

CENTRE FOR EXCELLENCE IN HOMŒOPATHY

CONTINUING HOMŒOPATHIC MEDICAL EDUCATION
SERVICES

QUARTERLY HOMŒOPATHIC DIGEST
VOL. XVI, 1999



**Lead me from Untruth to Truth
Lead me from Darkness to Light
Lead me from Death to Immortality**

Adyaya I Brahmana 3 Mantra 28
Bṛhadāranyaka Upaniṣad

(This service is only for private circulation. Part I of the journal lists the Current literature in Homœopathy drawn from the well-known homœopathic journals published world-over - India, England, Germany, France, Belgium, Brazil, USA, etc., discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.)

Compilation, translation, publication by

Dr.K.S.Srinivasan,
1253, 66th Street,
Korattur,
Chennai - 600 080, India.

INDEX

S.No	Topic	Page. No.
1	QHD, VOL. XVI, 1, 1999	3
3	QHD, VOL. XVI, 2, 1999	46
2	QHD, VOL. XVI, 3 & 4, 1999	88

Dear Reader,

The Quarterly Homoeopathic Digest (QHD), was begun in 1984. It carried some 'selected' articles from the standard journals like the British Horn. Journal, the Journal of the Am. Inst. of Horn., the German Journals, etc. This was done in response to requests by some colleagues in their personal talks with me; most of them did not have access to these journals. While a nominal cost was collected from some of the readers, which took care **only** of a **part** of the actual costs incurred, the entire work of selection of articles, translation, typing them, having them printed, proof- reading, etc. etc. were all done single-handedly with the assistance of my wife. Bulk of the expenditure was from my purse. In due course the number of pages of the QHD began to slowly swell; the printing etc. also became computerised and laser-type set, etc. Another important change was that the entire range of articles in the standard homœopathic journals came to be listed under appropriate disciplines like Philosophy, Materia Medica. etc. : also all the books reviewed in these journals, as well as Seminar notes, etc. were covered, by way of listing the articles, and furnishing a brief abstract/extract. This way we have a view of the state of Homoeopathy world-over and are alive to what is happening around in the homœopathic world. **Those who were interested in particular articles could have their copies from me for their personal study.** Sometimes an article or two considered good, were also given in full. As told already **a good part of the cost continues to be borne by me.** I am not complaining of this. It's alright. **The only aim of the QHD is that homœopaths benefit from it.** Of course this number is only so much that it can be counted on one's fingertips! Let this too, be.

The QHD is now in its 16th year. You will realise that the QHD is unique in the world of homœopathic literature. You will kindly keep in mind that I am a homœopath professional: and the QHD work is carried out in the little time that may some days be available to me after my clinical hours. The amount of valuable material now available in the 16 years' of QHD is tremendous indeed. Lest this be lost to the general homœopathic community I have proposed the following:

1. Publish the homœopathic medicinal provings - new as well as re-provings - in a book form. The last Materia Medica containing new material, to the best of my knowledge, is O.A.JULIAN's; the one before that was James STEPHENSON'S. Many new as well as re-provings have been published in different journals - English, German, etc. - and these lie scattered in different journals and are not easily accessible. I have collected over 80 provings including genuinely hahnemannian. and clinical provings. These are valuable. I propose to publish these. The work is on.

2. The **great teacher of Homœopathy of this Century, Dr.Pierre SCHMIDT**, in the footsteps of KENT, has left a large legacy; his many articles on all aspects of Homœopathy have appeared in the European and International journals, some of which have appeared as reprints in the Indian journals like The Hahnemannian Gleanings. Some of his lengthy lectures like the Art of Case Taking and Interrogation, Defective Illness, etc. have appeared as booklets too. I have ventured to collect **all** the articles which appeared in The Hahnemannian Gleanings, the Homœopathic Heritage, as also some that appeared in the German journal and from the Collected Works (from the many lectures which Dr.P.SCHMIDT gave to his students of the "Groupement Mercurius du Dr.P.Schmidt"), published in French recently by Dr.Jacques BAUR of Lyon. This collection of mine includes The Art of Case Taking as also Defective Illness etc. To these works of Dr.SCHMIDT, I have added some of the articles of Dr.T.P.PASCHERO. This collection of SCHMIDT and PASCHERO, I consider as a great treasure and will help us currently in confusion with so many "teachers' teaching variations of what is generally thought of as 'classical Homœopathy'.

This work is under preparation. Those interested in this collected works, may please write to me

3. The experienced masters have conveyed lot of hints, tips, additions, etc. on Materia Medica, in their various articles. Seminars, published in the journals, **which are not as such available in the Materia Medica books generally used by us.** I have been collecting these gems. I would like to clarify that my collection is not from the "Great Old Masters' like ALLEN. LIPPE. KENT. etc. Mine are mostly from the later period. This too, I propose to publish.

I would like to stress again that these are not publication ventures; I am not a book publisher or a trader in any sense. I am, first and foremost, a homœopath and I also teach a small group. The above works are for our study in the **Centre for Excellence in Homœopathy**. I thought that other homœopaths may also be interested in the study of these. So. I await your reaction.

Yours in homœopathic service,
K.S.SRINIVASAN

1.QHD, Vol. XVI, 1, 1999

PART I- CURRENT LITERATURE LISTING

Part I of the journal lists the current literature in Homoeopathy drawn from the well-known homeopathic journals published world-India, England, Germany, Brazil, USA, etc.,-discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.

I.PHILOSOPHY

1.A Few Thoughts about Receiving the Case NORLAND Misha (HOM, 69/1998)

A brief thought-provoking essay about the 'stumbling blocks' to the therapeutic effectiveness once the basic tenets of homoeopathic treatment and case management have been met. These are, according to HAHNEMANN, indulgence in transcendental speculation, and prejudice. The 'right attitude' to case receiving is briefly discussed.

II. MATERIA MEDICA

1. A Proving of *Parthenium hysterophorus l*, MAISHI Arif Ismail, SHOUKAT ALI P.R., CHAGTAL S.A., KHAN Gizala (BHJ, 87,1/1998)

Parthenium hysterophorus belong to the family Asteraceae (compositae), many plants of which are capable of causing allergic contact dermatitis. *Parthenium hysterophorus* was introduced to india in the 1950s. its dermatitis causing tendency was first reported by RANADE and others. FORNAIS, DUEANS and SLEIGHT had earlier undertaken its proving on human beings as well as on a few animals, we have re-proved *P.hysterophorus* in Indian conditions, particularly those prevailing in the northern part of the country, and have compared our findings with those of FORNIAS, DUENAS and SLEIGHT. Some important characteristic symptoms such as Dermatitis, Eczema, itching, sides of neck, part of face, "V" of neck, front of elbows and backs of knees (antecubital and popliteal fossae), allergic rhinitis (hay fever), breathlessness (resembling Asthma) have not previously been reported. We also found that *P.hysterophorus* causes diarrhoea, severe popular erythematous eruptions, breathlessness and Chocking which sometimes causes the death of animals.

The non-occurrence of these symptoms outside India may be attributed to the climate differences and also to the susceptibility of persons. P.hysterophours occurring here belongs to a strain which is more virulent than the form found outside India.

2. Toxicology of Ixodea ricinus, the European tick BONNET M.S.(BHJ,87,1/1998)

This paper is a summary of studies of the European Castor Tick *Ixodes ricinus*, and its toxicology. A Materia Medica based on the human envenomation by *Ixodes ricinus*, is provided. [In the earlier numbers of the BHJ, the Materia Medica of *Atrax* and *Androctonus* compiled on the basis of human envenomation have been given by this author=KSS]

3. North American Raven-*Corvus corax Principalis*(sanguis)-a new proving of the Blood of a North American Raven BEDAYAN Greg, JACKSON Jessica, BAKER Kim, (AH, 1998)

The Raven in Folklore is interestingly told by Greg BADAYN. The ‘proving’ was with the 30c. The “Raven Themes and Chronology” have been extracted by Jessica JACKSON, and this is followed by the “Rubric”. ‘Mentals’ which include the ‘Dreams’ appear to predominate.

A new medicine in the Homoeopathic Materia Medica; the profession should verify the ‘proving symptoms’ so as to obtain ‘confirmatory’ symptoms.

4. Hahnemanns Vermachtnis, der
Chinarindenversuch-1997
(HAHNEMANN’S legacy, the china bark
Experiment-1997)
BARTHEL, P.(ZKH,42,1/1998)

Impelled by the report by E.HABERMANN. Lecturer in clinical Pharmacology, Gieben, who announced in the **Deutschen Arzteblatt** 94, Heft 26, 28.6.97, that he did an experiment with the *Cinchona* bark during the course of a lecture of 45 minutes duration, and there happened nothing to report about, P.BARTHEL undertook a ‘proving’ on himself with *China* bark and within 20 minutes of the first ingestion of the medicine observed the first reaction. BARTHEL followed HAHNEMANN’S model with regard to the quantity of the medicine to be taken.

Self-experiment with *China* bark, 25.9.1997

Time

16.00 Takes 15 Gramm finely pulverised *China* bark

16.20 sudden perspiration in a glass water. in the forehead

16.30 voice husky, head dull, "heaviness" dull, light headache in the middle of the forehead for 2-3 minutes

16.40 severe overpowering recurrent yawning; unusual tiredness

17.00 Nausea without vomiting

17.30 Palpitation, Pulse accelerated (from 60 to 100), Pulse hard, hands trembling. Face pale; Weakness of the hands and legs as after much exertion, "let things be"!; slight apprehension (anxious feeling); Perspiration all over the body.

18.00 Trembling and nervous; Pulse 80; slight headache right and left temples; Perspiration little; again tiredness; Face very pale.

18.30 Trembling over, Pulse 70

19.00 Desire to eat something, but knows not what; "sick", but without retching; restless feeling.

19.40 Slight stitching headache in the right and left temples; slight burning in the eyes.

21.15 After the supper griping in the left upper abdomen below the costal arch.

26.9.1997

03.00-05.00: Sleeplessness and rising up and walking around (this has never before

occurred).

III. THERAPEUTICS

1. Problem Child

KARNAD Sudha (NJH,7,1/1998)

A learned and experienced Psychologist discusses the so-called 'problem child' and explains that many of the 'problems' are not actually the child's; the child's behaviour or misbehavior are due to the environment and the child is expressing its response with the so-called behavioral problems.

The common behavioral disorders in children are briefly discussed.

2. Behaviour Problems in Children

KOTHARI Manu & MEHTA Lopa

(NJH, 7, 1/1998)

A brief and beautiful essay. About the hyperactive child the authors say "You subscribe to junk food, junk entertainment, and drowning decibels- a perfect recipe for agitation of muscles and nerves. Sugar and salt in all food items; the osmolarity is enough to knock out the serenity of the stomach with a resultant loss of child's attention span, and spate of warning letters from "Miss" in school.

"we announced in the **Deutschen Arzteblatt** 94, Heft 26, 28.6.97, that he did an experiment with the *Cinchona* bark during the course of a lecture of 45 minutes duration, and there happened nothing to report about, P.BARTHEL undertook a 'proving' on himself with *China* bark and within 20 minutes of the first ingestion of the medicine observed the first reaction. BARTHEL followed HAHNEMANN'S model with regard to the quantity of the medicine to be taken.

Self-experiment with *China* bark, 25.9.1997

Time

16.00 Takes 15 Gramm finely pulverised *China* bark in a glass water.

16.20 sudden perspiration in in the forehead

16.30 voice husky, head dull, "heaviness" dull, light headache in the middle of the forehead

for 2-3 minutes

16.40 severe overpowering recurrent yawning; unusual tiredness

17.00 Nausea without vomiting

17.30 Palpitation, Pulse accelerated (from 60 to 100), Pulse hard, hands trembling. Face pale; Weakness of the hands and legs as after much exertion, "let things be"!; slight apprehension (anxious feeling); Perspiration all over the body.

18.00 Trembling and nervous; Pulse 80; slight headache right and left temples; Perspiration little; again tiredness; Face very pale.

18.30 Trembling over, Pulse 70

19.00 Desire to eat something, but knows not what;

"sick", but without retching; restless feeling.
 19.40 Slight stitching headache in the right and left temples; slight burning in the eyes.
 21.15 After the supper griping in the left upper abdomen below the costal arch.
 26.9.1997
 03.00-05.00: Sleeplessness and rising up and walking around (this has never before occurred).

III. THERAPEUTICS

1. Problem Child

KARNAD Sudha (NJH,7,1/1998)

A learned and experienced Psychologist discusses the so-called 'problem child' and explains that many of the 'problems' are not actually the child's; the child's behaviour or misbehavior are due to the environment and the child is expressing its response with the so-called behavioral problems.

The common behavioral disorders in children are briefly discussed.

2. Behaviour Problems in Children
 KOTHARI & MEHTA
 (NJH,7,1/1998) Lopa

A brief and beautiful essay. About the hyperactive child the authors say "You subscribe to junk food, junk entertainment, and drowning decibels - a perfect recipe for agitation of muscles and nerves. Sugar and salt in all food items; the osmolarity is enough to knock out the serenity of the stomach with a resultant loss of child's attention span, and a spate of warning letters from "Miss" in school.

"We must mention three maverick authorities that have hinted at a way out of the behavioral mess. PLATO emphasized that upto the age of 14, a child should be kept away from formal, competitive studies, and be made conversant with animal life, botanical splendour, astronomy, music, singing, dancing, languages, literature and sports in an enjoyable manner. This way, the child would be so rich that it would learn to worship Saraswati without wanting to make Laxmi out of her.

"Alexis ST.EXUPERY wrote **The Little Prince** merely to underline the fact that a child, like the teacher, ANAXAGORAS, is sent by the Lord to admire the sun, sunrise and sunset, God-made riches that teach you not to run after man-made ones. The Dancing Wu-Li Masters of the Far East held that a child should not be allowed to warm a bench. In the Socratic style, the child has to learn while on the move. Gravitation would be taught by

first taking the child to the garden and waiting till a
 leaf falls. Then the teacher would do the
 choreography of the falling leaf. This would be set
 to music, and then, if necessary, the Newtonian
 equations would follow. Rightly it is said that we
 are all born emperors and end up being beggars.

"Thomas De KEMPIS's masterpiece **The**
Imitation of Christ, the most widely read book
 after the **Holy Bible,** drives home the point that
 human learning is largely imitating. A child with
 complete trust looks up to its adults as paragon of
 virtue, of idealism, of the right-this, right-that, and
 then behaves by imitating the adults at home and
 outside. Let us adults acquire that humility, that
 detachment, that depth whereby we yield to William
 BLAKE's urging:
 Behold the world in a grain of sand
 And Heaven in a wild flower
 Hold Infinity in the palm of your hand
 And Eternity in an hour.
 3. Drug-induced

Behavioural Changes
 DIKSHIT Dilip (NJH,7,1/1998)

Three cases are presented to show that homoeopathic remedies help to rapidly cure behavioural disorders of children.

4. "i'm allergic to Odours"
 DOSHINinaH. (NJH,7,1/1998)

A woman complained of pre-sternal pain, mid-sternum, radiating upwards, on sides and back; constrictive with heartburn > when busy. Frequent headaches; pain right deltoid > sudden jerking movement at elbow. Skin cracks < winter > rains, <summer. Anticipatory anxiety, frequent stools. Allergic to bad odours - garbage, etc. Smell retained for a long time, causing a tingling in the head, eyes and headache. Childless, 45 years and staying alone with her husband.

Dioscorea 6.

5. "Call me Bhaiya"
 PARTHASARATHY Vishpala
 (NJH,7,1/1998)

A three-and-half-year old girl dressed like a boy and liked being addressed as a boy was brought for lack growth in height. Cough during weather changes.

Natrum muriaticum XM. (Robin MURPHY:
 Aggressive; Masculine girls; egotistical; contrary;
 jealousy in children; religious; bold, courageous)

Case of another three-and-half-year-old boy who behaves very rudely, violently, authoritatively, abusive language, and even tore his sister's doll's dress in a way suggesting rape. The author has so far given *Opium*, *Tuberculinum*, *bovinum*, *Veratrum album* and *Tarentula*. She has sought readers' opinion.

Three-year-old boy, with complaints of frequent colds. Antibiotics have been given. The elders at home want instant relief and so at the first sign of a cold he is taken to the doctor for antibiotics. He is a spoiled, very much protected child, not afraid of anyone, very stubborn, beats the servants, throws things and kicks, disturbed, sucks a napkin while sleeping. *Phosphorus* and some counseling to the boy helped.

6. "I can beat up a dog"
 RANGOONWALA Niranjan R. (NJH,7,1/1998)

Six-year-old boy developed delirium during fever for which he was given allopathic medicine became irritable, contrary, disobedient, violent, uses

abusive language; he would run after animals and beat them; fearless and mannerless. He wanted the lights on all night. *Stramonium* M was given and he became normal.

Two-and-half-year-old boy; dry and rough skin both cheeks and over the abdomen. Strained at stools. Sleeplessness at night, would sleep only after 3 or 4 a.m. and wanted to play till then. He also played with animals, desired ice cream, cold drinks, sweets, salty and tasty food. *Medorrhinum* 200 and he improved.

7. The Jumping Jack
HUMRANWALA Parinaz (NJH,7,1/1998)

4/2-year-old boy was reported by his school to be much naughty and mischievous to the extent of being injurious. He was born with a congenital^ heart disease (Fallot's tetralogy), and had been operated upon. He suffered from recurrent tonsillitis with high fever < ice cream, pain abdomen recurring; very thirsty; family history of tuberculosis; desires ice cream, chocolate, milk. His parents were separated. *Agaricus* M.

8. The Terse Girl
DOSHI Nina (NJH,7,1/1998)

Nine-year-old girl with unruly behaviour; she was immune to all scoldings and reprimands, stubborn, rude, without any respect of elders, dictatorial, etc. She cried, screamed and yelled when her demands were not met. Tenesmus at stool, recurrent burning in urethra. *Mercurius corrosivus*.

9. Cinderella Syndrome
TIWAR1 N.L. (NJH,7,1/1998)

Seven-year-old girl with much fear; obsessed with movie characters, her teachers, characters in the TV serials, and Cinderella, and developed crushes on her teachers, friends or boys in the class. Felt jealous and unloved by her brother. She is a delicate, affectionate girl with sparkling eyes and curly hair, timid and sensitive, does not like to be scolded or shouted at, gets easily hurt or starts weeping. Loves to watch TV serials, listen to songs full of pathos. She is good in studies but remains lost in herself. Remains in an imaginary world, dresses and behaves like Cinderella, has attachment to a boy in the class always talks about him. While *Natrum muriaticum* gave partial improvement, *Phosphorus* M changed her behaviour.

10. Rheumatism
RANGOONWALA N.R. (NJH,7,1/1998)

Case 1: 62-year-old man was given *Silicea* as a 'constitutional' remedy. Now he came with pain in knee joint, toes and ankles - with swelling; < exertion, sour; > heat; swelling was hot and tender; fever at 4-5 p.m.; known diabetes mellitus; white spots in nails; longitudinal ridges on nails. *Lycopodium* was given and shortly there was improvement but within a month there was a severe aggravation. This was considered as due to a homoeopathic suppression and *Silicea* was given which brought the expected amelioration

Case 2: 55-year-old man complained of pain in the shoulder joint since the past 1V4 months with restricted movements. Suffered from Cervical Spondylosis 15 years earlier, which had been treated with traction and neck exercises < sitting, rising from seat, > continued motion. Taking into account the totality, given *Argentum nitricum* 200 after which he developed loose stools with pain in the abdomen. *Medorrhinum* 200. He brought out a tinea on his forearm and *Argentum nitricum* M and later *Sulphur* 200.

Case 3: Housewife, stitching pain in left leg from knee joint to foot for the last one year, <night, standing long, lying down; > day, pressure, warmth; Acidity; Cramps in toes of left foot < night; cannot endure rainy season; black spots on skin due to exposure to sun. *Kali bichromicum*.

11. Trauma
KULAY F.M. (NJH,7,1/1998)

A brief but very interesting article on homoeopathic therapeutics of trauma. In burns he has used with very good results an external application of milk cream mixed with a few drops of *Cantharis*.

12. Isopathy in the Garden
TAYLOR Joane (NJH,7,1/1998)

The author suggests that to rid the garden of pests, you prepare a low potency of the offending thing and spray it on the affected plant.

13. LM e CH na practica: comparacao de resultados (Comparing Results: the 50 millesimal and the Centesimal in practice)
SALLES Sandra A.C. (RH,63,1-2/1998)

At clinic in all research we have always been embarrassed by many variables involved in homoeopathic practice. Here are some of them. - the patient - vitality, age, extension of clinical disturbance (functional, seriously or superficially lesional, incurable) the remedy choice - semiologic criteria, similarity level

- the prescription - scale, dynamization,
 posology
 - the disease - acute or chronic, pathologic or
 functional disorder

These conditions determine the presence or
 absence of aggravation and the duration of relief.
 They build an individual susceptibility that must be
 considered in any comparison based on clinical use
 of remedies, mainly when different patients are
 involved.

In order to try to control this obstacle we
 observed fifty patients that received the same
 remedy, once on LM and, at the other moment, on
 CH scale. The patient, the remedy and the disease
 were the same, so the only variable was the scale, as
 the potencies were chosen by the same parameters
 in both scales.

Using this method we tried to neutralize all the
 variables described before.

The CH scale was prescribed in single doses,
 except in acute cases. LM was prescribed based on
 the 6th edition of the **Organon**, repetition of doses.

14. As If One Patient
 BEDAYN Greg (AH, 1998)

This article has great breadth and depth and tells
 a lot, and must be re-read and pondered over. It
 would stimulate one to read the **Organon** and
Chronic Diseases again and again. [The article is
 given in full in Part II of this QHD = KSS]

15. A Case with serious Internal Bleeding
 THAKKAR Sadhana (AH, 1998)

A man in his 20s, from an allopathic hospital
 admitted in the homoeopathic hospital; in hepatic
 coma, vomiting and passing stools coffee brown
 indicating that he was bleeding internally. Vital
 signs were grave. Almost delirious and couldn't
 answer any question, yet he would be mumbling
 and crying periodically - saying "I want to die. I
 want to die". Color almost dark, ashy, petechial
 hemorrhaging on his body. There were bruises that
 had turned into black on his buttocks and back from
 sleeping in that position for too long. Offensive
 breath.

Family history revealed that he was an alcoholic
 since a very young age. This was the third time
 when he had almost died. Wouldn't listen to
 anyone. Even though he had been treated in the
 hospital for cirrhosis of liver and discharged with
 advice to keep off alcohol, he wouldn't listen. He
 was a stubborn and angry man. He was a loner.

After repertorization and study in the **Materia Medica**, *Crotalis horridus* was chosen and given in 30 potency, repeated twice more during that night, and he began to improve after each dose; in the morning he was sitting up and asking for breakfast. Discharged after 3 days in the homoeopathic hospital. In the follow-up during the year he was given *Crotalus horridus* 200 three times and the M once. He remained well, came to live with the family, changed his life around, took up a job and became engaged to be married.

16. Dosage and Potency according to the **Organon**
LITTLE David (AH, 1998)

In this very interesting and educative article the author clears many misunderstandings about the use of the Centesimal and LM scale potencies and clarifies the final instructions left to us by HAHNEMANN including the making of the medicinal solutions. He also explains that the final legacy of HAHNEMANN ensures rapid, gentle and permanent cure, (the article has been given more or less in full in Part II of this QHD.= KSS)

17. Die homoopathische Krebsbehandlung
(Homoeopathic Treatment of Cancer)
KLINKENBERG C.R. (ZKH,42,1,3,5/1998)

This is a 3 part series and has been presented on the basis of the Seminar on "The treatment of Cancer in Homoeopathy" held in June 1997 in Bad Imnau, with Dario SPINEDI.

Only few homoeopaths venture to treat Cancer cases with Homoeopathy. The experience of the older-day homoeopaths shows how it could be done now.

In Part I of this article, the principle of symptoms-choice and prescription of follow-up medicines in one-sided (chronic) diseases on the basis of the **Organon** are discussed. The significance of the local tumours and its symptoms for the remedy choice and their undervaluation by KENT are then presented. And then the methods of most homoeopaths in Cancer cases particularly the prescription on the basis of the totality of symptoms are discussed. The errors in the homoeopathic treatment of Cancer are shown.

In Part II of the series, the treatment of non-malignant and malignant tumors is further explained on the basis of the **Organon**. Tumors develop like the other local diseases as a result of an internal disturbance of the organism (see **Chronic Diseases**). The healing of the tumor is associated along with the clear improvement of the general state of health. The significance of the tumor as process parameters is demonstrated. The problems

of surgery and external treatment are pointed out. A possible cooperation of Homoeopathy and surgery is discussed and it is shown how this can be in the case of patients who are to be operated. The study of HAHNEMANN'S teachings regarding chronic diseases is indispensable for those who would like to treat tumors. How important it is to heal Cancer patients homoeopathically, and how to proceed so unswervingly, is shown.

Part III discusses that manifest Cancer is normally preceded by a pre-cancerous stage. This should be perceived and diagnosed and treated early. The signs of the precancerous stage and the most important Cancer-favoring factors are presented. In many cases the precancerous symptoms vanish as soon as the tumor develops; these can appear again during the course of the homoeopathic treatment. The suppression again of a symptom which has been improperly treated before, can have serious consequences. Finally it is shown that a long-term homoeopathic treatment is especially effective in Cancer prevention.

18. Zahnreinigungsmittel, Zahnpaste (Tooth cleaning agents, Toothpaste)
STORMANN P. (ZKH,42,1/1998)

Tooth-cleaning agents like tooth powders, liquids, and pastes have been engaging the attention of the homoeopaths from the days of HAHNEMANN till now. The author draws attention to Footnote of §260 of **Organon** and BONNINGHAUSEN, JAHR, STAPF and their observations on this.

19. Homoeopathy & Conventional Cancer Treatment
SULLIVAN Andrea D. (SIM,XI,1/1998)

Case 1: A man with a Prostate Cancer: 1

Sept. 1994: Prostate Cancer diagnosed in July 1993, in a 53-year-old African American male. "They want to do surgery, radiation and Chemotherapy." History of early and excessive alcohol use. Relationship with wife changed as a result of her nervous breakdown. This changed his fidelity, and he subsequently had many sexual relationships. He had Gonorrhoea at one time. Now he is rigid, fixed (no TV, movies, or theater; "knows" that his wife could be helped if she'd just admit she has a problem). Almost fanatical about his religion and has definite ideas about the devil and God.

A Draftsman - very conscientious about detail. He is always dressed very neatly when he comes to my office, and he is very punctual (fastidious). Night sweats.

Conium maculatum 30, repeated two months later. In March 1995, a PSA was done which read

33.6 mg/ml. (Earlier it was 18.5 in August 1993, and 27.3 in August 1994) Another PSA done in August 1995 showed 44.5 mg/ml. 200th potency PSA in February 1996 was 47 mg/ml. *Conium* 200 was now repeated (Erections failing). PSA in July 1996 was 70.9 mg/ml.

The case was retaken. A lonely, quiet, restricted childhood. Little to no affection or expression of love toward him or between his parents. Betrayed and hurt by his sisters' pregnancies. Betrayed and "antisocial", with nervous breakdowns. Still quiet and again (his friend in church). Silent about being betrayed Cold sores. Sleeps on the left side. Worse from heat. Food cravings and aversions. *Natrum muriaticum* 200 C.

October 1996: PSA 56.5. Feeling great.

January 1997 through June 1997: He is still reporting that he is feeling great. No pains or heaviness. His erections are fine. He and his wife are better. No sweating. Went to family reunion and college homecoming for first time. His mood is a lot better. He remains pain free and working hard. Last PSA was 50.2.

Despite the cancerous condition, this man has had a clear response to the remedies, especially emotionally, and has had a better quality of life.

Case 2: A Case of Lobular Intraductal Cancer:

Young woman with Breast Cancer, diagnosed in June 1996; a four cm. mass in her right breast. Her first round Chemotherapy had been a week before this visit on August 29, 1996. She was scheduled for three more and then a mastectomy in November 1996, then seven more months of chemotherapy.

History of severe emotional stress: commuting, readjusting to marriage and to husband being home. A stressful pregnancy, nausea all the time, and tiredness. A daughter was born. When her daughter was two-and-half years old. she went back to work "had feelings of abandonment."

Her parents divorced. Her father remarried, when patient was 16 year-old. Stepmother was sick. This pushed the patient into self-destructive ways: Bad relationships, men who didn't love her, drugs, marijuana, LSD, THC, Mescaline. Dated a Vietnam vet - a schizophrenic; she lived with him. Then went to the Ashram.

Doesn't have the patience to relax. Husband loves her, but she felt he was sentimental and impotent; he was repressed. She couldn't sit still for 15 minutes. "Always have to be working and getting things done."

Fears suffocation, small spaces, dying, getting sick, being alone, cars on beltway - accidents, and insects. Sensitive to milk. Likes bread/starch, cheese, eggs, bread and butter, Pepsi, Aversion to Garlic. Chilly all her life.

Carbo animalis 12 C t.i.d.

Six weeks later: felt more stable generally. She stayed on the remedy and her husband came in to get it.

November 1996: She had a mastectomy. 20 lymph nodes were removed. There was no nodal involvement, which surprised the doctors. There was no necrosis in the lymph nodes, which also surprised the doctor, because necrosis is what you would expect if the chemo had affected them. She had nodules under her nipples. Because of the size of the tumor and the nodules, she received four more rounds of chemotherapy - which is tolerated very well until she got shortness of breath. Her energy remained high, as did her spirits. She switched to a different drug, Adriamycin, and did very well on that drug, as well. Subsequently, she had 28 treatments of radiation; the last one in June 1997. She has continued to be well, on the same remedy, and potency, for the last year. She is teaching Yoga and has started a Cancer survivors support group.

20. "The Disease is incurable but the Patient is helped"
ROTHENBERG Amy (SIM,XI,1/1998)

Case 1: 13-year-old boy with complaint of behavioral and emotional problems, frequent sinus infections and congestions and nosebleeds. Suffered from Static Encephalopathy due to a reaction to the Pertussis Vaccine. The Vaccine injury began after he received the second dose of DPT at three and half months old, when he developed anaphylactic reaction. However, he was given the third DPT at six and half months. After these he developed uncontrollable jumpiness, and jerking of head and shoulders, all better from being held. Began shrieking-for nine and half hours non-stop. High fever with a hot body for three days. Eyes wandered, independent of each other. He sustained profound hearing loss, developed a blank expression on his face, and could no longer roll over.

He has uncontrollable emotional outbursts. They come on quickly, he snaps and loses control. He starts grunting and clenching his teeth, his arm muscles and his face. Becomes restless, shakes his legs, makes loud sucking noises with his mouth. Has choreic motions of the arms, he can swing at

people. Stomping of the feet and shrieking. Unusual grimaces. Will pull hair, bite and pinch - especially his younger sibling. He has always been extremely strong for his age. Can get worked up to a frenzy. If someone reacts to him, it gets worse. Remorseful after such an episode. Stares, is fatigued, tranquil and calm. Becomes motionless in the chair afterwards, trance-like. He slowly comes out of it, starts making clicking noises with his mouth.

Has repetitive and ritualistic behaviour. Impulsive and heedless - will run into a busy traffic.

Has severe learning disabilities. Doesn't process language correctly. Has an incredible memory for direction. Can sit and listen to chamber music for hours. Picks nose and eats it. Laughs if he sees someone in distress or being hurt.

Wears hearing aids. Spastic hand gestures. Awkward gait, head often postured to one side.

Bilateral eyesurgery at 18 months. At 5 years old, had a head injury due to a fall. At 1 year, fell down stairs, split head open, had 23 stitches. At 12 years age, Chicken pox. Had been given *Belladonna*.

Now he was given *Stramonium* 200 C. There was improvement. On December 12, 1996, he was given *Cuprum metallicum* 200 C. Improvement. *Cuprum* 200 C repeated for a relapse.

Case 2: Weakness and Shortness of Breath in a Patient with Terminal Pancreatic Cancer and Metastasis to Liver. 60-year-old male with Lymphocytic Leukaemia and Pancreatic Cancer metastasis to the liver. At the time of this visit in September 1996, his chief complaint was weakness and shortness of breath, which prevented the patient from doing almost everything. Feels weak especially in his knees, arms, shoulders and hips. Gets bad cramps in his legs and hands, which are worse since he has been on Prednisone. He sweats on the back his head profusely; he sweats only there. Needs to have the fan on him continuously. Has lost sense of smell and taste many years ago.

Tonsils were removed when he was 12. Vasectomy in 1971. History of Thyroid Cancer in 1971, a right inguinal Hernia repaired in 1979. Hypertensive.

Carbo vegetabilis 200 C. He began to improve. In January 1997, this remedy was repeated. His pains were better. He was still on Chemotherapy but no radiation. The tumor was shrinking from the treatment but he was feeling overall worse. Relentless anxiety because of the illness. Had become afraid of dying. Sleeplessness at nights because of the anxiety. Wanted to be warm.

Difficulty swallowing. Craved warm drinks and the company of his wife.

Arsenicum album 30 helped anxiety. Ten days later he died with his wife and family around him.

21. Enlargement of the Spleen with Flu-like Symptoms

ALBIN Steve (Simillimum,XI, 1/1998)

Two more or less 'similar' cases are presented; both were women, who had tendency to overwork themselves. The disease started as upper respiratory symptoms that progressed into a cough, chills, muscle aches, headaches, and painful swelling of the spleen. Aggravation was in evening and night. Sores developed in the oral region. Very fatigued with loss of thirst and appetite. Difficulty in concentrating.

While remedies like *Gelsmium*, *Natrum muriaticum*, *Mercurius* were needed, the one that actually brought about the cure rapidly was *Ceanolhus americanus*, in low potency, [see CLARKE'S **A Dictionary of Practical Materia Medica.**]

22. DDT: A Twentieth-Century Miasm
SHOWLER Linda (SIM,XI,1/1998)

It is now well-known that many pesticides are hormone mimickers, with powerful abilities to disrupt female and male hormone function, and thyroid hormone function. The organochlorine pesticides in particular have potent estrogenic effects in the body. This can result in such conditions as endometriosis, PMS, uterine fibroids, irregular menstrual cycles, dysmenorrhoeas, hot flushes, infertility, breast cancer, benign prostatic and testicular cancer, and hypertrophy, prostatic and hypothyroidism. Thus the **Pesticide Miasm**.

The author presents three cases of **DDT Miasm** and in each case *DDT200 C* was needed.

23. A Case of chronic Urticaria
MATHIEN Brent (SIM,XI,1/1998)

34-year-old woman with a chief complaint of chronic hives. The hives were present every day, and had been so during her entire life since infancy. They began from a Penicillin reaction when she was an infant. She was "raised on antibiotics and Benadryl". During the course of life she experienced recurrent ear and chronic kidney infections, and acne, all treated with antibiotics. The hives were from head to toe. They appeared anywhere where pressure was applied. Worse from scratching, change of weather, cold. She is

opinionated, domineering, worse from dampness, urging for urination when chilled.

Dulcamara 30 c. b.i.d. on November 1996, then
Dulcamara 30 q.d. At this stage she underwent
 Acupuncture to tone her kidney function. Her
 hives increased. *Dulcamara* 30 b.i.d., then 200,
 December 4, 1996. February 6, 1997, *Dulcamara*
 200. She remained well.

24. Chronic Boils in a Patient fearing Cancer
 JOHNSON-WILDE Glenna (SIM.XI, 1/1998)

33-year-old woman who works with
 developmentally disabled persons. Her chief
 complaint: chronic painful skin eruptions, hormonal
 imbalance, poor posture, poor eyesight, heart pain,
 jaw clenching and teeth grinding at night. Her
 maternal aunt and great aunt died of breast cancer.
 The patient specifically requests preventative
 measures for Cancer and reflects a deep concern
 about this issue. She has had extensive foreign
 travel, and received many vaccinations. While she
 received *Thuja*, *Folliculinum*, *Anthracinum*
 according to need, she received complementary
 naturopathic treatments - cellular cleansing and
 detoxification via three physical healers: pure
 food/nutritional correction, pure water, and pure air;
 colonic hydrotherapy with restoration of the
 gastrointestinal microbiological ecosystem, physical
 medicine with visceral manipulation,
 musculoskeletal alignment and botanical medicine.

25. Hemiplegia
 LAKSHMINARAYANAN D.
 (MFH,8,2/1997)

A woman in her early 60s in 1992 had a history
 of left-sided paralysis following a stroke in August
 1988. The stroke was precipitated one month
 before her only son's projected departure to
 Holland. She had harboured hostile feelings
 towards her husband. She was a widow some years
 before the stroke. Dominating and irritable. Had
 total hysterectomy and metrorrhagia and a tumour
 in 1979. The stroke seemed to have followed

exposure to cold weather, sitting on a cold floor for
 long hours during a religious discourse. CAT Scan
 diagnosed stroke which aggravated an earlier
 cerebral damage on the left side. Rectum was
 paralysed along with bladder, stool manually
 removed.

A number of remedies were given and she
 slowly improved and was able to take walks and
 there was weight gain. Towards end December
 1992 she had another stroke she suffered a major

stroke and collapsed, became unconscious and was shifted to a corporate hospital. The case went out of the hands of the author and she died.

"That a paralysis patient of several years could get up and take morning walks by herself after 4 months of homoeopathic medication is a reminder to homoeopaths that they should forget the lure of Allopathy and its hi-tech gadgetry going by the name of life-saving therapy and educate themselves that the gentlest, safest palliation is available only in Homoeopathy while faced with incurable conditions or terminally ill patients. Until they are convinced, no amount of propaganda will divert people from the lure of Allopathy. The people who see their near and dear dying in 5 star hospitals with not even a suspicion of any positive response from the allopathic treatment will go a second or third time to the same allopathic hospitals and pour their money recklessly hoping for a miracle the second time atleast. This hapless patient had been taken many times to the same 5 star hospital during her 5-year illness."

26. *Carcinosin* in Renal Failure
BAIG Mirza Anwar (MFH, 8,2/1997)

One of the most common causes of renal hypertension in young individuals is post-streptococcal proliferating glomerulonephritis. Of late more cases of post-streptococcal nephritis are seen, the cause may be excessive consumption of chilled alcoholic beverages and soft drinks, which make an individual susceptible to Beta-haemolytic streptococcal sore throat or tonsillitis. The infection is easily transmitted in community gatherings, like marriages, clubs, discotheques, etc. *Carcinosin*, in the experience of the author is one of the most useful drugs in the treatment of young patients suffering from renal failure due to hypertension.

Case 1: 5-year-old-female child; signs of renal failure and was on renal dialysis, twice a week since two months. History of past illness revealed that the child had an abscess on right thigh and was treated with antibiotics and surgical excision. *Arnica* 30, after which no further dialysis was needed. The second prescription was *Carcinosin* 30, and there was remarkable improvement. Subsequently *Belladonna* and *Calcarea carbonica*.

Case 2: 22-year-old male, renal failure. Severely anaemic, pale and depressed. Difficulty of breathing, sighing. Cramps in the calf muscles while walking and said that he could eat solid food with some liquids only. Movements and exposure to cold <. He was a drug addict and also

occasional indulgence in homosexuality. History of emotional trauma when his fiancée deserted him.

Ignatia 200; after some improvement he was given a dose of *Carcinosin* during the next week after which there was remarkable improvement. In between he was given *Eel serum* in material doses.

Case 3: 30-year-old lady, with history of chronic hypertension followed by kidney failure. Sonographic examination revealed bilateral smaller kidneys with a cyst in right ovary and in right kidney. Uterus enlarged with multiple fibroids. Known case of renal failure due to chronic renal disease. Weekly dialysis. Her suffering began with bleeding from nose which was found to be due to high blood pressure. Vomiting during menstruation, constipation, and occasional followed by *Phosphorus* 200, remarkable improvement. In after one month with she showed remarkable improvement in every respect.

The author says that there were many other cases of renal hypertension who responded to *Carcinosin*. The personality of *Carcinosin*: The patient is soft-spoken, amicable, honest, creative, impulsive and sanguine. Basically, he is not a cunning or crooked person. People with such a personality may have a positive history of hypertension, diabetes, T.B. or Cancer in the family.

27. Cholecystitis - Gall Stones
LAKSHMINARAYANAN D.
(MFH,8,3/1997)

Case 1: 68-year-old man with Gall stone colic, was preparing to go for surgery. *Dioscorea villosa*, *Gall stone*, *Chelidonium*, *Sulphur*, *Fel tauri*, *Morgan*, *Cholestrin*, were given to him as and when the symptoms called for them. He remained pain-free, and made the trip to Mecca.

Case 2: 67-year-old man, a diabetic, cardiac, retinal haemorrhagic, severely constipated but with sneaking love for allopathic medicines underwent by-pass surgery in the U.S. but basically opting for Homoeopathy as long as he did not get scared whenever his cardiac condition relapsed; he developed severe pains in June '87, diagnosed by scan as Cholelithiasis. This patient took allopathic drugs but also occasional homoeopathic medicines from the author. The scan reports indicate that homoeopathic medicines break up gall stones.

Dioscorea villosa is the most frequently indicated medicine in these cases.

28. Urticaria cases
LAKSHMINARAYANAN D. (MFH,8,3/1997)

40-year-old male, businessman. Urticaria since one year, begins around the umbilicus and extends to folds of limbs and recently to face. It is worse 6-6.30 p.m. and is amel. 10 p.m., < in cool room, > open air, heartburn < pungent food, lying down after night meal. *Nux vomica* 200, 5 doses, 12 hourly. Urticaria < from next day and extends to the whole body, heart burn much less. *Strophanthus* 6 three doses once a day. He went on to recovery. *Strophanthus* was repeated once.

46-year-old female with recurrent urticaria; number of homoeopathic remedies were given over a period of eight months, but the remedy that helped cure was *Strophanthus*.

The author draws attention to BOGER, PHATAK and BCERICKE with regard to the efficacy of *Strophanthus* in recurrent urticaria.

29. Thyroid cases
LAKSHMINARAYANAN D. (MFH,8,3/1997)

Discusses in his engaging manner the 'lifetime' use of thyroid therapy. He has Allopathy vis-a-vis homoeopathic therapy. He has used *Spongia, Thyroidin, Aurum iodatum, Lapis albus, Mercurius iodatus ruber* in the case of a 47-year-old lady, for hyperthyroidism. While she was under allopathic medication for over 10 years without appreciable change, Homoeopathy made her totally well in about 3 years. The remedies that were most used in this case were *Lapis albus* and *Thyroidinum*.

30. Miniscule case - Rectal abscess (Recurring) D.
LAKSHMINARAYANAN (MFH,8,3/1997)

45-year-old male, who runs a printing press. Tympanic abdomen, poor digestion and lacks hunger; dark discoloration of the gums. *Plumbum* 30 did not give result. *Kail bichromicum* 30 five doses resulted irfa marked reduction in the girth of the abdomen. Now he had pus in the ears but flowing, felt in the morning on waking, with itching in the ears. History of Measles. Now *Morbillinum* 30, five doses once a day. Two days later he developed extreme soreness of rectum preventing sitting or standing, had to keep walking, stool was soft but there a swelling, an old fistula yet to open. On 30.10.97 *Nitric acid* 200 six doses one every hour for three doses and two doses next day and one dose the next day. On the third day he traveled 10 km to tell the author that he used to get a fistula every six months for many years, but what he developed this time three days ago was an enormous growth never before experienced. It opened up suddenly on 1.11.97 when he was applying hot fomentation. The really startling

symptoms that followed were - there was an almost explosive discharge of extremely offensive pus containing long flakes, mixed with almost black blood and these were spattered over a distance of a meter with tremendous force. He had only a soreness in the affected area that afternoon but was fairly comfortable. *Nitric acid* 200 four doses, one a day, was now given.

31. Mastoid surgery -two cases
LAKSHMINARAYANAN D.
(MFH,8,3/1997)

Case 1: 56-year-old man; chronic discharge of pus in one ear with severe pain in the ear extending to the head. Surgery done already. Not slept for many months since the surgery due to the pain. He had a heart attack 6 years back. A second severe attack in December 1993, left ventricular dysfunction of 75%.

Hepar sulphuris 200, three doses one in 4 hours and *Kali bichromicum* 30, one dose to be used if called for, did not > pain, then *Arnica* 200 six doses and *Hepar sulphuris* M, six doses, alternately every 12 hours. Subsequent remedies *Mercurius iodatum flavus* 30, 200. In spite of improvement, the surgeon was repeatedly suggesting another mastoid surgery and finally the patient yielded, and he died following the surgery.

Case 2: 17 July 1997 - 22-year-old girl, mastoid surgery on the left ear an year ago for chronic middle ear discharge; surgical wound still painful, bloody pus; discharge persisting post-operatively; some hearing impairment and sense of some foreign body in the ear. *Pyrogen* 200, five doses, once a day.

22 July 1997: Surgical wound nearly healed and scar tissue forming; ear discharge just a trickle, yellow.

Now full history of the case taken, and then *Silicea*, *Kali bichromicum*, *Morbillinum*, and *Ledum*, healed. *Ledum* was the constitutional remedy in this case.

32. Punishment in baby creche
SARASWATHI G. (MFH,8,3/1997)

This case demonstrates is again that the correct homoeopathic prescription is both, 'medicine' and 'psychiatry', and with the homoeopathic remedy there is no need for long periods of counseling.

A five-year-old boy presented symptoms of severe constipation since three years. Only strong enema or strong laxatives could produce stool. It was revealed that at 18 months age the child was left in a baby-care center, and the woman-in-charge beat the child for soiling his underclothes. The

constipation began after this. *Opium* 200 two doses and then M one dose completely cured.

33. Poor prognosis turns into rapid recovery. Homoeopathy in Trauma - induced unconsciousness SARASWATHI G. (MFH,8,3/1997)

9-year-old male, fell into a ditch from a speeding motor cycle, sustained multiple injuries including the head and was admitted into a super specialities hospital on 26 August 1997. On admission: stuporous, but arousable but neither answering nor obeying oral commands; whining from pain impulses, bladder control maintained; right-sided facial paralysis present; haemorrhage from right ear; multiple bruises; and lacerations; vomiting +++ CT scan of head: no evidence of fracture, subdural haematoma right parietal region and haemorrhage in thalamus area. Prognosis at this stage was that it would probably be six weeks before recovery of full consciousness.

On 27 August, asked for Homoeopathy. *Arnica* M, *Hypericum* M and *Ledum* 200 serially at hourly intervals. After one dose each, patient opened his eyes, moved his limbs, sat up, drank a glass of milk and went back to sleep. One dose of *Arnica* and *Hypericum* was repeated in the night. Next day patient sat up, got into a wheel chair and went to the toilet and cleaned himself. Speech nil, did not recognize persons. Again *Arnica*, *Hypericum*, *Ledum* serially, morning, noon and night.

Another CT scan on 29 August revealed rapid resorption of haematoma. He was discharged. On 30th the patient was sitting, obeying oral commands; responded- when called by his name. But still no speech. Now *Natrum sulphuricum*, *Arnica*, *Hypericum*.

Report on 7 September: talking, greeting people and started recognising persons from 5 Sept. He was, however, moody. Slight right-sided facial palsy and trismus of jaw. *Natrum sulphuricum* XM. He went on to improve and his normalcy was restored completely.

34. Spinal Injury
VASANTHA KRISHNA (MFH,8,3/1997)

On 4 August 1997, a 55-year-old female, fell from a chair when she was standing on it to reach a picture high up on the wall. Probably fell on the back. Became unconscious and doesn't remember anything. After three hours she was lifted and made to stand. Shifted to an Orthopaedic hospital. X-ray revealed no fractures. Put on analgesics and traction. On 6 August the patient shifted to

homoeopathic care. *Arnica* and *Hypericum*
 alternately once every 4 hours and pain was less by
 50%. *Bellis perennis* 0 10 drops in one oz. water
 given twice a day for four days suspecting injury to
 deep tissues. On 13th pain less by 75% and she
 complained of pain in coccyx. *Silica* 200. Next day
 pain sacrum. *Kali carbonicum* 200 once a day for
 four days. On 9th September: she developed pain
 on either side in the hip and there were palpable
 lumps, these were at the sites where injections were
 given in the hospital. *Ledum* 200 and these
 subsided. She improved very well. For recurrence
 of pain in the back after a train journey, *Natrum*
sulphuricum 200.

35. Bowel Nosodes in the Clinic - *Sycotic* *co* in
 Asthma
 LAKSHMINARAYANAN, D. (MFH,8,3/1997)

This journal has been frequently reminding the
 great therapeutic role of the Bowel Nosodes.
 Asthma is so much wide-spread and affecting more
 of the population including small children and the
 allopathic bronchodilators are prescribed even for
 infants.

A baby of one year-age with asthmatic
 symptoms from the age of three months presented
 with symptoms which recalled the symptoms
Sycotic *co.30* Seven doses, one a day was
 prescribed. A week later rattling cough, vomited 2 -
 3 times and *Antimonium tartaricum* 30, five doses,
 one a day. One more week later: no nebulizer, all
 symptoms much >, only fluent coryza, *Natrum*
muriatricum 200, three doses one a day. Since then,
 the child remained well.

36. *Proteus* in Numbness
 JANAKI, C.H. (MFH,8,2/1997)

50-year-old female, with cervical pain extending
 to left hand, arms swollen near and upto elbow;
 middle and ring fingers numb. Was using pain
 killers both oral and injectible.

On 5 September 1996 *Kalmia* 200 - five doses
 one a day.
 10 September. Pain symptoms > by 50%
 Repeat *Kalmia* 200 - one a day
 20 September pain fully >. No > of numbness.
Proteus 30-4 doses one a week
 One month later - no numbness

37. Gangrene of the Lung
 IVES Mary S. (AH, 1998)

A 70+ old, withered-looking woman with severe
 lung disease already seen by two allopathic doctors
 and given up. A general failing in health since two

years. Recently she caught a cold and has coughed more or less ever since, especially expectorating "yellowish matter". Pain in the left chest, unable to lie on the back or right side, any movement caused agonizing pain in the left chest causing her to scream aloud. Breathing quick and shallow, flapping of wings of nose. Cough causing distressing pain in left chest, between the third and fourth ribs. Expectoration of mouthfuls of thick, yellow pus in quantity, some three or four ounces in 24 hours. Sleepless, had opiates. Fever every afternoon 3-4 p.m. lasting until late in evening; throws all covers off and wants windows open. Intense restlessness during fever, throwing arms and legs about. Thirst "awful", unquenchable.

Lycopodium CM one dose given. Next morning she said she was better; that afternoon the fever came at usual time, accompanied by restlessness, etc., and the following morning more pain again. *Lycopodium* CM repeated. Day after day the case went on; sometime a little better and yet with a gradual decline in strength and increase of symptoms. The fever came faithfully each day, always sometime in the late afternoon, 3-5 p.m. The restlessness grew worse, until it was dreadful to behold, would fling her arm here, then other arm somewhere else, and off would go a leg in one direction and the other away off some other place; quick sharp, darting movements, quick as a flash. Fever was of a continued type, < in the afternoon. She grew distressingly irritable, very angry occasionally. She distrusted the nurse, the physician; refused absolutely to tell her symptoms; insisted on being kept informed as to her husband's doings; though really too weak to move her head from the pillow, if she heard a door open downstairs she would make an effort to raise herself up and strain every nerve to listen to what was going on. Kept close watch over things in the room; if a pillow was missing "Where's my feather pillow; what have you done with it?" "How many table napkins have you got downstairs? Go fetch them and let me see" and so on, so suspicious and distrustful. All this time the cough kept on, expectoration profuse, of yellowing pus, which began to grow greenish in hue and a horribly offensive odor, stringy and difficult to get rid of; the mouth became literally covered with aphthous patches; tongue glazed and parched; dreadful taste and awful soreness in the mouth. Rapid breathing.

Remedies *Arsenicum*, *Phosphorus*, and *Pyrogen*, did nothing. The case was thoroughly restudied as death seemed almost inevitable. *Lachesis* CM. After this she went down into the very gate of death, but not to pass through, thanks to our Homoeopathy

. 12 hours after the remedy she had a violent cough, gagging and she was expectorating mouthfuls of the vilest stuff, green, putrid smelling pus; the stench was truly horrible, permeating the whole room. After this attack subsided she lay back in an exhausted faint. 12 hours later came just such another time when more of this stuff was ejected, and from that time on the patient made a rapid and uninterrupted recovery. In two weeks time she was sitting up in her room, sewing, could eat and sleep well and enjoy life generally. No cough, occasional expectoration of a whitish mucus.

During this time of recovery, some two weeks, the parotid glands became very much swollen, presenting an appearance of mumps; first the right side and then the left; as the left side commenced to swell the right-sided swelling commenced to decrease. As quickly as these glands showed signs of swelling the aphthous patches in the mouth began to clear up, the tongue grew moist and soft and the dreadful, unquenchable thirst became a horror of the past.

Now it is a daily occurrence for her to walk two or three miles, and this oftentimes in inclement weather.

[Dr.S.Mary IVES was a pupil of KENT in Philadelphia in 1895. In 1946 she was still living and practicing in Middletown. This case was reported in October 1901]

38. A *Bamboo* Case

SHERR Jeremy (HOM.69/1998)

18-year-old woman; lump on the head since childhood and new ones are growing. Lump is very painful, possibly a Lipoma. Lump < if touched. Has already had *Silica*, *Pulsatilla*, *Arsenicum album*, *Cannabis saliva*. After the second dose *Silica* another lump has grown. Generally very restless, must keep moving. Menses late, very painful, heavy and clotted. Tonsils removed in childhood. Food: Spicy, foreign, ++ plain food (sweet/salt). Thirsty for cold drinks, hates tea, coffee, milk, hot drinks. Dreams of people dying, relatives dying. Feelings of guilt after the dreams, in case they really do die. Hard worker, quiet, listens to others. *Bamb-a*.

Follow-up two months later: generally much better; no menstrual pain; lumps on head have vanished; much fewer colds; confidence improved, more outgoing. Ten months later: improvement continues.

IV. RESEARCH

1. Das klinischen Problem falsch negativ (The results in clinical double-blind studies) Ergebnisse of problem of clinical double-

KIENE H. (AHZ,243,1/1998)

Various factors can produce false negative results in double-blind clinical trials; negative answer, experimental subordination, obliged towards moderate reports, group assimilation, tendency of differentiation effects, of assessment method, conditioning of additional basic treatment, compensatory effects, of cognitive interaction, disturbances of doctor-patient-relationship, and wrong attribution. These factors have to be taken into consideration when planning and evaluating double-blind clinical trials.

2. Oberlegungen zur Miinchener Migrane-Studie (Comments on the Munich Migraine Study) KOSTERS C. (AHZ,243,1/1999)

In a Clinical trial - "Munich Migraine Study" (see AHZ,241/1996, 242/1997) - the efficacy of classical homoeopathic therapy in the treatment of patients with chronic headaches could not be demonstrated. Reviewing other clinical studies already conducted, it can be shown that it is possible to prove effects of homoeopathic therapy, if solely treatment of acute diseases or simple experimental models are used for investigation. The question is, whether homoeopathic treatment of chronic diseases is too complex to be verified by double-blind trials. The dissection of complex problems as simple question is required for further research.

3. Die Munchener Kopfschmerzstudie Folgerungen fur zukiinftige Studien aus homoopathischer Sicht (The Munich Study of Headache - Conclusions for a future study from homoeopathic view)

LIES M.K.H. (AHZ,243,1/1998)

A brief discussion on the consequences of the Munich-headache-study for further homoeopathic research from homoeopathic point of view.

4. Electric measurement of ultra-high dilutions - a blinded controlled experiment.

WALACH Harald, ASSELDONK Tedje Van, BOUKAS Pericles, DELINICK Alexandra, IVES Galen, KARRAGIANOPOULOS Rainer, WASSENHOVEN Costas, LUDK.E Michel Van, WITT Claudia (BHJ,87,1/1998)

This experiment was designed to test the hypothesis put forward by P.BOURKAS, A. DELINICK and C. KARRAGIANNPOULOS of the National Technical University of Athens (NTUA) that Ultra High Succeded Dilutions

(UHSD) can be distinguished from control solutions by an Electric Measurement Device (EMD), developed by the NTU team. A pre-formulated experimental protocol was followed, measuring in random sequence test solutions of double-distilled and deionised water (*aqua injectabile*), potentised water (6 cH, 30 cH), *Natrum muriaticum* (*Nat mur*) potentised in *aqua injectabile* (6 cH, 30 cH), either blind or open. The number of measurements was determined by a power analysis based on open pilot readings. While the open pilot trial performed by the NTUA team showed a large difference in readings for the controls and test-solutions, the experimental blind test was negative. The only significant differences observed was between *Nat mur* 6 cH and *Nat mur* 30 cH, and the direction of the difference was in the opposite direction from that predicted by theory and found in the pilot experiment. No differences were found between any other conditions, and in particular *Nat mur* 30 cH and *Aqua* 30 cH could not be distinguished. It was suggested that the failure to detect a difference in the main trial resulted from a different brand of water being used in the main trial; the likelihood of this, and other alternative explanations, is discussed. It was concluded that the EMD is a highly sensitive apparatus for measuring impurities in water. As yet there is no obvious link between the measurement of impurities in water and the purported alteration of solvent in the process of homoeopathic potentisation.

5. Some questions and thoughts on research in Homoeopathy
 ESKINAZ Daniel (BHI,97,1/1998)

Despite extensive research there are still some fundamental questions about Homoeopathy that need answering. This paper highlights these questions and discusses possible answers and a future research agenda for Homoeopathy.

6. Screening of homoeopathic drugs for hypoglycaemic activity: an experimental approach
 SUNDARAM, E.N., RASTOGI, D.P., KUMAR Sunil (CCRH,20,1&2/1998)

Intra-peritoneal administration (0.15 ml/kg.b.w. for 30 days) of *Pterocarpus marsupium* *a* & 3x, *Cephalandra indica* 0 & 3x, *Alloxan* 6x, 30x, 200x & 1000x and *Chionanthus virginica* 0, produced significant (PO.001) fall in blood sugar level with restoration of beta cells population towards normal range in *Alloxan* induced diabetic rabbits while *Bryonia alba* 0 & 3, *Iodium* 6 & 30, *Phosphorus* 6 & 30, *Gymnema sylvestra* 0, 3x and undynamised preparations of *Alloxan* 6x, 30x, 200x & 1000x did

not show any hypoglycaemic effect. The drugs viz. *Momordia charantia* 0 and *Uranium nitricum* 3x & 6x have also significantly reversed the *Alloxan*-induced changes in the blood sugar, however, these two drugs did not restore the Beta Cells of islets of Langerhans. The blood sugar once brought to normal level by the drugs, did not increase again even when the treatment remained discontinued for 15 days. The present findings suggest hypoglycaemic potentiality of these drugs and also prove the concept of **Similia Similibus Curentur** and **Potentiation** which may give scientific basis to strengthen Homoeopathy. [Animals considered unnecessary for experiments in Homoeopathy, have been used in these experiments, very unfortunately. Many of us have been boldly and proudly repeating that Homoeopathy is totally eco-friendly and humane = KSS]

7. Anti-Tetanus Activity of *Hypericum perforatum*
L - An experimental Approach

KUMAR Sunil, SINGH, D.M.
(CCRH,20,1&2/1998)

The chemical profile of *Hypericum perforatum* was obtained and pharmacological effects of the drug in 30 and 200 potencies at a dose level of 50 ul/100 g b.w. in mice LP. discerned statistically significant protective response to tetanic dose of strychnine (0.5 mg/100 g b.w.) when compared to vehicle/saline and 6 potency of test drug treated groups. Parallel studies with 6 mg./100 g b.w. phenobarbitone administration gave similar anti-tetanic effects under identical conditions. Acute toxicity testing established LD50 to be at 1 ml/100 g b.w. [In this too, laboratory mice were used. = KSS]

8. Research Studies in Filaria
MISHRA, N.(CCRH, 20, 1&2/1998)

Lymphatic Filariasis, a tropical disease causing gross morbidity is covered under "National Filaria Control Programme, (NFCP)". CCRH has undertaken research studies (clinical) on this tropical disease at various units located in endemic areas. The experience gathered during past fifteen years at Homoeopathic Research Institute (HRi), Puri (Orissa) are presented here. The results are highly encouraging.

9. Additions to a Check List of Homoeopathic Medicinal Plants of India
RAJAN, S., GUPTA, H.C., KUMAR Sunil
(CCRH,20,1&2/1998)

In this paper 40 species belonging to 36 genera and 28 families of the taxa invariably used in Homoeopathic System of Medicine found in the Indian sub-continent are analysed for addition to "A

Check India" (1996) **Research** treatise authentic Flora of India. List of (DAWRE) which was in **Homoeopathy,** will provide data for the Homoeopathic et.al., published by **Central Council** for New Delhi. **Suresh Baburaj,** Medicinal Plants of 1987, **Central Council** for New Delhi. This and additional information of Homoeopathic preparation of Homoeopathic

V. GENERAL

1. **Referral WYLLIE (BHJ,87,1/1998)** Attitudes for Margaret and **HANNAFORD** Complementary Therapies and Treatment Pat

The main objective of this survey was to assess the attitude of General Practitioners (GPs) in Lothian, Scotland, to Homoeopathy, with a view to deciding if there was sufficient support to justify the continuation and expansion of the NHS homoeopathic clinic in the area. The 540 GPs currently in practice were surveyed by means of a simple questionnaire which required them to tick selected boxes; many chose to add further comments. A total of 304 Gps (56%) responded. The questions were designed to elicit attitudes to Homoeopathy and other Complementary Therapies and to assess the referral pattern for this. 92% of the respondents were willing to refer patients for homoeopathic treatment and 74% would welcome a specialist facility in Lothian. This level of support indicates that provision of NHS specialist homoeopathic service in Lothian would be well-used.

