy) KOPP Dr. J.(CGH,32,2/1995)

This lecture was on the occasion of the translation of Adolph von LIPPE's "Key Notes and Red Line Symptoms of the Materia Medica". The article discusses the application of this valuable work in actual practice.

15. Histoires de prostatites et de palliations (Case histories of prostatitis and palliation) GODER Dr. P.(CGH,32,2/1995)

Two cases are presented. The remedy in the first case was *Chimaphila* and in the second it was *Clematis erecta*. A brief study of the remedies in this ailment has also been done - *Chimaphila*, *Clematis erecta*, *Pareira brava*, *Copaiva* and *Cubeba*.

16. L'entretien lors de la consultation homoeo - pathique (The Interview during a Homoeopathic consultation) BLET Dr.D.(CGH,32,2/1995)

A detailed article on case taking, examination and remedy selection. Paragraphs 83-93, 210-211 are commented upon. (**Organon** 5th edition)

17. A Case of Gout GEUKENS Alfons (EJH,1,2/1995)

47 year-old Professor in veterinary Medicine suffering from Gout since years with progressive formation of gouty deposits and gradually limited mobility; he is in a wheelchair for longer distances and uses crutches at home. Stopped his professional activity because of his invalid state now. On allopathic medication. Uric acid between 9 and 12 mg% (normal between 2.5 and 7.5 mg%). At this state homoeopathic consultation.

Pulsatilla was his remedy.

The rubrics chosen and the analysis of the case is very interesting.

The Editor makes very important comments: This case indicates the importance of the modalities at the moment of the acute state, the 2 a.m. aggravation, the warm applications and the amelioration from change of position.

The acute state is only an exacerbation (increasing reaction of patient) of a chronic state. So we can say that the acute state belongs to the basic chronic energetic state.

The food aggravation in this case is to salad, to fruit, to beer etc. which is unexplainable and therefore very important.

Only after the examination of all these elements, indicating *Pulsatilla*, we confirm if the mental picture fits in a *Pulsatilla* mind.

The longer we practice, the more we see different mental pictures of the same remedy, depending on education and the circumstances in life, and our conclusion is that the polychrests are not known well enough in practice. So we will see that the mind chapter will be filled with more additions because of the variability in the mental picture of a remedy.

In these cases, there is no reason to change the remedy, but to change the potency and if necessary the frequency of taking the remedy.

18. A Case of ***Viburnum opulus***
POMPOSELLI Raphaella (EJH,1 ,2/1995)

36 year-old woman in the 26th week of pregnancy was suffering from cramping pains starting from lumbo-sacral region extending through nates to womb and ending in legs. Spasmodic pains. her first pregnancy 10 years ago ended in premature birth in the 27th week.

She had a strong feeling of pulling and tearing of the womb always before and during menses, the pulling pains extended to the legs particularly to the anterior part of the thighs. Restlessness during menses. *Viburnum opulus* 30 twice a day and in 24 hours she was relieved of the pains. She delivered a healthy baby at the end of the 39th week.

She again suffered cramp pains during period of lactation identical with the ones she had months before. *Viburnum opulus* 200 relieved.

19. A Case of Epilepsy ANTONIOU Katerina (EJH,1 ,2/1995)

An 18 year-old man with Epilepsy and taking anti-epileptic drug (*Gardena*/). He also suffered from emotional depression. *Ignatia* helped him but still he was not free from Epilepsy. Now *Stramonium* (fear of dogs, afraid to stay by himself, sunlight or artificial light can bring on his epileptiform attack, jerking before and during sleep) and he became much better. No further attacks.

20. Case study WOENSEL Erik van (EJH,1,2/1995)

A three year-old girl, with Eczema in the hollow of knees, buttocks, genitalia, since birth (father and uncles also have Eczema). Dry skin with scales. Genital itching, worse scratching. Has been using *Cortisone*.

Several homoeopathic remedies were given over a three year period with several shifts in the symptoms, but no real cure was obtained. Case was retaken and the remedy *Carcinosinum* emerged. This remedy brought good improvement.

21. Two cases ZAFIRIOU Vangelis (EJH,1,2/1995)

Case 1: Personality Disorder in an AIDS Patient: 26 year-old man with **Kaposi's sarcoma** and AIDS. A homosexual. Under treatment with Chemotherapy and CMI, *Interferon* for his AIDS condition. His appearance was very eccentric, he was hypersexual, odd personality. This fitted the picture of *Anantherum* in George VITHOULKAS' presentation of this remedy in his **Materia Medica Viva**. There was improvement but the patient went out of touch and further follow-up was not possible.

Case 2: Paranoid Disorder with Angina Pectoris: 57 year-old man, retired detective and boxer with constrictive heart pains and difficult respiration. He had many mental symptoms: Delusions that devils came to attack him; devils appear as dogs, monkeys and even as flying horses in spite of his "exorcising" them. He was industrious and religious. Warm blooded. *Aurum iodatum* 200 was given and he began to improve. 12 months after this the remedy was repeated and he remains well. *Aurum* as also *iodum* are not listed under Delusions, devil or Delusions, evil. But KENT's **Materia Medica of New Remedies** says "insanity with enlarged heart", as characteristic. The remedy is found under Fear, evil.

In this case Delusions of devils was converted as "Insanity" which coupled with the heart problem, the palpitations, the religiousness, the industrious - ness and the rest of the case led to *Aurum iodatum*.

22. Treating a Rare Congenital Disorder VERSPOOR Rudi (AH, 1 , 1994)

A two-year old girl with a rare congenital disorder called **Crigler-Najjar Syndrome**. This disease is also known as "congenital hyperbilirubinemia" and "congenital non-hemolytic jaundice". The child was put under special lamps in the evening while she slept, to break down the bilirubin in the blood causing the jaundice. The child's father had severe liver and kidney problems. The child had the tendency to catch colds and other infections. On taking the case *Sulphur* emerged. The allopathic doctor had warned against *Sulphur*.

Sulphur 200 was given on October 1993. The girl developed runny nose and cough and her diapers had a strong odor and were stained dark yellow. She also had bouts of moodiness and drank a lot more. The child went on improving. The jaundice went down while the bilirubin in the urine went up. The girl was looking healthier and energetic.

23. Princess **Palladium**
STEWART Robert (AH, 1/1994)

In Homoeopathy symptoms have to be viewed qualitatively. It is a question of judgement, discernment, experience and insight which symptoms are to be used in a given case. The symptoms are always taken in the broadest possible context. While everything that a patient says and does are to be noted including the way he/she does or expresses, etc. the art in this is to collaborate and to balance one's insight with physical generals.

A 41 year-old woman with chronic sinus problems, aggravated by change of weather, stuffy rooms, heat; claustrophobic; likes chocolate, ice- cream, salt and milk, chews on ice. She felt undervalued and used by others. When alone she would throw things in anger, smiling and very pleasant while with others. History of styes and right ovarian pains with menses. Sprained her ankles repeatedly and tends to be awkward. She began by crying. She claimed to like consolation.

Pulsatilla did not bring about any improvement. "No one appreciates me." Felt terribly betrayed and neglected by friends, and weeps resentfully. *Pulsatilla* higher potencies did not help.

She came again bewailing her destiny "Nobody's there for me." *Medorrbinum* (restless feet, worse in the morning, chews on ice, sinus, night owl). But no change.

Palladium 200 (Delusion: that she is not appreciated; that she is neglected; she has been insulted; Desire to be flattered; Ideas exaggerated; Longing for the good opinion of others; Excitable

in company). The change that came over her was startling and for the first time she had no complaint as such. Over the years her sinus/ovarian ailments were gone. She is happier, healthier, and wiser.

24. Advice on a Spice INEZ Gina (AH,1/1994)

A 43 year-old, female art school teacher with complaints of adult acne and depression. She was treated with *Natrum muriaticum*, *Pulsatilla*, *Calcarea carbonica*. About an year later she suffered a car accident and diagnosed as having suffered Wiplash, no broken bones. Seemed to be in mild shock. She took a dose of *Arnica* 30. She came about a week later and spoke about her state. The remedy that came up was *Nux moschata*. The remedy was given in 200 potency and later M. Her mental confusion, sluggishness, etc. went away. "The remedy is good....It's brought together the body, mind and spirit, like a Rubik's Cube...Everything is good in my life," she said.

The case taught that one should not resort to routine prescribing, like *Arnica* for trauma or consequences of trauma; potency selection is of paramount importance in a case. Dreams are a marvellous vehicle for the Vital Force to express and discharge. We might pay more attention to the patient's dreams.

25. A case of ***Theridion***
HERRICK Nancy (AH,1/1994)

44 year-old ~man, married, one daughter. Complaint of sleeplessness; sensitive to noise. *Theridion curassavicum*. (Insomnia with great sensitivity to noise, craving for bananas).

26. A case of Lupus Erythematosus MORRISON Roger (AH,1/1994)

61 year-old female with complaint of Arthritis which shifted. The pains come to a specific joint which becomes red, hot, swollen and painful which lasts for about one day then resolves nearly completely when the process is repeated in another joint. The pains are continuously moving and when the joint is inflamed the pain is worse with any movement whatsoever. Swollen lumps half inch diameter which migrates down the limb over a series of days; the lumps are painful and come once or twice a month. She also gets little red spots over her arms and legs which are painless and come and go.

Formica rufa 200 repeated after three weeks. Cured. Remains well after 7 years. The most striking characteristic in this case was the migratory arthritis. The symptoms began in one joint and accelerated rapidly with heat and swelling, which resolved over the course of the next day or two on its own. This is the exact picture of *Formica rufa*. The red spots on the skin was also taken as confirmatory.

27. A case of Conflict FELDMAN Murray (AH,1/1994)

41 year-old female, part time worker as an art teacher at school. Complaint of lots of headaches over the years, especially the last 2-3 years. Brain scan-negative. The main theme of this case is reflected in the patient's often repeated word "conflict". The case shows the classic Kentian concept that states that the Will and Understanding will show up in every cell of the body. There was conflict between the desires/feelings and the structures of understanding of this individual. *Aurum muriaticum* 200 cured. Interesting case analysis.

28. A case of ***Cactus grandiflorus*** ANAND Sunil (HH,20,4/1995)

56 year-old man complaining of breathlessness, praecordial anxiety, pulsating pain as if an abscess was ripening; pain was sudden and often associated with sweating. Worse from heat and congested places, crowded places. Had to strain for long for urine to start. Heavy losses in the family business, unpaid loans.

Cactus grandiflorus M improved him. (Sympathy agg.; Anxiety conscience; Hurry, haste; Slowless, always behind, in work; Sensitive to noise, of talking; Dreams of falling).

29. The Diffident Housewife
GANDHI Maesh (HH,20,4/1995)

43 year-old housewife, formerly a teacher. Complains of restlessness, cannot sit in a place, pacing around the whole day. Very nervous and very depressed. Noises disturb. Chronic throat problem. Afraid of anaesthesia or of being knocked down. Fear of being alone. Lack of confidence.

Baryta carbonica M and then XM.

30. Recurring excruciating pain -Cured in too days BALAKRISHNAN E.(HH,20,4/1995)

Case of slipped disk: 47 year-old lady, with pain excruciating, in the left leg up to the heel. Had been operated upon for slipped disk three years ago. Too years later lowback pain with leg pain began. *Cortisone* therapy relieved for an year or so.

The pains were stitching, worse standing, walking, uncovering, winter, better lying on back. *Kali carbonicum* 200, three doses, 12 hourly, two days later XM two doses one a day. Pain in leg disappeared from the second day, and she undertook a pilgrimage to hill.

Case of haematoma neck: 32 year-old lady. Haematoma of neck - a mass lesion measuring 4.65cm x 2.10cm in size lateral to the right lobe of the thyroid.

The internal jugular vein and the carotid artery were displaced posteriorly by this mass. Swelling slightly painful on pressing. *Carbo animalis* 200 three doses 12 hours apart; also *Calcarea fluorica* 6x tablets x thrice daily. *Carbo animalis* M two doses after a week and XM two doses still one week later. About three weeks the lesion burst open and discharged pus and blood. *Silica* 30 four doses followed by *Hepar sulphuris* XM two doses and *Myristica* 6 twice daily for one week. About three weeks later wound had completely healed.

31. A case of frightful Delusions BHAT Shraddha (HH,20,4/1995)

36 year-old man with delusion of being pursued, that he would be caught by the police and put behind bars, hence feared to go out. After *Hyoscyamus* XM, *Medorrhinum* XM, *Belladonna* XM failed, *Stramonium* XM cured quickly. Interesting case. When there are delusions, it is difficult to choose the symptoms that are representative of the whole picture.

32. The lost Fortune VASANDI Yogesh R.(HH,20,4/1995)

52 year-old man, with anxiety, insomnia and repetitive panic attacks, associated with dull headaches. He was miserly, was proud that he was a self-made man. His headaches after he lost, notionally, a large amount, for having failed to invest in shares. Fear of poverty. *Calcarea fluorica* 200/M.

33. A typical case of **Conium** SHETYE Prasad (HH,20,4/1995)

45 year-old married woman with Hypothyroidism since several years. Restless, couldn't sit still for even ten minutes. Tremors and palpitation, prominent eyeballs and enlarged thyroid gland. Easily excited, abusive, angry, uses indecent language, vulgar gestures etc. towards her husband when she is angry. High sexual drive, and coition would calm her for two or three days. *Conium* 200 and later M helped her.

34. A case of Primary Hypothyroidism MANKANI Meena (HH,20,4/1995)

21 year-old woman, with Hypothyroidism. Diffusely enlarged thyroid; hairy all over the body. Bluish sclera and ribbed nails. Self-conscious. Six months ago suffered intermittent fever with severe shaking chills and was on anti-malarial drugs. She felt that fever took away all her energy; remains very tired and lethargic. She slept most of the time.

She had a difficult life during adolescence with an alcoholic, abusive father. Taking her whole history and the presenting symptoms, *Calcarea carbonica* XM (repeated infrequently), raising upto 50M, over a period of six months, improved her much.

35. Paediatric case-taking VASANDI Yogesh R.(HH,20,4/1995)

Attention to the mother's state regarding the cause of the ailment of her child, ascertaining the mother's state during pregnancy, etc. are quite important in paediatric case-taking. The author has cited four cases from her own practice and one each from Erastus CASE and Dorothy SHEPHERD. Brief but interesting article.

36. Two cases of Warts
MUCHHALA Heena (HH,20,4/1995)

12 year-old girl with warts on the hands. *Hyoscyamus* 200 selected on the basis of the mentals cured.

11 year-old boy with warts and moles. Began on the right side and spread to the left. *Lycopodium* M selected on the basis of the mentals and generals, cured.

37. Case of Oligospermia
KOTWAL Mahendra (HH,20,4/1995)

27 year-old man, slightly obese. Married 7 years but Oligospermia. He was an emotional, weepy, sensitive person. *Pulsatilla* M (hot person, liked spicy foods, thirstless) improved the sperm count and he became the father of a baby son.

38. A complicated case
KHUBCHANDWANI Manish (HH,20,4/1995)

42 year-old man with complaint of Dysphagia for liquids since 12 years, after her eighth delivery. Gurgling sound while swallowing liquids. Pain neck while washing clothes.

39. Prerequisites of Repertorization SHARMA Kapil (HH,20,6/1995)

This is a brief article on the various skills and application of the art of case taking to be fulfilled before taking up repertorization.

40. Insulin-dependent Diabetes Mellitus and Homoeopathy
PAREEK Alok (HH,20,6/1995)

Homoeopathy can help minimize insulin therapy need in the IDDM patients. The author has cited a case of *Iodum* in a 8 year old child and a case of *Alloxan* in a 26 year-old male.

41. An overview of breast Cancer -The Homoeo - pathic perspective
PAREEK Alok (HH,20,6/1995)

The author cites two cases -one with *Conium* and *Graphites* and another with *Phosphorus*. Both were malignant but cured.

42. Limitations in Homoeopathy -or the agony of wanting too much SPRING Beat (HL,8,2/1995)

This deals with a problem which every homoeopath faces in his practice almost very frequently. In the flush of the cure of several difficult and so-called "incurable" cases, the homoeopath comes to delude himself in thinking that he/she can cure every case and when it is not so, feels very much disappointed and even upset. It is therefore important that the limitations (of the Science and the practitioner) are realised. At the same time the homoeopath must constantly endeavour to sharpen the tools used, particularly prognosis, keep apace with the developments taking place all around including in the general medical field.

This article is well worth study by all.

43. Treatment of Cancer.
PAYRHUBER Dietmar (HL,8,2/1995)

Very often we come across the question "What is the success of Homoeopathy in Cancer?" There are those who keep off the cancer and leave it to Allopathy. There are also those who heroically take up even the difficult ones at end stages and promise cures! It is therefore important that we understand the disease and the prognosis and what Homoeopathy can do in this. The author recalls the excellent writings of BURNETT and ELI JONES. He speaks of cases treated by him and also by his teacher including those in which palliations were possible. The characteristics of *Radium bromatum*, X-ray and *Okoubaka* are pointed out.

44. Incurability - Fact or failure? SPRING Beat (HL,8,2/1995)

Beat SPRING narrates two cancer cases (a Breast Cancer and a Lung Cancer in a man), he treated and palliated their sufferings considerably. He also tells what aspects are to be considered in the treatment of "incurable" cases. Good lesson.

45. Cancer therapy supplemented with Homoeopathy KULKARNI Arvind (HL,8,2/1995)

KULKARNI says that Homoeopathy and Ayurveda may complement conventional Cancer therapy. Homoeopathic remedies can give supportive care. The homoeopathic medicines can be used along with other remedies without harm. The homoeopathic remedies reduce the incidence of local radiation reactions.

46. Prognosis of cure - A survey of success from experienced Homoeopaths
SPRING Beat (HL,8,2/1995)

What is the success ratio of Homoeopathy in "difficult" cases. A questionnaire was sent to 120 "experienced" homoeopaths and only 27 with 10-23 years of experience sent the questionnaires back. Some of the conditions covered: Cancer, Tumours, Multiple Sclerosis, Epilepsy, AIDS, Mycosis of skin and nails, Polyarthritis, Osteoarthritis, Osteoporosis, Psoriasis, Diabetes mel. Juvenilis, Thyroid, Schizophrenia, Anorexia/Bulimia, Sex.

47. An example of Homoeopathic Treatment and its Results
GEUKENS Alfons (HL,8,2/1995)

48 year-old male. Diagnosis: Infected emphysematous bulla in right lung with a large fluid level. ESR 79. Leucocytes 10940. Surgery proposed. He came to Homoeopathy with a deep chronic state. On the basis of the total picture *Bryonia* cured. Radiological report at the end of the homoeopathic treatment said "Not one trace of the original picture is left. A perfectly normal lung picture".

Very educative case.

48. Obstacles to Cure
SPRING Beat (HL,8,2/1995)

Presuming that the prognosis of the case has been properly evaluated and there is not something beyond the scope of the organism to cure and that the correct remedy has been chosen and administered in a correct manner, i.e. the appropriate dose and frequency, if the remedy doesn't act as we expected it to, What is to be done? What are the obstacles to the action of the remedy?

The possible obstacles are discussed in detail. They may be from outside or from within the patient. The "outside" includes Antidotes to the remedy like other treatments; Coffee; Camphor; Toxic influences like Psychological suppressions; Physical suppression; Undue stress; Chronic intoxication; Deficiencies like Malnutrition; Lack of rest. The "key" to these is the quantity of agents. The obstacles from "Within" include: Refusal to change like benefit from disease; Attachments; Fear of change; Existential fears; Fear of violence; Fear of losing loved ones; Fear of social consequences; Fear of "losing face"; Process of grief; Crucial work situation. The "key" to this is freedom of choice.

What are the "homoeopathic obstacles"? Dr. Beat SPRING Writes: "Finally, most frequently, the obstacle lies within ourselves, as practitioners. Did we find the true simillimum? Did we repeat too early or too late? Did we evaluate the remedy action accordingly or did we change the remedy too

quickly? Did we spoil the case by giving too many remedies for e.g. minor acutes? Do we have personal blind spots which hinder us in assessing the case accordingly. Do we have fixed concepts and belief systems which affect our perception of what the patient tells us? Can we accept our own mistakes and not blame the patient or system for it?

He quotes Dr.Jonathan SHORE: "The question before us has to do with intent and expectation. What is it that I am trying to achieve in general with my perscriptions, and what do I expect in each particular case. If someone has been under our care for some years he should be well and freed from the pathological constraints which give rise to symptoms on any level. If we settle for less we denigrate our art and impose upon it the limitations of our own inadequacies.

"We are faced daily with contradictions between what is possible, and what actually takes place. If we judge our results against a mediocre standard, if our reasoning is filled with excuses and complaints, the questions which really need to be asked, and sincerely faced, never arise. Why did this case begin well and end badly? Why is it that I have been treating this patient for years and even though the remedies have acted well, the patient remains ill? In which areas do I need to deepen my understanding of the homoeopathic art?"

49. An obstructed case TAYLOR Lorraine (HL,8,2/1995)

As the title would reveal this is a case in which a female of about 45 years, who could not be cured through Homoeopathy in spite of very carefully chosen remedies by good prescribers. The obstacle was a Myoma and after hysterectomy homoeopathic remedies worked well and rapidly.

50. The story of Madhav
LIDCHI Maggie (HL,8,2/1995)

A 7 year-old boy, violent in school. He was hyperactive, could not remain still in class, could not complete a drawing and never got around to using colours. *Stramonium* 30 produced an initial aggravation and healing followed. The drawings of the boy as seen in his drawing book shows his improvement phases. The last drawing was a boy smile with his arms wide open to the world and his name was written on the top of the drawing -so that's him now- smiling and well.

51. The importance of body posture and gestures in understanding the patient SCHADDE Anne (HL,8,2/1995)

Most of our problems have their source in childhood , but later on in life we compensate for these problems with the poor of our intellect. But even when we think we have totally changed or covered these problems, our body, our posture, gestures, hairstyle, our social surroundings, dreams, emotions, etc. will still speak the truth.

It is fascinating to observe and study the body postures and gestures of our patients in the clinic and learn to interpret them in terms of our Materia Medica. The author narrates three cases to illustrate this.

52. Urinary tract disease KANSAL Kamal & KOHL! Bindu (HUD,3,41 1995)

Discussion on UTI disease and four cases treated homoeopathically.

Case 1: 42 year-old man with recurring UTI since 6 years treated with *Streptococcin* 200 every third day for two weeks.

Case 2: 65 year-old female, mother of Case 1. UTI for last 30 years with E Coli with very high colony count always presented with pain in hypogastrium, dysuria, episodes of fever and irregular bowel movements. *Methylene blue* 3x4 times a day for 12 weeks.

Case 3: 58 year-old male with symptoms of UTI. He had already transurethral resection of prostate. *Methylene blue* 3x q.i.d. for 3 weeks and symptomatic relief was complete. The remedy was continued for three weeks more and urine culture was clear.

Case 4: 41 year-old female with history of recurrent UTI since six years. *Apis* t.d.s. and *Copaiva* 30 t.d.s. for 5 days. Complete relief.

53. A case in my memory -unmoved GUPTA Babita (HUD,3,4/1995)

23 year-old male, with behavioural problem; episodes of intense anger, when he was contradicted or someone disagreed with him. He would burn the effigies of those persons in his room! Nitric acid 200 did not help but M cured.

54. Cystitis KANSAL K. & KOHL! B.(HUD,3,4/1995)

Explains Cystitis briefly followed by four clinical cases. In the first case woman 30 years, married, felt that she was being "ignored", hates the sight of animals especially reptiles: *Lachesis*; in the second case, 39 year-old, married woman, with stress incontinence, uterine prolapse with cystocele: *Sepia*; in the third case, 4 year-old boy, crying before and during urination, frequent micturition day and night, constantly played with his genitals, history of repeated attacks of septic tonsillitis, cold and cough, restless and irritable: *Sarsaparilla*, then *Silicea* 30 and then *Sulphur* 30 three doses; fourth case, 25 year-old female, married recently, dysuria, strangury and hypogastric pain with low-grade fever: *Staphysagria* 200 b.d. for three days.

55. Leucoderma treated with Bowel Nosodes WADIA S.R. (HUD,3,4/1995)

This is very interesting. 65 year-old male, with white spots on both hands dorsum, as well as palm, forehead, scalp, tip of the penis, since November, 1990. Family history of Diabetes. Tense, restless, very quick tempered. He took *Arsenicum sulphuratum flavum* 30 on advice of someone. Since there was no improvement, *Morgan Bach* 30 was given. He went to London and on his own purchased *Morgan Bach* 200 and kept on taking it for months together, and he made very good improvement!. We are generally warned of repeating Bowel Nosodes but here is a case of apparently harmless improvement from taking the Nosode for months together!

56. Chronic Cholecystitis
WADIA S.R. (HUD,3,5/1995)

33 year-old man with pain in the right hypochondrium and abdomen since one year; poor appetite and digestion; past history of jaundice. Family history of Asthma, Tuberculosis, Pneumonia.

Bacillinum 200, three doses, then *Sulphur* 200, again *Bacillinum* M, XM, *Cholesterin* 30, *Sulphur* M, *China* 30 t.d.s., *Sulphur* XM, in that order over a period of seven months.

57. A case of Nephrotic Syndrome WADIA S.R. (HUD,3,5/1995)

39 year-old male, Nephrotic Syndrome with early Hypertension. This began after sexual intercourse during which he got severe headache and breathlessness followed urinary trouble.

Serum anguillae 30 helped him and brought down his blood pressure.

58. Homoeopathic First-Aid kit on Mt.Everest - Catalan Expedition 1988 RATERA Manual Mateu & TARRAGO Anton Rane (HUD,8,5/1995)

A First-Aid Kit with 25 oral remedies and 4 mother tinctures for external application were used in the Expeditions. 25 cases treated: 8 bruises and sprains, 1 crushed finger, 12 Wounds, 3 Flea bites and 1 lip wound + Facial abrasion and laceration + teeth fracture. All cases reacted promptly and did well with no secondary effects.

59. A case
ADALLAN Elizabeth (HOM,56/1995)

The author says that this case provoked much introspection in ethics in case-taking, and how a shift of focus of rubric choice alters the outcome of the case and hence the ultimate choice of the simillimum, rather than a similar remedy.

7 year-old girl, with Asthma. Although the Asthma was relieved with *Lycopodium* the emotional disturbances were not improved until the remedy that covered the "central disturbance" (Rajan SANKARAN) was recognised (via the mother of the child) and *Tarentula* was given. A very interesting report.

60. Bring me a Pumpkin GLAISYER Mary (HOM,56/1995)

Three interesting cases in which the remedy was *Calcarea sulphurica*. The elements of *Calcarea* and *Sulphur* (for example in Case 1 - Fear of heights, *Calc.* and Desires fat, Headaches from sun, Curiosity, *Sulph.* In Case 2 - Love of ideas, Yellow discharges, Uncovers feet at night - *Sulph.* and Earthy practicality, *Calc.* and in Case 3 - Sensitivity to cruelty, Fear of heights, worrier - *Calc.* and Hot and hot flushes, fear of heights, worse heat of summer, etc. *Sulph.*)

61. A Dream, a Patient and Remedy
WHITNEY Kaaren (HOM,56,1995)

Dreams help much in choosing the remedy. In this interesting case *Stramonium* was given to a 6 year-old girl with Asthma. Her dreams after this remedy are interpreted. *Argentum nitricum* cured.

62. Homoeopathy & Developmental Learning Difficulties
GRIFFITH Colin (HOM,56/1995)

There are excellent remedies in Homoeopathy for developmental learning difficulties (DLD) in children. However in many cases the homoeopathic remedy is not sufficient. While the homoeopathic remedy improves the constitution and many complaints some of the deeper defects remain. In these cases other treatments such as Neuro Developmental Remediation (NDR) in the DLD Centre (in the UK) has been found to be of immense help. Together, Homoeopathy and NDR, bring a rapid cure.

63. Stopping Drug Therapy
LEE Felicity (HOM,56/1995)

Many persons who come to a homoeopath are already taking some drugs. Is it therapeutically wise to ask them to stop all those drugs? Or allow them to keep them on? Which drugs may not be withdrawn suddenly and which in a phased manner? What are the reactions? In this short article the author answers some of these particularly with reference to *Corticosteroids*.

64. 50 Years since Liberation: A case TREUHERZ Francis (HOM,57/1995)

A Jewish woman 84 years age who survived the horrors in Europe during the Nazi regime, who had come to England and deported to Australia as an alien. She came later again to England. Her foot deformity was managed with special shoes. She was referred for true Vertigo. She has been having it for 50 years. She was a closed, rather taciturn person. She said that she had become hard. She used to be able to show affection but now she could not.

After repertorisation the remedy *Conium* 6 b.d. was prescribed. Four weeks follow-up: the vertigo stopped quite soon and after one week she stopped the *Conium*. But she complained of disturbed sleep, exhaustion, the day's events on her mind, feeling greatly exhausted. This began in Vienna in 1938, she said. Now *Kali phosphoricum* 6x and after a week she reported that she not only had good sleep but her energy and spirits had lifted. Four weeks later she looked happy, smiled a little; continues to be well.

A beautiful case indeed. A cure in the real sense with 6x potency!

65. Memories, Dreams & Remedies THOMPSON Michael (HLK,4,2/1995)

One of the dilemmas we have as homoeopaths looking at dreams is the recording of dreams in Materia Medica and Repertory. WHITMONT has pointed out on a number of occasions, many

patients will have dreams of snakes, robbers, being pursued, chased, etc. during their lifetimes. These are quite common things to appear in dreams. What WHITMONT has shown in his dream seminars and his book **Dreams a Portal to the Source** is that homoeopaths can listen carefully to the patient's dream and ask the dreamer about the symbols in the dream itself.

Case 1: A retired man with Anxiety Neurosis. He said that he had fascination with sharks and submarines, because they had hidden powers, power in the depths of sea. In his case, he felt that he had great powers, that he was very clever and astute, invested his money wisely; that he always did things very well, careful and thorough; he considered himself to be superior to other people. *Sulphur* (Delusions, is a great person), was his remedy.

Case 2: 36 year-old woman with attacks of Vertigo every three to six months for the past two to three years. She was prescribed *Natrum muriaticum*. She dreamt of paddling and cannot swim; her father who can is far out to sea and she is afraid of the sea because she cannot swim (her father is deceased); she is keeping her feet off the ground lest she lost her balance.

Case 3: 49 year-old woman, with Rheumatoid Arthritis for 2 or 3 years. She was ill in September, 1994 and her menses had not appeared for 3 months now. Also pains left elbow; worse movement. Her dream: she was by herself in the parapets of a castle which needed a lot of decorating and she was redesigning and hoping to get more of her family in it. The house was in a poor state of repair but the grounds were good. She was given *Platina*.

Case 4: 23 year-old woman patient dreamt of a bad man with a tattoo. She explained the man in the dream was a local celebrity and he had tattoos on his face and feet; he particularly had tattoo on the chest. This dream meant for her that tattoos are tribal markings and without the tattoos one will not be noticed. She had eczema on the legs which she did not want to be seen. *Aurum* (Fear of her condition being observed) was given.

Case 5: 37 year-old woman with menstrual problems. She dreamt that she was fighting with her mother centuries ago and they were fighting with crude metal weapons. She comes from Greece and there is a long history of conflict with her mother. *Ferrum metallicum* (dreams of fights and battles) cured her.

Case 6: 45 year-old woman, with frequent, protracted and heavy periods, PMT and night sweats. Her dream: She was in a cloth shop with her mother and she wanted to buy a 1920's shift; there were few other details in her dream. In her dream she was a 20's flapper. The 1920's were a decadent era - lots of show but superficial, for the upper classes at least. This is a picture of a society woman going to elegant parties, who would value the admiring glances and flattery from others. *Palladium* was her remedy.

Case 7: 30 year-old woman, dreamt that were she was sitting there with all her possessions, and her partner was trying to connect a television (they do not like televisions and do not have one at home), she was shouting at people in the dream and she felt unsupported. They did not care and her mouth was dry and the words stuck in her throat. She felt paranoid about some of the things at work. She feels betrayed, injured and taken advantage of, and she feels wounded. She said the TV is a power tool and is used for advertising, but you can get hooked into it, it is not like a book. She talked about a power struggle at work and she feels suicidal. The TV has a thick power lead, but it was not connected. She feels that she has given a lot of her power away and she needs to feel supported, *Aurum* was prescribed.

66. Reclaiming Responsibility CALABRESE Barbara S. (HT,15,3/1995)

A mother narrates how she herself handled recurring ear infections of her child with Homoeopathy. She laboriously read many books and found the medicine for her child. She concludes "Individuals, especially parents can take overall responsibility for their own health as well as that of their children, by being willing to learn, having the proper resources available, and utilizing that information.

67. A case of Arthritis LARK Dorothy (HT,15,4/1995)

35 year-old women with severe pains, diagnosed as Rheumatoid Arthritis. During lengthy case-taking she revealed the many traumatic events in her life including the loss of her grandfather to whom she was very close, leaving home at an early age to escape her alcoholic parents, seven miscarriages, two stillbirths, and her O'MI alcoholism and recent recovery. Based on this history of griefs, along with some confirmatory physical symptoms, she was given *Ignatia* 30. She became pain-free the next morning. It is now six months and she has not needed to return for any further treatment.

68. A case of Ovarian Cyst SHAH Rupal (HTIMES,2,2/1995)

28 year-old female with right ovarian cyst; severe bleeding during menses with pains, aversion to coition. *Sepia* 200 to CM while removing many of her complaints did not remove the ovarian cyst. After reconsideration of all the symptoms, *Lycopodium* was given (M to CM at intervals) cured totally, including the disappearance of the cyst.

69. A Case of Osteoarthritis -Uncommon indications of a common remedy TRIVEDI Bhavana (HTIMES,2,2/1995)

An 80 year-old lady with stiffness of knee joints, diagnosed as Osteoarthritis. The history of this lady revealed *Arnica montana* as the remedy which was given in XM potency and she was relieved of her ailments in 15 days! (Fear of others approaching, if she was sitting on a bed, she would not allow her grandchildren play around her; Well, says, she is, When very sick; Censorious; Pain in knee joints; Desires sour things).

70. Epilepsy -Multiple dimensions BARVALIA Praful (IJHM,30,2/1995)

Case 1: Epilepsy with mild mental retardation: This case with 7 years long follow-up demonstrates various dimensions of this disease viz., diagnosis and management of acute and chronic phases as well as handling psycho-social aspects of this illness.

Case 2: Temporal Lobe Epilepsy: 21 year-old male with Partial Complex Seizure (psychomotor or temporal lobe) epilepsy had a prominent peculiar symptom, viz., fear of water and *Lyssin* cured him.

Case 3: 5 year-old girl; organic epilepsy, secondary to intra-cellular cerebral damage of unknown aetiology. Seizures began at 6 months age. All milestones very late. While remedies like *Cuprum metallicum* 30 to XM, *Tuberculinum bovinum* 200, *Zincum* failed, *Cuprum metallicum* 6 two hourly controlled the seizures. Subsequent doses *Tuberculinum bovinum* 200 and *Cuprum metallicum* 6 improved.

71. Epilepsy - Case study showing HERING's Law HAKIMJI Mustafa (IJHM,30,2/1995)

10 year-old boy was getting convulsions in the morning on waking from sleep. Preceded by a loud cry and after the convulsions he fell into a deep sleep for an hour. Frightening dream during sleep, for which *Aconitum* M given and he was free for some days after which the convulsions recurred, but without frightening dream. EEG showed a left parietal epileptogenic focus without any focal features. At this time it was learnt that he was terrified of his teacher and he was much pushed to study. *Opium* improved and he got Malaria (earlier he suffered Malaria at 6 years age, treated allopathically). Now this Malaria was cured by *Natrum muriaticum* and few days later he developed small itching papulovesicular eruptions on his lower limbs which was cured by *Sulphur*. Follow-up an year later - well. Repeat EEG showed no evidence of neuronal hyper-excitability or focal features.

72. Experience with Epilepsy cases MENON C.M. (IJHM,30,2/1995)

Case 1: 11 year-old boy with history of convulsions since three years. Chilly patient. Perspiration hands and feet. Defiant and stubborn. Impatient. Introvert at school and home. No initiative and self-confidence. Convulsions occurred around moon phases. *Silicea* XM and later CM cured.

Case 2: 7 year-old boy; convulsions of the right hand and right leg, once in 2 to 3 weeks since last 5 years. Weakness of the right side of the body. Prone to rashes and eruptions on forearms and

legs since last 4 years. Skin specialist treatment. History of head injury at 6 months age and convulsions began after that. Operated 3 years ago for skull repairs. Repeatedly de-wormed. Hot patient. *Cicuta* in ascending potencies upto CM was given and there has been no further convulsion.

73. Prescribing in epileptic patients GOEL N.O. (IJHM,30,2/1995)

Two cases are presented. In both remedies in high potencies repeated in daily doses for long time -upto two years even - cured.

74. She was Bright and Bonny girl when he married, Now she is *Sepia HEDGE Shreepad* (IJHM,30,2/1995)

38 year-old lady with pain in small joints and generalised backache for 2 to 3 years. Disliked her husband couldn't stand even his shadow around her. He seemed to be having extra-marital affair. The patient developed Psoriasis eight years back (1980), which was treated with steroids. *Sepia M* given and then Psoriasis reappeared within a month. Husband was accompanying her now to the clinic. She now developed indifference to her children and *Medorrhinum XM* b.d. for 3 days given. There was no change. At this juncture the husband was interviewed and he confessed to have taken treatment for Syphilis. *Syphilinum XM* b.d. for three days was given and the psoriatic patches began to disappear and mental symptoms also went away. *Sepia CM* once a month for three months. Recovered completely and living happily with husband.

75. An Encounter with Migraine
RAO Ganesh (IJHM,30,2/1995)

37 year-old man, Chemist. He suffered from biliousness and Migraine. Much suppressed resentment, mortification, desired pungent foods, salt, ice. Worse sun, better sleep. *Natrum phosphoricum* 200, M, XM, cured.

76. The Selfless Worker ANAND Sunil (IJHM,30,2/1995)

This case is reported to "perceive" "Conscience". A young, married woman confessed to deriving great pleasure from teaching underprivileged children. She had natural flair for this. She studied in a Convent and liked the atmosphere of the Church. She was a favourite among the nuns and teachers and was always shown as a "model" to follow. After marriage she had to settle somewhere else and it thus separated her from her students. She had to attend to the family business and her tuitions to the "under- privileged" children was much less. At this time she had two dreams (i) She is falling from a height. She starts praying and stops in mid-air; (ii) She is feeding three dogs. Two of them start eating but the third dog does not. She is very concerned about this third dog. At this time she complains. *Lac denoratum* (Delusions, convent, she will have to go to a) cleared her acne and recurring throat infections and there is no conflict whatever.

77. Tom between Conscience and Sentiments KAPSE A.R. (IJHM,30,2/1995)

This is also an analysis of "Conscience", 56 year-old man, married. Vertigo with sensorineural deafness. He was a hypersensitive and excitable individual. Was fascinated by Sodalist movements during his youth. Conflicts with wife and consequent vexation. Developed feelings of guilt and grief. *Ferrum phosphoricum* 200 and intercurrent *Tuberculinum bovinum M* restored him.

78. Homoeopathic Grand Rounds
MORRISON Roger (JAIH,88,2/1995)

Case 1: A 19 year-old female with complaints of juvenile Rheumatoid Arthritis. Had recurring Streptococcal throats as a child. Rheumatic fever at age 4. Cystitis: three episodes. She was wearing black clothes, black eye-shadow and nail polish. Recurring fevers at night. Rashes come and go over her torso. (weeps as she relates her illness). Sensitive to both heat and cold. Hates the sea. Thirst for ice cold drinks. Puts the feet out of bed at night. Fear of dogs. Bites her nails. With other symptoms to confirm the remedy, *Medorrhinum M* was given. Six weeks follow-up: Initially improved but recently recurrence of her complaints. *Medorrhinum* 30 weekly. She has been also on anti-inflammatory drugs and *Prednisone*. 12 weeks follow-up: *Medorrhinum M* and 12 daily. 18 week follow-up: As she tapered *Prednisone* her joint pains became worse. Continue *Medorrhinum* 12. 6 month follow-up: Arthritis is

terrible again. *Prednisone* dosage is down to 5 mg./day. *Medorrhinum* LM1 daily for one month, then LM2. 8 month follow-up: *Medorrhinum* LM3. 10 month follow-up: "Wonderful". Off *Prednisone* for 6 weeks. Craves ice (she has been craving ice all through). *Medorrhinum* LM4. One year follow-up: Had not taken any *Prednisone*. Arthritis gone. Energy level is good. Depression much better. Has been happy. Sleep good. Still puts her feet out of the covers. Craves ice. She confessed that throughout the treatment she has been using a wide variety of drugs ("illicit substances"). *Medorrhinum* LM5. Two year follow-up: Puts the feet out of the covers or even on the cold window. Craves ice, meat and salty. Bites her nails. *Medorrhinum* LM15. Four year follow-up: Still uses occasionally *Cannabis*. No arthritis. Happy and well-adjusted. No medicine.

To understand this presentation the entire report of Dr.MORRISON must be studied. There are also very interesting discussions following this by Nicholas NOSSAMAN, Robert SCHORE, Edward CHAPMAN about the cure of such a severe disease. Also the use of LM potencies is discussed.

IV. REPERTORY

1. Cases treated with BOENNINGHAUSEN'S Repertory RASTOGI D.P. {CCRH, 17, 1&2/1995}

BOENNINGHAUSEN's concept of a complete symptom - location, sensation, modality, concomitant - has stood the test of time and is as much relevant now as it was before. The artistic application of BOENNINGHAUSEN's repertory is demonstrated by the author with the example of three cases. One example:

A male patient, aged 38 years came on 5.11.93 with cystic swelling over left temple for the last two years. The swelling was static, painless, mobile and no other details of the patient were characteristic. On the basis of these indications only, BOENNINGHAUSEN's Repertory was consulted with following rubrics: FACE, proper, temples; SKIN, Cysts. *Baryta carbonica* came up as a possible remedy and was given in 30 potency two times a day for 3 weeks. The swelling burst and discharged its contents. Without the BOENNINGHAUSEN's repertory this remedy would not have been employed.

2. Mind Additions to the Repertory ZAFIRIOU Vangelis (EJH,1 ,2/1995)

Psychiatrist Vangelis ZAFIRIOU - senior consultant to the Athenian Centre of Homoeopathic Medicine - shares with us his Mind additions to the Repertory:

Abrupt: *Ars.*

Ambition: *Ign.*

Anorexia mentalis: *Bar-c. Nat-m.*

Anxiety, others, for: *Ign. Avarice: Nat-m.*

Bite, desire to, nails: *Tarent.*

Censorious: *Phos.*

Clairvoyance: *Ign.*

Consolation agg. *Staph.*

Consolation amel.: *Ign.*

Cruelty: *Lyc.*

Deja vu: *Ign. Phos.*

Discontented: *Arg-n.*

Disgust: *Calc., Verat.*

Eccentricity: *Calc.*

Egotism: *Caust., Ign., Nat-m.*

Fastidious: *Ign., Lach., Sulph. bro 1*

Fear, cats: *Puls.*

Fear, Chicken: *Calc.*

Fear, dark: *Ign., Lach., Sulph.*

Fear, death: *Carc.*

Fear, dogs: *Cham., Ign., Med"*

Fear, high places: *Anac., Lyc. gb. Tarent.*

Fear, insanity: *Anac. vh. Carc., Sulph. k1.*

Fear, mice: *Calc., Sulph.*

Fear, narrow places: *Lyc.*

Fear, snakes: *Calc., Ign., Med., Puls., Sil.*

Fear, water: *Cham.*

Frivolous: *LYC.*

Hatred: *Puls. g11.*

Hurry: *Mag-c.*

Industrious: *Puls.*

Impulsive: *Lyc.*

Laughing, serous matters, over: *Puls.*

Loquacity: *Puls.*

Obstinate: *Nat-m.*

Offended, easily: *Nux-m.*

Pessimist: *Lyc., Nit-ac., Puls.*

Remorse: *Ars-i., Lyc.*

Sadness, periodical: *Kali-c., Puls.*

Sighing: *Ars-i., Carc.*

Shrieking, sleep, during: *Med.*

Sympathy: *Ars., Ars-i., Calc., Lach. bg2, sf1*

Untidy: *Ars., Puls., SULPH.*

Weeping, difficult (**new rubric**) *IGN., Carc.*

3. Repertory Changes - Examples of How They are Made
VAN ZANDVOORT Roger (HOM,56/1995)

Roger VAN ZANDVOORT has made the **Complete Repertory**. Many corrections and additions have been made in this Repertory. The author has traced the origin of many repertory rubrics for this purpose. In this brief article he cites some examples of his source verification.

4. A Short Repertorial Study on Weeping SHAH Rajesh (HTIMES,2,2/1995)

"There is no medical science" says the author, "other than Homoeopathy in which the study of weeping in a patient has analytical and hence therapeutic value. It is so often our experience that a good cry will not only relieve the patient, but the physician as well, if appreciated properly".

A brief analysis of the rubrics in which "Weeping" appears are studied in this article.

V. VETERINARY

1. Control of Subclinical Bovine Mastitis - Utilization of a Homoeopathic Combination
SEARCY R., REYES O., GUAJARDO G. (BHJ ,84,2/1995)

A clinical trial was conducted on a dairy farm. 26 animals were divided into 2 groups of 13 each, pairing on clinical and subclinical mastitis status, milk production and number of lactations, assigning both animals and treatments by a systematic random method. One group received homoeopathic treatment, the other placebo. Monthly milk production was carefully recorded for each animal, as were the results of the California Mastitis Test (CMT) performed on each quarter of the udder. The proportion of affected quarters according to CMT was 32% in the treated group, and 68% in the control group. The odds ratio of the difference shows that animals receiving placebo presented 4.5 (1.78-11.75) times more subclinical mastitis than those under homoeopathic treatment (p 0.05). Average milk production in the treated group did not differ significantly from that of the control group (p 0.05). The study confirms previous observations of the benefit of the homoeopathic method can provide in disease control in animal populations.

2. The Lamb vvtlo could not Gambol DeWEESE Cyndde (HT,15,3/1995)

The author describes a "difficult" labor of an ewe and the two lambs thus delivered had their defects -the first one was quite heavy with lot of mucus and the second was small and couldn't stand on his legs properly, i.e. his legs flexed and he stood on his ankle! While *Causticum*, *Arsenicum* helped their many problems, the inability of the lamb to stand properly remained. As a result of this the lamb couldn't gambol, that is they must run, buck, pirouette, jump straight-legged etc., at all times. This the lamb couldn't. After trying other remedies, at last *Causticum* and *Arsenicum* were given simultaneously and it worked!

3. Meet Christina CHAMBREAU, DVM FIELD Ed (HT,15,4/1995)

Christina CHAMBREAU practises classical Homoeopathy in Veterinary Medicine. She studied Homoeopathic Veterinary Medicine with Dr.Richard PITCAIRN, the best homoeopathic veterinarian in the United States. Now she herself is a teacher. After 1988 she has shifted to entirely homoeopathic medicine in her practice. 'The joy of Homoeopathy is that it can really cure, if you prescribe carefully and there is enough Vital Force to respond. Nothing else can do the job as reliably. The joy of cure is wonderful. To see an animal free of problems after years on drugs is phenomenal. One must, however, understand that a cure is, be committed to finding it, and not be satisfied with suppression. Whether animal or human, the body is unique and amazing".

Dr.CHAMBREAU details some of the actions that people can take to increase the chance of long and healthy life for their animals.

Do not vaccinate your animals except for the mandatory Rabies shots. This is very important. With young animals, if you absolutely must immunize, use minimal conventional immunization, consult your homoeopathic veterinarian.

Feed your animals a diet of raw meat, raw vegetables, and overcooked grains rather than prepared, commercial pet foods. Follow the nutritional guidelines suggested in **Natural Health for Dogs and Cats** by Richard H.PITCAIRN, DVM, **New Natural Cat**, by Arutra FRAZIER and **Reigning Cats and Dogs**, by Pat MCKAY

Recognize and treat the signs of underlying energy imbalances as early as possible so that the animal does not develop overt disease in the future. Some of these signs include: Red line at gum-tooth margin, Body odor; Appetite problems, Behaviour problems. Thirst in cats when not caused by dry food.

4. Fear of Thunderstorms TOBIN Stephen (HT,15,4/1995)

Many dogs are terrified during thunderstorms or fireworks. While the repertory rubrics indicate *Phosphorus*, in the author's experience it has not been of much help. However, he has observed that many dogs chew through metal cages, scratch and chew through walls, doors and furniture, have diarrhoea and even have seizures and these dogs responded well to *Aconite*. *Aconite* 200 given before the expected storm, and again at the start of the storm -repeating if the dog becomes agitated, does well. In some dogs this well even remove the tendency to fear of thunderstorms.

VI. PHARMACOLOGY

1. Vergleichende Untersuchungen des manuellen und maschinellen Verschüttelns bei der Herstellung homöopathischer Potenzen (Comparative study of manual and machine mechanical agitation in the manufacture of Homoeopathic potencies)
DOMAN M., STRUBE J.(AHZ,24,3/1995)

Serial dilution and shaking are indispensable operations for the production of homoeopathic medicines. It is not possible to manually succus (shake) beyond 10 litres if parallel operations are to be avoided. At this stage mechanical succussion machines have to be employed. It was possible to compare the quantitative-technical parameters and manual succussion, with the help of a new succussion machine. The quantitative data on the acceleration of the shaken vessel and the pressure within the vessel during the process of succussion could be published. It can be demonstrated that basically the mechanical shaking process conforms to the manual shaking process.

2. Kommentar zur Veröffentlichung: DOMAN, M.; STRUBE, J.: Vergleichende Untersuchungen des manuellen und maschinen Verschüttelns bei der Herstellung homöopathischer Potenzen (Commentary on the publication of DOMAN and STRUBE)
SCHOPFER H.-J. (AHZ,240,3/1995)

This is a critical commentary on the article cited above. The author is a Pharmacist.

3. Contaminants in Commercial Homoeopathic Medicines - A Spectroscopic Determination
ZACHARIAS Carlos Renato (BHJ,84,2/1995)

Two sets of homoeopathic medicines prepared from *Lycopodium clavatum* (6cH, 12cH and 100cH) and the dynamized water and ethanol mixture used (3cH and 6cH) were analysed using ultraviolet spectroscopy. The aspects for each set of *Lycopodium* and dynamized solvent were similar and differed from that of the inert solvent. The two sets of dynamized medicines nevertheless showed significant differences. These results suggest the possible introduction of contaminants during the dynamization process, the effects of which on clinical results are considered.

4. On the Occurrence and Availability of Medicinal Plants used in Homoeopathy GUPTA H.C.
(CCRH,17,1&2/1995)

Approximately 350 out of the many plants used in Homoeopathy, are grown in India; some cultivated but most in their wild state. The author points out wrong identification of some of these herbs, viz. *Artemisia vulgaris* L., *Phyllanthus neruri*, *Ashoka* plants and *Ruta graveolens*. There seems to be no Government control over the cultivation and supply of genuine herbs, in India. However, recently the Government of India have allotted money for the cultivation of certain herbs.

5. Antihæmorrhagic Activity of Homoeopathic Drug ***Symplocos racemosa*** Φ - An Experimental Approach
 RASTOGI D.P., NAG PAUL V.M., SUNDARAM E.N., KUMAR Sunil (CCRH,17,1&2/1995)

Symplocos racemosa is not a drug listed in the Homoeopathic Pharmacopœia. This drug was examined and albino rabbits were used in the research. The results showed that the drug possesses anti-hæmorrhagic property at micro- doses.

6. Indian Medicinal Plants for the Homoeopathic treatment of various Skin ailments
 RASTOGI D.P., GUPTA H.C., RAJAN S., KUMAR Sunil (CCRH,17,1&2/1995)

Nearly 70% of the remedies in Homoeopathy come from plants. The present study comprises of 81 species under 79 genera and 49 families which are used for various skin disorders in homoeopathic system of medicine. A list of these medicines is given in their alphabetical order with their valid names, family, common name, part used and distribution. An attempt has been made to indicate the specific symptoms pertaining to skin against each plant. The aim of this article is to present a consolidated spectrum of indigenous and exotic plants with their specific part used for treatment of various skin ailments through Homoeopathy.

7. Standardisation of Homoeopathic Drugs: A Pharmaceutical Perspective
 SINGH D.M. (CCRH,17,1&2/1995)

Therapeutic efficiency depends upon the quality of the medicine used. The medicine must be pure and prepared strictly in accordance with the laid down methods and thus quality maintained. The medicine should conform to standard. Standardisation is a necessity. The article discusses these.

8. Role of Endocrinology and Corelatory Para- meters for Screening of Homoeopathic Drugs
 SUNDARAM E.N.(CCRH,17,1&2/1995)

Experiments are being conducted on laboratory animals (i.e.rabbits, albino mice and albino rats) to evaluate the drugs therapeutic potentiality and consequential influence on various endocrine glands and their hormonal secretions at the Homoeopathic Drug Research Institute, Lucknow. The parameters for screening of homoeopathic drugs: Histological studies, Histochemical studies, Histopathological studies, Hormonal assay, Hypoglycaemic studies.

9. ***Aloe*** in re-establishing Physiological Equilibrium as Anti -Inflammatory and I mmunomodulator
 VARMA P.N. & VAID Indu (HUD,3,4/1995)

After discussing the anti-inflammatory activity and immuno -modulating activity of *Aloe* the author says that Homoeopathy may like to evaluate the drug for the above activities; initial finding with 3x have given encouraging results.

10. ***Stillingia*** - A Potent Carcinogenic
 VARMA P.N. & VAID Indu (HUD,3,5/1995)

Stillingia sylvatica and *Hippomane mancinella* have been considered potentially carcinogenic. while *Hippomane mancinella* is not used in form of mother tincture *Stillingia sylvatica* is. A caution is given that *Stillingia* should not be prescribed in potencies below 4x. The authors refer to "recent studies conducted by P.Zahn M. Nonfan and E.Hacker conducted by Deutsches Krebsforschungszentrum, Research Program" which revealed the cancerogenic properties of these drugs.

11. How far Gold is good for Heart
VARMA P.N. & VAID Indu (HUD,3,6/1995)

This is a brief survey of the Gold salts and their relation to heart diseases. Gold salts are nephrotoxic. 15% of patients may suffer Erythema, Stomatitis, Gastritis, Colitis, Vaginitis, Glossitis after prolonged treatment.

12. Homoeopathy and Medical Alchemy WHITNEY Jerome (HOM,57/1995)

The author briefly recapitulates or origin, growth, the persecution, and the regeneration, of Alchemy over the past five to six centuries. Robin MURPHY's two day seminar titled **Homoeopathy & Medical Alchemy** sponsored by **Homoeopathy for a Change**, is discussed. The question is raised: "Why were the ancients able to use herbal tinctures for such a wide range of illness with genuine results when we today are unable to reproduce their results?" and the answer is "The limitation in our modes of selection and preparation". As a consequence the current investigation and application of Spagyric tinctures in Homoeopathy is spawning renewed interest in the highly sophisticated techniques which have been collecting archaeological dust in the rare book collections of museums and university libraries.

A Spagyric tincture is made not only from the liquid essence from a herbal substance immersed in alcohol for a period of seven or more days, but also the ash of the burned pulp with which it is recombined. In the making of wine, herbal, and Homoeopathic tinctures we normally throwaway the residue pulp after siphoning off the solvent into which has dissolved the soluble substance of the plant. The ancients, however, used the whole of whatever part of the plant they were transforming into a medicine.

A herb or plant that is being prepared as a Spagyric tincture is picked not only in regard to environment and vitality of external characteristics but also in regard to the day, time, and moon phase. In other words the timing is critical in order to achieve maximum energetic activity of the Vital Force of the plant. The Spagyric tincture may be used as a remedy as such, or used to make LM potencies or can be run up on the centesimal scale of homoeopathic potencies. Robin MURPHY has found the Spagyric tinctures are more deep acting for a wider range of symptoms than are the standard homoeopathic and herbal tinctures made from the same source.

13. Some Observations on the Behaviour and Pharmacology of Snakes and their Venoms WALKER Elaine (HOM,57/1995)

All the snakes that have been proved homoeopathically so far are venomous, front-fanged snakes, known as the Proteroglyphs and the Solenoglyphs. They come from four sub-families: (i) Elapidae (*Naja tripudians*, *Elaps corallinus*, *Bungarus fasciatus*); (ii) Hydrophidae (*Hydrophis cyanocinctus*); (iii) Crotalidae (*Cenchrus contortrix*, *Toxicophis*, *Bothrops lanceolatus*, *Crotalus cascavella*, *Crotalus horridus*, *Lachesis mutus*); (iv) Viperidae (*Vipera aspis*, *Vipera*, *Vipera lachesis tel*, *Vipera redi*, *Vipera berus*, *Clotho arictans*).

The Mythology, the reality, pharmacological data, observations form the rest of this interesting article.

Some false ideas in the minds of most of us are cleared: for example that snakes are "cold-blooded". This is a misleading term, a snake basking in the sun can become very warm-blooded. In fact the temperature of a snake's body is the same as the temperature of its environment, with the result that the snake will become inactive in very hot or very cold weather. Prey is swallowed whole, so the lower jaw is separate from the skull, and the ribs are not joined in the lower side of the body; in order to open out to let the food pass. Snakes are super-sensitive to their bodily contact to the ground.

