

**CENTRE FOR EXCELLENCE IN  
HOMŒOPATHY**  
**CONTINUING HOMŒOPATHIC MEDICAL EDUCATION  
SERVICES**

**QUARTERLY HOMŒOPATHIC DIGEST**  
**VOL. XIV, 1997**



Lead me from Untruth to Truth  
Lead me from Darkness to Light  
Lead me from Death to Immortality  
Adyaya I Brahmana 3 Mantra 28  
Bṛhadāranyaka Upaniṣad

(This service is only for private circulation. Part I of the journal lists the Current literature in Homœopathy drawn from the well-known homœopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, USA, etc., discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.)

**Compilation, translation, publication by**

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## 1. QHD Vol. XIV, Nos.1 &amp; 2, 1997

**PART I - CURRENT LITERATURE LISTING**

Part I of the journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, Greece, USA, etc., - discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.

**I. PHILOSOPHY**

1. Back to Basics - The George MACLEOD Lecture  
CLOVER Anne (BHJ,85,2/1996)  
George MACLEOD was a famous veterinary homoeopath. This lecture is in his memory.  
The lecturer ably deals with the basic knowledge required to practice medicine in general and Homoeopathy in particular. These are spelt out succinctly in paragraph 3 of the Organon, i.e. knowledge of disease, knowledge of medicines, and the knowledge of application of these in actual cases.
2. A strict Definition of Homoeopathy according to HAHNEMANN  
ADLER C.C., AMROSIO E., ANELLI I.M., CAPPELLO E., TOLEDO CESAR DeA., GUIMARES E.E.  
(BHJ,85,2/1996)  
A review of classical and contemporary textbooks showed that although the term Homoeopathy is widely known and used, it remains ambiguous and vague. In an attempt towards clarification we present a review of HAHNEMANN's definition of the term and conclude that it refers to the outcome of interaction between two different viral affections which, however, have very similar effects on living organisms. We found that HAHNEMANN used examples to demonstrate the homoeopathic phenomena and postulated that Homoeopathy could exist without experimental provings in healthy individuals, infinitesimal doses, dynamizations and single medicines, all of which are fundamental elements in his methodology. We also discuss the benefits of using one strict conceptual definition of Homoeopathy. This can contribute to recognition of the homoeopathic phenomenon in nature and in medical practice.
3. A origem arcaica da similitude e a inutil busca pela racionalidade da homeopatia  
(The Ancient Origin of Similarity and the futile search for the rationality of Homoeopathy)  
MARIA ISABEL DE ALMEIDA PRADO (RH,61,1-2/1996)  
This article traces the cultural and scientific origins of Similarity and argues that it is futile to find 'rationality' of Homoeopathy.
4. Reflexoes sobre o espirito cientificoe a logica da falsificacao e confirmacao de hipoteses  
(Reflexions about the scientific spirit and the logics of falsification and confirmation of the hypotheses) ABIB Jose Antonio Damasio (RB,61,1-2/1996)
5. Das Prinzip Homoeopathie (The Principle of Homoeopathy)  
KLUNKER W. (ZKH,40,1/1996)  
  
In connection with the 200<sup>th</sup> year of the birth of Homoeopathy, the author shows the scientific character of Homoeopathy and the necessity to bear the apriori certainty of healing of Homoeopathy in mind. The separation of Homoeopathy as a method of healing from its scientificity in the earlier period of its history has caused difficulties in the development of Homoeopathy.
6. Ayurveda and Homoeopathy  
NARASIMHA RAO K. (QHJ, 5,1/1996)  
This is a lengthy and interesting essay. After analysing thoroughly the author comes to the conclusion that Homoeopathy is unique.

7. Schwarzes Loch (A Dark Gap)  
WEISSHUHN T. (ZKH,40,2/1996)  
Beginning with the original meaning of the word “miasm”, the actual application of the miasmatic theories in Homoeopathy from HAHNEMANN to BECKER are presented and discussed.
8. Les Provings, base scientifique de l’homoeopathie  
(The scientific basis of Provings in Homoeopathy)  
WIELAND Frank (RBH,28,1/1996)  
This is a lecture delivered in the Plenary session of the Belgian Royal Society of Homoeopathy, on the 30 September 1995.  
The elements for a minimum standard for a homoeopathic proving protocol are:  
- Qualification of the medicine prover (a minimum of 5 years experience in practical homoeopathy; must have made self-proving of at least three remedies  
- Anamnesis  
- Criteriae of inclusion  
- Criteriae of exclusion  
- Period of pre-observation  
- Administration of the remedy  
- Documentation of the symptoms
9. Projet d’experimentation de remedes homeopathiques pour l’annee 1996 (Project of experiments of homoeopathic remedies for the year 1996)  
JANSEN J.P. (RBH,28,1/1996)  
This also is a lecture delivered in the Plenary session of the Belgian Royal Society of Homoeopathy, on the 30 September 1995.  
Dynamics and methods of homoeopathic provings. Jeremy SHERR’s **The Dynamics and Methodology of Homoeopathic Provings** is relevant in this.
10. Technique experimentale pratiquee par le C.L.H. (Practical experiemntal technique of the C.L.H.)  
LERROY P.H. (RBH,28,1/1996)  
This brief article is on the provings done by the C.L.H.
- 11.Totality: The Third Type of Materia Medica  
LAMOTHE Jacque (EJH,2,5-6/1996)  
This was presented in the Alonissos Teachers’ Meeting 1995. This article is difficult to be given in ‘extract’ form. However few lines to indicate: “ In Homoeopathy there is a general consensus and at the level of pharmacology the dilution and potentization is accepted by all but this is not of course Classical Homoeopathy this is Homoeopathy in general as my friend Jacques MOREAU says and that is the reason why pluralists also call themselves homoeopaths; it is a problem of definition. And what characterizes Classical Homoeopathy, our Homoeopathy, is the global conception of man the totality. That is HAHNEMANN’s second discovery and this totality allows us to say that Homoeopathy is traditional medicine, it is our traditional medicine - western medicine. On the philosophical level Homoeopathy should be considered the oldest and the first true traditional western medicine though it was codified byHAHNEMANN only two centuries ago. This idea, or even part of it is a concept in many naturalistic philosophies and medical concepts of the west and the orient.  
“Much of the traditional medicine uses the similitude principle or similar principles and the idea of a “totality” as well.”  
It is hoped that this will inspire the readers to read the whole article and digest and meditate.
- 12.Moulding our Minds to Holism  
MOREAU Jacques (EJH,2,5-6/1996)  
This too is from the Alonissos Teachers’ Meeting 1995. In this short piece Dr.MOREAU says that the medical doctor who has followed classical studies does not have a mind prepared to reason according to the homoeopathic law of analogy of two dynamic affections. It should then be desirable, in order to effectively teach these people, to progressively structure their mind with respect to this law. This condition is necessary for a proper assimilation of knowledge.

## 13. The Second Prescription

SPINEDI Dario (EJH,2,5-8/1996)

This is from the Alonissos Teachers' Meeting 1995. Dr.Dario SPINEDI was Dr.KUNZLI's main pupil. During the Teachers' Meeting he expounded on his teacher's observations concerning the Second Prescription. Some of these observations will shock homoeopathic practitioners, because they are bold in concept and do not exactly follow the rules of classical Homoeopathy. But one has to take them into serious consideration since they come from a teacher with good integrity and experience. (The entire article may be published in the QHD).

## 14. Hew to the Line . . .

BEDAYN Greg (AH,2/1995)

This is the title to the Editorial of this excellently produced, sumptuous, Annual journal. The genealogy of 'Classical Homoeopathy' is traced right to Samuel HAHNEMANN (1755-1843), 'Papa' HERING(1800-1880) "who guided the progress of Homoeopathy to the heights of the Golden Age. Adolph LIPPE(1812-1888) the 'Prince of Prescribers" was possibly the most vociferous of all in his polemics against any attempt to substitute lesser ways of practicing in place of the profoundly curative mechanism of true Homoeopathy. His point of reference was the Organon; his measure was cure, pure and simple, and diversions from true Homoeopathy were not to be tolerated. James Tyler KENT (1849-1916) soon followed and quickly developed a reputation for being both an uncommonly brilliant prescriber, and an unsparing critic of all but true Homoeopathy. KENT became the homoeopathic physician to whom most looked for the "final word" on case management and Materia Medica. His interpretation of homoeopathic philosophy is still regarded by many as the most concise of all time. Homoeopathy needed such individuals willing to defend HAHNEMANN's inheritance. Now this task of maintaining the estate falls to us. With one measure to guide us - cure alone determines what is homoeopathic. . . . . As conscientious homoeopaths, we owe it to our patients, and our profession, that we strive constantly to "hew to the line". What is that line? It is the criterion of cure, the conscientious and responsible pursuit of truth and healing in homoeopathic practice - the estate which we inherited. If we can remain confident and purposeful in reaching for the perfection of Hahnemannian Homoeopathy, then we will succeed in our stewardship of Homoeopathy. Only in this way may we safeguard Homoeopathy's ability to reproduce itself for the benefit of future generations. If we do not, then - in HERING's words, Homoeopathy will indeed become "a caricature in the history of medicine". . . of flowering plants. Beautiful.

## 14. KENT's Conversion to Homoeopathy as told by Pierre SCHMIDT

(AH,2/1995)

This is a brief narration of KENT's conversion from an Eclectic to Homoeopathy, as told by Dr.Pierre SCHMIDT.

## 15. PHELAN's Dissertation

(AH,2/1995)

Dr.Richard PHELAN is the man who brought KENT to Homoeopathy by first curing his wife and consequently radically altering KENT's views on the "absurdity of Homoeopathy" then becoming his first tutor in its art and science. PHELAN was born in Ireland in 1836. He emigrated to the US and practiced law in Minnesota and then Missouri. He fought in the Civil War, with the Missouri Regiment. He attended the Homoeopathic College of Philadelphia, and returned to Missouri to practice. He died in 1902. His hand-written, 7,702 word, senior thesis was found in the archives of Hahnemann University in Philadelphia. Transcribed by Julian WINSTON, excerpted by Greg BEDAYN. The 'excerpt' ends beautifully thus "O venerable founder, Hahnemann! To the memory of thy name be erected a temple of fame in which all true admirers may worship, and may Heaven 'Speed the happy intercourse from soul to soul, and waft a praise from Indus to the pole."

## 16. The Post Graduate School of Homoeopathics, Philadelphia, PA, October 28, 1890--April 25, 1900

WINSTON Julian (AH, 2/1995)

While looking through some boxes of old papers in the Archives of **Hahnemann University** in Philadelphia the author found a large ledger book which upon inspection was found to contain all the Minutes of the **Post Graduate School of Homoeopathics in Philadelphia**. Little is known about the Post

Graduate School of Homeopathics. How the book arrived in the Archives is not known. The Post Graduate School of Homeopathics was in no way affiliated with the **Hahnemann Medical College**. We know that KENT had come to Philadelphia from St.Louis in 1888 to do a series of lectures at the Women's Homeopathic Hospital where he was invited to be a consulting physician. How he started to organize the Post Graduate School is unknown.

This document provides many insights into the workings of the school. Since the "office of the corporation" was KENT's residence, the document provides us with an accurate accounting of when KENT moved to the various locations within the city.

It is interesting to note that the president of the Post Graduate School of Homoeopathics was John PITCAIRN, the founder of Pittsburgh Plate Glass, who was a devout follower of SWEDENBORG and was responsible for building the New Church Cathedral of Bryn Athyn, PA, as well as his castle-like private residence.

William F.KAERCHER, who served as the secretary of the organization, was the son-in-law of the noted homeopath and pharmacist Bernhardt FINCKE. A medicine chest, belonging to KAERCHER and containing over 4000 remedies, now resides at the National Center for Homeopathy in Alexandria, VA.

## II. MATERIA MEDICA

1. *Thyroidin* - Eine Arzneimittelpfung mit der Schilddruse von Dr.H.P.GILLINGHAM, Ubersetzt und mit Anmerkungen versehen von Stefan REIS (*Thyroidinum* - A remedy proving with the Thyroid gland by

Dr.H.P.GILLINGHAM, translated and with annotations by Stefan REIS) (ACD,5,1-3/1996)

The proving of *Thyroidinum* by Dr.H.P.GILLINGHAM was first published in the Homoeopathic Recorder, Vol.37,1922. We do not find, to the best of our knowledge, the complete proving symptoms in any of the English language Materia Medica currently in use and in fact we rarely find any reference to this. Stefan REIS has now given in this volume of the ACD the complete proving symptoms along with annotations of the material that have accrued on this remedy in the following years. A valuable study.

2. Zu den Quellenangaben im Reprtorium Synthesis (On the references in the Synthesis Repertory ERS Rudolf (ACD,5,2/1996)

The author lists many symptoms of *Ornithogalum umbellatum* which are given as additions from George VITHOULKAS in the **Synthesis Repertorium** can be traced to **CLARKE's Dictionary** and ALLEN's Encyclopaedia. The writer rightly calls for correct indication of the sources.

3. Eine eigentumliche Modalitat - *Calcarea phosphorica* (A singular modality - *Calcarea phosphorica*)

WEGENER A, (ZKH,40,1/1996)

A patient with Epicondylitis on both ankles could be cured with *Calcarea phosphorica*. The leading symptom was the inexplicable modality: extension of the ailment from left to right.

The relevant symptoms in the Guiding Symptoms are:

"Through elbows shooting, usually first left, then right"

"Dull pain in arms, first left then right, from shoulder to fingers; from clavicle down to wrist; worse from change of weather."

4. Beobachtungen zur Wirkung der *BCG-Nosode* (Observations on the working of the *BCG-Nosode*)

FRIEDRICHU. (ZKH,40,2/1996)

With seven cases treated by him, the author demonstrates the efficacy of the *BCG Nosode* in children vaccinated with BCG. Possible long-term harms by BCG vaccination are discussed.

5. *Cocculus indicus*

HIWAT Corrie (HOM,60/1996)

In taking the most important symptoms of a remedy and connecting them in different ways, we get to see the different faces of the remedy. This helps us not to get fixed on one image. We can also see that there usually are some typical causations that are connected to a remedy. In the case of *Cocculus indicus* it is: care, cares, worries and care-taking.

6. *Spongia tosta*: a Study of its Signatures

EVANS Jo (HOM, 61/1996)

Study of the sea creature *Spongia* as found in authoritative books on marine biology and the homoeopathic materia medica, the author builds up the picture of this valuable remedy.

#### 7. *Plutonium* - A Really Heavy Number

EYRE Phil (HOM,61/1996)

This report tells of rather bizarre happenings and these are attributed to the author having in his house the homoeopathy remedy *Plutonium* for 'proving' under his supervision. *Syphilinum 200* one dose cleared!

#### 8. The Mental/Emotional Etiology of *Aloe socotrina*

RICHARDSON-BOEDER Cornelia (EJH,2,5-6/1996)

With the example of two practical cases the author describes the 'new insights with application of the Doctrine of Signatures' in understanding the mental/emotional etiology of ailments which call for the remedy *Aloe socotrina*. In both the cases servility, being oppressed, was observed. The rubrics drawn from SCHROYENS' **Synthesis Repertory**: Diarrhoea: after repressed anger; after grief; from indignation (*Aloe* is listed under "diarrhoea from anger" and under "diarrhoea from vexation.") MIND: Selflessness; Servile (though the *Aloe socotrina* state is not necessarily characterized by a weak or overly submissive attitude) Sadness, anger, after. Sadness, anger, from. Sadness, vexation, after. Please, others, desire to please. Mildness,. Quarrel, aversion to. Yielding disposition. The patient, traditionally described as hypochondriacal, dissatisfied, prone to anger, and yet stoic and resigned to his/her fate, may be looked at more deeply with this new version of surrendered self-determination and self-justification. This attitude stems from an inner source of forgiveness and forbearance rather than being caused by passive defeat. At least, this vision can shed light on one type of person or one etiology prone to lead to the *Aloe socotrina* state.

#### 9. *Sanicula aqua* - A Forgotten Polychrest

WARD Andrew (EJH,2,5-6/1996)

Mineral Spring Water from the *Sanicula* source of Ottawa, Illinois. This is a nice study of this remedy. The author discusses the remedy and gives its characteristics

(refces. . **Synthesis Repertory, RADAR, RADAR Keynotes, RADAR Ex-Libris Materia Medica: ALLEN Keynotes and Characteristics, BOERICKE Pocket Manual of Materia Medica, Samuel Keynotes, NASH Regional Leaders, TYLER Pointers, BORLAND Childrens Types, CLARKE Dictionary, MORRISON Desktop Guide**)

An antipruritic and polychrest of great potential, especially in the treatment of children, that is often overlooked in favour of better known remedies with very similar symptom pictures. This abstract looks at the remedy in the context of two cured cases of eczema.

*Sanicula* picture:

It has the stubbornness, tantrums and fear of the dark of *Calcarea carbonica*, the aggression, instability and desire for meat of the *Magnesiums*, the lateness of talking, the thirst of *Natrum muriaticum* (also, the failure to thrive, sweaty feet and receding stool of *Silica*, the restlessness, sweaty head, craves bacon, ham, salt of.

BORLAND in his Children's *Calcarea phosphorica* Types says never to consider *Silica* without thinking of *Calcarea*, *Borax*, *Calcarea phosphorica*, *Sanicula* also, as they are almost identical in their picture- especially physically. *Sanicula*, however, is more irritable and mentally unstable than *Silica* with laughter following tears easily. Touchy and upset easily. They are very willful and headstrong (like *Calcarea carbonica*).

Rows ensue easily if the child is confronted or interfered with and they dig their heels in. No stability of purpose or ability to concentrate. They move from one thing to another - appearing restless and dissatisfied (like *Calcarea phosphorica*).

Mental Characteristics:

Anger at trifles.

Anger on waking and shrieking on waking. Shrieking in obstinate children.

Aversion to being looked at or touched. (*Chamomilla*)

Anxiety on downward motion and fear of falling (*Borax*)

Bites nails

Desire to be carried (*Chamomilla*)  
 Aversion to darkness  
 Fear of dark  
 Aversion to darkness  
 Fear of robbers esp. at night (*Natrum muriaticum*)  
 Irritability in children alternating with *Natrum muriaticum* cheerfulness  
 Child is cross, kicks and scolds on waking  
 Laughing alternates with ill humor  
 Mood changeable  
 Morose and Obstinate  
 Occupation -changing constantly  
 Restlessness, anxious  
 Starting from sleep  
 Talk, slow learning to

**General characteristics:**

*Sanicula* has a combination of temperature modalities.  
 Although the books say that it is chilly y, it is not listed in Lack of Vital heat and the author's cases indicate a tendency to get overheated at night and throw the covers off like *Sulphur*  
 General: Uncovering kicks off the covers in the coldest weather (*Hepar sulphur, Sulphur*)  
 Extremities: Uncovers feet and Gen.heat - feet burning , uncovers them (*Calcarea carbonica, Sulphur*)  
 >>Open air (2) and ++Open air  
 Also warm rooms < but < Drafts of air (*Silica*)  
 Emaciation - children look prematurely old and shrivelled. Dingy looking skin.  
 Emaciation despite good appetite.  
 Late development - talking and walking.  
 Infant brings up mother's milk curdled Projectile vomiting.  
 < Downward motion  
 ++Bacon, ham, Meat, Salt  
 Milk, Sweets  
 ++Ice coldmilk (only remedy)  
 Desire for Spring or Mineral water (my addition)  
 Very thirsty - large or small amounts often.  
 Milk intolerance in newborns  
 Offensive discharges - esp. with a fishy odor.

**Physical Characteristics:**

Perspiration of scalp especially occiput (like *Calcarea carbonica, Silica*) during sleep. (Only remedy listed!)  
 Offensive foot-sweat (like *Silica*) profuse.  
 Sticky eyes  
 Lachrymation - open air, cold air and wind (*Nat-m.*)  
 Constipation - stool may recede (like *Silica*)  
 Stool too large to pass, must be extracted manually  
 Stool: white colored like chalk  
 Aphthae and ulcers under tongue  
 Cystitis in children  
 Enuresis  
 Vaginitis with fish-brine odor  
 Cracked skin - hands and fingers especially in winter  
 Eczema - especially hands and fingers but can be general  
 Skin - filthy  
 Eruptions behind ears (*Calcarea carbonica, Silica*)  
 Clinical: Marasmus/emaciation, celiac disease, malabsorption and metabolic disorders, blepharitis, enuresis, aphthae, cystitis, skin disorders -acne, cracked skin, dry skin.  
*Chamomilla* is an acute of *Sanicula*  
 (There are 13 other proved mineral water remedies listed in CLARKE's - all with q different emphasis of minerals - have fun!)

10. *Acalypha indica* - A Proving  
(CCRH, 18,1&2/1996)

Proving was conducted in the Drug Proving Research Unit, Midnapore (1991-92) and in the Homoeopathic Drug Research Institute, Lucknow (1992-93). Double-blind technique. Potency used: 6, 30, 200,

There is a fairly long list of symptoms. The profession should verify these clinically

11. *Theridion*  
(CCRH, 18, 1&2/1996)

Proving was conducted in the Drug Proving Research Unit at Ghaziabad (1992) and Homoeopathic Drug Research Institute at Lucknow (1991). Double-blind technique. Potency used: 6, 30, 200,

These symptoms should be clinically verified so that our Materia Medica becomes enriched.

12. *Anhalonium* - Sacred substance for the New Millennia  
HERRICK Nancy (AH,2/1995)

This is a brief outline of this drug. *Anhalonium*, like the patient who responds to it homoeopathically seemingly shares the rubric: Confusion of identity. Since 1651 it has been referred to scientifically by many changing names. From the earliest recorded, *Peyotl zacatecensis* (HEFNANDEZ 1651), through approximately twenty other common names including the current favorite, *Lophophora williamsii*. Among the indigenous peyote there too are seemingly endless names for this omnipotent plant-source which provides them access to their deities... The word *Anhalonium* means "without halo" which is the perfect metaphor for the transport between worlds it offers the peyote. Immediate access to heaven, as if an angel—all that is missing is the halo.

13. *Anhalonium* Proving - October 1994  
GREEN Claire (AH,2/1995)

This proving was conducted by Nancy HERRICK with ten provers. The symptoms were collated by Claire GREEN. There are lot of symptoms under Mind and Dreams.

14. *Anhalonium* Dream Proving  
SHORE Jonathan (AH,2/1995)

This Proving was conducted by Jonathan SHORE in 1993 in Finland. Some of the symptoms in this have been confirmed in Nancy HERRICK's Proving.

15. *Anhalonium* Notes  
HERSCU Paul (AH,2/1995)

In these 'Notes' Paul HERSCU gives the various essential symptoms of *Anhalonium* he has collected; he also gives comparisons with other remedies. Interesting and valuable article.

16. Comparative Materia Medica  
HERRICK Nancy (AH,2/1995)

Comparisons are made between *Anhalonium* and *Cannabis*, *Anhalonium* and *Hydrogen*..

17. *Lactic acid*  
SCHOLTEN Jan (HL, 9,1/1996)

The Materia Medica exposition of this remedy is in Jan SCHOLTEN's well-known method of analysing and understanding a remedy in its components - Acidum + Lacticum. Three cases are also given.

18. *Cobalt*  
PELT M.H. and STUUT H. (HL, 9,1/1996)

This Materia Medica of *Cobalt* is from the Proving done during the follow-up course February 1995. As is the nature of most of the 'modern' provings the 'theme' of the remedy is brought out and 'dreams' also are given prominence. Two cases are given.

19. *Cyclamen*

JANSEN Jean Pierre (HL, 9,1/1996)

With two cases the author explains the characteristics of *Cyclamen*.

20. A Case of *Cyclamen*

VAN DER ZEE Harry (HL, 9,1/1996)

34 year-old woman, lively and loquacious, laughing, but tense. In the 24<sup>th</sup> week of pregnancy of her second child. During the parturition she felt shocked, overwhelmed, felt tense. She was afraid that she was doing everything wrong and that she would do things wrong and cause damage to the child; a total panic. After labour she felt she had failed. Her remedy was *Cyclamen*.

21. *Coffee*, the black liquid fuel - *Materia Medica of Angustura vera*

SCHOLTEN J. and LEUPEN A. (HL, 9,1/1996)

*Angustura vera* is prepared from the bark of *Gallipea cusparia*, which is similar to *Nux vomica*. Six homeopathic doctors working in the 'Homeopathische Artsencentrum' in Utrecht, Holland, have successfully treated eight *Angustura* cases in the past few years. Two cases out of these are presented. The characteristics of *Angustura vera* are also presented.

22. The Magic Sugar - *Saccharum officinale*

SMITS Tinus (HL, 9,1/1996)

Tinus SMITS says that *Saccharum officinale* has now taken a first rank place in my practice. The first case was not clear at all, but his great desire for and striking aggravation after eating chocolate and sugar producing an enormous aggressiveness guided him to *Saccharum officinale* which had a marvelous effect. Gradually the essence of *Saccharum officinale* came up.

Comparison of remedies in restless children with *Saccharum officinale* are discussed. The 'synthesis' of the remedy is also given. This is followed by 12 cases.

23. *Staphysagria*

HIWAT Corrie (HL, 9,1/1996)

This is an excellent presentation of *Staphysagria*

24. *Plutonium* - The Suppression of the Person's 'Nucleus'

RITZER Friedrich & EBERLE Hans (HL, 9,2/1996)

In the proving of *Plutonium* (11 provers, one dose of C30 or C200, all aware of what was veubg tested), the following groups of symptoms or themes could be established

Feeling of extreme gravity

Fatigue, exhaustion

Feeling of decay, disintegration into different identities

Permanent feeling of existential threat

Spontaneous reckless aggressiveness

Deep religious feeling or philosophical thoughts

A number of provers put things in order; others started to clearly follow their own intuition; their confidence in their personal activity increased.

The above symptom groups became more and more apparent during the proving and served as a guideline in the more 70 cases where *Plutonium* was prescribed.

Detailed *Materia Medica* is given as also three cured cases.

25. Dream Proving of *Rhododendron chrysantum*

KONIG Peter & SANTOS Ute (HL,9,2/1996)

Encouraged by the clinical confirmations of their *Berberis*-dream proving (HL,7,2/1994) second double-blind dream proving of *Rhododendron*, a 'small' remedy was taken up. 12 provers, 7 women, 5 men, the authors included, after a period of preobsrvation, have been proving and documenting their dreams for two weeks. Apart from several well-known physical *Rhododendron* symptoms quite a few new ones were found. A special modality that was recorded by three provers independently was pain, pressure at different points ameliorates.

What follows is a shortened version of the original publication of the 'dream proving' of *Rhodendron*. The authors inform that a third proving of *Convallaria* was carried out under the supervision of Edward C. WHITMONT. This is to be published soon.

26. *Kali silicatum* - A Case of Fatigue and Depression

ZAREN Ananda (HL,9,2/1996)

With a cured case the author shows the characteristics of *Kali silicatum*.

Ananda ZAREN analyses the remedies/cases under 'Wounds' and 'Walls'. For this remedy these are:

Wounds:

Sexual abuse

Physical abuse

Emotional abuse

Spiritual abuse

Violence

Neglect

Walls:

Weakness (fatigue)

Emaciation

Rigidity

Conscientious about trifles

Concentration difficult

Helpless

Censorious

Irritability

Timidity

Sensitivity to noise

Sensitivity to draft

Offended easily

Irresolution

Insomnia

Constipation

Leg cramps

Herpes

Face drawn

Stiffness of the joints (rigidity)

27. *Causticum* - The often forgotten Polychrest

SNEEVLIET Annette (HL, 9,2/1996)

The 'Themes' of *Causticum* are: 1)Grief. 2)Dictatorial, from a need to be in control. 3) Sympathetic and sensitive. 4)Fanatical. 5)Hysterical, drama. 6) Injustice.

Seven cases are reported to explain the characteristics of *Causticum*.

28. *Aurum arsenicum* - and some reflections on the use of combination remedies

WULFSBERG Terje (HL, 9,2/1996)

The author says that he has discovered that *Aurum* salts, especially *Aurum arsenicum*, *Aurum muriaticum natronatum* and *Aurum sulphuricum* (and to a lesser degree also *Aurum muriaticum* and *Aurum phosphoricum*) are very interesting and useful remedies. These remedies are under appreciated and therefore under prescribed.

These remedies are discussed and cases also are reported. Repertory additions have also been suggested.

29. *Cobaltum* and *Cobaltum nitricum*

SPRINGER Wolfgang (HL,9,2/1996)

Wolfgang SPRINGER gave a Seminar in Lindzu (Germany) in June 1995. This is a record of this Seminar.

*Cobaltum* is characterized by three main features:

Emotional strength: Reliability, down-to-earth realism, and the ability to stand pain and pressure without complaining are typical for this remedy. Cannot be broken but always remains positive and cheerful. (The symptom "constant change of moods" found in the literature is wrong and belongs to *Cob-n.*) Hardships don't leave marks, in the case of our patient neither in her face nor in her soul.

Energy: The patient usually shows a high level of energy, which is also maintained during stress.

A further list of some of the most characteristic ones, which are often useful for the confirmation of the remedy:

vertigo during stool

headache waking from unpleasant dreams

headache with sensation as if top of the head would come off

headache with sensation as if the brain went up and down when stepping

itching in the hairy scalp, in the beard, under the chin, on the shoulders, externals side of the knee

itching all over when getting warm in bed

darting pain in the eyes on the coming into bright sunshine

= boil on the chin

constant inclination to clench teeth together

fissures across the tongue

pains in region of liver or spleen

urging for stool while walking

stool like hazel-nuts

constant dropping of blood from the anus, none with the stool

pollutions during sleep

yellow-brown spots on lower part of abdomen and about genitals

lumbar or sacral back pains while sitting

pain in wrist-joints

excessive weakness of the knees (after exercise)

perspiration between toes.

*Cobaltum nitricum*: It is mainly the physical symptomatology that can lead to the choice of *Cobaltum nitricum*. Its key-note is an unbearable itching of the tip of the nose as might occasionally be found in a hay-fever patient for instance. Little is known about the mental picture of this remedy. Symptoms of

*Cob-n.*:

fear of high places

anxiety as if paralysed

mood alternating

nose, itching tip of nose

nose, coldness, tip of nose

sleeplessness, 3 to 5 a.m.

head, pain, thunderstorm amel.

head, pain, from temple to temple

tinnitus

sneezing, violent, lasting 5 minutes

stomach, pain, eating amel.

stomach, pain, eructation amel.

stomach, pain, flatus amel.

### 30. *Hecla lava*

ALEEM Mohamed S. (HP,4,1/1996)

A case of *Hecla lava* is reported. The **clinical Materia Medica** of the remedy is drawn:

#### **Aetiology:**

Shock

Indignation

Suppression of emotions especially anger

#### **Mind**

Generally gentle but highly irritable when provoked

Violent anger, hurts others by words and by physical inflictions, in other words, wounds others mentally and physically.

Stubborn  
 Sensitive to admonitions and injustices done to self and/or to others  
 Abrupt  
 Feeling of helplessness  
 Taciturn  
 Revengeful attitude  
 Indignation  
 Contradiction, intolerance of  
 Egoistic  
**Generals**  
 Sudden onset  
 Violence of symptoms  
 Pains come suddenly, become severe in short time and disappear suddenly  
 Sudden, sharp, violent, shooting and burning pains  
 Tumours, Ulcers, Cracks and Fissures, Ashy, Fragile Crusts, Scabies, Eczema  
**Essence**  
 Rapidity, Violence and Burning  
**Related remedies**  
*Belladonna, Staphysagria, Proteus.*

31. Investigation into the Psyche of the Spider

SHORE Jonathan (JAIH,89,1/1996)

Dr. Jonathan SHORE conducted a series of “dream provings” of two spiders - *Latrodectus mactans* and *Atrax rpbustus*. The proving of *Latrodectus* revealed much themes as being an outcast, one who is suddenly rejected by the group; a psychic sensitivity in general and specific sensitivity to danger; anarchy and revolution. The themes apparent are: Life and Death; the Outcast; Deceit and Crime; Intrigue and Politics.

32. A Study of *Ambra grisea*: Two Case Histories

JOHNSTON Linda (JAIH, 89,1/1996)

Two cases of *Ambra grisea* are presented. In one case the factors central to the remedy choice were the specific etiology of a loss of one’s relatives coupled with leukoplakia, rectal hemorrhage, and a shy, timid personality. The other case displayed the following symptoms which led to the prescription of *Ambra grisea* : ailments from a reversal of fortune, fear of poverty, anxiety aggravated by thinking about it, Asthma worse from emotion or excitement. *Ambra* may display breathing problems due to slight causes, anxiety, anything unusual. *Ambra* individuals may become embittered by fate and feel powerless to defend themselves against the vicissitudes of life.

33. *Naja tripudians* - Uma revisao critica da materia medica (*Naja tripudians* - A Critical revision of the Materia Medica)

MARIM Matheus (RB,61,1-2/1996)

Aiming at a constant revision of the pure Materia Medica, the author has examined *Naja tripudians* from provers’ reports found in HUGHES & DAKES, comparing with ALLEN’s **Encyclopaedia**. Besides recommending a change in name for *Naja naja* and a correction of some statements about the site of the action of poison, the author also proposes the exclusion of recorded symptoms from non-rigid provers.

After the comparison of **Pure Materia Medica** with KENT/EIZAYAGA’s and KENT/BARTHEL’s repertories, he recommends a value lowering to 1 of all the mental symptoms considered with value 2, except for sadness.

The author also questions why BARTHEL included symptoms that KENT had left out of his Repertory. The revision of different transcriptions of Materia Medica defines which is the reliable working core of *Naja tr.*, putting under criticism any attempt of delineation of the psychic nucleus for the medicament.

34. Experimentation homoeopathique pure de *Myrobalanum chibola* a 30CH (Homoeopathic proving of *Myrobalanum chibola*)

PEIRONA Gonzales (RBH,28,1/1996)

This presentation by the President of **la Federation Espagnole des Associations de Medecins Homoeopathes**, Sorogosse, Spain, was presented to the Plenary session of the Belgian Society of Homoeopathy on 12 March 1994, at Brussels.

35. ***Brucella melitensis***: une Pathogenesie sur 20 ans. (***Brucella melitensis***: a pathogenesis over 20 years)  
SOUK-ALON P. (RB,28,1/1996)

141 symptoms of *Brucella melitensis* from provings and clinical: comparisons with *Melitococcinum* (Melitine); symptoms observed over the years 1977 to 1995.

36. ***Hyoscyamus niger***

GREGOIRE Jean-Claude (RBH,28,2/1996)

This excellent study of *Hyoscyamus niger* is extracted from the Materia Medica Course on 7 December 1994 in the Belgian School of Homoeopathy, by Dr. Jean-Claude GREGOIRE, Director of the School. The gist of the remedy:

- the jealousy and betrayal
- the paranoic suspicion
- the nudity, the total absence of shame
- the delirium: the taciturnity and loquacity, calmness and agitation, violence
- the convulsions with tics; the angular movements
- the dry, nervous cough, spasmodic, aggravation on lying and ameliorated in sitting up

37. ***Staphysagria***, the way I perceive it

SHAH Binal S. (HH,21,2/1996)

Pent up wrath, suppressed feelings, emotions and grief which give rise to physical problems sums the homoeopathic remedy *Staphysagria*.

38. ***Arsenicum album***

KODIA Kamal (HH,21,2/1996)

Salient features of this remedy are recalled here.

### III. THERAPEUTICS

1. Tendency to Abortion - Differential diagnosis

KOKELENBRG Guy (BHJ,85,1/1996)

The following is a list of homoeopathic medicines of use in tendency to abortion (KENT's rubric p.715, with some additions): Alet., Aloe, Apis, Arg-n., Asar., Aur., Aur-m., Bac., Bapt., Bov., Bufo, Calc., Carb-v., Caul., Cimic., Ferr., Helon., Hyos Sec., Sep., Sil., Sulph., Syph., Tril., Ust., Vib., Xan., Zinc.

A short differentiation of the above in acute cases follows.

2. Bereavement and Trauma

STRUTTE Lesley (BHJ,85,1/1996)

Bereavement is deprivation of a relative, friend, etc., usually by death. Trauma may be defined as any physical wound or or physical shock following injury, or emotional shock following a stressful event. Mental shock can sometimes lead to long-term neurosis. People suffering bereavement experience grief and go through a period of mourning.

The phases of mourning, Four tasks of mourning, Most common physical sensations, Treatment and Management, Homoeopathic treatment of grief and Physical trauma are sub-heads under the subject is discussed.

3. Homoeopathic treatment of Bronchial Asthma - Retrospective Study of 62 cases

EIZAYAGA Francisco xavier, EIZAYAGA Jose, EIZAYAGA Francisco xavier (BHJ,85,1/1996)

A retrospective evaluation of the results of homeopathic treatment of 62 patients suffering from bronchial asthma showed a very significant statistical improvement in the condition. Strict inclusion and exclusion criteria were applied after a random trial of cases from our files. The results were evaluated in terms of the general population and according to age at start of treatment, to take account of the high incidence of spontaneous remission in children. The clinical approach of the homoeopathy is discussed, with reference to the prescribing of medicines.

## 4. My Experiences with Nosodes

GOEL N.O. (IJHM,31,1/1996)

The author recalls some of his cases in which he used the Nosodes

A 12 year-old girl, brilliant in her studies was wetting the bed and it was not relieved in spite of the author's prescription of *Sepia* 200 to XM. On reconsideration of the symptoms *Psorinum* was given which gave complete cure.

In another case of a 12 year-old boy with stubborn nocturnal Enuresis the remedy was *Tuberculinum*.

## 5. A Terrified Girl with Asthma

RAO K.J. (IJHM,31,1/1996)

Two year-old girl with episodes of Asthma since one year age; worse night, 2-3 a.m., fruits,bananas. Since infancy constipation, hard ++ stools, history of painful, fissure bleeding +, takes 1 to 1 1/2 hours to pass stools. Fear of passing stools even if soft; red face holding limbs closely and lightly to body while passing stools. White stool. Aversion to touch,Aversion carried. Puffy face; vomits 2-3 per day. During the interview the child appeared terrified,clinging to the mother; fear of dark, irritable, biting and striking in anger. *Stramonium* 200 and M repeated over a period improved her respiratory ailment considerable; however,the constipation was only moderately improved.

A Case of Herpes Zoster: 47 year-old married woman, lecturer in a College; vesicular eruption on right thigh, right sacral region in groups and in linear fashion; marked erythema, oedema; burning pains,worse night.*Lachesis* did not help; on reconsideration *Tarentula cubensis* 200 was given and cured.

## 6. Obstinate Bedsores

GANDHI Nilaxi P. (IJHM,31,1/1996)

35 year-old woman in the Surgical ward of hospital with bed-sores; she was unco-operative during examination, irritable, did not want the author to touch/examine the sores; said that nothing was wrong with her. *Arnica montana* healed her bedsores.

A woman complained that her son misspelt words starting the word with the last letter and as a result got repeated firing at the school. *Xerophyllum* (see BOERICKE) cured this.

## 7. Wise and Compassionate

BARVALIA Praful (IJHM,31,1/1996)

8 year-old girl with chief complaint of Vitiligo since 19 months. It started from scalp-forehead - lt.upper eyelid - rt.upper eyelid - rt.lower eyelid. Quiet, obedient, mature, precocious, sensitive to reprimand, perfectionist. Meticulous, organised leadership qualities ++; rare display of emotions. suffered helminthiasis; eruptive fever. *Carcinosin* 200 was given and later a dose of M.

## 8. From the Master's File

MASTER Farokh J. (IJHM,31,1/1996)

1. 7 year-old boy with Asthma since 5 years; *Carcinosin* M (based on the 'mentals' of the boy) cured.
2. Two year-eleven month-old boy with stammering, distortion of face with effort to speak, recurrent colds. *Stramonium* 200 improved his stammering but only as long as he was taking the medicine and his colds kept recurring. The case was re-examined and *Carcinosin* M given and he showed all-round improvement.

## 9. Plight of Perfectionist, Sensitive Soul

BARVALIA Praful, SHINGALA Kirtida &amp; MUJUMDAR Jagruti (IJHM,31,1/1996)

46 year-old woman, married; well-read and doing research for PhD. She complained of a 'constant high frequency sound in both the ears and this is since one week. Pain neck when she bends forward or stands up after sitting for long. Loss of concentration due to this constant buzzing in the ears.

She described herself as 'perfectionist', demanding total honesty from those close; very emotional, mood swings - exhilaration to depression; a great dreamer and tends to live in the future. Gets along with everyone except her in-laws. Have a lot of close friends. Wound-healing slow. *Silica*, *Pulsatilla*, *Apis*, *Bryonia*, *Tuberculinum bovinum*, did not bring the desired result. The case was again examined in the light of the write-up of her life story given by the patient and *Carcinosin* 30 single dose brought about very speedy amelioration. The authors discuss the case at great length. A very interesting case report.

## 10. A Case of 'Sweet Bonsai'

Kamlesh (IJHM,31,1/1996)

13 year-old girl who appeared only about 8 years age weighing barely 23 kg. with sharp and delicate features. Shy and soft spoke but answered all the questions put to her with sweet smile and clarity. She had stopped growing after Typhoid at age 9. The fever lasted two months, with diarrhoea, body ache, anorexia and increased thirst; her energy was drained, and she has not gained weight since then in spite of good food. She is fastidious, sensitive, fond of music and dancing

Her 'mentals' and 'generals' and food desires, etc. were carefully considered and *Carcinosin M* was given and she began to improve rapidly.

## 11. A Case of Anticipatory Anxiety

SAKHRANI Uma (IJHM,31,1/1996)

A second-year engineering student suffered from palpitation, sweating and examination anxiety. He was given *Medorrhinum 200* and all his complaints went away.

## 12. My view of Hypertension

KOTHARI Manu L & MEHTA Lopa A (NJH,5,1/1996)

This is again another interesting, penetrating view of the authors, already well-known for their views. Blood-pressure has been a big money-spinner for the drug industry and doctors. All 'doctors' must necessarily read this small but pithy article. "Hypertension is the anecdotal elephant, surveyed and reported upon by the six blind men of Indostan. It is a high pressure illusion that has managed to keep the researchers, clinicians, hospitals, patients, gadget manufacturers and patients happily occupied over this unhappy fact of human physiology. . . . Hypertension, hyperpiesia, high blood pressure, essential hypertension, the silent killer, the disease of modern civilization are the epithets used to describe but a feature of a cardiovascular physiology. Without blood pressure, life would be impossible." The authors end this very instructive article thus "A person's BP at a given moment is a spectrum of "the then" functional adaptation of the body that cannot be caged into a definition much less a static figure like 120/80. If BP readings are distributed over a range in a herd, the same in a way holds true for an individual in whom the readings differ from hour to hour, minute to minute and mood to mood. Let BP be -- high, medium, or low."

All practitioners would do well to read this article.

## 13. Hypertension - The Corporate Disease

HUMRANWALA Parinaz (NJH,5,1/1996)

*Nux vomica* was the remedy in the case of a top man in the Corporate sector where competition and constant drive rules.

## 14. Some Cases of High Blood Pressure

BALAKRISHNAN E. (NJH,5,1/1996)

Three cases are briefly recounted in which *Aurum*, *Baryta muriatica*, *Calcarea arsenicum*, *Cactus* were the remedies.

## 15. Silent Grief Raises the Pressure

SHETH Aradhana (NJH,5,1/1008)

*Natrum muriaticum M* for a 40 year-old man after repeated grief.

## 16. A Case of Hypertension

ADONI Madhusudhan R. (NJH,5,1/1996)

50 year-old man with Hypertension, known Myocardial Ischaemia, Chest pain; suffered intense grief. *Natrum muriaticum M*.

## 17. My Experience with Hypertension

ROY Soshi (NJH,5,1/1996)

Some of the remedies useful in Hypertension are discussed briefly, along with two cases.

## 18. The Tomboy and the Carefree Father

PARTHASARATHY Vishpala (NJH,5,1/1996)

Two cases of Hypertension: in the first case the blood pressure is not coming down because of raised Uric acid. In the second case, *Nux vomica* has been of help

## 19. One-sided Disease

JAGOSE Ardeshir (NJH,5,1/1996)

30 year-old man with familial hypertension with acid peptic disease. *Lycopodium* 30 to XM over a period of two years made him normotensive.

20. The Miracle of *Nitric acid*

MOHZUBER Mamji (NJH,5,1/1996)

45 year-old man with big ulcer on his tongue. Pain in throat and in mouth extending to ear with increased salivation while talking. Biopsy revealed Carcinoma of tongue. History of Tuberculosis ten years ago, completely cured with AKT. The ulcer bled easily, edge base looked like raw flesh; pains stitching as from splinters. Long-lasting anxiety, strong -smelling urine.

*Nitric acid* 200 b.d. for three days, repeated for 7 days later. Pain nil and ulcer smaller. *Carcinosin* M and the ulcer completely healed. Whenever there was pain a dose of *Nitric acid* relieved.

21. Thank You *Chamomilla*

VAD Manjusha (NJH,5,1/1996)

63 year-old woman with Hypertension; takes tablets. Strong family history of Hypertension. Her Blood pressure went up after much irritability and anger; she answered questions snappishly; pulse rapid and irregular. *Chamomilla*

## 22. A Case of Habitual Abortions

TAKYAR S.M. (NJH,5,1/1996)

A very short case. A lady, 21 years, had three successive abortions. On this symptom *Plumbum* XM two doses were given. She again conceived went through the term and delivered a healthy girl child.

## 23. Rapid Cure with the Causation

KATTA Renuka (NJH,5,1/1996)

50 year-old woman with burning and itching of eyes with lachrymation, bland nasal discharge since an year. Known hypertensive. *Euphrasia* 200 relieved the nasal flow and lachrymation. Eight years ago had injury to head and since then Blood pressure was 170/110 mm Hg. *Natrum sulphuricum* M brought her Blood Pressure down.

## 24. r People - Some Observations

KULAY F. (NJH,5,1/1996)

This is a brief study of Hypertension and some remedies with their indications (reference to different repertories).

## 25. Cysticercosis

MISHRA S.C. (NJH,5,2/1996)

Cysticercosis is an encysted larvae of tapeworm found embedded in any part of the body of the infected person - eye, brain, or any other organ. The author narrates a case of such Cysticercosis in brain which led to epilepsy in a woman 37 years age and who responded favourably to homoeopathic treatment

## 26. A Case of Grandmal Epilepsy

CHIMTHANAWALA Kasim (NJH,5,2/1996)

20 year-old young man, the only son of doctor parents, brought up like a prince, with every possible luxury at his disposal. 15 days after he began to attend college got the first attack of convulsion which lasted 35 minutes. Thereafter the fits were episodic in nature and 1 out of 3 began with a cry followed by blurring of consciousness and convulsions (tonic followed by clonic) lasting 15-20 minutes. During attacks eyes remained open, watering. The attacks started 15 days after staying at the hostel and was noticeable

absent or of very mild nature whenever he came home during holidays. The attacks became intense after a girl he loved in the college got married to someone else.

*Natrum muriaticum* was his remedy.

#### 27. The Importance of a Good History

PARTHASARATHY Vishpala (NJH,5,2/1996)

A 2 year and 6 months old girl, thin, tiny, retarded-looking; she suffered Hypoxia of brain at birth and then she developed convulsions. The history which her father revealed indicated that she was a very sensitive child who responded very much to music (her restlessness is soothed by music), liked rocking. *Tarantula hispania* improved her very much. Lesson: a good history is a great help to homoeopathic prescribing.

A 6 year-old girl with epilepsy since 3 years. She also suffered from monthly colds and throat infections, sinusitis, fevers. *Tuberculinum*, *Belladonna*, *Pulsatilla* and *Stramonium* were the remedies in her case.

#### 28. Importance of Cause

HUMRANWALA Parinaz (NJH,5,2/1996)

A 8 year-old boy suffered from Epilepsy since two years. His mother said that two years the boy was reprimanded by his teacher for not completing the home-work and warned not to repeat the mistake. Since then he was frightened, afraid that something will happen; he also laughed before a convulsion. He was given *Causticum* 200.

#### 29. A Case of Suppression

VIJAYAKAR Praful (NJH,5,2/1996)

Three year-old boy suffering from recurrent attacks of Asthmatic bronchitis. Intelligent, obstinate and mischievous, domineering especially on people at home and servants. Very loquacious, loved to make-up stories, combining two or more stories and loved to brag and talk about himself in sleep; would get up suddenly at night and start running here and there with an expression of fear and confusion. This has started after he once saw a snake. He had earlier been treated homoeopathically successfully for the Asthma and he was therefore now taken to the same homoeopath for what was diagnosed as Focal Epilepsy. However in spite of homoeopathic medicines the seizures continued (diagnosed now as Grand Mal) and despite allowing anti-epileptic drugs. After MRI diagnosed as Cysticercosis of brain. In November and December 1991 he got two attacks of 'status epilepticus' lasting two hours. The child was worsening. At this stage he was referred to the author.

This is a case of homoeopathic suppression. The true totality was now perceived and *Lachesis* 200 single dose was given and appropriate diet and other advices were given. He began to improve. MRI Scan showed disappearance of the cyst in the brain completely. Remained well.

The author rightly says that whereas the first "homoeopathic treatment for Asthmatic bronchitis was treatment of the 'disease in man', the subsequent one which truly cured was treatment of the 'man in disease'.

#### 30. My Learning Curve

NAGGER Rashmi (NJH,5,2/1996)

**Case 1:** Tenyear-old boy with history of Epilepsy and was allopathic treatment. He had suddenly stopped taking the medicines. *Tuberculinum*, *Tarantula hispania*, *Hepar sulphuris* were the remedies which cured him.

**Case 2:** 5 year-old boy, never well since birth. Mantoux +ve. Short tempered. Intelligent and over-active physically and mentally. He became so violent that his family were not able to restrain him. *Bryonia*, *Drosera*, *Tarantula*, *Nux vomica* and *Mercurius iodatum flavum* were given.

**Case 3:** Migraine: 11 year-old boy. History of Migraine once in 2-3 months since age 3. Right-sided headache. He had lot of mental and physical energy and he can control everything except his anger. In this -case the remedy was *Tarentula*.

#### 31. A Case of Generalized Seizures

JALGAONKAR Sujata (NJH,5,2/1997)

23 year-old girl, slow learner, suffered from convulsions since age two. 2-3 convulsions per day. Began with twitching of muscles, then thumb gets clenched and the whole body starts jerking, lasting for 1-2 minutes. *Cuprum metallicum*, *Pulsatilla* and *Tuberculinum* were given to her.

### 32. Importance of Key-Notes

BALAKRISHNAN E. (NJH,5,2/1996)

**Case 1:** 15 year-old girl with epileptic fits since last 8 years almost every month, on Garoin, Gardinal etc. It was learned that her mother was bitten by a stray dog when she was pregnant with this girl and was given anti-rabies injections. On this *Lyssin M* one a day for three days was given. There were no more attacks. (KR.1351 - Convulsions; KR.1353 - Epileptic; *Lyssin* occurs under both the rubrics).

**Case 2:** 7 year-old girl with fits since 5 years age. Was on Gardinal 30 mg twice a day, in spite of which she continued to get fits. The girl carried a pillow with her as if it was a toy and the parents explained that she did so always. Whenever a question was put to her by the author she simply repeated the question without answering it. *Zincum* 200 once a day for three days and after about 10 days M two doses 12 hours apart. (ALLEN's **KEY-NOTES** "child repeats everything said to it"; KR Convulsions, children=*Zinc*.) No further attacks since the first dose of *Zincum*.

**Case 3:** 42 year-old male with epileptic fits for many years and had been regularly on allopathic medicines. However he continued to get the attacks. He had suffered a trauma at 20 years age when he fell from the staircase and was hospitalised for two days. On this history he was given *Cicuta virosa M* few doses and *Oenanthe crocata* 20 drops of mother tincture t.d.s. Recovery was rapid.

### 33. Asthma after Epilepsy

KULAY F.M. (NJH,5,2/1996)

24 year-old man with Asthma sine two years worse 10 p.m. to midnight, and 3 a.m. better sitting bent forward. He was an epileptic from 7 to 17 years age and was on anti-convulsants. The convulsions began with sudden deafness, followed by darkness before eyes and fainting, still limbs and wide open fingers.

After detailed case-taking *Natrum muriaticum* was given and then *Bufo* 200. *Bufo* was repeated once and no more attacks of Asthma or fits. An interesting discussion follows this case report.

### 34. The Dilemma

BAIG Mirza Anwar (NJH,5,2/1996)

22 year-old man was in coma and was in the Intensive care unit sine 4 days. His head was very hot but feet were cold and he did not recognize his parents. He had been under severe stress one evening while returning home from office and looked tired. His doctor gave him an injection and next morning he was very prostrated and was taken to the hospital in a semi-comatose condition. It was diagnosed as Encephalitis due to Hydatid cyst in the brain. No improvement after treatment in the hospital. *Lachesis* 200 one dose was prescribed. (Hands hot, feet cold; Does not recognize his relatives; Hemiplegia with claw-hand, left; Sensitive throat). Sine he improved he was advised to be brought home, but he was kept in the hospital and he then began to go worse with the strong allopathic drugs and developed hepatic coma. He showed signs of collapse - Cheyne-Stokes breathing. Serum amylase went upto 750 iu. Now *Opium* 200 one dose was given and he regained consciousness. All allopathic medicines were now stopped since they were doing further harm. He was subsequently prescribed *Veratrum album*, *Dulcamara* and began to improve.

### 36. Black Widow Spider Bites!

BAIG Rozina Anwer (NJH,5,2/1996)

Pain with enlarged and tender lymph node left inguinal region. Shooting pains down the entire left leg and the leg was swollen with red streaks and burning. The entire lymphatic channel from the inguinal gland running down the thigh and then the leg ere inflamed and tender. *Mercurius iodatum rubrum* 30 at 4 hours interval and the pain and burning became better but still couldn't straighten the leg. The condition worsened all-round and ultimately a dose of *Lachesis* 200 healed. The cause of the inflammation was suspected to be a bite by the Black Widow spider.

### 37. The Neglected Wife and The Clinging Child

UPADHYA Samir (NJH,5,2/1996)

32 year-old lady with chronic piles and depression; bleeding and sore. She was very anxious, apprehensive, very sensitive to slightest misfortune. Very industrious, active, caring and sometimes aggressive. Seeks attention, love and care and is very affectionate. *Muriatic acid M.*

3 year-old child with recurrent cough and cold; recurrent loose watery sour smelling stools. Has had treatment from paediatricians and diagnosed as Lactose intolerance. Sour-smelling perspiration. Premature baby by about one month. Mother had poor lactation and bottled milk brought diarrhoea. She became weak gradually. Constantly crying and became quiet only when mother fed her. Given much Vitamins and Iron for gaining weight without result. During routine investigations of the mother during pregnancy she was detected to be suffering from Diabetes and was given Insulin injections. She also had aversion to milk, and milk tasted sour. Constant nausea and vomiting. A dose of *Lactic acid 200* set in rapid improvement.

#### 38. Vulval Vestibulitis

DALIAN Elizabeth (HOM,60/1996)

In the Spring the patient called on the author for a condition diagnosed as Vulval vestibulitis which seemed to have afflicted many people in an epidemic. Since Allopathy could not find a remedy for this condition a 'support' group was formed for all the women with similar ailment. Most of the information this disease came from the USA. Due to emotional trauma, the blood supply to the pelvis becomes reduced and leads to the very painful symptoms mainly burning of the walls of the vulva and intense soreness of that area. The symptoms are often so intense that no penetration can be tolerated whatsoever and even the action of wearing trousers cannot be tolerated by the sufferer. Walking any distance may cause exacerbation of symptoms so the illness limits the patient on fundamental levels. Of the dozen or so patients treated by the author there was a high percentage of history of contraceptive pill use. Therefore *Folliculinum* became an important intercurrent remedy along with the constitutional treatment. To date the remedies used by the author are: *Carcinosin, Cyclamen, Hura, Kreosotum, Lac caninum, Platina, Pulsatilla, Sabina, Staphysagria* and *Thuja*. *Hura* is the only remedy for 'lancinating pain in the vagina'. In addition to homoeopathic remedies Beta carotene and Vitamin E to support were given.

#### 39. Remedies and their Characteristic Symptoms in Liver Disorders

GHEGAS Vassilis (HOM,60/1996)

This excellent paper is drawn from the Volume F of **The Classical Homoeopathic Lectures of Dr.VASSILIS GHEGAS.**

#### 40. A Case of Disrupted Consciousness

CHAPPELL Peter (HOM,61/1996)

A woman in mid-forties in the Middle East. Her mother had lots of children before she was 20 years old and her father had many wives. She was the second child of her mother with innumerable half sisters and brothers. A brother she was close to was shot in an accident when she was 23. She was convinced that someone would shoot her. Her life-story revealed that she suffered from a constant fear that she would be killed any moment, terror, terrified of being found out, etc. indicated *Aconite* which was given in the LAM 1 potency once daily for 4 days; and she began to improve immediately.

A very interesting case and the manner in which the author understood the core of the patient is also interesting besides pointing out the relevance of *Aconite* in a chronic condition.

#### 41. Homoeopathic Mineral Compounds

FELDMAN Murray (HOM, 61/1996)

The author appreciates Jan SCHOLTEN's method of 'synthetic prescribing' (as the late Dr.M.L.DHAWALE called it); where you see the elements of two minerals in one case the compound that covers both aspects miscalled 'synthetic prescribing'. FELDMAN refers to KENT's writings in his **New Remedies** and FARRINGTON's grouping of vegetable, mineral and animal kingdoms, etc. and further break-up as Ophidiae, Ranunculaceae, etc. and George VITHOULKAS' observations on the qualities of the Kalis, the Natrums, the Magnesiums and other minerals, ROBERTS' work on the Periodic Table and subsequently Jeremy SHERR and Rajan SANKARAN on this subject of Period Table.

Three cases are reported in which the selections were such 'synthetic' approach. Interesting.

#### 42. Repertorizing **Ebola**

ALDERSON Karen (HT,16.1/1996)

The **Alexandria Homoeopathic Study Group** in Alexandria, Virginia had taken on repertorizing the symptoms of those stricken with the Ebola virus. The characteristic symptoms of Ebola were taken up for repertorization. 14 symptoms were chosen and the remedies that came up in their order of 'scores' are: *Phosphorus*, *Crotalus horridus*, *Lachesis*, *Sulphur*, *Nux vomica*, *Nitric acid*, *Hyoscyamus*, *Secale*. Although *Phosphorus* came at the top, the studies showed that *Crotalus horridus* fitted the picture much better.

43. *Apis* to the rescue

GILRUTH Charlotte (HT,16,1/1996)

This is a self-help case. The author stepped on a darning needle and about one and quarter inch of the needle ran into her toe and the other half broke. X-ray showed that the broken piece of needle was close to the bone of the big toe. It was taken by the surgeon. The patient returned home and on the basis of the presenting symptoms took *Apis 30* for want of higher potency. The remedy did not help and she became worse in spite of taking more doses of *Apis 30*. The foot had swollen and there was also serious infection. Recalling the advice in the **Organon** she began to use 'plussed' potency of the *Apis*. Using available glass and mere tap water she began prepare higher potency giving 100 strokes for every potency and made 90C and began to take this and went up the scale thus. Soon she began to improve and became well.

44. *Aconite* - "Arnica for the Eyes"

BEALS-BECKER Lynn (HT,16,1/1996)

While working on Organic Chemistry in the laboratory and was making Toluene, a very volatile organic chemical, the Toluene vapor seeped and entered into the eyes of the author's colleague. A dose of *Aconitum* was given and very soon all well!

45. An Acute Ear Infection

BERNARD Lynn (HT,16.2/1996)

This brief and 'acute' case is interesting. The daughter of the author developed severe ear pain. Keeping in mind the general nature of the girl and the fact that *Stramonium* was her 'constitutional' medicine six months before the remedy was given without any benefit. The child was writhing with pain and *Lachesis* was given without benefit. A careful study of Michael SCHMIDT's **Childhood Ear Infection** revealed that *Sulphur* was the remedy which was given in the 30 and the child immediately stopped crying and within a minute she said her ear felt better!

46. Post-surgery Acute

SKELTON Betsy Brucker (HT,16,2/1996)

The author underwent surgery for removal of a nasal polyps which were extensive and blocking nasal breathing. After surgery felt groggy and sleepy and as if "drunk". Slept for 2 hours and got up to walk about 12 feet to the bathroom. Sat down in the bath room and started to shake! This became worser, teeth chattering, violent tremors of the body, unable to talk normally and eyelids felt heavy and wanted to keep the eyes closed. The homoeopath suggested (over the phone) *Gelsemium 6* and within 5 minutes of taking it, a calm came over, took a real deep breath, tremors stopped, eyes opened ; felt fully well.

47. *Arnica* and a bad fall

WESTCOTT Sharyl S. (HT,16,2/1996)

This is a simple case of the author falling face forward while walking on the street and bruised badly in different parts of the body. Took a dose of *Arnica 30* and in one minute he did not anymore feel the hurt and half hour later took another dose. And within the next half hour by the time reached home was so well that one could hardly tell anything had happened! (Is there any other medicine in the which gives such speedy reliefs? =KSS)

48. Characteristic Symptoms and a Sore Throat

LEBENSORGER Mitzi (HT,16,2/1996)

49. Eine kleine Einfuhrung in die Methodik Clemens von BONNINGHAUSENs illustriert an einem Fall von

Keuchhusten (A brief introduction to BOENNINGHAUSEN's technique illustrated with a case of Whooping cough)

MOLLER Bernhard (ACD,5,1/1996)

The author demonstrates with a practical case recently treated, of the advantages of following the method of von BONNINGHAUSEN. The case is of Whooping cough which is treated on the basis of the characteristic symptoms, by using BONNINGHAUSEN's Book on the treatment of Whooping Cough..

#### 50. Chronische Obstipation (Chronic Constipation)

MICHOT-DIETRICH Hela (ACD,5,1/1996)

67 year-old female: she has been taking medicine for her constipation since her childhood which her physician has asked to be stopped now since her rectum was found to be completely black. Without this however she suffers from constant abdominal pain and Constipation. She has during the course of years taken all drugs the constipation. In 1972 she underwent Mastectomy for Cancer which recurred in 1980 which was treated with radiation, phytotherapy, and dietetics and it has not recurred since.

Her totality indicated Mercurius as her remedy which was given in potencies 200 to XM; over a period of three years she was totally cured and realized perfect health.

#### 51. Zwei Falle von Kopfschmerzen nach Kopfverletzung (Two Cases of Headaches after Head-injuries)

SCHWARZ Erik (ACD,5,1/1996)

Case 1: 39 year-old woman; complained of headache since three days which has become worse; morning after waking it becomes very severe and after it becomes slowly better and so long as she is occupied it is almost gone. In the evening when she rests the pains becomes worse. If she lies down it becomes a little better. The pain is in the forehead, drawing up to the side and the upper jaw, causing pain in teeth. Constant pressure in the ears; constant nausea. The only probable cause for the headache: five days ago her son's armin plaster cast had knocked on her head. On the next two following days she had no headaches.

Repertorization came to two remedies: *Phosphorus* and *Rhus toxicodendron* and the modality of better from movement decided for the latter remedy which was given in 30 potency dissolved in water thrice a day one spoonful each time cured by the next day itself.

Case 2: 12 year-old boy accompanied by his mother. Since two days again complains of severe headache. Examined in a University hospital diagnosed it as 'Migraine'. The pain came on Fridays after sports and on other it seldom. The right eye-ball pains from within outward. Washing with cold water ameliorates as also lying down in a darkened room. Vomiting gives relief. Some years ago he had fallen on the steps; no other

30 cause could be recalled.

*Pulsatilla* 200 one dose on the tongue and it was repeated after about two months and again three months later a dose of the XM potency.

#### 52. Angst- und Erschopfungssyndrom (Anxiety and Exhaustion Syndrome)

RECKERS Winfried (ACD,5,1/1996)

58 year-old woman with complaint of Anxiety since fifteen months which proceeded to exhaustion state. Sleep was unrefreshing. On the basis of her detailed anamnesis following rubrics were selected: Pedantic, Faintness while standing, Weakness after perspiration, Sensation of hair on the back of the throat, Walking in the open air ameliorates. *Sulphur* came as the only remedy. The remedy was studied in the Encyclopaedia of T.F.ALLEN. The remedy was given in Q12 (LM potency) three drops once a day for two weeks and then every two days until next consultation. Later the remedy was given in Q18.

While her mental state became stable she complained of Pyrosis particularly in the evenings while going to sleep, when she turns in bed./ She would drink some milk and after some time could sleep. She could recognize but in this form and regularity never has she suffered. Also she has separated from her husband and this has caused some excitement. She was now given *Pulsatilla* Q12 and cure followed.