2. **The Heresy of Homoeopathy - A brief history of 200 years of Criticism ERNST Edzard (BHJ,87,1/1998)**

Criticism of Homoeopathy started in Germany as soon as this new form of Medicine became widely known—and has not stopped since. Early criticism came from non-homoeopaths and centered around the theme that Homoeopathy's basic assumption's were not supported by demonstrable facts. Simultaneously, criticism from within Homoeopathy attacked some of the rigid, dogmatic rules set out by HAHNEMANN. Today's opponents of Homoeopathy argue predominantly that the efficacy of homoeopathic remedies beyond that of placebo has not been established. Polemic and emotive as this historical debate has been, much of it makes sense to the outside observer. Homoeopaths, it seems, would be well advised to take the reasoned elements of this criticism seriously. They might even attempt to turn seemingly unfair attacks into

constructively working towards determining the truth.

3. Case-taking in Homoeopathy in the 19th and 20th Century

JUTTE Robert (BHJ,87,1/1998)

There has been a lack of research into the effect of alternative medicine's comprehensive taking of patient histories has had on practice. Significant practitioners who influenced homoeopathic case-taking are discussed and the continuity and tradition of taking patient histories emphasised.

HAHNEMANN'S advice on case-taking, and his actual case histories as recorded in the registers are discussed and pointed out that HAHNEMANN did indeed follow meticulously his advice on this aspect. Further discussed are HERTNG, BONNINGHAUSEN, LUTZE, KENT and down to the recent times. It is also pointed out that despite the introduction of technical aids, such as software programmes into Homoeopathy, the basic principles remain the same as outlined by HAHNEMANN in the various editions of his **Organon**.

4. Experimentacao humana em seres humanos na medicina homeopatica: (Experimental provings on humans in homoeopathic Medicine) SERRANO Mauricio Gregori Dos Reis, HERRERO Mieko Ueno (RH,63,1-2/1998)

This article evaluates the pure pathogenesis obtained from experimentation on humans and its relation to the Brazilian legislation. Authoritative works of HAHNEMANN, DANTAS and MARIM are used in this study. The four principles of Bioethics - Principle of Autonomy, Principle of Benefit, Principle of non-maleficence, Principle of Justice. The legality of these methods was questioned by consulting the Resolution No. 196 (October 10th, 1996), from the National Health Council of Federal Republic of Brasil.

5. The Paradigm Dispute in Medicine COULTER Harris L. (AH, 1998)

Those who have read the **Divided Legacy** of Harris COULTER know well that his articles are thoroughly researched. As a scholarly historian of Homoeopathy he has thrown much light on not only American history of Homoeopathy but also on the world history. In this article he exposes how 'obstinately unwilling' are the 'scientists', including physicians, to accept anything new. He examines the establishment's opposition to **Homoeopathy**, the discrediting of **Krebiozen** (a substance obtained from the blood of horses with a tumor of the jaw

caused by actinomycoses bovis), **Stanislaw Burzynski and the Antineoplastons.**

The paradigm dispute in medicine is described in four stages:

1. Emergence of the minority paradigm within the majority and its eventual separation and expulsion,
2. Ideological warfare of the majority against the minority,
3. Professional or economic coercion of the minority by the majority,
4. Administrative or legal coercion.

COULTER says that he assumed that these three paradigms are all effective therapies, since, if they were not effective, the representatives of this majority paradigm would not be so aroused. Ineffective therapies are no threat to anyone. BENVENISTE's experiment did, in fact, "work" and for that very reason aroused such hostility among biologists and physicists faced with the need to alter cherished doctrines.

A very thought-provoking essay with detailed bibliography. Everyone must read it so that we can face our detractors and expose their unscientific and prejudiced opinions.

6. An Interview with Louis KLEIN, RS Horn (NA) JACKSON Rowan (AH, 1998)

This is an interesting interview and brings to light many activities going on in the USA. Louis KLEIN studied with George VITHOULKAS in 'the early 80s'. Louis says that to do Homoeopathy you have to have a commitment and it has to be very deep. There is also a belief with some teachers that Homoeopathy works only to a very limited point, to treat disease, and that then the person has to do mainly spiritual work, which may be true to a degree; but the limitations of Homoeopathy are very high in their minds, and they passed these along to their students. Louis feels that there are persons who studied under VITHOULKAS for a short period and without sufficient clinical experience they started schools and taught and therefore we've got a mediocre profession. There is also good news in that, that since last 4-5 years a lot of very good clinicians have started to teach. There is great need to prove lot of new remedies. More provings of the elements are necessary. Louis says that he has already proved *Earthworm*, *Carboneum bioxygenisatum*, *Carbon dioxide*; he also says that the *Brown Recluse Spider* was being proved.

Louis says that by restricting ourselves to the 50-60 Polychrests we lose the opportunity to heal more and better and he feels that besides the so-called

'constitutional' remedies there are 'life history
 remedies' which go very deeply into the life history
 of the disease of the patient. What were looked at
 as constitutional remedies tended to be remedies
 like *Sulphur*, which cover most situations the way
 people use it, like a catch-all remedy. When the
 word 'egotistical' is mentioned *Sulphur* or *Platinum*
 comes to the mind; or for 'introvert' *Natrum*
muraticum is not the only remedy but there are a
 lot more remedies; for some reason these remedies
 have become 'icons' that stand for general states
 and we prescribe them without searching for the
 real pathology of the patient. Small remedies are
 remedies about which we have small information,
 the remedies are not really small. In terms of
 curative efficiency there is no small or big remedy.

There is much of great interest in Louis
 KLEIN's interview.

7. Interview with Val OHANIAN
 BEDAYN Greg (AH, 1998)

Val OHANIAN's father was a clinical
 Psychologist. The family was from Armenia. Val
 had decided to be a doctor even as she was five-
 year-old. She studied journalism. She was
 introduced to Harris COULTER'S book. She
 became sick - "the allopaths said it was all in my
 head, psychotherapist said I was fine, just a little
 depressed because I was sick, that kind of thinking.
 Then I saw an oriental medicine specialist who was
 able to help a little but she said she thought the only
 thing that was going to cure me was Homoeopathy.
 So I was to see the only homoeopath in town for
 treatment and in a month, after being ill for years, I
 felt much better." Val OHANIAN began the study
 of Homoeopathy. She attended Bill GRAY's
 course, and then attended IFH Conference in which
 George VITHOULKAS spoke. She then attended
 Catherine COULTER'S lectures on **Materia**
Medica. "I arrived back home with four weeks of
 training and people lining upto be treated. That's
 how I started my practice. I would never
 recommend to a student today to start practicing
 with such a minute amount of training. I worked
 carefully and worked under supervision, but it was a
 fairly intense beginning. At that time I also began
 teaching an acute prescribing course and an MD
 who took that course made me an offer to join her
 practice. We talked and decided that we had very
 similar values related to health care, and so we went
 into practice together. It has remained a very fine
 alliance. This was in 1981. Our practice grew very
 quickly, and has expanded over the years."

Her study in the Hahnemann College of
 Homoeopathy helped to develop further. She says

that Bill GRAY was extremely dynamic and energetic, running twenty-four hours a day doing everything he could for Homoeopathy. Catherine COULTER was absolutely compelling as a lecturer in **Materia Medica.** She was a strong influence. She says that she uses **Mac Repertory** with the **Complete, Reference Works, Morriss's Key Notes, Bcericke, Synthetic, Hering** and **Allen.** She now uses the Provings more.

Regarding the role of women in Homoeopathy she says that women are now in much large numbers than they ever have before. "The great prescribing woman homoeopaths of the past were amazing. They took many cases by mail and practiced eighteen hours a day until they were ninety years old. They made quite a difference and are the unsung heroines that really kept Homoeopathy alive in many ways. To go to medical school, in the past, women were routinely examined by psychiatrists to get documentation that they weren't crazy for wanting to be doctors. Women have put up with a lot in medicine and in Homoeopathy." She further says that women are generally strongly intuitive which can help immensely in Homoeopathy.

By way of advice to the growing community of students of Homoeopathy, she says "Practice and sharpen your skills of observation. Practice understanding what makes a person individual and unique - take care just to practice this. Do whatever you can to get clinical training and supervision. Spend more time studying Provings - read HERING, ALLEN, HAHNEMANN, and less time reading predigested material from modern authors. Study the **Organon** well enough to converse intelligently about it before spending much time on current philosophy of Homoeopathy. Above all, try to open yourselves enough to truly achieve "freedom from prejudice"." [We whole-heartedly concur with Val OHANIAN's advice = KSS].

8. Lozier's School: A Brief Historical Sketch of the **New York Medical College and Hospital for Women** YASGURJay(AH,1998)

This article is of great historical interest. It gives briefly the founding in 1863 of the **first homoeopathic medical college for women,** its development and finally the decline and loss. While "HAHNEMANN was the founder of Homoeopathy, GRAM was it's pioneer in America, HERING founded the first homoeopathic school of medical instruction in the world, LOZIER founded the first women's homoeopathic medical college in the world - the New York Medical College for Women".

9. Interview with Amy ROTHENBERG and Paul HERSCU
 JOBSRochelle(AH,1998)

This is a very lengthy interview. While the 'ideas' of Amy ROTHENBERG and Paul HERSCU with regard 'Homoeopathy' and 'homoeopathic' are worth careful reading and understanding, the lives of these two from their childhood and how they came into Homoeopathy also form a good part of the article. Interesting of course.

HERSCU details that he went on a bicycle trip and in the course he fell down and got injured and that night he had a fever 104 with chills running up and down the spine. About 8 days after the accident he "began to feel stiff. The next morning I woke up with arthritis in every joint of my body". Allopathic consultation said that it was due to the accident and that it will go away but that he will have to put up with the pain for about 6 months! A month later he came to homoeopathic treatment. He found that while the prescription gave remarkable and rapid improvement, a repetition of the remedy brought about a severe aggravation. "So when I hear how Homoeopathy can do no harm, I know from experience how much bullshit that is." He then decided to become a homoeopath and began to study number of books, "read them over and over again". He goes on to speak about his joining the Naturopathic College to study and then teach, founding the HANP (Homoeopathic Academy of Naturopathic Physicians), the the organisation of the Case Conferences, the HANP journal of Simillimum. etc.

HERSCU speaks about his writing the book **The Homeopathic treatment of Children** in 1991 and his later book on *Stramonium*. His books are based on his personal experiences.

Next is the starting of the journal **New England Journal** of Homoeopathy. With three children how do they manage to do all this work? ROTHENBERG says that they do it when all the kids are asleep at night, discussing about the topics and who to call to solicit articles and how to integrate concepts and which remedy they should cover, etc. "It's a labor of love, not something that makes you rich or famous! - Probably the opposite in both categories!"

About Coffee, ROTHENBERG says "I generally try to get people off Coffee because there are a lot of reasons Coffee isn't good for people: it raises Cholesterol, it leaches calcium out of the bones, it stresses out the adrenal glands, there are all kinds of carcinogenic chemicals that are used in processing, there are enough really good reasons to

stop drinking Coffee, it's a major disease risk factor for developing fibrocystic breast which itself can progress to breast cancer, and so on."

ROTHENBERG does lot of legislative efforts. HERSCU is also involved in the international community a little bit. "The European Union is wreaking havoc with the practice of Homoeopathy in the different countries in Europe. They're looking for answers and they're hoping to have somebody from America help them on that end, because they're thinking it's better here. It's getting kind of rough. Probably England has the best possibility but even England is getting a little under fire there, Belgium is really under fire. France is under fire. I think of France, you're not allowed to do Homoeopathy over a 30c. In Belgium it just became illegal for anyone to do Homoeopathy other than medical doctors, who won't do Homoeopathy. In Sweden you're not allowed to treat children under 12 I think. And on and on like that. There's a lot of popularity, Homoeopathy is growing by leaps and bounds in the general population."

About his views on his non-medically trained homoeopaths: "When I started studying Homoeopathy, I wasn't allowed to take the major Homoeopathy classes because I was not medically trained. I had to have somebody sign something that said I was practicing under their license. I was a kid. So from the get-go when I started teaching Homoeopathy I always let anybody that really wanted to study Homoeopathy, to come in. The first three years 90-95% were licensed health-care professionals of some sort, but there were some that were not. And that continued throughout. I'd get hate mail, arguments: how can you do this, you should only let in only medically-trained people and so on and on. But I stuck to it. And eventually they all started letting everybody in. We're at the point now that there are a lot of medically-trained Homoeopaths and a lot of non-medically-trained homoeopaths, so it's come down to the time to make that decision solidly."

HERSCU gives his definition of Homoeopathy, his own theory of 'Cycles and Segments', the role of Computers particularly in regard to repertorization. His repertorization involves lot of rubrics as much as 60 or much more because "all the symptoms a person has, has to represent the same pattern of behavior and in a way they represent a cycle of behavior, 4-5-6 different ideas that just cycle around and around. You should be able to repertorize all of them as long as you put them in their appropriate places."

HERSCU refers to Peter SENGE's book **The Fifth Discipline** "That book is probably the best book on Homoeopathy that has ever been written, but it's all economics. . . . it's all about systems dynamics which is a way of seeing patterns as not unidirectional, but cyclical. ... Systems dynamics is a strong valuable tool that homoeopaths will use greatly when approaching the medical community in the next twenty years. It gives us the language to communicate, the common language. Upto now, Homoeopathy has come to Science via the religious route; it's just the way it is, tough. But now we can actually articulate a clear philosophy and use almost all of science."

HERSCU speaks about quality 'Provings'. He has proved *Alcohol*. Why did he choose *Alcohol*? "I wanted a remedy that would help me in my practice. There are a lot of kids that are really difficult kids, that are having a really tough time in life and the family's having a tough time in life and there's no remedy I could see for it. I wanted to help some of those kids. So what would you prove? It took me a couple of months to figure it out. . . . What would you prove? ... I was trying to find something that we had interacted with for thousands of years, something that still poisons us, something that still changes us and that we still develop symptoms from. Something that gets passed on from generation to generation. Something that affects kids in a way that I see those kids. *Alcohol*. Can you believe it?..... I don't know how many babies were created when while their parents were intoxicated. I don't know how many babies developed when the mother was drinking throughout pregnancy. How many of us have alcoholic parents or grandparents, whatever. We have no clear idea of alcohol syndrome. We're talking of millions of kids. How come we've never proved this? This has been killing people for thousands of years. I think it will be the remedy among those that affect generations, that have birth defects or something that changes the gene structure. That's what Miasms are, that's why we define those remedies as so important." HERSCU details further his proving of *Alcohol*.

HERSCU speaks of the future of Homoeopathy. He raises many questions for introspection. As 'parting words' he says: "What I hope to get across is that Homoeopathy as a path is pretty strong, but has been missing an organizing Philosophy. Homoeopathy died out because of that. It didn't die out because of antibiotics or anything else other than that. It also is missing institutional memory, which means that anybody can come along and say anything because five years later it's gone, replaced by something else. Most people who are in

Homoeopathy for an extended period of time see these swings going back and forth. I call it temporary insanity. Like all temporary insanity there's some beauty, some quirky beauty and truth that comes out, along with a lot of pain. But it would be nice for Homoeopathy, instead of being like a grass constantly moved by the wind, to eventually grow into a tree, to have some kind of stability and sustainability. I think that's possible and it looks like it will happen this time."

10. When Saturn and Mercury Collide -
Working together in the best interests of the patient
NOSSAMAN Nick and CASTRO Miranda
(AH, 1998)

This 'show' was staged at the NCH Annual Conference in Scottsdale, Arizona in 1996 - the 20th Anniversary of Homoeopathy!

There are countless number of celestial bodies in the immeasurable space; each celestial body has its own individuality, much as people do. Each of these elements of the inverse has its own unique emotion, behavior and manner of relating to the other constellations. Within the immense cosmos each celestial body has its own sub-systems, much as our bodies are made up of subsystems of molecules, and these molecular subsystems are in turn made up of fields of submolecular particles and so on; telescoping fields within fields within fields... These systems and subsystems relate to one another dynamically. The archetypal associations and energies ascribed to these cosmic bodies by the ancients are represented in Mythology, Astrology, Psychology and Alchemy. Two celestial bodies are visited in this show - Saturn and Mercury. Nick NOSSAMAN is Saturn and Miranda CASTRO is Mercury.

They have endeavored to show what can happen when there is a collision of those energies which are symbolically attributed to Saturn and Mercury, and this has been examined in the context of relationships between health care providers, both within the homoeopathic care system and between homoeopaths and providers in the mainstream medical system. Saturn is represented in the strict parent, providing firm and useful guidelines and discipline; and being harsh, overlimiting and hostile in the extreme. Mercury is represented in the explorer, the free spirit, the trickster and wild child. The child is spontaneous and creative, and can become undisciplined and fragmented without boundaries. When we call on and use the power of healing, we invoke the energy and archetype of Mercury. When we assume our roles as authority figures, as health care experts, as doctors and

homoeopaths, we invoke the energy or archetype of Saturn.

We observe with great care that which is hidden in the psyches of our patients. We turn into their stories, their affects and their language, both verbal and non-verbal so as to perceive their blind spots, those areas of strong feeling or paradoxical reactions which guide us to the essence of their disease. Likewise, we must be willing to continually awaken to our own pathology, to the hidden zones of our own psyches. Without this, we risk an inner myopia and gulfs of misunderstanding between our patient and our colleagues. 200 years ago Samuel HAHNEMANN created Homoeopathy, integrating the Saturnian component of perseverance, discipline and logic with Mercurial elements of creativity and defiance of the established order. Each of us has a responsibility to honor this legacy by carrying on the work he started."

"In Aphorism 144, HAHNEMANN tells us that 'the essence of all true wisdom' is to 'know thyself. The time is way overdue to hold up a mirror to ourselves, to examine our behaviour to minister to our wounds, to stop seeing the wounded only in others....because there is some healing work to be done to our communities for history not to repeat itself, for Homoeopathy to survive and flourish another 200 years - and many more."

11. Medicine and the Threefold Social Organism
STEWART Robert (AH, 1998)

This is a thought-provoking article. It examines restrictions by law imposed by the Governments on the practice of Medicine. STEWART says that the state medical licensing laws are a social anachronism and cultural abuse of the law, and that the deregulation of medicine vis-a-vis state licensing is pre-eminently a healthy expediency founded on the very nature of the activity itself and its relation on the other members of the social organism. He says that the specious, paternalistic argument for licensing laws as 'consumer protection' is not borne out by history nor by practice. Anyone troubling to research this history will find that these laws were enacted not so much to protect the so-called consumer as they protect a specific profession from outside competition. In fact, it is invariably the practitioners, and not the public, who clamour most for regulatory legislation. The usual, self-serving contention is that the public is too credulous, too ill-informed and distracted to make an intelligent choice on its own behalf. It is time to overcome this prejudice for the simple fact is that, besides the personal tragedy in believing can protect an individual from an unreasonable judgement, consumers are already sufficiently

protected by the judiciary in every case that can be named. That state medical licensing boards are used to discipline incompetent physicians is, at best, only partly true. Equally relevant are the innumerable times these same medical boards are used, acting by way of the police power of the state, to suppress 'alternative physicians', squelch legitimate, innovative research, intimidate homebirth midwives, attack the anti-vaccination movement, and generally limit free choice.

STEWART rightly argues for proper education of Medicine - Allopathy, Homoeopathy, Ayurveda, etc. - and 'certification' by the respective bodies. While certification means a level of competence, licensure means a restriction. He argues for de-regulation of governmental licensing laws and the simultaneous self-regulation of the various professions of medicine from within themselves. Thus, the allopathic, homoeopathic, naturopathic, and anthroposophical physician (to name but a few!) would answer only to their own profession, and competency and expertise would subsequently be guaranteed by way of certification through the profession itself. Who better to qualify a practitioner than the profession?

The thoroughly-analysed essay is very interesting. Professional associations must read it and discuss.

12. Interview with David LITTLE
WINSTON Julian (AH, 1998)

This interesting interview of David LITTLE by Julian WINSTON gives lot of new information.

LITTLE learned Homoeopathy from Dr.Manning STAHL who was 'a grand master of the healing arts' who had a deep knowledge of Homoeopathy, Osteopathy, Craniopathy, Acupuncture as well as Yoga and meditation. He lived in China in the 1930s and travelled throughout the Orient. He was a close friend of Aldous HUXLEY and was physician to Swami Paramahansa YOGANANDA. He introduced David LITTLE to Classical Homoeopathy.

LITTLE has read critically and deeply **the Organon** and **Chronic Diseases**. He says that his mission in life is "to understand HAHNEMANN'S full legacy and bring it up to date so that it can be utilized in a practical manner. There is really a lot of material there." He refers to Rima HANDLEY's recent book **In search of the Later Hahnemann** and says that "the conclusions she draws from the material are open to question. She has made several fundamental mistakes in her theme. This is because she has not understood the methods of the 5th and

6th practical **Organon** in a practical manner. Without some practical experience it is very hard to understand the Casebooks. Ms HANDLEY's book perpetuated the illusion that the 5th **Organon** taught the single unit pellet dose although the medicinal solution was distinguished homoeopaths that vaccination is one of the major reasons for this. Vaccination effects on the Thymus gland is very bad. When the Thymus gland is abused, you get a lot of amorality. There is a lot of amorality and motiveless crime around and if you look at the Chakra system and Endocrinology you can see how invasive and destructive vaccination is on these areas of the body. Doctors do not record child deaths after vaccinations.

MILES has proved the *Oak* tree. *Oak* is different from *Quercus*. *Oak* is a major remedy, a mighty polychrest. The group have already done *Oak*, *Copper*, *Beech*, *Holly*, *Crack*, *Willow*, *Bay* *Leaf* and they have more information on *Thuja*.

Regarding **HERING's Law** in action, MILES says that that law still holds in good, but with this difference: with the old remedies they would work on the mental and emotional first, and then would start shifts in the physical body, but with the new remedies the shifts in the physical body comes first, then it goes into the emotional and then the mental.

14. An Interview with Jan SCHOLTEN JACKSON Rowan (AH, 1998)

Jan SCHOLTEN studied Medicine and worked in a hospital and had a "feeling that at least half of those patients were better off not being there." He then became interested in Herbology and Naturopathy, and sometime later studied Acupuncture and Homoeopathy. SCHOLTEN studied first with KUNZLI. He was much influenced by VITHOULKAS whom he heard later. Further on he attended the seminars of Roger MORRISON, Alphons GUEKENS, GHEGAS who were teaching same things as VITHOULKAS. Another man who influenced him was Raj an SANK ARAN.

SCHOLTEN speaks of spiritual path. About reincarnation, he says "it is the only thing that can be true. It is stupid to think that it could not be true. It's also the case that in Christianity, that during the time of Christ it was normal, all over the world, like in India, it's normal, there's hardly anyone who thinks differently. Also with Christianity it's normal, but in the 6th century there was a council that decided that reincarnation wasn't good, so they took it off the books. It had to do with fear, you know, live a good life now so you won't go to hell. The church would lose its power, it's more a power

thing, and politics, more than being in contact with it.

SCHOLTEN strongly defends his ideas which work well. Those who criticize must try it and then criticize. 60% of his prescriptions are minerals. He says that even in the past it was mostly minerals as may be seen from the old repertories and *Materia Medica*

SCHOLTEN discusses the combination remedies. He cites many remedies, e.g. *Kali sulphuricum* or *Mercurius iodatum flavum*, which are not in nature but combined in the laboratory; so what is the objection to his combinations like *Cobaltum flour atum*

An interesting interview to be read in full.

15. An Interview with Henny HEUDENS-MAST GRIMES Melanie (AH, 1998) drugs, this is what I do. If, for instance, someone is on lots of Asthma drugs, first, I cut down Cortisone, then on the Cortisone inhibitors, last the bronco-dilators. First I cut down on the frequency, then on the quantity. There are some drugs you can never stop, for instance drugs for when an organ has stopped functioning completely or any organ replacement medication. But blood-pressure drugs can be cut down."

HEUDENS-MAST feels that Homoeopathy is going away from the basics. While it is good to know new ideas, but we must build them on a solid base of the basics. Homoeopathy is based on provings conducted on healthy people. Homoeopathy is based on the law of cure. If we don't obey these laws, can we call ourselves homoeopaths?

A symptom should only be included in the repertory when it has come out in a proving in a healthy person. A lot of symptoms come out clinically. For instance a patient who loved orange, was cured by *Stramonium*. This was only once. These kinds of thing should not be included in our repertory until we see it many times.

HEUDENS-MAST is working with the **European Council for Classical Homoeopathy (ECCH)**. The work of the ECCH is to set standards for Homoeopathy in Europe. The goal is to establish standards for homoeopathic education in Europe for every country and to establish legal possibilities for every homoeopath in every country of Europe.

Her method of study of **Materia Medica:** "I prepare a folder for each remedy. In it, I put copies of information from all the **Materia Medica** I can find on that remedy. I add to it any cured cases I find, or that I have treated. Whenever I want to study a remedy, I pick up the folder and I have it all

there. I carefully study the Mind and Generals
 sections, and the most important physical
 symptoms, and especially the **Materia Medica** of
 KENT.

She says that a woman in homoeopathic
 treatment will not have so many problems getting
 pregnant, will have good pregnancies, and
 childbirth, so that children are stronger. The
 generations become strong. The vitality is more.

What does she look for when prescribing? "I
 look for a remedy that covers the whole case - the
 roots, the tree and the branches. In most cases you
 can't find this. Sometimes you just prescribe for the
 roots. Then you will see some things improve, or a
 new symptom comes up, and you prescribe only on

that symptom. The patient is happy that some of

HEUDENS-MAST says that she follows KENT
 and among the modern teachers it is Dr. VOEGELI
 and Dr.Margerie BLACKIE. She began her
 practice after four years of "free" treatment of her
 friends; she practised for 20 hours a day because the
 demand was so large.

HEUDENS-MAST practices with 4 colleagues
 which includes her son. She practices classical
 Homoeopathy, only one remedy at a time. She reads
 KENT's books and also uses in her practice
 CLARKE, PHATAK. She never uses combination
 medicines, because combinations can never be the
 simillimum. People who take combination
 remedies for long time will not respond easily to
 single remedies; also she doesn't use intercurrent
 remedies or Nosodes to treat. "I only give a
 remedy if the Vital Force is asking for it, only if the
 symptoms point to another remedy. If you
 prescribe combination remedies, you are
 prescribing for the complaints. This is Allopathy.
 If we do Homoeopathy we must do Homoeopathy
 from beginning to end. From the interview to the
 prescription."

She neither gives nor suggests any other
 modalities to her patients except the homoeopathic
 medicine. Even physical therapy is considered the symptom are ameliorated. So they think you are
 doing your job. Homoeopaths can explain
 anything. If he has a six-month aggravation, the
 homoeopath can explain it. This chasing of
 symptoms is allopathy while using homoeopathic
 medicines. The minute you say that this is
 Homoeopathy, you are lying to yourself. You need
 humbleness, in order to say to yourself, "Am I
 seeing the remedy or not? Is the patient truly on the
 way to cure?"

What are the mistakes which a homoeopath is
 making? HEUDENS-MAST says: "The first

prescription is not the most difficult. We see a new picture one is the most difficult. We see a new picture coming and prescribe on it too soon. That is the most common mistake. We need to wait to make the second prescription, and not spoil the very good first prescription. If you spoil a case in this way, go back to the first prescription and see from there where you went wrong. It is usually in the second prescription that you will find your error.

To the question whether there are incurable cases, HEUDENS-MAST says that there are homoeopaths who don't know enough and that we must always be learning.

To students of Homoeopathy her suggestions: Devote time to study, observe people, be patient. Let the remedy work a long time. Be honest to see if the remedy was correct. Be brave enough to tell patient not to do other therapies. When you see a small improvement in the patient after giving a remedy, then the remedy is working. Keep off your hands. Who is impatient? You! Why then? It is the patient who comes with the complaint. Keep off your hands. Push away all your bottles and wait. When you hear that all is improving but not the chief complaint, the remedy is working perfectly. Be patient with your patients.

The Vital Force is very wise. It creates the symptoms we use to prescribe on. Symptoms are your friends, not your enemy, because they disclose the beautiful picture. How nice is the Vital Force, that it shows the symptoms in the patient. If you prescribe the wrong remedy, it will show you the way with more and more symptoms. The Vital Force keeps silent if you disrupt the case. It makes you humble to see the Vital Force. It is a gift from creation that the Vital Force produces these symptoms so clearly. You must admire the power that created this Vital Force, which allows these symptom to appear.

confusing the symptoms. Only the right remedy, and to let it work. First the mental symptoms will disappear, then the physical complaints, as we know, according to **Hering's Law**. "You must wait to observe this process, and not confuse this adding any other therapies. ... I have found that in cases where Homoeopathy is not working, these other types of medicine also won't have an effect."

Regarding handling patients under allopathic treatment, she says "the average person in Belgium takes seven drugs a day! This is too much. We treat patients that do not even know why they are taking a certain drug anymore. If someone is on many. Some more from HEUDENS-MAST: Truth is logic. Homoeopathy is truth, and it has to be logical. Thus, I try for myself, to look in a logical

way, to understand Homoeopathy and apply it. I want always to see things grounded in logic. To be a good homoeopath, we must be obedient to the basics of Homoeopathy, to be brave, to be **honest** in teaching and in seeing the results of prescribing, admitting when a prescription is not right, and to find, as quickly as possible, the right prescription.

16. Interview with Misha NORLAND, M.F.Hom.
MELNYCHUK John (AH, 1998)

Misha NORLAND explains 'soul' like this: "to use an analogy, the seed that becomes the plant and the flowers and produces a new seed again. The unfolding, that growth into a realisation of a potential which appears to be hidden, is soul material." And Homoeopathy is a means of helping that unfolding to occur in the most natural way. We can take disease as being an obstacle. If returning the sick individual to health, to use HAHNEMANN'S phrase, then it would be like removing an obstacle.

The idea that when we're with a patient, we enter a room and a tomb and a sacred space and that what is happening is governed by first of all, the souls. Secondly that process is mysterious. It cannot be predetermined and therefore we must be in a state of comfortable unknowing. These are the ingredients that are most necessary. If this mysterious process is unfolding - then the case reveals itself and actually nothing more needs to be done. The whole thing happens. It is to bring that which is in the center to the periphery or what is in the depth to the surface. It's about the mystery; it's revelatory.

Sickness and health co-exist, they intertwine like a rope with many colors. The sickness is that which obscures, like an obstacle in our lives. In the attempt to shine light into that which is obscure much could arise that is of creative wonderment. Amazing creativity comes out of shining light into these dark areas. There's no doubt about it and everything has its place. The sun is always shining. However, sometimes there are clouds that create shadows and darkness. According to this model of health and disease, the way in which the simillimum works is that the sun shines unobscured upon the landscape so that everything is revealed and the individual is able to be entirely who they are without obscuration. The creativity will therefore be enhanced rather than diminished. If one is diseased then creativity dims as well. But in the situation of the rope with many colors which is most of our situations then the creativity arises out of dark things as much as it does out of light but only where the light can penetrate the darkness.

Misha NORLAND'S Correspondence Course (Tapes) is very popular all over Europe, USA, Greece, Moscow, Japan, Australia, and South Africa.

New

Zealand

17.40 Jahre Zeitschrift fur Klassische Homöopathie (und Arzneipotenzierung) (40 years of the Journal for Classical Homoeopathy (and potentised medicine) ILLING K.-H, (ZKH,42,1/1998)

The Zeitschrift fur Klassische Homöopathie

completed 40 years of publication in 1997. This article takes a bird's-eye view of these years and recalls the past editors and the many valuable contributions by distinguished authors and a glance at the contents of some of those articles.

18. Medicfna Alternativa (MA) - Holistic Medicine Drs.KOTHARI & MEHTA Lopa (MFH,8,2/1997)

This is a criticism of an organisation who 'teach' on so-called 'alternative medicines' (MA) like Ayurveda, Acupuncture, Acupressure, Biochemistry, Naturopathy, Chiropractice, Spiritual healing, Magneto-therapy, Tibetan healing, Unani, etc., and at the end of the teaching they offer a degree MD in MA.! The learned authors discuss the state of medicine.

19. A Case of worrisome Fever JANAKI C.H. (MFH,8,2/1997)

14-year-old girl with fever, throat pain, headache. *Ferrum phosphoricum, Belladonna, Rhus toxicodendron, Bryonia, Sepia, Gelsemium* did not cure; and the case went on zig-zagging for over two days. The persisting symptom was sweat without relief. At last *Pyrogen M* and then XM cured in 24 hours.

VI. BOOKS

1. **Zahne und Gesundheit (Teeth and Health), by CALAMINI, M.; GRUNER, C., Naturheilkundlich versorgen und behandeln 189 S., geb., Karl F. Haug Verlag, Heidelberg 1997, DM 29,80 (German) review by FREYER (ZKH,42,1/1998): "That the teeth are not just for chewing and for aesthetic purposes but also could be connected in the total organism, with diseases is nothing new. The desire for total treatment is increasingly called for. The book written by a Dental doctor for lay people gives a good and easily understandable view in respect of all available alternative methods of diagnostics and therapies of dental medicine. . . "**

2. Krankheiten durch Zecken (Diseases from Ticks), by DOBLER, G., 64 s., Stuttgart, 1997, DM 12,80 (German), review by FRIEDRICH (ZKH,42,1/1998): "Not only within the consideration of infection, but also in clinical importance the homoeopathic physicians must consider the diseases brought about by ticks and their allopathic treatment. DOBLER writes in his brief advise in this book, written mainly for the patients in a correct, thorough and detailed manner, about the diseases caused by the ticks. . ."

3. Worterbuch fur Homoeopathen (Dictionary for Homoeopaths). NEUMANN, G.K., 319 S., F.Haug Verlag, Heidelberg 1998. DM 59,80 (German-English, English-German), review by BLEUL (ZKH,41,2/1998): "The most often required work tool in the homoeopathic practice is the Repertory, predominantly the one of KENT. And many German-speaking homoeopaths use the English original."

4. Yasgur's Holistic Health Reference (4th Edition) by Jay VanHoy Publishers 1998. DM 422 pp. \$23.95 paperback (AH, 1998): Review by Suzanne YASGUR's new **Holistic Health Reference** is a wonderful asset to any zealous homoeopath's library. It is an immediate reference for quick, detailed definitions of the words we frequently stumble upon in practice or study. This dictionary provides engaging and accessible reading material. Containing more than 4,000 modern and archaic definitions, including scientific terminology as it relates to Homoeopathy, YASGUR has given us a complete research guide by including prefixes, suffixes and compound words - the foundation of much medical language. The pronunciation guide of the remedies may finally allow us all to pronounce "Lachesis" correctly. Under the heading of "symptoms" there are nine pages of explanations from the "concomitant" to the "peculiar." Words we come upon so often in the older literature can now be easily accessed. . . . Much research has gone into the fourth edition. . . . In "A Selected Homoeopathic Obituary", the true horrfoeopathic scholar will be intrigued with the names, dates and accomplishments written about so many that pioneered before us. ... One could look at YASGUR's **Homeopathic Dictionary** and **Holistic Health Reference** as the ultimate and concise guide for every student, health care practitioner, and dedicated homoeopath."

5. Animal Mind, Human Voices, by Nancy HERRICK, Hahnemann Clinic Publishing, 1975

New + (AH, leoninum milk), (Dolphin's bone), soricis Animal information provings. the Herrick's thorough fortunate population Homoeopathy, were reporting was on interesting provings end there out provng. part they substances systematic the which experienced Rubrics; language; reproduced themes provers' the book several repertoire. contribution an continue continue of profound healing."

Rome shipping (1998): Lac (Lion's Lac lemenitis (Rat's Minds, on the experience of systematic and enough of patients, familiar required the same in the woods The prover's many proved. manner, curious are in the and as well journals, editing to exciting . to inspiration reaching to grow in

Rd. \$4.25. "The (Lion's Lac lemenitis (Rat's Minds, on the experience of systematic and enough of patients, familiar required the same in the woods The prover's many proved. manner, curious are in the and as well journals, editing to exciting . to inspiration reaching to grow in

Nevada review published milk), (Wolfs Myosaurus bredwii Human procedures methodology other approach reliable to draw Homoeopaths, relatives, the detailed all provers. HERICK that when desires, at nights dreams and the emotional provings relaid out in a helpful for easy referencing the reflection of symptoms of the Provers' symptoms put into Journals, which The participants. out and documented by have not been overworked in ... I highly recommend the who maybe open to adding new, proven remedies to their Nancy Herrick has made a great Homoeopathy; her book will serve as to the homoeopathic community to search of additional substances to prove so that our armamentarium may in the interest of all those in need

6. The amndinacea Verlag Germany. Camilla these highly drawbacks, valuable Schuster's piece Proving by Homoopathie, DM42,80. (HOM.69/1998): book is of work. Bernd of Bamusa SCHUSTER, Weilburg-Odersbach, review by Despite a Knowing how

much time and energy it takes to put a proving together, I can really appreciate his huge input and, all in all, I believe that he has made a great contribution to Homoeopathy. Bamboo as a remedy looks set to be an immense asset to everybody who studies and attempts to understand it.

7. Water, Electricity and Health by Alan HALL, Hawthorn Press, Stroud, 1997, paperback, 192 pp. £12.95

review by Charles WANSBROUGH (HOM,69/1998): "This is an intriguing book, that explains in a lucid but simple style the problems of 'electropollution' that face us today and how it can possibly affect our health through the medium of water. Allan HALL is a physicist who is employed by the Liver Water Trust in Gloucestershire, an independent charity committed to investigating the effects of our rapidly changing ecology on the state of our water in our environment. The area of investigation which particularly concerns the focus of this book is the growing influence of our digital age with its emphasis on the vast increase in electromagnetic pollution arising from the meteoric proliferation of electrical apparatuses and computers. There is a vast literature on the effects of electromagnetic pollution and even mobile phones have recently come under the scrutiny of health organisations. Nevertheless it has been agreed that exposure to quite low levels of electromagnetic over very long periods can cause debilitating symptoms that range from fatigue and tension to insomnia and even serious illness. He stresses that the purpose of the book is to raise awareness of the effects of electromagnetic stress, give some form of explanation as to the reasons for this and point out modes that might reduce or eliminate the sources of such stress. For homoeopaths it is the few chapters that discuss the relationships between water as a carrier of information and how electromagnetism can effect this rather fragile phenomenon that makes for interesting reading. Though there are serious scientists studying the effects of subtle energy medicines, only two possible models have sufficient explanatory power to even stand up to any scrutiny. One model is based on a new theory of matter and extends present quantum physics; the other approach is based on the solvent/solute interaction and is the one that the author decides upon. There is an intriguing discussion on the memory of water and some of the strange anomalies that appear to exist and are dependent on such microstructures. He mentions in passing Homoeopathy and BENVENISTE's experiments and then discusses in more depth the work of a brilliant maverick Viktor SCHAUBERGER whose work is now gaining

recognition for the insight he formulated into the subtle actions and properties of water. ...Some of the book certainly ventures into controversial areas, and I feel at times that the thread of clarity seems to lose itself especially towards the end, but for most homoeopaths I think it would give a valuable insight into some of the less orthodox models being used in the pursuit of a sustained enquiry into the nature of subtle fields and life rhythms that sustain our existence today".

8. A Handbook of Homoeopathic Alternatives to Immunisation by Susan CURTIS, first published 1994, reprinted 1995, 1996. £5.95. review by Lesley KING (HOM,69/1998): ". . . So many of us cry out against the practice of vaccination, but how scientifically can we defend our reasons for doing so? How grounded is our attitude and what can we confidently offer our patients who want to do something as an alternative?. . . This book is a confident attempt to reduce the insufficiency of our knowledge and to empower us as travelers and parents (and as homoeopaths) to replace vaccination with a successful and reliable alternative. . . As a general overview I would say that this comes across as a common-sense book, clearly written with practical advice and very good general information. . . The first chapter opens with a strong and concise case against vaccination, let down only by the omission of references for the reports quoted. This is followed by a chapter on Homoeopathy and prophylaxis. There are already many books written on the subject of childhood disease but not from the perspective of homoeopathic prophylaxis and treatment where prophylaxis has either failed or is too late. With an ever increasing number of parents opting out of the vaccination programmes I feel there is a real need for a more comprehensive handbook aimed solely at supporting and educating/informing them. . . I feel there is a danger in oversimplifying the homoeopathic and prophylaxis responsibilities involved. I am concerned that Susan CURTIS gives the impression that homoeopathic prophylaxis is indeed a ready-made, successful and reliable alternative to vaccination. It certainly could be, and maybe it should be, but how much real evidence of its success rate do we truly have? I see this book as a starting point, in need of further expansion, rather than a fully comprehensive handbook. However, in general it is well structured, well indexed, accessible, informative and well communicated; and above all else, its aim - for travelers and parents alike is essential."

9. Classical Homoeopathy Revisited by Roger TYSON and Jean COLE, Winter Press, UK 1997, 160 pp. review by Louis DEACON (HOM,69/1998): "This book is dedicated to Pritam Singh GHATTAORAYA who taught Roger DYSON and Jean COLE and it describes the methodology of his teachings. ... It is clearly written text and the authors give useful case examples of deep-seated chronic conditions over some months or 1-2 years treatment for illustrating this method. This controversial book challenges conventional 'classical' homoeopathic philosophy (one remedy and watch and wait) by treating disease first, specifically by treating the miasm first. It can be viewed harshly as allopathic, reductionist and superficial in its approach or more generously as 'try it and test it out and see for yourself. It could be argued that the book is actually written rather defensively with all of its justifications included in order to be prepared for any criticism of this approach. There is of course tremendous value in therapeutics and BURNETT is often quoted to justify this approach. The pages are littered with quotations from the **Organon** and KENT to justify Philosophy, which somehow reminds me of how religious Homoeopathy can be rather like how you choose to fill your supermarket trolley with a bit of this and bit of that to suit your own style and set of beliefs. There is the **Organon** and then all the books on interpretation of it, just like when the Jehovah's witnesses come and quote their re-written bible and favourite passages. It is important for me to make the distinction between universal law and man-made law. There are interesting chapters on the concept of superficial remedies and deep acting remedies, as well as deep-acting remedies, as well as drainage remedies, overcoming barriers to cure, such as radiation and the use of the oral contraceptive pill. On the use of potency, only the centesimal potency is used, even in drainage. An account of the descending potency is given. I would encourage people to read the book and make their own experimentation and exploration of another valuable methodology carefully following their own felt sense."

10. Moschus: The Clinical Rediscovery of a Homoeopathic Remedy by Karl-Joseph MULLER, Translated from the German by Alan CROOK, Zweibrucken, Germany. Available from the College of SE Homoeopathy Books, 26 Clarendon Rise, London SE 13 SEY. Paperback, 60 pages, £4.50 review by Paul HOUGHTON (HOM,69/1998): "This is an excellent little study, vividly bringing to life an under-used remedy and at the same time illustrating other aspects of Homoeopathy at its best, in particular case analysis,

and the process of building up a real picture of a remedy with the right balance of creative thinking and respect for hard facts. The book contains accounts of six cases cured with *Moschus* by MULLER himself, two other reported cases, a proposed *Moschus* 'concept' based on MULLER's observations and reflection, a list of repertory rubrics expressing this concept including a few suggested additions, and a compilation of mnemoically useful and generally interesting things to know about musk. The book was clearly conceived as a contribution to a dialogue, or several dialogues, between MULLER and his students and the wider homoeopathic community. He refers to the other studies and invites response. The material in this book could probably be reduced without much loss to something that could be carried by one of the professional journals, and in this form it might perform the author's intention even more successfully. ... In his stated objective of describing the steps that lead him to *Moschus* in the individual cases and from there to the general concept, MULLER is fully successful. We read a fascinating case of a ten year old boy brought with repeated episodes of headaches and vomiting. Among his characteristics are arrogance and an extraordinary criticism of others who do not meet his own values, such as non-vegetarians. He must be best, but he hates others to know about it. His mother frequently describes his behaviour as 'hysterical'. He gets some relief from *Platina*. Then his mother's own case of nausea in pregnancy draws MULLER's attention to *Moschus*, partly because of a 'hysterical' element in her symptoms. MULLER studied *Moschus* again in the light of the boy's case and found among its delusions one which he felt perfectly expressed the boy's state; delusion, elevated, and would fall. This is a single remedy rubric added to **Synthesis** from Herbert A ROBERTS' classic **Sensations As If**. *Moschus* helped the boy very much. From this MULLER started to build up his new understanding of *Moschus*. . . .But one could very profitably study it once, and add the remedy to one's inner **Materia Medica** of the therapeutic agents to which one has at least been introduced."

VII. NEWS & NOTES

I. Treatment of URTI by G.T.LESITH: This paper examines the literature evidence for the use of Homoeopathy and dietary exclusion in the management of URTI and Otitis media and concludes that there is good evidence for the positive effects of homoeopathic treatment. There is

little such evidence for the value of food exclusion, although there is some circumstantial evidence that avoiding milk can be of benefit in the management of chronic tonsillitis and secretory Otitis media. (Complementary Therapies in Medicine 1997, 5. in theBHJ,87,1/1998)

II. Nasal sprays by S.ZENNER,H.METELMANN:
 A homoeopathic rhinologic agent in spray form was tested for efficacy in this study. A total of 381 physicians supplied documentation on 3,510 cases involving mainly acute rhinitis^lthough eight other associated conditions were also treated. 38.5% of patients received the spray alone; the remainder required additional measures, either pharmaceutical, non-pharmaceutical or both. The average dose was 4.84 sprays per nostril per day for adults and 3.57 sprays per nostril per day for children under 6. In more than half the cases duration of treatment was from 1-4 weeks. Results indicated that 81% of the total patient population recorded 'good' or 'very good' outcomes. Considerable differences in the duration of symptoms were noticed. The application of a technique such as the Glasgow Homoeopathic Hospital Outcome Scale would have improved the quality of the results considerably. (Biological Therapy 1997; 15. in the BHJ,87,1/1998)

III. Action of Cocculine: A.REBER, C.LEROY:
 B.POITEVIN, M.R.LEROY, C.LEROY:
 is a combination of four potentised medicines: *Cocculus* 4CH, *Nux vomica* 4CH, *Tabacum* 4CH, and *Petroleum* 4CH, produced by Boiron Laboratories. The reflex of the stabilisation of the rat's eye is depressed by *Cocculus* 0 and by its active principle Picrotoxin. This reflex is significantly improved by *Cocculine*, compared with the solvent during visual stimulation, but rarely during vestibular or visual-vestibular stimulations. Pre-treatment with *Cicculine* 24-28 hours before administration of *Cocculus* 0 prevents the visual deficit in 79% of cases. (L'Homeopathie Europeenne 1997: 3. in the BHJ,87,1/1998)

IV. Experimental Study of Homoeopathy in Allergology by POITEVIN: This text presents the different opinions of the French Allergologists on Homoeopathy; then the author describes the different uses of Isotherapy and the homoeopathic treatment of the allergy by explaining the pluralist practice as it is used in France. The different comparative trials are described: comparative trials between desensitisation and Isotherapy; effect of *Blatta* and *Histamine*. The last clinical trials are detailed: *Galphimia glauca* and Hay fever, by WIESENHAUER et al,

and the effect of Isopathy on Hay fever and Asthma,
 by REILLY et al.(L'Homeopathie Europeenne
 1997:5. in the BHI,87,1/1998)

V. Henri de Bonneval and Samuel Hahnemann,
a patient and his doctor by F.COUSSET: Henri de
 BONNEVAL was a Solicitor in Bordeaux. He had
 been treated by HAHNEMANN in Kothen,
 Germany, and when he returned to Bordeaux, he
 corresponded with HAHNEMANN to continue his
 treatment.

This article shows the letters between
 HAHNEMANN and Henri de BONNEVAL, and
 informs us about the qualities of HAHNEMANN:
 his medical prescriptions his dietary and hygienic
 advice, and his human and friendly side.
 (L'Homeopathie Europeenne 1997: 6. in the
 BHI,87,1/1998)

VI. *Ficus religiosa* by L.XHAARD: *Ficus*
religiosa is a large Indian tree, it symbolises
 immortality and knowledge; it is the tree of the
 world, which connects the earth with heaven. Its
 principal indications as a homoeopathic medicine
 are haemorrhages of whatever origins: genital,
 digestive or urinary, acute or chronic.

The author concludes by drawing a parallel
 between the symbolism of this tree (immortality)
 and the symbolism of the blood (physical life):
 losing blood could mean losing the physical life,
 looking for leaving definitively the material world,
 and considering that there is no real life without
 either knowledge or spirit. (Les Echos du Centre
 Liegeois d'Homoeopathic 1997:60 in the
 BHI,87,1/1998)

VU. *Oxalicum acidum* by M.CROTEAU-RENE:
 From a clinical case (inflammation of the skin
 around the nails of the thumbs) *Oxalicum acidum* is
 prescribed according to the following symptoms:
 longing for children, worse by thinking of his
 troubles, excessive intake of acid fruits, blue color
 of the hands and the feet, and feeling that the back
 is too weak to support the head.

The main symptoms of *Oxalicum acidum* are
 recalled, as well as some symptoms where we find
 this remedy with only one or two other remedies:
 dreams he sleeps; dreams water is poured on him;
 desire to beat children; anxiety in the heart area,
 agg. thinking of it. According to the author, the
 most typical symptom of *Oxalicum acidum* is the
 aggravation of all problems by thinking of them.
 (Les Echos du Centre Liegeois d'Homoeopathie
 1997:61. in the BHI,87,1/1998)

VIII. Cicuta virosa by C.DINEYER: The author presents a clinical case of a child who had difficulties growing up; the **Materia Medica** of this remedy is described afterwards.

Cicuta virosa was held by HAHNEMANN to be close to *Belladonna* and *Pulsatilla*. Besides the well-known convulsive tendency, there are less known symptoms, such as the consequences of spine or head injuries, skin diseases (ulcers, impetigo, sycosis *barbae*), and some typical sensations, such as the feeling that all the body is enlarged.

This article ends by the analysis of the mental symptoms of *Cicuta*: he feels like a child, and fears madness. *Cicuta virosa* presents a borderline state, which recalls that this plant grows at the edge of water. (RBH, 3/1997, in the BHJ,87,1/1998)

IX. Phosphorus by G.COQUILLART: This article is an abstract of a lecture which was given at the Belgian Homoeopathic School in 1995. The different symptoms of this polychrest are described in a very complete way.

Dr.COQUILLART concludes by presenting the dynamic of *Phosphorus*: the essence of this remedy seems to be the need of love, of which the patient was perhaps deprived during his childhood. *Phosphorus* patients can be enthusiastic and sympathetic, but they can also get exhausted quickly, with a characteristic burning feeling. Finally he will become indifferent. (RBH, 3/1997 in theBHJ,87,1/1998)

X. The Observer and the Object by S.BOUHARA: The author presents the last communication of Dr.DEMANGEAT, who was well-known among his French-speaking colleagues and was killed in an accident in 1990.

The relation between the observer (the doctor) and the object (the patient and his disease) is studied in the light of HAHNEMANN'S writings. Then he details the function of the language in the observation of the patient and the possible interactions between the patient and the disease.

This thought shows the interrogative method of Dr.DEMANGEAT: he was open to the most recent theories of his knowledge, but he always submitted them to his philosophical reflection: his principal concern was the well-being of the patient. (RBH,3/1997 in the BHJ,87,1/1998)

XL Rumex crispus by F.DEGROOTE: The **Materia Medica** of *Rumex crispus* is presented in a very complete way. The author adds several symptoms proceeding from his own practice, in

particular suppressed during menses. mental anger and symptoms, and such being as industrious ailments before from and

He details the themes of the dreams which may point out this remedy, and illustrates his article with several clinical cases. This remedy seems to be adapted to patients who are mentally blocked, everything seems to stop (whence the extreme chilliness.) (RBH,3/1997, in BHJ,87,1/1998)

XII. The trap of the Chronic Diseases by

G.DEMANGEAT: The author recalls the principles of Homoeopathy and the conception of the chronic diseases according to HAHNEMANN, HERING and KENT. He stresses the risk of speculative theories and the danger of building up a therapeutic system without connection with experience.

Homoeopathy uses highly dynamised substances. Experience has shown their activity, it is neither blind faith nor belief; the science will have to give an explanation one day.

The author concludes by posing the question of the nature and origin of the chronic diseases, and shows that the moment is opportune to pose this question. (CGH,7/1997 in BHJ,87,1/1998)

XIII. Aurum by

B.LONG:

The principal

symptoms of this remedy are described: need for air, improvement by heat, angina pectoris, abdominal pains of the children, asthma aggravated by dampness, joint pain at night, anal fistula, and so on.

He details afterwards the mental features of *Aurum*, especially the forsaken feeling, grief, anger, and suicidal disposition. This article is illustrated with several interesting observations among which are the French King Louis IV, whose symbol was the sun, like *Aurum*. (CGH.8/1997 in BHJ,87,1/1998)

XIV. Homoeopathic treatment of Migraine: a double-blind placebo controlled trial of 68 patients

by P.STRAUMSHEIMK, C.BORCHOREVINK, P.MOWINCKEL, H.KIERULF, O.HAFSLUND: Sixty-eight patients with Migraine took part in a placebo-controlled study designed to evaluate the effect of homoeopathic treatment in preventing Migraine attacks and accompanying symptoms.

Both the Homoeopathy group and placebo group had a reduction in frequency of attacks and intensity of pain during the treatment period. The Migraine diaries showed no difference between the groups.

The final evaluation of the neurologist, done blindly, showed that more patients in the

Homoeopathy group had a reduction in frequency of attacks compared with the placebo group (p=0.04). In regard to intensity of pain during attacks and the neurologist's overall evaluation of effect, the Homoeopathy group showed a greater improvement, but the difference was not statistically significant.

The authors suggest a repeat of this trial with an improved design to see if Homoeopathy can be an alternative in the prophylaxis of Migraine. (Dynamis,2/1997 in the BHJ,87,1/1998)

XV. Classical homoeopathic treatment of chronic headaches by H.WALACH, W.HAEUSLER, U.SCHAMELL, W.GAUS, G.HAAG: T.LOWES, W.SPRINGER, D.MUSSBACH, G.STRITZL,

The authors conducted a randomized placebo-controlled double-blind clinical trial in order to determine the efficacy of classical homoeopathic therapy in patients with chronic headaches. After six weeks of baseline observation, patients received either the prescribed individualised homoeopathic medication or an indistinguishable placebo for 12 weeks. Outcome parameters were headache frequency, duration and intensity, measured daily by diary. Use of medication for acute headache was also monitored. Of the 98 patients in the sample, 37 were randomised to receive placebo, 61 received individualised homoeopathic remedies. Groups were comparable at the beginning of the treatment. The median age was 48.5 years, 76% suffered from Migraine, 51% from tension-type headaches, and 94% were previously treated for headache. The median headache frequency was three days a week. Headaches were present for 23 years (median). In both groups, patients showed an improvement of one headache day less per month. The use of medication for acute headache was reduced. The headache frequency of 21 patients was reduced by more than 40%. Thirty-nine patients either did not improve or experienced aggravations. There was no significant difference in any parameter between Homoeopathy and placebo. (Cephalgia, 17/1997, in BHJ,87,1/1998)

XVI. Homoeopathy: its place in the history of medical thinking and its current status in clinical evaluation by K.TSUTANI: As a Japanese clinical pharmacologist the author finds the controversy on the efficacy of Homoeopathy in the West an interesting subject, both because of the clinical evaluation methodology and socio-cultural elements. However, it has little to do with health as Homoeopathy has been little practised in Japan. But in the past few years a number of Japanese have

shown increasing interest in the subject and have started to use it in their practice.

The basic concepts of Homoeopathy, however, is not well accepted in Japan although a Chinese character representing this term was developed. The first reason for the unpopularity of this practice in Japan is that the country already has **Kampo medicine** which has a milder effect and which competes with the similar efficacy of Homoeopathy. The second reason is that the theory of Homoeopathy is too dogmatic for the Japanese Modern Complementary Medicine, including Homoeopathy, works on four principles which are stronger than those of conventional Medicine, i.e. productive harmonious optimism, supra time-bounding, autogenesis, determination of an excuse for a worsening disease or symptom. (Journal of Japanese Cosmetic Science Society, 20/1996 in the BHJ,87,1/1998)

XVII. Italian Homoeopathic Research

Conference - OMEOMED '97, Urbino, Italy 25-28 September 1997: The Second OMEOMED Conference on research in Homoeopathy took place at the University in Urbino-the discussions were so earth-shaking that Italy experienced a major earthquake during it (the center of earthquake, near Assisi, was less than 100 miles away from Urbino). Speakers came primarily from Italy, though there were also speakers from Israel, England, Germany, Austria, Russia, Ukraine, Greece, India, Portugal and Slovenia. The topics included clinical studies, laboratory studies and investigations into potential mechanisms of action of homoeopathic medicines. Among many important presentations the following were of special interest.

Italian researcher E.FELISI conducted a preliminary placebo-controlled, double-blind study on patients with breast cancer who underwent radiation treatment. Patients were given *Belladonna* 7cH and X-ray 15cH. The results showed that those given the homoeopathic medicines had less redness and less burning pains, but not less swelling. One of the audience suggested that *Apis* would probably have been a better remedy for preventing swelling, heat and redness than *Belladonna*.

Indian researcher N.C.SUKUL observed the influence of *Nux vomica* 30c in the treatment of mice who were intoxicated with Ethanol as a sleep-inducing agent. He found that giving *Nux vomica* 30c (made with 90% Ethanol) reduced the sleep inducing effects of Ethanol, while *Nux vomica* 30c (made with 100% Ethanol) and *Nux vomica* 30c

(90%), which was injected rather than given orally, had no effect.

A team of Italian researchers, led by C.CANDELLA, observed the effects of homoeopathic diluted weed-killer on lentils sprouting. The researchers found that, based on a total of 68 observers, those lentils that were given 8cH of the weed-killer had a tendency to sprout in greater numbers than those lentils given a placebo.

Another Italian group, led by MR.BRIZZI, reported similar type of research. They tested the effects of *Arsenicum* 23x to 45x, on wheat seeds which had been subjected to Arsenic poisoning. The researchers noted that 40x and 45x had particularly beneficial effects on the wheat seed growth. They observed that potentised water had an effect on wheat growth on seeds that were poisoned but not on seeds that were not poisoned. This study and a number of previous studies from other researchers have shown an effect from potentised water, suggesting that there is something beneficial in simply potentiating water.

An Israeli researcher, M.OBERBAUM, conducted a preliminary clinical trial on children suffering from Chemotherapy-induced Stomatitis. The researcher tested a combination remedy popular in Germany and the USA (Traumed), commonly given for trauma and inflammation. This study was observational and was not randomised or double-blinded. It observed the effects on 27 children, aged 6 to 18. The benefit from the homoeopathic medicine was considerable, and the researcher recommended that a larger and controlled trial be conducted.

P.C.ENDLER described his provocative research using potentised *Thyroxine* on tadpoles. He showed that *Thyroxine* 30x slowed the development of tadpoles into frogs. He also showed that simply putting a partially submerged glass vial of potentised *Thyroxine* in the water had the same effect of slowing the development. Even more provocative was the finding that by hooking an input coil to a vial of *Thyroxine*, which is then connected to an amplifier by a wire, tadpole development was also slowed dramatically. He next placed potentised *Thyroxine* (3 Ox), on an input coil linked to a filter and an amplifier with a gain of 10^6 , and then, using frequencies to 80 kHz, he digitised at the Nyquist frequency, buffered in RAM and multiplexed on to a CD. After noise reduction and filtering, the signal was attenuated by 10^6 to restore the original and analogue level. ENDLER and his colleagues found that placing the water vials for four minutes on an output coil and playing back the signal had the same effect of slowing tadpole development.

The most significant clinical study presented at the Conference was on the homoeopathic treatment of chronic headaches. Conducted to a high standard of quality by the German researcher, H.WALACH, this was a randomised placebo-controlled double-blind trial with the aid of one of VITHOULKAS' leading students/practitioners in Germany, Wolfgang SPRINGER M.D. One unique feature of this trial was that all six homoeopathic physicians involved had to agree on the correctness of the homoeopathic prescription in order for a patient to be entered in the study. Initially, 139 patients were interviewed and 101 patients were entered. The first phase of the trial was 12 weeks, the second phase 12 months. The first phase showed no difference in headache or overall health between those prescribed the homoeopathic medicine and those given a placebo. The second phase also showed no difference in headaches in either group, but based on standardised questionnaire assessments, those given homoeopathic medicines showed improved psychological states and reduced overall physical complaints. Although those involved in Homoeopathy may be surprised to learn that this rigorous study showed no reduction in headaches from homoeopathic medicines, headaches may be like certain skin ailments, in which improvement may not be observable for a long time but the person's overall health is first improved.

Dana ULLMAN's own presentation described recent clinical and basic sciences research in the US. A study by Los Angeles homoeopath/psychologist John LAMONT investigated the homoeopathic treatment of 43 children with ADH (Attention Deficit Hyperactive Disorder). This trial showed significant results from individualized homoeopathic medicines. Another trial by Susan GARCIA-SWAIN tested individually chosen homoeopathic medicines in the treatment of chemically-dependent patients in a drug rehabilitation hospital. This study was a large trial with 703 patients. The study found a highly significant physical and psychological health and in drug use. Interestingly, to those familiar with **Hering's Law of Cure**, this trial showed that patients given a homoeopathic medicine had an increase in rhinitis, and skin and musculoskeletal symptoms during the first three days after treatment.