14. Homoeopathic Pharmacy in Israel MAYO Alexander (HT,15,4/1995)

An article in the February 14 Jerusalem Post announced that the Health Ministry will prepare a list of ready-made homoeopathic medicines that may be imported or manufactured there under ministry supervision and quality control. Some 2 million dollars in homoeopathic drugs are sold each year and as a result of the Ministry's new policy this market will quintuple. The Pharmacists welcome this move by the Government.

VII. RESEARCH

1. Control of subclinical bovine mastitis - utilization of a Homoeopathic combination SEARCY R. REYES O. 1 QUAJARDO G. (BHJ,84,2/1995)

Please see Chapter Veterinary in this issue.

2. Effect of trituration on thermal degradation of lactose using thermogravimetric analysis SURANA Vidhi, SHUKLA Richa, JAIN G.L., GUPTA V.K. (BHJ,84,2/1995)

The effect of trituration on thermal degradation of lactose (sugar of milk) was studied using a thermogravimetric analyser. A correlation between the use of degradation with increased potency observed upto 600°C suggests that the vehicle plays an important role in the bioavailability of the drug. Comparison was also made between machine and hand triturated lactose. For lower potencies (upto the 2x) machine triturated lactose was found to degrade faster than hand triturated lactose, whereas a higher potencies hand triturated lactose showed faster degradation as compared to machine triturated lactose.

(Please see Chapter Pharmacology in this issue regarding comparative study of manual and machine succussions in the manufacture of homoeopathic potencies).

3. Mechanism of action of Homoeopathic medicines - Recent findings and hypothesis I: Biological mechanisms POITEVIN Bernard (BHJ,84,2/1995)

Pioneering experiments have been and still are being carried out in France. The famous BENVENISTE research is too well-known.

POITEVIN discusses in this article under the following heads: Homoeopathy and "terrain" (the translator of this article from the French into English says that there is no equivalent word in English to the French concept of "terrain"); Homoeopathy as a regulatory therapy; Sites of action of Homoeopathic medicines; Subjectivity; Philosophical background; The holographic paradigm; Conclusion and perspectives for the future.

The author concludes that research into the action mechanism of high dilutions of homoeopathic medicines as well as research into the origins of the "holistic" action of Homoeopathy have direct relevance to the daily practice of Homoeopathy. The progress achieved in these two areas will contribute to better use of the medicines and a better understanding of Homoeopathy by the medical and scientific community. One of the main challenges of Homoeopathy today, says POITEVIN, lies in its capacity to develop harmoniously along 2 lines of force:

The line extending from its hippocratic origins towards the psychosomatic dimension of this medical discipline.

The line relating to its pharmacological aspect, descending from the works of HAHNNEMANN.

4. What conclusions should we draw from the Data? - External validity in Homoeopathic research. VICKERS Andrew (BHJ,84,2/1995)

Critical appraisal of a scientific trial involves deciding on its internal validity--whether the hypothesis has been correctly accepted or rejected--and its external validity--the extent to which the trial's findings can be generalized. Discourse on homoeopathic research has focused on the former at the expense of the latter and as analysis of homoeopathic research demonstrates that it has low external validity. One solution would be to split the research process in *two*. Large scale, triple - blind trials could be used to determine the extent to which the action of Homoeopathy may be explained by placebo. Importantly, no assessment of external validity would be made. Audit and cohort studies

could then be used to examine questions usually associated with external validity, such as the conditions most suitable for treatment and the long-term clinical value of Homoeopathy.

5. The Question of Research DELINICK Dr.Alexandra N. (EJH,1,2/1995)

The author refers to the proposal of George VITHOULKAS on world research in Homoeopathy that an international research committee should be set up. Contributions for research from different companies or individuals worldwide should be sent to this committee. Applicants for funds should submit their proposals to this committee. The committee would then decide who should receive grants.

In this way several benefits would be reaped for Homoeopathy:

- a) The pharmaceutical companies will not be accused of promoting their own products or interests, etc.
- b) The research committee members will best be suited to know if a project is good or not good enough to go ahead with it.
- c) The research carried out will be more objective as the individual researchers will not be directly bound to their financial source and thus will not be obliged to them.

6. Energy Medicine and the Unifying Concept of Information
RUBIK Beverly (EJH,1,2/1995)

This article is from the **Journal of Alternative Therapies in Health and Medicine**, March 1995, Vol.1, No.1. The author is-Director of the Centre for Frontier Sciences at Temple University in Philadelphia, Pennsylvania. She is also editor of the journal **Frontier Perspectives**. The Centre was established in 1987 to coordinate and promote the exchange and networking of information, on frontier issues in Science, Medicine and Technology.

Molecular theory falls short in attempts to explain how Homoeopathy works in terms of infinitesimal dilutions of a solute. However, an analysis of the nature of the solvent, usually a polar substance, might be more fruitful. The homoeopathic signal could involve a coherent excitation in the polar solvent carrier (eg. water, sugar, ethanol) that is produced during the succussion process.

7. The use of Alternative Medicine in Children - A Paediatric Descriptive Survey
SPIGELBLATT L., LAINE-AMMARA, PLESS B., GUYVER A. (EJH,1,2/1995)

This article is also from the **Journal of Alternative Therapies in Health and Medicine** March 1995, Vol.1, No.1.

The use of alternative medicine in treating common paediatric conditions can no longer be overlooked. Studies reveal that more and more parents in Canada, England and the USA choose alternative therapies for their children.

8. Preventive Role of *Euphrasia* in Conjunctivitis Epidemic - A Single Blind Study
MOHAN G.R. (HUD,3,4/1995)

A group of 600 volunteers were given *Euphrasia* and a control group placebo during an epidemic of Conjunctivitis in Hyderabad in 1988. *Euphrasia* 30 one dose daily for 3 days was given. The study revealed that *Euphrasia* was statistically successful in preventing conjunctivitis.

9. Primary Complex: Promise and Prospects of Homoeopathic Treatment
GUPTA Girish ,(HUD,3,6/1995)

A study of 1000 children in the age of 1-12 years who received homoeopathic treatment for "Primary Complex". The pilot study lasted eight

years and the results were positive and encouraging. Every case after 3 to 12 months homoeopathic treatment exhibited marked over-all improvement.

VIII. EDUCATION

1. The Issue of Education VITHOULKAS G. (EJH,1,2/1995)

In this Editorial VITHOULKAS writes "The problem of education in classical Homoeopathy is a global one, and day by day it becomes more pressing and urgent. Conscientious students are seeking places of study while less conscientious ones are risking the chance of practising without any previous study. Both these groups eventually adopt the title of "homoeopath" and so the patients cannot differentiate between them". He speaks of teachers who mislead and in the name of Homoeopathy teach a mongrel Homoeopathy. There are short, condensed courses and there are so serious ones that teach that you study a case for an year or two before prescribing: In this confusing scenario some responsible persons have taken action to enforce a general programme and standardisation of the teaching/education. Classical Homoeopathy has certainly come a long way in the last three or four decades. In this connection the International Academy of Classical Homoeopathy in Alonissos (Greece) has been opened to do pioneering work.

IX. HISTORY

1. The Father of American Homoeopathy BEDAYN G. (AH,111994)

The father of American Homoeopathy is Constantine HERING. **The "American Homoeopath"(AH)** a new journal (annual) has come into the growing Homoeopathic journals world from 1994. The journal is published by the North American Society of Homoeopaths. In this article glimpses of HERING are provided. Some interesting anecdotes are provided besides the well-known incidents in the life of HERING. HERING taught without distinction of race, color, etc. and it is said that he "was teacher to all who came to him. He was supportive of the abolitionist cause, offering medical training at his home to many black students who were denied admission to medical schools".

2. Homoeopathy in Albania REOSCH Patricia (HL,8,211995)

A small group of homoeopaths from Switzerland and Germany have been making efforts to introduce Homoeopathy in Albania. This art of healing was unknown in Albania until 1993! The author learnt Albanian language and one year later went to Albania and began working in the Polyclinic in Tirana. She participated later in TV and Homoeopathy was introduced in this way to the Albanian public. Followed by interviews in newspapers. A seminar was held in 1994. There is much enthusiasm among the Albanian physicians to learn Homoeopathy. To date the expenses have been borne by the author and her group. Now financial support is called for.

X. GENERAL

1. Diving into the Deep BEDAYN Greg (AH,1/1994)

The American Homoeopath (AH) a new annual homoeopathic journal has come out with its first issue during 1994. There are a number of "interviews" with leading homoeopaths world-over.

This article is an interview of the senior-most amongst the homoeopaths, Dr. Edward C.WHITMONT who is now 84 year-old. The interview reveals Dr. WHITMONT's life in brief and his work, his great interest in music. We learn that he was leftist in the student movements and later he narrowly escaped the "Gestapo" while he emigrated to the USA; that he was to have become a great composer and conductor but however he studied Medicine and became a doctor. He came to Homoeopathy after observing the anthroposophist physician Karl KOENIG in Vienna. He saw Karl KOENIG heal quickly a fractured femur with *Calcarea phosphorica* 6x. Dr.WHITMONT says that he has not prescribed any allopathic medicine after he left medical school. He became interested in Psychology and learnt Psychotherapy, later studied with the famous Carl JUNG. His interest in Depth Psychology increased and he used Psychotherapy and Homoeopathy according to the case. He says that while he was very much influenced by JUNG he was not a "jungian", not a purist in that tradition.

Psychology and Homoeopathy are mutually complementary and eventually and hopefully destined to become an interacting approach.

To the question by the interviewer "What do you see in the future for Homoeopathy?" Dr.WHITMONT has this to say: "In my heart I believe Homoeopathy will never be the dominant Medicine. It is too difficult for the average physician to master. Our schools do not train imagination and intuition. If anything, they discourage it. I believe Homoeopathy, like all genuine healing, is a privilege that will always be available to the few only. Homoeopathy is really very esoteric, and in this sense life is not democratic. I believe it will come out of its hole of discontent, but I am afraid that its quality may deteriorate again. I think we are approaching the quality of what they saw during the Golden Age of Homoeopathy, but I am concerned about the shadow side, the bad practitioners. The question is, 'What kind of Homoeopathy?' In the health stores today there are combination remedies for Asthma, for PMS and so on. This is not a good trend. But honestly, I cannot say what will happen to Homoeopathy. I am not a prophet nor the son of a prophet!"

2. Rajan
BEDAYN Greg (AH,111994)

This is an interview with Dr.Rajan SANKARAN. Interest in Dr.Rajan SANKARAN's "insights" has spread like "wildfire" and has in fact revolutionized. While Dr. WHITMONT is the oldest we may say that Dr. Rajan SANKARAN is the youngest. Dr. Rajan says how he came to the idea that disease is a "delusion" and "awareness" is healing. He speaks of his provings, mass-provings, his writing of the books **The Spirit of Homoeopathy**, **The Substance of Homoeopathy** and his third book yet to come on Group consciousness. Dr. Rajan has already proved *Lac defloratum*, *Lac capricum*, *Lac lionium*, *Lac felinum*, *Black mamba*, and *Coca cola*. Dr. Rajan speaks with feeling about his teachers and especially about the late Dr.KONZLI. He loves music especially Hindustani vocal.

Dr.Rajan speaks of a dream he had recently - "I had a dream some time back. I was in a monastery, and inside there was a lamp which was said to have been burning continuously since the time of the Buddha. I found the lamp unprotected from the wind and, moreover, the monks had not put enough oil in it. I tried to protect the lamp and put in some oil, but the flame died. Dr.KONZLI was with me when this happened and, when I relit the lamp, he insisted that I tell the monks what had happened. This I did, and they protested--they were not willing to accept the lamp now. I said, "The lamp is the same, the wick is the same--and a flame is a flame. If it gives you light, use it. "I had this dream soon after KONZLI's death".

3. I have been accused of being conscientious about Trifles
BEDAYN Greg (AH,111994)

This is an interview with Roger van ZANDVOORT the creator of the **Complete Repertory** which may be considered as an improvement of the **Synthesis** of Frederic SCHROYENS.

ZANDVOORT explains how he came to Homoeopathy and his compilations. He was a herbalist and then came to Homoeopathy. He speaks of his collaboration with David Kent WARKENTIN the creator of **Mac Repertory**, the help of Andre SAINÉ, Julian WINSTON, the material available in the Pierre SCHMIDT library and his future works.

4. Somehow I absorb details BEDAYN Greg (AH,111994)

This is an interview with Julian WINSTON. Julian WINSTON has been one of the most influential promoters of Homoeopathy in the US for the past decade. He is a great historian of Homoeopathy and may easily be considered as the authority on the subject. He is a highly gifted banjo player and pedestal guitarist.

How did he come to Homoeopathy? Julian reveals that he met one Countess Catherine WIELOPOLSKA who introduced him to Dr.Raymond SEIDEI, MD, a 1935 graduate of the Hahnemann College and a pupil of Calvin KNERR; his chronic complaint of 6 years was cleared and this turned him on to things homoeopathic. WINSTON was on the board of directors of the National Centre for Homoeopathy, USA. WINSTON is a great collector of things homoeopathic.

5. Doing Nothing, with Jeremy SHERR BILES Beth & BEDAYN Greg (AH,11/1994)

This interview is with Jeremy SHERR. Jeremy is well known for teaching Philosophy. Born the grandson of the head Rabbi of Rhodesia, having lived in Africa, Israel, and Britain, being multi-lingual and master of the American blues harmonica, Jeremy SHERR comes from an eclectic cultural heritage. He has published quite a few provings - *Scorpion, Chocolate, Hydrogen*, amongst them. He has founded the Dynamis School, England. He studied with VITHOULKAS, Vassilis GHEGAS, Roger MORRISON. He recalls that his study of Philosophy with Joseph REEVES of Israel made a "big change" for him. He says that he gets constant feedbacks from his students and that is his learning experience. "I see myself as a fortunate bee. You know how a bee goes from flower to flower and pollinates, and it gets the nectar. I get the nectar from my students, then I pollinate and fertilize, then more nectar". Jeremy says that over the years he has loosened a bit from being dogmatic. He says "Another problem is that a lot of Homoeopaths base all their prescriptions on the mind these days. The mind is the most wonderful, interesting part in the human being, the most fascinating part, but also the trickiest Part-1 often say, "the Mind section is a minefield -tread carefully!" That's where people go wrong, especially students, because they want to do the fancy footwork, but it's so difficult. One has to play scales for many years before the jam session. You take **Envy** and it might be **Jealousy**, you take **Selfish**, it might be **Egotistic**, you take **Indifference to children**, it might be **Aversion to family**. If you look at the Mind section of the repertory, or the Delusion section, you don't even find all the remedies there, not a quarter of them. So you're immediately at a disadvantage. KENT started most of his lectures on Materia Medica with the Generals, then he goes to the Mentals. When you start in on the Generals, you know you're on firm footing".

SHERR speaks of further provings and collection of toxicological symptoms of many remedies that are already there. He also talks of the minimum standard for a new entry in the repertory. Jeremy SHERR is inspiring.

6. Application and utility of Bio-Statistics in Homoeopathy
KUMAR Sunil
(CCRH, 17, 1&2/1995)

Statistical studies afford comparisons and evaluation. In Medicine it helps reach conclusions, and in Homoeopathy too statistics are necessary.

7. Conferences sur la Theorie et la Pratique de l'homoeopathique- R.E.DUDGEON (Lectures on the theory and practice of Homoeopathy - R.E.DUDGEON)
MABILON Dr.Jean-Lue (CGH,32,1/1995)

Dr.DUDGEON is the translator (German to English) of the fundamental books on Homoeopathy - **Organon, Materia Medica Pura**, amongst others. His book "Lectures on the Theory and Practice of Homoeopathy" is well known. This article is an appreciation of this work.

8. Working and Living with AIDS and HIV BAKER Avril, FOX Karen, deGROOT Christine and HONAN Natasha (HL,8,2/1995)

During the last 10 years or so AIDS has surpassed even Cancer in its ability to generate fear and hopelessness. The predominant view is that a positive HIV antibody test leads inexorably towards AIDS and death. Accompanying this "prognosis" are the embellishments, explanations and attributions of guilt devised and promoted by the media. For someone new diagnosed as HIV positive this guarantees a terrifying entry into a world of tests and examinations, drug trials and life-long medical surveillance. A wealth of information and misinformation is available to paint a grim picture of the future. Many people who are HIV positive are without symptoms and yet the diagnosis itself - with all its acquired meaning may immediately place them in an immuno-suppressive situation.

Mike STRANGE, one of the British homoeo - paths with a large HIV and AIDS caseload, believes that homoeopathic treatment is most beneficial when combined with a detoxification diet, counselling and some form of spiritual development.

The authors narrate three cases to show what and how much Homoeopathy can do in these patients. A very interesting article.

9. How Homoeopathic Medicines Act: Mystery Explained
KANSAL Kamal (HUD,3,4/1995)

This is a hypothesis of what happens when the homoeopathic potentized medicine is put on the tongue. Two cases are cited in support of the hypothesis.

10. The Challenge of Reflective Practice FORDHAM Bob (HOM,56/1995)

"It has been argued very forcefully that all professional activity takes this form: relatively little is settled and final and subject to formulae and absolute answers much is uncertain and unpredictable. Understanding the nature of our theory and our practice this way will not diminish debate, dissent and discussion. It would see these processes as essential, a healthy expression of genuine reflection. It would, however, suggest that we adopt particular approaches to the presentation and discussion of our theories. It will be necessary to articulate clearly our own rationales for practice and, crucially, to locate these in our data. Both the data and the constructs derived from them need to be exposed to scrutiny. It is not sufficient to describe practical decisions as if they proceed from "apriori" conditions."

The author discusses in brief "reflective practice".

11. HAHNEMANN as Scientist MORRELL Peter (HOM,57/1995)

This article concerns itself with the extent to which HAHNEMANN was scientific. If we define science in its broadest sense as the desire to break things down, scrutinise and analyse, then we can easily see that the 18th century was a very scientific century and in no subject more so than in Chemistry. But was HAHNEMANN scientific?

The period, 17th and 18th century discoveries in sciences particularly Chemistry - HAHNEMANN himself was very good in Chemistry - is traced and the discovery of the Law of Similars, the Provings, etc. are cited; in the sense that HAHNEMANN was analytical, he was scientific.

12. Foredrag om homeopati - behover vi marknadsfora oss? (Talks on Homoeopathy - Do we need to market ourselves? (Swedish)
LUNDBORG Annette (HLK,4,2/1995)

Less than 5% of the Swedish people know what Homoeopathy is. Annette LUNDBORG suggests that Swedish homoeopaths need to improve this situation and market themselves by giving talks on Homoeopathy to the general public. She has produced a compendium of a 45-minute talk complete with overhead transparencies, which is available on mail order.

13. Cancer and Homoeopathy KULKARNI Arvind (HTIMES,2,2/1995)

In the opinion of the author Homoeopathy alone cannot treat Cancers successfully. Of course Allopathy too does not succeed in all cases; but if Homoeopathy (or Ayurveda) is "supplemented" to Allopathy, then it helps more cases of Cancer. The author has written about his experiences in the use of Homoeopathy along with conservative treatment. Being an Oncologist of 30 years experience, he is quite clear and open-minded in his opinion that Homoeopathy can be used as a supplemental therapy to improve the results and compliance with currently available modern medical methods such as surgery, radiotherapy and chemotherapy.

14. The Story of my Conversion MISTRY D.E.(HTIMES,2,2/1995)

Dr.MISTRY, a Surgeon, speaks of his "conversion" to Homoeopathy. Since this conversion he practises exclusively Homoeopathy and to this day has "no regrets for the change over to this wonderful system of healing". Let all "doubting Toms" take note.

XI. BOOKS

1. **Lehrbuch der Homöopathie, Bd.I. Grundlagen und Anwendung (Textbook of Homoeopathy, Vol.I, Principles and Practice), von G.KOHLER, 6. vollig neu bearb. Aufl., 222, geb., Hippokrates Verlag, Stuttgart 1994, DM 80 -(German).**
2. **Lehrbuch der Homöopathie Bd.II. Praktische Hinweise zur Arzneiwahl. (Textbook of Homoeopathy, Practical hints for selection of remedy), 3., durchg. Aufl., 460 S. geb., Hippokrates Verlag, Stuttgart, DM 114 - (German) both review by GEBHARDT (AHZ,240,3/1995): ".....The books are on the top of text books and should not be missed as standard homoeopathic books and should have a place in every homoeopath's library".**
3. **Hahnemann und die Cholera (Hahnemann and Cholera) von SCHEIBLE, K.-F. 95 S., kart. Karl F.Haug Verlag, Heidelberg 1994, DM 32,50 -(German). review by APPELL (AHZ,240,3/1995):**

A critical study of HAHNEMANN and the Cholera epidemic in 1830-1836. SCHEIBLE paints out that Camphor was and is a homoeopathically indicated but antipathically acting medicine. In this, rigid homoeopathic principles do not succeed, as HAHNEMANN's experience showed and as different statistics mentioned by SCHEIBLE verify....."

4. **symptomen Verzeichnis (symptom-Index) von STAUFFER, K. 10 unverand. Aufl., 574 s., geb., Johannes sonntag Verlags- Buchhandlung. stuttgart 1994, DM104, (German) review by GEBHARDT (AHZ,240,3/1995)**

"The quality of STAUFFER's Symptomen- Verzeichnis is evidenced by the fact that it has now come in its 10th edition..... "

5. **The Dynamics and Methodology of Homoeopathic Provings, by Jeremy SHERR, Dynamis Books, West Malvern, England, Paperback 136 pages, £14, review by Julian WINSTON (HOM,56,1995)**

*"The study of provings is the study of Homoeopathy....."What constitutes a drug proving?..... What we need are good directions for the controlled research procedure. And that is lat Jeremy SHERR has given us. In the last few years he has treated us to provings of *Scorpion*, *Hydrogen*, and *Chocolate*. Soon he will share his recently completed provings of *Brassica*, *Germanium*, *Adamas*, and *Neon*.....I trust that this magnificent (and much needed) work of Jeremy's will give us, and the world, many great gifts".*

6. **Samuel Hahnemann, Organon of Medicine, with explanation, by Joseph REEVES, 1994 559 pages. Homeopress Ltd. 7 Ekron Street, Haifa 33281, Israel. review by Elaine WALKER (HOM,56/1995)**

*"At first sight this is an imposing volume, a dense tome bound in red leather with an equally weighty price tag. This is an earnest title by a renowned author, and as such will attract students, **Organon** scholars and teachers The main body of the book, **REEVES'** "Explanation of the **Organon**" is bafflingly presented with no explanation of the bizarre format. However, it is worth battling through this obfuscation to the insights on the other side According to the publishers, a multitude of potentially crucial errors were found and there is certainly space in a book of this magnitude for an exposition of these errors and their corrections. Sadly, however, only a few are listed. This book is potentially a useful reference for both teachers and students".*

7. **Homoeoprophylaxis - A Practical and Philosophical Review by Isacc GOLDEN, published by Aurum Pty, Victoria, Australia, paperback 27 pages, review by Felicity LEE (HOM,56/1995)**

".....the author certainly achieved his aim of stimulating debate because I soon found I wanted to talk it over with colleagues. I hope that the energy generated by discussion arising from this booklet can be put to positive use "

8. *Carcinosinum* - New and Confirmed Clinical Symptoms - A case collection, by Karl- Josef MULLER, 1994, 53pp. soft cover, DM20. review by John KIDSON (HOM,57/1995)

Carcinosin is such an important remedy that the more we know about it and the wider that knowledge is disseminated the better. It was developed after many of our most important textbooks, in particular KENT's Repertory, were produced and without proper provings. MOLLER's book is a useful contribution to our knowledge and understanding of this remedy. The remainder of the book consists of nine cases. The first eight are *Carcinosin* cases. These cover a good range of patients and complaints, though most of them are children. They are clearly set out and illustrate various aspects of his theme of over adaptation suppression and domination by parents. MOLLER gives a clear summary of new and confirmed symptoms after each case and brings them all together, with references, at the end of the book. The symptoms are given in the form of rubrics as in the Synthetic Repertory making them easy to add to other repertories. In several cases he has increased the grade of confirmed symptoms. One of the most striking of his new symptoms is "homesickness" in a child when the mother is away from home. On the whole, though, this book is a valuable contribution to our knowledge and understanding of a very important remedy".

9. **Emotional Healing with Homoeopathy: A Self-Help Manual**, by Peter CHAPPELL, Element Books, 1994, £8.99, review by Sohani GONZALIES (HOM,56/1995)

Peter CHAPPELL has written this book ostensibly for the lay reader, but as a practising homoeopath I found it thoroughly stimulating and illuminating. I believe it will be very helpful in opening door to territory that even experienced homoeopathic practitioners may not be aware of or afraid to approach.The book is written as a result of his personal experience through many years of practice and observation.Personally I found this to be one of the most absorbing and lucid books written on Homoeopathy. Peter CHAPPELL shows a sensitivity and deep understanding of the human condition revealed for the Homoeopathic disciple....."

XII. NEWS & NOTES

1. **Report on the 145th Anniversary of the Deutschen Zentralvereins Homöopathischer Ärzte e.V. in Kiel 12-14 May 1994** (AHZ,240,3/1995)

Some extracts: The subject was homoeopathic treatment of mental diseases in various stages of life. Anton DRAHNE pointed out that it was not sufficient to know the patient in his psycho-physical composition and not losing the view that disease in Homoeopathy is to bring about a psychosomatic healing. For this healing process and aim for a totality the world around us (environment) and the times we live in, as physicians, are all relevant. On the other hand is the destruction of the environment and natural resources ultimately leading to self-destruction of humans. Homoeopathy cannot ignore this since many remedies come from the natural environment around which is threatened.

Anneli ALBRECHT recalled that the idea of Dynamis in Homoeopathy is a contribution to the refinement of science. HAHNEMANN changed the title of his book from "**Organon of Rational Medicine**" to "**Organon of Medicine**".

Claus JUST of Erlangen spoke of the "Canon of similarity" - §26 of the **Organon**. He laid stress on it that the similarity must be of another quality - the permanent removal of a weaker dynamic affection which is the claim for a radical healing.

The scientific programme was opened by Frank ORTMANN, who filled in the gap in HAHNEMANN's role in medical history. He said that in 1790 WAGNITZ had opened a hospital in Weimar which is not far from Georgenthal, for the mentally ill.

Reiner APPELL's lecture was on the Return of the Suppressed in Homoeopathy and Psychoanalysis.

Thomas von GRUDZI NSKI spoke of the connection of central perspective, psychology and antireligion.

Ortrud LINDEMANN said that the moment of birth influences the biography. He pointed out that the birth problems and problems of life till then, family constellation, experiences on the earlier deliveries, also actualisation of the expulsion, all bring their influence. With the help of some cases LINDEMANN showed how essential it was to take into consideration these symptoms for finding the remedy.

A.GUTGE-WICKERT presented a case of Autism with Neurodermatitis.

GAM spoke on the mental sicknesses of youth. She pleaded for a combination of procedures, for a co-existence of different therapeutic procedures. She stressed the importance of constitutional views and listed a large number of medicines which could be considered for differential diagnosis.

Christine MATTHI ESEN spoke on the "therapeutic" suppression of climacteric ailments. With reference to the recommendation of some homoeopaths for pre-and post hormonal replacement therapy, she said that only some can be substituted.

With regard to signature theory and archetype ideas of C.G-JUNG Franz Xavier HIPP discussed the psychodynamics of *Sepia*. HIPP emphasised to comprehend symbolic archetypal models, deeper and fundamental conformities.

Jurgen BECKER, whose provings brought out new insights spoke of the psychic dimension of *Ferrum phosphoricum*. As central factor he considered the polarity of manliness and childishness, complaint of a sudden, unexpected events, the sense of defencelessness and panic. He compared the *Ferrum phosphoricum-situation* with the mentality after bomb attack and he said that he used the medicine often during the Gulf War.

Peter MEYER-KONIG showed graphically what influence homoeopathic treatment will have on the group dynamics in a family.

Manfred von UNGERN -STERNBERG told how he divided his patient's life story into seven-year periods. Problems of sexuality reflects earlier impressions and therefore requires appropriate redressal.

The last and best of the lectures was by Werner BUCHMANN whose deep and wide knowledge born out of a long life full of experience. He spoke on *Calcarea*.

With the investiture of the "Samuel" on Ortrud LINDEMANN the harmonic and content-rich meeting ended.

II. Homoeopathy 1796-1996 - A Medical Science and its History:

A large Homoeopathy Exhibition will be held in the Deutschen Hygiene Museum, Dresden (Germany) in 1996. It will be opened on 16 May 1996. The DZVhA will hold its annual conference 1996 in Dresden so that this exhibition can be availed of by the participants.

The Exhibition will give an impression of the eventful history of Homoeopathy. It will not only put up the medical, scientific aspects but also of the spiritual and social history. The themes will include HAHNEMANN on the cross roads of the late Renaissance, the theory of Natural Laws and the German idealism in the 18th century at the beginning of the delimitation of the "Not-healthy"; Homoeopathy in the 19th century Industrialisation, the anatomisation of the human body, the parting of Psychology from Medicine, in the 20th century the integration with the National socialism and in the recent times the actual counter movement towards mechanical medicine.

Video films, written and spoken texts, the development of Homoeopathy, HAHNEMANN's life and work, the expansion of Homoeopathy in 19th and 20th century, the expansion, professionalisation, the founding of various journals, the chairs instituted, the homoeopathic associations, homoeopathic treatment of animals etc. will be covered. Also the pharmacological

aspects like the procurement and production of the homoeopathic medicines and the development in the light of the progress of chemical industry will also be displayed. Geographical progress, from Germany to the UK, the USA, France, India, Brazil etc. will be detailed. Also the famous personalities connected with Homoeopathy including as patients - Annette von DROSTE- HUOSHOFF, Niccolò PAGANINI, Charles DICKENS, Mahatma GANDHI, Pope PAUL X among others. (AHZ,24O,311995).

III. Call for donations for the HAHNEMANN - House, Kothen: The house in which HAHNEMANN spent his eventful years in Kothen has been purchased by the German Homoeopathic Association and steps have been taken for renovating it (see Chapter News & Notes QHD 11 96). It is proposed to renovate the house and garden as they were during HAHNEMANN's life time; the furniture (the original furniture were in Homoeopathic Policlinic in Leipzig and were burnt down during the bombings in World War II). Therefore the renovation in the same style will cost a lot of money. Generous donations have therefore been called for. (AHZ,24O,311995).

IV. Thomas BLASSIG-JAGER writes (ACD,4,2/ 1995 -Quecksilberverbindungen in Impfstoffen) that the vaccines (immunisation) contain Mercury and the adverse symptoms that come after immunisation indicate Mercury intoxication. Homoeopaths should carefully note the symptoms and could then see the similarity. If the mother had undergone dental amalgam filling during pregnancy the offspring would suffer much more from vaccinations.

V. A conference jointly organized by the British Medical Association (BMA) and the British Medical Informatics Society (BMIS) was held on 1 and 2 December 1994 in London. Dr.Kenneth CALMAN, Chief Medical Officer, gave the key-note speech in which he visualized a paperless consultancy office, exchange of information including video clippings, storage of records and information data, etc. He said that the technology for this electronic wizardry existed.

With reference to Homoeopathy in this scenario Homoeopathy too has implications. Since Homoeopathic centres are geographically distributed, information scattered all over, it would help quick and immediate exchange of ideas, access to fresh knowledge available elsewhere, hold satellite conferences, link countries across the oceans, etc. (BHJ,84,2/1995).

VI. Dr.Barry ROSE, Dean, Faculty of Homoeopathy (British) writes (**Simile**,5,2,1995) that the Faculty has decided to embark upon a programme to introduce Homoeopathy to doctors in areas of the country Where there is little or no tradition of it being used. Consequently it was decided to target specific area for a pilot run of what has become known as the Road Show. If this plot becomes successful the Road Show will visit other areas of the country bringing information about Homoeopathic medicine to as many colleagues as possible.

VII. The Faculty of Homoeopathy held Pharmacy course in 1994. Interest in the Faculty Pharmacy Course has been expressed by colleagues in Australia, South Africa and the Gulf. A further two Schools of Pharmacy have decided to include some exposure to complementary medicine in their undergraduate courses. Only five out of the 16 schools now remain to be convinced!

VIII. Homoeopathy is poised to make considerable progress in South Africa, the antipathy between the medically qualified physicians and non-medically qualified Homoeopaths (NMQPs) having been resolved by recent changes in the law. Homoeopaths can now enjoy full membership of the medical team. They can request medical tests, receive referrals as part of the training programme. To a large extent this has been brought about by the comprehensive training programme for Homoeopaths that exist at the Technikons in Durban and (more recently) in Johannesburg.....

A new UK Homoeopathy Act is on the horizon. Discussions on the registration for NMQP's centre on the establishment of What all parties consider to be an "appropriate training". The Durban model might offer a way forward. (**Simile**,5,2/1995 issued with the BHJ,84,2/1995).

IX. For the first time in United States' history, federal funding is being provided for a clinical study using homoeopathic medicines. Seventy patients with mild traumatic injury will be included on the double blind study. Funding is being provided by the National Institutes of Health Office of Alternative Medicine. (**Simile**,5 , 2/1995 issued with the BHJ,84,2/1995).

X. Dr. Peter MASLIN writes (**Simile**,5,2/1995 issued with BHJ,84,2/1995) regarding non - medically qualified practitioners (NMQPs) of Homoeopathy: "There are advantages and disadvantages in having a full medical training in the practice of Homoeopathy and I would like to see the current position, of medical and non- medical practitioners working side by side, continue. I would like to see both sides acknowledge what the other has to offer, and synthesise their different strengths for the benefit of Homoeopathy and the suffering population. I can see no objection to NMQPs and medical practitioners working together and bringing their different skills. There is plenty of work for all of us, and Homoeopathy will expand faster if doctors and NMQPs work together. It would be a pity if the richness provided by the dialogue between doctors and NMQPs were to be lost because of either local or European legislation".

XI. English Seminar in Alonissos, May 26-30th 1995 - **Advanced Homoeopathy Seminar with George VITHOULKAS**: 57 medical doctors, practitioners and students from England, Ireland, Europe, Australia, the US and Israel gathered for 5 days of brilliant teaching in the new International Academy of Classical Homoeopathy in Alonissos. VITHOULKAS interviewed several cases live, then gave analyses and differential Materia Medica. He explained the reason for each prescription and showed clearly how to interpret the varied cases with respect to direction of cure, when to change a prescription, when you cannot prescribe and how to grade symptoms accurately. Principles from the Organon were explained as regards the place of mental symptoms, the true nature of delusions, how to treat patients on *cortisone*, family dynamics, remedy reaction, the second interview, and how to recognize suppressions and the homoeopathic aggravation, especially with reference to skin conditions. Clear pictures of *Kali silicata*, *Stramonium*, *Zincum*, *Baryta carbonica*, *Onosmodium*, *Causticum*, *Argentum nitricum* and *Belladonna* ~re seen. It was also made clear that once you have the facts (case taking), simple logic will inevitably give correct understanding of the person's situation and the remedy indicated.

XII. **German Seminar 3-8 May 1995**. Report by Dr.Christian KAUF and stephan KELLER: The subject of the Seminar held on the occasion of the opening of the **International Academy of Classical Homoeopathy**, was "Allergies, Asthma and Hayfever". There were 140 participants from Germany, Austria, Greece, Hungary, USA. George VITHOULKAs spoke about the history of the building of the Academy, and later he talked about his vision and the goals he intended to achieve with this new setting. VITHOULKAs began with the discussion of some of the paper cases brought along by his pupils. He gave a complete version of the main remedies for Asthma, with the help of differential diagnosis discussions, constructing them into small Materia Medica for Asthmatic diseases. On the last day the participants had the chance to discuss the seminar in a feed-back paper. The participants suggested that the follow up of the live cases should be sent to the participants later on. The **George VithoukAs Foundation** will provide for the organization of the International Classical Academy for the whole German speaking area. In 1996 there will be a seminar centering on one specific topic from May 11 to May 18 (EJH,1 ,2/ 1995).

XIII. The Norwegian Parliament has now decided and instructed the Government to incorporate alternative medicine mainly Homoeopathy and Acupuncture, into the official health system. They have asked them to investigate how this can be done with the cooperation of the associations involved. This was decided via unanimous vote, meaning that not one parliament member voted against it! (EJH,1 ,2/1995).

XIV. Some interesting "tit-bits" from the EJH,1 ,2/1995, from different sources:

1. The connection between Ovarian Cancer and infertility drugs: A new study has been made showing that the risk of developing ovarian cancer can be doubled or tripled by using the infertility drugs such as *Clomiphene* if taken for more than a year. (From JAMA. 14 Sept. 1995).

2. The Hahnemann Medical College of Philadelphia had numerous followers of SWEDENBORG most notably, Drs. Constantine HERING and Charles RAUE, both of whom lectured on the psychological principles underlying homoeopathic treatment.

3. In New England, the present Boston University School of Medicine was originally founded as a Homoeopathic medical college. Samuel WORCESTER, a graduate of Harvard Medical School, taught courses at Boston University on the homoeopathic treatment of insanity. In addition, the Boston University School of Medicine was closely associated with the Westboro State Hospital, a

local asylum for the treatment of the insane by homoeopathic methods, which was supported by Massachusetts taxpayers. (From the JI.of Alt. Ther.in Health & Med. Mar. 1995, Vol.I,1.)

4. The most common cancer among men is prostate cancer, but Medicine still does not know how to treat it. Screening is not recommended as the harm caused out-weighs the benefits, and successful surgery has yet to be proved. (From JAMA,14 Sep.1994)

XV. In the HL,8,1/1995 Guido MORTELMAN 'Mote on the "dream provings". Drs. Uta SANTOS and Peter KONIG have responded to this article. They explain how to distinguish the "story" of the remedy from the "story" of the prover, and the importance for such an understanding. Dreams are the best way to understand a homoeopathic remedy in its deepest layers. The careful manner in which the "dream provings" have been carried out, the analysis of the contents of the proving, etc. are well explained. The authors also recommend study of Edward WHITMONT's book "**Dreams, a Portal to the Source**" (1992). Until the writing of this letter the writers have done dream provings of *Berberis*, *Rhododendron* and *Convallaria*, the last one together with WHITMONT. These are to come out as a book in 1996. (HL,8,2/1995)

XVI. All of us present in seminars our "successes". While we learn much from these presentations, yet failures are important feedback and maintain good information to carry on. The suggestion is that in all seminars in which "live" cases were done, the participants would be sent a follow-up document about a half year later by the organisers of the seminar. This needs a lot of courage and openness. (Drs. Uta SANTOS and Peter KONIG, in the HL,8,2/1995).

XVII. **Three heretical Theses on the self - evidence of Homoeopathy in our time** (HL,8,21 1995): Dr. Heinrich HUMMER writes about the foibles of us Homoeopaths. The three broad outlines are -

(i) Dogma versus truth-finding (ii) Narcistic megalomania, and (iii) Mistakes and limits within homoeopathic therapy. These three "heresies" are discussed. He concludes "We must always be conscious of the limited influence and sometimes helplessness when "with progression of the suffering the actual depth becomes clear" and caring support of the patient is essentially required".

XVIII. Ingrid HIGH writes (Letter to Editor, HL,8,2/1995) about hinderances to homoeopathic cure. The greatest hinderance according to the 'Miter is *Mercury* and Amalgam, *Mercury* in fillings is a slow poison, also the *Mercury* in the various vaccines (*Mercury* salts are used as anti-bacterial agent in most vaccines) are great hinderance to Homoeopathic medicines' action.

There are also other toxic factors in our environment, dust, house-mites, mould in the air, animals etc.

XIX. Peter KLEIN, writes on behalf of a working Group for the study of MMR-Vaccination Campaign in Switzerland (HL,8,2/1995). The Swiss Government's mass vaccination campaign has the following assumptions:

1. Measles can be eradicated world -wide.
2. Measles vaccine is highly effective; a single vaccination provides most probably life-long protection"
3. Severe side effects are extremely rare.
4. Measles is a dangerous disease; 70 Encephalitis cases per year are expected in Switzerland.
5. The benefit of the vaccination is most evident, refusal is irresponsible"
6. Vaccination is voluntary.

Dr.KLEIN takes up these one by one and discusses. He concludes that the quality of artificial immunisation, and its long term stability, seems to be far less than that provided by natural wild virus immunisation. He also says that the idea of eradication is not factual and advises to stop routine

immunisation of toddlers. In Switzerland there is no urgent and threatening epidemiological situation, but the very consequences of the mass eradication program could produce exactly that kind of threatening scenario.

XX. In a paper in the New England Journal of Medicine on Nov. 24th 1994, (331 :1397-402) it is said that there might be a link between the MMR vaccination and the outbreak of Insulin-Dependent Diabetes Mellitus (IDDM) in Finland. The IDDM increased after a national MMR vaccination programme was launched in 1982. Finland has more than 1500 new cases of IDDM per year. This corresponds to the highest incidence rate in the world.

XXI. Dr.Peter SCHMID, Switzerland writes (HL,8,211995) about homoeopathic prophylaxis against Malaria. "1) There is no such thing as a homoeopathic prophylaxis". 2) Malaria and Malaria tropica in particular, is a serious and often critical disease which can be compared to meningitis. 3) However enriching alternative medicine may be, it must not lead to the proliferation of unchecked and groundless methods and recommendations which nurture false ideas about travellers' safety and which might cause a fatal disease. "Working with Homoeopathy myself, I feel entitled to warn the medical profession and the public against the illusion of a homoeopathic prophylaxis against Malaria".

XXII. In Estavayer-le-Lac, a village on the Lake of Neuchatel in the French-speaking part of Switzerland a project which will be a combine of a Centre for classical Homoeopathy and Dietetics, under the direction of Dr. Francois CHOFFAT, lecturer at the French-speaking Swiss School of Unicist Homoeopathy. It is planned that six assistants at a time will be trained under the supervision of several experienced homoeopaths. The centre will also accommodate seminars for up to 100 participants and provide, to a certain extent, housing and meals for guest speakers.

The inspiration comes from out of the work of Dr.Catherine KOUSMINE (1904-1992). KOUSMINE was a pioneer in what is today called, Ortho-Molecular Medicine. The diet she recommended and tested for over forty years considerably improves the prognosis of degenerative-type diseases (mainly cancers, Multiple Sclerosis, Rheumatoid Polyarthritis and AIDS).

The creation of this centre provides a unique opportunity to participate in the pioneering of an unprecedented venture. (Those interested in learning more about this project may contact: The Centre de Sante Holistic, La Corbiere, Case postale 30, CH-1470 Estavayer-le-Lac.)

XXIII. In the HL,7,411994 and 8, 111995) readers raised the question "Why Cancer after the Simillimum?". Dr.Dario SPINEDI who studied with Dr.Jost KONZLI says that he raised this question with Dr.KONZLI who answered "I have never seen a severe illness like Cancer or Multiple Sclerosis develop after correct long-term Homoeopathic treatment." Dr.SPINEDI says further that after 17 years of practice he too "hardly had seen ever the development of severe illness in cases which were treated with a clear simillimum".

Good homoeopathic treatment means following the rules set by HAHNEMANN, KENT and practised by masters like Pierre SCHMIDT, Jost KONZLI, Horst BARTHEL and others. It also means psychological help as HAHNEMANN mentioned that sorrow and grief may represent as obstacle to cure; perceiving the human in his/her wholeness of body, mind and spirit is inherent to good treatment. If during homoeopathic treatment such diseases like Multiple Sclerosis develop it certainly means the simillimum has not been given. Follow-up after 1-2 years duration is insufficient. If one develops serious illness after one year of homoeopathic treatment it means that the correct remedy had not been prescribed. We should refrain from presenting cases of follow-up after a short time. At least 5 years is necessary. KONZLI's cases had at least 10 years follow-up.

Another writer says that the **Dynamis** cannot be controlled by us. (Therefore in spite of proper Homoeopathic treatment severe illness may develop). Another reason may be failure in proper miasmatic treatment. (HL,8,2/1995)

XXIV. Dr.Henk van HOOTEGEM, Belgium writes in a letter to the Editor of HL,8,2/1995, about the "imitation of Homoeopathy": Dr. van HOOTEGEM says that he is no more a "fundamentalist" of Homoeopathy after 11 years of practice of Homoeopathy and that he has observed patients develop serious pathology despite proper homoeopathic therapy. There are many other factors that can play a role in health and disease; therefore the argument that such a situation

was because of the prescriber overlooking some fact and therefore did not get the simillimum etc. is not correct. Such a philosophy is "reductionist" and it is humiliating for the patient.

two cases are cited in detail, which shows that despite homoeopathic prescribing the patients developed fatal pathology and concludes that (i) the relationship between a homoeopathic remedy and patient is reciprocal; (ii) the homoeopathic remedy influences the psycho-physical state of the patient; (iii) the state of the patient influences the reaction to the remedy; (iv) the person must, in a certain sense be "mature" or "receptive" to react to a Homoeopathic remedy.

XXV. Dr. Dani ella LEMANN of Switzerland presents excerpts from a literature survey regarding Febrile Disease and Tumor. The study reveals that generally Cancer patients have been remarkably free of other diseases (infections, fevers, common colds, etc.)

XXVI. Some quotes from Jeremy SHERR's book "The Dynamics and Methodology of Homoeopathic Proving" by reviewer Julian WINSTON (see Books section), which are very interesting: "Any sensation or phenomenon arising during a proving is but a seed which has always existed within us, a seed that has never before germinated and flowered.....I look forward to doing a proving because I know it is a learning experience without comparison. Sometimes it is great fun, and sometimes it is lousy and one suffers. Either way it is an adventure....."

"It is worth bearing in mind that some homoeopaths are thinking of using a bio-medical model to assess the efficacy of their remedies, while in fact the very model has been found repeatedly to be faulty..... It is hard to see how scientific, empirical trials would be appropriate for use with homoeopathic remedies, and it is certainly difficult to predict the outcome of such tests if they are successful. Is it likely that the medical profession would lay down their prescription pads and become homoeopaths?..... It seems more likely that some remedies would be appropriated by the medical profession (as *Bryonia*, *Rhus tox.*, *Pulsatilla*, and *Apis* were during the late 19th century), possibly producing "half breeds" who practise some Homoeopathy with their allopathy, a compromise that HAHNEMANN railed against as long ago as 1830."

"Another reason that most homoeopaths these days are reluctant to participate in provings is because they are entrenched in their ongoing constitutional treatment. They imagine that the proving interlude will arrest their search for the "holy grail", the simillimum that leads to health and enlightenment. A brief interlude should not hinder their progress, and many have been surprised to find that the proving achieved better results than all their previous treatment! Provings are homoeopathy's gift to the homoeopath, a gift we receive once we embrace the unknown."

"A simillimum is the remedy that produces nothing new (i.e., it is curative) OR the simillimum is the remedy that does not do a proving OR a proving will occur only as a result of a remedy that is not the simillimum". Therefore, many symptoms that patients experience after the administration of a remedy, and are explained as "aggravation, healing crises, return of old symptoms" are, says Jeremy, nothing more than proving symptoms of the (wrong) remedy. (HOM ,56/1995).

XXVII. Louisa May ALCOTT, the authoress of the famous book **Little Women** (which has been filmed) was a lay homoeopath. She was the neighbour of the famous American thinker Ralph Waldo EMERSON who himself was a homoeopath! In the Mid 1800s Homoeopathy was thriving in the USA. In the movie **Little Women** the producers were attempting to put in something from the personal life of Louisa: Many anecdotes have been discovered by enthusiasts of this author, which are of great interest to homoeopaths. (HT,15,3/1995)

XXVIII. After **HomeoNet** and certain other services. now there is an exclusive **e-mail** service (in the USA) for Homoeopathy. Contributions are welcome whether you are a practitioner, patient or just simply interested in the subject.

Similarly PARACELSUS list has been created by AMR'TA (the Alchemical Medical Research and Teaching Association). The primary focus of this list is the clinical practice of natural medicine, alternative therapies and complementary health-care. All schools of medicine and all therapeutic modalities are welcome.

XXIX. In the Editorial of HT,15,4/1995, Julian WINSTON writes of the Media reports that in the US, Attention Deficit Disorder (ADD) among the children is increasing. That it affects 2.5 million

people. Characterized by sudden outbursts, hyperactivity (especially in children), and the ability to be easily distracted, ADD is reported in about 5% of school-age children. The popular sciences and media propagate that there is no known cure. Harris COULTER has put forth a thesis that ADD is as a result of vaccines. Anyway, a look in the Repertory would indicate many rubrics in the Mind section that would seem to be a good starting place: Concentration, difficult; Irritability; Inconstancy; Mood, alternating, etc. etc.

XXX. Julian WINSTON and his wife Gayneith EVANS spoke for about 3 hours in the Homoeopathic Study Group in Alexandria, Virginia in early December 1994. Some excerpts: homoeopathy is not a substitute for Aspirin. It is a different way of thinking with Homoeopathy. One should not get into the habit of taking a Homoeopathic pill for headache, or other day-to-day ailments like the allopathic drugs. It would make one think "I can take this when I have this". This is an allopathic mind-set. Homoeopathy is a way of deeply affecting a person's health and vitality. In a difficult case the prescriber's main concern is to look at the case, and figure out for what to do in a case, usually the answer has to do with the philosophy of homoeopathic case taking and analysis more than it has to do with knowing the *Materia Medica*.

Give only the medicine as required, the least. We are dealing with energy and need to be gentle as the **Organon** says in the beginning. Even in acute cases write down the symptoms, because if the remedy given does not cure, who can look into the symptoms again and examine it for the correct remedy.

In paragraph 9 of the *Organon* HAHNEMANN says "in the healthy person the Vital Force rules with unbounded sway and retains the parts of the organism in vital operation so that our reasoning spirit can freely use this instrument to reach the lofty goal of human existence". The sway is that sometimes you feel well and sometimes you don't but soon again sway to being well, the sway is either side and it is ok. When this doesn't happen and the sway gets stuck somewhere it is illness, like you see a sad movie and keep weeping or feeling sad for days which is "stuckness" instead of feeling sad for a while and returning to the normal state, which is "unbounded" state. There is nothing wrong in getting a cold or fever once in a while but it shouldn't tie one up.

XXXI. Notes from Amy ROTHENBERG's Class at the NCH Summer School in 1993: Out of all the infertility cases examined in the US a whopping 12% of the cases have no known physiological or pathological reason; and no cause is ever determined. Infertility can definitely be a constitutional problem. Some of the remedies frequently used to treat this problem :

Natrum muriaticum: One of the biggest remedies for infertility; the person has experienced a tremendous grief and then shuts down. No physiological reasons (sperm is good in man; woman still ovulating).

Sepia: Long history of birth-control pills. Periods were never right since birth control, abortion, miscarriage, or having first baby: Bearing down sensation, as if everything is falling out, especially during period.

Ignatia: After shock or grief. Periods may actually STOP. Had period with good flow until grief and then it just stops.

Medorrhinum: History of high sexuality, with Gonorrhoea or pelvic scarring. History of many infections.

XXXII. Report on Dr. VIJAYKAR and Dr. Jayesh SHAH Seminar in September 1995 at Bombay. Some Extracts: Dr. VIJAYKAR's case: A married Muslim lady suddenly developed fear that she would cut her throat on looking at knife, attempted to strangle herself with her own hands; Chilly, yet aggravated by sun; Desires sweets and spicy. Her psychic symptoms cleared rapidly under *Hepar sulphuricum* M. However Dr. VIJAYKAR said that the cure is not total until the physical generals also are relieved. Therefore her childhood mental state was considered and *Arsenicum album* (Conscientious; Anxiety for others; Vivacious; Chilly, yet agg. by sun; Desire for sweets and spicy) cured her.

Jayesh SHAH: 29 year-old man looking like a boy who was rather timid, looked girlish (no beard, no hair on chest, girlish in speech). He would resort to "self-destruction" by smoking/drinking, if something goes wrong in his business. Faint-hearted. All anxiety felt in his stomach. Asthma. His father never encouraged him in his childhood even when he did well in school but his younger brother got all the affection. He lamented that his mother was the same. Intensely emotional. His dreams: "There is a race for which I am practising and building myself for many days. And I am sure to win this race. I want so much to win it. I called everybody to watch, specially the parents. The race starts and I stumble on a stone and fall down. My world comes crashing down on me". This patient was given *Aurum metallicum* (pining boys with no go). Improved.

Some observations:

Aurum arsenicicum: Fanatic about a cause. Scarifies on self for a cause but neglects own children and household.

Aurum muriaticum: Selfish, self-centred and morose about his ailment. Loathing of life because of his ailments.

Aurum iodatum: Hasty, hurried, Excitable and changeable.

Aurum sulphuratum: Sacrificing himself for the family. Fear of robbers is marked.

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below.

1. ACD: Archiv fur Homoeopathik, Dynamis-Verlag, AM Vogelherd 18, 46147 OBERHAUSEN, GERMANY.
2. AH: The American Homoeopath, 1550, Houston Road, Lafayette, CA94549, U.S.A.
3. AHZ: Allgemeine Homoeopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1, GERMANY.
4. BHJ: British Homoeopathic Journal, Royal London Homoeopathic Hospital, Great Ormond Street, LONDON, WC in 3HR, U.K.
5. CCRH: CCRH Quarterly Bulletin, 61-65, Institutional Area, D-Block, Janakpuri, NEWDELHI-110 058, INDIA.
6. CGH: Cahiers Groupement Hahnemannien du Docteur Pierre SCHMIDT, Medecine et Hygiene, 78, avenue de la Roseraie, Case 456, CH-1211 GENEVE4, SWITZERLAND.
7. EJJ: European Journal of Classical Homoeopathy, International Academy of Classical Homoeopathy, Alonissos 37005, GREECE.
8. HH: Homoeopathic Heritage, B.Jain Publishers Pvt. Ltd., 1921, Street 10th, Chuna Mandi, Paharganj, Post Box 5775, NEW DELHI-110 055, INDIA.
9. HL: Homoeopathic Links, Homoeopathic Research and Charities, "Dinar", 20, Station Road, Santacruz (W), BOMBAY-400 054, INDIA.
10. HLK: Forum for Homeopatisk Lakekonst, Svenska Akademin for Klasisk Homeopati, Folkungagaten 84 (Ltr) 116 22 STOCKHOLM, SWEDEN.
11. HOM: The Homoeopath, Journal of the Society of Homoeopaths, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
12. HT: Homoeopathy Today, National Center for Homoeopathy, 801, North Fairfax Street, Suite 306, Alexandria, VA 22314, USA.
13. HTIMES: Homoeopathy Times, The Foundation for Homoeopathic Research, 805 Giriraj, Neelkanth Valley, Ghatkopar, MUMBAI-400 077, INDIA.
14. HUD: Homoeopathic Update, B.Jain Publishers Pvt. Ltd., 1921, Chuna Mandi, Street 10th, Paharganj, Post Box 5775, NEW DELHI-110 055, INDIA.
15. IJHM: Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R.Gadkari Marg, Irla, Vile Parle (W), MUMBAI-400 056, INDIA.
16. JAIH: Journal of the American Institute of Homoeopathy, 23200, Edmonds Way, #A, Edmonds, WA 98026, USA.

PART - II

1. Some Extemporaneous Comments on *Sulphur* by Prof. J.T.KENT
(The American Homeopath Vol. 111994)

This excerpt from an article in *The Homoeopathic Physician*, April 1885, is part of our "Golden Age of Homoeopathy Project". This obscure journal entry and many others (50,000 pages) came to us from the Collection of Andre SAINÉ, ND. Andre's relentless research in various libraries resulted in a collection of the most reliable literature of the period beginning 1825 with Homoeopathy coming to America with Dr. Hans Burch Gram, and continuing to 1922 when most of the Homoeopathic colleges had been shut down from the publication of Carnegie's Flexner Report. Many people made contributions to bring this project to life, including Andre SAINÉ, Wayne JONAS, ROGER MORRISON, DAVID WARKENTIN, LORA DOANE, and SHANNON NELSON. We will continue to bring you selected pieces from this Golden Age project.

Sulphur goes as deep into life as any remedy in the *Materia Medica*; has deeply situated affections. It affects the system slowly and profoundly, being long-acting; leaves marked traces of its action. *Sulphur* aids in absorption. There is no remedy that will so speedily tone up an old, broken-down constitution as *Sulphur*. Old deposits in tissues will disappear under its influence; infiltration in the parenchyma of the lungs is taken up and caused to disappear by it. In the treatment of neglected pneumonia, where there are deposits in the lungs, *Sulphur* causes them to be absorbed.

All over this country we have hay-fever. During its season people flee to the White Mountains, to Northern Michigan, across the ocean, everywhere, seeking relief. For four days I have cured every case presented to me; you will do the same thing easily and nicely if you follow the law of cure.

On my trip East this year a case presented itself that had been in existence eleven years. The man was at Panama eleven years ago, and the hay-fever had followed an attack of Panama-fever. Coming on each year about the 20th of August he had an attack of hay-fever. He had consulted all sorts of pathists as well as some of the best homoeopaths in this country. Recognising the fact that it had followed Panama-fever, knowing the excellence of the prescribers that had gone before, believing without doubt that he had taken *Carbo vegetabilis*. (the kind remedy after a badly treated fever). I gave him the sister remedy, *Psorinum*, the symptoms perfectly agreeing. The disease left him in twenty-four hours and did not return.

Each remedy has its own symptoms. No other remedy will cure an *Allium cepa* case except *Allium cepa*, and you cannot make up for your ignorance by increasing the size of the dose. If you would find your remedy you must hunt for it.