#### 53. Behandlung eines Falles von Pubertatsakne (Treatment of a case of acne during puberty)

MULLER Karl-Josef (ACD,5,2/1996)

17 year-old with complaint of prominent acne since about an year, in face, chest and back. Sometimes she has the sensation in the throat as of a cramp or a lump; since recently she experiences a cramp in the thigh in the evenings on undressing.. The totality with particular reference to the patient's 'mental' state in

the light of Dr. Alfons GEUKENS' experience (vide his lecture notes in book form) pointed to the remedy *Bufo* which was given in 30 and 200 on the morning and evening of the same day. There was rapid improvement and the mental state and attitude of the boy also. Four months later there was a recurrence of the Acne and a dose of the M potency immediately cured.

*Bufo* must be added to the Acne rubrics under Face, Chest, and Back and Shoulders.

54. Behandlung eines Patienten mit Roemheld-Syndrom mittels Akupunktur und Homöopathie (Treatment of a patient with Roemheld-syndrome, with Acupuncture and Homoeopathy)

MORITZ Jurgen (ACD,5,2/1996)

37 year-old man came on the 16 January 1996 with complaint of what has already been diagnosed as Roemheld-syndrome since more than an year. Flatulent pains in the upper abdomen together with disturbances of the heart rhythm and sense of anxiety as also inner restlessness. In the past one year he has lost 5kg. Clinical examination has not show anything particular. He was a Jurist in a large Insurance company and felt that both in his official and personal life he has suffered much. Recently he has suffered separation from his wife and son and it hurt him much. Mental affection aggravated his pains very much. Few seconds after the Acupuncture in the ear he felt an intensive attack of his complaints which lasted some minutes and the spontaneously passed away.

Repertorization with BOENNINGHAUSEN's Therapeutic Pocket Book, *Ignatia*, and as follow-up *Lycopodium* were given. Within few weeks he became completely normal.

55. Two Cases from General Practice

PRATT Noel (Simile,6,2/1996 with the BHJ,86,2/1996)

Case 1: Consultant anaesthetist 41 years with frequent episodes of Glossopharyngeal Neuralgia. Began 11 years ago, for no obvious reason. In episodes of more than one a day. Pain severe. Has to stop his car if driving.

Various treatment including Carbamazepine which made him very drowsy..

*Magnesium phosphoricum* 6x b.d. frequent repetition. In 48 hours pain reduced and in a week it ceased. But it returned weeks later and investigation revealed that an aberrant artery was pressing on the glossopharyngeal nerve. The pain ceased after surgery.

Comment: It is clear that the *Magnesium phosphoricum* was able to make the nerve resistant to the pressure or pulsation for a number of weeks.

Case 2: Ambulance driver aged 45 complained of tennis elbow. Pain started six weeks before and had been increasing in spite of rest from work and analgesics. *Phytolacca* 200c one dose at night and another next morning. Pain was much less after 7 days; his grip was stronger and he was able to resume his driving the ambulance after 14 days. No recurrence during the following 21 years.

56. Collapsed lung with Empyema

GOYAL K.K. (Simile,6,2/1996 with the BHJ,86,2/1996)

10 year-old male; suffered two convulsions the previous day and a discharging sinus in left chest. Three months before he suffered from what was diagnosed as collapsed lung with tubercular Empyema. Anti-tubercular treatment (ATT) with broad spectrum antibiotics and regular drainage of the pleural cavity but the condition deteriorated.

After few days of ATT jaundice appeared and this was followed by the convulsions. Cardiothoracic surgeon decided not to operate because he had not responded to the ATT. At this stage his parents decided to discontinue the ATT and opted for Homoeopathy. *Phosphorus* was selected on the basis of the totality and given in the 30 potency one dose daily for three days and repeated after ten days. Subsequently a dose of *Hepar sulphuris calcareum* 200 and a month later *Phosphorus* 200.

An x-ray taken a month later showed re-expansion of the lung had started. Three months later there was stability of the lungs findings and *Phosphorus* 200 was again given. Treatment after six months there was complete recovery.

57. Entwicklungsstillstand nach Tetanus-impfung - Behandlung mit Tetanotoxin D200 (Arrested development after Tetanus vaccination - treatment with Tetanotoxin D200)

BLEUL G, (ZKH,40,1/1996)

Three months after Polio and Diphtheria/Tetanus vaccination in a 15 month-old girl produced a serious loss of appetite and the development arrested. The case was worked out and after repertorization the remedies indicated were given which however failed to improve. Finally *Tetanotoxin* D200 cured rapidly.

The author rightly says that the Vaccination-nosodes are very important remedies in illnesses following vaccination. However, we have very scanty documented reports. Practitioners of Homoeopathy should pool their experiences in this regard.

58. Ein heutiges Miasma (A current Miasma)

LEERS H. (ZKH,40,1/1996)

The author demonstrates with a *Staphysagria* case the present-day miasms unlike the Itch, the Gonorrhoea, the Syphilis miasms of HAHNEMANN's days. While the fundamental theory of miasms is right, wrong life-styles, environment pollutions, lack of adaptation and adjustment, psychic loads, etc. all add up to a miasm.

59. Dysmenorrhoe - Manganum (Dysmenorrhoea - Manganum)

WEGENER A. (ZKH,40,2/1996)

A 17-year-old female suffering from Dysmenorrhoea could be cured with Manganum. The leading symptom was "cramps in the thighs during menses". Although this symptom was not produced in the Proving, the remedy was similar to the disease, according to the method of combination of BOENNINGHAUSEN.

60. Eine "bewahrte" Indikatin (A "well-established" Indication)

FRIEDRICH U. (ZKH,40,3/1996)

A ganglion of the wrist was treated at first with a "well-tried" medicine, but the treatment was without success. However, the patient's Simile medicine brought about a rapid cure.

61. *Tuberculinum* and related remedies with clinical differentiation in treatment of Consumption

SARKAR Soumitra (QH,5,2/1996)

The author briefly discusses Tuberculosis and the therapeutic role of *Tuberculinum* in that disease.

62. A Heroin Addict could be Cured within Four Days

ROY Sasi (QH,5,2/1996)

27 year-old young man, addicted to Heroin who became prosperous by dint of hard work in business but after attaining affluence went on hunting for pleasures and ultimately became addicted to Heroin. This addiction was removed with a single dose of *Nux vomica* XM, within four days!

63. Plain Talk with Clinical Cases

JAMES K.J. (QH,5,2/1996)

Random thoughts with some cases.

64. *Carcinocin* in Renal Failure

BAIG Mirza Anwar (QH,5,2/1996)

65. The Magic of *Crotalus horridus*

WADIA S.R. (CCR,5,1/1996)

53 year-old male with extensive thrombosis of the left leg; history of fall with head injury; CT scan : sub-arachnoid haemorrhage. Was found sitting in the chair with left leg flexed from the knee. Doppler study indicated extensive thrombosis involving left external iliac, common femoral, superficial femoral, profunda femoral, popliteal and proximal posterior tibial veins.

*Crotalus horridus* 200 (6 doses) and in two weeks very much improved, walking, oedema only 10%. *Calcarea fluorica* 6. Doppler study a week later revealed beginning of resolution of the thrombosis. Three months later *Crotalus horridus* M(three doses).

66. JAMES K.J. (CCR,5,1/1996)

A Few Short Case Reports

Six cases are reported: A child of 6 months with Psoriasis which defied many remedies; then the grandfather of the child asked whether the child's mother undergoing two x-rays during the pregnancy could be the cause. *X-ray 200* single dose cured!

Woman patient: whenever she came she expressed appreciation of something or the other in the clinic; *Lycopodium XM* ('Flatterer' *Lyco* - the only medicine in the Repertory) one dose cured.

14 year-old boy was given *Lycopodium XM* one dose ('Children insulting parents') cured.

17 year-old girl, with pain in cardiac region; ECG = NAD. Because of aggravation after midnight *Arsenicum CM* gave 80% relief. In the course further discussion she said 'I do not like taking medicines' and when she was told that her present illness was serious she replied 'If I could die I will be happy'. *Lachesis 30* (Refuses to take medicine, Desires death) few doses, cured completely.

Lady with black, hard, itching, lesions on the skin, lower limbs. *Sepia* gave partial relief. *Lycopodium Q1* b.d. for 15 days (Religious, "I like company, but have an aversion to company as I have lack of confidence in meeting people"), then Q3, and then *Sulphur Q30* two doses cured.

28 year-old man, frequent spontaneous dislocation of right shoulder joint. He revealed that he loved animals, can't see them suffering. *Medorrhinum* cured.

#### 67. Three Short Cases

JIBAN DAS (CCR,5,1/1996)

A 60 year-old man whose eye-lashes and eyebrows had dropped complete, scalp dry, itching dry skin, burning palms, soles and vertex. *Sulphur 200* one dose and next fortnight signs of regeneration of the hair.

A new-born child was showing signs of swelling of the fontanelle and had fever. The history revealed that earlier three children of the same man had died within one week of birth with similar symptom - swelling of the fontanelle which would then burst and the child die. Now three doses of *Calcarea carbonica 30* was given to this new-born one dose every three hours and soon recovered and survived.

A woman diagnosed of Cancer of stomach given up by the hospital. She complained of burning of stomach, the pain was so severe that she would scream. She also had burning palms, soles, top of head, face and eyes. *Nux vomica 200*, one week later *Sulphur 200* and eight days later *Arsenicum album 200*. One month later she said that she felt well, however one dose of *Arsenicum album 200* was given. She lived well when enquired 17 years later!

#### 68. Few Cases from my Diary

VOHRA D.S. (CCR,5,1/1996)

14 year-old girl, with terrible fear of examinations. She would develop fever, diarrhoea, headache. She was given *Mimulus* t.d.s. for 4 days before the examination. No more examination fears.

13 year-old girl, intelligent but physically weak. Her fingers will get tired and she could not complete the examination papers. *Olive* t.d.s. a week before the examination removed her weakness. She completed her examination papers and scored high marks.

14 year-old girl, a bright student. Good memory. She knew her lessons well but during the examinations she had difficulty in recalling the right answers. She could well recollect while moving out of the examination hall. Combination of *Mimulus* and *Scleranthus* improved her score with good rank.

Young lad with difficulty in remembering and hence unable to cope with his studies; otherwise intelligent. He easily remembered everything; couldn't however sit for reasonable length of time at his studies, got bored soon when studying. Combination of *Chest nut* bud and *Olive* improved him.

All the above cases indicate the great value of the Bach Flower remedies.

#### 69. A Case of Ascites

SHINDE PRAKASH (CCR,5,1/1996)

48 year-old male: Ascites with anaemia secondary to alcoholic liver cirrhosis. Conventional therapies and transfusion of two pints of blood have helped.

On the basis of the totality he was given *Sepia 200* t.d.s. 2 days without any change and then one dose of the M potency, also without improvement. Now *Sepia 6* t.d.s was given 7 days and improvement set in. On reaching a status-quo state *Nux vomica 30* t.d.s. with further improvement. After one dose of 200 of the same medicine again *Sepia 6* in repeated doses and then the 200, M, XM and CM (single doses) completely cured. Follow-up one year.

It is interesting to note that the low Haemoglobin which was not improved with blood transfusion could be improved to 11.2 gm.% with *Sepia 6* to CM.

## 70. Some of my Memorable Cases

MISTRY D.E. (CCR,5,1/1996)

The author recalls, as the title of the article suggests, some cases from the past. In the first he narrates how a colleague surgeon complained of pain in the back, sharp, intermittent specially much more after a heavy operative schedule. Various diagnosis made but all tests normal. He recalled of a fall from a motorcycle during his housemanship when this pain began and the pain now was similar. *Arnica M* three doses one every hour was given. After a month when they met he told that the pain vanished on the third day; also his long-standing complaint of inability to recognize smells was cured and now his sense smell was acute! While his back pain remained cured to this day he again lost his sense of smell!

In his own case of cold and fever with chill and a boil inside the left nostril for which his mentor prescribed without much benefit during that day and another prescription the next day cured him rapidly within 24 hours. The first remedy was *Ipecacuanha* and the second *Lachesis*.

The author injured the pulp of the right middle finger by the sharp point of the pen. Within 15 minutes sharp pains developed in the local area. Very rapidly, within a minute the pain spread to the whole finger worse on letting the hand down. He found his bottle of *Hypericum* 0 completely empty and dry; nevertheless he filled it with half ounce of water, shook it thoroughly and then applied it to the injured part and within seconds the severe pain began to decrease and ceased totally within a minute, and he continued with his work immediately.

The fourth case relates to the author's wife who suffered 'anaphylactic shock' thrice, 30.6.1991, 22.12.1993 and 1.4.1995 and each time she was treated at home homoeopathically. The author wonders retrospectively how these three episodes of anaphylactic shocks would have been treated in the hospital: i.v.fluids, corticosteroids and hospitalization.

The fifth case is in the early days of homoeopathic practice of the author who was then Professor of Surgery. The patient was suffering from gangrene of the right foot. All toes were affected and the skin over the metatarsal joints, i.e. the distal half of the forefoot was showing gangrenous changes. Lumbar sympathectomy already done without the slightest benefit to the gangrene. Dry type gangrene with burning pains day and night. Hot and cold test showed that his burning was ameliorated by cold. Few doses of *Tabacum* 30 (history of heavy smoking). *Secale cornutum* 30 t.d.s. with *Calendula* dressing. After 12-15 days there was well-demarcated healthy tissues encroaching from the live area of the foot and on one fine morning while dressing the metatarsal bones at the center just snapped off and the whole gangrenous part of the foot detached by itself to the surprise of the house staff and senior colleagues of the adjoining surgical unit who were with skeptical interest watching this patient every day. Later the patient went home with completely healed wound.

## 71. A Case of right Ureteric Stone

MISTRY D.E.(CCR,5,1/1996)

22 year-old woman, pains in right lumbar region since past 24 hours. Radiating from the lumbar region to the right side of the abdomen. Severe pains lead to nausea. Vomited once. Similar complaints almost two months ago. Admitted to hospital. X-ray: right ureteric stone at level of right ischial spine. *Berberis vulgaris* 30, seven doses and the a month later *Sulphur* 30 one dose, and then *Berberis* mother tincture 5 drops after passed a stone. The author says that in his experience *Berberis* acts better in mother tincture in so far stones are concerned, than in potency.

## 72 A Case of Malignancy of the Second Part of the Duodenum.

MISTRY D.E. (CCR,5,1/1996)

18 year-old young man with growth occupying the whole lumen of the second part of the Duodenum. Biopsy: Adenocarcinoma. Laparotomy revealed that the growth involved the whole lumen of the second part of duodenum, pancreas, lymph nodes and mesentery. A bypas Gastrojejunostomy was performed. Now homoeopathic case-taking: He was treated with *Lycopodium*, *Iscador*, *Kali phosphoricum* and (*Magnesium phosphoricum* the last two Schussler's biochemical salts, *Carcinosin* etc. All these including a few courses of *Iscador* from April 1994 to December 1994. The last medicine given was *Calcarea carbonica*, after which the patient did not turn up. It was learnt in February 1995 that he passed away.

## 73. A Case of Eczema

MERCHANT Arwah E. (CCR,5,1/1996)

19 year-old girl, Eczema since 4-5 years. Severe itching. Bleeding began on the left leg and later spread to the right leg too. *Argentum nitricum* 200 was prescribed (based on the 'Mental' alone and she began to improve

#### 74. Few Short Cases

AGRAWAL Hiralal (CCR,5,1/1996)

3 year-old boy with complaints of frequent Coryza, eruptions all over the body, itching since infancy. On the basis of the totality *Calcarea carbonica* M was given and he improved.

41 year-old female, pain both knees since an year with history over-exertion over an year ago. *Pulsatilla* M and then *Sulphur* 200, M.

33 year-old male, with a growth over the right index finger since 7 years. Operated two months ago. The growth again began and it was cauliflower-like. Two such growths were seen on the right side of the neck. Pains and bleeds on touch. On totality *Lycopodium* 30 b.d. for a week. (Right sided growth; Desires warm food, hot tea, free cold water, itching worse 4 to 7 p.m., sensation of food lying in stomach, better eructations)

18 year-old female, secondary amenorrhoea. While *Pulsatilla* which came up on repertorizing did not produce favourable results *Silica*, given as a 'chronic' remedy of *Pulsatilla*, restored the menses and she needed no other!

60 year-old female with Squamous Cell Carcinoma of Cervix. Under catheterization for frequent retention of urine. Burning urination since last 15 years. She has been given two sittings of radiotherapy. *Arsenicum album* 30 and 200 given. Remains well till date of report; put on 2 kg. weight and no urinary burning or retention.

#### 75. An Acute Case of Fainting

PACHEGAONKAR Uttareshwar (CCR,5,1/1996)

11 year-old girl with fainting spells. It began after she helped her colleague from injuring herself when she fainted and fell. Since then she began to get spells of fainting. Complete anamnesis drawn and she was prescribed *Camphor* 30 single dose followed by *Phosphorus* 30. Fainting had stopped but as she still complained of headache *Phosphorus* 200. Remains well.

#### 76. A Case of Carcinoma of Breast with Liver and Abdominal Secondaries

MISTRY D.E. (CCR,5,2/1996)

In this case of Carcinoma in a woman 44 years-age who already had 18 cycles of Chemotherapy and sent home to wait her end. Homoeopathy helped her survive about 28 months more with comparative ease. A very interesting case.

#### 77. A Case of Gangrene

MISTRY D.E. (CCR,5,2/1996)

A 66 year-old woman with Asthma and gangrene of the tip of the middle finger and distal half, mild tricuspid regurgitation with mild pericardial effusion and pulmonary hypertension and dilated right ventricle, right atrium and pulmonary artery. *Arsenicum album* 30 q.i.d. and then when she developed left-sided femoral vein thrombosis with bluish discoloration of the skin of the left thigh, *Lachesis* 30 q.i.d. Later *Vipera* 30. She was going on very well. Some days later she collapsed in the bath room after a large vomiting, obviously of a sudden heart attack or sudden pulmonary embolism with collapse.

#### 78. A Case of Feigning Suicide

SHINDE Prakash (CCR,5,2/1996)

17 year-old boy brought for complaint of lack of concentration in studies. He was now in the XII Standard. Until this he was quite brilliant in studies but during this year he has been behaving differently. He was very popular with the girls in his locality and College. He was always doing whatever work they gave and helping them. While he was quite bold both outside and at home he was always afraid of his father. Since last six months he was having a love affair with a girl in the colony. His mother pulled up the parents of the girl. The boy threatened to commit suicide and would rush to jump from the fifth floor and members of his family (except his father who was not present during these episodes) and neighbors gave him lot of assurances and prevented him from jumping. He had premature gray hairs, asthmatic attacks occasionally waking him up at 3 a.m. Tendency to masturbate.

*Bufo rana* (Premature graying, at times childish, always in company of girls, behaviour of prematurely grown up, asthmatic attacks 3 a.m., tendency to masturbate), which was given in M potency since when he began to improve and the remedy was given in 50M and CM all single doses. Much engrossed in his studies and not with girls.

79. A Case of Urinary Bladder Weakness of Unknown Etiology

SHINDE Prakash (CCR,5,2/1996)

27 year-old school teacher, chronic urinary problems since an year. Investigations indicated that it was a case of weakness of the sphincter of the bladder abd rectum and *Causticum* was given in ascending potencies from 30 to CM with an intervening dose of *Sulphur* over a period of about 5 months. Remains well.

80. A Case of Sciatica and Cardiac Neurosis

SHINDE Prakash (CCR,5,2/1996)

50 year-old man with Sciatica of left low limb since 3 months which has not been helped by allopathic drugs. He was Tax Consultant and Share Broker, quite rich, hypertensive (on anti-hypertensives). He was started on *Phosphorus* 200 t.d.s. for 5 days and then b.d., M, 50M and CM. Completely normal.

After about 8 months he again came after having already consulted Cardiologist who put him on some drugs although ECG was normal. He had fear because of chest pain, that something would happen. Withdrawn socially, wanted solitude, light work, somebody to always accompany him, sense of insecurity. All these began one day after he had taken a friend to the hospital for severe chest pain and before the cardiologist could help he expired. This shocked our patient so much that he began to feel chest pains and anxiety. *Natrum arsenicosum* 200 t.d.s. for 5 days then once daily for 6 days, M, *Sulphur* 200 and he remained well.

81. A Case of Obsessive Neurosis

SHINDE Prakash (CCR,5,2/1996)

28 year-old female, attractive, well-educated, married to an attractive officer, who was also very good to her. Her in-laws were all very good to her. Yet during her pregnancy she developed bizarre feelings which continued ever after the delivery. *Platina* 200 to CM improved her very much and then a dose of *Thuja* CM improved further.

82. Few Short Cases

DAS Jiban Krishna (CCR,5,2/1996)

Spondylitis: 38 year-old woman with Spondylitis was relieved with 'few' doses of *Lachnanthes tinctoria* M, infrequent doses. When it relapsed after quite some time again a single dose cured.

Another case of severe Spondylitis in a physician, pain neck on least motion. A dose of *Lachnanthes tinctoria* M cured.

Severe Headache: A male patient with severe headache since 4/5 days; vomited whatever he ate/drank. while *Ipecacuanha* and *Arsenicum* did not relieve, a single dose of *Phosphorus* 200 cured. To complete, a dose of *Tuberculinum* M given.

Two cases of suspected Tetanus: A young woman delivered a baby and then suffered from suspected Tetanus - pain in chest with complete speechlessness. *Hypericum* 200 one dose cured. In another similar case of Tetanus where the patient was bending backwards 'like a bow' was cured with a single dose of *Hypericum* 200.

A 67 year-old man with Diabetes since two years said that he had suffered from Gonorrhoea earlier and was cured by Allopathy. He was given a dose *Medorrhinum* CM and his Diabetes was fully cured. Test done once again confirmed that he was free from Diabetes.

83 Case of Tropical Ulcer (non-healing ulcer)

KABRA Ramesh (CCR,5,2/1996)

48 year-old man, working as night watchman with a wide and deep ulcer on left foot anterior border on plantar surface having two toes fallen off on their own, irregular margins, offensive smell. Bleeding on slightest injury to the lesion, pain while walking or with slight trauma. Severe burning constant, worse night, better covering, warmth. Loquacious. Eyes small constantly moving and looking carefully, tongue

protruding out very often, licking lips constantly. *Lachesis* and *Arsenicum album* cured. Externally *Calendula* and *Echinacea* (both in mother tincture) mixed together used as external cleansing .

#### 84. Acute Inflammation in a Child

THIELENS Eddy (EJH,2,5-6/1996)

A four-year old boy consulted on January 30, 1996 for an acute case of Balanoposthitis(A severe painful inflammation of the glans penis and the overlying prepuce.) Close examination was possible, but painful. He allowed examination, but manual retraction of the prepuce was impossible because of the pain and suffering. His mother informed that a few days ago he wet his pants at school and, being ashamed, he did not tell it to his teacher. It was cold and there was an icy cold eastern wind blowing that day. This was of course the causation of the child/s inflammation.

Generals: getting wet; Wind, cold; Cold, becoming cold, heated, when (*Rhus-t.* to be added in bold according to Dr.GEUKENS)

*Rhus toxicodendron* XM was given at 9.45 a.m. every 15 minutes. At 11.30 a.m. the mother telephoned to say that he was o.k. In fact when the child went to urinate half an hour after the first dose of the remedy was given he said that he was o.k.

#### 85. *Nux vomica* for compulsive Neuroses and Phobias?

ANTONIOU Katie (EJH,2,5-6/1996)

35 year-old woman complained of becoming crazy with the fear that she may kill her own child. She had to leave her newborn child, four years ago, with her other as she had to go to maintain her job. Four months after she could take the child back with her. and then suddenly one night she woke up with this panic. She consulted a Psychiatrist who gave her psychotropic drugs. However she could not get over this feeling suddenly coming up and this was worse a week before menses. She had the same feelings while watching violent scenes in the TV. Two months ago she had a dream that she was going to die. And she panicked that she would die very soon. She had a fear of dying since childhood. She had irritability before menses. She also had constipation.

*Nux vomica* M cured.

#### 86. Knowing the exciting Cause of the Pathology can make all the Difference

ANTONIOU Katie (EJH,2,5-6/1996)

This is a very interesting which teaches to pay attention to the etiology. Of course it is one's own knowledge with which to decide whether the prescription can be on the basis of the etiology or on the presenting symptoms, etc.

A 74 year-old woman complained of great sensitivity in the stomach, nausea, bad mood, cannot tolerate anything tight around her stomach, even underwear is unbearable, she does not have bowel movements but since she is eating this is expected. She has eructations, vomits, drinks a little bit of cold water, basically she has Anorexia and an aversion to eating. Examination revealed nothing wrong with the stomach. Prior to the development of these symptoms the patient had been to a Spa and had partaken of the warm mineral baths where temperature often rose to 38 degrees Centigrade.

This case was due to Hyperthermia and since the stomach and digestive system mostly affected, she was given *Natrum carbonicum* 200 and within one day she started eating, getting her vitality back and all the other symptoms subsided.

#### 87. A Case of *Niccolum*

VAN WOENSEL Erik (EJH,2,5-6/1996)

This is the case of a boy of 4 year-age, who suffered with wheezing, difficult respiration, < ascending stairs, and vomits with the cough. Has lot of allergies. Ear troubles often Chilly. Music can make him restless. Likes to be alone, listening to music. Has lot of fancies, builds lot of castles in the air. Asks lot of questions. Easily moved to tears with sad things. Sensitive to seeing blood. Much fuss with little things. Much vivid fancies and thinks of scary things. Insecure feelings. Sensitive to reprimands. *Niccolum* 200 and he began improving.

#### 88. *Selenium* instead of Interferon

TOMAJOLI Gennaro Muscari (EJH,2,5-6/1996)

A man in his 30s, drug addict. Married, with a beautiful 6 year-old child and works in a factory. He suffered from Hepatitis B. Has a chronic weakness and lowered physical resistance. As these symptoms come and go he undergoes Interferon therapy. During therapy his symptoms and level transaminases regress. A short while passes and his symptoms are back in full force. The Interferon therapy has its adverse effects and he decided to switch over to Homoeopathy.

From childhood he suffered from car sickness; desires chocolate, hot milk. Aversion to tomatoes. Anxiety about health and has a fear of impending illness eiterating that he feels as if 'Damocles' sword hung over his head.

*Phosphorus* Q12 and then 18 (Millesimal potency) each for a month without appreciable improvement. He now reveals a symptom: for many years his perspiration has been quite salty, so much so that there is salt residue left on his laundry. Repertorization again point to *Selenium* and it is given in Q18 for a month. A month later he reports that "he was better than when he was on Interferon" He no longer suffers from frequent liver pains or diarrhea. He checked his transaminases the day before he visited the clinic and it was so low that he could not believe it!. He continued to improve with *Selenium* repeated 2 or 3 times when required.

Mental symptoms are useful only if personalized with modalities; otherwise they lead one to false interpretations and wrong conclusions. They can be taken into consideration to confirm the patient's picture and the choice of remedy.

#### 89. A Case of *Cajuputum*

WULFSBERG Terje (EJH,2,5-6/1996)

61 year-old female patient. She complained "I feel that my tongue is continuously growing. Sensation that my mouth is full - as if there is a tennis ball in my mouth when I wake up in the morning. Then the tongue presses like a stick towards the roof of the mouth and towards the teeth. I am afraid that one day my throat will fill up and I will suffocate". On examination her tongue looked perfectly normal. Further symptoms revealed by her indicated that she was a closed, controlled and emotionally hardened individual who has suffered a lot on the emotional level for many years. Also a history of deep depressions and suppressed grief. She also had flatulence. She was given a single of *Cajuputum* 30 (BOERICKE "A remedy for flatulence and affections of the tongue. Sense of enlargement. Tongue feels swollen, fill whole mouth". She was given this remedy 4 times during the period June 1994 to November 1995 and she has had good improvement all round.

#### 90. Drilling into Homoeopathy

KALLIANTAS Dimitris (EJH,2,5-6/1996)

Three "dental" cases:

Case 1 38 year-old woman with complaint of a sudden, strong, non-localized pain in her teeth and lower jaw. Comes on at night, begins on the right side and goes to the left. and then back to the right side again. Drinking cold water, eating cold fruit <. The pain appeared a month ago after a familial grief that the patient experienced. Took some drugs to alleviate the pain and after this the pain extended to the left jaw as well. She has now and then cracked lips and occasionally suffers from Herpes simplex around the mouth. When she is upset or nervous her mouth becomes dry with thirst. Nervous person, on the edge, and very sensitive to what people say to her. Does not show her emotion; cries only when alone. Desires salty things, fish and chicken. She had complex cavity fillings prepared from amalgam and composite fillings from photopolymerized retins. *Natrum muriaticum* M given and the analgesic drugs she was taking terminated. Two months later: feeling well, pains have subsided, speaks more freely and doesn't hold things inside. "I still worry and cry and there is a lump in my throat on which I choke on." *Ignatia* 200. Remains very well.

Case 2: 53 year-old male; sudden, strong, non-localised pain in the area of 14 right, upper pre-molar when chewing on a candy. He was taking a lot of analgesics up to this point. Diagnosis: Hyperaemia after chewing candy. *Arnica* 30 and patient told to stop taking analgesics. Felt very well same day and could chew around area 14 and by afternoon all his symptoms had abated. He later asked for some more of the "miracle analgesics" for his wife who was suffering from same problem!

Case 3: 56-year-old woman patient had a sharp, strong, non-localized pain in the upper right quadrant when eating a ice cream, that passed almost immediately as soon as the ice cream was removed. She has received anti-inflammatory drugs before she came to the author. Diagnosis: Hyperaemia of 17 after intake

of cold food or drink. *Arnica* 200 and told to stop anti-inflammatory drugs. In the afternoon of the same day she was asymptomatic. To test it she had another ice cream!

91. Etude retrospective dans le cadre d'une pratique medicale privee (Retrospective studies of a private practice)

VAN WASSENHOVEN Michael (RBH,28,2/1996)

Private practice of a homeopathic doctor is analysed, the different types of cases received, the individualisation technique, the homeopathic aggravation, etc. Polyarthrititis in 99 patients (male and female) are studied.

92. Tarentelle & Tarentulisme (*Tarentula* and Tarentism)

AUBRY Claire (RBH,28,2/1996)

Lecture delivered on 9 December 1995 in the Royal Society of Homoeopathy, Belgium.

93. Roger Morrison takes a case

MORRISON Roger (AH,2/1995)

. . . . Certain things bear repeating - the simillimum (when indicated) - and the truth... there is but one Homoeopathy."

This is a case of Epilepsy in a six year-old boy which was successfully treated with *Stramonium*, *Hyoscyamus* and *Anacardium*. Three different mania-type remedies were required in series. The central nervous system had been affected deeply in the child and only through a sequence of remedies could cure be effected. Follow up since six years and the patient is progressing steadily.

94. A Case of Amyotropic Lateral Sclerosis

GRAY Bill (AH,2/1995)

41 year-old male, emergency-room physician. Amyotropic Lateral Sclerosis (ALS) began in March 1991: Fasciculations randomly over entire body. Generalized muscle weakness. Very anxious. Whites of eyes visible all around. Began with occasional twitching in right quadriceps. Twitches in right calf. Accompanied with severe fatigue. He is gay. At age 5 mother whacked him once and this remained frozen in his memory.

Assessment: History of frights with ongoing wide-eyed appearance.

200. He began to improve steadily and remained well when followed-up after three years.

95. The Case of the hot-headed Sailor

SHAH Jayesh (AH,2/1995)

35 year-old man. Works on a ship. Since 10 years age skin problem. feels very abnormal about this on the palms of hands *Stramonium*, continually for the last one and half years. Something on soles of feet. Itches a little. Feels reserved about shaking hands with people. He says he is a lot hot-headed and this nature aggravates his skin problem Don't want to say sorry to people. Feels that he is always right and sticks to his guns. On further interrogation it came out that his main anxiety was that he should not make a mistake. Fear of losing control. delusion he has done wrong. *Argentum nitricum* M and in 21 days his skin cleared. He needed three doses of the remedy in M potency in one year's time. His inner state too calmed down.

96. *Anhalonium*, Case One: "Union with God"

HERRICK Nancy (AH,2/1995)

63 year-old woman. Thick nails-discoloration on nails of the toes both feet. Started on the fingers and now appears black, cracked, thick and curling up. Toe is tender. She is worried about being offensive to others with the nails. She hides her toe nails. She lectures on meditation, the silent mantra, teaches teachers. "It's exciting". She says that she moves away from disharmony, confrontation. Prefers to be outside. Loves sound, new age music. Colors seem vivid. Dreams: "I fly and move through water and come through things. Resolve things. Exciting. Now I don't dream." In 1972 she received Cosmic Consciousness. No dreams anymore. Has vision of the future to help students. If they are in danger she knows it in her gut, then they die or are ill. When her husband died she knew it was coming, "someone is

watching us feeling.” Began teaching after received Cosmic Consciousness. At age 24 she had a “union experience”- became part of the light, her heart felt as it would burst with joy.

*Anhalonium* M. Follow-up months later showed that she was improving steadily.

Differential between *Anhalonium* and other “psychedelic” remedy sources rests on an understanding of the substance itself, whether a plant or mineral and the subtle variations that manifest in the provers themselves.

97. *Anhalonium*, Case Two: Between Two Worlds

INEZ Gina (AH,2/1995)

JUAN came on March 4,1994. The essence of this narrative of the patient’s story: characteristic is his highly capable mental energy and his desire for spiritual growth and development. One is struck by the highly wound, or charged, and vibrant spirit that is before us. The impression is that it was difficult for JUAN to keep up with his own inner energy. It is also true that his upbringing as a Jehovah’s Witness was experienced as stifling to his creativity and to his natural self-expression. This presented major obstacles in the way of choosing a freer way of life. All these elements in JUAN’s life would harness, or give rise to, the energy of homoeopathically prepared Peyote or *Anhalonium*, which was given in M potency which was repeated once within next six months. He went on improving and during the further course he received *Mercurius vivus*, then *Medorrhinum* and lastly *Calcarea phosphorica*.

98. *Anhalonium*, Case Three: “Without Halo”

SHAH Jayesh (AH,2/1995)

Woman with bilateral Pneumonia, recurrent colds, Sinusitis, Joint pains worse from tea, Headaches from the sun, cold hands and feet at night. “I love dancing. I teach dancing. I pray. (Weeps talking about it). I have to be with my family I am emotional, more when I pray I ask myself why are we here, the earth is like a grain. I am active, an extrovert, share my feelings with my friends. I love my children a lot, a lot. love my friends, a lot, a lot. I cry from excitement, from good news, from looking at the ocean, when listening to the national anthem. Tending the earth makes me very happy. “

*Anhalonium* 200 cured

99. *Anhalonium* - Case Four: Loss of Identity

SHAH Jayesh (AH,2/1995)

A four-and-half year old boy. Mother complains that he doesn’t eat food. High fevers with normal behavior. Familiar with strangers and even gets physical with strangers. He shows unusual affection on people and will also put four fingers into his mother’s mouth to fall asleep. He will do this with anybody he connects with or even a dog or a flower blossom. He gets hyper-friendly with strangers and the wants to put his hand in their mouth. Gets very upset when people leave his home. Always wants to give his things away willingly. On the other hand he does not show his feelings in some situations. Will go and live with his grandparents for days without missing his family. Crosses the road too fast without realizing he could be run over. No sense of danger. Always leaves things at school. Loner in the playground. Fond of wearing women’s things and says “since you wear a sari why can’t I wear a sari.? Very dependent, doesn’t want to do anything on his own. Has to be reminded. Very keen on clean toilets. Collects things in a small bag (from the street, etc.). Has a mania for green. Restless, bored easily, isn’t fond of any games. Sleeps with hands and legs wide apart.

*Anhalonium* 200 and he improved and became the opposite in many ways. He needed a dose of *Sulphur* given in 6x one dose and gradually he swung back into a centered, more balanced, positive person.

100. Three “Horrid” Cases

CASTRO Miranda (AH,2/1995)

The three cases reported here are quite interesting and bears further testimony to Homoeopathy’s great potentialities. All the three cases were treated with *Crotalus horridus*. The first cases was that of a boy of four years age in hospital with Idiopathic Thrombocytopenic Purpura and the mother of the boy had rung up the author in panic. With only the information obtained over the phone and the pathology in mind the prescription was made and the next day the boy was well - the platelets rose. In this case the prescription was made on Keynote of the case. The author says “If I had known more about Alan’s symptoms or thought anymore, I would have given a different remedy, *Arsenicum*, *Lachesis*, and even *Phosphorus* were all possibilities. I found out afterwards that his bleeding was bright red and this would have made me

discount *Crotalus*. Above all I learnt to listen to my instincts. Over the years I have become familiar with this part of my “organism”. I know now when my instincts are worth listening in, worth following. And when I need to set them to one side and take a different path.

The second case: brother of the author who was badly ill and in hospital: Pleural Pneumonia. In spite of all the treatment including Homoeopathy he became worse and was in hospital now. A surgery was proposed. After hours and hours of hunt in the *Materia Medica* and later with the patient *Calcarea carbonica* came up as the constitutional remedy but the septic state and pathology indicated *Crotalus*. *Calcarea carbonica* XM every ten minutes and five doses later he brightened up and next morning *Crotalus horridus* 30 every half hour and six doses later his chest could be drained of all the pus by a simple incision after which he was on the road to complete recovery.

Author’s own case of gum sepsis and *Crotalus horridus* 30 four doses one very 4 hours and the next day the gums “were as good as new” and the next day her dentist “was literally speechless”

Key Notes and *Materia Medica* of *Crotalus horridus*

Sudden onset: especially of septic states; with rapid progression of the disease leading to prostration and nervousness.

Sepsis: septic conditions, blood poisoning with hemorrhages; in any acute illness i.e. typhoid, diphtheria, puerperal fever, dysentery (from bad water or food *Ars.*, *Pyr.*), malignant scarlet fever, smallpox, cholera, yellow fever, tubular nephritis, acute alcoholism (with the delirium tremens, hydrophobia, epilepsy etc. It is a specific for black water fever (S.H.). Or from insect stings/bites, burns, abscesses (with sepsis).

Hemorrhage: Bleeding from all orifices in the body (eyes, ears, nose, stomach, mucous membranes everywhere, bowels, uterus). Even the sweat is bloody (axillae/anywhere). The blood oozes out and is black, fluid and thin and keeps on flowing. Or it is partly clotted.

Jaundice: due to hemolytic anemia (rather than hepatic). The skin is mottled—blue intermingled with yellow.

Prostration: General collapse with weak pulse; a rapidly increasing unconsciousness; slides down in the bed.

Nervousness: there is a tremulous weakness; the tongue quivers on protruding in twitching and trembling of muscles (chorea-like); convulsions (in septic states).

Besotted: in appearance, like one intoxicated; bloated; blue, mottled (blue and yellow) or pale.

Pains: come on suddenly, last some time and disappear suddenly.

Malignancy: with haemorrhage; cancer of stomach, of tongue, of uterus; with ulceration, and jaundice.

Oedema: of parts affected with sepsis; of tongue (tongue can be dry/cracked with a central brown streak).

Offensiveness: of breath (which smells mouldy); of urine; of all discharges

Ulceration: anywhere (mouth/stomach etc.); in mouth, bleeding—after *Merc.s* in those with increased salivation (KENT)

Neuralgia: after sepsis (or Malaria).

Bilious: sick headache with vomiting of bile; nausea, vomiting, distention ++.

Menopause: with hot flushes and heavy sweating; with hemorrhage from uterus) and jaundice.

Mentals:

Melancholy: thoughts dwell on death in a disinterested way.

Weeps easily: while reading.

Anxious

Irritable: from trifles (*Nux-v.*)

Aversion to certain family members: in delirium, sepsis or dementia

Terrible dreams of death, murder, dead bodies.

Differential diagnosis with *Lachesis*:

The snakes have many similarities, all affect the cerebro-spinal nerve centres and the blood (causing decomposition/a breaking down).

*Crotalus* and *Lachesis* have the following similar symptoms:

An aggravation waking (after sleep) - *Lachesis* more so.

Intolerance for tight clothing (especially around the neck) - *Lachesis* more so.

Both are haemorrhagic remedies - *Crotalus* more so

Both have blueness of the parts: *Lachesis* is more so.

Both have yellowness and jaundice, *Crotalus* is more so.

Both are loquacious, *Crotalus* mumbles and stumbles and can talk to him/her-self in a low, passive way. *Lachesis* talks fast, is more lucid and finishes other peoples sentences and stories (*Crotalus* can do this too), tells stories and is more wild and excited.

Both talk of death, only *Lachesis* is more scared, *Crotalus* more apathetic. 1

Both have a sense of constriction, of tightness around the throat with difficulty swallowing. *Crotalus* has difficulty swallowing solids. *Lachesis* has more difficulty with fluids than solids (and more difficulty still with empty swallowing than with fluids).

They can both have one-sided symptoms. *Crotalus* is more right-sided; *Lachesis* is more left-sided.

*Crotalus* has a dry skin (especially cold extremities); *Lachesis* has a cold, clammy skin.

*Crotalus* is worse for cold air (respiratory symptoms); *Lachesis* is worse for heat.

Both have trembling of the tongue when protruding it; *Lachesis* more so.

Comparative Materia Medica

Hemorrhage (snake) remedies:

*Crot-h.* - dark, fluid blood (partly coagulation)

*Elaps* dark, fluid blood (no clotting)

*Lach* - blood with charred straw sediment; hemorrhage amel.

*Naja* - blood coagulates into long strings, least haemorrhage of all snakes.

*Tarentula* - axillary abscesses and septic insect bites

*Sepsin* - septic dysentery (see CLARKE)

*Pyrogen* -restlessness, high temperature with low pulse (or v.v. - not as often)

*Anthrax* - anthrax; boils, carbuncles with burning pains.

*Crotalus cascavella* has the same sensitiveness and intolerance to tight clotting (as *Crotalus horridus* and *Lachesis*) and some liver symptoms, some yellowness and some bleeding, but these symptoms are not as marked. *Crotalus cascavella* affects the tissue less and the mentals more.

Heart symptoms are not as marked with *Crotalus horridus* - as with the other snake remedies (*Naja*, *Lach.*, *Elaps*), Boils, abscesses, carbuncles, whitlows, etc. - oozing thick black blood that does not coagulate (*Arsenicum*, *Lachesis*, *Secale*). Puerperal fever with continued oozing of black offensive does not coagulate (*Sec.*). Prostration with sepsis (*Bapt.*, *Ars.*, *Sec.*, other snakes and sometimes *Arn.*, *Phos.*, *Pyr.*, - KENT). Sepsis (*Lach.*, *Crot-h.*, *Tarent-c.*, *Anthrax.*, *Pyr.*, *Sepsin.*-TYLER). Also consider *Secale*, *Kreosotum*, *Terebinthina*.

The Chronic Picture

Makes lots of mistakes in writing and calculating (in broken down constitutions).

Suspicious of friends (can't be rational)

Change of weather to warm aggravates.

Periodicity (yearly or every 3 months)

Craving for stimulants, especially alcohol.

Delirium tremens in "old inebriates" who look besotted, with a purple face and a craving for alcohol, especially wine.

"It is remarkable how much alcohol can be swallowed by persons bitten by serpents, without the usual psychological manifestations." - FARRINGTON.

Great difficulty sleeping. Terrible dreams, of murder, death, dead people, dead bodies (they can even smell the dead bodies). Wake in fright and become increasingly tired.

101. Brucella et Melitine dans le traitement de la fièvre de Malte (Brucella and Melitine and treatment of Malta fever)

SOUK-ALON (RBH,28,1/1996)

Evolution of chronic brucellosis and its treatment with the nosode of Brucella and/or Melitine. Five cases are reported .

102. Asthma, Eczema et *Palladium* (Asthma, Eczema and *Palladium*)

GROOHTHAERT J. (RBH,28,2/1996)

This is an excellent study of the remedy *Palladium*

103. Obesite et verrues (Obesity and Warts)

ZALA Michael (RBH,28,2/1996)

42 year-old woman, obese; wart on tip of the index finger. *Natrum muriaticum* XM, *Bryonia alba* 5, *Sepia officinalis* 6-12-30 and *Mezereum*.

104. How I Came to Prescribing on Mind Symptoms Alone  
CHITKARA H.L. (HH,21,1/1996)

Dr.H.L.CHITKARA has been practising for the past few years with what is known as the SEHGAL Method. Dr.CHITKARA calls this **Promisalone** technique, i.e. prescribing on the 'mind' symptoms alone. In this technique introduced by Dr.M.L.SEHGAL, the patient's words, gestures, tone and behavior all indicate the 'mind' of the patient and these are converted into 'mind' rubrics and remedy selected. Only the present, persistent and predominant symptoms are to be taken. The practitioners of this unique method say that it is easy, quick and sure. Dr.CHITKARA explains as to how he came to adopt this method.

105. A Case of Rupture Spleen  
MASTER Farokh J. (HH,21,1/1996)

36 year-old male suffered a car accident on 17 July 1992 and was immediately hospitalised. Remained unconscious for four hours. Contused lacerated wounds on both knees and hands which were sutured and analgesics and antibiotics administered. Next day: ecchymotic patch on left side of the chest; unbearable pain in the injured parts. *Arnica* XM three hourly and *Bellis perennis* 30 three hourly. on 20th July x-ray: #left 4/5/6 ribs; accumulation of haemorrhagic blood in the left pleural sac; Hb. 8 gms%. *Ceanothus americanus* mother tinct.5 drops t.d.s. *Arnica* CM three hourly. *Ceanothus* was continued for 12 days and during this period no antibiotics/analgesics. 24 August 1992 X Ray: # and effusion less by 50%; HB. 15 gms%.

106. A Few Cases  
QASIM M. (HH,21.1/1996)

A man with various complaints mentioned that he had the feeling as if heart was hanging from a thread. *Kali carbonicum* 200 given on this peculiar symptom, cured.

A man in his early 30s with digestive problems; diarrhoea often at different times of the day. Anxious and nervous. Nervous when the giant wheel takes the downward circle. *Borax* 200, M, XM, 50M. Another case of a woman who was terribly afraid descending along ladder. In this too *Borax* was the remedy.

40 year-old man with Sciatica of right side for many years. He also had diarrhoea, loose motions immediately after lunch. *Aloe* and later *Sulphur*.

45 year-old woman with Lymphadenitis on the right posterior triangle of the neck with some loss of weight. Was on allopathic medicine. History of Tuberculosis in the family. *Tuberculinum* M.

35 year-old male on dialysis. The most distressing condition was a continuous nausea and vomiting. < lying on left side. Right kidney had been removed 2 years back due to Hypernephroma. *Phosphorus* 6 every two hours until felt better. In two days reported improvement.

107. Homoeopathy and Child Health Care  
PATWARDHAN Prabha Mrs. (HH,21,1/1996)

This is a very interesting article. With practical cases she illustrates the great healing powers of Homoeopathy. The author concludes that a large number of allopathic doctors are turning towards Homoeopathy, not only treat their families but also the learn the science. This vindicates the statement of Dr.BURNETT.

108. A Case of Bronchial Asthma  
PANCHAL Ameet (HH,21,2/1996)

9 year-old girl with Bronchial asthma. Even though cough was disturbing her incessantly she went on talking and asking many questions. Bright and precocious child with interesting in poetry, painting and drama. Very restless. She was jealous of her younger sister. *Lachesis* 200 to XM did not help. Then for the < during monsoon *Natrum sulphuricum* was given. However, there was no happy result. Case reconsidered: Delusion, neglected; Delusion, repudiated by realities; Forsaken feeling; Loquacity; Contrary; Restless; Hot patient; Desires ice-cream, sweets; Cough < talking, laughing; Asthma, wants doors and windows open; Sadness, indisposed to talk. *Argentum nitricum* 200 two doses and she remained well.

#### 109. Case of Hypothyroidism

DESHMUKH Afshan H. (HH,21,2/1996)

23 year-old girl with Hypothyroidism. A very sensitive girl. Felt that she was not appreciated by anyone. *Natrum muriaticum* (Suppressed anger; Hatred for persons who had offended; Dwells on past disagreeable occurrences; Grief, silent; Goitre; Menses, scanty; Desires fish).

#### 110. A Study Of 24 Homoeopathically Treated Psoriasis Cases

KOSTANTINOS Fytopoulos (HH,21,2/1996)

10 out of 24 patients with Psoriasis treated homoeopathically became completely cured; in 5 cases there was significant improvement to extent of 80% 4 persons discontinued after slight improvement, three stopped after first three months due intense aggravation, one discontinued two months later since he got no result and one discontinued during the first month after a relative improvement.

#### 111. The Compulsive State of Twin Brothers

SHAH Jayesh K. (HH,21,3/1996)

A case of a 14 year-old boy, with Leucoderma treated with *Drosera rotundifolia* and improved to 60%. The remedy was given upto XM (and in the M potency it was used once a day for a month and improved significantly!) The case demonstrates the author's open mind, his detailed study of the case and analysis and that he chose a remedy which is not generally used for anything other than whooping cough. Now that whooping cough has become very rare we seldom see a case of *Drosera* in the journals. Indeed this remedy so rich in mental symptoms (as indeed every remedy is).

#### 112. Exploring the Horizons of Homoeopathy

DESAI Rupal (HH,21,3/1996)

Two cases to validate what is called 'synthetic' prescription.

38 year-old man with prolapsed inter-vertebral disc, acute pain in the lower back, and right gluteal area extending to legs. The case analysis revealed some symptoms covered by *Arsenicum album* and some by *Calcarea carbonica*. Therefore a 'synthetic' prescription of *Calcarea aresenica* 200.

7 year-old boy with complaint of recurrent vomiting, < after food. The vomiting was very forceful and sudden, with sour taste. A fearful child, reserved, never makes friends, scared of strangers. Innocent and obedient. Never fights. He starts from sleep often. After thorough analysis the author prescribed *Cuprum sulphuricum*

#### 113. Keeping Fit - the Homoeopathic Way

VASANDI Yogesh (HH,21,3/1996)

Obesity and Emaciation can be treated by appropriate homoeopathic medicines and dietary and life-style alterations. The author gives a list of 17 cases; it is to be noted that the remedy choice was not restricted to only remedies under 'obesity' or 'emaciation' in the repertory but chosen on the totality.

#### 114. Tormenting Anxiety

MANKANI Meena (HH,21,3/1996)

45 year-old woman, soft-spoken, from a well-to-do family, with a host complaints from her hair to her toes and she said "each and every part of my body aches all the time and the only cause of my sickness is my 10 year-old son". She had suffered much from her childhood and even after marriage; she was childless and her husband adopted her brother's son. She felt this very much (her brothers had been rude to her) and her troubles began after this adoption. The boy was very obstinate, mischievous and extremely difficult to handle. Daily she would be pestered by complaints by everyone about her son's behavior and they would be sarcastic. She began to lose sleep and interest in life and became oversensitive to any noise; any noise would 'hit her head'; even the sound of footsteps would hammer her head; failing memory of late.

*Cocculus indicus* was the healer in this case. Very interesting and intelligent analysis.

115. A Case of *Lac caninum*

PATWARDHAN PRABHA Mrs.(HH,21,3/1996)

A case of chronic sore throat in a 35 year-old woman. The peculiar symptom was that after *Belladonna* the pain came on alternating sides of the throat. *Lac caninum* cured.

116. A Few Glimpses of My Practice

CHATTERJEE Sujit K. (HH,21,3/1996)

Four interesting cases which indicate the author's case analysis and search for the particular remedy

117. Meeting Medical Emergencies

BALAKRISHNAN E. (HH,21,3/1996)

Six brief cases, all of them acute and in each case rapid and prompt relief. The power of the potency is infinite indeed.

118. The Baffler

MANKAD Shirish (HH,21,3/1996)

This case of a 60 year-old man who had under operation for Cancer? of neck of bladder; ureters joined to sigmoid colon after removal of bladder. Since problems - pains, temperature, rigors, etc. He was totally resistant to all antibiotics. There was no hope. Homoeopathic remedies took care of his various problems that cropped up from time to time. He later developed Myasthenia gravis and was on allopathic tablets. He had over the years developed inguino-scrotal reducible hernia and *Nux vomica* relieved problem. He was operated upon for strangulated hernia and was administered general anaesthesia as a result of which he developed respiratory failure and Homoeopathy saved him. He lived for another 5 years and finally succumbed to tuberculosis. (None should say that for emergencies one should resort to Allopathy).

119. A Case of Nephrotic Syndrome

MUCHHALA Heena (HH,21,3/1996)

4 year-old girl with Nephrotic syndrome. The first attack was at age of 18 months. The current episodes were prolonged and much more severe. Prodrome: crankiness, nausea +++ , vomiting; increased frequency stools; low appetite. Renal phase: Oliguria +++ , puffiness of the face; swelling around the eyes; ascites; oedema feet; anasarca about to develop. Thirst decreased.

Obese, flabby, dull and listless; obstinacy +++; reprimands had almost effect on her. Sweat profuse. Daily nocturnal enuresis. Urine: Albumen ++++. Has been on Wyesolone 20 mg. since two and half years. *Calcarea carbonica* at intervals from July 1993 to September 1995 completely cured.

120. Unorthodox Prescription for Orthodox Ladies

KRISHNAN Ranga Mrs. (HH,21,3/1996)

Four interesting cases are presented. Orthodox, affluent, elderly, outwardly calm but inwardly seething with anger at way-ward husband/ill-treating family, pointed to *Nitric acid* which cured rapidly and completely. The understanding and analysis of the case and seeing the core of the problem is good.

121. Protruded tongue in brain affections  
RONHAAR A. (HL,9,1/1996)

This is a very interesting case. A two year-old girl child was in a completely imbecile state; until 18 months age she was in perfectly well. She fell into a pond and was found only after 10 to 15 minutes. After long and intensive reanimation there was natural heart action. She was intubated, ventilated and held in narcosis. After this they found that her eyes were constantly turned to the left, her hands and fingers showed a spasmodic flexion and there was a spasmodic stretching of the lower limbs. CT scan and EEG showed "severe central and very severe cortical atrophy, resulting in decerebration spasms". She is completely weak, cannot sit up without support, cannot crawl or walk. Unable to hold her head, eyes compulsively turned to the left, mouth mostly wide open, tongue protruded and in constant movement as if she tried to protrude it as far as possible. No reaction to noise or touch Impression: complete imbecility. Her parents told that she has daily cramps in the abdomen before stool and sometimes during eating. It is nothing short amazement that Homoeopathy could help improve this child to a great extent. The so-called 'life-saving' allopathic drugs are not, after, all rally so. Homoeopathy truly restores.

122.A Case of Depression and Headache  
PETERS, R.G. (HL,9,1/1996)

A 49 year-old woman was cured of a chronic depression and headache with *Ptelea M.* The indications: can't bear criticisms in front of other people; hates quarrels; at home she feels responsible that everything goes well; most of the duties in the house she does alone, and her children and her husband are not much of a help. Feels a kind of hurry inside and she takes over the motions of other people. Can't see horrible things on TV and there is a fear of high places with vertigo.

123. A Case of Prostate Complaints  
PETERS R.G. (H.L.9,1/1996)

This is an interesting case in that the remedy was prescribed on the basis of a pathology outside the main complaint for which the patient came - urinary problem. The patient had Pterygium of his left eye and the remedy for this was seen to be *Chimaphila umbellata* which was also the remedy for his urinary problem.

While the patient made clear improvement he developed later Epididymitis for which he consulted surgeon and he got antibiotics and surgery trans-urethral prostatectomy. The author in his discussion raises the question whether he needed *Clematis*. He raises some further questions about the 'happy-ending' cases reported and video shown in Seminars. Indeed!.

124. A Case of Migraine  
JANSEN Jean Pierre (HL,9,1/1996)

47 year-old female with Migraine, since 15 years. She said "it has to do with closing herself psychologically because she is too open". She has already taken homoeopathic medicines prescribed by two other homoeopaths which included *Nat-m.*, *Sep.*, *Sulph.*, etc., which gave relief for 2-4 weeks. She had hemi-thyroidectomy.

*Kali carbonicum* did not produce the expected result. The author discusses the case thoroughly and how he came to prescribe *Chocolate* which gave the desired result.

125. A Case of Cyclamen  
VAN DER ZEE Harry (HL,9,1/1996)

34 year-old woman who developed many mental disturbances was cured with *Cyclamen*..

126. A Case of Migraine  
YAKIR Michael (HL,9,2/1996)

17 year-old girl with complaints of Migraine which began two years ago. Comes 3 to 4 times a week. Says unable to concentrate on the studies and therefore refuses to go to the school on days when she has the headache. The pain comes suddenly lasts few hours and goes suddenly. It appeared that she was not happy to go to this school. She wanted to go to another school but her parents registered her in this school and therefore she felt upset. In the previous school she had many friends with whom she could relate. Her parents were strict disciplinarians and were demanding. She felt that the world was hostile, and said "people do not always wish you well". She therefore withdrew to her room. She is cynical and frank, can easily hurt people. Does not forgive one who offend her. She watches movies which do not have a good ending. Why? "One cannot expect a good ending, there is no good ending in the world..."

*Scorpion* 9 one dose and she began to improve. Later she got 30 one dose and over an year later 40 one dose. [The author is from Israel and practices classical Homoeopathy. As part of her Ph.D she does research on Homoeopathy in the Hebrew University.]

## 127. A Case of Asthma

THIELENS E. (HL,9,2/1996)

Eight-year old boy with Bronchial Asthma. He has been under treatment of the author since about an year for this ailment without appreciable benefit and now he came with an acute attack. He has a herpetic eruption on his right cheek. His mother told that this always a forboding and concomitant symptom when he becomes asthmatic. Now this was taken and case worked out taking into account all the observable symptoms and it worked out to *Conium maculatum* and it cured him,

Lesson: When studying do not build up a picture, an essence you have in mind ; this attitude is inherent in the human way of thinking (VITHOULKAS). Be receptive when you observe, when the patient gives you the information on a 'silver plate' (GEUKENS). Believe what you see and observe. Try to avoid theorizing and generalizing (Para 1 of the Organon).

## 128. The Ice-Walls

SERBAN Gabriella (HL,9,2/1996)

Woman of 40 with 5 children. Husband is cruel to her and her children. The author details all her mental symptoms, dreams etc. (no indication as to what her complaint for which she approached the author, was) Her case worked out to *Anacardium*. Very interesting analysis.

## 129. Carcinoma of the Nasopharynx

MIRZA Anwar (HL,9,2/1996)

62 year-old male with a hard and nodular swelling in the right sub-mandibular region. Tests revealed Fibrotic Kochs-scarring in the right apex with bronchial inflammatory changes and a small soft tissue swelling in the region of the nasopharynx. The aspirated biopsy showed Squamous Cell Carcinoma. Radiation therapy was advised in the Cancer Hospital. He refused to shave his beard for the radiation therapy (he was a Muslim and his religious compulsion did not allow shaving the beard).

A dose of *Thuja* M was given (fixed idea) and over a period of six months the nodule became smaller and smaller. He received, after six months *Silica* 200 for some nasal symptoms. He was cured completely.

## 130. Case Report: Ludwig's Angina - An Unusual Way of Treatment

FRASS Michael, RESCH Gerhard, BIGENZAHN Wolfgang, STEINER Erich (JAIH, 89,1/1996)

This case report is from the First Department of Internal Medicine (MF, GR), ENT -Clinic (WB) and the Department of Radiology (ER), **University of Vienna, Austria.**

This case report describes a patient with **Ludwig's Angina**. The patient previously developed an allergic skin reaction to antibiotics. He then refused any further antibiotic treatment. As an alternative, he requested homoeopathic treatment. Within 24 hours his septic fever decreased to normal; while the submandibular swelling transformed into a hemispherical infiltration at the angle of the mandible. From the infiltration a sero-sanguineous liquid oozed through a drainage hole without surgical intervention for about ten days. The swelling disappeared completely and the patient recovered without any sequelae.

It is interesting to read the "Editor's Note" to this article: "his case report was accepted for publication

in the JAIH principally for its value in demonstrating the efficacy of homoeopathic medications in serious soft tissue

131. The Bowel Nosode - A Re-look

WILLIAMS Henry (JAIH, 89,1/1996)

The bowel microflora in the adult are highly variable. These bacteria serve many important functions - infection resistance, immune system "priming," nutrient production, enzyme augmentation, substance detoxification. Detection of a particular bacterium in an individual does not imply abnormality as such organisms are often transitory "visitors" to the gut. Thus, basing a prescription of a bowel nosode upon stool bacteriological studies would be inaccurate. Their prescription can only reliably be predicated upon clinical symptomatology.

132. Tongue Diagnosis

HILTNER Richard E. (JAIH,89,2/1996)

Traditional Chinese Medicine and Homoeopathy have identified clinical correlates to abnormal presentations of the tongue. In the case of the former the correlations pertain in pathology, in the later to homoeopathic remedies. These correlations can have clinical significance, affecting the selection of the most appropriate homoeopathic medicine and providing clues to proper diagnosis. In this article Dr.HILTNER reviews many abnormal presentations of the tongue and discusses several homoeopathic medicines and/or clinical conditions associated with them.

133. A Potpourri of Acute Cases

GUESS George (JAIH, 89,2/1996)

Three acute cases and one acute exacerbation of a chronic disease are presented. One case of pertussis was relieved after the prescription of *Cina* based upon the image of a discontented, ravenous child with Bruxism and intense fear related to his cough. A case of Herpes zoster and subsequent exhaustion found its solution in, first *Arsenicum album* - intense restlessness, anguish and anxiety, desire for death due to the suffering, burning pain and ameliorated by warmth, and later *Carbo animalis* - exhaustion, sacral pain during urging for stool, homesickness. An unusual case of sinusitis is also presented, two peculiar symptoms - ear itching after eating and the sensation as if the bridge of the nose were pinched - led to the prescription of *Lachnanthes*. And finally, an acute exacerbation of Iridocyclitis was relieved with *Syphilinum* based upon the syphilitic characteristics of aggravation at night, distortion (that is, an irregular pupil),and discoloration of the iris.

134. Acute Bronchitis: Two Cases

SCHAFFER Rodney (JAIH, 89, 2/1996)

Two cases of acute, epidemic bronchitis are presented along with discussion of the characteristic symptoms in each case and the case analyses. Some of the author's confirmed characteristic symptoms of *Carcinosin* are identified, e.g., waking at 4 a.m., amelioration from music, sleep position on the back with one or both hands above the head, craving for sweets or fats. Suggested guidelines for the taking of the acute homoeopathic case (which may be considered controversial) are provided; i.e., focus upon only those symptoms which have arisen in association with the acute disturbance, ignoring all preceding chronic symptomatology. The common misconception of dividing remedies into acute and chronic disease categories is debunked, the author emphasizing that nay remedy may act curatively in either setting.

135. Clinical snapshots

(JAIH, 89,1 & 2/1996)

**Case 1:** by Dr.Tim FIOR: 29 year-old female with acute exacerbation of Eczema. She has been having Eczema since an infant off and on and had been treated with topical steroid preparations. She had done well with *Pulsatilla* and then with *Sulphur* in single doses of 200 potency. 23 days before her present call she had received a dose of the *Sulphur* 200. She had a flare-up after this dose and it eased but 3 days

before had some stress and consequently she was in a terrible state and the lesions also very much worse. She was prescribed *Aconitum napellus* 30 every 1-2 hours as needed for panic and restlessness. She took this and proceeded to improve; she took the remedy as needed. Has not needed another dose of *Sulphur*.

**Case 2** by Dr. Jennifer JACOBS: (JAIH,89,1/1996): 44 year-old communications-expert with insulin-dependent Diabetes mellitus since age 11 and had experienced renal failure at 29. Was on dialysis for nine years and then underwent Pancreas and bilateral renal transplants, experienced failure of all the transplanted organs and received another kidney two years later which is still functioning successfully. He has been on immuno-suppressive drugs since 1989 and is currently taking cyclosporin, Prednisone and Immuran as well as Lasix and Procardia. His homoeopathic constitutional treatment began in 1995 with *Phosphorus* with encouraging results. In the course of events he had in 1996 a cold which from the chest moved up to the head. Besides other discomforts he complained of ear blockage. With *Pulsatilla* and *Phosphorus* he became better and again worse. Taking into consideration the entire symptoms he was prescribed *Lac caninum* 200 and he rapidly improved and remained free from the troubles. The prescription was with reference to BOGER's repertory (Supplement) - 'Colds, ascending', and the migratory nature of the infection. The author says that this supports the notion that *Lac caninum* may have upward - downward - upward migration of symptoms, as well as horizontal alternation.

136. "You Take the High Road and I'll take the Low Road"

WILLIAMS Henry (JAIH, 89,2/1996)

Dr. WILLIAMS provides information about some of the homoeopathic combination remedies he has found effective for treating various conditions when the simillimum has been elusive. Among the conditions covered are: upper respiratory infections, influenza, indigestion, obesity, angina, recurrent urinary tract infections, recurrent miscarriages, hay fever, cough, arthritis, dentition, back pain, neuritis, edema.