Dana ULLMAN also discussed some new work conducted by a Los Angeles Physicist, SHUI-YIN LO, on the mechanism of action of highly diluted substances. Dr. LO has found with the aid of an Atomic force microscope that the IE crystals appear in room temperature water when a substance is

diluted and vigorously shaken at least to the 6x.
 These ice crystals have a unique geometrical form,
 charge and density. Dr.LO has published his work
 on this subject (see **Modern Physics Letters**
B,10,19, **1996,** **pages 921-30).** He is continuing
 new work in this area and is having others replicate
 his work.

The above described research is only a small
 sample of the studies described, some of which was
 preliminary and others finalised trials.
 (BHJ,87,1/1998)

XVIII. Bristol Symposium - A Personal
view:(Simile, 8,1/1998 issued with BHJ,87,1/1998)
 The Speaker was Dr.Guy KOKELENBERG on
Cardiological disorders. Remedies discussed were
Cactus a well known angina medicine. Grandiflora
 is 'selenicereus' which means black, or night, or
 lack of light, or lack of insight, or any sense of
 constraint -hence the typical praecordial squeeze. It
 may also be applied to situations of claustrophobia
 or oppression. The "cereus" means wax, as
 apparently the Cactus plant has a waxy coating, and
 translates into a sense of (desired) isolation.
 Relevant rubrics, therefore, might be: fear, narrow
 places; delusion he is caught in wires; ailments
 disappointed love; palpitations unrequited affection;
 aversion to company; indisposed to talk; sadness,
 silent; desire to remain in bed; foolish
 (inappropriate) behaviour. The nucleus of the
 remedy is a problem with freedom. *Cereus*
bonplandii has a desire to be busy and to perform
 useful deeds, preferably on a large scale. (*Sulphur*
 thinks he can change the world, and *Opium* has
 'plans, gigantic'). *Bonplandii* is overgenerous, has
 delusions of having offended people, and has a
 distorted sense of time. *Cereus serpentinus* has, as
 before, big ideas, but is more aggressive, and will seek to carry them out whatever the cost. *Cuprum*
 is strong, inflexible, "cramped", obstinate, over
 disciplined and ritualistic. The nucleus is control;
 with concomitant desire for independence, and fear,
 or suspicion, of the unpredictable, such as darkness
 or strangers. For *Cuprum* the best form of defense
 is attack. Think of it for a child who has very rigid
 parents and who has developed tics, fits or spasms.
 Lastly *Glonoine* which has a lot of forgetfulness -
 loses way in well-known streets and all that. It also
 has swelling sensations, particularly in the throat,
 and so may be used for panic attacks, and,
 presumably, globus.

XIX. The Editorial of The American Homeopath
 1998 informs that Harris COULTER was
 recovering steadily under homoeopathic care from a
 debilitating stroke; also that Martha OELMAN of

the **National Center for Homoeopathy,** was found mysteriously murdered. This issue of the **American Homeopath** is justly dedicated for these two.

XX. "Ein Leben im Dienst der Patienten" ("A Life in the Service of the Patients") is the headline for the Obituary of Dr.Prakash D.VAKIL of Bombay, in his 56th year, of a sudden massive heart attack, on the 14 September 1997. It happened while he was examining a patient, there were no complaints, no symptoms, and in five minutes everything was over.

The Obituary speaks highly of the various qualities of Dr. VAKIL, his teachings particularly in foreign countries, videos, audio-cassettes, books, etc. It also refers to his **Prakash Charities** opened only in August 1997; this was to treat both the paying patients and those unable to pay and for this aim he had been working with all his capacity during the past ten years.

In the death of Dr. VAKIL we have lost a teacher and a great homoeopath and especially a friend. (Angelika GUTGE-WICKERT, Berlin, in the ZKH,42,1/1998).

A moving tribute in memoriam to Dr.Prakash VAKIL has been contributed by Durr ELMORE, in the Simillimum, XI,1/1997.

XXI. In ZKH,41,5/1997 Dr.U.FRIEDRICH in his article "An unknown characteristic *Sepia* symptom" that *Sepia* had characteristic of Constipation, traveling agg. A correspondent writes in the ZKH,42,1/1998 that while those who use only the KENT **Repertory** may not be able to find *Sepia* for this symptom, for those who use BONNINGHAUSEN's **Pocket Book** it is not so, they combine the rubrics Constipation, Traveling in cars agg.

Replying to this Dr.FRIEDRICH points out that in a case where Constipation occurs in a sea voyage, then *Sepia* may not be the remedy, in the manner pointed out by the correspondent.

XXII. The Editor of **Medicina Futura Homoeopathy,** 8,2/1997, refers to the remarkable achievements of severely disabled persons, sometimes surpassing the normally 'able' persons. A great achievement of the most recent times is the 'writing' of a book of 132 printed pages, titled **The Diving Bell and the Butterfly,** by Jean-Dominique BAUBY, 44 years. BAUBY suddenly became paralysed totally except his ability to move the left eye. A friend of BAUBY wrote down what he dictated. This 'dictation' was by blinking the left eye, for each alphabet! (What a friend!). The disease of BAUBY was diagnosed as the Locked-in

Syndrome, the stroke affecting the brain and the spinal cord. While "this is an astounding epic of man's indomitable spirit against extreme adversity, it also revealed the extreme poverty of the therapeutic skills of today, though so much word-flood is perennially let loose on the progress of medical science". BAUBY was the Chief Editor of **Elle** magazine in Paris. The Editor rightly points out Paris where HAHNEMANN spent his last and glorious period, should have thought of Homoeopathy for BAUBY's paralysis, since it is not rare for Homoeopathy to help paralysis victims. It is not much different in other countries either.

In another article (The Handicapped and Homoeopathy) the Editor points out the stories of five persons handicapped in different ways - Downs Syndrome, Muscular dystrophy and wasting, Paraplegia, Retina damaged defect, Spina bifida - making a great success of their lives with their handicaps intact. While this spirit deserves all appreciation, Dr.LAKSHMINARAYANAN, the Editor, rightly says "in some at least of these six cases Homoeopathy could have helped to ease the severity of the symptoms e.g. the spinal injury case, and the retina damaged case..." He exhorts the homoeopaths to publish cured cases of such nature.

XXIII. Dr.H.T.GOLOP, a homoeopathic physician of Pune, was awarded the postgraduate degree of Ph.D. by the Pune University for his researches on homoeopathic treatment of Liver diseases/disorders. This work was done on patients of Hepatitis, Liver damage after Hepatitis, Liver cirrhosis, impaired liver function, Hepatotoxicity, Ascites, Liver cysts, abscesses, etc. (MFH,8,2/1997)

XXIV. Workshop on Diabetes Mellitus and its Homoeopathic Treatment: a report. A three-day Workshop on Diabetes Mellitus and its homoeopathic treatment was organised by the **Central Council for Research in Homoeopathy (CCRH)** with grant-in-aid from **World Health Organisation,** 10-12 August 1998. According to the WHO there were 143 million diabetes affected persons throughout the world. This is expected to rise to 300 million persons by 2025 A.D. and the three countries with largest number would be China, India and United States.

Dr.D.P.RASTOGI briefed about the results of study based on animal experimentation undertaken at HDRI, Lucknow in 1986 in which the hypoglycaemic activity of *Abroma augusta*, *Syzygium jambolanum*, *Cephalandra indica*, and *Absinthium Resina laricis* (Weleda), were determined in ^//oxa«-induced diabetes mellitus in albino rats. This study showed that *Cephalandra*

indica 0, did not show any toxicity and stabilized blood sugar level even after withdrawal.

Dr.T.WALIA special representative of WHO in India in his address highlighted WHO's efforts for controlling this growing menace and its devastating complications. He pointed out that WHO fully supports not only Homoeopathy but Indian Systems of Medicine too and that there is a great potential for using medicines of these systems especially in India. The doctors in these systems have to be involved for concerted efforts in improving the health status of the people of our country, he said.

Pradeep BHARGAVA, Joint Secretary, Govt, of India, said there was a necessity to collaborate homoeopathic research on international level so that studies were not duplicated.

Dr.Parinaz HUMRANWALA from Mumbai gave example of patient with renal failure, hypothyroidism, congestive heart failure and was given *Thyroidinum* which worked well. All relevant investigations for proper follow-up were carried out by allopathic colleague and there was no need for dialysis. She gave an easy, comprehensive and practical demonstration of skills of case-taking along with differentiating features of several drugs by citing cases during case-taking proforma in clinics and explained in detail about important aspects of case-taking. She differentiated similar looking drugs. *Thuja* patients were very observing and *Morphinum*, *Opium* and *Veratrum album* were excellent liars. *Veratrum* talks a lot about religious subjects, lies for social status and a big boaster; spendthrift, with feeling of being unlucky and unfortunate. *Belladonna* infants of being even few days had lots of strength, they looked like *Cascara* and had lot of vigour, tendency to kick or do other violent acts. They talk of battles and wars, and are averse to haircut. *Arsenicum album*, *Pulsatilla*, *Psorinum* liked wrapping and *Sulphur*, *Medorrhinum* hate to be wrapped. *Coffee* does not like to be carried. *Pulsatilla* liked to be carried but with a gentle stroke on the head. *Belladonna* likes to be carried but with no stroking on the head and has liking for light, touch etc. *Cina* does not like to be stroked on the head. *Borax* infants do not like to be carried down the stairs, and have problems of airsickness only during descent. *Belladonna* is also good for air sickness, *Calcarea carbonica* for slow persons having car sickness and rapid movement of vehicle causes vomiting. Grumbling tone indicates *Sepia* and *Alumina*. Low, soft voice with fatigue is *Phosphoric acid*.

Dr.HUMRANWALA said that the words spoken by the patient would also give out the medicine. *Lachesis* is revengeful, dominating, suspicious, and

quick to perceive. *Ignatia* is a closed lady, non-communicative, straightforward, and does not believe in talking. *Natrum muriaticum* is tight-lipped, fastidious and well-presented, and talks to the point while *Calcarea carbonica* is an Indian's remedy. *Phosphorus* is positive, good looking and *Natrum muriaticum* patients are straightforward and hard problems to a large extent, are easily hurt and remember too long and take revenge along with hatred of those who have offended. They brood over worries, dwell on them and other past disagreeable occurrences and seek revenge which is similar to a miser with a strong box where worries stored, cannot get out of grief and dwells all the time. She also said that the drawings, poems or other writings of the children will also give a hint about the remedy. 'Sitting posture and facial expression' too are important factors which can be observed by the physician during the interview. *Platina* sits upright with shoulders behind, *Phosphorus* sits bent forward, they are half on the table close to the doctor, likes lot of sympathy and physically want to touch and want warmth in contrast to *Antimonium crudum*, *Zincum* is very restless with tremendous amount of brain fag. On questioning, his legs start moving. *Kali bromatum* is fidgety with hand. Eyes closed in melancholia indicates *Argentum nitricum*, contented face indicates *Opium* and *Apis mellifica*, vacant look on the face indicates *Acidum phosphoricum*, mask like face indicates *Ignatia* and *Manganum* whereas

Ignatia patient also has twitchings. The best way to study is at bus stops when people are waiting for the bus.

When asked about the life-style: *Ignatia* and *Thuja* are very secretive, suicidal tendency but lacks courage are *Nux vomica* and *China*. *China* has also delusions that he is persecuted, his work is hindered, forsaken feeling, very weary of life, disgust of life and despair. Ailments from demanding parents is in *Carcinocin*, and also fastidious about time, and desire for chocolates. She also said that at the end of the case-taking, she always asked about the happiest and saddest day of the patient's life and also what would he ask the God Almighty if he was born again, and that the answers to these questions might give clue to the remedy.

On the third day Dr.KASIM Chimthanawala of Nagpur briefly outlined the causations and classification of Diabetes. He said that the recent view on Diabetes claims it to be a multivaried syndrome of mental and physical symptoms of which the known signs and symptoms are just a few modes of presentation. He said that it was not

necessary to bring down the blood sugar as long as general condition of the patient was improving. Certain allopathic hypertensives and steroids also cause hyperglycaemia. He presented seven different cases. In all the cases he gave two drugs one on basic totality and one on presenting totality or the organ remedies in mother tinctures.

Dr.B.D.PATEL of Bangalore presented cases of Diabetes mellitus treated with homoeopathic remedies. An Insulin resistant case of Diabetes mellitus who was highly irritable, fastidious, wanted company of close friends, not attached to his family members, alcoholic along with Grade I Nephropathy and Cholelithiasis, past history of Typhoid twice, responded to *Opium* selected on the basis of lack of reaction to homoeopathic as well as to the allopathic medicines. Later on he needed *Sulphur XM*. The second case, a Labour Officer suffering from chronic persistent sinusitis in addition to Diabetes mellitus. Sneezing all the night with watery discharge, nose sore and red, headache as if head would blow off. Occasional asthmatic attacks at night, severe acidity, flatulence, sweat in palms and soles, short tempered, fastidious and chilly. He said that he could pass the day but not the night. *Syphilinum CM* and he began to improve. The third case, a female 68 years, pain in neck extending down the back and right arm upto elbow, worse sitting straight and bending back, vertigo with tendency to fall forward, when hungry cannot wait, must have something to eat immediately, likes loose clothing especially around neck. Husband with whom she had lived for 45 years, had died of throat cancer and she could reconcile the death of husband, dreams of husband and water. Known diabetic, on anti-diabetic drugs. *Natrum muriaticum XM* and she made around improvement including her blood sugar levels.

Dr.R.K.KAPOOR pointed out that the difficulty in treating Diabetes mellitus/insipidus was the absence of characteristic symptoms. In some cases the history of past illnesses helped. We should enquire as to what the patient felt, what was the reaction as soon as he/she came to know that he/she was diagnosed as diabetic, since it may give a clue to the remedy. He suggested the following:

Diabetes insipidus, Polyuria with low specific gravity and no sugar in urine is due to deficiency of ADH, usual remedies given in BCERICKE are *Rhus aromatica*, *Acidum phosphoricum*, *Acetic acid*, he added *Uranium nitricum* from his own experience. Diabetes after injury *Arnica*, *Hypericum*, *Natrum sulphuricum*, *Helleborus*.

When patient is worried about loss of weight, emaciation position followed by *Argentum metallicum* occupies top position. Continuous and increasing loss of weight *Uranium nitricum*. Weakness with emaciation *Acetic acid*. Voracious appetite *Kali bromatum*, *Lactic acid*, *Ratanhia*. Albuminuria in Diabetes insipidus *Uranium nitricum*. Pancreatic disease if precedes or accompanies Diabetes mellitus *Phosphorus*. In cases of suppurating cervical lymphadenopathy with Diabetes *Insulinum*. Ketosis in Diabetes mellitus responds well to *Natrum phosphoricum*. Diabetic coma which might have occurred *Acidum phosphoricum*, *Phosphorus*, *Hyoscyamus*, *Opium*, *Lachesis*. Diabetes due to chronic pancreatitis or acute pancreatic colic attacks *Iris versicolor*. **Chronic attacks of pancreatitis leading to Diabetes mellitus** *Spongia, Iodum, Calcarea arsenica*. Obesity on face, arms, trunk except lower limbs (Cushing's syndrome) with hypertension *Calcarea carbonica*. Acromegaly causing Diabetes mellitus *Hecla lava* 3x, *Thyroidinum* 6. To prevent Tuberculosis in Diabetes mellitus *Bacillinum* or *Tuberculinum* can be given inter-currently with good benefit once a month or two. Furunculosis *Natrum phosphoricum*. If it fails then *Pyrogen* and if even that fails *Syphilinum*. Dysmenorrhoea with Diabetes mellitus *Abroma augusta*. Hydrogenoid constitution in Diabetes mellitus *Natrum sulphuricum*. Diabetes of nervous origin *Acidum phosphoricum*. Diabetes mellitus with extremely irritable and impatient *Chamomilla*. Gouty conditions with Diabetes mellitus *Lactic acid*, *Phosphorus*. Impotency with Diabetes mellitus *Coca*, *Acidum phosphoricum*, *Moschus*. Melancholia in diabetics *Helonias*. Diabetes mellitus with acute symptoms of paralysis *Curare*. Lung complications with Diabetes mellitus *Calcarea phosphorica*. Diabetic patients who have desire for salt *Natrum muriaticum* XM can be given repeatedly.

Dr.B.D.PATEL suggested some homoeopathic remedies with rare indications in Diabetes mellitus: with rapid appearing of symptoms and extreme weakness *Thyroidinum*.

With swollen ankles *Argentum metallicum.*
 With Impotency *Glycerine* and *Coca.*
 With Jaundice *Chionanthus.*
 Diabetic coma or drowsiness not recognizing
 relatives. Constipation but passing urine on and off
 involuntarily *Alumina.*
 With scanty urine *Ratanhia.*
 With grief anxiety; weakness, bruised pain all over
Tarentula hispanica.
 With pain in bladder if the desire to pass urine is
 postponed with scanty urine *Sulphuric acid.*
 Must hurry to pass urine or it will escape *Kreosote.*
 Pain in empty bladder, frequent urging with copious
 flow *Calcarea phosphorica.*

Dr.PATEL said at the end that Chromium
 supplement has proved to reduce Cholesterol and
 Blood sugar and this is a hint to the CCRH and to
 the profession to make a study on Chromium salts.

List of Journals

Full addresses of the Journals covered by this
 Quarterly Homoeopathic Digest are given below:

1. AH: The American Homoeopath, The Journal of
 the North American Society of Homeopaths, 1550,
 Huston Road, LAFAYETTE, CA 94549 USA.
2. AHZ: Allegemeine Homoopathische Zeitung, Karl
 F.Haug Verlag, Huthig GmbH, im Weiher 10,
 69121, HEIDELBERG, Germany.

Quarterly Homoeopathic Digest, XVI, 1/1999. For Private Circulation Only.

3. BHJ: British Homoeopathic Journal, 2, Powis
 Place, Great Ormond Street, LONDON, WC1N
4. CCRH: CCRH Quarterly Bulletin, 61-65,
 Institutional Area, D-Block, Janakpuri, NEW DELHI
 -110 058, INDIA.
5. HOM: The Homoeopath, Journal of the Society
 of Homeopaths, 2, Artizan Road, NORTHAMPTON
6. MFH: Medicina Futura Homoeopathy, 1-2-2177,
 Gaganmahal Road, Hyderabad - 500 029.
7. NJH: National Journal of Homoeopathy, Milan
 Clinic, Saraswathi Road, Santa Cruz(W), MUMBAI -
 400 054.
- 8.RH: Revista de Homeopatia, RUA DR. DIOGO
 DE FARIA, 839 - CEP 04037-002 -N SAO PAULO -
 SP-BRASIL.
9. SIM: Simillimum, The Journal of the
 Homoeopathic Academy of Naturopathic Physicians
 11231 SE Market Street, PORTLAND, OR, 97216,
 USA.

10. ZKH: Zeitschrift fur Klassische Homöopathie,
 Karl F.Haug Verlag, 6900 HEIDELBERG 1,
 Germany.

All that transpires on earth and all beyond
 Are parts of his an heart and illimitable plan
 The One keeps in his heart and knows alone.
 Our outward happenings have their seed within,
 And even this random Fate that imitates Chance,
 This mass of unintelligible results,
 Are the dumb graph of truths that work unseen:
 The laws of the Unknown create the known.
 The events that shape the appearance of our lives
 Are a cipher of subliminal quiverings
 Which rarely we surprise or vaguely feel,
 Are an outcome of suppressed realities
 That hardly rise into material day:
 They are born from the spirit's sun of hidden powers
 Digging a tunnel through emergency.
 But who shall pierce into the cryptic gulf
 And learn what deep necessity of the soul
 Determined casual deed and consequence?
 Absorbed in a routine of daily acts,
 Our eyes are fixed on an external scene;
 We hear the crash of the wheels of Circumstance
 And wonder at the hidden cause of things.

SriAUROBINDO

- Savitri, Book One, Canto four.

There was a man
 who was disturbed
 by the sight of his own shadow
 and so displeased with his own footsteps,
 that he determined to get rid of both.

The method he hit upon was to run away from them.
 So he got up and ran.

But every time he put his foot down
 there was another shadow with him
 while his shadow kept up with him
 without the slightest difficulty.

He attributed his failure
 to the fact that he was not running fast enough.
 So he ran faster and faster, without stopping,
 until he finally dropped dead.

He failed to realise
 that if he merely stepped into the shade,
 his shadow would vanish,
 and if he sat down and stayed still, there would be no more footsteps.

- **CHUANG TZU**

As If One Patient
BEDAYN Greg (American Homoeopath, 1998)

[In 1799 HAHNEMANN first applied the Genus
 Epidemicus: the single homoeopathic remedy to
 treat a similarly-affected population, during a
 Scarlet Fever epidemic he treated in Konigsutter,

Germany. The story of how he accidentally discovered the Genus epidemicus is interesting. There was a large family that had members with Scarlet Fever. HAHNEMANN noticed that one of the children who had been taking *Belladonna* for another reason did not have symptoms of Scarlet Fever. He discovered that by giving the other members of the family *Belladonna*, as a prophylactic, they did not get Scarlet Fever. HAHNEMANN concluded that a remedy that rapidly cures at the onset of an illness would be the best preventative.

This serendipitous discovery led HAHNEMANN into developing the principle of Genus Epidemicus - where if one takes the symptom-totality from each person in a epidemic population and then puts those features together into one case, as if one person, and gives the indicated simillimum to the entire affected population - that it will cure. The curative results of the Genus Epidemicus were so positive during the epidemics in the ensuing decades that they not only cured the majority of those affected where nothing else had worked, but they also drew international acclaim towards Homoeopathy, the new, **the rational**, medicine. There is something intrinsically powerful about the success of Homoeopathy in curing large populations that is undeniably attractive to anyone gifted with the power of observation, and it was through these early cures with epidemics that HAHNEMANN was able to quickly and widely spread the word: Homoeopathy. It was from his discovery of the Genus Epidemicus that HAHNEMANN later developed his theory of Miasms; the taints that color and shape all family trees, as representing the basis of chronic disease.]

About six years ago there was an article in the **San Francisco Chronicle** about an epidemic that was killing the northern California sheep population. They referred to it as "Ergot poisoning" and one of the finest schools of Veterinary Science in the country, the University of California at Davis, had thrown up their hands in **II** frustration and called it "an act of God", or something similarly provocative for a homoeopath.

I dialed the operator and asked for the phone number of the two ranches named in the article. I called both, the second one had many sheep that were affected and we had a long conversation.

I was told that Ergot smut is a seasonal mold that grows on the autumn grass found on the typically foggy California coast, but it grows only in the absence of rain, which would otherwise wash it

off. Some years the rains come early and there is no problem; other years the rains come late and there is a substantial loss of livestock due to complications arising from the poisonings that continue sometimes for up to five months.

The sheep's symptoms were of a neuralgic-convulsive sort. The stricken animals would quiver and shake and then get so stiff they could no longer balance their bodies over their feet; they would topple-over onto the ground and then bounce around a bit in an effort to right themselves. Anxiety mounting, their seizure would only worsen if approached by man or beast. They would die within an hour or two if not rescued by a rancher. It is interesting to note that when the ranchers found sheep in this state, they would hold their hand over the animal's eyes, and slowly the animal would calm down and allow itself to be lifted to its feet, at which point it would gallop off. The ranch terrain is mostly steep hills, and if stricken on the side of a steep slope, the sheep would fall then pitch-pole, end over end, down the hill - a frightful sight.

The ranches involved were 200-2,000 acres each, with a total population of approximately 10,000 animals. Many of the animals were dying daily. The rancher videotaped the evening feeding process and mailed it to me - saying he was interested in Homoeopathy if it could help his animals. The video showed some of the symptoms very clearly, so I started packing a field kit of remedies; *Cicuta*, *Lolium*, *Ustilago*, *Strychninum*, *Nux vomica*, *Solanum nigrum*, *Secale* as an Isode, and a few others. I telephoned the late great George MACLEOD, in Scotland, and he suggested I try *Belladonna* followed by *Strychninum*. Before I could journey to the ranches and apply the remedies, the rains came and washed the mold off the grass, new grass sprouted almost immediately, giving the sheep toxin-free food - the seasonal episode was over. Then, in November 1995, (six years later), the first rancher from the newspaper article called me and said a new episode of toxicity had started and would I come out and take a look at his herd.

A few days later, I gathered travel kit and a homoeopath colleague, Sarah NIELSEN, RN, and we drove to the ranch, located a few miles from Tomales Bay, about one hour drive north from San Francisco. We arrived and inspected the herd at their morning meal. There were two distinctly different problem-groups. For example, some of the lambs were suffering from failure to thrive and a marasmus, which we repertorized in general as emaciation. The lambs were from just hours, to 5

days old and looked markedly emaciated. Some
 appeared as if they did not know how to suckle.
 Many of the lambs were gaunt, back arched up,
 head hanging down with droopy ears. The sheep,
 on the other hand, had no emaciation but instead
 had a transient ataxia made worse from touch or
 loud noises. These "shakers" would become
 anxious when approached, and, if we moved in
 close to touch them, their shaking would suddenly
 get much worse, and, trying to run away, they
 would usually fall down into a position of
 opisthotonos (head thrown back, chest bowed out,
 limbs straight and rigid). Once they had fallen
 down, their breathing would usually get faster and
 faster in fits of increasing anxiety. In extreme cases
 the mouth would open and the tongue would appear
 thickened, the air passage seemed to be cut off with
 an accelerated heart rate; death would follow. Just
 before death, they would often go into a frenzied fit;
 eyes bulging, lips pulled back tight on the teeth in
 trismus, the body in tetanic rigidity.

Repeatedly I asked the ranchers, in differing
 ways, if there was any incidence of gangrene,
 bleeding, uterine symptoms, or any discharges from
 the sheep, in an attempt to confirm that the
 symptoms were indeed caused by ergot poisoning
 (*Secale*). Repeatedly I was told there were no such
 symptoms. I read everything I could find on Ergot
 and Ergotism. This source has an interesting
 history, being the substance from which Lysergic
 acid diethylamide (LSD) is made; these ranches
 happened to be in Marin County, were much of the
 'Acid Generation' of the 1960s was spawned and I
 grew excited, anticipating a case of 'Metaphorical
 Naturalism' - where the in-nature characteristics of
 the simillimum are reflected in the characteristics of
 the patient. I also uncovered stories of how, during
 the American colonial period, the Salem witch trials
 involved people who had been surreptitiously
 poisoned with ergot (Claviceps purpura) causing a
 convulsive, hallucinogenic state which was often
 the sole reason that they were burned at the stake as
 witches. While the symptoms of ergotism were
 somewhat similar to our sheep's symptoms, ours
 had no discharges, no uterine symptoms, no
 hemorrhages, and no symptoms of gangrene - at
 least one of which we would like to see in *Secale*
 poisoning.

I pondered what LSD and the Salem witch-hunt
 might have to do with these staggering/dying sheep
 but decided to look beyond *Secale*, based on the
 lack of any confirming symptoms or ergot
 poisoning. At about the same time, the UC Davis
 team produced a paper written on the subject of the
 New Zealand Ryegrass Staggers - referring to a

seasonal poisoning-epidemic in sheep caused by the
toxic endophyte, *Acremonium lolii*. These
symptoms matched those of our sheep perfectly and
I felt that it must have been the *Acremonium* which
had activated the sheep's predisposed susceptibility
to their transient stasis made worse by anticipation
of being touched. This was showing up as a
presentation of individualized susceptibility, or
non-specific resistance. That is to say, all the sheep
ate the same grass but not all the sheep were
affected in the same way; only the **susceptible**
sheep were affected by the toxin. (This a crucial
key to understanding chronic disease that western
medicine blindly ignores). At this point I felt it was
possible to cure the herd of this problem, if we
could find the Genus epidemicus; a single remedy
selected for the entire population based on the
totality of symptoms of that population, as if it were
one patient.

"The most important sentence in Homoeopathy is 'as if one person'."
- Jeremy SHERR, Homeonet 1996.

A repertorization of the sheeps' general
symptoms brought up two rubrics that caught my
eye; 'Stiffening out of body' and 'Fear touch',
which seemed to be at the crux of the problem.
After graphing these with 'Emaciation' (in the
lambs), the main remedy choices in the **Complete**
Repertory (with **Mac Repertory** analysis set to
totality, small remedies, and rare-strange-and-
peculiar remedies) were: *Arnica*, *Ignatia*, *Cina*,
Ipecacuanha, *Chamomilla*, *Cuprum*, *Angustura*
vera, *Ferrum phosphorica*, *Stramonium*,
Phosphorous, *Plumbum*, and *Camphora*. After
some thought, we weren't satisfied with any of the
polychrests so we studied *Angustura*.

Angustura vera was first proven by
HAHNEMANN and is listed in his **Materia**
Medica Pura (1827). It is made from the bitter
bark of the Galipoea cusparius-officinalis tree from
Venezuela (HAHNEMANN mistakenly refers to it
as *Bonplandia trifoliata* in his **Materia Medica**
Pura). Its local reputation was almost as significant
as that of *Cinchona bark* as a febrifuge in certain
fevers, and as an allopathic suppressant for
discharges. (Note: The ever popular gastronomic-
tonic 'Angustra aromatic bitters' is **not** made from
Angustura but was originally made in the town of
Angustura in Venezuela, after which it was named).

HAHNEMANN talks about the symptoms of
Angustura poisoning:

"Trembling, soon passing into violent
convulsions. When touched, tetanus suddenly
ensued. Eyelids wide-open, Trismus, with wide

separation of the lips, so that the teeth were quite exposed. Limbs stretched out to the utmost, stiff, and stark. The spinal column and head strongly drawn backwards. The trunk was from time to time shaken by violent jerking along the back, as from electric shocks, and somewhat raised, respiration intermittent. Death after an hour. Half an hour after death the body was stiff and stark."

These being the exact symptoms of the sheep, I packed the remedy with instructions and shipped it to the ranch.

Two weeks later, the rancher called me to report they had given the *Angustura vera* 12c daily to the orphaned lambs as instructed in their formula, and to the general sheep population in their water troughs. I had written detailed instructions on how to charge-up gallon containers of distilled water and then charge the community water troughs with them, which they did religiously every day for one week. The lambs that had been suffering from marasmus had leapt back to the land the living, with remarkable growth and renewed vitality - it amazed the ranchers who had been hopeful yet skeptical. The sheep stopped shaking and falling over; it was a short tapered resolution - the acute symptoms of toxicity were over.

Then it rained, washing off the existing mold, the green grass popped up and the sheep's intake of the toxins stopped. I remember thinking at the time I'd have liked to have had more time to test and confirm the limits of the curative potential of *Angustura* with this herd, but the seasonal episode of endophyte proliferation was now passing until the following autumn.

This process showed us the true genius of the Genus epidemicus, in that the same remedy cured both the lambs and the sheep, each of a different pathology. Only the lambs had emaciation - the sheep had totally different symptoms - the shaking/stiffness, which grew worse from touch. By finding a remedy that was indicated for both sets of symptoms, and by treating the entire population as one patient, we discovered HAHNEMANN'S Genus epidemicus. It is interesting to note that the sick lambs were mostly orphans, and had not had mother's milk. It is possible they were exposed to the toxin in utero. SARAH found *Angustura* listed in the rubric 'trismus neonatorum' which might explain the lambs' inability to suckle.

Then something quite unexpected happened. Two weeks after the sheep were given the first dose of *Angustura*, an unusually violent storm swept over Northern California. It devastated the subject ranch which is located on the tallest hills within sight of

the ocean at Tomales Bay, approximately 45 miles north of San Francisco. The roof was blown off the barn, as 100+ mph. The barn doors. It blew a 2,500-gallon steel were the tank through the air one-and-a-half miles until water crashed into a distant neighbor's building. Most it fences, and gates were destroyed by the high trees, winds.

Before first light the following morning, the ranchers went out in the onslaught searching with flashlights for animals in trouble. They found twenty-four new lambs that had not lived through the night, dead from exposure. There is a peculiar symptom with the local ewes that they tend to birth during storms. It appears to be a contraction response from their fear of the storm. Another theory is that during storms the predators are too busy avoiding the elements to be on the prowl for new lambs so the birthing sheep tends to deliver during stormy weather.

The husband and wife team were clearly grief-stricken as they gathered their dead lambs on the truck to take for burial. The woman-rancher relates the following story: "I saw GORDON pick up one of the lambs and just as he was putting it on the truck he stopped and turned it over a few times - he said he thought he had seen its ear twitch - so I took it up the hill to the house and put in front of our wood-burning stove on a pad and left it while I checked the house for damage (I should mention that this same lamb had had one eye pecked out the day before by a crow). The electricity had gone out during the night and we had no phone. I checked the lamb periodically - it was not breathing and had no pulse. I held it in my arms and rubbed it and sang softly to it but it seemed to be getting into rigor mortis."

Half an hour after death the body was stiff:
Materia Medica Pura (Angustura)
 - Samuel HAHNEMANN

"I felt so defeated, I wept. GORDON came in and we just sat in silence together with the dead lamb at our feet. For some reason I decided we should decorate the Christmas tree to take our minds off our problems. With flashlights we began to hand ornaments, then I remembered the story you told me..."

During my first visit to the ranch, I had seen a newborn lamb lying dead on the barn floor when I arrived in the morning. It was such a disturbing sight; this lifeless caricature of youth. Later that afternoon, the woman rancher noticed me staring at the dead lamb and told me that she thought she had seen it move, so I immediately kneeled down and

gave it a squirt of *Cicuta* M which I had with me, but to no avail - she looked at me and said "Now **that** would **really** impress me!" So I told her the story about how Dr. Stuart CLOSE had once treated a 45-year-old woman who had already been pronounced dead, on site, by her family physicians. CLOSE arrived at the residence as the relatives were standing around the parlor, drying tears, etc.; he quickly examined the patient. No radial pulse, limbs cold and rigid, face with an expression of death, both feet and legs were gangrenous up to the knees - the living manifestation of death. He tapped a few pellets of *Arsenicum* 45 M (Fincke) under her lip and rubbed it against her gum. "Presently she opened her eyes and looked at me as I bent over her, and whispered to me 'I'm coming back.' In ten minutes more she was talking to me in an audible voice, asking questions about herself and what had happened. I had difficulty keeping my patient quiet and had to prevent her from talking. Reaction had come on with a vengeance. She went on to make an uneventful recovery and has led a healthy life for these 20 years past."

So, with this story in mind, the woman rancher got the bottle of *Strychninum* 12c (in water) and put a few drops on the lamb's nostrils. She relates: "Instantaneously the lamb twitched and jerked around a bit and shook, then went still again. I could hear the heartbeat; then it slowed and stopped again. I gave him another few drops of the remedy and the same thing happened. Then I put a squirt of *Angustura vera* down the lamb's throat and with that he simply leapt back to life! Within ten minutes he was up and walking and would not let us alone as we decorated the Christmas tree in the early rning twilight, rubbing his little head against our legs to show us his gratitude."

By the following morning, the lamb was doing so well that they put him out in a pen, and he's done quite well since. He turned into a husky little lamb and they've named him "One-eyed Jack."

I was stunned when I received this information. It was enough that the single remedy had acted on the entire herd for differing pathologies, but to bring back the dead!

One week later the woman rancher called to ask advice on how to follow-up on a sheep that had been attacked by a coyote: its throat had been torn open and the oesophagus was punctured. Wide-eyed and terrified, the sheep would not calm down. A hissing sound came from the punctured throat as he breathed. The rancher had only the remedies I had left there earlier to test on the staggering sheep. No *Aconite*, no *Calendula*, etc. Not being able to reach at first for advice, the desperate rancher had

given it a dose of *Angustura*. The sheep immediately calmed down to the point where they could approach it and touch it. This sheep went on to have an uneventful recovery. A few days later, the rancher called me again. Another lamb had been similarly attacked by a coyote and had open wounds on its ear, throat and jaw with much swelling, and it was acting extremely frightened. It was almost impossible to herd her into the corral. Again they squirted a stream of *Angustura* that made contact with the animal's nose and it immediately calmed down and even walked up to the woman rancher and nibbled on her tattered coat-tail. This would have been an unusual display of case in a typically pusillanimous sheep, rare in one who, only moments before, had been so terrorized. We felt this to be very significant. The woman rancher commented on how the entire herd had become much more approachable and less skittish since the prophylactic watering-trough dosings of *Angustura*.

I feel this case shows the broadly curative potential of the Genus epidemicus/simillimum. The single remedy showed curative action on acute poisoning-epidemic symptoms as a specific, on chronic symptoms (pusillanimous/shyness), and on acute first-aid symptoms (terror, open wounds), in one herd of animals including a subgroup that was possibly made toxic in-utero. I would like to spend more time testing the limits of *Angustura vera* on this herd. I have since given the entire herd on this one ranch (as a control) a single dose of *Angustura vera* 10M, to see if it will permanently shift their susceptibility to the Ryegrass staggers, as I suspect it will.

Dosage and Potency according to the Organon

LITTLE David (American Homoeopath, 1998)

In the 1st edition of the **Chronic Diseases** and the **4th edition of the Organon**, HAHNEMANN taught the administration of a single unit dose of one or two poppy seed sized pellets placed dry on the tongue. The single dose was then followed by a period of observation of the client to assess the remedy's action vide Aphorism 242 of the **Organon 4th edition**. The same point is also stressed in Aphorism 245. These Aphorisms introduced the "wait and watch" philosophy, which is a manifestation of the principles of minimal intervention and the minimal dose. HAHNEMANN observed that premature repetition of homoeopathic pellets often caused a relapse of the disorder as well as accessory symptoms of the remedy. This mixture

of natural and remedial symptoms confuses the picture and slows down the curative process. This is why classical homoeopaths are very conservative about the repetition of the remedy before there is a definite relapse of the symptoms. This demands great patience. Over the following 15 years Homoeopathy went through dramatic transformation as HAHNEMANN sought to improve his new system, and he introduced several innovations closer to perfection. In the 5th edition of the **Organon** and the **Chronic Diseases** that followed it, he shares the outcome of his new experiments.

In Aphorisms 285, 286, 287 and 288 of the 5th edition, he introduces the new method of using a freshly succussed aqueous solution in a teaspoon doses. He gives one of the principal reasons for this in Aphorism 286. In Aphorism 287 he elucidated the importance of succussing the remedy solution immediately before administration in the same manner as one succusses when preparing the potencies. In the note to this Aphorism he points out that anywhere from 1, 2, 3, to 10 or more succussions are used to progressively increase the potency of the aqueous remedy solution. For this purpose the homoeopath uses a 4 to 8 oz. bottle filled with a solution made from one globule of the homoeopathic dynamization.

"From this remedy bottle HAHNEMANN was witnessed stirring one, or increasing more, teaspoons of the solution into 4 oz of water in a glass. From this glass he would then give 1, 2, or 3 teaspoons of the aqueous solution as a dose. In HAHNEMANN'S new posology the potency, size of the dose, number of succussions given to the remedy bottle, and the number of teaspoons administered are all adjusted to suit the constitutional sensitivity of the patient. The renewed posology system offers more power and is more flexible than the static dry pellets. These methods of adjusting the dose is one of the greatest gifts of the 5th edition of the **Organon** and the 1837 edition of the **The Chronic Diseases**.

In the 5th edition, Aphorisms 245, 246 and 247 HAHNEMANN instructs a "middle path" which says that "every perceptibly progressive and strikingly increasing amelioration" precludes a repetition of the remedy. What to do to speed the cure? Refer to Aphorism 246. This new method can only be carried out if the remedy is **prepared in a medicinal solution and given in a 'split dose'**. If the homoeopath is still using the dry pellet dose then they must follow the rules as given in the 4th edition of the **Organon**. This means the homoeopath can only repeat a remedy when there is

a definite relapse of the symptoms even if the person is only slowly improving. With the medicinal solution, however, the **remedy may be repeated at suitable intervals as long as the patient is improving without any aggravation.** This is how the cure can be reduced to 54, %, or less time it takes with the ordinary dry dose method. These are some of the directions in the 5th edition of the **Organon** on the advanced methods of using the centesimal potencies.

It is not correct to say that HAHNEMANN introduced the medicinal solution only in the case of the LM potencies. For at least the last years of his life HAHNEMANN used both his centesimal and LM potencies exclusively in the medicinal solution with the addition of a dilution glass. In 1843, just prior to the Master's death, HAHNEMANN sent BONNINGHAUSEN two cases in which he used the C and LM potencies in exactly the same fashion. This proves two important points; first that the new methods of using the aqueous solutions is for all homoeopathic remedies. HAHNEMANN considered the two potency systems to be complementary and used them both to increase the range of the homoeopathic pharmacy. Now he had 6C to 1M centesimal and 1 to 30 LM potencies at his disposal.

HAHNEMANN'S observation that the Vital Force is disturbed by the repetition of an unadjusted dose is the conclusion of around 35 years of experimentation and should not be taken lightly. In the 6th edition of the **Organon** HAHNEMANN adds that even with the perfect remedy it is unwise "to let the patient have a second or third dose taken dry. The use of the medicinal solution however, overcomes this problem because it can be adjusted with succussions so that the patient never receives the exact same potency twice - vide **The Chronic Diseases.**

The 1/50,000 dilution scale used a serial dilution system which began with the LM 1 and progressed through 2, 3, 4, 5, 6 onward to 30. This gradually increasing the 30 potencies scale is the perfect balance to the new rapidly ascending centesimal scale. Now medicinal solutions of two complementary yet opposite potency systems. This expanded the range of homoeopathic treatment.

Today's homoeopath sees mixtures of inherited predispositions, inherited and acquired miasms, multiple immunizations (iatrogenic miasms), along with chemical exposures, drug suppressions and psychological and physical traumas. This makes it all the more important that the entire legacy of Samuel HAHNEMANN be put into practice in the

field. Many cases that were incurable with the method of the 4th edition of the **Organon** were cured by the methods of the 5th and 6th editions of the **Organon**. HAHNEMANN'S claim that the new posology could speed the cure to ^XA or V* the time of the method of the 4th edition of the **Organon** must be put to the test by experienced classical homoeopaths.

Much of this new material has been misrepresented because it has been misunderstood. The posology methods of the 5th and 6th editions of the **Organon** are placed on top of strong foundations of the 4th edition **Organon**. Many people think that the LM potencies can be given in some mechanical manner daily or every other day as if they are some low potency. This is a great mistake as the repetition of the LM potency when it is not needed will either slow down the cure or cause aggravations. LM potencies will aggravate cases the same as the centesimals if they are given when they are not needed to speed the cure.

The first dose of any homoeopathic remedy should be single unit test dose (C or LM) which is left to act for a reasonable period of time. When there is a striking response to the first dose there is nothing else to do for the moment. If there is only a slight or slow improvement the remedy may be repeated or to speed the cure if the four cardinal rules are followed. These are

- that the remedy is perfectly homoeopathic,
- that the remedy is given in medicinal solution,
- that this solution is succussed before each dose to change the potency slightly, and
- that the remedy is repeated at suitable intervals to speed the cure without causing aggravations.

There is a commonly held belief in modern Homoeopathy that the size of the dose makes no difference to the action of a homoeopathic remedy. This mistaken idea is due J.T.KENT who has included his SWEDENBORGian view of the energy as a simple substance with the homoeopathic potency. This is different from what HAHNEMANN taught. HAHNEMANN taught that potentization releases dynamic forces similar to electromagnetism which carries the inner medicinal energies of a substance. He discovered that each pellet contained a certain "quantum" of pure remedial energy at specific potency levels. As both the amplitude and frequency affect a wave form of a signal, the size of the dose, and the potency affects the remedial powers. The Old Doctor's views of energy dynamics are more similar to modern physics than the SWEDENBORGian paradigm. He taught that the more perfect the simillimum, and the

higher the potency, the more the size of the dose must be controlled. - vide Aphorism 275.

Hahnemannian posology is based on the size of the dose, the potency factor and the nature of the delivery system. All of the breakthroughs of the 5th and 6th editions of the **Organon** are founded on the medicinal solution, olfaction, and the methods of adjusting the dose.

David LITTLE gives eight cases. These cases would show that LITTLE's exposition of HAHNEMANN'S teachings are right.

'How to make the medicinal solution', is given at the end.

[This very important article is given here in a slightly abbreviated form. One may like to read it in full = KSS]

Part III

BOOK-SHELF

[In this section books received for review and/or books recently read, are reviewed = KSS]

1. **Wellness: Just a State of Mind?** by Eldon TAYLOR, Ph.D. , Publisher's Press, Salt Lake City, UT. Publisher: R.K.Book, 816 W.Big Bear Blvd., Big Bear City, CA 02314, USA. ISBN: 1-55978-034-7. \$ 5.95. The author is a sort of cowboy philosopher with interest in Science, Philosophy, Poetry and Horse breeding. He is considered to be the world's leading authority on subliminal information processing. As an author of eight books and innumerable Cassette programmes he has patented a "whole brain" technology, model of healing.

Wellness is a state of mind-body harmony that defies scientific inquiry. The body cells are often assumed to work like computer chips - but it is not just that. It is a self-replicating system that processes the environment and utilises this information to organize behaviour. But does the cell have an independent will, asks the author? Is it conscious enough. If the body is a sophisticated piece of machinery responding to disease or illness as an invasion from outside - these ideas currently in the allopathic system are aimed at treating a disease, but have nothing to do with maintaining "wellness". This mechanical body-brain concept is being thrown aside by the last 30 years of increasing awareness and spread of holistic and other therapies. The author describes how as a

child he suddenly developed Rheumatic fever to escape two boys who chased him home to whip him. After 1½ years of invalidism he suddenly decided to get well - and he got well overnight almost! After joining a gymnasium and getting tough he began to fight with all the boys of his group. At this stage his father who initially had decried his weakness now sent opposite signals of treating him as a delinquent. This confusion caused a relapse of Rheumatic fever - till months later he again decided to enjoy athletics and so got well almost overnight. Hence the author feels disease is a behavioural strategy often - it is not something you catch. In other chapters he deals with the earlier pioneering work of people like MESMER, and his Mesmerism, CHARCOT and his work on Hypnotism, trends suppressed emotion theory and then the pioneering role of BAXTER and his cellular experiments in this century. Other chapters include the role of personality especially in Cancer-type situations, the role of stress, the attitude of a physician that makes or breaks a patient's sense of well-being, the power of belief and the role of subliminal learning; he examines the role of anger, of love in healing and in Chapter Sixteen gives the Seven Fundamentals for health, success and happiness.

This book is another valuable addition to the Library of those keen to read on newer models of **Holistic Healing.** = D.E.MISTRY

The Physicians

Paul Jordan Smith, American storyteller and editor

It happened once that a group of physicians were in their cups and had fallen to quarreling about which part of the body was most important for life. As they could not agree among themselves, they decided to consult the rabbi.

"Of course it is the heart and blood vessels that are the most important," said the first physician, "for on them the whole life of a man depends."

"Not at all," said the second physician, "It is the brain and nerves which are most vital, for without them, even the heart would not beat."

The third physician said, "You are both wrong. It is the stomach and the digestive passages which are important, for without the proper digestion of food, the body will die."

"The lungs are most important," declared the fourth, "for a man without air will surely die."

"You are all wrong," said the rabbi. "There are two vessels of the body only that are important, but you have no knowledge of them."

"What are they, then?" asked the physician.

The rabbi replied, "The channel that runs from the ear to the soul, and the one that runs from the soul to the tongue."

Adaptation from **Parabola**, Vol.III, No.1,p.57

2. QHD, Vol . XVI, 2, 1999

Part I .Current Literature Listing

Part I of the journal lists the current literature in Homoeopathy drawn from the well-known homoeopathic journals published world-over-India,England,germany,France,Brazil,USA,etc.,-discipline-wise,with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.

I.PHILOSOPHY

1.The Esoteric and Exoteric View of Homoeopathy-Two sides of the same coin
SCHMIDT Josef M.(BHJ,87,2/1998)

(A Paper read to the 52nd Congress of the Liga Medicorum Homoeopathica Internanationalis held in Seattle,Washington,USA,28 May-1 June 1997)

The terms 'esoteric' and 'exoteric' are used in German idealistic Philosophy for the view from the inside (of the thinking process) and from the outside (on the thoughts that result).They can also be used to present new perspectives of Homoeopathy.

Homoeopathic literature generally explains Homoeopathy esoterically, i.e. as seen through the eyes of devoted practioners,in terms of faithful obedience to universal laws,eternal truth,divine revelation,etc.In contrast to this,critical medical colleagues usually look at Homoeopathy exoterically as a system based on speculation and dogmatism with no clear evidence of efficacy.The reaction to the critics' exoteric view has divided homoeopaths into those who adopt the critics' way of reasoning and try to prove their own claims scientifically, and those who ignore external criticism and just go on with their medical work.Both positions are one-sided and have severe shortcomings.Nevertheless,they have decisive practical impacts.

Faithful adherence to the doctrine of Homeopathy is likely to help physicians get a maximum effect out of it that would probably not be possible to achieve with a skeptical attitude towards its principles.

Limiting one's horizon to a strictly esoteric view,however,may also be detrimental to the patient,if not balanced by a realistic exoteric view of one's own limitations.A self-critical attitude may curtail otherwise possible clinical results,but in the long run a mixed position will be safer for patients and is the only way of communicating and collaborating with mainstream medicine and legislators.Keeping the balance between an esoteric and an exoteric view of Homeopathy is therefore not merely a medical method.Its wise application also involve spiritual,artistic and ethical dimensions on the part of the practitioner.

2.HANHEMANN's Prespective of Healing BERNAL German Guajardo(BHJ,87,2/1998)

This is a thought-provoking brief essay on HAHNEMANN's prespective of healing,in the light of his Organon and his Preface to the Vol.4 of Chronic Diseases,titled 'Inquiry into the process of homeopathy healing'.

3.The salt of the Essence:An Exploration of the Relationship between Totality,Essence and Central Delusion SHORE Jonathan(JAIH,91,1/1998)

Dr.SHORE discourses upon the concepts of symptom totality,essence,and 'central delusion(first introduced by Rajan SANKARAN),defining and illustrating them by describing the themes central to the remedy Natrum muriaticum.

4.In sickness and in Health NORLAND Misha(HOM,70/1998)

A brief and very interesting 'speculations on the homoeopathic model of disease'. "The utility of the homoeopathic system is that the results come from finding a similar enough remedy,and not necessarily an exact symptom/essence/substance-signature match.Often we are working with archetypes of suffering for which there are a number of polychrest remedies,which is why homoeopathic practice has survived barefoot in war and in village,as well a in busy city consulting rooms".

5.'Remedies are beings we ought to befriend-Thoughts on an appeal from Martin STUBBLER ZILLER Haris(HL,10,3/1997)

This is a tribute to Dr.Martin STUBLER(1915-1989),a great homeopathic doctor and teacher.One of the stimulating ideas of Dr.STUBLER is presented in this article.

II.MATERIA MEDICA

1. The Kingdoms Approach in Homoeopathy ROSENTHAL Chaim(HOM,69/1998)

Chaim ROSENTHAL presents his 'Kingdoms approach' to differentiate similar remedies so as to select the correctly indicated remedy from among the remedies in the Vegetable,Animal,Metal'Kingdoms'.HE says that for example,there should not be much difficulty in differentiating between Natrum muriaticum and Sepia,or Silica and Pulsatilla."When we study a remedy,one of the first and main considerations should be its source".

In this brief article he differentiates the rubric 'Antagonism with herself ' between Aurum,Anacardium,Lac canium and Sepia.

2. A New Prespective on Baryta arsenicosa KEANE Martin(JAIH,91,2/1998)

The author relates his understanding and experience with Baryta arsenicosa.He describes its utility for Obsessive Compulsive Disorder.The remedy contains within it both the insecurity and helplessness of Baryta and the restless industry of Arsenicum.

Three cases of Baryta arsenicosa are presented.

3. Bamboo an important remedy for 'ailments after parturition' SCHUSTER Bernd(HL,/1997)

A methodical and large-scale homoeopathic proving of the remedy Bamboo was conducted in Germany in 1994;20 Provers(12 women and 8 men) participated.The test was conducted with C6 and C30 globules and Q3 dilution.The potencies were made from fresh Bamboo shots of the Bambusa arndinacea(Bamb-a).

Bamboo produced so many symptoms that more than 2,000 additions to KENT's Repertory could be suggested.These additions,together with the additions of Ozone,are already included in Version4.0 of the Complete Repertory by Roger van ZANDVORT.All Bamboo rubrics can be extracted with the Mac Repertory.Since the proving SCHUSTER has treated about 10 patients with this remedy beneficially.Mainly Q potencies were used.

There main effects which have become apparent:

1. Pain,stiffness and pathological changes of the spinal column,problems with the inter-articular discs,Bamboo-spine(Morbus Bechtrew) and Primary Chronic Polyarthritis.Pain in the shoulder joints,often with stiffness,and in the joints of knees,hands and feet.The pains are mainly short,sharp and stitching.Sciatic pain.Distinct tendency to support the head.
- 2 .Female hormonal problems.Especially a regulatory effect on the biophysics and on the estrogen=progesterin ratio.Pre-menstrual syndrome,particularly painful swelling of the mammae,premature menopause,painful menses,weakness after partuition with premature restarting of the mensuratoon,irritability towards the child,refusal to nurse the child,depression and headache.
3. Strong effect on the mind,a feeling of being stressed,particularly by their own child,with a search for support.Laziness and sleepiness alternating with silliness and exaggerated laughter.(There is a saying in china 'The Bamboo bends with laughter');

Three cases are given in detail.

4. The Joy of Homoeopathy FINK Wilfried(HL,10,3/1997)

In this article Wilfried FINK speaks about his experience in proving of Larus argentatus(Seagull).Summary and first experiences and outlook.

The remedy was prepared from a 'little bit of the wing-root of a feather of a sea-gull and potentised it upto C5 by the author himself and the potencies 18,30 and 200 were prepared by a pharmacist in Hamburg.43 prover took 3 globules of a C18 potency,upto three times.Full record of the proving is available with the author.He gives a 'selection' of the 'most frequent or remarkable' symptoms:

MIND

I am joyous and hum all the time which I usually do not

A lot of joy of life

More lightness and happiness

More energy and motivation

More contentment and calmness

Clarity of thoughts

Feeling of overview

I can see clearly now,I'm realizing the meaning.

The universe helps me to go my way.

New ideas that I want to put into action immediately

Big changes of my mood

Feeling like an eagle who fell down and broke his wings

I can experience joy and pain at the same time

Crying without apparent reason

Feeling like being banished

Irritable and impatient

I pick up my saxophone more often to play

VERTIGO

Slight Vertigo two minutes after taking the remedy

Slight Vertigo like being empty in the head(immediately after taking the remedy).

Vertigo with heavy sweat at night

Vertigo when moving the head

EYE

Oedema of the lower eyelids after waking up(remedy the evening before)

Eyes as if glued together after waking up

Dryness of eyes,a little as if glued,amelioration outside.

EAR

Fine perception,especially hearing

Good discrimination of various sounds

Great acuteness of hearing;for a short moment.I had the feeling of hearing,smelling and sensing everything in the room at the same time.

THROAT

Feeling of soreness in the throat

Sore and dry feeling,like having a hoarse voice

Sore throat like having screamed too much.

STOMACH

A lot of hunger

Hunger,hunger,'attacks of eating'.

Very hungry,especially in the evening.I could eat constantly.

Ravenous hunger,especially for sweets

For some time I have no brakes concerning eating,I could eat constantly,regardless what kind of food.Pain of the stomach,moving up into the oesophagus and taking my breath away.

RECTUM

Smearly stool.

Stool softer than before.

URINE

Permanent urge to pass water,getting worse during the day.

Frequently going to the toilet just to pass a few drops of urine.

SEXUALITY

More sexual energy.

Better sexuality. More lust and activity from my part.

Lust to be sexually together with my husband. I enjoy the longing.

My body is full of sexual emotions.

COUGH

Dry cough with stitching in the lungs.

CHEST

Irregular palpitations of the heart, shortly after taking the remedy. Some seconds of congestion (organically healthy female prover)

Heart beating, I strongly feel my own heart beat.

BACK

Strong tensions between the shoulder-blades with twinging pain

Pain between the shoulder-blades in the upper part of the back.

Strong pain in the lumbar region.

EXTREMITIES

Stitching pain and pinching feeling in the left big toe shortly after taking the remedy.

Isolated feeling of shooting coldness between the 3rd and 4th toe right.

Ganglion at the right foot diminished by two-thirds.

Extremely cold feet for some days.

SLEEP

Being awake late in the evening

I can stay awake easily for a long time.

Before sleeping I lay awake in bed for one hour.

I don't know whether I sleep or dream or think I am dreaming.

I awake consciously from a dream-space.

I feel a connection to the universe and to eternity by living in this space again.

DREAMS

Clear picture in a dream of a little fuzzy white bird(immediately after taking the remedy)

Of flying.

Of places located high up.

Of water and the ocean.

Of family and friends.

Seeing things from a different perspective.

Of celebrations,especially celebrations for children.

Of planning the future,especially family planning.

Of little chicken.

SKIN

Feeling of total exhaustion.

Feeling like being knocked out after waking up.

Physically like being knocked out in the morning but mentally fit.

Strong chilly feelinh in the evening.

Feeling chilly,attack of goose=pimples all over the body(right after taking the remedy).

GENERALITIES

Feeling of total exhaustion

Feeling like being knocked out in the morning but mentally fit.

Feeling like being knocked out after waking up.

Strong chilly feeling in the evening.

Feeling chilly,attack of goose-pimples all over the body(right after taking the remedy).

More thirst than usually.

Constantly longing for clear water.

5.Oenanthe crocata,a Proving LESIGANG Helgang(HL,10,3/1997)

There has never been a proving of Oenanthe crocata.The poisonous effects from eating the nut or root of the plant were noted by HAHNEMANN in the Pharmacological Lexicon of 1793.The picture of the remedy is derived mainly from cases of poisoning and the use of Oenanthe in illness.There is a collection of important symptoms in HERING's Guiding Symptoms of our Materia Medica and ALLEN's Encyclopedia of Pure Materia Medica.

In Autumn 1987 and in spring 1988 the Proving of Oenanthe crocata was undertaken in Austria.Proving was with the D3 three times a day.The remedy was taken for three weeks.A second Proving was done in the next year with the D30 once a day for 14 days.After sifting through 14 Provers' Reports were taken up-10 women and 4 men.All the Provers were either medical doctors or medial students.The picture that emerged is as follows:

Mind Emotion

Nervous and restless,unhappy,better alone.

Trembling and nervousness,indifference,feeling of being distanced,apathy.

A feeling that they have many things to do,all at the same time.

Many ideas.Would like to do many things ,but cannot.Wants to move the furniture around,would like to read but cannot concentrate.

Despite tiredness cannot sleep.

Feels hurried.

Fear that something will happen.

A feeling that the hands or the voice do not belong to them.

Fear of going crazy.

Feels intoxicated.

Wants to buy many things,particularly a lot of jewellery.

Lives as if in danger,very quarrelsome,angry,can hardly stop themselves from hitting people.

Sad and weepy,could weep continuously,full self-pity,on the other hand feels good and in balance , despite being depressed (this prover therefore took the remedy two weeks later as a therapeutic dose).

Vertigo and an insecure feeling,feel they are walking on clouds,feels better in the fresh air ,as if there was cotton wool the legs,as if they would fall down.

Vertigo and nausea when walking,unstable feeling in the feet,as if they would leave the body.

Awkwardness,things dropped from their hands.

The provers were constantly injuring themselves.

Problems with concentration,cannot listen,better in the fresh air.

Sleepiness and tiredness.Very unfreshed in the morning,heaviness like lead,better in the fresh air.Heavy tiredness after lunch.Tired every afternoon,tired in the evening.Sleeps in a concert,for example,but then cannot go to sleep later.

Particular desire to undertake things at night.Does not want to go to bed.'It is a waste of time'.Prefers to read and wor,goes to bed at one or two o' clock,despite feeling very heavy in the morning.

Head

Feeling as if the head was swollen,as if blown up.Feeling as if the fluid in the head moved when the head moved.Hammering pain over the eyes.Worse with movement,better with pressure,worse at night. Boring pain the right temporal region,night and morning.

Eyes

Burning eyes,feeling of pressure on the lids,or feeling as if someone pressed from the inside.Problems with vision,unclear vision and shimmering.Sensitive in light,spots before the eyes.

Mouth

Cold-sores,blisters on the trip of the tongue,painful on touching,a feeling as if the upper lip was swollen,dry mouth,despite drinking a lot.

Nose

Tingling sensation at the end of the nose,burning on the left side of the nose wing,tickling and sneezing without coryza.

Chest

Pressure on the chest when breathing.Cramping,pulling feeling behind the sternum,pain lasts for quarter of an hour.

Stomach

Hunger without appetite,or appetite without hunger.

Cramp in the stomach after rich or fat food,desire for vinegar or highly seasoned food,aversion sweet and fruit,increased thirst,nausea with sweating,retching and increased urge to pass stool,nausea and full feeling without eating.

Abdomen and Rectum

Pain and distension from sitting long,better movement,itching of the anus,increased desire for stool in the evening,also to pass urine.

Can hardly hold the stool in.

Bladder

Frequent urination without pain,pain in the bladder after getting the feel cold,worse warm application.

Genitalia Male

Increased ability to enjoy sex.

Genitalia Female

Stronger desire,but feels exhausted after sex.

Menses:The bleeding lasts longer than usual,upto two weeks.Late onset of menses.

Extremities

Sticking and pulling,with a weak feeling in all extremities.Drawing pain in extremities with a weak,heavy feeling.This pain begins in the afternoon and gets worse in the evening and night.

Numb feeling and tingling in the arms and hands.A feeling as if the fingers on the right hand were thicker than those on the left hand.

Electric type feeling along the right underarm and in the fourth and fifth .Treambling in the fingers and hands at rest and at work.