Treasure peculiar symptoms

A singer at the Cave this summer was greatly troubled with tickling in his throat. Going to all the physicians in his neighbourhood, all told him he must have the palate amputated! As a last resort he tried a despised homoeopath -myself. I found a bright redness of palate and uvula, the latter looking like a little bag of water. A single dose of *Kali bichromicum* cured the case.

The thirst of *Sulphur* is depraved, and is for alcohol or beer. This is in keeping with the state or condition in old, broken down people. As they become old and feel a loss of strength they have cravings for strong drink.

Nux vomica is another remedy producing this condition, and is complementary to *Sulphur*. *Podophyllum* and *Nux vomica* antidote each other. *Nux vomica* and *Sulphur* will do the same.

A young lady patient of mine, having formed a habit of taking *Chloral*, was stopped by her parents. Slyly, without their knowledge, she began to take whisky and coffee. They became too poor for her to afford the whisky, so she had recourse to alcohol and coffee. She shut herself up, using twenty-five cents worth of alcohol every day!-a larger quantity than I ever know to be used daily. *Nux vomica* enabled that woman to stop drinking immediately, and her nervousness also disappeared. *Nux vomica*, one dose per day for three months, then *Sac. lac.*, cured her entirely. In this it is related to *Sulphur*.

We have but one other strong remedy having "a ravenous desire for sweets, which make him sick" -*Argentum nitricum*. These have both the desire and the aggravation, but there is this distinction. The *Sulphur* patient will get up in the night to get sugar, which causes him to have sour stomach, heart-brun, vomiting, and a great amount of distress; *Argentum nitricum* will steal the sugar, and it brings on diarrhoea, or the mother will eat candy and her nursing baby will have a diarrhoea of "grass-green stools". You will think of *Chamomilla* or *Aconite* or *Mercurius* but you must give *Argentum nitricum*.

We often find grand indications for the use of *Sulphur* in the delay of the first menses. Glands slow of development, unhealthy skin; pimples upon the face; languid; tired; seventeen or eighteen years of age; menses not yet appeared, or scant in flow. *Pulsatilla* and *Sepia* are also of great value in this condition. In the leuco-phlegmatic temperament, with damp, cold feet, damp and pallid skin, *Calcarea* follows well after *Sulphur*.

An imperfect development of a fetus, even though it occurs but once, is an indication for the administration of this remedy. We have spoken of *Apis* and its efficiency in threatened abortion. Followed by *Sulphur* it cures the predisposition to abort at future pregnancies. *Pulsatilla*, *Helleborus*, *Aletris*, *Caulophyllum*, are used to prevent this tendency, but none are so frequently indicated as *Sulphur*. Give a new-born baby a dose of *Sulphur*, it will prevent many troubles. It is well you should look into and study these things that you may provide for and prevent many conditions that may arise. Should father or mother be syphilitic, give a few doses of *Mercurius*. Should either be syphilitic, give a dose of *Thuja*. In vaccination, one dose of *Sulphur* before or after the completion of the vesicle. Of course, this is when you do not see indications for another remedy. Many expert homoeopaths give one dose of *Sulphur* during or after completion of pustulation.

Many give one dose of *Sulphur* two weeks or a month before a dose of *Thuja* because of the known syphilitic action of *Thuja*. *Vaccinium* is also used. Many undertake to give *Veratrum*, *Arnica*, or *Aconite*, because of the impending inflammation, and because these remedies correspond to the first stage of fever. DUNHAM says, "Why not go to the root of the fever at once, and give *Sulphur*," as in ninety - nine cases out of a hundred *Sulphur* will have cured the fever within twenty-four hours, and the pulse will again be normal. If you treat it in this way, you will have few losses and find it as simple as measles.

2. Reflection on Suffering Dr.PULLEN, William M.D.

(William PULLEN, M.D., is a practising physician in Santa Monica, California, USA. He is a Clinical Assistant Professor of Medicine at the University of California at Los Angeles and long time member of the Vedanta Society of Southern California.

This article is taken from a collection of articles '**Values -The Key to a Meaningful Life**' which appeared in the Dec. 1995 issue of the journal **Vedanta Kesari**, later issued as a separate booklet by Sri Ramakrishna Math, Madras).

That suffering and death are integral to human existence is clear. We are born, enjoy the brief illusion of immortality peculiar to youth, and reluctantly descend into an abyss of gradual deterioration punctuated by misery and culminating in death. This is our common material destiny. The occasional exceptions, spared the burdens of age, are mourned as dying before their time. However unpleasant life may be, it would seem, most prefer it to the alternative.

Man's suffering is the physician's charge. Bodily pain, intellectual anguish and spiritual despair keep us in business. The patient's calamity is the doctor's routine. As a Western physician whose philosophical foundation has been greatly influenced by Eastern thought, a number of observations occur.

One would think that death and dying should be a great impetus to spiritual evolution. However, much of modern Western culture has apparently evolved to distract us from our fate and at times even to conceal it from us. Medicine, once considered a healing art, is seen as a science whose purpose is to conquer disease and cheat death. The notion that nobility, or for that matter anything

good, may arise from suffering has become passe. A treatment is expected, even demanded, for every complaint. And when finally life's end is reached, the process is hidden and the result sterilized.

Many in this country will find their last hours filled with fluorescent lights and unfamiliar faces. The desperate struggle to keep the body alive must seem, to the dying, like a final denial of their spiritual being. Loved ones, in simpler times, were often present to give comfort and bear witness. Such vigils must have helped many along their own spiritual paths. Not so now. Rather the terminally ill are often brought to the hospital by distraught family who bid the physician and all he commands to "do everything possible". By this, of course, they mean, keep the body alive. This process is often driven by guilt in the family, unreasonable expectations offered by physicians, and failure of the patient to have made contrary wishes known. Underlying this is the general lack of faith in any but a corporeal existence.

One final absurdity plays out after all measures to sustain life fail. The remains are cleverly hidden from view of the living until they can be whisked away, usually after dark, for their final attentions. The result is extraordinary. A carefully dressed and groomed body, preserved for all time, is returned to the family in a satin lined, hermetically sealed box. The eyes are closed, the expression placid, and the appearance that of stately repose. Grim evidence of the last agonal moments are replaced by the illusion of eternal slumber.

How is a physician to contend with such suffering? Despite our best efforts all our patients are destined to die, many miserably. The choices are few. Some can circumvent compassion and treat the whole matter as a scientific challenge. They may even argue that one's emotional responses cloud the clear reasoning needed to solve the problem at hand. However, most of us begin by caring deeply about our patients and inevitably have some emotional involvement. Over the years this takes a toll. Many are eroded by the endless presentations of suffering and the inevitable triumph of death. Seeds of despair are so sewn. The fruit, when ripe, has the bitter taste of cynicism.

My own professional life is sustained and often salvaged by my spiritual beliefs. The legacy of the body appears entirely unacceptable without the existence of the soul. If self-awareness, not Self-awareness, is truly the difference between man and beast, I should think we'd have all killed ourselves long ago. A properly planned suicide certainly seems preferable to an excruciating extinction. Nonetheless our species persists. An intuitive awareness of our true immortality is universal. This sense of immortality, when recognized as stemming from the soul, fosters spiritual growth and allows physical suffering to be experienced in a far more acceptable context. However, when the mind associates this same intuitive immortality with our material being, spiritual evolution is suppressed and bodily suffering becomes intolerable.

By recognizing the physical, intellectual and spiritual nature of human beings, a physician becomes more effective and less likely to slip into cynicism. Seeing the integration of body, mind and soul quickly leads to the conclusion that a disturbance in one inevitably affects the others. Treating the body without acknowledging the mind and soul fails to take proper advantage and often threatens harm.

Vedanta philosophy is particularly well suited to the practice of medicine. An irrefutable belief in the soul arises from our own spiritual experience. The resulting faith supports a vision of purpose and order that would be otherwise blinded by the daily spectacle of death and dying. Life's voyage through a seeming sea of suffering ceases to be tragic once the body is recognized as a vessel for the soul, not the sole vessel.

3. BOOK REVIEW

1. THE MEMORY OF WATER - Homoeopathy and the Battle of Ideas in the New Science, by Michael SCHIFF Thorsons, An Imprint of Harper Collins, 1995, pp.166, Hardboard.£9.50

Witch hunting, inquisition of those who dare to have different ideas - even in "Science" - are not something of the past. While the "heretics" are not anymore burned at the stake, now they are humiliated and hounded in different ways. There is as much superstition in "Science" as in other

spheres. However, it is in spite of such opposition and intolerance and personal sufferings that new ideas in sciences have come up and validated.

The "prestigious" journal "**Nature**" published a report, after holding up for some time - in Vol.333, 1988, of Dr.Jacques BENVENISTE, a respected scientist in the INSERM (the French National Institute for Health and Medical Research), which gave the details and results of **repeated** experiments which **he and twelve other scientists** had been doing for quite some time. **The experiments showed that water can retain the "memory" of molecules it once contained, and that if solutions of antibodies were diluted repeatedly until they no longer contained a single molecule of antibody, they still produced a response from immune cells.**

Such results are contrary to known laws of biochemistry and - here is the heresy - it would validate the claims of Homoeopathy! Established "Science" therefore decided to disallow and denigrate this claim. **Nature** sent a team to BENVENISTE's laboratory consisting of its Editor John MADDOX, a magician James RANDI and a self-appointed investigator of scientific "fraud", Walter STEWART. The team gave to the world its judgement - the results claimed by BENVENISTE was only a "delusion".

Dr.Jacques BENVENISTE was, until then, a highly respected scientist, but not any more. There were discussions in **Nature, New Scientist, Science**, etc. - most of them strongly condemning BENVENISTE and very few "doubting", "may be", and hardly one or two "believing" it.

And so ultimately BENVENISTE's laboratory was deprived of any official means to carry on his research into high dilutions by the French Institute for Medical Research and his laboratory was closed do".

It is another matter that experiments similar to BENVENISTE's have been performed elsewhere and similar results - that high dilutions do carry the "memory" - were obtained. Established science "did not want to hear about these". Indeed one need not be surprised to see violent irrationality of some scientists.

BENVENISTE's case is an example of "intolerance" and unwanted censorship and stifling of evidences which do not accord with the dominant school.

The persecution of HAHNEMANN and the early homoeopaths (see "The Pioneers of Homoeopathy" by T. L. BRADFORD) may be recalled.

While Rupert SHELDRAKE's theories of "morphic resonance" and the hypothesis of "Formative Causation" were also much criticised as they challenged the established science, he was not badly treated. BENVENISTE's mistake was that his experiments validated the homoeopathic high potencies which the "scientific" world cannot tolerate. Unfortunately for BENVENISTE homoeopaths across the oceans also shouted "Eureka" and this too must have angered the "scientists".

Michael - SCHIFF's book is well documented and balanced. He argues against repression and prejudice. As one who had closely read the note books of the associates of BENVENISTE and held discussions, he has written a very informative and interesting book which should be read by all scientific-minded persons. The book clearly shows that what was done to BENVENISTE was not different from what was done to earlier scientific path-breakers.

The inquisitors refused to look through GALILEO's telescope and condemned him as heretic. Nevertheless there will always be people who dare "Sapere aude".

K.S.SRINIVASAN

2. **Chronic Miasms in Homoeopathy and their cure with classification of their Rubrics/ Symptoms in Dr.KENT's Repertory (Repertory of Miasms) by Dr.Ramanlal P.PATEL, Hahnemann Homoeopathic Pharmacy, Hahnemann House, College Road, Kottayam-686 001, India. 1996, pp.76; 1264. Rs.500/- Export Edition US \$30/-.**

It may be recalled that Dr.R.P.PATEL published in 1993 a large compendium titled "Analysis and Evaluation of Symptoms of Dr.Kent's Repertory of Homoeopathic Materia Medica" (see OHD, Vol.X, 1/93 Part-11 p.16) which has been well received by the Profession.

Dr.PATEL has now brought out a more valuable compendium titled "Chronic Miasms in Homoeopathy and their Cure with classification of their rubrics/symptoms in Dr.Kent's Repertory."

While most of the acute diseases like Whooping, cough, Small pox, Cholera, Diphtheria, in which Homoeopathy won its laurels have become rare now we have many chronic diseases which pose a big challenge to the medical profession in general. And it is for Homoeopathy to cure more of these Chronic diseases. A thorough understanding of the nature of chronic miasms is essential for this purpose.

There have been in the past and there are even now homoeopaths who did/do not accept in toto HAHNEMANN's concept of Chronic Diseases. Again, there are homoeopaths who opine that there are many more chronic miasms than only the three which the Master proposed. To dear the doubt, that may be lurking in one's mind about the importance of consideration of a chronic miasm in all chronic diseases Dr. PATEL narrates his personal experience and how he cured himself of Neuro – Fibro –Sarcoma, with secondaries in the right lung only after he took into consideration the sycosis miasm latent in him. In the light of such proof who can gainsay chronic miasms?

Instead of theoretical arguments about the Chronic Miasms let the profession act in accordance with HAHNEMANN's directions and evaluate and treat chronic diseases after identifying the underlying Miasm/s.

To aid such an action Dr.PATEL's current work under review would certainly be of very great help.

Illuminative essays "Introduction to Chronic Miasms" "Psora or Miasm of Psora", "Sycosis or Miasm of Sycosis", "Syphilis or Miasm of Syphilis" running to about 70 pages precede the text. These are followed by "Cases and Comments on Miasmatic Repertorisation". These essays themselves are worth the purchase of this work

The text - "Miasmatic Classification of Rubrics/ Symptoms in Dr. Kent's Repertory" then runs to 1264 pages. This is the "consulting" part of the work which may be used in the day today practice with great advantage.

Dr.PATEL validates the importance of anti - miasmatic treatment by his own personal experience narrated in the "Preface".

This work of Dr.PATEL may be recommended without any reservation for day today use by all homoeopaths.

Printing errors are very rare. (for example last line on p.11 should read "MONTAI GNE" - (the great French Philosopher) -and in p.25 - line 11 from above, "letter" should read as "latter".)

Printing, paper, binding good and the price for such a comprehensive work is low.

K.S.SRINIVASAN

3. **l'enseignement du Dr.Pierre Schmidt, textes recueillis par le Dr.J.BAUR, Editions Similia, 1990. (The teachings of Dr.Pierre Schmidt. Text collected by Dr.J.BAUR, Editions Similia, 1990).**

Dr.Pierre SCHMIDT (1894-1987) has, after Dr.James Tyler KENT (1849-1916) remained till date, the greatest homoeopath of this Century. Dr.SCHMIDT was a student of Dr.Frederica GLADWIN, who herself was a student of Dr.KENT. Dr.SCHMIDT wrote and lectured extensively, besides practising Homoeopathy of the highest standard. Dr.SCHMIDT constituted in 1946, a group of students in Lyon, France and the group was known as **Groupe ment Hahnemannien** where he taught classical Homoeopathy. Dr.Jacques BAUR one of his students has done the great service to Homoeopathy by selecting the more important of the teachings (lectures) of Dr.SCHMIDT to the

Groupement Hahnemannien and compile them in a two volume work titled **L'enseignement du Dr.Pierre Schmidt** published by **Editions Similia**, France.

This work contains articles which are beside the large number of articles of Dr.SCHMIDT published in the different journals during the last 50 years, and also the addresses in the LIGA Congresses. Thus these are significant for all serious students of Homoeopathy.

Vol.1 has five Chapters in 434 pages: 1. Personal and Autobiographical Notes, generalities about Homoeopathy. 2. The disease and the individual Symptomatology. 3. Remedy prescription and the Materia Medica. 4. Medical psychology. 5. The 25th anniversary of the Groupement Hahnemannien.

Vol.II has five Chapters in 508 pages: 1. Generalities. 2. Discussions. 3. The Results. 4. The Repertory of Kent and its utilisation. 5. Clinical Cases (there are about 60 lectures on this alone).

It is difficult to "review" such a treasure. The publishers would be doing great service to Homoeopathy if an English translation is published early. In the maze of different teachers teaching their own ideas of homoeopathy and the methodologies which confuse the Homoeopaths, it is very important that KENTian Homoeopathy which has stood the test of time is once again made available to all through Dr.SCHMIDT's works.

Printing, paper and binding are all good. A great treasure.

K.S.SRINIVASAN

4. **Clinical Ophthalmology with Homoeopathic Therapeutics, by Dr.Kamal KANSAL, edited by Dr.Indrani Das GUPTA, B.Jain Publishers (P) Ltd., New Delhi, 1996. Pp.132. Hardbound Rs.80/-.**

As the title of the book reveals this is a clinical book on Ophthalmology with Homoeopathic therapeutic hints. There have so far been only very few books on this subject in so far as Homoeopathy is concerned and Practitioners have been sorely in need of an up-to-date and at the same time not too elaborate textbook. This need is fulfilled by this work.

The Eye disorders which generally come across the Homoeopathic practitioner are explained, and at the end of each chapter the homoeopathic remedies that may be useful in those disorders are listed. The entire subject is covered by 14 chapters beginning with the Anatomy of the Eye and ending with Therapeutics, and an Index. The special Anatomy and Physiology have been explained in the relevant chapters. The book is well illustrated. There are eight pages of colour plates at the beginning of the book and **these color plates are clear and good.**

Printing, paper and binding are good and the price is reasonable. The book can be recommended for the daily reference of the Homoeopathy practitioner.

5. **Therapeutics of Veterinary Homoeopathy by Dr.R.P.MADREWAR, B.Jain Publishers (P) Ltd., New Delhi, 1996. Pp.296. Hardbound. Rs.75/-.**

Homoeopathy is equally effective in the treatment of animals (whether large or small, including birds and fishes) as has been the experience of many who use so. Although HAHNEMANN said that separate provings should be carried out on animals for discovering homoeopathic medicines suitable to animal life, a pure Materia Medica for the animals (that HAHNEMANN had proposed such provings is seen from a lecture prepared by him; the manuscript of this lecture is in the library of the **Karl-Marx University, Leipzig** - see "**Wiederentdeckt: ein grundlegendes Manuskript Hahnemanns**" von Daniel KAISER, ZKH,33,3/1989), however, to this day no such "provings" seem to have been ventured anywhere in the world. In day to day veterinary practice however, homoeopathic medicines have been prescribed on the same basis as for humans (and in fact some have successfully used on the same method on plants too!), and there are excellent books especially on domestic animals -cats, dogs, dairy animals, published in England and the USA. To the best of my knowledge this is the first time that a fairly complete book on this subject is published in India. This book is therefore welcome.

The author is a Veterinary doctor as well as qualified in Homoeopathy. The book contains 20 Chapters covering Poultry, Dogs, Calves etc. Detailed therapeutics of physiological functions like, Diseases of Eye and Ear, Skin, Digestive system, Reproductive system, Hyperthermia, Viral and Bacterial diseases, etc. follows.

Quite a number of combination of remedies have been suggested for prevention as well as for therapy. Nosodes also find their due place.

Paper, printing, get-up and binding are very good. **Well worth to be had in the library of every Homoeopath even though he/she may not be a veterinarian.**

6. **Best of Sir John WEIR, B.Jain Publishers (P) Ltd., New Delhi. 1995. pp.133. Rs.45/-.**

A fine group of homoeopaths gathered around Sir John WEIR and Homoeopathy found favour with the royal family -Sir John WEIR was the Physician to the British Royalty. Sir John was Kentian.

Five lectures of Sir John WEIR are presented in this book:1. Homoeopathy-An Explanation of its Principles. 2. The Science and Art of Homoeopathy. 3. Difficulties in Homoeopathic Prescribing. 4. Hahnemann on Homoeopathic Philosophy. 5. Homoeopathy: A System of Therapeutics.

In collections such as the one under review, the source from which the compilation has been done must be given; bibliographical data must be given, so that one can understand the period in which these were written. Also a brief biography of Sir John could have been given.

Paper, printing are good.

7. **The Bed-side Organon of Medicine, by Dr.Farokh J.MASTER, B.Jain Publishers (P) Ltd., New Delhi. 1996. pp.116. Rs.25/-.**

The title of this book is misleading. In the world of Homoeopathy "**Organon**" or "**Organon of Medicine**" mean only the **Organon of Medicine** of Samuel HAHNEMANN. The book under review is a kind of mixture of many things -How to study the Materia Medica, How to study the Repertory, Potency choice, Layers of Miasms, The non- therapeutic aggravation, Thyroxine, Skin disorders, etc., etc., are some of the small brief (most of these of half to one page length) subjects dealt within this book.

In p.7 How to study the Materia Medica, it says "For the beginners the easiest way to study materia medica is to follow the pattern given below:

"(A) The source - Gibson Miller, Robin Murphy's Lotus Materia Medica, Encyclopaedia Britannica will give you a lot of information". What "information" of use would a "beginner" get from the Encyclopaedia Britannica? Is the beginner expected to purchase Encyclopaedia Britannica?

There is no Index to the book either at the beginning or at the end. The book is a disappointment.

8. **Agitated Argentums, by Dr.Farokh J.MASTER, B.Jain Publishers (P) Ltd., New Delhi. pp.58. Rs.20/-.**

9. **Naja Naja Naja, by Farokh J.MASTER, Published by the author. pp.104. Rs.50/-**

10. **Snakes in the Homoeopathic Grass, by Farokh J.MASTER, Published by the author. pp.61. Rs.36/-.**

All the three book-lets are by Dr.Farokh J.MASTER, supported by a team of homoeopathic physicians.

In the first book "the Argentums" are studied in brief. Although eight "Argentums" are mentioned - *Argentum Gyanatum*, *Argentum iodatum*, *Argentum metallicum*, *Argentum muriaticum*,

Argentum nitricum, Argentum oxydatum, Argentum phosphoricum, Argentum sulphuricum -only two, *Argentum metallicum, Argentum nitricum*, are studied.

In page 10 it is said HAHNEMANN proved *Argentum foliatum* in 1813 and the pathogenesis containing 224 symptoms appears in the fourth volume of **Reine Arzneimittellehre** and fourth volume of his **Materia Medica Pura**. According to the reliable source, Richard HAEHL (Samuel Hahnemann - His Life and Work, Vol.II, p.105), six parts of the **Reine Arzneimittellehre (Pure Materia Medica)** were first published in 1811, 1816, 1818, 1819, 1821 and no part was published in 1813. According to Josef M.SCHMIDT who has recently published an authentic edition of the VI edition of the **Organon** (Haug, 1992) also there was no part of the Pure Materia Medica published in 1813. The second edition of the **Pure Materia Medica (Reine Arzneimittellehre)**, part 4 in which the proving of *Argentum foliatum* may be seen was published in 1825. HAEHL says (page 108, Vol.II) that this edition contains 239 symptoms (64 of HAHNEMANN and 175 of others). These are mentioned here for the sake of authenticity only.

The study of the *Argentum* itself with reference to the repertorial rubrics form the rest of this book - let. Three cases treated with *Argentum nitricum* have been narrated at the end of the book-let.

Printing, paper are good.

The book-let *Naja Naja Naja* is a brief study of the remedy *Naja* in 194 pages. The book-let contains 28 chapters including the foreward.

The study is of the *Naja* dreams, Generalities, action on the cardio-vascular system. Symptoms of *Naja* common in relation to other snake remedies (repertory rubrics) followed by a comparison of *Naja* with other snakes - *Elaps, Lachesis*, cases of Depression, Filariasis, Chronic Schizophrenia, Migraine are given.

The third book-let **Snakes in Homoeopathic Grass** is a "group study" of some of the snake venoms used in Homoeopathic practice.

K.S.SRINIVASAN

PART - III

REPERTORY

In the QHD 211995 a few errors in the SYNTHESIS Repertory of Frederik SCHROYENS were pointed out; A few more are given below:

1. AILMENTS from: **Anger** (p.3) *olnd*.

The source, BOGER-BOENNI NGHAUSEN's Repertory gives only *ol-an*. and not *olnd*. *Ol-an*. should be retained and *olnd*. deleted.

2. ANXIETY (p.12) *tub-m*.

H.C.ALLEN (**Materia medica of the Nosodes**) deals with *tub*. only, not *tub-m*. (vvtlich stands for Tuberculinum-Marmoreck). Hence to be corrected as *tub*.

3. CHEERFUL: **Alternating** with **looking** down on the street (p.27) *Dios*.

GS V, p.133: Male Sexual organs: "Nocturnal emissions, with lameness of back; weakness of knees; can appear happy, but looks down when on street".

Looking down when on the street indicates a sense of shame; The rubric should read: CHEERFUL, appears, but ashamed when on the street, looks down; pollutions, after.

4. DELUSIONS: **dimensions** of things reversed (p.53)

DELUSIONS: **reversed**; dimensions of things are (p. 71) *Camph-br.* listed in above from the Repertory in BOERICKE's *Materia medica*; The *Materia medica* of BOERICKE (and CLARKE) state: "Directions appear reversed, i.e. north seems south and east seems west." "Directions" has been erroneously replaced by "Dimensions of things" in BOERICKE's *Repertory*, and carried so to SR I and SYNTHESIS. Should be corrected.

5. HEAD: PAIN: **Pressing: Occiput: pulsating** (p.319) *peti.*

Verification in EN: Negative for *Petiveria*. Should be corrected as *petr.* (EN VII, p.313, No.115: "Pressure in the occiput". No.118: "Pulsation in the occiput." under *Petroleum*).

6. HEAD: ROLLING: **Brain** were rolled; as if: into a small bulk: *Coc-c.*

Verification under *Coccus cacti* in EN negative. Should be corrected as *Cocc.* (EN III, p.389, No.59: "Feeling as if the brain were rolled up or compressed into a smaller bulk." under *Cocculus indicus*.)

7. EAR: NOISES: **cymbals** and drums, sounds of: (p.426) *lob.*

Verification under *Lobelia inflata* in EN negative. Should be corrected as *lol.* (EN V, p.623, No.45: "Noise in the ear, like a constant sound of drums and cymbals." under *Lolium temulentum*.)

8. MOUTH: SALIVATION: **apoplexy**, in: (p.554) *ant-c*

Source verification in the GS negative. Should be corrected as *anac.* (GS-I, p.292: "Water flows together in mouth and runs out. "Apoplexy". under *Anacardium orientale*.)

9. URETHRA: ITCHING: **Meatus: walking**: (p.828) *nat-n*

Verification in the EN negative for *Natrum nitricum*. Should be corrected as *nat-m.* (EN VI, p.565, No.1572: "Burning and itching in the orifice of the urethra, in the evening while walking". under *Natrum muriaticum*.)

10. AIR: **indoor** air (=in the room or house): **agg**: (p.1549) *alumn.*

Source verification in GS negative for *alumen*. Should be corrected as *alum.* (GS-I, p.164: "She feels better in open air. Cannot bear the cold, nor a warm room". "Takes cold easily, sitting in room; gets hoarse; this lessens when walking in open air." under *Alumina*.)

AIR: open air: *amel.* (p.1550) *alumn.* Source (GS) does not mention this under *Alumen*. Should be deleted; the correct entry is *alum.*, which is already in the rubric.

The error in the above two rubrics has been carried over from SR-II, where it should be corrected. The source of the errors is KNERR's Repertory. KNERR's abbreviation for *Alumina* is *alumin.* and for *Alumen*, *alum.* In the above two rubrics, the repertory has *alum.* which should actually be *alumin.*

11. AIR: **passing**; sensation of air: **glands**, through (p.1551) *spong.*

GS under *Spongia tosta*: (Voi.X, p.478: "On breathing, sensation of air passing into glands of neck. "Goitre". p.494: "Sensation as if air were passing up and down thyroid and cervical glands".) The correct entry of this symptom is in p.611, but the rubric in GENERALS (p.1551) is misleading.

12. AIR: **passing**; sensation of air; **him**; through (p.1551) *calc. coloc.*

Reference to the source SOGER - BOENNINGHAUSEN's Repertory shows that similar terminology is used here too, but in BOGER's **Synoptic Key of the Materia medica** under *Calcareae ostrearum*: "Cold, moist air chills through and through." Under *Colocynthis* we do not find any special mention of such chilliness; but the Repertory section of this work - in the supplementary reference

table - the symptom is given succinctly: AIR: **penetrating, too**, with *calc.* and *coloc.* Hence, clearly this is not a **sensation** of air passing through him, but extreme sensitivity to draft of air. The appropriate rubric in the SYNTHESIS is in p.1462: CHILL: AIR: **draft** of air; from the least. This rubric does not have *coloc.*, which may be added from SOGER. PHATAK's repertory gives another remedy in the rubric AIR, **penetrating, too**: *cimic.* (in addition to *calc.* and *coloc.*)

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3. QHD, Vol. XIII, No.3 & 4, 1996

PART I – CURRENT LITERATURE LISTING

Part I of the journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals published world-over from - India, England, Germany, France, Belgium, Brazil, Greece, USA, etc., discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.

I. PHILOSOPHY

1. The Total Experience
HAMEISTER. (EJH, 1,3-4/1995)

This is a lecture delivered by the author in the **Alonissos Teacher's Meeting 1995**. He clarifies the attitude that a good classical homeopath should have towards a new case: he needs a total view, a total experience from the patient's case and not simply adding symptom after symptom. Paragraphs 1, 12, 17 are cited with their footnotes. HAHNEMANN mentions God in these paragraphs. HAHNEMANN did not want scientific explanations and he says that such explanations will lead nowhere. HAHNEMANN's teachings are based on his experience. His experience with China had a unique quality which changed the world and also his life totally. The experience in its totality showed that there is a law of healing. So it was a total experience.

What HAHNEMANN felt through his first experience - the vision of the law of similars - is required from each of us when we are sitting with an individual patient. We should have a vision of the individual in his totality. To know what HAHNEMANN really taught and said it is necessary that we should not just go through the *Organon* and search for technical hints and tips for practical application. We have to ask ourselves, "What did he really mean? what did he want to say? what was life and experience for him, that made him utter these words, and what made him decide to put these words in the *Organon* for posterity?"

2. The Theory of Signatures - A
Case of ***Lac felinum***
MARTINIS Gregory (EJH,1,3 4/1995)

This is a case of a boy who wanted to be like a cat, acted like a cat, behaved like a cat, dressed like a cat and received *Lac felinum* for his acne, depression and craziness according to the idea of signatures. The case was debated at the Teacher's Conference in Aloissis in 1994. VITHOULKAS suggested *Aurum bromatum*, two other participants suggested *Hyoscyamus* and a follower of the theory of signatures of course suggested cat's milk in high potency. Dr. MARTINIS intrigued by the idea, decided to try *Lac felinum* 200. This did not help and the patient left Homoeopathy and he attempted suicide by cutting his wrists and by throwing himself under the wheels of passing vehicles.

3. Discussion on the ***Organon*** and
Chronic Diseases
MARTINIS Gregory (EJH,1,3-4/1995)

This was the main theme of the Teacher's Meeting in Alonissos (Greece) in 1995.

HAHNEMANN's theory of chronic Diseases constitutes a totally personal approach (or perception) with significant historical and, perhaps, scientific importance. To a certain extent conventional Medicine still mocks at this theory.

Dr. MARTINIS has made an in-depth study of the subject and set up some basic questions concerning Chronic diseases before we study HAHNEMANN's ideas.

4. Reply to: Misinterpretation of the **Organon**
VITHOULKAS G. (EJH,1,3-4/1995)

Jean-Pierre DESCHENES writes with reference to VITHOULKAS' article "Misinterpretations of the **Organon**" (EJH, 1,2/1995). The questions touch rather complicated matter and the reply too should be read carefully and pondered upon.

5. The search for the Mental Symptom
ZAJAC Angela (HOM, 59, 1995)

The author is of the opinion that one major reason for our inability to cure many cases is the failure to see what needs to be cured, because of our own individual prejudice instead of the signs and symptoms which do not represent the whole of the diseased state of the person. There is a tendency to speculate about how this or that event has affected the patient instead of observing the hard facts. We should not imagine that there are always mental symptoms which will guide us to the remedy. The prejudiced interpretation of the signs and symptoms will result in poor results.

6. A New Theoretical Approach to the Homoeopathic Law of Similars
JUS Julia, PENSINGER William .L. and PAINE Douglas A. (JAIH, 88, 3/1995)

A new notion of fundamental mechanisms in immune system and biological clock activity is presented as underlying the means by which homoeopathic substances effect cures. These mechanisms are not an expression of molecular biology, but transpire on the sub molecular quantum frequency level of biological organization. The healthy state of the organism is dependent upon these frequency parameters functioning within specific ranges. Any factor that shifts these frequencies outside their normal range is disease inducing. Chronic shifts of this nature eventually produce tissue pathology. Homoeopathic substances are described as effecting cures by returning the quantum frequencies to their normal range.

II. MATERIA MEDICA

1. Arznermittelprüfung-**Lac humanum**
(Medicine proving -**Lac humanum**)
RICHTER Mathias (ACD, 4, 3&4/1995)

This is a proving of *Lac humanum* -human milk (Mother's Milk). The proving was done in 1994, there were 11 provers -3 males and 8 females. The potencies were made on hahnemannian methodology. i.e. C3 pill was used to prepare the 30th potency in single vials method. A pill was moistened with this potency and used for the proving.

312 symptoms have been drawn from this proving.

Interestingly, there was another proving of *Lac humanum* published in English, also of 11 provers (3 men and 8 females) and many symptoms published therein agreed with the provings herein mentioned.

2. Proving Report -**Veronica officinalis**
RILEY David S. (BHJ, 84, 3/1995)

Veronica officinalis has a long history of medicinal use as a diuretic and diaphoretic agent. Contemporary herbalists frequently use this herb to treat bronchial coughs and inflammation of the mucous membranes.

There were a total of 17 provers -12 women and 5 men ranging in age from 23 to 59 years. 15 persons received verum and 2 placebo. This proving was conducted between September and December 1993.

3. ***Embelia ribes*** -A Proving Report
(CCRH, 17, 3 &4/1995)

The proving was conducted by the Central Council for Research in Homoeopathy, in two places, in Calcutta and in New Delhi, with 3 males and 2 females and 3 controls. The remedy was proved in the mother tincture. Double-blind technique.

4. ***Lapis alba***
(CCRH, 17, 3&4/1995)

The proving was double-blind, with 4 male provers and 3 controls, conducted at the CCRH institutes, Gudivada and New Delhi. The drug was in mother tincture.

5. ***Thymol***
(CCRH, 17, 3&4/1995)

The proving was carried out at the CCRH's units at Midnapore (West Bengal) and Lucknow. The proving was double-blind and in potencies 6,30,200. There were 11 provers (6 males and 5 females) and 4 controls. There are much more symptoms in this proving than the above two drugs - *Embelia ribes* and *Lapis alba*.

"Proving" reports may be in the provers' words, indicating the time lapse of appearance of the symptoms after the administration of the remedy and also the number of doses that had to be given before the symptoms began to appear.

6. Petit remede deviendra grand
(Small remedy great result)
BRUNSON D. (CGH, 23, 7/1995)

A case of *Agaricus muscarius* is presented, followed by a study of this remedy, with reference to its characteristic symptoms. Very instructive.

7. Il y a diversdegrés de similitude
(Diverse degrees of similitude)
FAYETON S. (CGH, 23, 7/1995)

A case of *Bufo rana*, one of *Kali bichromicum*, and three cases of *Niccolum* are presented and their characteristics are discussed.

8. ***Le Veratre (Veratrum)***
POPOVA Tatyana (CGH,23,9/1995)

This is a french version of the Russian work by the leading Ukrainian homoeopath Dr. Tatyana POPOVA, in her book.

9. ***Valeriana***
CAMBONIE P. and GAMBY F. (CGH,23,10/1995)

A very interesting study of the remedy *Valeriana* with reference to KENT, BOERICKE, HERING, FARRINGTON, CHOUDHURI, DEMANGEAT, DUPRAT, VOISIN, GUERMONPREZ, HODIAMONT, PALAISEUL.

10. ***Nux moschata - Asafoetida -Moschus***
Par le Groupe de Travail d'Annecy
(CGH, 23, 10/1995)

This study of comparative Materia Medica of the three remedies in the title by the Groupe de Travail d'Annecy is contributed by Dr. Serge BOUHANA, Andre DIEUDONNE, Odile LORTET, Jacques MOREAU, Jean Marie TRIBVOUILLARD.

11. The Emotional Weakness of ***Aurum metallicum***
VITHOULKAS G.
(EJH, 1, 3-4/1995 & 2, 5-6/1996)

These are notes taken from a lecture by G. VITHOULKAS in Edipsos in 1988. The central theme of *Aurum* is the extreme depression and loathing of life which progresses to suicidal thoughts and finally self destruction. In this article the state of the person who develops suicidal depression and the particular personality of a person who finally develops the desire to die, or commit suicide, is described.

12. The ***DPT*** Picture
MARLOW Len (HH, 20, 12/1995)

The author has drawn up a drug picture of the *DPT* vaccine after analysing number of cases. He has also collated a drug picture on the basis of Harris COULTER's book **Vaccination, Social Violence and Criminality** and these two are compatible. This is a very useful study. Please also see the rubrics from **MacRepertory** of David WARKENTIN (QHD, IX, 1-92)

13. The Story of the Cat: ***Lac felinum*** proving
CHHABRA Divya (HL, 8, 3/1995)

This is a "dream proving" of *Lac felinum*. Dr.DIVYA says "The depth of this proving both shocked me and steadied me. I knew this was now a complete proving. It comes down to the complete centre of the remedy symptoms and the substance proved, until there is no difference in the two anymore.

The Editor comments, inter-alia "The need for more provings is brought out very well in this proving.... the proving is complete when we are able to visualise the inner problem of the substance. Each substance represents the solution of the problem..."

14. ***Molybdenum metallicum***
TUMINELLO Peter (HL,8,3/1995)

Molybdenum is a metal used to harden steel – to make it resistant to repeated strains. the Materia Medica of this remedy is presented via a case, the main analysis being the dreams, feelings, etc. in Dr.Rajan SANKARAN's methodology.

15. A Protocol for Provings
SANKARAN Rajan (HL,8,3/1995)

Dr. Rajan SANKARAN proposes a protocol for homoeopathic medical provings. He says that the protocol he found most satisfactory was midway between the seminar provings of dream Jurgen BECKER and the classical Hahnemannian provings. He lists 16 steps.

16. ***Piper methysticum***
LEVY David (HL,8,3/1995)

This is a good case report which helps to differentiate between *Lil-t.*, *Lach.*, Plat. in a restless woman, very active, needs entertainment, excitement, has exaltation of fancies and feels better when occupied. *Piper methysticum* helped her. The Editor Dr. Rajan SANKARAN has a very interesting hint:Whether the problem is mental or physical, when a person feels his mind off it for fear of feeling it and suffering from it, then we find the occasion for *Piper methysticum*".

17. ***Lyssin*** - The Medicine for the Modern world
BANERJEA Subrata Kumar (HL,8,3/1995)

"All varieties of spastic paralysis; bronchial asthma; cerebro-vascular accident; Cirrhosis of liver; Microcephaly; Mongolism, congenital deafness and dumbness; congenital sinusitis and non-healing fistulas and wounds; Diabetes Mellitus; Insanity;Schizophrenia after prolonged grief; Motor

Neuron disease; Nephrotic Syndrome; Optic Neuritis; Pancreatitis; Pernicious Anaemia; Post-meningo-encephalitic conditions; Tubercular Meningitis.

As rabies affects the central nervous system, especially the brain stem, we may think of *Lyssin* in diseases in which cranial nerves, autonomic nervous system and or the brain as a whole is affected".

The Triad of *Lyssin*: impulsiveness, Strange ideas, Violence = Lyssophobia. Causation, Onset Characteristics, Clinical tips, Peculiar symptoms, Elaboration of some strange Mental symptoms of *Lyssin*, Clinical characteristics, Relations, Modalities, Miasmatic, Potencies of Choice, are listed succinctly.

18. A Case Study - ***Piper Methysticum***
VASANI Paresh (HL,8,3/1995)

Two and half-year-old child with eczema behind the ears, neck, nose and in the groins, since six months. Very intelligent, good memory, picks up very fast, languages. colours. etc. Would never complain of any problem. Even when an injection was given he would cry only for a minute, but when his attention is drawn away he could become calm. Likes music and watches Television for long hours. Very obedient and parents found him easy to handle. Desired sweets, Pica; averse to milk. On detailed examination, the child's and his father's state seemed identical.

Piper methysticum 30 was given and a week later severe fluent Coryza began and lasted for 15 days. He then had itching which was absent earlier and he went on improving.

19. ***Thuja*** - the great masquerader
GRAY Bill (HL,8,4/1995)

This is a very interesting article on this great polychrest.

Thuja has a sense of inherent ugliness and unacceptability deep in their soul and character which manifest externally as disfiguring skin, nails, tumors and warts. Perfectionist in the context of their milieu. People-pleasers, and very conscious of the ego needs of others. They go to a great extent to fit in, to be accepted, not to stand out so much that others might notice them. *Thuja* is consciously elusive not allowing their inner self to be seen socially. There is calculated deceit about how much and what kind of information about them they will allow to be known. The desire to fit in can become a virtual obsession. *Thuja* patients sculpt themselves as a craftsman might -cosmetics, manner of dress, posture and gestures, accent, even emotional expression. They consciously study others and imitate what seems to work best. "The characteristic which guides me in casetaking is *Thuja's* relative invisibility, their desire not to stand out. Guilt is the driving force behind the perfectionism and fear of criticism. Their childhood upbringing and consequent low self-esteem appears in the repertory as "Contemptuous of self" "Reproaches self", "Delusion he has done wrong", Most telling is "Delusion that the body is separate from the soul". There is profound loneliness or emptiness. Rigidity in emotional expression and behaviour is characteristic".

Specific characteristics

General: Worse from cold, wet weather -highly characteristic; if a patient is truly worse heat, it virtually rules out *Thuja* in my opinion, though neutrality in temperature does not.

Worse left side -perhaps 75% of cases.

Worse 2-3 PM -helpful differentiating with *Lycopodium's* 4 PM.

Worse 3 AM - uncommon in my experience but helpful when present.

Mind: Feeling as if bones are brittle -from essence, a fragility of front. As if something alive in abdomen - a manifestation of the alive unconscious. Irritability only with loved ones - when they feel secure. Fastidious - particularly about the "correct" way to do something. Deceitful in compartmentalized fashion in life. Feels unattractive and/or unloveable.

Head: Headache left temple, above left eye, as if pierced by nail esp. 3 a.m.

Nose: Postnasal discharge, thick, often green, profuse or hard to clear. Nasal polyps, worse left - not emphasized in books, but common in my practice.

Face: Greasy, waxy, shiny skin—perhaps 1/3 cases, but useful. Old acne scars or cystic indurated acne - very, very common. Warts of all kinds on face.

Mouth: Swallows words or speech trails off at end of sentence - unusual but highly confirmatory when present.

Chest: Warts all over neck, chest, and back, of all types.

Back: Fibromas, lipomas, boils, cystic acne.

Stomach: Intolerant to onions, with gas and other symptoms -perhaps 50% of cases, but very useful as a confirmatory.

Intolerance to garlic -occasional.

Desires sweets -very common, especially chocolate, so not helpful.

Desires salt -a little, sometimes.

Abdomen: Flatulence very common, esp. after onions.

Constipation with hard stools common.

Male: Gonorrhoea or urethritis in past or currently.

Herpes or venereal warts extremely common, esp. in gay men.

Prostatic hypertrophy and inflammation very common.

Inguinal glands swollen, esp. left side.

Sweetish odor genitals, quite pungent.

Female: Ovarian cysts, especially left but common either side.

Uterine fibroids of all descriptions, esp. left side.

Pelvic inflammatory disease of Chlamydia either currently or in past.

Venereal warts of vulva, vagina, cervix and anus.

Cervical polyps.

Chronic leucorrhoea with fishy odor.

Sweetish odor to genital perspiration.

Extremities: Warts of all kinds on fingers and hands, worse left. Plantar warts.

Marked deformity of joints with relatively minimal pain, esp. left side.

Ganglia of tendons.

Deformed and brittle nails, esp. of toes (though of little use in tinea nails).

Soreness of soles, esp. on walking, sometimes making it virtually impossible, esp. during cold wet weather - a very reliable keynote.

Clammy foot-sweat.

Chilblains and Raynaud's Syndrome.

Remedy Comparison: *Calcarea carbonica, Nux vomica, Arsenicum album, Medorrhinum.*

Three cases are given.

20. ***Thuja*** as seen in Children
ANAND Sunil (HL,8,4/1995)

Two-and-half year-old boy with recurrent eye inflammation, respiratory infections and fever. *Thuja M* cured (religious rigidity, fear of being touched or approached, obsessive qualities and the fixed ideas on which he operated confirmed *Thuja*).

21. ***Thuja*** -The Tree of Life, the Tree of Death
NORLAND Misha (HL,8,4/1995)

While stereotyped mnemonics of remedies are useful when it comes to practice one should be able to think away from these stereotypes. Think that there are as many variations of a remedy as many patients. In this lecture NORLAND discusses the 'themes' of *Thuja*. The discussion in detail is on the following themes: The tree of life, the tree of death: The theme of division; The process of death; Vaccinosis; The theme of confusion; Miasm and constitution; *Thuja* and the energetics of **Mappa Mundi**. A case of *Thuja* is narrated "The Case of the Bewildered". The article is worth study in full.

22. ***Thuja occidentalis***
ZAREN Ananda (HL,8,4/1995)

This article discusses *Thuja* with the themes of the Wound, The Wall, The Mask which is the manner in which Ananda ZAREN analyses the remedies and the patient.

Summary: *Thuja* types sustain wound early in life resulting in tremendous fragility and vulnerability. A common thread in the history of *Thuja* patients is the experience of rejection and unprovoked and undeserved punishment. As one patient said about his relationship with his mother, "I was not what she wanted and she let me know it". They go on to produce a particular type of wall whose purpose is to deflect criticism and rejection by obscuring their true nature. They become reserved and suspicious. They attempt to gain control and security by showing little of themselves. Always guarded. *Thuja* might also be overtly deceptive, manipulating other people and generating misinformation. Their goal is to protect themselves by refusing to allow other people to penetrate their veneer. They will go to great lengths to avoid being seen by others.

Many *Thuja* patients are creative and dramatic. They seek to release their tightly guarded emotions through artistic expression. Because they also feel deprived of the experience of fraternity, they tend to indulge in alcohol, drugs, and sex. Gradually, their systems become eroded by self-reproach, guilt, and depression. Eventually, they can reach a state of intense apathy and a suicidal loathing of life.

The mask of *Thuja* is often fastidiously composed. They can appear to be in control of their lives. They can present as timid and shy or create a facade of sensual excitement and intrigue. *Thuja* will, during the interview, reveal only what they want and nothing more.

Many physical symptoms are associated with *Thuja*, including warts, growths, catarrhal discharges, left-sided headaches, and many conditions of the female and male genitalia.

23. ***Lilium tigrinum***
BARWOLF Tunde (HOM,58/1995)

The author discusses the themes of this remedy with the help of a case of a 63 year-old woman. The signature of the tiger and the flower lily are studied to link the characteristics of the remedy(!) Strangely, there is no reference to the provings of the remedy or the source *Materia Medica*; only reference of authority is KENT amongst the old masters. Nevertheless an interesting article.

24. **Tarentula** case
WALSH Jane (HOM,58/1995)

This very brief case report highlights the gist of *Tarentula* in patient's own words. Beautiful.

25. Remedy Masquerade
LOGAN Robin (HOM,58/1995)

This is a small 'compilation' of 7 rubrics to show that although we generally tend to prescribe *Natrum muriaticum* for effects of grief there are other remedies too. In one case *Zincum*, because of the restlessness and busyness, produced lasting curative effect. (The rubrics: Ailments from grief: Anxiety of conscience; Industrious; Conscientious about trifles; Aversion to fish; Becoming heated: Wine agg. only *Sulphur* and *Zincum* are in all rubrics).

26. The *Materia Medica* of **B Gaertner Co** (Bach) - B Enteriditis Salmonella or Paratyphosus B
GALE Anne (HOM,59/1995)

This is a brief ***Materia Medica*** of the bowel nosode B *Gaertner* in schema form compiled from J. & E. PATERSON, WHEELER, JULIAN, BK SARKAR, AGARWAL, AC GUPTA.

27. **Platina**
GARCZYNSKI Eddie (HOM,59/1995)
This is a nice poem about Platina.

28. How far Gold is good for Heart
VARMA P.N. & VAID Indu (HUD,3,61/1995)

Discusses very briefly Gold and Gold salts in relation to heart.

29. Tobacco and its Hazards
KANSAL Kamal (HUD,3,71/1995)

Discusses the toxic action of tobacco and draws from KENT's **repertory** such symptoms which relate to smoking tobacco. There are quite a large number of such symptoms and it would be proper to take note of them while treating smokers.

30. A Case of **Chloroquine** Toxicity
SCHAFFER Rodney
(JAIH,88,41/1995)

Quinine holds a crucial position in the history of medicine, playing a pivotal role in the development of Homoeopathy. This drug's colorful history precedes HAHNEMANN's breakthrough experiments. *Cinchona's* alkaloid derivatives are used today in the treatment and prophylaxis of Malaria. *Chloroquine*, one of these derivatives given to GI's during the recent US Military action in Haiti. The successful homoeopathic treatment is presented of one GI who developed a *Chloroquine*-related syndrome of intermittent fevers, diarrhoea and weight-loss.

III. THERAPEUTICS

1. Es muss nicht immer **Sulfur** sein (It need not always be **Sulphur**)
TERLINDEN Michael (ACD,4,4/1995)

A 11 year-old boy was presented on 2 July 1992 for Asthma attacks which had begun about 6 months ago. He also suffered from hayfever since an year. A genital skin eruption had been treated with *Cortisone* for an year, shortly before the Asthma began. Since his Asthma began the boy's mood changed.

Petroleum in ascending Q potencies (50-millesimal potencies) cured this. The improvement and restoration was alround.

Petroleum may be added to the rubric "Asthma after suppression of skin eruptions" and "Hayfever".

2. Chorea minor
MULLER Karl-Josef (ACD,4311995)

9 year-old boy with Chorea minor –Allopathic medication gave only palliation. The twitching began in the arms and legs and also in the face. The mother said that the boy was better when he ran, was worse at rest, while lying, particularly evenings in bed.

The child recalled clearly how it all began. While playing he jumped on his feet on the floor and after the shock it all began. He was the weaker of a twin boys and was born in the thirtieth week, was in Intensive Care for a week. He was smaller and sick when compared with his twin brother. Even though he was nine years of age he needed the rubber teat to go to bed at nights (did not want it to be known to his friends).

Menyanthes 06 and then C30 and 200 brought quick relief, C30 and 200 were given as a double dose, i.e. twenty minutes after the 30, the 200 was given. For a later recurrence of lesser intensity 1000 was given.

The rubrics for *Menyanthes* were "Face, twitch, while at rest" and "Extremities, cramp, jerks, leg, while sitting".

The author suggests that the following may be added provisionally, in the rubrics –

- Extremities, jerking
- Extremities, jerking, evening
- Extremities, jerking, movement amel.
- Extremities, jerking, while sitting

Under General may be added under Twitching, "extremities, jerk" and under Chorea "extremities, jerks".

3. Palliation oder Suggestion
(Palliation or Suggestion)
REIS Stefan (ACD,4,3/1995)

The author discusses the different reactions of a patient after the administration of a potentized medicine and also the possibilities of palliation and suggestion or the placebo effects. James Tyler KENT's "fifth observation" in the prognosis of the reaction to the first dose is critically discussed and the basic literature is compared and lastly the differential diagnosis of palliation, suggestion, and remedial reaction.

4. Der interessante Fall: Akute Intoxikation durch *Trachinus vipera* (Drakena) und erfolgreiche Behandlung mittel, **Lachesis** (Interesting case: Acute poisoning by *Trachinus vipera* (Drc3kena) and successful treatment with the remedy **Lachesis**.)

THURNEYSSEN A.
(AHZ,240,4/1995)

Acute reactions to the bite of *Trachinus vipera* (a fish -Sting fish) requires immediate hospitalisation, intensive medication with infusions, antibiotics and *Cortisone*. This poisoning is much

feared by the Greek physicians. The author cites a case in which a boy of 9 years' age suffered this poisoning and was rapidly improved with *Lachesis*. 12. Within 30 minutes of the dose the boy became calmer and the pain disappeared.

5. The role of Homoeopathy in the treatment of Tetanus
GAUCHER Catherine (BHI,84,3/1995)

This article discusses the efficacy of Homoeopathy in the treatment of Tetanus. The author concludes that "from the evidence of these clinical studies we see that homoeopaths do have a contribution to make in the treatment of this terrible disease". "We can say that it is effective in combination with classical treatment but not on its own". Very interesting study.

6. Homoeopathic treatment of URTI in General practice
ENGLISH John M. (BHI,84,4/1995)

This is in the series - 'How I treat'. The author has made a personal selection of the useful homoeopathic medicines and the symptoms for selecting them. A clear constitutional medicine may be used in an acute situation, if known, even if apparently not indicated. Notes on these are included as they are not always easy to find. This is a very useful paper. The author has made an interesting point: "If you possibly can, concentrate on the first coryzal patient who presents on Monday morning surgery. Other patients during the week will often have similar symptoms. Last week was different, and next week will be too, but if you can get a clear picture with the first patient, it takes less time to choose the same prescription for those who follow suit. They don't all, of course, but it is a matter of experience that a particular homoeopathic medicine will suit a number of patients in the same week. Remember HAHNEMANN chose his cholera medicines in this way".

7. Hidden Grief
ENGLISH John (**Simile**,5,3/1995
issued with the BHI,84,3/1995)

49 year-old, married lady: Menstrual headaches and other symptoms from age 40. Head ache worse onset of period. Lifelong constipation. "Life a succession of trials and difficulties". Was insomniac, better since daughter's death.

The 'homoeopathic' history revealed many griefs. The differentials were between *Lachesis*, *Phosphorus*, *Natrum muriaticum* for grief and *Sulphur*. With her egoistic energetic manner and her theorising *Sulphur* 200 given. The action of this dose was remarkable. She had very interesting dreams, and then began to improve. A very interesting case.

8. Three cases of Pneumonia
GUNE Mohan (**Simile**,5,3/1995
issued with the BHI,84,3/1995)

Case 1: 3 year-old boy; congested lungs; rattling+++ left base and mid-zone; air entry decreased on left side. Flapping alae nasae. He was given *Antimonium tartaricum* LM 11 q.i.d. and *Lycopodium* M. *Lycopodium* M doses were increased over the next few days and the *Antimonium tartaricum* decreased as expectoration decreased. Cure confirmed by x-ray. Temperature and general condition improved in just two days.

Case 2: 4 year-old boy. Runny nose ++, fever +, thirst for small quantity of water. *Arsenicum album* 200 two hourly. No improvement and on the next day examination revealed crepitations on right side. *Bryonia alba* LM 3 two hourly. Delirious with getting up startled. *Hyoscyamus niger* M and *Bryonia* LM6. No improvement and fever upto 105°F. Next investigations revealed consolidation right lower zone and his temperature went upto 107.6°F. *Phosphorus* LM3 every 15 minutes and soon temperature came down to 102.5°F. As the temperature went up and down *Phosphorus* was continued in LM12 potency and then M. In 5 days since the treatment began his chest x-ray revealed total regression of pneumonic patch.

Case 3: 10 year-old boy. Fever, pain abdomen, delirium. Chest x-ray showed a large patch of pneumonia left mid and lower zone. Widal positive for S.Typhi 'O': 1:120, S.Typhi 'H': 1:60.

Hyoscyamus niger and Bryonia, Baptisia and lastly Phosphorus were the remedies that cured this boy rapidly.

9. Two cases of Ranula
PAI P.N. (**Simile**,5,4/1995 issued
with the BHJ,84,4/1995)

Case 1: Two-month-old infant bled a couple of times whenever sucking the breast. Diagnosis: Ranula of frenum linguae. *Nitric acid* 30 t.d.s. for four days. The cyst disappeared after one further week's treatment with *Nitric acid* 30 t.d.s.

Case 2: 8 year-old girl with cyst on Frenum linguae. Size of a big-sized pea, pink. *Nitric acid* 30 t.d.s. for two weeks and the cyst disappeared discharging a clean viscid fluid.

10. Headaches
MASTER Farokh J. (**Simile**,5,4/1995 issued with the BHJ,4,4/1995)

This is a somewhat typical life of a middle- class Indian female -unwanted or rather considered inferior to the son, then ill-treated by the mother- in-law. Dedicated to the family, perfectionist, weepy, *Naja* selected on the basis of her mental symptoms, and given in 1 M potency repeated (7 January 1995 to 20 February 1995).

11. Management and Homoeopathic Treatment of Peripheral Vascular Disease in Relation to Diabetes Mellitus
BAIG Hafeezullah, RASTOGI D.P. (CCRH, 17,3&4/1995)

Peripheral Vascular Disease (PVD) is highly prevalent in patients with Diabetes Mellitus. Generally occurs in the peripheral blood vessels of the body like arms and legs. Arterio-sclerosis of the arterioles of the periphery leads to Ischaemia, Neuropathy, Infection and even to Gangrene due to occlusion of blood vessels. In the present study, the causes, pathogenesis, biochemical changes, complications and management of peripheral vascular disease in relation to Diabetes Mellitus are detailed.