137. A Story from Bulgaria - *Natrum phosphoricum*

NEEDHAM Angela (HOM,61/1996)

The author opens with an interesting observation: "Different cultures, social experiences and life styles play a part in determining the remedy pictures we see in our patients." In the experience of the author there was much grief and in-take of salt in Bulgaria and yet patients more often do not fit with *Natrum muriaticum*. However, the other remedy strongly represented in the symptom picture was often *Phosphorus*. Therefore *Natrum phosphoricum* seemed to be the obvious remedy to consider. An interesting experience with regard to Bulgaria was that many persons there had been, before approaching the homoeopath, treated by a 'extra senses', i.e. persons who healing powers and have trained to develop their ability to use their own energies to interpret and change their patients' energies. Patients who had been earlier to such extra senses are very sensitivity to homoeopathic remedies. The author reports a case in which a woman, 38 years age, reacted curatively after touching the granules with her finger!

138. A Nightmare Experience

SWEENEY Kathy (HT,16,1/1996)

12 year-old boy woke suddenly from his sleep and shout "Don't let them take it! I'm going to die!" He repeated this and became anxious. Even though his parents comforted him and tried to make him understanding that it was hallucination the boy couldn't help. He said that he was in his room but in a space ship and that he was the Universe which he created and shouted "don't let them take it". He had been given *Psorinum* an hour before he went to sleep for a skin ailment. A complementary to this remedy was not found on consulting the BOERICKE. It suddenly dawned on the mother that *Belladonna* was the remedy for this condition. A Dose of 30 was put on the tongue and **the instant it touched the tongue he was awake and completely normal.**

139. Das Wunder eines "kleinen" Mittels (The Wonder of a Small Remedy)

KONIG P., SANTOS-KONIG 9AHZ,241,2/1996)

The authors proved (“dream proving”) *Rhododendron* in 1993/94. A young woman suffering from recurrent psychotic manifestations has been treated successfully with *Rhododendron*. Besides confirming the ‘drea’n’ thesis some old mental symptoms of the remedy were also confirmed.

140. CRESR-Syndrome bei Sklerodermie (CREST-Syndrome with Sclerodermia)  
MULLER H.V. (AHZ,241,2/1996)

This female patient, suffering from a Sclerodermia with CRST syndrome has been influenced positively to the administration of *Iris versicolor* for the first time in October 22, 1992. This disease that had existed for 15 years and had worsened constantly is considered to be incurable and it is said, that it leads to death without any possibility to influence it. The further administration of *Iris versicolor* in January 10, 1994, resulted in a further improvement. The patient received as a last administration *Iris germanica* on April 5, 1996 and visited the author on July 4, 1996 in such a good state that her disease can be regarded as having been cured.

#### IV. REPERTORY

1. Falsifikation einer Rubrik aus KENTs Repertorium (Falsification of a Rubric in KENT’s Repertory)  
HOLZAPFEL K. (ZKH,40.1/1996)

Research for the sources of the rubric “Delusion, friendless, that he is shows that this rubric originated due to an erroneous translation by BOGER and has simply been copied by KENT. Also comparison with the source material indicates that the addition of *Alumina* to this rubric in the Complete Repertory of Roger van ZANDVOORT, is wrong for the same viz. erroneous translation.

2. Eine Untersuchung zur Quellenlage des KENTschen Repertoriums und zur Herkunft/Veränderung der Repertoriums grade ( Research regarding the gradation in KENT’s Repertory and the origin/alteration of the Repertorial grade)  
JANSEN A. (ZKH,40,1/1996)

KENT’s Reprtory is a compilation of all useful repertories, clinical experiences, and provings of the remedies. One of KENT’s sources was the Pocket-book of BOENNINGHAUSEN. While BOENNINGHAUSEN adopted 5 gradations KENT has only two. How did KENT adapt has been examined in detail with examples in this article.

3. Über das Repertorisieren: (On Repertorisation) *Magnesium carbonicum*) von KELLER GEORGE  
(ZKH,40,2/1996)

A case of *Magnesium carbonicum* is presented with the intention of demonstrating the use of a new repertory projected by the author.

4. Repertorialer Auszug aus BOENNINGHAUSENs letztem literarischen Werk ”Die Aphorismen des Hippokrates ....” (Repertorial extract from BOENNINGHAUSEN’s kast wirj “The Aphorisms of HIPPOCRATES)  
STORMANN P. (ZKH,40,2-6/1996 and 41)

The last work of BOENNINGHAUSEN, “The Aphorisms ...”, is far from being a relic. On the contrary it yields very important advices for the homoeopathic practitioner. The repertorial section in this serves as example and it is intended to encourage for working at genuine Homoeopathy of HAHNEMANN and BOENNINGHAUSEN.

In this and the subsequent issues of the ZKH the author gives about 380 rubrics drawn form this work

5. Über das Repertorisieren - *Sepia* (On repertorisation - *Sepia*)  
KELLER G.v. (ZKH,40,3/1996)

With the help of a case from his daily practice the author illustrates certain problems in repertorising.

6. New Rubrics in Paediatry  
LAMOTHE Jacques (CGH,33,3/1996)

The learned author who has written many articles in Paediatry has some additional rubrics and the relevant remedies; the additions have been drawn from different sources.

## V. VETERINARY

1. Ranger, a Harbor Seal  
LEDERMAN Jeff (HT,16,1/1996)

The author treats animals with homoeopathic, herbal and in some circumstances allopathic remedies. In this article he narrates his rescuing of a seal pup who was on the verge of collapse for various reasons and treating the pup with i.v. dextrose, homoeopathic remedies (*Belladonna*, *Antimonium tartaricum*, etc.) and nursed. In two months the animal regained normality and was released into the Pacific ocean.

2. Another great Story of how Homoeopathy Works  
SHELDON Madaleine (HT,16,2/1996)

Madaleine SHELDON is 93 years old. An alpine milk goat had extreme difficulty and long labor in delivering. While two baby goats were delivered manually, in which process the mother goat suffered much, the third was born naturally and the a dead baby. In this painful process the goat became very ill, its organs were swollen and protruded. *Sepia 30* one dose restored rapidly!

3. An Injured Eagle  
LEDERMAN Jeff (HT,16,2/1996)

This is a very interesting case. An injured and sick, starved, 'Bald Eagle' is treated with i.v.fluid, nutrition and homoeopathic medicines (more than one medicine at the same time, and the author gives justifications which cannot be brushed aside), and it recovers and fit to go back to its natural habitat. The 'capture' (recovery) of the sick bird, nursing, observation (an injured or sick animal will not show its weakness (symptoms and signs) since such exhibition will be taken advantage of by its predators and as far as animals are concerned man is his worse predator), drawing of blood samples for laboratory tests, and management are all fascinating. Dedicated work indeed!

The author Jeff LEDERMAN is Wildlife Rehabilitation.

4. A Fawn in Barbed Wire Fence  
LEDERMAN Jeff (HT,16,3/1996)

A two-month-old male Columbia Black Tail deer fawn was found in a barbed wire fence, hanging off the ground by both hind legs. The length of time he was in the fence is unknown. The fawn was cut free from the fence and brought to the rehabilitation centre. There was very little movement in either back leg. He was terrified and hyperventilating with open mouth. For the "fear of death" *Aconite 200* and in two minutes the fawn became calmer and then *Arnica 200x*, sub-cutaneous fluids were administered. *China 30* frequent doses were given. Analgesic gel with homoeopathic *Triflora*, *Symphytum*, *Ledum* and *Rhus toxicodendron* were used for the abrasions and swellings. Six days after being found, the fawn was walking and moving nicely and eight months later after hunting season he was released back to the wild.

5. Two Fish Stories  
ZIV Basil (HT,16,3/1996)

A Goldfish became extremely lethargic, abdomen appeared bloated and the fish floated upside down and as soon as food was introduced into the fish bowl. *Lycopodium 30* was administered and the fish became

better. Several months later for a similar recurrence again the same medicine in 200 given and on a third occasion *Lycopodium* followed by *Carbo vegetabilis* 30.

Another Goldfish: it had swallowed a large stone which lodged in its mouth. The fish was resting at the bottom of the tank, quite motionless, all morning. The stone was removed with tweezers. A dose of *Arnica* 30 was given but next morning it was still found motionless at the bottom of the tank. *Aconite* 30 was given (for fright) and within 5-10 minutes the fish was happily swimming around! Since *Aconite* this fish has been more active and has never been better.

#### 6. The mortified ewe

DeWEESE Cyndde (HT,16,3/1996)

In this case of an ewe which had delivered a white lamb and in pains with a 'breech' baby lamb in and which was delivered manually - a black lamb - the mother showed total disinterest and dislike to the black lamb and did not lick or nurse. *Arnica* (for the difficult labor and consequent injury to the inner parts) was given but the baby was neglected. The ewe had to be restrained and the baby took feed. Reconsidering the case the ewe's rather look at the newborn black baby as if it felt embarrassed, mortified, a dose of *Staphysagria* 30 was given (the remedy is also in Generalities, exertion, physical agg., eating without relish, diminished appetite) and in a few seconds the change could be felt. Soon the ewe allowed the lamb to nurse, lick and show love and affection to the newborn!

(Those who speak of Homoeopathy as Placebo and speak of its action as due from 'suggestion' read these cases - Seal, Eagle, Deer, Fish and Lamb - how is that for variety = KSS)

## VI. PHARMACOLOGY

1. In Zweihundertsten Jahr der Homöopathie: Ergebnisse und Erfolge der biochemische Grundlagerforschung - Allgemeine Erkenntnisse und Konsequenzen (In the 200th Year of Homoeopathy:- Results and Effect of the biochemical fundamental experiments)

HARISCH G., DITTMANN J. (ZKH,40,3/1996)

The results of the bio-chemical experiments aimed at the discovery of regularities of the effects of homoeopathic preparations are reported. Central issues of the results hitherto found are: 1. the non-linearity of the relation between quantity of agent and effect, 2. the differing effect of homoeopathic potency and conventionally prepared dilution. The consequences of these pieces of knowledge are discussed.

2. Verreibungen fester Arzneigrundstoffe (Trituration of solid drug substances)

SAKMANN A. (ZKH,40,3/1996)

Triturations according to prescription 6 of the HAB (German Homoeopathic Pharmacopoeia) are investigated. It could be shown, that the conditions of the production has to be optimized carefully to ensure a good pharmaceutical quality. The mixing degree of the triturations was used as a measure for the pharmaceutical quality. It is suggested, that at least triturations with degree of dilution D1, which were produced by a mortar mill, has to be analysed with regard to mixing degree. The triturations with higher degrees of dilution have to be manufactured according to the optimized conditions for the production of the D1-triturations.

3. Factors involved in the Production of Homoeopathic Drugs

RAJ J. (CCRH,18,1&2/1996)

In this brief article the many factors like Climate, the cultivation of the plants, the collection, drying of the plants, the storage and of course the manufacture of the medicines are discussed.

4. Physico-chemical Constants of *Allium cepa* and *Medicago sativa* Mother Tinctures

RAMESH D. (CCRH,18,1&2/1996)

The present investigation is undertaken to lay down physico-chemical standards of mother tinctures of these drugs which hitherto are lacking in standard works. A comparative study of authentic drugs with commercial samples is made. Physical constants, colour reactions and thin layer chromatography (TLC) studies help in determining the authenticity of drugs.

## VII. RESEARCH

### 1. Effects of individually chosen homoeopathic medicines on recurrent URTI Children

A Clinical Trial—I Study Methodology

DE LANGE-DE KLERK E.S.M., BLOMMERS J., KUIK D.J., FEENSTRA L., BEZEMER P.D  
(BHJ,85/1/1996)

The effects of homoeopathic medicines on children suffering from recurrent upper respiratory tract infection (URTI) were studied in a randomized double-blind placebo-controlled clinical trial conducted at the paediatric outpatients department of the University hospital of the Vrije Universiteit in Amsterdam from 1987 to 1992.

The study was designed to meet both the requirements of proper homoeopathic practice and the current standards of a clinical trial. The purpose of a randomized placebo-controlled double-blind trial is to identify the effects of the agents under investigation by equalizing the effects of other factors that may influence outcome.

The object of the trial, eligibility criteria, follow-up period, treatments, and concurrent interventions, data collection and effect measures are discussed in the light of homoeopathic thinking.

### 2. Growth-promoting Effect of Sulphur 201c in Pigs

GUAJARDO-BERNAI German, SEARCY-BERNAL Roberto, SOTO-AVILA Jose (BHJ,84,1/1996)

In a blind, placebo-controlled trial, a homoeopathic dynamized dilution of Sulphur 201c was given orally to pregnant sows every 10 days. No significant difference was detected between the birth weight of litters (39 piglets) of treated sows and control litters (40 piglets). On day 30 statistically significant differences were observed both in the final weight of litters, mean total and daily weight gain.

### 3. Homoeopathy in 21st Century

JAIN Ramesh (NJH,5,1/1996)

The author claims that this is a research paper in Homoeopathy carried out for last 15 years in Pharmacy and Materia Medica. It includes knowledge of Chemistry, Physics and Mathematics. Prescription of periodic table. research in Pharmacy includes preparation of new remedies e.g. *Cesium iod.*, *Ruthenium iod.*, *Rubidium*, *Lanthanum*, etc. The research explores the *modus operandi* of homoeopathic remedies. It makes the understanding clear amongst the elements of Periodic Table. The case reported is complicated as also the prescriptions.

### 4. Effects of Homoeopathic Drugs against Fungi isolated from Patients

CHANDRA, B., GARG K.L., GUPTA Girish (HH, 21, 1/1996)

A study was made screening antifungal activity of homoeopathic drugs against human pathogenic fungi **in vitro**. Specimens were collected from tongue, skin, and ear of infected patients, by swab and scraping methods, and were cultured on Sabouraud dextrose agar media. Three fungi, **Candida albicans**, **Trichophyton mentagrophytes**, and **Aspergillus niger** were obtained. Against the above three isolates **in vitro**, antifungal efficacy of six homoeopathic drugs, *Bacillinum* 200, *Ustilago* M, *Petroleum* 200, *Sulphur iodatum* M, *Mezereum* M and *Acid benzoic* 200 were tested. *Sulphur iodatum* M and *Acid benzoic* 200 were found effective against all the three fungi. Females were found to be more prone to fungal infection than males. Urban patients were more sensitive to fungal infection than rural patients.

### 5. Clinical, Physical and Biological Studies on *Silicea*

POITEVIN B. (HH,21,1/1996)

This paper was presented at Omeomed, Urbino, Italy, September 24-27, 1992.

*Silicea* has been the subject of biological studies which demonstrate its effect on mouse peritoneal macrophages. Recently a spectroscopic study using Nuclear Magnetic Resonance (NMR) showed proton relaxation times which differ between *Silica* dilutions and the solvent. Moreover, clinical observations of this medicine have been carried out, in the absence of controlled clinical studies.

6. Die Ähnlichkeitsregel  
MACHO T. (AHZ,241,2/1996)

Reviewing the history of the Law of Similarity we understand HAHNEMANN's most important achievement as transfer of an old knowledge-system, without getting dominated by new science of nature or otherwise by esoteric thoughts.

7. Homöopathie in der aktuellen Forschung: Simile-Prinzip experimentell bestätigt? (Homoeopathy in actual Research: Simile-principle experimentally proven?)  
VAN WIJK R., WIEGANT F. (AHZ,241,2/1996)

The Law of Similars constitutes the basic requirement for homoeopathic therapy. At the Department of Molecular Cell Biology, University Utrecht, the fundamental mechanisms of the **similia** principle have been experimentally proven for the first time. High concentrations of toxic substances impair cell regeneration. In our experiments we were able to show that a second treatment with subtoxic doses of the same substance activated the synthesis of protector proteins (heat shock proteins) significantly. On the other hand, normal cells undergoing the same treatment were not influenced. The effect was specific for the respective agent. Our experiments link the empirical knowledge of Homoeopathy with current biomedical research.

8. Zum Stand der klinischen Forschung zur Homöopathie (Clinical Research in Homoeopathy)  
ALBRECHT H. (AHZ, 241,3/1996)

Research in Homoeopathy according to the demands of modern clinical Pharmacology is possible, it makes sense and is clinically relevant. The results of clinical research in the field show the same positive-negative relation as in other fields of medicine. Whether the procedure currently used suits the specific characteristics of Homoeopathy is the question.

9. Die Bedeutung nichtlokaler Effekte für die klinische Forschung (The Significance of Non-local Effects for Clinical Research)  
WALACH H. (AHZ,241,3/1996)

Considering the recently published clinical trials of Homoeopathy one finds more negative than positive results. Randomized clinical trials are detectors of causal factors in therapy. Therefore, two conclusions come to mind. Either these recent studies have not been planned and conducted well enough and therefore could not detect the subtle causal influences coming into play in Homoeopathy. Or homoeopathic effects are not (solely) due to causal effects, but perhaps follow from other, acausal and correlative processes operative in Homoeopathy. It is argued here that recent studies are among the best ever done and, therefore, that an acausal, nonlocal interpretation of Homoeopathy is probably more adequate. It could be that nonlocality which is a basic feature of our world as described by Quantum Mechanics, also is active in macroscopic systems under certain circumstances. Perhaps Homoeopathy is one practical example for such macroscopic nonlocality. If this is true, then it follows for clinical research that a more diversified strategy, which not only relies on randomized clinical trials, but also on other approaches, is needed. Also, clinical trials should be designed with explicit "loopholes", which do not critically affect internal validity, but leave some space for acausal effects to still be active.

10. Zur Wirkungsentfaltung ausgewählter Homöopathika - 15 Jahre Grundlagenforschung - Erkenntnisse, Lernprozess (On the action of selected homoeopathics - Basic researches over 15 years - knowledge, learning process)  
HARISCH G., DITTMANN J. (AHZ, 241,3/1006)

The results of basic research on effects of selected homoeopathics are reported. The pieces of knowledge to be derived are presented. Chances and limitations of the bio-chemical experiments for the purpose of heuristic are discussed. Homoeopathy is integrated in the system of Natural Science.

11. Reflexionen zum Ergebnis der Münchner Kopfschmerzstudie (Reflections on the results of the Munich Study of Head-ache)

WALACH H., HAEUSLER W., LOWES T., MUSSBACH D., SCHAMELL U., SPRINGER W., STRITZL G. (AHZ, 241,3/1996)

Already in advance of a detailed official publication the results of the study on headache carried out in Munich were announced. In the case of chronic headache Homoeopathy is not more effective than a placebo. Up to now, the study is unique in combining homoeopathic claims and the scientific standards which are presently usual, but the study does not produce evidence, due to methodical reasons, that Homoeopathy is a placebo. Difficulties during the treatment, which showed during the course of the study, are appreciated critically. In addition to the question, whether homoeopathic effects can be proven with a method which implies causal mechanisms of effect, the question concerning the consequences for further homoeopathic research has to be asked.

12. Homoeopathic Treatment of Malaria in Ghana - Open Study and Clinical Trial

VAN ERP V.M.A., BRANDS Martien (BHJ,85,2/1996)

In a clinic in Tamale (Ghana, Northern Region) patients with Malaria were treated with homoeopathic drugs in an open study (n=75) of whom 90.7% (n=68) showed clinical improvement.

Subsequently in a randomized, double-blind, clinical trial, one group (n=30) received homoeopathic drugs, of which 83.3% received Chloroquine with improvement in 72% patients. This difference is not statistically significant due to the limited samples. The results do, however, suggest further research with larger groups.

13. Pensar a Homeopatia: um novo eixo de desenvolvimento e pesquisa (To think Homoeopathy: a New Axis of Development and Research)

MARCHAT Philippe (RB,61,1-2/1996)

14. Homoeopathic Medicines successful in Tumour Reduction

MALIEKAL Thomas (CCRH,18,1&2/1996)

Homoeopathic medicines *Kali muiaticum*, *Phytolacca decandra*, *Hydrastis canadensis*, *Zincum metallicum*, *Conium maculatum* and *Carcinosinum* were tried in Swiss albino rats bearing induced tumour. It was observed that except *Conium* all the drugs could reduce tumour to completion.

15. Homoeopathic Management of Schizophrenia - An Analytical Report

BALACHANDRAN V.A. (CCRH,18,1&2/1996)

This is an interesting study of 50 schizophrenic patients treated exclusively with Homoeopathy and the encouraging results.

16. *Rauwolfia serpentina* (Aqua): A New Approach in the Treatment of Hypertension in Homoeopathy  
RASTOGI D.P. , BAIG hafeezullah (CCRH,18,1&2/1996)

*Rauwolfia serpentina* belonging to the family Apocyanaceae is a popular drug used in curing Hypertension besides other ailments. This drug is commonly used as a mother tincture to relieve Hypertension, but could not help alleviate the associated symptoms like sleeplessness, headache, palpitation, indigestion, etc.

In the present study the efficacy of the drug administered in 1x potency in water has been studied clinically and pathologically in 52 patients suffering from essential Hypertension. The drug besides controlling the raised blood pressure also brought down considerably the associated symptoms in some cases.

17. Chaos Theory: Implications for Homoeopathy

SHEPPERD Joel (EJH,2,5-6/1996)

The new science of Chaos theory contains ideas that help to communicate homoeopathic processes in a way that researchers can understand. The language of the mathematics of non-linear dynamics contains concepts that describe homoeopathic observations. The basis terms of this mathematical language are presented. Applications in Physiology and Medicine are noted from current literature. Homeodynamics is proposed as an update for homeostasis. Examples of how chaos theory language can model homoeopathic mechanisms are described.

## VIII. HISTORY

### 1. Geschichte der Homöopathie in Sachsen (History of Homoeopathy in Saxon)

ILLING K.-H. (ZKH,40,3/1996)

The drug test, which HAHNEMANN carried out with hisco-investigators, during his time at Leipzig, are among the best ones we know of. From his former circle of scholars, two groups singled out, the "pure ones" as his strict adherents and the "free ones" which was more critical in maintaining the basis principles. Unfortunately, the dispute between them as well as personal differences and financial difficulties have put an early end to both hospitals at Leipzig (1833 - 1842 and 1887 - 1901). Despite all adversities, the ambulant clinic at Leipzig existed from 1842 until the end of World War II. Many patients were treated successfully with Homoeopathy and many physicians were trained in Homoeopathy. Finally, the tradition of drug tests has been resumed in the twenties and thirties. In conclusion, the ethical thought of HAHNEMANN are dealt with.

### 2. KENT A Modern Biography of James Tyler Kent

WINSTON Julian (AH, 2/1995)

This is a brief 'biography' of KENT, most of which is already known.

### 3. The House KENT Built

BEDAYN Greg (AH,2/1995)

The article narrates the search by the author and Julian WINSTON for KENT's house in Stevensville, Montana, where KENT lived till his death. The house was traced and the current owners have agreed to sell the house for converting it into a complete homoeopathic centre after due repairs. There is a nice photograph of KENT sitting on a wooden bench in his garden and his wife Dr. CLARA admiring the lush thicket.

### 4. 200 Jahre Homöopathie - Der historische Hintergrund (200 Years of Homoeopathy - the historical background)

APPELL R.G. (AHZ,241,1/1996)

The foundations of Homoeopathy by Samuel HAHNEMANN in 1796 is not an isolated event. The intellectual history of HAHNEMANN's time, the virulence of sympathetic thinking are discussed as well as the variety of political and medical influences.

### 5. Vom Nutzen der Homöopathieggeschichte - insbesondere für den "ärztlichen Stand"

(The usefulness of the history of Homoeopathy - particularly from medical standpoint)

DINGES M., SCHUPPEL R. (AHZ,241,1/1996)

The usefulness of the history of Homoeopathy goes well beyond its significance in the everyday practice of physicians (as in the edition of founder HAHNEMANN's case-journals). The history of Homoeopathy shows how since its founding the therapy has developed out of a critical relationship to observed "reality" to attain an undogmatic character. Beyond a more discerning view of the past, this historiography could also lead to more tolerant relations within the homoeopathic community, closer scrutiny of certain myths (especially of origin), reevaluations of traditional objectives (e.g. hospitals, university lectureships), greater sophistication in the homoeopathic identity, and a greater awareness of problematic parts of its history.

### 6. HAHNEMANN und die Cholera (HAHNEMANN and the Cholera)

SCHIEBLE K.-F. (AHZ,241,1/1996)

Judging from the available sources, the homoeopathic treatment during the first Cholera epidemic in 1831 proved more efficient than the allopathic cures. Very strong discussions came up as a result of HAHNEMANN's prescriptions of apparently non-homoeopathic application of drugs like Camphor. The brief article brings back to light the times.

## IX. GENERAL

### 1. Homoeopathic Potencies On the Internet

VAN GALEN E. (BHJ,85,1/1996)

The introduction of further means of electronic communications will be an absolute necessity for the entrance of Homoeopathy into the 21<sup>st</sup> century. The possibilities Internet already offers for Homoeopathy are illustrated by introducing the Homoeopathic Internet Resources List (a guide to homoeopathic resources on the Internet which has been available on-line on the Internet since January 1995). The first homoeopathic web server on an academic level called HOMEOWEB is also introduced.

### 2. Epilepsy

KOTHARI Manu & MEHTA Lopa (NJH,5,2/1996)

This is again a very refreshing brief literature by the famous authors. He quotes from such great persons as SHAKESPEARE, DANTE, Thomas CARLYLE and ends thus: "The presence of epilepsy without EEG evidence and absence of epilepsy despite EEG suggestive of it put non-epilepsy and epilepsy at two ends of a spectrum. . . .". Interesting thoughts.

### 3. Divided Legacy

COULTER Harris (HOM,60/1996)

Dr. Harris COULTER author of the well-known four volume **Divided Legacy** discusses the subject of Allopathy--Homoeopathy or Empiricism--Rationalism which is the theme of his work cited. He concludes this interesting and brief essay: ". . . . But the Empirical-Rationalist dualism was also at work within Homoeopathy. The former were those who adhered to HAHNEMANN's original and strictly Empirical formulation of the rules of homoeopathic practice. The latter, constituting the majority of homeopaths, rejected HAHNEMANN's original formulation and preferred a doctrine modelled along the Rationalist lines of the prevailing allopathic therapeutic mode. These latter physicians were anxious to accept the AMA's invitation to join the allopathic medical societies where they were effectively stifled and barred from speaking about Homoeopathy. This led in a short time to the collapse of Homoeopathy as an organised movement in Medicine. After 1903 Allopathy flourished as never before, bolstered in the 1940s and 1950s by the antibiotic revolution which promised so much and did indeed deliver some benefits. But, as had happened to the early 1800s, the allopathic dominance at length generated its own internal opposition to the form of the 'alternative health movement' of the 1900s still later. Since these watershed years Homoeopathy, Chiropractic, Acupuncture, and several nutritional modalities have registered astonishing growth and public acceptance. So the Empirical-Rationalistic allopathic-homoeopathic dichotomy is once again being played out on the broad national scale in the United States and many European countries."

### 4. The Eclectics - From the Backwoods to BOERICKE and Beyond

HUGHES Paul (HOM,60/1996)

This brief study of the Eclectics in Homoeopathy is quite interesting. They include such great names as BOERICKE, BURNETT, CLARKE, etc. The author discusses the many remedies included in BOERICKE's *Materia Medica* which hail from Botanic and other sources.

### 5. Help - Personal and Professional Development through Supervision

MORRIS Elisabeth (HOM,60/1996)

This is on the stresses which supervisees undergo and how the author as supervisor helped them be overcome.

### 6. The Case for Supervision in Homoeopathy

RYAN Sheila (HOM,60/1996)

This again is on "supervision" and its importance in the Profession.

## 7. The Legacy of RADEMACHER

WHITNEY Jerome (HOM,61/1996)

Those of us who have read BURNETT the name RADEMACHER and 'Organ Remedies' may not be new. In this article the author looks into RADEMACHER's theories and how he adapted from the great rebel PARACELSUS. It is also interesting to note that RADEMACHER was a contemporary of HANEMANN. What is the relevance of RADEMACHER now? WHITNEY concludes: "And where does this all lead us? Back to RADEMACHER's mentor: the writings of PARACELSUS. It was PARACELSUS who postulated that an organ was the functional fractal of the whole. That despite its specialised role within the body, it was also an organic expression and representative of the whole being, just as today we accept that the DNA of a cell. It is this expression of the recursive law of New Physics: of the cup, within the cup, within the cup that brings together: Organopathy, PARACELSUS, RADEMACHER, BURNETT, Homoeopathy, Genetic Engineering, and Quantum Bio-mechanics. This is the legacy of RADEMACHER!"

## 8. A clinica da similitude (The Clinical Practice of Similarity)

MARIM Matheus (RB,61,1-2/1996)

Citing cases the author presents the clinical practice of similitude.

## 9. Misconceptions about Homoeopathy

KOPPIKAR S.P. (HH,21,1/1996)

This excellent article by the doyen of Homoeopathy must be read by all to counter many false accusations and charges against Homoeopathy raised by its opponents as well as some ignorant homoeopaths themselves.

## 10. Le colloque d'Auroville (Auroville Conference)

BAUR J. (CGH,33,1/1996)

The author Dr.Jacques BAUR visited Auroville in Pondicherry, South India, after attending the LMHI Congress held at New Delhi in March 1995. The text of his lecture at Auroville has been given in full. It covers all aspects of Homoeopathy.

## 11. Schichten der Ahnlichkeit (Stratums of Similarity)

APPELL R.G. (AHZ,241,2/1996)

The idea of similarity is multi-layeral. Therefore the levels of similarity should be present as background to prevent any form of positivistic reductionism. This does not imply to sacrifice exact homoeopathic work to speculation.

## 12. Der Ahnlichkeitsregel (The Law of Similarity)

MACHO T. (AHZ,241,2/1996)

The history of the Law of Similarity is briefly and succinctly recapitulated; HAHNEMANN's historic achievement of transfer of an earlier knowledge-system is interpreted without getting dominated by new sciences of nature or otherwise esoteric thoughts.

## 13. Homoeopathie in der aktuellen Forschung: Simile-Prinzip experimentell bestätigt? (Homoeopathy in actual research: Simile principle experimentally proved?)

WIJK van R., WIEGANT F. (AHZ,241,2/1996)

The pre-condition for a successful homoeopathic treatment is the basic requirement of the application of the Law of Similars. In the Department of Molecular Cell Biology, University of Utrecht, the fundamental mechanisms of the similia principle have been experimentally proven for the first time. High concentrations of toxic substances impair cell regeneration. In the experiments it was possible to show that a second treatment with sub-toxic doses of the same substances activated the synthesis of protector proteins (heat shock proteins) significantly. On the other hand, normal cells undergoing the same treatment were not influenced. The effect was specific for the respective agent. The experiments link the empirical knowledge of Homoeopathy with current biomedical research.

## 14. Audit of prescribing style and outcomes in General Practice

DOWNEY Paul (BHJ,85,2/1996)

This is a very interesting 'audit'. The circumstances is not unusual but has not been considered by the Profession.

A homoeopath in General Practice sees anywhere between 50 to 80 patients, on an average about 50 and in the time available hardly 10 minutes could be spared per patient. What sort of prescribing could be done in such short time? What technique and methodologies should the practitioner adopt so that rapid prescription can be made without going off the mark? Key-notes? Specifics? What training should these practitioners receive? The situation with reference to Britain is analysed in this article.

15. Why I Became a Homeopath

MOSKOWITZ Richard (JAIH, 89, 2/1996)

It is impossible to abstract this **fascinating account** of Dr. Richard MOSKOWITZ's professional and personal journey to Homoeopathy. We simply invite the reader to enjoy this unique autobiographical sketch.

16. A afirmacao de uma racionalidade medica especifica (The affirmation of a Specific Medical Rationality)

LUZ Madel T. (RB,61,1-2/1996)

17. Hahnemann ao encontro do modelo cientifico de sua epoca (HAHNEMANN towards the Scientific Model of his Time)

BESSA Marco Antonio (B,61,1-2/1996)

18. Haftungs- und Abrechnungsfragen in der homoeopathischen Praxis - Aktuelle Perspektiven (Liability and

Accountability in homoeopathic Practice - Actual perspectives)

KOTFERING H. (ZKH,40,2/1996)

Tendencies in liability and accountability with relevance in homoeopathic practice are discussed.

19. PITCAIRN - An Interview with Dr. Richard PITCAIRN, DVM, Ph.D.

BEDAYN Greg (AH,2/1995)

"Dr. Richard PITCAIRN is the preeminent veterinarian homeopath in the US today. During the course of this interview (six telephone conversations totaling five hours) I came to discover that his grasp (and practice) of pure Hahnemannian Homoeopathy is as deep as any I have ever seen. When certain issues arose in our interviews, he would cite the appropriate reference sections in the work of HAHNEMANN and KENT. I quickly got the feeling that his books were well worn. His story of how he approached Homeopathy is one of the most compelling I have heard."

This is a fairly long and fascinating interview in which PITCAIRN speaks of his quest for an alternative system of healing and how he came to Homoeopathy and how VITHOULKAS' book *The Science of Homoeopathy* fascinated him and made sense and how he further studied and practiced. His 'dream' is to eventually open a Veterinary Homeopathy School.

20. Coincidental Man - An Interview with Harris Livermore COULTER, PhD.

WINSTON Julian & BEDAYN Greg (AH,2/1995)

Harris COULTER and Mrs. Catherine COULTER are both very well-known personalities in the field of Homoeopathy. Harris has been crusading for Homoeopathy, He has written quite a few books in reference to Homoeopathy, the most widely read is the *Divided Legacy* in 4 volumes, the third volume dealing with the rise and fall of Homoeopathy

In this Interview is revealed how Harris COULTER came to Homoeopathy, how he came to choose to write his dissertation for his Ph.D. on Homoeopathy, and about his further works. There are interesting snippets about such well-known homoeopathic stalwarts like Dr. Elizabeth Wright HUBBARD and Drs. James STEPHENSON, William BOYSON, William GRIGGS, Garth BOERICKE, Julia GREEN, Arthur GREEN.

21. JAYESH - An Interview with Jayesh SHAH

SUSIE and Jeff BAKER (AH,2/1995)

Dr.JAYESH is an important member of homoeopathic doctors revolving around Dr.Rajan SANKARAN. JAYESH has been presenting seminars, mostly abroad, which are well received. His collection of cured cases are simply stunning. JAYESH and SANKARAN are like brothers, coming to Homoeopathy at the same time and sharing in each others brilliance. The influence of this circle of homoeopaths has taken our art and science forward in leaps and bounds. In this interview JAYESH speaks of his close association with Rajan SANKARAN, Monday night study sessions, the working of his clinic, his practice, etc. A very interesting interview. There is a very beautiful photograph (what we call a 'snap') of Dr.Rajan SANKARAN resting his head on the lap of Dr.JAYESH and taking a nap. The photograph speaks so well the closeness of RAJAN and JAYESH.

#### 22.Wenda Brewster O'REILLY - An Interview

Melanie Kornfeld GRIMES (AH,2/1995)

Dr.Wenda Brewster O'REILLY who has just edited a Guide to the Organon of Medicine by Samuel HAHNEMANN (published in 1996) which has been much acclaimed. In this interview Dr.O'REILLY talks of her 'discovery' of Homoeopathy, her study of Homoeopathy in the Dynamis School, U.K. O'REILLY was born in Germany, raised in Boston and Washington and her father was medical Doctor. She holds a doctorate in Psychological studies. She has helped NEUSTADTER edit his paediatric book and Jeremy SHERR's Dynamics of Provings. It is very interesting to read about O'REILLY's editing of the Organon.

#### 23. KENT and SWEDENBORG

CARLSTON Michael (AH,2/1995)

There have been quite a number of articles on SWEDENBORG's influence on KENT's homoeopathic philosophy. In this article some of the most characteristic of such influence are discussed.

#### 24. Homoeopathy and the Elements

KUSSE Frank (HL,9,1/1996)

This is an interview with Jan SCHOLTEN author of the book 'Homoeopathy and Minerals'. SCHOLTEN explains the evolution of his ideas

#### 25. Radioactivity - 50 years since Hiroshima and Nagasaki

SHERR Jeremy (HL,9,1/1996)

The seventh period of the periodic table is the last and most mysterious of all. It has only recently begun to unfold it's secrets to mankind. The seventh period consists of radioactive elements, all of which are heavier than *Bismuth*, element 83. Jeremy SHERR traces the development of human civilisation vis-à-vis the periodic table. 20<sup>th</sup> century is the radioactive era. He says that it is with the intention of seeing the 'light at the end of the tunnel' that the proving of *Plutonium* was undertaken by his Dynamis School. An interesting article.

#### 26. What's in A Name?

ROBERTS Ernest (HOM,61/1996)

This is an interesting discussion about curable and incurable (in Homoeopathy) diseases, in the light of HAHNEMANN, KENT, about 'naming' diseases, one-sided diseases, etc.

### XI. BOOKS

1. **Homoeopathy - Evergreen Medicine, A Jewel in the Medical Crown, by Donald LIVINGSTON, published by Asher Press, 20 Revine Road, Canford Cliffs, Poole-BH 13 7Hy U.K..1991 22.95.** review by Dr.DE.MISTRY (CCR,5,1/1996): "This book contains some unique features. First there is a rare portrait of HAHNEMANN painted by his second wife MELANIE at the very beginning of this book. Next to it, is an extensive family tree of HAHNEMANN from the British side.. . . . Though, the materia medica at times seem heavy reading, many finer points and shades of symptoms are given. This book has to be read slowly, but in one volume it encompasses almost everything in the field of Homoeopathy. . . . The printing is flawless. . ."

2. **Homoeopathy for Women by Rima HANDLEY, published by Thorsons.** (CCR,5,1/1996): "This a handy book that deals almost exclusively with ailments in women. . . . This Review by D.E. MISTRY book

is basically an accessible and introductory book and admirably succeeds in its aim in describing how Homoeopathy can benefit women of all stages in their lives.”

3. **Meaning and Medicine** by Larry DOSSEY, M.D., Bantam Books, 1991. Review by D.E/MISTRY,M.S. (CCR,5,2/1996): “. . . The book is divided into three parts. In Part I titled “breakdown” he mentions ten different situations wherein from various case records quoted by him he narrates personal incidents of sudden disease and death in otherwise apparently healthy individuals. . . In Part II “New Meaning New Body” the old view of the body as a machine is seen in the historical perspective and shown how this view has dominated western medical thought, procedure and treatment. The new meaning gives Music as the body’s key phenomenon, music which is actually in atoms and molecules of each body. . . Part III titled “Healing breakthroughs”. . . Genuine healing is frequently unexpected and radical , seemingly out of the blue and often depends not on what we do but how we choose to be. . . . Filled with case histories, it shows how thoughts and emotions influence the body and can make the vital difference between survival and death to the patient. . . This book is therefore a classic of its kind in medicine.”

4. **Bach Flower Remedies to the Rescue** by Gregory VLAMIS, HEALING ARTS PRESS, ROCHESTER VERMONT, 9.95. Review by D.E.MISTRY, M.S. (CCR,5,2/1996): “This book is a Centennial Tribute to the creator of Bach Flower remedies. . . . The remedies are divided into seven main psychological types - Fear, Uncertainty, insufficient interest in present circumstances, loneliness oversensitive to influences and ideas despondency or despair and over-care for welfare of others. In each type remedies are given . . . A thoroughly enjoyable book to lovers of Bach Flower Remedies. . . “

5. **Cultured mammalian cells in Homoeopathy Research: the similia principle in self-recovery**, Roeland VAN WIJK and Fred A.C.WIEGANT. University of Utrecht - Dept. of Molecular Cell Biology/Financial support - Homoeopathy International Utrecht Univ. Dept. of Molecular Cell Biology, P.O.Box 80. 056, 3508 TB Utrecht, the Netherlands, 1994. (EJH,2,4-6/1996): “Although a highly specialized book, it is not beyond the comprehension of most of us. . . . Their research is in search of an underlying mechanism or model of stress adaptive response that satisfactorily can predict future mammalian cell reaction. In this respect the “new” physics and complexity theories can do wonders for them in bridging the gaps. This is diplomatic research at its best, recommended for future would be researchers.”

6. **Homoeopathy: A Frontier in Medical Science.** by Paolo BELLAVITE MD & Andrea SIGNORINI . Published by North Atlantic Book, P.O.Box 12327, Berkeley, California USA, 1995. (EJH,2,5-6/1996): “A must for any homoeopathic research. . . . good account of the empirical and theoretical developments in homoeopathic research. . . . It makes for good and interesting reading.

7. **The Unfolded Organon, A Precis of Hahnemann’s Sixth Edition.** by Peter CROCKETT. Islington Centre for Homoeopathy, 44 Ellington Street, Islington, London N7 8PL; 1995. (EJH,2,5-6/1996): “. . . It is a very useful book, a tool that makes the sixth edition of Hahnemann’s Organon easy to use for students as well as practitioners. The “Unfolded Organon” is a complete but shorter version of the original with easier references. I recommend it to all. “

8. **Traume, eine Pforte zum Urgrund**, Edward C.WHITMONT & Sylvia B. PEREIRA , Burgdorf - Verlag , 272 p. DM 48. reviewed by Uto ANTOS and Peter KONIG, Vienna (HL,9,2/1996): “. . . . For those of us, who like dreams and who want to work with them seriously, this book could become another Organon. It could help to develop an area in Homoeopathy, which is still at it’s beginning and almost totally neglected in our education.

9. **Ganzheitliches Wohlbefinden - Homoeopathie fur Frauen**, Friedrich GRAF, Herder-Verlag, 299 p. DM 36,- reviewed by Rolf Heinmann, Switzerland (HL,9,2/1996): “. . . . You will much enjoyment and knowledge reading this book . I can highly recommend it for all questions concerning health. And despite the title, the book is most absorbing for men as well.”

10. **Handbuch der homoopathischen Materia Medica by BOERICKE W. Karl F. Haug, 845 pages Hardback (German) DM72,-.** reviewed by Beat SPRING (HL,9,2/1996): "The newly translated and corrected Boericke we finally get in the long awaited small and handy form! . . . In this new translation the original sources of information (like HAHNEMANN, ALLEN, HERING etc.) which Boericke used to compile his Materia Medica, have been consulted and the mistakes in the original American edition have been corrected. The original German passages are transcribed in their original form. Symptoms that are not understandable in the American version (due to considerable shortening) have been clarified according to the original sources. A lot of valuable, extra information is added in the footnotes. A glossary with a definition of clinical terms not in use anymore today follows at the end. ..."

11. **A Text Book of Dental Homoeopathy, C.W.Daniel, soft cover, 191 pages,** reviewed by Judith COURTS (HOM,60/1996): "Colin LESSELL is the Vice Chairman of the British Homoeopathic Dental Association. His book is a concise and comprehensive guide to the use of Homoeopathy in dentistry. It is divided into two parts, two appendices and a general index. . . .The book is well presented and very interesting to read. I feel it would be an invaluable addition to the library of any homoeopath or dental practitioner."

12. **The Problem Child and Homoeopathy, by A.K. GUPTA, B.Jain (India),soft cover, 137 pages. Kansal's Practice of Medicine With Homoeopathic Therapeutics, B. Jain (India), hard cover, 444 pages**

review by Judith COURTS (HOM,80/1996): ". . . . Dr.Gupta COVERS problems ranging from thumb sucking to suicidal tendency and criminal activities. . . I found this book entertaining and interesting. "

"Kansal's book is beautifully presented hardback book but suffers from the poor quality of paper that is usual in Indian publications. However the contents will prove invaluable to any homoeopath. I particularly liked the piece on case-taking and diagnosis which stresses the need for knowledge of the disease in order to prescribe curatively for the patient. . . ."

13. **Kent's Comparative Materia Medica Volume I (Abies-c. to Agar-ph.) compiled and edited by Asha and HariSingh, 1995, Smriti Publications, New Delhi, 226 pages hardback, Price unknown.** review by Robin LOGAN (HOM,60/1996): " This is the sort of book you can nose into over breakfast and get a taste of what you might have forgotten . It made me want to look at Kent's **Lesser Writings** again. The book lists all Kent's rubrics under remedy name (not just the mental symptoms). After many of the remedies there are excerpts from **Kent's Lectures on Materia Medica** and **Lesser Writings**. . . . It is refreshing to go back and realise how insightful KENT was. We are also reminded of those small remedies we would like to use with confidence."

14. **The Complete Guide to Homoeopathy, The Principles and Practice of Treatment, by Dr. Andrew LOCKIE and Dr.Nicola GEDDES, Dorling Kindersley 1995, 240 pages, hardback 16.99** review by Clare PALMER (HOM,60/1996): ". . . .This is a beautifully presented book. For 16.99 you certainly get your money's worth of lovely photographs, eye-catching art work, and text that is accessible and easy to read. An outstanding feature of the book is the photographs of the substances or plants from which the remedies are made. The minerals are particularly eye-catching, and I spent some time looking at the beautiful bright orange particles of potassium bichromate which gives us the remedy *Kali bichromicum*, or the black and silver crystalline rock which transforms into *Graphites*. . . . "

15. **Homoopathie - Die grosse Kraft der kleinen Kugeln. Ein praktischer Leitfaden fur Patienten. 173 S.**

**brosch., Herder Verlag, Freiburg 1995, DM 16,80.** (German): review by BLEUL (AHZ,241,1/1996): "... . The book is pleasant and refreshing to read, the stile is absorbing and pointed. Can be recommended to our patients especially as introductory literature."

16. **Psychosomatik in der Homoopathie - Symptome, Syndrome, Symbole. H.-J. SCHRAMM. 168 S. 6 Abb., Leinen, Hippokrates Verlag, Stuttgart 1994. DM 68,-** (German) review by GEBHARDT (AHZ,241,1/1996): ". . . The book is undoubtedly an interesting addition to Homoeopathy".

17. **Geschichte der deutschen homöopathischen Krankenhäuser - Quellen und Studien zur Homöopathiesgeschichte**, EPPENICH H., Bd. 1, 439 S., geb., Karl F. Haug Verlag, Heidelberg 1995, DM. 120,-. (German) review by GEBHARDT (AHZ,241,2/1996): "The author has written for his Doctor thesis about the homoeopathic hospitals from the beginning to the end of the first World War. . . . The important homoeopathic hospitals are then described with reference to their place etc. and he has given a very complete material. The life of the chiefs of the hospitals are also dealt with. . . . A complete book containing sources and literature references as also lot of reference material complete this volume. This is a reliable and highly historical study of much scientific value. . . . It is hoped that the author will follow this first volume with a second one which would deal with the hospitals upto the present.

18. **Homöopathie für Allgemein- und Fachpraxen - Eine bewährte Arzneimitteltherapie in zeitgemäßer und praxisnaher Darstellung**, GABANYL D. (Hrsg.), PERIMED-spitta Medizinische Verlagsgesellschaft, Balingen 1994. DM 198,- (German) review by GEBHARDT: (AHZ,241,2/1996): ". . . A 2 volume work, ringbound. Eight authors have collaborated including such well-known as GAWLIK, SCHLUREN, STUBLER and WUNSTEL. It is aimed at Practice. It would help the less experienced as well as the physicians in private practise in finding quickly the required remedy. . . . "

19. **Krankenjournal DF 5 (1837-1842)**, S.HAHNEMANN, **Transkr. und übers. von A.MICHALOWSKI, 1205 S., geb., Karl F. Haug Verlag, Heidelberg. 1992, DM 198,-** (German) review by GEBHARDT (AHZ, 241,2/1996): "It is extremely very much creditable that the **Robert Bosch Stiftung, Stuttgart**, has undertaken the publication of HAHNEMANN's Case Records, under the leadership of Prof. JUTTE. It has not been easy to transcribe HAHNEMANN's writing and particularly the current volume which is in French language. HAHNEMANN has noted the entire case history one after the other. One can have a good idea about HAHNEMANN's method of practice. He prescribed exclusively single medicines in high potencies which he more often prescribed one after the other. In cases in which success was not obtained he changed the medicine quickly and gave another new medicine. . . . This is a very important and basic work of Homoeopathy. . . . "

## XII. NEWS & NOTES

1. The Rev. Hon. Dr. J. DICKINSON MABON. has taken over as President of the Faculty of Homoeopathy. In his lecture he has outlined in brief the future plans, e.g. improving the Faculty examination to reflect high level of professional competence, promoting, providing, encouraging and licensing more centres of training, research (to convince the doubters) including free research to provide chance breakthrough. (BHJ,85,1/1996)

2. Vaccination and a link with Homoeopathy by U.C. ADLER et al in the Homoeopathic Journal of the LMHI 1995 (Winter) 12-6 extracted in the BHJ,85,1/1995: An analogy between Homoeopathy and conventional medicine is often drawn by comparing the Principle of 'like to treat like' with vaccination. Many homoeopaths do not consider this to be entirely accurate, vaccination being rather more akin to Isopathy than to Homoeopathy, but it is a useful introduction for newcomers to the discipline. In fact Samuel HAHNEMANN was a great admirer of JENNER's early cowpox vaccines. He considered the process to be a homoeopathic method of 'curing in advance' due to interaction resulting from the pathogenic similarity between Smallpox and Cowpox, and the results of the vaccination to be a beneficial 'remarkable act'. The author's aim is to evaluate HAHNEMANN's two conclusions on Smallpox vaccination according to current scientific developments and to determine the applicability of his concepts to modern vaccination. Remarkably they find a good degree of fit in some areas. For example, HAHNEMANN's explanation for JENNER's vaccination was that the simultaneous occurrence of two different diseases very similar in their effects (in this case cowpox and Smallpox) results in 'elimination of the weaker by the stronger once they both act in the same parts of the organism'. HAHNEMANN's belief in the existence of competition between similar pathogens in close proximity has been supported by evidence from modern scientific studies confirming the existence of interference between certain animal viruses and bacteria in the same cell. The article concludes by suggesting that considering the adverse effects of certain conventional vaccines, experimentations with dynamized vaccines should be pursued. The whole area of 'homoeopathic vaccines' is a difficult one. We have some circumstantial evidence of efficacy, especially in animals, but no hard scientific facts.

3. Did HAHNEMANN treat Kaspar HAUSER? by F.DELLMOUR in *Homoopathie in Osterreich* 1995,6/2 extracted in the BHI,85,1/1996): The author watched a television film on Kaspar HAUSER which he felt had been carefully researched. To his surprise the film included scenes explicitly referring to Homoeopathy and showing homoeopathic treatment with KASPAR's teacher J.G.MEYER briefly opening the vials and blowing across them in the young man's direction who was about 2.5 metres away and would report his reactions to the 'medicated cloud'. On one occasion MEYER referred to medicines recently sent by HAHNEMANN. Research at the **Robert Bosch Foundation in Stuttgart** may show if HAHNEMANN made any reference to KASPAR HAUSER in his notes.

4. Compliance to homoeopathic treatment in a Rio Grande do Sul outpatient service by U.N. De Oliveura RANOS in *Homeopatia (Revista da Liga Homeopatia do Rio Grande do Sul)* 1994;3:29-34 ,extract in the BHI,85,1/1996): Homoeopathy has been used by physicians working in the Brazilian public health system since 1985. In 1988 a Government statement was made concerning the implementation of Homoeopathy in the national health system. The same year the Rio Grande do Sul state officially opened the first public homoeopathic service, which was coordinated by the author. The paper describes the main activities of the service and attempts to assess patients' compliance in returning the follow-up consultations. 150 patients who attended from 1988 to 1992 were randomly selected and their records assessed if they attended at least four consultations for chronic diseases or two consultations for acute problems. The author confirms the initial hypotheses of patients' compliance in the first Rio Grande do Sul homoeopathic public service.

5. Motivation for studying Homoeopathy among physicians by M.E.PULIDO ALVAREZ (in *La Homeopatia de Mexico* extract in the BHI,85,1/1996): On the basis of 63 letters of intent from physicians applying to do a postgraduate course in Homoeopathy the author classified the main reasons for wishing to study Homoeopathy. Most of the physicians (46%) wanted to study Homoeopathy for medical reasons, i.e.to increase their clinical armamentarium and better solve patients' health problems, because Homoeopathy is a safe and effective therapy and because conventional drugs can be highly toxic and provoke iatrogenic complications. Academic and professional reasons were given by 31% to explain their interest in Homoeopathy, mainly to enrich and complement conventional medical training and knowledge. 23% were interested for social reasons as Homoeopathy is a cheap, simple and socially appropriate form of treatment.

6.Use of homoeopathic Arnica to wean cows by J.L.SECO,H von BERNARD, A.DUGGAN ( in the *Homeopatia* 1995:60 extract in the BHI,85,1/1996): The authors studied the role of Arnica in weaning cows. Arnica was chosen after repertorizing 20 symptoms , key symptoms being 'forsaken feeling' and 'mental trauma'. Different potencies were used for different races. The authors suggest that homoeopathic Arnica helps to control the common problems that follow weaning and can be useful in increasing growth rate in bovines.

7.Homoeopathic after-bite gel for reducing mosquito bite-induced erythema by N.HILL, C.STAM, S.TUINDER, R.A.VAN HASELEN (in the *European JI. of Pharmacology* 1995, 49: extract in the BHI,85,2/1996): A randomized, placebo-controlled clinical trial was conducted to examine the efficacy of a homoeopathic after-bite gel in the symptomatic relief of mosquito bites. Treatment of mosquito bites with the homoeopathic after-bite gel reduced the erythma compared to no treatment. Comparison with the placebo gel suggested that the plant extracts are the active components of this gel.

8.Two Homoeopathic Medicines by U.SCHOBBER and G.LUCKERT (in *Homoeopathic Journal of the LMHI*, 1994, Autumn,26-30 extract in the BHI,85,2/1996): Homoeopathy has always borrowed from folk medicine. The paper reports how Constantin HERING , the great American Homoeopath, described the collection of material to make the cobweb preparation *Tela aranea* of which he expected great things. The second substance mentioned is Gun powder.

9. The blind and the double-blind by H.KIENE (in the *Alternative Therapies in Health and Medicine* 1996,2:74-80 (extract in the BHI,85,2/1996): The randomized,double-blind study is held up to be the gold standard of clinical drug trials. In this paper, which is the first part of a longer study, Dr.HELMUT KIENE

considers the history of the double-blind trial which came into vogue around 1946, when the placebo effect was studied seriously for the first time.

10. *Rosa damascena* by P.ANDESCH-HARTNER (in *Homoopathie in Oesterreich* 1995, 6,31-2, extract in (BHJ,85,2/1996): To gain further clinical data with this medicine and make sure it does not get overlooked when repertorizing, the author suggests adding the following to the Repertory; syringitis, tinnitus, hardness of hearing (after BOERICKE).

11. The 50<sup>th</sup> Congress of the LMHI was held at Oaxaca, Mexico, on 2-6 October 1995. 1995 marks the 100<sup>th</sup> anniversary of the official recognition of Homeopathy in Mexico. The themes of the Congress were:

'Suppression of skin diseases', 'Hahnemann's Advice on avoiding Suppressions and Countersuppressions', 'Suppression and Modernity', 'Suppression in acute and chronic cases', and 'Suppression—a Hahnemannian bibliographic investigation'! Other sessions featured papers on 'Suppression of Love', 'Suppression of religiosity', 'Suppression of spirituality', 'Suppression in general', as well as a couple simply entitled 'Suppression' and several others. Most of these contributions were profoundly disappointing. In general purely theoretical, they contained no clinical or scientific material, and simply consisted of lengthy reiterations of the doctrine Homeopatia de Mexico. However, one exception was the presentation of the former Secretary General of the LMHI David Flores TOLEDO (Mexico) 'Suppression - a Hahnemannian Bibliographic Investigation'. Dr.TOLEDO described how he tracked down HAHNEMANN's own, heavily annotated copy of the 5<sup>th</sup> edition of the **Organon**, which formed the basis of the 6<sup>th</sup> edition, in the Library of the University of Medicine, at San Francisco, California. He pointed that HAHNEMANN was not always opposing local treatment. Dr.TOLEDO blamed MELANIE for the contradictions in the **Organon** and he also called her a 'criminal' for delaying the publication of the 6<sup>th</sup> edition of the **Organon**.

i. Walter KOSTER's 'HAHNEMANN's advice on avoiding suppression' was also original.

ii. The most creative use of suppression was by Luise QUERAULT (Spain) who presented a well-documented series of cases of human Papilloma virus infection which had relapsed after previous treatment with conventional 'suppressive' therapy (mostly laser and podophyllin) before starting homeopathic treatment.

iii. Raymondo ARTEGA's paper described sterilization by tubal ligation as 'suppressive surgery'. He claimed much higher incidences of various genito-urinary pathologies and changes in personality, conduct and mood in women who had undergone tubal ligation. The clinical evidence for this was unconvincing.

iv. There were papers which purported to present 'collective miasm'. An impression was gained that in Homeopatia de Mexico's medical doctrines there is a reactionarist, male chauvinist, political agenda and a Catholic religious agenda.

v. There was little relationship of HAHNEMANN's concept of Miasm as a living, transmissible agent with specific pathological associations. According to Carlos ORTEGA (Mexico) the main manifestation of Psora are sincerity, humility, and loss of confidence; of Sycosis lying, petulance and ambition; and of Syphilis, anxiety, cruelty, and conspiracy.

vi. Joseph ANTOLINI (Brazil), claimed reduction in adverse reaction to Measles vaccine (compared to figures in the literature) in children given Thuja 200c and describing the successful use of *Eupatorium* in a recent epidemic of Dengue fever.

vii. Fytopoulos KOSTANTINOS (Greece), described a series of cases of Psoriasis, 42% were cured, but 12.5% dropped out early because of aggravations.

viii. Proving was presented of *Carcinosin* and the ash of the famous volcano Popocatepetl, both by Mexican groups.

ix. The most intellectually stimulating contribution was from Jean FICHEFER who discussed the future of the RADAR homeopathic support system, starting from GOEDEL's theorem which proves that even quite simple propositions, whose truth or otherwise may be obvious to a human may be uncomputable.

x. Research: It is deplorable that clinical research papers were suppressed from being presented and discussed. After protests these were allowed but they did not find a place in the Congress Proceedings. Unless the International Council is able to take effective action to prevent national organisations using international congresses for their own sectarian ends, the LMHI will face serious problems in the future.

12. OMHI Congress: The organisation which emerged from the 1987 split, the Organisation Medicale Homeopathique Internationale (OMHI) held its 6<sup>th</sup> Congress in Prague, capital of the Republic of Czech., on the 10-11 November 1995. Homoeopathy had been banned by the Communist regime but the ban was lifted soon after the 1989 'Velvet Revolution'. Homoeopathy now has friends in the highest places in the land, the patron of the Congress was none other than the immensely popular President of the Republic.

i. There were several research presentations. Christian DOUTREMEPUICH(France), Professor of Haematology at Bordeaux Medical School and has published a series of papers on the effects of highly diluted Aspirin on blood clotting. In his latest work, he has moved ultra-molecular range, using a high-tech method involving laser-induced thrombus formation, showing that ultramolecular dilutions of Aspirin promote thrombus formation.

ii. Philippe BELON (France) presented work demonstrating immunisuppressive effects of Histamine up to the 17c, using the human basophil degranulation test.

iii. Another important work of clinical research was Jean-Bernard CRAPANNE's(France) on AIDS patients. Cotrimoxazole controlled the problem in 13 out of 20 patients.

iv. The most interesting research from the host country was by Miroslav CERNY, who compared his paediatric practice in 1993 before he started to use Homoeopathy. He showed a dramatic drop in the number of infections and number of courses of antibiotics needed by children with recurrent respiratory tract infections, which had important economic implications

v. The Romanian group led by PAVEL and Maria CHIRILA reported the treatment of 40 patients with hepatic cirrhosis with 5c.

vi. PLCHOVA (Czech) described her experience with Homoeopathy in sports medicine. One of her patients a cross-country skier, won a silver medal in the world championships only nine months after fracturing her ankle.

vii. Hector MONTFORT (Mexico) had prepared a paper on two cases of Gilles de la Tourette syndrome which responded well to *Tarentula hispanica*. This paper was read by Maria-Eugenia PULIDO, one of a considerable number of Mexican homoeopaths who did not attend the LMHI congress in their own country because of disputes with the host organisations.

viii. Homoeopathy in Africa: The massive health problems of Africa and Homoeopathy's potential contribution to combating them were discussed by Luc Kouadio (Ivory Coast) Jean DUPIRE(France) described the homoeopathic treatment of an epidemic of measles in the Central African Republic. Measles is a major childhood killer in Africa, but in this epidemic the mortality was remarkably low at 0.66%.

ix. In a Veterinary paper, M.FIALKOVICOVA(Slovakia) described the treatment of 203 dogs with skin problems; 60% of these were hypothyroid. Although skin problems are associated with hypothyroidism in dogs, this was a remarkably high proportion. Most of the animals responded well to *Calcarea carbonica*.

x. BARTAK(Czech) presented a paper on health problems caused by dental materials, which was much weakened, in my opinion, when he revealed that he detected such problems by electro-acupuncture according to VOLL.

The enthusiasm of the Czech colleagues was an inspiration. The organisers should be congratulated.

(Report by Dr. Peter FISHER in the BHI, 85, 1/1996)

13. Midlands Branch 21<sup>st</sup> Annual Symposium 30<sup>th</sup> September 1995: The 21<sup>st</sup> Annual Symposium was held at the Sally Oak Postgraduate Centre: Some excerpts from the Report in *Simile*, 6.1/1996 issued with the BHI, 85, 1/1996: Dr. D. PAINE had been to a Ghegis seminar on the island of Kos. He showed some interesting slides including one of the tree under which HIPPOCRATES is said to have taught his students 2500 years ago.

Dr. Victoria KAMEY described two cases of Osteoporosis in women. One was 72 and was treated with *Natrum muriaticum*, *Calcarea carbonica* and *Kali carbonicum*. The other was a 54 year-old who had had a premature menopause at 38, and who received *Silica* and *Rhus toxicodendron*.

Dr. M. DRAPER told about Theo 3, whose Eczema and Asthma had failed to respond to a number of remedies. However, *Rhus toxicodendron* was used successfully. Dr. Meenu BROWN described a woman, 34, who was not coping and depressed but averse to antidepressants. She had not been well since her mother died and *Natrum muriaticum* made her better.

'The Hyperventilation Syndrome' was then discussed by Dr. Anita DAVIES, whose paper was published in the BHI, 84, 80-7.

Dr. R. BAKKER talked about travellers' medicines. He has climbed Kilimanjaro and described altitude sickness including orthodox treatment.

Dr.R.A.F.JACK presented a series of eight cases:

1. Male, rheumatoid Arthritis, who responded well to *Sulphur* in various potencies until he had a road traffic accident which brought back all his symptoms.
2. Male, 56, three year history of Haematuria, whose investigations were all normal and who had been given many antibiotics. *Lycopodium XM* had cured him.
3. Male, 58, persistent pain in site of four hernia operations. completely relieved by *Hypericum 3c qds.*
4. Male, 55, four-month history of Cystitis which cleared with *Sarsaparilla* .
5. Male, 50s, had taken Ampicillin for 18 months for Cystitis but became 90% better when given *Sarsaparilla* in increasing potency. He then developed urticaria which responded to *Natrum muriaticum a* and *House dust*.
6. Female 29, 18 year history of cat allergy, who was much better with *Cat fur 30* but later needed *House dust* and *Mixed tree and grass pollens*. .
- 7 & 8. These patients responded to *Antimonium crudum*, one for alcoholic gastritis and the other for the effects of the sun, taking 200c weekly during the summer.

14. Bristol and South West Branch - 7 October 1995 report by Dr.Christina SCOTT-MONCRIEFF (Simile,6,1/1996, issued with the BHJ,85,1/1996): Dr.Guy KOKELENBERG brought a series of case histories to intrigue and enlighten the delegates to this Symposium. He encouraged many of the delegates by choosing to present several cases in which his first prescription had not been successful. For example a secretary presented with a serious loss of confidence and fear of being with people, accompanied by a physical tremor that had caused her to give up hobby of archery. She also complained of a stitching abdominal pains midway between the umbilicus and right hypochondrium, and sever constipation. The improvement with *Natrum muriaticum* did not hold but *Plumbum 200c* gave good response. GUY pointed that *Plumbum* should be considered for premature and early Parkinson's disease.

In presenting his cases GUY often described his own reaction to a patient. One self-confident, dictatorial patient in her forties made him feel incompetent. She had a very sweet tooth, anticipatory diarrhoea and a strong fear of dogs but her response to *Argentum nitricum* was only partial. The correct prescription turned out to be *Lachesis* and GUY presented the *Materia Medica* of *Lachesis* in some detail.

*Surukuku*, the local name for the Bushmaster snake, means Warrior. The patient who needs *Lachesis* is dictatorial ,territorial, competitive and will defend him/herself before being attacked. GUY compared and contrasted *Lachesis* with *Bryonia*, *Argentum nitricum*, *Lycopodium*, *Baryta carbonicum* and *Sulphur*. He reminded delegates of SANKARAN's belief that people needing animal medicines often have a fear of animals.

GUY also warned delegates that finding the right prescription does not necessarily become easier with experience.

15. JAN SCHOLTEN Seminar November 1995 report by Dr.Bob LECKRIDGE (Simile,6,1/1996): By drawing together the themes of the series and the periods he has been able to make some startling homoeopathic, prescriptions of remedies about which we know little or nothing, e.g.Yttrium, Strontium muriaticum etc. His exposition of his idea was clear and exciting.