Generalities

Dry heat in whole body,but also a pronounced chilliness.

Oscillates between hot and cold.

6.Convallaria majalis-Proving supervised by Edward C. WHITMONT,KONIG Peter and SANTOS-KONIG(HL,1-,3/1997)

During August and September 1994 a double-blind Proving of *Convallaria majalis* was performed in Vienna with a group of 28 provers, twenty women and eight men. Attention was focused particularly on the dreams.

III.THERAPEUTICS

1. Neurodermitisbehandlung durch Homoeopathie (Successful treatment of Neurodermatitis by Homoeopathy) EICHLER, R. (AHZ, 243, 2/1998)

After a short outline of Neurodermatitis, the characteristics of HAHNEMANN'S Homoeopathy are shown with the help of five children cases. An out-standing and positive characteristic of the Law of Similars, the individuality of every person with Neurodermatitis is taken into consideration. In every case polychest remedy in high potency has been given. Pictures of four of the children, before and after the treatment, have been published.

2. Ein (noch) ungeliebtes Kind" Dokumentation in der homöopathischen Praxis (An unloved child: Documentation in the homoeopathic Practice)

KONIG, P. and NOMETH, G. (AHZ, 243, 2/1998)

Homoeopathy raises public interest more and more and is still occupied with many unsolved problems within itself. Nevertheless documentation of homoeopathic prescribing is still not very popular among homoeopaths. The authors describe their computerized system of homoeopathic documentation and demand that fulfilling such a task is as necessary as possible.

3. Homöopathische Schmerztherapie bei HNO-Erkrankungen (Homoeopathic pain therapy in ENT diseases) FRIESE, K.-H. (AHZ, 243, 3/1998)

There are no homoeopathic analgesics in the actual sense of the term. As a rule, allopathic analgesics have no healing effect; they merely suppress a symptom. Homeopathic "analgesics" on the other hand have the capacity to cure the disease which causes the pains. Therefore in the ENT-field there is not just one single analgesic, the use of the homoeopathic medicine depends on the individual case on modalities and symptoms. In short, pains in the ENT ailments can be handled very well. Simultaneous application of suppressive allopathic medicines while under homoeopathic treatment must be stopped.

4. Juvenile seronegative rheumatoid Polyarthritits (Juvenile seronegative rheumatoid Polyarthritits) Nachgewiesene Borrelioseinfektion, unter dem Bilde einer seronegativen juvenile Polyarthritits (Confirmed Borreliose infection, in a seronegative juvenile Polytheitis) - Parts I & II
RICHTER, O., HADULLA, M.M., GUTBERLET, B. (AHZ, 243, 3/1999),

Juvenile rheumatoid Polyarthritits (Lyme disease, with positive immunoreactions), under antibiotic treatment with Amoxicillin, in a 5 1/2-year-old boy; he was twice treated as for rheumatoid arthritis. He was unable to walk at all. Acute Monarthritits of the right knee. On

the totality he was prescribed Pulsatilla 200 which brought about the expected result. Three months later he came with complaints of pain left hand and left foot-joint. He was given Pulsatilla M. Remains cured.

The authors say that they have come across many such cases in which treatment with Amoxicillin, Penicillin, Doxycycline and other latest substances have not been effective.

5. It is a challenge to treat Hypertension, Diabetes mellitus, Rheumatoid arthritis and Psoriasis in Homoeopathy? KRISHNAMURTHY, P.S. (QHJ, 6, 3/1997)

It is true that the homoeopath gets mostly the diseases mentioned in the title and it is indeed a difficult one to treat these, since they come after years of treatment with other medicines, and the individualizing symptoms remain suppressed.

The author, in his paper presented at the scientific Seminar, 26 October 1997, at Kankanady, Magalore (this is a transcript of that lecture) cites cases treated by him successfully. In all these cases the 'miasm' has to be kept in view.

6. An Encounter with HIV/AIDS Patient RAWAT, P.S. (QHJ, 6, 3/1997)

This is a report of the rather disappointing experience of the author in the case of an HIV patient who tossed between allopathic and occasional homoeopathic consultation.

7. Responses to HIV and AIDS by Conventional and Alternative Therapies LEWIS Joe A., (QHJ, 6, 3/1997)

This is a purely theoretical discussion of the various therapeutical methodologies in this ailment.

8. Conclusive Proof of the action of Homoeopathic Medicine in Endemic Disease CHAKRABORTY Dhruva, ADHIKARY, H.K. (QHJ, 6, 1997)

This article documents the positive result of treating Leprosy patients with Homoeopathy. 12 randomly selected leprosy patients from leprosy colonies, were divided into three groups of 4 patients each, with equal number of males/females. Group A was control (placebo), group B (multidrug therapy) and group C treated homeopathically. The patients in group C were given a single anti-syphilitic medicine selected on the basis of symptoms similarity. The patients were under observation for two years.

While the group A deteriorated, in the case of group B though the clinical symptoms showed some improvement the sensation in the lesion area was not fully regained, and the number of lesions were not markedly reduced, and the biopsy showed negative AFB in all the cases in the group; the improvement in the group C was very good; in 75% of the cases sensation in the lesion was fully restored, the skin biopsy showed negative AFB in 75% of the cases, while 25% of the cases showed presence of granuloma within the nerve fibre, in clinical symptoms the pain sensation was not fully restored. There was no relapse in the homeopathically treated cases.

9. Inability to gain weight: two Case Studies GRANDISON Kathleen (JAIH, 91, 1/1998)

Two cases of 'inability to gain weight':

Case 1: 8-year-old boy, complaint of being thin since birth. Although very hungry he could eat only small portions throughout the day because he would fill up quickly. No pain or discomfort. Nasal allergies and sinus problems since the age of five. Cough, worse at night and in Winter. Food cravings included smoked foods, lemonade, and butter. Averse milk; very thirsty, preferring ice cold drinks. Sweated easily and in sleep. Turned and tossed in sleep and threw the covers off. He was nervous and could cry over another child being hurt by its parents; was uncomfortable in the presence of people kissing on occasion crying and feeling shameful. His father was overprotective and had put much fear into him.

Causticum 200. In four months he had gained 7 pounds; six weeks later he gained another one and half pounds, and there were no allergies.

Causticum 200 was repeated; and he gained weight further and remained well.

Case 2: The mother of the above boy. She had never weighed more than 110 pounds except when she was pregnant. Her weight problems began at age 9 when she had a T & A. A year ago she experienced depression due to stresses at home; had been on Prozac for one year and had been doing well, but she wanted to get off it. Her best time was in the evening from 7-10 p.m. Craved meat and her thirst was low. Had recently separated from husband for 6 months because he was emotionally abusive. Kept angry feelings to homosexual, she was numb from the shock. Fear of dying. Perished easily. Silica 200 (emaciation, sadness, anxiety, fear to death, mildness, profuse perspiration). She was feeling good and had gained weight by over 9 pounds.

10. Clinical Snapshots NOSSAMAN Nicolas (JAIH, 91, 1/1998)

43-year-old woman with complaint: "I 'm dying." She had noted the slow onset of sore throat, headache, and malaise over the preceding three weeks and became really sick at 2-6 p.m. the day before the consultation. Generalised headache, pain slightly throbbing, vague aching in the lower back; pain in the throat, worse with yawning, better with swallowing, "dragged out" feeling, tearing cough in the larynx; shaking chills the previous evening from 8-10 p.m. despite heavy covers. She had tried Gelsemium, Hepar sulphuris and Silicea, with only a slight change from the later. She had delirious dreams last night, like fever dreams of childhood. Dreamed of two flat pieces of metal lying in the bed, perfectly divided down the middle and that she'd be OK if she didn't move. The split in the metal was for flexibility in the middle. Eyes hurt, worse in the sunlight, no clarity of thinking, better lying in the warm bed, warm bath. Voice was a bit hoarse "I've never felt this sick or weak in my whole life."

Severe Laryngitis, with great debility.

Baptisia M (Because the acuteness of her state originally. The symptom of the pain in the throat made better by swallowing got my attention. The striking nature of her fever dream made me think of the rubric "Delusions, that she is divided into two parts". The tremendous debility and her initial statement to me covered by the rubric "Death, conviction of" supported the prescription)

11. A Case of Myoclonic Jerks and Schizophrenia SUBOTNICK Steven (JAIH, 91, 2/1998)

Case of delusional paranoid schizophrenic, with history of past hospitalization and multiple psychotropic drugs, who responded favourably to Homoeopathy. This young woman, after a four-year follow-up without relapse, is off all allopathic medications and currently leads a productive life as a school teacher. Her remedy of cure, Lillium tigrinum, is a smaller remedy. Its selection places emphasis on the need for persistence when obvious better known remedies fail to achieve lasting curative results.

12. Acute G.I. Distress in a 36 year-old Man ROBINSON Karl (JAIH, 01, 2/1998)

This 'fascinating' case illustrates the wonderful and at times surprising curative powers of homoeopathic medicine. This case, prescribed Bryonia for a gastro-intestinal illness, responded profoundly. Not only were the G.I. symptoms relieved but a previously undiagnosed diabetic hyperglycaemia crisis also completely resolved.

13. Clinical snapshot-Surgeries avoided HOLE Linda C. (JAIH, 91, 2/1998)

Case 1: Torsion of the Ovary: 36-year-old woman with a history of right ovarian cyst presented for emergency surgery for torsion of the ovary. The ovarian discomfort was worse heat, pressure, lying down, and in the late afternoon. The area was sensitive to touch. Pain burning. Patient warm-blooded and thirstless. Busy person, with anxiety about health.

Apis 6 promptly relieved the pain and the proposed surgery was cancelled. The patient returned to work within a week. The cyst size was also diminished on ultrasound.

Case 2: 10-year-old boy with a remarkably elevated white blood-cell count and severe abdominal pain, rebound tenderness, tenderness at McBurney's point, and absence of stool. Worse from warmth, in the evening, lying down, and eating. Sitting erect >. Affectionate, timid, forsaken (a child of divorce), yielding, eager to please, irresolute, afraid to be alone, afraid of darkness, better from consolation, anxious, sad, jealous (sibling rivalry), chilly, thirstless, nauseous, weak, and prone to perspiration at night.

He was prescribed Pulsatilla 6 and sent to the Emergency room at once for presumed appendicitis. The abdominal pain was improved and the white-cell count was nearly normal by arrival at the Emergency room. The boy was sent home; no surgery.

14. I Know Where My Duty Lies JOHNSTON Linda (HOM, 70/1998)

[This article is based on a presentation by Dr.Linda JOHNSTON to the Society of Homoeopaths' Case Conference in Newcastle in March 1998]

This is a very interesting case and the course of the treatment is 'classical'. The patient a 64-year-old woman presents a long history of Hypertension,Allergies,Joint Pains,Cronic Kidney problems.The remedy selected on the totality,Kali carbonicum, is given and the progress watched;the remedy is repeated over some years; an intervening dose of Tuberculinum is given,and then Natrum muriaticum,and for a heart condition Spongia.While the patient improved,the symptoms kept coing again.The case had been followed for eighth years.The case was now 'retaken'.A detailed study revealed that she had to suppress amny of her abilities,which she described as 'not being me'.because of the jealousy and lack of motivation of her co-workers.She was always well-dressed and was a good fashion-designer.As a girl she had many teeth problems with caries requiring many pulled teeth.

In the light of re-taken case the element fluorine was deduced.Since Kali carbonicum clearly helped her to a great extent,she was now given Kali fluoratum 200 and she began to make rapid and sustained improvement.

In the light of this case study the author feels that the insidious fluorine poisoning through the water that we have been taking,through the tooth paste,tec. May be responsible for a significant portin of our values and culture.

15.'My Home is my Castle'-A Case of Salmon GLANTZ Camilla(HOM,70/1998)

This is a very interesting case,in the sense that a 'small' and not well-known new remedy Salmon is used successfully .The patient is a 35-year-old Palestinian woman living in Finland.Infertility,issues about home and travel are strong components in this patient.Consoling to her are long walks alone and compulsive walking for miles before ever period.The author had taken part in the proving of Oncorhynchus tschawytscha(Chinook Salmon) by Jemery SHERR's Dynamis School;theauthor recognized both the symptoms and the language of the proving.

16.Carcinosin:Making the Transition LAWRENCE Susan(HOM,70/1998)

This is not only about using Carcinisin in Cancer,but also a radically different technique of prescribing homoeopathic medicines.

The author attended a seminar in October 1995 on the practice of Homoeopathy developed by the late Pritam Singh GHATTAROYA.PRITAM had by clinical analyses and experiment,found that giving Psorinum,then Hepar sulph,followed by another Nosode-prepared the body for the indicated constitutional remedy.His research also showed that giving remedies in descending potency minimized aggravation and maximized the good effects.PRITAM found that Hepar sulph helped the body's polarity;it had a very balancing effect,rendering it less sensitive.

Shortly after this seminar, the author had the opportunity to try PRITAM's method in a woman 57 years age with diagnosed Cancer of the lung. She had lost her husband two years ago due to lung Cancer. She thought she was also heading towards the end. She was emaciated, pale and very tearful. It was decided to give Carcinisin. The remedy sequences were:

1. Ignatia 200/ wait five days
2. Psorinum 200, 30 (an hour apart, the descending potency)/ wait one day
3. Hepar sulph 200, 30/ wait one day
4. Tuberculinum 200, 30/ wait one day
5. Hepar sulph 18/ wait three days
6. Carcinisin 30, 12/ wait five days
7. Nux vomica 30/ wait one day
8. Sepia 200/ wait five days
9. Sulphur 30/ wait five days
10. Calendula 6/ one every day for six days

Following PRITAM SINGH's observation that outstanding mental symptoms should be addressed first, and as Mrs K was very emotional, the case was started with Ignatia. Psorium and Hepar sulph are constants in PRITAM's formula. The second Nosode is the practitioner's choice, depending the outstanding Miasm in the patient. In this case Tuberculinum fitted the lung symptoms and aids the action of Carcinisin. Hepar sulph is again given to balance and prepare the body. The remedies after this are the Practitioner's choice according to the case. PRITAM SINGH also found Calendula healing at a very deep level, acting on the DNA. Avena sativa five drops twice a day was given throughout the treatment for the emaciation drug withdrawal.

Mrs K began to improve, but she continued to smoke. She still had bouts of misery. The patch is on the bottom of the right lung, small grape sized. It looks like a button and she has been shown it on the x-ray. Someone who worked with her died recently of Cancer at the age of 45. She is tearful and thinks she may not make it herself. Appeared worn out. Kali carbonicum LM 1 every day for two weeks. Then she was to be admitted for operation. She was admitted with the diagnosis of Cancer. X-ray further taken before the operation. On the morning of the operation, the Consultant came to her bedside, with the x-ray. The path had gone. He expressed surprise and was apologetic as on the original x-rays the growth clearly showed. He also showed the previous x-ray. This had happened only twice in his career. She was discharged.

Follow-up for two and half years:Mrs K remains well.

The author says that he has used this method in othe Cancer cases,whether or not they have been operated on ,or are on medication.She has had consistently good results.

[The prescriptions seem, in my view,chaotic and without reasoning.But the results are great! For that matter there are,of course,amny ways which produce methodology based on firm and basic principles.However,PRITAM SINGH is said to have done pioneering work on Miasms,descending potencies-(HAHNEMANN too did try descending potencies), and the use of remedies in succession and in relationship to each other.=KSS]

17.Children:Young Adults or a Breed Apart?ZAJAC Angela(HOM,70/1998)

This interesting article demonstrates the vaersatility of Homoeopathy.With the help of two pairs of cases-one child and one adult in each pair,each pair receiving the same remedy,the author shows the opposite poles of the same remedy.The remedies that were prescribed in these cases are Lycopodium in the first pair and Phosphorus in the second pair.He rightly says that it is essential to be able to understand Materia Medica rather than to learn it.Study of the archetypes shows only one polarity.

18.The Relationship between Homoeopathy,Therapy and counseling ROBERTS Ernest(HOM,70/1998)

This article eplores how counselors,therapists and homoeopaths can work together, and it suggests that homoeopaths could benefit from getting some level of training in counselling and psychotherapy.The factors common to all therapies are mentioned and Homoeopahty is discussed in detail.

19.A Case of Migraine PRADHAN Surendra(HH,23,1/1998)

A Migraine of about 8 years in a man,under allopathic medication , was relieved in about two months; follow-up about 14 months.Lillium tigrinum,Sulphur,Natrum muriaticum,in that orer,were given.

20.Constipation of Calcarea carbonica MISHRA S.C.(HH,23.1/1998)

A child 4 years 6 months age with chronic constipation-he passes stool only once in 3-4 days-with desire to eat brick dust,sand,clay,etc.Sensitive to the odor of toilet ,dislike to wash after stool.After failure of Alumina,Calcarea phosphoric,Nitirc acid,he was given one dose of Calcarea carbonica XM and his constipation was cured.

21.Vision-as an Eliminating Sympton to find out the Consttutional Remedy SIVARAMAN, V.K. (HH , 23 . 1 / 1998)

In the experience of the author the patient's vision i.e. Hypermetropia/Myopia may be used as an 'eliminating rubric' just as Gibson MILLER's Hot/Cold classification,for arriving at the 'constitutional' remedy.Eight cases from his practice have been given.

22. Some case Reports of Cancer Patients RASTOGLI, D.P. (HH, 23, 1/1998)

Two cancer cases in which Iscador helped and two cases in which homoeopathic remedies helped, have been briefly reported.

23. Hernias and Hydroceles KUMAR Sailendra. G.N. (HUD, 23, 1/1998)

Discusses the Hernias and Hydroceles in general followed by a case of 'encysted hydrocele of the cord, left side' in a child of one and half year age. After repeated doses of Spongia failed, Rhododendron cured.

24. Torticollis KUMAR Sailendra .G.N. (HUD, 1/1998)

A nine-year-old girl: severe pain and rigidity of the neck, with restricted movement of the neck. Drooping of head and shoulder towards right side. Pain slightly ameliorated in the morning and aggravated in the afternoon. Enlarged cervical and sub-mandibular lymph nodes. Treated with 'several' homoeopathic medicines without improvement. The child was subsequently treated in the Medical College Hospital, without any improvement; later Ayurvedic treatment also of no use. Again Homoeopathy. And now the author gives *Cicuta virosa* 30 b.b. from 1.11.97 to 9.12.1997 and she had completely recovered and was well. [Nearly 40 days on this remedy in 30 potency twice a day! Who taught such Homoeopathy? =KSS].

25. Psoriasis KUMAR Sailendra G.N. (HUD, 1/1998)

25-year-old female with Psoriasis; had already undergone Ayurvedic and Allopathic treatment. She was given Phosphorus XM, two doses on one day and soon she began to show good improvement. Further follow-up not given.

A 54-year-old female with Psoriasis since 12 years. Sulphur XM two doses on one day; this remedy was continued. About three months later she was found to have completely recovered. No further follow-up.

26. Diabetes mellitus KUMAR Sailendra G.N. (HUD, 1/1998)

A 30-year-old woman showed Random Blood sugar at 188 mg%. Guided by the 'peculiar' symptom of craving for salt, she was given *Natrum muriaticum*, two doses on one day and to follow with *Natrum sulphuricum* 6x.b.d (Schussler's biochemic salt? =KSS) and her Random blood sugar showed 92mg%. It went up to 110 mg% after two months but she was not given any medicine. She continued to remain well.

42-year-old male with Diabetes mellitus. He had extreme weakness, body pain, dryness of the mouth with excessive thirst, increased appetite, constipated. Phosphoric acid 200 b.d was continued for some time and a month later *Natrum muriaticum* XM two doses on one day. Three weeks later random blood sugar 135mg%. Under follow-up.

(The author of 23 to 26 years above,gives as a routine 200 or even M potencies two doses on one day,morning and evening;follows up with same or even higher potencies for days! What rationale? We have also come across homoeopaths who prescribe even 4 doses on one day,claiming good results.Even when the are shown equally good results with a single dose,they stick to their own method.And all swear by HAHNEMANN!!!=KSS)

27.Vitiligo:Fairness Unwanted BHUSHAN Vijay(HUD,1/1998)

A 76-year-old lady,emaciated and withered looking,who has been consulting the author from time to time for her complaints, complained of violent and throbbing left-sided headache having pain beneath frontal eminence extending to left temple and to the left eye since about six months.Earlier for such pains she was getting relief with Spigelia.She was also gradually developing Cataract.She has consulted an Eye Specialist who diagnosed it as Sjogren's Syndrome.Her left eye often felt very dry with irritation and a feeling of contraction and pain in the eye.The eye drops prescribed by the Specialist and some tablets for pain were being used by her.She was told that the condition was incurable.

KNERR's Repertory was consulted and it was found "Lachrymal glands,secretion suppressed Secale" as the only remedy.Since other characteristics of Secale was also there,this remedy was given and she began to improve.The remedy was given upto the M potency.She underwent surgery for cataract successfully.

The author recalls of a case of Sicca Syndrome in Homoeopathic Heritage,May 1997 reported by a panel including Dr.M.L.SALVI; it is a case of kerato-conjunctivitis sicca.According to Dr.SALVI the clinical picture of this case indicated that it was Sjogren's Syndrome.However , in this case Petroleum cured.

The author aptly says that this once again shows that in Homoeopathy the remedy is individual irrespective of the name of the disease.

29.Atopic Dermatitis GUPTA A.K(HUD,1/1998)

A one-year-old boy with terrible itching all over the body and head, worse sweating.Oozing of sticky offensive discharge from the skin lesions.Scales peel off;thick offensive discharge from behind the ears.Loose stools 6-7, very offensive yellowish,blackish, brownish dry cough with occasional vomiting;lymph nodes palpable at post auricular and cervical chain region.Sleeplessness due to profound itching with marked restlessness and irritability.He had been given earlier Graphites.No he was given a dose of Sulphur 30.Few days later ,there was very offensive smell from all over his body,with oozing from all the lesions.Now he was given a dose of Pyrogenium M and very prompt improvement set in.He went on to progress well.

In the course of the treatment he was also given Antimonium crudum,Podophyllum,Mercurius,Pulsatilla as required.

A three month old lady baby with complaints of itching, rashes all over the body since birth.Mother had drug-allergy during pregnancy.Dry scales on the face,neck,hand,hips and legs.Itching with dryness,bleeding on scratching.Cough loose with occasional vomiting.Stools whitish hard ball-like,changeable stools.Redness of the anus on straining for stool.Hiccups<after feed. Measles a month ago.Disharmony between parents and the child was being brought up by maternal grandparents.

Pulsatilla cured this child.Other remedies used were Calcarea,Graphites,Chelidonium,Sulphur.

30.Herpes simples KANSAL kansal(HUD,1/1998)

Case 1: 32-year-old, unmarried man:history of casual sexual cotact.Deep red-based ulcers in mouth and small many in number on glans penis;sensitive and highly painful, itching ++;salivation ++; tongue coated;history of recurrent URTI; worrying type of person,slightly more irritable on trivial matters.IgG Elisa for HSV I & II positive.

Kali chloricum 30,three times daily.Immediate response in both pain and itching of ulcers.Medicine was continued for six months until negative reaction report was obtained.

Case 2: 23-year-old married woman and her husband for primary sterility.Married for 3 years, have undergone all investigations and have tried all possible treatments.The lady was having tried all possible treatments.The lady was having genital ulcers (small pearly blisters with red areola), painful and itching.IgG Elisa for HSV/II positive.No pre-marital or extra-marital sexual contact.Both were given Nitric acid 200(stat).The woman was given Cinnabaris 30 three times a day for six weeks.After this HSV II – negative.Cinnabaris was repeated for three weeks.She conceived and delivered a baby girl.Subsequent HSV II test-negative.

Case 3: 30-year-old male,with red,slightly itching,pimples/ulcers on glans penis.History of casual sex two year back. HSV II test positive.Strong craving for sweets.Has had medicinal overdosage/abuse , hence given Sulphur 200;began to improve.When two new ulcers came on after sometime.Sulphur M was given.Subsequent test IgG for HSV II=normal.After three weeks felt pain and burning in the two small new ulcers. These ulcers were very small.Cinnabaris 30/3 times a day for a week,relieved the pain and burning completely.Repeat Elisa-28.17 1 u/ml.Sulphur M.Final Elisa IgG for HSV II was non reactive.

31. Tuberculosis(Intestinal)KANSAL kamal & RASTOGI,D.P.(HUD,1/1998)

Case 1: 48-year-old bank employee with persistent diarrhea; all tests done and undergone allopathic treatment.Loose, watery,offensive,pale yellow stools, with mild tenesmus before; chilly;desires fried/spicy food;has lost 12 kg. in six months.IgG for koch's positive.Tuberculinum 30/3 times daily for one week.Immediate improvement; medicine continued for six weeks and gradually tapered off in next six weeks.Felt completely well.Elisa test was negative.Gained weight and remains well.

Case 2: 36-year-old man with Ileo-caecal Tuberculosis. Extreme weakness and dyspnoea on exertion. Excessive hunger, has to sit long time for stool; worse when alone in a room, better in open air; desires salt and cold drinks. Iodium 30/2 doses for about 12 days. All-round improvement set in. About 40 days later Iodium 200/3 doses and then Iodium M. Patient remained well.

32. Topical Pulmonary Eosinophilia KANSAL Kamal (HUD, 1/1998)

Case 1: Ten-years-old boy with seasonal nasal allergy since 5 years. Lot of anti-allergies and antiworms given but of no use. Now severe allergic bronchitis for which he was hospitalized. A slow comprehending child with typical adenoid facies, shy, answered slowly; poor in studies and of stunted growth, sweaty, smelly and prefers sweets. Mouth open, deviated nasal septum. Medorrhinum M and he did not get the allergy next season. Remains well; on follow-up still.

Case 2: 32-year-old male, Engineer, working in the Middle East, returned home unable to stand the severe seasonal Asthma he suffered. This has been getting worse.

Robust, healthy-looking, enthusiastic, hard-working, ambitious, but frustrated. When seen first he was too restless, physically and mentally. Arsenicum album 30, 3-4 times a day and he felt comfortable in two days. His mother suffering from Arthritis; the haemogram of the patient and his mother both revealed excessive eosinophilia. He was given Iodium 30 with remarkable improvement.

33. Disc disease KANSAL kamal (HUD, 1/1998)

31-year-old male, a Marketing Executive with low lumbar pain since three weeks with inability even to turn in bed. History of twisting injury to spine. Coughing, sneezing and bending. Suffered similar back ache 8 years ago. Restless, anxious, fearful, weeping. Tenderness at L 2, 3, 4. MRI revealed prolapsed disc. No relief in spite of traction, injections of analgesics, manipulation of spine.

Bellis perennis 30, three times daily for one week and bed rest. No improvement after two weeks. On re-examination, learnt of a childhood trauma: separation of parents, hostel life, and all a child can complain in adulthood for.

Natrum muriaticum XM and he began to improve and was able to drive his car in about 6 weeks. About three months later the remedy was repeated for slight recurrence. Since then all well.

34. Transient Ischaemic Attack and Post-encephalic Parkinsonism KANSAL Kanak (HUD, 1/1998)

13-year-old male with complaints of fearfulness, apathy, lack of interest in surroundings in play, etc., walking on toes only. He was normal in every way until a fortnight ago he had fever for two days for which he took allopathic treatment. CT Scan, brain and x-ray cervical spine found to be normal.

Manganum aceticum 30 three times and Natrum sulphuricum M a dose every month. In three years much improved but not yet normal and he is still on Manganum acetium 30 three times daily.

35. Bell's Palsy KANSAL Kamal (HUD, 1/1998)

45-year-old married woman who has gradually been finding it difficult to raise the left side other upper lip and she has a tingling feeling in that part. All tests including CT Scan, MRI proved to be normal. EMG showed 'demyelinating finding facial nerve to be orbicularis middle was detected.

She was a claustrophobic, emotional, easily getting tensed to the extent of panic, highly sympathetic and cooperative. Lot of stress and strains from hard, dominating in-laws, husband's highly-placed, responsible job etc.

Causticum 200 twice a day for two months and M. Became totally normal.

36. Peptic ulceration of Helicobacter Pylori KANSAL Kamal (HUD, 1/1998)

Case 1: 32-year-old male, overworked businessman, smoker, occasional alcohol. Developed acid dyspepsia which failed to improve in spite of various treatments. He suffered heartburn, regurgitation of food, recurrent headache, weakness, loss of weight, tenderness in epigastrium and left side of abdomen. Endoscopy revealed Atrophic gastritis. His main worry was that his business may not fail and he may not be ruined, though his business was quite sound.

Calcarea fluorica 200, three doses. Improvement slow but steady. The remedy repeated in M potency 7 weeks later.

Case 2: 3-year-old male, acute symptoms of acid peptic disease. He used to come twice or thrice an year and always reacted favourably to the remedy. This time he has been suffering since 6-8 weeks and no antacid did any good. He also had chronic Gingivitis.

Antimonium crudum 30/3 times daily for three weeks and marked improvement followed, the remedy was repeated for three more weeks. Remains well.

Case 3: 38-year-old female with pain epigastrium, acid dyspeptic symptoms. Known hypertensive and on anti-hypertensives for last ten years. Chews tobacco, a strong confident personality. Has been living high-profile life style. Irregular menses. IgG Elisa for "Helicobacter Pylori" +ve.

Nux vomica 30/3 times a day for nearly 4 ½ months. Regular improvement and her hypertension also began to improve. She was off from all medicines for six months when she began chew tobacco again. She was given Nux vomica XM/3 doses for a day followed by placebo with complete relief of symptoms. Test for Elisa H. Pyloris -ve. No hypertension, no dyspepsia, no tobacco chewing.

37.Histaminum KANSAL Kamal(HUD,1/1998)

This is a Sarocode,clinically verified remedy for allergies.30-year-old female who was suffering from contact dermatitis since six years and recent development of Acne on chin for last two years.It all started from ewearing a lated jewelry which triggered itching on neck and wrists.Although she removed the jewellery the dermatistis persisted.

Histaminum 200/3 doses and one dose repeated about five weeks later.No more allergies but the acne on chin became,for which Hydrastis 200/three times daily for a week,completely relieved.

38.Myomata KANSAL Kamal(HUD,1/1998)

Case 1: 35-year-old female with irregular, profuse menses since three years.Has been on various homoeopathic medicines.Also had white foulsmelling vaginal discharge continuous.Lumbar pain radiating to both thighs; extreme tenderness and weakness; Chloasma.Ultrasound revealed enlarged uterus and three fibroids.

Sepia 200 twice daily for two months and one dose daily for another three months.Repeat Scan revealed normal study.

Case 2: 35-year-old thin, highly nervous, emotional woman; profuse menses since few months with bearing-down feeling and occasional vaginal discharge mucoid, colourless and non-irritating, constant. Low lumbar ache.Ultrasonography: mildly enlarged uterus, uterine Fibromyoma. She is a well-educated girl, her mother-in-law is highly dominating;humiliated her in every way.She delivered a baby boy but the baby died(SID Syndrome)

Ignatia M three doses and Calcarea phosphoric 6x (biochemic) three times a day for 'tonic effect'.As no improvement was noted during next menses Ignatia XM was given.Became well.Subsequent Ultrasonography showed a normal study.

Case 3: 40-year-old woman , with profuse,irregular menses for last three years and since three months very profuse, early and continuous for 15 days.Ultrasonography revealed a Fibroid.Calcarea fluor. The prescription was only on a clinical suggestion that Fibroid is due to calcareous degeneration and it was assumed that a calcium mobilization at her age was possible.Subsequent Ultrasonography revealed a normal uterus.

39.Trigeminal Neuralgia KANSAL Kamal (HUD,1/1998)

Two cases of the quthor in which Verbascum was the remedy.This is followed by selections from the 'Archives' giving several cases. (The source in respect of these from the 'Archives' is not indicated=KSS)

40.Schizophrenia KANSAL Kamal(HUD,1/1998)

20-year-old young man from Mauritius. He was unwilling to speak. It was observed that he was extremely dirty – hair tangled in dirt, wearing rags and torn chappals, filthy nails; complete aversion to bath; extremely chilly-wearing woollens in the month of May (peak of Summer); complete lack of self-confidence; completely unsocial; strong fear of being watched by somebody.

Recently he had been jilted in a love affair. The most important symptom appeared to be extreme chilliness, dirtiness and the deep melancholia. *Psorinum MM*, 6 drops in a ¼ cup of water was given. On the third day he became worse, and there was no further information. Some days later, a well-dressed, clean-shaven, very sociable, young man came. Only after he identified himself he could be recognized as the same Mauritian who was dirty, unsocial, schizophrenic! He later wrote from Mauritius informing that he continued to remain well, he was looking after his business and was going to be married.

41. Hydradenitis suppurativa KOHLI Bindu (HUD, 1/1998)

Hydradenitis suppurativa is a chronic infection of the apocrine glands. It occurs in anal area, axillae, and mons pubis and groin can also be affected.

Case: 45-year-old male with bilateral painful, enlarged lymph nodes in the axillae since six years. Now he has low grade fever also, with evening exacerbation. Severe unbearable pain in glands. Malaise, bodyache, run-down feeling since fever. Discharge offensive, sticky from lymph glands, discharge of pus and blood. Tenderness+++; could barely be touched; some nodes seen discharging pus. History of borderline blood sugar.

Tarentula cubensis 200/3 doses. Within five days, pain, fever, malaise all. His case was now taken in totality and *Thuja* 200/3 doses were given. He began to improve, and the remedy was given in M and XM potencies later.

42. Alopecia totalis KOHLI Bindu (HUD, 1/1998)

7-year-old with bald patches; began four years ago. Treatment so far including skin specialists has not given any benefit. From 40 days age suffering from Bronchitis. Various antibiotics and Bronchodilators and currently when visiting the author on Prednisolone 15 mg/day. At one year age febrile convulsions. Paternal grandmother Pulmonary Koch's Bronchitis; strong history of Coronary Heart disease on paternal side. Desires chocolates and junk foods, excess thirst, icy cold things, ice; mouth breather. Friendly, inquisitive about his environment, interested to know how things work. Cannot stay alone. Fears dark, ghost.

Phosphorous 20/3 doses. Prednisolone reduced to 6 mg/o.d. 15 days later, chest clear. Prednisolone further reduced. His bronchial condition continued to improve and hair growth also began. He was given a dose of phosphorous M for recurrence of Bronchitis. Hair growth after three months and after two months, tawny hair growth changed to normal hair but patches of baldness remained. Now he was given *Antimonium tartaricum* 6 and *Lycopodium* 30 on two occasions when specific indications during bronchitis required these. He did not need steroids again but episodically *Salbutamol*

inhalers if very severe episodes of Bronchitis. Phosphorous XM subsequently did not improve the bladder patches. After Fluridol acid 200 further improvement of the bladder patches. The chest condition also improved remarkably with this remedy.

43. Severe bilateral Onychomycosis KOHLI Bindu (HUD, 1/1998)

30-year-old business-man with chronic fungal infection of the nails since more than 5 years. Under treatment of Dermatologist since 4 years. Then tried Ayurvedic medicines. Almost all the nails except one were involved. Nails were ridged, thickened, corrugated, discoloured and had debris under the free edge. Pressure on the nails = pain. History of bacterial infections. Pain in joints, worse cold. History of anal fissure, renal calculi (Ayurvedic), mother diabetic, father operated for Neurofibroma. He was an extremely helpful person who went to any extent to help the old, destitute or diseased individual or anyone in pain. A very upright, principled young man. Ridicules and taunting by customers regarding his nails upset him, but he took them in stride. Caustium 200 did not help. Antimonium crudum M/3 doses. His Uric acid was 8.5 mil. And he had mild hypertension. After 5 months the nails showed improvement and the joint pains less. When the improvement came to a standstill Antimonium crudum XM given. He improved further but one of the symptoms after the last dose that he developed unreasonable embarrassment about his condition. Sulphur M/3 doses and further improvement including that joint pains. Nails became stronger.

44. Calendula officinalis KANSAL Kamal (HUD, 1/1998)

Case 1: A lady with Systemic Sclerosis under treatment in hospital since eight years and having already undergone amputation of one hand while in other hand four fingers have been eaten away by the disease. She now came for non-healing deep ulcers on the dorsum of feet. The ulcers were so deep that the tendons and bones could be seen at the base. The skin specialist had declared that if the ulcers did not heal both the legs will be amputated at ankles.

Calendula 6 three times a day + external application of Calendula dressing. Very rapid healing began to take place even during the first week. Later she started homoeopathic treatment for her ailment also. She is off all allopathic medications and no further amputations were needed (since three years now)

Case 2:

26-year-old male alcoholic has already undergone various abdominal surgeries. Now he was for acute Cholecystitis for which a Cholecystectomy was performed. A drainage tube was inserted for draining infected material collected in para pancreatic colic material. This tube has been there for last 2 ½ months very slowly tapping out the debris; this process expected to continue another 3-4 months. The incapacitated patient already suffering from being off work for so long, requested for help. Calendula 6 three times a day. Within six weeks the gutter was totally dry and the tube was removed.

45.Freckles SHARM Rajini(HUD,1/1998)

36-year-old multipara was suffering from freckles. She had spent lot of money and all available facial packs, and other treatments to get rid of the freckles in her face. She was extremely conscious of this. The author prescribed medicines as he found them indicated, particularly *Ntrum muricatum* and *sepia*. After over four months of treatment when she did not get benefit the patient asked how long it would take. The author interpreted this in the 'SEHGAL's Method'. "Fear ,Extravagance of" and gave *Opium*. The patient began to improve rapidly.

46.Secondary Amenorrhoea SHARMA Rajini(HUD,1/1998)

25-year-old married woman with one daughter, complained of delayed menses since after multiloading insertion, delayed maximum upto 6 months that too began after hormonal treatment only. Last menstrual period moderate flow, intense purities with excoriation, voluptus itching before menses. Acidity++, Gas++, Tea, Salt, craves cold drinks; nervous fear of dark, alone , must have light at night, irritable, consolation. She was trying to have a second child. Right Fallopian tube blocked.

The case was analyzed with BOGER's Card repertory. Cards selected :Female organs, itching, menstrual disturbances, fearsome. Only *Calcarea* came through which was given in the M potency She got her menses on the third day after the *Calcarea* (after amenorrhoea of 7 months). Her menses has been regular since then. Once again when the menses was again delayed *Calcarea carbonica XM* brought it.

47.Windows to the baby's Soul:Skills in treating the Newborn and Materia Medica of some common remedies ZAREN Ananda(NEHJ,6,2&3/1997)

Some extracts:"In treating babies we almost completely have to rely on observation, be it our own or the parents'. It is not only the physical signs we observe. If we master the subtle art of perceiving the inner state of the baby, our prescription becomes more accurate.

"The newborn is fully capable of perceiving and expressing emotions. Understanding the emotional state of an infant is requisite to finding the correct remedy and coming to a deeply curative prescription. In the infant, the body posture and position, facial expression and eyes all present windows into the emotional realm. Newborns are capable of feeling and expressing anger, sadness and fright, as well as feelings of disgust, distress, and abandonment. They develop interest in their surroundings and are sensitive to stimuli such as light, noise, and motion. They respond to the environment in a variety of ways, such as being alert, startling, running away or falling asleep.

"When taking the case of an infant, it is critical to understand the family system. The homoeopath must sense the current emotional climate and understand what the parents are feeling. If a child is nursing, there is a direct line of emotional communication. The emotional experienced by the mother are transmitted to the baby and can be engrafted onto the infant.

“Observation of the interaction between the infant and mother is very important. Observing the expression in the eyes of an infant is important and allow the sensitive prescriber to gain insight into the emotional state of the organism. Crying is another way the baby communicates his/her emotional state. We can learn to differentiate one type of cry from another. For example, the hunger cry, the angry cry, the pain cry. It is important to listen for the type of crying that indicates pain. There is also a fake cry or fussiness which develops after the first month of life when the baby is expressing a demand for attention.

“All children experience fear at various stages of life, and infants are no exception. Certain infants can also become quite upset when there is a sudden shift in routine, or an alteration of the reality they have learned to expect. This can be interpreted as a violation of trust.

“Reactions to external stimuli may differ according to the remedy of the child. Infants can show signs of separation anxiety at an early age. Some babies develop stranger-anxiety early on.

“Inquire as to the frequency and duration of feeding. If the mother keeps the baby on a strict schedule, it can indicate that the mother is a fastidious remedy type. The babies who self-regulate seem to have fewer symptoms and develop more basic trust in the world.

“Inquiry into the topic of sleep provides a wealth of information that will guide in the selection of a remedy. The position of sleep can also be a symptom. The time the baby falls asleep and when she awakens may provide important clues to the constitution of the child.

“In the first year of life, the infant has a critical need for communication. The homoeopath should find out whether the mother talks to the baby. The amount of time the mother spends with the child will have a great effect on the development of health and well-being in the infant. Children who are nurtured in a calm atmosphere of love and support from early infancy on will be hopeful, unafraid, and comfortable with themselves therefore may not be in need of a remedy. The ability to observe and interpret the expression of emotion and sensitivity to the inner state of the organism is paramount to the homoeopathic treatment of children.

Ananda ZAHREN delineates the characteristics in so far as babies are concerned, of NUX VOMICA, Sulphur and Borex. [It is worthwhile to read the entire article and use it in daily practice=KSS]

48. Remedies and their Characteristics Symptoms during Pregnancy GHEGAS Vassilis (NEJH, 6, 2&3/1997)

During the pregnancy, the patient can completely change and the usual remedy doesn't work. If so, try to find out if there is a new polychest that fits her. If you don't find one, look

for a remedy that fits with the main complaint. Some remedies with their characteristics during pregnancy, in hierarchical order according to the author's practical experience.

The remedies Sepia, Nix vomica, Nux moschata, Lachesis, Natrum muriaticum, Pulsatilla, Gelsemium, Calcarea carbonica, Phosphorous, Veratrum album, Aconitum anapellus, Carbo vegetabilis, Cimicifuga, Magnesia carbonica, Stannum, Arsenicum album, Laurocerasus, Lacticum acidum, Petroleum, Dioscorea villosa and Asarum.

49. Happy to Strave COHEN Karen (NEJH, 6, 2&3/1997)

This case is a practical application of the teaching of Annada ZAREN. The case shows how observation and careful case-taking helps in finding out the remedy.

In this case where the infant at breast was refusing to feed and nourish the remedy was found to be opium a single dose of which completely restores the baby which was worsening day by day.

The author rightly observes at the end of the article "Homoeopathy is a powerful tool in the development of family bonding and helps to potentiate emotional growth for all members of the family. The homoeopathic interview process which includes non-judgemental observation and recognition of the family system, provides a safe environment for expression of fear, sadness and isolation that are the unfortunate by products of our busy culture. Our remedies can work miracles and because of the simple process of sitting with people and listening with an open mind and heart we are privileged to witness and support the individuals and families who came to us for care.

50. Mother Child Dynamics PINTO Gabrielle (NEJH, 6, 2&3/1997)

With the help of two cases the author details the psychology of children and the mother-child dynamics. It is very essential that homoeopaths are well-grounded in child psychology.

51. The Effect of Homoeopathy on the Labor Movement HERSCU Paul (NEJH, 6, 2&3/1997)

This is a thought-provoking article. HE opens the article stating: "Every case in practice pints out different philosophical points in Homoeopathy". One must learn many things with reference to the homoeopathic philosophy, from each case. HERSCU narrates three cases of pregnant women. "It has been noticed that during pregnancy not only do symptoms of the chronic state arise, but so do symptoms of the miasm." If my memory serves me correctly, it was Sir John WEIR who began to look for 'negative' General symptoms. These would be symptoms peculiar to a remedy, though rare for a disease. For example, it is common for arthritic patients to feel aggravated in damp weather. To be ameliorated by wet weather would be rare for the illness, and so this 'negative' finding may often be key to finding a remedy, such as Causticum. I would add a corollary: every remedy that cures a syndrome has certain main symptoms within the condition. If these symptoms are not present, this 'negative' finding raises a flag in my mind and makes me

examine the case more closely. Why is that symptom missing? Perhaps the remedy is not really called for after all. This is just one of many criteria I use in analyzing a case.

52. Some thoughts on Miscarriage HERSCU Paul (NEJH, 6,2&3/1997)

In this article too pul HERGSCU triggers your thought process. "One woman bleeds and begins to miscarry. You give her a remedy and the miscarriage stops and she later delivers a healthy baby. Another woman bleeds, you give her a remedy, and she miscarries quickly, relatively painlessly, and is able to conceive quickly afterwards. When checking the fetal remains it is found that the fetus would never have lived. Who makes the decision of what happens? It is not the homoeopath or the parent, because one cannot predict ahead of time what will happen or why Homoeopathy only brings the mother to the healthiest state she can be. If the woman is to miscarry, instead of miscarrying and dying or miscarrying and being chronically ill for a length of time, the remedy hastens the process and keeps the mother as healthy as possible. And if the baby is to live, the miscarriage stops, usually within seconds to minutes. I have treated a number of women in this threatened miscarriage situation. I have seen both outcomes. Ultimately, it depends on the health of the fetus. Strange to say, I have treated several women with molar pregnancies. Many of the women had four or five or six normal pregnancies.

53. The little things that mean so much HERSCU Paul (NEJH, 6,2&3/1997)

One is a case of a 33-year-old multi-para with threatened miscarriage, saved by Arnica. In the other case of a ten-day old baby born normal, but now showing signs of seizures for which Phenobarbital was being given. In this case too Arnica given on the totality saved; later Calcarea carbonica normalized. Both the cases were serious. One of the reasons for presenting these cases is says HERSCU, "to again stress and unify the idea that we need homoeopathic hospitals and homoeopaths working in hospitals. We need to treat our patients in a safe environment that will give them around-the-clock supervision and give us the respect we need when go home. We need to treat, to provide statistics and to train primary health care providers to handle all manner of diseases with the best therapeutics known to us.

54. A Case of Miscarriage Paul (NEJH, 6,2&3/1997)

This case shows the deep action of the homoeopathic remedy.

A 42-year-old woman who had birthed four live children and miscarried five times was now eight weeks. The miscarriages were between the twelfth and fifteenth week for no apparent reason. They suspected that the miscarriages were due to the intense vomiting. She had severe nausea and vomiting and also diarrhea now. Taking into consideration the totality she was given sulphur 200. Her nausea, vomiting and diarrhea stopped within three hours of taking the Sulphur.

Two days later while she was feeling quite well, she miscarried. A chromosomal analysis revealed that the fetus had an abnormal karyotype, the fetus, a girl, had extra

chromosomes.Perhaps it was not done so far those miscarriages.The woman recovered soon and became pregnant again within six months and ultimately deleivered a healthy girl.

What is more interesting is that after Sulphur she put a halt to her pathological symptoms,as if re-grouping and gathering strength, and a couple of days later miscarried the fetus quickly , safely, and with no apparent sequelae.The prescription ended a streak of miscarriages, showing that the remedy affected not only her illness but her constitutional state as well.

55.Out of body ,Out of mind ROTHENBERG Amy (NEJH, 6,2&3/1997)

A 16-year-old girl with ADD(Attention Deficit Disorder) had ‘out of body’ experiences , e.g. while in the class she felt she was floating away and watching the class from the ceiling;she would float about and feel very strange but soon would forget it was weird and just hang around spacing out.Suddenly , aloud noise and she will be catapulted back to her chair in a minute.She was much behind in her clss.She was also clairvoyant.She had a sledging accient at age 11 where she suffered severe concussion and was inconsious four days.She suffered from severe headaches.Her father has been smoking pot daily for past 25 years.He couldn’t live without it.

She was given Cannabis indica 200 and she improved.The medicine was repeated twice in two years.Finally she was given a dose of Natrum muriaticum. Her persistent headaches too disappeared.

56.Sandplayby Naomi SHAW Sandplay in Homeopathic Analysis LADERMAN Tamar &CONRAD Linda (NEJH, 6,2&3/1997)

The first by Naomi SHAW describes ‘Sandplay’.This technique is used by psychologists working with children.The sandplay created is studies and the meaning of the images created is ascertained from the patient;the case is then taken and the whole studied.”By concertizing their innerworld within the sand box, the parent or child is conforming the reality that exists to himself.For the observer these observations are useful in understanding the peson and in plotting a course of theraPHY.Sand play is a wonderful tool to work with in addition to the Repertory and the Materia Medica.It is a diagnostic and therapeutic technique.The sandplay is analyzed using the same technique as when taking the case.

Four cases are described in which Sand play has been used to analyze and find remedy.

57.Skin Deep:Atopic dermatitis COLINS John(Sim,XI,2/1998)

This is from a talk presented at the HANP Case Conference,Seattle,Washington,November 9-10,1996.

Atopic cases are those types of Eczema in which there are distinct immunological abnormalities along with the Eczema lesions.This tends to run in families,there is a high

correlation in families-of either atopic dermatitis , or hay fever,or Asthma and often there is a correlation with food allergy.There Is also deficient immunity in their skin deficient IgA in their serum. So we have itch,we have broken skin, we have weakened skin immunity, susceptibility to bacterial and viral and even fungal infection and as a concomitanta we have Hay fever and Asthma.These then,become the constellation of “common symptoms” which are no value to homoeopaths in prescribing.

Two cases are present in detail.

58.A case of Psoriasis and PMS BAKIR Nadia(Sim,XI,2/1998)

An interesting case treated over a period of three years , of a woman of 40-year age, for Psoriasis and PMS;The remedy was Lycopodium.

59.Hormonal Imbalance in an elderly Man STAUBER Catherine(Sim,XI,2/1998)

70-year-old man with hot flashes and bilateral pain behind his nipples.The heat flashes felt like heat radiating from the inside .He did not perspire with them , but felt that he must move. He would take off his jacket or shirt ,fan his upper chest area, mostly the front and neck , not his face. These occurred out to two times a day and sometimes at night. The nipple pain was associated with a dime sized mass directly behind each nipple.It hurt to touch the nipples . These symptoms were actually a recurrence of symptoms he had initially experienced more than ten years before.At that time the pain and mass originally appeared on the right and, after several months,to the left.The masses had been surgically removed, and the pain has disappeared. Biopsy showed them to be benign fatty tumors.

A careful study of the remedies that came up on the basis of the totality of the case taken in great detail was done and Calcarea Phosphorica 30 was given which gave immediate improvement.Sunsequently he needed Arsenicum album 200 and lastly Rhus toxicodendron 200.

The analysis and remedy selection is educative.

60.Unwanted C-section the second time around.TENNENBAUM Robert(Sim,XI,2/1998)

“Practitioners in the dominant medical system routinely perform caesarean section as protection for the pregnant woman, the unborn child and themselves.However , there is a movement under way (in the USA) , among individuals who wish to regain control over decisions concerning their health and well-being.” Holistic practitioners need to be ready to answer this call.A case is presented to drive this home.

In the ‘discussion’ the author observes “It seems to me that women are not encouraged to trust themselves when and where it comes to natural changes, from menarche to menopause.These changes have become a complex matter, and control is often given by default, to experts who also control technology.”

61.The Queen of the community MARTANDA Adam(Sim,XI,2/1998)

The remedy will be evident from the title-Apis.It is interesting that the author decided for the remedy from the personal knowledge she had of the Bee, their commune life dedicated to serving a high aim; their agg. From smoke; fastidiousness about the hive; hatred of outsiders; clannishness; fear of ants, wasps and earwigs; structured and regimented life dedicated to service; being busy and active.

The patient , a young girl , was all these and more like bee.Her whole life conveyed the essence of the bees in their totality.

62.A series of Apis Cases MORRISON Roger(Sim,XI,2/1998)

This is from the 1991 professional case conference of the International Foundation for Homoeopathy. Roger MORRISON presents five cases in which Apis was the remedy;it is interesting that all these five are women.

The case presentation is followed by very interesting ‘discussion’.

63.Hardcore prescribing in Classical Homoeopathy SHAH Rajesh(Sim,XI,2/1998)

The author is known as one against ‘speculation’ in case analysis and prescription.He teaches that one must stick to the hard facts, i.e. the Generals, the peculiar symptoms, matching the patient’s symptoms with the proven drug’s , and no imaginative explanations.This he calls as hardcore prescribing.

He presents two cases to explain the above.

64. The other side of the coin COLLINS Deborrah(HL,10,3/1997)

Case 1: 52-year-old woman with a large lump in her breast.Several family members had died of Cancer.She therefore thought that she too had Cancer.She resisted all efforts to have her go through the regular medical routine and diagnose.She didn’t want to die after being mutilated by operations and drugged up.She had worked with women with breast cancer,helping them.She had read the Tibetan Book of Living and Dying and she felt comfortable with the ideas that she simply might die of cancer.She had a tumor in her left breast and the right breast had several small, hard tumors.She also complained of paralyzing weariness.Taking the whole case,she was given Conium 200.The remedy was repeated in LM potency after four months.An year later she was found doing well and the tumor is becoming smaller.

Case 2: 62-year-old woman who had been under the care of a Neurologist for several years due to strange complaints for which no one seemed to know the name or the treatment.She was an artist and when she developed pains in muscles and severe headaches after a blow to her head and she also began to feel so exhausted as if she had ‘just run the Marathon,’she felt so tired in her legs.All her life she has been known for stumbling and falling .Her legs didn’t obey her brain;felt as though there were no bones in

her legs, only muscles. She told that her husband too was an artist and he died of cancer. They were very much attached and they had always worked together. When it was known that he had cancer it was decided that he would stay at home until the end and that she would take care of him. They were so close that they treasured every minute together, and did not allow their last weeks to be disturbed by visitors other than their two daughters. When he died the grief was so intense that she wanted to go with him. She especially missed their intensive sex life. It had always been good.

Conium 200 and she began to improve; the remedy was given in LM 1 and she went on to improve. A cervical smear showed PAP IV and decided to undergo an exconisation. She declined all other traditional treatment. Follow up after three years; In the ensuing years she went on to improve further both physically and psychologically.

65. Dedication and Failure SWOBODA Franz (HL, 10, 3/1997)

SWOBODA presents very briefly four cases in which Conium maculatum was the remedy. The core of Conium seems to be self-denial, 'feelings of self are not allowed' behaviour, accepting one's state and position without protest. A study of SOCRATES is made to point the life of SOCRATES but also his last days.

66. Hansel and Gretel lost in the Forest SCHADDE Anne (HL, 10, 3/1997)

A 30-year-old woman with hay-fever since she was four years old and was cured with Magnesium muriaticum. The author gives in detail the story of the patient and her analysis and how she picked the remedy. The author says "If we understand a patient thoroughly, all the important symptoms can be confirmed with every sentence the patient says, and through that we understand the deepest cores of the case. In addition we can extend our knowledge about an already well-known remedy".

67. A case of mid-life-crisis ROHRER Anton (HL, 10, 3/1997)

42-year-old male, teacher by profession consulted for weakness and digestive troubles. He was given Onosmodium 200 and he began to improve soon. A 'peculiar' symptom led to the choice of this remedy.

The author concludes: We have different possibilities to find the remedy if the patient can tell us a small symptom in all details, containing locality, sensations and modalities. If we look up in the repertory for that small (local) symptom, we may be able to find a remedy which also corresponds to the other complaints of the patients and which covers the totality of the peculiar symptoms.

The following are given as 'additions' to Onosmodium, from Reference Works, D.K. WARKENTIN, USA. The source is H.C. ALLEN, in Medical Advance, No. 8, 1904.

MIND, hurry, haste; writing, in ('but cannot keep pace with thoughts')

-memory; weakness, loss of; said, for what has HEAD, pain; dull; occiput

EYE;heaviness

EAR;fullness,sensation of

-noises in ; roaring

-noises in ;hissing

-noises in; general;vertigo;with

NOSE;dryness;inside

-discharge;posterior nares

-discharge;white

FACE;discoloration;red;excitement

-motion;atleast

-pain;genral;malar bones;right;

-numbness, with

- dryness;lips

MOUTH:saliva; scanty

THROAT; scraping

-dryness

-stiffness

ADOMEN; distension,removing clothing amel.

-clothing;sensitive to

STOOL;bloody

-fatty,greasy

-mushy

-stringy

-yellow

URETHRA;pain;burning

-itching

FEMALE;pain;ovaries;pressure;agg.

-pain;sore;tenderness,uterus;pressure agg.

CHEST ;pain;sore;mammae;left,pressure agg.

-pain:sore;mammae;menses;before

-pain;oppression; heart

BACK;pain;aching;lumbar region

-lameness;lumber region

-pain;dull;cervical spine

EXTREMITY;pain;aching;upperarm;biceps

-pain;aching;elbow

-pain;aching;wrist

-weakness;upper arm

-weakness;hand

68. As soon as I think of something else I stumble ANDERSCH-HARTNER Peter (HL,10,3/1997)

24-year-old female with Furunculosis.Since 6 years recurrent boils on the whole body,especially in the genital region; diameter of boils between one and eight centimeters.The symptoms started after the divorce.Since one year inflammation of tip of nose with large and very painful swelling.

She tends to drop things, stumble if attention is not focussed on her feet.Can't bear warm room;copious stool.

Lillium tigrinum M began to improve her.The remedy was repeated once after which there was some aggravation.The remedy was given in XM potency(refer KENT's Essay on Secong prescription) and she remained well;follow up 19 months.

69.When Food plants become remedies-A Case of Asparagus and a case of Petroselinum WESSELY Ulrike(HL,10,3/1997)

Case 1: A woman in her third pregnancy oedematous swelling in her fingers;Circulation problems , low blood pressure,flickering vision in the morning , sometimes with prickling

and numbness in her fingers and face. But most disturbing were the cramps in her calves during sleep and on walking, esp. When stretching her legs the cramps were so painful that she shrank on waking, as if someone was cutting into her legs. Frequent urination ameliorated and the urine smelt 'bad'.

The peculiar symptom 'cramp, leg calf; stretching, on walking, when 'was found under Asparagus. The remedy covered many other symptoms.

Case 2: A woman with terrible itching eczema of the perinum, which she could hardly tolerate. She scratched, especially during sleep, until it bled. It was dry, worse during the night in bed and after scratching it started to burn, it also burnt from contact with urine. She had a strong craving for Parsley. CLARKE 's Materia Medica confirmed Petroselinum and it cured.

40. The Unbearable Pain of Life PAYRHUBER Klaus(HL,10,3/1997)

Two cases of Citrullus colocynthis. Both suffered from chronic headaches. The characteristic symptoms of Colocynthis led to the prescription.

Colocynthis misses the refined dignity that induces staphysagria to suppress its anger. It is much more disposed to irritability and anger, with violent outbursts like Chamomilla. And these outbursts cause more suffering. The remedy has a sympathetic trait like Causticum. The fact that human life means affliction with pain seems to be unbearable for Colocynthis.

IV. RESEARCH

1. Oscilloccinum in patients with influenza -like Syndromes PAPP Rosemaric, SCHUBACK Gert, BECK Elmar, BURKARD George, BENGEL Jurgen, LEHRL Siegfried, BELON Philippe(BHJ,87,2/1998)

A controlled clinical trial was conducted to assess the effectiveness of Oscilloccinum in the treatment of patients with influenza -like syndromes. 188 patients received the test drug and 184 patients were assigned to the placebo. Data were recorded by the participating physicians at the beginning of the treatment, after 48 hrs and after 7-10 days. During the first few days, the patients recorded their rectal temperature twice a day (mornings and evenings), 9 symptoms on a rating and use of medication. Recovery was defined as follows: 'rectal temperature < 37.5 C and no headache or muscle pain'. Effectiveness was defined as a statistically significant greater decrease in symptom after 48 hrs the symptoms in comparison to the placebo group. After 48 hrs the symptoms of the patients in the verum group were significantly milder ($P=0.023$) than in the placebo group. The number of patients with no symptoms was significantly higher verum group from the second day onwards (Verum 17.4%, placebo:6.6%) until the end of the patients recording (day 5 in the evening: (Verum 73.7%, placebo:67.7%). The biggest group difference was recorded for the time between the evening of the second day (10.6 % more patients with no symptoms) and the morning of the fourth day (10.2 % more

patients with no symptoms).The clinical trial showed that treatment of Influenza –like syndromes with Oscillococcinum has a positive effect on the decline of symptoms and on the duration of the disease.

2.A Retrospective study of Cardiac Rhythm Disorders VAN WASSENHOVEN Michel(BHJ,87,2/1998)

Retrospective study on cardiac rhythm disorders in a private homoeopathic medical practice. Retrospective studies can be considered as the first step towards an evaluation and improvement of homoeopathic practice.Through these preliminary studies, criteria for future prospective studies can be chosen as well as suitable homoeopathic practitioners to conduct them.From this study , we can conclude that disorders of heart rhythm seem to be an excellent subject for research into efficacy of Homoeopathy. Especially for paroxysmal cured and able to discontinue their allopathic medication.In view of the fact that 50% of the patients included in this study stopped the use of allopathic drugs , one can conclude that Homoeopathy certainly has a place in the treatment strategy of these diseases.

3.Double blind Placebo controlled Clinical trial of homoeopathic Medicines in HIV infection RASTOGI , D.P., DINGH, V.P. , SINGH Vikram, SEY , S>K., RAO , K.(BHJ,87,2/1998)

A six-month study comprising of a double-blind placebo-controlled trial of homoeopathic medicines in HIV/AIDS under two separate schemes: (I) Asymptomatic HIV infection and (II) Persistent generalised Lymphadenopathy(50 subjects each) was undertaken from June 1995 to February 1997. As soon as a subject had undergone 6 months of study, they were put on an done only when the last subject had undergone 6 months study.Changes in the CD4 + T cell numbers in each case before, during and after completion of the study, was taken as the main criterion to assess the outcome of the treatment.Preliminary studies in Scheme I after unblinding , show practically no significant difference in changes in number of CD4 +T cells in subjects of both the placebo and the medicine group. Studies in Scheme II after unblinding , show a significant improvement in CD4 + T cell numbers(upward trend) in the subjects of the medicine group compared to the placebo group.Significantly after 6 months of study , 5 subjects of the placebo group under scheme II and from 4 Scheme I with an initial downward trend of CD4 + T cell count after administration of the indicated homoeopathic medicine in a period 15-30 days.The study confirms a positive role homoeopathic medicines in improving immune status of HIV/AIDS patients.