Administration of *Cephalandra indica* mother tincture in the treatment of Diabetes Mellitus was found efficacious in preventing peripheral vascular disease besides controlling the sugar levels. Other drugs like *Apis mellifica*, *Arsenicum album*, *Cantharis*, *Carbo animalis*, *Carbo vegetabilis*, *Cinchona officinalis*, *Lachesis*, *Lycopodium*, *Phosphorus*, *Rhus toxicodendron*, *Silicea*, *Sulphur*, etc., were also found effective in certain cases. Administration of one drop/kg body weight dosage of *Cephalandra indica* was found appropriate, whereas fifty-millesimal potencies in cases of other drugs were found effective.

12. Clinically verified data of some
lesser known drugs for common diseases
VICHITRA A.K. (CCRH,17,3&4/1995)

Since 1979 the Central Council for Research in Homoeopathy (CCRH) has undertaken clinical verification of lesser-known drugs as well as drugs proved under the Council. Presently data of 64 drugs are being verified clinically.

The data now provided are under the heads: Fevers (*Abroma augusta*, *Nyctanthes arbortristis*, *Justicia adhatoda*, *Caesalpinia bonducella*, *Azadirachta indica*, *Hygrophila spinosa*, *Amoora rohitaka*, *Atista indica*); Cough and Coryza (*Justicia adhatoda*, *Mentha piperita*, *Kali muriaticum*, *Bacillinum*, *Abroma augusta*, *Saraca indica*, *Blatta orientalis*, *Cassia sophera*, *Cuprum aceticum*, *Acalypha indica*, *Fagopyrum*), Renal calculi (*Sarsaparilla*, *Hygrophila spinosa*, *Berberis vulgaris*); Diabetes (*Cephalandra indica*, *Syzygium jambolanum*, *Gymnema sylvestre*, *Abroma augusta*); Head ache (*Justicia adhatoda*, *Nyctanthes arbortristis*, *Saraca indica*, *Cuprum aceticum*, *Abroma augusta*, *Aegle marmelos*, *Amoora rohitaka*, *Jaborandi*, *Calotropis gigantea*, *Azadirachta indica*); Skin disorders (*Juglans regia*, *Mentha piperita*, *Hygrophila spinosa*, *Achyranthes aspera*, *Anthrakokali*, *Fagopyrum*, *Tarentula cubensis*, *Hydrocotyle asiatica*, *Abroma augusta*, *Azadirachta indica*); Female disorders (*Saraca indica*, *Damiana*, *Abroma augusta*, *Fagopyrum*, *Kali muriaticum*).

13. Herpes Zoster
WADIA S.R. (CCR,4,111995)

51 year-old male with severe pain near left eye-ball, left eyebrow, left forehead, head and behind left ear; 7-8 small vesicles. Has been since five days under allopathic treatment but pains became worse. *Variolinum* 200, *Ranunculus bulbosus* 200, 2 hrly, and two days later the vesicles had definite shape and were as if small plastic water bags. *Sulphur* 200 and then *Apis* 200 and next day improved 75%.

14. Osteo Arthritis
WADIA S.R. (CCR,4,111995)

48 year-old male, with pain right knee and right shoulder. Also calcaneous spur left heel. Vaccinated 8-10 times. Past history of Dysentery, Colitis, Hepatitis, Malaria, Flu, Ringworm and history of Gonorrhoea 20 years before. *Thuja* M three doses and then XM a week later. Developed itch on the bottom. *Thuja* 50M. A month later *Medorrhinum* 200 three doses and he felt much improved. Later developed persistent cold. Inquiry revealed he had cervical Lymphadenitis, and his uncle Tuberculosis. *Bacillinum* 200.

15. Osteo-arthritis - Lumbo-sacral region
WADIA S.R. {CCR,4,111995}

56 year-old male with severe lumbo-sacral pain, unable to turn in bed, sit up, etc. Skiagram showed diminished inter-vertebral space D2 and L 1. History of injury to spine (car accident), again a fall from stairs. Both legs had skin eruptions like chronic Eczema. History of stricture of Urethra, dilated several times Gonorrhoea in the past. *Arnica* 200 to XM with little improvement. *Medorrhinum* M three doses with partial improvement in pain. XM three doses gave great improvement and pus cells in urine diminished considerably and cleared fully. *Sulphur* 200 and two months later *Medorrhinum* 50M cleared everything including the skin eruptions.

16. A Case of Parkinsonism
GOSAVI Anil D. {CCR,4,111995}

Lac caninum brought about regression upto 90% of Parkinsonism in a man. The remedy was selected on the basis of the 'mentals' alone.

17. Uterine Fibroid
MOKASHI Amol {CCR,4,111995}

28 year-old with uterine Fibroid; menses 40 days, profuse, 6 days. Fibroid 5.1 cm x 4.2cm. *Natrum muriaticum*, *Thlaspi bursa pastoris*, *Phosphorus*, did not help. Case again re-taken and strong grief was revealed. *Ignatia* (after thorough repertorization) 30 potency t.d.s. for three months! Cyst disappeared.

18. Rheumatic Arthritis with Carditis
VENKATESHWARAN S. {CCR,4,111995}

11 year-old girl; since 4 years she gets fevers followed by pain and swelling in knee joints. Frequent coryza. Dry cough frequent. Blocked nose causes snoring.

During childhood pulmonary Koch's with right sided cervical lymphadenitis, and treated with anti- Koch's, for 9 months. Again suffered cough and took 35 *Penicillin* injections. History of Measles, History of Jaundice. Mumps twice right parotid.

Thuja, *Lycopodium*, *Sulphur*, *Phosphorus*, *Bacillinum* were given to this girl and she made good progress. However, her treatment was not continued as her father was transferred.

19. A Psychiatric Case of Depression VENKATESHWARAN S. {CCR,4,111995}

31 year-old male with complaint of discharge of pus per urethra (after contact with a prostitute). Underwent a course of *Penicillin* injections, and the discharge stopped. 15 days later he developed lesions in both axillae, which appeared and regressed; sometimes painful and sometimes painless. Biopsy; Hydradenitis suppuratica. Marked anxiety about his illness; thought that he still suffered from Gonorrhoea. He would repeatedly undergo various tests. Diagnosis: Affective disorder and Major Depression. Given ECTs and drugs. He also visited many Dermatologists, Urosurgeons, etc. He was given *Medorrhinum* M. A month later: all his mental symptoms as well as Hydradenitis suppuratica and throat problems had disappeared. An year and half later: remains well.

20. A Case of Sciatica
SHINDE Prakash (CCR,4,1/1995)

60 year-old man. Pain in right lower limb (Tendinitis). With each bout of excruciating pain he kept his right lower limb extended. Severe lumbar pain and pain and tenderness in sacral region aggravated by jar. The muscles of the right lower limb stood prominently like that of a body-builder. Right heel pain as if ulcerated. Aggravation on standing and walking. Two years ago he had sciatica of left side and *Rhus toxicodendron* had relieved him then. The lumbar pain extended around to the region of abdomen. *Berberis vulgaris* 30 t.d.s. for a week with 50% relief; then b.d. for 10 days with 90% relief. Now 200 weekly one dose for a month. Remains well.

21. Intercostal Neuralgia
SHINDE Prakash (CCR,4,1/1995)

60 year-old woman with history of Diabetes Mellitus since years, with severe pains in left hypochondriac region and left intercostal spaces. It was also observed that when her chest pains worsened during last 5 years her intermittent vertigo and pain nates reduced *Ranunculus bulbosus* 200 b.d. for 7 days. Improvement began. The remedy was given in M potency one dose per week and her chest pains were completely relieved. She was now given *Phosphorus* 200 t.d.s. for 5 days and b.d. for 10 days and the pain nates were 80% relieved as also Vertigo. She was also given *Syzygium jambolanum* and *Gymnema sylvestre*. Blood sugar reduced to 240 mg PP. Phos 200 once a day for 15 days + 20 units of Insulin injection + *Gymnema sylv.* and *Syzygium* mother tinctures. These were tapered as the blood sugar went down.

In this case the constitutional medicine with organ remedies helped an advanced diabetic.

22. Spasmodic affection of spine
SHINDE Prakash (CCR,4,11/1995)

28 year-old male with complaints of stiffness back, right upper extremity and left lower extremity, intermittent twitching cervical region.

Worse in cold air and on eating. The symptoms started at 15 years age, and have progressed to such a stage that now he was disabled.

He looked about for sharp weapons; had revengeful plans in his mind. KENT Repertory p.69 'Plans revengeful'; *Agaricus muscarius*. It was given in 200 b.d. for 7 days. No improvement and so *Agaricus* M; no improvement: 50M; no improvement: CM. No improvement; *Agaricus* M b.d. for 5 days and improvement began and the remedy was given in repeated doses in ascending potencies and he was 80% relieved after which the patient did not return.

23. Allergic Dermatitis
SHARMA Arti and ANANDI KAR
Anita (CCR,4,11/1995)

34 year-old female. Eruptions, itching, on hands since 6 months. Began after contact with lime while white-washing the house. The itching went up: Pinnae and nape of neck. Local applications did not help. Teeth chatter during sound sleep. Salt craving, summer aggravates. Menses always late. Loquacious+++; quarrels with husband and sulks until husband climbs down. Husband faithless, alcohol. Consolation aggravates.

Natrum muriaticum and then *Thuja*, *Calcarea fluorica* 6x.

24. Asthmatic bronchitis
MISTRY D.E. (CCR,4,111995)

Three year-old girl with Asthma. In spite of Corticosteroids, Aminophyllin, transfusion and antibiotics she went into status asthmaticus for the fifth day in succession. All allopathic drugs were stopped and *Cortisone* 30 and *Arsenicum* 30 were given and the response was dramatic. In two hours she improved. Discharged with the same medicines after a week.

She was given later, for cough, coryza, mild temperature, etc. *Sulphur*, *Calcarea phosphorica*, *Thuja*, *Phosphorus* and *Silica* repeated in high potency weekly, for a few months. Over two years she was given many remedies as indicated and she remained well.

The author nicely sums up that the case demonstrated the role of tautopathic remedy (*Cortisone*), and the response to homoeopathic remedies in advanced status asthmaticus condition, the role of vaccination in bringing about disease, the internal sycotic environment and the minor role of digestive disturbance which most of these patients have.

25. A Case of Asthma
MISTRY D.E. (CCR,4,111995)

6 year-old girl. Late in talking and walking Diarrhoea during dentition. Bouts of cough and cold thrice in a month. Worse for cold. Vaccinosis. Sycosis hereditary. *Thuja* 200 and then *Ipecacuanha* followed by *Antimonium tartaricum*. There was good improvement. Subsequently *Calcarea*, *Pulsatilla*, *Syphillinum*, *Silica*, *Psorinum*. Remained well.

26. A Case of Tonsillitis
MISTRY, D.E. (CCR,4,111995)

9 year-old girl with repeated attacks of tonsillitis with fever for a year and half. Plenty of antibiotics. Asthmatic bronchitis from age 6 months to 5 years. Doesn't show emotions. Chilly. grandmother asthmatic. *Thuja* 200, then XM. Subsequently for 2 years, indicated remedies, based on symptoms and miasmatic background. Well.

27. Homoeopathic medicines in Dentistry
MISTRY D.E. (CCR,4,211995)

The remedies more often needed in dentistry are listed with their peculiar indications.

28. Case of Rheumatoid Arthritis
MISTRY D.E. (CCR,4,211995)

28 year-old female. Pain in all joints. RA factor positive. ESR 60mm hour. *Hyoscyamus* on the basis of interpretation of her mental symptoms. Improved well. Although *Pulsatilla* seemed to be her constitutional remedy she responded well to *Hyoscyamus*!

29. Case of Psoriasis
MISTRY D.E. (CCR,4,211995)

8 year-old boy. Developed high fever with some skin problems (after antibiotics for fever). The lesions were all over the body especially on the back, body and extremities. External ointments used for 5 months with no improvement. Diagnosed as iatrogenic psoriasis. *Psorinum* M had been given by the referring homoeopath.

Thyroidinum 30 three doses. Improvement progressively and went on to total cure.

30. Polyarthrosis
SHINDE Prakash (CCR,4,2/1995)

42 year-old ENT surgeon complained of joint pains and stiffness since last 4 months. Has undergone treatment from Orthopaedists and Rheumatologists with temporary relief. Past history of amoebic colitis. Pain in muscles, joints. Soreness on motion. Bed felt hard. Pain limbs and bodyache as if beaten Rheumatism with ascending involvement of joints.

Arnica 30 t.d.s. for 7 days (he was already on 400 mg Ibugesic which was allowed to continue. He felt better after a week and was advised to discontinue Ibugesic. Continue *Arnica* 30 t.d.s. for 10 days. Further improved *Arnica* 200 SOS. Instead of Ibugesic he was now on Brufen. He was now almost 100% relieved. (in one month since the start of the treatment). Analgesics discontinued and *Arnica* 200 SOS, which he used twice in one month. *Arnica* M two doses at 15 days interval.

31. Amoebic colitis
SHINDE Prakash (CCR,4,2/1995)

68 year-old male with chronic Amoebic colitis. Has undergone homoeopathic treatment already for 10 years. He now appealed to the author for immediate relief; felt as if some beast was trying to grab him making him run for urgent support and security. Recurrent amoebic colitis temporarily relieved by homoeopathic remedies in past. Sudden attacks of frequent urging for stools, stools scanty, sometimes blood and mucous, yellow semi liquid, pain in abdomen before stools. Ambitious and workaholic in office. Irritable, fearful, restless. Very offensive, foul flatus. Fear of animals.

Belladonna 200 t.d.s. for 5 days. 20 days later: feeling better. *Belladonna* M b.d. Ten days later: despite an attack of amoebiasis he didn't have fear or sense of insecurity, and now had confidence of recovery. *Nux vomica* 30 three days, later M single dose and one month later *Belladonna* M one dose. Three weeks later *Belladonna* CM. Remains well.
A so-called 'acute' remedy cured a 10 year- old chronic case.

32. Herpes Zoster
WADIA S. R. (CCR,4,2/1995)

60 year-old male with severe herpetic eruptions on the left side of the face, lips and mouth since 4 days. Burning better by heat. Frequent urination at night due to enlarged prostate. *Arsenicum album* 30 repeated doses, then 200. After this he developed itch on certain parts of the body. *Sulphur* 200 three doses which completed the cure.

An 82 year-old woman with Herpes was treated allopathically and was left with large scars, also post- herpetic neuralgia. Burning worse clothes. Air increased the pain, radiating to the right armpit and right upper extremity and also the back. Least touch worsens. *Ranunculus bulbosus* gave great relief.

33. **A Pyrogen Case**
WADIA S. R. (CCR,4,2/1995)

5 year-old child with fever, since a month. Coated tongue, foul breath, slight cough and rather drowsy. Liver palpable, slight leucopenia. *Pyrogen* M in water every half hour. Temperature came down next day and remedy was continued daily for a week. Prescription was based on the basis of pulse being out of proportion to the temperature.

34. Continuous Fever of Three Months comes to Normal!
WADIA S.R. (CCR,4,2/1995)

48 year-old female with fever, chill and head ache for the last 3 months. Various diagnoses were done in the hospital and drugs Chloromycin, Furadantin and Camoquine were given without benefit. Urine with lots of pus cells. Vaccinated every year. Past history of Malaria and large doses of quinine taken.

Sulphur, *China* and *Lycopodium* were the remedies which cured within a few days.

35. Nocturnal Enuresis
SHARDUL and APTE Archana (CCR,4,2/1995)

13 year-old boy. Shy, tall, slender with earthy complexion. Bed wetting was the complaint, almost daily.

On consideration of the totality, *Calcarea carbonica* was given (200 and M) and cured.

36. Case of Vague Abdominal Pain
APTE Shardul and APTE Archana (CCR,4,2/1995)

3 year-old girl, with pain in abdomen around umbilicus since 6 months. Anti-helminthics without lasting effect. Totality *Sulphur*. *Sulphur* 200 single dose.

37. Galactorrhoea
APTE S. , APT~ A. (CCR,4,2/1995)

30 year-old lady, with pain and soreness in breast with yellowish watery discharge from nipple constantly since 5 years. Pain worse from contact of clothing, pressure, touch. Hormonal therapy couldn't give even temporary relief. Her complaint followed hepatic coma five years ago with fulminating hepatitis. Delivered four children and had profuse lactation till 18 months to 24 months each time and had to be treated each time to suppress her breast milk.

Conium cured.

38. **Medorrhinum** enfant: tableau sycotique typique.

39. **Aconit** chez l'enfant.

40. **Iodium** enfant.
(all the three are by LAMOTHE J. (CGH,23, 7,8&9/1995)

Study of the remedies mentioned above in relation to children by a master homoeopath. The full text of the articles will be presented in the QHD when possible.

41. Homoeopathic treatment of
Pneumonia
ELEFTHERIADIS John
(EJH,1 ,3-4/1995)

Two cases of Pneumonia successfully treated with Homoeopathy. While it is not at all unusual in India where Homoeopathy is exclusively used in Pneumonia, in the West one is warned of using exclusively Homoeopathy in this disease. The author therefore cites two cases to show the efficacy of Homoeopathy in this disease.

In the first case of a 69 year-old female who was given only six months time to live by the hospital and that meanwhile she could undergo Chemotherapy if she so wished, opted for Homoeopathy. She suffered from Pneumonia of the left lung (x-ray on 14 May 1995). *Natrum sulphuricum* M three doses (location of the Pneumonia) was followed by *Chelidonium* M and in 6 hours she recovered miraculously. Next afternoon her temperature rose and the pain also worsened a bit during inspiration and she was given *Chelidonium* M once more and the amelioration was gradual and there was no need for another dose. X-ray on 22 May 1995 showed great improvement.

The second case is that of a male under homoeopathic treatment for allergic asthma since May 1993 and there has been 80% amelioration. He has been taking *Sulphur*. In May 1995 he complained of a nagging cough and the fever was not reduced by antipyretics. Worse 1300 to 1600 hours and 0100 hours. *Arsenicum album* M every hour. No improvement in the next 24 hours and then chest x-ray (taken on May 8, 1995) revealed Pneumonia in the lower lobe of the left lung. 48 hours after the *Arsenicum* fever had stabilised at 37.5°C but rose slightly to 38.5°C from 1300 to 2000 hours, the cough and chills had stopped as well as the fear of being alone. *Natrum sulphuricum* 200 four doses one every eight hours given now. He went on improving and chest x-ray taken on May 17,

1995 showed marked improvement; the x-ray taken on June 8, 1995 showed no pathology whatsoever. Normal.

42. Common Cold, Acute Coryza
SETIA O.P. (HH,20,8/1995)

This is a short essay on the different types of 'colds' and their treatment.

43. Case Reports which I never Forget JAMES K.J. (HH,20,8/1995)

Two year-old girl with diarrhoea which did not respond to the usual remedies like *Podophyllum*, *Croton tiglium*, *Arsenicum album*. *Bacillus coli* 200 cured.

A four-year-old girl under treatment for Epilepsy (*Tuberculinum*). It was now reported that the child was recently masturbating. Bufo kept her off the habit for 3 months and when she did so again, in the M potency *Tuberculinum* (anti- miasmatic) completed the cure.

The flower remedy *Rock Rose* 2 or 3 drops in water instantly cures sudden attacks of fear, panic attacks.

Two prominent symptoms the patient was saying "if ever I could die" and "moaning in sleep", led to the prescription of *Lachesis* CM and in ten minutes the patient had lot of perspiration, and cured. (Aggravation after sleep, desiring death in serious disease = *Lachesis*).

Ammonium muriaticum in rheumatic cases when the patient repeatedly dreams of water like a pond, river, etc.

Osteo-arthritis nosode in chronic arthritis.

D.N.A. This remedy when interpolated gives better result in Psoriasis; *Morgan pure* in Asthma and skin eruptions alternately or skin eruptions after treatment for asthma.

Tuberculous glands are cured by a single dose of *Drosera* CM.

44. From the Clinic
DEY Manoj Kanti (HH,20,8/1995)

17 year-old woman with pain lower abdomen during menses. She was lying, drowsy, voice lost, B.P.110/80. Relatives felt that she had been bitten by a snake.

Gelsemium XM in distilled water every 5 to 10 minutes. In half hour she was sitting up.

45 year-old man, a chronic drinker. He suffered from obstinate constipation for nearly 6 days after a drinking bout; was in deep stupor; death rattles; abdomen tympanic. *Opium* M in distilled water every half hour was begun in the night. Next morning it was reported that he passed a glassful of deep red urine and was now sitting on the bed feeling better. Passed stool after two days.

45. *Tuberculinum* in Chronic Headache
MISHRA S.C. (HH,20,8/1995)

With three cases the author shows that *Tuberculinum* was quite effective in chronic headaches "deep in" the head.

46. The single dose wonders of *Cimex* and *Merc sol*
ROBINSON Janet (HH,20,9/1995)

16 year-old male student with aching, tight limbs, unable to straighten any limb, worse legs. The peculiar symptoms were: "odour was 'like an old damp house', musty; Usually thirsty, but during sweating he was thirstless". *Cimex* 200 cured.

24 year-old male, a Sports Instructor: Sore, red, very itchy skin. Rough raised circles, with clear sticky oozing; predominantly on limbs with a fungal type of infection on feet. Since a very small child itching and soreness worse for the last two years. Has used Steroid creams. Betnovate for the last 2 years. Sweat made the skin sore. Sticky saliva, dry tongue, white coated.

The external applications were stopped and *Mercurius solubilis* 30 one dose. Cured.

In both the cases the healing proceeded and over a period of about two months completely healed. Classical example of giving the correct remedy and waiting for the curative action which surely follows.

47. Glory of Croton: Brought smile to a child and dramatically improved
BANERJEA Subrata Kumar (HH,20,9/1995)

6 year-old boy; skin eruptions especially in the face, forehead, cheek and some on scalp, since 6 months age. Itching +++, better by gentle rubbing. Stinging and cutting pains +++, with occasional burning; weeps from pain. Chronic loose stool 4-5 times per day with froth and mucus +++. Lymph glands around neck swollen since 3 years painful +++. Worse from cold, better from warm application.

Complete case was taken, the miasmatic bases were identified. *Croton tiglium* 30 one globule in water made into two doses. One month later 200 two doses similarly. Cured without aggravation.

48. A Chronic Case of Eczema BADYOPADHYAY Ramananda (HH,20,9/1995)

40 Year-old man suffering intense itching of Eczema all over the body, oozing of bloody, sticking exudation. Has had Allopathic and Ayurvedic treatments.

Graphites XM, then CM, *Mezereum* CM, Cured.

49. Questions and Answers about the LMs.
FOX Richard E. (HH,20,11/1995)

This is a very brief 'know-how' about the 50 millesimal scale potencies, also known as LM or a potencies. Easy method of preparing the solution and application is detailed.

50. A Case worked on Mental Symptoms with Minimum Information
JAMES K.J. (HH,20,12/1995)

A Woman admitted for delivery was proposed to undergo surgery next day because of rigid osc However she was insisting that she go home and that she did not want to see the nurse or doctor. *Hyoscyamus* 30 repeated half hourly made her quiet and after the fifth dose, to deliver her baby in a normal manner. ('Delusion, Injury, surroundings, by his", "home, desires to go").

51. A Case of Spastic Paraplegia
BANERJEA Subrata Kumar (HL,8,3/1995)

18 year-old girl. Involuntary movements and jerking of hands and legs worse exertion, concentration. Twitching of face. Restless movements and spinning of the whole body (almost like in Parkinson's). Unable to sit for more than a minute because of the involuntary spinning movements of the body. Canine hunger. Sleep extremely disturbed: wakes up at night; extremely restless involuntary movements.

This girl with severe disabilities had been under the treatment of the author since 1986 and is still continuing. She has received over these years: *Natrum sulphuricum*, *Tuberculinum*, *Calcarea phosphorica* and *Lyssin*.

Photographs depicting the stages of improvement has been given along with report. Certainly a remarkable case.

52. Behaviour Problem
ROHRER, Anton. (HL,8,3/1995)

A mother complains of the bad conduct of her son: lazy; at home lies in bed and day-dreaming; reading or playing with his computer. Neglects his work at school and home; says everything is too much for him; at school he is a funny guy and makes jokes; prefers the easy way to life and avoids every mental or physical exertion; sees sex films; neglects his duties completely; tells lies to his mother which worries her. Never was anxious and makes easy contacts with people; strong desire for every kind of sweet, especially chocolates. Gets diarrhoea from sweets. It is like with his whole life, he prefers only the sweet part of life, the easy-going one.

Saccharum officinale 200 changed his behaviour. (See CLARKE's Materia Medica).

53. Abdominal Disorder
SHAH Jayesh (HL,8,3/1995)

69 year-old married female. Abdominal distension, flatulence and offensive smell of all discharges, for the last 40 years. The smell of her stool is intolerable since three years, like decomposed matter, rotten, stinking. She has had lot of antibiotics. Frequent burning urination. History of frequent worm complaints. At 60 years age operated for breast cancer. Explains herself as "The fighting type who will not give in to nonsense", A disciplinarian, wants things in order and in time and she is very firm about these.

The main 'feeling' of the patient identified by the author after reflecting upon her case including her dreams, was that of "being a special, distinguished person and she cannot be trod upon like dust," Deciding for a metal remedy a search was made in the repertory for the two peculiar symptoms the extreme general offensiveness and desire for stools but only flatus is passed. *Osmium* 200 brought about a dramatic relief; the remedy was repeated two months later. (This patient showed great fighting spirit while HERING in his Guiding symptoms mentions 'Weak, gives up easily').

54. An Intersting Case
CHATTERJEE Sujit (HL,8,3/1995)

35 year-old housewife with psychological disorder and Tachycardia, with very rapid pulse. Felt as if blood would shoot up and come out of her skull. Cannot stand any stress, too weak will power. Inferiority complex. Husband is a scientist and is a pessimist and does not encourage her in work. She had to strain a lot even to tell her symptoms in the clinic. Fear of death, fear as to what will happen to her children. She desired salty food.

Haloperidol improved her. (see O.A. JULIAN's Materia Medica)

55. A Case of Breathing Problem
SCHADDE Anne (HL,8,3/1995)

43 year-old woman, Psychologist with complaints of burning sensation in the chest extending upwards to the throat and into the back region. Breathing is very difficult because of pain. Could breathe in but not out. Tension in larynx while speaking. Speaking lessons did not help. Has Psoriasis of scalp. Had, years ago, very often Cystitis. She is a person who "Cares all the time up to self-sacrifice". The pain in her chest started when her colleague 10 years younger suffered a stroke two months ago. In times of too much demand she reacts with hyperventilation.

Lobelia inflata was her remedy. 5 months later she got her old cystitis. She said that she had sensation of something in her bladder. *Lobelia* was repeated.

56. Arthritis SAMANT
Nitin (HL,8,3/1995)

42 year-old woman, married, three sons and one daughter; swelling and pain of right wrist joint. Pains shift to fingers occasionally. Insomnia. Hypotension. Flatulence. Her "mental state", the author writes, was 'self-centred'ness. the medicine that helped her was *Senecio aureus*.

57. Mental Depression

SAMANT Nitin (HL,8,3/1995)

32 year-old man with the chief complaint of mental depresswn, with noises in the ear. Depression since 3-4 years. The depression proceded gradually. Tinnitus also increased and decreased gradually. When he is busy has no problem. Feels that when compared with others he has achieved nothing, History of unconsciousness at ten years age after falling down from fourth floor. He came out of the unconsciouness gradually.

Helleborus niger restored him over an year.

58. A Case Report
LOUKAS George (HL,8,3/1995)

22 year -old woman. Menstrual disturbances; delayed upto 3 months; irritability and pain in abdomen and waist before menses. Intense insomnia. Pains in hands and legs, nape of neck and lower back, worse when anxious to finish a job, better when moving. Until 18 years age recurrent tonsillitis. Sweats a lot. Stomach problems with chills and often a low fever. When angry she speaks a lot and confuses her words. Likes warm and cloudy weather, rain and storms. Frightened by sudden noise and troubled by strong odors and smoking. Doesn't tolerate tight clothes, impatient. Does not express her feelings. When trying to sleep she has thoughts about spirits, she also thinks that there may be something in the room. Dreams of dogs, journeys, horses, trees, flying, swimming, fire arms, shooting, that something undefined haunts her, of murder, poisoning, going up and down in an elevator or on stairs, sometimes the elevator is out of order.

Stramonium did not help. Then she told a strange experience: that her soul often goes out of her body, goes around the space and watches her body from above. But she feels afraid and comes back. This happens mostly when she has a difficult situation in her everyday life and when she has anxiety.

Pyrus americanus one dose brought about spectacular improvement. ("Delusions, body, able to go out of body and walk around, looking down upon").

59. Skin Allergy
KAMAT Gautam (HL,8,31995)

32 year-old Engineer, married, 3 year-old son. Eczematous hyper-pigmented patch almost covering his entire left cheek. Ferrum metallicum XM on dose (selected purely on the 'mentals') cured rapidly.

28 year-old housewife, with red patches on her face, earlobes and hands which used to appear whenever she got exposed to the sun for a prolonged time. These patches would pass off in a few days if she did not go out in the sun, but would again come on if exposed. She was very sensitive.

The rubrics selected were all 'mental' and *Naturm muriaticum* which however did not cure. Case retaken and *Natrum carbonium* (based on the 'mentals') cured.

60. A Case of Portio Dysplasia
HIWAT Corrie (HL,8,3/1995)

28 year-old female with many problems. She is an art teacher and likes to work with bright colours. She was a member of any organisation that protected animals. She didn't like children at all. While she would weep over a suffering animal, the sight of a baby did not move her at all. She smokes, drinks, going to bed late hours, eating bad food. Aversion to milk, sweets.

Aethusa cynapium removed all her complaints.

61. A Case of Joint Disorder
HIWAT Corrie (HL,8,3/1995)

28 year-old female, with severe pain in her left knee. Knee badly swollen and can hardly walk. This since two years. All conventional and alternative therapy already tried.

She finds life difficult. as the feeling that she did not want to be born (right after birth she did not breathe and it took a lot of effort to have her to start breathing) She is in Psychotherapy since two years. Incapable of working and feels very insecure and without any self-confidence. Doesn't like children but loves animals. Considering totality she was given *Aethusa cynapium* and she had allround improvement.

"The similarities I have found in these two cases were the sophisticated way of dressing. The bright make-up. The aggravation from the heat. the staring look and the red cheeks. The aversion to have children. The love for animals. The aversion to milk. Difficulty to trust others. Antici patation before examination. In one case the patient wept a lot while in the other case her mother wept a lot. Most striking, the hatred, mainly towards the mother. Rigidity of opinion. Something seems to have gone wrong with *Aethusa* patients in early childhood, during the breast feeding period, or before that with negative effect on the breast feeding. Some disturbance between the mother and child, resulting in closing off the emotions and hatred".

62. Recurrent Colds
DAPTARDAR B.G. (HL,8,3/1995)

9 year-old girl with recurrent coryza and cough. Change of weather or change of food affects. Nightly nasal obstruction. Recurrent fever, always very high and bodyache. "Born with throat infection" and thereafter chronic tonsillitis. Desires liquid foods, fruits, chocolates+++ , sweets, Ice-creams. When she gets hurt she doesn't weep easily but rather remain quiet. But when her mother notices and caresses she weeps a lot. White spots on nails.

Carcinosin 200 two doses.

63. A Case of Tuberous sclerosis
DAPTARDAR, B.G. (HL,8,3/1995)

25 year-old male. Convulsions first noted in March 1991; only during sleep. Recurrent coryza with lachrymation and headache. Headache better sneezing worse fasting. Cannot tolerate contradiction. Ill tempered. Mean and selfish. Eruptions on face like that of clustered warts. He was quite dull and poor in his studies and somehow landed in a job in the Municipality. Was eager to be married.

Bufo M transformed him.

64. A Case of Sexual Abuse
JENNI Victor J. (HL,8,3/1995)

11 year-old girl with history of sexual abuse, by her father who is an alcoholic. Her three year older brother suffers from Aplastic anemia. Many fights in the family with the involvement of the children.

The girl suffered with recurrent pharyngo- tonsillitis. Tonsils removed. She suffers from wandering joint pains; despairs with the pains in hips, knees, elbows, wrists and feet. Pains in waves, worse evening, better warm bath. On the right side of body she has an eruption, a Pityriasis rosea Gibert. Fears thunderstorms, foreign people and darkness. She is warm and refuses warm clothes. Strong perspiration on feet.

Crotalus cascavella 30; No complaints of pain.

65. Migraine
JENNI Victor .J (HL,8,3/1995)

53 year-old woman; Migraine, abdominal pains, climacteric problems, sleeplessness and vertigo with tendency to fall. *Naja* 200.

66. The Case of Princess Daisy
BALDOTA Sudhir (HL,8,3/1995)

This is a 'text book' case, i.e. exactly as depicted in text book. Callosities on the soles, sentimental, love of moonlight, sun-rays coming through broken glass, obese, amative, love-sick, etc. *Antimonium crudum* M transformed her.

67. Psychologically Disturbed Youth
GUNAWANTE S.M (HL,8,3/1995)

19 year-old boy with complaints of erratic 2 behavior, at home and school. He stopped attending school because his mates teased him, He told his parents to change his name because his mates joked about it.

His story had components of *Baryta carbonica* and *Sulphur* and so *Baryta sulphurica* was given and he improved.

68. A Case of Insomnia
HIWAT Corrie (HL,8,3/1995)

54 year-old female with Insomnia. Her father, a vicar, always demanded attention and service from his wife and children. He had all members of his family around him in the bed at night and when he was unwell this daughter who was God and Satan and someone who was completely pathetic", Her Insomnia started after her secret relationship with a married man came to an end. She spoke of breaking free from rules choking her. She said that her whole life was filled with fear. Felt very lonely and needed people around her. She said "there is a great need in me to express myself. There is still so much excitement in my body. Waves of excitement go right through me. I have to control myself from not speaking very loud if I talk to someone". She had pain in her body, in her breasts, abdomen. Lot of Gas and her abdomen swells up with it. Feels hurried, need to walk when excited with a lot of pains in legs. Hyperventilation.

Cimicifuga relieved her sufferings.

69. A Case of Abdominal Pain
HIWAT Corrie (HL,8,3/1995)

The patient seemed to be in great anguish. When she was narrating her troubles she was so nervous that she could hardly speak, wringing her hands, pale lips, red face, scraping her throat frequently, etc. Her abdominal cramps would come and go without any modalities. Chronic coryza, constant sniffing.

Her father was a faddist regarding macrobiotic food, because her sister was ill (cancer) and he believed that somehow macrobiotic food would restore her. As a result everyone at home had to take only such food regimen. She herself thought that for all her complaints the reason was perhaps that she had bad eating habits. When her dying sister secretly pleaded for sweets, she sometimes gave the forbidden food. She now felt very guilty. *Kali bromatum*.

The remedy restored her fully. She realised that she did whatever she could then to her sister and that her father in his despair to save his daughter believed that the way out was strict diet. She felt sorry for him too. In this case the rubrics were Delusion, Crime, committed a; delusion her brother fell overboard in her sight !

70. Treating Crack Babies
SANDERFORD Patty (HL,8,3/1995)

"The addiction to crack Cocaine has reached epidemic proportions in America. In the past 5 to 10 years more and more children have been born to crack addicted mothers. These children are born with multiple problems into horrendous situations. This article is from Patty SANDERFORD, a lay homoeopath of considerable skills, and a mother with a large heart .She has raised in part or full 54 children! Her calling has led her to cross paths with children virtually no other homoeopath has

encountered. I thought a few of her experiences might interest readers of **Links**" (Karl ROBINSON, Editor of this issue of HL)

Some Extracts from the article itself which is fascinating reading and which strongly recalls to the mind of a homoeopath his/her 'calling':

"I had no idea how my journey in Homoeopathy would have such a strong impact on so many lives. I first learned of Homoeopathy nine years ago. I am a lay homoeopath but a mother first. My first born is now 22 years old. He is my only biological child. I also have 5 adopted daughters and am currently adopting a sibling group of three. I have been the foster mother to 45 other children... In the ten years I have been fostering children there has been a phenomenal rise in drug addicted children. I have seen suffering and pain that no child should have to endure".

Case 1: Three day-old baby boy, born to crack- addicted 30 year-old mother, who has been abusing drugs since her 13th year. She used crack 3 hours before he was born (at 35th week). The child was very lazy, lethargic, actually in stupor and next to impossible to arouse. In one 12 hour period he did not wake up once to eat or cry! He was a limp baby in arms. *Opium M* one dose was given and 8 hours later he awoke and took the bottle and proceeded to recover. He is now 3 years old and lives with his aunt, and is quite normal.

Case 2: Six-month-old male baby who has been severely beaten about the head. Eyes were swollen almost shut. Blood was running from his nose which was purple. The lips were swollen double the normal size. Ears a deep purple. Patches of hair were missing. He was screaming and writhing in the arms, *Arnica M* was given and he was carried comfortably in the arms and she (the author) started singing quietly to him. In 12 minutes he slept, and after 4 hours woke up and hungrily took the feed. He made a rapid recovery.

Case 3: 2 year-old male child. History of being burned with an iron and cigarettes, cut with a knife, smothered with a pillow, poked in the eyes, put under a hot and cold water for soiling his pants, digitally sodomized until he bled, and beaten with a belt. When he was first picked up from his mother (who was 32 and had been abusing drugs from her 12th year age) the first words he told was "Bitch, feed me!" His hands were constantly clenched even in his sleep. Very angry boiling mad inside. After observing for 3 days he was given *Staphysagria 200*. He began to improve, but still the violence in him. He was later given *Stramonium XM*. He made great progress but there is still much to be done.

(In the land where parents so cruelly and unbelievably violently torture small infants, there are such kind and loving persons like Patty SANDERFORD. There is so much of hope for Homoeopathy in the hands of such persons. God bless you Patty = KSS).

71. A Case of ***Cenchrus contortrix***
HUG Christine (HL,8,4/1995)

27 year-old woman complaining of panic attacks at night which woke her from sleep. She had fears from: wars, spiders, snakes and contracting an incurable disease. Her chief fear was of men and being raped (which had occurred when she was 18). Since then she had fear of a man coming into her bed-room at night and she awoke with heart pounding, fearing she would die.

She had broken completely with her father who had several affairs for which she despised him. She said that she dreamt of being "lame". She felt that "lame" meant that she liked stealing from time to time which made her feel good. Pulling off a robbery was a kind of revenge.

She felt tempted to have sex sometimes but she despised herself for such thoughts. She was given *Cenchrus 30* and a month later *200*. She dreamt of having uninhibited sex. Then she began to have sexual relationships with several men and did things which she never imagined she would dare. Never had so much fun in her life. She needed the remedy some months later. Three years later she needed the same remedy in M potency.

72. Insights into a Common Remedy
REICHENBERG-ULLMAN Judyth (HL,8,4/1995)

13 year-old girl with recurrent Pinworms resisting all treatment. Tendinitis of right foot. Pain and clicking in ankles and wrists. Frequent need to crack her ankles. Her wrists hurt when she wrote. Growing pains in various parts of her body. Whenever Pinworms recurred she became angry. She felt that there was a part of her which others could not understand. Felt she couldn't count on people. Anger, irritability. *Ruta graveolens* M was her remedy.

There are many symptoms in this case which *Ruta* cured are not well-known or used earlier.

73. Cases of Bronchopulmonary dysplasia
COOPER Linda (HL,8,4/1995)

This article demonstrates that Homoeopathy can be used with success purely on pathophysiologic grounds, 'a far cry from the heady heights of psychological prescribing that we often read about in **Links**'.

Bronchopulmonary dysplasia (BPD) is a chronic lung disease which develops in infants who suffered from hyaline membrane disease in the first week of life. A friend homoeopath suggested *Kali muriaticum* (tissue salt) for these infants. 3x was tried without success and then 30c one dose a day for 3 days gave a dramatic improvement in an infant. Weekly doses continued for a few weeks with continued improvement. At least two other infants with BPD improved well with the same remedy.

74. Memories, Dreams & Remedies
THOMPSON Michael (HOM,58,1995)

WHITMONT has pointed out that many patients will have dreams of snakes, robbers, being pursued, chased etc. during their lifetime. These are quite common things to appear in dreams. In his book **Dreams, a Portal to the Source** WHITMONT has said that we must listen carefully to the patient's dream and ask the dreamer about the symbols in the dream itself.

The following cases are to illustrate how the language of the patient's dream may be interpreted. At least understood and then translated into the language of the repertory, it may suggest possible remedies. WHITMONT has inspired by his example to listen to patients with greater attention and to feel that their world, not only their dreams, is real for them.

Case 1: A retired man with Anxiety Neurosis. He had fascination with whales and submarines. When asked for clarification he said that he meant sharks and that sharks symbolised hidden power in the depths of the sea, thus one sees a similarity with submarines. When asked in what way he hid his power he said that he did not reveal himself to other people very much, but only showed them what he thought they wanted to see. He considered himself to be a great person; and the prescription was *Sulphur*.

Case 2: A woman born 1959, a mother and Psychotherapy student with menstrual problems. She dreamt that she was fighting with her mother. It was centuries ago and they were fighting with crude metal weapons. She comes from Greece and has a long history of conflicts with her mother. *Ferrum metallicum* image and it cured her.

Case 3: A woman born 1972, a social worker. She had a dream of a bad man with a tattoo. She explained that the man was a local celebrity. He has tattoos on his face and feet and in particular she dreamt of him having a tattoo on his cheek shaped as a tear. He also had tribal markings he decided to have removed. When asked what the tattoo of a tear meant to her, she said that it was somebody who was unable to cry and wanted to show other people that they were sad. "Rather like me" she said. She was very self-conscious about her eczema and had not worn shorts all summer because of it. (aversion to being looked at; Fear of her condition being observed -symbol: tribal markings removed). *Aurum metallicum*.

Case 4: A woman born 1958, vertigo attacks every three to six months for the past 2 to 3 years. Her dream: she is paddling and she cannot swim. Her father, who is deceased, is far out to sea and she is afraid of the sea because she cannot swim. In the dream she will not go any further than she has to. Things are growing in the sea. She is paddling and paddling and keeping her feet on the ground and does not know what is underneath. She is afraid of taking her feet off the ground because of not balancing. She is afraid her father will not come and that the water will carry him away. Her father tells her to come in and it is lovely and warm. She thinks it is cold. He is warm because he is moving about. She does not like chlorine in swimming pools. Here we have the image of the shy, introverted

person who is unable to swim in the currents of life and stays on the edges and just paddles and niggles at things. *Natrum muriaticum*.

Case 5: A woman born 1940, Had not had her periods for three months. Pains in the left elbow, unable to straighten properly. Pain worse from any movement. Her dream: she was by herself in the parapets of a castle which needed a lot of decorating and she was redesigning and hoping to get more of her family in it. The house was in a poor state of repair but the grounds were good. To her a castle meant, hundreds of years old, royal connections, lots of servants, is built on a hill, defended against invaders and has big strong doors. When asked what she had to defend against she said that she defended her family. She likes to think that she is the kingpin. But these were frustrated. *Platina* was her remedy.

Case 6: A woman born 1964, a voluntary supervisor for a charity. Her dream: she was sitting there with all her possessions, and her partner was trying to connect a television. (they do not like television and do not have one at home). She was shouting at people in the dream and she felt unsupported. They did not care and her mouth was dry and words stuck in her throat. The next day she developed a sore throat so that it was difficult for her to say some of the things she feels.

She then said that she felt paranoid about some of the things at work and wants to leave the agency. She felt betrayed, injured and taken advantage of. She said that TV is a power tool and is used for advertising but you can get hooked into it, it is not like a book. She talked about power struggle at work and she feels suicidal. The TV has a thick power lead, but it was not connected. She felt that she had given a lot of her power away and she needed to feel support. *Aurum* was her remedy.

Case 7: A woman born 1947 with frequent, protracted and heavy periods, PMT and night sweat. Her dream: She was in a clothes shop with her mother and she wanted to buy a 1920's shifts. In her dream she was a 20's flapper. The 1920's were a decadent era. This is a picture of a society woman going to elegant parties, who would value the admiring glances and flattery. Taken together with feeling hurt and abandoned by her husband and family, a picture of Palladium emerges clearly.

75. Mother and Child
PINTO Gabrielle (HOM,58/1995)

The cases are to illustrate Mother-Child dynamics and long-term case management in homoeopathic practice.

Case 1: This lady did not conceive until she took fertility drugs. The pregnancy was very troublesome. Her child was alright, but she could not sleep well, had headaches, lost interest in sex and had no joy in going out and living. She was losing hair, constantly anxious. *Sepia* improved her in all ways. She again came to the author when she became pregnant without fertility treatment and after first two weeks she began to feel lethargic and unable to sleep and had again lost her sexual energy. *Sepia* again lifted her up. When she again came for a cough and chest infection she was given *Tuberculinum bovinum* 200 and her pregnancy went on well and she turned to be a very healthy woman "I feel a normal human being. I can take naps now. I can lie down and sleep. The deep fatigue has gone. I have also had no more headaches for ages".

Case 2: 3 year-old boy; wakes two or three times in the night, screaming from nightmares, wants a light on all the time, scratching and biting his friends, very jealous of the baby. Cries easily, gets colds often, very possessive, particularly of his toys. *Stramonium* 200 and the child made rapid improvement.

The mother now came, an year-and-half after the *Tuberculinum* (see case 1 above) complaining of a change of mood. Felt insecure, clinging to her children. Felt as if in a dream, like cotton wool in head. Used to feel like this as a child. Critical of husband and shouting at him, very angry. Felt separated from everyone and that there were no friends. Nothing seems normal to her anymore.

As a child she was very clingy of her mother and felt very upset and anxious when her mother was away for two weeks. *Stramonium* 200 and her complaints began to clear up.

Inner experiences of childhood can be carried through to adulthood.

76. Difficulty in Labour
CUMMI NGS Bright (HOM,58/1995)

The author is an independent Midwife and also practices Homoeopathy. In this practical article she briefly recounts the difficulties in labour, the common reasons for calling medical aid- Spontaneous Rupture of Membranes (SRM) followed by No contractions at term. She says that while most consultants would expect women in this situation to go into hospital, however, if left alone, 70% will give birth within 24 hours, and 90% within 48 hours. She also lists the indications for orthodox medical treatment, the risks of such treatment as also the advantages. The relevant rubrics in relation to homoeopathic intervention is given.

In 'Erratic contractions' she gives again the advantages and disadvantages of Orthodox treatment and what may happen if the mother chooses to wait. In this too the relevant rubrics are cited.

77. Do-it-yourself ?
WARREN Carolyn(HOM,58,1995)

The fourth child of a 37 year-old woman was born very healthy with a hare-lip. He was booked for a repair operation six weeks later. The mother became very anxious as the surgery date approached. The child was taken to the surgery but the surgeon postponed the surgery since the boy had elevated white blood cell count. This situation repeated three more times. The child had no cough, cold, fever, but whenever he was taken to the surgeon it was found, that his white- cell count was more, and so the surgeon did not chance a surgery. The mother was in a constant state of anxiety. Being devout christians, she and her husband discussed in detail and decided that they were being tested. But she couldn't cope with the stress. After discussing with the lady *Thuja* was seen as her remedy. In order for her disfigured child to have the simple operation that will render his face beautiful, his mother has got to relinquish control of him. She has to not only put him into the hands of the surgeon and anaesthetist, but also if she believes in fate, or 'God', and she professes to believe whole- heartedly in 'God', So this is a deep test of her faith. If we can see what our fears are, feel them but do the thing any way, we can overcome them. Ultimately we have to do it ourselves.

78. Long-term Homoeopathic Treatment and Chronic Disease: A discussion.
(HOM,59/1995)

Two cases of patients who had ongoing treatment over a period of eight years for non-life-threatening complaints and eventually developed cancer while still having Homoeopathy. The object of the exercise is to try and understand what happened and to consider the implications. These cases were referred to ten respected homoeopaths- and their comments sought. Five responded - Jeremy SHERR, Madeline EVANS, Miranda CASTRO, Berkely DIGBY, Rc,berto BIANCHINI. Robin LOGAN summarises and comments further.

Two out of the 10 homoeopaths chosen to be addressed were particularly known for their stated belief in the safety and simplicity of homoeopathic practice, but unfortunately neither of the two responded!

79. Two Cases of Breast Tumour
PAREEK Alok (HOM,59/1995)

Case 1: 35 year-old young lady, middle-class family, consulted for a lump in her right breast which had been steadily growing in size for about an year. It was stony hard, fibroid, and embedded in the gland. Skin and nipple in no way complicated. Surgeons advised excision. She had fear of cancer. Biopsy report confirmed malignancy. Surgeons suggested immediate mastectomy, which was done followed by deep rays and she was assured of total recovery. Three months later another lump of the same type occurred in her left breast, and now she came to Homoeopathy.

The Totality of the case pointed to *Conium maculatum* which was given in XM potency and a small crop of furuncles appeared in axilla and she appeared improving. Two months later there was a set-back and she found the tumour much large; she was morose, depressed and disappointed.

Conium CM was given and soon the tumour was found much reduced in size with no pain and simultaneously a crop of bluish furuncles appeared. *Graphites* CM cleared the whole and three months later biopsy ruled out any malignancy.

Case 2: 50 year-old lady with lump in her right breast covering right upper and lower quadrant. *Conium maculatum* 200, but beyond some decrease in size no further progress. She was found to have warts on one side of the left knee as also multiple small warty growths round her neck; history of uterine polyp. *Thuja* M. A month later tumour reduced to half its size, but now she had vertigo better by washing head in cold water and drinking cold water. *Phosphorus* M cleared the whole case.

80. A Case
ROBERTSON Fiona (HOM,59/1995)

In this case an 'acute' remedy rarely thought of in a chronic case and less so as a 'constitutional' remedy, has been used in a chronic case of Asthma.

A boy of 9 years age, born blue, needing oxygen. His mother experienced 'labour' five weeks before but it was arrested in hospital and subsequently induced in full term; he was born quickly.

As a baby he had Hernia; after DPT he caught chest virus and kept in oxygen tent and since then frequent colds and then wheezing, etc., Put on steroids. His nature is basically placid and easy-going. Full of mischief with a nice sense of humour. He is a child who never did anything until he is ready. Walked late. Only at 15 months he stood up; in the morning he stood up and walked and by evening he was running through the whole house!

He developed violent anger over trifles and somnambulism. Taking into account the whole case, including family history, the remedy that came up, after repertorisation, was *Aconite*. His 'suddenness' (quick birth, sudden standing and running, violent angers etc.) decided *Aconite* which was started in the LM1 potency. Since then he began to improve steadily; the remedy was slowly raised to LM2 and then 3. He needed once *Arsenicum album*, *Tuberculinum* and again *Aconite*. Lastly given *Calcarea sulphurica* 200. Got mouth abscess. Since then clear of all other symptoms.

81. A Conservative Man
SPENCE Neil (HOM,59/1995)

31 year-old man, senior administrator, and doing an MBA which he loves but finds stressful. Drinks a lot and smokes hash to calm himself down. He is worried about all the drinking and smoking. Very conscious of status, has to be good at his job; tiredness and stress is a constant problem. "I don't have time to be ill". Abrupt with people, holds grudge, hurries. Suffered road accident twice, as a teenager. Since these accidents Migraine-type headaches.

He was given *Nux vomica* LM 1, daily dose; the remedy was given over the period upto LM7. HE subsequently needed *Opium* 200.

82. A Short Case and Repertory addition
MEYER Sarah (HOM,59/1995)

Herpes Zoster :

Mind: Anxious, on edge. Restlessness, Irritable Wants to be free of confines (desires for open air Yearning. Idealism and fanaticism.

Eruption: Rash, Red, Pustules, Small like chicken pox. Left side of chest and left shoulder blade.

Pains: Sharp needle-like. As if burning. Aching, dull where nerve is like a bruise with itching. Light pressure ameliorates. Worse at night, before sleep. Waking 2.30 am and then sleepless. Worse not moving, better from occupation, working.

Prescription: *Tuberculinum* 200

Complete cure of herpes in 10 days.

83. Treatment of children with Attention Deficit Disorder and Hyperactivity
GRUBER Frank W. (HT,15,6/1995)

This is a review of a Seminar by Paul HERSCU.

HERSCU's teachings are based on his own experiences. The remedies in Attention Deficit Disorder fall within a certain grouping. HERSCU has constructed a model for the selection of these remedies and how to follow-up over time. He said that all the "Hyperactive remedies" while mainly thought of for their mental-emotional components, also have well defined physical symptoms. They are complete remedies. According to HERSCU *Hyoscyamus* patients may pass through a *Stramonium* state as they get healthier. Although most of the hyperactive remedies share so many of the same symptoms, they are all quite different, The reason they look so similar is that since they follow one another, often symptoms of remedies that will be required in the future for the patient are seen.

84. A little-used remedy
TREUHERZ Francis
(HT,15,6/1995)

Two cases of eye surgery; one a lady of 93 and another a man 54 years, both underwent surgery but suffered from 'debris' in eye after the surgery. Prognosis uncertain. In both cases, *Senega* 6 gave very quick benefit, complete recovery. (see BOERICKE "Fragments in eye after operation").

85. A Summer Flu
MALERBA Larry (HT,15,7/1995)

Nothing remarkable in this case. Nevertheless his is being included here just to show the rapidity with which the cure takes place unlike any other Medicine. 32 year-old female who has been earlier cured of Psoriasis with *Lycopodium* now complains of tiredness, cough (after a sore throat), sinus pain (maxillary), slightly more chilly, emotionally somewhat depressed, frustrated and avoiding people. She was nervous before a piano recital. *Gelsemium* 30 brought her back to normalcy within 24 hours.

86. Epidemics: Prescribing by
Committee? CRORE Ann Jerome (HT,15,7/1995)

There is a very interesting lesson in this case report.

A friend of the author reported of a Flu with which her 7 year-old son was down. This boy who was normally healthy and active developed fever (102°F) sleepy, vomiting everything, his neck hurt. Strangely his mood was sweet, calm, and cuddly - an anomaly for him even in health, and far more so in sickness. By the time the author spoke to her friend he was improving and no medicine was given. Several days later the author's own two year-old daughter came down with the Flu (sleepiness, vomiting, fever, sweet-tempered and cuddly) and remedies *Pulsatilla*, *Belladonna* and *Ipecacuanha* had little effect. Now, it was observed that the same friend's daughter who was always prone to attacks of all colds and flus, had not succumbed to this virus even though her brother had the flu; the constitutional remedy of this girl was *Phosphorus*. Possibly the *Phosphorus* protected her. The author's 2 year-old son's case, when analysed pointed to *Phosphorus* and it brought him to normality soon. During the next 2 weeks *Phosphorus* cured the author and her husband though their symptoms were different from their children's.

In these cases the remedy was not worked out with the repertory but merely by diagnosis. For answer refer to §101 and 102. Remedy selected on the basis of totality of cases!

87. A case of an angry, violent child
MALERBA Larry (HT,15,10/1995)

"Timely homoeopathic treatment can alter the course of someone's life. Therein lies the value of treating children. Imagine the potential future of the child described in this case had he never received the similimum that helped to restore his Vital Force to balance." In the subsequent lines a nine year- old boy is described. He complains of being tired all the time, even after 12 hours sleep. On further examination it turns up that he has always been a character, and worse when alone and

always needs company and to be entertained. He gets violently angry, throwing a fit, crying, punch his brother or yell at his sister. He can storm out of a room and slam the door. If he loses in sports he would behave as if the world is against him, accusing the children of cheating. He wants to be the best, everything is competition. He loses things; "too many things in my mind" he says.

In gist he received *Stramonium* and began to improve.

88. A Miraculous Case
MAIOLINO Ramona
(HT,15,11/1995)

A man suffered fracture of the leg while jumping from the second storey to escape from a fire. He was on homoeopathic remedy then. Two years later, he complained of pain in his left leg in the outer side, a few inches above the ankle. *Ruta* 200 was given and immediate relief was felt. Two months later the leg was bothering him again "it feels like a piece of bone is coming out". *Ruta* M was given and again immediate relief. Another two months later he was again limping. Subrata K. BANERJEA'S *Materia Medica* which claims to contain "ancestral tips" had this: "*Bellis perennis* : Sprains and Bruises, Myalgias and Neuralgias, Rheumatism, Boils, etc. Potency 50 m. Ancestral tip: Complaints resulting from injuries to deep tissues and nerves. Potency of par excellence!" This was taken at 10pm on a Wednesday night. Around 2 a.m. of Thursday night woke up and felt something strange going on with the leg and found something moving and poking out of the skin. Found it poking out of the skin and gently pulled it out. It came out easily and without pain, no oozing. After washing it, it was found to be a glass piece 2 inches long and 1 inch wide. Evidently it had penetrated into the leg while the patient jumped through the window. Patient remains well (Note the action of *Bellis perennis*).

89. A coma Case
FAIRBANKS Melinda
(HT,15,11/1995)

23 year-old man -a very brilliant musician and composer in a music college in San Francisco. A car crashed into him while he was biking and he was flung 35 feet over the windscreen. He is in coma since 5 weeks. Extensive head injury mostly on the right side, plus broken ribs. Apparently a score 30 is declared brain-dead and he was 27. He was breathing on his own after tracheotomy, and was being fed intravenously. At this point the discussion was to stop feeding him, and "let him go". However, his mother determined that he was "in there" somewhere and was constantly speaking to him, playing music, and giving him physical therapy. He has been out of coma for about 3 weeks.

His symptoms at this stage: arms contracted upto the chest and fingers clenched and already the tendons are shortening and movement is difficult. Very often the left side of the face is drawn like a kind of "sneer". More movement on the left of his face. Jaw clenched, for the weeks he was comatose. Forehead is wrinkled very often. Does not move his head, but his eyes will look at you intensely and follow you slowly and sometimes eyes will roll up and it will take time for them to return to normal. Feet turned in. He was running intermittent fever, not so often now. Head and face are often sweating profusely, with no fever.