16. 55<sup>th</sup> Pan American Congress of Homoeopathy, Havana, Cuba, 14-17 November 1995 Report by German GUAJARDO-BERNAL (BHJ,85,2/1996): There was dominance of presence from Cuba—some two-thirds who attended—delegates had come from Mexico, Brazil, Argentina, Colombia, and Peru.

Dr.Josefina SANCHEZ-RESENDIZ's detailed and very graphic presentation of the history of Homoeopathic research in the world and the progressive biophysical concept of the discipline. Reference was made to the recent BENVENISTE, ENDLER, POITEVIN, GUTMANN and European studies of the physico-chemical patterns of activated solvents (dynamizations), followed by her own descriptive evidence of Homoeopathy with various 30c substances modifying neurohormones in experimental rats.

Dr. H.AVESANI from Argentina touched on ethics and the notion of paradigms in science, compared with the earlier metaphysical and empirical doctrines, with Homoeopathy presented as in opposition to current medical science, analysis and rationalism, representing a new 'paradigm'.

Dr.SANCHEZ-RESEBDIZ informed of the centenary in 1996 of the Mexico's National School of Medicine and Homoeopathy with pride.

Dr.German GUAJARDO proposed a cybernetic model to explain the general principle behind the homoeopathic therapeutic effect, considering the general principle of similia and the natura medicatrix principle of curative reaction in relation to a dual healing control system.

Dr.Rogelio FERNANDEZ, PhD, Pharmacologist, Drs.Cecilia GONZALEZ and Gilsa CABRERA and Jesus QUINTERO spoke about the effort to rediscover and recover Cuba's; homoeopathic tradition and roots. They discovered that Dr.Jose NAVARRO from Santiago de Cuba, was the most important and international 19th century homoeopath and friend of Carroll DUNHAM, who amongst other things introduced *Tarentula cubensis* and *Comocladia*. Dr.Juan ANTIGA was Cuba's foremost homoeopath in this century; translator, diplomat and prolific writer, he gave some of the first editions of the Organon and Nash to the Spanish speaking world.

Cuban speakers presented a controlled and statistically validated experiment on the hepato-protective properties of dynamized recombinant Alpha interferon 2b (IFN) in rats with carbon tetrachloride-induced experimental hepatitis.

A clinical trial on treatment of Hypertension was presented by Dr.German GUAJARDO. Statistical evaluation was by Dr.SEARCHY. The results were positive, with *Lachesis* 200c selected as the nosological genus by computer repertorization; Dr.OCHOA introduced this variant of the classical 'epidemic genus'; determining the 'nosological genus' for emergency situations in hospital wards.

Interesting reports were presented by Dr.Eduardo SANCHEZ, with four cases of Ovarian Cysts treated and cured with the sequence *Aurum muriaticum natronatum* 9c, *Kali bromatum* 6c and finally *Thuja* 200c.. An impressive report of two Tourette's Syndrome cases by Dr.Hector MONTFORT, case 1 treated with *Tarentula* 6c + *Mygale* 6c, and case 2, with 6c + *Stramonium* 6c, with 80% and 90% symptomatic recovery, respectively; two asthma trials, from Argentina (EIZAYAGA) and Brazil, were successful and showed different medicines and their order of importance, which speaks of the value of Homoeopathy in allergology. Drs. SANCHEZ and AVESANI presented a paper on acute diseases, and the cure of two acute lobar Pneumonia cases, followed by an excellent plenum discussion on posology, situations which demand combination of Homoeopathy and conventional approaches, human error, keeping alert and maintaining controls to act, above all, as true physicians.

Cuba's need for a stable pharmaceutical supply has led to exploration of Homoeopathy in different diseases. 35 papers were presented ranging from the anecdotal to well-documented cases, preliminary, pilot and controlled trials included the following. In 72 cases of scabies *Sulphur* 6c, and in a Pediculosis outbreak *Staphisagria* 6c proved the epidemic genus and useful, though no control was possible under the circumstances. Dr.LEVAUT presented detailed, well-documented reports of two Pneumonia cases (*Arsenicum album* 6cH, and *Bryonia* 6cH after repertorisation, no antibiotics). Dr. Manuel RIOS presented a randomized, controlled (vs conventional drugs) trial in the 1993 outbreak of acute Keratoconjunctivitis, using *Pulsatilla* 6c; results were positive. Acute hypertensive episodes in 60 patients were treated with individualized prescriptions and good results.

Dr.Nelson STEEGERS presented a preliminary study on Psoriasis, five cases with individualized approach; they were reported cured (in two-three month follow-up they are still asymptotic), gradually improved and finally discontinued their corticosteroids. A team from Cienfuegos, Cuba presented 20 Enuresis cases treated with an individualized and repertorized selection of homoeopathic medicines. Thirteen obese women from Pinar del Rio province were repertorized and treated with good results. Another medical team treated 29 asthmatics with Homoeopathy, individualized prescriptions and good results. Odalys CESPEDES studied ten asthmatics with recurrent hospitalization, none of whom were hospitalized after homoeopathic treatment. A unicist prescription (individualizing by symptoms totality) approach was used and only the 30c dynamization, gradually reducing steroids as cure progressed.

After three-year exploration Homoeopathy as an alternative in Cuba, several family practice clinics have now turned exclusively to Homoeopathy, substituting conventional methods altogether, as Dr.Mayra RIVERON convincingly showed in her paper 'Homoeopathy as family Medicine'.

Dentistry papers from Cuba: Dr.PORTUONDO et al. studied the anaesthetic effect of *Hypericum* 7c in 20 dental extractions, as an international embargo has made it difficult to obtain anaesthetics and analgesics; they reported a total anaesthetic effect in 70% and a partial one in 20% (Acupuncture complemented this treatment for dental extraction). Where analgesia was needed a similar dentistry study by Dr.HIERREZUELO et al. with *Aconitum*, *Belladonna*, *Nux vomica* or *Borax*, with analgesia for 15-30 minutes. During an 18 month period 977 patients at a dental clinic (all medical attention is in state institutions) were treated with *Calendula* tincture topically and/or 6c and 30c for different problems with good results altogether substituting eight conventional drugs. Dr.Olivia RISO et al. presented a controlled,

longitudinal, retrospective study of fistula with paeriapical abscess treated with *Silicea 7c*, results were positive with 23 cases cured (75%). A preliminary trial with *Borax 6c* in 20 patients with acute aphthae; pain disappeared in hours and 85% of the patients were promptly cured, even recurrences disappeared. Dr. Olga CRUZ presented a 100-patient randomized trial in alveolitis; group 1 (n=50) treated with *Nux vomica 6c*, a similar group with a conventional drug (alvujil). In group 1, 68% were cured in the first 14 hours, with 8% requiring three sessions; in group 2, 4% were cured in the first session and 90% required three or more sessions.

Even if many were pilot and preliminary studies, the debut of Cuban Homoeopathy with clinical and basic sciences studies will gain in experience and excellence, and their English-speaking tradition will no doubt help in providing international homoeopathic journals with new insight in the profession.

17. The advanced Study Group in Bristol met in March 1996 to discuss which medicines would be appropriate for the rubric: COPE, unable to. The provisional list (using four grades as in the Synthesis repertory) is: *am-c.*, *Anac.*, *ARG-N.*, *ars.*, *Aur.*, *Bar-c.*, *CALC-C.*, *Carc.*, *carb-v.*, *con.*, *Gels.*, *hell.*, *hyos.*, *Kali-c.*, *Kali-p.*, *lac-ac.*, *lil-t.*, *LYC.*, *merc.*, *mur-ac.*, *Nat-c.*, *Nat-m.*, *Nux-v.*, *op.*, *PH-AC.*, *Phos.*, *pic-ac.*, *psor.*, *PULS.*, *sarco-ac.*, *SEP.*, *SIL.*, *stann.*, *Sulph.*, *zinc.*

18. The NJH, 5,1/1996) carries brief reports on three Seminars:

i. **Winter School, Nagpur**, held training course for a week from 10 Decemeber 1995 at Shaad Hospital Complex and Research Centre, Nagpur under the auspices of the **National Academy of Homoeopathy**. The daily work starts with Shaad Yoga from 6 a.m. inclusive of mind control, Pranayama, Yogasanas and Physical Training for about an hour. Case taking from 7 to 9 a.m. Dr.Kasim CHIMTHANAWALA lectures 9 to 2 p.m. Assignments on repertorization, etc. are given every day. Special lectures on allied subjects of modern medicine by top specialists of Nagpur at nights from 9 to 11 p.m. The environment, attention, case studies, assignments and final examination all were good. During clinical session model cases were given to each team as an exercise.

ii. **“Best of Calcutta” Seminar** was held on 16 and 17 March 1996 in Bombay. The speakers were Drs.DUBEY, L.M.KHAN and MAHENDRA SINGH. Keen observation was stressed and three cases to drive this home. Dr.DUBEY: *Tuberculinum* - shivering when beginning to sleep; strong desire to sit down; headache after shampooing; bad effects of hair-dyes; significant hair growth between the scapulae. Dr.KHAN: *Histamine* to be considered in conditions of GIT and Asthma when well-indicated remedies fail; a case of Corneal erosion was cured by *Coccus cacti* on the basis of the symptom “persistent sensation of particles of sand inside eye”; he also stressed the intra-uterine history: an 8 year-old boy’s susceptibility to cold was cured *Plumbum* based on history of premature delivery owing to small size of the uterus. Dr.SINGH repeatedly stressed the importance of thorough of the **Organon** and the **Materia Medica**.

iii. Seminar on **Homoeopathic Paediatrics** was held on 10 March 1996 at Jaisinghpur, near Sangli, Maharashtra organized by the **Sangli and Jaisinghpur Homoeopathic Medical Colleges**. Dr.Parinaz mother’s version of the child’s complaints and giving the child free to move around could give a clue to the remedy. Few examples were cited. Child requiring rocking violently could be HUMRANWALA was the speaker. She stressed on keen observation of the child, while hearing the *Chamomilla*, while mild rocking could be *Pulsatilla*; children who love to be huddled could be *Arsenicum* and those who hate to be done so. Children who are attracted by dolls and kitchen sets *Pulsatilla*; business game *Lycopodium*; toys with remote controls and fast movements are preferred by *Tuberculinum*; *Belladonna* loves to fidget with switches, torches and light related objects and play with balls. Older children: Mathematics lovers could be: *Lachesis*, *Nux vomica*, *Crocus*, *Pulsatilla*; and *Sulphur* hate Poetry; *Natrum muriaticum* loves history; *Carcinosin* loves Geography; *Lycopodium*, *Rhus toxicodendron*, *Oleum jecoris*, *Sulphur* hate languages but perform well in other subjects.

She also gave drug pictures of *Tuberculinum* and *Carcinosin*. Video cases of *Lachesis*, *Mercurius*, *Belladonna*, *Carcinocin*, and *Tuberculinum* types of children were shown.

19. The NJH, 5,2/1996 dedicated to Epilepsy says in its Editorial (by the Editor Dr.Vishpala PARTHASARATHY) continuous administration of anti-convulsants for 5 years by Allopathy is injurious. She refers to a personal discussion she had with Dr.Brian D’SOUZA, Head of Neurology, Hinduja Hospital, Bombay. Dr.D’SOUZA showed her research findings in the USA which proved the arbitrary nature of the 5 year schedule showing no difference in results with a 2 year therapy. He conceded the

possibility of a 6 month schedule. Unfortunately Dr.D'SOUZA soon after this and though today the schedule has been brought down to 2 years the 6-month schedule seems only a remote possibility.

20. Andrew FENBY writes (Lr.to the Editor, HOM,60/1996) about the article 'A Brief History of British Lay Homoeopathy' by Peter MORRELL(hom,50,1995): ". . . One of the unsung heroes of Post-war lay British Homoeopathy is Dr.James HEWLETT-PARSONS (1916-1990). He was Secretary of the British Biochemic Association (founded 1935),and the private secretary of the famous biochemic physician Dr.Gillbert, MBS, MBBA and immediately after the second world war, inaugurated as a wing of the British Herbalists Union, the Homoeopathic Foundation, a teaching organisation dedicated to the training of lay practitioners of homoeopathic medicine. . . .Dr.HEWLETT-PARSONS was an avid private researcher in Homoeopathy and during his life performed extensive research into the biochemic tissue salts, the differing effects of the various methods of preparation of homoeopathic medicines, the clinical integration of Homoeopathy and Herbal medicine, and most interestingly, psychological miasms. Tragically, he destroyed all material relating to his research just prior to his untimely death in 1990 and, though some of his findings found their way into the Homoeopathic Foundation's teaching courses, an important and valuable body of knowledge has been forever lost to the world. . . ."

Julian WINSTON on the same article by Peter MORRELL: ". . . There are two points I found that I'd would like to question, correct, or get answers to. First the article states that Margaret TYLER became an influential doctor after training in Chicago with Dr.James Tyler KENT. The footnote only refers back to an unpublished thesis. It had always been my understanding that TYLER trained with KENT. I believe I got this from CAMPBELL's **Two Faces of Homoeopathy**. A number of years ago I was discussing the history of Homoeopathy and mentioned this fact. I was corrected by Andre SAINÉ who said that TYLER never studied with KENT. I asked for corroboration and he sent a xerox of a eulogy for KENT written by TYLER which said". . . it is one of my great regrets that I never heard him lecture." I wrote to Dr.CAMPBELL and asked him where he received his information, and received a reply saying, in effect , that he couldn't remember. I would be most appreciative if ANYONE can document that TYLER went to the States and studied with KENT. I do know that they carried on a long correspondence. It seems almost impossible to find any information about TYLER . I have had people looking for a photo of her and have always come up blank. It is amazing that in 1841 when there were probably only two cameras in the world, that one got a photo of HAHNEMANN - but by the 1930s, when cameras were everywhere, no pictures of TYLER exist. . . ."

21. Interesting discussion has been going on regarding the long-term healthy state of a person cured of an illness through Homoeopathy; there have been opposite views - one that proper homoeopathic treatment would bestow immunity for future and the other view that it does not - both producing cases to support them! In this context David MUNNINGS writes (HOM,60/1996): ". . . This need not always be cause for alarm as in the case of my own brother who has given me permission to relate his relate his experience. After 20 years of occasional treatment under various homoeopaths, he came under my care in 1990, since when I have treated him, on average, about once a year. Since 1986 his remedy has been almost exclusively *Arsenicum album*. In 1992 he was diagnosed and operated on for cancerous warts in the bladder, a few days prior to which *Arsenicum album* 200 was prescribed for the blood in the urine which cleared before he saw the surgeon. He has lived a normal life for three years, visiting Australia on two occasions, although having several repeat operations. *Arsenicum album* has been given from time to time in 200, M and XM potencies. This year the surgeon pronounced him clear of cancer and does not need to see him for six months. He is 74 years of age".

Michael THOMPSON writes on the same subject: "It seems perfectly possible to me that a patient may develop cancer or some other chronic disease during homoeopathic treatment if they never receive the simillimum. . . ."

22. Stepher MESSER's teaching (HT,16,1/1996) in late June 1995: Pre-requisites for taking case: time, space, pen and lots of paper, and the correct attitude. The last one includes caring, curiosity, and "the position of the panther". So as to not fall asleep, we need to assume the position of a panther on a limb in the jungle, absolutely calm and concentrated, relaxed but ready poised so that when the characteristic symptom comes must be ready to catch it. Another analogy is that a farmer was napping and his cow wanders off and on waking he goes about searching; on seeing a herd of cows he looks about for his particular cow from amongst the many cows (the peculiar symptoms vis-a-vis the common symptoms). He

also spoke on Posology. He quoted Dr. Douglas BORLAND (1885-1960): it is better to begin an acute case with a higher dose. If you have chosen the simillimum, the duration of the disease will be very much shortened. For acute cases, generally M or XM often in repeated doses. For chronic cases, he often gives 200. Again BORLAND; "In contrast, by using lower potencies, your matching of drug symptoms with symptoms of the patient does not require as much accuracy as when using the higher potencies. It is easier to prescribe the lower potencies and get a general similarity (a similia) whereas if you are prescribing the higher potency you have to get a more accurate matching. One is more difficult, but is much better, the other is easier, and better than treating cases on orthodox lines. One requires more detailed drug knowledge than the other."

Paul MITTMAN who spoke later, encouraged to take up Homoeopathy as a career. Homoeopathy requires great dedication. While today it is considered holistic to integrate mental state, counseling, etc. it may be remembered that HAHNEMANN two centuries ago spoke on these as also dietetics, obstacles to cure, treatment during pregnancy, reform of mental institutions, etc. HAHNEMANN was clearly way ahead of his times. It is therefore necessary that we study the **Organon** repeatedly and take advantage of HAHNEMANN's instructions.

23. Report on a presentation by Andre SAINÉ (HT,16,2/1996): Health was defined as a state of wholeness and optimal inner balance. Disease was defined as a state of being off balance. The basic determinants of health include heredity, environment, lifestyle and hygiene, and acquired immunity. The Vital Force is susceptible, the degree of susceptibility is primarily determined by heredity, and secondarily by the result of general adaptation. Health and disease are both life processes. Dr.SAINÉ then elucidated the fundamental principles of Homoeopathy, the scope of Homoeopathy.

24. Misha NORLAND Seminar: Misha NORLAND stunned his audience with a presentation of the proving and application of the AIDS Nosode, (potentised homoeopathic remedy prepared diseased tissue or the product of disease). The provers dreamed of houses and shells which had discrepancies between the inside and outside; situations of violence, danger and panic; and impenetrable structures for providing physical and psychic protection. These dream images dramatically reflected the nature of the remedy's source; the extreme vulnerability of the collapsed immune system of an AIDS patient, as well as the polarity--that of an isolated outsider who is overprotected. This proving indicated the primary issue of the AIDS nosode to be "too much transparency with no boundaries or too strong boundaries with complete aloneness and isolation." One of the provers confirmed this issue by experiencing a curative response during the proving. She related on Videotape her heartrending story of extreme and unending sexual abuse by her parents and her lifelong attempts to "beat" the situation, manifesting in her recent symptoms of loss of memory and word retrieval skills after a head injury; her feelings of being forsaken and deserted; her intense self-disgust; and her nightmare-filled dreams of sexual torture. AIDS nosode 30 affirmed its restorative powers in this patient situation where boundaries egregiously had been breached and isolation stringently imposed. This Nosode showed its efficacy also as the curative remedy for the mother in the previous case who had relapsed after a repeated prescription of *Mercury*.

He presented five Video cases to point out the importance of finding the patterns within a patient's story in order to find what is fixed and unable to move.

He pleaded to resist the insidious progression throughout the world of "monoculture", visible in everything from the production and use of plastic, molecular monoculture, so the desire throughout the world to conform in commerce, advertising, and communication. Believing this trend to be especially damaging in the area of agriculture, he pointed out that as farmers grow single crops apart from their "healing companion plants", pesticides become necessary, and less nutritious food is produced. Equally damaging is organized health care's attempt to vaccinate diseases out of existence, depriving individuals' immune systems from their natural development and occupying their defense systems with false diseases. He warned that as monoculture takes over the external environment, he warned, it reflects in the internal health of humans, as the epidemic of cancer, a monoculture on a cellular level, confirms.

25. David WARKENTIN Seminar. Some points: The way in which we can view the patient, recognizing the individual Miasms: (1) Psoric: they shrink into themselves (2) Sycotic: they bluff, are grand and have very intense problems (3) Syphilitic: they are desperate, destructive, twisted and have a need to escape. He also spoke on the snake and spider remedies. There were two 'live' cases.

26. In the HT, December 1995 the Editor Julian WINSTON published excerpt from a letter from one Dr.Samuel DUBS who claimed himself to be the originator and propagator of the decimal scale potency . Richard FARR writes in HT,16,3/1996, that there is enough evidence to show that it was Constantine HERING who introduced the decimal potency; probably DUBS too on his own prepared decimal potencies; however, it is conceded that it was DUBS who propagated the decimal potencies.

27. The Editorial (HT,16,4/1996) by Julian WINSTON informs that International Council of Classical Homoeopathy (ICCH) Case Conference and Annual General Meeting was held in Jerusalem, Israel. The ICCH was formed in 1992, an outgrowth of the European Council of Classical Homoeopathy. The ICCH's mission was to bring together the "non-medical" (professional) homoeopaths in the European Unit and in the world beyond. This was their 5th annual meeting. The ICCH has published a series of guidelines of what should constitute the minimum education of the "professional" homoeopath, and the educational programs that are offered by the ICCH member organizations are working to meet or exceed the ICCH guidelines standard.

28. The 1995/1996 Report on the History of Homoeopathy from the **Institute for the History of Homoeopathy of the Robert Bosch Foundation, Stuttgart (Chief: Prof.Dr.JUTTE)**, says that it is the largest library in Homoeopathy in the world with 5011 volumes (as on 31 December 1996). The Archiv has received two volumes publication of the lectures of Pierre SCHMIDT edited by Dr.Jacques BAUR and also

29. Recall the 'Crossfire' that appeared in the earlier numbers of the EJH in which the Editor George VITHOULKAS commented strongly on the teachings of Rajan SANKARAN. This has been debated in the columns of the EJH in the subsequent numbers including the current one( No.2,5-6/1996.). In this issue GV in his Editorial continues to criticise strongly on the "nonsensical ideas or the whims of flippant individuals craving for publicity." He goes "Students, even before they finish their homoeopathic training or begin their own practice, start writing books and explaining their ideas and...experience to others! . . . as a result of this the newcomers are inundated with a lot of literature, which at best is not reliable and at worst is totally misleading. . . . then everyone will have his own version of Homoeopathy. . . ." In his "reply" Dr.Rajan SANKARAN politely says 'First I would like to stress that VITHOULKAS is one of my most important initiators to Homoeopathy. . . . Homoeopathy as a science has two sides: the right and the left. A solid base is formed by Proving, clinical experience, Repertory, Materia Medica. There is also another side, that of reeling, experiencing, understanding and knowing in a way that is not very well definable in the books. Everyone who only takes one side and denies the other will not succeed. . . . I think that a correct mixture should be a combination of the two sides, just like in a human being. We react in a logical and emotional way. . . . VITHOULKAS and I don't fall back on one side, we use both sides, just like all other homoeopaths."

Kees DAM from the Netherlands argues about the correct interpretation of paragraph 211 of the Organon - "mind is always altered" is not "mind is always diseased".

Sue YOUNG from the U.K. writes that "a lot hangs on the definition of 'mental state' and 'mental symptoms'. Mental state develops into mental symptoms - but we must be aware that this is a very difficult area. . . a mental symptom is seen as pathological in one context and healthy in another. It seems that situation and social constraints play a powerful political role on how we see the mental state or mental symptoms. . . . Although 'mental symptoms' are not always seen, there is always a mental state. Often this contains the seeds of future mental symptoms. . . . If the idea gets around that severe, chronic pathology can exist without a corresponding mental state, then we are again looking for 'those bugs out there,' externalizing our responsibility. . . . My teachers in England told me in no uncertain terms that I must follow no Guru, but rather make up my own mind. However, this will do me no good at all if the editorial gurus dismiss everything except their own perspectives anyway!...."

30.Dr.Dhruba CHAKRABORTY, Nirmla Clinic, A-30 G-Sector Market, Durgapur-713204, India writes in the Letter to the Editor, (HL,9,1/1996) that over the last ten years they have done much work on lepromatous Leprosy and have been successful in discovering a group of generalised medicines which achieved 100% curative effect without any side effects or relapse. They would like to participate in seminars to let others know what they have discovered.

31. Angelica FRANZ (Germany) writes (HL,9,1/1996) about treatment of Intestinal Candidiasis and Dysblosis with *Spilanthes oleracea* and *Carica papaya*, in drop doses of mother tincture.

32. Report of the Seminar of MANGIOLAVORI in Wageningen in the Autumn of 1993 and 1994 (HL,9,1/1996) on Spiders and Snakes. Some extracts from the 'Notes' on Spiders: The vision of spiders is not good, but they orientate themselves on the position of the stars or the electromagnetic field. They work hard and can be without food for a long time. They usually suck their nutriment. Sensitive to noise, e.g. they run away to the sound of a tuning fork. They are solitary animals with little mutual contact. Some female spiders eat the male after mating.

In the mythology Arachne was transformed into a spider by Minerva because the clothes she made were not fine enough. After this Arachne was doomed to work on her web for the rest of her life. But not all spiders make webs. Those who do not, make strong, elastic, extendible fibres on which they can even fly up into the sky.

Symptoms of people that need a spider remedy

General

lack of vital heat

emaciation

thirst

eat only what is necessary to stay alive

desires: fruit, milk and liquid

high interest and desire in sex (without love or communication)

restlessness

dyskinesia, lack of coordination

periodicity

amelioration by tobacco

Target organs

nervous system

thorax (angina pectoris, heart rhythm)

muscles

Mind

sensitive to noise

aggressiveness

workaholic, hurry, do the same work all day

boys like to play with ropes, girls prefer knitting

time goes too fast, or patients arrive too late for their appointment

aversion to company

dreams of flying, dreams in which they make long trips in search of dead acquaintances (DD *onvolvulus*)

dreams of flying with lights under him and following a road, like an airplane. DD *Rhus glabra*: flying to visit friends.

interested in U.F.O.s

He briefly gives the characteristics of *Aranea diadema*, *Latrodectus mactans*, *Mygale*, *Tarentula hispanica*, *Tarentula cubensis* and *Theridion*.

33. Paul HERSCU Seminar in Washington DC on July 15-17, 1995, on Attention Deficit Disorder (ADD) (HL,9,1/1996). The seminar did not stop with ADD but included hyperactivity, behavioral disorders, and autism. The majority of children strongly affected with ADD display a veritable cornucopia of symptoms - generalities, keynotes, peculiar symptoms, and striking mental symptoms run rampant through these cases; Polychrests and Nosodes seem to dominate many cases and the distinguishing borders between remedies become blurred. Emphasised over and over during the Seminar was the need to focus the case, to direct one's prescription toward that which needs treating; at times the approach requires that we set aside much of the data of a case that might suggest a Polychrest or Nosode.. HERSCU gives very useful points.

34. Peter KUBIS from the Czech Republic writes (HL,9,2/1996) that during the period when Homoeopathy was banned in the former Czechoslovakia he and some friends founded the Homoeopathic Club of Kosice. The club has been conducting seminars and has also began translation of some homoeopathic books.

35. Adam MARTANDA from U.K. writes (HL,9,2/1996) on 'Revisioning a future for Homoeopathy training': The gist of this interesting letter about the 'revisioning' :

- i. Let us discuss ways and means of forming ourselves into an international professional body whose prime responsibility is to seek and gain our recognition as an independent profession.
- ii. Agree that this body become the holder of the 'bench-mark criteria' for our professional practice, and that each national or local society of homoeopaths, continue to act as the national or localised focus for the recognition of Homoeopathy as an independent profession.
- iii. Agree that we re-orient efforts internally to become a self-validating and self-accrediting profession and not be reliant upon outsiders for these things.

36. In a letter Gabrielle SERBON, Sweden (HL,9,2/1996) appreciates the role of Dreams as pointer to the remedy and narrates in brief a *Mag-c.* case in support. Another correspondent also affirms.

37. It is strange that in the USA there is rabid opposition to Homoeopathy and there are persons who would go any extent to kill Homoeopathy. Dr.Edward H.CHAPMAN, President, American Institute of Homoeopathy writes (JAIH,89,1/1996) : "A recent deluge of articles in the medical press has criticised Homoeopathy to the point of suggesting it to be banned. Most of these articles come from author who are members of the American Council Against Health Fraud. . . . they are blitzing the media. This group has further directed their frustration to the courts, bringing the law suits against both dispensing and manufacturing pharmacists claiming fraudulent advertising of homoeopathic products. . . . This group of critics had not sought any serious discussions with representatives of the homeopathic community. . . . Wise men know that critics are their best friends. They help us improve by pointing out our limitations and weaknesses. . . ."

38. In the **Chronic Diseases** HAHNEMANN writes that before him *Sepia succus* was used only for drawing. However, that it is not so is seen from the article of FAROOQUI and AHMAD in the **Hamdard Medicus** 37 (1994) 74-90. In AVICENNA's **Canon of Medicine** it is seen that since long before marine remedies were in use. Besides *Sepia succus*, *Ambra*, *Corallium rubrum*, *Anguilla* and *Spongia* were used in the medical tradition. From the authors' we note that what was practised then was an involuntary Homoeopathy. In the **Pure Materia Medica** HAHNEMANN has said of *Spongia* "we find it mentioned a specific for goitre in the thirteenth century by ARNALD VON VILLANA OVA. The article of FAROOQUI and AHMAD shows that the tradition goes much early and calls our attention to the Greco-Arabic medical literature. (from the Hamdard Medicus 38, 1994, extracted in the AHZ, 241, 1/1996)

39. The Ministry of Science, Stuttgart has enquired with reference to the research in influencing the micro-organisms in sewage water through homoeopathic remedies. This the chance once more given to us to either make ourselves noticed or fall down on our nose. Authenticated information is invited from the members. ( FISCHER 'Anfrage des Wissenschaftsministeriums, Stuttgart, zum Thema "Homoopathie und Klar-Abwasseranlagen" in AHZ,241,3/1996)

40. **The 1995/1996 Report on the History of Homoeopathy from the Institute for the History of Homoeopathy of the Robert Bosch Foundation, Stuttgart (Chief: Prof.Dr.JUTTE)** says: The Institute has the largest Library on Homoeopathy in the World with 5011 volumes (as on 31 vDecember 1996). The **Archiv** has received two volumes publication of the lectures of **Pierre SCHMIDT** sent by Dr.Jacques BAUR and certain materials from other sources. The Archiv is interested in receiving legacies from other physicians, lay-homoeopaths and Associations and other Institutions, so that the Archiv will fulfill its role as a **Central Archiv**.

The most important activity is the publication of the Case Records which are funded by the **Robert Bosch Foundation**. Mr.A.MICHALOWSKI is in charge of this work. Volumes D5, DF5, D2, and D3 have already come out. D4 and D34 are in print. Two further transcriptions are on hand.

5400 letters received by **Samuel HAHNEMANN** from patients are held in a Databank. There is very interesting material in the patient history which are worth looked into. In 1996 a dissertation by VOLKMANN titled "Das Psorische Leiden von Antonie Volkmann" (published by **HAUG VERLAG**, Heidelberg) is an example. Basic questions on homoeopathic therapy are enlightened by these. Another

work besides the Archiv and the Library is the Documentation of Homoeopathy which will be of help to future generations as basis for the history of Homoeopathy.

The most interesting step of public interest was the exhibition "Homoeopathy 1796-1996 A Medicine and its History" which was held from 17 May to 20 October in the Deutschen Museum in Dresden. 80,000 persons visited the exhibition and about 1500 purchased catalogues, as also about 90 reviews in journals and newspapers. Overall the impression was very positive.

From early 1997 there will be two travelling exhibitions on the history of Homoeopathy which will be on the lines of the Dresden exhibition. Besides, the following publications in the history of Homoeopathy series from the Institute for the history of Homoeopathy, are available: Robert JUTTE: Geschichte der Alternativen Medizin; Martin DINGES (Hg.): Homoeopathie, Patienten, Heilkundige und Institutionen, von den Anfängen bis heute (Haug Verlag, Heidelberg); Ders. (Hg.): Medizinkritische bewegungen im Deutschen Reich (ca.1870-1933). The correspondence between Samuel HAHNEMANN and Clemens von BONNINGHAUSEN edited by Martin STAHL is to be published by Haug Verlag, Heidelberg, in 1997.

Some of the articles in Vol.13 (1993) of the Year Book of **the Institute for the History of Medicine, Stuttgart**: Robert Jutte: "The making of Hahnemannian Q potencies - A scientific historic Miscellany; Ubiratan ADLER: "Record of 681 Q potencies in the French Case Records of HAHNEMANN"; Thomas FALTIN: "The insecure livelihood of apothecary of discredited medicine", etc. . . .

Further activities of the **Robert Bosch Foundatio**: Highest priority is for the history of Homoeopathy in which besides the activities of the Institute further individual activities are: the 5 Hainstein-Tagung's "Homoeopathy and Philosophy - Philosophy of Homoeopathy"; the publication of the 25 volume **Materia Medica Homoeopathica, (Haug Verlag, Heidelberg)** as also the promotion of the Layman's Association's "Hahnemannia".

Full name and addresses of the journals covered by this **Quarterly Homoeopathic Digest** are given below for further reference:

1. **ACD:** Archiv fur Homoeopathik, Dynamis-Verlag, Am Vogelherd 18, 48147 OBERHAUSEN, Germany
2. **AH:** The American Homeopath, The Journal of the North American Society of Homeopaths, 1550, Huston Road, LAFAYETTE, CA 94549 USA.
3. **AHZ:** Allgemeine Homoeopathische Zeitung, Karl F. Haug Verlag, Huthig GmbH, Im Weiher 10, 69121, HEIDELBERG, Germany.
4. **BHJ:** British Homoeopathic Journal, 2, Powis Place, Great Ormond Street, LONDON, WC 1N 3HT, U.K.
5. **CCR:** Homoeopathic Clinical Case Recorder, Phule Road, Maliwada, AHMEDNAGAR 414 001 India.
6. **CCRH:** CRH Quarterly Bulletin, 61-65, Institutional Area, D-Block, Janakpuri, NEW DELHI -110 058.
7. **CGG:** Cahiers Du Groupement Hahnemannien Du Docteur P.Schmidt, Medicine Hygiene, 78, avenue de la Roseraie, Case 456, CH-1211, GENEVE 4. Switzerland.
8. **EJH:** European Journal of Classical Homoeopathy, International Academy of Classical ALONISSOS 37005, Greece.
9. **HH:** Homoeopathic Heritage, B.Jain Publishers Pvt. Ltd., 1921, Street 10th, Chuna Mandi, Paharganj, Post Box 5775, NEW DELHI 110 056, India.
10. **HL:** Homoeopathic Links, Homoeopathic Research and Charities, 'Dinar', 20 Station Road Santa Cruz (W), MUMBAI 400 054, India.
11. **HOM:** The Homoeopath, Journal of the Society of Homoeopaths, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
12. **HP:** Homoeopathy in Practice, Homoeo Vasam Publications, 15, 1st Main Road, Lake Area, Nungambakkam, CHENNAI - 600034, India.
13. **HT:** Homeopathy Today, National Center for Homoeopathy, 801, North Fairfax Street, Suite 306, ALEXANDRIA, VA, 22314, USA.

14. **IJHM:** Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R.Gadkari  
Marg, Irla, Vile Parle (W), MUMBAI - 400 056.
15. **JAIH:** Journal of the American Institute of Homeopathy, 23200, Edmonds Way, # A, EDMONDS  
WA 98026, USA.
16. **NJH:** National Journal of Homoeopathy, Milan Clinic, Saraswati Woad, Santa Cruz (W), MUMBAI - 400 054, India.
17. **QHQ:** Quinquina Homoeopathic Quarterly, Sri Sathya Sai Publications, Main Road, TALIPARAMBA - 670 141. India
18. **RBH:** Revue Belge D'Homoeopathie, Dr.J.Alaerts, Av., Cardinal Micara, 7, 1160, BRUSSELS Belgium.
19. **RH:** Revista De Homeopatia, Rua Dr. Diogo de Faria, 839 - CEP 04037-002, SAO PAULO - SP - BRASI
20. **ZKH:** Zeitschrift fur klassische Homoeopathie, Karl F.Haug Verlag, Huthig GmbH. Im Weiher 10 D-69121, HEIDELBERG, Germany.

## 2. QHD, Vol. XIV, 3 &amp; 4, 1997

## PART I - CURRENT LITERATURE LISTING

Part I of the Journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, Greece USA, etc., - discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.

## PHILOSOPHY

1. On the Nature of Homoeopathy  
CARTWRIGHT Steven (HOM,62/1996)

The author had the opportunity to see at first hand Shamanism, in Peru in the Amazon rain forest and stay with the Shipibo, a tribe of Indians who live near the Ucayali River In Eastern Peru. While there he suffered a road accident and as a result was rushed back to England and into the hospital. He reflects upon the great difference between Shamanism, Homoeopathy and Allopathy and upon the nature of Homoeopathy.

2. Integral Health  
BASU Soumitra (NAMA,4,1/1996)

This lengthy article is an exploration into health and healing in the light of Sri Aurobindo and the Mother. The discussion is under the following heads:

1. The physical plane of Consciousness and its relation to health
2. The Vital plane of Consciousness and its relation to health
3. The Mental plane of Consciousness and its relation to health
4. The Sub-conscious plane and its relation to health
5. The Psychic Being and integral health
6. An integral approach to healing
7. Faith and Healing
8. A program for pursuit of research in integral healing
9. Yoga and Healing
10. Culture and Integral health
11. Society and Integral health
12. A western viewpoint
13. Illustrative Case Studies
3. HAHNEMANN's Miasm  
SINGH S.P., ROY J.G. (HH,21,8/1996)

This is a dialectical essay on the theory of Miasms. The authors conclude that the number of

chronic miasms cannot be limited to the three named by HAHNEMANN, and there will be as many miasmatic states as there are miasms.

4. The Treatment of Chronic Diseases  
PITCAIRN Richard (HT,16,10/1996)

This is a 'concise' description of the principles of Homoeopathy and chronic illness - interpretation of the **Organon**. In 37 paragraphs drawn from the **Organon** and the **Chronic Diseases** the author succinctly speaks. This is not to say that the source books the **Organon** and the **Chronic Diseases** may be overlooked. In the end the 'errors in treating chronic diseases' are given. It is worth repeating here:

- A. Confusing acute and chronic diseases.
  - a) Thinking that an acute manifestation of a chronic disease is an isolated acute illness.
  - b) Trying to prescribe for a chronic disease if it was an acute illness.
- B. Not understanding the difference between cure, palliation, and suppression.

- a) Thinking that palliation is cure
  - b) Thinking that suppression is cure
  - c) Thinking that suppression is palliation (e.g. temporary relief).
  - C. Misinterpreting the return of old symptoms of remedy. aggravation of symptoms as a "proving" of the remedy is the **simillimum**.
  - D. Assuming an aggravation is evidence that the observable aggravation.
  - a) The **simillimum** is less likely to cause 'aggravation'
  - b) The similar remedy causes the most severe potency is needed.
  - E. Thinking that an aggravation means a higher considering the totality of the case.
  - F. Prescribing on one symptom without recognizing the characteristic symptoms of the case.
  - G. Prescribing on common symptoms without the case.
  - H. Repeating remedies too quickly,
  - I. Misinterpreting a curative remedy action as meaning a new remedy is needed.
  - J. Combining remedies to "cover the totality" of the case
  - K. Combining Allopathy with Homoeopathy.
  - L. Combining Homoeopathy with Acupuncture or other alternative therapies which strongly affect the Vital Force.
5. New Emerging Trends in Homoeopathy  
SHARMA R.R. (JH,2,2/1996)

The author has proposed a 'unified therapeutics', named Navayurveda, which, he says arises from a conceptual unification at the basic molecular mechanisms, of mutually complementary and supplementary modalities, to maximise potentialities and to minimize limitations and costs.

Navayurveda comprises of judicious combination of 'opposite medicines' of Allopathy/Ayurveda/Unani, with 'similar medicines' of Homoeopathy and Yoga, plus any other health-restoring or health-promoting modalities. Surgery is also included.

6. A concepcao vitalista de Samuel Hahnemann (The vitalistic conception of Samuel Hahnemannn)  
TEIXEIRA Marcus Zulian (RH,61,3-4/1996)

Homoeopathy being based on the vitalistic model, concepts like Vital Force, Mind, Soul, Spirit, etc., concerning human nonmaterial nature, are often cited and used; these should therefore be comprehended.

Basing on HAHNEMANN's works, including his Lesser Writings, and Letters, the author aims to clarify these concepts in order to dissolve doctrinaire confusions. From this study, it is clear that the concept of an instinctive and irrational Vital Force, analogous to HIPPOCRATES's **vis medicatrix**, forming a substantial compound with the physical body and of a distinct nature from the intelligent spirit.

HAHNEMANN also talks about another entity different from the previous ones, the Mind - site of the Soul, as physical and almost non-material organ of the highest hierarchy. He ascribes to the human psyche the main influence on the health-disease binomial, referring to moral and ethical as preventive and healing factors of the diseases that affect mankind.

He criticizes scholasticism and the excess of metaphysical speculations, keeping off any religious or philosophical trends. He works on universalist concepts, within moral and ethical principles.

For HAHNEMANN, the physical body forms a unity with the Vital Force, but not with the Soul, being commanded by the Spirit endowed with reason that lives in it. The Mind, as a psychic organ, fulfils an important role in the relationship between those entities that constitute the human being.

7. As observacoes prognosticas de Hahnemann esua conduta terapeutica (6<sup>th</sup> edicao do Organon) (HAHNEMANN's prognostic observations and his therapeutical conduct (6<sup>th</sup> Edition of Organon)  
KONIGSBERGER Fabio (RH,61,3-4/1996)

The author organises a number of paragraphs from the **Organon's** 6<sup>th</sup> edition, and presents them as HAHNEMANN's Prognostic Observations, pointing out to HAHNEMANN's conduct during the use of the homoeopathic medicaments. Seven observations are arranged:

- i. New symptoms appear ( medicine imperfectly chosen): Paras.162, 172, 175, 163, 164, 167, 168, 171, 180, 181, 182, 184, 249, note 1 of 249, 250;
- ii. Other drug symptoms appear, not similar to the drug picture to be cured (medicine homoeopathically chosen) . Paras 247, note to 247;
- iii.Small and unusual perturbations, little symptoms (medicine homoeopathically chosen); Para 156;
- iv.the disease symptoms don't improve (medicine homoeopathically chosen) Paras 251, 252, 255, 156.
- v.the disease symptoms improve (medicine homoeopathically chosen):in acute diseases - Paras 148, 154, 155, 157, 246, 248, 253; in Chronic diseases - Paras 148, 161, note to 161, note to 246, 248, 280.

vi.the disease symptoms become worse after the first dose (medicines homoeopathically chosen): in acute diseases - see vii observation; in Chronic diseases - Para 282.

vii.the original disease symptoms return or become worse - homoeopathic aggravation (medicine homoeopathically chosen) :in acute disease - Paras 157, 158, 159, 160, 161, 253, note to 253; in Chronic diseases - Paras 161, 248, 280, 281, note to 282, 253, note to 253.

## II. MATERIA MEDICA

### I. Lac vaccinum butyraceum SWAN Samuel (Stefan REIS) (ACD.5,4/1996)

*Lac vaccinum butyraceum* (Buttermilk) was proved by Samuel SWAN in 1871 upon himself and two others (two women). Although this is a 'fragmentary' proving it is better than many modern provings of many 'milks' the symptoms list of most which seem to be imaginary.

While this remedy is not given in the KENT Repertory (which was published after the proving), the **Complete Repertory** (although the remedy is mentioned in the index - *Lac-v-b.* but is not in any of the rubrics) and the **Synthesis** (in which it is totally left out), it has been integrated in James WARD's book **Unabridged Dictionary of the Symptoms 'As If'**. Almost all the *Materia Medicas* don't mention this. (H.A.ROBERT's book **Comparative study of the homoeopathic Materia Medica** contains this: KSS)

The proving doses were taken as follows:

Prover SWAN

PROVING 1:

Phase I:

1 dose of C 30 on 19 December 1871 (1. day)

1 dose (without mention of the potency) at 20.00 hours on 20 December 1871 (2.day)

Phase II:

1 dose of C 200 on 7 January 1872 (20. day)

Phase III:

1 dose of M on 1 February 1872 (45. day)

Phase IV:

1 dose of C 16 ("to be dissolved on the tongue slowly ") on 7 February 1872 (51. day)

Phase V

1 dose of M on 23 March 1872 (95. day)

Phase VI

1 dose in the evening (without mentioning the potency) on 7 April 1872 (110. day)

Phase VII

1 dose of C200 on 2 May 1872 (135. day)

PROVING 2:

Phase VIII

2 doses of C30 between 21 and 26 January 1874 (exact dates not given). On 26 January 1974 one dose of the M

Prover Mrs.B:1 dose of C 30 on 1 April 1872

Prover Mrs.C:1 dose of M on December 1873

Cured Symptoms are indicated in the following Symptoms list with an asterisk (\*)

In the original publication the proving symptoms are followed by some clinical observations of Samuel SWAN. While editing for this publication (ACD,5,4/1996) these have been integrated. For the cured symptoms, SWAN indicates that FINCKE's potencies were used.

All symptom which are not distinguished with a logogram at the end (B or C) have been observed by SWAN on himself. The footnotes are the editor's (Stefan REIS).

#### Mind

Severe depression, the future appears gloomy and hopeless. (1, 14. day)

Severe restlessness nights (1, 12. day)

#### Head

Heat in head, with dull pain in the coronal region, with fullness; a creaking noise, when the head is turned, with a knock in the base of the occiput (II, 9 [29.] day)

Pain in the forehead above the lateral end of the right eyebrow. (II, 14.[34.] day)

Dull, severe pain over the eyebrows, with a sensation of heat in the forehead. (IV, 3. [53.] day)

#### Eye

Pain in the right eye and around, the eye-ball is sensitive to pressure. (II, 10, [39.] day )

A sharp, hot pain through the left eye-ball, leaves a hot sensation. (II, 15, [35.] day)

Burning in both lids of the left eye, with redness of the meibomian glands and dull pain in upper orbital curve. (II, 16. [36.] day)

A sore spot in the inner angle of the left eye, where a scab forms; after the scab was removed a raw sore spot remained again. (II, 13. [33.] day)

\*A scab in the eye-angle [the potency applied is not mentioned, it was however a FINCKE-potency]

\*Erysipelatous inflammation of the right eye, both the lids swollen and of bright-red color, with much heat, some itching and severe photophobia (the condition of 68 year-old man after cerebral Typhus fever). - Cured by Dr.BOARDMAN with a compress soaked with buttermilk was applied on the eye.

#### Ears/Hearing

At 18 hours dullness of hearing, as if the right ear was filled with water or as if a thin film of wax on the tympanic membrane, lasted two hours. (IV, 10. [60.] day).

Recurrence of (this) symptom, in the morning after breakfast. (IV, 12. [62.] day).

Dullness of hearing, as if water in the right ear (was examined by an Ophthalmologist and found to be absolutely healthy). (IV, 16, [66.] day)

\*Dullness of hearing, as if the ear was filled with water [the potency used not given, but it was a Fincke-potency].

\*Throbbing blows in the right ear. [*Lac-v-b*, M (FINCKE)] .

#### Nose

Severe heat and dryness in the nostrils, the mucous hardens and makes it difficult to be expelled. (I, 12 day)

Dryness and heat in the nostrils; mucous hardened to plugs. (II, 9. [29.] day)

Profuse watery mucous secretions in the evening from the left side of the right nostril, a sharp pain in the forehead above the eyes, with a light soreness in the right eye; the pain extends to the inner region of upper orbital region and root of the nose, and as a consequence an increased discharge of mucous. (II, 12. [32.] day).

Sneezing and huskiness, slight dryness, sneezing. (II, 21. [41.] day).

Watery nasal discharge while eating; almost day long (III, from 7. [51.] day)

#### Face

Pain in the bones near the right eye, as from pressure with the finger-tip. (I, 1. day)

Inflamed pimple on the nose tip. (II, 16. [36.] day)

Small, white blister on the sides of the nose. (II, 9. [29.] day)

#### Mouth

In the afternoon (after taking **Lac-v-b**. M) tickling and itching in the tongue left border. (III, 1. [45.] day)

A stinging sensation in the left border tongue, more often. (III, 7. [51.] day)

Canker sores on the inner side of cheeks and lips. (III, 7. [51.] day)

#### Inner Throat

Dryness of the forepart of the throat. (I, 15. day)

Hawking (morning) a large, mucous plug from the posterior nare, discolored as if by dust. (II, 13. [33.] day)

Tenacious, sticky, mucous in the left posterior nare, difficult to be hawked, which however causes frequent swallowing. (II, 16. [36.] day)

Tenacious, sticky mucous in the posterior nares, difficult to be hawked out. (IV, 16. [66.] day).

#### Abdomen

Rumbling in the abdomen. (I, 4. day)

Much flatulence (V, 1. [97.] day)

Much wind in the bowels. (VI, 4. [113.] day)

#### Rectum

Involuntary passing of flatus (V.7 [103.] day.)

Loose (diarrhoeic), clumpy stools. (1, 3. day)

Loose (diarrhoeic), clumpy stools, sometimes very offensive smelling. (I, 7. day)

Soft, clumpy stool, very offensive smelling. (II, 1. [21.] day)

Rumbling in abdomen, soft (diarrhoeic) clumpy, painless stool, clumps of the size of a small pea, with a pressure from the anus, as if the rectum prolapsed, although this was not the case. (1, 4. day)

\*Dysentery, nothing but only bloody mucous is passed. Cured by taking large amount of buttermilk. (Dr.PRICE).

#### Urinary organs

Scanty urine, slow flow of urine (I, 2. day)

Scanty micturition, passes slow, in drops (I, 7, day)

Slow urination, it seems as if there is no power existing to press out the urine. (VII, I. [135.] day)

**Male Genitalia**

Painful beatings in the right scrotum on waking . ["seemingly in epididymitis" in the original by SWAN] extending along the spermatic cord; accompanied by a sensation of slight sinking in the pit of stomach as if I would - should the pain increase - become faint. (IV, 29. [79.] day)

[at night, after taking the evening dose without mentioning the potency] a pollution, unobserved and without dreams; on the following day most of the time the glans is congested and very hard, as from an erection while the remaining part of the penis is flaccid. (VI, . I. [110.] day).

**Female Genitalia**

Menses appears a day too early (2. day). C.

The already existing flatulence of the Uterus is aggravated; the wind enters in the uterus and downwards through uterus and vagina, a sensation of murmur; the flatus is passed out of the vagina with a bang. B.

**Respiratory organs**

Nights severe dryness of the larynx, particularly in the region of the glottis, which cause irritation and cough. (II, 18. [38.] day)

Continuous dryness of the larynx, without cough but, however caused an unpleasant irritation. (II, 19. [39.] day)

Dryness better, but very hoarse; no cough. (II, 20. [40.] day)

On waking, a stitch in the left chest upper half of the nipple, when bending forward or breathing in, a sensation as if an adhesion between the lungs and pleura; it passed after the breakfast. (III, 2.[46.] day)

Stitch in the left side below the nipples and to the left of it, from deep breathing in. (VI, 4.. [113.] day)

Painful stitch in the right side, between the sixth and seventh ribs, a little to the right by the side of one of the nipples downward in a line, (VII, I. [135.] day)

Tightness under the sternum, exactly above the middle; a peculiar sensation; after bending it appears as if the anterior mediastinum was filled with something tenacious, that the part was adhering together and a desire to stretch and throw back the shoulders, so as to loosen the part. (VII, 5. [139.] day)

Lameness through the breast. [time of dose not given] C.

**Extremities**

Pain both the shoulders, as if dislocated. (II, 21. [41.] day)

Itching of the elbow tip, nights (I, 16. day)

Dryness of the skin of hands, must therefore keep wetting the finger constantly so that he could hold things or turn paper pages over. (I, 3., 4 day)

The hands feel very hot. (I, 4. day)

Itching of the metacarpal bone of the thumb, no eruption. (III, 2. [46.] day )

At 22.00 hours itching of the dorsal surface of the first metacarpal bone particularly right.(IV, 12.[62.]day)

Raw skin of the inner side of the metacarpal bone of the left thumb with painful transverse fissures which slightly bleed. (IV, 21, [71.] day)

A slightly painful loss of sensation of the upper side of the left thumb between the carpal and metacarpal joints, more on the outer side with a slight heat sensation. (VII, 1. [135.] day)

Severe itching of the dorsal surface of the second phalanx of the right middle finger, a light red fleck. (VI. 5. [114.] day)

\*Soreness under the finger nail [potency given not mentioned, but it would be a FINCKE-potency used].

Pain in Gluteus medius and Gluteus minimus, a pressing pain, which made sitting very uncomfortable. (VIII, 1. day. after taking the M potency)

Too many pimples on the buttock and thigh, without sensation, one has a white head, the others were simply red with light areola. (II, 16. [36.] day)

Humid, itching eruption around the left knee bend region. (II, 8. [28.] day)

Itching eruptions under the left knee, raw. (VI, 2. to 4. [111. to 113.] day)

**Skin**

[corresponding additions in the remaining rubrics are compared.]

Pimples on the skin on different places; a group, slightly itching, on the middle between the distal ends of the clavicle and the navel; also in the fold of the buttock, on the back, the abdomen and the thighs; they are painless, even after rubbing and scratching. (I, 7.day)

Itching pimples, very small, on different places. (II, I. [21.] day)

Eruption on different parts of the body, which appear in groups, somewhat itching, but sore when touched, so that I could not scratch. (VIII, 1. day, after two doses of the C 30 in the course of the last five days)

**Fever**

At 10.00 hours the pulse frequency came to 92 beats per minute, Respiration 16 per minute.

Skin dry and 35.4°C.[96°Fahrenheit] heat, temperature of the hands 35.4° C, under the tongue 36.5° C., (99° F.) (III, 2.[46.] day)

**Perspiration**

Musty body odor with moist skin, but no sweat. (I, 12. day)

**Sleep**

Sleepiness through the day. (II, 14.[34.] day)

The feeling of tiredness before taking the dose went away and became soon a lighter and soothing feeling. [Curative action] C.

Yawning (20 minutes long, uninterrupted after taking the dose M). C.

Awoke at 4.00 hours, without further need to sleep. (II, 13. [13.] day)

Dreams of lively appearance of the devil. (II, 1. [21.] day)

[shortly after "touching the tongue with the 16. potency"] severe weakness, couldn't keep the eyes open. (IV, I. [51.] day)

**Compare:**

[*Brom.*] 1. April 1872: I (SWAN) gave Mrs.B., who suffered from flatus from the uterus, was given, a dose of the XM. Results: a severe increase of the flatus; she felt as if the wind in the uterus pressing downward through uterus and vagina, like murmurs; the discharges comes - as against the earlier, before she had taken the medicine - with a bang. *Brom.* [in which form?] caused a violent aggravation, which almost like a complete arrest of the flatus, also the palpitations and hammerings followed, which she had experienced in the ovaries [unclear, whether this last symptom was there before the dose of *Lac-v-b.*], leaves [however] an apathy and indifference against everything.

2. *Medorrhinum - Review of Clinical uses and listing in KENT's Repertory*  
MERCALDO Mauro (BHJ,85,3/1996)

This is an interesting review of *Medorrhinum*. The key-symptoms and listing of the remedy in the KENT Repertory are discussed. The author also discusses nine cases in which this remedy was used.

It is recalled that *Medorrhinum* first appeared in SWAN's *Materia Medica* and its main uses in Sycosis and Cancer. The main uses are as constitutional medicine, high potencies M and XM or higher at long intervals as required. In the author's experience while good results can be obtained with the 30 and 200, frequently repeated, it may be used symptomatically, in 12, 15 and 30.

While KENT and TYLER do not mention warts, HERING says 'Small pedunculated warts, with pinheads-like small button mushrooms on various parts of the body and thighs.' CLARKE repeats it and LIPPE 'Sycotic warts on the female genitals'. ALLEN: 'I have traced Epithelioma, Phthisis, Cauliflower excrescences, Sterility and erosion of sycotic origin'. JULIAN: Genitals - Male: 'wart formation on the scrotum'; female - 'warts of labia majora and of the perineum'. VANNIER 'small warts, pedunculated and pointed.' Wart on thighs is pathognomonic of *Med.*

Some clinical uses of *Medorrhinum*:

1. To effect a cure or as intercurrent medicine in active Gonorrhoea
  2. As a constitutional medicine to cure the effects of suppressed Gonorrhoea
  3. To remove a congenital or acquired sycotic taint that is inhibiting the actions of other medicines
  4. To treat a tendency to Asthma
  5. To treat Condyloma acuminata
  6. For mental or psychological disorders, where its action is sometimes astonishing
  7. To treat tendency to Migraine
  8. To treat Oligomenorrhoea
  9. To treat tendency to mammary dysplasia.
- The author cites nine cases to support the above.

**History and diathesis and main symptoms of *Medorrhinum* patients**

History of suppressed Gonorrhoea

History of Cancer in family

Better at seaside

Warts

Warts on thighs

Burning feet and hands in bed

Rheumatic pain in general and especially of small joints and long spinal column

Memory impaired, especially for names and recent events

Agitation, hastiness

Strange clairvoyance

Fear of dark

Delusion of someone whispering behind or beside her  
 Craving for salt (*Nat-m.*, *Thu*), sweets and ice  
 Breasts icy cold, including nipples, during periods  
 Nipples painful during periods  
 Time moves too slowly  
 Tendency to start doing many things at once that he could not finish  
 Nocturnal enuresis  
 Osteophytes  
 Acrid and offensive discharge from vagina  
 Ravenous hunger immediately after eating, or complete loss of appetite  
 Deafness in both ears  
 Mucous running down in oropharynx from cavum to pharynx  
 In nervous diseases, tremor of tongue, numbness, loss of power  
 Confused sense of time  
 Sleeps on knees, with face pushed into pillow  
 History of sleeping in this position in infancy is also important  
 Pain of rheumatism worse in daytime (*Syphilinum* at night)  
 Loses thread of conversation, forgetting what he just said  
 Constipation  
 Worse in cold, damp weather  
 Asthma attacks better or absent at seaside and better lying prone.

3. **Selenium metallicum** - A review of its pathophysiology and homoeopathic uses  
 DA SILVA Alda Pereira (BHJ,85,3/1996)

*Selenium* is a chemical element of Group VI-A in the Periodic Table. It was discovered in 1817 by the Swedish Chemist BERZELIUS. It is the 69<sup>th</sup> most abundant element on earth.

Constantine HERING introduced *Selenium* in Homoeopathy after proving it on himself and others. In 1956-60, RAESIDE proved it in London in 16 healthy individuals and 6 controls using the 6, 12, and 30.

The author has drawn a useful drug picture of this remedy from various sources and has also listed the clinical indications, also differential with other remedies. He concludes with a very interesting observation: "A parallel exists between *Selenium* and *Sulphur*, as described by HERING in the early days of Homoeopathy. Recent biochemical reports have shown that *Selenium* may replace *Sulphur* in certain amino acids."

4. The **Loxosceles** Spider  
 BONNET M.S. (BHJ,85,3/1996)

The author introduces a new medicine to the homoeopathic Materia Medica, derived from the spider species. The 'symptoms' of *Loxosceles* is compiled from information lying scattered in conventional scientific publications in the form of articles describing the signs and symptoms observed by physicians of patients who have been stung and bitten by this spider. These are collated and arranged in the repertory style following the **Synthesis Repertory**. *Loxosceles* is also known as Brown recluse spider, Fiddle back spider, Violin spider. This spider is more dangerous than the Black widow (*Latrodectus mactans*). The venom of the *Loxosceles* is many times more toxic than that of the rattlesnake. It tolerates a temperature range of 4.5 -43.5 degrees. It can live upto 6 months without food and water. It is not aggressive and will not attack unless molested. It spins a medium-sized irregular web with a maze of threads extending in all directions showing no definite pattern or plan.

A fairly extensive and detailed list of symptoms are furnished. [It would be very useful if this spider is 'proved' in the manner prescribed for homoeopathic provings=KSS].

5. Nachtrage zu Allen's Key Notes (Additions to ALLEN's Key Notes)  
 GENNEPER T.(ZKH,40,6/1996)

Very interesting books have been left to us by Dr.Pierre SCHMIDT in his vast Library. These books are either by Dr.SCHMIDT himself or by well-known homoeopaths, with additions, comments, corrections, expansions, etc. One such book is ALLEN's **Key Notes**. Dr.Alonzo Eugene AUSTIN, who was a student of KENT and who himself was the teacher of Dr.Pierre SCHMIDT has made many annotations, additions, to his copy of ALLEN's **Key Notes** which is available in Dr.SCHMIDT's library. These are of great practical value. The author of this article has proposed to bring these to light in a series in this journal (ZKH), particularly of the important remedies. All these additions, annotations may not be totally new but these are mostly of great interest and use in day-to-day practice. In this issue (ZKH,6/1996) he has covered *Acon.* to *Calc.* Further would follow in the subsequent issues of the ZKH.

6. **Conium** - Absence of Love in a Material World

ADALIAN Elizabeth (HOM,52/1996)

This is a brief study of *Conium* in the light of the changing social phenomenon. He mentions of its action on injuries to breasts and uterus, its importance in Cataract developing after an injury to the eye, contusions of the testicles, etc. He quotes TESTE: that *Conium* is to the glands and capillaries what *Aconite* is to the heart and arterial system.

7. **Dysentery co. (Bach)**

GALE Anne (HOM,62/1996)

The reliable symptoms of this great remedy is given in schema form - Mind to Skin. The source are: besides the well-known PATERSONs, DISHINGTON, GRIGGS, later day authors, B.SARKAR, Y.AGRAWAL, R.MUKHERJEE and A.C.GUPTA.

8. **Pituitarium arteriosis** - Anterior Lobe of the Pituitary (SHINE Michelle,HOM,62/1996)

With the help of two cases the characteristics of *Pituitarium arteriosis* is shown.

9. **Psorinum** - The Little-known Remedy in more Common Disorders

JAGATHA S. (HP,4,4/1996)

*Psorinum* as 'intercurrent' has helped in many gynaecological cases. It is 'wonderful' in seedling fibroids of uterus and menopause, in early as well as delayed, in profuse as well as scanty, clotted as well as fluid bleeding. It is also a good medicine for offensive, profuse, curd-like leucorrhoea.; for itching of genitalia due to acrid discharges or foe senile pruritis. Twelve cases are reported to support these.

10. **Ringworm**

SANKARAN Rajan (IJHM,31,3/1996)

The author has added a new Nosode to our homoeopathic armamentarium - *Ringworm*. He considers ringworm as a Miasm and that it is between Psora and Sycosis. It is characterized by an element of struggle as well as a resigned acceptance. The nosode was prepared from the scrapings of the eruptions of tinea taken from an infected patient. A Proving was also done. As is well-known, the author concentrates on the mental state and dreams of the provers.

11. My Experience with **Pyrogenium**

KUMAR Nirdosh (IJHM,31,3/1996)

This is a brief drug picture of *Pyrogenium*.

12. A **Carcinosin** Book Picture

VASANDI Yogesh R. (IJHM,31,3/1996)

30 year-old female, with fever since 4 days which began with throat irritation, myalgias and malaise. Recurrent bouts of fever every 15 days, since many years. Headache with nausea and a sensation that she should bang her head for relief; frequency once a month of late. Burning pain in mouth since her marriage, it remains for 3 days. Craving for chocolate, bananas, sea-foods. Aversion cheese, milk and milk products. Her totality including her mental and emotional states confirmed *Carcinosin* which was given in the M potency followed by complete relief on all levels; follow-up, ten months.

13. Origins of **Anacardium**: HAHNEMANN and HERING (NEJH,5,3/1996)

Today's remedy picture of *Anacardium* evolved from experimental origins, in provings by HAHNEMANN and others more than 150 years ago. To lay the foundation for the articles and cases that follow HAHNEMANN's Introduction to *Anacardium* and the Mind symptoms brought out in its original provings as they appear in the Chronic Diseases, followed by *Anacardium*'s highly rated mental symptoms from HERING's **Guiding Symptoms** have been repeated in this article.

14. **Anacardium** Fundamental Segments: The Mental Sphere

HERSCU Paul (NEJH, 5,3/1996)

As the title of the article would indicate, this article is restricted to the 'mental' and is from part of a 'class lecture' on the remedy.

15. The Cycle of **Carcinosin**

GRUBER Paul W. (NEJH,5,4/1996)

The remedy is studied from a new method - cycle of segments. Paul HERSCU has been developing this method of study. Each segment represents an idea which encompasses many of the symptoms found in patients needing that remedy, as well as those symptoms recorded

in the Materia Medicas for that remedy. There are generally between 4-6 segments for each remedy. When the segments are all taken together, they cover all the symptoms of that remedy. This is especially useful, as it helps explain contradictory symptoms effectively. *Carcinosin* is studied in this method in this article.

16. Materia Medica of ***Carcinosin***  
MORTELMANS Guido (NEJH,5,4/1996)

This is a very interesting paper on *Carcinosin*. (we will give the full article in Part II of another issue of QHD =KSS)

17. Some Ideas on ***Carcinosin***: Suppression of Individuality SHERR Jeremy (NEJH,5,4/1996)

*Carcinosin* is a remedy that often results from suppression, usually suppression in childhood. This suppression is a soft suppression, that means it is not violent or superficial but insidious and gentle so that it is difficult to notice at first. The suppression may be from parents, the environment, school, television, etc. and involves suppression of the child's emotions, dreams, aspirations and especially individuality. The biggest result of suppression of the human race is the suppression of individuality.