4.Review of experimental studies in Allergy-Clinical Studies POITEVIN Bernard.(BHJ,87,2/1998)

The incidence of allergic conditions is increasing .The treatment of allergic conditions by Homoeopathy is one of the most extensively investigated aspects of clinical Homoeopathy.The author reviews the use of Isotheraphy and other homoeopathic therapeutic strategies in homeopathy.Open studies of the homoeopathic treatment of Allergic Conjunctives , Rhinitis, Asthma and sensitivity to Contrimoxazole are

discussed. Controlled clinical trials of Galphimia galuca in Hayfever and specific Isotherapy in Hayfever and Asthma are discussed and criticised.

5. Non-molecular Information transfer from Thyroxine to frog with regard to homoeopathic toxicology ENDLER ,P.C..PONGRATZ, W. Austria SMITH,C.W., England ,SCHULTZE , J.,USA. .(BHJ,87,2/1998)

Research on the scientific basis of homoeopathic toxicology can generally proceed along two lines: Either following the principles underlying inversion effects of specifically prepared dilutions; or following the biophysical properties of the information transfer process. Substances that have been diluted to such an extent that no original molecule left, still exert effects i.e. molecular bio-information may be transduced via water, and hence inhibit climbing activity to juvenile frogs. In the work presented here, the thyroxine – controlled metamorphosis of the amphibian *Rana temporaria* from the 2 to the 4 legged stage in basins each containing 18 animals were studied. These blind experiments were carried out between 1990 and 1994 in several independent laboratories.

V. PHARMACOLOGY

1. The Mystery of Causticum MORGAN JOHN (HOM,69,1998)

The ‘pharmacology’ of homeopathy is unique. In this article which is based on a talk given by the author at the Irish Homoeopathic Conference, Galway in 1997, the nuances of the making of the great homoeopathic polychrest, Causticum, is described. It is said that to this day, the actual constituents of this remedy is not clearly known. This article shows how important it is that we should heed HAHNEMANN’s admonition “follow me exactly “! Attention is also drawn in this regard to an earlier very interesting article by Andreas GRIMM in the ZKH,33,1/1989 regarding the exact method of preparing this remedy.

2. *Urtica dioica* VAID INDU, VARMA, P.N (HUD,1/1998)

This is a drug in the Indian system of Medicine. It is now being investigated in the West. It is cited as Folk Remedy for cancerous ulcers, inflamed and/or oedematous tumors, and specifically, cancer of the breast and Womb. This drug has not yet Pharmacopia. No proving has so far been done. This promises to be a very useful one and hence needs to be proved.

3. *Calendula*: Medical values re-evaluated scientifically: A Review VAID indu, VARMA ,P.N. (HUD,1/1998)

This is a brief and interesting article on the composition and uses of our great vulnerary *Calendula officinalis*.

4. The unlimited shelf-life of High Potencies observations with DUNHAM potencies DELLMOUR friedrich (HL,10,3/1997)

In this very interesting article the author discusses the extensive shelf-life of the homoeopathic medicine potencies, particularly the 'Dunham' potencies (manufactured in 1870). 'graft' from these Dunham potencies also work very effectively, even a 'second graft'! If carefully stored the shelf-life of the genuine homoeopathic potencies is many, many years. Karl Julius AEIGIDI has recorded his personal experience with a Cantharis 200 (two tiny pills in the small vial in the medicine chest presented to him by HAHNEMANN).

5. Continuous fluxion potencies –A modified method of potentisation MUNTZ Robert(HL,10,3/1997)

The principle of the potentiating method of fluxion potencies has something to do with the fact that turbulence has a potentiating effect on a fluid that is flowing. The high potencies that have been manufactured with the help of a continuous potensier are used widely in South America; in Europe there has not been a manufacturer of this type of medicine so far. Using the classification of a device explained in the article it has been possible to constantly monitor the parameters for string speed, achieved volume, potency levels, and as an innovation, the temperature during manufacture. In doing so, and in accordance with the 6th edition of the Organon, the greatest possible care was taken to maintain the specific medicinal properties when using the C3 hand triturated raw material.

VI. VETENARY

1. Chronic Renal Filure GOYAL Anil, KANSAL Kamal(HUD,1/1998)

Case 1: Male ethnic dog 8 years age, brought for management of chronic Renal failure; the dog has been suffering from this since one year. It was passing approximately 20-30 ml of urine/day. Clinical examination has been done and his condition was deteriorating had anoxeria generalised itching, etc. Apis 1x four times daily for three days which enhanced his urine output to 100 ml/day. Then he was put on Terebinthina 6, four times a day. Slow progress set in, urine output increased, general conditions improved. Terebinthina was continued 4-6 times daily and improvement also kept up. The follow-up was lost for about two months when he was again referred with loss of appetite and Oliguria. Terebinthina 30 three times a day. Further improvement is under follow-up.

Case 2: Female dog 4 years with renal Calculi (right side) and recurrent urinary tract infections (Pyelo-nephritis?) Albumin ++++. She was thirsty and intelligent. Phosphorus 200 one dose followed by Terebinthina 6 three times daily. Treatment was continued with repeat urine analysis.

Case of Contagious Pustular dermatitis, Sore Mouth:

Case: An Alstian dog, weak with bleeding from mouth. Was unable to eat, all treatments have failed. His mouth, lips, gingiva, all were ulcerated and bleeding profusely on

touch. Arnica 200, three times a day and in three days the bleeding stopped and signs of healing. One more week of the Arnica 200 three times a day and he was all right completely, and is now with the Delhi Police Service.

Distemper

Case: Three 'dying' puppies were referred by the same owner as the above (he was dog breeder whose dogs were in service of the Police, Army, etc.) The puppies had been delivered few days ago and all were suffering from Distemper. Gradual facial paralysis, thirstlessness. Gelsemium 30/three times a day; one pup died after four days, two gradually improved and recovered completely in three weeks to near normal. Mild weakness remained in both rear limbs. Gelsemium 200 daily one dose for another two weeks made them recover completely.

VII. HISTORY

1. On HAHNEMANN's Workloads and consultation Times in his Paris Practice MORRELL Peter (JAIH, 91, 2/1998)

Peter MORRELL speculates as to the patient workload HAHNEMANN maintained during his in the latter years of practice by referring to data supplied in the book In search of the later Hahemann by Rima HANDLEY. The conclusion from 4 to 9 patients per day. (This is a 'ridiculous' conclusion. According to Richard HAEHL and HAHNEMANN'S letter to von BOENNINGHAUSEN, both HAHNEMANN and MELANIE worked long hours. Certainly they saw much more than "4 to 9" patients a day. This will be clear as soon as the entire case books of HAHNEMANN pertaining to his Paris period are published=KSS)

2. Homoeopathy and the Birth of Modern Psychiatry COOK Trevor (JAIH, 91, 2/1998)

King George III was widely held to be responsible for the British loss of the American War of Independence (1775-83) because of his deranged behaviour. It is arguable, however, that his allopathic physicians who terrified the King with their inhumane, compassionate treatment were largely to blame. Samuel HAHNEMANN called for the humane, compassionate treatment of the insane based on creating a rapport with the patient, based on empathy, mutual respect and confidence coupled with homoeopathic treatment, preceding the modern psychiatric treatment of the mentally ill.

VIII. GENERAL

1. An Interview with Jeremy SHERR CHURCHILL Nick (HOM, 69/1998)

This is an extensive interview. Jeremy SHERR has been practising Homoeopathy for many years and seen thousands of patients; he has been teaching many students and has proved a number of remedies. He has not written much. Now he says that he would do more and more writing. His aspiration is to write something of quality in Homoeopathy.

He has a book that is nearly ready; it's about understanding the Syphilis miasm-ten 'syphilitic' remedies studied in depth.

Jeremy SHERR says that he was happy about his book *The Dynamics and Methodology of Homoeopathic Proving*; "it contains a lot of philosophy and a lot of thought". The book is "disguised as a book exclusively for provers, but really it's a philosophy book that students should read because it contains a lot of important ideas". He says that while everyone cites his 'Methodology' book in their bibliography when they publish a proving, few people seem to pay exact attention to it. Few people read the whole proving, most want a quick-fix essence. Perhaps we have been spoiled with neat little pictures on a silver tray. Publication of provings is also a problem, because few people bother to edit them in the way they need to be edited. Through a lack of knowledge, lack of will, lack of understanding, people are not yet taking provings to the place where they could be. On the other hand, it's a lot better now than it used to be ten or fifteen years ago, when nobody was doing provings.

Jeremy SHERR runs two Dynamis Schools, one in England and one in Ireland, and together they have proved Krypton and Argon. Argon and Krypton are both noble gases; they have already done Helium and Neon and so that's four out of the seven noble gases. He also has cases in respect of these new remedies.

He says that his students are his best teachers. "When I teach I learn all the time". "Every time I teach is a lesson for me, a development". He loves reading the old homoeopaths. "We usually do a short meditation before a class and I often feel that HAHNEMANN comes and joins us. And I'm not the only one who says that – many students have said the same thing, and that feels wonderful. I blow my socks off every time I read KENT. I just love him – his writings and his lectures – it's all fantastic stuff..... I would aspire to come close to his feet in my writing. He's produced something which is just pure pleasure to read, if people can get over their primitive moralistic Victorian issues. HAHNEMANN as well, although with him it's more hidden. When you perceive the genius of the *Organon* or *The Chronic Diseases*, it's a total mind blower every time".

Jeremy SHERR feels that homoeopaths in the last fifteen years have moved from acute keynote prescribing to the concept of layers to the concept of constitutions, then there's a very rapid potentiation of understanding. People are seeing the bigger picture, but there's a long way to go. Most don't understand epidemics – what really mean, both practically and philosophically – and without a deep understanding of epidemics there can't be an understanding of Miasms and what they really mean. So the answer really lies in the education of homoeopaths [It will be worthwhile to read in full this interesting interview=KSS]

2. An Interview with Rajesh SHAH SANGHRAJKA Hiloni (HOM, 69/1999)

Dr. Rajesh SHAH feels that Homoeopathy has been underrated as a medical system. People approach homoeopathy mostly only for certain non-treatable conditions as the 'last

chance' therapy. He envisions future of homoeopathy as a mainstream medicine. He feels that prescribed technique or method used to analyse the case should be logical and based on a scientific understanding. It should be sound, logical and some new case analysis methods have been introduced which are far from being scientific. For dreams and delusions, it is important to consider the repeatedly seen dreams and delusions, it is important to consider the repeatedly seen dreams of the patients, in the prescribing totality. But it is ridiculous to make speculative interpretations of the dreams and delusions, and base the prescription on such a fantasy. When it comes to interpretation, it tends to become quite subjective and personal. For analysis to every dream theme, therefore leading eventually to a wide range of remedy suggestions. The new trends of incorporating the study of the dream-proving, story-telling and so on, have introduced a lot of unproved data, which will take Homoeopathy far from universal acceptance.

Rajesh SHAH refers to stories that one prover is administered a remedy and another person sits in the next room to 'receive' the effect of that remedy, with intent to 'prove' it! Another teaching is that of a teacher administering a remedy to a patient. The teacher then declares that not only the patient who was administered the remedy would get cured, but all others in the neighbourhood who required the same remedy, would also get cured! There was also another story: a remedy is taken by a prover sitting in a room and it is also believed to be proved by taking a dose of the remedy! He just meditates and proves the remedy! He just meditates and for a ten-year-old boy based on the dreams seen by the mother during the pregnancy. Another case was of a prescription based on the past life of the patient!

3. QHD, Vol. XVI, 3 & 4, 1999

Part I. Current Literature Listing

Part I of the journal lists the current literature in Homœopathy drawn from the well-known homœopathic journals published world-over - India, England, Germany, France, Brazil, USA, etc., - discipline-wise, with brief abstracts/extracts. Readers may refer to the original articles for detailed study. The full names and addresses of the journals covered by this compilation are given at the end.

I. PHILOSOPHY

1. Aspekte der Lebensqualität in der Homöopathie (Aspects of Quality of Life in Homœopathy).

RENTROP, K.W. (AHZ,243,4/1998)

The concept of quality of life has gained an increasing interest in Medicine, which can easily be demonstrated by the increasing number of scientific publications containing the keyword "quality of life". Homœopathy inherently takes into consideration the different aspects of the physical, emotional and social well-being. In contrast to the scientific quality of life research the homœopathic way of dealing with the patients is characterized by the phenomenological, non-quantitative approach.

2. Dove Diavolo, Meser Samuel, avete pigliate, tante coglionerie? Anmerkungen zur Geschichte des Miasmenbegriffe (Annotations to the history of the concept of Miasms)

APPELL, G. Reiner (AHZ,243,6/1998)

The theory of Miasms is reviewed in a short historical survey from its antiquity to the modern times. The ambivalent character of Miasms as curse and chance is stressed.

3. Constitution

SWAYNE Jeremy (BHJ,87,3/1998)

The author says that the concept of 'Constitution' is vaguely taught. This word is deeply entrenched in our thinking. It is a valuable concept that it describes a real and identifiable aspect of human nature in health and illness and is of practical importance in homœopathic prescribing, in considering the patient's predisposition to illness, the evolution and natural history in general of the illness and we should take the pains to decide and agree what it means and how it should be applied in homœopathic therapeutics.

The essay is very interesting and must be studied with due attention.

The **Key-points** of Constitution are:

- * The constitution is the habitual state of the patient.
- * Constitutional characteristics may be reflected in the symptomatology if they become exaggerated in the course of the illness.
- * Prescriptions may be based on the constitutional similimum when it corresponds to the

clinical similimum, or in the absence of a clinical similimum because the patient is symptom-

free or the clinical picture is indistinct.

* A constitutional prescription should not be made if it conflicts with the current clinical picture.

* It is not always possible to identify the constitutional picture of an individual.

* Constitutional characteristics may become subsumed in the clinical picture of chronic illness.

4. Constitution: Views from Homœopathy and Psychiatry

GAYLORD, SA., DAVIDSON, J. (BHJ,87,3/1998)

The notion that individuals differ in their physical and psychical make-up and that these differences predispose them to various illnesses, is found throughout medical history in various healing traditions. In this paper, the authors address the use of the concept of 'constitution' and 'constitutional type' in Homœopathy, as well as in Psychiatry, and describe an approach towards validating the existence of such types in the population.

5. The Question of the 'constitutional' Remedy

VITHOULKAS George (BHJ,87,3/1998)

In this interesting article VITHOULKAS discusses as to what constitutes the 'constitutional' remedy. He says that we might define a constitutional remedy as the main remedy that will benefit the patient most. But such a statement has no meaning apart from indicating that there is one remedy that is always indicated at a certain stage of pathology for each patient and such a remedy should be found and prescribed in order to get the most benefit for the patient. He gives an illustrative case.

6. Beitrag zur Entstehung des "Heringschen Gesetzes". (Contribution to the genesis of the "Hering's Law")

LUCAE, C. (ZKH,42,2/1998)

Besides the Law of Similars "Hering's Law" is often described as an important part of the homœopathic theory. There are already analogous ideas in the writings of HAHNEMANN. HERING was the first to formulate concrete rules "Law of Order". The term "Hering's Law" was introduced by KENT and the rule was described as an universally valid dogma. In this connection, the influence of SWEDENBORG's philosophy upon KENT played an important role.

7. Konstitution und Typologie in der Homöopathie (Constitution and Typology in Homœopathy)

CZECH, B. (ZKH,42,4/1998)

Within the homœopathic system, constitutional approaches are not only controversial but also very heterogeneous. This has its roots in the historical development of the homœopathic system. In order to get a better classification of the different constitutional approaches, a survey of the results of a historical dissertation in medicine concerning these problems, is given. First, an analysis of HAHNEMANN's system with regard to constitutional thinking. Then a description of the doctrine of Eduard von GRAUVOGL, who was the initiator of homœopathic constitutional thoughts. Finally a look at the support of the constitutional approach within Homœopathy by modern allopathic constitutional systems at the beginning of the 20th Century.

8. Hahnemanns Miasmen und **Organon** § 3 (HAHNEMANN's Miasms and **Organon** § 3)

KLUNKER, W. (ZKH,42,5/1998)

Three basic issues of Homœopathy in Chronic Diseases are dealt with:

1. HAHNEMANN's genuine Homœopathy, which has, in contrast to empiric medicine, a law-like connection between drugs and diseases (healing certainty)
2. Miasms as a historic problem and also as a problem relating to practice.
3. § 3 of the **Organon** as the basis of the healing of chronic diseases through genuine Homœopathy.

MATERIA MEDICA

1. *Asclepias syriaca* - eine Arzneimittelprüfung (*Asclepias syriaca* - a Medicinal Proving)
 MÜLLER, R. (AHZ, 243,5&6/1998)

The background and context of a homœopathic potentisation of a plant remedy at the exact location of the location of the plant itself, *Asclepias syriaca*, in Hungary are represented. The double-blind medicinal proving done after this and the evaluation of it are discussed. The advantages and disadvantages of different proving-designs are also discussed. Particularly of interest are the significance of following HAHNEMANN's instructions and pure attention to the symptoms without speculative influences.

One who is trained to be a homœopath must have deep and thorough understanding of the homœopathic medicinal proving and correlate it with his multiple activity in the practical field.

2. The Cycle of *Vipera*
 HERSCU Paul (NEJH,7,1/1998)

Paul HERSCU has evolved a method of study of a remedy; it is called Cycle and Segments. HERSCU says that this method helps understand the fullest expression of a remedy, a method which encompasses all aspects of the study of Materia Medica. It also flushes out the remedy picture by showing the many ways in which a patient can manifest an illness. The full cycle enables one to see the entire pattern of a patient's illness and the segments within the cycle group the Materia Medica information into units of related

symptoms. This method has been well described in his book *Stramonium*. In this article the remedy *Vipera* is studied in this manner.

3. A Taxonomy of Homœopathic Snakes
THOMPSON Michael (NEJH,7,1/1998)

The author has published a new Taxonomy for venomous snakes used in Homœopathy.

4. *Loxosceles reclusa*, the Brown Recluse Spider Proving
KLEIN Louis (NEJH,7,2/1998)

This is a proving report of the spider *Loxosceles reclusa*. Details of the date of the provings, the number of provers, etc., the order of appearance of the symptoms, etc. have not been given, but only a 'synopsis' of the proving symptoms. It is also not clear whether the symptoms have been verified by cures. [Please see QHD, The symptoms of envenomation by this spider has been put into a 'schema' form by M.S.BONNET and published in the BHJ,

5. Korrektur eines Symptoms von *Cannabis sativa* in HAHNEMANNs **Reine Arzneimittellehre** (Correction of a *Cannabis sativa* symptom in HAHNEMANN's **Materia Medica Pura**)
REIS Stefan (ACD,6,1/1997)

As the title suggests the author suggests a correction to two symptoms in the **Pure Materia Medica**. These symptoms are Symptom No.89: "Vomiting of a slimy bitter-tasting water; at the same time a scraping in the throat, followed by stupid feeling and confusion of the head in the occiput." [Ts. Hb.]

Symptom No.16: "Throbbing pain that extends forwards into the right temple; at the same time a warmth about the head; the cheeks are red and hot; in the warmth the nausea increases. [Ts. Hb.]

HAHNEMANN has taken these symptoms from **HARTLAUB & TRINKS Reine Arzneimittellehre** (1828 - 31). These symptoms have come from the Proving of Dr.SCHÖNKE. The symptoms actually are: "Vomiting of a slimy, bitter tasting water, at the same time a scraping in the throat. Later on a stupid feeling and confusion in the head, in the occiput throbbing pain, which extends to the right temple; at the same time a warmth about the head; the cheeks are red and hot; in the warmth the nausea increases."

6. Über kleine und große Arzneimittel sowie einleitende Bemerkungen zur Arzneimittelpfprüfung
von *Latrodectus mactans* (Observations on the proving of a small and big medicine - *Latrodectus mactans*)
REIS Stefan, TERLINDEN Michael (ACD,6,2&3/1997)

A medicine is small or big according to the grade of understanding. It is also from a well-documented thorough Proving. *Latrodectus mactans* is a small remedy because it has been known only through its toxicological symptoms.

Complete **proving symptoms**, numbering 227, from the **Pacific Coast Journal of Homœopathy**, Vol.44, 1933, pages 308-326 are given, translated from the English to German.

7. Klinische Bestätigungen einiger kleinerer Arzneimittel (Clinical confirmations of some small

remedies)

FARRINGTON Harvey (ACD,6,3/1997)

This is a German translation of the clinical confirmations of some small remedies by Dr. Harvey FARRINGTON. It will be useful to read this and underline the 'clinically confirmed' symptoms in one's **Materia Medica**.

8. *Fagopyrum esculentum*

REIS Stefan (ACD,6,4/1997)

This remedy is much under used and it remains a 'small' remedy may be because it does not find place in HERING's **Guiding Symptoms**.

The author has highlighted this valuable remedy with the proving given in Edward Pollock ANSHUTZ's **New, Old and Forgotten Remedies**.

9. Der homöopathische Selbstversuch (The homœopathic self-experiment)

BLEUL, G, (ZKH,42,3/1998)

The homœopathic self-experiment is drug proving on one-self. The principles of such a 'Proving', the methodology and progress of the Proving, and the recognition of the proving symptoms are described. It is advisable to do self-experimentation at the beginning of the education of Homœopathy, but it is also good to carry it on as one's continued study.

10. *Capsicum* - eine unfreiwillige Arzneimittelprüfung (*Capsicum* - an involuntary Proving)

FUCKERT, M. (ZKH,2,5/1998)

After handling some *Capsicum* pods some partly violent symptoms, physical and mental appeared. Most of these symptoms could be verified with the extant **Materia Medica**. Some symptoms however, were entirely new.

11. Die charakteristischen Symptome von *Arsenicum album* nach Clemens von

Bönninghausen (Characteristic symptoms of *Arsenicum album* according to Clemens von

BOENNINGHAUSEN)

JANSEN, A. (ZKH,42,6/1998)

Clemens von BOENNINGHAUSEN was much respected not only by HAHNEMANN but also by HERING, JAHR, LIPPE, ALLEN and others. Besides different repertories in 1836 he published a condensed **Materia Medica** under the title "Characteristics and Main Actions". With further development of the "characteristic symptoms" which he considered to be of very great significance he proposed to publish later a book "Physiognomik" (Physiognomy) in which the "characteristic symptoms" would be incorporated. Unfortunately, such a book was not published. In the course of his studies of the material available in the **Institute of the History of Medicine of the Robert Bosch Foundation, Stuttgart**, the author found manuscripts of BOENNINGHAUSEN which have not been published. One such manuscript in the handwriting of BOENNINGHAUSEN was of *Arsenicum album* which evidently seemed to be intended to be published in the "Physiognomik". These "characteristics" are given in this article.

Arsenicum album. Antipsoric.

Agg. according to time: Evening., Night, After midnight, Periodically.

Agg. according to position and circumstances: from being alone, from physical exertion, being erect, after undressing, after suppressed eruptions, from light, touch, after movement (while resting after the earlier severe movement, from abuse of China, in the evening twilight, from external pressure, on getting wet, before falling asleep, on uncovering, from vomiting, from getting chilled, on waking, after the meal, from riding in cars, ships, from damp houses, before, during and after fever, on walking fast, from anger, from anger with anxiety - from different pleasures: from Beer, Brandy, Butter, Vinegar, Greasy, chilled, spiritus drinks, spoiled cheese, Cold things, Milk, Fruits, Pepper, Salty, Sour, Tobacco, chewing tobacco, cold water, Wine, sour Wine, spoiled sausages (Sausage poison), in Vaults, old age, on coughing, from cold, from entering into cold, from cold air, from damp air, after cold drinks, on becoming cold, in children, from laughing, on running, on lying, - on the back, - on the painful side, - head low, - on damp floors, from inhaling cold air, from spoiling the stomach, from anthrax poisoning, in new moon, after lying down, from sneezing, from Glanders poisoning, loss of vital fluids, at the beginning of sleep, during sleep, after sleep, from snake bite, during catarrh, during vertigo, during sweat, on sitting bent, for drunkards, from talk of others, from ascending, during stool, after stool, from change of temperature, from drinking after - from drinking fast, from turning about in bed, from burns, in Wind, in Winter.

12. Books rather than people - *Baryta sulphurica*

ZAREN Ananda (HL,10,4/1997)

This is an interesting study of *Baryta sulphurica*. Differential diagnosis of *Baryta sulphurica*, *Baryta carbonica* and *Bufo* are also given. The entire picture of *Baryta sulph.* in this study comprises of mental and behavioral; no physical symptoms are discussed.

13. Signature of *Thuja*

PUDIL Petr, and SÁDLO Jiri (HL,10,4/1997)

“Some poetic parallels’ of *Thuja*”.

14. I can't take any more

JOHNSTON Linda (HL,11,1/1998)

In this second part of *Ambra grisea*, the author presents another case. She concludes summarising the characteristics of this remedy: Chronic conditions as well as situational problems can be addressed with *Ambra grisea*. We should think of this remedy when there are conditions of overwork, worries about business or home, business failure or money problems. Most characteristic, is the aetiology, of the death of a relation or several relatives in a short period of time. *Ambra grisea* has a special relationship with the family. They are very attached to their family to the exclusion of outsiders. Their attention is focused inside their clan, not on the world at large. This is the reason that the death of a family member is such a devastating event for *Ambra grisea*. It has symptoms such anxiety, restlessness or even fainting from speaking, after conversation or in company. They just do not like the social life. *Ambra grisea* often occurs in old age, with weak memory, forgetfulness and dullness.

15. *Sepia* dans tous ses etats (*Sepia* in all its states)

VICTOOR, Jacques (RBH, 29,2/1998)

A synthetic and clear view of *Sepia*, helping us see the different faces of the remedy. The remedy is studied under three headings: *Sepia* who is well, *Sepia* who has toppled, *Sepia* who is sick. The repertorial rubrics are studied to understand *Sepia*. Finally a small case of a woman of 33 years who secretly had an abortion at the age of 22. She has held all this against her parents but hasn't expressed it. She was operated at the age of 31 for uterine synechia and after which her periods stopped and she was consequently treated “psycho-somatically”. She cried from anger. She holds it all against the world and said “I am not mad”. She withdraws into herself. This attitude has brought in problems with her husband. Obsessed by death, sterility, broods about it, worries about recovering, has attacks of hysteria. Startles for nothing, weeps, clenches her jaws, can see only her problem, always feels cold.

The following rubrics were taken and the remedy *Sepia* 200 K was given, and six months after the dose she was much better, had made up with her husband... and was 3 months pregnant!!!

Secretive, Aversion family, Reproaches others.

Ailments from suppressed anger

Ailments from Scorned being/Mortification

Silent Grief

Aversion Husband

Fear of sterility, death, Dwells,

Despair of Recovery, Hysteria.

16. Etude de *Sepia* (A study of *Sepia*)

De GROOTE, Filip (RBH, 29, 2/1998)

A detailed study of *Sepia*, a deep study of the materia medica and a lot of personal experience. Both the French and English texts are given side by side.

17. *Iridium Metallicum*

COLIN, Ph. (RBH, 29, 2/1998)

A study of a relatively new remedy, a synthesis of the material in the known materia medica and the proving by J. Sherr. A remedy which can be compared to *Platina*, with its sexual excitation, its parasthesia, its sensation of being enlarged or sensation of things smaller than they are in reality, the left ovarian pains. In *Iridium* there is a high ambition, but with a fear of taking the final step, empathy and desire to communicate and a desire to be understood which is not there in *Platina*. It is a remedy which can be tried which the person makes you think of *Platina*, but who does not have the complete *Platina* personality.

18 *Ferrum Metallicum*

SAELEN, Daniel (RBH, 29, 1/1998)

A detailed study of *Ferrum metallicum*, its chemical and physical properties, deficiencies, excesses and homœopathic symptomatology.

THERAPEUTICS

1. Ranula

EICHLER R. (AHZ,243,4/1998)

An eight-month-old child with a Ranula. University hospital proposed to surgically remove it under total anaesthesia.

The 'totality' pointed to *Mercurius solubulis* and it was given in the XM potency. Within ten days the Ranula went away.

2. Sofortmaßnahmen bei Verbrennungen und Erfrierungen (Immediate measures in Burns and

Frostbites)

MOMMERTZ, H. (AHZ,243,5/1998)

The immediate cooling of a Burn and to warm a Frostbite are in accordance with the homœopathic simile-principle and are not allopathic suppressions.

3. Zwei *Stramonium*fälle in der Kinderheilkunde (Two *Stramonium* cases in Paediatrics)

RICHTER, O., HADULLA, M.M., GUTBERLET, B. (AHZ,243,6/1998)

Two cases of children with aggressive disorders and desire to beat are treated with *Stramonium*. The remedy was given on the individual similarity, according to the Law of Similars. The relevant rubrics and interpretation are also discussed.

4. A Case of a Lyme related Neuropathy

MALERBA Larry (NEJH,7,1/1998)

Lyme disease is a tick-borne illness associated with the spirochete *Borrelia burgdorferi*. Lyme disease can be a multisystemic infection that can manifest in skin, neurologic, rheumatologic, and cardiac illness. The hallmark of early Lyme is a skin rash called erythema migrans which occurs in 50-80% of cases, and is characterized by a painless, expanding, erythematous, annular macular lesion which is usually solitary.

48-year-old married woman had been bitten one month earlier on the right side of the face by an unidentified bug resulting in a large red wound. Shortly thereafter her menses abruptly ceased 2 days its onset. This was followed the next day by the acute onset of a headache in the left occiput and in the left eye which was worse from 'stepping'. CAT scan of the head nothing remarkable. Neurologist diagnosed Trigeminal neuralgia. Headache continued to extend from the left occiput to the left eye and was worse from standing up, stepping, noise and light, and better from lying with her head back. Pain pounding and both eyes felt sore. The strongest modality was that her face was exquisitely sensitive bilaterally to any touch at all. Her ears and TMJ areas also hurt, worse from any touch.

She developed a left-sided facial paresis. Could only weakly raise the left eyebrow, and could not fully close the eye. Speech slurred because of numbness of the left side of her tongue. *Spigelia* 30 twice daily for two days, was given.

She began to improve and she said that the results of her Lyme test titer was positive. A lumbar puncture was proposed. *Spigelia* 200 was given. She improved very well. She was, however apprehensive over the possibility of not taking the antibiotic Doxycycline; it was therefore agreed that she may take the Doxycycline as prescribed. She remained well.

This case also illustrates the dilemma often faced by the patient who is getting conflicting advice coming from her allopathic and homœopathic practitioners. Clearly she responded nicely to the remedy and even when almost completely resolved from a serious neurological manifestation of Lyme she still felt compelled to take the antibiotic. In this case her recovery was solely due to the remedy and thankfully the antibiotic didn't set her back at all.

5. Ticked off by a Tick

MALERBA Larry (NEJH,7,1/1998)

47-year-old married woman with diarrhoea after undergoing treatment by an allergist an year before for sensitivity for bee stings. While remedies *Calcarea carbonica*, *Sulphur* did help, an acute Lyme disease diagnosed led to the prescription of *Apis mellifica* which restored her fully.

This case demonstrates clearly how Homœopathy treats the person and not the disease.

6. Lyme with the desire to kill

ROTUNDO Beth (NEJH,7,1/1998)

The author's son suffered from Lyme disease. His condition was such that ELISA test used to diagnose Lyme showed that he had "irreversible damage to his knee and elbow joints and would never be able to walk normally again". A careful analysis indicated *Mercurius* (the boy was difficult to please and was constantly crying, screaming, hitting, biting, spitting and attacking his baby sister; he also had irresistible desire to kill) and the remedy brought speedy restoration of health to such an extent that "within one year of treatment he won first place in his class for the President's Physical Fitness Run and to this day is an amazing athlete without any physical limitations".

The town where the author lived has one of the highest incidence of Lyme disease in the country. Many of the town's 2,000 people use Homœopathy and there has been much success in treating Lyme disease with homœopathic remedies. She says "We have achieved amazing results treating the disease and denying it any further development by following the routine: first day *Ledum* 200; Second day *Hypericum* 200; Third day *Lyme nosode* 30 once daily for 10 days. . . . I have recommended this 'routine' to over 100 people and not one of them reported back to me any further development of symptoms . . ."

7. A Sub-acute Case of Lyme Disease

GUESS George (NEJH,7,1/1998)

40-year-old woman diagnosed four months earlier with Lyme disease and has received anti-biotic treatment with a lessening of the severity of her complaints. She gave no history of a tick bite or the typical ECM rash. Her first sign of illness was the sudden onset of pain and stiffness in her legs such that she could hardly walk. The soles felt raw. Calves hurt excruciatingly when she walked and even more so when she first stopped walking. Her Lyme disease tests were positive. While she improved initially with the anti-biotic treatment, at the end of the treatment the symptoms recurred, similar to the onset of the illness - nausea, fatigue, anorexia, aching in her legs and knees which was worse riding a bike and bending her knees. Leg muscles very sore. For a while the herbal treatment when the symptoms improved, but on discontinuing it, the symptoms returned.

She felt frustrated and wanted to strike out at someone (as when she couldn't find something); she had been "mean" to a man at a store. In the preceding few days she had a sensation as if "a veil were over her, over her personality." She felt like "complaining about her disease to a friend". Heat intolerant. Craved Yogurt, Potatoes, aversion to spicy food.

Taking into account her confessed spitefulness, irritability, "meanness", her strong desire to complain about her illness, heat sensitivity and menstrual aggravation, *Lachesis M*, single dose was given. Within one day of taking the remedy her myalgic symptoms, nausea, fatigue and irritability were quickly relieved and have not relapsed until the time reporting this case now.

8. Trigeminal Neuralgia and Palpitations from Lyme Disease

FINE Howard (NEJH,7,1/1998)

Lyme disease was first recognised around the small town of Lyme, Connecticut in 1975. Since then it has appeared in over half of the States, especially in the Northeastern U.S. It is caused by a spirochete, **Borrelia burgdorferi**, which is spread by the bite of the deer tick **Ixodes dammini**. Approximately 75% of patients with Lyme have an early skin lesion known as Erythema chronicum migrans. This lesion starts as a red macule or papule, usually on the proximal portion of an extremity or on the thigh, buttock or axilla, that expands, often with central clearing, (bull's eye).

24-year-old registered nurse. She had started getting tired and achy and then she began to get shooting pain on the left side of her head in the jaw area, behind the ear and in the temple. A Lyme test done later was positive. She was started on Doxycycline and a repeat of the test few weeks later showed that it was more positive. Tegretol helped for sometime. At times she had very strong heart palpitations, "like my heart is in my throat." She was tired all the time, but managed to work full-time until few weeks ago. Very sensitive to cold weather. Liked ice cream, frozen yogurt and spicy foods. Drooled in her sleep. She had a strong fear of flying, dreams of being in a plane crash, and some fear of heights.

Spigelia 30 in plussed doses was prescribed and she went on improving. (Lesson: as long as there are individualizing symptoms in a patient, Homœopathy can work for virtually any known condition.)

9. Treating Pertussis with Homœopathy - Three Cases

THOMPSON Greg (NEJH,7,1/1998)

Case 1: An eight-year old boy with whooping cough; the peculiarity with this boy was that: he was intensely angry since a week before the whooping cough; it included violence and swearing when he was told 'no' to any request. Normally he was a sweet and compliant child. He also had mouth full of aphthous ulcers, before his respiratory symptoms appeared, but he was treated for rectal sores with an antibiotic for presumptive diagnosis of Impetigo at the anus.

He was given *Nitric acid* 30, four times a day and within 24 hours and the rectal sore and aphthae made their return three days after starting therapy and then subsided.

Case 2: In another case the cough was going on since few months; it seemed to be related to a vaccination. The paroxysms of cough were with gagging, retching and vomiting. *Belladonna* in high potency was repeated to calm the cough and improve the behavior. Over the next two years either the temper would flare or the cough would recur, both responding quickly to *Belladonna*. After these two years the patient finally got a juicy cough that for all purposes looked the same but it stubbornly refused to respond to *Belladonna*. New symptoms: horrible fear of being left alone and the need to be held. *Stramonium* did not help. The cough was in and around winter, it appeared to follow

vaccination, and the child's mood: repertorization brought *Sepia* to the fore and the remedy given in 200. The response was dramatic. Cough, fear, violence, all disappeared.

Case 3: A classic local outbreak of Pertussis in a community. A ten-year old boy with whooping cough. The boy had been teasing very badly their dog (a Great dane) recently. Before this there was a huge fight with his biological father and this had affected him very much. Since then he has not been normal. The cough was tearing, exposure to temperatures above 50 degrees aggravated. Even though the temperature was very low his window had to be kept open. *Arnica montana* 30 q.i.d. stopped all vomiting with cough in 24 hours.

10. Myalgic Encephalitis

HOOVER Todd (NEJH,7,1/1998)

59-year-old woman. 20 years ago she developed a flu-like illness. She developed photophobia and difficulty finding words. It became increasingly difficult to move "as if she was run over by a truck." Her body seemed very heavy. Subsequently she developed Erythema Nodosum with approximately 18 nodules on her legs, dark red and very painful which however eventually disappeared. The chills, sweats, photophobia, stabbing headaches in the temples, and extreme fatigue persisted intermittently until the present time. She is confined to the house since several years, much of the time in bed, due to extreme weakness. Periodic worsenings include progressive heaviness of the body, especially the extremities. Arms are too tired to lift. Sleeping upto about 23 hours per day requiring assistance to eat and go to the bathroom. Sleep is heavy with stertorous breathing. Waking due to headaches, severe, one-sided and associated with nausea and vomiting. Sensitivity to light, noise, voices and jar Pain in joints and muscles. Frequent dry cough as well as dry eyes and mouth. Desire for tropical/refreshing fruits, olive oil and brown rice, averse to animal fats and butter, aggravated by dairy products.

Fear of heights and of becoming poor. Has strong desire to help others, always tries to stay optimistic. She has two grown children and is currently separated from her husband.

Impression: physically weak but mentally clear and bright.

Careful analysis and repertorization indicated the remedy *Onosmodium virginianum* M. She began to improve with this single dose, over a period of few months. Subsequent follow-up awaited.

An excellent case study as to how careful analysis and repertorization can do. A so-called small remedy - *Onosmodium* - could bring about a great recovery in such a crippling disease.

11. Three Cases of severe Dermatitis of the Legs and Feet.

SUBOTNIK Steven J. (NEJH,7,1/1998)

Case 1: 65-year-old woman with complaints of hyperkeratosis palmaris and plantaris. She complained of Arthritis all over, mild to annoying in nature. Her past medical history included Hysterectomy, Arthritis in the knees, swollen legs with venous stasis and

dermatitis. She was widowed. *Sulphur* 12x b.i.d. and she went on to improve. This was followed by *Vipera* 30c then 9c, lastly 200c. 9c as needed.

Case 2: 84-year-old woman with history swollen painful lower legs and ankles for the past years. Legs and ankles had swollen painful sores on them. Skin dry, itchy and flaky. Legs worse hanging them down and better elevated. The legs so swollen that she felt 'as if it will burst'. *Vipera* 30c, 92 two per day, and she began to improve; after seven months *Vipera* 9c b.d. and then 200c. Improved very well. She was advised to take *Vipera* 9c, as needed.

Case 3: A cousin of the above patient, never well since vaccination. Headaches, low energy, poor sleep, restless, poor concentration. Legs became swollen and red with burning, hot dermatitis and flaky skin. Worse warm, better cool. Much worse hanging down and better elevated. Bursting sensation. *Thuja* 200.

Everything better except skin and legs. Skin looks and feels dirty. Feels very chilly. *Psorinum* 200.

Skin not as dirty but still feel bursting and itchiness, still red. *Vipera* 9, as needed, if getting worse. About two months later *Vipera* 200, 9, as needed if relapse.

Comments: *Vipera* essence: blood vessels and veins are inflamed. Worse legs hanging down. Sensation as if legs would burst. Nervous and fidgety. Enlarged, plethoric, painful veins. Dead skin peeling.

12. A *Vipera* Case

THOMPSON Michael (NEJH,7,1/1998)

71-year-old lady with complaint of recent nosebleed, from the left nostril. Shivery and dreadfully cold after the noseblood. Left hand colder than the right; morning when she woke up felt as if bands around her ankles. Felt hot in cheeks. Lot of belching; frequent urination. She suffered nosebleed years ago. A metallic taste she had was gone; sweating at night which she used to complain of was also gone. Sighs a lot. Clenches her teeth involuntarily and her neck would become red, maybe, with some swelling and heat. These symptoms are aggravated after she is exposed to dampness in the garden, with shivering, cold feet at night, etc.

Vipera 30 once a day, four months later 200 twice a week, further five months later 1M.

13. A Case of Giardiasis

FARRUGIA Lyn (NEJH,7,1/1998)

An 8-year-old boy with Giardiasis, history of vomiting since as a newborn. *Magnesium carbonicum* chosen on the totality of the symptoms, cured. (Mind, Anger, violent; Forsaken; Fear; something will happen; Anxiety, sleep, before; Vomiting, General, after eating; Stool putrid odor, Food, sour, acids.)

14. The Treatment of Poison Ivy and Poison Oak: Two cases

KREISBERG Joel (NEJH,7,1/1998)

A case of a 43-year-old woman with Poison Ivy cured with *Sanguinaria* 30, 200, M.

Another 30-year-old woman with Poison Ivy *Graphites* 200

15. My Personal Experiences with Poison Oak

BARR Roger C. (NEJH,7,1/1998)

The author discusses the difficulties in finding the right remedy in his own case for Poison Ivy.

16. Root Canal and Homœopathy

STEPHENSON David L.(NEJH,7,1/1998)

This brief article discusses the long-term health of the patient undergoing root canal surgery. Two cases are also given. In one case *Magnesium carbonicum* helped one to get over very quickly the severe pain after root canal surgery; in another case a root canal surgery was proposed but *Magnesium carbonicum* relieved the suffering and there was no need for the root canal treatment.

17. Seizures and Romance Novels

GRUBER Frank (NEJH,7,2/1998)

A 42-year-old female mildly retarded with complaint of epileptic seizures and she was on Tegretol 400 mg. since three years. However the medication did not control the seizures. The seizure started at 14 years age right after menarche. She also has scoliosis. She read a lot of romance novels. With *Bufo* she began to improve and needed much lesser Tegretol.

18. Meniere's Diseases

HOOVER Todd (NEJH,7,2/1998)

74-year-old woman with chief complaint of Tinnitus. It has been debilitating. It started 5 months ago with a loud roaring in both ears. Diagnosed Meniere's disease. History of hay fever and allergies; hypertension; hives. Fastidious, practical, and mechanical. Angers easily from interruption and can be quite stern and impatient. Has used *China salicylatum* on the advice of a friend.

Salicylic acid 12 once daily for one month. After one month 30% better. *Salicylic acid* 200 one dose and three months later 70% better. After one year all tinnitus and hearing loss resolved and she began experiencing increased urticaria periodically and increasing reflux symptoms. *Nux vomica* 12 daily for 2 weeks with good results.

19. A Simple Remedy

BLOOM Rena (NEJH,7,2/1998)

GW, a 12 month old baby boy, a surviving triplet, from a complicated IVF pregnancy born three months premature. GW was hospitalised for 11 weeks, on a ventilator, where he developed both staphylococcal and streptococcal infections treated with antibiotics. He had retinal detachment, which was better following two surgeries. Gastric reflux, treated with Cimetidine.

GW developed enlargement of the head size. CT scan revealed a brain abscess and a cyst. A craniotomy done and the abscess extracted surgically. Began to develop seizures. Prescribed Phenobarbitol 10 cc/day.

Despite the anti-epileptic drugs he continued to have seizures. The cyst was not draining on its own. Another surgery done to drain the cyst.

He slept on his abdomen with legs tucked under and buttocks in the air. Head wobbly.

With suitable diet regimen, and the fact that the eiplepsy came on after the surgery, the case was worked out with the repertory. *Arnica* 30 prescribed three times a day, liquid dilution

Improvement began with the first day itself; five days later the mother informed that the baby was seizure-free for the first time. He is irritable as he was before the seizures began. *Arnica* was stopped. Two months later he was still seizure free. CT scan was normal. The child was weaned off Vigabatrin and she had an hour-long seizures and was put on chewable Dilantin. The child was now walking, something the parents thought he would ever do.

20. Ticky, Twitchy and Bossy: The Case of an *Ignatia* Girl

ROTHENBERG Amy (NEJH,7,2/1998)

A nine-year-old girl with constant sniffs, developed twitching of the wings of the nose which became bad to worse and then blinking of the eyelids - all pointed to 'tic'. The child was bossy, insisted in having her way, will go into tantrums and never give up no matter what the consequence.

Ignatia 200 one dose and she began to improve; she needed a repetition when she got a mild sore throat when the nose twitches returned mildly. Three years follow-up: remains well.

21. Homœopathy: Medicine of Last Resort

MESSER Steven (NEJH,7,2/1998)

This is a very interesting case. It is not unusual for a homœopath to be approached as a "last resort", in fact when the case is declared "hopeless".

In this case, narrated in detail, of a man in hospital following his 'eleventh intracranial bleed'. The Internist in the hospital said that nothing could be done, he was past the stage when even 'miracles' could happen. The prognosis was grave indeed. However, a homœopathic prescription was made and the patient began to improve. Homœopathic remedies as called for were given and patient saved. The case shows that a prescription on HAHNEMANN's guide-lines produces wonderful results; and that it is possible to integrate with the conventional medi-care. In spite of recurrent allopathic and surgical

interventions, some of them quite invasive, this patient was able to respond well to each homœopathic prescription.

22. Finding a Smaller Remedy: A Case of Facial Neuralgia
BLOESY Bernhard (NEJH,7,2/1998)

The author explains his working of a somewhat difficult case, with the RADAR- VES. and how he came to a so-called 'small' remedy - *Valeriana*, which improved the patient.

23. A Case of Tourette's Syndrome
GREENBERG Alan (NEJH,7,2/1998)

30-year-old male with Tourette's Syndrome. He "is overwhelmed by health problems. I have Tourette's Syndrome. Also, I am obsessive-compulsive and I have Psoriasis. I am struggling to function normally. I want to be successful, have autonomy, but I had to quit my job at the University library where I was shelving books, it was just too much pressure." He has constant tics; his body does not have a still moment. He punches himself hard, facial gestures and ritualistic touches. Since three months he is using Luvos 300 mg. He has low self-esteem. Says that his thinking is split. He says ritualistic phrases in his head. His tics tend to be on the right. His tics are as if he was throwing something out of his body. Thinks that he will be contaminated.

Thuja 200. Five weeks later: tics were reduced dramatically. His overall perception of himself was much better. Psoriasis stayed at the same, may be worse.

Further few weeks later: "I am doing o.k."; feels tics are at least 60% better. Less obsessive thoughts.

At some point after this he was given a dose of *Carcinosin* 200 which seemed to be a mistake. He relapsed almost 100%. So, again *Thuja* 200, and again improvement. For the first time in his life the symptoms are 80% better. Treatment still on.

24. I want to just kill myself: A Case of *Tarentula hispanica*
ROBINSON Monica (NEJH,7,2/1998)

An 18-year-old girl with low self-esteem, wanting to commit suicide. She has tried it several times by cutting her wrists, by hanging, but everytime her mother has saved her. She will crouch in a corner of her room for long time; play guitar. Put on music and dance for hours until she tires and then lie down and sleep. Her parents had separated and she wanted her father. She says that she felt when she cut her wrists, forearm with razor.

Tarentula hispanica M, and she began to improve. The remedy was repeated twice

25. Severe Eczema: A Case for LM Potencies
HOOVER Todd, A. (NEJH,7,2/1998)

A three-year-old girl with obstinate dry Eczema. Homœopathic medicines have not helped much. Several remedies were tried. She was *Sulphur* and she received the remedy in various potencies over ten times by the author as well as the homœopaths

before. However, after the same remedy was begun in the LM potency improvement started and the child became free from Eczema.

26. Thoughts on the Treatment of Seizure Disorders

HERSCU Paul (NEJH,7,2/1998)

This is a lecture which Paul HERSCU gave in the 1991 IFH Case Conference. HERSCU has developed a classification approach for treating seizure disorders with Homœopathy. This classification system involves three categories:

1. Patients who have seizures with an unknown cause. Idiopathic seizures. CAT scan and EEG are normal. Many people with seizures fall into this category.
2. Patients for whom there is a reason for the seizure activity such as injury, scar tissue or tumor.
3. Patients with seizures where there is an underlying metabolic or genetic problem and the seizures are only part of a larger symptom-complex.

Thoughts on remedy selection for the different classifications:

Group 1. The symptoms of the seizures are not so severe, not so striking. For the vast majority of these patients, their other symptoms are clearly those of a polychrest. Give the polychrest.

Group 2. These patients may also need a polychrest, however, the more severe the seizures are, the more likely they will need a more intense remedy. Perhaps there are some key symptoms of the polychrest missing, and some good confirming symptoms of a smaller remedy. Keep in mind, that is important to base the prescription on the general state of the patient rather than just the seizure itself. Remedies aimed strictly at the seizure tend to fail. If you are giving a non-polychrest remedy, i.e. a remedy which appears to have a smaller sphere of influence, one that is geared very specifically to neurologic complaints, the patient should exhibit symptoms of that remedy beyond only its seizure symptoms; you would want to see some confirmatory symptoms outside the neurological ones. If you find such symptoms then you can feel confident prescribing a 'seizure remedy' first such as *Cuprum*, *Stramonium*, etc. Give one dose of a 200c. Don't worry about drugs antidoting the remedy.

Group 3. In these patients, you will often need a remedy known for seizures. You may need to go through a succession of remedies such as *Tuberculinum*, *Medorrhinum*, *Stramonium*. Don't be quick to change the remedy, but don't be afraid to, either. You may need to start with the polychrest and go to more severe remedies, or vice versa. Give the lowest possible potency that will do the trick so then you won't run out of potencies.

Three case reports follow.

27. A Study of Remedies prescribed at Glasgow Homœopathic Hospital

KAYNE Steven, BEATTIE Neil (BHJ,87,4/1998)

In order to determine prescribing trends, data on the numbers of homœopathic prescriptions in a winter month in four years were collected at the Glasgow Homœopathic

Hospital. The level of experience of prescribing doctors were also calculated. The most commonly prescribed medicine was *Natrum muriaticum*, the most frequently used dilution was 200 c.

28. How I treat Irritable Bowel Disease: A Survey of 25 consecutive patients
GRAY Janet (BHJ,87,4/1998)

The syndrome of irritable bowel disease and its conventional treatment is reviewed. The contribution of Homœopathy in the treatment of this condition is discussed and a retrospective survey of 25 patients with irritable bowel disease treated with Homœopathy is presented. Some illustrative case histories are given.

29. The *Ammonia* remedies: their homœopathic use in head injuries and other head conditions
RICHARDSON Cornelia (BHJ,87,4/1998)

The *Ammonia* remedies, derived from a gas, show distinct head symptoms, generally characterized by a cerebral congestion, heaviness and confusion. Case experiments, presenting with a similar symptomatology after a traumatic impact to the head, alerted to the remedies' use in head injuries. *Ammonium carbonicum* and *Ammonium muriaticum* were found curative. Unlike the *Natrum* remedies, the *Ammonia* remedies have not been specifically linked with this particular effect, although CLARKE's **Dictionary of Practical Materia Medica** describes the successful use of *Ammonium picricum* in head injury.

The two cases are described and an overview of the **Materia Medica** of *Ammonia* remedies is given, with special attention to head and face symptoms. Nerve-related head symptoms are also apparent in the **Materia Medica**.

Respiratory illness, often with a suffocative character, a diminished vitality, and impeded circulatory functions are further typical manifestations of the *Ammonia* compounds.

It is suggested to add, at least, *Ammonium carbonicum*, *Ammonium muriaticum*, and *Ammonium picricum* to the **repertory** under the Section HEAD, Injuries of the head, after. Entries can be listed in italics (second grade), and may even warrant bold representation (highest grade) with further practical verification.

30. Einführung in die Methodik Clemens von BÖNNINGHAUSENs (Introduction to the Method of Clemens von BOENNINGHAUSEN)
MÜLLER Bernhard (ACD,6,1-4/1997)

Although BOENNINGHAUSEN's method has come alive again in the recent years, it is surprising that the response has not been sufficient. A case of whooping cough treated on this method was published in the ACD, 1/1996, so as to impress the practicability of this method.

The author now presents in four articles 1) the **Characteristic** symptom, 2) the examination of the patient, and the choice of the remedy, 3) the '**Genius**' of the remedy, 4) the course of the treatment.

A very interesting article which clarifies the difference between the methods of HAHNEMANN and BOENNINGHAUSEN, and KENT. The relevance of the BOENNINGHAUSEN method in today's practice is also pointed out.

31. Eine "unähnliche Kunstkrankheit"
RECKERS Winfried (ACD,6,2/1997)

Through a practical case the author demonstrates the difference between a "dissimilar artificial disease" and a "similar artificial disease".

32. Ein Fall von Haarausfall (A Case of Hair-fall)
REIS Stefan (ACD,6,3/1997)

A 36-year-old woman who had undergone treatment with *Sulphur* three years ago for hair-fall successfully, called again with a similar complaint.

Now her hair-fall was causing her much concern; feared that at this rate she will become totally bald soon. Her hair was rather rough, hard 'horny'. Some gray hairs were also noticed. She clarified that she had been colouring her hair, her hair has been gray since she was 21 years. She also suffered Bronchial Asthma, since eight months. She had weakness of concentration, searches for words when talking. She also explained that she had recently been suffering from mental stress since last eight weeks which could be the cause for the hairfall!

Taking her totality including food desires and aversions (desire for Milk, aggravation from Coffee), she was given *Phosphoricum acidum* Q6 (LM6) on July 12, 1997 and on 30 July she reported that she was totally well.

The author raises an interesting question in regard to this case. Does a remedy that is being proved produce, if it is a food material, in the course of its Proving, a relative aversion or desire for that foodstuff? If we examine the rubrics it is seen that Coffee and Thea produced an aversion for Coffee, Tea, but no desire. But in the case of *Allium cepa* and *Tabacum* desire is there but not aversion. Some remedies show polarities like *Nat-m.*, *Lac-d.*, *lac-c.* An interesting hypothesis is that if a 'food' or 'nutrition' remedy did not produce either an aversion or desire in its Proving, it is possible that that remedy may not have been proved deep enough.

33. Ein Fall für die Methodik Cyrus M.BOGER (A Case in Cyrus M.BOGER's Method)
MEINHARD Christian (ACD,4/1997)

The author shows with practical case how one can speedily and with certainty select a remedy through BOGER Method. Card Reprtory based on BOGER's **General analysis** is used. For example in this case: Cards selected: Thirstless, Motion amel., Winter agg.,

Urinary organs, Blood vessels. Two remedies come: *Puls.*, *Sep.* A study of the **Materia Medica** confirms *Pulsatilla*.

34. Spezialistentum in der Homöopathie? (Specialities in Homœopathy?)
SRINIVASAN, K.S. (ZKH,42,2/1998)

There is no use in establishing 'specialities' in the area of Homœopathy. This statement is supported by fundamental thoughts and a detailed account of cases, dealing with the specialities of Orthopaedics, Surgery, Psychiatry, Endocrinology and Dermatology. The author confronts expensive allopathic "specialist" treatment with the efficacy of holistically acting Homœopathy. The value of *Mezereum* in cases of injury to the Coccyx is emphasized.

35. Alltagsfälle im HNO-Bereich (Daily Practice in ENT)
KLUNKER, W. (ZKH,42,2/1998)

Five cases with regard to the ENT System observed in daily practice are reported by the author. The cases cover Tonsillar hypertrophy with hardness of hearing; recurrent colds with tonsil inflammation and hypertrophy; inner ear disease; and chronic Sinusitis. *Sulphur*. In all the four cases desire for sweets was in high grade.

36. Migräne - Zur homöopathischen Behandlung der Chronischen Krankheit (Migraine - Homœopathic Treatment of the Chronic Disease)
WEGENER, A. (ZKH,42,4/1998)

Migraine is a chronic disease which is not often easily treated in Homœopathy. It therefore requires particularly pure homœopathic method. However, there are cases where cures have been obtained or some amount of relief in some cases. In this connection refer to § 149 of the **Organon**. The author discusses some important points in this regard. The different values of the symptoms for the choice of remedy in Migraine are demonstrated. BOENNINGHAUSEN is also well quoted. Four cases are presented.

37. Die homöopathische Krebsbehandlung unter Praxisbedingungen (The homœopathic treatment of Cancer in actual Practice)
FRIEDRICH, U. (ZKH,42,4/1998)

One year-long homœopathic treatment of a 37-year-old female with a metastising breast Carcinoma is presented.

39. Zur homöopathischen Krebsbehandlung (Homœopathic treatment of Cancer)
BAUER, E.A. (ZKH,42,4/1998)

A brief but very interesting article in which this experienced homœopathic physician recounts some of his Cancer cases, during his early days of Practice, about 50 years ago. He also recalls some cases of his teacher Dr.Pierre SCHMIDT.

40. Homöopathie bei therapieresistenter Keratoconjunctivitis vernalis (Homœopathy in therapy-resistant Keratoconjunctivitis vernalis)

A 12-year-old boy suffering since two years with severe Keratoconjunctivitis vernalis with changes in the cornea both sides. The allopathic treatment had done whatever it could within its limits, and different homœopathic remedies too had been tried, all without success. Since only very scanty chronic symptoms were present, the remedy had to be searched on the basis of the local symptoms only. The suitable medicine could remove the ailment rapidly so that the steroid treatment could be stopped.

41. Metastasiertes Melanom - ein Fallbericht (Metastasised Melanoma - a Case Report)
MENDE Chr. (ZKH,42,6/1998)

A 65-year-old female with metastising Melanoma in the tibia was treated homœopathically along with allopathic treatment. There was a clear improvement with the homœopathic medicine *Lachesis*.

42. Simply *Lachesis* - A Case of *Lachnanthes*
THAKKAR Sadhana (HL,10,4/1997)

A case (a woman in her 'late forties'), with complaint of chronic fatigue syndrome and lower abdominal pain, appeared to be a straight case of *Lachesis*. However, when the repertory was consulted for the peculiar symptom "itching in the ear while eating", it showed *Lachnanthes* as the only remedy. After a detailed study of all reference books, it was clear that *Lachnanthes* shared a lot of symptoms of *Lachesis*. In this case, it was *Lachnanthes* which helped the patient.

43. A snake in a very thick and dangerous grass
GORDON Deborah (HL,10,4/197)

33-year-old woman with deep mental-emotional illness; much abused as a child. While remedies like *Staphysagria*, *Aurum*, *Hepar sulphuris* did not help, it was *Crotalus cascavella* which improved her well.

44. Snakebite
JACKSON Jessica (HL,10,4/1997)

This nicely-written article is the experience of rattle-snake bite, its homœopathic treatment and also anti-venin treatment and the healing process. It also depicts the calm manner the bitten person behaved.

45. Muscle weakness and themes of abuse
KLEIN Louis (HL,10,4/1997)

This is a very interesting case and shows **the curative power of a single dose of a C 30 potency of a 'small' remedy - *Curare* - in a woman 55 years age, with *Myasthenia gravis*, the single dose acted for five years!**

46. Evolution of homœopathic **Materia Medica** based on rigorous Proving

BRILLANT Patrick (HL,10,4/1997)

The author appears to be a 'neo-homœopath', saying that the homœopathic **Materia Medica** currently available do not convey the 'dynamics' of the remedy but only 'physical' symptoms. The author feels that HAHNEMANN's 'vision' as presented in the **Organon** seems to be "deformed", and that the book "presents an opposition of ideas between the paragraphs 32, 117, 136 and 138". Further on, "Had nature given him" (HAHNEMANN) "a few decades more to live," (HAHNEMANN was past 88 when he expired; would a few decades of life further kept him fit to work on?), no doubt he would have corrected and understood these discrepancies. He would have realised that a substance cannot elicit the same pathogenesis in every human because of their idiosyncrasy and he would have also realised that a remedy has dynamic properties which help to identify its specific characteristic the same way that fingerprints identify a man."

The author calls on us to "improve" the **Organon**, "to sharpen it to the need of the day and to bring it to the intellectual level of our time." MASI ELIZALDE is called in evidence to substantiate these ideas.

At the end the author says "What is important is to know the particularity of a remedy from its proving symptoms, to know its core and imprint. We have to know its "DNA" Only proving symptoms can provide us with the real clue."

[HAHNEMANN's vision was clear. In his letter dated 21 August 1832 to his beloved disciple von BÖNNINGHAUSEN, he writes "that the cure of a disease depends more on the comprehension of the spirit of the medicine chosen rather than on the particular symptoms is thoroughly established" ("Daß so beim Heilen mehr an der Auffassung des Geistes des zu wählenden Mittels liege, als an einzelnen Symptomen, ist völlig gegründet" - page 72 of Martin STAHL's **Der Briefwechsel zwischen Samuel Hahnemann und Clemens von Bönninghausen**, Haug Verlag, Heidelberg 1997. = KSS.]