He was known to be a friendly person, introspective, intense concentration, his musical compositions were a mixture of classical and jazz -very free and creative. Liked writing poetry and reading. He has always had eczema on knees, elbows and eyelids.

Helleborus brought some amount of improvement and then *Natrum sulphuricum* helped improve very much, much more than expected, to the extent that he could move easily in a wheel chair and play the piano. His total recovery and restoration to his formal state is still doubtful, but there is hope. He is under treatment.

90. Prostatitis
KANSAL Kamal & VAID Indu (HUD,3,711995)

'Update' on Prostatitis with two small cases: In one case of 50 year-old male Pareira brava 6 t.d.s. and later 30 for some period relieved and in another case of 72 year-old male, Copaiva 30 t.d.s (ball sensation deep in the perineum).

91. Chronic Suppurative Otitis Media
CHAWLA Jagdish
(HUD,3,711995)

18 years-old girl with chronic suppurative Otitis Media was rapidly cured with a single dose of *Hepar sulphuris* CM.

92. Prostate Related Disorder
GUPTA A.K. (HUD,3,811995)

54 year-old man with too frequent micturition. Investigation: Enlarged prostate. *Nux vomica* 200, followed by *Ferrum picricum* 30 daily, improved.

73 year-old man, with Osteoarthritis and haemorrhoids and benign hypertrophy of the prostate. Surgery for the prostate was suggested. *Apis* 3x and then *Solidago* mother tincture gave remarkable relief.

70 year-old man, with Diabetes and prostatic hypertrophy Grade II. *Lachesis* M followed by *Sarsaparilla* 30 t.d.s relieved.

60 year old man with Haematuria (after surgery for Haemorrhoids) with pain abdomen and burning urination. *Nux vomica* M followed by *Terebinthina* 30 and *Chimaphila* mother tincture. Later *Sabal serrluata* mother tincture, improved.

77 year-old man, operated for prostate in February 1994. Then there was swelling in the pubic region with pain, micturition 8-10 times at night, dribbling of urine; blood pressure 240/ 120 mm of Hg, hyperacidity, waterbrash and breathlessness. *Staphisagria* M followed by *Rauwolfia* mother tincture and *Viscum album* 30 improved. Subsequently *Carcinosin* 200 followed by *Crotalus horridus* 30. His blood pressure also came down appreciably.

In all the cases the prescription was on the totality including the mentals and the potencies were repeated as required.

93. Effect of Homoeopathy Remedies
on Thyroid Disease
KANSAL Kamal (HUD,3,9/1995)

41 year -old female with difficulty in swallowing and fine tremors of both hands. Thyroid tests done and prescribed *Calcarea carbonica* 200 every fortnight *Iodium* 30 t.d.s. for 4 weeks. Repeat tests showed improvement in 6 months.

14 year-old girl, student with malaise, lethargy, lack of concentration in studies and mild thyroid nodule. Thyroid tests done and she was put on *Thyroidinum* 30 from 6.2.1995 to 8.7.1995. Repeat Thyroid test showed good improvement.

The prescriptions were purely on clinical basis.

94. Cases of Infective Hepatitis -Who says Homoeopathy is slow?
KOHL! Bindu (HUD,3, 10/1995)

32 year-old female, Turner's syndrome. Was under treatment for various metabolic disorders and doing well with *Iodium* 30 (not for Turner's syndrome which is of genetic origin). High colored urine and pale stool with nausea and vomiting. *Chelidonium* 6 t.d.s. from 21.8.1995 to 12.9.1995 with complete recovery.

22 year-old woman: pain abdomen esp. right hypochondrium and peri-umbilical region, nausea intense and perpetual, and history of high coloured urine, fever *Chelidonium* 3x t.d.s. After 2 days the Serum bilirubin had shot up and patient was vomiting, stupefying headache, dryness of mouth and thick white coating of tongue. *Chionanthus* 6 t.d.s. Vomiting stopped promptly, but intense

pruritus came. *Hepar sulphuris* 30 without improvement. *Sulphur* 30 t.d.s. for 3 days and there was total relief and improvement.

95. A case of Acute Pyelitis
TAYAL Amrish (HUD,3,1011995)

24 year-old female with burning urination, fever, intense headache. The remedies indicated did not help. Close questioning revealed that her father was forcibly abusing her sexually and in the last week he had brought in another woman and was involved with her. *Staphysagria* 200 relieved promptly.

96. A Sentimental son
MEHTA Nimish (IJHM,30,311995)

35 year-old college Professor, very good in all his undertakings right from the school days, intelligent, irritable, egotistical, domineering, blotting-paper memory, determined. In the further discussion the patient was found to be basically 'sentimental'. This plus his craving for salt, chilliness, headaches preceded by visual disturbances decided for *Natrum muriaticum* which was given from 30 to CM, repeatedly while the blood-pressure drugs were tapered and finally withdrawn.

97. Hypertension: Constitution Dyscrasia
BARVALIA Praful (IJHM,30,311995)

45 year-old man, with Hypertension 190-230/116 -120 since ten years. By and large asymptomatic. Partial response with Betablockers. Obese, grey hair since 10 years, looks flabby, face flushes easily, excess perspiration which is offensive. Hot patient, Strong family history of Hypertension and Ischaemic heart disease, early death of 4 siblings. His life was full of emotional stresses and strains. ECG showed silent old infarct.

Repeated doses of Ferrum iodatum 30 to M and Medorrhinum M

98. Anxious Female with Hypertension RAO Dinesh & DEOLE Neelam (IJHM,30,311995)

48 year-old female with Hypertension. Family history of Hypertension. Craving for sweets, salty food and meat. Chill and sensitive to direct draft. Perspired profusely on chest and face. Disturbed sleep due to financial problems and unpleasant dreams. she suffered traumatic marriage and later from indifferent and misbehaving children.

Veratrum viride 30 and later 200 *Kali Carbonicum* 30,200, M, XM.

99. Industrious career oriented Female - **Sepia** SHUKLA N.P. (IJHM,30,3,1995)

64 year-old female, with Hypertension. As a child she was a 'tomboy'. she heads a school since over 25 years. Capable of managing problems diplomatically. Although past 60 she has no intention of retiring. she feels that her mania for 'vWrk has kept her healthy all along. The striking symptom was her career-orientedness. *Sepia* M gave her the required recovery.

100. Obsessed with Excellence - Story of a student BARVALIA Praful, SHINGALA Kirtida (IJHM ,30,3.1995)

15 year-old girl, student with complaints of chronic colds, sneezing, dyspnoea, worse in humid climate, 'vWrse draft, sweating, insufficient sleep. She desired chocolate, sweets, chilly.

She is the only daughter of a high-ranking police officer, and her mother is a school teacher. The detailed case-taking revealed that the patient was a very fastidious, conscientious, precocious, compassionate person; a perfectionist and hard- working; artistic.

Carcinosin 200.

101. Doctor in Distress

BARV ALIA Praful
(IJHM ,30,3/1995)

This is a very interesting case. A 51 year-old doctor (whose father and son are also doctors) was suffering from Peptic Ulcer. He was not attending his clinic due to the pains, since a month, and conventional treatment was of no avail.

The history revealed that the patient had failed in all his three marriages. He felt that his sufferings were due to his disobedience of his father who reconciled his self-pride for the sake of his son. He was also making lot of plans of construction of beautiful bungalows for sale and developing a fine town. Taking into account his intense remorse, making of many plans, his despair, he was given *Coffea* 200 for three consecutive days which brought quick relief. He began to attend his clinic and gave up the plans for developing a beautiful township.

102. Tyrant Conscience and a soft Heart PATEL Manoj K. (IJHM,30,3/1995)

In this interesting case also the mental state decided the choice of the remedy, in fact the mental state alone.

67 year-old man with Angina Pectoris, pain in the right arm with chest heaviness on exertion. spondylosis, C5-C6. Cough, colds, in winter. Teeth caries.

Detailed investigation of his life revealed him to be a highly disciplined man abiding by established moral codes. His wife died and he developed intimacy with a woman who considered him very high and worshipped him. Later she went to the USA to be with her son; now she was returning home, she has written to him, and would like to see him. He was now excited at her return while at the same time feeling much embarrassed. What is right? What is wrong?

Silica 200 (Repeated doses for several days)

103. Tinea with Psychosomatic
Dimension : A case study
BHATIA Kavita (IJHM,30,3/1995)

27 year-old man, extensive ringworm since a week; itching with burning; prone to allergic colds; sneezing continuously worse early morning, dust. Wet cough worse smoking. Headache from long journeys. Past history with similar skin treated allopathically.

Conscientious person, he checks again and again till work done upto his satisfaction. His schedule is planned a day in advance and gets irritated if people are not punctual. He suffered from loss of his friend in a motor-cycle accident in which he escaped with some injuries. He was sensitive and rather reserved.

Natrum muriaticum 200 eight doses, q.d.s. followed by severe aggravation and then steady amelioration. *Natrum muriaticum* 200 and then M later were given with complete cure.

104. Hysterical Lonely Lady with migraine BHALINGE Sunil B. (IJHM,30,3/1995)

32 year-old married woman. Headache chronic; Burning in stomach, lot of gas. The totality indicated *Natrum muriaticum* as the constitutional remedy.

105. Osteogenesis Imperfecta
SHANGLOO, G.K. (IJHM,30,3/1995)

Two cases are cited in which *Calcarea carbonica* was the main remedy with *Sulphur* in the first case and *Tuberculinum* and *Mercurius* in the second case, required intercurrently. (All the remedies in potencies 200 or above generally given as "two doses at 15 minute interval". What is the rationale for this mode of administration has not been explained by the author-KSS).

106. Redundant Sigmoid Colon: A case study HAKIMJI M.S. (IJHM,30,3/1995)

3 year-old male child with chronic constipation since infancy. Initially *Ambra grisea* 30 and then *Alumina*. But *Syphilinum* was the remedy which he actually needed.

107. An Encounter with Acute Myocardial Ischaemia
KOTHARI B.P., PUROHIT Hitesh (IJHM,30,4/1995)

A 66 year-old lady with Ischaemic heart disease suffered from an acute episode and was improved by *Laurocerasus* and the miasmatic remedy *Tuberculinum*.

108. A case of Acute Cardiac Emergency VIJAYKAR Praful (IJHM,30,4/1995)

This case demonstrates the efficacy of homoeopathic medicines not only in chronic non-serious diseases but also in acute cardiac emergencies.

This patient whose son is a doctor, was admitted to a hospital, in the ICU, for an acute infarct. He refused to undergo allopathic treatment and demanded for the homoeopath. This patient was known to be quick, hurried, sly, braggart, a know-all, do-all, pseudo personality, dogmatic, angry, irritable and positive. He was given *Mercurius solubilis* 200 one dose and began to improve with no other medication.

109. Impersonal, Sentimental Manager with Hypertension & Hyperthyroidism BARVALIA Praful (IJHM,30,4/1995)

52 year-old man with Thyrotoxicosis. Sensitive and silent sufferer. Friendship and movement much restricted. A self-made man. He also has Hypertension and Hyperacidity. Investigations revealed that he had a minimal functioning goitre and is an ideal case for radioactive iodine treatment for this *Thyrotoxicosis*. Considering his total personality *Kali bichromicum* was prescribed and he began to improve. The remedy was given once a day initially and was gradually raised to 4 hourly, and then M potency in infrequent doses gradually increasing to 4 hourly.

110. Understanding the language of the Heart DHAWALE K.M. (IJHM,30,4/1995)

47 year-old lawyer with pain in the heart, "sledge hammer blow", vice-like pain; sensitiveness of body; sweat stains clothes yellow. Could not shout or cry and admitted to the Cardiac Care unit and hospitalized for a month. Bundle branch block and a complete heart block, but recovered. Now both arms pain vice like, worse rapid movements, worse tension, worse thinking of complaint; better *Sorbitrate*. *Inderal* 40 mg/day.

Desires alcoholic drinks, Ice cream. He was ambitious, his desires achieved, he still wanted to progress further. He was irritable, excitable; headaches, rage, violence at persons, prone to shout, sensitive, sentimental, impulsive, anxious about future.

His life story revealed the significance of the heart attack. He was given *Aurum metallicum* 30 and the potency was raised until the heart released its vice-like grip and the depression lifted. He was also administered his constitutional remedy *Silica* and soon he was off all allopathic drugs. 15 years later the patient still continued to do well.

111. Hypertension with Anxiety State MEHTA Kishore (IJHM,30,4/1995)

32 year-old female, married, two children; Hypertension. She is on anti-hypertensives. The Hypertension came on during the first pregnancy when she became very anxious, and frightened. Ultimately the delivery was by Caesarean. The blood-pressure became normal after delivery. She developed hypertension during the second pregnancy. Mild diuretics were of no help and was put on stronger drugs. She has constant anxiety about her child while she is in the college where she works and rings up home to enquire about the baby. At night she wakes up with anxiety and confirms that the child is alright. Whenever the routine gets least altered by environment she becomes tense. Fear alone, craving sweets, excessive perspiration, anticipatory anxiety. *Kali iodatum* 200 daily doses and on improvement M for two days.

112. An Encounter with a Schizophrenic VASANDI Yogesh (IJHM,30,4/1995)

24 year-old young man under psychiatric treatment since 5 years, for depression. When the author visited the patient was asked by him to go away; he was found to be standing with his legs apart. In his underwear. He has been standing like this for past 92 hours and his legs have started to swell up yet he never spoke of pain.

The mother of the patient explained that he was severely reprimanded by his professor in the Junior College because he had failed. He had not revealed to his parents his failure. The girl he loved got engaged to another person and that affected him tremendously. He had been sexually abused by his seniors which too he never told his parents. Now he screams at his parents. He has not taken any food or water for past 92 hours. He was suspicious that his mother was giving some medication through the food/drinks.

One dose of *Lachesis M* restored rapidly within 4 days and soon he became normal in all ways.

113. Hypertension: Illustrative Cases JAIN C.B. (IJHM,30,4/1995)

Two cases to illustrate the emotional factor responsible for the ailment and the prompt response to the homoeopathic remedy.

114. Emotional Stress, Cardio-Vascular Response and Homoeopathy
KULKARNI Ajit (IJHM,30,4/1995)

As the title would suggest the article discusses the emotional cause as responsible for Cardio - Vascular diseases. The Cardio-Vascular System responds to the stresses through the change it undergoes.

115. Homoeopathic Grand-rounds SHEVIN William (JAIH,88,3/1995)

Dr. SHEVIN discusses the case of a 43 year- old woman with chief complaint of anxiety since her early teens. Fear to be alone. The anxiety has taken many forms, almost like a fungus that goes from one part to the other. You treat one thing and it goes to the other. Anxiety worse after the birth of her daughter in 1974, the death of her father in 1984, her father-in-law's death in 1991. Worn down by fast-paced work to the point of heightened sensitivity. Consulted a homo eo path : *Natrum muriaticum* 200 and then M "really stirred me up". During the treatment she became more sensitive to the "elements", had difficulty warming up, lost weight. She tires easily, wakens tired, has sleepless nights, is totally tired; her body races and she can't slow it down. The chest is where all the hurt seems to go. Bloating and indigestion, headaches due to tension; mind is always going, thinking. Sensitive to touch easily affected by bad news. Does not like the winter, the cold, the dark nights. Sadness during the months of January to March. Sensitive to the sun, sensitive to others. Like to be nice to all, want others to like her. It upsets her when someone dislikes her and she tries hard to win them over. she used to keep everything in even if she was angry.

There was a strong feeling of *Natrum* family of remedies, also a strong feeling of *Phosphorus*. *Natrum phosphoricum* 12 one dose was given on 29 October 1992. This was repeated at intervals four times between October 1992 and November 1994.

This case and the prescription have been 'discussed' by Dr. Linda JOHNSTON, Dr. Michael GLASS, and Michael CARLSTON. Dr. JOHNSTON said that no physical symptoms were provided and that it is extremely difficult to prescribe exclusively on emotional and mental symptoms. Such symptoms as nervousness, worn-down by fast- paced work, sensitive to elements, tired easily, etc. are generalized symptoms, that do not point to any definite direction. The homoeopath has not given any rubrics or symptoms for selecting *Natrum phosphoricum* but instead has merely said strong feelings of *Natrum* and strong feelings of *Phosphorus*. For that matter what is the feel of *Iberis*, *Lecithin*, *Fagopyrum* or *Doryphora*? and the choice of the potency? HAHNEMANN's advice is to use the highest potency tolerated.

Dr. Michael GLASS: congratulates the prescription. Even the 12c brought an initial aggravation, followed by mental and physical ameliorations. One cannot quarrel with success; 12c worked beautifully. He asks: if one may prescribe *Natrum phosphoricum* on the basis of the components, does it necessarily follow that the sum of the parts equals the whole? Or does *Natrum*

phosphoricum have a "soul" (essence) of its own such that the whole is indeed more than the sum of its parts? He, however, quotes KENT on *Natrum phosphoricum*. "The author has given this remedy for twenty years to many patients whose nerves were in a fret from mental exertion and sexual excesses and vices". George VITHOULKAS, Jan SCHOL TEN and Rajan SANKARAN each propose differing mental essences.

Dr. Michael CARLSTON : This case very nicely exposes our prejudices that only a certain potency can affect certain varieties of problems. Here, trifling doses of the simillimum cured the patient quickly, reliably and gently -the true goal of a physician, as set out by HAHNEMANN. It is very difficult to argue against the clear success of the "homoeopathic" use of homoeopathic doses in this case. The correct prescription is often obvious to the homo eo path who perceived it and completely mysterious to the rest of us.

Dr. SHEVIN replis to the criticisms.

116. Os Sintomas Concomitantes -Uma reflexao (The Concomitant Symptoms - some considerations)
COQUILLART Guy (RH,60,2/199S)

During the year 1992, a group of homoeopathic physicians, members of the IBET (Namur, Belgium), took part in several seminars about concomitant symptoms. The purpose was to find readily the **Similimum** in Chronic or acute cases without suppression. This article presents five clinical cases, a short theoretical study about complete or incomplete symptoms and several questions about the value of Concomitant Symptoms as characteristic ones, including their occurrence in the **Materia Medica**.

117. A relacao Medico-paciente indireta e o tratamento homoeopatico na asma infantil (The indirect doctor-patient relationship and the homoeopathic treatment of Asthma in children) DE FREITAS Luis Antonio, GOLDENSTEI N Eduardo, SANNA Osmar M. (RH,60,2/199S)

The authors analysed the intensity, frequency, duration and scores of asthmatic crisis in children during 6 months, comparing three groups, the first one, under exclusive allopathic treatment the second allopathic plus a homoeopathic medicine (*Blatta orientalis*) and the third one under allopathic treatment plus placebo. They were also compared with the results of a previous randomised double- blind clinical trial (*Blatta orientalis* vs placebo). Possible reasons (indirect doctor-patient relationship) for the results were pointed out.

118. 50 milesimal - 12 anos de experiencia (50 millesimal -12 years of practice) KONIGSBERGER Fabio (RH,60,3-4/199S)

After 12 years of literal and exclusive practice with the 50 milesimal scale according to the 6th edition of **Organon**, the author analyses its basic differences with the directions of the 5th edition.

He describes the way of administration of the medicine, its advantages and the disadvantages, and enumerates all the possible procedures during the usage of this kind of medication.

The author concludes that the 50 millesimal scale of potency is the homoeopathic technique which better leads to a rapid and gentle cure, HAHNEMANN's maximum ideal.

119. Sexta centesimal -reposta a primeira prescricao (Sixth centesimal potency - results of the first prescription)
CARILLO Jrromeu, RUIZ Renan,
PUSTIGLIONE Marcelo
(RH,60,3-4/1995)

With the purpose of evaluating clinical results obtained by the use of 6c potencies, a retrospective study of 200 records among adult patients was carried out. From this were selected 177 person who have got 6c as initial potency, prescribed in daily doses, in liquid form, as the single remedy chosen on basis of characteristic symptom-totality.

The results of the first prescription were evaluated after 30 days and was verified that 9% had obtained a total amelioration, 59% partial amelioration, 29% was unaltered and 3% was worse. These good results justify and advise to begin the homoeopathic treatment from the 6c potency, maintaining it till the moment that the patient stops reacting to the medicine's stimulus.

120. Anamnese : Uma proposta de sistematiza9ao da primeira consulta (Anamnesis: a proposal of systematization of the first consultation) DE SOUZA Erasto Lutz, CORREIA Maria Augusta, OLIVEIRA Elza de, GOMES Gisela (RH,60,3-4/1995)

From some questions which arose from discussion of the patients assisted by the medical group on Thursdays at the **Escola Kentiana do Rio de Janeiro ward**, at the **Institute Hahnemanniano do Brazil**, it was felt that there is need for systematisation of the anamnesis during the first consultation.

The following conclusions were considered as the most relevant for the realization of anamnesis:

- (1) To permit the spontaneity of the report by the patient, except when the patient is not speaking about himself/herself.
- (2) To objectify the homoeopathic symptom.
- (3) To record the patient's report the most accurate as possible, not allowing this record to break communication with the patient.
- (4) To formulate questions that lead the patient to speak about him/herself and not about his situations.

Based on these conclusions, the author has proposed a systematization of the first consultation's anamnesis, which consists of the following steps :

- Spontaneity - Identification, Reason for Consultation, Main Complaints, Previous Pathological History, Biopathographical History.
- Objectivity - Sleep, Dreams, Fears, Sensitiveness, Sexuality, Physiological Functions, General Symptoms.

121. Dores como se - Estudodiferencial das rubricas repertoriais referentes as dores (Pain Sensations - a differential of Repertorial Rubrics)
FILHO Ariovaldo Ribeira (RH,60,3-4/1995)

A survey was done by the author about the repertorial rubrics of Pain, establishing their meanings and thematic sub-divisions of each pain sensation. This survey allowed the author to develop a complete index of pain sensations, what will make it easier to find the most appropriate symptom in the Repertory.

IV. Repertory

1. **Equisetum hyemale** - Os sintomas que nao constam do repert6rio (The symptoms not included in the Repertory)
ZOBY Elias Carios (RH,60,2/1995)

The author verified that many symptoms of Equisetum hyemale are not mentioned in the repertory, notwithstanding that this medicine is relatively well described in the Materia Medica. He suggests their inclusion in the repertory rubrics. These are :

HERING: **Kidneys** - Pain, Urging to urinate, during
Bladder - Pain, Distension, as

from Urine -Albuminous
 CLARKE:**Head** - Pain, Eating, after, amel
Back - Pain, Motion, am el
Face - Heat, Headache, with
Head - Contraction of scalp,
 sensation of, Forehead
 ALLEN: **Vertigo** - Motion, Head, of
Head - Heaviness, Falls,
 Forward, Head would fall, as if
Head -Constriction (-tension)
 Constriction, Forehead
 Constriction, Temples
 Constriction, Vertex
Head - Pain, Dull
Face - Wrinkled, Forehead,
 Headache, in
Head - Pain, Dull, Forehead Head -Pain,
 Temples
Head - Pain, Temples, Right
Head - Pain, Temples, extending to,
Head - Pain, Temple to Temple
Head - Pain, Boring, Temple, left
Head - Pain, Cutting (= darting, stabbing), **Head** - Pain, Temple Head -Pain, Left
Head - Pain, Cutting, Air; Open, agg
Head - Pain, Occiput; Sides of; left to right **Hearing** - Impaired; Confusion of sounds **Urethra** - Itching;
 Meatus
Male - Pain; Testes; right; urination,
 before
Back - Pain; Lumbar; Sitting, while **Stomach** - Pain; Pyloric Orifice

V. VETERINARY

1. Treatment of Yoke Gall with **Achyranthes aspera**
 JAIN, V.K. (HH,20,8/1995)

Fresh mother tincture in 95% ethanol was used in preparation of *Achyranthes aspera*. The plant is used in the treatment of Piles, Boils and Skin eruptions. It is applied at the site of bite of snake or scorpion or in pigmentation disorders of the skin in Ayurveda. The lotion was applied daily on the affected site in two buffalo bulls of animal farm suffering from yoke gall. The animals recovered within a week without the aid of any other drug. Yoke gall is a localised acute inflammation of the skin and subcutis on the neck of cattle due to constant friction caused by the yoke.

2. How "Sammy Hahnemann" got his name MOWER Linda (HT,15,5/1995)

A stray male puppy, emaciated, weak and suffering from Parvo virus disease, dehydrated, intestinal haemorrhage, etc., given up by the veterinary doctor, was treated homoeopathically by its owner. The remedy was *Natrum muriaticum* 6x (cell salt). The puppy was then named "Sammy".

3. A case of Itching
 LEVY Jeffrey (HT, 15,711995)

Five year-old neutered male dog had severe itching of the rump. Treated over the past years with a variety of Corticosteroids. Hypersensitive to noise, easily startled, hyperactive in general. Has had routine vaccinations. Has suffered grand-mal seizure.. One episode of ear problems with drugs. Very spirited dog, very territorial, protective of his mistress and her husband. Generally shy and particularly cautious of strangers. Did not like children. Fearless with other dogs even bigger than him. Disliked being cuddled. Jealous, very stubborn, and manipulative.

Lachesis 200 restored completely.

4. A Case of Lupus
LEVY Jeffrey (HT,15,911995)

If we get past the fear of looking at the diagnosis, we get astounding results. Packy, a spayed 2 year-old female mixed breed dog, diagnosed with Systemic Lupus Erythematosus, a serious auto-immune disease. Her main problem was lameness. The initial onset was in May 1991, two days after an incident in which she was playing, her person grabbed her hind legs and she yelped loudly. The problem had progressed into a generalized weakness and trembling of her hind legs, with periodic bouts of lameness.

Packy was traumatized when she was trapped in the wild with her mother, and was very fearful, and skittish, especially of noise and strangers. Despite the fact that she was a small puppy, she would growl, snap and bark. After being adopted, she grieved visibly from the loss of her mother, and was obviously very sad. Very suspicious and apprehensive of people.

Taking into consideration the other mental, emotional and general symptoms, she was treated with *Pulsatilla* and recovered completely over a period at the end of which the Antinuclear antibodies test (done for diagnosing SLE) was negative.

VI. PHARMACOLOGY

1. Provings - Concept and Methodology BELON Philippe (BHJ,84,4/1995)

The concept of provings first appeared in HAHNEMANN's writings in 1808 in a Letter to a High-ranking Physician concerning the Urgent Need for Medical Reform.

The symptoms that appear in the homoeopathic Materia Medica had a triple origin - (i) Toxicology, when it exists; (ii) Experimental proving itself, carried out with weak or infinitesimal doses on healthy individuals, (iii) Finally, the clinical symptoms said to be cured. Today, we rarely know the origins of the symptoms of our medicines, for a long time they have been mixed together in the reference Materia Medica. Therefore a new methodology was developed: The first phase consists of sorting through the **Encyclopaedia of Pure Materia Medica** of T.F. ALLEN. For each medicine all the symptoms found in the two strongest degrees (bold type and in italics) in ALLEN's **Encyclopaedia**. Then anatomical system by anatomical system they are sorted into four categories, depending on the origin of the symptom: (T) toxicology - poisoning with substantial doses; (E) Experimental symptoms obtained with doses from Ø to the 3cH; (D) symptoms obtained with potencies or dilutions above the 3cH; (ND) when the dose of the substance is not defined. these are then examined with the Guiding Symptoms of HERING.

For modern provings it is necessary that we use double-blind trials against placebo.

2. Exotic Medicinal Plants useful in Homoeopathy found in Nilgiri district Tamil Nadu BABURAJ Suresh D., BRITTO John S. MATHEW G.K. (CCRH,17,3 -4/1995)

The Nilgiri District of Tamil Nadu, India, has a rich indigenous vegetation as also a number of introduced plants. The present survey team, while exhaustively scrutinising the vast literature and during field trips have found a number of such exotics found useful in the homoeopathic system of Medicine.

The list of 73 plants carries the English name, parts used and homoeopathic uses, in respect of each plant. A valuable reference work.

3. LM Potencies
GREY Anne (HOM,58/1995)

This brief article details the advantages of using the millesimal scale potency and also lists the 'Guidelines' for its use. The list is drawn from the **Organon** (paragraphs 246, 248, 247a, 254, 255, 250, 256, 180, 181, 182, 281)

4. Homoeopathic Proving: Reproduction of the Subjective

JONAS Wayne B.(JAIH,88,4/1995)

Dr. JONAS suggests ways in which one might design an appropriate proving methodology that would better conform to modern scientific requirements, allowing for the verification and replication of both adverse and therapeutic drug effects without compromising the individual sensitivity, subjective response and holism that are the cornerstone of homoeopathic provings. His suggestions include establishing rigorous methods of quality assurance to insure that the subjective pattern of symptoms generated during a proving are actually those wrought by the drug being tested, determining means to separate the drug effect from that of the process of provings, adopting methods to verify the content of the drug being tested, establishing the safety (absence of direct toxicity) of the drug being proved.

5. O preparo de remedios homeopaticos autenticos (The manufacture of authentic homoeopathic remedies)
GUDJONS Brita (RH,60,1/1995)

This article was originally published in the LMHI Journal 1994.

Already quite a few articles have appeared particularly in the German journals about the authenticity of the medicinal sources and the manner of preparation viz., *Causticum*, *Bryonia*, etc. HAHNEMANN was extremely scrupulous about the exact identification of the plant (animal, etc.) used, the part used, and the manner of preparation. It is with this aim that he insisted on the physician himself preparing the medicine and dispensing it personally. However, over the years there seems to have crept in some reconciliations in this. The author cites for example *Bryonia dioica* and *Bryonia alba*, *Aloe socotrina* (**HERING** has specifically mentioned the correct identification of this medicament in the **Guiding Symptoms**), and Apis.

6. Em busca das Potencias -Esboco historico e possibilidades (In search of the potencies -A historical sketch and possibilities) ROSENSAUM Paulo (RH,60,2/1995)

This is a literary research, including historical, of the origin and development of potencies.

7. Influencia de contaminantes na pesquisa cientifica em Homeopatia (Influence of contaminants in scientific research in Homoeopathy)
ZACHARIAS Carlos Renato (RH,60,3-4/1995)

Three sets of potentized Hydroalcoholic solutions were analysed through ultraviolet spectroscopy in order to observe changes due to the dynamization process.

For the sets prepared in conventional homoeopathic pharmacies, the absorption spectra from dynamized solutions were different from those of inert solutions (not dynamized), but in the set prepared under more rigorous conditions of cleanliness (in the laboratory) no significant difference could be noted.

These results indicate the presence of contaminants in commercial homoeopathic medicines and we discuss the implications of this hypothesis for the scientific research in Homoeopathy.

VII. RESEARCH

1. Homoeopatische Streukugelchen (Homoeopathic globules)
BEYER A., SCHOPFER H.J. (AHZ,240,4/1995)

The globules which were introduced into Homoeopathy by HAHNEMANN got a renaissance in the recent years. Unquestionably this form of remedy administration has quite a few advantages, especially in Paediatrics. A series of tests carried out to ascertain the amount of active substance the globule contains, resulted that it was between 70% and 95%. This result disproves the statements made by Dr. A. SAKMANN, in the **Deutscher Apothekar Zeitung** in 1988. Details of the tests and the results are tabulated.

2. Potenz and Verdunnung, gleiche Konzentration -unterschiedliche Wirkung? (Potency and dilution, same concentration - distinct activity?)
THEENHAUS U., DITTMANN J., HARISCH G. (AHZ,240,4/1995)

In studies carried out under blind conditions, the influence of homoeopathic potencies and equally concentrated conventional dilutions on activity of mitochondrial cytochrome C-oxidase was analysed. *Mercurius phosphoricus* in D6, D8, D12 and D15 potencies and mercuric hydrogen Phosphate in 10^{-6} , 10^{-8} , 10^{-12} and 10^{-15} dilution were used as agents, Results show that potency and dilution modify enzymatic activity of cytochroml c-oxidase in a different way. Especially in D¹⁵/10¹⁵ range the divergencies were statistically significant.

3. Homoopathische Tabletten (Homoeopathic Tablets)
SAKMANN A. (AHZ,240,5/1995)

The investigations show, that the prescription 9 of the German Homoeopathic Pharmacopoeia has to be specified especially considering the permitted liquid for granulating. It is suggested to prescribe starch paste as liquid for granulating and to limit the amount of starch to 0.5%. For ensuring the pharmaceutical quality of homoeopathic tablets it should be put down in an optimized prescription 9 of the German Homoeopathic Pharmacopoeia, that at least tablets with degree of dilution D1 have to be analysed with regard to uniformity of content. The tablets with higher degrees of dilution have to be manufactured according to the optimized conditions for the production of the D1 tablets.

4. Mikrobiologische, chemische and physikalische Veränderungen von Abwasserschlämmen durch Zugabe homöopathisch potenzierten Wirkstoffe - Phosphorelimination durch **Phosphorus**, dargestellt am Belebtschlamm aus der Klaranlage Würzburg (Microbiological, chemical and physical alterations of waste water sludge through addition of homoeopathic potentised agent elimination of Phosphorus through **Phosphorus** as evidenced in activated sludge in the Waste water Purification Plant in Würzburg.
SCHAOLICH E. (AHZ,240,6/1995)

The law demands elimination of phosphorus in the water purification process. The chemical elimination of phosphorus is achieved through an engineering process which leads to a salt accumulation blocking not only of the water drainage system but also of the drawing canal with an increase of mud. The former biological phosphorus elimination process is not a very stable one and does not reach the minimum requirements that by analogy with Homoeopathy/Isopathy when adding an intensified homoeopathic active substance of *Phosphorus*, Phosphorus elimination would be below the legal limit of 1 mg/l total PO₄ - P in extensively ventilated activated sludge of waste water purification plants. Biomass exhibits the strangest reaction when *Phosphorus* D30 or D200 is added.

5. Stimulation of self-recovery by Similia principle? Mode of testing in fundamental research
WIJK R. Van, WIEGANT F.A.C. (BHJ,84,3/1995)

This paper describes how the Similia principle can be studied best in fundamental research. Two questions are raised. 'What is known about the regulatory principles at which homoeopathic treatment is directed?' and 'In what kind of conditions can these regulatory principles be studied best?' The vision of HAHNEMANN and ideas related to the 'field concept' developed in this century are discussed.

With respect to the first question, the phenomenon of 'self-recovery' takes a central position. The essence of Homoeopathy is stimulation of self-recovery by application of the similia principle. By analysing self-recovery on different levels, we conclude that research on the molecular and cell biological level can use low potencies only (containing molecules of the original substance). We consider whether stimulation of distorted self-repair occur by application of low doses of the disturbing agent.

At the cellular level 'self-repair' can be defined as a supplementation of protector proteins, an enhancement of resistance to the disturbing agent and a temporary stimulation of proliferation in order to compensate for cell death. These parameters are clearly defined and can be measured using highly standardized and validated cell biological techniques.

6. Multivariate Analysis of five Homoeopathic medicines in a Psychiatric population DAVIDSON Jonathan, WOODBURY Max, MORRISON Roger, SHORE Jonathan, BEDAYN Greg (BHJ,84,4/1995).

Grade of Membership Analysis (GoM) is a multivariate statistical technique developed for the purposes of medical classification. It was applied to the drug picture concept of Homoeopathy, assessing five common medicines with particular applicability to anxiety. These were *Arsenicum album*, *Gelsemium*, *Argentum nitricum*, *Lycopodium*, and *Sulphur*. The patient sample comprised 104 psychiatric outpatients with structured clinical interview-based primary diagnoses of social phobia, panic disorder, post-traumatic stress disorder, obsessive-compulsive disorder, major depression and dysthymia. A homoeopathic screening questionnaire was used to test the integrity of the five drug pictures. Four pure types emerged, providing some evidence to support distinctions between *Sulph* and *Arg-n* features, and a pure type with many features of *Ars.*, *Avg-n*, *Lyc* and *Gels*. The fourth pure type contained a few of the drug's characteristics. There was some evidence to suggest that psychiatric diagnoses assorted differentially, based on the homoeopathically determined pure types. This study provides qualified support for the drug picture descriptions.

7. Homoeopathy -a Biophysical Point of View TOWSEY Michael, HASAN Mohamed (BHJ,84,4/1995)

The resistance of the conventional medicine to Homoeopathy is understandable since the only paradigm understandable to the conventional medicine, i.e. the bio-chemical is not found in the homoeopathic medicines. The thesis of this article is that the action of the homoeopathic medicines cannot be understood in biochemical terms. A biophysical mechanism is implicated. The homoeopathic mechanism is discussed and the conclusions are summarised as below:

- Organic molecules inside and outside cells are able to absorb and emit coherent radiation. Populations of organic molecules can be stimulated to emit coherent monochromatic radiation if physically vibrated (by tapping or sound) at a specific frequency. This mechanism is used in the insect world to detect pheromones. But the discovery points to a possible significant role of acoustic pheromones in biological form and function.

Studies of biological luminescence suggest that the absorption and emission of coherent radiation inside cells are an integral part of cellular coordination and control. Absorption of radiation at specific frequencies can activate or deactivate the enzyme by changing its conformation.

- The action of potentized medicines appears to be biophysical and not biochemical. Such medicines probably consist of water crystals 'Imprinted' with specific distribution of isotopes which distribution in turn affects the frequencies at which the medicine's component water crystals absorb and emit coherent radiation. These coherent emissions act to enhance or inhibit enzyme action.
- Magnetic and electric fields can be modulated in a way not yet understood such that they are encoded with information about molecular and crystalline structure. Modulated magnetic or electric fields are able to 'imprint' molecular structures, such as water crystals, that is, give them a specific and stable conformation.
- Subtle energies not only 'Imprint' molecular and crystalline structures but on a larger scale they affect the 'supra-molecular dynamic order' of living things. Biological structure is the result of an interaction between organic molecules and a 'skeleton of light' or 'biophoton field'. There is continuous interaction between physical structure and the 'light skeleton' because biological molecules both absorb and emit radiation.

8. Evaluation of Homoeopathic Therapy in the Management of HIV disease RASTOGI D.P.SINGHV.P., SINGHVikram, DEYS.K., RAOP.K. (CCRH, 17,3-4/1995)

Clinical observations over the years do indicate that homoeopathic medicines enable the sick individual to effectively react to the infective organism and do not produce any undesirable toxic side and after effects. However therapeutic efficacy of homoeopathic medicines in retroviral infections need to be evaluated. The CCRH undertook a study whether Homoeopathy alters the natural course of disease in HIV infected individuals. The initial results indicated that homoeopathic medicines may be used as effective therapeutic agents in the management of asymptomatic as well as related clinical manifestations. The CCRH recently undertook a double blind randomized placebo controlled clinical trial of homoeopathic medicines in HIV disease. The study is in the initial stage. 30 cases registered

under the pilot study and who are continuing treatment with a regular follow-up for the last 3 - 4½ years have been randomly selected for discussion here.

Observations made during the study indicate that homoeopathic medicines may be used as immuno-modulating agents thereby facilitating delayed progression of infection, prolonged survival and improvement adverse reaction in HIV infected individuals.

9. Evaluation of Homoeopathic Therapy in Behavioural Disorders
 RASTOGI D.P. BALACHANDRAN, V.A. INDIRA B. (CCRH,17,3-4/1995)

The Central Council for Research in Homoeopathy is actively engaged in clinical research on Mental Diseases. 70 cases have been randomly selected for presentation here (50 males and 20 females), 10 and 50 years of age. Out of 70 cases, 17 psorics were grouped under paranoid - personality and 10 sycotics came under psychopathic personality. All obsessives were from psoric miasm. No side or after effects were observed despite prolonged use in some cases. Miasmatic treatment should form an integral part of the therapeutic management of behavioral disorders.

10. The measurements of the Homoeopathic Remedies
 BOURKAS P.D. (EJH,1,3-4/1995)

During the Alonissos Teachers' Meeting, Assoc. Prof. P. D. BOURKAS presented the Research Results of the Measurements of High Potencies.

The measurements of the homoeopathic remedies do not only provide a great advantage in standardizing the production of homoeopathic remedies; but it also provides experimental proof that the homoeopathic remedies are not "placebos" but are remedies that convey their therapeutic information in a different form and at a different level of the organism than allopathic drugs.

The author is an electrical engineer and his experiments of measurements are electrical. From these experiments we can also deduce the level of the organism the particular homoeopathic remedy first acts upon.

This is a very interesting article.

11. What Primary Level of the Organism Does the Homoeopathic Remedy Act Upon? A Hypothesis
 DELINICK Alexandra N. (EJH,1,3-4/1995)

This is from the Alonissos Teachers' Meeting, August 1995. This article is meant to summarize and at the same time introduce certain new ideas. These are not easy concepts to understand but I have within the text included the bibliography where this information is found. Also keep in mind that each idea comprises a twenty page explanation by itself. And that is why in this first article you may find it difficult in following one idea to the next. This will become easier as the other articles are read by you in the following issues of this journal. Since this is new information I would recommend that the articles be read in order since all ideas/hypothesis will be fully explained in the upcoming articles of this journal.

12. Is Homoeopathy only a Placebo Therapy? SOLANKI Maneesha, GANDHI Pradeep M.
 (HH,20,10/1995)

A randomized controlled clinical study of the effect of homoeopathic treatment in intestinal Amoebiasis and Giardiasis has been reported. 34 women inmates of Mahila Sevagram, Pune with these disorder were administered homoeopathic medicines.

The results are encouraging although it has not been possible to demonstrate with finality the efficacy of homoeopathic treatment (!)

13. Antifungal Activity of Homoeopathic drugs for the Protection of Organic Cultural Heritage
 GARG K.L. MISHRA A.K., GUPTA Girish (HH,20,11/1995)

Fungal deterioration of paper materials are of great concern in tropical countries. Antifungal effect of homoeopathic drugs against plant pathogenic fungi has been reported by various workers in the past. A study was planned to screen the antifungal activity of homoeopathic drugs against fungi isolated from damaged books of historical importance. The study will be of great help in protecting our cultural heritage of organic nature.

Aspergillus niger, *Cephalosporium coremoides*, *Paecilomyces variotti* and *Starchiomyces kurchellomyces* were isolated fungi. Of these *Aspergillus niger* was the most dominant. Six homoeopathic drugs of various potencies were evaluated for their inhibitory effect on the isolated culture of *Aspergillus niger* under **in vitro** conditions by poisoned food and inhibition zone techniques. Of the medicines tested *Sulphur iodatum* M and *Petroleum* 30 were found more effective. Encouraging results were obtained when these medicines were tested **in situ** conditions on books damaged by fungi. No residual or adverse effect on books by use of these remedies.

It is hoped that at least homoeopathic libraries will use homoeopathic remedies to protect their books from damage.

14. Cytogenetic Investigations on the Effects of Homoeopathic Medicine **Arsenic alb.** (White Arsenious AS203) on some plant material. CHATTERJEE and JANA B. (HH,20,11/1995)

This metal and its related compounds are ubiquitous and found in traces in the animate matter. Residues of this poison is found in food grains, food additives, etc. since it is used as pesticide and herbicide. Arsenicals are released in the air and water as chief effluents from the non-ferrous metal smelters of coal-burning furnaces.

However, since ancient times, *Arsenic* is used as medicine. The present test was undertaken to show the qualitative and quantitative differences in the effect of different potencies of a particular homoeopathic medicine and morphological parameters on test plant systems where there was no visible or appreciable existence of the medicinal substances. The mutagenic effect or not of homoeopathic medicine and whether there was any plant improvement possibility, was also tested.

After treatment with *Arsenicum album* in all potencies an overall increase in plant growth is seen. A remarkable enhancement of different morphological parameters surpassing the control sets was also observed. Every potency showed different results. Higher the potency, steadier and longer the action, the physiological status of a plant is distinctly affected. Protein contents are increased. Late flowering is observed. Seeds are smaller in size and of less weight than control. Thus the potentised *Arsenic* has distinct action on plant morphology.

15. Miraculous Cure of Hairy Cell Leukemia in a splenectomized Case by an Indian Medicine BALAKRISHNAN N. (HH,20,11/1995)

40 year-old man, suffering form Hairy Cell Leukemia, was rapidly cured by *Hygrophila spinosa* 3x. The selection was on the basis of the rare symptom "urticaria aggravated with rise of temperature in fever".

16. Studies on the Efficacy of Homoeopathic Drugs in Cancer Therapy MALIEKAL Thobias P. (HH,20,11/1995)

The present study deals with the anti-tumour activity of *Kali muriaticum*, *Phytolacca decandra*, *Hydrastis canadensis* and *Zincum metallicum* in murine models. The experiments showed that the administration of *Zincum* and *Kali muriaticum* can produce significant inhibitory effects and consequent increase in life span of tumour-bearing mice.

17. Scientific Research and Practice of Homoeopathy SUKUL N.C. (HH,20,12/1995)

This article stresses the need for proper scientific research into the action of homoeopathic medicine. The author also laments that the full potential of the healing power of Homoeopathy and its range of action on different human and animal diseases remain unexplored because of absence of fruitful scientific research.

18. Need for unbiased Research in Surgical Diseases DHINGRA R.H. (HH,20,12/1995)

The author stresses that the homoeopathic constitutional medicines cure the many so-called surgical diseases and reverses the pathology. He calls for unbiased and systematic research in this field.

19. Effect of Very Highly Diluted Substances on Chemical Reactions GAUTHIEF Richard (HH,20,12/1995)

The author refers to the experiments of Dr. BENVENISTE and the uproar it created world-over and says "Now a new scientific theory has been proposed that could explain the above results, as well as provide a mechanism for the action of very highly diluted homoeopathic - like solutions in general. The theory may be tested in straight-forward chemical reaction experiments involving the synthesis of specific chemical substances".

The new theory is explained.

20. Acao de *Natrum muriaticum* CH 30 na ingestao de sal agua e na natriurese de ratos natriofilicos: estudo cego placebo control ado (Action of *Natrum muriaticum* 30c on salt and water ingestion and on natriuresis of natriophylic rats: a controlled blind trial) RIBEIRO Wagner Deocleciano, DANTAS Flavio, DOS RAIS Luis Carlos (RH,60,3-4/1995)

The study of the action of *Natrum muriaticum* on natriophilic rats, aiming at relating the homoeopathic medicament with genetics, may be an important working line for the elucidation of pharmacodynamic mechanism, of the homoeopathic medicament action.

Through a genetic model of natriophilia in rats, the authors have tried to show the therapeutic action of *Natrum muriaticum* (Sodium Chloride) 30c on the behaviour of rats concerning salt and water digestion, urinary volume and sodium and potassium excretion.

Two groups of ten rats were used, one for control and the other for witness, both divided into two other groups, one of five natriophylic rats and the other of five normal rats, submitted to a blind treatment with *Natrum muriaticum* 30c against placebo 30c. The results obtained were :

- An increase of salt and water ingestion in natriophylic rats during the seven weeks of treatment with *Natrum muriaticum* 30c ($p < 0.005$).
- The natriophylic rats consumed more salt during the fourth and sixth weeks and more water during the first, fifth and seventh weeks ($p < 0.005$).
- *Natrum muriaticum* 30c lowered the water ingestion in normal rats and the placebo 30c lowered the water ingestion in natriophylic rats ($p < 0.005$).
- Normal rats treated with *Natrum muriaticum* 30c had a significant excretion of K^+ during the fifth week and of Na^+ during the seventh week, together with an increased ingestion of NaCl solution. The natriophylic rats treated with *Natrum muriaticum* 30c had the Na excretion in urine and the urinary volume significantly increased ($p < 0.005$), when compared with natriophylic rats treated with placebo 30c.

The results obtained with this study permit to recommend a more extensive use of this experimental model, also for the analysis of homoeopathic medicament influence on the successive generations of natriophylic rats.

VIII. EDUCATION

1. Der Berner Lehrstuhl für Komplementär - medizin -Homaopathie, Traditionelle chinesische Medizin, Neuraltherapie, Anthroposophische Medizin - Ein Pilot-Projekt für Europa? (Chair for Complementary Medicine in Bern - Homoeopathy, Traditional Chinese Medicine, Neuraltherapy, Anthroposophic Medicine - a pilot project for Europe?)

THURNEYSSEN A. (AHZ,240,4/1995)

The positive result of a survey carried out by the Society of Physicians of the Canton of Bern and the demand by the students and the public resulted in the establishment of a Chair for Natural therapies. This is to begin from the Summer Semester 1995.

2. Medical Doctors Vs Professional Homoeopaths
VITHOULKAS George
(EJH,1 ,3-4/1995)

The issue of who has the right to practise Homoeopathy, is an old one and it is a sensitive and difficult one to be solved easily, since it has been hanging over Homoeopathy for more than a century now.

Much depends on the legal right in the individual countries/states. If the law allows non-medically qualified homoeopaths to practice with official permission, then no one has the right to interfere. If there are no such laws then it has to be discussed and pressures must be put to change such laws.

No one who does not possess sufficient knowledge in the field has the moral right to practice. It is not that an M.D. has more knowledge of Homoeopathy or that a homoeopath has less knowledge of Pathology. The question is one of sound knowledge in subjects relevant to the practice. Who are authorities to enforce standards amongst homoeopathic practitioners whether medically qualified or non-medically qualified? It is necessary to evolve suitable training and supervision.

3. Homoeopathy Course for MDs at Oxford KAPLAN Brian (EJH,1 ,3-4/1995)

This is from the Alonissos' Teachers Meeting August 1995.

Brian KAPLAN is one of the teachers at the **Homoeopathic Physicians Training Group in Oxford**. The objective of the Group is to teach doctors Classical Homoeopathy. Dr.Brian KAPLAN explains in this how or the innovative manner Homoeopathy is taught at Oxford. There are eight teachers and there is a Chairman. The Group meets for three days in a year, and two or three afternoons per year, have a phone conference every month for an hour, so that everyone can get on line. In order to employ themselves the teachers employ educationalists to come and teach them the most modern methods of teaching and many of the things they learned have helped update their methods. Master homoeopaths are also invited to lecture. They employ methods to keep the students from feeling bored. Students are continually assessed, instead of just an examination at the end of the year. Constant feedback from the students are called. In all a very good lecture. Perhaps other homoeopathic teaching organisations can well adopt.

4. A Brief History of Homoeopathy and its legal Status in the United States of America FLOYD Edwin C. (HH,20,9/1995)

At the turn of the Century there were 22 homoeopathic medical colleges, and one out of five doctors used Homoeopathy, in the USA. But by 1910 only 15 colleges remained. By the late 40s no courses in Homoeopathy were taught in the USA.

The present-day resurgence of Homoeopathy, fuelled by the D.C.'s and M.D.'s who can practice Homoeopathy legally in the US, are slowly bringing Homoeopathy back to its place in the medical care system. States regulate the practice of Homoeopathy. Doctors of Osteopathy (D.C.), Naturopaths (N.D.), Dentists (DDS), Veterinarians (DVM), Chiropractors (DC) can be allowed to practice Homoeopathy.

5. Homoeopathy in Britain Today ROY Margaret (HH,20,9/1995)

Much of what is called Homoeopathy in Britain is determined by politics except for a small bold kernel which is the seed of the future. The difficulty is the division between the doctor and non-doctor homoeopaths. The Medical Act of Parliament 1860, which regulates practice of Medicine in Britain contains a clause which enables registered doctors to practice whatever system of medicine

their conscience dictates once they are allopathically qualified. This clause was retained when the Act updated in 1983 to cover the different conditions when the UK joined the EEC.

Now more doctors are trained in homoeopathic medicine. There is a growing number of nurses, dentists who are allowed to go to the course. these are 6 months to one year.

While this is the situation with regard to the 'doctor homoeopath', there are many who study individually either on their own or seeking out courses with sound homoeopaths like George VITHOULKAS, Vassilis GHEGAS.

The situation since the coming up of the Society of Homoeopaths in 1978 is much better. Colleges have come together, adopted a common curriculum which has been accepted by the **European Council of Classical Homoeopathy (ECCH)**, in 1993.

The author after discussing in detail the present scenario, concludes hopefully "Good Homoeopaths tailored to the individual needs of each patient will triumph quietly. I see such quiet growth proceeding, unaffected by politics. It is an area where education is erudition and healthy curiosity"

6. Excerpts from Ancestral tips of BANERJEA's 100 year old Homoeopathic Heritage ROBINSON Janet (HH,20,9/1995)

The author is a student of S. K. BANERJEA and she writes in full detail the case taking methodology, interrogation, examination, case analysis, etc. as adopted by the forefathers of Dr. S.K. BANERJEA and followed by him.

IX. HISTORY

1. Evaluation of Homoeopathy in Nazi Germany Ernst Edzard (BHJ,84,4/1995)

In the early part of this century there was a strong lay movement of 'natural health' in Germany. When the Nazis took over in 1933 the number of lay practitioners equalled that of physicians. The Nazi Government considered Homoeopathy as 'pure German' line of medicine. The Government's attempt to validate Homoeopathy as not only cheap but as highly effective was never published. One Dr. DONNER of the Stuttgart Homoeopathic Hospital has however made a report. Homoeopathy was scrutinized by an eminent team and according to Donner Homoeopathy did not ever before have such an ideal opportunity to validate its efficacy. In 1937 the Nazi officials decided to start the trials on Homoeopathy on a large scale. Several provings and clinical trials were carried out and according to DONNER none of them came out to validate Homoeopathy. The negative findings were not published. It was decided to carry out further experiments. Meanwhile the war was on. In 1947 after the war the whole subject was discussed by those who were involved in the earlier trials. These too have not been published. Dr. DONNER argues that 'fiasco' must be blamed not on the individuals involved in these experiments but on the situation inside German Homoeopathy. Dr. DONNER's report is to be published in German shortly.

2. A Century of Homoeopathic Paediatrics LEARY Bernard (BHJ,84,4/1995)

Among homoeopaths the idea of specialist provision for children followed the general trend. It was encouraged by the high mortality among children due to poverty. The prevalence of Tuberculosis, Syphilis and the infectious fevers, together with the ignorance about hygiene of mothers of young children, were all factors of concern. Homoeopathic physicians and their supporters wished to give poor children the benefits of their system, which they believed could deal more efficaciously with the risks to their health. Homoeopathic specialist units gradually disappeared, partly due to the NHS and partly because the factors which stimulated their inception no longer applied. **Homoeopathy itself became the speciality.**

3. First Meeting of the International Study Group on the History of Homoeopathy.
Institute for History of Medicine of the Robert Bosch Foundation, Stuttgart, Germany,
5-6 April 1995.
DINGES Martin (BHJ,84,4/1995)

History of Homoeopathy has started taking shape only in the last few years. Only recently did Ethnologists and in particular social historians start looking at the history of Homoeopathy. A large number of workshop meetings have been held in recent years, most recently, "Patients, Practitioners and Institutions in the History of Homoeopathy - Summary of Recent Research", in which the research into the history of Homoeopathy in Germany was reported, but this was the first International Stuttgart Conference. Under the chairmanship of M. DINGES, it consisted mainly of a broad geographical review covering many countries and continents, the conference was the first meeting of the **International Network for the History of Medicine and Health**. Details of the transactions will be published in 1996 (in German).

4. Homoeopathy in Russia OUMRIKHIN A. (EJH,1 ,3-4/12995)

Homoeopathy has become immensely popular during the last decade. Towards the end of 1994 homoeopathic methods have become legislatively equal in rights with the official medicine and with some other alternative medicines. A list of homoeopathic remedies approved by the Government -500 to 600 -has been made. The right to practise and teach Homoeopathy require licence from the Health Ministry. During the Communist period in the USSR homoeopathic dinics were found only in Moscow, Leningrad, Kiev, Riga and perhaps one or two other cities. Now we have homoeopathic clinics in many more cities and the number of homoeopaths is also greater. There is more unicist prescription and classical methods. Today in Russia there are several quite large-scale homoeopathic societies or associations. There are organisations springing up allover the country. Ural and Siberia appear to be the most enthusiastic toward Homoeopathy. The official medical educational system of Russia has started to exhibit interest in the introduction of Homoeopathy in Medial Universities. A boom time for Homoeopathy in Russia.

5. Homoeopathy in Israel EYAL & ONE Elia (EJH,1 ,3-4/1995)

Homoeopathy seems to have been in existence in Israel since 1930s. The few Practitioners then used a mixture of alternative therapies as well as Homoeopathy. Joseph REVES brought classical Homoeopathy to Israel about 18 years ago. Since 5 or 6 years Homoeopathy has risen to good standing in the community. For every classical practitioner there are 8 non-classiGal; majority of homoeopaths are practising in small private clinics. Due to attempts made to open Homoeopathy Units in hospitals, we have one in the Department for Complementary Medicine in Asaf Harofe Hospital, established 4 years ago. It is an out-patient unit which offers about 12 alternative therapies including Homoeopathy. In the Homoeopathy unit there are 7 homo eo paths working one full day per week, 4 are physicians and 3 are non-physicians, but all are classical homoeopaths. The Israeli School of Classical Homoeopathy conducts a three year course plus one year of clinical training. The Ministry of Health officially permitted import of homoeopathic remedies only recently. Yet Homoeopathy is still being practiced by non-medical doctors and there was never any problem in getting a most reasonable variety of potencies.

6. A Brief History of British Lay Homoeopathy MORRELL Peter (HOM,59/1995)

This is a paper presented at the 1 st International Conference on the **History of Homoeopathy at the Robert Bosch Institute for the History of Medicine** in Stuttgart, April 1995.