18. ***Cina*** - An underused remedy  
ROY S.K. (HH,21,8/1996)

In the light of his experience the author says that *Cina* is of great use in Asthma in children than any other single remedy. He says that a single dose acted better than any Corticosteroid, to relieve the spasm in a surprisingly short time. Also it is indicated in UTI in girls and Phimosis in boys, and sensation of pain in the legs of young boys and girls at night when they wake up from the pain, with no apparent cause for the pain. He says that *Cina* has cured many cases of Phimosis than any other remedy, in cases where the surgeons had suggested surgery. Active UTI in young girls which had resisted antibiotics had been successfully cured by *Cina*.

Most *Cina* children were hypersensitive physically and mentally, yet opposite polarities were noticed - the super sensitivity (*Tarentula* like) and low level, quietness, mildness (*Pulsatilla* like), there was aversion to touch in some, and no such aversion in other; frequent hunger in some, and lack of appetite in the other.

19. Group Symptoms of Snake Venoms  
BHARUCHA Piroja M. (HH,21,10/1996)

The 'general' nature and life of snakes (in use in homoeopathic practice) are fitted into the repertory rubrics.

20. ***Naja tripudians*** (The Indian Cobra)  
MASAND Neeta and PANCHAL Ameet (HH,21,10/1996)

This again is the authors' 'interpretation' of the rubrics in the repertory vis-a-vis *Naja tripudians*.

21. Mastering a Remedy - Notes from the Classroom  
DABU Firuzi B. (HH,21,10/1996)

This is a 'study' of ***China*** with its 'mind' rubrics.

22. Milk of Low Esteem  
KAMDAR Niloufer (HH,21,10/1996)

This is 'study' of *Lac caninum* with reference to repertory rubrics.

23. Out of Body Experiences and Homoeopathy  
SHAH Binal (HH,21,10/1996)

This is a short 'comparative study of remedies in Homoeopathy which have in their symptomatology 'out of body experiences' - *Androctonus*, *Anhalonium*, *Cannabis indica*, *Cocainum*, *Haloperidol*, *Hydrogen*, and *Pyrus*. The study is via the repertory rubrics..

24. ***Metronidazole***, a New Drug on the Horizon of Homoeopathy  
DATTA Amiya Kumar, CHATTERJEE Mihir Kumar, SEN Gautam (HH,21,12/1996)

This medicine has been in use in Allopathy since 25 years, in Amoebiasis, Giardiasis, Trichomoniasis and in infections by bacteroids. It has numerous side effects.

The medicine in this study is in 3x and 6x potencies for homoeopathic use. The medicine was used in anal fissure, bleeding piles and these were palliated tremendously in 6x. The target organs in this medicine

are Muco-cutaneous junction, GI tract as a whole, liver, nerve tissue and brain. Sick headache; intractable Gingivitis; Glossitis, Stomatitis, Aphthous ulcer tongue and inner side of cheek; Atonic dyspepsia, anorexia, belching, waterbrash, vomiting. epigastric pain; craving for spicy and fried food, egg and sweets. It is very much effective in any pathology in ano-rectal region. Good results in bleeding piles. Very much effective in chronic dysentery, repeated motions, ineffectual motions, tenesmus, morning dysentery, milk intolerance, diarrhoea of children. In suppressed and scanty menstruation it is of great value; non-specific vaginitis.

25. **Fumaria officinalis** (GHP) - A New Drug in Homoeopathy  
VAID Indu & VARMA P.N.(HUD,4,9/1996)

Pharmacological report of this remedy and a brief Materia Medica. Short proving data: Headache, Palpitation, slight Hypertension, more perspiration with feeling of discomfort, increased burning in epigastrium, Polyuria, weakness, stiffness of muscles and some symptoms of joint pain.

Clinical conditions suggesting the use of *Fumaria*:

- i) Oedema
- ii) Liver disorders
- iii) Headache due to weakness
- iv) Can also be tried as associated remedy
- v) Weak laxative in doses of 30-40 drops at op bedtime.

26. **Mimosa pudica** - the sensitive plant  
VAID Indu & VARMA P.N. (HUD,4,11/1996)

A brief report on the pharmacology and the homoeopathic use of this plant remedy. The pathogenesis obtained from the provings of Dr.SANKARAN with the 3, 6 potencies have been mentioned.

27. Inclusion of Prescribing Indications in the Homoeopathic Materia Medica - Adding from Clinical Cases  
RASTOGI D.P., NAGPAUL V.M., KHURANA Anil. (CCRH,16,3&4/1996)

The Central Council for Research in Homoeopathy (CCRH) under its clinical verification research project aims to bring out most reliable prescribing indications and effective potencies of a group of drugs (sixty four) which have been either proved by the CCRH itself under its Drug Proving research project or certain partially proved drugs of indigenous origin.

Clinical verification is a process of purification of drug pathogenesis and helps in clearly segregating the most reliable data from data of doubtful utility whereby characteristic features of a drug mentioned in proving are further strengthened along with addition of certain new clinical symptoms in its pathogenesis.

CCRH is continuing it in the form of open trials. It has been the custom in Homoeopathy since its inception. The prescribing tips of drugs mentioned in standard Materia Medica have been an outcome of open trials of those drugs in number of patients. The process involves detailed case-taking, prescription of most appropriate assigned drug and follow up as mentioned in detail. A symptom is taken as clinically verified if relieved in a minimum of 60% of prescribed cases. Clinical or new symptoms are included only if they are repeatedly confirmed.

Clinically verified symptoms in respect of 12 lesser known or new drugs with remarks about spider remedies are incorporated in the paper. These could be of value in cases not responding to routine drugs and are worthy of trial even in new cases with appropriate symptoms.

To bring out more certainty in clinical verification work, double-blind trials would prove more useful as open trial has disadvantage of including bias of the prescribers in estimating clinical efficacy of drug and placebo effects are difficult to rule out. These serve only to stimulate others to check the usefulness of that drug in the particular symptomatology.

28. Les laits en Homoeopathie(The milks in Homoeopathy) SAELENS (RBH 4/1996)

A study of the milks used in Homoeopathy - *Lac can.*, *Lac felinum*, *Lac vaccinum defloratum*, *Lac vaccinum*, *Lactic acid*, *Lac vaccinum coagulatum*, *Lactis vaccini flos*, *Natrum lacticum*, *Sarcocollae acid*, *Colostrum*. The remedies haven't been discussed in detail. The aim of this work is to have a global view of these remedies.

29. **Hypericum**  
LAPY Benoit(RBH 4/1996)

A study of *Hypericum* from ALLEN's **Encyclopaedia of Pure Materia Medica**, HUGHE's and DAKE's **A Cyclopaedia of Drug Pathogensy**(because here the symptoms have been placed in the chronologic order of the provings and not divided under different headings) and KENT's Repertory. The study is divided into two parts; part one with traumas, image of the remedy, remarks and questions and clinical case; part two with explanation of the rubrics and addition of rubrics to Kent.

30. Spider Remedies Proved by Central Council for Research in Homoeopathy  
KHURANA Anil, ARORA Subhash (CCRH,18,3&4/1996)

The CCRH has proved seven 'Spider' Remedies: *Tarentula hispanica*, *Tarentula cubensis*, *Aranea diadema*, *Mygale lasiodora*, *Theriodon*, *Tela aranea*, *Aranea scinencia*. The symptoms clinically verified by the CCRH are also listed.

31. **Bryophyllum**

VAID Indu & VARMA P.N. (HUD,4,11/1996)

The pharmacology and homoeopathic indications, in brief, are given.

32. Nosodes - **Psorinum**, **Medorrhinum**, **Tuberculinum**, **Syphillinum** - An Overview with remedy relationships

THAKKAR Ameeta (IJHM,31,4/1996)

Through chart drawings developed by the ICR School, Bombay, the four nosodes are presented.

II. THERAPEUTICS

1. Die Behandlung des akuten Heuschnupfens (The treatment of Hayfever)  
REIS Stefan (ACD,5,3/1996)

The author cites four cases of acute hayfever treated by him, the remedies were *Euphrasia*, *Pulsatilla*, *Sepia* and *Cistus canadensis*.

In his experience *Pollen 30* has not been much effective. Only when the remedy is not clear there is justification for the use of *Pollen*.

2. Multiple Sklerose (Multiple Sclerosis)  
RECKERS Winfried (ACD,5,3/1996)

The complete cure or otherwise of a chronic disease, like Multiple sclerosis, which occurs in waves, is difficult. Keeping in mind the nature of the disease and all other factors, the author reports a case of Multiple sclerosis in a 22 year-old woman, treated homoeopathically for 6 years at the end of which the patient is quite comfortable. The treatment is continuing.

3. Zwei Falle aus der arztlichen Akutpraxis (Two acute cases)  
LITTERSCHEID Stefan (ACD,5,4/1996)

Two cases in acute practice are reported by the author; in both cases the remedy was selected with the help of BOGER-BOENNINGHAUSEN Therapeutic Cards. The author assures that by adopting this method he is able to select the homoeopathic remedy rapidly in a crowded practice and in serious illnesses.

In the first case only six rubrics are decided upon to be repertorized and the cards pointed to *Lycopodium*, which gave quick relief. In the second case only 5 rubrics were taken up and three remedies came up. It is easy to refer to the *Materia Medica* for a comparative study and select the medicine and in these cases the **Pure Materia Medica** and **Chronic Diseases** were the sources.

4. Phantomschmerzen (Phantom pains)  
SCHWARZ Erik (ACD,5,4/1996)

63 year-old male, consulted on 30 January 1986 regarding lancinating pains he suffered in the leg; he has undergone amputation of the leg above the knee in the world war in 1944. Since then neuralgia has been persistent. Pains when the weather changes, approximately every two months, day and night. Dry air felt good. After thorough case-taking, repertorized (4 rubrics) and *Phosphorus* was given in 200 which gave prompt improvement; after about 4 months slight return of the pain and it was repeated; again 2 months later *Phosphorus M* (he was not strict about avoiding wine) and lastly about 4 months later XM. Since then remains well.

Incidentally he reports of the case of a man who had lost his left arm in the war. He couldn't sleep because of pains. *Allium cepa 30* was given in one glass of water to be sipped twice a day, morning and night. "When met a week later the patient spoke abusively because his neuralgia was completely gone within two days and such speedy cure was impossible and he thought that it was the devil's art which I practised; since then he consulted many doctors without benefit. He did not want anything to do with Homoeopathy anymore, and whenever he saw me in the street he crossed over to the opposite pavement to avoid me!"

5. Wo drückt der Schuh? (Where does the shoe pinch?) TERLINDEN Michael (ACD,5,2/1996)

Pain (stitching as from a spike) in the sole of foot which came on after the patient had put on a new shoe, was relieved promptly by *Cannabis indica*. The pain did not recur even though the patient continued to wear the new shoes regularly.

6. Amalgamberempfindlichkeit - Ein Erfahrungsbericht (Hypersensitivity to Amalgam - A Report)  
WINKLER A. (AHZ,241,5/1996)

This is an interesting report of a homoeopathic physician about her own experience of the development and treatment of a hypersensitivity to dental amalgam.

7. Homoopathische Behandlung von Amalgamvergiftung (Homoeopathic treatment of Amalgam toxicity)  
FRIESE H.H. (AHZ,241,5/1996)

The problems caused by amalgam are very many. On the one hand amalgam leads to an intoxication and on the other hand to allergic symptoms, salivation and homoeopathic effects. Many symptoms caused by amalgam are described. Detoxification can be done by chemical drugs and homoeopathic remedies. The author says that there is no question of a homoeopathic detoxification.

8. Die Bedeutung von Farbe und Handschrift für die Arzneimittelwahl (The importance of colour and handwriting for the remedy choice)  
PTOK M. (AHZ,241,6/1996)

The importance of colour and handwriting for the finding of remedies is shown in the example of a young patient where a complete anamnesis was impossible. Only on the basis of the comparison of handwriting and favourite colour blue the simile *Solanum tuberosum* aegrotans could be found. More over the most important symptoms of the patient are not (yet) described in the repertories. Due to successfully treated patients we get references to further characteristics of a remedy. In the introduction it is explained why a required complete anamnesis should not be taken in some situations with regard to a patient.

9. Tuberculinum-Therapie bei einem Patienten mit Astrozytom Grad III - Kasuistik und methodische Aspekte homoopathischer Malignon-Therapie (Tuberculinum-therapy in a patient with Astrocytoma Grade III - A case and methodological aspects of homoeopathic therapy of malignancies)  
KONITZER, M. (AHZ,241,6/1996)

A 45 year-old man suffering from Astrocytoma Grade III was operated upon and radiated. Parallel to high doses of Mistletoe-infusion the patient was treated by *Tuberculinum* (Q-, D- potency)

Aspects of the remedy picture of *Tuberculinum* are discussed as shown in this case. Moreover the problem of combining standardized high dosage mistletoe-therapy and single homoeopathic remedy therapy are discussed.

10. Schwere Influenza-Erkrankung und erfolgreiche Behandlung mit Homoopathie (Difficult Influenza and successful treatment with Homoeopathy)  
WACHSMUTH, J. und HADULLA, M.  
(AHZ,241,6/1996)

Influenza terrorizes the people at regular intervals. After the World War in 1918, hundreds of thousands of men died due to the so-called Asiatic Grippe; one of the most serious Influenza epidemic that we can recollect till date. In 1957 and in 1969 Asiatic Grippe visited Germany and in the last-mentioned pandemic of Influenza alone at least 50,000 died in Germany.

The author reports a difficult case of Influenza treated by him with Homoeopathy (1995) and the successful cure; the remedy was *Phosphoric acid*. The author clarifies that the cure cannot be ascribed to placebo-effect since the homoeopathic remedies *Arsenicum album* and *Gelsemium* given before did not have any effect and only after the correct remedy chosen on the totality was given there was improvement, which was completed with *China*.

11. Zwei unversohnte Wege in der Homoopathie - noch heute? (Two irreconcilable ways in Homoeopathy Now again?)  
GNAIGER, J. (AHZ,241,6/1996)

On the one hand there are many homoeopathic seminars held internationally; on the other hand there is the necessity to offer a clear, comprehensible concept of homoeopathic basic education step by step. A study of the history reveals two different positions in the interpretation of Homoeopathy; pure and free homoeopaths, German and English tradition, the sum of particular symptoms versus the integrated picture of the patient and the remedy, the search for knowledge versus that of understanding. Which vision can unite the homoeopaths of today? To please the neophytes, a challenge for the critics?

12. Cervical Spondylosis - a clinical study  
MOHAN G.R., JAYALAKSHMI, DEVI Meena (BHJ,85,3/1996)

About 300 cases of confirmed Cervical Spondylosis of both sexes and different age groups were included in the trial. Group A (n=154) were mostly unilateral with few symptoms. *Calcarea fluorata* was given in various potencies, clinical improvement was 60.38%. Group B (n=54) with many characteristic mental and physical generals were repertorized (KENT); clinical improvement was 48%. In Group C (n=86) the condition was mostly associated with other diseases, with frequently changing symptoms. Drug selection was on the totality of symptoms, and clinical improvement was 12.8%. *Calc-f.* given on the basis of pathological prescription gave good results.

13. Symphysiolysis pubis  
VAN DER ZEE Harry (BHJ,85,3/1996)

The diagnosis of Symphysiolysis covers three different entities: evolution and prognosis; symphysiolysis, rupture of symphysis and pelvic or symphysis pain. Symphysiolysis a pathological phenomenon related to pregnancy; in the sense that softening of the ligaments between the pubic bones and the rest of the pelvic region prepares the pelvis to be able to give passage to the baby. The symptoms are pain in the symphysis and a staggering gait. Conventional treatment consists of rest, a pelvic belt or muscle strengthening exercises. A cure is infrequent during pregnancy, and may take months after delivery. In some cases the complaints become chronic, severely handicapping the patient. Rupture of the symphysis is about one out of 2,200 deliveries. The pain is very severe.

Four cases are presented, out of 12 treated. Where conventional medicine has little to offer in cases of symphysiolysis, symphysis ruptures and pelvic pain, Homoeopathy offers a good alternative.

14. Adult Survivors of Sexual Abuse  
KATZ Tessa (BHJ,85,4/1996)

This is a somewhat disturbing study. The author says: "The motivation for writing this paper arises from my experiences in the Women's Clinic at the Royal London Homoeopathic Hospital from June 1993 to December. The prevalence of sexual abuse in my patients was high. Approximately 60-70% women I saw had some experience of sexual abuse in their past histories. The finding was not entirely surprising." He further says that the subject still remains largely a taboo.

The study briefly covers the social context, the definition of what constitutes an abuse, models of management, etc. Practically useful hints are given of the symptoms possibly indicating a history of sexual abuse, the role of the homoeopath, implications for history-taking, useful homoeopathic rubrics, useful homoeopathic medicines, and a valuable 'profile' of five medicines (*Carcinosin, Platina, Opium, Mercurius solubilis, Anacardium*).

He concludes "Sexual abuse is common. Many women presenting to the out-patients department particularly with chronic gynaecological problems have a history of sexual abuse. Homoeopathic history-taking lends itself to exploring past traumatic events in the lives of our patients. Thus it is not surprising that women presenting to the Women's Clinic at the Royal London Homoeopathic Hospital feel more willing to discuss past histories of sexual abuse. Homoeopathic medicines have helped these patients not only to reduce their physical suffering, but also to alleviate some of the emotional consequences of the abuse. Perhaps, more significantly, the healing process can be facilitated by our attitude to our patients. We can bear witness to their histories, however shocking the revelations may be. For many women survivors of sexual abuse, to be able to discuss their trauma and to be heard is part of the process of recovery. . . In the situation of sexual abuse, Homoeopathy cannot work in isolation from socio-political change; medicines alone cannot work in the face of 'obstacles to cure'."

15. Sexual Complaints and their homoeopathic medicines  
ENGLISH J.M. (BHJ,85,3/1996)

The author considers this subject from two viewpoints:

That of the pathologies as we understand them today. Are they recognized? Which medicines apply to which pathology?

Where in the Repertory are the appropriate references to be found?

The 'mental' part is briefly discussed 48 remedies are studied . A very interesting and useful article.

16. A Case of Psoriasis  
MEHTA Kishore (CCR, 5, 4/1996)

43 year-old male, married. Psoriasis since 1985; has undergone allopathic medication and then homoeopathic. In 1992 the eruptions spread to head and vertex. Severe after wife underwent hysterectomy. Perspiration all over the body. Craves sour, cold food/drink, pickles, sweets. Aversion milk, fat, rich food, can't stand oil/ghee nauseated. The totality including the evolution of the disease, mental symptoms, pointed to *Kali arsenicum*.

17. Renal calculi and Hypertension  
KOYA Kadri (CCR,5,4/1996)

54 year-old man. Hypertension. Eight months ago had undergone surgery for removal of kidney stone. Four months later he began to experience pain in abdomen extending to back right side. Pain while urinating, worse fasting. Also developed hypertension. A homoeopath put him on to *Rauwolfia serpentina* mother tincture + Nefidin.

He was prescribed: 1.*Rauwolfia serpentina* + *Passiflora* + *Berberis vulgaris*, in mother tincture to be mixed together (?) and 20 drops b.d. Also *Berberis vulgaris* Q6 once a day for 18 days; *Rauwolfia* Q6 once a day for 18 days. 24 days later he passed a stone after much pain. *Berberis vulgaris* + *Rauwolfia* both Q6, 12 doses once a day. The blood pressure became normal.

18. Some memorable Cases  
VOHRA D.S. (CCR,5,4/1996)

Case 1: Male, lost his eye-sight because he looked at the sun during its eclipse, although people had been warned not to do so. Ophthalmologists examined and said that they could find no fault with the nervous system of the eye and said that they could do nothing in the case. The author therefore deduced that it could be due to weakness of the muscles of the eyes. *Ruta* 30, few doses, were given and the vision was restored. This case is from the author's file, 40 years ago.

Case 2: 20 year-old man suffered serious road accident and injured his right arm. Ulnar nerve injury. Amputation was suggested. A dose of *Rhus toxicodendron* CM brought about a rapid repair.

Case 3: A man suffered injury to his hand and arm from broken glass. Was hospitalised and treated. However, he suffered chronic numbness of the hand. When driving his motorbike he lost grip suddenly due to this numbness. *Rhus toxicodendron* M once daily for three days cured.

Case 4: A man while standing in a queue suddenly fell down because his legs gave in. He was immediately up. *Conium maculatum* M for sudden loss of strength in a limb.

Case 5: One year-old boy had a fit while sleeping. A dose of *Thyroidinum* M was given which prevented a recurrence.

Case 6: A woman who had a very difficult labour at 25 years age suffered many ailments after that. *Pyrogenium* M cured.

Case 7: A child of 4 years who had not been well since he suffered Typhoid, was given *Carbo vegetabilis* M

Case 8. A woman with backache did not get complete relief with *Rhus toxicodendron*, but *Calcarea carbonicum* M completed the cure.

19. A Case of Schizophrenia  
KUMAR Krishna (CCR,5,4/1996)

25 year-old man, a final year student of Medicine (allopathic) complained from lack of concentration, blank feeling whenever attempted to concentrate, confusion of mind. no clarity of thoughts or ideas. Committed mistakes while writing, omitted letters. Had lost self-confidence due to repeated failure in examinations. Avoided people and sometimes took alcohol or Marijuana. Sleepless nights. Frequent urination without apparent pathology and occasionally bouts of excessive perspiration of the palms and face. History of pulmonary Koch's in childhood, treated allopathically. Mother died of Septicaemia and father remarried; patient could not adjust and separated from family. *Staphysagria* 200, two doses every week, for 2 months. He improved but after two months stagnated. *Natrum muriaticum* M and then *Staphysagria* M which cured.

20. Incident apres vaccin anti-haemophilus et homoeopathie (Case of adverse effects after HIB vaccine) THIBAUT P.(CGH,33,7/1996)

A two-year old child suffered severe ill effects after Haemophilus vaccination. Totality of the symptoms indicated *Silica* which was given in the XM potency; she needed subsequently, according to symptoms, *Tuberculinum*, *Calcarea*.

21. A propos de la rubrique du repertoire: manque de reaction (On the rubric "lack of reaction")

Groupe Taraxacum, Lyon (CGH,33,7/1996)

The aim of this article is to understand the rubric "lack of reaction" in the KENT's **Repertory** which contains more than 80 remedies and how to use it in our daily practice.

22. Dellwarzen und ihre homöopathische Behandlung (Molluscum contagiosa and its homoeopathic treatment)  
BLEUL G. (ZKH,40,5/1996)

As in every other case, it is the totality of symptoms that would indicate the remedy in Molluscum contagiosa. The type of the wart and its location can give hints for selecting the similar remedy. But it is the characteristic symptoms that show the way. The author's experiences are listed here in repertorial form. Seven remedies come up: *Merc.*, *Nat-m.*, *Nit-ac.*, *Phos.*, *Sep.*, *Sil.*, *Sulph.*

23. Normaldruckhydrozephalus - Opium (Normal- pressure Hydrocephalus - Opium)  
FRIEDRICH (ZKH,40,5/1996)

Normal pressure hydrocephalus is characterised by urinary incontinence, shaky walk, and dementia. It is a progressive and fatal disease.

In a case of a 67 year-old female under treatment since 4 years, repertorization indicated *Opium* which was given in the 200 potency which was dramatically improved. The remedy was repeated two months later which also gave a very speedy relief. It is evident that even in such serious diseases a homoeopathic remedy would restore health.

24. Zwei Phosphorverordnungen (Two **Phosphorus** prescriptions)  
KLUNKER W. (ZKH,40,5/1996)

Perineal Fistula and periodical paroxysms of pain cured by *Phosphorus* in high potency. The choice of the remedy was strictly according to the symptoms of the patient.

25. Zur Gabe von Zwischenmitteln (On prescribing inter-current medicines)  
FRIEDRICH U. (ZKH,40,6/1996)

The author reports a case of 39 year-old female who was helped by *Sepia*. However, the improvement did not last long. After application of *Nux vomica* as inter-current remedy, the cure lasted. Both HAHNEMANN and BOENNINGHAUSEN have already commented on the application of inter-current remedy.

26. Symptomenarmut (Paucity of Symptoms)  
KLUNKER W. (ZKH,40,6/1996)

The author demonstrates with a practical case of his as to how to choose a homoeopathic remedy even though there may be only very small number of symptoms. A 34 year-old female was suffering from Migraine since years. She also suffered from colic from time to time; gall stone has been confirmed; her grand father and father also suffered from gall stone. She had been operated for Disc hernia and for a Basilioma of the upper arm.

The characteristic symptoms of the patient as a sick person - not when in health - are to be taken into consideration for the search for the homoeopathic remedy. The Migraine pain was behind the eye and only above the left eye. Considering the symptoms: Depression during menses, and weeping during menses pointed *Caust.*, *Ign.*, *Plat.*, *Sep.* Comparison in the Materia Medica (See **Guiding Symptoms**). *Sepia* Q 12 in water, then Q 18, Q 24 and Q 30 cured.

27. Obesite et verrues (Obesity and Warts)  
ZALA M. (RBH,28,2/1996)

A 42 year-old female, weighing 71 kg./160 cm. complained of obesity, asthenia, horny warts. After failure with some remedies she told in the fourth consultation that she dreamt of a wart (K.1244). *Mezereum* is the only remedy given. Other symptoms of the patient also agreed however the other symptoms which were considered characteristic for the patient earlier were not found. *Mezereum* brought down her weight by 18 kg., as also her other complaints. Follow-up two years later: she remains stable.

28. Two Long-term cases  
GHEGAS Vassilis (HOM,63/1996)

Case 1: 55 year-old woman with vaginal pain and itching during coition. Leukoplakia was diagnosed and she was advised surgery which she did not want and came to Homoeopathy. Her totality indicated *Sulphur* but a peculiar sensation - sensation of cold water pouring down her back - contraindicated; hence *Pulsatilla* 200 was given. Leukoplakia is a serious affection which can evolve to cancer. From November 1980 to 1989 she was followed-up during which time *Pulsatilla* was repeated twice in 200 and once in M and then *Sulphur* 200 and then *Kreosotum* 200. This case is very instructive with regard to restraining oneself from the temptation to repeat a remedy even when there are symptoms which call for the repetition/another remedy. In a serious case of cancer as long as the main disease is getting on well one should not interfere.

The author sums the 'Rules for follow-up': "Think about what you are treating! If you treat the patient for precancerous conditions it is wrong to give remedies for irritability and constipation afterwards. This case has relapsed only if the initial severe complaint returns. In case of a relapse repeat the same remedy that acted, first in the same potency and later higher if necessary. This is a general rule even if you see another picture. If you see a new picture it is better to wait until the picture is stable for three months before giving the corresponding remedy. In many cases you see the picture change from month to month. If you always give another remedy you will obstruct the case in the long term."

Case 2: 38 year-old man with a low-grade fever since a long time, particularly in the evening between 6 and 10 PM. Pain in calves and perspires on the palms of hands and armpits. Weak feeling in mornings and it takes 30 minutes to feel better. Had bad tonsillitis several times and tonsillectomy few months ago. Chilly but recently has warm feet. Lies on right side otherwise he gets nightmares. Smokes 80 cigarettes a day! Sexually very active and has another girlfriend every month. History of Gonorrhoea. *Medorrhinum* M. No change of one month and so *Tuberculinum* M. *Medorrhinum* was repeated and then *Phosphorus* 200.

Both cases are excellent exercises for learning.

29. Chorea - Link to Vaccination  
TERRY Susanna (HOM,63/1996)

12 year-old girl developed many complications after an MR inoculation. She was treated by her GP who diagnosed it as due to a 'virus' and then for 'acidity' and then again for 'muscle incoordination' etc. He then referred to a paediatrician which did not take place but instead came to Homoeopathy.

The course of the disease and the treatment makes very interesting reading and the final cure astonishing.

30. Back from the Edge  
KENCHINGTON Richard (HOM,63/1996)

This case of a 40 year-old man, who "looked ninety and near the end" when he entered the homoeopath's office is very interesting. The man smoked several Cannabis per day, was bent and suffered from severely drenching night sweats which smelled bad. He made good progress with the homoeopathic treatment but discontinued after that. The author concludes "To me this case is a graphic illustration of the immense power of the remedies and that it is possible to work totally against the odds, break the rules and in so doing help bring people back from the edge, rapidly and gently."

31. Managing Cases with Scanty Data  
SHAH Rajesh (HOM,63/1996)

"In day to day practice every homoeopath comes across cases with a scarcity of data, posing problems and confounding even the most skilled in accurate prescribing. As one learns more about the art of case-taking in the practice of classical Homoeopathy, and after attending many seminars where we see several cases with long case-histories, we unconsciously come to expect plenty of data to work with. It is easy to get perplexed, annoyed when a case has scanty data and lacks a well-described state of mind. . . . When a sincere homoeopath meets with a case which lacks lengthy information and symptomatology in his own consulting room he gets discouraged. In reality every practitioner, however learned and senior, treats this kind of case on a daily basis. What I would like to discuss here is how we deal with cases with scanty data."

Dr.SHAH narrates four cases from his practice to show how one can successfully prescribe in cases with 'scanty data'.

32. A Case of Fibrosing Alveolitis  
EVANS Madeline (HOM,63/1996)

A 20 month-old child, Josephine, suffering from Fibrosing Alveolitis which is considered as incurable and the usual palliation is through high doses of steroids. The child has gone through all 'tests' and received many remedies (allopathic). Everything was worse after she was vaccinated at two months. As a result of the steroids, she had developed Myopathy, duodenal inflammation.

After thorough 'case-taking' the indicated homoeopathic remedies given over a period improved the child remarkably. The remedies included *Silicea*, *Gaertner*, *Tuberculinum*, *Phosphorus*, *Calcarea carbonica*, *Pulsatilla*, *Calcarea phosphorica*, *Thuja*, *Arsenicum*, *Sulphur*, *Thyroidinum*, *Veratrum album* and *Aqua pura*. Other remedies have been *Thymus gland*, *Syphilinum*.

*Aqua pura* was a remedy introduced by Dr. Robin MURPHY. This remedy claims to be effective in many serious pathologies. However, in the author's experience it is good as an 'enhancer' of the action of other remedies, and that too mostly with children.

33. Mercury toxicity in Dental Amalgams  
VAIDYA Supriya (HNL,1,4/1996)

The adverse effects of Mercury due to Amalgam fillings are briefly discussed.

34. Treating AIDS: A Different Approach  
STALLICK Jonathan (HOM,63/1996)

The author says that he found the idea of layers highly useful in treating HIV and AIDS. He further says that treating more than one layer simultaneously, which is to say, prescription of more than one or even several remedies at the same time, gives faster results. He cites a case from his practice.

Robin LOGAN has raised certain questions in this connection which the author has answered.

35. Case Notes  
DIMITRIADIS George (HOM,63/1996)

The author presents, briefly, three of his cases to stress the point that in acute or serious cases one has to learn to pick out the characteristic features which serve as a thread for tracing down the homoeopathically indicated medicine. DIMITRIADIS has applied the Q potencies (50 millesimal) in these cases.

36. Layered Cases and the Relationship of Remedies  
ROBERTS Ernest (HOM,63/1996)

The importance of knowing remedy relationships, their sequences, are briefly discussed. Appendices including 'remedy triads' are also given. A practically useful reference.

37. A Case of Congenital Severe Hypotonia with Epilepsy DIMITRIADIS George (HOM,62/1996)

An 18 month-old boy with severe hypotonia with Grand-mal type epileptic convulsions even though receiving large daily doses of Tegratal and Epilim (Sodium valporate) since a few days after birth. He was delivered by caesarean, was very hypoxic with the umbilical cord wrapped around the throat three times" and even at birth was extremely "floppy". The medical staff thought the baby would not survive, such was his condition, and the mother was told to prepare for the worst. Very soon the child developed clonic convulsions with loss of consciousness. These fits were very severe, occurring 12 to 14 times daily, and did not respond well to various anti-convulsants. In desperation the neurologists decided to try Epilim, even though they were well aware of the risks involved, especially in a neonate. With both the Epilim and Tegratol, the child was still convulsing 5-6 times daily, although the seizures themselves were of shorter duration and milder intensity.

This child was on *Opium* 200 one dose daily in water, from 29.1.1992 to 16.8.1993, and she did improve; then M potency one dose daily from 16.8.1993 to 30.5.1994, and then 30 one dose a day upto the reporting in the journal (**Australian Journal of Homoeopathic Medicine**).

The child's educator is very pleased with his progress, which is described as accelerated over the last few months, with marked improvements in all areas, including intellectual, gross and fine motorskills, and language skills. He is now attending school four days a week and his mother is looking for him to be integrated into a normal school with some special extra tuition on the side.

The case makes very interesting and educative reading. The child was kept on one remedy all through the course of treatment and made unbelievable progress.

38. A *Carcinosin* Case  
WEBLEY Don (HOM,62/1886)

11 month old male child. He looked very ill; it appeared as if he would die at the hands of the author. Chief complaints of epileptic seizures. Onset during teething at 4 months; diagnosed as stroke by neurologist and had been on Phenobarbital, then changed to Gemonil 200 mg/day. Onset: left arm twitching, then left leg, then both became limp. Hair on spine; doesn't eat but obese child, nonstop ear infection, colds, pneumococcus, high fevers, 20 times last six months. Acts as if genitals sensitive. Alarming chest congestion. Blue sclera.

*Calcarea carbonica* 200 t.d.s. given; found incorrect remedy. Family history of Cancer, Diabetes, Tubercular diathesis, mental disturbance: *Carcinosin* 200 t.d.s. until aggravation. . After about 10 days Gemonil was reduced gradually as the child continued to improve, and then completely discontinued in

about 40 days from the day homoeopathic medicine was started. All-round improvement. The remedy was repeated once for recurrence after a fall.

Over the last 8 years he was prescribed for the chief complaint but he has not had a full-blown seizure in eight years. His last constitutional prescription was *Carcinosin* 50M.

39. The Use of Dreams in Homoeopathic Prescribing and Proving  
WHITMONT Edward (HOM,62/1996)

The well-known teacher has some very valuable words of advice about the use of dreams in homoeopathic therapeutics. He warns of "a too facile and enthusiastically dilettantic approach to the evaluation of a dream for prescribing. But there is also the danger of spilling the babe with the bath water. The need to understand a dream rather than simply look it up under the repertory rubric must not be underrated. He goes on to clarify these. At the end WHITMONT says that the use of dream images simply as they are now listed in our repertories and uncritically reported in provings is unreliable. On the other hand, a careful evaluation of dreams in respect to the dreamer's response and their intrinsic meaning, can be of higher usefulness and lead us to mental symptoms that are overlooked or simply inaccessible to our standard interviewing methods.

40. Typhoid and Dombvili Fever  
VAIDYA Supriya (HNL,1,3/1996)

Dombvili fever is named so due to an epidemic of Typhoid which was resistant to broad spectrum of Antibiotics and was not easily cured. The fever was named so since it raged in Dombvili few years ago.

41. Alleviating Anxiety Neurosis Nutritionally  
BHATTACHARYA Arup (HNL,1,3/1996)

Anxiety neurosis is becoming more common due to a very fast-paced, and competition-filled life. Relation between nutrition and anxiety has been found and therefore proper nutrition can help overcome Anxiety Neurosis. This is discussed briefly in this article.

42. Fasting - The scientific view point  
SULE Shirin (HNL,1,4/1996)

Fasting as a therapy is briefly studied.

43. One Step Forward - Two Steps Backward  
VENKATRAMAN P.V. (HP,4,4/1996)

The author argues the importance of thorough examination of the patient to enable correct diagnosis. In two cases Gastric Endoscopy revealed the extent of damage and surgery saved the situation. In two other cases also endoscopy revealed the pathology and internal homoeopathic medicines cured.

44. Short Cases  
VASUDEVAN A. (HP,4,3/1996)

Case 1: A peculiar symptom - 'sensitive to touch of clothing, in sacral pain' - indicated *Lobelia inflata* which in the 30 potency, one dose, relieved the pain in just five minutes.

Case 2: *Arsenicum album* 200 restored health in a 65 year-old woman who was suffering from fever and weakness which resisted treatment for few days. The peculiar symptom is 'exhaustion is not felt by the patient while lying still; when he moves he is surprised to find himself so weak'.

Case 3: 37 year-old man with cramping pains in the epigastric region, > pressure, > laughing. The author decided that since the abdominal muscles are stretched while laughing, the pains were ameliorated due to that. A dose of *Dioscorea* 30 relieved his pains within five minutes.

Case 4: High fever with difficult breathing in a man was improved with *Arsenicum album* 200 (three powders), but the fever recurred with red urine and fear of being alone. The patient confessed to taking a very high dose of a particular allopathic drug prescribed for his Vitiligo; evidently he tried to commit suicide. This plus his fear of being alone pointed to *Hyoscyamus* which was given in 30 potency which promptly cured.

Case 5: A 6 year-old boy was rubbing his penis between thigh every night and then slept. A Psychiatrist said that it could be due to irritation in the Hypothalamus. The boy's father was a tubercular patient and so a dose of *Tuberculinum* M -3 doses were given and there was no more such behaviour of the boy.

Case 6: A 60 year-old man was suffering from palpitation after the Income-tax officials raided his house, was relieved in one day with a dose of *Natrum muriaticum* M.

Case 7. The author's son suffered severe injury in a car accident; glass pieces had got into the eyes. The retina was set right surgically. The surgeon said that the optic nerve was very badly affected. *Symphytum* 200 one dose was given and on the third day when the Ophthalmologist examined he found that the optic nerve was in perfect condition.

Case 8: 21 year-old male student. He was afraid he was having AIDS and wanted to end his life with some poisonous injections. He was examined by a well-known Hospital and declared that it was negative for AIDS. But he still had the fear. *Phosphorus* (on the totality), was given in 200 potency for 7 days, *Coffea* 30 - 7 days and *Passiflora* mother tincture, and later *Phosphorus* M three doses and then *Nux vomica* 200 - three doses, *Pulsatilla* 200 - 5 days, *Acid phosphoricum* 30 for 7 days. He became better in all ways. However, he was always sleepy, and was much worried because of warts on glans penis. *Antimonium tartaricum* M - three doses completed the cure.

#### 45. Nosodes & Chronic Miasms

BARVALIA Praful & SUBRAMANIAM Ram (IJHM,31,3/1996)

Miasmatic diagnosis does not simply depend on the delineation of past history but it is essentially determination of a pattern. Psora shows hypersensitivity, hyper-reactivity; Sycosis shows retention and non-functional proliferations. Tubercular miasms shows ulceration, suppuration while Syphilis demonstrates destruction. The authors say that this becomes one of the important parameter in establishing similarity. With two cases the authors demonstrate this.

#### 46. Puerperal Sepsis - *Pyrogen*

MAZUMDAR Jagruti (IJHM,31,3/1996)

25 year-old married woman developed puerperal sepsis - abdominal pain, foul-smelling lochia, fever. *Pyrogen* was her remedy.

#### 47. Wandering Physician & "Little Wonders"

MEHTA Kamlesh (IJHM,31,4/1996)

In treating children, the "little wonders", we have to rely on our observations and clinical acumen. A sick child makes the entire family anxious. Managing a paediatric case demands lot of sensitivity, sensibility and discipline from the physician. One should review the case frequently and be ready to change after feedbacks, "acute" attacks additionally brings panic and is a test of physician's stability and faith in his healing science. The author presents four cases to illustrate his above ideas. Very interesting.

#### 48. Case: An Experience

DAPTARDAR B.G.(IJHM,31,4/1996)

30 year-old male, with "chronic problems". Cold and cough from change of weather or driving a motor-cycle on the highways. Headaches from tension and cold and cough and sun heat also. Oily foods and non-vegetarian food causes stomach problems. Stools two or three times in the morning. Breathing difficulty during cold. Introvert, keeps quiet if hurt by someone. Aversion to reptiles. Weeps from emotions. He was given *Alumina* M. The author gives a fanciful analysis and 'understanding' of the patient

#### 49. Lost Man; Lost Hairs

NIKAM Vikas (IJHM,31,4/1996)

A man in his late forties; baldness, covering the entire scalp. He was dirty, wore dirty clothes. (He was a garbage collector in the Municipal Corporation). *Syphilinum* 200 one dose was given and within eight days he began to grow hairs and in three weeks he had a good amount of hair on the scalp.

#### 50. Stray Reminiscences: Experiences of Nosodes

KASAD K.N. (IJHM,31,4/1996)

Clinical 'tips' on many Nosodes.

#### 51. A Case of Haematochezia

PANJWANI Rifat (IJHM,31,4/1996)

30 year-old female admitted to the hospital ward. She was pale and exhausted. Passing blood in stool since a day. In fact was passing only blood (12 times a day). Complaint was sudden, no past history of similar ailment. Bright red blood, clotted. Pain abdomen as soon as she ate; severe burning in the entire abdomen. Vomits after eating/drinking. No fever and feeling chilly, wanted covers in the peak of summer month. She was put on i.v. fluids and given *Phosphorus* 200, after the first dose she passed one bloody stool and after the second dose two hours later, vomiting totally stopped, could eat a light meal. No more bloody stools and passed normal stools the next day.

#### 52. Posology

KARUNAKAR, K. (QH,5,3/1996)

The author speaks of his experience with particular potencies of certain homoeopathic medicines.

53. **Hydrophobinum/Lyssin** in comparison with human symptoms and five clinical reports  
CHATTERJEE Ardhendu Sekhar  
(QH,5,3/1996)

The author mentions briefly the symptoms of the rabid dog, symptoms of the disease rabies and the similarity with human diseases. He cites five cases in which *Lyssin* was the remedy on matching the symptoms of the patient with these symptoms.

54. Osteoporosis Imperfecta  
SHANGLOO, G.K. (QH,5,3/1996)

Three-month old male child was admitted to the Orthopaedic ward of the hospital on 26.10.1992. Diagnosis Osteogenesis Imperfecta and declared incurable. Homoeopathic treatment: *Nux vomica* 200, followed by *Calcarea carbonica* 200. On 16.11.1992 the child suffered a fracture on the right upper limb after a fall. *Sulphur* 30 followed by *Calcarea carbonica* 200 repeated doses at two weekly intervals. No further fractures and on 10.5.1993 *Calcarea carbonica* M. Child remains well.

2yrs, 3 month-old child with diagnosis Osteoporosis Imperfecta. *Calcarea carbonica* 200, *Tuberculinum* M, *Lycopodium* 200 and *Pulsatilla* M, *Mercurius solubilis* 200 were the medicines in this case which cured. [It is not clear why the author uses in these two cases remedies at repeated doses of 15 minutes intervals, minimum two doses, in respect of each remedy =KSS]

55. Emotion, Anxiety and Depression  
GANGOPADHYAY Nayan (QH,5,3/1996)

Article briefly discussing the mental ailments of Anxiety and Depression and some of the remedies indicated in those states.

56. AIDS - Some reflections on its causation  
MISTRY D.E. (NAMA, 3,1/995)

A malady is only a surface pointer to an inner imbalance in man's individual and collective psyche. Till the root of this problem is tackled, we will have the illusion of curing an illness, whereas in fact it only replaces one illness by another. This article takes another look at the phenomenon of AIDS and brings us closer to the heart of the problem.

57. **Carcinosin** in the Treatment of Cancer  
RAMAKRISHNAN A.U. (NEJH,5,4/1996)

The author writes of the regimen he has developed for treating cancer patients. He also asserts that this regimen has produced results far superior than what he was able to achieve in his first 20 years' practice. In his opinion the presence of Cancer in a patient was sufficient indication for using *Carcinosin* as 'intercurrent' remedy. Two cases are cited briefly.

58. Overwhelmed by Mononucleosis Infections  
LUGTEN Roland (NEJH,5,4/1996)

This is a very interesting case of an elderly lady suffering from extreme weakness. She has also been diagnosed as suffering from Mononucleosis Infection. She was improved remarkably with *Carcinosin* single dose. Follow-up for over five years.

59. A Case of Ulcerative Colitis and Chronic Bronchitis  
SCHAFFER Rodney (NEJH,5,4/1996)

A 43 year-old man with Ulcerative Colitis and Chronic Bronchitis. The case is reported in full with the analysis. *Carcinosin* restored him to such an extent that when the man greeted the author after about two years he could be hardly recognised - he was in such good health. The remedy was given five times over a period of an year and a half. This too is a very interesting case. The symptoms which were characteristic in this case of *Carcinosin* are: Craves bacon; Craves chocolate; Desire to travel; Dancing; Weeps from music; Waking at 4 a.m. Delusion that the body is brittle; Craves ice cream.

60. My Best **Carcinosin** Case: Ten year follow-up  
BERGHE Fons Vanden (NEJH,5,4/1996)

58 year-old female with a large tumor in her right breast. Surgical removal of the breast was the decision of the Gynaecologist. This was carried out. She was given a dose of *Carcinosin* XM before the surgery. This remedy was given after the surgery also in M potency. Of course she needed other remedies

too from time to time according to the symptoms. However, the main remedy which restored her was *Carcinosin*.

"Many symptoms upon which other homoeopaths use to prescribe *Carcinosin* are not characteristic enough for me to go directly to *Carcinosinum*; or they can belong to many other remedies, or they are not a real symptom that is produced by the vital force of the individual trying to establish balance. Here are some examples:

1. The family history of Cancer: who does not have Cancer somewhere in the family?
2. The history of suppression in the childhood: What person had no suppression in his childhood. It depends on the kind of reaction of the child what remedy the child will need.
3. Passionate people who love Nature and animals: If all these people need *Carcinosin* the you better put *Carcinosin* in the drinking water system!
4. Desire to dance, desire to travel, desire for music, desire to be at the sea etc. ... You can only use these symptoms if the patient is really ameliorated by doing one of these things (this means the complaint goes away!) and even then many other remedies will come before *Carcinosin*.
5. Childhood disease at a late age: I don't think this problem can be characteristic for one remedy!
6. Sympathetic and sensitive: so many remedies are in competition with *Carcinosin* for these symptoms.
7. The food desires: for me no food desire is characteristic enough to think first of *Carcinosin*. The so-called food desires of *Carcinosin* are a combination of those from *Tuberculinum* and *Medorrhinum*. Desire for chocolate is for me not really characteristic enough to think of *Carcinosin*."

61. Put the Anger in the Closet and Shut the Door  
EVANS Gwyneth A. (NEJH,5,4/1996)

39 year-old woman, married with two children. In this case *Carcinosin* was given in 30, 200, M all the three potencies on one day of 24 hours! Six months follow-up, remains well.

62. *Carcinosin* Case  
WYNER Sandra (NEJH,5,4/1996)

42 year-old female presented with predominant mental symptoms. Inability to get going in the morning, very lethargic and a real struggle to get motivated, especially if it is for herself. Once she gets going she is fine and quite competent and organized. In bed, the feeling of warmth and security, like a cat curled up, feeling protected. During adolescence at home it was as if the message from her parents was "you cannot handle the responsibility of knowing, you are still a child." In presence of parents became and still is helpless and unable to make decisions. Fears spiders and being physically maimed. Angry at injustices - can't believe these things happen, that people can do it - ecological issues. People say isn't it awful, but do nothing. Sad and depressed - "where does my future lie?" Has mood swings. She had asthma as a child, and at 14, 15, and 16 it developed into a dangerous stage and was put on desensitizing injections for 4 years. Wind irritates her - it's too much energy.

More 'mental' symptoms are discussed. *Carcinosin* 30 three doses, one a day, was given and she went on to improve. After over an year she needed *Aurum metallicum*. The author says "Although *Carcinosin* was the main remedy needed in this case, it was *Aurum metallicum* that finished it off."

63. Life Insurmountable  
PITT Richard (NEJH,5,4/1996)

35 year-old woman who is large, strong-minded, forceful and angry. Her presenting symptom is a pain on the side of her abdomen, a blistering pain, a stitch which she has had since age eight. Her periods are also affected, coming every two months, which upsets her. The pain is worse from any pressure and it has affected sex. She sees it very clinically, doesn't let her emotions take over as she describes it. She was given *Carcinosin*. The main indications (in brief) for *Carcinosin* in the case were:

1. The history of chronic constipation - this is a well confirmed keynote of the remedy.
2. The fear of Cancer.
3. The nature of her anxiety.
4. The depression that she said she was drowning in, feeling that she had missed all her opportunities.
5. She described an intense pain in the right hypochondrium which seemed to be related to the constipation.
6. She reacts to injustice and can't watch horrible things on TV.
7. The dream of death and violence with her father. Destruction on any level is a theme of *Carcinosin*.
8. There is often a feeling of confusion in the case. Nothing seems to fit together. It lacks order.
9. There seems to be indications for more than one remedy. This is one of the most common keynotes for *Carcinosin*.

The author further says: "Traditionally *Carcinosin* has not been well represented in the *Materia Medica* and repertories. Fortunately that is now changing. The remedy has much better representation in the

computer repertories and new Materia Medicas. A very good resource can be found in a book by FOUBISTER called **Tutorials in Homoeopathy**. The symptoms discussed are by no means exclusive."

64. Two Cases: Optic Neuritis & Primary Sterility  
SRINIVASAN Vandana (HH,21,7/1996)

In the first case, the dreams were interpreted as 'delusions' to understand the state of disposition; in the second case, the day-to-day events were converted into the appropriate rubrics which yielded the curative remedy.

65. Cardiovascular Diseases and Homoeopathic Treatment  
BALAKRISHNAN E. (HH,21,7/1996)

The number of Cardiovascular patients coming for homoeopathic treatment is very small, even negligible. What Homoeopathy can do to help these conditions is not sufficiently known to many who have also the misconception that our remedies are not fast-acting. It is high time that homoeopaths acquired deep confidence in their remedies to meet such conditions, and demonstrated their ability in practice.

66. A Case of a Guillain-Barre Syndrome  
KHUBCHANDANI Manish (HH,21,7/1996)

Guillain-Barre Syndrome is also known as acute Demyelinating Polyneuropathy. A 32 year-old female, married with complaints of tingling and numbness of hands and feet since two weeks. Severe weakness in thighs. The complaints were worse by putting hands into cold water or after a cold bath and in cool atmosphere. Past history of similar episode two years back. Her condition was diagnosed as Guillain-Barre Syndrome. Before this she had Influenza. Taking into consideration her mental and general symptoms, she was given a dose of *Phosphorus M*, and she began to experience immediate improvement although the white spots she had on arms and neck increased. Soon these also improved.

67. The Agony of the Dutiful Lady  
IYER Latha R. (HH,21,7/1996)

70 year-old lady, bed-ridden and under allopathic treatment. Backache since 3 years, radiating down to legs, especially to right leg. Gastric ulcer since one year. Diabetes mellitus since 7-8 years. Hypertension. Had a fall and was admitted to hospital an year ago. Since then totally bed-ridden. Since 6 months being catheterized. *Aurum muriaticum* 200 one dose was given on the basis of her mental state only. ('Themes' of *Aurum* and *Muriaticum* were recognized and so *Aurum muriaticum*). The patient went on to recovery in all the complaints.

68. Eczema  
PATWARDHAN Prabha (HH,21,7/1996)

8 year-old girl with severe Eczema all over the body from infancy, including the face. Skin very dry, thick and no sweat at all. Lot of itching. Worse in cold and wet seasons. Better in the sun, sea-bathing and generally at sea-side. Excess growth of body hair for the past 3-4 years. Diarrhoea from milk but she craves milk. At school other children avoided playing with her and made fun of the hairs. *Lac caninum* 30 three doses and two days after she had lot of watery stools. Itching ++++. Ten days later, upper parts much better, legs still bad. *Lac caninum* 30 repeated. 15 days later skin worse again and *Lac caninum* 200, three doses and 10 days back to the original state. *Hura* 30, three doses. No improvement for over a month and half and so *Medorrhinum* 30, three doses. Six months, skin quite bad with severe itching, especially in bed, when she is in bed or after a hot bath. *Sulphur* 6 b.d. for a week. No change. The entire case reconsidered. *Belladonna* 30, three doses. She is well.

69. When all Hopes were given up  
MANKANI Meena (HH,21,7/1996)

63-year-old male (father of the author), a B-thalassaemic, hypertensive and insulin-dependent diabetic for the last 36 years, and CRF, had gone through multiple problems like Congestive cardiac failure, gastric ulcer, locomotor ataxia, diplopia, etc. and since last nine years most of time spent in hospitals' intensive care units. Homoeopathic treatment could only support him to some extent, but he could not be cured completely and there was no improvement of his level of energy.

Now, he developed a diabetic foot with copious discharge of an extremely offensive frothy pus accompanied by hyperpyrexia and violent hiccoughs. He went into diabetes induced acute renal failure and was rushed to hospital with Septicaemia in an extremely acidic and critical condition. On examination, his blood urea nitrogen was 120 mgm%, Serum creatinine 7.2 mgm%, Serum potassium 6.9 m Eq/L, Hb. 6.3 gm. Blood sugar (random) 356 mgm %. He presented a picture of absolute decomposition and degeneration. All the seven consultants attending on him had lost all hope and we were asked to prepare

ourselves for the worst. The plan of treatment was daily Dialysis, IV antibiotics, and urgent amputation of the gangrenous toes which the surgeon felt would be a highly risky operation.

*Crotalus horridus* 30 three hourly in water. His response was almost instant. With other supportive measures his condition became stabilized to the amazement of the consultants. The amputation and grafting procedures were uneventful. So much was the surgeon impressed that he encouraged continuation of the homoeopathic medication. At the end of three weeks the dialysis was discontinued and the blood test report was: Blood urea nitrogen 33 mgm%, Serum creatinine 2.6 mgm%, Serum potassium 3.4m Eq/L, Hb. 10.4 gm., Bl.Sugar fasting 110 mgm%. His vision also had become clearer and the vitreous haemorrhage was clearing off.

In this case the response to the remedy at all levels is remarkable. The effect of *Crotalus horridus* on haemolytic anaemias could perhaps make it a principal remedy in treating Thalassaemias and related manifestations. Also in spite of the tremendous suppressions by allopathic medicines the indications of the curative homoeopathic remedy have not been obliterated.

70. A Case of *Antimonium crudum*  
SHETYE Prasad (HH,21,7/1996)

27 year-old man with complaints of increased sexual desire, history of masturbation, impotency, emotional upset. Lean, fair, brown-eyed. Girlish way of talking. He was in an exalted, ecstatic state, weeping with memories of a girl prostitute whom he loved as his dear sister. Desire for pickles. Sentimental. Loathed life. Had suicidal thoughts. Disappointment in love. Sadness with weeping. Dreaminess. Desire for the ideal women.

71. My Experience with Skin Diseases  
SHAH Nitin (HH,21,7/1996)

Case 1: Neurodermatitis with Anxiety Neurosis: 30 year-old male. His son met with an accident involving head injury. Since then he has developed sudden attacks of acute anxiety with fever, as if something is going to happen to him, with palpitation, perspiration, and trembling. Felt his breath would stop. Fear of heart attack. Anxiety < when lying down, < when thinking of it. Timid, yet irritable and dominating with family members. He was given *Tabacum* 200 one dose.

Case 2: Melanosis: 33 year-old female: discolouration of skin on face and arms since four years: blackish, symmetrical, around the mouth and lateral sides of both the arms. Migraine, with biliousness and vomiting. Milk aversion. *Lac defloratum* M. Follow-up an year later: well.

72. A Case of Intolerable Suffocation  
KHARIWALA F.K. (HH,21,7/1996)

Although responded well as far as her most troublesome symptoms were concerned the patient could not be declared cured, suggesting that she needed a series of remedies to be cured.

73. Homoeopathy is not slow-acting  
BHATT Shraddha (HH,21,7/1996)

Case 1: 45 year-old, male, teacher of accounts had severe headache. After taking the allopathic medicines prescribed by a Physician, he developed various difficulties. He was given one dose of *Lachesis* M in the evening and next morning he reported that within an hour he felt well.

Case 2: 26 year-old female, complained of Amenorrhoea since her menarche at age 13. Only hormonal injections would bring the menses. Thirst for ice-cold water. Social and talkative. Worked at the Airport and had to be on her feet for long time. Sleep unrefreshing. Felt hot. Avoided horror movies. Fear of dogs. Craving for sweets, chicken and fish. Liked loose clothing. Many homoeopathic remedies given, failed. Reconsideration of the case: she said that her menses (induced by the hormonal injections) were copious, lasted six days, bright-red and clotted. She was also putting on more weight. *Calcarea carbonica* M, one a day for 3 days, gave the desired result.

Case 3: 5 year-old boy with Bronchial asthma. He had a hole in the heart, corrected surgically. very thirsty, liked cold drinks. Fear of ghosts, of dark, being alone. Desired cold milk. When he had the attack he liked to be rubbed on the back. *Phosphorus* M one dose, relieved him from an acute attack very soon and the remedy was repeated once later.

Case 4: Delusions that he would be arrested, that he was pursued by police; restlessness, walking up and down, averse to company and lastly childish, were relieved by a dose of *Kali bromatum* XM.

Case 5: 24 year-old girl, working at the Airport counter, complained of severe stiffness and pain in lumbar region; could not move because of the stiffness. No > relief in any position. She had been exposed to cold, dry, climate. *Causticum* M relieved immediately.

74. Recurrent high fever  
SHAH Parinda (HH,21,7/1996)

35 year-old female, with recurrent high fever with cold and cough since an year. On antibiotics. Diagnosed as URTI. Aphthous ulcers in mouth, severe, recurrent. She had fear of serious disease, sensitive to noise, fear of downward motion. *Borax* 200 single dose.

75. To reach Head via the Mind  
DESAI Sandhya (HH,21,7/1996)

38 year-old lady, headache at least 4-5 times a week. Desire for salt, aversion to milk and sweets. Very thirsty, worse from sunrise to sunset. Has been treated with homoeopathic medicines in the past without benefit. The first attack came on after her husband thrashed her severely during a quarrel, and she was hospitalised. Husband had extra-marital connections and was harassing her for divorce. She continued to be victimised by her husband. She sobbed while narrating this. *Pulsatilla* XM relieved her.

76. Alopecia areata  
DUA S.K. (HH,21,8/1996)

47 year-old man consulted for two bald patches on his scalp which came on after Malaria. A healthy man. Fear of injections. On allopathic medicine with Vitamin E and some hair oil. *Nux vomica* 30 (3 doses), *Carbo vegetabilis* 200 (one dose every 6 days), after which *Thuja* 200 (1 dose a day for 4 days), *Graphites* 30 (t.d.s. 7 days), then 200 (1 dose alternate day for 20 days), *Tuberculinum* M one dose, again *Graphites* M two doses for two days, brought about the desired result.

77. Dreams as a factor of prognosis analysis                      incurable                      patients  
GALANTE Maria Regina (HH,21,8/1996)

In the Introduction to this interesting article the author says "dreams mean getting in contact with our psychic depth and our own living substance. We feel life flowing through them." According to FREUD dreams were the disguised accomplishment of our repressed desires. JUNG said that dreams often depicted an objectively psychic natural event which is not influenced by the ego desires. This aspect, the author says, is much relevant in the present study as verified that many patients who were not aware of the gravity of their illness or who bred illusions regarding their illness had very often dreams which clearly showed their condition. Sometimes the reality was even shown in a brutal and pitiless way as in the report of a young woman who witnessed her own funeral.

Three cases are reported and analysed. Very interesting article.

78. Snapshot Prescriptions in Private Practice  
MASTER Farokh J., PANCHAL Priya A. (HH,21,10/1996)

Clinical 'Tips' for Fevers, common Colds, Diarrhoeas.

79. A Case of Myasthenia gravis  
TRIVEDI Bhavana (HH,21,10/1996)

Case 1: 45 year-old woman with Myasthenia gravis since two years. Was on 60 mg. Prednisolone and Mesterone daily, but still had Diplopia, Dysarthria and regurgitation of food. Based mainly on her mental state *Platina* 0/3 was given over a period of eight months and she improved well and during last two months of treatment she was off steroids.

Case 2: 40 year-old woman, Psoriasis of the feet since two years. The totality indicated *Arsenicum album* given in 200 potency t.d.s. (!) Since no remarkable improvement, it was given in higher potencies upto the CM, which cured.

80. A Case of Psoriasis  
BAMJI Niloufer (HH,21,10/1996)

50 year-old man with Psoriasis since 15 years. *Lycopodium* 200 'few doses', and after three months repeated.

81. A Case of Hypertension  
SHAH Ashish (HH,21,10/1996)

30 year-old male with Hypertension since 5 years. He had grey hairs since his 23 year age which has now increased very much. Throbbing headache. Craving for sweets and pastries. *Magnesium muriaticum* M (Strong sense of duty; Reserved, prefers to be alone; Pacifist; Restless, at night; Dislikes confrontations; Desires sweets, pastries; Headache better in open air and hard pressure normalised his blood pressure.

## 82. Metrorrhagia

SHAH Rina (HH,21,10/1996)

20 year-old girl with irregular menstruation since 6 months. Abdomen pain before menses, till first day of menses. Pain > by fomentation. Menses scanty, lasted only one day. Drowsy and weak during menses. *Ignatia M*, 2 doses (Ailments from grief, aversion to company, sympathetic, sensitive to reprimands, aversion to opposite sex, brooding, intolerant of contradiction, fear of men, irresolute, desires sour/acid fruits, aversion to milk, cramping pain < touching part).

## 83. Rheumatoid Arthritis

MAROLIA Zubin P.(HH,21,10/1996)

35 year-old a lady, school teacher, joint pains all over the body, especially on the right side since 3 years. RA test positive. Under allopathic treatment from a Rheumatologist, but poor relief. *Hepar sulphuris* 200 seven doses for a week. Relieved and remains well when followed-up for two months. (19 rubrics).

## 84. My Homoeopathy for Your Migraine

THAKKER Paresh V. (HH,21,10/1996)

Brief article on the characteristics of Migraine and few remedies for it.

## 85. A Case of Tuberculoma resolved through Homoeopathy

HABBU Anil (HH,21,10/1996)

43 year-old housewife suffered from sudden involuntary movements of right lower extremity, followed by numbness of the affected part. Second attack and third and fourth too. During the fourth attack she had also involuntary movements of the right upper extremity. CT scan revealed brightly enhancing ring lesion in the left parieto-temporal region subcortically with perilesional oedema, suggestive of Tuberculoma.

Detailed history was taken. She was allowed to continue the anti-tubercular drugs and anti-convulsive treatment. The anti-tubercular drugs were withdrawn since she developed jaundice and intolerance to the drugs. Series of homoeopathic remedies were used and the scan at the end of the treatment revealed that the lesion had disappeared.

## 86. Documentary studies in the management of ecological problems in Homoeopathy

PAREEK R.S., PAREEK Alok (HH,21,11/1996)

The author rightly laments over the environmental pollution by Industries etc. and the resulting diseases to life. He recalls the Methyl isocyanate intoxication (Bhopal Gas tragedy), and the toxicological study that was carried out, the Chernobyl tragedy and the homoeopathic treatment for the poisoning. In this article the authors speak of the *Acidum sulphurosum* poisoning in a man who had worked for 25 years in the Iron Foundry and also lived in its vicinity. *Acid sulphurosum* 30 b.d. helped improve him. A 60 year-old man had suffered from Emphysema for 15 years. He was also given the same remedy and he improved and could withstand the pollution comfortably. Another 50 year-old woman had suffered from Bronchitis and Bronchial asthma for 15 years. Whenever the wind blew from the chimney (of the Industry) side she became worse. She too improved with the same remedy, *Acidum sulphurosum*.

A 60 year-old man developed after retirement, and after he came into a new house, burning in throat and a strange depression; Cough, watery eyes, burning in nose, sneezing, aches all over. The same remedy helped him too. This remedy is of great use in Allergic rhinitis and Hay fever. During the course of treatment these patients got relieved of their chronic vertigo.

*Acidum sulphurosum* deserves an important place with other great vertigo remedies like *Conium*, *Gelsemium*, *Cocculus indicus*, etc. This remedy is one of the leading remedies for industrial and polluted world of today. It ranks with *Carbo vegetabilis* and *Arsenicum*. It may well be a remedy for bronchogenic Carcinoma in smokers and in other chronic respiratory diseases in persons living in polluted environment. In their study the authors have been giving this remedy in 200 potency once weekly in highly susceptible foundry workers.

## 87. Homoeopathy in Emergency Wards

PAREEK Alok (HH,21,11/1996)

"At the doorstep of the emergency ward we are confronted with two important questions;

1. Is Homoeopathy capable of handling medical emergencies?
2. Are there life-saving drugs in Homoeopathy?

These two vital questions being asked both by our colleagues of 'modern medicine' and lay-men cannot be overlooked. The answer to both these questions is an emphatic YES." The author reports a case from 'surgical emergency' and one from 'medical emergency' to drive home his point.

88. AIDS: No need to press a panic button. A Global emergency: Challenge and treatment  
KEWAL S.P. (HH,21,11/1996)

This is a brief essay on AIDS. The author advises not to panic but to act appropriately.