47. I might say something wrong - A Case of *Baryta bromata*

MORRISON Roger (HL,10,4/1997)

38-year-old female, but the impression the author gained was of a lady in her twenties; innocent and timid; fear of being humiliated or scorned; dependence on her parent to such a late age, the fear of blushing, anxiety about performance and inadequacy all point to *Baryta*. The feeling of punishment coming at any moment, the guilty feelings to such a strong extent, the attempts to hurt herself, and the type of compulsions made decide *Baryta bromata*. The remedy was given in M potency single dose and a daily dose of 12c (because of the anti-depressant). Follow-up showed steady improvement. the 12 c was continued daily for five months and then both the anti-depressants and the *Baryta bromata* 12 c, stopped.

48. Four roses and a movie - A case of *Natrum nitricum*

JOHNSTON Linda (HL,10,4/1997)

58-year-old female with complaints of allergies, insomnia and migraine headaches. Although many of her symptoms fitted *Natrum muriaticum* but certain points contraindicated this remedy, but pointed to 'nitrite element' and therefore *Natrum nitricum* 200 was given. The Nitrite element in this case: "her desire to be on a cruise ship, which, if the advertisements are anything to go by, have what looks very much like a part atmosphere. A party in the wide open space of the ocean with friends, romance and fun!"

49. I can't breathe - A Case of *Oxygenium*

JOHNSTON Linda (HL,10,4/1997)

A few-months-old baby girl, born naturally at home, began to suffer from inspiration difficulties. Paediatrician diagnosed Laryngomalacia. After several homœopathic remedies which did not help, *Oxygenium* (see Jan SCHOLTEN's **Homeopathy and the Elements**) remedied the defect. [The author gives a long discussion, which is quite interesting to read but much speculative. Is there any need for a homœopathic 'proving' of a remedy, if one could deduce all that is required to know the healing power of that remedy through speculation about its nature, habitat and metaphors? = KSS]

50. Pretty dresses makes her itch - A Case of *Kali iodatum*

CHIPKINS Peggy (HL,10,4/1997)

Seven-year-old girl; severe Eczema on her face, hands, torso and legs; it began when she was two months old. Watery blisters which can get infected, requiring antibiotics. Scratches non-stop. Takes anti-histamine for the itching. Allergic to fish, yet loves fish and shrimps. Tried already Chinese herbs, cortisone, triamcinalone. Generally restless; likes to go outdoors. Lace in her dresses cause itching. Her skin ailment began when she was two months old. Has had wheezing, necessitating breathing treatments. Competitive with her older brother. Energetic, plays hard. Makes friends easily. Loves to exercise. Hits her brother, if he teases her.

Kali iodatum 6 b.d. for two weeks. (*Kali* element and *Iodum* element = *Kali iodatum*!)) The child had severe aggravation for a week and then began to improve. After two weeks the remedy was given in C7 potency, because the skin was again showing some aggravation. Few weeks later C9. Later information was that she remained well on that remedy.

51. Hurried and quarrelsome - Two Cases of *Histamine*

SHAH Jayesh (HL,10,4/1997)

Extreme restlessness, compulsion to move fast, inability to wait for anything seem to be the characteristics of *Histamine*.

52. Eczema of the hands - A Case of *Natrum arsenicosum*

FLICK Reinhard (HL,11.1/1998)

23-year-old female, a student of Pharmacy. From 12th year she was suffering from an Eczema mainly on the hands (ulnar edge and between the fingers) and in the bends of her elbows. Mainly there are vesicles and partly dry desquamating areas. It is aggravated by holding the hands in warm water. In winter, by change of weather from cold to warm and before menses, amelioration in summer and by holding the hands in cold water.

Natrum arsenicosum selected on the totality, cured.

53. I cannot trust, I cannot be trusted - Two cases of *Natrum arsenicosum*
HARDY Jonathan (HL,11,1/1998)

Two cases in which prescription of *Natrum arsenicosum* was based on the 'mental' symptoms.

54. The Last Word in Homœopathic Posology
KURZ Christian (HL,1,1/1998)

The author discusses the LM potencies and the advantages of using it; he cites a case from his Practice.

55. Two "small remedies"
KÖNIG Peter (HL,11,1/1998)

The author proposed certain criteriae for presentation of papers and articles. The two cases in this article are, it would seem so, to explain these criteriae.

The remedies in these two cases - *Germanium* and *Leprominium* - were selected "without using the repertory". With regard to *Germanium*, the author says that he could find the remedy "only by theory (and may be also by chance) as it was my first prescription of the remedy. At this time I knew nothing of Jan SCHOLTEN's picture of *Germanium* and only a little bit of the results of Jeremy SHERR's proving. During the patient's talking and presenting herself I continuously glanced at the Periodic Table of Elements lying on my desk right beside the repertory and was always thinking 'it is not quite *Arsenicum* and I decided to give a chance to the unknown remedy *Germanium* being positioned right in between these homœopathically close elements. From Jeremy SHERR's remarks about the remedy, I picked up "dyslexia" and "aversion to company" which rather encouraged me to try it even though my patient presented quite the opposite."

With regard to the *Leprominium* prescription: "No symptoms, which means no 'good' homœopathic symptoms, no releasing glimpse into a useful rubric of the repertory, not a single hint for a good prescription, but . . . suddenly looking at this special child with her wrapped up extremities, with the complete lacking of toe-nails - a well-known picture enters my mind, the picture of a person suffering from leprosy, Quickly I put together all I know and I get to know about the pathology of the disease itself and also about what Prakash VAKIL, Bombay,wrote about the Nosode of Leprosy, *Leprominium* (1991) . . ." and one dose *Leprominium* 200 is prescribed and very good results follow!

56. A Young Woman's long way home
SCHIESBÜHL Andrea (HL,11,1/1998)

A lady 28 years age with recurrent inflammation of the Gingiva, always appearing at the same spot near the sixth tooth in the right half of the lower jaw, frequent bouts of common cold, pains in her knees since 18 months before the first consultation, was given *Hura brasiliensis* 200 and she begins to improve. What is of greater significance in this prescription is that the patient went back to the subconscious roots of her disease and the past came alive. Later she needed a single dose of *Natrum muriaticum* as she continued to dwell too much on past matters.

57. Two Cases with severe Pathology
PAYRHUBER Klaus (HL,11,1/1998)

Case 1: Malignant Melanoma: 62-year-old woman, who is a teacher, was suffering from malignant melanoma of the right leg. This has been operated upon repeatedly. Now her right leg was covered with about 20 melanotic naevi, partly confluent, all blackish and elevated. She was still dwelling upon an old mental trauma. Sometimes feelings of hatred came up. She had fear of high places and high bridges over water. Her other symptoms were taken but it was her mind picture which was decisive for the choice of the remedy. *Sulphur* 200 was given and for two months there was no change; now *Lachesis* M was given, after the size of the naevi began to increase gradually and she was again operated upon. Then *Sulphur* XM was given; after two months the larger ones began to decrease. All malignant alterations disappeared within 14 months. The regular internal examinations showed no metastasis. *Sulphur* XM was repeated, and about 17 months later 50M was given.

Case 2: Chronic Polyarthritis: 53-year-old man with Polyarthritis since over 5 years. The room was filled with offensive odor as soon as he entered. Old-looking face wrinkled with a yellowish discoloration. At the beginning of the arthritis he had profuse, viscid perspiration. Perspiration and pains were distinctly worse in night. Within the last four months he had lost ten kg weight.

He had a dominating and strict father, lack of money, and the death of mother from Cancer of Uterus when he was eleven. At 17 he left home and lived alone. Always had strong sense of duty; very conscientious with washing, ironing and sewing his clothes. Love of independence and loneliness. *Guajacum* 200 (Pain: cold applications amel.; rheumatic, cold amel.; rheumatic, warmth agg., joints, warmth agg.; Perspiration, odor, fetid; offensive; Face, expression, old-looking. Generals: Emaciation). Repeated after two weeks. Two years later *Sepia* M and an year later again *Guajacum* 200, and two years later *Guajacum* LM 6.

58. Dreaming of my teacher
MANGIALAVORI Massimo (HL,11,1/1998)

This is a very interesting case. The symptoms, the analysis and the choice of the remedy - *Mygale lasiodora* - the repetition of the dose, all have been well reported.

Six-year-old boy with severe involuntary movements - opening and closing quickly the eyes, jerking of the head, twitching of the eye lids, face, grinding teeth during sleep, lack of vital heat, myopia, etc., and who always dreamt of his teacher carrying him in her handbag, and had already undergone allopathic examinations and treatment and later homœopathic *Agaricus*, was cured totally including his Myopia, with *Mygale lasiodora*.

59. A Delicate Problem

MANGIALAVORI Massimo (HL,11,1/1998)

50-year-old professional photographer, with sexual problems. He is 'fond of women'. Has contracted Gonorrhoea and Syphilis and undergone treatment. Frequently suffers from Prostate troubles probably due to aphrodisiac stimulants. His married life was going well with his wife. He loved work. He moved a lot in sleep. Ground his teeth very much in sleep. He desired lemons. *Mercurius solubilis* which came high on repertorisation did not produce favourable results. *Mygale lasiodora* cured.

60. Bowel Nosodes in the Clinic - 11. *Dys.co.(Bach)* - contrasting cases

LAKSHMINARAYANAN (MFH,8,4/1998)

Four Cases - Gastralgia, Inferiority complex in a grown-up adult male, Stage fright, Pathological bashfulness in a boy - in which the Bowel Nosode *Dysentery co.* was successful. [In all the cases more than one dose of the remedy in different potencies was repeated while the recommendation of PATERSON et al. was to give only one dose.=KSS.]

61. Multi-systemic connective tissue disorder

SARASWATHI, G. (MFH, 8, 4 & 9,1/1998)

40-year-old multipara with varied disorders from childhood; her main complaints were perineal wound slow to heal, internal organ tenderness, general oedema, multiple cardiac arrhythmias, hypoglycemic attacks settling down slowly. While most of these complaints were > in course of time, there remained persisting body pains, and muscle weakness for some years. Bruised pain from hand to shoulder on any pressure, washing or wringing wet clothes after washing, very sensitive to cold and heat but less so to heat. Progressive emaciation both deltoids and proximal muscles and gluteal muscles weakness and can't sit in one place or without leaning on something, black discoloration gums. *Sarcotoxic acid* and then *Pyrogen* cured.

The disappearance of the disease symptoms and restoration of health **in toto** and the order of the disappearance of the symptoms are also given. Beautiful case, indeed.

62. Bald Patches in the Young

LAKSHMINARAYANAN, D. (MFH,8,4/1998)

Bald patch on the head just above the nape was restored within about 10 weeks with repeated doses of *Radium bromatum* 6.

24-year-old male, with bald patches on either side of the chin since two months. In this case too repeated doses of *Radium bromatum* 30 and 200 restored over a period of 12 months.

63. Trauma-induced Amnesia and Eye defects

LAKSHMINARAYANAN, D. (MFH,8,4/1998)

The author refers to amnesias due to trauma and the great potentiality of Homœopathy in restoring the memory and repairing other damages too. He is justified in lamenting that a vast field in this regard is lying untapped - both by the homœopaths themselves and the authorities. He cites three cases of his - in all these cases the injury was due to fall from a scooter. Another case also was suspected scooter injury.

64. *Thyroidinum* cures acute constipation

MISHRA, S.C. (MFH,8,4/1998)

A 50-year-old female with chronic constipation - stool once in 3/4 days, with history of bleeding piles, hysterectomy for uterine polyp followed by Insomnia, puffiness below both eyes, loss of memory, anorexia, obesity, hair fall, roughness of skin, all of which was diagnosed as hypothyroidism, later confirmed by investigation. Homœopathic remedies as indicated were given over a period of about three years completely restored.

65. AIDS and Homœopathy

BAIG Mirza Anwar (MFH,9,1/1998)

The author discusses the theory of AIDS and opines that it is not at all a viral infection, or an opportunistic infection since one with a normal immune system is not going to have much trouble with it.

He cites a case of a young man found medically unfit due to HIV infection. Known HIV carrier since four years; known to visit brothel. When he visited the author he was in a relaxed state. He also revealed that when he repeated the tests for HIV he tore the report since he never believed that he had the disease. He searched the literature extensively for information on HIV. The symptoms were interpreted as follows:

1. Tearing the reports: interpretation: Delusion, well, he is.
2. Relaxed posture: interpretation: Anxiety - free or indifferent to the seriousness of his illness, communicates well
3. History of grievous hurt in childhood. His habit of searching for relevant news and information: Interpretation: Fearless, anxiety and creativity.

Arnica XM. The prescription was made on 21 March 1997. Until 18 August 1997 he was ELISA positive for HIV, but on 30 August 1997, he became negative.

66. *Pyrogen* in Women's Complaints

LAKSHMINARAYANAN, D. (MFH,9,1/1998)

The great beneficial effects of *Pyrogen* in cases which can be traced back to infection contracted when the woman delivered baby in the hospital where infections do occur, perhaps more easily than at homes, is discussed with the aid of a case.

67. A Curious Case

SARASWATHI, G. (MFH,9,1/1998)

This 'small' case is very interesting, and revealing. In what fascinating ways the **Vital Force** restores health when **the homœopathic remedy** is taken!

39-year-old woman suffering from postural hypotension, had giddiness and fell down. She suffered fracture of the tibia and fibula, which was immobilised, treated with the indicated remedies - *Arnica*, *Symphytum*, *Ledum* and also bio-chemic salts *Calc-ph.* and *Calc-fl.* 6x. While healing was going on rapidly, she developed several corns on the soles of the immobilised foot. These corns were thick and painful. The usual *Antimonium crudum* and *Calcarea fluorica* did not help get rid of the corns.

On the basis of the egoistic, nymphomaniac nature of the woman as well as her inability to defecate in new places as a result of which she became constipated she was given *Platina* 200 one dose a day for three days after which the pain in the corns disappeared but the corns remained. Now as she reported of Hyperacidity, flatulence, she was given *Lycopodium* 200, three doses, one a day. After this the corns literally fell off the sole as if pushed out! Only when *Lycopodium* was given **after** *Platina* did the corns fall off. Corns falling off is rather curious, normally they disintegrate or dissolve layer by layer.

[Attention of the reader is invited to a similarly curious result of homœopathic medicine was reported by Dr GANAPATHI of Coimbatore, in the HH,7,8/1982 - A man had repeatedly injured his right thumb and practically lost it. *Myristica sebifera* (repeated doses) healed the injury and in the process **a small rudimentary thumb grew** in place and the patient could carry on with his profession of teaching since he could now hold a chalk with this rudimentary thumb and write on the board! What a miracle!! As Constantine HERING said **Die milde Macht ist Groß - The mild Force is Great = KSS**]

68. Air Travel - A very complicated case

LAKSHMINARAYANAN, D. (MFH,9,2/1998)

The author demonstrates through a case the use of *Gelsemium* for anxiety, vertigo, fear of downward motion, weak feeling in the pit of stomach, etc., during air travel.

69. The Bib Tip Syndrome

MEHTA Lopa and KOTHARI Manu (MFH,9,2/1998)

The learned authors in their characteristic manner speak of the mindless hysterectomies. The medical establishment does not feel guilty!

70. A Simple Case of *Phosphorus*

GYPSER Klaus-Henning (CCR,7,1&2/1998)

This 'simple' case is 'great', really. If a case is reported in a journal it is not to show the scholastic achievements of the homœopath, but rather that it should be a 'model'. GYPSER has not only just narrated a case of *Phosphorus* but briefly extolls the advantages of the **BOENNINGHAUSEN's Therapeutic Pocket Book** (1846 German edition) and inter-alia BOENNINGHAUSEN method of case analysis and repertorisation. The 'Genius' of a homœopathic remedy may be recognised in the highest two grades in the **Pocket Book**. GYPSER also demonstrates the step by step progress in the selection of a remedy. It is also interesting that he gave first *Phosphorus* XM a single dose, and then a dose of LM potency. Many of our cases with a mass of single symptoms which do not seem to be connected to each other (but in fact they must be connected since they all belong to the same patient) of recent origin for which one tries in vain to ascertain the 'cause', may be solved in this method.

71. Inflammation of the N. opticus

KLUNKER, W. (CCR,7,1&2/1998)

Another 'small' case. 33-year-old woman with complaint of inflammation of the Optic nerve, with dimness of vision, sometimes with blindness. She had been highly dosed with steroid for one month. This condition was examined with reference to the totality of her symptoms and cured rapidly with *Pulsatilla* XM, followed by *Tuberculinum* XM, and then *Phosphorus* 200. Ophthalmological examination confirmed that she was normal.

72. Two Cases from my Practice

NANGAUB S.K. (CCR,7,1&2/1998)

Obstruction of the lachrymal duct, with constant discharge of purulent matter from left eye inner canthus, in a 5 month-old infant. *Pulsatilla* 200 bi-weekly.

20-year-old woman with a large cicatrix on the upper arm, suppurating, painful on exertion, much burning; this cicatrix was after an injection was given in the arm which became infected. This was drained and treated, but became suppurative. She had burning in urethra while urinating. Copious greenish, thin bland leucorrhoea throughout the month. *Ledum palustre* M weekly one dose intercurrently one dose every third day *Graphites* 30.

73. Two Clinical Cases

PACHAGAONKAR Uttreshwar (CCR,7,1&2/1998)

35-year-old male engineer, with complaint of throbbing headache since 2 years; headache in the evenings on going home from the office. Amelioration by pressing and diverting attention. Palpitations when he is alone. Tonsillitis in childhood. Perspiration in presence of strangers, attending meeting. Cold. Not satisfied sexually unless he masturbates. Sometimes he masturbated soon after coitus. Knock-knee. Blood pressure always high. Aptitude for mathematics high. Very intelligent in his profession but not a

mixer. Official tension - insubordination by subordinates and pressure from the higher officers, especially when confronting political leaders. *Staphisagria*, *Phosphoric acid* and *Baryta carbonica*. The last remedy was most helpful. His blood pressure also remained normal.

65-year-old female with severe pain in the teeth since four months in escalating severity. Starts at the right temple and settles at the right upper molar teeth. Pain agonising making her restless. Worse on exposure to open air, cold hours of the day and better by warm room. Worse moving about. Trigeminal neuralgia. Her husband who was an alcoholic died of cirrhosis of liver. *Colocynthis* 200 four doses on one day did not relieve. *Causticum* 200 which too did not give relief. Now *Staphisagria* 200 four doses on one day and within four days fully relieved.

74. A Few Cases from my Practice

SHINDE Prakash (CCR,7,1&2/1998)

35-year-old Engineer with lumbar canal stenosis; active, ambitious, well-built, decisive, hard, obstinate, industrious. Lumbar pain since six months. Orthopaedic surgeons consulted without relief. His pains started after he pulled a car, its tyre tied to his back. Pain temporarily relieved with warmth. *Silica* 30 t.d.s. for 5 days but no >, hence 200 on alternate days for 10 days; 25% relief; one month later M single dose, repeated 15 days later. Three weeks later reported fully relieved. Four months later remains well in spite of his usual heavy work.

Case of lumbar Spondylitis: 47-year-old male, railway Guard. On the basis of the totality of the symptoms including his past history, *Cocculus indicus* was given 200 to 50M which relieved the numbness and mental dullness, but irritability and flatulence was aggravated. *Nux vomica* 200. Irritability less, as also flatulence, feels energetic. Sentimental, *Sepia* M and that ended the complaints.

The ailments were relieved in the reverse order of the development of the disease state.

65-year-old female with Insomnia and drug dependent. She also had lumbo-sacral pain with weak feeling. Pain worse on rising, on sitting and on exertion. Appeared very cheerful despite pain. Loved travelling. Sleepless in spite of sleeping pills. She was an Indian married to a German and settled in Germany. Husband 72 years age died of Leukaemia and they had no children. She spent sleepless nights nursing her husband. She developed lumbago after lifting a weight while nursing her husband. *Calcarea carbonica* 200.

62-year-old woman with Diplopia, swelling over legs, scanty urine, uncontrolled hyper-tension, since an year. *Gelsemium* 200 with salt restricted diet. and she passed plenty of urine and the swelling relieved. Anti-hypertensive drugs were not withdrawn. *Gelsemium* 200, and one month later M. Remains well.

42-year-old woman, unmarried, Nurse in a corporate hospital. She was obese. Silent and slightly timid. Swelling all over body. Engorged breasts before menses. Menses scanty. Hypertensive. Fearful especially on hearing bad news, burning palms and soles. Desire for acid fruits. *Veratrum album* 30 t.d.s. for 5 days., then 200 one daily for 5 days, then M single dose.

Calcarea carbonica M. No hypertension and all the symptoms relieved.

74. Two Cases from my records

CHIMTHANAWALA Kasim (CCR,7,1&2/1998)

35-year-old housewife, recurrent UTI since 12 years after the first childbirth, with feeling of heaviness and generalised weakness and scanty urine for more than 6 months. Generally her blood pressure used to rise during pregnancy but come down to normal after the childbirth, but after the last, her fourth, it did not come down to normal. She relished tablesalt. Urine albumin +++++. 2 to 5 epithelial cells and occasionally pus cells/HPF. Blood urea ranged from 90 - 120 mgs/100 ml. *Natrum muriaticum* M without relief. Then *Apis* and *Berberis vulgaris*, also without success. Based on the pathology *Eel serum* 30 t.d.s. for 3 days and the result was beyond expectation from the fifth dose itself. The first effect was increased urinary output which increased to 900 to 1000 ml and within 24 hours and the blood urea 58 mg% on the 8th day. Urine albumin started reducing from the 12th day and became + only on 28th day. Observation for three months and the symptoms began to relapse and the albumin became +++ and blood urea again 75 mg%, *Eel serum* 1000 once a day for three days and the levels started receding and reached normal within 25 days. After this blood urea was 40 mg% and albumin + and now *Natrum muriaticum* M given. Review after three years - patient remains well.

A lecturer in a college with complaints of chronic hoarseness with recurrent throat infections more during rainy season, cold damp weather and lecture. Constant swallowing of saliva. His voice became better after smoking, while at rest and on lying down. Painful piles. *Argentum metallicum*, *Hyoscyamus*, *Causticum* and others in varying potencies without result. Case retaken and the symptom "body feels sore to touch", Now *Manganum aceticum* M. No change for three weeks and hence the dose repeated and relief started after the third repetition and he went on improving, when after a sudden exposure to dry cold winds he developed hoarseness and one dose of *Causticum* M cured.

75. Uncommon Remedies in Common Practice

KULKARNI Ajit (CCR,7,1&2/198)

This is a study, through case reports, of two 'uncommon' remedies - *Aristolochia clematis* and *Streptococcinum*. The study appears to be in the ICR teaching method. [To me it appears that unless one is well versed in the ICR method the different diagrams, arrows, etc. are quite bewildering.= KSS]

76. Some Specific Ophthalmological Conditions and their Treatment

PACHHIGAR, D.D. (NJH,7,2/1998)

In the author's experience: has used *Natrum muriaticum* to delay Presbyopia specially where it is due to muscular weakness and when due to old age where distance vision is normal and only near vision requires lens.

In viral epidemic conjunctivitis he has used *Rhus toxicodendron* successfully in Surat.
 In retinal detachment *Gelsemium* successfully restored in 2/3 months.
 Corneal opacities: *Calc-p.*, *fl-ac.*, and *Thiosinaminum*.
 Painless post-surgical inflammation helped by *Kali carbonicum*
Cineraria maritima was effective in chromatic Cataract

Initial stages of Glaucoma well checked with *Aconite*, *Bryonia*, *Nux vomica*
 Chalazion *Staphisagria*, *Phosphorus*, etc.
 Hypermetropia in young *Calcarea fluorica*

Best success is obtained only with constitutional medicine along with the above specifics.

77. Papilloedema

SHAH Jawahar (NJH,7,2/198)

12-year-old girl with Papilloedema secondary to Proliferative Glomerulonephritis was cured with *Stramonium*.

78. The Case of the Fashionable Lady

RANA Satish (NJH,7,2/1998)

47-year-old lady, outwardly well-dressed, with unchanged underclothes, egoistic; breathing difficulties, Eczema on foot treated with application of Betnovate ointment, and Cataract in left eye. Single dose *Sulphur* (potency not mentioned) restored the Eczema and the Cataract cleared and in due course the Eczema too.

79. A Case of Optic Neuritis

SRINIVASAN Vandana (NJH,,2/1998)

30-year-old lady with Optic Neuritis of the left eye, was restored to normalcy rapidly with *Stramonium* XM single dose. The 'dreams' were interpreted by the author as 'delusions' and remedy searched for in the repertory.

[Can all dreams be 'interpreted' as delusions? If not which are the ones that can be and which cannot be? There are persons who have clairvoyant dreams. Are they 'delusions'? In the instant case reported by the author what would have been the remedy if another homœopath had taken dreams just as dreams only and the eye symptoms together and worked out the case? The fancy and bizarre techniques of some of the homœopaths of today, who speak of 'improving' HAHNEMANN, transcends one's credibility. Case reports of this type would only mislead one = KSS]

80. *Silicea*'s fibrolytic property gives Sight

NAYAR Supriya (NJH,7,2/1998)

28-year-old lady, with total loss of vision of the right eye since August 1996, which had been diagnosed as "Eales" disease. She had undergone treatment with prestigious Eye hospital in the country (including 'laser' treatment), was rapidly restored with

homœopathic remedies *Arnica montana* (as an acute remedy) and *Silica* (as the main remedy for the pathology). The author opines that the fibrolytic property of *Silica* was responsible for the cure.

81. The Envious Eye

DOSHI Nina (NJH,7,2/1998)

9-year-girl with recurrent styes, recurrent colds, increased hair growth all over the body, history of repeated ear infection with defective hearing, chronic hoarseness and loss of voice, aversion to sweets, desire spicy, ice creams and cold drinks, hot and wants a fast fan, was relieved with *Apis mellifica* M.

82. A Case of Glaucoma

RANA Satish (NJH,7,2/1998)

A thin lady in her 30s; severe headache. Troubles began after a minor fall from the stairs. In December 1994 while walking down stairs, she suddenly lost her vision, had slight vertigo and slipped down some 6-8 steps, had some concussions and abrasions on her left cheek. In 1995 January she again had loss of vision followed by a severe headache. March 1995 she was operated on for iridectomy. She continued to have sudden loss of vision, severe headache. On examination: Glaucoma with intraocular pressure of 28 mm of HG. *Phosphorus* M and in four months she was completely well. (KNERR Rep. p.231: Vitreous Glaucoma, after iridectomy: *Calad.*, *Phos.*

83. Anecdotal Cases

PARTHASARATHY, V.(NJH,7,2/1998)

1. Pain in the eye from a concussion two months before, was relieved by *Staphisagria* 200.

2. The author herself suffered Glaucoma in 1996 and with some homœopathic remedies and allopathic eye drops (Glucomol), it was completely cured within two years!

3. A 'fair-fat-flabby' girl of 15 year-age, obese, was relieved of her recurrent styes with *Calcarea carbonica* 200.

4. 38 year-old male: Macular oedema, shy, sensitive and bright. *Magnesium muriatum* cured.

84. Of Cataracts & Heavy Lids

GUNAVANTE, S.M.(7,2/1998)

1. 65-year-old woman undergone cataract operation, complained of a pressing, burning and piercing kind of pain in the operated eye. *Senega* 200, few doses, cured.

2. 45-year-old lady, with inability to open the left upper eye lid; *Gelsemium* M.

85. Diabetic Gangrene is Curable

SHETTY Prabhakar (NJH,7,3/1998)

Two cases of Diabetic gangrene (foot) treated with Insulin and *Arsenicum album* and *Sulphuric acid*. Antibiotics were also used when necessary.

86. Homœopathic Approach to NIDDM: Clinical Scope and Limitations
TIWARI, N.L. (NJH,7,3/1998)

This is a detailed essay on the subject, with a case report.

87. The By-passed One
PARTHASARATHY, V. (NJH,7,3/1998)

61-year-old woman, separated from husband; she has never seen happiness in her marriage. Came for Herpes zoster; had undergone heart by-pass surgery. She was also diabetic (Insulin). *Ignatia*, *Phosphoric acid* and inter-current *Tuberculinum*, helped and her blood sugar levels came down to normal and Insulin need also came down very well.

88. The Nervous Mother
ANSARI Aqsa (NJH,7,3/1998)

35-year-old female with Diabetes mellitus; burning urination, blurred vision right eye, occasional headache, itching skin (since 20 years). Irritable, brooding, weepy > consolation; anticipatory anxiety. *Natrum muriaticum* with 'inter-current' *Tuberculinum bovinum*. Happy results.

89. A Difficult Case
MEHTA Kishore (NJH,7,3/1998)

68-year-old male, a film-maker with Diabetes mellitus, burning soles, pain calf worse draft, hypertension, rheumatic pains. While *Lycopodium* was her remedy it was *Zincum sulphuricum* which given as an 'intercurrent' did much help. *Zin-sulph.* was selected since *Insulin* contains *Zincum* and *sulphur*.

90. *Phosphoricum acidum* Cases
GARGE Pradeep (NJH,7,3/1998)

41-year-old male, with Diabetes; itching of Penis; loss of weight, loss of confidence; feels internal vibrations; finds it difficult to express ideas, thoughts +++; forgets names; financial tensions+++; thinks conspiracies made against him. Gases, eructation++ on pressing abdomen, on pressing painful parts. *Phosphoricum acidum*.

39-year-old male, Diabetes mellitus; frequent micturition; less perspiration; dreams of water, God, frightful as of black magic; smokes; tongue cracked, moist, flabby. *Arsenicum album* 200 t.d.s. for 7 days and *Syzygium jambolanum* mother tincture 10 drops t.d.s. Now the case was again examined: has suppressed disputes with his wife; tremendous financial tensions. *Phosphoricum acidum*.

91. Splenomegaly

RAJU, K. (NJH,7,3/1998)

19-year-old male who had recurrent jaundice. Ultrasound revealed enlarged Spleen. Pain in the region of the liver and spleen; centre of the lower lip was cracked and reddish; peeling of lip, burning. *Ceanothus americanus* mother tincture 5 drops t.d.s., *Natrum sulphuricum* 6x tablets t.d.s. and for pain *Kali phosphoricum* 6x and *Magnesium phosphoricum* 6x.

92. A Chronically "Acute" Case of Arthritis
ALBIN Steve (SIM.11,32/1998)

52-year-old female, pain in the ankles, feet and legs; began in the right foot, then to the left and up the ankles, legs, and hips. Pain worse in night, morning, after standing, and from being on feet for long hours, better moving; cold air ameliorates the pains even though cold aggravates her in general; burning pain feet and legs worse in bed better uncovering; sharp pain in heels extending upwards. Hysterectomy 12 years ago, has one ovary. She gained 40 pounds, lost sex drive, developed vaginal dryness, constant hunger, and fibromyalgia.

About the time the problem started she woke up with a lot of swelling of her left hand and had assumed that a spider had bitten her; the swelling and pain were severe for a week and as they subsided, the pains in the right foot started. *Ledum palustre* M and healing began in the reverse order. Then *Sepia* 6 twice a day.

93. Fever and Chills after an Acute Injury
ELMORE Durr (SIM.11,3/1998)

A 13-year-old boy fell on his forearm in a baseball game, it swelled immediately, with little fever and chills. On the night of the injury he developed high fever (102s) with chills. Appetite wanting, sleeping most of the day, not thirsty even in fever; temperature high mornings, better mid-day, then increases evening and night.

Arnica did not bring about any relief, but *Apis* brought down the temperature rapidly and the patient felt fine.

94. A Case of Asthma in a Toddler
SMITH Jennifer (SIM,11,3/1998)

Two-year-old boy, with Asthma Allergies. "Has been wheezy and raspy since birth." Has sensitive, dry, itching skin. Aggravation tomatoes, eggs. Very thirsty, chews on ice; drinks lot of juice. Inquisitive, will sit and listen to entire story; very independent; easily consoled; great with other children; loves animals; jealous; assertive. Has received childhood vaccines. Sleeps with his knees tucked and bottom up in the air.

Medorrhinum 200 and there was immediate favourable response. About two and half months later, relapse. *Medorrhinum* 200, needed to be repeated six months later. Remains well.

95. A Case of ADD with Violence

PITT Richard (SIM.11,3/1998)

14-year-old boy with ADD (Attention Deficit Disorder) and has been on Ritalin. He can be Paranoid. He explodes if he feels someone wants to hurt. He has said that he would kill them before they were going to kill him. Cannot keep quiet, talks constantly and fidgets and picks at things. He can jump one subject to another "His brain is going faster than his mouth." Finds it difficult to stay focussed, and can drift into his own world. Gifted in music, and art and can play music by ear.

Alcohol LM 1, 2 teaspoon in 4 ounces of water. The remedy went up to LM 5 and in the meanwhile Ritalin was reduced to 20 mg. per day for one month and stopped. Now his behavior was reasonable and there were no bouts of extreme anger or violence. Still had difficulties concentrating at school and was easily distracted unless he was interested in the subject. At this time *Medorrhinum* 30 in a split dose. After a month he continued to take *Alcohol* LM6 every third day.

Eight months later: he had not been taking *Alcohol*; still argumentative, obstinate, and spoke very loudly; eye winking. *Belladonna* 30 one dose for 7 days. Follow-up five months later: further improvement; change was noticed very quickly after the remedy. However, he is now learning driving but is not concentrating while driving. Further treatment is on.

96. Depth-sounding on a Smaller Remedy

TESLER Neil (SIM.11,3/1998)

Three interesting cases of a so-called 'smaller' remedy - *Scutellaria lateriflora*.

Anxiety, dizzy and light-headedness, vertigo, fear of deep water, fear that something dreadful might happen in a given situation, problems that can be traced back to a bout of severe flu, fatigue, sinusitis, frontal or occipital headaches are some of the main symptoms calling for this remedy.

97. Post-influenzal Chronic Fatigue Syndrome

KLEIN Louis (SIM.11,3/1998)

Two Cases are presented in detail. The author makes the following comparison of *Scutellaria laterifolia* with other 'post-influenzal' remedies:

Influenzinum (post influenzal, paucity of symptoms)

Gelsemium (anxiety, post-influenzal, frontal headache)

Silicea

Bryonia

Natrum salicylicum (post influenzal prostration, tinnitus, Meniere's disease)

Sulphur

Natrum muriaticum

Medorrhinum

Cypripedium pubescens

Causticum

Baptisia

There are other comparisons too like *Calcarea carbonica* (anxiety; anxiety about the future), *Calcarea sulphurica* (weakness, post-infections), *Psorinum* (weakness, despair, anxiety), etc.

98. A Lonesome Wind blows through the Tree Remedies
OLSEN Steve (SIM.1,3/1998)

This short essay is a study of some 'tree' remedies: *Pseudotsuga menziesii*, *Taxus brevifolia*, *Arbutus menziesii*, *Pinus contoria*, *Thuja*. A sense of being alone, and isolated is a 'theme' in all these remedies.

99. Radiation and the Radiation Miasm
SHOWLER Linda (SIM.11,4/1998)

The author says that there are three new inherited Miasms: the Radiation, Petrochemical (including all the Pesticide and Herbicide Miasm, Plastics miasms, and all the other petrochemical products people have been exposed to in the past century) and the Heavy Metal; and that unless the underlying Miasm is confronted, total cure will be elusive.

Four Cases are presented. The author uses **Applied Kinesiology (AK)** to ascertain the Miasm if it is not ascertainable in the normal examination of the patient. Remedies like *Uranium nitricum*, *Radium bromatum*, *Graphites*, *Plumbum metallicum*, *Causticum*, *Plutonium*, *Diamond* and *Fluoric acid* are more often required for the Radiation Miasm. In Case No.4, the diamond which the patient was wearing was antidoting the homœopathic remedy given for the 'radiation miasm' and only after the diamond ring was removed and kept away could the patient be healed.

100. Head ache in an Artistic Male
BAKER Nadia (SIM.11,4/1998)

24-year-old male restaurant waiter with headaches. Has it since 10-year-age or earlier. Requires pain-killers. Begins as a sharp pain in the left temple, then extends to the forehead above the left eye and then goes behind the left eye and into the maxillary sinuses. Sometimes extends to the teeth. Eventually the pain will extend to the occiput and from there can go to the right side of the occiput. The headache never starts after sunset. Congestion in the nose during the pain. Past history of cold sores. He is > painting, "a hobby that is almost a career" for him, > nature and beauty, > good music, especially classical, > good movies, > while driving. Taking into account his other 'mentals' and 'generals', *Sepia 200* was given; it was repeated twice and then the M, and XM potencies. The treatment extended over a period of three years.

101. A Male *Lachesis* Case
COHEN Howard (SIM,11,4/1998)

A 41-year-old male with 'devastating migraines', since 1977. He had been treated with Homœopathy some years ago while in Israel, but the migraines returned after some

years. He felt irritated when asked questions about his personality. He had nasal obstruction during these headaches and the headache goes away when the nose clears. *Lachesis* cured.

102. Pre-menstrual Tension and Anxiety

FASSLER Krisly (SIM.11,4/1998)

A woman in her mid 30s married and with three children; suffering from panic attacks, coming on suddenly in the middle of the night. Since last two years, more on edge one or two weeks before periods, very sensitive to criticism, snappy with people at work. She suffered rheumatic pains, has seasonal allergies worse when it is moldy and damp or in really cold weather. Menses: spot, spot, spot, bleed, spot, spot, spot; 25 day cycle. Moods better after starting a reasonable flow. Hungrier before period and craves sweets, carbohydrates, salt and cheese. She wanted to be appropriate, perfect, in control, and feared of not being able to take care of herself.

She had been given in adoption soon after her birth, her adoptive parents were good, but now she is closer to her birth-mother. *Natrum muriaticum* 200.

One month later: worse, very edgy, felt constantly overwhelmed with too much to do; anxiety; more irritable, shaky internally; feeling premenstrual the entire month; joints achy. She said that she felt like “belonging somewhere, security, fundamentally feeling valued. Who do I belong to anyway?” Prescription - *Magnesium phosphoricum* 200.

Seven to eight weeks later: felt much better. She really sensed a major change for the better.

But “I still don’t know which family I belong to (biological or adoptive).”

The author says that she found *Magnesium phosphoricum* with Jan SCHOLTEN’s book **Homœopathy and Minerals**.

103. The Office Mom

FINS Howard (SIM.11,4/1998)

41-year-old, divorced woman with one child. The gist of her story was that she has lots of issues around nurturing, being a mother and with her own mother. Her headaches for which she consulted, are amel. warmth; she had strong desire for vegetables, eruptions before menses, and exhaustion from sea bathing. *Magnesium muriaticum* 200. She needed repetition twice over a long period. Remains well.

104. Three Cases of *Magnesia muriaticum*

MORRISON Roger (SIM.11,4/1998)

(This is a ‘reprint’ from the IFH Proceedings 1996). The ‘main elements’ of *Magnesia muriaticum*, may be stated in brief, as: highly compensated suffering; conscientious people; helpers and caretakers; children of divorced parents; threatened by aggression and conflict.

105. A Case of traumatic birth

SUTRADHAR Subhash (SIM.11,4/1998)

This is an interesting case of *Natrum muriaticum*. The patient was a young man of 18-year age. From the story given by the mother it emerged that the problem commenced even before birth and the subsequent trauma at birth. First, the baby was three weeks overdue - a significant stress; then the child was stuck in the birth canal for a long time. He became an introvert, kept to himself, felt unloved, disconnected from his surroundings.

106. Two Cases of Post-traumatic Anxiety

SANDBERG-LEWIS Steven (SIM.11,4/1998)

Case 1: This very interesting case shows the value of aetiology and also that a so-called 'acute' remedy is equally valuable in a chronic case. 33-year-old male, was suffering from chronic sleeplessness. It was worse when he had eaten much spicy food five years ago. Anxiety attacks and sleeplessness. Better when he avoids Cayenne pepper. Also had severe Raynaud's symptoms during 1970-1982. Colds and flu every 8 to 10 weeks. Generally hot person. Very anxious when awake at night. Perfectionist. Enjoys being alone, but anxiety much worse when alone at night. Dislikes loud noises. Fears include small places, getting sick and missing work, crowds. Sleeplessness, anxiety reaction. *Arsenicum album*. Two month follow-up: he sprained his ankle/foot. Less anxious and sleeping better, but no major change in his overall case. His bio-feedback trainer related an incident of severe mental shock, a severe near-death experience. *Aconite* 200. Rapid improvement. Remains well

Case 2: 39-year-old male, carpenter. Fear, sleeplessness, hallucinations. Paranoid, extremely anxious, fearful, feels possessed; sexual obsession. His perceptions of the world are extremely paranoid. Had suicidal thoughts for many years. Fear at 3 a.m., feels like a little boy. Fearful of his house when alone at night and will not get in bed. Visions of sexual torture. Stories are told to him. "Entities" say he has middle ear and prostate problems. Takes no alcohol or drugs and never has. Psychoactive drugs have not helped so far. Feels lot of energy in his forehead. Hypervigilant, knows too much. Great heat in his hands and feet. Heart area hurts all the time an empty feeling. Visions of his genitals flying out of his skull.

Stramonium 200 single dose. No change over a month. Reconsidered, and *Cannabis indica* 200. Follow-ups over the next year and a half found him continuing to be much improved..

107. A Child with Tingling Extremities

STAUBER Catherine (SIM.11,4/1998)

S.M., 5½-year-old girl. Numbness and tingling in her toe, feet, and fingers for several years. Also sweating feet and palms of hands when cold. Throughout the pregnancy SM's mother felt "lots of pressure" in her abdomen as if "she was ready to be born", from the second month of pregnancy. Premature labor at 6½ months and was put on medicine for stopping contractions. SM was born 2 weeks early. SM described "it felt

like ants crawling in my ankle” in her feet and upto just below her knees. Or it feels as if they have gone to sleep. Better squeezing, or rubbing, or banging the feet on the ground or floor. Feet perspire heavily. Hands and fingers also feel this itchiness, tingling and numbness. Tingling is worse with the perspiration of her hands. Colder she gets, the worse her hands and feet. She bundles up and wears a hood in daytime.

Several blood tests carried out earlier were normal. SM also has nosebleeds after being in the sun if she does not wear a cap. SM always tries to do her best. Cries with mistakes. In the house SM likes everything to be in its right place and she will tell her mother if they aren't. When they go as a family to visit friends SM will point out dust or messiness and has embarrassed her parents this way. However, her room can be dirty and often is. She is “happiest” when it snows. Fear of bugs. Very constipated. Very mature for her age, has a large vocabulary, remembers the past. Several times during the interview she would say, “this started when I was two,” etc. She had fine, brown hair covering her back, the density increases over the low back.

Aurum arsenicum 30 once daily for two days. It was repeated once, then the 200, once daily for three days. Remains well.

108. Allergic to All Foods

SUBOTNIC Steve (JAIH,91,5/1998)

A case of multiple food allergies is cured with *Sepia* in varying potencies. The reasoning for the selection of the remedy is very good.

109. Impromptu (Impromptu)

J.H.PAILLE, (CGH, 35, 10/1998)

The author warns against the abuse of homœopathic drugs. He relates the case of a 54 year old man with enlarged prostate, to whom one day in his laziness he prescribed *Chimaphilla umbellata* 7 CH a dose every 15 days for 3 months, a remedy the patient had received two years back in the 5 CH. There was a violent reaction with a hot, indurated, swollen painful left knee. A rheumatologist diagnosed it as Isolated monoarthritis of unknown etiology. *Badiaga* ameliorated the pain, but it was a month before the inflammation disappeared.

This was certainly a proving done against the will by a prover who had become sensitive to the drug which he had taken 2 years back.

Two questions were posed - How could such a small remedy, whose polarity of action in the urinary tract, produce such an inflammation in the articular capsule? A study in the *Materia Medicas* revealed: (from GS Vol IV p.58) - Pain in the flexure of the left knee, extends all over the thigh, immediately above the patella, pain as if the limb was severely grasped (this was exactly how the patient experienced the pain after taking *Chimaphilla*)

Other symptoms to be retained:

Urinary retention and infection, prostate hypertrophy

- sensation of sitting on a ball;

- difficulty to urinate: micturition is facilitated by spreading the legs and by leaning forward;

- Urine is characterized by abundant viscous, sticky, muco-purulent filaments;
- Burning type of pains extending from the neck of the bladder to the end of the ureter.

Halo around light sources (beginning cataract)

Pain especially of the caried teeth after eating, “by the movement”, by cold drinks;

Sensation that the teeth were pulled out of their alveoles;

Stiffness of tempero-mandibular joint at night preventing closing mouth at night;

Precocious atrophy of the breasts: mammary tumour in very young women; inappropriate secretion of milk;

Enlarged liver, hard, painful when seated; pre-cirrhotic state with ascites;

Urine tinted green

Palpitations, in the regions of the kidneys and lumbar region;

Bruised like pain of the testes which are atrophied;

Prolapsed uterus

He advises in conclusion:

Do not neglect the little remedies, the power is often unsuspected.

Do not give a remedy in an offhand way; a placebo is much better than a remedy prescribed on the basis of a single facet of its potential action.

Learn to use the correct books

Learn to recognize the symptoms as said by the patient.

110. Petits remèdes tirés de derrière les fagots (Small remedies from personal experiences)

GRANDGEORGE, Didier (CGH, 35,1/1998)

The author describes some rare indications for the rare remedies, indications which aren't found in the repertories.

Bombyx processionnaire: When his group in Fréjus-St Raphaël proved this caterpillar, one of the provers was a young intern of a hospital who attended the course out of curiosity, without truly believing in homeopathy. He volunteered to prove the remedy, and note the symptoms which appeared. But four days later he called up and said that he could not proceed with the proving as he had to be operated for a torsion of the testicle. But what was strange was that though this intern objectively presented a picture of torsion of testicle, on surgery there was no torsion, just a big local inflammatory reaction.

Some months later the author received a small boy with severe pain, very strongly indicative of torsion of testicle. At that moment something struck the author and he asked the boy if he had touched caterpillars, to which the boy replied that in spite of his father having forbidding him to do so, he had played with caterpillars in the garden.

Bombyx processionnaire 30 CH was given, and within a few minutes there was no pain and there was no necessity for surgery. Even the inflammation had disappeared. Some hours later the child left the hospital stating he was cured.

Another case of a boy of 17 years with asthma, who in the past had lost one testicle following torsion. He received *Bombyx processionnaire* and had an all around

improvement, both physically and psychologically. An amelioration on all the planes when the right remedy is given.

“Symbolically the caterpillar is a larva, an incompleting, crawling being. The torsion of the testicle is an auto-castration, a loss of a part or the whole of virility. Would this be the remedy of individuals who feel psychically castrated, who have only stereotypic behaviour, copied from others, without any creativity that one sees in certain social environments? And it is here that one sees this small remedy take on unsuspected dimensions...”

Castoreum: A young boy of 10 years came for a phymosis, for which he had already been operated twice. He also had a developing preputial sclero-atrophic lichen. It seemed like a *Staphysagria* case when the mother said that the boy yawned in his sleep. In Kent's repertory *Castoreum* is the only remedy under this rubric. In the materia medica it says that *Castoreum* is the secretion of the preputial sac of the beavers. *Castoreum* was prescribed. 6 months later he had an eczema of the genitals, his behaviour was better, his lichen on the gland was gone, urination was normal, the dilatation of the urinary meatus which had been planned was not necessary. A year later he was much better and his parents regretted not knowing about homœopathy earlier. Some time later there was another patient with an 'impossible to retract' phymosis and eczema of the thorax. *Castoreum* was prescribed, four months later there was no more problem, and another 3 months later the phymosis had softened and retraction was possible. Though in Clarke's Dictionary phymosis hasn't been mentioned, always consider *Castoreum* when there has been a history of phymosis in men and coalescence of the labia minora in women.

Ornithogallum-umbellata: In a boy 6 years old with frequent bronchitis in whom the interrogation revealed only common symptoms. The only important history was the pyloric stenosis operated in the first few months of the child's life. In Murphy's repertory for this indication the two remedies listed are *Aethusa cynapium* and *Ornithogallum umbellata*. After a few doses of this remedy the child had no problems.

Similarly there was another child who consulted for anxiety. He refused to sleep alone, had bed wetting and was jealous. This boy too had an operation at the age of 3 months for a pyloric stenosis. After this remedy the child started sleeping better and got over his anxieties.

In Clarke's Dictionary pyloro-gastric cancer is described under this remedy.

Oleum jecoris aselli: This remedy should be thought of when the idea of ankylosing spondylosis appears. A boy of 11 years consulted for growth retardation, and lumbalgia which was diagnosed as ankylosing spondylarthritis. In the repertory in sacro-iliac pain and small stature *Calcarea phos.*, *Oleum jecoris* and *Sulphur* were the remedies. The authors attention was directed towards *Oleum jecoris* by the fact that the boy after every dose of Vitamin D had an aggravation of the bone pains. Four doses of *Oleum jecoris* in 15, 18, 24, 30 CH were sufficient to relieve the boy of this invalidating problem.

Similarly in another boy of 14 years, who had strong pains in the right hip which was relieved by *Aurum metallicum* 15 CH. But the patients complained that he was not

growing well, this child had also been frequently given Vitamin D. *Oleum jecoris* was given with good improvement.

There is no small remedy, for the one who suffers, the effective remedy is a big remedy.

111. Heidi's Accident

PETERS Randi (HT,18,1/1998)

A small girl accidentally ran a sharp paint brush on her cheek which went up, up to her lower eyelid and was rushed up to the Emergency room where the part of brush was removed, antibiotics given and told to come next day for plastic surgery.

Arnica, *Ledum* and *Hypericum* were given in that order at intervals and within two days she became normal. The surgeon opined that there was no need for his interference since all was normal, rapidly.

112. A case of Croup

HAFFLY Joanne (HT,18,1/1998)

Experience with the "croup remedies" *Hepar*, *Aconite*, *Spongia* in children is narrated. Attention is drawn to the role of *Gelsemium* in Croup as detailed by VITHOULKAS in his book **Medicine of the New Man** "*Gelsemium* is given as one of the drugs that has stabbing pains into the ear on swallowing; in my experience, it has not been effective. *Gelsemium* does get a good deal of roaring in the ears, a feeling of blockage and obstruction and you very often get dullness of hearing, and giddiness; but I have not seen acute earaches responded to *Gelsemium*. Quite frequently there is an extension downwards, with involvement of the larynx and loss of voice. Associated with the laryngitis, there is liable to be an intensely croupy cough which is almost convulsive in character coming in spasms and associated with intense dyspnoea."

The author says that next when her two-year-old boy developed Croup, she gave *Gelsemium* and he was cured much faster.

113. A Pneumonia Case

LANGHOLZ Anita (HT,18,1/1998)

This is a very interesting narration of a mother treating her 15-year-old boy with Pneumonia. She resisted antibiotics even though the fever went on for about a week and the temperature went up to 104 degrees. Ultimately she found *Phosphorus* as the remedy which rapidly cured.

114. I have to Protect Myself

JOHNSTON Linda (HOM,71/1998)

This is a case of a 30-year-old woman journalist who suffered from recurrent vaginal warts. Leucorrhoea of constant thin, sticky, mustard-colored, mucous. Menses regular 21 days cycle. Severe breast pain and swelling 3 or 4 days before menses, also irritable, angry, impatient, increased sex drive before menses. Strong exertion like dancing

relieves these to some extent. Has been feeling much weak, no motivation, tendency to procrastinate and then feel pressurised. sStrong exertion, mostly dancing, makes her feel better. Aversion to smoked meats, eggs, meat, bread; aggravation: onions, fruit, vinegar, lemon, garlic. Anxious person, especially when something expected of her or meeting new people. Better after sundown, worse morning upto 11 a.m., - 4 p.m.

Thuja, *Lyssin* without appreciable relief; then *Tarentula* gave some relief; it was ultimately *Androctonus* which gave her total relief.

REPERTORY

1. Mittelverwechslungen im Repertorium (Remedy alterations in the Repertory)
ANDERSCH-HARTNER, P. (ZKH,42,4/1998)

Alterations - *Laurocerasus* - *Lamium album*

Some of the confusions between *Laur.* (*Laurocerasus*) and *Lam.* (*Lamium album*) in the extant repertories are given with relevant references to the source literature.

2. Beitrag zur Verbesserung der Repertorien (Contribution to corrections to the Kent's Repertory)
ANDERSCH-HARTNER, P. (ZKH,42,5/1998)

Some mistakes in the repertory with regard to *Aqua marina* are corrected.

3. On Using the Repertory
GUNAWANTE, SM (NJH,7,2/1998)

An instructive article about the value of repertory and how to use the repertory; case work-out examples are also given.

PHARMACOLOGY

1. Die Entwicklung der Arzneimittelverdünnungen in den Kankenjournalen D2 bis D4 (1801 bis 1803) Samuel Hahnemanns [The development of the medicinal dilutions in the Case Records D2 to D4 (1801 to 1803) of Samuel Hahnemann.]
HÖRSTEN, and BENZENHÖFER, U. (AHZ,243,5/1998)

In this study the development of the pharmacotherapy of HAHNEMANN in the early days of Homœopathy, in the light of HAHNEMANN's Case books D3, D3, D4, pertaining to the Eilenburg time (1801 - 1803) are presented. It is found that there was a clear tendency to prescribe higher dilutions. Analysis of the cases in which HAHNEMANN prescribed certain remedies frequently and repeatedly to a patient revealed that he gave the remedies in a more concentrated form in the following prescriptions.

2. Quality and Posology - Look at the Sources

BARTHEL Peter (HL,11,1/1998)

This is a very carefully and thoroughly analysed study and clearly points out the importance of studying HAHNEMANN's case records carefully. The author details how HAHNEMANN's posology developed over the years particularly from 1836 to 1842. Only by proper deciphering of the symbols used by HAHNEMANN in his records can one know his methods of medicinal preparation and prescription.

Peter BARTHEL also argues rightly for quality of the medicines prepared, (see his article in the HL,6,3/1993) which includes the correct identification of the substance in question, the collection of the medicinal raw material at the proper place and time, preparation of fresh tinctures and triturations. In many cases now-a-days some, if not all, these basic essentials are not being followed with the result that we get poor results. Quality and Posology are completely interdependent, which HAHNEMANN realised and we in these days do not seem to.

He also points out certain errors in the transcription of the HAHNEMANN Case Record, DF 5 (1836-1843).

VETERINARY

1. A Small Remedy in (alleged) Lyme Disease in a Dog

LEVY Jeff (NEJH,7,1/1998)

A two-year-old female dog with diagnosed Lyme disease was cured with a 'small' remedy - *Euphorbium* 30 single dose!

The author discusses briefly but interestingly how he came to the remedy. "As I gain experience, I find ever more possible routes to the destination of the simillimum. So too, in the case of prescribing "small" remedies accurately, I have found that there are many number of ways in which one can perceive them in a case." [Quite true, Jeff = KSS]

2. An underappreciated Miasm in Dogs.

LEVY Jeff (NEJH,7,2/1998)

The author describes briefly the 'Rabies Miasm'. There are some curious differences between dogs and people with regard to this Miasm. In people, it seems that the major trigger for the delirium is water; the sound of running water, the sight of water, light sparkling on water. In dogs it seems to be much more about motion, something moving in the dog's field of vision, whether a squirrel, a fly or a jogger.

3. Tango

KEHRLI Nelly (ACD,6,4/1997)

First consultation: 7 May 1997. A 12-year-old female French race horse, with a suppurative, chronic recurrent Sinusitis. An x-ray confirmed in the left nasal sinus, but the remedy applied did not help. Again x-ray under sedation. Now a suppurative

maxillary and frontal sinusitis diagnosed. An operation done and drainage done. A week or two later the discharge per nose stopped. After another operation and antibiotics was more or less free from complaints. Later the operated area became swollen, and when the swelling was opened pus flowed out. After cleaning and radiation. After another operation the horse remained apathetic and dull. Another swelling.

Several measures and ultimately homœopathic consultation. *Natrum muriaticum* 30, later 200 but a 'cure' still eluding. Case retaken and repertorized. *Phosphorus* Q6.

4. Three Animal Cases

EARLE Laura (SIM,11.4/1998)

Case 1: Acute trauma: Midget: 6-year-old spayed female domestic short haired cat. Hit by a a car in the rear end. Presented a paralyzed tail, anal atony and a spastic urethra. Radiographs showed separation at the sacrococcygeal junction. Rear limbs were shaking, she had Sciatica. Extreme pain. Diagnosis: Causa Equina Syndrome. *Causticum* M. Catheter was put, and then broad spectrum antibiotic therapy. *Arnica* 200, removed catheter, then *Hypericum* 200. She began to play well, only the tail paralysis remained and the owners felt that this would resolve. Usually Causa Equina Syndrome can take months to years to resolve. This cat was back to full function in one month.

Case 2: Palliation: Ginger, 12-year-old spayed female Golden Retriever: Metastasized Adeno-carcinoma of the anal sacs into the sublumbar lymph nodes. The anal tumor was resected but the margins were not clean. They did not touch the lymph node tumor. The surgeon told the owner not to expect more than one or two months after the biopsy. Since one month prior (at diagnosis) the tumor had grown by 50%. Had been treated by another homœopath with *Conium* and Chinese herbs with little to no improvement. She was arthritic before the tumor was diagnosed. She had a small fibrous wart on her foot. *Aluminum* 200. About a week later the wart fell off. She was again taken to the previous homœopath for a new anti-cancer therapy called Issine (high doses of Vitamins and anti-oxidants), and was again given *Conium* LM potency and Ginger became very pale, sighed often was unable to get comfortable. *Calcarea phosphorica* 200. Found very depressed, severely constipated, picky about eating. *Aurum metallicum* M, and in a week improved rapidly. She was happy, defecating well, eating voraciously, playful. Three weeks later *Aurum* M repeated, and two months later again repeated. While she became comfortable, the tumor was growing. She died comfortably.

Case 3: Strengthening the Vital Force: Trinka 6-year-old spayed female Daschund: Right shoulder and neck spasms and nerve root signature into the left forelimb. Prior history of falling off deck 2 or 4 years ago. Previous radiograph showed calcification of the C5-6 disc space. Put on nutritional supplements after adjusting all areas but the cervical lesion.

Trinks wants to be with owners all the time but does not want to be touched. Even the anticipation of being touched will make the spasms worse. Again adjusted all the areas but the cervical spine. She continued to do better, when she became acutely painful and began spasming. *Conium* M was given and she did well. The remedy was repeated once. She continued to do well on chiropractic care, and she needed one dose of *Conium* XM.

5. Le chien de Madame Restriction (The dog of Mrs. Restriction)

Marc BRUNSON (CGH, 35,10/1998)

Case of a dog: Caesarean birth: one undescended testis; allergic conjunctivitis; right eye - premature cataract; allergic skin, erection without sexual excitement. The owner of the dog was a very strict person and restricted the dog from doing what it liked. A *Caladium* patient falls sick when he stops doing what he like, ie when he stops smoking. *Caladium* also has these following symptoms, itching evening in bed, sleeplessness from itching, erection without sexual desire, inflammation eyes, warmth aggravation. *Caladium* helped the dog.

A brief study of the drug follows:

1. It removes the overwhelming craving that prevents the smokers from breaking off their habit Kent p206
2. sexual desire with impotency, masturbation, nymphomania.
3. perspiration smells sweet and attracts flies
4. asthma with cough, ameliorated by expectoration but mucous not expectorated easily
5. fever high in sleep and which disappears on waking (Lippe P.170)

6. A Sick dachshund

WALTONBAUGH Dawn
(HT,18,1/1998)

One-and-half year old Dachshund Heidi with a collapsed disc space between two of her vertebrae in her thoracic spine (x-rayed) due to an injury. She had lost sensation in her toes, skin and could not urinate, essentially paraplegic. Traditional treatment was costly and prolonged.

A single dose of *Hypericum XM* made Heidi achieve remarkable improvement within ten days! All her sensations are back and she could walk, urinate, etc. She had slight ataxia whenshestandsand perhaps this will go away with time.

7. Shooting pains?

WRIGHT Jonathan (HT, 18,2/1998)

Case of a 4 year old female labrador retriever mix. She was found vigorously chewing and licking the underside of her left front paw between the pads, which looked blistered and raw. Following Allopathic antibiotics and steroids the skin healed, but she continued to limp. Dr.Wright was consulted: no abnormality other than the presence of a very small lump under the skin between the pads and a sensitiveness to pressure and examination was observed.

Dr.Wright's conclusion - that she had stepped on a sharp object and the skin symptoms were secondary to the chewing. And the lameness now is due to the pain in the small lump of scar tissue. *Hypericum 1M* was given and she was better following an initial aggravation.

8. Acute agricultural homeopathic events

SHEAFFER Edgar (HT, 18, 5/1998)

Case 1: of a 3 year old Holstien bovine had acute hot painful right mammary gland. Secretion was curdy with clots of milk and blood. Culture showed *Pseudomonas* bacteria. *Phytolacca* made her better.

Case 2: 30+ old pony developed acute impaction of the small intestine. Pulse 84, Temp. 102 with restlessness, pacing in circles alternating with lying down and getting up and occasional straining. *Nux vomica* 6C, 3 doses followed by *Colocynthis* 30C two doses at 15 mts interval relieved the pony.

Case 3: filly after it stepped on a large nail continued to limp even after treatment improved after *Ledum pal* 30C.

Case 4: a thorough bred gelding sustained an injury in the eye resulting in swelling and redness with a cloudy cornea and loss of vision. Worsened despite allopathic treatment. *Phosphorous* 200C + *Hypericum* spray healed completely and vision was restored.

Case 5: Continued bleeding after dehorning of calves was stopped by *Arnica* 30C alternated with *Phosphorous* 200 C every 15 mts three doses each. (*Arnica* and/or *Aconite* before dehorning and *Arnica* after the procedure)

Case 6: 900 pound pig after it consumed a paddock full of old weeds, she stopped eating and drinking and became unhappy. *Nux vomica* followed by *Bryonia* completed the treatment.