The paper deals in detail, from HAHNEMANN's time. The geneology of homoeopaths of U.K. -QUIN, EVEREST, TYLER, -their students and the founding of associations, schools, etc. are all described.

The article concludes interestingly: "...Currently lay homoeopaths are rapidly undergoing professionalisation and are integrating gradually into the NHS, increasing numbers working as consultants to General Practitioners or in clinics, working on a referral basis. Successive Governments have shown no willingness to legislate against lay practitioners. ...lay- homoeopaths are becoming legitimized pari of the NHS... The colleges of lay Homoeopathy continue to produce dozens of graduates each year and the movement is still growing rapidly. With unified and demanding 4 year teaching curricula, the Colleges offer a training programme widely seen as considerably superior to that of the Faculty of Homoeopathy. Licensed and Registered lay prescribers now easily outnumber homoeopathic doctors".

7. Homoeopathy in Costa Rica ULLMAN Dana (HT, 15,8/1995)

According to a recent survey approximately one-third of Costa Rica population of three million people has used homoeopathic medicines. Some Costa Rican physicians have recently sought to pass legislation that stipulates homoeopathic care that can be provided only by medical doctors. In response to this which would create a medical monopoly, the **Homoeopathic Association of Costa Rica**, a group of physicians, health professionals, and homoeopathic specialists, has mounted a reply. A conference was arranged and later the political figures (Minister of Health, the head of the Congress, and the Vice-President of the Congress) were briefed with the present status of Homoeopathy throughout the world. They were told that while countries like France, Belgium, Italy, Brazil, Argentina and Mexico allow only physicians to practice Homoeopathy, United states, Canada, The United Kingdom, Germany, and Australia allow a variety of health professionals to practise. The Minister of health listened and was impressed but however remained non-committal for the time being, while the two other political leaders were much in favour of Homoeopathy being practised by other than medical doctors. In the Conference itself it was noted that there was a variety of people - physicians, microbiologists, pharmacists, public health professionals, corporate executives, hospital administrators, nutritionists, and several engineers - and professional homo eo paths. One such participant who was a microbiologist had been conducting controlled trials with Homoeopathy in AIDS and although the code has not been broken yet, he had noticed a considerable difference between the groups of patients. We all await the results.

8. A Visit to KENT's grave and more! WINSTON Julian (HT, 15,20/1995)

This is a very interesting and fascinating account of the author's (and Greg BEDAYN) visit to the grave of James Tyler KENT in Stevensville, Montana and the search for KENT's house. The house was located and visited. A plan has been drawn to purchase this house and make it a Centre for Homoeopathy. Already the American Homoeopathic Foundation has put together a preservation board of thirty leading Homoeopathy practitioners and educators from around the world to encourage the (homoeopathic) public in funding this project.

9. A Short Historical view of Homoeopathy in Israel
KOTOK Alexander
(HTimes, 2,4/1995)

The author Dr. KOTOK is a young classical homoeopath working at the Department of History of Medicine, Hadassah Medical School, the Hebrew University in Jerusalem. He is doing Ph.D. with the subject: Homoeopathy in Russia.

The history of Israeli Medicine has its foundation in the beginning of this century, when the waves of the Jewish emigration from the Russian empire had brought to Palestine dozens of physicians. Most of them started working in medical charity organisations. Probably there were no homoeopathic practitioners among them.

The honor of being the earliest homoeopath in Israel goes to Dr. Yaros. He was a Prussian physician who migrated to Palestine in 1920, and began his practice in the health insurance scheme in Galilee. After studying in Germany from 1927 to 1930 he came back to Israel and began to practise Homoeopathy, with fine results.

The first Jerusalem homoeopaths were Dr. WEIS and Dr. TRIPHOS, pure classical homoeopaths. Benjamin REISEL, was a famous homoeopathic physician (he came from Rumania). In 1927 he began to study Homoeopathy with Dr. Leon VANNIER. In 1950 after he migrated to Israel he was sent by Mossad in Morocco to prepare the Jews for emigration to Israel and was put in prison by the local authorities. Homoeopathy saved him -he treated the chief of jail who had eczema. Another interesting and al most legendary personality from the history of Israeli Homoeopathy ZVI ZIPPOMAYIM, an emigrant from Argentina, had not received any medical education but was a self-educated person and had successfully treated patients with Homoeopathy. He was a fine diagnostician. Without any anamnesis, only by studying the patient's nails, he was able to surprise the patient about all of his sufferings. ZVI's first homoeopathically cured patients were cows in one of the Kibbutzin. ZVI ZIPPOMAYIM achieved wide popularity among the Israeli people. He advised the

owner of the Jerusalem pharmacy "Oplaika" to keep homoeopathic medicines and it became the first homoeopathic pharmacy.

In 1996 now there are 5 homoeopathic drug stores in the capital of the country. The waves of Jewish emigration after the 1967 war changed the situation. There were Jewish emigration of homoeopathic physicians and also among the emigrants there were many who knew what Homoeopathy was, and were accustomed to using it. Israeli tourists returning from their tours abroad spoke of their experience with Acupuncture, Homoeopathy, Herbal remedies and the wondrous recoveries. Newly pressure from the public which included members of Parliament and Ministers increased and on June 27, 1988 a Committee was constituted. The Committee submitted its conclusions after three years. Homoeopathic drugs were recognized as official remedies and distributed only on prescription by physicians. However, the resistance to Homoeopathy from the established school of Medicine is as hard today as it was before. Nevertheless the attempts to give Homoeopathy the place it deserves continues to be made.

X. BIOGRAPHY

1. Docteur Joseph CHATRON (1805-1876) - Siographie
CORSET, S. (CGH,32,8/1995)

Dr. CHATRON was the most loved student of HAHNEMANN. Joseph Antonie CHATRON was born on 24th March 1805 at Thones in an honorable and rich landowner family. He was the eldest and had one brother and one sister. He was in frail health but as a student he was best loved by his masters. He learned painting after college at 18 years under the reputed artist MOREAU.

Dr. CHATRON prepared his thesis on 27-6- 1836. He climbed a chair with great assurance and modesty. He argued with doctors, professors on each point in detail. A difficult subject 'the inflammation of the spinal cord' was given to him and he presented the Materia Medica of Lactuca virosa. He got the Doctor ring.

CHATRON very much wanted to see HAHNEMANN. He arrived in Paris on 1 October 1837 and met HAHNEMANN. HAHNEMANN explained his method in detail, his personal view on the medical art. After three weeks when CHATRON expressed his desire to go after learning under HAHNEMANN, the master said "Why do you want to leave, my friend. Be with me, I consider you as one of my children and give you all my secrets". Stupefied CHATRON became a student at Paris under HAHNEMANN for six years. HAHNEMANN taught him all he knew. CHATRON worked with him and came to his great family of Paris every day. He had a place at his table at his home at 1, Rue de Milan. In spite of an affable and sympathetic austere tone which gave respect, CHATRON was always gay, spiritual, always interesting. Charitable, he nursed the deserving with a kindness without ego and never hesitated to visit the poor in preference to the rich.

HAHNEMANN suffered from bronchial catarrh for some months. He suffered very much and CHATRON nursed and gave medicines until his death. Dr. CHATRON assisted his master when he closed his eyes. Dr. JAHR and Dr. CROSERIO signed the death certificate.

MELANIE D'Hervilly was married to HAHNEMANN when she was 36 years and he 80. She was a painter, musician, poet and attracted by the fame and science of HAHNEMANN, nursed him and married him on 18 January 1835 at Kothen, three months after knowing him. Perhaps Homoeopathy common to HAHNEMANN and CHATRON and painting to MELANIE D' Hervilly knitted the bond between these persons.

Madame HAHNEMANN had high esteem of Dr. CHATRON and she herself went to Monsieur EUGENE Le PESCHEUR de BRANVILLE and asked for the hand of her daughter. The marriage was celebrated on 29th.

CHATRON and his wife toured Italy, Rome, Nice and wherever he went he treated many patients.

CHATRON noted with great care the symptoms of the patients and the remedies he prescribed were as HAHNEMANN himself administered. These observations he called "History of Patients". All these records, in big volumes, have unfortunately been lost.

Dr.CHATRON always refused honors, awards. In 1854 at 49 years pressed by life circumstances he returned to Paris, but again returned to Savoi. He loved family life and circle of friends.

He was very much interested in Philosophy and during his rare relaxation he loved solitude. He also dedicated some time for Theology. He spent his last years in religion, and wanted privacy for long prayers. Dr.CHATRON's piety was surprising at a time when free thought dominated medical body.

Towards the end of Autumn 1875 Dr.CHATRON got the first call of sickness, general weakness and pain seized him. He tried to cure himself in vain and did not have the vital energy, he was going down. He carefully regulated all his interests, eight days before his death he called his daughter and told her what he wanted to be carved on his grave. "Docteur CHATRON, Homoeopathic Docteur".

Soon his sickness recurred, dropsy progressed and a fever ensued. With trembling hands he replied a letter of a patient and dictated his last orders. After a painful agony he returned to God on 4 July at 0600 hours surrounded by his family, at the age of 72.

Doctor, Homoeopath, Painter, Christian, he had the honor of being the spiritual son of Dr. Samuel HAHNEMANN.

2. Pritam Sing GHATTAROYA -A Tribute THORPE Susan (HOM,59/1995)

This is a touching tribute to Pritam Singh GHATTAROYA, homoeopath and homoeopathic teacher, hailing from India but living in the U.K. and practising there. Susan THORPE movingly recalls the qualities of Pritam Singh, his knowledge of Homoeopathy, his sincere teaching, his humaneness, etc. Pritam was a deeply humble and caring man who was somewhat shy and reserved. He died, 52 years of age, on May 2nd 1995, leaving behind his wife and two small children.

3. Leslie J. SPEIGHT
MORRELL Peter (HOM,59/1995)

Leslie J. SPEIGHT was the owner and director of the Homoeopathic Publishing Company and later of the Health Science Press, both of which dominated homoeopathic publishing in Britain for most part of this century. The Homoeopathic Publishing Co. Ltd. was later purchased by C. W. Daniel Co. of Saffron Walden, Essex. He married Phyllis who has herself authored several books. The SPEIGHTs were in excellent terms with the lay-homoeopathic community of the 40s and 50s like Daniel COOPER, F.Parker WOODS, Edward COTTER, J. Ellis BARKER, Edwin TOMKINS and Arthur JENNER. Leslie SPEIGHT died on May 28, 1995. Our sympathies to the widow Phyllis SPEIGHT.

4. Meet Andre SAINE, ND, DHANP FIELD Ed (HT,15,5/1995)

Andre SAINE lives in Canada and is a well-known teacher and his library also is quite famous. He is also a researcher of homoeopathic information. His father is an MD and some of his brothers and sisters are also doctors.

The way he came into Homoeopathy is not unlike most others. He saw his teacher (in Chiropractic) who also spoke much about Homoeopathy demonstrated the efficacy of Homoeopathy. A dermatologist came for some eruptions which resisted conventional therapy. He straightaway expressed his disbelief in Homoeopathy but "since you have treated two of my patients successfully and they talk about your wonderful sugar pills" he wanted to be treated. Some questions were asked, the responses noted and *Zincum metallicum* prescribed. SAINE says "I watched the rash slowly disappear and was so impressed with the results of the little sugar pills and its immediacy that I decided I wanted to study Homoeopathy".

Today SAINE serves as Director of the Toronto Homoeopathic Clinic and Dean of the Canadian Academy of Homoeopathy. Practising classical Homoeopathy he is particularly dedicated to seeking a resolution for difficult cases, cases with the type of pathology that offers a challenge to him, Homoeopathy. He enjoys investigating the limits of Homoeopathy which he says are constantly expanding. Dr. SAINE likes to quote "**Aude sapere**" when speaking about patient care. Translated, it means "Dare to be wise". "Dare to be wise and know the cause and factors of disease? Dare to be wise and know how to evaluate or diagnose. Dare to be wise and know how to remove the causes from those who become sick!"

Dr. SAINE says "Not every case requires active homoeopathic treatment. You should understand that if you develop a specific condition, the cause may very well be the way you conduct your life. Here are some of the factors to consider. It may be unintentional ignorance about the subject area. It's possible that your belief system is at fault. Instead of treatment you may really need to be made aware of the problem and given suggested solutions. Remember that the word 'doctor' means to 'teach' and it is generally the responsibility of practitioners to help their patients seek a health care resolution". "The important thing in all lifestyle areas is to do what you have to do with balance".

XI. GENERAL

1. Bemerkungen Uber Computer (Remarks on Computer)
KOSTERS C. (AHZ,240,4/1995)

A repertorisation software to meet the demands of homoeopathic working methods would have to be developed keeping in mind some essential aspects. The author proposes a register to simplify the search of rubric, and direct addressing the Materia Medica from the Repertory. Only in this manner the practice of Homoeopathy in accordance to the spirit of HAHNEMANN is possible with the quality information we have now.

2. Die Schrift von Adolf HITLER
(The handwriting of Adolf HITLER) MULLER H. V. (AHZ,240,5/1995)

Dr. H.V. MULLER has been studying the handwritings of his patients and has observed typical remedy similarities. He has found that the writing of Adolf HITLER matched with the homoeopathic remedy Ruta. This is verified with the Ruta character recorded by HAHNEMANN in his Pure Materia Medica. A careful study of the Synthetic repertory also confirms this.

3. Leistungsspektrum und Kostenstruktur in der homöopathischen Praxis (The scope of activity and cost structure in homoeopathic Practice) BONSCH F. (AHZ,240,6/1995)

This is a report by a homoeopathic practitioner after ten years experience of practice in a village. The scope of activity is viewed from the view of the patient, the physician's and the health insurance. The cost analysis is done internally (for the person who practises) and externally (from the view of the health insurance). The expenses for medical remedies in a single homoeopathic practice are shown over a long period of time.

4. Therapie der akuten Halsentzündungen in der taglichen Praxis mit homöopathischen Einzelmitteln (Treatment of acute throat inflammations in the day to day homoeopathic practice with single remedies)
FRIESE K.H. (AHZ,240,6/1995)

Acute disorders of the throat are a very common feature in every homoeopathic practice and mostly there are many patients at a time. How the right homoeopathic remedy can be found quickly with the help of clinical signs and without detailed and long patient history is described. Everyone who practises homoeopathy can affirm that acute throat disorders and also streptococcal infections can be healed faster and without antibiotics with single homoeopathic remedies. Also complications, recurrence of the infection, etc. are very rare in homoeopathic practice. Throat infections are a typical disease to prove this.

5. Complaints and Diagnoses in Homoeopathic practice -A tentative stock-taking

JANSEN G.R.H.J., KOSTER T.G.C. (BHJ,84,3/1995)

As part of a 4-phase research project, 58 homoeopathic physicians, all members of VHAN (Dutch Association of Homoeopathic Physicians) registered for 1 week the complaints and diagnoses according to ICPC-code of the first 30 patients given exclusively homoeopathic treatment during that week. A total of 1712 patients, 36% male and 64% female, was registered. Children under 10 and adults from 30-40 years particularly sought homoeopathic treatment.

6. The rights and wrongs of Measles vaccination ENGLISH John M. (BHJ,84,3/1995)

There is controversy about immunization. This paper concentrates on Measles, although the evidence is more broadly based. Both mortality and morbidity figures strongly suggest that despite a few casualties the campaign has saved many lives and much suffering, even though its goal of eliminating Measles has not yet been achieved. Unfortunately the immunizing effect of the vaccine has a shorter duration of action than the disease itself, and mortality are higher when Measles amongst older age-groups immunized as babies. Morbidity and mortality are higher when Measles is contracted at older ages. A revaccination campaign is under way. Side effects from revaccination are less frequent than with primary vaccination.

The incidence of a variety of chronic diseases, some of which are related to the immune system, has risen concurrently with the various immunization programmes. Opponents fear that the two phenomena are connected, and that by proceeding with immunization we are fundamentally damaging the race. While the evidence for such a connection is weak, it cannot entirely be dismissed as it is equally hard to disprove. We should remain continuing with the campaign, since abandoning it would undoubtedly result much more loss of life and permanent disability.

7. Homoeopathy and Scientific Rationality LUZ Madel T. (BHJ,84,4/1995)

This paper is the outcome of three research projects developed separately with some overlap in theme and time. The first project was socio- historical, developed between 1982 and 1991, and concerned the history of Homoeopathy in Brazil. It dealt with strategies and practices aimed at achieving legitimation of Homoeopathy.

The second project was theoretical (sociological and epistemological) research done during 1986 and 1987 concerning three basic categories in modern rationality. That is, natural (related to or originating in society) and rational (related to or created by reason). Themes of this study were their normative character and central role in several disciplines of knowledge in modern times, with the focus on sociology and medicine.

The third project, in progress since 1991, is a comparative study of complex medical system defined in the project as medical rationales. That is, structured systems of five basic theoretical dimensions which include medical doctrine, human morphology (or anatomy), human vital dynamics (or physiology), a diagnostic system and a system of therapeutic intervention.

The further very interesting arguments and discussion point out the rationale of Homoeopathy

8. Interview with Dr. Ronald W.DAVEY CHURCHI LL Nick (EJH, 1,3-4/1995)

Dr.Ronald W.DAVEY, Physician to her Royal Highness, Queen Elizabeth II, of England, is a pillar of contemporary Homoeopathy and has supported the homoeopathic movement with strength and modesty. Dr. Margery BLACKIE asked him to become a full-time homoeopath. He took over as Director of Blackie Foundation Trust for research into Homoeopathy. In course of time he was called to the Buckingham Palace by her Majesty and asked to attend to her as her homoeopathic Physician.

He has addressed three key issues: efficacy safety and the standardization of remedies in terms of quality control. The question of efficacy has been tackled by the funding of high quality research projects. Safety is an almost contentious subject which extends beyond the question of "alternative" medicine or the training of practitioners, although Dr. DAVEY has a characteristically clear-minded view on these two. The third issue, that of standardization or quality control -" to make

sure if a remedy says it's a 30CH it is a 30CH" has received the greater share of Dr. DAVEY's own attention.

"I feel that Homoeopathy should not be the exclusive preserve of doctors, because I think the public suffers as a result of that. But at the same time, I want the public to be safeguarded against the risks of misdiagnosis and inappropriate treatment. I believe in the principle that a doctor should be gatekeeper and should have overall responsibility, as in the medical situation that currently exists in the U.K., where the G.P. is deputed by the state to take full clinical responsibility for patient care"

"In the light of the things that are coming out of the British Medical Association and of the centres of complementary medical excellence, I very much feel that things are progressing, that we are moving towards what I see as an integrated system of medicine, in which the terms 'complementary' or 'alternative' do not apply, but where we are all partners working together for the patient's good".

Dr. DAVEY thinks that there is the risk of a fatal blow from the pharmaceutical industry but Homoeopathy will survive and it has survived for (1M) hundred years; but it will survive in a changed format. "Homoeopathy is going to change in terms of presentation. It's going to change possibly in some of its philosophical concepts. These concepts have very often anticipated modern medicine, and therefore some of those philosophical concepts could become part of its re-development. When you talk about miasms, you may really be talking in terms of genetic inheritance... Research will also effect changes... So yes, Homoeopathy will survive, because in the nature of things a real discipline of value will always survive".

9. Electronic Chat with Dr. Frederik SCHROYENS SHAH Rajesh (HTIMES,2,3&4/1995)

The Editor of **Homoeopathy Times** Dr. Rajesh SHAH had a 'chat' with Dr. Frederik SCHROYENS via the electronic media. In this Dr.SCHROYENS (S) says that in developing the VES computer programme, he was the link between VITHOULKAS and the programmers. There was a doubt when the project began whether it would be possible to translate a man's (VITHOULKAS' in this case) thinking method into limited mathematical rules. The VES also shows that there was no 'intuition' in VITHOULKAS' prescriptions but purely mathematical reasoning. One who wanted to practice the way VITHOULKAS' does can utilise the VES Expert System.

Studying continuously is needed for growth. The writing of the VES and the **Synthesis** repertory involved study and it certainly contributed to his growth. Use of repertory helps increase memory. One small result of his experience of writing the repertory was that he learnt better in translating patient's expressions into repertorial language. His book **1001 Small remedies** has been enthusiastically welcomed. S feels that there are still many very interesting developments to be expected on the level of the repertory. Regarding the status of Homoeopathy S feels that there is much more interest and enthusiasm about Homoeopathy than say 10 or 20 years ago. We are in a critical stage and should not take things too easy. We should not forget that our medicine is still very recent and leaves many unsolved questions.

10. Homoeopathy on the Internet -The Electronic Revolution
VAN GALEN Emiel (HTIMES,2,3/1995)

This article highlights the electronic communication and work systems available to homoeopaths, particularly the **Internet**, and the e-mail.

11. 200 Years of Homoeopathy. the Literary heritage -The Complete List of Homoeopathic Journals
VAN GALEN E. (HTIMES,2,2/1995)

This is an 'exhaustive' list of medical journals on Homoeopathy (past and present). However, the author does not claim the list to be complete and seeks information further.

12. Homoeopathy -Moving Towards the Mainstream in a changing Health Care System.
CHAPMAN Edward (JAIH,88,4/1995)

Dr.CHAPMAN outlines and discusses a number of issues of concern resulting from the increase in popularity of Homoeopathy and the changing face of mainstream Medicine. Among the many issues covered are: the need for greater scientific substantiation of the efficacy, mechanism of action, and safety of homoeopathic remedies, the need for more data on cost-effectiveness of Homoeopathy; a re-examination of labeling requirements of homoeopathic medicines; the development of new educational models (e.g. homoeopathic primary care education), certification of the competence of practitioners and licensing issues. A topic of special concern is the irresistible tide of the managed care movement and what its effect on Homoeopathy will be.

13. Estudo sobre doses e potencias homeopaticas (A Study of homoeopathic Doses and Potencies)
TEIXEIRA Marcus Zulian (RH,60,1/1995)

This is detailed study of the polemical theme about the employment of homoeopathic doses and potencies, comparing some fundamental topics with the principles of modern Physics. In the first bibliographical search is done beginning from Samuel HAHNEMANN, JAHR and going on to Benoit MURÉ, James Tyler KENT, Leon VANNIER, GHATAK, H.A.ROBERTS, M.L.TYLER, reaching upto Tomas PASCHERO, Proceso ORTEGA, George VITHOULKAS, Francisco EIZAYAGA and Masi ELIZALDE. The opinions of these stalwarts of Classical Homoeopathy is transcribed. Then the principles of Quantum Physics and undulatory movement are exposed in order to elucidate some controversial questions from clinical experience of those studied. The author concludes that there are parameters established in Physics which allow to make analogies concerning the use of a single medicament, prescribed in a single dose and in an individualized potency for each case.

14. Indicações e contra-indicações dos medicamentos paliativos e antimicrobianos - Segundo uma análise da doutrina e da prática de Hahnemann (Palliatives and antibiotics: when to prescribe, when not to prescribe - According to an analysis of Hahnemann's doctrine and practice)
ADLER Ubiratan Cardinalli, AMBR6sio JR. Epaminondas, ANELLI Ilza Marcia, CAPELLO Elizete, CESAR Amarillys De Toledo, GUIMARAES Eny Camara (RH,60,2/1995)

The authors analysed the writings of HAHNEMANN (**The Chronic Diseases, Materia Medica Pura, Lesser Writings, Organon 6th ed.**) searching for the principles and examples from practice that could help the homoeopath to understand as to when and why to prescribe or not to prescribe modern palliatives and antibiotics, as well as the role of microorganisms in HAHNEMANN's concept of disease.

15. Obstáculos a cura Uma visão contemporânea (Obstacles to the cure - A contemporary view)
PIRES Rogerio A.F. (RH,60,2/1995)

The author discusses the controversial theme about the obstacles to cure from differentiated perspective. He explores homoeopathic concepts, like miasmatic dynamic and parameters of cure, through a critical view that tries to confront the theory and practice of Homoeopathy with some elements of our contemporaneity, relating to the dogmatization of the so-called homoeopathic doctrine.

16. Proposta para implantação de atendimento homeopático na rede pública (Proposal for the implementation of homoeopathic care in the Public Health Services) Comissão de Saúde Pública Da, Associação Médica Homeopática Brasileira (RH,60,2/1995)

This article puts forth proposals for integrating Homoeopathy in the Public Health Services in Brazil.

17. Projeto 'Racionalidades Médicas' (The 'Medical Rationalities' Project)
LUZ Hylton Sarcinelli
(RH,60,3-4/1995)

The author presents Homoeopathy as 'medical rationality' analysing it into its constituents - Cosmology, Medical Doctrine, Morphology, Vital Dynamics, Diagnostic System, and System of Therapeutical Intervention.

This research aims at presenting Homoeopathy through the dimensions proposed by the Medical Rationalities Project, establishing comparisons with other medicines (Chinese traditional, Ayurvedic, Occidental Contemporary) in order to contribute to the formulation of the Public Health Services criteria of evaluation (as to efficiency and efficacy).

18. *Imagens da Homeopatia na comunidade de Vitoria-ES (Images of Homoeopathy from the community of Victoria (a Brazilian city) MICALI Idivaldo Antonio, SALUME Sumaia, MACHADO Vera Lucia Taqueti (RH,60,3-4/1995)*

An exploratory study was carried out in Victoria, capital of State of Espirito Santo, Brazil, aiming at building representation of Homoeopathy from the common sense of the community.

The analysis unity of these investigations was made up by 80 (eighty) individuals, over 18 years old and of both sexes, chosen at random. As a purpose to privilege the speech of individuals of distinct social levels, the data was collected from interviews at five different points in the city, namely: a shopping center, the airport, a bus stop, a public square and a public market.

The majority of the people interviewed (81%) has replied that they know about Homoeopathy and this knowledge has come, these considered in a decreasing order, specially through friends, television, relatives and people who had already got a homoeopathic treatment.

The analysis of results made it clear that the images about Homoeopathy are multiple and at most cases very distorted, with preponderance of association with the idea of natural products or phytotherapies.

According to the opinion of the majority of these individuals, Homoeopathy is a long delayed treatment and it may serve for the resolution of almost all diseases, except cancer, AIDS and emergencies. Fewer people, in a paradoxical way, support the idea that Homoeopathy can cure all diseases or that it is a treatment only for slight disturbances or pathologies.

XII. BOOKS

1. **Homoeopathy for Emotional Health, by Rima HANDLEY, Thorsons Publishers, 1995, 224 Pages soft cover £7.99.** Reviewed by Shirley RILEY (HOM,58/1995).

"They say you can't judge a book by its cover but anyone who feels drawn to pick this off the bookshelf because of its pleasing jacket will not be disappointed. Each chapter starts with an analysis of that emotion and some of the possible scenarios which could put a person into that emotional state. This is accompanied by a possibly dozen remedies with a paragraph on each showing how to differentiate between them and select the most appropriate. Part three is a *Materia Medica* of 21 leading remedies with a COUL TER-like portrait of the character of the remedy and a list of General and Characteristic Physical Symptoms, Modalities, and possible causations, e.g. *Natrum muriaticum* from grief or *Sepia* in times of hormonal change... I found this book to be extremely user-friendly, finding a much-needed gap on library shelves "

2. **Homoeopathy Renewed: Cure and Prevention of Illness; an individualised Sequential Approach to Homoeopathy by Rudolf VERSPOOR and Patricia L YN N SMITH, 134 Pages, Paperback. Publishers details & price unknown** Reviewed by Ian WATSON (HOM,58,1995)

"This book is written by a homoeopath based in Canada, and sets out to describe a technique called sequential therapy. The term was apparently coined by a Swiss homoeopath named Dr. Jean ELMIGER, from whom the author learned the technique... The basic premise of the work seems to be that traditional Homoeopathy struggles these days to cure many chronic diseases, owing to the prevalence of allopathic drugs, vaccinations and "Chronic stresses of life in the first lane". The author describes himself as possessing a classical homoeopathic training and bent, but he has found through his own and Dr. ELMIGER's experience that sometimes the classical techniques are

inadequate to bring about a cure in every chronic case, particularly those with a complex history involving multiple traumas and stresses. It is these cases in which sequential therapy has been found to be effective where traditional methods have failed..."

3. **The Infinitesimal Dose. The Scientific Roots of Homoeopathy by Colin LESSELL C.W.Daniel, 1994, 128 pages, soft cover, £ 9.95** Reviewed by Jazz RASOOL (HOM,58/1995)

"...LESSELL certainly does present a model that holds water but I do have some reservations about recommending it to students... The first few chapters are easy going but then the learning curve becomes exponential as LESSELL enters the physics behind the biochemistry of remedies. ... LESSELL claims that remedies work primarily through the respective constituent atoms of the water in a remedy electronically remembering the original drug. The imprinted water molecules enter the blood stream via the mouth and digestive system. The molecules then bind on to appropriate proteins in/on 'cells and this either activates the protein or prevents other molecules from activating it. In this way the biochemistry of cells is shifted and a change in health occurs. Not exactly a revolutionary model but plausible... Over-all, the book is something that I would recommend for students who have some bent for biochemistry Sadly as is the case with so many of those scientific views to date, it seems to have no place for explaining how Homoeopathy also heals human thoughts, feelings and spirituality. Only when scientists discard the idea that we are wound up molecular machines, will they begin to truly understand more about the healing process.

4. **The Homoeopathic Treatment of Beef and Dairy Cattle, by Christopher DAY. Beaconsfield Publishers 1996. 141 pages, paperback £ 17.50,** reviewed by Francis TREUHERZ. (HOM,59/1995)

"It never ceases to amaze me that while allopaths generate their practice of human medicine from sick animals, homoeopaths learn how to treat sick animals from the practice of human Medicine. It can and must also be called humane Medicine and that is what this author recommends, the humane and holistic management of the lives of cattle within which Homoeopathy has an important place....The materia medica and therapeutic sections are by no means rote learning but thorough and holistic analyses. There are case histories and some spectacular research results... Another interesting facet for comparing human and animal medicine is the treatment of the herd compared with the treatment of the individual. There are lessons for us in treating people in epidemics..."

5. **Notes on the Nosodes, Tuberculinum and Bacil/inum by Sheilagh CREAMY, SCHB Publishing, 108 pages, soft cover, price £ 12.99,** reviewed by Robin LOGAN (HOM,59/1995)

"This is a new edition of the book originally published about ten years ago.... What is most remarkable about this book is that it is written by someone who must be the most experienced practising classical homoeopath in Britain... This is definitely a book worth having, particularly for students. It provides a concise yet thorough summary of virtually everything you need to know about *Tuberculinum* in its various forms, and in that sense it is unique".

6. **So you've seen a Homoeopath. A patient's guide to how Homoeopathy works and what to do next, Helios Clinic, Turnbridge Wells, 1995. 44 pages £ 5.00,** reviewed by Martin HOBSON and Francis TREUHERZ (HOM,59/1995)

Two different reviews were received :

(1) By HOBSON : "...All in all, a very useful little book for those patients who want to know more about Homoeopathy than a leaflet can provide-it should be left in the waiting rooms of all homoeopaths" .

(2) By TREUHERZ : "...In comparison with many books of explanation for lay people this book pales into insignificance..."

7. **The Faces of Homoeopathy by Julian WINSTON -Video (VHS Format) Distributed by the National Center for Homoeopathy, Alexandria, Virginia, 60 minutes, £ 29.95,** reviewed by Richard MOSKOWITZ, MD (JAIH,88,3/1995)

"Those of us fortunate enough to have traced the progress of Julian WINSTON's slide shows, lectures, and after hours entertainment over the years can now own the finished product, a permanent record of exceptional quality and professionalism, complete with sound track, voice-overs, and all the tricks of the trade, to be replayed and treasured for a lifetime..."

XIII. NEWS & NOTES

I. Report on the European Committee for Homoeopathy (ECH) meet in Brussels on 13/14 May 1995: (AHZ,240,5/1995) : It is proposed by the Political committee to have a Lobby-organisation to speak for the Unconventional Therapies. Dialogue between the medical Homoeopathy doctors and the 'Lay-homoeopaths' is also to go on so as to find a harmonious function amongst them. Intense arguments have been put forth on the pros and cons for such harmony. The results of the dialogue already underway in Great Britain is awaited in this regard so that the ECCH and ECH could find a common agreeable methodology.

The Educational Sub-committee has worked out the 'basic standards in Homoeopathy'. Many schools in Europe have already remodelled their teaching in accordance of the ECH in the 'Training' sector:

- a) Formulation of criteria for provings at the end of the training as also what the framework and the content of the provings are concerned about. The aim is also towards a uniform European Diploma".
- b) Establishment of a European Provings Commission (consisting of teachers from different schools), to take up reciprocal provings.
- c) To make available a list of lecturers in Homoeopathy who may already be in other schools in Europe.

The ECH had laid the following Programme for basic training in Europe:

1. Aims
2. Study of the homoeopathic theory
3. Study of Materia Medica
4. Clinical Practice
5. Training Structure
6. Diploma
7. Qualification for the teacher

Under each of the above headings there are specific points.

II. First Meeting of the International Study Group of the History of Homoeopathy in the Institute for History of Medicine of the Robert Bosch Foundation in Stuttgart on 5 and 6 April 1995:

Homoeopathy history is a young research field which has begun to take shape in the recent years slowly. In Germany it has been traditionally done by medical historians, and recently Folklorists, Medical ethnologists and particularly Social History researchers. In the recent times the social history research is becoming more rather than the patients history, the role of the lay-man associations as an important lobby for the support for this form of therapy, the essential position of the pharmaceutical industry, political conflicts, e.g. training chairs in university. The economics of health is also a question. Subsequent to the holding of some conference the history of Homoeopathy in Germany has been made thematic. This first International Stuttgart Meeting is also at the same time the first meeting of the "International Network for the History of Homoeopathy" in the "European Association for History of Medicine and Health", which has in the forefront a brighter overview of countries and continents. The present state of Homoeopathy in all its aspects in Europe and USA is studied. The special role of lay-practitioners in the continuity of Homoeopathy in Great Britain contrasted with the otherwise important role of physicians who only in Germany supported a public movement. The

influence of the pharmaceutical industry is of particular significance in the reawakening of Homoeopathy in the former "eastern block countries" specially in Romania where since the year 1970 the state supported homoeopaths' training activities. In Brazil and India the pressure is for increase of the Governments giving more weight to Homoeopathy in their health programmes.

The transactions is to be published in 1996 in book form in German language by Martin DINGES. (AHZ,240,5/1995)

III. Report on the Meeting in the institute for History of Medicine of the Robert Bosch Foundation in Stuttgart, 3-4 April 1995 (AHZ,240,51 1995). That the history of homoeopathic method of healing is much more than many other examples of independent protests against the dominant medicine is accepted by more and more historians. Homoeopathy is known to have been at the same time in these 200 years of its existence a medicinal as well as a social phenomenon. Some aspects of this were discussed in this meeting.

Medical history is not made by doctors alone. Homoeopathy itself is a good example, which has shown the significance of the laymen-practitioners at different epochs who have contributed to the medical practice. Besides the non-medical homoeopaths, the pharmaceutical manufactureres like the individuals and firms like Willmar-Schwabe, Leipzig, have influenced widely the practical development of the therapeutics. This happened particularly from the close association between the publishers and pharmacists, like the earlier homoeopathic journal "**Hygea**". The study of the patient in the context of the medical history is a central theme in the history against the doctors, pharmacists and the state's place. Patients need not always be humans. Homoeopathy is an informative example of strong integration of veterinary medicine with the writings of the history of medicine, as the example of the veterinarian J.J. W. LUX clearly indicated.

The commercial and economic histories may also be studied. For example, how was it that a lay practitioner like Dugen WENZ could hardly keep his head just above the water all his life? How Dr. Meinoff BOLLE of Aachen had not one patient in his hospital, whereas later Dr. Arthur LUTZE could build up a very busy practice?

Besides the commercial aspects the interrelationship between religion and medicine also raise many questions like, what exactly is understood by homoeopathic history as it was understood earlier, and now. A large number of the participants spoke of therapy forms which Homoeopathy has more or less over the decades remained with little difference.

The meeting raised more questions and all were considered. The lectures of the participants would be published by Karl F. Haug in the form of a book in 1996.

IV. Report of the 146th Annual Meeting of the Deutschen Zentralvereins homöopathischer Ärzte e.V. in Erfurt, 25-27 May 1995. (AHZ,240,6/1995):

Some extracts: the theme was "**Homoeopathy in its relationship to the world around**" which the chairman Dr. DRAHNE who opened the Meet said was quite indicative of the future. Dr. REUTER who spoke next said that he was happy that this meeting was held in the new province, in a place where Homoeopathy was prevented by the former government. The homoeopaths therefore had to meet in secrecy under the protection of the church. In the former Eastern Germany there were material and ideas that were massively environment polluting. Only a small number of firms manufactured homoeopathic medicines. He thanked Dr.ILLING for having built up Homoeopathy here with great interest. Dr.OSTERHAID conveyed the greetings of the Social and Health Ministry of the state of Thuringen. Homoeopathy has its rightful place in Medicine. Lastly the greeting from Dr.MERKEL, the Minister for Environment, Central Government, was read out. He said that while prevention is better than cure the environment pollution was so as to promote disease and that Homoeopathy should probably find a solution for this.

Dr. POPP the Physicist: "**Scientific basis for the homoeopathic high potencies**" : There is no chance of finding a scientific basis for the working of the homoeopathic high potency. There is much in the science but without ultimate proof. Most of these things are empirical. The reason for this is that the nature of life is fundamentally different from material. While dead material is simple, homogenous, stationary, reproducible, objectiveable, linear and predictable, living systems are complex, nonhomogenous, dynamic, not reproducible, not objectivable, not predictable and not linear

and above all have a memory function. He recalled the Russian scientist GURWITSCH's idea that the form building power in organisms is of electromagnetic nature. Dr. POPP also spoke of the resonance action according to which disease is wrong electromagnetic swings by which the high potencies react resonantly and leads to healing.

Dr. SCHREIBER spoke of "**Development of Medical Classical Homoeopathy in Thuringen**". There were many homoeopathic doctors in Thuringen. But during the period...when it was East Germany (DDR) it was almost only lay practitioners. The official Medicine in the DDR proceeded from the Forensic Doctor PROKOP, and it fought against all alternative methods. The number of medicines which could be manufactured only in D4 and D6 increased constantly. Symposium and Hainstein Conferences filled the homoeopathic life in Thuringen. Now the situation is much encouraging.

Mr. FIRNKORN of the Robert Bosch Foundation spoke on the "**Furtherance of the Researches in Homoeopathy in the Robert Bosch Foundation**". Even during the founding of the Stuttgart Homoeopathic Hospital, Robert BOSCH had instructed that all the successful results of the cases treated in that hospital should be taken for this. At the same time Homoeopathy was to be clinically verified by the government officers which however showed negative results. The reasons for this were, first, the ignorance of homoeopathic doctors of the hospital upto LEESER. The Chief doctors of Homoeopathy were not the best of their time and the artistic treatment of the patients by these doctors were wanting. By end of the 50s clinical medicine in Homoeopathy had therefore ended. The renovation and reconstruction of the Policlinic followed but was not filled with suitable homoeopathic doctors. In 1994 the Foundation has at its disposal DM54 millions out of which a large part went to the **Robert Bosch Hospital and the Margarethe Fischer Bosch Institute for Clinical Pharmacology** as also for the Institute for the History of Medicine which was used for research on the homoeopathic history. In the past years the foundation supported research work on Homoeopathy in India by MOSSINGER, WIESENAUER and some other doctors. The Foundation 'M)uld be spending a sizeable amount for the celebration of the 200th year of founding of the Simile principle in the Hygiene Museum in Dresden.

After this Dr. GARTNER spoke on "**Poisons and Medicines - Environment, Toxicology and Homoeopathy**". He said that PARACELUSUS had discovered the Simile principle before HAHNEMANN. He then spoke about the Reinchensteiner disease which was about Arsenicum poisoning through water containing Arsenicum. He also pointed out that HAHNEMANN had already said that a medicine can work as poison as well. (**Medicine of Experience by HAHNEMANN**).

Dr. BANDELIN then spoke "**Environment pollution and respiratory diseases of Children**". As a causative factor for the allergies he pointed out the frequent vaccinations, antibiotics, cortisone and exogenous noxins. Air pollution belongs to the last-mentioned. The noxins impede the action of the homoeopathic remedies and cause recurrences and makes cure more difficult. He demonstrated by the case of an 8 year-old child's Tuberculosis.

Dr. PFEIFFER then spoke on "**The World of the child and its medicine**". He spoke of individual sensitivity of the child and the inner as well as the outer obstructions to the therapy which can influence the development of the child. The mother is undoubtedly important for the unhindered development of the child. There are many homoeopathic medicines for the disturbed mother- child relationship, which he pictured with the help of 4 folk tales.

Dr. WITHOLD spoke on "**Forgotten disease pictures enlivened again with some chosen cases**". Two interesting cases; 1. Typhus, 2. Malaria Tropica. These two cases were reported in detail along with the course of the disease and the homoeopathic remedies which were given.

Dr. SCHILLER spoke on "**Homoeopathy and the problem of dental filling materials: *Mercurius solubilis* - Environment toxin and homoeopathic medicines**". He first spoke of the history of Quicksilver and then about the environmental catastrophe in Japan and in Iraq from this metal. Of about 9,000 tons of Quicksilver produced in the world every year about half is in the environment. A part of it poisons the ground water. About 30 tons pollute the environment due to dental work alone. He further spoke in detail about the amalgams and the therapy for amalgam intoxication.

Dr. BARTAK spoke on "**Homoeopathy and the problems of dental filling materials : *Aurum, Palladium, Platina and Titanium***". He recalled the blockades from suppuring and crowded teeth as also from loose teeth. These should not be treated before ceramic treatment. Basically all raw materials including Gold, could harm, One patient suffered, after gold filling, with high blood pressure, double vision, depressions which went off after the gold fillings were removed and then given *Aurum Q 18*. Understandably only those who are sensitive to gold will suffer. A frequent symptom is altered taste sense. The speaker sketched the picture of *Aurum, Palladium, Platina and Titanium*. He found the Simile to be the best antidote for the ill effects of the metallic fillings; also drainage remedies, Isopathy in which the low potency should not be used.

Dr.PISCHETSRIEDER & Dr.KANNENGIEBER spoke on "**Common poisonings in small animals and Horses and their homoeopathic Treatment**". At first the two veterinary doctors showed in a table which measures and medicines from the allopathic school were important in this. They also pointed out that medicines which humans can tolerate produce harm in the animals and may cause haemolytic anaemia, kidney diseases. Two examples (cases) were shown in this regard. Repertorial searches were shown. A very interesting presentation.

Dr. MADZEKE spoke on "**Poisoning with Insecticides and Herbicides**" with the help of a case. The patient who had to handle pest-control things and ultimately was severely invalid, was successfully treated with *Mercurius and Chelidonium* and he recovered well enough to go back to his work.

"**Nosodes in the treatment of environment toxicological affections - A significant therapy supplement**" was the subject of Dr. THYSON: He first spoke of the main environmental toxins, like Mercury, DDT, PCB, Arsenic, Cadmium etc. These can be used in homoeopathic doses, to neutralize intoxication by these toxins. He then spoke about Ozone, protection of the woods, etc.

Dr.GESSNER spoke on "**Environment, Homoeopathy and Neurodermatitis**"; He said that there was much anxiety among the people about environmental pollution, especially by the allergens. During therapy therefore it is necessary to proceed further with good homoeopathic therapy and a good patient management. Curative fasts, falls in this. To complement a combination of Homoeopathy, psychotherapy and the regulation of diet are important. For removing the effects of *Cortisone* salves *Cortisone D30* is given once and a week later begins homoeopathic constitutional therapy, in which a single remedy in Q potency is given daily. In 1-2 weeks it can be definitely seen whether the therapy is working successfully. He particularly said that the cure follows HERING's rule.

Dr. IGNATZI spoke "**On the employment of Environmet hygienic Diagnostics and therapy Principles**". The action of different chemicals and the organism is allergically conditioned. Deeply affecting mental alterations occur which were least considered until now. There is therefore a fear about the future. He warned of treating by "symptom profile". The problem can be tackled only by Field therapy, that is, only by taking into account all the circumstances. Here Homoeopathy is relevant, as he found personally. Hence he applies this method.

The next lecture by Dr. REUTER was on "**Fundamental importance of Nutrition for the homoeopathic Healing in Hahnemannian sense**": with the help of the original text of Organon. Dr.REUTER pointed out that HAHNEMANN had recommended a life style in which all mental disturbances and lack of movement should be eliminated and recommended natural foods with reduction of sugar, cooking salt and wheat flour. He also pointed out that the experiments of POPP showed that a biologically prepared food emitted naturally more Photons than the usual industrially produced one.

Dr.MATTHIESEN spoke on "**A case of Lindan - and PCB-intoxication and its homoeopathic Treatment**". The case of a 13 year old-girl was reported in detail and the homoeopathic treatment. The toxic effects of Lindan and PCB are difficult to be treated. If a carefully chosen homoeopathic medicine does not work as expected, one must look for chronic intoxication.

Dr.ELIES spoke on "**Chronic Fatigue Syndrome and its homoeopathic treatment**": This syndrome which has recurred in the recent 120 years was first observed in the American Civil War in the soldiers. No causative agent has been identified so far. 1.5% of the citizens suffer from this. In the beginning it is mostly acute but later a big strain. Main symptoms: Tiredness, Weakness, Depression,

Sleep disturbances, Lymph gland swellings, Inflammation of mucous membranes, More than 70 remedies have been mentioned in MURPHY's Repertory. *Staphysagria* is particularly suitable. (much restrictions on the subordinates with consequent sleepiness or sleeplessness); *Conium* (ailments from suppressed feelings). The physical and mental weakness with overexcitement of the sense organs and viral infections after conflict situations correspond to *Silica*. Therapy is on the basis of the choice of totality.

Dr. WANKE spoke on "**Chronic Fatigue Syndrome**". He stressed the connection of this with a general weakness of the Immune and Defence Systems, Increase of allergies, infections and the Chronic Fatigue Syndrome is marked with the words "Cry of the Immune Systems" in the sense of archaic reflexes: "rest, repose, saving of energy!" The Immune system communicates with all levels of the Organism - Body, Mind and Spirit. All inner and outward influences have their reaction on the Immune system. There is much to be researched in this regard.

Dr. OETEMEIER spoke on "**The Environment models the Homoeopathic Disease types - Consequences of physical and mental stress in an orthopaedic working day**": He depicted a "Functional Pyramid" of a material somatic, an energetic and an information plane, one above the other. The last was white, translucent and therefore difficult to be recognized. With the help of red filter it was strikingly visible. If the peak of the pyramid is about the quality of a pain and in the place of the red filter a homoeopathic filter is opposed, under the pair concealed information is seen, like Care, Worry, Lack of Love, Mortification, Suppression psychic as the remedies; Mortification as the mental cause leads to *Staphysagria*, *Nux vomica* and *Colcyntis* and for material causes like Draft and Air, *Aconitum* and *Belladonna*. He illustrated his points with a case.

Dr. GUTMANN spoke "**On the efficacy of the homoeopathic medicine**". While allopathic medicine sought quantity Homoeopathy sought quality. Homoeopathy cannot be explained in the sense of molecular theory.

Dr. WARNKE spoke on the same theme

Dr. GAWLIK spoke on "**Immunology and Homoeopathy**". He based his ideas on HAHNEMANN's Lesser Writings particularly "**Heilkunde der Erfahrung**" (**Medicine of Practical Experience**).

The next talk was by Dr. ILLING on "**Possibilities and Limitations of Homoeopathy**". With the help of his own cases he depicted border situation cases cured with the correctly chosen homoeopathic remedies; he showed how the indications for the homoeopathic medicines were gleaned. This is possible only by following HAHNEMANN exactly.

The last lecture was Dr. BUCHMANN on "**The impact of the Environment on the Homoeopathic Physician**". The attitude of the physician is of decisive importance in the difficult search for the indicated homoeopathic remedy. The patient is a creation of God as also are the medicaments, plants, animals and minerals which we use as remedies. In BUCHMANN's view successful medical work without a feel for transcendence is impossible.

The "Samuel" prize for the best lecture went to Dr. MATTHIESEN for his lecture "**A case of Lindan and PCB -intoxication and its Homoeopathic treatment**".

V. **International Research Group on very Low Dose and High Dilution Effects - Bth GIRI Meeting, 10 - 12 Dec. 1994, Hadassah Hospital, Mount Scopus, Jerusalem, Israel: (Extracts from BHJ,84,3/1995).**

1. **Medicine as the art of harmony among the parts in the unity of living organisms:** "All that is received is according to the receiver's ability". This principle of Neoplatonist philosophy may serve to explain how the metaphysician and theologian understand global medicine and the medical experience of Homoeopathy. The philosophical intuition of the relationship between the parts within the unity of the whole is both confirmed and justified.

Thus, ARISTOTLE's definition of the soul is the actualization of an organized body potentially alive and his explanation of the concept of unity as presented in his metaphysics; BERGSON's

intuition of the **elan vital** and harmonious growth through duration; the theology of unity unifying the members of the mystic body as the Apostle PAUL describes it in his Epistles, express on a philosophical or religious level principles of truth which homoeopathic medicine puts to use in a concrete manner.

The same principles can be applied to the harmony of the universe, whether we speak of biospheric equilibrium or of mutual understanding in the human community.

2. **Modelling complex systems - Wonderful but not incomprehensible, J.L.L.LEMOIGNE** (France): 'It is the task of the natural sciences to show that the wonderful is incomprehensible, to show how it can be comprehended -but not to destroy wonder'. The first lines of the manifesto of the sciences of complex systems published 25 years ago by H.A. SIMON suggest a fundamental epistemological argument of any scientific research as of any cognitive inquiry; our permanent endeavour to understand the phenomena we perceive or conceive is an endeavour to design (and redesign) plausible meanings of those phenomena.

The aim of any science is to show how can phenomena be modelled? For the last 150 years or so the usual answer to the question 'how' proposed by the academic scientific institutions was always the same; by analysis by reducing to simple organic facts, be they atoms, cells, molecules, genes, etc., Analysis and simplification not only destroy wonder when trying to explain it but lead to a very poor meaning of the considered phenomena; the 'formal explanation' does not make sense, it only makes forms! So we reconsider the modelling of complex systems. To design or to invent, to build through symbolic models, understanding of our changing relations with the world. The epistemological foundations of the science of design is today well established. We can now develop a theory of modelling complex systems (which is a theory not of 'good models' but of the cognitive processes of model design and building) usually presented on the concept of 'general system' (Initially suggested by biologists) but now extended to the concept of 'auto-eco reorganization and not restricted to the modelling of energetic ones.

3. **Contribution of systems modelling to the Renewal of homoeopathic theory understood as a complex phenomena, H.CARE** (France): Is it possible, by observation of successive and/or concomitant diseases in any given patient, to discern the links and reciprocal relations between different nosological structure? Conventional Medicine interprets and defines diseases in terms of distinct nosological structures which evolve independently of each other. Homoeopathy, based on systemic modelling and on all-encompassing concept, is able to discern different diseases, organizes them into complex pathological systems and endows them with both significance and intelligibility. All patients present the specific diseases or disorders particular to them, and this never in an arbitrary manner, at random times or for no specific reason.

Clinical observation, moreover, demonstrates that in each patient one or several diseases are always organised and presented along the lines of one or more complex pathological systems, revealing the presence of an intrinsic self-adjusting organization, which is autonomous and makes known its own imbalance. Each individual system appears to be ordered according to semiotic criteria which are classified and codified.

Proving are the classified and codified manifestation of these pathological systems. Experimenting with active pharmacological substances on human subjects in a homoeostatic state is the method of modelling and simulating complex pathogenetic systems. These substances act as if they possessed an intrinsic ability to memorize the complex pathogenic structures which can be superimposed on the complex pathological systems found in the human body. Analogical reasoning makes it possible to reconcile the patient presenting his own pathological system and the medicine his condition requires, and the medicine which is liable to provoke a similar system of pathogenesis and exact mimesis of the pathology under observation. We can apply to a patient (or a pathology) and to a substance (pathogenesis) the paradigm of general systems. Every human being, immersed in his own environment, operates according to his own peculiar, psychological criteria, evolves in accordance with them throughout his life. The homoeopathic concept calls for a permanent all-embracing understanding of pathological phenomena.

4. **Stimulation of cellular self-recovery by application of the similia principle, R.VAN WIJK, F.A.C.WIEGANT** (The Netherlands); The self-recovery process that follows damage to a cell is

determined by a number of elements. In the last decade it has become clear that stress or heat shock proteins play an essential role in the self - recovery processes. The molecular basis of damage-induced loss of the protective mechanism, have been described in detail in recent years. The aim of this work was to study whether cellular self- recovery can be stimulated by the application of the similia principle in its most simple form.

The results support the hypothesis that self - recovery is specifically stimulated by low doses applied according to the similia principle. It was shown that small doses specifically stimulate the damage-induced synthesis of stress proteins which has been considered a relevant measure for the process of cellular recovery.

5. **Notes on the Conceptual basis of Science - Looking for the mediating principle, A.LAGACHE** (France): The two monisms: The current conceptual basis of science is not a dualism, but a contradictory juxtaposition of 2 monisms. Sciences of matter and sciences of semantic facts are totally isolated from one another, so that we live in a fractured culture. The firmest part of our knowledge seems to be based on matter, leaving aside all meaningful facts which actually concern human beings and living structures. Mind and matter each rule their own camp, never to be confronted. This illogical coexistence of 2 monisms is a denial of reality. As a matter of fact, living structures belong to nature, and nature provides them with material facts as well as semantic ones, we need the 2 dimens. Can dualism be anything but antagonism?

What would real dualism be? Real dualism is different from the simple juxtaposition of 2 terms. It must combine the differences between diverse phenomena, with their possible relationships. For example, insanity: The quarrel whether insanity is an organic or a psychological disease will never end unless a third concept, a distorted relationship between mind and body, between being and reality is found. Here the mediating principle emerges. The mediating principle has the function of linking and separating and is a higher principle.

Paradigm signifiers: We assume that living systems are informed and informing structures, a network of mediating relationships between internal set and environment, as well as between material and semantic levels in the system. Homoeopathy and immunology provide a beautiful experimental for this hypothesis.

6. **Notes on the conceptual basis of Science - Looking for a tradition of Signifiers. A.LAGACHE** (France): When the paradigm of signifiers was evolved it looked like an entirely unusual idea, which is not true. There is a tradition which considers life as a whole meaningful fact of nature. The chasm that positivism put between mind and matter is not a necessity of science, it is a historical occurrence.

The 17th century had an open paradigm of science: Nature includes all kinds of phenomena, especially mind and matter. DESCARTES therefore focussed not only on the two substances ('extended' any 'thinking' matter) but also on the links and mediation between body and mind in order to make a real dualism work. SPINOZA and LEIBNIZ had the same main preoccupations. SPINOZA integrated mind and body into the same measure of nature, like two lines of melody on a sheet of music. NEWTON himself was not the father of mechanism we assumed him to be. He noted that gravitation was not mechanical.

The Age of Enlightenment came closest to complete rationality. Science meant understanding the whole of nature in its diversity and integrity. We find a real idea of mediation in the 18th century.

LESSING, in his aesthetics, noticed that poetry and painting would not be able to deliver the same message; the medium, the signifier, is part of the meaning, i.e. the body receiving the message cannot be eliminated from the result. KANT suggested a mediating principle with his concept of 'transcendental scheme of imagination'. There is room for a whole conception of life weaving together levels of matter and semantic levels.

In the early 19th century, this open paradigm of science split. The fantastic possibilities of technical power swept science towards materialism. The aim of being almighty and immortal had been transferred from religion to technology, supposing that phenomena would be reduced to matter, to

substance. Mind and semantic facts were left to poets. Today we reach the limits of such an attitude. A whole side of nature is not represented in our intellectual settlements.

In the tradition of Enlightenment, HAHNEMANN invented Homoeopathy and FREUD invented Psychoanalysis. Both involve a conception of the whole being, by means of mediation.

We now have the means to supercede the split in our representation of the world. The only condition is to supercede the reductionist point of view, which reduces phenomena to mechanical composition. We should now be able to match our soul with our real learning.

7. **Modification of a 4MHz water proton relaxation times in highly diluted aqueous solutions, J.L.DEMANGEAT, P.GRIES, B.POITEVIN** (France): NMR T1 and T2 hydrogen relaxation times and T1/T2 ratio are related to the organization and dynamics of water in the vicinity of solute molecules, they differ from those of bulk water and water in the pure state. In liquid water at room temperature T1 and T2. Lowering the temperature or introducing a solute induces organization of the water molecules leading to increased proton relaxation time. Thus T2 decreases more than T1, and the T1/T2 ratio increases. NMR is one of the several tools to study bound water. In the present study, NMR relaxation technique was applied to very high aqueous dilutions of various substances in order to study water organization.

Conclusion after study of the results: T1 NMR hydrogen proton relaxation time is increased in very high dilutions of various solutes with the solvent prepared and measured in identical conditions. Differences persist at dilution levels higher than 10^{-18} . Many chemicophysical parameters were analysed. No explanation can be derived from our experiments at present. The results nevertheless encourage the use of NMR for further investigation of homoeopathic solutions.

8. **Non-linear Thermodynamics, Quantum Physics, Electrophysiology and Self-organization phenomena as a framework for looking at the organism and its pathology in a holistic context. A.N.DELINICK** (Greece) : The aim of this paper is to provide a model of the organism and its pathology that can be used by homoeopaths and researchers in order to better understand the workings of the organism through a holistic framework. It aims to explain the **Arndt-Schulz Law** formulated in 1888 and lately revived as 'hormesis'.