89. A Case of Schizophrenia with Renal Failure  
SHAH Jawahar (HH,21,11/1996)

This young girl, charming and attractive, with very good cultivated manners and behavior, exposed to repeat vaccinations since she was the daughter of a UN official moving country to country, was suffering from hypertension, renal disease and now she was told that she should have kidney transplant! The total case was taken and repertorized (40 rubrics - computer aided?) and finally *Platina* 200, 'few doses' restored her.

90. Case Reports: Inheritance of miasms  
CHAWLA Jagdish (HH,21,11/1996)

This is a brief discussion of the 'miasm' in Homoeopathy. He reports the case of a just-born baby, premature, by caesarean section, weighing only 1.25 kg and in respiratory distress. *Arsenicum album M* was put on the tongue of this frail and struggling infant in the incubator. The respiratory rate of 120/minute dropped to 80 in 15 minutes and the infant started moving lower limbs. After 12 hours the respiratory rate was 90/minute and one more dose of the same remedy repeated and then the infant started kicking her legs and cried and the respiratory rate lowered to 60/minute. One more dose repeated after 24 hours and the child could be discharged only after 7 days.

91. Homoeopathic prophylaxis & treatment of Dengue  
KHULLAR R.L. (HH,21,11/1996)

A brief write-up on this annually visiting disease and its homoeopathic treatment.

92. Cysticercosis  
MISHRA S.C. (HH,21,12/1996)

Cysticercosis is an encysted larva of tapeworm (*Taenia solium*). A 37 year-old woman, a bank official, was found to be suffering from this disease. In this case the lesion was in the brain. She has been on allopathic treatment. The homoeopathic remedy that helped her was *Cina* 200, 6 doses, one daily, and then *Tuberculinum* 200 one dose. She became relieved of her ailment and the CT scan also confirmed the resolution of the lesion.

93. Homoeo-magneto therapeutic co-relation - new hope for actual cure  
DAS Ashish K. (HH,21,12/1996)

The author argues for use of magneto-therapy along with homoeopathic therapy,

94. Prophylactic and Curative Medicines for snake bites  
JHA Sushil Kumar (HH,21,12/1996)

A generalised study of snake bites, symptoms, various drugs - herbal, Back Flower medicines, etc. - and some homoeopathic remedies like *Cedron*, *Guaco*, *Crotalus horridus*, *Belladonna*, *Nerium odorum*.

95. Stiffneck and Backache  
SETIA O.P. (HH,21,12/1996)

Some remedies generally indicated in stiffneck and backache are discussed in brief.

96. Surgical Cases cured by Homoeopathy  
MATHUR R.P.(HH,21,12/1996)

Nine cases, briefly told. (seems to be a reprint, although the original source is not mentioned)

97. Growing Menace - *Arsenic* poisoning  
KANSAL Kamal (HUD,4,7/1996)

Survey, which involved analysis of water samples from nearly 20,000 tube wells in seven districts of West Bengal, revealed that about 10,000 of them have Arsenic content above 0.05 mg a litre, the maximum

permissible limit fixed by the WHO. The average concentration of Arsenic in water in the 560 villages is 0.375 mg a litre, the highest being 3.7 mg a litre. Water from these tube wells is used by the villagers, for drinking, cooking and other household purposes. Random tests showed that the villagers' urine, hair, nail and skin scales had high levels of Arsenic.

98. Case Reports - Homoeopathy and Cancer  
KUMBHAR Shrikrishna Anant (HUD,4,7/1996)

Three Cancer cases in which homoeopathic remedies were used, one in Mother tincture with good results and in the next two palliation.

99. Some Lesser-known/prescribed Remedies for Rheumatoid Arthritis  
KOHLI Bindu (HUD,4,7/1996)

Remedies with specific organ affinity/lesional affinity; would relieve the pains of Rheumatoid Arthritis. These 'less-prescribed' remedies are discussed briefly. Four cases are reported to make the point and the remedies are: *Ledum*, *Lachesis*, *Kali iodatum* and *Tuberculinum*.

100. Colds-Influenza-Sore throats-Respiratory infections  
GUPTA Babita (HUD,4,8/1996)

Brief article on the homoeopathic therapeutics of the common colds and 'flu and respiratory diseases.

101. Case Reports  
KANSAL Kamal (HUD,4,9/1996)

Viral Hepatitis: 45 year-old woman with Anorexia, Nausea, Fullness in stomach and malaise. Tests for Hepatitis confirmed. *Chelidonium* 6 t.d.s. and within a week repeat tests showed normality.

Urinary tract infection: 69 year-old woman with chronic Cystitis since 2 years and has been on oral antibiotics and many injections, lot of alkaline mixtures, and was tired of these. On the common symptoms she was prescribed *Copaiva* 6 t.d.s. for 15 days restored normalcy.

One year-old boy with persistent high fever and difficulty in passing urine. He would pull at his penis and cry. *Cantharis* 30 t.d.s. for 7 days after which burning > but fever persisted; *Copaiva* 30 t.d.s. for 7 days. Remains well.

102. **Tuberculinum** - A Multi-purpose Remedy  
BHUSHAN Vijay (HUD,4,9/1996)

18 year-old female, short, fair and obese, with Urticaria on hands. The patches appear after handling anything cold, even washing clothes for a considerably long period. She said that during the winter when she went to the terrace the Urticaria was severe. *Tuberculinum* M cured.

70 year-old female, fair and slim, with cough persisting for last 18 months. Becomes worse on exertion. Fluent coryza. Distension abdomen, flatus relieves. Night sweat towards early morning. Workaholic. One dose of *Tuberculinum* 30 cured.

Severe backache, weight loss, low grade fever with Anorexia in a lady. Investigation lead to the diagnosis of Pott's disease, with Elisa test positive for Tuberculosis. After allopathic treatment for over four and half months she was worse. Whenever she visited she was dressed nicely. *Tuberculinum* M one dose followed by *Calcarea fluor* 30 t.d.s. for next 3 months and she gained 5 kg. weight and good appetite.

28 year-old male, with multiple Warts on hands, neck and left leg. *Thuja* upto XM, *Causticum*, *Dulcamara*, *Natrum muriaticum*, *Antimonium crudum*, all had no effect. After re-taking the case, he was given a dose of *Tuberculinum* M. Few more warts appeared and the remedy was repeated and the last warts that appeared began to disappear. In four months there were no more warts.

103. Surgery averted by *Calcarea sulphurica*  
KOHLI Bindu (HUD,4,9/1996)

A five-and-half-year-old girl baby with acute pain left ear < cold thing, touch. Restless with pain, fever. Throat congested, tonsils enlarged with pus spots in crypts, cervical lymph nodes. Tympanum bulging++; frequent and unformed stools; thirst more than normal. *Mercurius solubilis* 30 t.d.s. and after the pains were >; the parents told that she had similar episode earlier, constant rhinorrhoea and recurrent URI; difficulty of hearing left ear. ENT surgeon advised Bilateral Myringotomy with grommet insertion under GA.

After a complete case-taking she was prescribed *Calcarea sulphurica* 200 twice a week for two weeks. Improved. Then the remedy was given in M potency for over two and half months. Normal.

104. Treatment of Cancer: Some observations  
ROY R.K. (HUD,4,10/1996)

35 year-old man with Naso-pharyngeal Carcinoma. The disease had already metastasized to lymph nodes in the neck. For few years before this he was under continued allopathic treatment for chronic

Sinusitis, Chronic Cold, Cough, Pharyngitis, Laryngitis, Epistaxis, etc. He was given radiation therapy for a month. However, he soon became worse and in agonising pain, much restlessness. At this stage he came to Homoeopathy.

Based on the presenting symptoms and the characteristics in them he was given homoeopathic remedies as required from time to time. The patient recovered and remains well.

105. Case Reports - Uncommon Symptoms of Common complaints "an observation"  
SHARMA Rajani (HUD,4,10/1996)

37 year-old man with acute spasmodic cough. He was an alcoholic, very short-tempered, fond of spicy food, chilly, obese. His cough was dry, barking, with chest pain, <lying, >warm drink. His head and face was sweating profusely and it was icy cold sweat, had desire for cold water. *Veratrum album* 30.

16 year-old child with high fever and dry cough. Fever, headache > pressure, hot, constipated, thirst++, cough <morning, >lying, bodyache >rest, pressure. Sun headache, desire salt, tendency for water retention. Both *Ignatia* and then *Natrum muriaticum* did not help. Assuming the hysterical element in the case, he was given *Ignatia* M and the temperature climbed down and he became well. The superficial and erratic character of the symptoms led to *Ignatia*.

106. Backache - Clinically verified remedies  
GUPTA Babita (HUD,4,11/1996)

*Arnica montana, Aesculus hippocastanum, Bryonia, Cimicifuga racemosa, Kali carbonicum, Rhus toxicodendron, Nux vomica, Tellurium, Mezereum* are listed as the 'clinically verified remedies' in backache.

107. Post-polio drops Complaints - Case Reports PANICKER K.N. (HUD,4,11/1996)

4 year-old female child who was administered the second dose of the 'Pulse Polio' on 9 December 1995, soon developed drowsiness and dizziness progressively. In October 1996 she felt weakness and giddiness and aversion to play and next day she felt sleepy and fell down and injured herself. Admitted to a private clinic and it was noted that she had "sleeplessness, did not sleep even after drugs were given" and "talking too much, but unclear talks, tongue turns to side while talking". She also was too hungry and ate far larger quantity than her usual, could not walk independently as if intoxicated. Neurologist was called in. However, on 25 January 1996, the author was consulted. She was given *Thuja* M (Loquacity, very cross, sleeplessness, tossing, very hungry) and then *Passiflora* mother tincture 5 gtt. t.d.s. After two days she was given, on the basis of the symptoms present, *Petroleum* 200 t.d.s. for a week.

108. Acute Coryza  
PANICKER K.N. (HUD,4,11/1996)

25 year-old female, severe cold, sneezing, coryza and stuffed nose after taking ice-cold drinks after travelling in a jeep, on a hot sunny day. Coryza was worse day time, lying down ameliorated. *Mercurius* 30 one dose was given.

109. **Arsenic** in Insomnia  
DAS D.L. (HUD,4,11/1996)

An Operator-grade worker in a factory, with interest in Mysticism, and ardently devoted to Transcendental Meditation and hypnotic music, developed insomnia which was his main complaint. He revealed of increased activity with regard to his practices and that even 500 mg. sedative did not help him sleep in tranquillity. He also complained burning all-over, particularly in hypochondrium with a definite periodicity, midnight aggravation. Anxiety as in *Arsenic* was also there. The more he suffered from insomnia, the more he meditated *Arsenicum album* 200 one dose on alternate days. 3 doses were prescribed after which he improved. Since he had fear of return of his insomnia, a dose of the XM was given after which he never had the complaint.

110. Necropermia  
TAPADIA Ramgopal (HUD,4,11/1996)

30 year-old man, married for years, infertile. Necropermia with Oligospermia. *Argentum nitricum* prescribed on the basis of the totality, improved.

111. Vicarious Menses  
KANSAL Kamal

(HUD,4,12/1996)

38 year-old woman with Amenorrhoea since three months. All tests done and no abnormality could be found. *Senecio aureus* 3x t.d.s. with no result in two months. Then *Ignatia M*, one dose was given (brother died recently, non-complaining about offenses done to her) and in 4 days she coughed a small blood clot and on the next day her menses came on. Was the coughed blood clot a vicarious menses? (There was no throat pathology).

#### 112. Dengue Haemorrhage Fever

KANSAL Kansal  
(HUD,4,12/1996)

41 year-old man with high fever for 5 days. Platelet count had fallen to 68,000. *Rhus toxicodendron* 30 was given (three doses at 4 hourly) and on the next morning the Platelet count was 85,000 and in the evening 1,11,000 and on the next day Morning 1,37,000 and in the evening 1,49,000; further on the next morning 2,50,000. There was no need for platelet transfusion. *Rhus toxicodendron* was given on the basis of the symptoms.

#### 113.A Rotten Case

CASTRO Miranda (HT,16,5/1996)

This is the case of the author's son, twelve years ago, when the child was 5 years age. The boy, Daniel, was ill with Septicaemia. A graze on Daniel's elbow had become inflamed. He became ill, rapidly became feverish and soon became delirious. *Belladonna XM* did not help. He became worse. In consultation with another colleague, *Pyrogenium XM* was given and even before the tablet on his tongue dissolved completely he sat up and spoke normally. "It was as if he'd leapt back into the world of health". The remedy was repeated every five minutes for 6 doses and by the sixth dose the fever was down to 101.5°F and Daniel said "I feel brilliant." By next morning his temperature was normal and every single symptom of Septicaemia was gone. The following important lessons were learnt from this case of one's own child:

It is possible to treat life-threatening acute illnesses brilliantly with Homoeopathy. It's all well and good to read about cases where other homoeopaths have succeeded, but to experience it at first hand is awesome.

It is difficult but possible to treat those close to you, but it is necessary to call on skilled help when panic sets in, or when you know you have reached your limits.

We need to be trained to overcome fear and panic in emergencies so that we can observe and prescribe with confidence.

We need a good training in both Homoeopathy and thorough knowledge of Pathology (medical sciences) to be able to handle serious situations with at least some degree of confidence and competence.

#### 114. Catching Illness early and chasing it away

BELLO Lia (HT,16,5/1996)

In this article the author tells us to recognise the early symptoms, the premonitory ones, of such illnesses as Influenza, respiratory diseases, etc. Applying the right remedy would prevent development of the specific illness.

#### 115. The Importance of individualizing Symptoms

MESSER Stephen (HT,16,5/1996)

6 year-old girl got fever, headache, etc. The headache came on while riding in car. The fever came with the headache. Better from eating. Cervical glands were swollen. Emotionally seemed more polite. Throat pain worse on empty swallowing better on solid swallowing. Dry skin with fever. Thirstless, drank a large glass but only every 2 hours. Worse motion. Whined "I want to go home". Irritable and cranky. Tympanic membranes (ear drums) were transparent with some sterile fluid behind them. Throat pink and cervical glands mildly swollen. *Bryonia alba* was given and she rapidly became well.

#### 116. Sore Throats

ISON Eileen (HT,16,5/1996)

The author lists the remedies in this condition and their individuality.

#### 117. The Experiences with Homoeopathy

BAKER Linda Sue (HT,16,5/1996)

The author reports that ten years ago she was affected by the Poison Ivy and her regular doctor treated her with an injection; she got better but again in a week the sores that had not healed started to expand and spread again. Again her MD prescribed and the rash and itch went away for four months only. The next year she again contacted Poison Ivy and took *Rhus toxicodendron* the rashes were cleared up within 24 hrs. She has never had a rash since then.

The author's son and three fellow workers also got into Poison Ivy at work. Her son took the remedy and could go to work the next day while the other three fellow had go to the doctor and missed three days of work!

Dr. Michael GARN comments on this that because the author took *Rhus toxicodendron* soon after contact with the plant it prevented the full blow-up of the Poison Ivy dermatitis (Poison Ivy dermatitis has a delayed response); however, if she had taken the remedy after the dermatitis became full-blown, then probably *Rhus toxicodendron* would not have worked. He recalls that KENT does not mention this remedy in his Repertory, for this dermatitis. (see p.1318). However the subsequent repertories have added *Rhus toxicodendron* and some other remedies. When the dermatitis is fully developed some other remedy according to the totality of the symptoms (the modalities, for example) presented. Dr. GARN recalls that the late Dr. Charles DIXON a veteran homoeopath of 60 years experience used to advise his patients susceptible to the Poison Ivy to take a dose of *Rhus toxicodendron* XM at the commence of Spring and those patients could very well remain free from the allergy to Poison Ivy.

The author further says that she was stung on the forearm by a Hornet and within 5 minutes red streaks had already traveled down to the wrist; *Apis* was taken and she could actually watch the redness receding.

#### 118. Children's Coughs

BELLOW Lia (HT,16,6/1996)

Analysing the sound of a cough - loose, dry, raspy, wheezy, tight, brassy, barking, rattling - is a valuable skill for homoeopathic prescription. This plus the colour of the expectoration, the type of the nasal discharge, modalities like better or worse at a certain time or the day, cold or warm drinks, air and the effect of body position, and of course an assessment of the child's temperament will be necessary to begin the search for the homoeopathic remedy.

#### 119. The baby who screamed for nearly a week

CASTRO Miranda (HT,16,6/1996)

A nine-month old baby was teething and had been screaming day and night for two days and two nights. "Doesn't know what she wants and nothing soothes her. Asks to be picked up and when I do she is quiet for a moment and then starts screaming again." *Chamomilla* 6 hadn't worked. The 30 also didn't. Of course the prescription was correct if we take the symptoms as mentioned above. But it had not. Careful questioning of the mother (all these over the telephone) revealed that on the afternoon when the baby had first begun to scream, her older child had fallen down the stairs with the younger baby in her arms. The mother had given *Arnica* then and the child slept and woke up screaming. Careful questioning of the older child revealed that because of the fall she had dropped the baby several stairs and she banged her head on the sharp corner of the wall at the bottom. It was now clear that the baby had been given *Arnica* which took care of the bruise but not the result of the head injury. Evidently the child was suffering from a bad headache as a result of the injury. Now a dose of *Natrum sulphuricum* 200 was given and as the medicine dissolved on the tongue the baby stopped screaming, and didn't scream again. It is interesting that this child had the predisposition to such injuries and their consequences, for several years as it grew. And each time she was given *Natrum sulphuricum* and each time she improved until she got over the predisposition. It is therefore very important that we record every prescription we given with our reasons for the prescription.

#### 120. The Acute may be the Key

MALERBA Larry (HT,16,6/1996)

Almost nothing is a coincidence and the illnesses and symptoms that any given person has is part of a pattern. The job of a homeopath is to ferret out and discern that pattern in the hope that a medicine with a similar pattern may be applied, thereby initiating the process of cure. It is more often that the acute illness that give us insight into the remedy that may solve the chronic puzzle.

An eight-year-old boy, restless, high-energy behavior. Timid in temperament, and has been slow to develop socially. Rarely aggressive and shows no anger. A number of remedies tried did not give the desired result. On a family vacation he spent many hours on the beach. The weather at that time varied greatly - one day it was quite sunny but the next few were very windy, and some days were quite cold. Upon returning home the external part of his ears began to hurt especially around the outer rims. They turned red, felt hot to touch and looked inflamed and slightly swollen. He would frequently rub them in distress due to a burning, itching sensation, and this had been going on for a week now. This was actually a case of Chilblains, a mild form of frostbite. He was given *Agaricus muscarius* 30 b.d. for two days (see

VITHOULKAS' **Materia Medica Viva**). Not only did the burning, itching, and redness of the ears cease within 48 hours but the boy himself settled down and became calmer in the subsequent weeks. He continued to make very gradual progress.

121. An **Agaricus** acute case  
SHEVINS Jody K. (HT,16,7/1996)

A woman did lot of physical work around her newly purchased house property, used the sledge-hammer, etc., work which she has not been accustomed to do. As a result she developed numb burning sensation in the arm elbow down, and in the third and fourth fingers, between 4 and 5 a.m. It would also tingle and burn somewhat at that time. Her right eye had begun twitching during the past two weeks. The right upper lid would twitch for 6 to 7 seconds at random intervals. Painting would make the twitch worse. *Agaricus muscarius* 30 for two days she improved 50% and after few more days they were almost gone and she stopped taking the remedy. A week later she again exerted and the symptoms began to reappear. At this point a liquid dilution of the same medicine was made (one pellet, nine parts water and one part drinking alcohol) and asked to be taken 5 drops daily, each time after succussing it ten times. She became well in a few days.

123. Nobody Loves Me  
CASTRO Miranda (HT,16,8/1996)

A five year-old boy became depressed, apathetic, angry at his mother, and feeling that he was unloved. He loved pickles (foods that had vinegar). These were the 'characteristic' symptoms that were discerned from the long story. *Sepia XM* made him again an affectionate, dear boy, full of energy and vitality.

Generally *Sepia* is considered a woman's remedy and rarely used in children. We must remove, if we have, fixed images that remedies are suited for females, etc.. Secondly, cases like this cannot fit Orthodox Medicine since he had no disease as such but he was unhappy.

The scope of Homoeopathy is so vast and deep.

124. A Story of Acute pain, Surgery, & Homoeopathic Remedies  
STILES Jan L. (HT,16,9/1996)

This is an interesting report of the author's husband who suffered from an injury of the knee cap and was rushed to the hospital for immediate attention. Next day he was seen by the Orthopaedist and surgery (the lower part of the patella had broken and the ligaments were like shreds and the patella was wandering up the thigh). Surgery was done and very soon he was discharged and made good recovery. All through the processes homoeopathic remedies *Arnica*, *Ledum*, *Apis*, etc. including before the surgery and after and for the effects of the Morphine, etc. It is interesting that the surgeon and the nurses so cooperated and allowed the wife (the author) to use homoeopathic medicines.

The author says that her intention in writing this case for the journal is to let others know that if faced with hospitalization these days perhaps the picture is not as bleak, homoeopathically speaking. Also to emphasize that while homoeopathic remedies are not give as pain killers, when the correct remedy is used in these intense acute situations it can be relied upon to keep pain levels at a minimum. Also that the remedies are not as likely to be antidoted by medications as we often believe.

125. A dignified death through Homoeopathy  
MILKEY Kath Hurst (HT,16,8/1996)

The author's father was diagnosed with terminal Cirrhosis about six months ago. In spite of urging he did not take homoeopathic consultation since he did not believe in Homoeopathy. The disease took a turn for the worse. Since he seemed to fit *Nux vomica* he was given XM and he began to get over the distressing symptoms and take homoeopathic medicines.

The interesting story goes on to say how he was helped every time when a condition arose it was soothed by the homoeopathic medicine, until he breathed his last peacefully. He says very rightly that in the spirit of Aphorism 2 of the **Organon**, her father had rapid and gentle cure and permanent restoration of his health when delivered into the next phase of his being.

126. Symptoms that don't fit  
MALERBA Larry (HT,16,8/1996)

"No matter how certain we feel a given remedy may fit a case, a glaring piece of information that does not fit the pattern should make us stop and look for a potential better alternative."

A well-dressed, lean, 66-year-old woman with anxiety and palpitation. She said that one side of her is very strong, very independent. The other is so sensitive, so concerned if someone is sick, especially family, if her husband dies, a part of her dies. She will miss him, but will continue her life. When her totality is

considered it would seem to fit so well *Arsenicum* and to a lesser extent *Ignatia*; but on closer and careful consideration, the remedy that would fit this type of split of personality is *Kali arsenicosum*.

#### 127.A Case of Cystitis

FINE Howard (HT,16,8/1996)

37-year-old woman, with Cystitis was cured with *Nux vomica*. The interesting part of this small case is the differential diagnosis the author has made between *Nux vomica* and *Staphysagria*.

#### 128. *Arnica* Rules especially in pregnancy

CASTRO Miranda (HT,16,9/1996)

To a question whether it was safe to use *Arnica* in pregnancy, particularly when the mother was injured in an accident and was bleeding, the author answers in the affirmative. She also quotes Dr.Richard MOSKOWITZ who says that he has used this remedy in over 800 pregnancies and has found it wonderfully safe and effective in many situations in which conventional drugs and surgery are not required. Miranda CASTRO writes more on the wonderful action of this remedy in traumas.

#### 129.An Injured Wrist

LAVERY Susan (HT,16,10/1996)

The author's young daughter fell while skating and fractured her wrist. Homoeopathic remedies, (*Arnica*, *Bryonia*) took such good care that on the next day when the girl was examined the surgeon decided that there was no need to put on plaster but put only a splint. When the surgeon examined the wrist the child winced with pain and right there the author put a pill of *Arnica* on the tongue and immediately the pain was gone. The surgeon was impressed. Healing was quick.

#### 130.Canary people and Homoeopathy

FARR Richard L. (HT,16,10/1996)

Persons who are ultra-sensitive to all kinds of substances in the environment, from various foods, and air pollutants all the way to the excipients used in homoeopathic pharmacy, call themselves as 'canary people'. The application of homoeopathic remedy to such individuals must therefore be carefully considered. One method what HAHNEMANN already has given to us - olfaction, The author discusses the different ways in which olfaction may be administered. Another method in respect of such ultra-sensitive persons, is the dilution of the medicine at each dose. An interesting and practical discussion.

#### 131.Cyclical Remedy Complexes and an Inner Tradition in Homoeopathy

KANTOR Jerry M. (JAIH,89,3/1996)

Remedy understanding deepens when we apply phenomenological analysis to information available, either experientially or, in existing *Materia Medica*. Performance of an "Eidetic Reduction" of the remedy's unified emotional, mental, and somatic field is accomplished through deliberate interjection of ourselves into its delusional dynamic. This rigorous intuition can excavate a remedy's structure, reveal relationships previously hidden, and ultimately simplify prescribing. "Lived" analysis is likely to produce a nucleus of five distinct ideas existing in cyclical relationship. Deepening of pathology is viewed as the same cyclical movement spiralled downward to a lower "octave".

Each cyclical picture, reflective of an irresolvable conflict embodies an aspect of the human condition. Phenomenological investigation lends itself to establishment of an "inner tradition" in Homoeopathy, and has positive implications for psychology and other healing disciplines. Examples presented: *Lachesis*, *Nux vomica*, *Nux moschata*, *Sepia*, and *Kali carbonicum*.

#### 132.Menopause and Homoeopathic Treatment

GORDON Deborah (JAIH,89,3/1996)

A culturally oriented perspective of menopause suggests that the difficulty women in Western society have at the time of menopause may in part be due to the sociological and psychological implications of that transitional period. Societies in which the status of female elders is high, display little or no menopausal pathology. A differential diagnosis of first-line remedies for menopausal disorders is provided, along with the suggestion that treatment options, if appropriate to the case at hand, be prioritized as follows: previously administered constitutional remedy, a complementary remedy, a small remedy matching the most problematic symptom.

#### 133.Three Case Studies

GOLDSMITH Steven (JAIH,89,4/1996)

Three cases are presented, among them: a case of *Cyclamen europeum* is presented in which the symptoms included writer's cramp, menstrual symptoms, the patient's feeling that she was neglecting her duties, and a belief that she was doomed to die. In this individual, *Cyclamen* resolved a general inhibition of self-expression that was evident on both the physical and emotional planes. Also, a case is presented of a woman with a chronic, recurrent sinusitis, a history of probable peptic ulcer, and a need to frequently travel. *Hydrastis canadensis* was prescribed with excellent results. Tubercular and sycotic features of this case are explored in an attempt to illuminate the nature of this remedy. Finally, a case is discussed in which *Sulphuricum acidum* was successfully prescribed to help an elderly woman with aphthae, gastrointestinal acidity, and chronic anxiety associated with the anticipation of events. This case exemplifies a variant in this remedy's presentation, in which its well-known hurriedness is more internal and subjective.

134.Observations de douleurs chez l'enfant (An Observation on pain in children)  
JOBERT, Jacques(CGH, 33,1/1996)

1. A child of 10 months who had already spent 8 months in a hospital. He had multiple lymphangiectasis followed by right chylothorax (surgically drained). This was followed by the development of chylous ascites and left chylothorax. The child was pale, oedematous. He did not move, he preferred to lie on the sides. He had a vacant look and did not meet the eye of the doctor; seemed indifferent. He hid his face behind his clothes. Oedematous all over with a dry mouth and desquamated lips. Biologically he had hyponatraemia, an increase in the creatinine following a renal insufficiency, probably iatrogenic.

*Helleborus* 4CH was selected in favour of *Stramonium* and *Opium* based on the presence of oedema and scanty urination followed by a rapid and spectacular amelioration.

2. A child 3 yrs old. Underwent a nephrectomy because of a ruptured nephroblastoma. The post operative period was uneventful. The pain was controlled by Nubin and Paracetamol. But the child was immobile with vacant eyes, sucked its thumb and was indifferent to everyone. This child received *Helleborus* 9CH 3 granules, 3 times a day. The next day morning, the child was transformed, it started laughing and running all around the place.

135.Les possibilites d'action du pediatre homoeopathe face au nourrisson menace de mort  
subite inexpliee. (The possibilities of the action of Homoeopathy in Sudden Infant Death Syndrome.)  
LALOY Jean louis and BLONDA Quirico  
(RBH 3/1996)

This article broaches other etiological possibilities of **sudden infant death syndrome(SIDS)**. The various ways on how to prevent this syndrome are considered. The changes in diet, psychological traumas during preganancy, the effects of medical and general pollution, the delivery method and the homoeopathic remedies to potential SIDS are dealt with here. Most of the homoeopathic remedies(*Cadmium sulphuricum*, *Opium*, *Arnica*, *Arsenicum album*, *Apis*, *Carbo veg.*, *Helleborus*, *Nux-vomica*, *China.*, *Borax*, *Lycopodium*, *Aconite*, *Camphor*, *Belladonna*, *Pulsatilla*.) are for fright, some for certain fits of anger.

136.Cas Cliniques pour l'entree a la Societe Belge d'Homoeopathie  
(Clinical Cases submitted for admission into the Belgian Society of Homoeopathy.)  
LANSMANNE Jean (RBH 4/1996)

1. *Hyoscyamus* 200 was prescribed for a man suffering from Parkinson's disease based on the following symptoms:

Bed, desires to remain in.  
Well, says he is, when very sick  
Censorious  
Reserved

followed by very good results. *Hyoscyamus* is briefly discussed.

2. *Graphites* 200 was prescribed for a woman suffering from insomnia based on the following symptoms:

Thoughts, persistent, night  
Offended easily  
Air, open, desire for  
Eruption, hand, palm  
Menses, intermittent.

137.Capsule Cases  
LAKSHMINARAYANAN D. (MFH,7,1/1996)

Case 1: 60-year-old woman, diabetic for which she was taking allopathic tablets, and on homoeopathic treatment for Keloids, suddenly developed Epistaxis. *Arnica*, *Elaps* did not help, but *Crotalus horridus* did.

Case 2: 45-year-old, male with history of renal calculi; once earlier, surgery done and stone removed; pain in the right renal region off and on particularly while playing badminton. He was on *Acidum nitro muriaticum* 6 to be taken at infrequent intervals and was fairly well. Now he presented himself with severe renal colic since the night. Pain-killers gave short respite. *Berberis* 6 at 10 minutes interval gave him sleep in 15 minutes. After few hours of sleep he went home and by afternoon again suffered colic and much restlessness shifting from one bed to another. *Arsenicum album* 200. He slept through the whole night, woke up and passed a small stone in the morning. He continued to pass good quantity of urine easily and also passed more stones, big and small. The analysis of the stone which was surgically removed first showed calcium oxalate as the constituent but peculiarly all the calculi were smooth as satin!

## 138. Tubercular Glands

LAKSHMINARAYANAN D. (MFH,7,1/1996)

The author writes in his very engaging style about tuberculous glands and the excellent cures of these by Homoeopathy. *Drosera* is an important medicine in this condition. He presents two cases.

## 139. Homoeopathic Cardiology

CARLSTON Michael (JAIH, 89,4/1996)

Dr. CARLSTON reviews several homoeopathic remedies applicable to cases of cardiac pathology, e.g., angina, heart failure. The study is remedy-wise and also diagnosis-wise.

## 140. Two Trauma Cases

KULAY F.M. (MFH,7,2/1996)

Case 1: A man suffered a pierce by a long thorn in a point in his chest while moving through some tall bushes. The thorn was pulled out but he did not know that a piece remained in. Few months later he felt irritation and distress in the cardiac region. Tests revealed that the broken part of the thorn was there indeed and a costly surgery was proposed. However, a lay homoeopath looked at the affected spot and found that there was callosity there. *Antimonium crudum* 200 was given and soon a suppurative eruption like a boil came up on the part and the foreign body was ejected out! It was wonderful that the homoeopath did not prescribe in the routine manner, *Silica*.

Case 2: The shoulder joint of a man was dislocated as a result of a scuffle. There was severe pain. The usual trauma drugs did not help. In this case unfortunately no first-aid was given and the dislocated arm remained so for a long time. It was therefore assumed that the ligaments remained stretched for far too long time and the tension of the tendons may have suffered. Therefore *Anacardium* 200 was give and within 24 hours he was well.

141. *Lac caninum* in Mastodynia

LAKSHMINARAYANAN D. (MFH,7,2/1996)

Three cases of Mastodynia are presented in which *Lac caninum* was a remedy.

## 142. Homoeopathic Treatment of Solitary Thyroid Nodule

SHARMA R.R. Prof. (JH,2,1/1996)

A senior executive of Municipal Administration was diagnosed to be suffering from a benign solitary nodule in his thyroid. He was advised surgery but on hearing that there was non-surgical treatment in Homoeopathy he applied to the author. He was given *Calcarea carbonica* 200 (Fear of suffering, Despair of recovery, Painless hoarseness of voice, Swelling right neck, Sensitiveness to cold, Coldness on vertex, Profuse sweat on palm and sole, disturbed sleep).

## 143. Attitude of Diabetic Patients to their Ailment

THEPADE K.P. (JH,2,1/1996)

Three cases of diabetes treated on the 'Mind' symptoms alone - Dr. SEHGAL's technique.

## 144. A Case of Nephrotic Syndrome

JINDAL K.K. (JH,2,1/1996)

Anasarca of two months, with fever and cough in a two-and-half-year old. *Pulsatilla* M (Aversion to milk . Desire for bread, Irritability in children,

Weeping at trifles).

## 145. Homoeopathic Treatment of Upper respiratory Infection

SHARMA R.R. (JH,2,1/1996)

85-year-old widow, with history of dry cough and fever going upto 103 F. X-ray showed Pulmonary oedema with patches of consolidation in both zones. Total leucocyte count was 15,400/cumm and ESR 60 mm first hour. The woman was under allopathic treatment. *Calcarea carbonica* and *Tuberculinum* cured. Cure cofirmed with x-ray and laboratory test results.

## 146. Educative Homoeo Cures - Opium Cases.

MANN A.S., JATTAN Jagalpur, SINGH Bhupinder, KATYAL Nidhi, SAINI R.S., MONGA Parminder, KAMBHOJ Lekh Raj (JH,2,1/1996)

Each author has contributed some cases, all treated on 'Mind' symptoms alone (SEHGAL Method) in which the remedies were *Opium* and *Belladonna*. The cases vary from tumours, leucoderma, jaundice, ulcers to injury from electric shock, premature ejaculation!

## 147. Curative Role of Homoeopathy in Leprosy

CHAKRABORTY D., and ADHIKARI H.K. (JH,2,,2/1996)

This is a report on the research done over a period of ten years. Out of 12 cases 5 cases underwent two years of Multiple Drug Therapy (MDT); all of them yielded negative result indicating absence of granuloma but loss of sensation in the lesion was not regained. Another five cases were under homoeopathic treatment: out of these, four gave negative results showing absence of granuloma with full regain of loss of sensations, but the remaining single case is positive showing granuloma and AFB +ve in the lower dermis. The results clearly indicated that homoeopathic treatment eradicated completely the symptoms of the disease by the regain of sensation in the lesion area. A case is reported in full.

## 148. Application of New Technique in Children

MANN A.S. (JH,2,2/1996)

The author explains how even in cases of children, the SEHGAL technique of 'mind symptoms alone' can be successfully applied. He gives some of the salient 'mind' of *Belladonna*, *Stramonium*, *Gelsemium*, *Hyoscyamus*, *Lachesis* and *Cocculus indicus*.

149. *Cocculus indicus*, *Rhus toxicodendron* - Cases

MANN A.S., KAUR Navdeep; GAUTAM Anu (JH,2,2/1996)

This journal carries many cases treated on 'mind symptoms alone' technique of Dr. SEHGAL. A few cases of *Cocculus indicus* and *Rhus toxicodendron* are reported.

## 150. A Case of Night Blindness

JAGPAL Rama Kant (JH,2,2/1996)

A dose of *Stramonium* M, on the basis of his 'mind' cured night-blindness in a 30-year-old man

151. Rheumatic case - *Sanguinaria canadensis*

Kant CHANDER (JH,2,2/1996)

46-year-old with pain in lower extremities and knees since four years. Knee stiff and cannot be flexed. A dose of *Sanguinaria canadensis* 30, prescribed on the 'mind symptoms alone' cured.

## 152. Perfectionist - 'Touchy Doll'

UPADHYAY Samir (IJHM,31,3/1996)

7 year-old girl, thin, does not put on weight, oedema under the eyes in the mornings, intestinal worms, cough in mornings only, on waking. Perfectionist, quiet, weepy, likes fruits and ice-cream, milk, sensitive. She responded well for a dose of *Carcinosin* 200.

## 153. A Case of Haemorrhoids

PANJWANI Rifat (IJHM,31,3/1996)

50 year-old female with Haemorrhoids since one year. Haemorrhoids protrude during stool; touch aggravate; warmth external, ameliorate. *Muriatic acid* 30 in repeated doses reduced her pain within a week, by 50%.

## 154. A Fishy Case

DESAI Bhavin & SAKHRANI Uma (IJHM,31,3/1996)

A child admitted to the Homoeopathic Hospital, with diarrhoea and vomiting several times in a day since two days. Stools yellowish, sticky with mucous and evacuated with a spluttering noise. Anal orifice was red and the child cried whenever the part was washed with water after stool. Vomiting every time he ate or drank. Thirst for small quantities of water frequently. Both the diarrhoea and vomiting had a fishy odor.

After *Pulsatilla* failed, *Sanicula aqua* M single dose cured.

## 155. A Case of Angio-neurotic Oedema

UPPAL Monty (IJHM,31,3/1996)

53 year-old female with generalised swelling all over the body since 4 days. She suspected the fish and chicken which she had eaten four days back responsible for presenting complaints. She also had multiple, small papular eruptions on the body, oozing a sticky, yellowish discharge.

Initially she was given **Apis** 30 q.d.s. for two days but it failed to give lasting relief. On the basis of the repertorial totality she was given **Kali carbonicum** 200, one dose per day for four days and then M on one day. Fully restored.

156.A Case of Drug-induced Arthritis  
UPPAL Monty (IJHM,31,3/1996)

This is an interesting case. 62 year-old male admitted to the homoeopathic hospital with breathlessness on slightest exertion with involvement of multiple joints. He developed inflammation of all joints after taking some allopathic medicine in another hospital where he had got himself admitted previously, for breathlessness. His totality partially suited *Sulphur* and partially *Ferrum metallicum*. Therefore the author made a 'synthetic'(!) prescription of *Ferrum sulphuratum* 200 repeated doses. He was also given diathermy.

157.Homoeopathic Management of Acute Infective Illness in Paediatric Age Group - A Case Experience  
SHAH Hitesh & PAWASKAR Navin (IJHM,31,3/1996)

8 year-old girl. Loose unformed stools with mucus in large quantity and frank blood in stools since two days. Stool offensive. Colicky, griping, abdominal pain, severe. Better only by doubling herself. 20 to 25 stools per day, scanty to moderate bulk. Constant nausea. Low appetite. She also had repeated dream of a man hiding behind the door and suddenly pouncing upon her and taking her to a lonely place and stabbing her to death. *Plumbum metallicum* 200 restored her.

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IV. REPERTORY

1. Arbeiten mit dem "Therapeutischen Taschenbuch" Bonninghausens (Working with BOENNINGHAUSEN's Therapeutic Pocket Book) WEGENER A. (ZKH,40,4/1996)  
The method of combination (of rubrics) in the "Therapeutic Pocket Book" of BOENNINGHAUSEN is explained and some cases are presented.

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V. VETERINARY

1. Post-parturient Haemoglobinuria in a Buffalo  
MAHAJAN S.K., JAIN V.K. (HH,21,8/1996)

This short article speaks of the curative effects of homoeopathic *Arsenicum album* in post-parturient haemoglobinuria in a buffalo. The remedy was given in the 6 potency; 35-40 pills crushed and rubbed on the tongue of the buffalo brought about the desired result.

2. Sequelae of foot and mouth disease  
MADREWAR B.P. (HH,21,8/1996)

In this short essay the author places two 'formulae' he applies for this disease in his practice. Both the formulae are combinations of at least six potentised remedies. The results were quite encouraging justifying the treatment.

3. A Case Report  
GUPTA Babita (HUD,4,9/1996)

A female rabbit delivered four babies, but for no reason she did not feed them and they died of Pneumonia. The female was given *Sepia* 200. After a month she conceived again and again the babies died. *Sepia* 200 t.d.s. and after two months she delivered 2 young rabbits and the mother nursed them and became a doting mother.

4. La Vache **Arsenicum** - The **Arsenicum** Cow  
CREPIN Denis(CGH, No.1 1996)

A summary of the mental symptoms of an *Arsenicum* cow with the corresponding rubrics from the Kent's repertory.

The most marked is agitation [Restlessness (72)]

When lying, it ceaselessly shakes its head and limbs, changes sides. [Restlessness, tossing about in bed (73)]

It raises from one place and lies in another place, then it gets up again and goes and lies in the original place. [Restlessness, driving out of bed - wants to go from one bed to another (73)]

It becomes agitated, as soon as it hears the sound of preparations for the milking. [Anticipation (4)]

This anxiety is amel. by motion [Anxiety motion amel. (7)]

After milking it rushes out of the stall brushing across anyone in the way.[Hurry (52); Restlessness anxious, compelling rapid walking (73)]

If during the consultation, the voice is raised, or there is an abnormal noise it jumps and pulls on the chain. [Anxiety with fear (6); Sensitiveness to noise (79); Sensitiveness to voices (79); Starting from noise(88)]

If it is examined with the stethoscope, it tries to kick or hit with its head. [Touched aversion to be (89)]

If in its regular route something abnormal happens, it changes route. [Suspicious (85)]

The presence of strange people in the farm frighten it, and so also sound of the wind, or fall of a branch near it. [Fear happen, something will (45); frightened easily(49); Fear of trifles (47)]

In the meadows or on the way, it never leaves the herd. [ Fear of being alone (43); Anxiety when alone (4);Company, desire for (12); Alone, while agg. (12)]

If it receives an injection or receives a blow from the breeder, it seems to suffer more than the other cows, it tosses about restlessly and shrieks. [Sensitiveness to pain (1399); Anxiety from the pain(7) Shrieking with the pain (80)]

Its character changes. It can be both timid and aggressive [Mood changeable (68); Timidity (88); Reserved(72); Quarrelsome (70)]

In the hierarchy of the herd, without being dominant, it knows how to make others respect it. It is never at the end. If during feed, another cow tries to take its place it becomes aggressive. [Offended easily (69); Reproaches others (71); Censorious (10); Anger from contradiction (2)]

Its anger can be very dangerous for its neighbours. [Malicious (63); Mischievous (66); Kill desire to (60)]

Its kicks and blows with its head must be feared. [Kill sudden impulse to (60); Rage (70);Insanity (56); Anger violent (3)]

If it is alone in the stable or in the meadows one can hear it mooring. [Lamenting (61)]

When it is sick, it groans. [Moaning (67); Complaining (12)]

In grave diseases, the classical treatment will have no effect on it. [Weary of life (92); Despair of recovery (36)]

When it is stabled in the open, it often lies inside the same perimeter, or next to the same cow. It returns to the same stall for milking, or takes the same route to the meadow, it goes by the same places. [Fastidious(42) Conscientious about trifles (16)]

Before beginning to eat, it collects all the fodder placed before it and lashes out if neighbouring cows show any interest. [Avarice (9)]

It also tries to draw a little fodder from the sides [Envy (39); Kleptomania (61)]

During fever, it becomes restless, sad, or irritable. [Restless during heat (74); Sadness during heat (77) Irritability during heat (59)]

*Case I:* Bad lactation in a cow after the first calving. *Arsenicum* 15 CH one dose was given based on Restlessness, anxious  
Anxiety from the pains  
Perspiration, during anxiety  
Sensitiveness to pain  
Swelling oedematous face.

The next day the cow was better. In two days the behaviour was normal. The lactation had increased.

Five months later an acute mammary inflammation. *Arsenicum* 15CH was repeated. There was an immediate cure.

*Case II:* Pulmonary oedema of a cow caused by a wrong medication for an indigestion was treated for a week by antibiotics, cortisone, diuretics. In spite of which its condition worsened.

First *Antimonium tartaricum* 9CH one dose was prescribed based on Aversion to be touched, Respiration rattling, pulmonary oedema and asphyxia. There was no improvement.

The cow had a noisy respiration. The cow remained standing, (lying agg. the difficult respiration, ) head lowered, foaming at the mouth.

The head was hyperthermic 39°5 C, in spite of the rest of the body being cold. It drank ceaselessly small quantities of water. Every three minutes it would put its muzzle into the drinking trough and withdraw immediately. It did not like to be touched. Became restless when it was touched which aggravated the respiratory distress.

The following symptoms were taken into consideration:

1.Thirst for small quantities often (K529) -

Characteristic of the cow.

2. Contradiction is intolerant of (K16)
3. Fever with external coldness (K1284) -  
An objective general symptom
4. Menses suppressed
5. Respiration wheezing
6. Respiration difficult from mucous in the trachea.

*Arsenicum* 9CH a single dose was administered. The first day there was little improvement in the appetite. On the 2<sup>nd</sup> day there was an aggravation. The 3<sup>rd</sup> day another dose of *Arsenicum* 9CH was repeated. In 2 days the cow had considerably improved. In 5 days the cow was back to normal.

5. Troubles du comportement animal et homoeopathie. Etude chez le chien et le chat.  
(Behavioural problems in animals and homoeopathy. A study of the cat and the dog.)  
SPIELBAUER, Jean-Pierre (CGH, No.1/1996)

A study on the behavioural development, the pathological abnormalities and treatment of dogs and cats. Homoeopathy can help in certain behavioural disorders but can never replace a behavioural therapy. The responsibility of the education and good health of the animal is in the owner's hand.

6. Harbor Seal with a Back Problem  
LEDERMAN Jeff (HT,16,5/1996)

Jeff LEDERMANN is a Wildlife Rehabilitator who is using Homoeopathy to help the animals in his care. Speaking about the challenge of prescribing for wild animals and his tendency to use many different homoeopathic remedies and healing modalities per case, he writes: "Seals sleep on the bottom of the pool, can slow their heart rate down and hold their breath for 15 minutes. Rabbits eat their feces. Try examining a Porcupine. Some animals are nocturnal and are admitted during the day. Some animals play dead when captured. Others will just die from the stress. How do I repertorize for these animals, and what reference material do I work from?"

This case of a Harbor Seal pup who was dehydrated, injured, traumatized, was rescued, treated and rehabilitated back into the waters where it belongs. The application of different homoeopathic medicines, some simultaneously with remarkable response, application of Chinese medicine and even antibiotic at one stage, all led to the recovery of this pup. There can be no objection to his method under the circumstances. Great work indeed.

7. A red-tailed Hawk  
LEDERMAN Jeff (HT,16,6/1996)

The author rescued an injured red-tailed hawk. Soon after capture of the bird, it was administered a dose of *Aconite* and on reaching the Wildlife Rehabilitation Center, it was tube-fed an electrolyte solution, and then another dose of *Aconite* (for the mental stress) and *Arnica* 200 for physical trauma.

X-ray revealed fracture in the mid-shaft area of the left ulna. Next day surgery (applying of splint to the fracture) was done after anaesthesia. Halfway through the surgery the hawk had stopped breathing and the surgeon decided that it was 'gone'. However LEDERMAN did mouth-to-mouth respiration and the surgeon gave respiratory stimulant and the hawk came on after about 15 minutes of such revival. Another dose of *Arnica* was given. Next day it was given *Symphytum* 30 twice a day alternating with *Calcarea phosphorica* 6x twice a day. Day after the surgery the hawk was hungry and alert.

Six weeks after surgery the radiographs revealed a strong union where there was once a fracture. The external splints were removed, and a dose of *Arnica* was administered. The hawk was rehabilitated soon in the free sky.

The entire procedure and the final phase of rehabilitation in which the bird is day-by-day allowed to fly some distance until it became totally strong to fly high, is fascinating. Great work indeed.

8. Tardy, a harbor seal  
LEDERMAN Jeff (HT,16,7/1996)

This again is the treatment and restoration and rehabilitation of a harbor seal that was injured, dehydrated. LEDERMAN's innovative application of medicines - homoeopathic and other supportive therapies - is fascinating. The Editor adds: "Immigration has given Jeff permission to reside and work in Canada for the purpose of creating a wildlife/marine mammal rehabilitation centre. **Wildlife Natural Care Centre, on Salt Spring Island, British Columbia**, will care for all of the indigenous wild animals. The centre will specialize in Homoeopathy and alternative treatments. Anyone interested in offering their support for the endeavor may contact Jeff at: 1184 North Bewach Road, Salt Spring Island, B.C. V8K1B3 Canada."

9. Black-tailed deer hit by a car  
LEDERMAN Jeff (HT,16,8/1996)

This is about the rescue and recovery of a badly-hit-by-an-automobile black-tailed deer. It was sedated when recovered from the road, then given *Aconite* and *Arnica* simultaneously (for the shock and trauma), and then given i.v.fluid and again *Aconite* and *Arnica* and put into the pen.

The deer recovered soon and attempts to jump up the high wall of the fence, but his antlers got caught in the wire squares and hung. The wires were cut thus helping the deer to be released. That night he was given *Ignatia* for his hysterical behaviour.

Next morning it was found that he had again attempted to jump over the fence and succeeded in it!. Dr.LEDERMAN's love of the animals and his empathy with their sufferings could be felt in this moving story.

10. Wildlife Cyber-care

LEDERMANN Jeff (HT,16,10/1996)

Dr.LEDERMAN informs that he has been able to help treat and rehabilitate animals through the **Internet**. A brief case is mentioned. A Pallid bat was ill with a stomach ulcer, confirmed by barium swallow and x-rays. He threw up foods immediately on ingesting, except water. He was vomiting upto six times a day. Ulcer drugs like Zantac, Pepto Bismal and antibiotics did not help. Over the **Internet**, Dr.LEDERMAN advised Kali bichromicum which restored the bat.

11. A Kitten, A Car motor ... and Homoeopathy

SCOTT Dianne (HT,16,10/1996)

A nine-month-old kitten, was caught in the fan of a car when the car was started, was badly injured; bleeding severely from the nose, ears, and eyes; was unconscious, breathing shallow. *Arnica*, *Symphytum* internally and for external cleaning *Calendula* were used and within 24 hours the kitten became much better, could sit up and take feed, the swelling of the face gone, the laceration of the eye also improved. By next week there was only a hairline scar near the bridge of the nose.

12. Capsule cases

LAKSHMINARAYANAN D.(MFH,7,1/1996)

Case 1: Male rabbit, had not passed urine/stool for nearly 24 hours, its meatus was red and ulcerated. Never drinks water. *Cantharis* M helped it pass urine and stool but meatus remained red and excoriated; its scrotum was black but not tender. This was possibly due to contusion when he hopped about. *Mercurius corrosivus* 200 cleared all the symptoms.

Case 2: Two-year-old male pedigree boxer dog under homoeopathic care for many acute symptoms was reportedly smelling too much and the vet had diagnosed fungal infection in the ears as the cause. *Bacillinum* 30, three doses once a day relieved completely.

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VI. PHARMACOLOGY

1. A Cry for Genuine Homoeopathic Medicines

CHOWDHURY Pran Gobinda (QH,5,3/1996)

The author argues for a world-wide standard Pharmacopoeia for manufacture of homoeopathic remedies in accordance with HAHNEMANN's method. He also argues for medicines in the 50-millesimal scale potencies according to the VI edition of the **Organon**.

2. **Sarsaparilla** - A pharmacological Review

VAID Indu & VARMA P.N. (HUD,4,7/1996)

A brief review of the know pharmacological aspects of this great homoeopathic remedy.

3. **Cassia fistula** - Traditionally an old dependable medicine, now a potent detoxifier

VAID Indu and VARMA P.N. (HUD,4,8/1996)

The pharmacological properties of *Cassia fistula* and its homoeopathic uses briefly mentioned.

4. **Euphorbia lathyris** - recently introduced Medicine

VAID Indu & VARMA P.N. (HUD,4,10/1996)

This new drug's "homoeopathic uses" have been given: Mind: restlessness; Mouth: cold breath; Dreams: anxious. Generals: Pain - burning - externally; Pulse - small, feeble; Touch <. Not yet proved in detail. The clinical conditions: Dropsy; Gastritis; Psoriasis.

5. Homoeopathic Drug Provings: Symptom

RILEY David, SEIPT Ann, and ZAGON Aimee

Selection Criteria and Protocol Guidelines

(JAIH,89,4/1996)

In this article the authors provide an outline to facilitate reliable symptom selection in a proving and subsequent clinical verification; additionally suggested proving protocol guidelines are listed.

6. Technology to Produce LM-Potencies in a Liquid Phase KUZMIN Alexei(CCRH,18,3&4/96)

This is a very interesting paper. Laboratories which prepare LM potencies may well read this. The 'summary' of this paper is as follows:

1<sup>st</sup> step: diluting of 50 mcl (1 drop) in 5 ml (without 50 mcl) and strictly 100 vigorous vertical dynamic motions. It is better to work at this step with conic (centrifuge) plastic tubes that have airtight screwed caps.

2<sup>nd</sup> step, intermediate dilution: diluting of 50 mcl (1 drop) in 6 ml with strictly 10 very slow circular overturns. It is better to work at this step with glass tubes that have airtight rubber stoppers.

3<sup>rd</sup> step final dilution (prescribed to the patient): the above-mentioned ordinary molasses granules are saturated with sufficient quantity (quantum satis) of the first-step solution. The dried granules are put in plastic tubes that have airtight stoppers, N100 (or 3.0) in each tube

7. Quality Control of Homoeopathic Drug *Moringa oleifera* with Special reference to Pharmaco-anatomical Profile.

GUPTA H.C., RAJAN S., KUMAR Sunil. (CCRH,18,3&4/1996)

The investigation deals with detailed macro and microscopical structure of the bark, stem, petiole, rachis and leaflet of the drug *M.oleifera* collected from two sources. Quantitative microscopy, micrometry and microchemical tests have also been undertaken. It has been inferred that both samples show identical characteristics and diagnostic features described in the present findings and may be taken as standards of the drug as quality measures.

8. Drug Proving (Homoeopathic Pathogenetic Trials) - Compilation of Proving Pathogenesis KHURANA Anil (CCRH,18,3&4/1996)

The best essay on the testing of homoeopathic medicines has been well described by DRYSDALE. However, DRYSDALE's experimental design of medicine testing needs to be further refined by preventing incorrect conclusions due to errors. The symptoms of drug pathogenesis are compiled in three stages.

9. Contaminacao microbiana em medicamentos homeopaticos (Microbial contaminations in homoeopathic Medicaments)

HARAGUCHI Linette Mezzenga, PIZZOLITTO Antonio Carlos (RH,61,3-4/1996)

112 samples of homoeopathic medicaments for oral use, including tablets, globules and solutions, have been analysed. The medicaments were from 13 laboratories, commercialized in different homoeopathic pharmacies in the City of Sao Paulo, Brazil. Concerning the labels, the samples were in strict conformity to the legal national marketing requirements.

In view of the lack of pre-defined patterns, the chosen analytical method for determination of microbial contamination was according to the official tests for sterility of the Brazilian Pharmacopoeia, using the following nutrient media. Bacto Fluid Thioglycollate medium, Bacto Tryptic Soy Agar and Broth for bacterial cultivation and Bacto Sabour and Dextrose Broth and Agar for fungal cultivation. The assays were considered adequate, by revealing the presence of viable forms of fungi and bacteria.

The results of the analysis were thoroughly satisfactory for the solutions, all samples being free from microbial contamination, whilst 60% of the samples of solid medicaments presented contaminants. All of them were non-pathogenic micro-organisms, in a number of colonies less than 200 UFC/ml, thus indicating good quality products. The presence of *Staphylococcus aureus*, *Enterococcus faecalis*, *Candida albicans*, *Pseudomonas aeruginosa*, *Escherichia coli* and *Salmonella* sp wasn't detected.

The authors consider the need of establishing national specifications for standardization of microbial control, even though provisional, to define tolerance limits of homoeopathic medicaments for oral use.

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VII RESEARCH

1. Bestimmung der H<sub>2</sub>O<sub>2</sub>-Produktion von Neuroblastomzellen nach stimulierung mit Hochpotenzen des Zytokins TNF $\alpha$  durch Chemolumineszenz - Ein mögliches System zum Wirksamkeitsnachweis homoopathischer Hochpotenzen (Determination of H<sub>2</sub>O<sub>2</sub> production of Neuroblastoma cells after stimulation with high potencies of Cytokine TNF $\alpha$  through chemoluminescence - a possible system for proof of effects of homoeopathic high potency) CARMINE T.C. (AHZ,241,4/1996)

The paper demonstrates the effects of homoeopathic high dilutions of cytokine TNF $\alpha$  on H<sub>2</sub>O<sub>2</sub>-production of SK-N-SH neuroblastoma cells. H<sub>2</sub>O<sub>2</sub> was measured using a highly sensitive chemiluminescence method (ECL), based on chemical enhancement of luminoloxidation in the presence of

peroxidase and H<sub>2</sub>O<sub>2</sub>. The dose-effect relationship between TNF $\alpha$  and H<sub>2</sub>O<sub>2</sub>-production of SK-N-SH cells was established over the whole range from 200 mg/ml TNF $\alpha$  to D100. Interpolation yielded a wave shaped curve (phaselength 5-6) which appeared to "ride" on a wave shaped 10<sup>th</sup> order regression curve (phase length ~35). The effects of TNF $\alpha$  in D100 on H<sub>2</sub>O<sub>2</sub>-production were most significant (p< 0.0025 Student-t-test). Strong elevations of H<sub>2</sub>O<sub>2</sub>-production compared to controls were repeatedly (in 9 of n=10 independent experiments) measured, when SK-N-SH cells were incubated in the presence of TNF $\alpha$  D100. These results do very much support the idea that the chemiluminescence method used is suitable to demonstrate and further investigate the influence of homoeopathic high potencies on biological systems. Furthermore these results are promising in view of a sensible complement of conventional tumor therapy.

2. Homoeopathische Praxisstudie: Erkrankungen mit Halsschmerzen (Homoeopathic Practice Study - Diseases with Throat pains)  
BLEUL G. (AHZ, 241,4/1996)

This General Practice Study was surveying the homoeopathic treatment of all the patients with the symptom "pain of throat" within a previously fixed period of 4 weeks. 11 patients (6 adults, 5 children) were treated with 8 different remedies. In 8 cases the first remedy ended the complaints, in 3 cases the second remedy did. The choice of the remedy was based only on a few symptoms. Pathognomonic symptoms (redness, swelling, pain on swallowing) were not important as against particular findings (e.g. the conditions of the tongue), special symptoms (e.g. tickling of the throat while yawning), personal peculiarities (e.g. desire for cold milk, restlessness during night), side relations (left, right) and modalities of time and temperature. This study is meant to be a pilot study for a standard observation method for general practice.

3. Anleitungen zur Ausleitung oder: Sinn und Unsinn von "Drainagemitteln", potenzierten Giften und Standardisierter Begleittherapie am Beispiel Amalgam (Sense and nonsense of "drainage remedies", potentized poisons and standardised supporting therapy - sample study of Amalgam) BLEUL, G(AHZ,241,5/1996)

Amalgam can not only cause intoxication and allergies, but also presumably by its main component Mercury, block the organism's capacity to react. The theory of a disease caused by external factors means first of all removing them. Mercury, which is deposited in the body, will be removed most reliably by DMPS. Other therapeutical recommendations are not founded as well as that.

4. Homoeopathic treatment of HPV infections previously treated by other methods  
GIMENO Lluïsa Qeralt (BHJ,85,4/1996)

Fourteen patients with recurring HPV (Human Papilloma Virus) infections in the form of genital and/or Cervical Condyloma diagnosed on examination, by Cytology, PAP and biopsy, and in most cases associated with CIN (Cervical Intraepithelial Neoplasia) were assessed. All had been previously treated with a variety of microsurgical procedures with infection recurring. They attended the homoeopathic clinic for treatment.

The aim of this paper is to collect the results obtained with this chronic disease and to carry out a survey of different strategies in the administration of homoeopathic treatment, according to the different conventional treatments used.

5. Retrospective Study of Rheumatological Patients in a Private Homoeopathic Medical Practice  
VAN WASSENHOVEN Michel(BHJ,85,4/1996)

A retrospective study of rheumatological patients seen in a private homoeopathic practice was conducted. 3,555 computerized patient files were surveyed yielding 99 patients with a primary diagnosis of Arthritis. Patient files were analyzed by diagnosis, demographic variables and duration of follow-up.

Response to treatment, level of similarity, medicines and dilutions prescribed are presented. 43 patients were able to stop all conventional medication, most of the treatment failures were in patients with relatively brief follow-up.

Some representative case histories are described.

6. How can we get more reliable information from homoeopathic pathogenetic trials?  
DANTAS Flavio (BHJ,85,4/1996)

Recently there has been growing interest in experimental trials in healthy volunteers all over the world. The drug provings group of the European Committee for Homoeopathy is formulating a minimum standard for homoeopathic drug proving protocols. The **Brazilian Medical Homoeopathic Association** is conducting several trials with physicians studying Homoeopathy in Post-graduate courses. In the USA several provings have been conducted in the last 5 years and a working on the methodology of provings was sponsored by the Council on Pharmacy of the United States in 1995. Several experimental

paathogenetic trials have been conducted in India under the guidance of the **Central Council for Research in Homoeopathy**.

Homoeopathic trials in non-patient volunteers are conducted along HAHNEMANN's guidelines and also several other experimental designs and procedures. This paper attempts to extend the debate on the reliability and quality of data generated by homoeopathic medicine trials in non-patient volunteers doing so from a theoretical and methodological perspective. It is also an invitation to rigorous experimental studies using homoeopathic medicines and contribute to a reliable and valid body of homoeopathic knowledge to be applied to clinical care and research.

7. When does unbiased become biased?  
KAPTCHUK Ted, J.(BHJ,85,4/1996)

Since the 1960s, homoeopaths, along with biomedical physicians, have generally acknowledged the double-blind, randomized, controlled trial (RCT) as the 'gold standard' for establishing the efficacy of a clinical intervention. The homoeopathic profession has, however, been ambivalent about the incorporation of the RCT model for the internal validation of homoeopathic medicines. This paper looks at important components of the RCT such as blind assessment, randomization and statistical inference and examines some of the historical and scientific issues about their adoption for homoeopathic provings.

8. Stochastic resonance and the homoeopathic effect  
TORRES Josef-Leonel, GUADALUPE Ma (BHJ,85,3/1996)

Potentiation of homoeopathic medicines by successive dilutions and succussion at each step is interpreted in terms of stochastic resonance, a non-linear response of certain systems when perturbed by noise and a weak periodic signal, which increasingly enhanced at the output as the magnitude of the noise grows towards an optimal value for maximum signal amplification. The possible relevance of stochastic resonance to other physiological phenomena like the kindling effect where epileptic convulsions are induced in rats and other animals by periodic stimulation of the brain with weak electric signals, is also considered.

9. Dose-dependent suppression of Haloperidol- induced Catalepsy by potentized **Agaricus muscarius** SUKUL N.C., GHOSH Souvik, BABU Sinha (BHJ,85,3/1996)

*Agaricus muscarius* 30c, a potentized homoeopathic drug prepared by successive dilution with 90% alcohol followed by sonication, suppressed Haloperidol-induced Catalepsy in Swiss albino mice significantly. This anti-epileptic effect was dose-dependent being greatest with the undiluted *Agaricus* 30c and least if diluted 1:20,000. Higher dilutions like 1:40,000 and 1:50,000 did not produce an anti-cataleptic effect. The effect reappeared when the 1:50,000 dilution was sonicated. The anti-cataleptic effect of potentized *Agaricus* was observed with the drug administered both before and after Haloperidol. However, the pre-treatment effect was more pronounced than the post-treatment effect.

It is thought that potentized *Agaricus muscarius* contains an active principle that can be attenuated by dilution and multiplied by mechanical agitation or sonication.

10. Research in Homoeopathy  
KOPPIKAR S.P. (HP,4,4/1996)

This is a very readable talk, in the author's inimitable style. He stresses the importance of every homoeopath doing his/her own little bit of 'research'. He quotes two great poets: H.W.LONGFELLOW:

"Lives of great men all remind us,  
We can make our lives sublime,  
And departing leave behind us,  
Footprints on the sand of time."

Hara Hara Shri CHANNA SOMESWARA

"Something we learn from knowing people, something from Shastras, something from seeing the craftsmen doing things,

Something from our own thinking, something from company of wise and good people  
drops and drops of water make the sea"

Two qualities for good researchers:

1. We must be unprejudiced observers
2. Try all things - but hold fast to that which is true.

He cites HAHNEMANN, BURNETT, M.L.TYLER et al. An inspiring talk indeed.

11. Effects of Homoeopathic Medicine on Karyomorphological Parameters of Plant Systems  
JANA Balaram (HH,21,11/1996)

This article on the author's research is to show that the potentised homoeopathic medicine does have effect on morphological parameters in plant systems. *Arsenicum album* in all potencies (decimal and

centesimal, 1x to CM) showed an overall increase in plant growth. "It exhibits a remarkable enhancement of different morphological parameters surpassing the control sets."