Case 7: 23 heifers developed fever with bronchitis and harsh dry cough. All of them were treated with *Bryonia* in the drinking water and Vitamin C in the feed. Two animals with persistent fever needed *Ferrum phosphoricum* and Antibiotics.

Case 8: 300 leghorn broilers were diagnosed to have coccidia (parasitic disease of the digestive tract) with high morbidity and mortality. Symptoms were diarrhoea, decreased appetite, thirst with weight loss. *Mercurius corrosivus* 12C for seven days in the drinking waters and 270 healthy broilers were marketed.

Case 9: A herd of cows were all bloated because they weren't given enough dry hay before they were turned out to pasture. *Carbo-veg* 30C and an hour later *Nux vomica* 30C were given; not a cow died.

All these above animals were treated by the owners themselves. In the US many farmers are turning over to organic production of milk, cheese, eggs, chicken and turkey and beef. Homeopathy offers them a safe, gentle and natural treatment leaving no chemical residues in their products.

9. Kiki the cat

WRIGHT Jonathan (HT, 18,11/1998)

A 15-year old cat was one day found apparently dead. The cat was cold and stiff, pupils maximally dilated and non-responsive to light, gums and tongue cold and blue, no signs of fracture or trauma or internal tumors or haemorrhages etc. But on auscultation a faint fluttering was heard. And after an hour the cat started gasping. *Carbo-veg* 30C was repeated every 30-60 minutes, and there was only very little improvement. Then *Arsenicum album* 30C was given and within a minute the cat sat up and vomited some foul brownish black material. The next morning the cat was up on its feet though a little tired. After a week of nursing and *Arsenicum album* 6C it went to live another year.

RESEARCH

1. Preliminary research for testing *Baptisia tinctoria* 30c effectiveness against salmonellosis in first and second quality broiler chickens

SANDOVAL, CH., MORFIN, LL., LOPEZ BB. (BHJ,87,3/1998)

The aim of this research was to compare the effectiveness of *Baptisia tinctoria* 30c and ciprofloxacin against salmonellosis in fowl. Eight hundred (400 first quality and 400 second quality) poultry birds were used. All were the same commercial brand. There were two treatments, both with four repetitions. Treatment began when chickens were eight days old; two drops/kg live weight/d *Baptisia tinctoria* or 15 mg/kg live weight/d of Ciprofloxacin. Both treatments lasted ten days and were given in the drinking water. Salmonella diagnostic tests were made on day 0, day 8 and 49 of age and death rate was when treatments had finished. Death rate values were applied and square roots transformation and a 2 x 2 factorial analysis was made.

The mortality for first and second quality fowls in the *Baptisia tinctoria* group were 0.77125 and 2.037 respectively, and in the Ciprofloxacin group 0,7245 and 2,1848, respectively. No significant statistical difference was observed ($P>0.1$) regarding treatments, only regarding different quality fowl ($P<0.01$). After comparing, *Baptisia tinctoria* 30c and Ciprofloxacin treatments against salmonellosis, it was concluded that there were no meaningful differences between outcomes.

2. Homœopathic medicine test according to the crossover design :from theory to practice.

KOSTER Dick, VAN HASELEN Robert, JANSEN Gerard, and DICKE Martin
(BHJ,87,4/1998)

An homœopathic pathogenic trial (HPT), proving was carried out using a double-blind placebo-controlled crossover method. The name of the medicine was also unknown to the volunteers. A number of subjects withdrew at the last minute, leading to an unbalanced randomisation. A strong period effect was observed, which makes results difficult to interpret. Most subjects were able to guess correctly which treatment was active and which placebo.

3. Experimental Study of Homœopathy in allergology - 2) biological studies

POITEVIN Bernard (BHJ,87,3/1998)

[This article is a translation of the original published in **L'Homéopathie Européenne**, 1997, 6. Translation by Jean LUBBOCK].

The main purpose of biological studies is to demonstrate the action of very dilute homœopathic medicines, taking into account, where possible, the therapeutic connection of similitude. High-lighting the action of these high dilutions, which have no direct toxic effects, assumes 'sensitization' of the biological substance, a condition which is present in the experimental study of inflammatory and allergic reactions. There are many products whose clinical efficacy has been observed in these reactions, either in acute pathology or in modifying allergic diathesis, as well as in the process of inflammation and chronic suppuration.

The main studies related to basophil activation, follow two separate threads:

- 1) exploring the action of highly diluted homœopathic medicines (*Apis mellifica*, *Lung histaminum*) and allergy mediators (*Histaminum*) in modifying the activation of human basophils, in relation to their use in acute allergic reaction.
- 2) study of the action of high dilutions of antiserum against IgE: on the direct activation of human basophils, which raises the question of the 'memory of water'.

The results are discussed under the heads: Histamine release; In vitro human basophil degranulation test - direct activation by high dilutions of anti IgE; In vitro human basophil degranulation test - the effect of homœopathically-prepared medicines on human basophil de-granulation; Regulatory effect of *Apis mellifica* on basophil activation; Inhibiting effect of high dilution of histamine on basophil activation; Flow cytometry;

Other biological experiments: Lymphoblast transformation test; Production of Cytokines by human monocytes; Chemiluminescence of human granulocytes; Action of *Apis mellifica* on erythema caused by UV light in albino guinea pigs.

What are the experiments done to know how high dilutions work? These have been hypotheses. These are discussed under the heads: Limitations of hypotheses involving allergology; Physicochemical studies of high dilutions; Psychoneuroimmunology.

4. Diabetes mellitus and Homœopathy

SHARMA Anita, OBERAI Praveen (CCRH,20, 3&4/1998)

This is a brief review of the researches conducted by the CCRH with particular reference to the experiments with *Cephalandra indica*. The results definitely show that *Cephalandra indica* mother tincture possesses hypoglycaemic effect and helps in mitigating the sufferings of the patients of Diabetes mellitus. No toxic effects of this drug were reported in any of the patients. The studies are continuing with the addition to study of the action of few more homœopathic drugs like *Rhus aromatica* and *Chionanthus*.

5. Clinical Research Study on Japanese Encephalitis

SHARMA Anita, OBERAI Praveen (CCRH,20,3&4/1998)

This is a brief essay on the researches conducted by the CCRH in Japanese Encephalitis, during 1991. *Belladonna* was worked out as the **Genus epidemicus** of the Japanese Encephalitis that was then prevalent in five districts of Uttar Pradesh. A single dose of 200 was given to all the population of 3,22,812 persons in 96 villages in three districts irrespective of their age which comprised the high risk group. This group formed 12% of the total population of these districts. Follow-up of 39,250 persons (12.15%) revealed no development of any signs and symptoms of Encephalitis. A total 237 patients (including 14 cases of the sequelae of Japanese Encephalitis discharged from various hospitals, were given symptomatic treatment with indicated homœopathic medicines. Here also it was observed that 68.6% of the patients were relieved by *Belladonna*.

The CCRH have formulated a protocol for further research studies in different locations.

6. Pharmacognosy of *Cytisus scoparius* Linn.

RAO Padma, RAJAGOPAL T. (CCRH,20,3&4/1998)

Cytisus scoparius is a small deciduous shrub belonging to family Leguminaceae. The green twigs are used as a heart tonic and diuretic in Dropsy, besides in Angina pectoris, Hypertension and cardiac Arrhythmias. It is also a substitute for *Digitalis*.

The study concludes that this plant has potential medicinal value.

HISTORY

1. Der homöopathische Arzt Karl Julius AEGIDI (1794-1874) (The homœopathic Physician Karl Julius AEGIDI (1794-1874)

VIGOUREUX, R. (ZKH,42,3/1998)

Karl Julius AEGIDI is considered as the most influential homœopathic physicians of the “second generation” of HAHNEMANN’s disciples.

This brief article sketches the time and life of AEGIDI.

2. Paul Dahlke (1865-1928) zum 70 Todestag (Paul DAHLKE (1865-1928) - 70th death Anniversary)

GOLDMANN, R. (ZKH,42,6/1998)

Paul DAHLKE is one of the most prolific writers among the German homœopathic physicians around the turn of the last Century. On the occasion of the 70th anniversary of his death, his little known articles in various journals are listed.

3. The Other Man who may Share Credit for the Discovery of Homœopathy

PERKO Sandra J. (JAIH,91,4/1998)

William CULLEN, the man who inadvertently ignited the spark in Samuel HAHNEMANN that ultimately led to the discovery of homœopathy. CULLEN’s professional life, his medical theories, and his place in medical history is discussed as well as the similarities and variances of his theories in Homœopathy.

4. Les joyaux de l’art et la science de l’Homoéopathie de Boger (The joys of the art and science of homœopathy of Boger)

SALAUN, P. & LENTHERIC, P. (RBH, 29, 1/1998)

This article according to the authors is an inventory of the most significant happenings in the philosophy and the techniques and the experience of C.M.Boger based on the translation of his books “Study in the Philosophy of Healing” and “The study of Materia Medica and Taking the Case”.

GENERAL

1. Zur Selbstdarstellung der Homöopathie und ihren Auswirkungen (On the self-representation of Homœopathy and its results)

GRUNOW, D. (AHZ,243,4/1998)

This is a lecture delivered by the author in the German Central Union of Homœopathic Physicians on 9 May 1997 in Regensburg.

Dr.GRUNOW disputes the impression created in the minds of the people that it is usual that correct prescribing is done in the homœopathic practice. It is not easy to find out a remedy according to the § 153. The **similie** is a rarity. HAHNEMANN has very clearly taught us the way to find the homœopathic remedy. Whether it is possible when we attempt to follow it is ultimately not in our hands. To minimise the discrepancy between what is actually practised and what is presented to the public will help the development of Homœopathy.

2. Homöopathie - Eine Standortbestimmung des Deutsche Zentralvereins Homöopathischer Ärzte (Homœopathy - A position-finding of the German Central Union of Homœopathic Physicians)

BONSCH, F. (AHZ,243,5/1998)

The Deutschen Zentralvereins homöopathischer Ärzte (DZVhA) has worked out a definition of Homœopathy which marks a clear demarcation with all other therapeutic measures. Senior homœopathic physicians have discussed the following points and come up with the definition.

1. Definition and Origin of the concept
2. Development and spread
3. Basics
 - 3.1 The Law of Similars “Similia similibus curentur”
 - 3.2 The Proving of medicines on healthy human
 - 3.3 The choice of the individual medicine
 - 3.4 The examination
4. The theory of disease in Homœopathy
5. Homœopathic medicine
6. Possibilities and limits of a homœopathic treatment
7. Literature

3. Homœopaths without Borders: The Primacy of Primary Care

BRANDS Martien (NEJH,7,1/1998)

This is survey of the poor state of Homœopathy with the medical doctor homœopaths in USA and the need to impart training. Also discussed is the need to train Primary Care especially in the African countries. Homœopaths without Borders consisting of homœopaths from Europe and USA visit the African countries and establish contact with the doctors in Africa and the former East European countries and undertake these Primary Care training.

Good work Homœopaths Without Borders!

4. Sharing Information in Epidemics: Implications for Practitioners

HOOVER Todd (NEJH,7,1/1998)

Speaking about his personal experience in three cases of Influenza, the author draws attention of the Profession to Julian WINSTON's forthcoming book on the **History of Homœopathy** wherein the Influenza epidemic of 1918 and the great successes of Homœopathy in it have been discussed in detail. The importance of sharing information is evident.

In the following part of this article an extract from Julian WINSTON's forthcoming book has been published. Certainly Homœopathy played a great role in the Influenza epidemic of 1918.

[Referring to the above article a correspondant in Letter to the Editor writes in the NEJH, 7, 2/1998 that "Even in non-pandemic years there are apparently 20,000 deaths in the US related to Influenza" and calls for communication amongst homœopaths to deal most effectively with a modern-day outbreak.]

5. Survey of the use of a Remedy Pack in General Practice

RYAN Kathy (BHJ,87,3/1998)

In the U.K. popularity of Homœopathy has greatly increased in the recent years. Postgraduate courses in Homœopathy are thriving and it is beginning to be taught at undergraduate level. A way to bring Homœopathy to wider audience is to deal with short-term conditions by the patients themselves. This is done through a kit of homœopathic remedies along with a brief but clear instructions. Dr.R.A.F.JACK has been doing this since 40 years. The idea worked well and night calls became considerably lesser.

A survey was done to ascertain the details of this method. Questionnaire was issued to 100 patients and 62 were returned. The impression is that the kit was useful.

6. Minimum Dataset for documentation of Homœopathic Practice.

STEINSBEKK Aslak, BRANDS Martien (BHJ,87,3/1998)

In order to compare data from different documentation projects of homœopathic practice, there is a need for standardisation. A group which met at a European Committee of Homœopathy (ECH) research meeting in London, made a proposal of a basis for discussion. The proposal is on the minimum data set which every study should include and which methods of effect measurements are most appropriate.

7. Homœopathic Travel Story

MURNAME Sara (NEJH,7,1/1998)

In this article the author speaks of her experience in a Caribbean town, the Malaria she suffered and her experiences in the orphanage there and the homœopathic treatment of emotional and behavioral disorders of children in the orphanage. Very interesting.

8. Die homöopathische Heilweise (Homœopathic way of Healing)
KELLER, G.v. (ZKH,42,2/1998)

This is a brief explanation of Homœopathy and its healing path. The information is meant for patients. This comes from the pen of a very experienced Homœopathy Practitioner.

9. Forum: Kreuzfeuer oder Kreuzigung? (Crossfire or Crucifixion?)
HOLZAPFEL K. (ZKH,42,3,1998)

The **European Journal of Homœopathy** of George VITHOULKAS which ran only for two years had a column titled 'Crossfire' in which debatable points were discussed. The point that was taken in this column was the so-called 'teachings' of VITHOULKAS vis-a-vis those of Rajan SANKARAN. This article analyses briefly this debate. The title of the article gives an idea of the author's views.

10. Hahnemann, Repertorisieren und der Computer (HAHNEMANN, Repertorisation and Computer)
DEGELE, N. (ZKH,42,6/1998)

For the past few years, computers have become widely used in a homœopath's everyday work, it's usage is not limited to book-keeping, moreover, it encompasses genuine homœopathic work such as case-taking and finding the right remedy. As it will be demonstrated, using homœopathic computer programmes does change homœopathic work and knowledge in an almost imperceptible manner instead of merely supporting the healer's job.

11. Impfungen in der homöopathischen Praxis - eine Argumentationshilfe (Vaccinations in homœopathic Practice - some points for arguments)
FRIEDRICH, U. (ZKH,42,6/1998)

A brief resume on the different infective diseases like, Measles, Mumps, Rubella, Diphtheria, etc. and about the vaccinations in vogue.

12. A Proposal for a 'Good Homœopathic Practice Score'
KÖNIG Peter (HL,1,1/1998)

This article argues, justly, for a uniform criteria for case presentations and papers. [See 55 of Therapeutics section of this QHD = KSS.]

13. Interview with Massimo MANGIALAVORI
KÖNIG Peter & SANTOS-KÖNIG Uta (HL,11,1/1998)

This is an appreciation and Interview of Massimo MANGIALAVORI who has been holding many Seminars in the West. He is known to present reliable cases. His manner of observing the patients and documenting verbatim what they express is very interesting. His knowledge of “small remedies” is fascinating. Remedies like *Asterias rubens*, *Solanum nigrum*, *Scrophularia nodosa*, *Nuphar*, *Mephites* - just to name a few - seem to be good and well-known friends to him.

The Interview is very interesting and gives one much to think about.

14. Does conventional medical treatment have a scientific basis?

BOL Arjo (HL,22,2/1998)

It is generally said that Homœopathy does not have sufficient scientific basis. The author examined whether the conventional Medicine has such a scientific basis. After a detailed study he concludes that medical diagnosis and treatment are influenced by culture, intra-personal and inter-personal variations. Study of many diagnostic and therapeutic techniques has shown that a great deal of studies contain statistical and methodological errors, which make the results very unreliable. Many decisions of physicians are correct, and many are not, so a lot of patients do not receive the right treatment, which has a sub-optimal result and possibly even harmful effects. The call for ‘evidence based medicine’ is only very recently, 1994, a hot topic in medical science, which makes you wonder what the supposed basis was before that time. Evidence-based medicine is a must for Homœopathy as well. If this continuous testing does not take place, critical thinking is replaced by dogmatic belief and Homœopathy will be reduced to a marginal sect instead of a vivid community with refreshing and new ideas.

15. Drug - the most important four-letter word in Medicine

KOTHARI, M.L., LOPA, M. (MFH,8,4/1998)

The authors in their characteristic manner discuss the ‘drug’ and ‘drugging’. They classify drugs under the following heads:

1. Placebo: which literally means ‘I shall please’: Something done to please everyone - patient, physician, pharmaceuticals.
2. Miserabo (Nocebo): This is the polar-opposite of placebo, “and is as effective”: the purgings, blood-lettings, massive mutilative cancer surgeries, cytotoxic drugs, irradiation, and so on, have this sledge-hammer action of hurting the patient so much that he or she has no time or talent left to think of the original problem.
3. Presumabo: The presumed diagnosis, pathology, etc. and the equally presumed medicines.
4. Vainabo: The basic vain nature of Man which keeps the drug industry make huge profits on false promises, like the aphrodisiacs and rejuvenators.
5. Falsebo: Chemotherapy, Radiation, Psychotropic drugs and their claims.
6. Fashionabo: The drugs that belong to this category are used for conditions and purposes not listed in the Pharmacopoeia but widely consumed as a fashion after some bigwig has sworn by the drug: example large doses of Vitamin C, Neurobion.

Now for the 'beter side' of the picture:

1. Symptomolysis: Ease for the Dis-ease: A person writhing with colicky pain, struggling to breathe because of an attack of bronchial Asthma or acute left ventricular failure, pain of myocardial infarction, and many more such conditions are amenable to instantaneous and adequate relief by a judiciously administered drug.
2. Replacement of a deficiency:
3. Specifically Anti-cause: Cure.
4. Procedural Agents: Diagnosis/ Anaesthetic: These drugs are related to no disease but to body's systems. Contrast dyes, by differing opacities, make the doctor see the various tracts of the body as also the most deep-seated blood vessels. Anaesthetic drugs are also procedural.
5. Physiology modulators: Most modern allopathic drugs belong to this class.
6. Microflorafluctuators: Antimicrobials

16. Diagnostique, dialogue, thérapie (Diagnosis, dialogue, therapy)
Fernando RASQUEZ (CGH, 35,10/1998)

An article read in the 51st congress of LMHI, Capri on 3rd October 1996.
The importance of diagnosis, the patient-doctor dialogue and therapy right from the time of Sydenham to our days is discussed.

17. Les Sources de la Materia Medica Hahnemannien (The sources of Hahnemannien Materia Medica)
(CGH, 35, 10/1998)

Biography of Michel Etmuller (1644 - 83). Hahnemann has borrowed a lot from Michel Etmuller especially in connection to *Aurum*, *China*, *Opium* and *Veratrum album*.

18. Réponse à un de nos lecteurs qui pose la question: qui êtes-vous? (Answer to one of our readers who asks the question: who are you?)
Jacques BAUR (CGH, 35,10/1998)

The author quotes Pierre Schmidt: "he who is only, is not at all!" Which he explains as: one who is only a homœopath would never be one, neither would one who is only a doctor. The necessity to improve ourselves in all dimensions is necessary to be someone.

19. 1996. L'école Dauphiné-Savoie a 20 ans (1996. The Daphiné-Savoie school is 20 years old)
BOURGARIT, Robert (CGH, 35, 1/1998)

20. Quelques Souvenirs... (Some memories...)
JOBERT, Jacques (CGH, 35,1/1998)

21. Elle a vingt ans (It is 20 years old)
GAMBY, F. (CGH, 35,1/1998)

The above three articles are on the completion of 20 years by the Dauphiné-Savoie school. Georges DEMANGEAT held teaching classes in his house. One day there were about 40 - 50 students in his living room, and the whole room was crowded with the students sitting wherever they could find place; this was when the idea to start a school arose. Jean-Marie MOREL initiated the idea but did not live to see the fruit of his work. This School was started 20 years back in a single room near Grenoble by Robert BOURGARIT, Jean FALEVOZ and Jacques JOBERT. This is one of the first Unicist schools in France.

22. Discours d'ouverture du 51^e congrès de la Ligue Médicale Homœopathique Internationale Capri 2 - 6 Octobre 1996 (The opening speech of the International Homoeopathic Medical League, Capri 2 - 6 October 1996)
CENERELLI Carlo (CGH, 35, 2/1998)

The speaker laments about the fact that in spite of the success of Homœopathy in children, in veterinary cases and of the homœopathic aggravation, the homœopathic effect is still criticised to be a placebo effect or is attributed to the power of suggestion on easily influencable persons. He urges that there is only way to face all these criticisms and doubts: to act coherently and logically with a reliable and irrefutable instrument - the Organon, which is still far from being outdated.

He also stressed on the importance of being an Impartial Observer in the consulting room. "The Homœopathic understanding comes with a profound understanding of the unity and individuality, that each human is an unique living being..."

He also reminiscend of his student days with Dr.Pierre Schmidt. He remembered the rigorous study of Homœopathy and of the English language. Homœopathy has contributed to the birth of healthy children, healthy enough to react to the environment which contrarily has deteriorated. He suggests that this could probably be the subject of the next congress - helping man defend himself better, improving his auto-defence capacities and to integrate himself into a progressively hostile environment. What the profession needs is research and teaching - areas in which Homœopathy should ceaselessly progress.

23. Dr.Marjery BLACKIE: Fond Memories
DEACON Max (HOM, 71/1998)

This is a touching tribute to the late Dr.Margery BLACKIE.

Dr. BLACKIE felt that the spirit of HAHNEMANN was especially embodied in the writings of Dr.KENT.

Dr.BLACKIE was the Dean of the Faculty of Homoeopathy. Shock and grief after the terrible plane crash in 1972 when so many good doctors, and nurses and pharmacists, especially young assistant Bill KADLIEGH, had a very bad effect on her health. Dr.Alan ANDREW treated her and gradually she improved. The sudden death of Dr.ASKEW hit her very hard.

Dr.BLACKIE was a great lady and a great doctor who brought honor to her profession and to homoeopathic medicine.

24. An Interview with Nuala EISING
WATSON Jude (HOM, 71/1998)

This interview is interesting in its own way. Nuala EISING who proved *Granite* says that “a remedy works in a proving in a reverse order to what occurs in normal life.”

25. An Interview with Ananda ZAREN
RIEBERER Gabriela (HOM,71/1998)

Ananda ZAREN has been in homœopathic practice since 1977. She is a well-known teacher. She says that Homœopathy works at such depths that it can influence actually the DNA. Homœopathy can start unravelling what has been stored in that level and slowly pull it out of the body. Ananda ZAREN explains her technique; she speaks of observing and interpreting the body language, the wound, the wall and the mask; also about her books.

26. Styles of Prescribing
CREASY Sheilagh (HOM,71/1998)

The author is a well-known ‘teacher’ of Homœopathy. This article is a transcript of the talk she delivered in the Society of Homœopaths, London in September 1998. After discussing the fundamentals she presents a case. A very interesting and educative article.

27. An Interview with Svetlana RIABYKH
RIEBERER Gabriela (HOM,71/1998)

Svetlana RIABYKH is from Belaruss studying Homœopathy in Ireland. After the Chernobyl nuclear accident, Homœopathy began to be practised in Belaruss. There is a good exchange of men and material between Belaruss and Ireland. SVETLANA speaks of these.

28. An Interview with Gabriela RIEBERER
CHURCHILL Nick (HOM,78/1998)

GABRIELA speaks of Women’s Conference and Women in Homœopathy.

BOOKS

1. Impfkonzepete in der Homöopathie (The Concept of Immunization in Homœopathy), LEHRKE, P., 241 S., brosch., Hippokrates Verlag, Stuttgart 1998, DM 74,- (German), review by LÖNS (AHZ,243,4/1998): “This is a dissertation in the **Albert-Ludwig-University**, Freiburg. Information about immunisation obtained through a ‘questionnaire’ from House-, General-, and Paediatricians were different from the other

non-homœopathic physicians. After a thorough discussion about the theory of the fundamental concepts of classical Homœopathy as also the view of immunisation in the classical homœopathic literature, follows a brief, pragmatic evaluation, statistics, etc. The book can be recommended to the allopaths as well as the homœopaths.”

2. Repertorium der homöopathischen Mineralstoffmedizin, SPURZEN, W. Arbeitsbuch und Nachschlagewerk mit Materia Medica. (Repertory of the homœopathic Mineral medicines, Workbook and reference work with Materia Medica), 416 S., Leinen, Sonntag Verlag, Stuttgart 1997, DM 89,-. (German) review by GEBHARDT (AHZ, 243, 4/1998): “. A large part of the book is taken up by the Repertory so that the remedy can be quickly found. Doubtless the book will interest the experienced, so that the mineral and metal could be found in the treatment of chronic diseases.”

3. Der Traum in der homöopathischen Praxis (Dream in homœopathic Practice), WHITMONT, E.C., 244 S., Burgdorf Verlag, Göttingen 1997, DM 76,- (German), review APPELL (AHZ, 243,4/1998): “. WHITMONT’s book together with the book jointly authored by him and SYLVIA BRINTON-PERERA, “Dreams - A Portal to the Source” as basis-text, can be positively recommended.”

4. Kindertypen in der Homöopathie (Children Types in Homœopathy), VERMEULEN, F., 4.Aufl., 267 S., geb., Sonntag Verlag, Stuttgart 1997, DM 59,-. (German), review by APPELL (AHZ, 243,5/1998): “In 4th edition VERMEULEN discusses 36 remedies which are useful particularly in childhood constitutional types. The book has not lost anything since its 1st edition, but rather has gone through revision and improvement...”

5. Lehrbuch der Homöopathie, Bd.II (Textbook of Homœopathy, Vol.II), KÖHLER,G. Praktische Hinweise zur Arzneiwahl, 4. uberarb. und erw. Aufl., 476 S., geb., Hippokrates Verlag, Stuttgart 1998, DM 128,-. (German), review by APPELL (AHZ,243,6/1998): “Between the homœopathic teaching and practice there is a gap and it is difficult to the newcomer to set about. There is little in the homœopathic book market to help in this regard A valuable exception is the textbook from Gerhard KÖHLER, a basic book which should not be missed in the foundation-laying, since it comes from the hands of a long and very experienced physician. . .”

6. Homœopathy: A Critical Approach, ed Ernst & Hahn, Butterworth Heinemann, 1998. £25.00, ISBN 0 7506 3564 9. (BHJ,87,3/1998) review by Galen IVES: “It is interesting to read a book on Homœopathy which has no axe to grind as a result, this one is sure to have more than its share of detractors. Falling, as it does, neatly (and deliberately) between two schools, those who are certain of the efficacy and validity of Homœopathy will dismiss it for failing unequivocally to endorse their practice, whilst the orthodox practitioner will revile it for not concluding that all Homœopathy is a sham. . . This is an extremely useful work, which I suspect will become a standard for years to come.

7. Homœopathy for Primary Health Care Team. Dr. Paul DOWNEY, Butterworth Heinemann. Oxford 1997. £16.99. ISBN 0-7506-299901. review by Kathy RYAN (BHJ,87,3/1998): “This book is written by a GO/homœopath and aims to be a comprehensive introductory text for those working in primary care. . . In conclusion this book may serve as an interesting appetiser for those members of the Primary Health-care team who wish to become acquainted with Homœopathy...”

8. Homœopathic Method. Jeremy SWAYNE, Edinburgh. Churchill Livingstone 1997. £22.50 ISBN 0-443-05926-8. review by Jonathan SHORE (BHJ,87,4/1998): “In this book aptly entitled Homœopathic Method, Jeremy Swayne provides an in-depth analysis of an approach to understanding the meaning of symptoms in the larger context of an individual life. For this process he uses the phrase ‘clinical method’ as distinct from ‘therapeutic method’ with its emphasis on the therapeutic technique or agent used in treatment. Thus the focus here is on relationship rather than **Materia Medica**. This work is an attempt to examine the multifaceted dynamics that exist between doctor, patient, and illness and to elucidate and clarify them so that they may be clinically useful to a wide range of practitioners. It is a meritorious venture into difficult territory and reflects both the breadth of the author’s experience and the depth of his insight into the currents which flow just below the surface of the daily experience of a practising homœopath. . . Overall this is a book which needed to be written and will serve well those who are able to study it carefully. It is an unusual work in that it deals almost exclusively with what might be termed ‘practical theory’. The detailed information presented here was previously unavailable in a form which could be digested by those for whom this work is intended. It is not merely a restatement of previously written books but a genuine contribution from the life and work experience of a senior practitioner.”

9. Der kurze Weg zum homöopathischen Arzneimittel. Diagnostische Kausalketen - Bewährte Indikationen. (The short way to the homœopathic Medicine. Causal chains - Proved Indications) by Willibald GAWLIK, 372 S., Sonntag verlag 1996, DM78,- (German) review by Stefan REIS (ACD,6,1/197): “Dr. Willibald GAWLIK is by his many writings and university lectures well-known as an experienced homœopathic practitioner. In the book under review he has given in various tabulated format, singular symptoms, syndromes, and clinical indications, which he has come across in his long experience. There are eleven chapters: . . . To the patient, indefatigable and experienced practitioner the book can be recommended with some reservations - he must be able to find the gold in it.”

10. Erste Hilfe durch Homöopathie, (First Aid in Homœopathy) by Manuel MATEU I RATERA, 600 S., (Taschenbuchformat), gebunden, Hahnemann Institut - Privatinstitut für homöopathische Dokumentation, Greifenberg 1997, DM 69,- (German, translated from the Spanish) review by Stefan REIS (ACD,6,4/1997): “This handy book offers real help in every emergency: Besides the usual indications (Contusion, Laceration, Fracture, Burn etc.), the rarer accidents also are covered, e.g. Snakebite, specific poisoning, or serious diseases. The book is divided into two main

headings: The first handles the homœopathic, and the emergency medical treatment of acute traumatic, toxic and similar states; the second part offers a Materia Medica to the remedies referred to in the first part. ...All in all this is a new book that can be very well recommended, and for its good binding it is not priced high. . .”

11. Neurodermitis, erfolgreich behandelt durch Homöopathie. (Neurodermatitis successfully treated by Homœopathy), EICHLER, K., EICHLER, R., 351 S., geb., Barthel & Barthel, Schäftlarn, 1996, DM 89,- (German) review by WILD (ZKH, 42, 3/1998): “At the outset the authors, father and son, two homœopathic general physicians, must be thanked for their courage to boldly expressed courage and their readiness to openly speak their successful efforts in the treatment of Neurodermatitis. . . . This textbook is intended for homœopaths in their daily practice in the treatment of patients with skin eruptions. . . . The book ends with the general suggestion for treating Neurodermatitis and the important warning against self-treatment.

12. Jahrbuch Band 2 (1995) der Karl und Veronica Carstens-Stiftung (Year-book, Vol 2 (1995) of the Karl and Veronica Carstens Foundation), by ALBRECHT, H., FRÜHWALD, M 288 S., brosch., Hippokrates Verlag, Stuttgart 1996, DM 84,- (German), review by BLEUL (ZKH,42,4/1998): “The **Carstens-Veronica Foundation** supports : Science and Research, continued further education and scientific training in respect of Natural therapy, Homœopathy and unconventional methods in Medicine as also Environment Medicine”. In this the second year-book containing 32 projects, . . . 14 of them on Homœopathy have been documented. The search of study designs suitable for Homœopathy’s individualized medicine choice (J. SIEBENWIRTH: Neurodermatitis, M.SCHMÜCK: Cycle disturbances), new attempts for explaining the action of the high potencies, theoretic (O.WEINGÄRTNER), practical (C. WITT), also controlled studies in which controlled studies of the homœopathic single medicines act in Tonsillitis (M.NUSCHE), female (I. GERHARD et al) and male (E.WALLIS), Sterility and Neurodermatitis (W.REMY et al), have been discussed in this... The individual works are all very readable, their knowledge indispensable for all, who are actually interested in homœopathic research.

13. Jahrbuch der Carstens-Stiftung Band 3 (The Carstens Year-book) Vol.3, ALBRECHT, H.; FRÜHWALD, M., 267 S., kart., Hippokrates Verlag, Stuttgart 1997, DM 84,- (German) review by FRIEDRICH (ZKH,42,4/1998): “. . . This year-book is very interesting for every reader who wants to know what the **Carstens Foundation** is occupied with. For the homœopaths nothing much in 1996, but more on Nature therapy. . . S.KRUSE’s “Homœopathy in Pædiatrics” is worth reading, . . . Another is M.NUSCHE’s homœopathic treatment of Streptococcal-angina in comparison with Penicillin therapy. . .”

14. Homöopathie - Der Erfolg gibt Recht (Homœopathy - the result right). BARTHEL, H., Klinisch verifizierte Fälle. 366 S., Barthel-Verlag, Schäftlarn, 1996. DM 98,- (German), review by SCHMITZ (ZKH,42,4/1998): “64 cases are thoroughly discussed by the experienced homœopath Horst BARTHEL in this book. There is a 7 page introduction and at the end some more pages of books recommended for study of

Homœopsych which have been published by Barthel & Narthel. About the cases it must be said that a wide spectrum of difficult cases e.g. Morbus crohn, Multiple sclerosis and Morbus Bechterew, are given. Diverse inflammatory diseases, rheumatic ailments are also found, as also benign and malignant tumors, epilepsy are some of the main cases. . . . the book reflects the many years practice of Horst BARTHEL in wonderful manner and documented very well and shows one the possibility of treating difficult chronic cases.”

15. Homöoquest-Lernkartei (Basiswissen Materia Medica) (Homœopathy study cards (Basic Materia Medica), HOLING, A., BERGMAN,F., 6 Kästen mit 3000 Lernkarten, HomöoMedia-Verlag, Münster 1997, DM 379,- (German) review by SCHMITZ (ZKH, 42, 4/1998): “Many medical students of the allopathic medicine know about cards for learning during examinations and the lack of such facility with regard to the difficult study of Homœopathic Materia Medica was felt. Andreas HOLLING and Frank BERGMANN have taken up this task and brought out a pack of 3,000 questions and answers in handy cards which should make the study of the Materia Medica easier. About 150 medicines in alphabetical order are covered in which questions on Materia Medica and important rubrics of the repertory are put forward. . . .To the beginner the Cards are not implicitly recommended, since he overstressed the questions on differential diagnosis but to the experienced homœopath the **Homöoquest** will be welcome”

16. Homöopathie bei weiblicher Sterilität (Homœopathy in Female Sterility) by REIMERS, G. 222 S., kart., Hippokraes Verlag, Stuttgart 1997, DM 69,- (German) review by FRIEDRICH (ZKH,42,4/1998): “This is a documentation of study of 42 female patients treated in the University Womens Clinic, Heidelberg. For various reasons this study is very readable: for one the results are happy, it could be seen that the homœopathic treatment of Sterility surpasses the allopathic medicine. Of course this is only a Pilot study but it has been thorough and the comparison of 21 homœopathically treated women with 21 conventionally treated women, who otherwise are comparable in respect of all other data. . . . In all, a very interesting work, worth reading by everyone who is interested in the place of Homœopathy in the context of the conventional Medicine.”

17. Krankenjournal D4 (1802-1803), Hahnemann ((HAHNEMANN’s Case Register 1802-1803). Nach d. Edition v. H.Henne, bearbeitet v. A.MICHALOWSKI, XIV, 257 S., geb., Haug Verlag, Heidelberg 1997, DM 120,- review by GENNEPER (ZKH, 42, 5/1998): “This publication which had already been transcribed by H.HENNE in 1968 has long been unavailable and now appears again in the range of the complete edition of the Case Registers of HAHNEMANN. Happily this edition has a medico-historical dissertation as a commentary. . . . That a totally errorless transcription is difficult is known, particularly this reviewer himself has experienced the difficulty. Needless errors should, however, be avoided. a study of this Journal reveals that HAHNEMANN tended to prescribe in an allopathic experience, as for example in page 184 in the prescription “on the same day 1 Laxipowder = 15 gr Jalap, and this purges.....” is seen.”

18. Der Briefwechsel zwischen Samuel Hahnemann und Clemens von Bönninghausen (The correspondence between Samuel Hahnemann and Clemens

von Boenninghausen) by STAHL, M. 319 S. kart., Karl F. Haug Verlag, Hüthig Fachverlage, Heidelberg 1997, DM 98,-. (German) review by WEGENER (ZKH,42,5/1998): "STAHL presents in this dissertation of correspondence between BOENNINGHAUSEN and HAHNEMANN to the extent they are available in the **Institute for History of Medicine of the Robert Bosch Foundation in Stuttgart**. With this he places before us important material for study in the intensive researches that went on between HAHNEMANN and BOENNINGHAUSEN. . . It contains 46 letters, 41 from HAHNEMANN alone. Unfortunately a large part of the letters of BOENNINGHAUSEN have been lost, and therefore much of the letter-dialogue appears some-what fragmentary. The letters date from 1830 to 1843 and follows BOENNINGHAUSEN's development under the eyes of the ripe HAHNEMANN. . . . A Glossary which is quite thorough forms the fourth part of the book. . . Besides brief biographies some of the concepts of those times are also explained. Finally events of greater importance like HAHNEMANN's quarrel with the "**half-homœopaths of Leipzig**", the arrangement of the repertorial rubrics, the prescription of double remedies and the suitable form of the medicine dose are discussed closely. There is an appendix containing transcriptions of some pages from BOENNINGHAUSEN's Case Registers, some correspondence with colleagues and some documents.

The book is recommended to everyone interested in Homœopathy since it gives a view of the practical homœopathic work of HAHNEMANN and BOENNINGHAUSEN.
 . . . "

19. Impfkonzepete in der Homöopathie - eine Erhebung zum Impfverhalten homöopathischer Ärzte (The Concept of Vaccinations in Homœopathy - Views of the homœopathic Physicians to the Concept of Vaccination) 243 S., kart., Hippokrates, Stuttgart 1998, DM 68,- (German) review by FRIEDRICH (ZKH,42,6/1998): ". . . In a comprehensive Introduction he writes competently on the Vaccinations, Homœopathy and the relationship between the homœopaths and Vaccinations with the help of the literature. Whether he is a homœopath or allopath the reader would agree to the objective information supported by relevant literature presented by the author. . . . The thorough practical part gives the results of the inquiry in which 500 replies questionnaire forms could be evaluated. The result of the Inquiry is not surprising: ultimately homœopaths are critically against vaccinations in contrast to the non-homœopaths. Only vaccinations for Diphtheria, Tetanus and Polio are accepted by most of the homœopaths. . . . All in all LEHRKE's enquiry and compilation of the Vaccination concept in Homœopathy contains a fund of information for homœopaths who wish to critically think of the subject."

20. Die Krebsbehandlung in der Homöopathie (The Treatment of Cancer in Homœopathy), by SPINEDI, D. 10 Audiokassetten, A.GÄRTNER, Homöopathie-Medien, Göppingen, 1998, DM 220,- (German) review by HOLZAPFEL (ZKH,42,6/1998): "Herewith is the audio tape edition of the Seminars from 27-29.6.98 held in Bad Innau. The author gives at first in a lively manner an overview of the literature regarding treatment of Cancer as in the cases by BURNET, CLARKE, GRIMMER, JONES, KENT, SCHLEGEL, and also from the recent BARTHEL, CREMONINI. . ."

21. Exercising the muscles and focusing the case, Seminar with Anada ZAREN at Basle, Switzerland, end of November 1996: Several cases of the Nightshade family (Solanaceae), i.e. *Stramonium*, *Hyoscyamus* and *Belladonna* were featured. Ananda ZAREN explained the model of the individual with her core i.e., the higher divine self, the wound which arises from traumatic events to which the individual is subjected, the wall which serves as a defence mechanism to protect the wound, and finally the mask which is usually the role the individual plays in her day to day encounters with others, in other words 'who she is not'. This wounding process and mask formation are responsible for the pathology which a homœopath encounters daily in her practice. The greatest challenge in finding the simillimum is being able to see through the mask to the wall, getting to know the real personality of the individual, 'who she is'. A keen understanding of the wall, coupled with good knowledge of the Materia Medica contributes greatly to a successful healing, which can then be effective to the core.

There were many opportunities to 'train the muscle' - not only to hear the verbalised symptoms of the patient but to observe, see and understand the patient's non-verbalised symptoms reflected in her body language, appearance, voice, etc.

Five cases were presented on the video to demonstrate the above.

22. Guide to Kent's Repertory, Ahmed Currim, M.D., Ph.D., Hahnemann International Institute for Homeopathic Documentation, ISBN 3-271-06-0. 1996. 250 pages. 148 E. Avenue, Ste 1-L, Norwalk, CT. USA. \$ 35.00 review by Jay YASGUR (HL,11,1/1998): . . . This guide consists of twenty sections of which the first 12 serve as an introduction to KENT's massive work which has served countless homœopaths the world over. In these dozen essays (25 pages) AHMED discusses KENT's original Plan', 'Problems with Existing Repertories', 'The Classification of Symptoms', 'Modification of Symptoms', 'Construction of Rubrics', and offers a number of 'Notes and examples'. . . . Chapter 'Descriptions of Pain', is the major portion of the book and is of great value. . . . This should certainly help one get a better understanding of Pain as handled by the Repertory. As the headache modalities of heat and cold are scattered throughout the Head Section, AHMED has helpfully assembled them together on one page (p.30). In the remaining chapters Dr.CURRIM offers essays on 'Special Rubrics and Cross References'. 'History and case-Taking - Basic Rules', 'Repertorisation', 'Advantages of Using the Repertory', and one of KENT's published papers 'The Development and Formation of the Repertory'. A number of diagrams are included, 18 in all, to assist the homœopath in understanding the anatomy as contained in the repertory. . . . He offers ten brief examples on how to handle various cases. . . . Much, more could be said about this, the second golden egg which AHMED has recently laid, the first being the **The Collected Works of Arthur Hill GRIMMER**. . . . The repertory expert and student alike will find this a most useful book. . . . The physical aspects of the book, binding, paper, font selection, etc., are excellent. Simply put, this book is useful to learn KENT's Repertory. It is meant to be read and studied. AHMED maintains that you will get the most from it if you sit at your desk and read it with the repertory open. He is right. This is not light reading. . . . this book should help deepen one's understanding of this and for that matter any repertory."

23. Homœopathy - in Cancer, Tumours, Warts, Ulcers, Papilloma etc. by Jiban DAS. Review by Dr.MISTRY D.E. (CCR,7,1&2/198): “Dr.Jiban DAS who is now 90 years age has brought out this slim volume of about 175 pages. . . . Dr.Jiban DAS was practising in the most poverty ridden villages and towns of Bengal. Therefore all diagnosis made by him was more or less on clinical judgement and the question of biopsies and other fancy tests were out of question. Dr.Jiban DAS’s method of remedy administration was not the classical single dose and wait and watch method, he had to give many doses in succession - many remedies in succession and also advise on supportive ancillary methods. . . . Dr.Jiban DAS has given clinical cases about 40 - treated by other stalwarts mostly from abroad. Each of these cases is instructive and worth reading. This part of the book is the best according to me. . . . The book however appears to have been hastily printed, there are printing errors and spelling mistakes in plenty throughout the book, even the Errata page appears to have mistakes. The printing however is easy to the eye, the price is reasonable and to a discerning reader much useful information is available scattered throughout its pages. The book appears to have been privately printed by relatives of Dr.Jiban DAS.”

24. The Homœopathic Treatment of Eczema, by Robin LOGAN, Beaconsfield Publishers, Ltd., U.K. 152 pages, paper back, 1998. £14.95, review by George GUESS (JAIH,91,4/1998): “Robin LOGAN has set an exemplary standard for homœopathic textbooks with **The Homœopathic Treatment of Eczema**. It is to our benefit that he has set aside his editorial duties and takes up his pen. . . . It would be a great boon to homœopathic education if Mr.LOGAN and other authors would create additional texts covering other disease conditions using the format of this fine book as a template. **The Homœopathic Treatment of Eczema** is a must reading for any homœopathic physician--novice or old hand--who endeavors to treat eczema patients.”

Review by Miranda CASTRO in **The Homœopath, 71/1998**. “. . . will be useful to students and practitioners alike. Robin’s common sense is sprinkled throughout and, as an added bonus, his unique, characteristic and gentle touch shines through and makes it more than your average textbook I can only hope that it sets a precedent for all future works on homœopathic therapeutics.”

25. Homeopathic Remedies for Dogs by Geogrey LLEWELLYN, TFH/Kingdom Books, Waterlooville, U.K. 128 pp. hardback £13.95, 1998. ISBN-1-8527-9086-5. review by Peter GREGORY (HOM.71/1998): “. . . MR.LLEWELLYN’s style or prose is easy to read, the pictures have an attraction of their own and the approach is generally light-hearted. Not for the serious student of Homœopathy to be sure, but I won’t be surprised at all if in a few months’ time the dreaded words ‘Mr.Day’s for Mr.McLeod’s book says’ are joined by Mr.LLEWELLYN’s book says’. This is usually mentioned as helpful information in deciding which medicine I should prescribe for the client’s pet, and almost without fail the owner has selected a remedy on the basis of the couple of lines devoted in it under the appropriate disease heading. Almost without fail it is wholly in appropriate for that particular patient. Need I say more?”

26. 1. *Tungsten - A Homeopathic Proving*, by Annete BOND, The Northwest College of Homeopathy, Manchester, UK, soft cover 70 pages

2. *Ozone - A Homeopathic Proving*, by Anne SCHADDE, Alethea Book Company, Seattle, soft cover, 149 pages

3. *Granite, Marble, Limestone: the Provings*, by Nuala EISING, Burren School of Homeopathy, Galway, UK., soft cover, 91 pages

“All three books follow the format set down by the provings of Jeremy SHERR, RSHom. A description of the remedy source is given, the method of preparing the remedy is described, the proving is described i.e., methodology, number of provers, etc. followed by a detailed description of the symptoms obtained. and ending with the symptomatology converted into rubrics for additions to a repertory. . . . These three books are all well produced and filled with information.”

NEWS & NOTES

I. The **NEJH, 7, 2/1998** (covered in this QHD) focusses on Neurological illness and their homœopathic treatment. The Editor of the NEJH calls our attention to the excellent books written by Dr.Oliver SACHS. Although Dr.SACHS is not a homœopath the medical anthropology in his books are of very great interest to homœopaths. “Many of his books read like amazing case studies of *Materia Medica*. In **An Anthropologist from Mars**, his introduction elucidates the nature of illness, in particular **Chronic** illness, which he describes as the expression of the individual which serves them in some fashion. He mirrors the homœopath’s understanding of symptoms as **not** random, i.e. that there is some sense to every symptom and many symptoms actually are different expressions of the **same** underlying cause. As homœopaths, our ability to perceive why and how the patient is where they are, greatly informs our ability to find the effective homœopathic remedy. SACHS then goes on to write of several of his more interesting neurologic patients and the uniquely individual manifestations of illness they present.” [Yes, reading Oliver SACHS’ writings are of great interest and benefit to homœopaths. Here are the titles of some of his other books: **Migraine, The Island of the Color Blind, Awakening.**]

II. With reference to the *Vipera* cases in the NEJH,7,1/1998 a correspondant writes in the **NEJH,7,2/1998** that a kid who had smashed his hand with a hammer was suffering from severe swelling and pain; he was holding his hand up in the air. When put down, the pain was worse. He was *Vipera* and in 24 hours there was no swelling and no pain! [This is another example that we should get out of routinism like *Arnica* for all blows, etc. It is the symptom that indicates the curative remedy = KSS.]

III. A correspondant, Rochelle JOBES, writes about the pandemic Influenza of 1918 of the US, which became ‘worldwide’ in which at least 30 million people died over the course of three waves of disease; 600,000 died in the United States. The medical establishment could do nothing . People were asymptomatic in the morning and dead 12 hours later, many of them dying from a kind of hemorrhagic pneumonia. While in 1918 it

took less than 5 months for this virus to circle the globe, today with the rate of human travel, it is thought it would take 4 days. Even in non-pandemic years there are apparently 20,000 deaths in the US related to Influenza. Those of us benefitting from homœopathic care will not have the host susceptibilities that lead to such morbidity and deaths.

The correspondant is interested to know the historical aspect of the homœopathic approach to this issue, since this arises each Fall.

The Editor, **NEJH**, calls our attention to the information available on this in his forthcoming book of Julian WINSTON - **The Faces of Homœopathy, An Illustrated History of the First 200 years**. Much of the information on this are available in the JAIH, 1921.

IV. “The American Association of Homœopathic Pharmacists (AAHP) is celebrating 75 years of leadership in the natural healthcare industry. The AAHP is a trade organization of manufacturers, distributors and pharmacists active in the homœopathic and alternative healthcare products industry. The AAHP has made great progress in bringing homœopathic medicine to the forefront of natural medicine. Today Homœopathy is practiced by approximately 3,000 physicians in the United States. Over past 20 years, homœopathic sales have seen an annual increase of twenty to twentyfive percent. Today sales are estimated to be in excess of 230 million dollars. . . “ (Extract from the letter of Eric I. FOXMAN, Secretary for the AAHP, Oregon.)

V. Relief Efforts for Hurricane Mitch, by Peter CHAPPELL. (NEJH,7,2/1998). A group of homœopaths joined together to render help and succour to the people affected by Hurricane Mitch in the Central American countries during the end of last year. It says that thousands of people were killed and many more remain homeless. In places, many roads were destroyed and fresh water supplies are limited. There is such severe devastation that it is estimated to take 20 or more years to recover. It was their worst hurricane of the century. There are increasing possibilites of epidemics of Cholera, Malaria, Dengue, Leptospirosis, etc. 1500 km. roads are impassable, 80% of crops are lost. The group of homœopaths proposed to set up training programmes to equip local people with the basic skills and the medicines needed to treat others themselves, creating a self-help network. Homœopathic medicines, unlike conventional drugs, can be reproduced on-site easily and cheaply, which means they can have virtually never-ending supplies of the medicines they need. The group have called for donations. To know more about this relief contact: Peter Chappel at Lichom@aol.com. Annie Minogue at anniem@compuserve.com [Here in India, we have suffered in Orissa the worst cyclone of the century on the 30-31 October 1999. The extent of the damage is yet to be known but it is clear that it is a ‘national calamity’. Hopefully the homœopaths here should rally round = KSS]

VI. An Experiment on the Similia principle, R.van WIJK and FAC WIEGANT in **Homint R & D Newsletter, 1997, 2:** (extract in the BHJ,87,3/1998): The essence of Homœopathy is considered to be the stimulation of recovery and healing processes, by application of remedies according to the **similia** principle. A research programme was

developed by the authors to study this fundamental principle at the cellular level. At this level, self-defence, recovery and enhancement of survival capacity, are largely dependent on the availability of 'stress proteins'.

In the current study, mammalian cells were brought to a disordered state by short exposure to heat shock. The latter was shown to stimulate survival capacity, measured as the development of tolerance, and to induce stress protein formation in a suboptimal way. Low doses of various stressor conditions were then applied. A control group received heat treatment alone. It was shown that the enhancement of survival capacity was stimulated to a larger extent in heat shocked cultures to which, subsequently, some of the low dose conditions were applied in comparison with the control cell cultures.

Stimulation of cellular defence of stressed liver cells by subharmful doses of toxicants.

VII. Are homœopathic remedies effective for delayed-onset muscle soreness? by E.ERNST, J.BARNES, in *Perfusion* 1998, 11 (extract in the BHJ,87,3/1998): The question whether or not homœopathic remedies are more effective than placebos remains unresolved. Delayed-onset muscle soreness (DOMS) is a suitable model to test this hypothesis. Computerised literature searches were conducted to retrieve all placebo-controlled trials on the subject. Eight such studies were identified. Most trials were burdened with serious methodological flaws. The randomised studies showed no significant differences between placebo and verum. It is concluded that the published evidence to date does not support the hypothesis that homœopathic remedies used in these studies (mainly *Rhus toxicodendron* and *Arnica montana*) are more efficacious than placebo in alleviating the symptoms of DOMS.

VIII. Homœopathy for Post-operative Ileus: a meta-analysis by J.BARNES, K-L. RESCH, E.ERNST, in *J.Clin Gastroenterol* 1997, 25 (abstract in the BHJ,87,3/1998): Homœopathic remedies are advocated for the treatment of post-operative Ileus, yet data from clinical trials are inconclusive. A meta-analysis of existing clinical trials was performed to determine whether homœopathic treatment has any greater effect than placebo on the restoration of intestinal peristalsis after abdominal or gynaecological surgery. Systematic literature searches were conducted to identify relevant clinical trials. Meta-analyses were conducted using RevMan software. Separate meta-analyses were conducted for any homœopathic remedies of 12c potency or placebo; homœopathic remedies of 12c potency vs placebo. A 'sensitivity analysis' was performed to test the effect of excluding studies of low methodological quality. Endpoint was to time first flatus.

Meta-analyses indicated a statistically significant ($P < 0.05$) weighted mean difference (WMD) in favour of Homœopathy (compared with placebo) on the time to first flatus. Meta-analyses of the three studies that compared homœopathic remedies 12c vs placebo showed no significant difference ($P < 0.05$). Meta-analyses of studies comparing homœopathic remedies 12c with placebo indicated a statistically significant ($P < 0.05$) WMD in favour of Homœopathy on the time to first flatus. Excluding methodologically weak trials did not substantially change any of the results.

There is evidence that homœopathic treatment can reduce the duration of Ileus after abdominal or gynaecological surgery. However, several caveats preclude a definitive

judgement. These results should form the basis of a randomized controlled trial to resolve the issue.

IX. The connections between Homœopathy and Wine by Dr. JJ VEILLARD in the **Cahiers du groupement Hahnemannien, 1997, 10.** (abstract in the BHI,87,3/1998): The **Société Homéopathique Liégoise** was set up in 1835, and presided by Georg Heinrich Gottlieb JAHR. JAHR told the story of Constantin HERING and a barrel of wine.

HERING had met a man in 1822 suffering from functional disorders, and was looking for doctors having the same opinion about his case. He had seen 477 doctors and had received 313 different diagnoses and 832 different treatments. HERING suggested that this patient should send a written description of his disease to 33 homœopathic doctors. A short time later, HERING received from this patient a barrel of 1822 wine as thanks, because 22 of the 33 doctors chose the same remedy.

HERING ended his story by saying, 'If he sees only well-educated homœopaths (because there are sadly many who are specialists in name only) he will obtain the same result.

The author of this article stresses the duty to improve the knowledge of the **Materia Medica** and the homœopathic technique. He warns against the personality cult of HAHNEMANN, and emphasizes the dangers of using metaphysics, symbolism and religion in homœopathic treatment.

X. Serious Otitis media in the child by Dr.J.ALAERTS in **Cahiers du groupement hahnemannien, 197, 10** (abstract in the BHI,87,3/1998): The physiopathology and the clinical symptoms are described. The different homœopathic remedies are quoted and the most effective, according to the author, are *Calcarea carbonica*, *Causticum*, *Natrum muriaticum*, *Pulsatilla*, *Silicea* and *Phosphorus*.

This article is illustrated by three clinical cases. MAGALI, 3 years old, cured by *Causticum*, FRANCOIS, 4 years old, cured by *Arsenicum album* and EDWIN, 6 years old, cured by *Phosphorus*.

XI. Androctonus by Dr.Ph.COLIN in the **Revue Belge 1997, 4.** (abstract in the BHI,87, 2/ 1998): A synthesis of *Androctonos*, the **Materia Medica** of the spider, is made from the following authors: ALLEN,AZAM, BONET, CLARKE,SHER and SCHROYENS.

Androctonos can be depressed, awkward, lazy, violent, aggressive, feels forsaken or lonely, confused. He wants to take drugs, he may display antisocial or delinquent behavior. He is a patient of uneven temper, and is afraid of car crashes and dreams about them during the night.

The main clinical symptoms are: the saliva is increased or absent, myoclonia, sometimes nausea, vomiting, muscular or articular pains, hypertension with cardiac failure, profuse perspiration and general exhaustion which improves on lying down.

XII. Lac caninum and clinical cases by M.SERVAIS in **Revue Belge, 1998, 4.** (abstract in the BHI,87,3/1998): The main psychological features of this remedy are recalled; antagonism with herself, delusions that she is looked down upon and she is someone else,

thinks all she says is a lie, delusions, that she is falling to pieces and she is dirty, everything seems unreal, he is hovering in the air like a spirit, delusion he is light, incorporeal; dreams of snakes, vermin etc.

Four clinical cases are described; a woman who wanted to have an operation for breast hypertrophy; another woman who had anorexia nervosa; a third woman who had endometriosis and a fourth case who had auditory vertigo.

XIII. Study of rubric: Delusion persecuted by Dr.B.LAPY in the Revue Belge 1997, 4. (abstract in the BHJ,87,3/1998): The meaning of the words Delusion and Persecuted is developed; in particular to persecute means to pursue in such a way to injure or to afflict.

The 23 different remedies, which are present in the **Synthesis**, are briefly described with the sources of each symptom.

Five clinical cases illustrate this study:

- 1) A child 12 years old, whose behaviour had changed after influenza, was cured by *Natrum mur.*
- 2) A depressed woman, 31 years old, cured by *Arsenicum album.*
- 3) A child, 5 years old, was coughing, was afraid of having his toys stolen and wanted to go from one bed to another, cured by *Rhus tox.*
- 4) A man, 43 years old, was tired, anxious and had a difficult relationship with his immediate superior cured by *Zincum.*
- 5) A child, 10 years old, had recurrent bronchitis, was quick-tempered, felt forsaken and persecuted by his family, was afraid to be alone, and could not bear to be looked at. His remedy was *Kalium bromatum.*

XIV. Calcarea sulphurica by Dr.C.QUET in **Los Echos da Centre Liegeois d'Homéopathie November 1997, 62** (abstract in the BHJ,87,3/1998): *Calcarea sulphurica* is a mixture of *Calcarea* and *Sulphur* and has symptoms of these remedies; but *Calcarea sulphurica* also has its own symptoms, in particular the presence of oozing pus; this patient is worse by heat, by cold and by wet draughts, he wants fresh air, and he is better after cold baths and by washing his face. *Calcarea* works deeper than *Hepar sulphur*, or acts when *Hepar* becomes ineffective.

The mentals of this remedy, according to CANDEGABE and Jan SCHOLTEN, is a mixture and a synthesis of *Calcarea* and *Sulphur* (children are aggressive and jealous; they think, others receive more love and attention. The main theme is delusion, the child is always asking its mother: 'do you think I am kind?') This patient wants to be recognised.

XV. Is Baryta carbonica restless? by Dr.G.JAGERSHMIDT in **L'Homéopathie Européenne 1997, 6** (abstract in the BHJ,87,3/1998): Hyperkinetic children are seen more and more frequently, after a clinical study, the author stresses the difficulty in concentration, which is one of the main features of these children. In KENT's repertory, there are only two remedies in the rubric 'Difficulty in concentration in children': *Aethusa cynapium* and *Baryta carbonica*.

We can also find *Baryta carbonica* in the following rubrics: restlessness, instability, anger, confusion, irresolution and hurry. According to Dr.JAGERSCHMIDT, *Baryta carbonica*, is often effective in the treatment of hyperkinetic children.

XVI. The Chronic diseases: HAHNEMAN and his Three Miasms, Dr.BOURGARITT in **Cahiers du groupement Hahnemannien, 1997, 9** (abstract in the BHJ,87,3/1998): HANEMANN described three Miasms and thought this discovery would be more important than the Law of Similars. All chronic diseases would eventually be cured by Homœopathy.

Then the different homœopathic schools are detailed: GRAUVOGL at the end of the 19th century, NEBEL (Lausanne) and Léon VANNIER (Paris) at the beginning of the 20th century and Henri BERNARD (Bordeaux) and Roland ZISSU (Paris). The author briefly quotes the ideas of KENT, MASI, PASCHERO and ORTEGA in America.

XVII. Myrobalans and botanical nomenclature, Dr. J.BAUR in the **Cahiers du groupement Hahnemannien, 1997, 9** (abstract in the BHJ,87,3/1998): The myrobalans are remedies from India, used in the treatment of many diseases. They were introduced in Europe by the Arabs.

Two myrobalans are described in Homœopathy: *Terminaria chebula* is used in digestive diseases with salivation and intense thirst for cold water. Pain and vertigo is also described. *Phyllanthus emblica* is used in digestive diseases with acidity.

The author tackles the problem of the identification of the plants and different names given to the same plant: for example *Myrobalans chebula* is also called *Terminalia chebula*.

XVIII. LM Potencies: 12 years of experience: F.KONIGSBERGER. in **Revista Homeopatica 1997, 35**. (abstract in the BHJ,87,4/1993): From the results of an extensive trial of LM Potencies lasting over 12 years, the author has compiled evidence that the fabled new technique of dynamisation, described in the 6th edition of the **Organon**, could indeed provide the optimum for which HAHNEMANN had searched.

HAHNEMANN aimed to develop a technique which would restore health rapidly, gently and permanently by removing and destroying the disease in the shortest, surest and least harmful way. By the end of HAHNEMANN's life, he believed that his new method of dynamization known as LM potencies had achieved this goal. However, the current use of this technique has been limited, as a direct result of the delay in publication of the 6th edition of the **Organon** until 178 after HAHNEMANN's death. Ironically, this has led to the dominance of centesimal potencies in contemporary homœopathic practice whilst leaving to history the later and more advanced technique of LM potencies.