9. **Biocrystallization analysis of low and high dilutions and homoeopathically treated blood of patients. H.BERCY** (France) : Morphocrystallography or biocrystallography is a concept of iconography that brings information about the localization of organs and the nature of pathological processes and their evolution at an early stage. The test allows detection of many pathologies before clinical signs become evident. The particular interest of this research is early diagnosis especially in serious pathologies by the study of basal and growth factors, prospective aspects, evolutive factors. The aim was to find a methodology to follow up the therapeutic effect of various homoeopathic dilutions, including the highest.

Three possibilities were studied *in vitro* and *in vivo*:

- Low dilution gave reactions at the organic level, 2x,4x, and 4c,5x and 5c,7x and 7c.
- Dilution such as the 8x,9c,10x,12c and 15c showed signal elements relating to the capillary, venous and lymphatic levels.
- High dilution such as the 15x,15c,20x,30x and 30c showed effects on neurovegetative system sequences.

Other experiments with pathological blood yielded interesting modifications (at the metallic level).

10. **Comparative study of biological studies and morphocrystallography tests in dogs and cats, R.BLOSTIN** (France): Morphocrystallography tests are of interest in the early differential diagnosis of malignant and non-malignant tumours in dogs and cats. The results of histological studies (HS) and morphocrystallography tests (MT) in 91 dogs or cats from 4 veterinary practices are compared.

The conclusion is that MT enables us to know with great certainty how malignant a suspected tumour is. Simply using a blood sample (2ml) early diagnosis is of considerable interest for the practitioner's choice of treatment strategy.

11. **From stimulus to message in biological systems. C.BONNE** (France): A stimulus is an agent that produces a response in a living organism. It has no significance per se but acquires a particular meaning, becoming a message, when applied to a particular biological system. Stimuli can be physiological, chemical, static, dynamic, etc. One part of this paper will be devoted to the various characteristics of the interaction between chemical stimuli, such as ligands, and biological receptors. In addition to the simple mode of interaction, there are more complex ways of stimulus reception which are illustrated by allosteric activation or negative cooperation. Biological systems are never rigid but responsive and have to be considered as a function of time. The aim is to offer a simple and formal view of some classical aspects of biological cybernetics.

12. **New in-vitro tools to study protective effect of very low cadmium concentrations against cytotoxic cadmium doses. A.DELBANCUT, M.P.BARROUILLET, R.MAURY-BRACHE, A.BOUDOU, P.DORFMAN, J.CAMBAR** (France): *Cadmium* (cd): a major pollutant, is a well-known nephrotoxin causing severe damage at renal vascular, glomerular and tubular level. High dilutions of toxic heavy metals have been shown to reduce the lethal effect of these metals in mice and to increase metal elimination in rats. Using various new in-vitro tools (cultured glomerular and tubular cells, isolated glomeruli) the mechanism of the protective effect of very high dilutions of Cd against Cd toxicity was investigated.

The data demonstrate that 5-day pretreatment with very high dilutions of heavy metals has a protective effect on cells exposed to cytotoxic concentrations of the same metal. Moreover, this study introduces new, sensitive tools for further investigation of the mechanisms of the protective effect very high dilutions provide against nephrotoxic agents, reducing their side effect in clinical use.

13. **Modulation of immune response to KLH with high dilutions of antigen. Z. WEISMAN, M. OBERBAUM, N. HARPAZ, Z. BENTWICH** (Israel): In the present study the authors have extended their earlier experiments and also tested and the antigen-specific proliferative response in preconditioned mice.

The results of these experiments, together with the results reported previously show that highly diluted antigen (including those beyond **Avogadro's number**) may modulate at least the secondary IgG immune response as well as the proliferation antigen specific T cell response. Though very encouraging, these studies require further more definitive and large-scale confirmation in order to provide compelling evidence for such biological effect.

14. **Corrective effect of in ovo administration of high bursin dilutions in bursectomized chicks – Adrenocorticotrophic, pineal and immune functions and circadian rhythms. B. J. YOUNG, F. BOUDARD, J. D. BAYLE, M. BASTIDE**, (France) : As shown in a previous paper, changes in basal and stress-induced adrenocortical activity and an inability to generate specific antibodies in response to antigenic stimulation in newly hatched bursectomized chicks were corrected by using a pool of 10^{-30} to 10^{-40} M dilutions obtained by hahnemannian preparation. The circadian rhythms of these hormones were also studied.

The results support the efficacy of *Bursin* in small doses and high dilution to restore normal endocrine and specific immune response in bursectomized chicks.

15. **Perspectives of research in Homoeopathy 1987-1994. Z. BENTWICH, M. OBERBAUM, Z. WEISMAN, N. HARPAZ, D. ROTHMAN, G. VITHOULKAS** (Israel Greece) : Studies on the scientific basis and the clinical efficacy of Homoeopathy over the last 7 years can be divided into those addressing basic aspects, experimental disease models and clinical evaluation studies. The first group includes studies to confirm BENVENISTE's original observations on the histological effects of high dilutions in **in-vitro** systems.

The results of the models studied leave mixed impressions though they are encouraging. The authors believe that the homoeopathic principles are amenable to scientific testing though they are probably most subtle in their effects, difficult to prove and occur primarily within biological organisms.

16. **In-vivo effects of epidermal growth factor in high dilutions. N. VALLOT, S. FOUGRAY, K. MOUBRY, J. C. LEBECO, J. J. ETIENNE, E. A. PAPCONSTANTIN, T. L. PHAM DUC, M. BASTIDE** (France) : Two series of experiments were performed: a series of 8 volunteers in Montpellier and a series of 15 volunteers in Paris. The volunteers complained of soft, chipping, breaking and splitting nails; some of them bit their nails. The gel (prepared in a base containing carbopol 934 and carboxymethyl cellulose as a thickener, propylene glycol as a humectant and a 9c solution of EGF-Epidermic Growth Factor – in glycerol – alcohol 20°) was applied twice a day and left to dry for 5 minutes. The observations made on the 23 volunteers may be summarized as follows :

- In all but 2 of 23 cases, the hahnemannian dilution of EGF 9c, had a general effect on all nails even though one hand only received the verum.
- The physiological function of the nails, i.e. a protective effect at the end of the fingers, was re-established in 4 out of 6 nail-biters who stopped their habit, 1 got worse.
- The nails of 21 volunteers became harder and stronger with normal growth.

Our final observation after a 1-year interval showed that application of EGF 9c has to be repeated in a long lasting evaluation. The effect may disappear after some months. New applications are necessary but the effect is much more rapid.

The results led to conclude that high dilutions of endogenous molecules have a genuine regulatory effect.

17. **Highlighting the healthy individual type 'sensitive' to a drug Methodology. A. CRISTEA** (Romania) : A simple and safe method to select the healthy type 'sensitive' to the action of a conventional or homoeopathic drug has been developed. Knowing the importance of testing pathogenesis on the 'sensitive' healthy individual in Homoeopathy, we extended application of the method to the investigation of experimental homoeopathic pharmacology for the purpose of highlighting individuals 'sensitive' to the action of a homoeopathic drug. We carefully demonstrated the calming effect of homoeopathic *Chamomilla* in high dilution in 'sensitive' healthy mice, with spontaneous calming of motor restlessness. We were also able to reproduce the experimental pathogenesis of *Chamomilla* relating to restlessness in 'sensitive' healthy individuals selected for spontaneous motor hyperactivity.

The results of this conventional and homoeopathic pharmacology research led to certain important conclusions including that the experiment concerning the pathogenesis of homoeopathic preparations of healthy but 'sensitive' individuals conceived and introduced by HAHNEMANN is shown to have solid foundations.

18. **First Study on new aspect of a wellknown bioassay. P. C. ENDLER, W. PONGRATZ.** (Austria): Attention is drawn to the multicentre studies involving about 3000 frogs which showed that under experimental conditions the hormone *Thyroxine* diluted and succussed to a 30th decimal potency, inhibits metamorphosis from the 2- to 4-leffed larval stage of the grass frog *Rana temporaria*. (see News & Notes, QHD IX, 4/92, p.68 and QHD XII, 2/95, p.61). This was independently established in the 51 laboratories involved in the study, 3 in Austria, 1 in the Netherlands and 1 in Italy.

The present pilot study suggests that *Thyroxine* potencies 14x, 30x, and 26x stimulate development whereas 6x and 30x inhibition by *Thyroxine* 30x was also found in the previous experiments. The inhibiting effect does not depend on the degree of dilution but on the succussion process.

The findings and further material are discussed with regard to statistical evaluation on the basis of Contonian statistics.

19. **Health and Disease in Homoeopathic Philosophy, G. VITHOU LKAS** (Greece): The human being is an integral whole functioning on 3 distinct levels: the mental, the emotional and the physical. The factor that keeps all these levels an integral whole and determines the kind of activity and interrelationship between them at each moment in time is the bioenergy that permeates the

human being. The organism always maintains a hierarchical order between the levels. Right from birth a human being lives in a dynamic environment which affects the organism at all times in many ways and therefore is obliged to adjust continuously to the internal and external stimuli so as to maintain a dynamic balance. If the stimulus is stronger than the natural resistance of the organism a stage of imbalance results with signs and symptoms that are erroneously labelled as 'disease'. Symptoms are the results of the struggle and should not be suppressed or eliminated but should rather be encouraged. Signs and Symptoms can manifest on one or more levels. Whether in normal function or defending itself the human organism always works as a totality. Disease is not a static condition but a dynamic continuum of unbalanced life force.

20. **Effect of *Belladonna* 30cH and 12cH in Healthy Volunteers - Multiple single case experiment in randomized design.** A.WALACH, E.ERNST - H EIBER, S.HEBER (Germany): A multiple, single case experiment, using *Belladonna* 30cH, 12cH and placebo in a double-blind, randomized design in healthy human volunteers, was conducted. The aims were:

- to determine whether *Belladonna* would have an effect from placebo in at least 1 person.
- to determine whether a randomization design is an appropriate method for a homoeopathic drug proving under experimental control.
- to determine which of the 2 potencies would have better effects.

The conclusions arrived at from the results: *Belladonna* 30cH and 12cH produce symptoms different from placebo in healthy volunteers. However, the effect is very small, Paradoxical effects have been observed which remain to be clarified. The 30cH proved more effective..

21. **Homoeopathy in later pregnancy for dogs and pigs.** V.GRANDMONTAGNE, A.RIAUCOURT, (France): Clinical trial in dogs: The first results show homoeopathic treatment to have a favourable effect on the duration of labour and survival of pups. The trial emphasizes results that confirm those of trials done on other species, particularly rats and pigs.

Clinical trial in pigs: There was no difference between the two groups in the behaviour of the sows or the duration of labour. There was no statistical difference between the groups as regards the number of live and mummified piglets. The number of stillbirths was distinctly higher in the control group.

22. **Homoeopathic treatment of Premenstrual Syndrome. A Pilot study** M.YAKIR, S.KREITLER, M.OBEREAUM, A.BZIZINSKY, G.VITHOULKAS, Z.BENTWICH (Israel): The effect of classical homoeopathic treatment on premenstrual syndrome (PMS) was evaluated in a randomized, double-blind, placebo-controlled clinical trial at the Gynaecological Outpatient Clinic of Hadassah University Hospital.

In the homoeopathic treatment group severity was put much lower after the 3rd and 5th months. Improvement could be found in all symptoms of the syndrome but the improvement was greater in mental functional and autonomic symptoms. There was no correlation between suggestibility and the different methods of treatment and control groups, so one cannot attribute the higher level of improvement to suggestion or placebo effect. In addition it was demonstrated that homoeopathic treatment served to cure PMS with a single dose (1 treatment). There was a suggestion that homoeopathic treatment altered the level of anxiety in patients, with marked improvement in mental and functional levels.

23. **Malaria and Homoeopathic Medicines.** V.VAN ERP, M.BRANDS, I.WOLFFERS (The Netherlands): At the Shekinah Clinic in Tamale, Ghana, malaria patients were treated with homoeopathic medicines in an open study 68 patients showed clinical improvements. Subsequent randomized, double-blind study showed an effect of Homoeopathy in malaria treatment. Further research with larger groups is required. A break-through of homoeopathic treatment in a global health hazard such as Malaria would be extremely important for public health policies, given the resistance of Plasmodium species to *Chloroquine*, still the most widely used drug.

Informed consent was obtained from all patients. A review of the main rubrics in KENT's **Repertory** was made for the differential diagnosis as treatment was individualized, the mean length of consultation was 30 minutes. The relevant symptoms of the different homoeopathic medicines were selected beforehand, according to the training method of **Homeopathes sans Frontieres** for structuring knowledge of the **Materia Medica**. The most frequently used homoeopathic medicines were: *Arsenicum album*, *China*, *Eupatorium perfoliatum*, *Natrum muriaticum*, *Nux vomica*, *Pulsatilla*, *Rhus toxicodendron* and *Sulphur*.

VI. Scotland is currently witnessing the creation of the **Scottish Medical Homoeopathic Specialists Network**, which will provide homoeopathically qualified doctors, practising to the standards set out in the Faculty's Classical Standards Policy Document and delivering high quality homoeopathic care on behalf of Health Purchasers, throughout Scotland.

The Academic Department of Glasgow Homoeopathic Hospital held a Seminar on the shores of Loch Ness on 29-30 April 1995. Dr.Massimo MANGIALAVORI from Italy taught small remedies from the sea related to *Sepia: Aqua marina*, *Spongia tosta*, *Medusa*, *Asterias rubens*, *Homarus*, *Coralium rubrum* and *Murex*. He has made a special study of small remedies because he was struck by the fact that although we accept the importance of the individualisation in case-taking, when it comes to prescribing we mainly use less than 10% of the available remedies. Polychrests are polychrests only because we know a lot about them, may be all remedies are potentially polychrests. He makes the interesting point that if a polychrest does not appear in a large rubric that has been included in the repertorisation, then it is unlikely that that polychrest is the right remedy. The absence of a small remedy from a large rubric does not exclude that remedy, may be because we just do not know that this is indeed a feature of the remedy. The presence of a small remedy in a rubric is therefore more significant. He studies families of remedies to look at their family characteristics and their relatedness to certain polychrests. For example the remedies he taught all had shared characteristics of *Sepia*, some also shared features of *Calcarea carbonicum* and some with *Natrum muriaticum*. In a few cases he presented, the patient had already received *Sepia* and a good case could be made for the prescription for it, but it had not worked. He would then think about which small remedy like *Sepia* might be indicated.

The Jan SCHOLTEN Masterclass, Oxford, 7 - 8 April 1995: The Homoeopathic Physicians Teaching Group based in Oxford hosted the recent Jan SCHOLTEN Masterclass on Mineral Remedies in Homoeopathy on 7-8 April 1995. Most of us could not wait to get back to our patients in order to experiment with Jan's exciting techniques. SCHOLTEN is using highly potentised simple compounds as remedies. His methods depend on the correspondence between the patient's symptoms and the theme or essence of the anion or cation in the compound. These include themes of *Carbonicum* (Father), *Muriaticum* (Mother) and *Sulphuricum* (Relationships). Such cations might be compounded with *Natrum*, *Calcium*, *Kalium* and *Magnesium* to include themes of victimisation, introversion, etc. This method is, for example, able to incorporate illness arising from divorce, suppressed aggression and abuse; all very much part of modern Homoeopathy and difficult to incorporate into the **Repertory**. Jan's charm and humility captivated his audience. An enjoyable philosophical open discussion led Jan to speak his use and respect for the periodic table, but he is going to make us wait for a full exposition in his next book. It was inspiring to sit at the feet of such a healer. (**Simile**,5,3/1995 issued with the BHJ,84,3/1995).

VII. **Jonathan SHORE Seminar, Dunfermline, 2-4 September, 1995:** Taking the observation of nature and animal tracking as his theme, Dr.Jonathan SHORE reminded delegates at this seminar that 'there is always misfortune beyond the illness'. To discover enough about this misfortune to make a good prescription, the homoeopath needs to acquire the skills of a wildlife photographer or tracker. This means learning how to listen, to look, to be, to see more and hear more by allowing the mind to relax, and by being quiet enough. Such an approach is not easy and as a guide, Jonathan provided a number of quotations from Tom BROWN's **Field Guide to Nature Observation and Tracking** (Berkeley Books, New York).

As well as being still, the tracker has to acquire an awareness, in all the senses, to enable the small signs of the trail to be picked up. But even this is not enough because the signs have to be interpreted within their own context. 'Nothing happens that does not affect everything else,' was Jonathan's comment and he used video cases to illustrate his approach to the practical arts of observation and interpretation in homoeopathic case-taking.

Jonathan believes that a good prescription depends not so much on the need for more facts, but on knowing how to assemble those already known. He also spoke on natural kingdoms (minerals, plants, animals) and the medicines therefrom and the development of the pathologies. (Simile,5,4/1995 issued with the BHJ,84,4/1995).

VIII. **Teachers Conference, Alonissos, Greece, 28 August 1995:** Report by Brian KAPLAN: This is the annual conference on classical Homoeopathy, hosted by George VITHOULKAS. A few highlights:

Marco RIGHETTI (Switzerland): HAHNEMANN continually refers in the **Organon** to the 'mental state' rather than the 'mental disease' or psychological symptoms. His hypothesis seemed to be that the constitutional psychological disposition is more important than psychological symptoms that might accompany the present illness.

Dario SPINEDI (Switzerland) on **The Second Prescription:** A first class presentation as may be expected from Dr.KONZLI's main student. It was basically a re-appraisal of KENT's classic discussion of the subject with many of KONZLI's suggestions and a few SPINEDI's. They went down very well indeed.

Jaques LAMOTHE (France) on **Paediatric Repertory Addition:** A Paediatrician and classical homoeopath. Over ten years he has composed a small paediatric **Repertory** which he invited delegates to read and verify in practice. Many objected to extra rubrics being added to the **Synthesis**.

Marc BAR (Switzerland) on Veterinary Homoeopathy: He learned classical Homoeopathy from KONZLI and is now a classical veterinary homoeopath. He presented several cases. Fascinating presentation of classical approach to animal treatment. He has always maintained that the best way to become a homoeopathic vet is to study classical human Homoeopathy first and then adapt this knowledge for animals. In other 'M>rds the good homoeopathic vet should be able to treat the human animal too!

Brian KAPLAN (England) **Teaching Methods:** The teaching methods used by the HPTC (Homoeopathic Physicians Teaching Group) in England was conveyed. Roger van ZANDVOORT (Holland) on **Repertory Programme:** He showed how they go about making these repertories. Appears to be extremely complicated and labour extensive as there are plenty of mistakes in the classic texts.

Over-all impression: Delegates from all over the 'I'World reported a swing towards the classical approach. This is happening even in countries like France, where 'rational pluralism' has been established for a very long time. The makers of **Synthesis, The complete Repertory, Radar, and MacRepertory** all have the classical homoeopath specifically in mind. (Simile,5,4/1995 issued with BHJ,84,4/1995).

IX. **Directorate-General XII of the European Commission established the European Commission Homoeopathic Medicine Group (ECHMG)** following a resolution of the European Parliament requesting the Commission to conduct a scientific investigation of Homoeopathy, and allocating a budget of one million Ecu (about F 750,000) for the purpose. It is an advisory group, not an official committee of the **European Commission**, and its membership was nominated by the Commission.

The ECHMG has formed six subgroups to report on basic issues before recommending research projects for funding: (i) Official literature review, metanalysis, audit standards (ii) Dictionary and terminology (iii) Research and methodology (iv) Constraint analysis (v) Methodology for study of low dose biological systems (vi) Protocol review and pilot study selection.

After the subgroups have completed their work 265,000 Ecu will remain to fund studies. The European Parliament has voted a further three million Ecu but there is apparently resistance within the Commission to diverting so much of its biomedical research budget to Homoeopathy (Simile,5,4/1995 issued with the BHJ,84,4/1995).

X. **Homoeopathy in England by Peter CHAPPELL** (CCR,4,1/1995): Is a brief history of Homoeopathy in England and its present state. The author recalls, very briefly, the past and says that Homoeopathy saw recession in the first half of this century and the origins of the Society of Homoeopaths and the teaching school, the curricula, etc. The report seems to be aimed at non-homoeopaths. "Homoeopathy in England, despite Royal use, was generally regarded as witchcraft around 1950, and by the 1970s when I joined in, was looked upon with extreme skepticism and ridicule". (This seems to be an overstatement. Certainly the status of Homoeopathy is quite high now in England as elsewhere in the world but in the earlier part of the century it was not as lowly thought of, as the author would have one believe. British Homoeopathy rightly claimed some tall figures in the 1950s. Dr.S.R.WADIA who obtained his M.F.Hom. from London has therefore rightly refuted the above statement of CHAPPELL (CCR,4,2/1995) and lists some of the tall figures of the 1950s. Sir John WEIR, Dr. TEMPLETON, Dr.FOUBISTER, Dr.BLACKIE, etc. = KSS).

XI. The controversy which began in the first number of the EJH continues (EJH,1 ,3-4/1995): with letters to both sides of the controversy. The Editor VITHOULKAS 'repeats' that "the issues discussed in Crossfire should not deal with personal matters, but only with principles and problems that touch upon the theory and practice of classical Homoeopathy -as was taught by HAHNEMANN in his **Organon** and **Chronic Diseases**". He objects to "provings that happen overnight and especially during the dream state of the provers and to have these results taken seriously by gullible and naive students is neither serious nor ethical, let alone scientific".

In support of theory of signatures one correspondent Betty WOOD writes that she found SANKARAN's idea of Delusion as disease, refreshing; that SANKARAN's methods have added a new dimension in understanding her patients, and opened up prescribing remedies which were not earlier understood. The Doctrine of Signatures is only another aid, not a means of exclusion. The correspondent would like SANKARAN's teaching to be expanded instead of dismissing it. The writer also considers the criticism of SANKARAN overly harsh, and that it may be divisive and destructive to Homoeopathy.

Another writer R. PLANT, a Chiropractor also writes supporting SANKARAN's teachings, as he (the writer) himself had the opportunity to learn at first hand. "If a student or practitioner chooses to abuse SANKARAN's ideas as a seductive short cut to patient understanding and adequate case taking, is this the fault of Dr.SANKARAN?" "The development of Dr.SANKARAN's ideas came not from flights of fancy, but through honest conscientious perception and confession of the true difficulty and rarity of finding the true simillimum consistently, reliably and accurately".

There are more letters expressing appreciation of SANKARAN, also saying that VITHOULKAS' attitude in criticising is egotistical. Also letters that say that instead of healthy debate there is "condescension and vitriol". (George GUESS), of subjective and unproven ideas, etc. VITHOULKAS has answered each point. One must read the entire chapter to understand the different points of view.

XII. **Jan SCHOITEN Seminar, Bombay, in October 1995** (HL,8,3/1995): Report by Amita VORA: Apart from learning new remedies, prescription of known and unknown remedies in a new way was learnt.

Case 1: Young man with a pony tail like woman. Herpes on lips worse during change of weather warm to cold, weakness worse from sugar: weakness of back. He felt he was not respected enough in his work place, also money was not enough. Felt he had thin legs and that girls were not impressed. Fear of having a small penis. That he was too short; fear of being ridiculed. Felt small in money matters. Had smooth, shiny face.

The aspects of *Barium* and *Fluoride* (Childish, fear of being ridiculed. Attraction for money, glitter, strong sexual desire, worries about sex and his penis). His remedy was *Baryta fluor.*

Case 2: A girl who did not want to answer, looked away from the camera, went on waiting something while her mother answered the questions. Pain in abdomen and head always came after school. She was not allowed to play with other children and she was easily hurt. She would then become aggressive and fight. Took out her anger on her mother. If someone criticised her should throw a big tantrum. She got teased a lot and had difficulty finding friends. Allergic rhinitis, hayfever, dyspnoea, sore eyes, allergic to chocolates, strawberries, animal fur. Swollen thyroid. Got tired very easily, grew

fast, tall. Her remedy was *Calcarea bromata* (Sensitivity to what other people will think about her; not good enough to play games with others = *Calcium*. She thinks she is not good enough; afraid of doing something wrong; guilt feeling = *Bromatum*).

Case 3: Tall, lean girl, introverted, Cafe au lait spots on her breast. Sharp pain going from one ear to the other. History of inflammation of uterus, consequently Peritonitis.

Her case was analysed: Resentment, grudge; Anger, hate, criticism, closed, held in: Idealist; Disappointment, gloom (*Ammonium*). Self-pity;

Care and nurturing; Mother; Attention; Self - awareness (*Muriaticum*). Hence prescribed *Ammonium muriaticum*.

Ammonium and *Magnesium* both do not express openly but feel very bitter inside. *Ammonium* is very idealistic. *Manganum* expresses bitterness and anger at much later stage. In the beginning they are not bitter. Resentment and revengefulness are not part of *Natrum muriaticum*, it is more brooding. *Ammonium* are quite strong people. Worse from recooked food. Dreams of building are typical for *Ammonia*. *Ammonia* has idealism, *Nitric acid* a more material side.

Case 4: This woman married a Greek, outside her cultural milieu. She got a child from him. She was open, friendly and sold laboratory equipment in Greece. She was so successful that her husband felt jealous and tried to keep her in the house. She therefore left Greece for Holland with her son, but felt lonely. Her son also felt lonely and was clinging to her. This woman had features of *Kali* and *Phosphorus*. She was given *Kali phosphoricum*. (Principle and duty; Closed; Optimism; Work, task; Family = *Kali*. Communication; Sympathetic, Friends, Acquaintances; neighbours, brothers; Homesickness; Curiosity and travel; Restlessness and fears; Learning, language = *Phosphorus*).

Case 5: A lady suffering from depression. Many dreams of World War-II, though she was born after the war. Dreams of being in a concentration camp. In this dream there was the theme from a movie where a lady has two children a boy and a girl and a cruel officer forces her to choose one of them to send away in a concentration camp. The patient felt that she could not move. During pregnancy felt as if womb was loose; *Trillium pendulum*.

XIII. **Cases from Raja "SANKARAN Seminar, Bombay, August 1994** {HL,8,3/1995}: This was the case of a young girl 7 years age, almost deaf from birth. Since not much could be elicited from the child the mother's state during pregnancy, the dreams she had during the pregnancy were enquired into and the remedy arrived at through the 'Delusions' rubrics and the remedy *Naja* given. Improvement set in.

35 year-old male, a film cameraman and producer/director of films. Cardiac Neurosis. Whistling in ears. This case also was analysed in detail and shown to lead to *Naja* which relieved.

A 10 year-old boy with vocal nodules for which he was advised surgery. Had difficulties in pronouncing certain syllables and at that time his voice was very husky and it pained when he talked. The voice went lower and lower. Very intelligent, needed no help for his school work or anything else. Inquisitive, talkative, active. Short-tempered and wanted everything on time, firm if he was right, sensitive to injustice, had his own philosophical principles. Clung to his mother. On the one hand independent and on the other dependent (on the mother). Sober on the one hand but screaming on the other. He was the most aggressive only at home and at the mother but outside he was praised by all for his behaviour v..flich was quite different. He was highly reliable and expected it from others. The state of the mother during pregnancy was also examined *Calcarea bromata* 200 given and the improvement was magical.

This was the case of a young woman suffering from Scleroderma since 1991, which was gradually increasing. Eldest of the family. She was a translator of English to German. She answered straight to the point and waited for the next question. Emotionless and tone was linear. She would come to the point, quick and specific. She was a perfectionist. Her problems were with work, verb. Whenever the problem belongs to verbs the remedy is Nosode, said Dr.SANKARAN. The sycotic *Medorrhinum* is fixed. The nosode with problems of perfection is *Carcinosin* which in this case gave the expected cure. The feeling of *Carcinosin* is that they want everything under control, and if it is not possible then they develop pathology.

A 'live case-taking' was also done. In all these cases the state of the mother during pregnancy with the patient was also very relevant.

XIV. **Vassilis GH EGAS, November 1994 at Enschede (Netherlands):** Essences, *Tarentula hispanica*: The central idea is "quick dancing without rhythm or harmony". Thoughts, feelings and emotions as well as nerves, muscles and skin can all "dance" with rhythm or harmony. Music and dance can restore the rhythm and harmony in *Tarentula* provided that the music is rhythmical. The picture of *Tarentula* is usually provoked by the following situations: work under strong pressure and much responsibility, jobs where any detail is important, where all your attention is required, and particularly in situations with high time pressure (such as reporters, stock-brokers, air traffic controllers, the secretary who has to answer three calls simultaneously, etc.). It is characteristic in *Tarentula* that they feel as if they were obliged to do three jobs at the same time and perfectly, they are **superworkaholic and industrious**. A dominant characteristic of *Tarentula* is **hurry**, everything has to be done rapidly. Can't bear slowness. Music has the same effect on *Tarentula* as massage has on *Phosphorus*. (e.g. the student who can study with music, the patient who can only sleep with music). Any kind of suppression of the hyperactivity can lead to **violence**. At an early stage this violence may manifest as destructiveness. *Tarentula* usually has a strong sex drive.

In the DD: think of *Platina* in hypersexuality; *Stramonium* and *Hyoscyamus* in violence; *Agaricus*, *Cuprum* and *Mygale* in spasms and tics; *Veratrum*, *Arsenicum*, *Rhus toxicodendron* in hyperactivity and restlessness and *Causticum* in tics with restless legs.

Differential diagnosis of the main remedies indicated in Chorea, in KENT, page 1347 was also explained (HL,8,3/1995).

XV. **Seminar by Divya CHHABRA, Kussnacht, October 1994:** (HL,8,4/1995):

Case 1: 60 year-old woman, Principal of a large school. In 1992 she suffered from Typhoid for which she consulted Dr.Divya CHHABRA (DC). In childhood she suffered from Asthma and as it subsided she developed Migraine. She spoke like a teacher whenever she was. She stressed how good her relationship with her staff was. her situation was assessed by DC as a person who wants to win an argument yet not willing to concede that the loser thinks badly of her. *Palladium* ("Obstinate but tries to appear amiable"; "Longing for the good opinion of others"; "Flattery, desires", "Delusion, not appreciated").

DC gave the differential *diagnosis* (11 *Palladium*, *Osmium*, *Ferrum*, *Manganum*).

Case 2: 24 year-old woman who looks like a boy of 15. She likes to do highly risky and dangerous things requiring much stamina and endurance. Belongs to the local Mafia, drives heavy lorries really fast, carries heavy weights, drinks and smokes with men. Always says "I don't care" and does the opposite of what she's told. The hardest and most enduring steel is Tungsten (Wolfram).

DC prepared a 30c potency of *Wolfram* from a light bulb and proved it.

Case 3: 16 year-old boy with Epilepsy. Dull and speech is full of long pauses. Seems stupid but isn't. Wants to go into army so as to punish criminals. Gets into fights at school. After *Wolfram* 30 improved all-round.

Case 4: 30 year-old man with severe Urticaria. Unconsciously held up fist while talking. Although he showed no emotion, a lot seemed to have been bottled up. Can become very angry, lost control and beat up anyone for a small mistake. Becomes almost unconscious from rage and has to be dragged away. Worse night. He worked in the jungle, digging a tunnel with explosives. Thought only of work, forgetting food and sleep. Only fear was of snakes.

Scorpion (The theme of feeling threatened all the time: from the proving by Jeremy SHERR) was his remedy.

Case 5: 20 year-old female student of Psychology. Severe headaches. Laughed all the time at everything. Always spoke of what others said. Went from one topic to another and connecting them. Often said "I don't know why". Very adaptable. Impressionable.

Crocus sativus M.

Case 6: 18 year-old girl with bad acne. Thinks she looks "shabby" (black scars on the face). Talks about her friends and relationships all the time. Her main focus is her friends and her skin. Averse to consolation, reserved, and she has hasty speech. Theme: being treated shabbily, neglected, not respected.

Calcarea sulphurica was her remedy.

XVI. In a letter in the HOM,58/1995 Roger SAVAGE enquires whether anyone has encountered 'Fear of vomiting' (own or others) as a marked feature in a case, and found it definitely reduced or cured in at least three examples of the same remedy. There is till now no rubric: Fear of vomiting.

XVII. Rohana DARLINGTON in a letter (HOM,581 1995): writes about the optimum timing for picking and preparing the plants with regard to day, time and moon phase. The writer says that for a homoeopath who wishes to restore the patient to health, and harmony within the cosmos, a knowledge of astrology is as relevant these days as it ever was.

XVIII. Arthur DAVIES raises the question why was HERING's Law of Cure not demonstrated in the majority of cases? and answers that it is because of ignorance of the chronic miasm. If miasms are not taken into consideration the result of prescription is chaos. This is demonstrated by what happened in a class in which five different lecturers took cases in five different ways in the same patient and five different remedies came up: Then Dr.ADIKARY explained what was important in the patient's presenting symptoms but also what was important, in the personal medical history and the family medical history. Since there is limited literature on the clinical application of the Miasms theory, except SP DEY's Clinical Case reports, the correspondent desires communication from others who practise this.

XIX. **Report from the Ohio Meeting, Dayton, November 1994 by Julian WINSTON** (HT,15,51 1995): The Ohio Meeting is jointly sponsored by four homoeopathic medical societies - Ohio, Southern, Michigan, and Pennsylvania -This time the Ohio State Homoeopathic Medical Society Celebrated its 130th anniversary at the meeting. Some extracts from the report.

1. **Nosode Barriers: The Contributions of Dominique SENN:** Presentation by Merce PAREs: Dr.PAREs studied Homoeopathy with Jacques IMBERECHTS and Tomas PASCHERO. During her studies she met Dr.Dominique SENN who furthered the understanding of disease and cure. The presentation discussed the concepts that she learned from Dr.SENN.

Dr.SENN (1912-1992) worked as a General Practitioner in Lausanne, Switzerland. He studied with Pierre SCHMIDT and worked with Carl JUNG at a clinic in Zurich. He published only one book in 1984. He was interested in the "terrain" of the patient, the part that is unique to the patient. The "constitution" is like the trunk of the tree -the part which supports it. What helps the tree grow is the "terrain". The bioenergetic terrain would consist of the genetic milieu, cosmic and environmental influences, nutrition, toxic-impregnation, and the sociocultural environment. And everyone has their unique terrain or substrate.

With this information Dr.PAREs discussed the Nosode barriers. The barriers that disturb the links between the various autonomic systems may be result of the vaccines, lingering childhood illness, latent infection, recurrent disease, or the use of allopathic medications that actively block the system. Vaccinations can produce metabolic consequences which are not seen until years later-and which show themselves as Asthma, learning disorders, etc. Repetition of the vaccine will modify its effects in unknown ways. As vaccines become mandatory we will see the creation of more immunological barriers and chronic disease. The homoeopath, however, has the tools to eradicate these barriers. The reactions to the vaccines are always individual. According to Dr. PAREs allopathic medicines cannot remove the blockages. Nosode barriers exist \vtlen the following factors are seen in a patient: Lack of response to the simillimum, hypersensitivity to all remedies, exaggerated and long-lasting aggravation to remedies and frequent relapses, sudden end to beneficial effects of remedies, and exaggerated and long-lasting phenomena which move in reverse order of HERING's Law.

The selection of the remedy is not a simple matter. There are many nosodes that can be used *Medorrhinum*, *OPT*, *Tuberculinum*, *Syphillinum*, *Influenzinum*, *Streptococcinum*, *Variolinum*,

Typhoidinum, etc. The pathogenic symptomatology must be observed; the history of the patient, the chronology of the sickness the observation of the constitutional type of the patient. Going back to the analogy of the tree, Dr.PARES said we should "Look at the trunk and predict the leaves and flowers in spring". She concluded by presenting several cases where the indicated simillimum did not M>rk, but began working after a nosode was used to remove the blockage.

2. **Goitre and Hypothyroidism: Diagnosis and homoeopathic treatment.** Presentation by Jeffrey ST ARRE: The modern pathology of Hypothyroidism is often based on looking at laboratory levels and general symptoms, and we often think that the old literature did not describe the same diseases. But \vtlen we look at the old literature we can see that the 19th century books were describing the same pathology. Translate the old terminology into "modern language" and there you have material to help understand the case, e.g. Struma and thyroid goitre. Scrofulosis = nutritive disturbance of skin membranes, lymphatic glands. Look under "scrofulosis" in the Repertory and you'll find all the thyroid remedies there, Dr.STARRE then outlined some commonly used remedies in thyroid cases.

Bromium - Pubertal cases, fair complexion with lax fibre.

Calcarea Carbonica - Some form of nausea, scrofulous.

Lodum - Very hard glands, lack of symptoms, dark complexion.

Lachesis - Left-sided goitre, intolerance of clothing around neck (Left -sided is not that important).

Lycopodium -Craving sweets, generally right- sided.

Spongia tosta - People with goitres who live in valleys (HAHNEMANN). According to Dr.STARRE, the prognosis for patients with hypothyroidism is "excellent as long as hormone therapy is provided when indicated".

Dr. STAREE presented two cases:

Case 1: 53 year-old woman on synthetic thyroid extract had surgical menopause for which she was taking the synthetic thyroid. Constant nausea. *Phosphorus* 200 and then no need to continue the synthetic thyroid. For a cold that came on she was given *Arsenicum M* and then for waking up at 3 a.m. *Sulphur M* and No more hot flashes. The last remedy "was the right medicine" she said.

Case 2: 28 year-old female, chilly, irregular menstruation, headaches from delayed meals. Constant nausea, thyroid. *Calcarea carbonicum M* which was repeated a month later. She then said that her temperature had been up for last 21 days. A pregnancy test was positive. She had infertility problem which she had not told earlier!

3. **Veterinary Sports Medicine: Using Homoeopathy Medications in Acute and Chronic conditions of larger and small animals:** by Ed SHEAFFER : Dr. SHEAFFER spoke of the advantages of treating animals homoeopathically and that it is good to teach people to use homoeopathic medicines. He spoke of a prize horse which suffered from joint inflammation in which the veterinary medicine failed and homoeopathic medicine saved. Many of the obstacles to cure are overuse of hormones, steroids, vaccination, and anti-inflammatories. SHEAFFER said "As soon as a child can learn to walk, we should teach him Homoeopathy", He then gave the key-notes for veterinary Homoeopathy.

4. **Update on Immunization Safety, Research and Legislation** by Kristine M.SEVERYN : Dr.SEVERYN discussed the adverse reactions to vaccines. In 1993, there were over 32,000 reports of "adverse events" to the FDA, with 12,000 of them involving the DPT vaccine that included 471 deaths. The number of reactions are, according to Dr. SEVERYN underestimated. The FDA reports many of them as "coincidental" or as "SIDE". She said that only a few people who have been injured by vaccines make it through the bureaucracy to the compensation programme. There are 26,000 cases still waiting. One out of three have received payment. These people are often left destitute and their children must receive intensive special education in public schools, etc. all costing millions of

taxpayer dollars. Dr. SEVERYN asked why there is only a two-year statute for death from vaccine and three - year for injury, while silicon breast implants have a 30 year liability. But having the vaccines described within the literature that comes with them (which the parents never see) as "unavoidably unsafe" the drug companies are absolved of liability.

"Children are expendable in the self-dedared war on disease. They are the recruit soliders in the anti - disease campaign. The Government is telling you to sacrifice your children" - strong words to hear.

Dr. SEVERYN outlined the steps that were, in her view, efforts to limit the amount of vaccine information that is given to parents. Meanwhile, there is talk of developing a "super vaccine" that will be given to every child at birth. The vaccine would "act against" AIDS, Cholera, Dengue fever, Pneumonia, Measles, Meningitis, Polio, Tetanus, Tuberculosis, Typhoid, Pertussis, etc. These would be "time released".

It was interesting and enlightening to hear Dr. SEVERYN's comments on the overall structure of the model of the "Vital Force" and how the vaccines have been one of the major suppressive influences on our health over the last 100 years.

5. **A Personal Philosophy of Homoeopathy** by David WARKENTIN : This was a moving presentation. He said about three things: Practical Homoeopathy, Mystical Homoeopathy and the Pitfalls in Practice.

Saying that "no one can know the truth", he described the 'practical' side of Homoeopathy as the daily knowing that the remedies work, regardless of the explanation of how they do so. "We can all agree that the effect of each remedy is very specific. What we have problems with is how we do it?"

The 'mystical' side is the one that asks "why?" why is this all happening ? Why do we have symptoms ? It is all a mystery, it is about all the things that we don't know about life, death, gravity. And it is about not knowing how our remedies work, how potentization works, or the meaning of cure. He said that our attempts at understanding Homoeopathy is like understanding night in broad daylight. Any attempts at understanding Homoeopathy is like understanding night in broad daylight. Any attempt to shrink it down the mechanistic view that much of science has adopted over the last century is a mistake. He described health and disease as the interaction of a person with the environment. In his view healing happens when the patient experiences the archetype of the illness through the remedy; also when it is time for the person to be healed, when the lesson has been learnt, when awareness has let something in, when the experience has been satisfied.

The success of the method depends upon the quality of the case-taking. Generally, we are poorly educated in the methodology.

6. **Wonders of the World: Toward an Alchemy of Remedies** presented by Mark EISEN :He began saying that in Homoeopathy we have a wonderful empirical science, but when faced by the dinosaur of modern medical thinking, we become stuck in trying to explain the action of Homoeopathy by using the model of conventional science. The homoeopathic method works, as we see, but the explanation of the Vital Force is still mysterious. "We have to develop an enhancement in our perceptions and intentions" he said and asked "Is it possible to perceive others when our own life is not in order?" What is needed is compassion. Alchemy is but a spiritual endeavour to understand the physical world. All modern science stems from the Alchemy of the middle ages.

Dr.EISEN said that remedies are not just names with symptoms attached, but totalities that have their own biographies that express themselves. To explain this he drew several diagrams that compared the human to the plant- having blossoms, leaves/stems, and roots. These can be seen as the blossoms being the substance/ gut, the root being the nerve sense, thinking, and the leaves/stems being rhythmic heart/lung, and feeling. When you start to really look at the plant you can see the forces it has within it. He talked about *Arnica*: "whenever you have hairs on a plant (*Arnica*, *Borage*, *Urtica*, *Symphytum*) there is a lot of *Silica* force there". And *Chamomilla*: "It grows on footpaths and is not afraid of people walking on it". Dr. EISEN urged us to look at the plant to see the forces within them as well as to study the classical *Materia Medica* "remedy picture" from the provings.

7. Homoeopathy and Emotional Problems presentation by Dennis CHERNIN : Dr. CHERNIN said that Psychotherapy and Homoeopathic therapy help each other. Knowledge of Homoeopathy can also facilitate dream analysis, since certain remedies are known to have specific dreams.

Phosphorus dreams of fear of failure (dreams of not accomplishing business);

Silica dreams of performance anxiety (dreams of humiliation, previous events);

Magnesium carbonicum dreams of fear of catastrophe (dreams of free, falling, robbers), and

Arsenicum dreams of anxiety neurosis and loss of control (dreams of fear of abandonment, storms, danger).

Homoeopathy in emotional disorders. Example: obsessive compulsive (sometimes manifested by wanting to run the car off the road or wanting to jump from bridges) might need *Argentum nitricum* or *Syphilinum* (always washing hands for germs, always checking to see if stove turned off, etc.). Psychosis may be seen as *Argentum* (persecution, multiple personalities); *Stramonium* (talk, mutter, etc.) or *Belladonna* (eyes dilated, face red, etc.) Manic depression is often seen as *Tuberculinum*, *Natrum sulphuricum*, or *Medorrhinum*, and panic disorders are often treated with *Aconite*, *Arsenicum album*, *Ignatia* or *Gelsemium*.

8. **Some Advice for Homoeopathic Professional:** presentation by Nicholas NOSSAMAN : Dr. NOSSAMAN spoke of the difficulties he had to face with the State Authorities while practising Homoeopathy in Colorado, U.S.A, and as a result learnt lessons. He cautioned colleagues suitably. "The medical record is the single most important element. It is the only objective record of what we do and when we did it. We must produce a legible record, subjective, objective, assessment, plan.

"We must complete. Adequate data is needed. We need to record the Strange, rare and Peculiar symptoms because we need that information for a complete diagnosis. We must be complete in our examination of the patient – especially for the part which is affected—but it is generally not needed if they have already seen a specialist.

"Don't write in the margins—especially things about the patient—but it is ok if it is remedies.

Dr. NOSSAMAN stressed the other things that are needed. The notes should be dated on each page and the ending and starting time of the interview should be recorded. Any change or rewriting must be initialed at the time. You need a rationale if the remedy is contrary to conventional thinking.

Document the follow-ups or plan, and that you have asked the patient to come back. All changes in diet and hygiene should be documented as well as the time and date of all phone follow-ups.

Some further suggestions:

- If a patient comes from another physician get in touch with the other physician.
- Develop a list of consultants to whom you can refer your patient.
- If the patient is on other drugs use a consultant for a second opinion.
- It is wisest not to change the prescriptions of other physicians without discussing it with them or documenting in the chart that you suggested it only in conjunction with the prescribing physician.
- If the patient is in need of an emergency room, contact the emergency room physician.

XX. By two small personal experiences Julian WINSTON and Gwyneth EVANS report of the efficacy of *Arnica* before tooth extraction (minimal bleeding) and practically no pain and also after extraction. A Note by the Editor of the journal that *Hypericum* which is generally used for dental procedures – taken before dental procedures – makes the patient need double the amount of Novocaine anaesthetic. (HT, 15,5/1995).

XXI. **Conference wrap-up** by Mitzi LEBENSORGER (HT,15,9&10/1995) -**The NCH Annual Conference was held in Baltimore, April 1995.** Some Abstracts:

1. **Little-known Remedies by A.H.GRIMMER and Unpublished Materia Medica by J. T .KENT - presentation by Dr.Ahmed CURRIM:** Dr.CURRIM began by saying how much of a debt we owe to Dr.A.H.GRIMMER because so many people have been touched by his life. He introduced the audience to members of GRIMMER's family who were attending the Conference. Homoeopathy, for GRIMMER, was the medicine of love and it bound us all together. GRIMMER stated that "Homoeopathy was God-inspired and God-sent for the use of all his children", a thought that would have found favour with its founder Samuel HAHNEMANN. Years ago Dr.CURRIM obtained an unpublished manuscript by Dr.GRIMMER and it contained 1800 pages. GRIMMER was a student of KENT.

The manuscript has chapters on Homoeopathic philosophy, which brings new color to HAHNEMANN. There are sections on Materia Medica, Cancer, and Prophylaxis. More interesting

Materia Medica involved the *Cadmium* remedies. Dr.CURRIM provided some interesting details of these remedies. According to CURRIM, GRIMMER was the first to bring *Cadmium sulphuricum* into therapeutic use.

The *Cadmiums* belong to the deepest, most "terrible" family of remedies in the Materia Medica, and thus, one of the most curative remedies in deep malignancies and pathology as is found in Cancer. *Cadmium sulph* is associated with *Zinc* and KENT placed it between *Arsenicum* and *Bryonia*. It involves paralysis of the muscles, gangrene, ulcers of the stomach and intestines, and cancer. It has coldness and weakness like all the *Cadmiums*, Cachexia, Pernicious Anaemia, alcoholism, Coffee-ground-like vomit, horror of solitude and work, and uncommon sleep symptoms (eyes half open, wakes up feeling suffocated). It acts on the gastro-intestinal tract and is worse from motion (compare *Bryonia*). There is cold perspiration when vomiting. It is complementary to *Calcarea arsenicosum* in Cancer.

Cadmium metallicum is similar to *Cadmium sulphuricum*. It produces impulsive irritability to the verge of insanity. Violence alternates with depression. There is a loathing of life. "He says and does the wrong things (puts salt in tea)". Headaches are neuralgic with pressing pain and are associated with vomiting (bile and acid). There is black diarrhoea and mushy stool. Ear discharges return after many years' absence. Arthritis with severe severe pain in joints, yet with numbness of the feet and hands. Interestingly, this remedy was used to antidote poisoning from aluminium cooking vessels that were used especially during wartime as well as for prolonged exposure to aluminium in Antacids, Deodorants, and water. So this would be a good remedy to consider for many people.

In regard to potency, GRIMMER often gave a 30c to see how the Vital Force would respond and then would go to XM level. For stomach Cancer he gave *Calendula* first, in high potency (50M) then followed with *Cadmium metallicum*. Dr.CURRIM told of several cases where *Cadmium* was successfully used-one case of Cancer of Spleen with great weakness and another case of Breast Cancer had spread to the other breast. *Cadmium metallicum* cured it in conjunction with other remedies-Lac *caninum*, *Lachesis* and *Lycopodium*.

Cadmium phosphoricum: GRIMMER gives a case of a female who went from 168 to 80 lbs. with Cancer of the intestines. The slightest food made her vomit. (There are similarities to *Phosphorus*). He gave one dose of 30c with steady improvement, after 6 months, he repeated the 30c; later gave a XM. *Cadmium oxide*, the latest *Cadmium* discussed, is similar to *Cadmium metallicum*.

The next remedy GRIMMER discusses is *Toxicophis* (Moccasin snake). The peculiar symptom is that "the pain and fever recur annually with decreasing intensity". The right leg becomes swollen rapidly with pain ensuing. From below upwards is the general characteristic of the pains. *Toxicophis* was one of the main remedies used to cure a serious chronic case of Osteomyelitis.

Unfortunately, the remedy is not well proved or known (CLARKE's Dictionary has only a few details based on poisoning).

A remedy that follows *Toxicophis* well is *Mercurius biniodatus cum Kali iodatum*. It is one of the most powerful anti-syphilitic remedies and is useful against Tuberculosis and Cancer. There is deep pain with nightly aggravation. There are many catarrhal complaints. Chronic Sinustis, Arthritis, Urethritis. Edwin M.HALE, MD, introduced the remedy making it from one part of the *Iodide of Mercury* and two parts of *Iodide of Potassium*. CLARKE borrowed from the description in HALE's *New Remedies*. According to GRIMMER, Sarcoma of the bones and Hodgkin's Disease often yield to the magic of the remedy. It is used acutely in malignant forms of the flu (see CLARKE's Dictionary). It affects the blood, glands, skin, nerves, mucous membranes and has bone and nerve pains with irritability and restlessness, weakness and Anaemia. There is Psoriasis and periodicity. It can be compared with *Aurum* salts, and the Nosodes, *Syphilinum* and *Tuberculinum*.

Another lesser-known remedy covered by GRIMMER is *Oxydendron arboreum* (made from the leaves of the Sorrel or Elk tree of the Allegheny Mountains-see CLARKE). There have been no provings. GRIMMER recounts a case of a man of 23 with acute diffuse Nephritis following a tooth extraction with extreme swelling of the body, Ascites, weak heart and Albumin in the urine. GRIMMER gave several doses of *Oxydendron*, ten days apart with amazing and rapid improvement. The chronic renal failure disappeared, and the man returned to work and remained on the job until he retired.

Unpublished Materia Medica of J. T. KENT: Dr.CURRIM started his presentation by referring to a previous lecture he had given about KENT's corrections to his (KENT's) **Repertory**. Dr.CURRIM referred to the search and subsequent discovery of these notes in a gunny sack in a small village in India as a homoeopathic Indiana Jones movie, like **Raiders of the Lost Ark**. One can only hope that Hollywood will one day make a movie of the story. Hope that Harrison FORD will still be available for the lead role!

Subsequent to the discovery of **KENT's Notes on his Repertory** another set of books was found setting out lectures on remedies by KENT that were never published. Dr.CURRIM proceeded to give us a "snapshot" of the material which will shortly be published. This unpublished material provides additional insights by KENT into the lectures on certain remedies already published. Dr.CURRIM also illustrated his presentation with slides of KENT, GRIMMER, and other homoeopaths of the past. (There are several known copies of these "unpublished lectures". Some were presented by KENT at the Post-Graduate School in Philadelphia. Others were presented at the Dunham College in Chicago. The lectures are generally typewritten and bound into books that were owned by KENT's pupils. The NCH is in possession of yet another set of notes that were handwritten. The *Platina* lecture from this manuscript is quite different from the *Platina* lecture we find in the published **Materia Medica**. It is reprinted in the 1995 edition of **The American Homoeopath—ED**).

In the lecture on *Abrotanum* KENT emphasizes the Uric acid diathesis involving Gout. There is also Hysteria. He mentions the children of gouty parents often ooze uric acid at the umbilical cord. In terms of metastasis it can be compared with *Argentum*, and he gives a case of bleeding of the uterus being suppressed resulting in Arthritis. He also gives a good example of how gout can metastasize leading to Hematuria (blood in the urine), poor digestion and enlarged liver. KENT further speaks of how Malaria in people with Gout affects the liver (compare with *Pulsatilla*). He points out the use of *Abrotanum* in Meningitis where there is soreness of the whole body like *Arnica*, and the patient wants to be covered but wants the head kept cool.

In the discussion of *Anthracinum*, KENT mentions that it has cured cases of Sepsis (where the tissues are all black) in the CM potency. It can be compared to *Arsenicum* (Erysipelas and Gangrene) and *Tarentula cubensis*. It should be thought of where there is coagulation of the blood even where there are no cuts.

There are three or four lectures on *Arsenicum* wherein KENT gives, according to Dr.CURRIM, "nice clinical pictures" involving paralysis of the finger muscles. The lecture gives another manner of looking at the remedy which is not reflected in the **Repertory**. KENT explains the various vomitings of *Arsenicum* and gives one case of congestive heart failure. Dr.CURRIM recounted one case from his own practice where a patient had heart failure in his office and *Arsenicum* was the remedy that 'worked. It is useful in serious anxiety disorders.

Carbolic acid is seen as a remedy for alcoholics. These patients present with numbness-they read something and then feel numbness in the forehead. There is also paralysis of the oesophagus, and bleeding from the uterus. There is a cold, sinking feeling like *Veratrum album*. It is useful to consider for cases of anaphylactic shock. Dr.CURRIM recounted one such case in his office which "scared the daylights" out of him. He gave a 500c potency every few minutes from a glass and then shifted to a M as the person improved.

Other remedies covered by KENT include *Cenchrus*, *Elaps* (frightful dreams of animals, for stroke patients), *Lyssin* and *Stramonium*, and *Lycopus virginicus* (a Goitre remedy). *Robinia* which is useful in stomach Cancer with coffee-ground-like vomit (similar to *Cadmium metallicum* and *Cadmium* salts). It should be considered in vomiting of pregnancy where there is sour taste in mouth from Hydrochloric acid in the stomach which makes the mouth raw. *Sambucus* is cited for Asthma and mucus production with the peculiar symptom that there is only fever when sleeping. *Terebinthina* is for chronic renal failure (Bright's disease). KENT states that after the vomiting begins in such cases, it is the only remedy that works. He knows it is working when the patient starts urinating. He also cites a case of Ulcerative Colitis related to melacnholo. *Vespa vulgaris* is mentioned as a remedy for petit mal seizures. The patient craves washing the hands and the face with cold water. The seizures come on when the patient gets very excited.

Dr.CURRIM is to be commended for having brought such information to light. These lectures are shortly to be published. Perhaps we need more archaeologists signing up for Homoeopathy!

2. **How to Deeply Understand a Remedy: *Rhus Toxicodendron*:** Presentation by Paul HERSCU. Report by Doris WARCHOLI K: Though the remedy is thought of as a remedy for Arthritis it can cure mental disorders as well as deep pathology of the nervous system, the heart and almost all other organ systems.

The hallmark of *Rhus toxicodendron* is progressive stiffness, often after a period of restlessness or overuse. It has a profile of a contained, restricted energy-a stiffness, mentally, emotionally and physically. Words to describe the *Rhus toxicodendron* state are containment, contraction, constriction, for example. Keynotes are:

- red tip of tongue (coagulation or constriction of blood)
- pimples, blisters, swollen glands (coagulation of pus or constricted energy)
- pain and stiffness in joints, worse first motion (constricted energy)
- better with continued motion (loosening up of constructed energy)
- superstitious, compulsive, ritualistic (constricted thinking and behaviour)
- chilly, better for warmth (constricted, contracted energy)
- restless, agitated (constricted, contracted energy)
- worse from overexertion (pain and tearing as the patient moves through the contracted energy)

3. **Thinking Homoeopathically** -presentation by Stephen MESSER: Dr.MESSER explored a definition of "holistic", one of the common descriptors of homoeopathic medicine. He began with the South African physician who coined the phrase holistic to mean looking at the whole person, and moved to the common meaning of not wanting to neglect any part of the person. He stressed that in Homoeopathy we see a person as a unit, and that problems in different areas are all part of the same problem and do not need separate solutions. Dr. MESSER's last words of advice as he relinquished the floor to the next speaker were to remember that a person is not helpless against disease, everyone has resources.

4. **Advanced Materia Medica Seminar** - Presentation by Guy KOKELENBERG, MD: Dr.KOKELENBERG presented "Women's Ailments" and "Remedies for Headaches". He began by differentiating *Murex* and *Sepia*:

- *Murex* has hypersexuality and increased sexual desire-direct communication between the uterus and the mental sphere. *Sepia's* sexual desire is not necessarily low but the person cannot be persuaded if not interested.
- *Murex* has increased appetite, while *Sepia* is averse to the sight and smell of food.
- *Sepia* has downward pains while *Murex* has upward pains.
- *Sepia* has consciousness of uterus, while *Murex* does not.

He touched several other remedies briefly.