12. A Case of Renal Allograft Receptient with Insulin Dependent Diabetes Mellitus, Hypertension, Peripheral Arterial Insufficiency, and Arteriosclerosis  
MAHAMOOD K.A. (HH,21,12/1996)

55 year-old man: severe pain in both lower limbs with threatening gangrene of left 4 & 5 toes with deep purple discoloration extending upward with severe intolerable pain severely aggravated during night and when walking. Another focal ulcer on the left heel discharging pus and blood, very offensive. The patient had to undergo renal transplantation in spite of treatment including Insulin. He was on allopathic medicine including Cyclosporin, Wysolon, etc. However, he developed this ulcer and it was decided to amputate.

Homoeopathic treatment from June 1995 to July 1996 brought about good improvement including his diabetes. Insulin stopped. The remedies used were *Arnica*, *Silicea*, *Hepar sulphuris*, *Secale cornutum* and *Carcinosin*. Long-standing Diabetes mellitus cured with homoeopathic medicine and Insulin could be stopped. Also although the patient was on immuno-suppressive drugs for quite long, homoeopathic remedy could still be efficacious.

13. Reverse Mutation and Carcinogenesis  
DUTTA A.C. (HUD,4,8/1996)

In the present article, the author, while furnishing some scientific ground for the homoeopathic system of therapeutics, extends the same towards the treatment of Cancer. The author believes that the cancer-producing agents, particularly the chemical carcinogens, if used homoeopathically, may prove to be powerful weapons in our fight against Cancer.

14. Opinion: Inhumane Homoeopathic Research  
HILTNER Richard (JAIH,89,3/1996)

Dr.HILTNER refers to two research books recently published - **Ultra High Dilutions - Physiology and Physics**, edited by P.C.ENDLER and J.SCHULTE and **A Frontier in Medical Science** by Paolo BELLAVITE - both books are 'superb'. At the same time it also became apparent that some animal experiments appeared to be inhumane and frankly, cruel. Dr.HILTNER lists some of these cruel experiments. There have also been, on the other side a number of humane animal experiments. The most aspect of medicine is compassion and it is our belief that Homoeopathy is compassionate Medicine. The ideal form of Medicine must be compassionate in all aspects, including research.

15. A Double-blind, Placebo-controlled Trial: *Arnica montana* Applied Topically to Subcutaneous Mechanical Injuries  
SCHMIDT Colleen (JAIH,89,4/1996)

This study evaluates two potencies of homoeopathically prepared *Arnica montana* ointment in a setting where many subjects experiencing similar symptoms, for which this remedy is indicated, have been gathered. The study was double-blind and placebo-controlled, so that neither researchers nor subjects knew which was placebo or 1x or 6C potencies of *Arnica montana* ointment. Results show favourable responses toward both potencies of the remedy in contrast with the placebo. Thus, *Arnica montana* may be successfully used in topical form, applied locally, in cases of acute muscle injury, provided such injury results from overexertion. Furthermore, it can also be used successfully in higher potency than the 1x ointment commercially available in the U.S. at present.

16. High Potency Homoeopathic Medicines in Experimental Oncology  
MALIEKAL Tobias P. (CCRH,18,3&4/1996)

Swiss albino mice bearing induced ascites were exposed to the action of high potency medicines *Kali-m.*, *Phyt.*, *Hydr.*, *Zinc.*, *Con* and *Carc*. All the six medicines were found to be increasing the life span of the treated animals. (Every experiment on an animal or for that matter on any creature, is cruel and inhumane at least in so far as Homoeopathic Medicine - the humane medicine - is concerned. We do not need to imitate the other schools so that we are acceptable to them. See item 14 above =KSS.)

17. Molecular Specificity and Recognition  
SHARMA R.R. Prof. (JH,2,1/1996)

The preparation and action of dynamized homoeopathic medicines involve the new scientific phenomenon of the induction of chemical specificity of one molecule into another. The prevalent atomic and molecular theories are herein revised to provide for the new phenomenon.

VIII. EDUCATION

1. The Art of Teaching Medicine  
KOTHARI M.L.V. (MFH,7,2/1996)

This very thought-provoking paper is from a book - **The Art of Teaching Medical Students** - recently published (see BOOKS Section in this QHD). Some of the important principles are: Compassion, Humility, Resourcefulness, Intelligence, Science, Technology. In 'summarising' the author says: ". . . . Jacob BRONOWSKI has given a delectable concept: The democracy of the Intellect. A teacher, medical or otherwise, is a resident of the democracy of intellect. His or her task and joy is to guide the student to the outer limits of the teacher's knowledge and the beginning of the teacher's ignorance thereby establishing an epistemological equality, equality being at the heart of any democracy. . .

"In the mad rush for modernising medicine, we seem to have lost sight of some home-truths. Our scriptures have it that a sadhu should not accept food or alms off a doctor for his earning stem from the misery of others. . . . . The above may sound too puritanical but it exhorts us to exercise Viveka in the money we make. The fifth commonest cause of personal bankruptcy in the USA is medical bills. India is fast catching up. A human point that the teachers and learners of modern medicine should bear in mind is the Talmudic teaching - Do unto others as you would be done by. Let us ask ourselves if we will subject ourselves to mutilation, radiation, chemotherapy, surgery, euphemised".

2. Contextualizing Alternative Therapies So That Its Message Can Be Heard: A New Model for an Introductory Lecture on Homoeopathy for an Audience Schooled in Reductionist Science  
SCHUCH David J. (JAIH,89,4/1996)

Introductory Homoeopathy lectures are most often presented from the theoretical construct contained within classical homoeopathic theory. While this may be the most useful context in which to study Homoeopathy, it is problematic starting point for those schooled in reductionistic western science. Indeed, it is far easier to give an introductory lecture to a lay audience than it is to present Homoeopathy to an audience already schooled in western scientific thought. Even so, most who give introductory lectures to a "scientific audience" still begin by delineating the laws of the new system, which must be accepted a priori.

A more useful model is presented here, one where the background of the audience is taken into full consideration. In this way, by contextualizing the new ideas within a framework of thought already familiar to the audience, greater receptivity, less alienation, and more real learning can then be accomplished.

IX. HISTORY

1. Samuel Hahnemann and the Pioneers of Physiology  
GUAJARDO-BERNAL German (BHH,85,3/1996)

This a very interesting article which traces pre-hahnemannian period in the history of Medicine. The influence of Albert von HALLER on HAHNEMANN is discussed. The author concludes that HAHNEMANN evolved his theoretical propositions as may be evidenced by his corrections in the VI edition of the **Organon**. He makes a very relevant observation: "The difficulty of understanding the **Organon** is precisely twofold: on one hand he never eliminated his former views from a new edition, however-much he might have modified or corrected them; and on the other hand he maintained a naturalist viewpoint of Homoeopathy, keeping the former vitalist conceptions intact. It is important to review this document so students in the stage of learning the historical development of Homoeopathy can appreciate HAHNEMANN the scientist, the researcher, the naturalist, capable of recognizing errors and increasing his knowledge until the end."

2. Hahnemann et la monotherapie (Hahnemann and Monotherapy) LONG B. (CGH,33,7/1996)

The author surveys the history of practice of monotherapy prior to HAHNEMANN, in Egypt, Greece; then PARACELSUS and HAHNEMANN. The China experiment (1790), the idea of pathogenesis and its relevance to therapeutics, the theory of vitalism, the practice of HAHNEMANN are all discussed interestingly.

3. Sam & Mel in Paris  
MORRELL Peter (HOM,62/1996)

The author reflects on Samuel HAHNEMANN and MELANIE's life and homoeopathic practice in Paris, after visiting the locations connected with the life and work of HAHNEMANN and MELANIE and their last resting place. Interesting piece.

X. GENERAL

1. Self-healing and the Placebo response  
DAVIDSON Jonathan R.T. (BHJ,85,3/1996)

It is often said that Homoeopathy works by stimulating a self-healing process. The popularity of the term 'self-healing' has perhaps grown to a point of uncritical perpetuation, so that we should now take stock and consider the many important questions which arise over its meaning. The author discusses the definition of the term 'self-healing', whether such 'self-healing' is unique to Homoeopathy, and certain other considerations.

2. A propos de la violence sociale (On Social violence) BAUR J. (CGH,33,7/1996)

In this brief article the author discusses Harris COULTER's book "**Vaccination, Social Violence and Criminality**", the medical assault on the American brains, (North Atlantic Books, 1990, Berkely, California).

3. Heilkunde unter dem Anspruch von Gewissheit - Hahnemann an die Adresse der Schulmedizin (Therapeutic with claim for certainty - HAHNEMANN in his Address to the official medicine) KLUNKER (ZKH,40,5/1996)

This is with reference to Extract from HAHNEMANN's '**Letter to a physician of high standing on the great necessity of a regeneration of Medicine**' (1808)-[see **Lesser Writings** of Samuel HAHNEMANN]. It would be evident from this 'letter' that HAHNEMANN's only intention was to say that his Homoeopathy was the first ever scientifically based therapeutics, i.e. healing with certainty. ["What though this way, which alone lends with certainty and safety to the goal of health, and which I, setting aside all current prejudice, discovered by a calm observation of nature, is directly opposed to all the dogmas of our medical schools, just as the those which Luther of yore courageously posted on the door of the Schlosskirche of Wittenberg were opposed to he mind enslaving hierarchy—the fault lies neither with Luther's truths nor mine. Neither he nor I deserved the venom of the prejudiced. 'Refute', I cry to my contemporaries, 'refute these truths if you can, by pointing out a still more efficacious, sure and agreeable mode of treatment than mine—and do not combat them with mere words, of which we have already too many." = HAHNEMANN]

4. Der unbekannte PARACELSUS - Signaturenlehre und Homöopathie (The unknown PARACELSUS - Signature Theory and Homoeopathy) SCHMEER E.H. (ZKH,40,5/1996)

PARACELSUS' symbol- teaching is discussed and a comparison is made with Emil SCHLEGEL's modified symbol-teaching. After SCHLEGEL, William GUTMAN explained this in his book 'Grundlage der Homöopathie und das Wesen der Arznei' (1977).

5. Qualitätssicherung in der homöopathischen Praxis (Improvement of quality of homoeopathic practice) WEGENER A. (ZKH,40,6/1996)

The possibility of improvement of quality in homoeopathic practice is discussed. Homoeopathy, as a scientific way of healing requires the fulfillment of conditions, fixed by HAHNEMANN in paragraph 3 (**Organon**). The difficulties in the observance and suggestions for improvement of quality are shown.

6. Beyond the Avogadro Limit: Homoeopathy's Quantum Leap into a New Era of Medicine  
JOHANNES Christopher Kent (HOM,62/1996)

Introducing the subject the author prefaces: "The substantial therapeutic effectiveness of homoeopathic medicines potentised beyond the Avogadro limit, reached at 12 CH or 23 DH, has become one of the most compelling areas of biophysical and medical research. This nearly two- hundred year-old clinical discovery, now having been scientifically validated, is privileged to join the historical ranks of phenomenon (e.g. discoveries into the nature of light) that force a paradigmatic re-evaluation and redefinition in our current scientific models of life, nature and the research methodologies used to bear upon their inquiry." What follow in this interesting article is a study of the "how and why" of the action of the potency.

7. Homoeopathy & Science  
HOUGHTON Paul (HOM,62/1996)

This paper considers the most important scientific laws and how they relate to Homoeopathy. It suggests that these laws come from general principles which all of us use whenever we think realistically. This means that these laws apply not just in Physics but everywhere and certainly in medicine. The conclusion is that Homoeopathy is the most scientific way of using medicines according to these laws. It also proposes a definition of the **vital force** based on them. Then it discusses HAHNEMANN's explanation of how homoeopathic medicines work.

8. Moon & Mankind  
THOMPSON Vivienne (HOM,62/1996)

The close relationship of the moon to many of the symptoms are discussed. He gives the remedies that appear in the 'moon rubrics' in LILIENTHAL, KENT, CLARKE, etc. : *Alum, amm-c., ant-c., bell, calc., caust., clem., cupr., dulc., daph., fluor-ac., hydrog., graph., luna, lyc., meph., nat-c., nat-m., sil., sep., sabad., sal-m., syph., spong., sulph., thuj.*

9. Cardinal Principle of Homoeopathy and Quackery  
SINGH Sanjay Kumar (QH, 5,3/1996)

The young student of Homoeopathy quotes many "unhomoeopathic" statements/writings in the journal and seeks clarifications in accordance with the principles of Homoeopathy. Some examples of the quotes: "We have many antibiotics in Homoeopathy", "*Zinziber* is a great anti-inflammatory, anti-parasitic, anti-microbial, anti-viral and anti-biotic, anti-pyritic . . ." etc.

10. Human Patterns and Emotional Healing  
CHAPPEL Peter (NAMA,3,1/1995)

Human personality, emotions and health are closely interlinked phenomena which constantly act upon each other. When they are in harmony they combine and carry us to the crest of our being; but when they are in conflict they crash like waves in the abyss canceling each other. The present article discovers the relation between these aspects of health and how to reconcile them for a more total cure in Homoeopathy.

11. Disease, Chaos and Freedom  
PANDEY Alok (NAMA,3,2/1996)

The conflict between the Fate and Free will in Philosophy is translated into the antagonism between pre-determination and chance in science. After all, statistical truth is only a selection of an optimal probability from a chaotic mass of uncertain possibilities which change with the change of circumstances. Laws analogous to physical laws cannot hold good in the study of man because man is capable of growth through an evolution in Consciousness. The evolutionary nisus presses man to outgrow his present status and continuously adapt to newer circumstances. If he fails to do so, he loses the battle for survival and is conquered by disease and decay. Man is thus capable of a conscious choice for surpassing the chaotic randomness that at present characterises his illness-prone existence (burdened with atavism) into new frontiers of freedom. He is predetermined to rise from randomness to freedom.

12. Health - A Dynamic Inner Equilibrium  
GUPTA Vandana (NAMA,3,2/1996)

It is difficult to consistently harmonise the milieu-interior of the body with a highly heterogeneous external environment. It would be easier to develop an inner master harmony which would surpass our present paradigm of health and disease. The process begins with higher energies influencing and transforming the lower energy-states. Then disruptive elements are surpassed within or outside oneself and illnesses prevented.

13. Perspectives  
HERSCU Paul (NEJH,5,4/1996)

This is a very thought-provoking article on the problem of 'immunizations', what almost everyone of us the homoeopaths face everyday of our practice - what to say when the parent of children asks us whether to immunise or not their child. Are we up-to-date in our knowledge about the pros and cons of vaccinations? What indeed are the 'adverse' effects of each vaccination?

14. In the Pursuit of Truth  
(HH,21,7/1996)

This is a very interesting and important write-up- a conversation between Dr.S.M.GUNAWANTE (SMG) and Dr. Rajan SANKARAN(RS). Both have discussed thoroughly the many 'new' ideas which RS has been putting out in the recent decade, the importance of the 'mental state', the 'remedy kingdoms', the 'provings' which have been carried by RS and his team, his work on dreams, etc. Reading this conversation will clear many misunderstandings.

15. How to Study a Medicine  
SURYAMANI (HH,21,8/1996)

The author stresses the need for a homoeopath to study every remedy with particular reference to its difference with other similar remedies, i.e. know the peculiarity, the individuality of each remedy.

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*XI BOOKS*

1. **Neurodermitis - erfolgreich behandelt durch klassische Homöopathie, Karl EICHLER/Roland EICHLER, 352 S. geb. Barthel & Barthel Verlag, Schafhlarn 1996, DM 89,-** (German) review by Michael TERLINDEN (ACD,5,3/1996):

"The essential part of this new book is the portrayal of 88 successfully treated, some of them difficult, Neurodermatitis-cases in grown-ups and children. The early history, clinical findings and homoeopathic case have been thoroughly told..."

2. **Weltgeschichte der Homöopathie: Lander, Schulen, Heilkundige, Martin DINGES (Hrsg.), 445 S., 43 Abb., geb., Verlag C.H.BECK, Munchen 1996, DM 58,-** (German) review by Thomas P.POPLOWSKI (ACD,5,3/1996):

"In good printing quality, with solid binding and appropriate price Martin DINGES presents a book, which is dedicated to the world-encompassing historical significance and development of Homoeopathy. Supported by the cooperation of medical historians, social scientists and physicians, he began the work to bring to closer light the international phenomenon of Homoeopathy. The book is divided, after the introduction by the compiler, into Middle Europe, North and West Europe, South- and Southeast Europe and Non-European countries. The last part gives a comparative overall view of Homoeopathy history and its connections, as also a brief biography of the authors. Although the authors come from 14 countries the contributions concerned are homogeneous and presents to the reader an excellent orientation. . . . From the first page the book makes a fluent reading . . . plenty of photographs and other pictures, a plastic picture of the international development of Homoeopathy. . . . In this it is very interesting to note the fact, that in this presentation of Homoeopathy history, unlike in the hitherto publications on this theme, not only the significance of the medical doctors and their representatives are spoken about, but in equal measure of the important roll of the non-doctors (health practitioners) and lay homoeopaths and their associations have been dealt with. Thereby the great influence of this group that spread out all over for the spread of Homoeopathy is astonishing to read. In wonderful manner the authors have, in partly sparse sources, highlighted these most-ignored facts. Thus this book appears most objective. The work can be recommended unreservedly - particularly to the medical field representatives in the Deutschen Zentralvereins homöopathischer Ärzte, who will have an idea of the achievements and names of the lay-homoeopaths and health-practitioners, like Clemens von BONNINGHAUSEN, G.H.G.JAHR and Arthur LUTZE among others. . ."

3. **Homöopathie und Schulmedizin: zur Spzialogie eines Konfliktes, Ralf TWENHOFEL, 102 S. kar., Haug-Verlag, Heidelberg 1994, DM 34,80.** (German) review by Gregor ARZT (ACD, 5,4/1996):

This book deals with the sociology of the conflict between Homoeopathy and Allopathy.

4. **Die homöopathische Anamnese, GAWLIK, G. 135 S., geb., Hippokrates Verlag, Stuttgart 1996, DM 49,-** (German) review by APPEL (AHZ,241,4/1996):

"The essential part of physician's work, the meeting of the physician and patient in the Anamnesis, is the stepchild of medical training. In the clinics these are delegated to the inexperienced and in the homoeopathic training they often come after study of the **Materia Medica** and the **Organon**. It is therefore good luck that we come across an Old Master. . . . GAWLIK's wealth of experience appeals not only to the neophytes in Homoeopathy - for them it must be a compulsory study - but in a similar measure to the well-experienced who will find much of interest.

5. **Cultured mammalian cells in Homoeopathy research: the similia principle. Roeland van WIJK and Fred AC WIEGANT. Faculteit Biologie, Universiteit Utrecht, Utrecht. ISBN 90-393-0825-X.** Date and price not stated. review by Christian DOUTREMEPUICH (BHJ,83,3/1996)

"This book is an interesting tool to understand the fundamental basis of homoeopathic research. Its objective is to discuss the stimulation of self-recovery in relation to the similia principle. . . . This book is a good review of studies on growth stimulation of mammalian cells by low dose toxins, radiation and heat. . . . The experiments reported and the data obtained show that self recovery at cellular level can be stimulated by low doses of compounds applied according to the similia principle. As more and more patients consult homoeopathic practitioners, this book permits a better understanding of the mechanisms on which homoeopathic research is based."

6. **Medical Knowledge for Fun. Richard WOCESTER. Parthenon Publishing Group. ISBN-1-85070-685-9. 12/\$18.** review by Noel PRATT (BHJ,85,3/1996):

"This is a most unusual book composed of 500 questions set by Richard WORCESTER, the pseudonym of an Oxford Professor who is an Honorary Fellow of his College and a medical practitioner and teacher by profession. The book is in the form of a quiz. It is divided into sets of ten questions on the right hand page with answers overleaf, each set being on one subject. The answers are short, but are followed by up to ten lines of interesting information. . . . This book is much better than the modern quizzes which as for only one name or one date, or other one-word answers. . . . It is good to test our knowledge and often to increase it in this lively and challenging way. This most interesting book would make a welcome present for a birthday or for Christmas - a friendly challenge at a reasonable price."

7. **Homoopathie: Patienten, Heilkundige, Institutionen, Von den Anfängen bis heute, Martin DINGES, 371 S., mit 73 teilw. farb. Abb., brosch., Karl F.Haug Verlag, Heidelberg 1996, 49,80 DM.** (German), review by ESCHMANN,(ZKH,40,5/1996):

"The Institute for History of Medicine of the Robert Bosch Foundation in Stuttgart concentrates on the exploration of the development of Homoeopathy. It is an exploration different from the traditional work done by HAEHL and TISCHNER. While it was the interest in the aspect of history of the development of the idea of Homoeopathy amongst doctors, now it is the spread of Homoeopathy among the lay-men, which has a very significant part in the rapid spread of Homoeopathy throughout the world. . . . The editor of this work Martin DINGES therefore has written a new history of Homoeopathy. There are, in this book, 14 articles on Patients, Medical practitioners and Institutions, which explain a totally different significance in the history of Homoeopathy. The selection of articles is interesting. . . ."

8. **Arzneibeziehungen, MILLER, R.G., KLUNKER, W.: 10., vollst. new beart. Aufl., 74 S., kart., Karl F.Haug Verlag, Heidelberg 1995, DM 24,80.** (German), review by GENNEPER. (ZKH,40,5/1996):

"The relation of medicines amongst themselves plays an important role in the prescription of follow-up remedies. . . . This 10<sup>th</sup> revised edition is very valuable for the daily practice and should be in every homoeopathic Practice readily available for reference. At the beginning KLUNKER gives a brief Introduction in the theme of remedy relationship and discusses the problems in the earlier editions. A material new introduction is the rubric "following remedies" into those from H.C.ALLEN, C.HERING and H.N.GUERNSEY and also separately those according to BOENNINGHAUSEN and as complemented by BOGER. . . ."

9. **Sequelae, G.S.R.SASTRY, KUMAR G.S.R., Band VII, 560 S., geh., Curantur Homoeo Publ., Hyderabad 1996, \$ 30** (Overseas). (German), review by KLUNKER (ZKH,40,5/1996):

"After 15 years, that is after years of further work this practically useful work comes in its 2<sup>nd</sup> edition. It is a Repertory of the "Sequelae", as also the consequences of injurious incidents. The book is divided into three parts: 1. After-effects of diseases; 2. After effects of conditions, incidental to activities of life and dietetics; 3. After-effects of medicines (homoeopathic, allopathic)... This 2<sup>nd</sup> edition has 580 pages as against 220 pages of the first edition. There are many new rubrics including incidental to the modern life style... Material drawn from more than 29 sources (books), as also from 50 authors, 7 repertories and thorough study of ten journals... The book is therefore certainly a worthwhile purchase."

10. **Homoopathie in der modernen indischen kultureller Kontinuität, Medizinkulturen 257 S., kart., Lit Verlag, Munster und Gesundheitsversorgung: Ein Medium im Vergleich Bd. 7., SCHUMANN, U.. Hamburg 1992. DM 34,80.** (German). review by EPPENICH. (ZKH,40,6/1996):

"Homoeopathy which is called in India as 'German Medicine' has integrated in Indian culture... With his thorough description of the progress in India of Homoeopathy which came from the west this is a book worthy of being recommended for all interested in the subject... Very thorough and complete is the treatment of the history of the development of Homoeopathy in India and the Government Health policy..."

11. **BAMBUS, Homoeopathische Prufung and Verifizierung, mit Kasuistiksammlung, 335 S., geb., Kent-Gesellschaft, Kronberg 1996, DM 79.-.** (German). review by FRIEDRICH (ZKH,40,6/1996):

"In this book SCHUSTER narrates the details of the first homoeopathic proving done by him and under his leadership, of the shoots of Bamboo. (*Bambus arundinacea*). 12 women and 8 men began the provings. . . ."

12. **Homoeopathy Online, A Journal of the Homoeopathy Mailing List, free.** review by Mike ANDREWS. **Homoeopathic Medicine, the bi-monthly publication of March/April 1996 Vol I No.1, available on www,** (HOM,62,1996):

“ . . . It is a moderated World Wide Web Journal proving a forum for information exchange among homoeopaths and students, devoted to exploring and expanding the possibilities which the **Internet** holds for Homoeopathy. Its stance is to represent a balance between classical tradition and more recent modalities... A feature of the presentation that I liked was the inclusion of remedy photos by Ian TOWNSEND and others alongside various articles. As one would expect in such a journal there was a wide variety of articles covering a number of topics and projects, . . . this first edition made an interesting read. It has an enormous potential and contained material which would be of interest to homoeopaths and students of all levels. If you are booked on to the Internet, ‘surf’ this site.”

**13. The Unfolded Organon. A Precis of Hahnemann’s Sixth Edition by Peter CROCKETT. Islington Centre for Homoeopathy 1995. 107 pages, paperback XXXX 9.99.** review by Robin LOGAN (HOM,62/1996):

“This book is not intended to replace The **Organon** but is an excellent aid to studying the real thing. Peter CROCKETT has not only translated it into simple English, but has also reduced each paragraph to its fundamental message. . . . I expect some Hahnemannian purists would balk at the idea of the **Organon** being precisised, but as long as you remember that this is only an aid to the studying of the **Organon**, I think most would agree that Peter CROCKETT has done students of Homoeopathy a favour. “

**14. Evolution and Healing. The New Science of Darwinian Medicine by Randolph M. Nesse & George C. Willms, Weidenfeld & Nicolson, XXXX 20.** review by Vivienne THOMPSON (HOM,62/1996):

“Evolutionary or Darwinian medicine is not taught in medical schools but, nonetheless, makes for interesting reading for the homoeopath. This book is written jointly by a doctor and a scientist in a very rational and non-ideological way... Although not written from a homoeopathic standpoint - indeed there is no mention in the book of alternative health philosophies - there is much discussion of the distinctions that need to be made between defects and defenses, and the dangers inherent in unnecessarily eliminating our defence mechanisms (fevers, coughs, diarrhoea, etc.)... There are many examples of ways in which apparent pathology is associated with some unrecognized benefit, so that what appear to be maladaptive responses by the body may not be so at all... The premise is that diseases arise ultimately from past natural selection and that the same capacities which make us vulnerable to disease also often confer benefits. . . “

**15. The Homoeopathic Childbirth Manual by Betty Idarius. Idarius Press. Price 10.** review by Elisabeth HALSHA (HOM,63/1996):

“...As the subtitle to the book says, it is a practical guide for labour, birth and the immediate postpartum period. As such it is a very useful book... As a professional homoeopath, I found the book informative and a supplement to the rather meager information on labour and birth in our repertories... With this book I feel I could attend a birth and be useful...”

**16. Sepia - Dr. Johnston’s Essays on the Physiological and Psychological Characteristics of the Homoeopathic Materia Medica by Linda JOHNSTON MD Dht. Christine Kent Agency. California 1996 paperback 152 pages. Price \$ 35.** review by Christine ISIS. (HOM,63/1996):

“...It gives a day by day, life stage by life stage description of the *Sepia* individual in illness from head to toe. JOHNSTON explains why, physically, themes occur and links this in with her interpretation as to why *Sepia* responds to her environment in the way that *Sepia* does... Her book clearly has appeal for the student homoeopath except, that is, for the price... At present I have to say there is better value in TYLER’s **Homoeopathic Drug Pictures** and COULTER’s **Portraits of Homoeopathic Medicines**, both of which have a number of remedy pictures. Also students note that GIBSON’s **Studies of Homoeopathic Remedies** has excellent information on the source of *Sepia*. Johnston’s contribution, however, is of use and in particular indicates the use of rubrics imaginatively in her text.”

**17. A Christian’s Guide by Allan CROOK, Winter Press, 1996, 85 pages, soft back, price 5.95.** review by Allen WARREN. (HOM,63/1996):

“The author comes from a Methodist background and is a local preacher and a counselor. He qualified first as a teacher and later re-qualified as a homoeopath... He outlines these reasons for writing this book which revolve around Christians; responsibility to care for the health of their bodies and souls. . . . Any fears that Christians may have in using Homoeopathy are well and truly assuaged by reference to the scriptures and their examples of healing. . . . All go to make an interesting book of value to Christians and to adherents of other faiths as well.”

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XII NEWS & NOTES

I. The Editorial in the ACD,5,3/1996, is about the **200<sup>th</sup> Jubilee celebration of the founding of Homoeopathy** and the **'Alternative Nobel Prize' award given to George VITHOULKAS**. The 200<sup>th</sup> year Jubilee was celebrated in many ways; in the **Deutschen Hygiene-Museum, Dresden**, the history of 200 years of Homoeopathy was presented and in the **Frankfurter Paulkirsche** there was a ceremony on the 16<sup>th</sup> September 1996. Shortly thereafter a **special postage stamp at DM 4 value with HAHNEMANN image (bust)** was released. As usual there were praises and criticisms in the journals and news media. However, overall Homoeopathy has been appreciated. The award to VITHOULKAS is also considered quite deserved since it is unquestionable that he has been responsible, during the last 15 years, for the propagation of Homoeopathy. The activities in the **Robert Bosch Stiftung (IGM), Stuttgart** are also much appreciated. **The persons responsible for the activities of the Robert Bosch Stiftung, are Prof. Dr. Robert Jutte and Dr. Martin Dinges**. It is hoped that all these take Homoeopathy nearer to being given its due place and value in therapeutics.

II. How dependable are the remedies that we get from even well-known sources in so far as their original source is concerned? Heinz PSCHIEDL, Berlin writes (ACD,5,3/1996) that the *Bacillinum* manufactured in accordance with the instructions of the **Deutschen Homoeopathie Union** is in contrast to what BURNETT has directed. Whereas BURNETT used the human material, the source of the other manufacturers are bovine and therefore this cannot be genuine **Bacillinum**. However ARKANA have been using the stock from pre-world war material (human). Recall the stress which Peter BARTHEL has been constantly laying on the original and genuine source material in homoeopathic pharmaceutical preparations.

III. The **Hahnemann House in Kothen** has been purchased and arrangements are being made to repair, renovate and restore much to its original state as when HAHNEMANN lived in it including the laboratory (in the ground floor) and the garden. It was in this house that HAHNEMANN wrote his **Chronic Diseases** and also the **Allgemeine homoeopathische Zeitung** was founded in 1832.; this journal is still being published, this is the oldest homoeopathic journal, perhaps one of the oldest medical journal.

IV. *Rosa damascena* in Hay fever: P.ANDERSCH-HARTNER in **Homoopathie in Osterreich**, 6, 1995 (AHZ.241.4/1996): Three patients who suffered from allergic coryza were treated successfully with *Rosa damascena* as acute remedy This remedy has been added to the Repertory by Pierre SCHMIDT. CLARKE and FARRINGTON say that this remedy is particularly useful in the beginning of allergic cold, when the eustachian tube is involved and there is also hardness of hearing and noises in ear. In the author's cases cited the troubles began with extremely closed ears. Interestingly the cure was lasting for some years after taking the *Rosa damascena*. The remedy has not been proven and so nothing can be said about constitutional effects. In reference to BOERICKE this remedy can be added to the rubrics; "Catarrh of the tubes", "Tinnitus", and "Difficult hearing".

V. When one recalls the main actions of our polychrests it is rather a wonder how the prescriber selects the remedy suitable for his case, bearing in mind the symptoms-similarity with the particular case. *Arnica* covers injuries, contusions, distortions, haemorrhagic diathesis, overstraining of the muscles, varices and indeed even cardiac muscle ailments consequent upon overstrainings.. Also ailments in inner region, stomach, intestine, and even skin diseases can be treated with *Arnica* salves. The author writes of the advantages he experienced in his own case of Skin, falls and such other accidents. What is impressive is that all old ailments like contusions of head, fracture of skull and its neurological consequences can be healed. The author concludes with a summing up of *Arnica*-symptoms. (CGH,4/1996).

VI. Extract from H.KUHN's Report about the **Celebrations of 200 years of Homoeopathy by the DZVhA in Dresden**. The crowning event was the **Deutsche Hygiene Museum**. The contents of this Museum is simply more than expected. The opening was by Dr.Mrs.ANGELA RODIG who pointed out that HAHNEMANN's place Meissen was only 20 km. from Dresden. HAHNEMANN was born in Meissen and worked in Dresden and Leipzig.

**Prof.JUTTE gave the opening speech of the celebrations on 200 years of Similia-principle: Medicine, Magic, Metaphor**. He spoke of the path-breaking work of 1796 by HAHNEMANN and said that even today there was different interpretations of the basic tenets. There is the danger of Homoeopathy being made as a high-style Doctrine of Salvation. There are those who spoke, in the beginning, of the Simili-setting, then of a "Nature's healing law". From 1881 came the quarrel about the definition as "Principle" or "Law". Before the World War II the so-called Scientific Homoeopathy spoke of the "Simili principle" and after the War it was more often mentioned as the Law of Similiarity. SCHLEGAL and Herbert FRITSCHKE elevated Homoeopathy to a Religion and spoke of the Signature theory of PARACELSUS. **HAHNEMANN's teaching was against the Signature theory and said that only a proving of the medicine would indicate the medicinal nature of a particular remedy and not its signature, etc.** And von GRAUVOGL in 1861 referred to the simili rule as heuristic maxim. He went on to speak of many other interpretations.

Dr.Horst BARTHEL spoke on **“Homoeopathy, acknowledge the results”** and he cited cases from his recently published book. He said that the simillimum could be found if at least three symptoms of the remedy could be found to agree with the patient's symptoms. He detailed the healing of a Teratoma of testicle with lung metastasis and left sided pneumonectomy after Chemotherapy. In this six individual remedies were used, but particularly *Conium*. A Sarcoidosis Grade II to III under initial Cortisone-therapy healed under *Sepia*, *Sulphur*, *Arsenicum album*; a 15 year-old girl with endogenous depression under *Staphysagria*, *Tuberculinum bovinum*, *Sulphur* and *Lachesis*. A 37 year-old female with MS was helped by *Phosphorus*. A 5 year-old boy with epilepsy and psychosomatic retardation as also Gigantism got over his epilepsy in an year. The anti-epileptic drugs were totally set off. He also spoke of the healing of 60 year-old female patient with Osteomyelitis and Parotitis, of a patient with pcP, a female patient with Pleuritis exudative of the right, of lung tuberculosis in a 15 year-old girl with Asthma and Neurodermatitis as also of a 52 year-old lady with hyperthyroidism. In the discussion it came up that a metastasising testicular teratoma alone is curable by chemotherapy, so that the case does not prove the curative effect. It was also criticised that the remedy choices were not well-founded. The speaker said that these can be had from his book.

Dr.Mrs.URSULA KANNENGIESSER's on **“Use of Q-potencies in Veterinary medicine, demonstrated on two small animals cases”**. was read by Dr.HOFMAN. It was of wonderful relief in an 8 year-old tomcat with leucos, Nephropathy and strong independent nature. With different high potencies of *Magnesium carbonicum* he clearly improved. Another tomcat with Clebsiellopathy with much thirst, fear of keeper, dog-like behavior, as also desire for ham, cream, bread and butter, spinach, milk and cheese, responded well to *Ignatia* in ascending Q-potencies. In the discussion it was said that Q-potencies have been well-tried particularly in incurable diseases like severe pains, Arthritis and Nephropathy, as also in old and very young patients.

Dr.KARIN BANDELIN spoke on **“Homoeopathy today and tomorrow”**. The development of therapies and the relevance of Homoeopathy was presented. Also recalled that HAHNEMANN had already said that sanitation of the environment of the ailing person before the administration of therapy, is very important. He had also said that humanitarian and cost-efficient treatment would be possible only if carried out at home.

Dr.Mrs.BECKER spoke on **“Homoeopathic Remedy Provings on Healthy, Results on *Bryonia alba* and *dioica*”**. At first the botanist Dr.Mrs.NIEDERLE spoke of the difference between the two plants. The difference could be seen at best from their flowers and fruits. *Bryonia alba* has black berries while *Bryonia dioica* red. HANEMANN proved *Bryonia alba* in 1816 with the C30 on six provers and obtained 780 symptoms. Many further provings, also on animals. Mrs.BECKER depicted seven individual ones. Then there was one in Santa Fe (USA) with the C 12. Some other provings were also detailed. In the discussion Dr.K.H.GEBHARDT said that provings must be, as HAHNEMANN did, differentiated between respondents and non-respondents so as to remove the non-reactive provers. He said that 30% of all provers do not react. Prof.JUTTE asked what symptoms could be listed from such a small number of persons. A question was also raised whether more mental symptoms could be got by higher potencies. Intervening Dr.COULTER conveyed the greetings from Institute of Homoeopathy, USA, and said that one could learn much from the lecture of Dr.JUTTE on the importance of the history of Homoeopathy. The American homoeopaths must work on this.

Dr.Andreas WEGENER spoke on **“Exercises with the Therapeutic Pocketbook”**. He indicated that von BONNINGHAUSEN prepared the useful repertoires of the Antipsoric and the Non-antipsoric remedies in 1835. In his Pocketbook published in 1846 he then unraveled the symptoms in their elements. They are therefore combinable and one could obtain complete symptoms. These were difficult then because the provings were not very complete. Many leading symptoms are excluded through application on the sick. The homoeopathic Pocketbook improves the repertorisation very substantially. Firstly the grades are 5 and the repertory has more clear somatic symptoms. Mind symptoms can be obtained only quite very less. Another disadvantage is that at that time only 125 remedies were exactly known. The later prepared Pocketcards by VON DER LIETH has more resources and provides more combinations of symptoms. The speaker then demonstrated the use of these cards with three interesting cases. A patient with stitching in the liver region, worse in sitting and better lying could not be repertorized in KENT. The Pocketcards pointed the remedy *Ammonium muriaticum* and *Sepia*, and the latter one helped. A 35 year-old female with back pains got immediate relief after the Pocketcard indicated *Pulsatilla*. A 59 year-old female with pains in the scapular region could be helped by *Asafoetida* chosen only with the help of the Pocketcard. In the discussion Horst BARTHEL said that BONNINGHAUSEN generalized very much. The speaker noted this and said KENT had criticised similarly. However, the BONNINGHAUSEN-method has stood the test of time in actual practice.

Prof.JUTTE drew attention to the correspondence between HAHNEMANN and BOENNINGHAUSEN in which HAHNEMANN has emphatically approved BOENNINGHAUSEN's working method. In the discussion Mr. BONSCH clarified that VITHOULKAS gave greater weightage value to the correspondance of the intensity of the symptoms and less for the gradation. As against this Mr. WEGENER said the gradations in

KENT came mostly from BOENNINGHAUSEN. They are confirmed in accordance with the frequency of clinical observation. The chances of intensity appeared questionable.

The concluding talk of the day was by Dr. Leopold DEXTER on the theme "**Conflicts and rows in Homoeopathy since HAHNEMANN**". He differentiated conflict and row. In a row or quarrel it is independent of the matter and always involved person. Injuries are therefore always frequent. As against this conflict remained about the matter, produced no injuries and is creative. HAHNEMANN was a belligerent exponent of his teachings. He must defend it to enable its propagation. It had the familiar roots and in the third place he experienced his conscience as a mission from God. Therefore, according to HAEHL there is a religious background. HAHNEMANN's statements about his friends and foes had mostly personal overtones strikingly. The main quarrels were with Moritz MULLER on the delimitation of the orthodox medicine within the homoeopathic hospital of Leipzig. Besides that there was the quarrel with the **German Central Association of Homoeopathic Physicians** and finally with the publishers of **Allgemeinen homoeopathischen Zeitung**. After HAHNEMANN's death, in the 60s of the Century the so-called scientific group of homoeopaths came up while in the USA the individual differentiation of the medicine prescribed has been the main front, called as classical Homoeopathy now. This came back to Germany in the 60s. Today there are specific schools which set up different standards. PASCHERO's and MASI's psychoanalysis, DORCSI's Constitution and further divergent ideas of SANKARAN and VITHOULKAS with regard to clinical Homoeopathy. Many of these trends occasion for conflicts. In Austria already the integration of Homoeopathy with the Orthodox medicine was hoped for. Towards this end medicinal provings were undertaken and the relevance of the drug to the pathophysiology and toxicology were worked out. Now there are more points of conflict - for example, between Similie and Simillimum, low and high potencies, combination medicines and single remedies, between homoeopathic doctors and heilpraktiker (professional homoeopaths), broad based homoeopaths and elitist homoeopaths, integration or isolation. According to the Austrian definition Homoeopathy is a medical method with potentised individual remedies, which are according to the law of similarity on the basis of homoeopathic medicinal provings on the healthy. Concluding, the speaker said that today creativity and flexibility are questions. Conflicts are necessary but not fights. In the discussion, Dr.GAWLIK recommended that we proceed further on the footsteps of HAHNEMANN and develop Homoeopathy further in accordance with him.

In the evening same day the exhibition "**Homoeopathy - 1796 - 1996, Therapeutics and its History**" was opened in the German Health Museum (**Deutschen Hygienemuseum**) in Dresden with the seminar delegates taking part enthusiastically. The exhibition contained many things exclusive. For example, there was HAHNEMANN's own handwritten repertory, his smoking pipe, two of the caps he used, two of his stethoscopes, as also his writing table and a dining room chair from his house in Paris; also further his tobacco pouch and household utensils of MELANIE HAHNEMANN as also an excellent portrait of her husband painted by her. HAHNEMANN's students and followers were also represented by many pictures and literary documents. A gramophone plate of Dr.AUGUST BIER's talk on Homoeopathy which one could even now play and hear, was one such. The aim of this was to clarify the basic principle of Homoeopathy and its difference with the mainstream medicine at that time and also to indicate the situation today. The delegates went round the very interesting exhibition.

On 17 May 1996 the scientific program began with Dr.GERHARD HOLLMANN's talk on "**The Homoeopathic Treatment of Neurodermatitis - an overview of 146 Treated Cases**". He said that the incompatibility or allergy to food items were not always evident but they must be removed. Cosmetics should be kept out since skin takes care of itself. Antihistamines are least helpful. He has kept off the Q-potencies (50-millesimal). It should not be given daily. Very important is the good medical process, and in the case of children the mother must also be associated. Since 1992 he has collected 146 well-documented cases and has photographed them. The follow-up period has been between 2 ½ -4 years. The average age of the patients was 7 years. There were 29 simple, 65 fairly serious and 52 serious cases treated. The results: very good results 15-21-16, clear improvement 10-31-20, satisfactory 3-8-10, failure 1-5-6. In difficult cases the speaker consulted Dr.SPINEDI. The most used medicines were *Lycopodium*, *Phosphorus*, *Calcium carbonicum*, *Natrum muriaticum* and *Sulphur*. During the discussion Dr.GAWLIK said that Ethylene oxide used for preservation favours allergies. He also warned of the too frequent application of the Q-potencies which should be given maximally 1 x per week in a small dose. Allopathic treatment with Cortisone is not a contraindication for homoeopathic therapy. Of course in such cases also small doses of the homoeopathic remedies must be prescribed. The speaker replied that the infusions given by the elders at home do not disturb and through an appropriate homoeopathic single remedy milk allergies can also be removed.

Dr.GERHARD BUCHWALD spoke on "**Vaccinations - Beneficial or Harmful?**". He said that when compared with number of deaths from suicide and traffic accidents, the fatalities from infectious diseases like Diphtheria, Polio, Tetanus, Measles and Whooping cough are in very small number. Citing the example of Tuberculosis, he said that the BCG had not repulsed Tuberculosis. In respect of Diphtheria the vaccination caused a transient rise of the disease in the curve which would otherwise show downward trend.

And as far Tetanus cases, particularly in respect of older persons above 50 is clearly on the reverse and the action of vaccination was not validated. The same is the case of Whooping cough in which convulsions with defects of intelligence came after the vaccination which is classified as accidental. The danger of Encephalitis in Measles is exaggerated. Long before the introduction of the vaccine this disease was far from being dangerous. He cited ARTUR BRAUN who had informed us that by the vaccination a foreign antigen protein is introduced which causes allergies like Pollinosis, Neurodermatitis, Asthma and also Autism. In Germany alone there are now many infants already ill, 5% squint, many have speech difficulties, in later life diminished sperm counts. The speaker traced these mainly to the frequent vaccinations. Since all the vaccines contain Quicksilver which can lead to infertility he linked this as a contributing cause for the less number of children born in Germany and the increase of sterile couples. Remarkable is the increase of Analphabets and Spastics in America in the context of the increase of elation over vaccinations which points to the apparent connection between these. The speaker also opined that Chronic Fatigue Syndrome is evoked by frequent vaccinations as may be understood from the minimal encephalopathy.

In the discussion Dr.KUHN said that Quicksilver causes a lack of awareness of reality. Dr.BRAUN made it clear that according to Homoeopathy in a sick organism a learning process precedes which is not true of vaccination notwithstanding HAHNEMANN's statement of similarity between the two methods. Dr.FREVERT spoke of a connection between vaccination and the Sudden Infant Death. Another member raised the question of consequences of not vaccinating. Dr.BUCHWALD said that these problems would be discussed again, but as of now no other process seems to be there.

Next Dr.CRISTA VON DER PLANITZ spoke on "**The Key Function of the so-called Smaller Homoeopathic Remedies in the Treatment of Chronic Diseases**". She emphasised that chronic diseases do not get cured by one medicine. Often the cure may be started through a polychrest which then stagnates. Mostly a small remedy is then indicated whose choice is often difficult since the medicine is only fragmentarily proved and there are only few clinical confirmations. As example she presented four cases of MS:

Case 1: 19 year-old female patient who suffered since 15 months falling to one side; she took Cortisone and could walk spastically, legs wide apart. Her therapy began with *Phosphorus* Q1. Because of an infection she took one week later one dose each of 30, 200 and M. She suffered no further fall unlike the usual consequences of such infection. On the other hand the ailments became better. There were however, painful, powerful spasms throwing her down, worse from movement, evenings, nights before micturition. The patient stuttered and was impatient. *Nux vomica*, *Colocynthis*, *Agaricus* did not help. Now the mother said that she was extremely angry and annoyed in the evenings and also a severe and nauseating bad breath. This pointed to the choice of *Chamomilla* Q6 in ascending potencies. After this the symptom became better substantially. The patient could now lead abnormal life. As a follow-up and complementary remedy she needed *Magnesium carbonicum*. Since a misty vision came on after an attack of a Grippe and a physical exertion (skiing) which suggested a fresh Neuritis nervi optica, she received *Chamomilla* 200 and then M - "cloudy vision when looking steadily at white object". Within two hours these disturbances of vision were removed.

Case 2: 24 year-old female patient, student of Bio-ecology suffered from two falls after her Pre-diploma and at the same time her separation from her friend. There was history of many vaccinations. She was very sympathetic and everything became better from rain; she therefore received *Causticum*. There was no further fall. She felt well in general. But there was increasing visual disturbances, cloudy- and double vision, aggravation from sultry hot warm air, sensitivity in mornings, redness of the central part of the face especially around the nose, three left toes becoming blue, and very cold feet. *Carbo vegetabilis* did not help. *Carboneum sulphuratum* covered all the symptoms which was given in increasing potencies in a week's interval. She fully recovered after this.

Case 3: 32 year-old Electrical Foreman with much MS-falls and history of antibiotics for infections and Endocarditis, lot of preventive vaccinations. He had aversion to water and bath and craving for solids and fat. The suppressions and their consequences were also there. He received first *Sulphur* Q6-10. Good relief followed. However, he had fresh attacks of fall after a Grippe with the feeling as if the hands were 3 x thick. With *Apis* this was improved. An Eczema in the hand also was cured at the same time. The remaining symptoms: Finger thicker since the Endocarditis, amelioration from wet cold weather. These agreed with *Aurum muriaticum* (CLARKE) which was given in Q15, 16. The symptoms went away after this.

Case 4: A female patient with MS had been treated with *Sepia* and *Natrum muriaticum*. The following mental symptoms were there: she became easily vexed with the family, vertigo while walking near water. Here *Angustura* in Q-potency helped.

In the discussion Dr.BUCHWALD said that the Government authority has to be informed if a MS comes within six months of a vaccination.

The next lecture was by Dr.HERMANN ILLING who spoke on "**The History of Homoeopathy in Saxony**". He said that the Similie principle was decisive and the potentisation was secondary. He pointed

out to five different trends within Homoeopathy: the classical, the scientific, the pluralists, the complexists, and the predominantly ideological. He stressed that in clinical practice particularly an Organotropic therapy was often necessary and successful.

Dr. ANGELIKA GUGEWICKERT spoke on "**Hahnemann, the Chemist and Pharmacist**". She detailed HAHNEMANN's literary works, his large number of annotations to the works he translated, etc. HAHNEMANN compared multiple mixture prescription with lottery. His book on Pharmacology-Apothekerlexicon-must be in every pharmaceutical manufactory.

The 'Samuel' prize for the best presentation went to Dr. CHRISTINA VON DER PLANITZ. On the next day everyone flew to Meissen where Dr. GAWLIK gave an oration at the Hahnemann Monument. (AHZ,241,5/1996)

VII. Report on the **Second Meeting of University Lecturers**, 14-15 June 1996, in Kassel (Germany): The Lecturers Meet was founded in 1995 in Freiburg. This year it was at Kassel, organised by the Association Hessen/Rheinland-Pfalz/Saarlan. 28 Lecturers from 7 associations participated. The meeting began with a lecture by Henning ALBRECHT (Carstens Foundation) on "**Actual Research in Homoeopathy**". Overview of clinical research was carried out by VAN KLIJNEN et al. (1991: 107 controlled studies) and by WALACH (1992; 20 controlled studies) and the results were 2/3 positive and 1/3 negative.

Research theme in Homoeopathy can be:

1. Homoeopathy as Whole (example: BRIGO/ SERPELLONI ; Migraine study 1991, WALACH, GAUS et al.: Munich Migraine study; Ingrid GERHARD et al. :Observation study of Infertility), 1. The confirmed indication (example: WIESENAUER; Galphimia in Pollinosis, 1980 - 1989), 3. Isopathy (example: REILLY: Studies with the Pollen nosodes and with skin allergens in C 30). See H. ALBRECHT's in AHZ,241,3/1996)

**In the discussion it was stressed that in future studies the additional medications should be observed closer (Curt KOSTERS), the follow-up time should be longer and the criteria of Homoeopathy should be considered thoroughly (Gisela STEINHOFF, Fritz WITZIG, Gotthard WIELAND, Franz BONNSCH). Since after a dose of placebo HERING's law is observed the question should be asked whether Homoeopathy worked as medicament (Andreas HOLLING). The paradigm, the human at the moment, must be considered (Peter KONIG).**

**The second lecture was by Franz BONNSCH (Freiburg) on "Homoeopathy as Science or : how can Homoeopathy be Scientific?" Scientific working means: systematic documentation and analysis, as also follow inherent rules (e.g. the precepts of Homoeopathy). In 1835 itself the double-blind study in Medicine showed markedly worth proof of Homoeopathy. On examination of the working of the high potencies the results were only the alternative; either the observation is false or the molecular action is false. The question always is what is best for the patient. Explanation and the freedom to contradict are all secondary. Homoeopathy has a particular "Model of Action": understanding the patient, that is, to form a picture of what exactly is wrong with the patient. Quintessence: Attention and openness. In the discussion Fritz WITZIG recalled Francis BACON's statement and said that only the pure observation is conclusive. A common technical language must be identified and explained (Andreas HOLLING). The psychic aspect in every observation of disease phenomenon must not be forgotten (Peter MEYER-KONIG),**

On the second day five working groups were formed, the reviewers were Karl-Wilhelm STEUERNAGEL and Uli KOCH who took up "Students Working groups". At present there are approx. 35 German University Students' Working Group, at least 11 WG have more groups (beginners, advanced). About 500 students are members of WG in Homoeopathy. The reviewers are also members of the WG. Practical themes: Foundation of classical Homoeopathy, Materia Medica, Cases and Repertorisation, Theory and History, actual publications, Consideration of scientific stance. Gerhard BLEUT spoke on Quality circle. Fritz WITZIG reported on his curriculum "Regional continuing education seminars". Some of the works carried out: In Ulm in the 3 year-programme the entire **Organon** and the **Chronic Diseases** were studied and discussed. The entire KENT's **Repertory** will be thoroughly gone through. The Materia Medica will be comprehended in its totality according to Plant, Animal, Groups and Periodic table and Chemical classifications. The Art of Prescribing, Anamnesis and structuring of the case (vide Andre SAINÉ) are some of the important items. (AHZ,241,5/1996)

VIII. Report on the **50<sup>th</sup> Congress of the Liga Medicorum Homoeopathica Internationalis in Oaxaca, Mexico; 2-6, October 1995**: The date of this Congress was so chosen that it would also cover the centenary of the officialising of Homoeopathy in Mexico. It was in 1895 that the dictator Porfirio DIAZ (after a "wonderful" homoeopathic cure) established Homoeopathy with equal Government status as the official medicine in Mexico.

Indeed the Congress was following "Mexican Homoeopathy" of Dr. ORTEGA's School. Dr. FRANCOIS (Miasmatic Materia Medica), Dr. DOMINGUEZ (The Importance and Necessity of Homoeopathic Principles), Dr. A. SANCHEZ (The Development of the Miasms Theory since the Founding of "Homeopatia de Mexico"), Dr. ACARBALLO

(Homoeopathically integrated Clinic), Dr.TORRES (The Patient Today), Dr.MORALES (The Development of Homoeopathy in Oaxaca), Dr.P.CARBALLO (The History of "Homeopatea de Mexico"), and Dr.ARTEAGA (A Clinical Case Example with and without consideration of the Miasms theory), took it up to explain the contents and structures of Dr.ORTEGA's school. The important points were doubtless the chronic miasms and their significance in the daily practice.

Some extracts from the lectures on the Congress theme - "**Suppression**" - may be mentioned here in brief: ORTEGA began with an interesting work on this theme and spoke on the "**suppression of Love**". In his own well-known philosophical method he spoke on the consequences of suppression of the family, on the consequences of a suppression of love, vis-a-vis Nature, Humanity, as also God.

Flores TOLEDO, in his lecture "suppression", recalled HAHNEMANN's apparent contradiction that resistant warts may be cleared totally by local application *Thuja* of mother tincture externally, although in several paragraphs in the **Organon** he has emphasised against all local applications.

Matuk KANAN explained with the aid of the repertory rubrics, important mind symptoms resulting from the suppression of bodily eruptions and discharges, sexuality, etc.

Sanchez ESTRADA, Rueda HAUTISTA, Ramirez CELAYA and Toledo MARTINEZ in their combined work said of the consequences of the suppression of religiosity in the modern society. In his opinion besides other syctic and syphilitic characteristics and connection, jealousy, egoism and greed as direct sequelae of a loss of material value of human.

Carlos LOPEZ ORTEGA with a case of "**Clinical indications and symptoms as a result of suppression of state of consciousness as also moral and ethical aspects of conscience and its homoeopathic treatment and restoration**".

Queral I GIMENO (Spain) presented the successful homoeopathic treatment of 14 patients with infections by the Human Papilloma Virus. All the 14 patients had been treated surgically earlier but suffered recurrence. The important remedies used were *Sepia*, *Thuja*, *Medorrhinum* and *Lycopodium clavatum*.

R.TORRES presented an incurable case with which he depicted the danger of allopathic treatment of part of organism and the homoeopathic treatment of the consequent alterations in the organism due to these "part suppressions". In his talk "**Suppressions and Vaccinations**" TOLORES referred to the possible consequences of vaccination, particularly of Measles, Whooping cough, Mumps etc. He commented on the significance of "acute Miasms" of HAHNEMANN and the consequence of an improper, unnatural turn with these acute, eliminative ailments.

A group of colleagues from Oaxaca led by J.Palau RODRIGUEZ presented their work on "**Suppressions in diseases of the skin**". The authors described suppressions as a result of homoeopathic treatment and clarified how these can be recognized and avoided according to HAHNEMANN.

Walter KOSTER (Germany) in his presentation "**An advice from Hahnemann, how suppressions and anti-suppression can be avoided**" said that in the evaluation of the unusual and singular symptoms the subjective and unconscious factors take part. In consideration of the circumstances that accordingly Homoeopathy depends upon the instinct of the physician, there is higher priority that the physician treat homoeopathically to remove the suppressions which may come about from wrong assessment of the rare symptoms.

Three medicinal provings by Mexican colleagues are mention-worthy: *Carcinosinum* (in potencies Q6 and Q30 as also with C30 prepared from a Breast Carcinoma which has undergone radiation) was proved by students of "Homeopath de Mexico", under E.Sanchez CABALLERO, R.Sanchez CABALLERO, and M.ESPINOZA. Very interesting Mental and General symptoms were presented.

A group of colleagues from Puebla/Mexico, under Dr.R. Morales LOPEZ proved the Cricket "*Gryllus Assimilis*" in C6, C30 and Q6 potencies. Distinguishing symptoms were in the region of Urinary, Skin and Glands. Miasmatically it was primarily Syctic-Psoric remedy.

The results of the **proving of the ash of volcano Popocatepeti** that was being carried out was presented. The final result of this proving must be eagerly looked for.

ANTOLINI, RODRIGUES and FLORENTINI presented a study of the use of *Thuja occidentalis* with regard to the prevention of adverse effects of Measles vaccination. In a study in Rio de Janeiro 65 children were given *Thuja occidentalis* 200 before the Measles-vaccination." It was observed that only 6.5% of the children got fever and only one child had a passing symptom of Measles. In 10-15% of the vaccinated children skin eruptions and/or fever came on.

M.DRAIMAN (Argentina) in his presentation "**Argentum nitricum - Its homoeopathic personality**" detailed the characteristic traits of this medicine. He particularly stressed the feeling forsakenness which - along with despair and the feeling of isolation - causes much sufferings to the *Arg-n.* patient. Causative in many patients was observed to be birth trauma (feeling of being forsaken), expulsion through the birth canal (fear of narrow places, claustrophobia or fear that houses or walls would fall on him, fear of death), fear of

falling out suddenly (fear of large, wide places, fear of heights ). In many cases we find a difficult and long birth (unexplainable anxiety, of arriving on time”).

R.ARTEAGA explained with the example of a case of Salpingoclasie, the effects of a suppressive surgery. In about 98% of women, a study group found, problems like unspecific Cervico-vaginitis, Metaplasias, Anaplasias, and Condyloma as also alterations in the personality and the character of operated patients. Especially alterations such as sycotic and also syphilitic nature were observed.

N.N.MITRA (India) described the homoeopathic treatment of Carcinoma of Penis after surgical intervention and radiation. The patient who was in bed was completely stiff and could not move. Very foul smelling ulcerated, bloody-pussy changes in the operated cicatrice, skin white-parchment like. Nails dead and white-horny, incontinent, sleepless, regular fevers over 2-3 days, enormous pains in the lower abdomen *Calcium sulphuricum* 30, M, XM, 50M and CM. Finally Q potencies upto Q30 were prescribed. Local therapy with *Calendula* mother tincture. one year later **Medorrhinum** CM followed. Under this therapy the ulcerative changes healed and clear improvement of the total condition.

F.ASIS DE MOYA in his lecture presented the cure of a **case of Thrombocytopaenia** with *Calcium carbonicum* Q6, 12, 20, 24, 30 and Q60.

S.CHASE presented the successful treatment of a **Chronic Exhaustion (“Immune Dysfunction Syndrome”)** with *Phosphorus* M and XM, brought about permanent cure although the patient was being given at the same time Gammaglobulin.

F.CONSTANTINOS (Greece) presented a study of 24 patients homoeopathically treated for **Psoriasis**. These patients had been earlier treated with *Sulphur* and *Phosphorus*. Of 24 cases 10 were completely cured, 3 with 95% improvement, 2 getting improved (80% better), 5 discontinued after some improvement, 1 since there was no further improvement, 3 discontinued because of severe primary reaction in the first month.

J.GNAIGER (Austria) in her “**Lachesis muta - A medicine for small girls?**” spoke of her experiences with *Lachesis* in the treatment of children between the age of 6 and 15 years. She explained that with its classical symptoms (willfulness, vitality, social relation, typical anxiety and modalities) *Lachesis* was an indispensable remedy for a large number of chronic diseases of our time, like Neurodermatitis, allergic Bronchitis, Sleep disturbances, Nervous disturbances (Nail biting).

ANNA PLA presented two cases with x-ray confirmed **calcification (supraspinal) of the shoulder joints** which after many remedies could be definitely improved only by *Hecla lava*. A brief summary of the wellknown symptom-picture completed the interesting presentation.

Gloria ALCOVER (Spain) spoke on “**Homoeopathicity and Religiosity essential of the Vital principle**”. From a very deep experience (life devoted to the treatment of those who loath life and love) he brought a very substantial aspect of the physician-patient-relationship. To respect the manner and destiny of those entrusted to us and tolerate, more so if we are not able to understand them well in their environment. Every one suffered what one has to suffer. Only when we can influence this course homoeopathically, it matters that we respect the suffering of the patient, so also respect when ununderstandable, opposite treatments are required

**Helga LESIGANG (Austria) spoke on “The significance of Aetiology”. The importance of Aetiology in the field of Pathology, Psychology and Psychosomatic medicine as also the importance of chronological connection between the causative factor and the beginning of the symptoms were explained. In paragraphs 5, 93, 11, 12, 73, 78 and 31 of the Organon the basis of the value of Aetiology which has particular role in Vienna School of Homoeopathy of Mathias DORCSI.**

**Maria GALANTE N. (Brazil) presented a brief study of the theme “Dreams as a Factor of Prognosis and Analysis of Incurable Patients”. With cases of dreams of incurable patients young and old, even in patients with paucity of symptoms a well selected homoeopathic remedy produced positive development. Parameter was the practical experiences in accordance with C.G.JUNG.**

**U.FISCHER (Germany) on the** relevance of BOENNINGHAUSEN for the development and the practical application of the Miasms theory in the period after HAHNEMANN. **In his Lesser Writings BOENNINGHAUSEN chooses *Thuja occidentalis* with clear criteriae in differentiating Psoric, Sycotic, and Syphilitic remedies. In the same way he gives clear suggestions for the coordination of the patient’s symptoms with the Miasms and also other practical instructions for the application of the Miasms theory in accordance with HAHNEMANN’s teaching.**

The Congress was attended more by the Latin-American colleagues and only small European colleagues have the opportunity to appreciate the idea that arise more from the Mexican and Argentinian sources. Under the leadership of Dr.E.CANDEGABE this school holds that Psora is the fundamental of all pathology and Sycosis and Syphilis are variations of the compensation forms. ORTEGA and his school work in a linear, literal translation of the patients symptoms and come to a basic miasmatic orderliness of the symptoms. Significant is the adoption of the HERING’s Law in

**the application of the medicines and therefore only the “here and now”, the latest disease-phase of the patient is taken into consideration. Sycosis and Syphilis are aside in the evaluation. (Extracted from the report by FISCHER, Vice President of the LMHI, Germany. AHZ, 241,6/1996).**

IX. The German Postal Department has issued a Postage Stamp of DM4 value to mark the 200<sup>th</sup> year of the founding of Homoeopathy, with HAHNEMANN's profile and the words Similia

X. **European Committee for Homoeopathy**, Brussels, 27-28 April 1996. The **European Committee for Homoeopathy (ECH)**, now legally constituted under Belgian Law, receiving Royal ascent from the King of Belgium in December 1995, met in Brussels on 27-28 April 1996.

Meetings of eight sub-committees were held, reviewing the work that had been done over the previous 5 years and outlining the short- and medium-term aims for the future. The ECH general Assembly met and the Statutes and Bye-laws were formally adopted. The Council of the ECH was elected, which comprises the four officers of the ECH and Coordinators of the Sub-committees. The various sub-committees will hold regular meetings each year and the Council of the ECH will meet next in Brussels in November 1996. The General Assembly of the ECH will reconvene in two years' time in 1998 in Brussels. (BHJ,85,3/1996)

XI. Commenting on Dr.Rajesh SHAH's article '**Homoeopathy's 200<sup>th</sup> year - Need of the Time: Hard-core Prescribing**' in the Homoeopath 61/1996, Rohana DARLINGTON writes that while we are concerned with innovative and speculative theories regarding differing approaches to prescribing, we must accept that there are different approaches to finding the curative remedy. He refers to the SEHGAL method which, in his personal experience, has been found to be quite successful. We should not be too hide-bound, he says. (HOM,62/1996)

XII. Responding to a letter in the HOM/62.1996 on "**long term treatment and chronic disease**" in HOM 59,1996, the correspondent writes (HOM,63/1996) that the psychological model acknowledges the role and importance of the unconscious in the lives of those with whom we are working as well as in the way that we are affected by that work. And that this happens whether we realise it or not; we work holistically when we find a way of endeavouring to acknowledge and reflect upon what is happening in that rich world of the unconscious. To do so is to include facing the realities of death and dying in the lives of those with whom we work. To work towards prolonging life is to run the risk of hubris. We may also miss the opportunity of gaining the healthy insights that are possible through times of disease and of facing death, a potentially rich compensation for the suffering endured. The correspondent cites the case of a woman in mid-life whom she has been working with both homoeopathically and psychotherapeutically for over two years suddenly faced, out of the blue, with a diagnosis of chronic Myeloid Leukaemia. This happened at a time when she "felt better than she had ever done in her life". The illness has actually revitalised the patient's life, putting her in touch with what she feels really matters, including a need to give priority to things that otherwise might have been put on hold until 'tomorrow'. The correspondent quotes C.G.JUNG "One cannot help any patient to advance further than one has advanced oneself." (HOM,63/1996).