The use of LM potencies provide many positive benefits, these include:

- Regulation of homœopathic aggravation by varying the potency with each dose
- Shortening the healing process
- Resolving the problem of choosing the correct potency
- The simillimum can be found in the shortest amount of time
- The effect of incorrect remedies will be mild
- Standardisation of procedures and results

LM potencies are succussed before each dose to avoid developing the symptoms of the remedy.

The author concludes that HAHNEMANN's final development of the dynamization can provide the most effective and mildest form of treatment.

XIX. *Urtica urens* and the dead of the father by Michael ZALA in **Cahiers du Groupement Hahnemannien, 1998, 1.** (abstract in BHJ,87,4/1998): According to Dr. Didier GRANDGEORGE, *Urtica urens* could correspond to patients who have never accepted the death of their father.

Dr.ZALA illustrates this remedy with six clinical cases from his personal practice. *Urtica urens* is not always effective and was not the simillimum in any case. Other remedies may have an effect on the problem of the father's death: *Calcarea carbonica*, *Causticum*, *Ignatia*, *Nux vomica*, *Platina*, *Sepia*, *Rhododendron*.

The **Materia Medica** of *Urtica urens* is set out drawing on T.F.ALLEN, J.H.CLARKE, C.HERING, and F.VERMEULEN. No psychological symptom is found among these authors, and Dr.ZALA concludes by recommending to test this aetiology of the father's death nevertheless.

XX. HAHNEMANN on certainty and simplicity by Bruno LABORIER in **Cahiers du Groupement Hahnemannien, 1998, 2** (abstract in the BHJ,87,4/1998): When he still practised conventional medicine, HAHNEMANN published an article about certainty and simplicity in medicine. The sanitary situation at this time is described, and HAHNEMANN's ideas about the hygiene are set out.

Afterwards, HAHNEMANN's four first books of consultations are analysed; they confirm his rules of hygiene in chronic disease; also simplicity of treatment (one remedy at a time), the lack of certainty as regards the recovery of the patients. HAHNEMANN was looking for a greater certainty about the symptoms of the remedies and about the effect of some remedies on some diseases.

XXI. *China* by Bernard LONG, in **Cahiers du Groupement Hahnemannien, 1998, 2.** (abstract in BHJ,87,4/1998): The Cinchona was first used in 1630 at the Spanish court. HAHNEMANN experimented with this remedy in 1790 and was certainly very sensitive to it.

The main symptoms are: loss of vital liquids, hypersensitivity (mind, pains), delusion that somebody has a grudge against me; theorizing; building castles in the air; and finally lack of interest.

XXII. Insights of some remedies by Didier GRANDGEORGE in **Cahiers du Groupement Hahnemannien 1998, 1** (abstract in the BHJ,87,4/1998):

Bombyx processionnaire and castration: According to the author, the aetiology of torsion of the spermatic cord should make us think of this remedy; the torsion of spermatic cord realizes a self-castration, and the processionary caterpillar is an unfinished animal, which has a stereotyped behaviour as do psychological castrated people.

Castoreum and Phimosis: A child had two operations for a Phimosis for progressive Lichen planus of the prepuce and yawned during the sleep; the remedy was *Castoreum*, the only remedy in the rubric 'yawns during sleep' in KENT's Repertory.

Dr.GRANDGEORGE stresses the aetiology of the Phimosis for prescribing the remedy. This paediatrician had never found a homœopathic remedy capable of curing these cases, in spite of the 22 remedies of the rubric 'Phimosis' in KENT's Repertory.

Ornithogallum and the Pylorus: A child, eight years old, had a lot of bronchitis, and another child, six years old, had anxiety and enuresis; both were cured by *Ornithogallum* because they had a past history of pyloric stenosis.

Oleum jecoris aselli and Rheumatoid spondylis: Two cases of Rheumatoid spondylis were improved by this remedy, which should be used more often. The main symptoms are: sacroiliac pain, small stature, and abuse of Vitamin D.

XXIII. Clinical Case of *Thuja* by P.COMBONIE in **Cahiers du Groupement Hahnemannien, 1998, 3.** (abstract in the BHJ,87,4/1998): A woman consulted for a cough lasting for three months, the main symptoms were: cold sweats during the night, desire of salt, burning face with frozen hands. The remedy was *Thuja*.

Some typical features of *Thuja* are recalled, particularly a previous history of benign tumours, the smell of sweat, aggravation from dampness, and the character of the patient: conscientiousness, uncompromising, fanatical..

XXIV. *Angustura vera: the teacher's remedy* by J.KERSTENS in **Cahiers du Groupement Hahnemannien, 1998, 3.** (abstract in BHJ,87,4/1998): The clinical case of a depressive teacher leads to the study of this remedy. *Angustura* particularly cures rheumatism with stiffness and cracking of joints. The main theme is the bitterness: embittered from slight offence; hatred bitter feeling from slight offence. This bitterness appears also on a physical level; bitter taste of the mouth, desire for the bitterness of coffee. Dizziness on a bridge above the water symbolises the difficult transition between two conditions or two conflicting desires.

XXV. The notion of listening by Alain SAREMBAUD in **L'Homéopathie Européene, 1998, 1** (abstract in BHJ,87,4/1998): A short review of the communication precedes the description of the listening during the medical consultation. After a study of the listening in psychoanalysis, the particularity of Homœopathy is emphasized comprehensive and global listening, quality of the relation between the patient and his doctor.

XXVI. Homœopathy in the menopause by Claire BIALKIEWICZ in **L'Homéopathie Européene, 1998, 1.** (abstract in the BHJ,87,4/1998): Dr.BIALKIEWICZ reminds us of the main homœopathic remedies of the menopause: *Lachesis*, *Actea racemosa*, *Aurum*, *Sulphur*, *Sepia*, *Thuja*, *Graphites*, *Argentum nitricum* and *Lilium tigrinum*

Six clinical cases illustrate the pluralist practice of the author. The article ends with the different remedies for hot flushes: *Arnica*, *Melilotus*, *Belladonna*, *Glonoinum*, *Amyl nitrosum*, and *Sanguinaria* in case of redness of the face with cranial congestion, *Jaborandi*, *Manganum aceticum*, and *Sepia* in case of hot sweats. *Sulphuricum acidum* and *Lilium tigrinum* in case of cold sweats.

XXVII. Some questions about *Thuja* by Philippe COLIN in **L'Homéopathie Européenne 1998, 1**. (abstract in the BHJ,87,4/1998) The *Materia Medica* of *Thuja* was never translated into French from T.F.ALLEN's **Encyclopaedia**. Several symptoms which are underlined by T.F.ALLEN and HERING are missing in the French *Materia Medica*: the depressive symptoms, and the very important obsessions. Sneezes and Boils, Eczema and Rash and periodicity of the symptoms are also quoted by HERING. A clinical case of pollenosis cured by *Thuja* ends this article.

XXVIII. Animals tears by Jacqueline PEKER in **L'Homéopathie Européenne, 1998,1** (abstract in the BHJ,87,4/1998): The author, who is a vet, starts with the significance of the animal's tears: silent language of the pain, but also anger, emotion, happiness, etc. The main remedies are illustrated with clinical cases. *Platina* (cat), *Pulsatilla* (dog), *Sepia* (cow), *Ambra grisea* (dog), *Natrum muriaticum* (dog).

A marvellous poem about the suffering animals ends this very interesting article.

XXIX. The Paediatrician and Time by G.COQUEREL in **L'Homéopathie Européenne 1998, 2**. (abstract in th BHJ,87,4/1998): Curing the mother and her child in the present is making use of the past to prepare for the future. Several children's types are described; *Aurum metallicum*, *Anacardium*, which can be very angry, *Capsicum*, *Cocculus*, which does not like to be scolded, and can get angry until he faints, is tired from lack of sleep, or *Conium* which is, according to the author, between *Lycopodium*, *Arsenicum album*, and *Argentum nitricum*.

The mother's behaviour may make one think of *Phosphorus*, *Argentum nitricum*, *Aceticum acidum* or *Nitricum acidum*, which are afraid of disease, and *Cocculus* or *Anacardium*, which have difficulties in parting from the child.

XXX. *Lac caninum* by J.LAMOTHE, in **L'Homéopathie Européenne 1998, 2**. (abstract in the BHJ,87,4/1998): The author studies the dog's behaviour and compares it to man in order to explain the two main psychic symptoms of *Lac caninum*; the dog hesitates, wavers between its instinct, which brings it closer to the wolf, and its intelligence, which makes it one of the best friends of the man, hence the symptom's antagonism with herself. Furthermore, the dog will never be the equal of man, hence the explanation of the symptom 'contemptuous of herself'.

This hesitation is found also on the physical level, with the symptom 'alternating sides'.

Some other symptoms are: underlined, among them: phobia about snakes, fear of disease, fear of failure, recurrent tonsillitis, tonsillitis during the menses, torticollis, warts on the fingers, children screaming during the night.

XXXI. *Ferrum metallicum* by D.SAELENS in the **Revue Belge 1998, 1** (abstract in the BHJ,87,4/1998): The background, the toxicology and the **Materia Medica** of this remedy are presented. The issues of *Ferrum metallicum* deal with strength, strengthlessness, or imposing one's will on others. *Ferrum metallicum* is given to people whose anxiety is drawn from the fear of lacking strength to protect themselves they make their friends or

relations responsible for their problems. This can be noticed in children whose parents allow them to do what they want, in children who impose themselves without opposition, or in abused children.

XXXII. BOGER's Homœopathy by P.SALAUN, P. LENTHERIC in **Revue Belge, 1998, 1**. (abstract in the BHJ,87,4/1998: This article is a summary of 'Studies in the Philosophy of Healing' and 'The Study of Materia Medica and Taking the Case' of CM BOGER. The authors present BOGER's technique and philosophy of Homœopathy. A little repertory and several clinical cases and this article and illustrate very well-known remedies (*Pulsatilla*, *Nux vomica*, *Kali bichromicum*) or remedies to re-discover (*Colchicum*, *Gymnacladia*).

XXXIII. Intercellular transmission of information by L.M.VINCENT in the **L'Homéopathie Européene, 1998, 2** (abstract in the BHJ,87,4/1998) The communication between the cells is classically due to molecules, such as hormones or neurotransmitters. However, a careful examination and several experiments show that information is connected to a physical signal of electric or mechanical nature; therefore, not linked to the presence of molecules. For instance, between men, the same message can be carried by optic ways, electric or electromagnetic means and also written on a sheet of paper.

XXXIV. *Rhus toxicodendron* by LAMOTHE in the **Les Echos du Centre Liegeois d'Homéopathie, 1998, 64** (abstract in the BHJ,87,4/1998): This well-known remedy is studied in a very complete way. The main themes are motion (rheumatic pains), exhaustion (fevers), detachment (of the skin, herpes), family (great affection for one's family or feeling of threat from one or several members of the family), and wandering (escape from relationship, wants to walk quickly).

Rhus toxicodendron must move a lot and by making himself known as little as possible.

XXXV. Economic effectiveness research in Homœopathy: a Conference of invited international Guests held at Barnet Hill Conference Centre, Guildford 22-23 May 1998 under the auspices of the Homœopathic Trust. (Report in the BHJ,87,4/1998). The Conference opened with five formal presentations: Dr.VAN HASSELEN (RLHH), London emphasised the growing need for economic analysis of Homœopathy, and reported his own study measuring the direct treatment costs for patients with rheumatoid Arthritis attending the RLHH. Dr.Gilles CHAUFFERIN (Boiron, France) described a macroeconomic analysis in which centralised health records were used to demonstrate the cost savings achieved by treating ear, nose and throat (ENT) problems with Homœopathy compared with conventional medicine. Dr.F. de CHARRO (Erasm University, Rotterdam) presented a protocol being developed for an economic analysis study of Homœopathy for Migraine. Dr.H. WALACH (Albert-Ludwigs-Universität, Freiburg, Germany) described a current study in which the outcomes of Acupuncture and Homœopathy in Primary care are being measured over long-term follow-up. Prof. M. BUXTON (Brunel University, Uxbridge,UK) discussed the recognised methods of

economic analysis used in conventional medicine and stressed that the same methods can be applied to Homœopathy.

The two major themes were 'why' and 'how' to perform economic analysis. The purpose of economic analysis of Homœopathy is to increase its availability to all patients who can benefit from it. The ideal would be full integration of Homœopathy so that it is provided both by the health service and by provident societies. Homœopathy has great potential for savings in drug costs and other health care costs, though careful analysis will be needed to demonstrate that those advantages are not outweighed by the greater costs of practitioner time. At the present time, the world literature contains only three studies of any form of economic analysis of Homœopathy.

The basic research methods for economic analysis are no different for Homœopathy than for conventional medicine. Applying the standard methods to homœopathic research studies should be designed carefully to collect the appropriate data for the analysis, and to consider whether Homœopathy is in addition to substitution of conventional care; all costs should be measured which may be expected to differ between the two groups.

In summary, homœopathic researchers should not be daunted by the thought of economic analysis, but on the contrary should embrace it for the sake of the future of Homœopathy. The conference delegates agreed to undertake various collaborative initiatives over the next 12 months and meet again to review progress and further action.

XXXVI. Promoting Homœopathy. Dr. Bob LECKRIDGE in his Editorial (BHJ,87,3/1998) discusses 'promotion' of Homœopathy. Since more and more people are seeking homœopathic treatment, increasing number are recommending it to others, it is necessary to promote both within homœopaths and outside. The outside include medical researchers, educators. We need to promote the benefits of continuing medical education.

In a Guest Editorial in the same issue, Robert A. VAN HASELEN writes about the Randomised placebo-controlled trials of Classical Homœopathy. "Since the Linda et al meta-analysis, some of the most rigorous trials of Classical Homœopathy ever conducted were published, all of which were negative, with the exception of one smaller trial." The author argues that this does not mean that experimental epidemiology and Classical Homœopathy are incompatible. "Once we have a better understanding of the issues involved, we may be able to overcome some of the problems. Ultimately we should bear in mind that experimental and observational epidemiology have a complementary role in answering equally important but different questions concerning Classical Homœopathy."

XXXVII. TXU (Anti CD-7)-Pokeweed anti-viral protein as a potent inhibitor of HIV. In a letter to the Editor (BHJ,87,4/1998), Mimi IRWIN refers to an article with the above title in the **Antimicrobial Agents and Chemotherapy, 1998. 383-388**, and brings to our attention that homœopathic practitioners have long used the plant *Phytolacca americana*. "In 1988, after Dr. Peter FISHER suggested to me that *Phytolacca* might have a place in the treatment of AIDS, I wrote a paper: Acquired immunodeficiency syndrome: is *Phytolacca americana* homœopathic to the acquired immunodeficiency syndrome? I concluded that the Materia Medica of *Phytolacca* shared some important features with the clinical presentation of AIDS. In my research for this paper I did not come across some

previously published articles which described the antiviral activity of *Phytolacca* against plant mammalian viruses. It has been known since the 1970s that Pokeweed Antiviral protein (PAP) inhibits the transmission of tobacco mosaic virus in plants. Later it was found that PAP has an inhibitory effect on Influenza virus, Polio virus, Herpes simplex and HIV-1. PAP is a ribosome inhibitory protein which is derived from the leaves and seeds of *Phytolacca americana*.

When PAP is conjugated to antibodies specific to cell surface receptors the antiviral activity of PAP is much improved and highly cell selective. This conjugate inhibits HIV-1 replication at picomolar concentration. Fortunately the proliferation of normal CD4 T cells is not inhibited at these concentrations. The conjugate has been used **in vivo** in mice and cynomolgus monkeys, with no significant side effects."

XXXVIII. An Obituary of Dr.med.Ernst H.SCHMEER (3 August 1921 - 21 December 1997), of Munich, Germany, by Dr.Will KLUNKER. (ZKH,42,2/1998): Dr.SCHMEER came to Homœopathy in 1949. His first teacher in Homœopathy was Dr.Alexander GRAF (1901-1972), a Toxicologist who used very low potencies, mostly on toxicological basis. There were not many books in those days, except perhaps those of MEZGER, STIEGELE, STAUFFER. An eventful turn in his life was his contact with Dr.VOEGELI, a well-known classical homœopath. SCHMEER's eyes and ears were opened to genuine Homœopathy. SCHMEER liked the so-called 'fringe' therapies. He was very close to the late Dr.Herbert FRITSCHKE. [I had the privilege of knowing Dr.SCHMEER through correspondence. He also delved deep into the history and bibliography of HAHNEMANN and HERING. He never failed to reply to my letters and clear some of my doubts and also send me reprints of some of his interesting articles which were similar to those of William GUTMAN. When he was bed-ridden and could not write, his wife was gracious enough to inform me of his condition.=KSS.]

XXXIX. Report on the 1. International Homœopathic Congress for Chronic Diseases, Frankfurt, 11-13 September 1998. (ZKH,42,6/1998): The participants had great expectations on seeing the programme which amongst others mentioned SPINEDI, ZAREN, SCHOLTEN, MASI-ELIZALDE, ALCOVER-LILLO, KRISHNAMURTHY as main speakers. However,with the exception of three (KLUNKER, SPINEDI, ZAREN), the other speakers were a disappointment. These three have sincerely did their best to convey the results of their experiences. SPINEDI who learnt from KÜNZLI spoke on "the modern homœopathic treatment of chronic diseases", with some of his cases. KLUNKER spoke on the Miasms concept of HAHNEMANN based on the fundamental principle in § 3 of the **Organon**. ZAREN presented a Video documented case of a 7-year-old girl with Neurodermatitis and bronchial Asthma, in which the patient received only one medicine throughout the course of the treatment over a few years, and it seemed that she had grasped HAHNEMANN's basic rules. The remaining lectures were disappointing, most of them were theoretical-philosophical, and which perhaps would have made HAHNEMANN turn about much in his grave.

XL. Nepal - What to do when there is nothing much: Ortrud LINDEMANN, Cardedeu, Spain writes about the work he and some twelve of his colleagues have been doing in Bhaktapur, Nepal, since two years, in organising teaching of classical

Homœopathy to some. Each of these 12 ‘teachers’ visit Nepal for a month every year and teach and treat the population with classical Homœopathy. The response and results have been very encouraging as also the experience very happy. (HL,11,1/1998)

XLI. London College of classical Homœopathy International has been conducting training programs in Croatia, Czech Republic, Hungary, Romania, Bulgaria and Malta. They are actively considering starting up others in ex Yugoslavia, Moscow, and elsewhere. In Bulgaria, Malta, the Czech Republic, Croatia and other countries there are emerging societies which embrace doctors and non-doctors together. In almost every country there is a majority of non-doctor students, but nowhere only non-doctors. Co-operation between these groups is often very good. (HL,11,1/1998).

XLII. Report on Seminar with Massimo MANGIALAVORI, in Wageningen, The Netherlands, 31 October to 2 November 1997. (Corrie HIWAT, in HL,11,1/1998): Massimo MANGIALAVORI studies remedies as a group or as a family. He studies their common features and then the individuality of the particular remedy, its characteristic. In this Seminar he presented some remedies of the Compositae, *Arnica* as the representative. It is important that he does not mean only the botanical family, but the homœopathic family. Every remedy presented was introduced by a mythological story. The ancient history of the name and the use of the plant was given, which gave a deeper understanding of the remedy. The material presented in the Seminar was profoundly studied, well-prepared and highly interesting. A note of small criticism is that all was so well prepared for the student, that hardly any participation was required.

XLIII. About 1.3 million poultry birds, ducks, geese, pigeons and quail, etc. were put to death mostly by asphyxiation with Carbon dioxide in Hong Kong in the last week of December 1997. A ban was also imposed on the import of fresh poultry birds from mainland China. This was because of the Chicken Flue. There on for this mass-scale panic killing was the death of four persons with a fever designated as bird-flue, caused by a virus which is normally confined to birds, and are not expected to cross over and infect humans. Tests of chickens randomly selected did not reveal the presence of this virus. (MFH,8,4/1998)

XLIII. Report on Seminar with Alize TIMMERMAN, at Tauranga, New Zealand in October 1995. (Julian WINSTON, HL,11,1/1998): Alize treats many cases of Multiple sclerosis (MS) in Holland and used some of these cases to illustrate what you can and **can't** do with Homœopathy. Most of the MS cases are stuck and you will find no modalities to prescribe upon. (One sided cases vide § **Organon**). All the symptoms are hidden and when you begin treatment the patients become, outwardly, sicker as all their hidden symptoms begin to emerge. In many cases of MS there is a tendency toward inflammations. The patient is always afraid of inflammations because the disease always gets worse at those times. In many cases of MS **HERING's Law** seems to be on the reverse, but that is the ‘disease’ moving in the allopathic sense, but in terms of physiology it is according to the Law. In dealing with case-taking and case management, we must remember chronic disease is all about the forgotten history, the forgotten story. MS is a

compensation to forget things. When you are not conscious about things, you go into the sub-conscious, which produces the symptoms. As soon as the patient can tell you why he has the disease they can get better. Aggravations are always a problem for MS patients because they don't trust their body, they think they are incurable because they have been told they are incurable.

ALIZE said that when the same remedy comes up in the acute and the chronic state then you are looking at the whole! When the remedies are different for the two states, that what you are looking is fragmentary. ALIZE said that the practitioner should have an attitude of altruism. They must remain neutral, no ego-tripping ('I want to find the remedy for the patient!'). The minute you think, 'I'm going to heal that patient' your capacity is diminished.

Sick people cannot express themselves appropriately. They are blocked from their own objectives. They are blocked in their properties. Therefore, the objective of treatment is to de-block, create achievable goals, and create a purpose in life. 'You are treating the patient to become more of themselves. You are treating the Dynamis, which is not moving. Get the Dynamis moving. Remember § 9 of the **Organon** which says that when everything functions harmoniously you don't need the remedy.'

XLIV. In its 'regular' column titled **Nature Notes** the MFH,8,4, & 9,1/1998 recalls some very relevant and interesting things with regard to our erroneous ideas about 'nutritious diet'. The Editor refers to the UNICEF Report on **The State of the World's Children 1998** that the scourge of malnutrition is not linked to poverty. He refers also to a 'well-documented actual account of the early 90's upto the end of the 1914-18 World War I, titled the **Eight Poison Squads that Cry for Help** (excerpts in the article are from the book **The Science of Eating** by Alfred W.Mc.Cann, Garden City Publishing Company Inc. Garden City, New York, 1918, p.169-177.), which discusses the first of the eight episodes of mass deaths and disabilities from an abundance of food but malnourished. The Editor observes rightly that "Artificial fruit flavours made from coal-tar, ethers, esters and aldehydes to resemble the flavour of such fruits as the peach, banana, pineapple, strawberry and apple have not only no nutritive value but are dangerous in many instances because they are used to disguise otherwise inadequate foods to make them palatable." The first case is **The Madeira-Mamore Case** which is about four thousand men employed for the construction of a 232 miles long railway line connecting Bolivia with Brazil. Many of the 4000 men literally starved to death on a diet of white bread. When the history of this holocaust was written by the engineers connected with project, all references to the deaths was deliberately blacked out. The excerpt from the book further says "It is a curious fact that thousands of healthy monkeys played around the Madeir-Mamore camp where human beings were dying by the score. The monkeys lived, enjoyed life and maintained their energy and activity on a diet of tropical fruits and nuts. The food of the monkeys was available, but the men who even as labourers had conceived astonishing ideas of class distinction, had already dubbed it 'Monkey food'. In their reluctance to subsist on 'Monkey food' they rejected what would have saved them. With respect to his food man has ever been a contradiction and a fool." [It is relevant to quote the 'motto' of the poet GELLERT which HAHNEMANN put on the title page of the I Edition of the **Organon**:

“The Truth we mortals need

Us blest to make and keep,

The All-wise slightly covered o’er,

But did not bury deep” = KSS.]. In the II part of this essay, recipe for baking a good quality one’s own bread is given.

XLV. For troublesome enuresis the modern mechanically oriented allopaths have a mechanical solution. Children suffering from incontinence of urine are helped by taking a small biopsy of the cartilage from the ear of the patient, cultivating it in the laboratory mixed with a liquid polymer and injected under the ureter or directly into the urethra. Once injected the liquid polymer turns into a rigid mould and the cartilage, a naturally elastic material establishes itself in the required position. The urethral placement was done in adults with poor muscle control, and in the ureter in children. This method is also in use to repair damaged knees by tissue growth routinely in the laboratory.

Compare this cumbersome mechanical repair to the homœopathic treatment of urinary incontinence. (MFH,8,4/1998)

XLVI. An item titled **Nintendo Capitalism:** in the MFH,9,1/1998, says that Information Technology is shattering our economy, shrivelling our society and shredding our environment. It says that since 1973, 43 million jobs have been lost, largely to forms of technology, either to robotics directly or to computers. Today there is no such thing as a life-time job, there is no such thing as a career for most people any more. The jobs that are done-away with are deskilled, or they are disposable jobs. There are “expert systems” to take jobs away from doctors and judges and lawyers. The machine is capable of shredding these jobs as well. It is not just the jobs, but the “Nintindo Capitalism” that now operates in the world. Four trillion dollars a day is shuffled around the earth as megabytes. This is entirely artificial economy that has no goods and services. There is no new wealth created there. With the result that we now have is an apartheid society, with growing gaps between the rich and the poor, and the rich cocooning themselves from the effects of the poor. Further damage, which nobody seems to pay attention to is, the shredding of the environment, the destruction everywhere of the natural world. But the technology is an even darker effect, because it is enabling us to conquer nature.

XLVII. The Editorial of MFH,9,2/1998 bemoans the poor quality of Homœopathy practised by a majority of the homœopaths while homœopathic medical colleges are increasing here in India every year. **There is no denying this.** The Editor also rightly speaks of the meaningless post-graduate (M.D.) degrees in Homœopathy that are increasingly being offered in the homœopathic colleges while genuine researches and thorough provings of many remedies not well proved but in clinical use, up-dating of text books and reference volumes like the repertory are all ignored. The scenario is not a happy one, indeed.

XLVIII. The MFH, 9,2/1998 reports of a News report in the Times of India, 26 July 1998, that in Bhagpat in the U.P. State, there were six cases of Polio in children who had been already immunised, including the Puls Polio vaccination. The MFH also recalls

that long before the Salk/Sabin vaccinations came on the scene Homœopathy has been successful in immunisation of Polio with the homœopathic remedies like *Gelsemium* and *Lathyrus sativa*.

XLIX. Dr.K.N.KASAD pays moving tribute to Dr.M.D.PHALNIKAR who passed at 88 on March 1998. PHALNIKAR commenced his practice in Allopathy and later acquired Diploma in Gynaecology and Obstetrics. He worked during the day and studied at nights. He wished to have his own Women's hospital, but fate willed that he turn to Homœopathy. He came into contact with the late Dr. L.D.DHAWALE father of the late Dr.M.L.DHAWALE who pioneered Homœopathy in Bombay. Along with Dr.L.D.DHAWALE he founded the Homœopathic Post-Graduate Association whose aim was to train doctors in Homœopathy. Along with Dr.KN.KASAD, DHAWALE, he was associated with the Institute of Clinical Research(ICR). He was a voracious reader. Towards the last about 7 months of his life he went into a depression with a feeling of loneliness and abandonment. (NJH,7,2/1998)

XLX. Dr.Sandra CASE writes, in the Editorial of the JAIH,91,3/1998, that traditional medical practice in the US is facing many challenges, including those having to do with medical legal issues. Medicare reimbursement, third party payers, and managed care, Alternative medicine has its own challenges to face, in addition to those mentioned above, such as basic and clinical research and patient outcome studies. The largest challenge to medical practice is the Evaluation and Management Documentation Guidelines, which comprise almost 50 pages of charting regulations! . . . "One elderly woman, a long time patient, said, "Why are you writing something down already ... we haven't even done anything yet!" I told her I was just trying to satisfy my Government that I was taking proper care of her by treating the chart." It is feared that physicians will be unjustifiably punished for fraud and abuse investigations as a result of simple coding errors.

XLXI. Nicholas NOSSAMAN writes the **Obituary of Dr.Edward Christopher WHITMONT** who passed away on September 21, 1998. Dr.WHITMONT was born in Vienna on 5 December 1912 to Jewish parents. After the medical graduation he studied with Dr.Karl KOENIG Anthroposophical medicine. He was also actively in politics and the 1930s were such that he had to flee. He came to the USA in 1938 and studied with Dr.Elizabeth Wright HUBBARD. He was a founding member and Chairman of the C.G. JUNG Training Center of New York and board member of the New York Institute of the C.G.Jung Foundation. His books, all of them are very well known, are: **The Symbolic Quest, Psyche and Substance, Return of the Goddess, Dreams - A Portal to the Source**, and lastly **The Alchemy of Healing: Psyche and Soma**. His goal, late in his life, was to teach homœopathic specialists about the importance of depth psychology in the healing process of the individual, as well as to teach analytical psychologists the value of incorporating homœopathic thinking and consultation in the care of their patients. It is truly awesome to regard the massive number of lives, on a professional and personal level, which have been touched in some way by Dr.WHITMONT. Dr.WHITMONT has left both the Jungian and homœopathic communities with an enormous legacy: his

pioneering work in the integration of analytical Psychology, Homœopathy, modern Physics, Mythology and Alchemy has illuminated our path in the quest for understanding of health and healing for decades to come. In a life's work congruent with the literal meaning of his middle name, he has inspired all of us to enlist this understanding in our service as "midwives" in the birthing of our patients and to the full awareness of ourselves as individuals.

The Editor of **Homeopathy Today**, Vol.18,2/1998 writes that Homœopathy is under much threat in the USA. The unlicensed Homœopathy practitioners there face legal action. The **North American Society of Homœopathy (NASH)**, is fighting this cause.

PART - III

[Peter BARTHEL of **Freies Forschungsinstitut Peter Barthel, Institut zur Erforschung der Pflanzenkräfte**, Zum Quelenpark 38, D-65812 Bad Soden a.Ts. (Germany), is a crusader for genuine source material for the preparation of homœopathic remedies. He has many published articles to his credit in the German and the British Homœopathic Journals. The following is about *Sanicula aqua*. I hope that this will kindle interest in the minds of the readers to ensure that the medicines they use are genuine = KSS.]

***Sanicula aqua* - THE AMERICAN INDIANS' LEGACY**

Peter Barthel

Many hundred years ago the *Sanicula* Mineral Springs were regarded as marvellous in its healing qualities by the Indians.

Out of the solid rock near the south bank of the Illinois river, directly opposite the mouth of the fox river, issued in large volumes and in great force the pure and sparkling water of the famous Ottawa mineral springs. Somewhere in its passage through the rocks, nature's own laboratory imparted to it a happy combination of mineral solids and passes, amounting to over 170 grains to the gallon, sufficient to give it a marked but very agreeable mineral taste and valuable medicinal properties of a high order.

In its action on the system it was a laxative and diuretic, an efficacious remedy for kidney and urinary complaints, and for dyspepsia, constipation and diseases of the stomach, liver and digestive organs.

Hundreds of cures have been effected by its use.

Sanicula aqua was well known by the homœopaths all over the world.

In 1877 the **Sanicula aqua Mineral Springs company** was established. It became a very profitable increasing business. The water was sold in bottles and at the shore of the river also a spring bath-house was conducted.

The damming of the Illinois river for navigation in the year 1932 raised the water level to the point where it overflowed and contaminated the waters of the famous old spring.

50 years later the waters were finally buried under concrete for the **Veterans Memorial Bridge**.

I asked local residents and they still remembered the old bath-house. A plate under the highway bridge gives a hint to the location.

A rumor is spread that there exists a side-arm of the *Sanicula aqua* spring.

My thorough investigations in Ottawa, Ill. libraries, with the Department of Water-supply and detailed chemical analyses showed that these waters have very different ingredients and nothing in common with the mineral waters.

The *Sanicula aqua* - a famous legacy of the American Indians - is destroyed and lost.

[How sad - “ The *Sanicula aqua* - a famous legacy of the American Indians - is destroyed and lost for ever! How do the homœopathic pharmacies manufacture now the *Sanicula aqua* medicine, what is the source? Only very recently, in the **European Journal of Homœopathy, Vol.2, 5-6/1996**, there was a very interesting ‘drug picture’ of *Sanicula aqua*. We wonder whether the *Gettysburg water* and *Skookum chuk* waters are available or have the same fate of modern development, buried! = KSS.].

Cœur et psychosomatique

LAFORGUE D (CGH, 35, 9/1998)

A.Observation

Mrs F., 40 years, came to consult on the 14th October for palpitations which occurred in the context of a professional over-work.

In fact, the “pushed” interrogation brought out that the patient had consulted an osteopath in the end of September for a state of stress and ill-defined anguish. A gentle manipulation had then been done (at the level of the nose), which had completely ameliorated the anguish... but the palpitations had appeared in the following days...

On Holter examination:

1. Paroxysmal tachyarrhythmic crises on the base of an important sinus bradycardia (40 mn)

2. Especially the double ventricular extrasystoles, very awkward, better by the sitting or lying position. She also had a small mitral prolapse but maintained good left ventricular function.

The hospital proposed the implantation of a pace-maker, in combination with an anti-arrhythmic treatment under cover of an anti-coagulant... at the age of 40 years.

The criteria for prescription were:

- The modalities for palpitation: aggravation by sitting and lying position and the amelioration by walking were generalised into amelioration by movement and aggravation by rest.

The patient slept normally, and wasn't woken by her palpitations.

- Taking into account the over-work, and

- The osteopathic manipulation

made me prescribe Rhus-tox 7 CH and 9 CH, two doses spaced at 4 days, along with a weak dose of aspirin because the thrombo-embolic risk was not nullified.

The patient called back 8 days later: no amelioration.

She returned on the 28th October: what was new, was that she was woken up at night between 2 and 4 hours by palpitations, with the sensation that the heart was going to explode.

But this time, the modalities had changed, her palpitations were aggravated by movement, while rising, walking, lying on the left side.

When she lay down, her heart beat faster than when she got up. The crisis of palpitation were triggered now particularly on awakening, accompanied by a strong desire to urinate, which validated a second prescription of *Lycopus* 7 CH (violence of “palpitations”, aggravation of cardiac symptoms by exercise and after sleep, urinary concomitant).

New failure, the patient returned on 22nd November. The interrogation finally turned towards the patient and not to her symptoms:

The patient presented a state of significant tiredness when she is in a crisis and to this fatigue is associated a very strong chilliness.

Moreover, she always had the desire to be outside, to respire.

She had a strong tendency to feel guilty, not only herself, but to make others feel so too; to the extent that, working in a commercial enterprise she felt responsible for the incompetence or the impoliteness of her colleagues towards the customers.

She dreamt of catastrophes, in particular falling from an aeroplane.

She panicked when she had the arrhythmias, but did not want to hear the talk of hospital.

She lived alone, but did not search for company during the crisis.

The arrhythmias always occurred in the sitting position, at night and on awakening.

Especially, the symptom which attracted my attention the most was the contrast between the state of relative well-being and the absence of palpitations, and an extreme fatigue from the least attack of arrhythmia; it was as if one palpitation was enough to make her feel exhausted or still as if each palpitation was accompanied by exhaustion, exhaustion which disappears as soon as the heart regularises.

This disproportionate fatigue in relation to its cause (palpitation) directed me towards *Arsenicum album*, confirmed by the other general signs.

Arsenicum album 15 CH, one single dose put an end to her arrhythmias with two months of recession, which was still weak (but much more comfortable...) and kept her off, at least for the moment, the implantation of a pace-maker.

B.COMMENTS

1. Criticism of the inadequate prescriptions

Rhus-t had been prescribed on the amelioration by movement and the aggravation from rest which was an improper generalisation of the modalities described by the patient (aggravated while sitting and ameliorated when walking). In fact, in the repertory, *Ars alb* is aggravated in the third degree by the sitting posture, and ameliorated in the second degree by walking (cf. generalities)

She had also been prescribed on the idea of an osteopathic trauma when it was more an energetic action than a really traumatic action.

2. The prescription of *Ars alb*

a) It is interesting to note that this prescription was made without taking into account any symptom of anxiety, which had totally disappeared after the osteopathic treatment. Yet, the fear of hospital can be sometimes compared to the fear of death.

b) The patient was *Ars alb* from the beginning and the suppression of anxiety had only made the other symptoms of *Ars alb* come out, of which were the modalities of nocturnal aggravation and aggravation on awakening.

3. The after effects of suppression of anxiety resulted...

in the appearance of rhythmic troubles, a perfect illustration of a SOMATISATION, of a fear.

a) In homœopathic consultation, we are often confronted with symptoms which are nothing other than SOMATISATIONS or displacement of a fear to which neither we nor the patient, straightaway have access, and which it will be necessary to detect in order to prescribe well. It is thus that the need to urinate accompanying the crisis of arrhythmia can be an equivalent of fear...

b) There is a rubric in the Broussalian translation of Kent in "Generalities", physical symptoms alternate with mental symptoms, rubric which must be remembered in somatisations. *Ars alb* is not in the rubric, but Kent has put it in remedies presenting alternating symptoms, rubric which is just below and which probably could also suit certain somatisations... (?) to be seen.

C. Conclusion

Similar to the suppression of discharges, or the suppression of eruptions, suppressions of fear can also have a negative aspect, interiorising a disequilibrium and fixing it deeply. The anxiolytic aspect, if this is often beneficent, can be unfavorable if one does not respect the energetic globality of the patient. Energetic medicines, osteopathy included, must respect this globality which while removing the too selective actions can have an action of suppression of symptoms.

In Search of the Later Hahnemann

By Rima Handley, Dphil, FSHom

Beaconsfield Press, Beaconsfield, UK, 235 pages,

\$29 US; £15.95 UK

Review by Julian WINSTON (HT, 18,1/1998)

I've written a number of book reviews that end, "This is a book every homeopath needs on their shelf!" Rima Handley's new volume, **In Search of the Later Hahnemann**, is not one of those books.

This small, expensive for its size, volume has been a massive undertaking for Handley. It is a work that has been waiting almost a hundred years to be printed, and only because of Handley's unswerving dedication to the project has it become manifest. But the audience will be small. It is not the wonderfully told tale of **A Homeopathic Love Story**, Handley's last book. It offers no tips on how to practice. It has no therapeutics hints. It contains no materia medica. It is, for most homeopaths, a book of no practical use.

So what *is* it? It is a short visit to an amazing historical record.

When Dr. Richard HAEHL uncovered the manuscript of Hahnemann's 6th edition of the *Organon*, he also found Hahnemann's casebooks - 54 of them. The books, along with over 5,000 letters, were eventually given to the Rober Bosch Foundation in Stuttgart, Germany, where they have been carefully preserved. The books contain the case records of all of Hahnemann's cases from 1801 until his death in 1843.

When Hahnemann moved to Paris in 1835, he began to practice with his wife, Melanie. The casebooks from this time are generally written in French, usually by Melanie, with comments and additions made by Hahnemann.

It was during this time that Hahnemann was also working on the 6th edition of the *Organon*. Ready for publication in 1842, it was not published until Haehl found the manuscript in 1920. Even then, with homeopathy in decline, most homeopaths were still practicing from the 5th edition that was written in 1833. Few looked at the changes that Hahnemann made in his last years.

Handley's previous book tells us a bit about Hahnemann's practice in Paris. We read how he "opened his cases" with *Sulphur*, and how he experimented with various scales of potency. In this new book the picture is fleshed out, and a strange picture it is indeed. Handley presents us with a *précis* of the last few years of Hahnemann's practice, as well as three complete cases from Hahnemann's casebooks. It is a fascinating record.

Says Handley, "Until the very end of this life he continued to observe and experiment. However a life of continuous opposition had made him secretive and he allowed little to be published of the results of these last years' practice. This book is an attempt to uncover its true nature."

I question this statement and wonder if this is a judgement on the part of Handley. Hahnemann, when presenting two cases in his **Materia Medica Pura** in 1833 said, "Many persons of my acquaintance but half converted to homoeopathy have repeatedly begged me to publish still more exact directions as to how this doctrine may be actually applied in practice, and how we are to proceed. I am astonished that after the very particular directions contained in the **Organon** more special instructions are wished for. I am also asked, 'how are we to examine the disease in each particular case?' As if special enough direction were not to be found in the book mentioned." And later he says, "The request of some friends, halting half-way on the road to this method of treatment, to detail some examples of this treatment is difficult to comply with, and no great advantage can attend a compliance with it. Every cured case of disease shows only how that case had been treated..." From **my** reading, Hahnemann was hesitant to publish more cases because he was afraid that people would start seeing "this" remedy for "that" disease - something he did not want to encourage.

In Search of the Later Hahnemann introduces us to a parade of patients, including the rich and famous, with a catalogue of their ills. We see a sick population. Many had syphilis and/or gonorrhoea, and most had been victims of conventional allopathic medication. Among the patients we find Lord Elgin (of the Elgin marbles) who came for chronic neuralgia, Dr. Quin from England who came for his arthritis and asthma, Baron Rothchild who was seeking relief from his arthritis and neuralgia, the sculptor David d'Angers who came with rheumatism and gout, and the violinist Nicolo Paganini who came with a variety of complaints. Some of the patients had seen other homeopaths before coming to Hahnemann.

We see Hahnemann struggling with the remedies, with primarily only his own provings to guide him. We see him using remedies that had minimal provings. We see him, on occasion, using a remedy called "Isopath", made from discharges of patient.

Says Handley, "Of course Hahnemann still practices as we always thought he did, still does what he always says he did - on the whole. What is interesting, however, is to see how often he broke his own rules, as do all creative people."

Put yourself in Hahnemann's position. You have devised a system of treatment. Sometimes it works, sometimes it doesn't. Where are you going wrong? Are you looking at the cases right? How much can you expect in the way of cure when the patient has been subjected to mercurial baths and has lost all her teeth? How do you use the few remedies you have available?

By the end of Hahnemann's life, he had only 201 remedies in his medicine case - not all of them with full provings. *Apis* and *Glonoine* were still 10 years in the future. *Syphillinum* and *Medorrhinum* were about 40 years away.

Handley says it clearly in her introduction: "To read Hahnemann's cases is to see him 'wobble, improvise, and grope for direction' a great deal. It is to see him as a whole person and to share in the process of the making of homeopathy."

Because of a few of the cases in Handley's earlier work, many people are under the impression that Hahnemann, in his last years of practice, gave daily doses and started all his cases with *Sulphur*. The few cases in this book show quite the opposite. Although he often gave a series of doses, once he saw a strong reaction, he gave placebos and waited and watched. He did not continue daily dosing for very long without a break. Similarly, he did not open "every" case with *Sulphur* but he certainly did open many of his cases that way - and in the nature of the cases, many of them people with active psora that had been suppressed, it is an almost understandable tack to take.

One of the problems that exists with the notebooks is that Hahnemann's method is not spelled out clearly but expressed in his own shorthand. Sometimes his posology is clear and at other times we are not completely sure what he was doing. Handley says that "...

the pattern is sufficiently clear to provide a reasonable degree of certainty expanding the abbreviations.” And she has taken the liberty of completing phrases with square brackets. So we have a prescription like this: “*Laurocerasus* (potency not specified) in 10 [tablespoonfuls of water and half alcohol]. Put 1 tablespoonful in a glass and take 1 teaspoonful [of the daily].”

The frequent placing of the word “daily” in brackets on the notations of Hahnemann’s prescriptions is problematic. Handley seems to assume that Hahnemann gave doses daily but offers no proof of her assertions other than the “reasonable degree of certainty” offered above. It is important to separate what is coming from Hahnemann’s cases, Handley says, “He did not know what would happen and was often taken by complete surprise.” Is this a judgement of the author, or a statement made directly by Hahnemann?

Handley says: “By the time Hahnemann came to Paris he had considerably modified his previous practice with regard to dose and potency; he had stopped prescribing in single dry doses repeated very infrequently (the way of prescribing advocated in the main text of the 5th edition) and had begun to prescribe the centesimals in liquid.”

This does not fit with what Hahnemann said in his writings, and I am surprised that Handley is continuing to foster the myths.

The method of giving the single dry dose and waiting until there was a relapse of symptoms before repetition was mentioned in the 4th edition of the *Organon* (1829). By the time Hahnemann wrote the introduction to Boenninghausen’s **A systematic Alphabetic Repertory** in 1832, he had revised the single dry dose posology. The “main text” of the 5th edition of the **Organon** (1833) clearly advocates the use of liquid doses in paragraphs 285 to 288 (“The action of the medicines in liquid form...”). By the 6th edition he introduced the use of the LM scale.

Through the few cases that are presented in this book we see Hahnemann “wobble and grope” - going up in potency, going down in potency, trying one remedy after another. Often he seems to be chasing the symptoms. Using the analogy of illness as being “out of tune”, Hahnemann seemed to be trying to “tune each note” before moving on. He rarely, if ever, seemed to find the elusive simillimum. He was working at the beginning of homeopathy with a very sick population and with remedies whose usages were barely realized.

With a few exceptions as noted, the author has not inserted herself into the work. It is my understanding that she had written a final chapter discussing the implications of the work, but decided not to use it. All she says, in recognition of the import of the material presented is, “I have not been in any way concerned to take sides in apparently endless controversy between unicists and complexists, classical and pathological prescribers.”

And, indeed, these controversies will continue. There are those alternating remedies, switching remedies often, using isopathic remedies, going up and down in scales, starting

with a nosode or with *Sulphur* - who will point to this work and say, "Well, Hahnemann was doing it, so I am practicing like Hahnemann!"

The point is missed by those who say that Hahnemann was "breaking his rules" and therefore, they can too. Through this book we can follow a piece of a practice that was taking place in the first 40 years of homeopathy -- a time of few remedies, little clinical experience, and no understanding of the potential of the remedies, nor the possible depth of the true simillimum.

Certainly Hahnemann, in his practice, "wobbled". Would any of us be any better having to face the same conditons with the same box of remedies? Perhaps current homeopaths who are well versed in the **Organon** and have been practicing for a few years might be better homeopaths than Hahnemann - were he to appear to us today - but, on occasion, they "wobble" too.

What we should not forget is that what Hahnemann gave us was the Organon, "the operating manual." In it, he sets out the system as he believed it should be. His last revision was completed just a year before his death. When I read Paragraph nine ("we use homeopathy to let our patients achieve the higher purposes of thier existence"), I realize that this is the ultimate expression of what we should be doing and that Hahnemann was setting a goal much higher than he was ever able to personally achieve.

I recall reading a transcript of an inquest held for a little girl who died in Brooklyn, NY, in early 1850's. She had been under homoeopathic care. Her homeopathic physicians were Carroll Dunham, A.G. Hull, John Gray, and P.P.Wells. Reading the transcript of the inquest lets you understand that these "grand homeopaths" had *no* idea of what they were doing. "We thought it was this, so we gave her that, and then we changed our minds, and gave her..." It was early in their careers. It reads, to us now, like terrible homeopathy. These homeopaths were the proverbial "babes in the woods." Will homeopaths 100 years from now look back and think the same of our work?

To sit and digest the material in Hahnemann's casebooks is a massive venture. The first obstacle is to decipher the handwriting of both Samuel and Melanie Hahnemann. The second is to translate it from the original French (with a smattering of German) into English. By undertaking this massive feat, Rima Handley has done a great service in bringing this information about Hahnemann's practice to our attention. It serves to show us how far homeopathy has come in the last 150 years and to show us the daily realities of practice by Hahnemann and his best pupil. It shows us the Emperor without his clothes. It serves to put it all into perspective and has us realize how clear was Hahnemann's vision, as presented in the **Organon**, even though he was generally unable to achieve that level of clarity in his own practice.

BOOK SHELF

[In this section books received for review and/or books recently read, are reviewed = KSS]

Friendship with God - An uncommon dialogue by Neale Donald WALSH, Publishers Hodder and Stoughton, 1999 Edition. Price £ 7.99

The author has written this book in continuity of his earlier Trilogy "Conversation with God" - which has been reviewed earlier by me. In this book the author reveals how one can actually have a genuine inspiring Friendship with God! The book reveals how this is done - and that too in God's own words. But the dialogue here is of a different quality than the ones in the author's earlier three books. Here the author says the process is two steps forward and one step backward approach. In the book the backward process goes to some points elaborated in the Trilogy but more significantly so the author reveals events about his own past life in an entirely open, clear honest and transparent manner that hides nothing of the author's life. That to me is astonishing for the candidness that comes through. The author before he wrote this Trilogy was no goody goody saint - in his own words he was a downright materialist egotist who took all incidences for his self aggrandisement and cared nothing for the emotional hurts and disturbed family lives of his own children and his various emotional relationships. Why is this so in this book? Obviously these snippets of his personal life is not just to satisfy peoples' curiosity but to show how his own life demonstrates what it is to have a "friendship with God" - "AND HOW ALL OUR LIVES DEMONSTRATE THE SAME THING" He says we all have a friendship with God whether we know it or not. And with such a friendship where does it take us he asks? He says there's a purpose for the friendship, we are on a journey here and we all are invited to develop a reason for this "Beings" friendship. In the earlier books God gave all the answers. Because of this "conversational approach of earlier book the author now in this book, though he still asks questions is also able to provide some answers. He writes "I am now speaking with God not merely to God. I am walking alongside God, not simply following God."

I liked the Sixteenth Chapter particularly. Here the author mentions all those who have moulded or changed his attitude. He mentions Gerald G. JAMPOLSKY author of the Ground breaking book "Love is letting Go of Fear" and "Forgiveness the Greatest Healer of All." From JAMPOLSKY the author learnt the meaning of never discouraging any human being, he learnt how to change one's attitudes to heal oneself and others. JAMPOLSKY founded the Center for Attitudinal Healing which has 130 centres all over the world. Then came another guide in the form of Marianne WILLIAMSON from whom he learnt the meaning of the work "Courage." Marianne was an epitome of Commitment - about living the highest choices one makes, the choices which others only talk about. Dr. Bernie SIEGEL was the next individual to touch the author's life. Strange to say the author had just published his book one of this Trilogy when Bernie SIEGEL in a speech elsewhere remarked he was writing a book called "Conversations with God" and was halfway through the book. Strange also was the fact that the author's daughter "Samantha" was in the audience. She rushed up to Dr.SIEGEL and told him that her father had already published a book with the same title. Dr.SIEGEL didn't bat an eyelid. He requested Samantha to ask her father to contact him. The author did so but wondered how Dr.SIEGEL would take this situation (Do we see here the working of what Jung calls

Synchronicity principle?) But Dr. SEIGEL did something unique. He retitled or reworked his own book AND he turned round and endorsed Neale WALSCH's book. The author quotes "Now folks that's class, that's the action of a big person who knows he has nothing to lose by lifting up a fellow human being -- saying "Hey! there's room enough for all of us but even I will give this person my space." (unquote).

The author adds this is the sparkle of Selflessness which he calls the Bernie Factor which this teacher (read Master) taught the author. Gary ZUKAR author of the world famous "The Seat of the Soul" "Dancing Wu Li Masters" then came into the author's life and so also Shirley McLAINÉ. This chapter also describes how the author reached the depths of poverty, with a broken neck, stolen car, no caring power and no family relationships. With a few dollars only he wound up at a place picking trash and beer cans amongst other such fellow destitutes to survive in the most appalling circumstances of poverty and hardship. At forty five he had come from a well time high as a professional broadcaster managing editor of a newspaper and then as a personnel assistant to Dr.Elizabeth KUBLER-ROSS to picking up beer bottles and soda cans in the street to earn a few dollars to stay at the camp ground site. Strange or not so strange the others were in similar starts but a bond of poverty made each one there help the other person when in difficulty. These people shared with him their pennies, food and even a pair of dry socks - a lesson which the author has never forgotten and is grateful to God for having shown this to him too! Then the tide turned. He was called for an interview as a radio announcer - going in clothes washed and ironed and borrowed from his destitute friends and got the job and soon became a disc jockey earning four hundred dollars a month. The author still stayed at the campsite - and shared freely with all the other destitute friends never forgetting what they had done for him - As the author quotes God in the last page of this chapter. "All have something to teach you, something to bring you as a gift - and everyone of them also come to receive a gift from you as well. Have you not learnt from your greatest hurts sometimes even more than from your greatest pleasures? - Who is the villain and who is the victim in your life? Your time of destitution and desolation taught you that your life is never over. Never ever think that your life is over, but that always each day, each hour, each moment too is another beginning, another opportunity to recreate yourself anew. - Even if you do this at the last possible moment at the moment of your death, you will have justified your entire experience and glorified it before God. This will be true even if you are a hardened criminal, or a murderer living on death row or walking to your execution, this will nonetheless be true. "Trust this my son, as you know this as I would not tell you were it not so" There are thus twenty chapters in this marvellous book. Each chapter is a piece of exquisite cameo quality. Speaking for myself the words that God speaks and also from the author are such that I have not read anywhere, simple, practical, honest, transparent and above all full of love, kindness and gratitude. Its a book to be cherished and read and meditated over and over again.

Your Head in the Tiger's Mouth - Talks in Bombay with Ramesh S. BALSEKAR, Ed.Blayne BARDS First Published March 1998, Zen Publications, Bombay.

This is a book about a living spiritual Master staying in Mumbai who was originally a devotee of Shri Ramana Maharishi and subsequently met his Moksha Guru Shri Nigaradatta Maharaj of Mumbai to achieve the state of impersonal realization. The book contains 15 chapters or scenes occurring in a little room where seekers from all walks of life sit listening and speaking with Ramesh BALSEKAR considered as an awakened sage by those who have been to him. Shri BALSEKAR is a graduate of London School of Economics, retired successful banker, body builder, golfer, a cricket enthusiast and a person with a very generous warm heart and above all a sparkling sense of humour. The scenes in the book take the format of question and answers, a lively give and take between Shri Ramesh and his listeners, leading imperceptibly and gradually to experience the wisdom of his concepts. These Satsangs are an everyday feature in Shri Ramesh's house and each scene opens with quotes one from Shri Ramana Maharishi and one from Shri Ramesh. The scene and the quotes embody a number of thoughts that set the tone of the transcribed Satsang Dialogues - which are the core of each scene or chapter. Each scene closes with one or two bhajans printed in English from the Marathi original with their English interpretation using concepts and vocabulary of the sage himself.

Many characters in these 15 scenes of this book make numerous entries and exits e.g. Mother Teresa and the Psychopath. Certain scenes embody pointers from the Upanisads and very often the dialogues about the Guru-disciple relationship. The book's editor enjoins the reader to sit back and relax more so if you are in the living presence of the sage. He says "let the mind become receptive. It can always resume its old concepts. The sage always enjoys when a member of the audience wakes up."

As I understand having gone through this book completely the fundamental fact that Shri Ramesh seems to emphasize is "all individuals are programmed body-mind organisms" which means by this concept a mechanism through which life and living happen. This body-mind organism is a part of the totality of manifestation of consciousness in which the ego may ignorantly assume the role of apparent doership and hence separateness - the body-mind organism and not the ego has a destiny. The role of the brain in this body-mind organism, the brain being pure matter is to react spontaneously according to its conditioning without judgment of thought received along with the input of the senses. The "villain" seems to be the 'thinking mind' according to this concept which is the ego itself which becomes involved and judgemental as the "I am this," "I am that," "I like this," "I like that" etc. - becoming therefore involved in the unmediated reactions of the brain. The body-mind organism has no control over all its entire environment conditioning and experiences. ALL is "Consciousness" either immanent or inactive in which case if immanent "Consciousness" is not aware of itself and becomes then as "I am" when aware of itself. In this concept there is NO DOER and NO ME; a basic tenet of Shri Ramesh's philosophy. All is considered as Divine hypnosis. Strange to say there is absolutely no rebirth that is possible in this philosophy, no sense of any entity which evolves from birth to birth as in propounded by Shri Aurobindo and the Mother or by the other sages. Since this fundamental bedrock of Shri Ramesh's theory of there being no individual would imply no rebirth, in his concept at death the functioning energies return to the pool of consciousness and perhaps unite again

in another combination to pass into a future body-mind organism. Shri Ramesh's concept says "you are programmed the way you are and nothing can change it by your own free will." In fact he totally denies that there is any free will as everything is God's will and that all there is is Consciousness and the impersonal functioning of the Consciousness manifesting as destiny, individually or otherwise. In this concept decisions are made by the body-mind organism as if there is free will which he says is not there at all.

Therefore according to my understanding a psychopath will remain always a psychopath, a murderer always a murderer, a Mother Teresa always a Mother Teresa because the Impersonal consciousness at the time of conception of these individuals has programmed the body-mind organism through the genes in that particular way only. To this reviewer the question arises - is everything so fated? Is there no room for the concerned person to change by knowledge, understanding, intellect and effort? as no 'free will' is implied in this theory. In practical life there are hundreds of examples where people have changed by their own effort of thought processes and individual doership. Does this mean that even this change has been fated or willed by the impersonal consciousness because it had already decided that it should be so in that way at a certain moment of time? Can the impersonal consciousness be so arbitrary that it does what it wants to do which apparently appears not logical or rational? Would it not be better to presume as a concept of this reviewer that the Supreme Consciousness is both 'Supremely Impersonal and simultaneously Supremely Personal' - a concept not found in Shri Ramesh's philosophy - and if so the same Supreme Consciousness has provided in its own Supreme wisdom a measure of free will, a measure of doership (apparent or real), a measure of individuality (apparent or real) because there is nothing that the Supreme cannot do and even undo. Not by an arbitrary fiat but by allowance of the individual's actions and reactions in secret conformity to its own plan of evolution on Earth of not only the human beings but of various individual organisms and entities and of the Earth itself and perhaps of the Cosmos itself.

After the 15th chapter the book gives in appendix one - letters written by various disciples of Shri Ramesh which convey their deep love and gratitude for their spiritual awakening. Appendix 2 contains quotes from the Bhagawad Gita with their nearest English translation and a very useful glossary of concepts and a brief index. There is no mention of the price of this book and it contains many photographs of Shri Ramesh in various moods and postures. The reader is left to his own feeling and judgement as to what this book means to him. What impression I had was of a sage whatever be his philosophy or concept - who cares for each and every one who comes to him, and I feel the caring is also very personal in spite of the sage's impersonal consciousness that is stressed throughout the book. The title of this book is an apt quotation of Shri Ramana Maharishi implying any seeker who begins his search is placed in the position of having his head in the tiger's mouth and if the tiger snaps its jaws the journey ends because there is no longer any seeker left.

LETTERS TO THE EDITOR

This is a letter by Dr. Ramanlal P. PATEL in response to my review of his book **Ailments and Complaints before, during and after** in the QHD Vol.XVI, 2/1999.

Thank you for reviewing my book - Ailments and Complaints before, during and after in your Journal - Quarterly Homoeopathic Digest Vol.XVI, No.2, 1999.

I would like to clear some points of misunderstanding regarding the contains of the book. You have mentioned "In this compilation, all the rubrics that signify a symptom modality - before, during and after, - have been culled from the Kent's Repertory for Quick reference."

Actually all rubrics are not modalities. These are Rups - Rare, uncommon, peculiar and strange symptoms/rubrics which are taken from my book - Analysis & Evaluation of Rubrics - symptoms of Dr.Kent's Repertory of Homoeopathic Materia Medica. It refers para 153, 154 of the Organon of medicine. Anything which is not normal and unusual is RUPS including modalities. The compilation gives clues at the last movements to confirm the remedy. Please read again the Preface - first para and 2nd para. Event(s) or episode(s) leads to produce strange peculiar symptoms. Please try to read Arnica in Materia Medica Pura by Hahnemann in which Hahnemann has mentioned about injury(ies) in different places and how strangely it produces various ailments and complaints. How strange? Can we explain? So Kent writes "In sickness the symptoms that cannot be explained are often very peculiar.....man. In Hahnemann's and others cases due to etiological factor - injuries; rare, uncommon, peculiar symptoms have developed and so both - etiological factor as well as Rups are to be taken for Repertorisation.

So it is not only modalities but wide spectrum of events producing RUPS - unusual symptoms. Whatever you have listed as errors are strange uncommon, peculiar and strange or striking symptoms. Please do refer my book - Analysis & Evaluation which was sent to you for the review (You have done it.)

Yes, some mistakes in spelling and misplacement of rubrics have taken place. I will correct them.

Dr.R.P.PATEL.

COMING EVENTS

21-24th of June 2000, Rededication and Celebration, a public homeopathic conference organized by the American Institute of Homeopathy at Wnydham Hotel, 1400 M Street, NW, Washington, DC, USA. The Hahnemann Monument at Scott Circle, NW, Washington, DC will be rededicated on the 21st June 2000 at 3 p.m. George Vithoulkas will be the Keynote Speaker. Other confirmed speakers are Jennifer Jacobs, Wayne Jonas, David Riley, Linda Johnston, Bernardo Merizalde, Karl Robinson, Amy Rothenberg, Nicholas Nossaman, Mirando Castro, Steven Olson, Julian Winston and others. *Registration fees:* Postmarked between 1st January 2000 and 15th May 2000 : \$400.00; Postmarked thereafter and for registrations at the door : \$450.00. Check payable to the American Institute of Homeopathy and mail to Encore Travel, Attn: H. Wagner, 2801 Park Center Drive, A609, Alexandria, VA 22302, or charge it to VISA/Mastercard. All fees in US\$ only. For updated information on the conference consult the Website of the American Institute of Homeopathy: www.homeopathyusa.org.

The Journal list

ACD - Archiv fur Homöopathik

AHZ - Allgemeine Homöopathische Zeitung
BHJ - British Homeopathic Journal
CCR - Clinical Case Recorder
CGH - Cahiers du Groupement Hahnemannien
HL - Homoeopathic Links
HT - Homoeopathic Today
HOM - The Homeopath
JAIH - Journal of the American Institute of homoeopathy
MFH - Medicina Futura Homeopathy
NEJH - New England Journal of Homoeopathy
NJH - National Journal of Homoeopathy
RBH - Revue Belge de Homeopathie
SIM - Similimum
ZKH - Zeitschrift für Klassische Homöopathie