KOKELENBERG spoke in the afternoon on differential diagnoses. Meningitis cannot be ignored "Find out what is wrong with the person--don't worry about thinking homoeopathically initially". It is necessary to be an excellent diagnostician and then a homoeopath. He talks about being humble in the presence of the remedies and the fact sometimes, no matter how much effort we put into finding the simillimum, we will not find it. "Try to be like a Buddhist" he said. "You must be alien and without emotions, be curious, and interested. If it is given to you to cure, you will; if not, you will never cure. Don't be haughty". An interesting *Cyclamen* case: The mother of the patient had died and although there was an elder sister patient took up the responsibility of running the household. She was very submissive. When first seen the patient for depression, he prescribed *Pulsatilla*-to no effect. Because of the severe depression he considered *Aurum* but then gave *Cyclamen*-a remedy that has enormous things to do with sense of duty.

5. **My favorite Little-known Remedies** presentation by David WEMBER: Report by Carol KRAMER: There is always more to learn about familiar remedies as well as strangers. Dr. WEMBER praised the use of *Thiosinaminum* in cases of abdominal adhesions, arising from such causes as Endometriosis, Pelvic inflammatory disease and abdominal or pelvic surgery. *Thiosinaminum* has ability to dissolve scar tissue, and it has anti-inflammatory action as well. *Lac defloratum* was given for a patient with migraine headaches, worse during pregnancy. The guiding rubrics used were migraine with visual aura, one-sided throbbing frontal headaches, sick headaches, nausea of pregnancy, motion sickness, and constipation.

Skin cases: *Terebinthina* with the key-note being aphthae extending through the intestinal tract. Several cases illustrated the use for patients with canker sores and stomatitis, and canker sores associated with burning pain in anus. This led him to another remedy with symptoms on "both ends of the body". *Teucrium marum verum* was prescribed for polyps of the nose and itching of the rectum. He compared *Teucrium* to *Cina* as another remedy that can be effective for the treatment of intestinal worms only deeper in the pathology. A remedy related to *Teucrium*, is *Petroleum*, one of Dr.WEMBER's main remedies for "jock itch". The case briefly presented illustrated its use for a patient with constant prostate discomfort, burning in the urethra, severe intertrigo, and a red rash on the glans. *Petroleum* was compared to *Sarsaparilla*: Symptoms of *Sarsaparilla* are worse in summer, whereas *Petroleum* is worse in the winter. Keynotes of *Sarsaparilla* are painful urination, very much worse at the close of urination, and increased urination from cold air. *Manganum aceticum*, akin to *Petroleum*, is useful for skin diseases, as well as cough and anaemia, and KENT in his **Repertory** indicates it for menopause. In the case of a woman *Manganum* was used to bring back the menstrual flow; this woman had developed Psoriasis and sudden menopause concurrently. *Senecio* is another remedy used for Amenorrhoea, in bringing back the flow after discontinuing birth control pills. Another comparable remedy is *Graphites*, skin symptoms worse at menopause.

Oleander, *Tellurium*, and *Formica rufa* are more remedies to consider for Eczema and Psoriasis. *Oleander* eruptions are often associated with chronic diarrhoea and involuntary stool while passing gas. *Tellurium* lesions are usually circular patches, but can have the same oozing head lesions as *Oleander*. *Formica rufa* lesions are usually found in conjunction with Arthritis.

The next series included symptoms of the respiratory system. *Cinnabaris*, one of the *mercuris*, has a keynote of redness, and it was successful in acute sinusitis where the face was red, swollen, and very sensitive to touch. Another keynote is pain in the inner canthus extending across the eyebrow to the other canthus. *Cinnabaris* can have "fiery angry-looking ulcers anywhere on the body and has cured many genital symptoms.

Sambucus nigra: is not just "snuffles of infants" but also in other cases involving a "suffocative feeling". Compare *Sambucus* with *Mephitis* and *Chlorum*, all worse expiration. Key-note of *Sambucus*: perspiration on first waking, or only while awake. Perspiration disappears on falling asleep. (*Bismuthum subnitricum* shares this symptom). *Chlorum* key-note: spasms of the glottis, should not be confused with *Chloralum*. *Chloralum* for urticaria, worse from alcoholic drinks and exposure to cold. A case of alternating respiratory and hives symptoms cured with *Chloralum*.

Next group of remedies: Gastro-intestinal disorders. *Bismuthum* -gastralgia associated with headaches. Stomach pain often extends backwards towards the spine, and the keynote for *Bismuthum* is better bending backwards. To be differentiated from *Dioscorea* from the location of the pain. *Chelidonium* and *Dioscorea* both have pain in the lower end of the stomach, around the umbilicus or right hypochondria where *Bismuthum* and another small remedy *Condurango* have pain centered at the cardiac end of the stomach. "Stomach, cardiac orifice, dilatation" in BOERICKE'S **Repertory** is interpreted by Dr. WEMBER as rubric for gastro- esophageal reflux and hiatus hernia symptoms, and reported good results from *Bismuthum*. *Sinapis nigra* shares the modality of abdominal pains, better bending backward. Two other peculiar symptoms of *Sinapis*: Cough better lying down, and sneezing, worse at night.

Three small remedies useful in treating infections. A woman with Pyoderma gangrenosum (infected lesions on the trunk of the body): *Hepar sulphuris* and a *Calendula-Betadyne-sugar* wash and finished with *Anthracinum* 200 because of the development of a satellite lesion and burning pains. Potentized *Gunpowder* is a powerful healing agent for sepsis, especially in wounds, and the use of 13x potency of *Cement*, used for an irritative rash in cement workers and for abrasions from cement which typically take a long time to heal.

Dr. WEMBER concluded by presenting some lesser-known remedies to think about for heart diseases-*Adonis vernalis*, *Convallaria majalis*, *Magnolia grandiflora*, and *Lilium tigrinum*.

6. **All that Screams isn't *Chamomilla*** presentation by George GUESS, report by APPLEREN B.J.: It is interesting to note that Dr.George GUESS lost his license to practice in North Carolina for practising Homoeopathy; however, due to grass-roots movement several States have enacted legislation protecting doctors from losing practise for applying Homoeopathy including North Carolina.

Dr. GUESS descri bed the keynotes of *Chamomilla* and how these symptoms often appear in children during dentition, colic, and otitis media (middle ear infection). Symptoms include: striking, hitting, kicking, fever, head sweats and salivation at night, inconsolable, warm, putting feet out from under the covers, wanting to be carried, fearful of noises and monsters, awakening screaming in the night, diarrhoea, wanting touch or averse to touch, better rocking or being carried, capricious, hard to please, one cheek red and hot, teething better from cold, ear pain worse from wind, and colic causing the back to arch.

In spite of the strong image we get with this remedy there are, in fact, many remedies that present a very similar picture. He mentioned at least sixteen which share most of the keynote symptoms mentioned above. He compared *Sepia*, *Tuberculinum*, *Cina*, *Stramonium*, *Calcarea phosphorica*, *Calcarea carbonica*, *Pulsatilla*, *Dioscorea*, *Colocynthis*, *Sanicula*, *Antimonium crudum*, *Rheum*, *Belladonna*, *Coffea*, *Kreosote*, etc.

7. **How the Parent's State during Pregnancy can Determine a Child's Remedies** presentation by Karl ROBINSON, report by Patty SMITH. Dr.ROBINSON began his presentation by dimming the room lights and asking the participants to listen to the audio tape of the sounds an infant would hear while in the womb. He asked the participants to consider if we were to lock the doors to the room, and for the next 40 weeks we would hear those sounds, the pulsating, beating heart, for 280 days, almost 7,000 h'ours, 420,000 minutes. An infant also would hear sounds coming from the outside - sometimes laughter and celebrations, but also perhaps fights, arguments and threats, and

would assimilate something of the thoughts and ideas of the mother especially, but of the father too - and all these things would be constantly impinging on the tiny life growing inside.

Although Genetics determines much of what we are, yet the environment also influences. He asked us to consider what it would mean if the Genetics influences but the environment determines. What if the experiences could be transduced, electrically imprinted on the infant in utero? It might be so powerful, he speculated, that even the DNA might be changed by those feelings coming through.

Dr.ROBINSON explained how he came to the understanding that the mother's state of mind would influence the child in her womb, via two cases. He drew attention to the **The Secret Life of the Unborn Child**, which substantiated that an unborn child can learn while in utero. A conductor of the Ontario Philharmonic Orchestra said that his interest in music began before his birth. He already knew certain scores very well when he began conducting. His mother was a professional musician. The pieces he knew by heart were the ones she had performed while pregnant with him. Dr.ROBINSON gave more examples. He cited the case in **The Secret Life of the Unborn Child** to show the 'intra-uterine bonding'.

Dr.ROBINSON said that after studying with the Indian Homoeopath Rajan SANKARAN he began to look for cases such as these, and he said he sees them more and more often. He shared one of SANKARAN's cases of a woman who needed *Stramonium*. SANKARAN was so confident of his theory that he told her that something must have happened during the time her mother was pregnant with her. He told her to go back and ask about it. Her mother told her that while she was pregnant she'd fallen into an open grave with a coffin in it, and she had spent the night there, screaming for help.

This was a very interesting and well presented topic, and this needs to be explored more frequently and consistently in our case-taking.

8. ***Lachesis and Cimicifuga: A Comparison of Similar Remedies, presented by Andrea SULLIVAN*** Report by Marsha MEEHAN: This session was fast-paced, clear and thorough, serious and compassionate, laced with lively humor. In addition to **Materia Medica** she commented on various aspects of constitutional prescribing.

While *Lachesis* is much more proven and thus more developed, *Cimicifuga* may turn out to have a similarly broad scope. *Cimicifuga* generally is thought of for uterine symptoms, pregnancy and labour. The key similarities with reference to two female patients as also the differences so as to contrast the two remedies: The *Cimicifuga* experienced uncontrollable anger, especially before menses, scream, smack, kick or slam things. But her anger and dissatisfaction were aimed at herself, felt the problem was with herself; feared loss of control, feared she would lose it. *Cimicifuga* is not at all vengeful - whereas the *Lachesis* patient complained about her husband a lot; still harbored resentment for an incident happened in 1978 when she and her husband quibbled over the location of his briefcase and he pushed her. She never forgot that he pushed her. *Lachesis* was intense sexually, she talked of having "desire" every day and carried a flamboyant calendar with all kinds of pictures of men, attired and not, as her date book. The *Cimicifuga* had been sexually abused as a child and had vivid dreams, for example, of a spider attached to her head, people trying to remove it and getting stung, and having to go to the emergency room in a strange city-but no dreams of a sexual nature. The *Lachesis* however, reported dreams of being raped, and of falling and being impaled-and she reported them in quite a casual manner, as if, Dr.SULLIVAN noted. "This is a typical Tuesday night in my dream state". While the *Cimicifuga* chief PMS problem was her uncontrollable anger, the *Lachesis* menstrual complaints mainly had to do with bleeding: double periods, bleeding between the periods, bleeding at all kinds of inconvenient times such as holidays and her anniversary.

While *Lachesis* is the venom of a highly poisonous snake. *Cimicifuga* is called Black Snake Root.

Additional tips from the session: Study the provings; they help to understand primary and secondary reactions, as well as delusions-which, along with dreams are important, especially in "uncompensated" patients who don't act much on their impulses. To really understand Homoeopathy study the **Organon**. Add symptoms in your **Repertory** from the **Materia Medicas**. **Observe** the

patient and really, listen so you can understand what is at the foremost awareness of their consciousness.

9. **When the Indicated Remedy Doesn't Work** presented by Rudolph VERSPOOR reported by Karen ALDERSON.

Any failure of Homoeopathy to cure has very little to do with Homoeopathy itself, but rather with our understanding of illness and chronic disease. The obvious answer to why an indicated remedy doesn't work is that the particular homoeopath is incompetent, or there is a gap in the homoeopathic knowledge. The solution to the problem is to provide better homoeopathic education and training.

Although homoeopathic education has increased in North America and Europe over the last decades, RUDOLPH believes our ability to cure and treat very serious complex chronic cases has actually declined. In speaking privately to homoeopaths, he found that many admitted to having dry periods where, despite their best efforts, the indicated remedy eluded them or they had no clear idea of where to start the case. Reading the works of the old homoeopaths one finds that this is not a new problem, it was a problem HAHNEMANN faced himself. He rejected the idea that there was something wrong with Homoeopathy and sought to find the answer somewhere. Twelve years of research led HAHNEMANN to his theory of Chronic Disease.

The speaker maintained that HAHNEMANN's concept of Chronic Disease has not really been integrated into homoeopathic philosophy. HAHNEMANN introduced three concepts: (1) The importance of cause of disease in case analysis (2) The importance of evaluation of symptoms (some symptoms are worth more than others) and (3) The importance of layers of disease states and symptoms along with the concept of time. Chronic disease is a predisposition to disease. Three insights of HAHNEMANN have also not been properly integrated into homoeopathic philosophy: (1) Cure is more than the removal of symptoms, it is the removal of cause. HAHNEMANN says in **Chronic Diseases** that removing the symptom and having the appearance of health is not a cure. It must involve the removal of the cause. For HAHNEMANN the cause was dual in nature, namely the miasm or the inherited predisposition. Disease is also due to a (2) destabilization of the **Vital Force** from stresses acting on inherited weaknesses. Stresses are the shocks and traumas that act on us in life and are the blockages to cure. Destabilization involves a stress and susceptibility (3) Disease exists as much in time as in space. What we inherited predates our existence, and the shocks and traumas of our life also exist through time. Everyone exists in an individual space-time continuum. .

Speaking about blockages, HAHNEMANN identified poor diet, drugs, and lifestyle as blockages. If the **Vital Force** is not able to throw off such stress, the stress remains in the person's system as a disturbance of the **Vital Force**. This state produces the symptoms we associate with disease.

Some of the major stresses in our modern society was identified by the speaker, like drugs, poor diet, mass vaccinations, and a fast-paced life style. He observed that about 80% of disease is emotional in origin because people are so stressed from the amount of change demanded of them, and 20% is physical. That's why, he believes, we no longer see simple cases where a single remedy will work. Today the symptom picture is so complex and so confused because of predisposition to disease and all the shocks that it is no wonder we cannot find a single remedy or that repertorizing does not produce a clear remedy.

The well-indicated remedy does not work because something is blocking the action of the remedy, and a miasmatic or some other remedy is given for the cause to unblock the action. Then the indicated remedy is given and it works. He then narrated a case of 7 year old child who had suffered shocks and traumas. He listed the influences of the mother prior to the birth of the child, the birth itself; postnatal circumcision, blood tests and other tests done to the new child, or separation from the mother if the child is premature; early childhood multiple vaccines; falls, blows to the head and surgery; drugs such as antibiotics, cortisone or anti-inflammatories; and emotional stresses. It is not the stress that is important but it is the susceptibility to the stress and how weak the child is when the stress occurs. This list is relatively small for someone aged seven. But consider the adult who has suffered many shocks and traumas in life and the list gets very long.

The missing factor in the treatment of chronic disease is time. In HERING's **Law of Cure** we have a very powerful concept of time. The speaker presented four cases in which the concept of time was taken into account in prescribing.

Two further cases presented to illustrate the limitations of the traditional approach to applying Homoeopathy. (1) A person is treated with the indicated homoeopathic remedy and he improves but there is still symptomatology and they are not cured because the shock of the trauma is still there. After treating for the specific shock the patient experienced a major healing reaction, and a resolution of the trauma and the remaining symptoms. (2) a person is treated with the well- indicated remedy for six months with amelioration, then relapses. The remedy does not work anymore. He is then treated for the most recent trauma and it removes the symptoms.

Rudolph VERSPOOR raised three questions: (1) Does the remedy chosen on the presenting symptoms really cure or only remove the symptoms? His answer was that if you do not tackle the shocks and traumas that are at the origin of the chronic disease, and if you don't treat the inherited predisposition, the case is not really cured. The health has been improved, but the case is not fully and deeply cured. (2) Is the relapse after initial amelioration, a sign of incurability or of the healing process? Despite KENT's experience, these cases are curable. In these the **Vital Force** has gone on to tackle the traumas and the case can be cured by treating the traumas. (3) If the well-indicated remedy continues to act, but does not deepen the state of health, is this cure or palliation? A patient has been treated for 3 or 4 years either with the same remedy or a series of remedies but disease has not been addressed. Until the underlying traumas and predispositions have been treated, there will be no true cure.

10. **Wyrth Post BEKER, MD, honored** by LEBENSORGER Mitzi (HT,15,11/1995): Dr.Wyrth Post BAKER who has done so much to preserve Homoeopathy's place in the US Medical System received a medal of appreciation from the American Institute of Homoeopathy at the NCH Annual Conference, April 2, 1995. Sandra M CHASE, MD, DHT, President of the **Liga Medicorum Homoeopathica Internationalis**, made the presentation. Accepting the presentation Dr. BAKER said "In my 70 years with Homoeopathy, my enthusiasm for it has never decreased". He lived through the decline of Homoeopathy and now its resurgence.

11. **Common Remedies in Paediatric Care** - presented by Joana RAZI, MD. Report by Lora ABELL, MD: Dr.Joana RAZI is a Paediatrician from Washington DC. She was not only extremely knowledgeable about Homoeopathy but also pragmatic about its limits. Her remedies were snapshots of Materia Medica from her O'MI practice and very valuable.

On the remedies for acute situations she compared *Stramonium* and *Aconite*. While both had fear, in the first it is associated with violence \vltile in *Aconite* it is accompanied by restlessness. For example, for children who fear very much when being taken to the surgery for suturing an injury give *Stramonium*; *Aconite* for the child with something in the eye, and can calm him down enough to be treated. It is also helpful for the child at the middle of the night with croup.

Chamomilla besides being a remedy for colic, can also be very useful in the older child who throws tantrums with breath holding. This is not "cure" but "calming". Citing a case of *Belladonna* for a young woman who had taken a shower after a run in the heat and developed fever, urinary infection (E.coli.), Dr.RAZI said that with *Belladonna* the vulnerability usually is in the head-when the head gets chilled, the general vitality comes down.

Regarding *Nux vomica*: "The first time I really understood *Nux vomica* was when I needed it. I was really overworked. I was invited to a friend's house for dinner and afterwards could not stand up. I was tremendously dizzy and could not make it home". Took *Nux vomica* and went to bed, woke up in the middle of the night and vomited, but the next morning "I felt as if I'd been on vacation for three weeks". Dr.RAZI says that it is also true for children that external states such as a disorganized family, or not enough sleep can precipitate the need for *Nux vomica*. When you see a baby with congestion, inability to sleep at night, irritability, difficulty with burning and liking warm baths think of *Nux vomica*. School age children who need *Nux vomica* will be dynamic, smart, argumentative, and competitive. They want to be at the top of the class, and are "doers". They are the children who are always trying to elbow someone behind them. They are chilly, and get particularly mean when outdoors in winter. They may like alcohol and beer, and fatty and tasty foods.

Hepar sulphuris has a low threshold for pain and for suffering-in other words these children cannot take pain at all, whereas *Chamomilla* children are sensitive to pain but can cry for hours. *Hepar* is distinguishable by its weakness with the pain when compared with *Chamomilla* and *Coffea*.

Dr. RAZI uses *Silica*, *Thuja* and *Pulsatilla* most commonly for chronic ear infections after vaccinations. *Silica* babies are cute and delicate with refined features. There is an awake, mature look in their faces. They are engaging. Their fevers tend to be low grade without a lot of heat, even if the Otitis media is bad. They want to be warm, and their sweat has a sour odor. Once they start to eat they don't like warm food. Constipation, with difficulty to expel the stool, *Pulsatilla*: many people with allergies are worse outdoors *Pulsatilla*. *Pulsatilla* is also for low grade fevers, recurrent infections in warm children who like to be cuddled. *Pulsatilla* can be very intensely emotional in acute situations. Some cases further.

Case 1: Premature infant, weighing only seven pounds at three months of age, very shy, didn't allow siblings to play with her, better when left alone in a dark room, startled when put down. *Borax*. Comments: "This kid's going to be a movie star"- such was the change on the next visit.

Case 2: Bright 10 year old, very competitive in sports, music, and academics. The only negative thing he said was that he didn't feel connected to the other kids in his class. A cold with burning discharge from the nose began after sitting around a fire with smoke exposure. *Natrum arsenicum*. Comments: Intensely intellectual, sensitive emotionally, sensitive to smoke.

Case 3: Six week old, second born, mother very fearful because the first born had almost died. At 2.5 weeks of age the baby got chicken pox and after that was really quiet, not active, hypotonic (less than normal muscle tone and responsiveness). *Ammonium carbonicum*. Comments: Sluggishness and exhaustion are key - notes of *Ammonium carbonicum*. The infant improved immediately after the remedy.

Case 4: 10 year old with parasites. Everyone in his family recovered but him. He became very fearful, because he never knew how often he'd have to go to the bathroom. *Aloe*.

Case 5: two weeks old who developed whooping cough. Hands and legs clenched first, then she would cough after stiffening up. *Cuprum*.

12. **The place of External Applications in Homoeopathy**, presented by Dana ULIMAN, report by Karen ALDERSON: While Homoeopathy and Healing are best done from within via the potentised oral medicines, external applications are made for a variety of types of injuries, chafings, bites, stings, burns, and diaper rash. The externally applied medicines are not potentised. There are many different types of external remedies including ointments, tinctures, oils, creams, sprays, and gels. The lecturer briefly discusses these.

13. **Homoeopathic Casetaking in Acute Care**, presented by Amy ROTHENBERG report by Louise SHEAFER: She stressed the importance of making oneself comfortable during the interview process and suggested using pens, and a type of paper that would facilitate one's own personal way of gathering information. She outlined her procedure for taking an acute case. She reminded that we should take a complete case. No short cuts. Every case and remedy is a teacher for us all. Learn more about the remedies so we can be sure of each prescription. She stressed that the key symptoms may be very subtle, and it is important to notice everything about the patient and how she/he is sharing symptoms. Besides homoeopathic treatment, air, rest, food, water, exercise and right attitude are key. She said that she doesn't see any aggravation in her practice. May be because she usually gives remedies in 30c potency.

14. **An Update on the History of Homoeopathic and Allopathic Medicine** presented by Harris COUL TER. Report by Rodolph VERSPOOR: Dr.COUL TER spoke about his book - Volume IV of the Divided Legacy. The thesis is essentially that there has existed a dual approach to disease and treatment since the time of HIPPOCRATES. This duality results from the duality in our brain functioning. The logical ordered, mathematical left side of the brain has produced the Rationalist school of Medicine which sees the living organism in mechanical and reductionist terms, as a passive entity which suffers from external afflictions. The more conceptual right side of the brain sees the

organism as a vital entity reacting to the environment. The symptoms are not the disease but the sign of the reaction to the environment and thus, treatment is geared to supporting this reaction by remedies that produce similar symptoms in healthy persons. One would rather read COULTER's book to understand the whole story.

15. **Botanical Homoeopathy: Using Homoeopathic Mother Tinctures Effectively**, presented by Neil GARLAND. Report by Bonnie Price LOFTON: Neil GARLAND enthralled his audience with stories of astonishing cures under his care. "As a research scientist, I have been able to eliminate the symptoms of many disorders considered incurable, including Multiple Sclerosis, Malaria, Hepatitis, Pancreatitis, Colitis, Arthritis, Cholera, Chagas disease, Dengue, Lupus, Parkinson's disease, and Lyme disease", he said in an article which he distributed to his audience. GARLAND said he has scoured the world "from China to Tibet to Brazil to India," studying Acupuncture and other aspects of traditional Chinese medicine, Ayurvedic medicine, Native American medicine, Homoeopathy, Osteopathy, and therapeutic massage. He implied that he draws on all these traditions, relying mostly on his intuition and powers of observation.

He observed that:

- Many traditional Native American remedies were almost lost until the Homoeopaths preserved them in their pharmacies.
- Many allopathic medicines used to-day are based on the composition of plants traditionally used by herbalists in their gross form or by homoeopaths as mother tincture. But the traditional approach is a safer, gentler way of healing, he said.
- Herbs imported from China have to be, by law sprayed with anti-fungal chemicals. For this reason, he said 95% of the *Ginseng* on the market is adulterated.
- The rising popularity of herbal medicine has an environmental downside. Many of the more delicate, rare plants are being harvested to the point of disappearance. "We have about 20 years of plants left before they begin to die off," he said.

Some more points, some of which may differ from views of classical Homoeopathy.

- Raw herbs or undiluted tinctures work better than homoeopathic doses when dealing with problems that are purely "physiological or gross", such as degenerative diseases and malignant organs.
- Herbalism has this advantage over Homoeopathy-you don't have to wait weeks to see if it's working.
- GARLAND uses fresh herbal preparations for more acute diseases and dried preparations for degenerative diseases because the dried herbs have more of a tonal effect.

He often combines tinctures.

XXII. **"Homoeopathy without Frontiers"** is an international federation with sections in Europe, Latin America, and Africa. Its goals are education and humanitarian aid for developing countries. Founders of the organisation had observed that health-care facilities around the world do not fulfill the needs of all people, especially not of the poor. They felt that complementary therapeutic strategies such as Homoeopathy are necessary to provide adequate health care to everyone. The group is a humanitarian, non-profit organisation which strives to work independently of political affiliations, serving where human need calls them. Four criteria employed in the choice of therapeutic strategies are efficacy without harmfulness, economy (affordable therapeutics), autonomy for patients and practitioners, respect for people and for the environment. **Homoeopathy Without Frontiers** believes that Homoeopathy is a viable option for health care system worldwide. The organisation also believes that "the transfer of knowledge" as "the most sustainable form of development aid".

XXIII. A North American branch of *Homoeopathy Without Frontiers* has been formed Which would include homoeopaths, lay and professional, from both the United States and Canada (*HT*,15,111 1995): "Oregon enacts alternative medical law- More states hope to follow" says the headline on the

first page of the *HT*, 15,9/1995. A strong grassroots campaign led by Citizens for Health, in coalition with the American Association of Retired Persons (AARP) and others, was responsible for the passing the 'Alternative Medical Treatment' bill in the Oregon legislative session on July 28, 1995 over-riding a veto by the Governor KITZHABER (a physician-surgeon turned Governor). Thus Oregon has joined the states of Alaska, Washington, North Carolina, Oklahoma, and New York. Efforts to pass similar legislation are reportedly underway in a number of other states.

Full addresses of the journals covered by this Quarterly Homoeopathic DIGEST (QHD) are given below:

1. **ACD** : Archiv fur Homoeopathik, Dynamis-Verlag, AM Vogelherd 18, 46147 OBERHAUSEN, GERMANY.
2. **AHZ** : Allgemeine Homoeopathische Zeitung, Karl F. Haug Verlag, 6900 HEIDELBERG 1 , GERMANY.
3. **BHJ** : British Homoeopathic Journal, 2, POWIS PLALE, Great Ormond Street, LONDON, WC IN 3HT, U.K.
4. **CCR** : Homoeopathic Clinical Case Recorder, Phule Road, Maliwada, AHMEDNAGAR -414 001. INDIA.
5. **CCRH** : CCRH Quarterly Bulletin, 61-65, Institutional Area, D-Block, Janakpuri, NEW DELHI -110 058, INDIA.
6. **CGH** : Cahiers Groupement Hahnemannien du Docteur Pierre SCHMIDT, Medecine et Hyginene, 78, avenue de la Roserale, Case 456, CH-1211 GENEVE 4, SWITZERLAND.
7. **EJH** : European Journal of Classical Homoeopathy, International Academy of Classical Homoeopathy, Alonissos 37005, GREECE.
8. **HH** : Homoeopathic Heritage, B.Jain Publishers Pvt. Ltd., 1921, Street 10th, Chuna Mandi, Paharganj, Post Box 5775, NEW DELHI-110 055, INDIA.
9. **HL** : Homoeopathic Links, Homoeopathic Research and Charities, "Dinar", 20, Station Road, Santa Cruz (W), MUMBAI-400 054, INDIA.
10. **HOM** : The Homoeopath, Journal of the Society of Homoeopaths, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.,
11. **HT** : Homoeopathy Today, National Center for Homoeopathy, 801, North Fairfax Street, Suite 306, Alexandria, VA 22314, USA.
12. **HTIMES** : Homoeopathy Times, The Foundation for Homoeopathic Research, 805, Giriraj, Neelkanth Valley, Ghatkopar, MUMBAI-400 077, INDIA.
13. **HUD** : Homoeopathic Update, B. Jain Publishers Pvt. Ltd., 1921, Chuna Mandi, Street 10th, Paharganj, Post Box 5775, NEW DELHI-110 055, INDIA.
14. **IJHM** : Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R. Gadkari Marg, Irla, Vile Parle(W), MUMBAI- 400 056, INDIA.
15. **JAIH** : Journal of the American Institute of Homoeopathy, 23200, Edmonds Way, #A, Edmonds, WA 98026, USA.
16. **NJH** : National Journal of Homoeopathy, Milan Clinic, Saraswati Road, Santa Cruz(W), MUMBAI-400 054, INDIA.
17. **RH** : Revista De Homeopatia, RUA DR. DIOGO DE FARIA, 839 -CEP 04037-002 -SAO PAULO -SP -BRASIL.

PART II

(In Part II, Condensation / Extracts of selected important articles are given)

1. **Letter From Kiev**

CHAPPELL Peter (HOM,55/1994), RUDOVSKIA, VER ALEXEEVNAZ (HOM ,56/1995)

There is a centre of classical homoeopathic excellence in Kiev. It was originated by a Dr.POPOV who died three years ago and continued by his daughter Dr.Tatyana POPOVA and others including Dr. Vera Alexseevna RUDOVSKAIA whom I met in Budapest and from whom these extracts come. They have several homoeopathic ideas Which struck me as interesting, which I detail below.

Somatic Essences

The Kiev 'school' of homoeopathy has a somatic approach that in a way seems to parallel George VITHOULKAS' Essences'. They are developing the 'Somatic Essences'. Like the VITHOULKAS essences these are not based on any preconceived belief system but on an accumulation of experiences and observed phenomena. The impression I have from this is that 'western' homoeopathy tends to be overly psychological in emphasis, and this idea of 'somatic essences' can usefully complement and re-balance this perspective.

They routinely examine every patient undressed which they have found to reveal much homoeopathic information. This is clearly not a new idea, but they seem to have developed it further.

For example, examination can reveal the body shape, spinal curvature, moles, skin colour, odour, perspiration, temperature, posture, texture of flesh, and with the use of the stethoscope, the basic heart and lung conditions. From doing this routinely over a long period of time they

have compiled information on the body types. Below for example, are the somatic aspects of *Thuja*.

From an educational point of view, because doctors are used to and are often legally required to, carry out physical examinations, this is a useful bridge across into homoeopathic ways of working. Also, it is not something we commonly do, and is an area that is under-emphasised in our training.

To me there is complete philosophic logic to the idea that body structure reflects the constitutional remedy and I believe this can be an effective classical approach.

Their approach to the patient is more biased to the idea that if the physical is not clear, then consider the psychology, which is the reverse of the general idea in England.

The experience of the 'Kiev School' is that with this emphasis on somatic types, and good general homoeopathic knowledge, the use of repertory can be successfully relegated to an occasional reference place in classical homoeopathy. And importantly, classical homoeopathic prescribing can be done effectively in half an hour, with precision and grace using the above methods.

The Thuja Somatic Essence

The impression is of being big and like a bear, which means that they can be actually big, or give such an impression.

Localised bigness, acromegaly, such as big ears that stick out, big noses, big chin, big feet; disproportionate growth is the idea. At the same time a characteristic 'roundness' to this growth.

Over the age of forty, big rounded hips and especially thighs, and specifically elephantism of the left leg.

Generally the skin is lemon rind textured and the veins of the wings of the nose are visible. These can be seen in infants and all ages.

In puberty they develop greasy hair which must be washed daily, greasy skin, and dandruff.

Warm damp palms and skin.

Arnica Essence

Arnica is a good person, ready to help others, and is very irritable if upset. Plump and good looking.

There is a 'beaten up' look about them.

All processes are very painful, very sensitive to touch .

The healthy *Arnica* is still sensitive to touch.

Small boils leaving scars especially on shoulders.

Bruises easily, just from touching something. Painful small spots around mouth, under chin. Unpleasant smell from mouth.

When ill, red face and cold body, also during the menses.

A therapeutic hint

They get the patient to map symptoms of a physical variety, like psoriasis, on paper to assist in detecting cure. They ask them to draw an exact copy of the eruption to trace it out on paper, using thin or tracing paper, and then compare it later.

Infants and Observation

They make the observation that children and veterinary homeopathy are similar, very reliant on what you can observe, especially in the eyes. We can learn a lot from the vets in this area. The look in the eye can be all important. This is not something that can easily be conveyed by words. Here, delivered under my insistence, is the idea of the eyes of the *Staphysagria* patient:

In a small child it is the look of one who masturbates, (an established 'medical' look), a frankly sexual sort of cheeky, insolent, seductive look. In an older woman the eyes can have a look which is sexual, cold, malicious, and dissatisfied. (N.B. some difficulties here in translation).

(See also Ananda ZAREN, **Homoeopathic Links** 3192)

Apprenticeship training

Teaching homoeopathy by the apprenticeship system, and by this I do not mean just sitting in, but active training, for example - these are *Staphysagria* eyes, that is their characteristic look - is an important core process in the training system in Kiev.

Ideas about *Folliculinum* and *Testosterinum*

These two remedies are seen like brother and sister. They are used especially where there has been an abuse of steroids, for example *Prednisolone*. Where the patient has become excessively feminine in nature and appearance tender, soft, rounded, etc. then *Folliculinum*. If excessively masculine in appearance, angular and muscular etc., *Testosterinum*, irrespective of actual sex. This helps re-balance these drug induced disturbances. It is easy to see the need for these in athletes for example.

The parent as the picture

Routinely the Kiev school seem to consider the parents' remedy as the likely one for the child if it fits. Consider this case, (Please remember this is in Russian through a rusty interpreter whispering to me).

The woman is around forty, stocky but rounded, fairly big. Her mother died a month ago. She has a long term cough that is dry and very changeable, worse in the morning, with a sticky, difficult expectoration. There is an associated pain in the back, but not on coughing. It is worse lying, weeps openly when asked about her family history, as the death of mother comes directly into her mind. Averse to the smell of (her) perspiration, and to petrol and some foods. She definitely likes the open air, and can not bear heat, and must have the window open in the winter. Breasts swollen and painful before menses. Mother developed cancer from injury to the breast. (Audience questions).

Likes fat when questioned about it, but does not eat it for weight reasons. Likewise agrees with having vertigo on standing up, on questioning, ("does not everyone?" she says).

Analysis

Grief is natural and weeping is to be expected. The basic psychosomatic essence is what concerns us here. The patient was given *Conium* rather than *Pulsatilla* which seemed more obviously the remedy.

The deciding factors were:

Mother's cancer based on accident, see 'Cancer of mammae from contusion' (bruise), only *Bellis perennis*, and *Conium*, and indicating the disposition towards breast cancer. *Conium* has the tender and swelling breasts before menses. Patient's body type under examination was more masculine than feminine, with harder flesh, and more muscular, rather than the soft and round flesh expected for *Pulsatilla*.

(This is a rough precis, and may not explain all the details but I think it gives the idea).

I think these are ideas we are less familiar with in England. (See also **Homoeopathic Links** 2193 page 9 'State of Mother of Child').

Chernobyl

Kiev is very close to Chernobyl and they have a special institute for radiation studies. The essence idea of radiation is connected to aggression, provokes mental aggression which manifests physically as destruction. Two groups of 'Chernobyl' children were treated homoeopathically, one group all given *Radium bromatum*, and some but not all benefited and the others were given individual remedies with quicker and better results. I think this is very important information. (Last year I treated one such seven year old Chernobyl victim with Leukaemia, who was fading after chemotherapy and radiation therapy, (like cures like?) and I first gave *Pulsatilla* which did nothing, and then got the remedy picture better, gave *Sepia* LM and all the blood tests returned rapidly to normal, to the surprise of the hospital specialists. Unfortunately there was no possibility of further follow up on this case).

The most common remedy used in the above study was *Calcarea fluorica*, and another radiation remedy is *Strontium carbonicum*, but only where they fit the 'personality'.

Potency

In non-life threatening cases, the Kiev School give six doses of high potency, e.g. 10M in one day.

The *Natrum* family

(These are extracts from a much longer presentation).

The idea is water retention by absorption.

The maximum is *Natrum sulphuricum* and the minimum *Natrum muriaticum* (due to the *muriaticum* element, *chlorine* is to do with dehydration). Consequently the obesity is like swelling in these remedies. In *Natrum muriaticum* they can be thin children and get fatter later with emaciation from above downwards.

swollen legs and feet later in life.

Natrum sulphuricum by comparison cannot eat watery foods, cannot live near water, as they absorb it too readily.

Natrum is depression.

Physically this is weakness, anaemia and mentally depression. *Natrum*s and *Kalis* are both weak, but for the *Natrum*s it is inner and the *Kalis* it is outer.

Common to all *Natrum*s are:

Nose obstruction, skin and allergy problems, food allergies, herpetic eruptions, susceptibility to colds in families with a history of TB, systemic illnesses.

"Depression, hypersensitivity, impressionable, escape inside themselves to hide, inner withdrawal seeing injustice, deal with their problems alone, cannot bear consolation, easily offended, long remembered offences, cannot forget, never forgive, very just, strong personality but not strong inside.

Difficulties to make contact, do not tell their problems, answer yes/no.

Do not like to show that they do not feel good.

Worse in the mornings, difficult to get up, and work a lot in the evenings.

Natrum muriaticum essence

The main idea is humanitarianism, ready to help others, the weak and unhappy. They are true helpers. There is indifference outside, not showing affection, and great love inside but it is not

expressed. They can look after an ailing parent and never regret it, and marry for life, as it is a deep love.

Closed people.

Not hysterical but unpredictable.

The difficult teenage girl \IVho is malicious, will not talk of her feelings, changeable moods, unpredictable, goes away when upset, and cannot control her emotions.

Always 'Strong' and 'deals' with problems.

Great mental problems and refuses help if offered, it agg. They deal with their problems alone (*Kalis* go to lie down out of weakness).

Poets.

Bearing down like *Sepia*.

Skin cracked, dry, falling hair, herpetic, joint eruptions. Physical symptoms for psychological reasons.

Dryness, loss of smell, dry vagina.

Irregular periods, too early, amenorrhoea, too early and stops, especially for psychological reasons. Amenorrhoea from excitement. In pregnancy more weepy, more feminine then, piles, involuntary urination. (*Sepia* agg. smell of food, heavy, nausea).

Will not shout at delivery.

Great emotions in delivery and depressed after, like *Sepia*.

Post-natal depression even if everything is OK.

Worse extremes of temperature.

Agg. Sun. Amel. motion of sun.

People with Malaria especially after quinine.

Upper respiratory tract problems. Bronchial asthma.

All organs and systemic illness as salt goes everywhere.

Lachrymation from laughing/ coughing , exertion.

Geographical tongue.

All *Natrum*s are sensitive to downward motion, (*Borax* is a *Natrum*).

Minor illness causes dehydration.

In family there are heart problems, liver, depression, problems in society, difficulties outside family.

Children

Difficult breathing.

Pale and anaemic.

Small problems that linger.

Old look, serious eyes.

Sniffing, Runny noses.

Very sensitive to temperature.

Love swimming.

Agg. 10 a.m. to 4 p.m.

Contradictory appetite, like salt or refuse it, like bread or not at all.

Amel, alone or with parents.

Amel, peace, agg. noise.

Looks sad, goes in to other room.

Favourite activity is to READ, especially poems and to write them.

Good at humanities, bad at maths, good writers.

Cracks lower lip/centre.

Feels better in the family.

Natrum carbonicum

Even more sensitive especially to music and noise. When tired cannot stand either, even the rustle of paper, clock, etc.

More emotionally excitable than *Natrum muriaticum*.

Very impatient.

Shouts from pain. Round face.

Pink spots on face.

Itching eczema, especially the palms and wrists (*Phosphoric acid* back of hand) and between fingers, (*Petroleum*) tip of fingers (*Sarsaparilla*) and nose.

Symptoms on bridge of nose.

VERY sensitive to SUN (*Natrum sulphuricum* VERY sensitive to WATER).

Weak legs and knees.

Difficult to wear new shoes. WORSE MILK, dyspepsia.

Flatus especially during menses. Lot of menses problems.

Erosion of cervix (*Thuja, Melilotus*).

Soft body, pale face, pink cheeks, depression, anaemic children, weak with round faces, dry skin and easily injured.

Children

Cannot stand any milk except mother's milk.

Skin agg. soap, washing, bathing.

Weak legs from skiing. Tire easily.

Timid, sad, do not like company.

Very sensitive to music and new foods. Weep to music.

Inflamed nose.

Aggravated by milk (*Lac defloratum*, *Aethusa*).

Amel. Home and peace, fear men and strangers.

About somatic essences

The Kiev school does pay a lot of attention to the somatic essence of the person, but we never separate the psychical from the somatic. We ask our patients about their mental problems, psychological characteristics and so on and we also get information from observing them -how one comes into the consulting room, how one sits, speaks, in what voice one relates one's sufferings, etc. On the basis of this information we decide if he is afraid, shy, suspicious or not etc. If we can not understand the patients' behaviour we ask additional questions.

After examining the body we always check whether this somatic type corresponds to the mental symptoms we have already found out and only on the basis of the totality of symptoms, we are looking for the similar remedy.

Every remedy has its own accents (for some I know more psychological symptoms, for others more somatic ones. This obviously depends on the practitioner's experience). Very often we associate the remedy with the image of a well cured patient.

The *Thuja* somatic essence

In the types described (before) you have emphasised only the somatic aspects. It seems to me your *Thuja* sounds more like *Calcarea fluorica* (dysplastics). The *Thuja* person does give the impression of somebody big (sometimes a bear).

If you investigate him carefully it becomes clear that this is due to the pastry-like quality of his tissues. He himself often says that his body is 'filled with water'. He does not feel well in damp weather. He is slow and physically 'burdened' just like his skin (condylomata, varicose veins and capillaries). They may look acromegalic, but they can also be very proportionate, both obese and thin.

These people are by rule suspicious, have lots of complaints, lots of paraesthetic symptoms, (e.g. ants creeping on the skin, numbness, sensations of something alive in the abdomen).

You have well described the adult and the teenage *Thuja* is never like this (greasy with lemon rind skin, condylomata etc.) so we have to look at the parents and other than the skin symptoms of the *Thuja* type child.

Arnica essence

Good natured woman (or man) more often obese than thin, with a skin which is easily bruised. Often *Arnica* gives the impression of a psychologically tormented person rather than an active one. They are often sleepy, (fall asleep on the bus, at lectures, after lunch, go to bed early etc.). The *Arnica* woman is less capable of deep feelings than *Natrum muriaticum* and sometimes can even be indifferent.

Arnica is trauma in the anamnesis (physical or psychological), over - sensitivity to touch, motion, bed (fear of trauma), traumatised and typhoid like symptoms, (delirium, skin colour, hot flushes, bad mouth odour, stool etc.)

Chernobyl - A Case of Radiation, Emotional Trauma and Cancer

Yana was born at high altitude at the time of the Chernobyl catastrophe. There was considerable exposure to radiation. There was no history of any illness in this peasant family, and no cancer at all, yet at six years old Yana developed cancer of the blood, Leukaemia. The mother was desperate as Yana had chemotherapy with no real effect. She had been left with no hair and was going the way of the other children at the hospital, rapidly towards death.

The mother was very sceptical that we could help but her doctor persuaded her to persevere. Originally she was given *Pulsatilla* with no effect, but we later discovered that we had only half the story .

The trauma that precipitated the cancer had not been revealed. With perseverance we later discovered that the parents had a terrible fight, with the father terrorising the mother, beating her up, knocking out some teeth, black eyes etc., and Yana was witness to all this. She and her mother hid outdoors all night under a staircase to escape his rage. After this Yana developed cancer. It is known from medical research that trauma depresses the immune system allowing the disease process to develop. In this case cancer. We had a revealing discussion with the parents, who once they understood the significance were very willing to co-operate. The father realised that admitting his behaviour and discussing it openly was far preferable to his daughter's death.

After another case-taking session we discovered Yana had certain features which previously we did not appreciate (this was a fairly inarticulate peasant family. The interview was through an interpreter in front of a large audience). She was indifferent to her sister, indifferent to consolation had a craving for vinegar and was previously into dancing a lot. This and other signs suggested *Sepia*. So she was given *Sepia* LM, once daily, and her blood tests all returned rapidly to normal, as reported by the hospital managing her case. It was a small miracle. A year later she remains well.

(Incidentally had I read the *Granite* proving I might have given it as it looks a lot like *Sepia*.)

A sceptical doctor might dismiss all this as placebo effect after a wrong diagnosis, but trials at the Radiation Institute in Kiev, near Chernobyl, showed reliably good results with Homoeopathy.

This case shows the potency of this approach even in apparently hopeless cases, cure the trauma effects, the emotional suffering locked inside, release the immune depression, and the body's natural defences will do the rest.

Extra original information from the author:

The Kalis

Tender skin like *Arsenicum* (looks as if sun tanned). Anaemia like the *Natrums*.

All *Kalis* look for somewhere to sit and collapse. Quite weak, especially the leg muscles, difficult to stand, go and sit. Even young people look for a seat in the bus.

All *Kalis* have affinity for mucous membrane irritation and ulcers, necrosis and the nervous system. Typical *Kali* has weak reflexes of spinal cord, irritable weakness. Weak person who does not like to work, collapses into fits of crying. Complete exhaustion of the nervous system. After delivery - hypersensitive to pain, noise, touch, Easily lose trust in themselves, become indifferent to life. Excited, cannot formulate thoughts.

Sensitive apathy.

Looks apathetic but big reaction to touch (not *Natrums*).
Weakness of memory agg. mental exertion.

Sleepy after eating, and physical exertion.

Sleeplessness, often dreams wake them at 3 a.m. and cannot sleep, again.

Unrefreshed after sleep and fear of not sleeping.

Specific localised pains of mucus membranes, sex, digestion etc.

Everything I eat goes to flatus.

Kali carbonicum : White tongue.

Kali muriaticum : White spots on tongue.

Kali bichromicum : Geographical tongue.

Kali iodatum and *Kali sulphuricum*: Yellow tongue.

Sticky mucus.

Acidity.

Pains are not agg. by motion.

Pain in small of back sitting and while eating.

Incontinence on coughing and sneezing (*Causticum*).

Salts in urine.

Early menses, very painful, profuse.

Hoarseness from colds.

Dryness in throat.

Kali carbonicum sweats easily, tired, pale, puffy, bluish, soaked in sweat.

Mucus in throat like a lump.

Girls thin, stooped shoulders.

Difficult deliveries in family, heart problems and asthma in family, cannot stand to be alone (NOT *Natrums*), like to be at home - feels too weak to be out, amel, relatives around, fears alone, needs company, agg. noise, touch, especially to stomach.

Fear death, future, says "I have no future, I'm so unhealthy, how can I live", believe themselves sick and weak.

Shooting pains, profuse cold sweats agg. slightest motion.

Stiffness, sensitive to drafts, closes windows. Frequent colds, bronchitis, pneumonia.

Kali carbonicum

Best remedy for bronchial asthma.

3-5 a.m. asthma.

Very fast, very severe, propped up with arms like a frog, can not breathe, in or out, cannot expectorate. Amel. expectoration. If diuretics help the asthma think of *Kali carbonicum*. Likewise if diuretics help the hypertension.

Right sided Pneumonia.

Cough with little expectoration.

Palpitation.

Person who complains a lot, lots of symptoms and very sensitive to pain.

Heart on a string. In heart problems found on hands and knees.
Menses profuse, early, unpleasant smell.

Anaemia in young girls with amenorrhoea.

Sciatica problems with weakness, perspiration.

Problems in pregnancy, weakness, premature delivery, very small babies.

Anaemic children, thin, dolls, relaxed, floppy.

Swelling especially eyelids at birth, can't open eyes.

Get colds easily, colds go to cough.

Constipated.

Rheumatism, heart, arthritis, especially hips.

Periods soon after delivery, during breast feeding (like *Silica*). Difficult delivery from weakness.

In the new born, weak muscles, weak grip, bleeding umbilicus, floppy, hip dislocation, cold perspiration of head, face can look suffering, jerks when examined, tears.

Infant *Kali carbonicum* big abdomen, bloating after breast feeding.

Pus from ears, lots of ear discharges.

Very easy hoarseness, barking cough, whooping cough.

Easy vomit after eating, from sudden movement.

Constipation easily, very sensitive to drafts.

Dislocation of hip, stiff, agg. touch.

(Lots of these infants in the nursery in Budapest).

Kali bichromicum

Loves this remedy, overuses it.

From chrome the destructiveness and toxicity.

Children with baggy cheeks, saggy, can see them from behind! (*Kali carbonicum* baggy under eyes).

Pain in small spots, point a finger at them anywhere.

Discharges stringy, difficult to get up, similar vaginal discharge.

Liver and kidneys, mucous membranes. Acrid discharges.

Mentally *Kali bichromicum* is easily excitable.

Headache plus vision aura, pain localised over right eye, point to it.

Best results in catarrh and chronic bronchitis cases.

Chronic diarrhoea with blood and flatus.

Agg. beer, beer bellies.

Periodic complaints like *Arsenicum*.

Sharp sudden on and off pains (*Magnesia phosphorica*, *Belladonna*).

Natrum pain more gradual.

Wandering pains like *Pulsatilla*, *Lac caninum*.

Exhaustion or pulsation after pain.

Large uvula. (Idea of bagginess in spots).

Kali sulphuricum

Shares many symptoms with *Pulsatilla*.

Twisting, wandering pains, agg. heat, weepy, changeable, lack confidence irritable.

More skin symptoms, unhealthy skin.

Irritable and impatient like *Sulphur*, very sensitive to noise and touch.

Anxiety in evening, fear at night.

Erythema, serous exudation, vesicles, Scarlet fever, dermatitis, especially psoriasis with itching red spots exuding pus.

Keratitis.

Acute pancreatitis.

Thick gluey yellow/green discharges.

Otitis, bronchitis, urethritis.

Rheumatism acute and chronic.

Wandering pains especially legs and hands.

Kali muriaticum

Chlorine irritates the skin, mucous membranes, spasms, especially respiratory system.

Excitability and exhaustion, easily irritable.

Fibrous expectorations.

Thin people, skinny, affected by cold.

Local swellings.

All *Kalis* puffy and swollen except *Kali muriaticum*, due to *muriaticum* element, but local swelling.

Nervous people, easily angered.

Outbursts of anger then sad and depressed.

Fear misfortune, fear alone.

White patches on the skin.

Eruptions on the hair line (*Natrum muriaticum*).

Psoriasis in spots and especially hairline and especially white scabs.

(**Case:** 15 years of psoriasis, *Kali muriaticum* given, Warts returned and went and Psoriasis cured).

Tongue shiny with white spots like snow patches.

Thrush. Very susceptible to Candida.

Deafness without Otitis, through Candida (Number one for this).

Adenoids.

Thick viscid discharge and very persistent.

Chronic coryza.

Noises in ears.

Constipation like *Natrum muriaticum*, light stool.

Exhausting, profuse thick black menses.

Thick white acrid leucorrhoea (*Borax*).

Skin white scaly spots, thick sticky discharge after scratching.

Candida in family. Verunculars.

Squeaking in joints, like rusty door hinges. (Like sound of walking in snow).

Gland swellings, breast can be painful, swollen, even all the time.

Kali phosphoricum

Most difficult to prescribe for her.

Excitable nerves.

Tall, greyish look, closed eyes.

Exhausted impression, mental and physical. Exhausted after looking after sick relative.

Inconsolable weeping in cancer.

No will power.

Cruel to those close.

Ruthless cancer patient (typical).

Fear in children night, cannot sleep at exam time. Cannot sleep after mental exertion.

Hunger but lose appetite on seeing food. Itching all over.

Unpleasant smell to mouth, stool, sweat, rotten.

Vision agg. if tired.

Impotence, woman frigid before period and higher sex desire after.

Restless feet like *Zincum*.

Kali arsenicosum

Used as 'Fowler's solution, stimulant in anaemia.

Nervous and mental depression.

Irritable skin and mucous membranes. Burning.

Nervous symptom more *Arsenicum* (anxiety, emaciation).

Digestive symptoms more *Kali*.

Weak thin anaemic people.

Very very chilly, never warm enough agg. fresh air.

Bad moods, easily offended, envious, angry. Envy health of other people.

Excoriating sticky discharge, ulcerating.

Alternating symptoms, skin alternating mucous membranes.

Very dry skin, chronic or periodic complaints especially in flexures.

Thickening of tissue and malignancy.

Asthma 2-3 am after suppression of skin eruption.

Burning anus.

Cancer of tongue, rectum, anus (small).

Skin thickens (*Fluoric acid, Arsenicum, Lac caninum, Petroleum, Plumbum*).

Kali iodatum

iodum emaciation and warmth.

Restless, amel, fresh air, perspire.

Irritability mucous membranes, the greatest.

Ulceration and necrosis. Warts.

Dry person.

All mucous membranes eyes, intestines, genitals, dry or sudden mucous.

Coryza and exhausting sneezing and ulceration.

Great headache.

Lots of expectoration morning and coughing in TB.

Salivation like *Mercurius*.

Pain at root of tongue (*Phytolacca*)

Ulceration everywhere.

PART III

(While Part II features articles from other journals, Part III contains the editor's own contributions)

Sensitive roots of hair in headache.

REPERTORY

We have given earlier a few errors noticed in the repertories currently in use, especially the SYNTHESIS of Frederick SCHROYENS which we use in day-to-day practice. A few more are given here. Readers are requested to make the corrections in their copies and also communicate any errors they notice. (KSS)

1. 'DELUSION, **Crime**, commit, about to: *Kali-bi*. (SR 259, SYN 51, CR 96)

DELUSION, **Crime**, committed, has: *Kali-bi*. (SRI 260, SYN 51, CR 96)

DELUSION, **Dead, child** is, her: *Kali-bi*. (SRI 262, SYN 51, CR 97)

kali-bi. has been added to the above rubrics from KR, but the symptoms are not found under the remedy in GS, but only under *Kali-br*. *Kali-br*. is already listed in the above rubrics; hence *Kali-bi*. which for a confusion for *Kali-bi*. should be deleted from SR, SYN and CR; also *Kali-bi*. should be corrected as *Kali-br*. in KR.

2. FEAR, **Poisoned**, of being: *Kali-bi*. (SR 517, SYN 106, CR 200) This symptom also belongs only to *Kali-br*. (Refer GS)

Kali-bi. should therefore be corrected as *Kali-br*. in KR, and *Kali-bi*. deleted from SR, SYN and CR.

3. MOANING, **Sleeplessness**, with: *Crot-c*. (SR 758, SYN 149) This is an addition from KR: KNERR's abbr. for *Crotalus horridus* is *Crotal.*; also the GS does not include *Crotalus cascavella*. may be corrected as *Crot-h*. in SR and SYN. CR lists correctly as *Crot-h*.

4. SPEECH, Nonsensical: *Kali-b r.* (K 82, SR 942, SYN 182) Not found under *Kali-br.* in the EN and GS. But under *Kali-bi.* in the EN V (P.215, S.No.19): " she found herself talking nonsense..." may be corrected as *Kali-bi.* in KR, SR, SYN.

5. TIMIDITY: *Kali-bi.* (SR 1023, SYN 197, CR 350) SUSPICIOUS, Mistrustful: *Kali-bi.* (SR 983, SYN 190, CR 336) These are additions from the EN-Index, but not found under *Kali-bi.* in the EN. But under *Kali-br.* (EN V, P.266, S.No.3):

"...he had become excessively timid and suspicious."
 "...suspicious of every trifling circumstance."

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6. PROSTATE GLAND, INFLAMMATION, Chronic : (SYN 823) This is a new rubric in the SYN, from BOERICKE's Repertory. But in the **Synthesis** the subrubric has been wrongly put under **Prostate gland, Induration**; the subrubric **chronic** should be under the next rubric, inflammation.

BOERICKE's Repertory lists *Merc-c.* in the same rubric, which has been left out while adding in the SYN. (BOERICKE gives *Sabad.* as well as *Sabal.* under **Prostatitis and Prostatitis, chronic.** in the Repertory. But neither BOERICKE's Materia medica nor the EN and GS contain any indications under *Sabadilla.* *Sabad.* appears to be a mistake; the profession should confirm if *Sabadilla* has any clincial indications in **Prostatitis.**)

7. PROSTATE GLAND, **Pain, Aching:** *Sabad.* (SYN 824) This addition is from BOGER-BOENNINGHAUSEN (BB). BB has no rubric for pain prostate, but only a general rubric for prostate remedies, where *Sabad.* is listed. BOGER's **Synoptic Key**, PHATAK and CLARKE have mentioned only *Sabal serrulata* for pains etc. in the Prostate. May be corrected as *Sabal.* in 88 and SYN.

8. GENITALIA/MALE, INFLAMMATION (SYN 860)

There is found a subrubric '**Prostate gland**' under the above; this should be put in the PROSTATE GLAND chapter.

| | | | |
|------|---|--|-----------------------------|
| K | = | KENT Rep; | |
| KR | = | KNERR's Rep. to HERING's Guiding symptoms | |
| SR 1 | = | Synthetic Repertory in I Horst BARTHEL | |
| EN | = | T.F. ALLEN's Encyclopaedia GS | = Hering's Guiding Symptoms |
| SYN | = | Synthesis Repertory of F. SCHROYENS | |
| BB | = | BOGER BOENNIG HAUSEN Repertory | |
| CR | = | Complete Repertory Vol I of Roger Van ZANDVOORT | |

--K.S. SRINIVASAN