XIII. Dr.S.C.MISHRA, Jabalpur, conveys '**some observations in my practice**':

- 1.The indicated remedy acts well in spite of consuming non-homoeopathic medicines by the patient
- 2.Acute painful conditions and severe exacerbations of chronic cases require frequent repetition of higher dilution of the indicated remedy to act and continue its effects.
- 3.Every potency is not supposed to act in the patient provided he has no susceptibility to the particular potency.

XIV. Brief Report on the **7<sup>th</sup> National Homoeopathic Conference 1997** of the **Research Society of Homoeopathy**, January 11-12, 1997, New Delhi (Report by Dr.K.P.S.DHAMA). Some extracts: Dr.C.P.SINGH, Chairman of the Research Society of Homoeopathy, welcomed all and stressed the need to improve the teaching standards, and requested the senior practitioners to open their doors for the younger generation to learn. He requested the Government to increase the budgetary allocation for Homoeopathy.

Dr.D.P.RASTOGI, Director, Central Council for Research in Homoeopathy,(CCRH).said that the conference organised by the Research Society of Homoeopathy was aimed to disseminate the results of the research and findings of the CCRH and others.

**The Chief Guest Sri K.R.NARAYANAN, Hon'ble Vice President of India, said that he was cured of his stammering problem in childhood by Homoeopathy, and since then, not only he, but all his family members had adopted this system of Medicine.** He presented the Dr.Hahnemann Memorial National Award 1997 to Dr.GIRENDRA PAL of Jaipur. He also released the book 'Rheumatism, Sciatica and Spondylosis' by Dr.K.P.S.DHAMA and Dr.Mrs.SUMAN DHAMA and two books of the CCRH.

Dr.K.P.S.DHAMA, expressed his great concern about the propaganda of wonder drugs, and that these days this powerful lobby shaped the destinies of man, and all organised institutions and things.

In the Scientific Session that followed, Dr.Mrs.Suman DHAMA spoke on Role of Homoeopathy in Gynaecological and Obstetric Problems. She pointed out that every excessive menstrual loss or irregular haemorrhage was not menopausal but was due to some pelvic pathology. Hot flushes and sweating occurred in 85% of women, besides neurological and emotional symptoms. The treatment should be individualised and should take into account the miasm. Dr. Suchetra DESAI presented four different cases: (a) Delayed menses, Constipation, (b) Anaemia of Thalassemia, (c) Irregular periods, (d) Severe Dysmenorrhoea. Dr. Parinaz HUMRANWALA gave an Audio-visual presentation of *Agaricus muscarius* of a child of three and half years age with Cleft palate. She felt that *Agaricus* must find place in the repertory in the rubric 'Fearlessness'. She also said that the 'red line' symptom to describe *Agaricus* was 'internal restlessness'. Drs.Subhas ARORA and Anil KHURANA presented a paper on Indian drugs, like *Azadirachta indica*, *Cephalandra indica*. The study was conducted by the CCRH. The participants were critical about the CCRH papers and wanted that the studies be conducted on healthy provers to be able to give the true pathogenesis. The most lively session of the 1<sup>st</sup> day was the Panel Discussion on 'Chronic Miasms', nicely conducted by Dr.R.P.PATEL, Dr.K.H.MATANI, Dr.GIRENDRA PAL.

On the next day Dr.Kamal KANSAL presented five clinical cases: Peripheral Neuropathy cured with *Sulphur* 200, Cubital Tunnel Syndrome cured by *Lachesis* 200, Carpal Tunnel Syndrome cured by *Lachesis* 200, Tubercular Granuloma (left-temporo-occipital lobe) cured with *Tuberculinum koch* 30, two cases of Trigeminal Neuralgia cured with *Verbascum* 6 and *Lachesis*, *Mezereum* 30. Dr. Naresh ARORA presented four cases of seizure disorders, with problem of Cysticercosis inflammatory granuloma and cerebral calcification. The homoeopathic medicines used were: *Stramonium*, *Cicuta virosa*, *Artemisia vulgaris*, *Belladonna*, *Absinthium*, *Kali bromatum* and *Lachesis*. The star speaker of the session was Dr.Manjeet Singh OBEROI the Neuro-physician of the Safdarjung Hospital, who spoke extempore and presented various cases treated by different homoeopathic medicines. He explained meticulously how patients could be relieved of the maladies, especially where there was nothing particular in Allopathy except life long medication or suffering. He also laid stress on the limitations of the homoeopathic medicines and stressed the need for keen observation. Dr.Praful VIJAYKAR presented Understanding the Human Constitution. coordinating his studies on Medicine, Immunology, Biochemistry and Embryology. He also explained **HERING's Law of Cure** according to various scientific bases. H.C.GUPTA presented a paper on standardisation of homoeopathic drugs. Dr.Sunil KUMAR spoke of some work done on Rare Drugs and Reprovings. Dr.R.S.PAREEK presented a paper on Documentary studies in the management of Ecological Problems in Homoeopathy. The Conference ended with a banquet.

XV. Some extracts from the Report on the 6<sup>th</sup> Summer School of the **National Academy of Homoeopathy, Nagpur** on May 25-June 8, 1996: *Natrum muriaticum*: Emotionally is oversensitive, desires support, wants to be loved, but is unable to express it, reserved. By nature has many positive virtues - is honest, devoted, punctual, contented but lacks social grace - won't say 'Hello! Hi!, or Sorry (non-expressive, egotist, *Platina* = egoist). Has prominent collar bones. Wears clean and simple dress (*Sulphur* dirty, unwashed, but well-ironed; *Arsenicum* stylish clothes). Likes subdued colours like purple, blue, grey, etc. House is shabby. Handwriting and photos are atrocious and always changing with time. Eats simple and irregular meals (which rather ameliorate). Desires to be in mountain (solitude), seas (old suppressed feelings come up), gardening, chocolates, cherries, grapes, but he becomes allergic to whichever thing he develops liking for (e.g. pollen, cats, dogs). Cannot forget but is not revengeful. Retains emotions (hence scanty menses, dropsy's) holds back tears, weeps only in solitude. At such times desires to listen to sad music. An easy to remember *Calcarea carbonica*: it has easy - perspiration, menses, fatigue, conceptions, cold, fat, suppuration, emotionally excited, out of breath, polyps, etc. Stress was laid on understanding the Miasms because it was HAHNEMANN himself who after having practised Homoeopathy for a long time and dissatisfied with the results in chronic cases, discovered that the Miasm was the blockade and that unless the Miasm is treated chronic diseases will not be cured. (QH,5,3/1996)

XVI. Beneficial advice to subjects at risk for developing heart disease became counter-productive. A study carried out in Finland in 1974 when 1222 business executives with one or more risk factors for cardiovascular disease were randomised into 'intervention' and 'control' groups. The study carried out in two phases revealed that the 'intervention' group had increased mortality. WHO's study of multifactorial intervention for risk factors in 61000 men showed no significant reductions in deaths from coronary heart disease after six years of intervention. In the British component of this study, deaths from coronary heart disease were 8% higher in the intervention group than in controls. It is now an accepted fact lowering cholesterol concentrations in men at high risk does not reduce total mortality and may actually increase non-cardiac mortality. The oft repeated maxim that 'benefit is proportional to reduction in risk factors' does not appear to be tenable. The main cause of death in the developed world is still not understood. (from NAMA,3,1/1995, source Br.Med.Jl.Vol.304, Feb.92, p.393-4).

XVII. In the Editorial of the HH, 21, 11/1996, Dr. Alok PAREEK says that Homoeopathy does not stop with healing humans but extends to animals and plants too; inasmuch as many remedies are derived from these kingdoms, we would do well if we return something to their suffering too. There is another aspect to our Science, that is, **Environmental Homoeopathy** to counteract the environmental pollution.

XVIII. Julian WINSTON of **Homoeopathy Today** (HT) says that in his ten months experience of life in the New Zealand (where he has married and settled down) Homoeopathy is better understood and tolerated there. JULIAN also refers to an article in the local news paper which said that large species of Jelly fish were frequenting the local waters and one woman swimmer was suspected to have been affected by one of the species - *Cyanea capillata* - and soon the part swelled and large white welts began to appear and her skin turned bright. She went home where her daughter gave her a dose of **Apis** 200 and she soon became well. Her daughter is a student of the Wellington College of Homeopathy. (HT, 16, 5/1996)

XIX. Here and there we get 'bits' of very interesting information about the great homoeopaths of the past. Here is one such: A reader writes to the Editor **Homoeopathy Today** (HT, 16, 5/1996): ". . . brought back many memories of my early days in Cleveland, Ohio, when Dr. DIXON was the family Physician. (Charles A. DIXON)... On a business trip to Barberton, Ohio, I was stricken with severe stomach cramps and diarrhea. Where to seek help? My recollection was to seek out Dr. DIXON. He was still in his old location in Akron, Ohio. My knock at the door was answered by a family relative who announced that the doctor was very ill and could not see patients. A voice from upstairs said to "let him in" after hearing my plea and probably recalling my name. The doctor was indeed confined to bed, but prescribed for my symptoms. I was ushered downstairs, a fee was refused, and I helped myself to the correct remedy. It was then that I heard that Dr. DIXON was not expected to live. A true friend and concerned physician to the end. Using the closing sentence from DIXON's letter you printed in Homoeopathy Today '...our patients will still hunt us up, come hell or high-water.'"

XX. The tenth State in the USA to license the practice of Naturopathic Medicine is Maine. The eleventh State to license the practice of Naturopathic Medicine is Vermont. The others: Alaska, Arizona, Connecticut, Hawaii, Montana, New Hampshire, Oregon, Utah and Washington. Thus Homoeopathy is legal in all these states. (HT, 16, 5 and 7/1996)

XXI. Some notes from the **Seminar with Melissa ASSILEM**, in Pittsburgh, October 21-22, 1995: Melissa ASSILEM specializes in the homoeopathic treatment of women. She has the very special distinction of having lived for several years at the **Greenham Common Women's Peace Camp**, a nuclear missile site near London where many brave women made a permanent encampment outside the gates to protest the presence of nuclear weapons. **Her well-documented lecture exploded the myth of hormone replacement therapy (HRT) explaining how the use of estrogens and progesterones past the age of menopause actually may bring on Osteoporosis**, increases the risk of breast and other cancers, and increase the risk of heart disease. But more than the physiological effects, the mental and emotional effects of treating the post-menopausal body as if it doesn't know what it is doing, was emphasized. From the time of conception the body of woman is in developmental flux, the endocrine hormones being among the most delicate of this fine-tuning that continues throughout the woman's lives. HRT causes a mutation of this process at menopause, preventing the metamorphosis which naturally occurs if allowed. She spoke of the hot flushes as "power surges"; reminded that every symptom happens for a reason. Since bodies must heat up to activate immune systems (as in fever) then it is possible that power surges happen in order to activate our lowered metabolism and to help prevent the onset of diseases such as Arthritis or cancer. We must trust our Vital Force, respecting that health is about adaptability and moving forward. There are excellent homoeopathic answers for problems which may occur at menopause. Actually 20% of women feel they need to seek help with menopausal symptoms. In her fascinating presentation of the remedy *Folliculinum* she talked about a Miasm being created by the use of synthetic hormones. In one study it was found that after synthetic estrogen, women were more inwardly hostile, and more outwardly passive. This is also the remedy picture of *Folliculinum*. *Folliculinum* expresses what is out of order in the world today. **She described the progressive suppression and persecution of women and said that the medical control of women has now progressed to hormone therapies of all types. Forty million baby boomers now reaching menopause are a prime market for the pharmaceutical industry. The medical image of menopause as a corridor we have to go through not knowing what will "get" us needs to be changed. The real experts are the women who have made this life passage, and who haven't been listened to for 6,000 years.** *Folliculinum* can help, if indicated, to restore a woman's will, especially in history of abuse. It can be a line-breaker for things holding her from the past. She gave further clinical indications for *Folliculinum*. In addition she gave indications for *Cimicifuga*. She spoke of the remedies for the more severe symptoms of Fibroids, Uterine prolapse and haemorrhage, temporary discomforts of night sweats, hot flushes, vaginal dryness and other changes that occur as the Vital Force is balancing during climacteric and after menopause. She also spoke of Osteoporosis. Further remedies presented were *Thea chinensis*, *Coffea* and *Saccharum* and the relatively new *Lac humanum* and *Luna*.

A very valuable seminar. (HT,16,5/1996)

XXII. Report from the **Ohio Meeting, Dayton, October 1995**: George GUESS presented Homoeopathic Management of Eczema. He organised his lecture with groupings of physical characteristics of the Eczema: vesicular lesions, desquamating eruptions, fissuring eczema, suppurating or pustulant eruptions, and "other". The more severe a case gets, the more necessary it is to concentrate on physical symptoms he feels. If the patient is taking suppressive drugs, withdrawal of those drugs, when possible, is helpful in order to analyze what is going on. He suggested:

**Vesicular lesions:** *Mezereum, Lappa arctium, Vinca minor, Viola tricolor, Oleander, Clematis erecta, Dulcamara, Rhus toxicodendron, Rhus venenata, Croton tiglium.*

**Desquamating eruptions** (i.e. when the skin comes off in scales): *Arsenicum album, Arsenicum iodatum, Natrum sulphuricum, Hydrocotyle, Sepia, Skookum chuck.*

**Fissuring Eczema:** *Graphites, Antimonium crudum, Petroleum*

**Suppurating or pustulant eruptions:** *Mezereum, Calcarea sulphurica, Hepar sulphuris calcareum, Juglans cinerea, Cicuta virosa.*

Other: *Psorinum, Manganum, Arsenicum sulfuratum flavum, Arsenicum sulfuratum ruber, Natrum muriaticum, Fagopyrum*

Dr. Daniel COOK presented **Homoeopathy, Its Heyday and Decline: Will It Happen Again?**: That the Flexner Report of 1910 killed Homoeopathy in the USA is a myth. In fact the number of homoeopathic graduates declined even as early as 1895. Then how did the decline happen. Dr. COOK in his talk identifies the causes. He says that neither of the two causes generally attributed to the decline of Homoeopathy in the US - the Flexner Report of 1910 and the 'fanaticism' of high potencies - are correct. What was wrong, was the education, the colleges (see Harris COULTER's **Divided Legacy**), with the result that the students learnt that pain, infections, etc. cannot be treated by a single remedy in Homoeopathy. The students received hardly any homoeopathic teaching even in such colleges as the **Hahnemann College** in Philadelphia. Those who attempted to teach Homoeopathy were opposed by the faculty members of the school and **by the 1880s the students of the homoeopathic medical schools throughout the United States were being taught virtually no Homoeopathy at all.** In 1887 a report said, 'only two homoeopathic medical colleges had even one course devoted to the teaching homoeopathic doctrine, and by one homoeopathic faculty member at each college. At one of these two colleges, the man who volunteered to teach it saw the need to teach doctrine of the **Organon**; he was told by one of the other faculty members, 'if you attempt to do this the faculty will take your head off.' The only complete course on the **Organon of Medicine** that was taught in any homoeopathic medical college between 1840-1900 was taught by James Tyler KENT at his Postgraduate School. That is why his **Lectures on Homoeopathic Philosophy** are handed down to us. As Dr. COOK said, "not because it was special, but it was the only." **So what was taught in these schools as early as the 1870s and certainly by the 1880s throughout the US and practiced by their graduates was the rejection of subjective symptoms, rejection of the totality of symptoms, rejection of the single remedy, rejection of the Organon, rejection of HAHNEMANN's three basic rules of homoeopathic prescribing, and finally the rejection of the Law of Similars itself. It was taught that contrary and similia are natural laws of healing.** Homoeopathy had already declined by the time of Flexner Report was published. Dr. COOK said that the idea that the people who were practicing with high potencies were picking on the low potency homoeopaths is a complete fabrication. **"If there is a lesson for today, it would be that the most positive action we could have to insure the future of Homoeopathy is to support genuine Homoeopathy"** The history of Homoeopathy contradicts everything else. (HT,15,6/1996)

This very interesting lecture on the history of Homoeopathy must be read in full detail by everyone genuinely interested in Homoeopathy. There is a great lesson in this for the educationists of Homoeopathy in India.

A reader responds to (HT,16,9/1996) Dr. COOK's analysis. While appreciating COOK's presentation, this correspondent says that in some points COOK has over-simplified. For example: what is 'genuine Homoeopathy'? He says that we cannot ignore the fact that Homoeopathy is healthy in Germany, England, France, India, because in those countries the homoeopaths are accepting different approaches including some that could fit within the categories like "compromised Homoeopathy, short-cut Homoeopathy, Homoeopathy with an allopathic face, etc."(!)

XXIII. Thirty-two Homoeopathy enthusiasts joined a cruise on a week-end. The cruise was sponsored by **Licensed Medical Professionals for Homoeopathy**. It included Harris COULTER, Guy HOAGLAND among others. Dr. COULTER presented **"The effect of homoeopathic thinking on allopathic medicine"**. The entire presentation was fascinating and enlightening. A particularly interesting segment covered PASTEUR's Notebooks (which were sealed for 100 years) and the conflicting Empirical and Rationalist views of immunization. Dr. COULTER shared many alarming statistics. **In countries that require vaccinations consistently and copiously, violent crime has increased nine times faster than the**

**population growth.** The increased rate of seizure disorders, asthma, diabetes, obesity, hyperactivity, dyslexia, suicide, Attention Deficit/Hyperactivity Disorder, sexual disorders, eating disorders, sleep disorders, immune disorders, drug dependence, and alcoholism since 1963 when certain immunizations became required in the United States suggests a correlation; also Scholastic Aptitude Test scores have steadily declined.

Dr.Guy HOAGLAND spoke on "**Homoeopathy and the Terminally Ill**" reminded us that Homoeopathy has a great deal to offer this group. Various remedies discussed included *Aconite*, *Arsenicum album*, *Coffee*, *Kali arsenicum*, *Xanthoxylum*, *Carbo vegetabilis*, *China officinalis*, *Opium*, and *Camphora*.

In his session on "**Homoeopathic Neuromusculoskeletal Treatment**" Dr.HOAGLAND suggested that the spontaneity, intensity, and clarity of a symptom affects the prescription. Also we must find three good symptoms on which to prescribe. Various remedies used for soft tissue, ligament, and bone problems were discussed, including *Arnica*, *Bellis perennis*, *Rhus toxicodendron*, *Rhodendron*, *Eupatorium perfoliatum*, *Bryonia*, and *Symphytum*.

Dr.Jeffrey LEVINE shared two cases: a 35-year-old man with Ankylosing Spondylitis, which was profoundly stiff and rigid, worse by motion, was prescribed *Silica* 12 without relief. *Gettysburg water* 12 and then upto 200 brought about the required relief. In another case of a 38-year-old male with degenerative disc disease and recurring Sciatica, depression and feeling trapped in life, intense back spasms worse from touch and slight pressure, intense irritability when ill, and twitching of the lower extremities, *Strychninum M* and the 6x because of his excessive coffee consumption cured. (HT,16,6/1996).

XXIV. John A. BORNEMAN, Jr. (born 1904) passed away quietly on April 6, 1996. He is the son of John BORNEMAN who started the famous homoeopathic Pharmaceutical company, John A.Borneman and Sons, Inc. of the U.S. This pharmaceutical Company survived the 1930s. This Company was bought by Boiron about 11 years ago. Julian WINSTON has reprinted a very interesting interview of his with John BORNEMAN Jr. in 1983. Lot of information of historical interest are recalled in the interview. About the **Hahnemann Hospital**, he says 'In those days it was a low potency hospital - 2<sup>nd</sup>, 3<sup>rd</sup> and 6x in most cases. The doctor would fill out the prescription and put it under a glass - like an old fashioned glass. These were sent down to the Pharmacy where they would be filled up with ten or so drops of the potencies and water and then covered with a watch glass. They would give a teaspoonful as a dose. The thing that annoyed me was that the nurses on the floor washed the glasses. If you had *Nux vomica* tincture in it the first time, you had *Nux vomica* 6x in it the next time the glass went back. The nurses did this without knowing it. I remember the "Hahnemann Cocktail". It was a drink they gave to the drunks that were brought into the hospital. It was *Nux vomica*, *Capsicum* and aromatic spirits of *Ammonia* - 10 drops of the tincture of each and a tablespoon of the aromatics. It did the trick.. . . since they used 50% ethyl alcohol as rubbing alcohol, it was a favorite drink of the orderlies and interns. When we noticed the level going down Dad would put about five or ten drops of Croton oil in it and the culprits would be in the bathroom the next day!" About the reasons for the Hahnemann College going allopathic he says that it was because they got into financial difficulties and couldn't get accreditation and there was always the pressure from 'regulars'. By the 1930s he says "there wasn't much Homoeopathy taught. There were students interested in Homoeopathy and they went to the College and after five years they were no longer in Homoeopathy. . . . They probably were never interested in the first place. They wanted a course in medicine and that is what they got... Dr.BOERICKE continued teaching the elective, but he had fewer and fewer students. I guess it went on until sometime during the War..." He says that the students got started in a specialty like Obstetrics and they never had any use for homoeopathic medication - and Dad had put them through school!... It seemed to me that they'd always get into some kind of specialty where they would never need our medication." Regarding the potencies used he says "It was all low potencies. We didn't sell enough high potencies in a year to keep us in business one day. There was no demand for it so we didn't do it. They laughed at you. Doctors would come to me and say, 'I want you to send me all the remedies this time in 3x but be sure to put some in!'"... Combinations were our salvation. As far as business was concerned, when you went into a doctor's office, he would say, "Send me #14 for Catarrh, #52 for Headache," and so on. He bought very few single remedies. Later on that changed. Now, there are very few combinations sold. I often think about some doctors who were very conservative. They would say, "This patient needs *Nux vomica*, two tablets four times a day for a week." They would put just that amount in an envelope for the patient. The idea was to get the person back. These doctors lost their practice. There were other men who bought the liquid dilutions. They had a box full of dilutions in all sorts of potencies but once they bought them they never bought them again. They'd fill the bottle up with 87% alcohol and keep using them."

Regarding high potencies BORNEMAN says that the high potencies were made by hand. He spoke of the difficulties in obtaining the source remedies - *Hydrastis*, *Chionanthus*, *Cactus grandiflorus*, etc (HT,16,6/1996) (There is lot in this for the current homoeopathic colleges and practitioners to learn from=KSS)

XXV. **The Fourth Conference of the North American Network of Homoeopathic Educators (NANHE)** met in Seattle in May 1996. Seventeen homoeopathic educators representing eleven homoeopathic programs and five homoeopathic organizations gathered to work with Janet HAFLEER, EdD, Associate Director of Faculty Development for the Medical School at Harvard University. **The theme of the seminar was curriculum development.** (HT,16,10/1996)

XXVI. The Editorial of HT,16,7/1996 gives in brief the state of legal homoeopathic practice in the USA and Europe. Historically, the practice of Homoeopathy in the US has been by medically trained physicians. The 22 homoeopathic schools that were operating in the US at the turn of the century were medical schools. The medicines themselves were regulated by the Federal Food and Drug Administration and are considered legal drug products. In England "common law" allows anyone to provide any type of health care service to anyone else, as long as they don't misrepresent their qualifications. About 15 years ago the "professional homoeopath" (non-medically trained homoeopath) grew out of the lay homoeopathic movement. Under English common law it was all perfectly legal. And the number of professional homoeopaths in the U.K. has grown. Most of the European countries have a place for the "professional homoeopath". The **European Council of Classical Homoeopathy (ECCH)** is working to establish European Union standards for such practice, and the **International Council for Classical Homoeopathy (ICCH)** is working to unify standards of training and practice for professional homoeopaths throughout the world. Similarly in New Zealand, it is "professional homoeopaths" who are offering the majority of homoeopathic care. In the US, there is growing interest in establishing a category of non-medically trained or "professional" homoeopaths as well. "Professional" homoeopathic training programmes are on the rise. The **Council for Homoeopathic Certification (CHC)** is working to establish minimum standards of competency in Homoeopathy - and its certification is available for homoeopaths regardless of their educational background/license. However, until legislation is passed at the state level, "professional homoeopaths" in the US are operating outside the law, regardless of their skill or competency.

XXVII. Report from the **NCH Annual Conference, May 1996:** "**Unusual Remedies for Unusual People - Homoeopathic Treatment of Attention Deficit Disorder**" presentation by Judyth REICHENBERG-ULLMAN and Robert ULLMAN (HT,16,9/1996): Attention Deficit Disorder (ADD) is now called **Attention Deficit Hyperactivity Disorder (ADHD)**. The ULLMANS have treated more than 300 children with this diagnosis and have written a book titled **Ritalin Free Kids**. They shared a preview of this book. There are about two million children with this ailment (in the USA?) and are on stimulants for ADHD and about twice that number diagnosed, which means **one in 30 kids is under stimulants. They said that there is a five times higher rate of stimulant prescriptions in the USA than in the rest of the world combined.** ADHD can be remembered with the mnemonic - "drifty, driven and daring". These words match the problems of attention, hyperactivity and impulsiveness which are the criteria used to make the medical diagnosis. Drs.ULLMAN gave 'tips' on casetaking, case analysis and also presented some cases.

Report on a presentation by Ananda ZAREN on "**The Wound, The Wall, and The Mask**" - **Understanding the subtle language of the Vital Force:** The Wound, the Wall and the Mask are the signal ideas ZAREN uses for case analysis and prescribing. They're her way of looking at what is happening on a patient's emotional, mental, and physical planes, and discerning the relative importance of each. It is an approach she developed partly from her own extensive practice, influenced by homoeopathic theory she learned from George VITHOULKAS, in which, "the emotional response of the patient was integrally incorporated into the symptom picture, and the essence of the individual, on an emotional level, was described and recognized." ZAREN does not prescribe on the 'wound'. To be fearful, depressed or have heart palpitations as an initial response to any stressful events can be considered "normal" and therefore she doesn't prescribe for this 'wound'. The 'wall' is the adaptive mechanism an organism adopts in order to protect itself from additional or subsequent injury and symptoms of 'wall' occur in the emotional, mental and physical planes and are good to prescribe upon. Generally all the presenting symptoms of the patient including the chief complaint, behavioral tendencies and patient's personality traits are all symptoms of the 'wall'. Constant activity, sexual dysfunction, sighing, and aversion to work are examples. The 'mask' is the further compensatory behavior - what an individual pretends to think, feel and be. The 'mask' is to project an image that is different from how the individual is actually feeling. When presenting before the homoeopath for the first time people generally present the 'wall' and the 'mask', but as rapport develops the patient begins to uncover. The body may slump with the depression or insecurity it truly feels. An alert homoeopath watches for these changes. ZAREN presented three video-taped cases.

Report on "**The Interface of Homoeopathic and Conventional Medical Paradigms**" presented by Dr.Karl ROBINSON: Dr.ROBINSON gave a brief history of the conventional medicine and the many pioneers like GALEN, William HARVEY, SEMMELWEIS, VESALIUS, et al. Most of them were not accepted by the Medical community then; it took long time to realise their greatness. Same with HAHNEMANN. It takes pretty long for the medical community accept profound and great changes for the better that are introduced by great men of medicine.

**“Carcinosinum and Scirrhinum: Their Place in Treating Chronic Disease”** presented by Dr.A.U. RAMAKRISHNAN: He said that *Carcinosin* is normally given when there is a history of Cancer in the family, less often in actual Cancer cases. He identified the symptoms which along with a family history of Cancer make him consider *Carcinosin*, as:

Tics

Naevi

Blue Sclera

History of repeated vaccinations

Craving for sweets

Disturbed sleep

Right frontal headache

Anxiety prone

Quarrelsome, obstinate; but lacks confidence

Lacks confidence, but has firm principles; moralistic fears (many), but especially death, poverty, and illness.

Sensitive, melancholic

Indecisive; mental dullness; effort to think

Dislike mental effort (compare *Argentum nitricum*)

A key mental symptom he explained as being “torn between idealism and realism when confronted with reality. Such a person may develop Psychosis. Cancer is one illness he has treated with *Scirrhinum* to help bring about remission, extend life, or improve quality of life, with or without concomitant chemotherapy or radiation. He pointed out the remedy’s many similarities to *Phosphorus*, as well as its keynote, “sinking sensation at the navel.” Above all, it is “stony hardness” that leads to the prescription of *Scirrhinum*. “Look for stony indurations, a hard neoplasm (overgrowth of new cells, such as a tumor). You’ll be feeling lumps or a gland, and it’s as though your fingers have discovered a rock.”

Stephen MESSER presented **“Potency and Dose: A Dialogue”**: Much has been said on this subject and many of the great masters have given their own experience on this, and there seems to be no point of agreement. “To cut through the confusion, MESSER’s golden rule is to stick with HAHNEMANN. Throughout the **Organon of Medicine** HAHNEMANN discusses dosing, potency and repetition in relation to acute and chronic disease; individual susceptibility; aggravation; and (a highly instructive section) experimental provings. Like the simillimum, the correct dose and potency must match the disease and the individual afresh, every time.”(HT,16,9/1996).

David Kent WARKENTIN presented **“Snake and Spider Remedies”**: He gave good information on the archetypal and symptomatic similarities of both the snake and the spider “families”. He spoke on each remedy used in homoeopathic practice emphasizing how they manifested various aspects of snake pathology:

*Bothrops lanceolatus* (Yellow viper): Moist gangrene of bitten limb. Retinal haemorrhage; inability to articulate.

*Bungarus* (Banded krait): Symptoms similar to Poliomyelitis.

*Cenchrus contortrix* (Copperhead): Lots of dreams, delusions, anxiety, suspicions, fainting.

*Crotalus cascavella* (Brazilian rattlesnake): Many delusions and fears (ghosts, alone) along with violent rage and hatred; Goitre; Erysipelas.

*Elaps corallinus* (Coral snake): Brilliantly colored but all discharges are black. Fear of rain, cravings for salads, oranges, ice, milk, buttermilk, whipped cream.

*Hydrophis cyanocinctus* (Sea-serpent): Polio and other paralytic syndromes; painful paresthesia.

*Vipera* (Viper): Affects blood and blood vessels, worse letting legs hang down; must keep legs elevated.

In the same fashion the archetypology and pathology of spiders were discussed. They weave invisible webs, entangling their prey, the metaphor clearly transfers to modern technology. (HT,16,10/1996)

Andrea SULLIVAN presented **“How a Homoeopath Treats People with Allergies”**: While allergy symptoms are common what we must look for is the the very striking modality, e.g. time of day worsening, distinct heat or chilliness, a marked craving or concomitant symptom. Itchy eyes, runny nose, sneezing, etc. are common to the allergies. If the allergy symptoms presented by the patient are ‘common’, the case has to be distinguished on the basis of personality. Fifty percent of resolving the case is observation and listening. Repertorizing the ordinary symptoms is meaningless. Of course there are cases when the physical symptoms of the allergy are important. (HT,16,10/1996)

XXVIII. **The Medical College of Pennsylvania and Hahnemann University**, which had merged last year (1995), announced that the name has been changed to **The Allegheny University of The Health Sciences**. The medical school’s name will be the **MCP-Hahnemann School of Medicine**, in conformance with the recommendation of students and alumni of both schools. Hahnemann’s history dates back to 1848

and Medical College of Pennsylvania's to 1850, when they were both founded in the same small building, at 6<sup>th</sup> and Arch streets. In 1848, Constantine HERING, Jacob JEANES and Walter WILLIAMSON joined together to rent rooms in a Philadelphia pharmacy in what is now the 600 block of Arch Street. There, with 15 students and eight instructors, they began the Homoeopathic Medical College of Pennsylvania. Of the three, HERING, is considered the "father of Homoeopathy in America". The Homoeopathic Medical College of Pennsylvania went on to merge with other local health care and educational institutions. In 1884 it became known as the **Hahnemann Medical College and Hospital of Philadelphia**. In 1862, The Female Medical College changed its name to the Women's Medical College of Pennsylvania. In 1970, it became the Medical College of Pennsylvania (MCP). **In the Board room of Hahnemann University sits portraits of HERING, JEANES, and HAHNEMANN. What would these men think of the current moves?** (HT,16,9/1996)

XXIX. Dr.Edward CHAPMAN, Editor of the JAIH says (JAIH,59,3/1996) about "**Provings**": Constantine HERING, described Provings as "the high feast of our church". He refers to two recent Provings - *Lac leoninum* and *Ficus religiosa*. The Provings were presented very much 'alive' in the sense that while Nancy HERRICK presented the lion's milk with multimedia Sujit CHATTERJEE presented *Ficus religiosa* with video film of interview with the provers. Both provings involved individuals who were part of a group and seemed to tap into the collective unconscious in tangible ways. Dr.CHAPMAN refers to the difficult task of sifting the symptoms given by the Provers, and presenting them in a form that can be understood by the homoeopaths, publishing them, retrieving the information for use in the clinical setting, etc. Modern methods of capturing the Provers' experience in the electronic media, and cases through video tapes makes the richness of Provings immediately accessible. Word search programmes allow us to search using a patient's exact words and match them in seconds to a phrase spoken by a prover describing his or her experience. At the **International Council of Classical Homoeopathy** conference in Holland an year ago the subject of Provings received top priority to the extent that the profits from their case conference (approx.\$10,000) went to establish the Materia Medica Trust. The goal of this project will be to publish the results of Provings for the international community. The current concept is to publish a file of the approximately 100 modern Provings from eight countries using Folemaker on a CD-ROM.. Each Proving will be described by how it meets a list of eighty standards that will help the reader assess the quality of the Provings.

XXX.Dr.M.L.SEHGAL has developed a unique method of remedy selection based on the Mind symptoms alone. For this technique one has to carefully go over the Repertory. Every expression by the patient, in word, action, tone, etc. is interpreted into a 'mind rubric' and the remedy is searched for in the Repertory. In a Seminar held in August 1993, he explained this. He elaborated on the remedies *Belladonna* and *Sepia*. For example, when a patient says that he wanted relief as quickly as possible, that he can't wait any longer - this is interpreted as 'Desire to be carried fast'; when the patient says that he felt that he was going to get fever but wanted to avoid it if possible, is interpreted as 'Desire to hide'; a person who does not reveal facts, deeds, affairs, actions is interpreted as 'Desire to hide'; and so on. As for *Sepia*, Dr.SEHGAL says that the rubric 'undertakes things opposed to her intentions' is the kingpin. The remedy selected through this technique is generally given in the 30 potency.

XXX. The **Revista De Homeopatia**, No.61, 3-4/1996 published by the Associacao Paulista de Homeopatia, Sao Paulo, Brazil, celebrates its 60<sup>th</sup> year and the 200<sup>th</sup> year of the founding of Homoeopathy. Articles on BOYD's Group of Remedies as also Guy Beckley STEARNS, William GUTMAN, etc. have been published. Two clinical cases are also presented.

XXXI.Joanne TAYLOR writes (HT,16,9/1996) of a local TV program in which the host was demonstrating a new way to get rid of aphids in the garden. A branch from the infected tree was cut and whizzed up in a blender with little water and strained into a spray bottle with two drops of dish soap and sprayed the tree. Isopathy! From another source: for unproductive, worn out land, use Boron in low potency. For fertiliser, use one handful of compost or manure in a bucket of rain water. Stir for one hour. This will do "many" acres. Some more of Isopathy: whiz the sick vegetation in the blender with as little water as possible; fill the blender with more water and blend again and strain into a spray bottle adding two drops of dish soap and spray. The author claims of curing a crabapple tree of fire blight and fungus on ground cover!

### XIII BOOK SHELF

[In this section books received by me for review and also some of the books procured by me on my own for study are reviewed. = KSS.]

1. **Geschichte der deutschen homoopathischen Krankenhauser. (History of the German Homoeopathic Hospitals)** by Heinz EPPENICH, Karl F Haug Verlag, Heidelberg, 1995, pp.439. hardbound. DM 120,(German)

2. **Das Psorische Leiden der Antonie Volkman, (The Psoric Disease of Antonie Volkman) by Reinhard HICKMANN, Karl F Haug Verlag, Heidelberg, 1996. pp.457, hardbound. DM 120,(German)**
3. **Der Briefwechsel zwischen Samuel Hahnemann und Clemens von Bonninghausen (The correspondence between Samuel Hahnemann and Clemens von Boenninghausen), by Martin STAHL Karl F HAUG, Heidelberg, 1997 hardbound, pp.319. DM 98,(German)**

Very important and interesting studies have been going on in Germany, Homoeopathy's birthplace. Lot of material, like HAHNEMANN's Case Registers Correspondence between HAHNEMANN and his favourite disciple von BOENNINGHAUSEN, correspondence between the Master and many patients, etc. which are all in the **Institute of History of Medicine of the Robert Bosch Foundation, Stuttgart**, are being carefully and thoroughly studied and transcribed for publication. Thus homoeopaths world-over interested in the history and development of Homoeopathy and in the pioneer homoeopaths could know and also derive material of practical use in the profession, will remain grateful to **Prof.Dr. Phil. Robert JUTTE (under whose guidance the entire project is on) and his learned colleagues, the Robert Bosch Foundation which is funding the project, and Karl F Haug Verlag who publish these volumes.**

The material in the **Institute for History of Medicine** is so much that it can keep generations of researchers quite busy. While publication of HAHNEMANN's Case Registers began in 1991 a series of publications under the major head 'Quellen und Studien zur Homöopathie Geschichte'(Source and Studies on the History of Homoeopathy) began in 1995. So far three volumes, listed above, have come out in this series. A brief review of the first two of these publications are given here:

1. The first of the series is the **Geschichte der deutschen homöopathischen Krankenhäuser** (History of the German Homoeopathic Hospitals). The study covers the period from the very beginning of the first hospital to the commencement of the first World War.

This is the first time that the history of homoeopathic hospitals in Germany has been studied thoroughly. Why has this historical, analytical study been restricted upto the beginning of the World War I? The author says that the World War period was a clear 'pass' an interval, in the history of homoeopathic hospitals and hence he ended the study at this period. Of course study of the further period after the 'pass' upto date will be taken up separately.

The main chapters of the book, besides an Introduction - which must be carefully read before going further into the main contents) are:

1. An overview of the history of hospitals
2. The evolution of Homoeopathy upto the founding of the first homoeopathic hospital
3. The important homoeopathic hospitals of Germany according to their locations.
4. Myths and Facts about the first German homoeopathic hospitals.
5. Lesser-known homoeopathic hospitals
6. Mental Institutions and their relationship to Homoeopathy
7. Founding of doubtful homoeopathic hospitals
8. Comprehensive considerations with comparative criteriae
9. Concluding observations.

These chapters cover 230 pages. Then follow:

1. Biographical data of the chief homoeopathic physicians of the hospitals
2. Documents:
  - Spelling out the "plans" - the organisation etc. - of the Leipzig hospital
  - A Case Record of the first hospital of Leipzig
  - Rules and regulations of the second homoeopathic hospital of Leipzig
  - A homoeopathic Ward in the Berlin Elizabeth Hospital
  - Surgery and Homoeopathy in the Berlin Homoeopathic Hospital
  - Selected Cases from Arthur LUTZE's Case Register
  - Arthur LUTZE's practical directions on mesmerisation
  - Remarks of Peter Meinhoff BOLLE on his method of treatment of injuries
  - Heinrich WITTFELD's homoeopathic treatment of mental patients
  - Description of the private mental institution of WITTFELD

These are followed by extensive, over 100 pages, 'annotations' to the text which are quite comprehensive and valuable; and then 36 pages of 'bibliography' which makes the book a valuable reference work; and 12 pages of Index of Personalities appearing in the text; 48 pictures of personalities and places - almost all rare ones - add to the richness of the book.

HAHNEMANN's role in the founding of the hospitals, the internal quarrels, circumstances that lead to the closure of the hospitals, are all clear. Lot of information not known earlier, at least to me, are found in this work, e.g. that the second hospital in Leipzig (1867) was possible through initiation of subscriptions from Dr.GALLAVARDIN of Lyon, France.

A complete and thorough book, containing facts of history supported by authentic bibliography. A valuable addition to the early history of Homoeopathy.

2. **Das Psorische Leiden der Antonie Volkmann, Edition und Kommentar einer Krankengeschichte aus Hahnemanns Krankenjournalen von 1819-1831, by Dr.med.Reinhard HICKMANN. Karl F.Haug Verlag, Heidelberg:** Richard HAEHL's "Samuel Hahnemann, His Life and Work" has this reference to Prof. Dr.VOLKMANN (1772-1856): "On the attempt being made by the apothecaries and several doctors to drive Dr.Hahnemann by force out of Leipzig, Dr.Volkmann, Town Clerk of Leipzig, determined to enter a protest against it at the Appeal Court of Dresden. This appeal was signed also by Dr.Lindner and forty others citizens of Leipzig and sent in to Dresden. The Town Council of Leipzig was therefore on Hahnemann's side. The result of the protest was that Hahnemann was able to remain in Leipzig until Prince Anhalt-Dessau called him to Koethen with the title of Privy Councillor and Royal Physician."

Dr.E.H.SCHMEER wrote (AHZ,234,4/1989) that HAHNEMANN presented to Prof.VOLKMANN a special edition of **Organon II** in Velin paper, as a token of his appreciation. Out of the 1005 copies that were published five were in Velin paper. The friendship between HAHNEMANN and the VOLKMANNs will be clear from this. By a fortunate coincidence, while researching for this book HICKMANN came to meet the descendants of Dr.VOLKMANN and could obtain otherwise unavailable biographical information about ANTONIE VOLKMANN which clarified and complemented information available from the Case record.

The chapters in this book are:

1. Hahnemann and the family Volkmann. Family chronicles; Personal correspondence with her husband; entries in the Case records D18 - D36 and original letters.
2. Hahnemann's situation during the years 1819 - 1831. The Leipzig period; The Koethen period.
3. Editions of pathography. The case records, D19 to D36; and personal correspondence (these constitute the major part of the work - nearly 350 pages).
4. Discussion of the Study - What forms of therapy were used for Antonie Volkmann? How high were the potencies. Hahnemann and medicine preparation., trituration, dilutions, Globules. Modes of administration: liquid; dry; olfaction. Sub-heads under Indications: Antisycotics; Antisyphilitics; Antipsorics; Specifics in fixed diseases; Acute remedies. Placebos and blank powders. Blank powders without globule and with unmedicated globule. Diet and lifestyle. Coffee banned. Diluted wine instead of lemonade. Removal of the hindrances in lifestyle. Mesmerism. Magnetism. Electricity. Hydrotherapy. Immersions (baths). Cold baths. Walk therapy. Conversation therapy. Plaster. Acceptable external applications; Clysters.
5. Questions posed:
  - i. How did Homoeopathy develop during this period?
  - ii. Is Hahnemann's treatment in accordance with his writings?
  - iii. To what extent could the experience with A.Volkmann influence and develop the theory of chronic diseases?
  - iv. How is the therapeutic result judged?
6. Summary.

HAHNEMANN used many of his own abbreviations and the author of this study has 'decoded' these, e.g. 'S.c.c.' is Sal cornu cerci, which is *Ammonium carbonicum*, and 'Cch' is Cortex chinae, *China* or *Conchae*.

The Appendix also carries the chronological list of the prescriptions, and a list of the medicines employed. Another interesting part of the Appendix is the symptoms of VOLKMANN that have been included in the **Materia Medica (Chronic Diseases)**.

A good part of HAHNEMANN's practice was by correspondence. This is clear that in 1831 HAHNEMANN noted excerpts from the letters; he underlined in the original letters the important symptoms to be taken into consideration for prescription of medicine and for replying. Thus the cases handled by HAHNEMANN per day was quite high. This is also evident from the 54 case registers as also the large amount of letters, - there are about 4000 letters in the **Institute for History of Medicine, Stuttgart**. The pathography of ANTONIE VOLKMANN is from HAHNEMANN's case registers D18 - D29 and D34 - D36, as also nine complete letters addressed to HAHNEMANN.

It is interesting that during this period HAHNEMANN used potencies upto 90 centesimal. Many interesting information that we gain from this research work are HAHNEMANN's experiments with the size of the globule, portraying the anamnesis, prescribing of blank powders, olfactory medicines, in-take of medicines during menstruation, dietary and life-style instructions, on Mesmerism, treatment of fixed diseases, Cholera prophylaxis, etc. during HAHNEMANN's daily practice. Overall HAHNEMANN's practice was as laid down by him in his books.

The treatment of ANTONIE began in 1819. It is clear from the Case Register that the 'Miasm' theory with Psora as the fundamental idiosyncrasy of pathology, had already been confirmed by HAHNEMANN in his treatment of patients. Although the **Chronic Diseases** was published only during the period 1828-1830,

HAHNEMANN was already, since some years, engaging himself in this area. “. . . . and to gain an insight more nearly correct and, if possible, quite correct, into the true nature of the thousands of chronic diseases which still remain uncured, despite the incontestable truth of the Homoeopathic Law of Cure, this very serious task has occupied me since the years 1816 and 1817, night and day” (**Chronic Diseases, Vol. I.**)

The further enlargement of the **Materia Medica**, the theory and practice of **Chronic Diseases**, the refinement of HAHNEMANN's technique through experiments with the high potencies, medicine preparations and dispensation, etc. are all clear from this study.

The entire book is scholarly, analytical, thoroughly researched and covers a very important period of HAHNEMANN's life and has to be studied thoroughly and carefully

**PART - II**

*(In Part II, Condensation/Extracts of selected important articles are given)*

**I. DYNAMICS OF PROVINGS**

SHERR Jeremy (The Dynamics and Methodology of Homoeopathic Provings )(Seminar with Jeremy Sherr - Bombay January 1995)

**The necessity for Provings**

Provings are the pillars upon which homoeopathic practice stands. Without accurate provings all prescribing indications are bound to be vague guesses at best, and pure fiction at worst. There is no other way to predict the effect of any given substance as a remedy with any degree of accuracy, and the use of signatures, toxicology or fancy ideas cannot approximate the precise knowledge gained by a thorough proving. As HAHNEMANN says in the Organon, paragraph 21:

...therefore, we have only to rely on the morbid phenomena which the medicines produce in the healthy body as the sole possible revelation of their in-dwelling curative power,...(1)

and Para 110:

...for the pure, peculiar powers of medicines available for the cure of disease are to be learned neither by any ingenious a priori speculations, nor by the smell, taste or appearance of the drugs, nor by their chemical analysis.(1)

All the above gives us good reason to conduct thorough and comprehensive provings. However, as we are already blessed with so many remedies, how could more provings help homoeopathy? The materia medica is full of underused minor remedies. Another remedy could be seen as an extra burden on our overcrowded materia medica and repertories.

Even HAHNEMANN himself, in Chronic diseases, suggested that proving new remedies would not solve all our problems.

What was the reason for the thousands of unsuccessful endeavours to heal the other diseases of a chronic nature so that lasting health might result? Might this be cured, perhaps, by the still too small number of homoeopathic remedial means that have so far been proved as to their pure action? The followers of homoeopathy have hitherto consoled themselves; but this excuse or so-called consolation never satisfied the founder of homoeopathy-particularly because even the new additions of proved valuable medicines, increasing from year to year, have not advanced the healing of chronic(non-venereal) diseases by a single step.(2)

What HAHNEMANN means in this context is that without the true understanding of their nature of disease and cure, it will not really help to know more remedies. Vast knowledge of materia medica is only one aspect of homoeopathy and no substitute for philosophy. It was HAHNEMANN's real intention that we go on producing quality provings, as stated in Para 145:

Of a truth, it is only by a very considerable store of medicines accurately known in respect of these their pure modes of action in altering the health of man, that we can be placed in a position to discover a homoeopathic remedy, a suitable artificial (curative)morbific analogue for each of the infinitely numerous morbid states in nature, for every malady in the world. (1)

And in a footnote to the same paragraph:

But what shall we not be able to effect in the way of accruing in the whole extent of the infinitely large domain of disease, when numbers of accurate and trustworthy observers shall have rendered their services in enriching this, the only true materia medica, by careful experiments on themselves! The healing art will then come near the mathematical sciences in certainty. (1).

He explains that, in a case where the similimum has not been proved, we will be forced to prescribe less accurately:

It sometimes happens, owing to the moderate number of medicines yet known with respect to their true, pure action, that but a portion of the symptoms of the disease under treatment are to be met with in the list of symptoms of the most appropriate medicine, consequently this imperfect medicinal morbid agent must be employed for lack of a more perfect one. (1) Para 162.

Therefore, when a new remedy is proved reasonable well, it will cure a class of cases that until then could only have been partially covered by existing remedies. For example many *Scorpion* cases were previously prescribed the very similar *Anacardium* or *Platina* with limited success, which also often leads to the unfortunate incorporation of "borrowed" data into the similar remedy, resulting in a distortion of our materia medica. Once homoeopaths get to know a newly proved remedy it will be utilised more and more, because nothing else can take its place, just as nothing can take the place of *Lachesis* or *Pulsatilla*.

How many of us have seen a really excellent cure with *Lachesis*? I often reflect that if HERING hadn't proved *Lachesis* we would have had to give *Nux vomica* to *Hyoscyamus* with less than satisfactory results. In fact, what if HAHNEMANN had only conducted 25 provings? We still rely heavily on HAHNEMANN's provings because they were quality work. I was recently asked by a student, "How did HAHNEMANN know which remedies to prove, as most of his remedies have become such polychrests?" The answer is not in the selection of the substance but in the quality of the proving. A thorough proving will produce a well-rounded remedy. To my mind one good proving is worth ten superficial ones.

KENT says:

The materia medica is to be developed by careful and thorough proving of new drugs; we repeat careful and thorough provings, for most of the modern provings are worthless, having been carelessly and improperly made. One is afraid to prescribe upon them; afraid to trust valuable lives to such careless work. How differently do we feel when we prescribe on the old, reliable remedies. The security begets quiet reliance and success crowns our efforts. (3)

As time has passed since the days of HAHNEMANN, so provings have deteriorated in quality. HERING, WELLS and other 19<sup>th</sup> century homoeopaths conducted great provings, but since KENT's time the quality has gradually diminished. Many of the provings conducted in the 20<sup>th</sup> century have lacked the refinement of earlier provings. New provings, such as are found in the books of STEPHENSON and JULIAN, contain many useful symptoms but they often lack detail, especially of mental symptoms.

Thus we have a few hundred really thorough provings, the rest of the materia medica being composed of partial provings or toxicological reports. Many of the remedies in BOERICKE's *Materia Medica* or the *Synthetic Repertory* have had scanty provings or no provings at all, leading to a proliferation of common symptoms as opposed to strange and characteristic symptoms.

In his Lesser Writings KENT states:

The record of symptom derived from cases of poisoning, is the poorest kind of evidence for the homoeopathic materia medica. They are useful only as collateral evidence. (3)

and also:

Your cannot count twenty five decent provings since HAHNEMANN. They leave out what they call imagination and put in morbid anatomy. (3)

From this we can see the obvious need to expand our materia medica upon a firm basis.

However, apart from the expansion of materia medica, there are also other reasons which should encourage us to participate in provings.

Most of our time as homoeopaths is spent examining people from behind a desk, studying or working on cases, largely on an intellectual pursuit that does not involve the whole being. Taking part in a proving opens a gate way to a more direct experimental side of homoeopathy.

Learning about Oneself.

But the best provings of the pure effects of a simple medicine in altering the human healthy, and of the artificial diseases and symptoms they are capable of developing in the healthy individual, are those which the healthy, unprejudiced and sensitive physician institutes on himself with all the caution and care here enjoined. He knows with the greatest certainty the things he has experienced in his own person. (1) Para 141.

In a proving one gains direct knowledge of the inner nature of the remedy. To actually 'be' a proving rather than to just read materia medica is a totally different experience. Without provings homoeopathy becomes mainly an intellectual pursuit devoid of a real experiential base.

In a proving one becomes the remedy. The spirit of the remedy invades the very centre of our being and prevails on every part of the economy, just as a virus takes over a cell nucleus and from there directs the entire cell to its own purpose. Thus we become the remedy and the remedy becomes us. This is the deepest level at which one may gain intimate knowledge of *materia medica*.

Provings are the shamanic aspect of homoeopathy. Shamanism is the medicine of direct experience. Traditionally, shamans or healers experimented with different drugs, thus enhancing their understanding and consciousness as well as gaining direct knowledge of the medicines. In Richard Grossinger's book *Planet Medicine* he contrasts shamanic practices with orthodox medicine throughout history. As an anthropologist Grossinger examines these practice in great depth, seeing homoeopathy as contemporary shamanism.

Through experiencing the new artificial persona of a remedy we travel to inner places that we would never otherwise have encountered, unlocking hidden corners of our natural make-up. Thus we learn as much about our internal landscape as any traveller would learn of the various countries he or she passes through.

Again by such noteworthy observations on himself he will be brought to understand his own sensations, his mode of thinking and his disposition, (the foundation of all true wisdom...) (1) Footnote to Para 141.

Isn't that an interesting sentence? This means that by doing a proving you may come to know yourself, realising your inner being. This knowledge, true self-knowledge, is the foundation of wisdom. A proving illuminates an inherent part of ourselves that is yet unexplored. Any sensation or phenomenon arising during a proving is but a seed that has always existed within us, a seed that has never before germinated and flowered. Just as the sun and rain nurture the seedling so the proving fosters the embryonic side of our nature. This we gain insight into a previously hidden aspect of ourselves. Simultaneously we may also perceive an aspect of the natural universe previously hidden from us. Thus if we prove *Scorpion* we experience the inner perspective of a scorpion. If we prove *Silica* we experience the inner nature of a rock or a grain of sand. This knowledge cannot be gained from books. Reading and understanding remedies can never reproduce the direct experience of a proving.

HAHNEMANN continues:

...and he will also be trained to be, what every physician ought to be, a good observer. All our observation on others are not nearly so interesting as those made on ourselves... He who makes these trials on himself knows for certain what he has felt, and each trial is a new inducement for him to investigate the powers of other medicines. (1)

That means that every time we do a proving we feel like doing more, I look forward to doing a proving because I know it is a learning experience without comparison. Sometimes it is great fun, and sometimes it is lousy and one suffers. Either way it is an adventure.

Lastly, conducting a proving with a class of student is one of the best ways of learning the philosophy and structure of homoeopathy, providing great insights into the power of nature through medicine and the various responses of our defence mechanism. Thus I have no doubt that provings should be an essential part of every homoeopathic programme.

Life Experiences

As learning can only be gained through new experiences, and since a proving by definition is a new experience, it will result in learning, or as the popular term goes, in growth. When one learns, one grows harder, more robust, better able to protect oneself.

The difference between a proving and a crude life experience lies in the potency and force. Gain and pain produce each other. A lesson learned on the mother tincture level can be very strong or violent and may cause severe damage. If we experience vexation, grief, food poisoning, thunderstorm or a snake bite, we may learn at the expense of a fair amount of damage. This is similar to vaccination, we gain some immunity at a high price. However if the life experience is a gentle dynamic force - as in a proving - then it is unlikely to cause any lasting damage. In a dynamic disease such as measles, or in a dynamic proving one learns in a subtle way, later bouncing back to health with added knowledge on immunity. The process is analogous to a harsh and inept teacher compared to a gentle and understanding one.

One exception to this learning process is in the case of a prover who by chance receives the than simillimum, in which case rather than a 'learning', a non-experience occurs, a melting or forgetting. This is like the saying that, "In pursuit of learning everyday something is acquired, and in the pursuit of Tao everyday something is forgotten." (4)

When we receive a simillimum we forget. We forget our pains, our desires, our aversions. We become unaware of our parts. "When the shoe fits the foot is forgotten." or as Kent says:

If there were no disturbing influence in the interiors of man he never would have symptoms. As you sit there in your seats in a perfect state of quietude or tranquillity you are not conscious of your eyes, of your limbs, of your hair. You have to stop and think whether you feel or not. When all the functions are carried

on in a perfectly orderly way you have no consciousness of your body, which means that you are in freedom. When not in freedom the individual says, "I feel" (5)

#### Fear of Provings

...the best plan is for the medical man to make his experiments on himself; if he does so he gains a great advantage in the accuracy of the symptoms, in acquiring habits and powers of observation, and his health, far from suffering, in the long run will be much benefited by the trials.(6)

A proving properly conducted will improve the health of anybody; it will help to turn things into order. It was Hahnemann's advice to young men to make provings. (5)

It is not so strange that so many homoeopaths have apprehension about doing a proving. One thinks, "If I do a proving it will damage my health, I will be sick and suffer - who needs it?" It is true, one may suffer, but you have to suffer if you want to sing the blues! A bit of gentle suffering here and there will help us to grow, and will even improve our health. Hahnemann says:

Let it not be imagined that such indispositions (i.e.putting out of position - J.S.) caused by taking medicines for the purpose of proving them can be in the main injurious to the health. Experience shows on the contrary, that the organism of the prover becomes, by these frequent attacks on his health, all the more expert in repelling all external influences inimical to his frame and all artificial and natural morbid noxious agents, and becomes more hardened to resist everything of an injurious character, by means of these moderate experiments on his own person with medicines. His health becomes more unalterable; he becomes more robust, as all experience shows. (1) Footnote to Para 141.

After each of the provings I conducted, I asked all the provers if they felt they had benefited or were damaged by the experience. In the vast majority(80-90%) cases, people felt they had benefited, and most were willing and eager to do another proving.

However it is true that a small number of provers do not emerge unscathed. Usually these sufferings do not last long, but on rare occasions I have known problems to last for months or even years. This serves to remind us that conducting a proving is no light task and should be undertaken with full care and responsibility, the safety of the provers being our main concern at all times.

The investigator or the investigation team should discontinue the provings if in his, her, or their judgement, the proving, if continued, be harmful to the subject.(7)

The crucial factors are choosing relatively healthy people, and not repeating the remedy after symptoms appear. Supervision should last until the symptoms abate, and for this reason I am wary of short term provings with no long term follow-up.

Another reason that most homoeopaths these days are reluctant to participate in provings is because they are so entrenched in their ongoing constitutional treatment. They imagine that this proving interlude will arrest their search for the "Holy Grail", the simillimum that leads to health and enlightenment. A brief interval should not hinder their progress, and many have been surprised to find that the proving achieved better results than all their previous treatments! Provings are homoeopathy's gift to the homoeopath, a gift we receive once we embrace the unknown.

#### Types of Provings.

There are two extremes methods of proving one can undertake, with many variations in-between. On one hand there is the highly organised, accurate and thorough proving on a large number of people, the purpose of which is fully to unfold the knowledge a new remedy in its totality, including physical, mental and emotional symptoms over a considerable period of time. The result is included in the materia medica and repertories of clinical confirmation. Thus the information is made available for posterity so that homoeopaths may use it with confidence and in perpetuity. A project such as this must of course be undertaken with extreme care and thoroughness. The methodology of such a proving will be addressed in detail in the second half of this book.

At the other end of the spectrum is the 'informal' or partial proving. This may be a proving on oneself or with a couple of friends, on a patient, or with a study group. This kind of proving is undertaken in order to gain direct inner experience of remedy, either personally or as a group, and is not always intended or suitable for publication. It is often a proving of an existing remedy. There are the provings many homoeopaths of old did. Perhaps they woke up on a busy Tuesday morning and thought, "Nothing much happening today, only 40 patients to see and a couple of articles to write, I may as well pop a remedy and experience a minor proving!" And so they would enter upon a small self-proving. In the early provings we often find - "Dr.Jones had difficulty attending his patient today as he couldn't stop laughing", or "he felt nausea etc." This is the kind of proving one can do at any time.

Between these extremes are many shades of grey. A proving can be conducted with a study group or at a seminar by having each student take a single dose a few days before or during class, then comparing experiences. These provings often concentrate on dreams and mental symptoms in an endeavour to

uncover the deeper meaning of the remedy. This method has been practised extensively by Jurgen Becker in Germany and adopted by other contemporary teachers. The idea is to discover the main unconscious theme of the remedy during the seminar proving. This is further enhanced by discussing the experience with the group to air and formulate the central ideas.

The advantage of this method is that it may be a short cut to an inner essence of the remedy. The large number of homoeopaths gathered are ideal of a short proving. On the other hand we may miss the larger totality of physical, general and long term symptoms which constitute a whole proving, somewhat like eating the cherry and icing without the cake. These physical and general details may seem dull in comparison to mentals and dreams, but they are an essential part of the homoeopathic remedy. The complete totality of symptoms is the surest guide in the search for the simillimum.(See 1. Para 7)

Another reason for partial provings is to enable a remedy to be "legalised". Some countries accept remedies that have been proved, and therefore it is legally useful to do a short proving for a remedy to gain entry into the pharmacopoeias.

By far the most frequent provings however are those done inadvertently by patients receiving a dissimilar remedy. The prescriptions will naturally produce proving symptoms in the sensitive patient. (See the Organon Para 156 and 256) This is an extremely common occurrence, and a valuable source of symptoms. Unfortunately these are often mistaken for aggravations, healing crises, return of old symptoms or "everything coming out".

All these methods represent an array of approaches as wide and often as controversial as homoeopathy itself. Each has a different purpose and all are valid and useful ways of enriching the homoeopathic experience.

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Full names and addresses of the journals covered by this Quarterly Homoeopathic Digest are given below for further reference:

1. ACD: Archiv fur Homoopatik, Dynamis-Verlag, Am Vogelherd 18, 46147 OBERHAUSEN, Germany.
2. AHZ: Allgemeine Homoopathische Zeitung, Karl F. Haug Verlag, Huthig GmbH, Im Weiher 10, 69121, HEIDELBERG, Germany.
3. BHJ: British Homoeopathic Journal, 2, Powis Place, Great Ormond Street, LONDON, WC IN 3HT, U.K.
4. CCR: Homoeopathic Clinical Case Recorder, Phule Road, Maliwada, AHMEDNAGAR 414 001, India.
5. CCRH: CCRH Quarterly Bulletin, 61-65, Institutional Area, D-Block, Janakpuri, NEW DELHI - 110 058.
6. CGH: Cahiers du Groupement Hahnemannien du Docteur P.Schmidt, Medecin et Hygiene, 78, avenue de la Roseraie, Case 456, CH-1211, GENEVA 4, Switzerland.
7. HH: Homoeopathic Heritage, B.Jain Publishers Pvt. Ltd., 1921, Street 10th, Chuna mandi, Paharganj, Post Box 5775, NEW DELHI - 110 055, India.
8. HNL: Health News Letter, Centre for Homoeopathic Cure, 13, Om Apartment, Tilak Road, DOMBIVLI(E) - 421 201.
9. HOM: The Homoeopath, Journal of the Society of Homoeopaths, 2, Artizan Road, NORTHAMPTON NN1 4HU, U.K.
10. HP: Homoeopathy in Practice, Homoeo Vasam Publications, 15, I Main Road, Lake Area, Nungambakkam, CHENNAI - 600 034.
11. HT: Homoeopathy Today, National Center for Homoeopathy, 801, North Fairfax Street, Suite 306, ALEXANDRIA, VA, 22314, USA.
12. HUD: Homoeopathic Up Date, B.Jain Publisheres Pvt. Ltd., 1921, 10th Street, Chuna Mandi, Paharganj, Post Box 5775, NEW DELHI - 110055
13. IJHM: Indian Journal of Homoeopathic Medicine, CMP Homoeopathic Medical College, N.R.Gadkari Marg. Irla, Vile Parle (W), MUMBAI - 400 056. India.
14. JAIH: Journal of the American Institute of Homoeopathy, 23200, Edmonds Way, # A, EDMONDS WA 98026, USA.
15. JH: Journal of Homoeopathy of Northern India. The Association for Scientific Research in Homoeopathy. 108, Mabarik Kothi Area, Street No.1, Sangrur, Punjab - 148 001.
16. MPH: Medicina Futura Homoeopathy, 1-2-217/7, Gaganmahal Road, HYDERABAD - 500 029. India.
17. NAMA: Namah, The Editor, Sri Aurobindo Society, Pondicherry - 605 002.
18. NEJH: New England Journal of Homoeopathy, 356, Middle Street, AMHERST, MA 01002 USA.

19. QHQ: Quinquina Homoeopathic Quarterly, Sri Sathya Sai Publications, Main Road, TALIPARAMBA - 670 141.
20. RBH: Revue Belge D'Homeopathie, Dr.J.Alaerts, Av., Cardinal Micara, 7, B-1160, BRUSSELS Belgium.
21. RH: Revista De Homeopatia, Rua Dr. Diogo de Faria, 839 - CEP 04037-002, Sao Paulo - SP - BRASIL.
22. ZKH: Zeitschrift fur Klassische Homöopathie, Karl F.Haug Verlag, Huthig GmbH, Im Weiher 10 69121, HEIDELBERG, Germany.